

# Critical considerations about the use of poverty measures in the study of cognitive development

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Developmental psychology and developmental cognitive neuroscience generated evidence at different levels of analysis about the influences of poverty on neurocognitive development (i.e., molecular, neural activation, cognition, behaviour). In addition, different individual and environmental factors were identified as mediators of such influences. Such a complexity is also illustrated through the many poverty conceptual and operational definitions generated by social, human and health sciences. However, to establish the causal relationships between the different factors of poverty and neurocognitive outcomes is still an issue under construction. Most studies of this area apply classic unidimensional poverty indicators such as income and maternal education. Nonetheless, this approach does not take into adequate consideration the variability of neurocognitive outcomes depending on the type of poverty measures, and the dynamic nature of changes during development. This creates a virtual underestimation of the complexity imposed by the involved mediating mechanisms. The scientific and policy implications of this underestimation include the risk of not adequately addressing children rights and developmental opportunities. This article proposes to explore such scenario, which is necessary for the reconsideration of the criteria used to analyse the influences of poverty on child development in general and neurocognitive development in particular.

**Keywords:** Childhood poverty; Cognitive development; Poverty measures.

## INFLUENCES OF POVERTY ON NEUROCOGNITIVE DEVELOPMENT

The scientific study of the influences of poverty on cognitive development is an area with more than 9 decades of history, mostly approached by education and developmental psychology<sup>1</sup> (Bradley & Corwyn, 2002; Yoshikawa, Aber, & Beardslee, 2012). Until the 1980, most studies focused their efforts on the study of the developmental impacts of material and symbolic deprivations. Accumulating evidence indicates that during the first two decades of life, low socioeconomic status (SES) – a composite of income and parental education and occupation – is associated with declining scores on motor, emotional, cognitive and language development. In addition, studies found higher incidence of learning disorders, and decreased number of completed years of schooling (Bradley & Corwyn, 2002). Regarding the progression of these findings at later stages of development, some studies

showed a reduction of the negative impact of poverty on IQ in adolescents. However, the same trend is not verified by analysing other measures of cognitive functioning, such as performance in mathematics and reading standardised tests, or attentional processing tasks (D’Angiulli & Lipina, 2012).

Since the mid-1990s different researchers began to apply neurocognitive behavioural paradigms to compare the performance of children with disparate SES. Then, technological advances in neuroimaging and behavioural-genetics allowed the incorporation of neural network, epigenetic and stress-regulation analyses. The main questions currently included in this neuroscientific agenda, focus on some topics already analysed in the fields of developmental psychology, cognitive psychology and health sciences. In particular, the focus is aimed at identifying effects and mechanisms of mediation of poverty at the behavioural level of analysis. Nonetheless, the intrinsically innovative aspect of the neuroscientific

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The author wants to thank CONICET, CEMIC, FONCYT, Fundación Conectar, his colleagues at the Unidad de Neurobiología Aplicada (UNA, CEMIC-CONICET) and the Universidad Nacional de San Martín (UNSAM) for their support, and Valentina Ferri for English correction.

<sup>1</sup> In the context of this work, the term “poverty” refers in general to any form of material and symbolic deprivation. When necessary, each conceptual and operational definition of poverty is mentioned to address its specificity.

1 research efforts is that neuroscience allowed the begin-  
 2 ning of these explorations in terms of elemental  
 3 components considering different levels of analysis (i.e.,  
 4 molecular, neural networks, cognition and behaviour).  
 5 Several studies verified the modulation of SES on atten-  
 6 tional, inhibitory control, working memory, flexibility,  
 7 planning, phonological awareness, self-regulatory, deci-  
 8 sion making, and theory of mind processing in infants,  
 9 preschoolers, and school- and middle school-age chil-  
 10 dren (for recent reviews on this topic see [Author, 2014](#);  
 11 [Pavlakakis, Noble, Pavlakakis, Ali, & Frank, 2015](#); [Urasche](#)  
 12 [& Noble, 2016](#)). In some of these studies, researchers  
 13 have reported that the modulation of SES on perfor-  
 14 mance is neither similar in all the administered measures,  
 15 nor uniform at all ages. Conceptually, this implies that  
 16 poverty would not necessarily generate homogeneous  
 17 and continuous changes in neurocognitive processing.

18 A summary of the MRI evidence indicates that:  
 19 (a) *parental nurturance* is associated with volumetric  
 20 changes in hippocampus (a structure related to memory  
 21 and learning processes) between ages 4 and 8 years,  
 22 (b) *income* and *maternal education* are related to changes  
 23 in brain growth and volumetric changes in frontal and  
 24 parietal areas in children from 1 month to 4 years, and  
 25 to volumetric changes in hippocampus and amygdala  
 26 (a structure involved in emotional processing) between  
 27 ages 4 and 22 years, and (c) *parental education* is related  
 28 to changes in cortical thickness and volume in different  
 29 cortical areas (i.e., prefrontal, parietal, occipital) between  
 30 ages 4 and 18 years ([Avants et al., 2015](#); [Hair, Hanson,](#)  
 31 [Wolfe, & Pollak, 2015](#); [Noble et al., 2015](#); [Pavlakakis](#)  
 32 [et al., 2015](#)). This evidence also indicates that some of  
 33 the changes in cortical thickness and volume of areas  
 34 involved in cognitive control, language and learning  
 35 processing were correlated with an income-cognitive  
 36 and -academic achievement gap (e.g., [Hair et al., 2015](#);  
 37 [Noble et al., 2015](#)). In turn, evidence from fMRI stud-  
 38 ies shows (a) *SES* variability in the activation of the  
 39 left occipito-temporal cortex during discrimination of  
 40 rhymes and combination of sounds to form words tasks,  
 41 and in the activation of prefrontal cortex during associa-  
 42 tive learning tasks in children with ages between 4 and  
 43 8 years; and (b) greater amygdala reactivity to threatening  
 44 faces in orphans and adults who lived in low-*SES* homes  
 45 as children ([Pavlakakis et al., 2015](#)). Finally, EEG evidence  
 46 shows (a) *SES* modulation of topographic maps of resting  
 47 state in infants aged 6- to 9-months, and (b) the control  
 48 of irrelevant information in tasks demanding inhibitory  
 49 control and auditive attention processing in children and  
 50 adolescents from 3-to 14-years old ([Pavlakakis et al., 2015](#)).

## 51 MECHANISMS OF MEDIATION

53 Poverty is a multidimensional, relational and dynamic  
 54 phenomenon, clearly illustrated through the many con-  
 55 ceptual and operational definitions that disciplines such as

economy, sociology, political science, epidemiology and  
 anthropology have generated during the last 200 years.  
 For example, in the second edition of the International  
 Glossary of Poverty ([Spicker, Álvarez Leguizamón, &](#)  
[Gordon, 2006](#)), there are 194 terms referring to different  
 aspects of poverty. Conceptually, these definitions could  
 be grouped in a discrete number of semantic families or  
 dimensions with specific components. For example, in  
 the social sciences researchers proposed the following  
 dimensions and components of poverty: (a) as a *mate-*  
*rial condition* in which needs, pattern of deprivations,  
 and limited access to resources are the main compo-  
 nents; (b) as an *economic circumstance*, in which standard  
 of living, inequality, and the economic position are the  
 main components; and (c) as a *social circumstance*, in  
 which lack of basic security, lack of entitlement, exclu-  
 sion, dependency and social class are the most referred  
 components.

In general, the unidimensional approaches, attempt  
 to identify how many people live in some type of poverty  
 in terms of one indicator, or a set of indicators, that relate  
 to an income or a non-income criterion. Examples of  
 this type of indicators are (a) the *income measures* of  
 absolute and relative thresholds, income-to-needs ratio,  
 enrolment in poverty programs, basic family budgets,  
 and socioeconomic status, and (b) the *non-income mea-*  
*sures* of economic pressure, hunger, food insecurity,  
 collective poverty, time dynamics, school poverty, social  
 exclusion and basic rights violations ([Minujin, Delam-](#)  
[onica, Davidziuk, & González, 2006](#); [Roosa, Deng, Nair,](#)  
[& Lockhart Burrell, 2005](#)). In turn, multidimensional  
 approaches simultaneously consider several indicators of  
 basic needs and rights such as (a) *health* (i.e., nutrition,  
 infant mortality), (b) *education* (i.e., years of education,  
 school enrollment), and (c) *standard of living* (i.e., cook-  
 ing fuel, sanitation, water, electricity, floor and goods)  
 (UNDP, 2010).

The incidence of poverty using unidimensional or  
 multidimensional measures could be significantly dif-  
 ferent. For example, the comparison between the World  
 Bank income threshold for extreme poverty (i.e., USD  
 1,25 per day) and the Multidimensional Poverty Index  
 (MPI) used by the UNDP results in significant and  
 different incidences. In 2010, Ethiopia had an MPI of  
 90% and an extreme poverty of 39%; or India 55% and  
 42%, respectively. In both cases, lack of good health,  
 education and standard of living were more insidious  
 than income. But in the case of China (i.e., 12% vs.  
 16%) or Uzbekistan (i.e., 2% vs. 46%) the profile of  
 needs and access to resources were the opposite of the  
 previous examples. These findings highlight the need to  
 design different types of interventions and policies for  
 people living in income or MPI poor conditions (UNDP,  
 2010). Thus, different poverty measures identify different  
 amount of poor people.

1 The findings about the influences of poverty on  
 2 neurocognitive development were identified applying  
 3 three types of classic unidimensional measures: income,  
 4 parental education and occupation. All of them refer to  
 5 poverty in terms of the material and economic conditions  
 6 of parents and the home. Importantly, unidimensional  
 7 and multidimensional poverty measures do not explain  
 8 the mechanisms through which poverty generates its  
 9 influences on cognitive development. The experience  
 10 of poverty involves a set of potential mediators that  
 11 shapes a virtual ecology of protective and risk factors  
 12 of cognitive development, involving multiple individual  
 13 and environmental mediating factors at different levels of  
 14 analysis (Beddington et al., 2008). This set of factors can  
 15 influence cognitive development in a positive (protective)  
 16 or negative (risk) way. The contemporary literature on  
 17 development psychology and cognitive neuroscience of  
 18 poverty postulates the following as the most important  
 19 protective/risk factors: (a) prenatal maternal health (i.e.,  
 20 nutrition, exposure to environmental toxic agents and  
 21 drugs, environmental stressors), (b) perinatal health (e.g.,  
 22 prematurity, birth weight), (c) quality of early attachment;  
 23 (d) environmental stressors at home and schools; (e) par-  
 24 enting and care styles; (f) early cognitive and learning  
 25 stimulation at home, care centres and schools; (g) parental  
 26 and teachers mental health; (h) developmental disorders;  
 27 (i) family financial stress; (j) access to social security  
 28 and health systems; community resources; (k) lack of  
 29 social mobility; (l) social, political and financial crisis;  
 30 (m) family, social and cultural expectations about child  
 31 development (e.g., discrimination, stigmatisation, exclu-  
 32 sion); and (n) natural disasters (Author, 2014; Bradley  
 33 & Corwyn, 2002; Urasche & Noble, 2016; Yoshikawa  
 34 et al., 2012). In addition, the evidence suggests that the  
 35 influences of poverty on cognitive development are a  
 36 function of the accumulation of risk factors, the individ-  
 37 ual susceptibility to environment and the duration of the  
 38 exposure to deprivations (NICHD & Early Child Care  
 39 Research Network, 2005; Wagmiller, 2015).

40 In particular, the evidence on mediation mechanisms  
 41 indicates that both cognitive and language development  
 42 is the two aspects that are highly vulnerable to the impact  
 43 of poverty during the first two decades of life (Author,  
 44 2009; 2014; Urasche & Noble, 2016). The quality of  
 45 language exposure and the presence of stressors in devel-  
 46 opmental contexts, would be two of the main mechanisms  
 47 involved in the mediation of the influences of poverty  
 48 on cognitive and language development (NICHD, 2015;  
 49 Hackman, Gallop, Evans, & Farah, 2015). Moreover,  
 50 the chronicity of adversities related to the experience of  
 51 poverty can increase the allostatic load associated with  
 52 the regulatory response to stress, which in turn increase  
 53 the probability of premature cardiovascular and immune  
 54 disorders in adulthood (Gianaros & Wager, 2015). In  
 55 addition, because of the individual differences in sus-  
 ceptibility to the environment, developmental cognitive

and self-regulatory trajectories could vary among distinct  
 groups of children. Together, this evidence addresses the  
 importance of specifying what aspects of the experience  
 of poverty are associated with different factors of cog-  
 nitive development (e.g., Author, 2009, 2014; Hackman  
 et al., 2015).

Underestimating the use of appropriate definitions of  
 childhood poverty in a developmental context of analy-  
 sis, also implies dismissing the efforts and progress that  
 economists have made during the last decade regarding  
 the generation and use of alternative childhood poverty  
 measures (e.g., Gordon, Nandy, Pantazis, Pemberton,  
 & Townsend, 2003; Minujin et al., 2006; Roosa et al.,  
 2005). For example, Minujin et al. (2006) proposed the  
 following dimensions to approach the study of childhood  
 poverty: (a) *deprivation*, related to the access to adequate  
 basic social services and the satisfaction of the material  
 conditions for a worthy life; (b) *exclusion*, related to  
 any type of religious, ideological, class, gender or age  
 discrimination; and (c) *vulnerability*, related to the lack  
 of social capacity to cope with the threats and depriva-  
 tions related to poverty (e.g., disasters, financial crises,  
 wars). The measures of poverty used in the studies of  
 neurocognitive development, are mainly focused in the  
*deprivation* approaches represented by the classic uni-  
 dimensional measures. Approaches like those proposed  
 by Gordon and Minujin, allow the exploration of other  
 type of childhood poverty measures. This kind of efforts  
 could contribute to the understanding of how different  
 aspects of deprivation, exclusion and vulnerability are  
 associated with the distinct forms of neurocognitive  
 development.

Two multidimensional approaches that illustrate the  
 importance of such efforts were developed. The first one  
 was made by Gordon et al. at the University of Bristol, and  
 proposes different levels of deprivation (i.e., absent, mild,  
 moderate, severe and extreme) aggregated in eight dimen-  
 sions (i.e., food, safe drinking water, sanitation facilities,  
 health, shelter, education, information, basic social ser-  
 vices) (Gordon et al., 2003). These researchers applied  
 this framework to estimate the incidence of childhood  
 poverty in Latin America. The same kind of approach  
 was made by Adamson in European countries and the  
 Pacific Islands (Adamson, 2012). The novelty of these  
 approaches consists in applying conventional indica-  
 tors of deprivation and rights to child populations. This  
 implies the recognition that the deprivations that chil-  
 dren face are not necessarily in the same dimensions that  
 are relevant for adults (Author, 2009). In addition, this  
 approach contributes to promote the creation of new indi-  
 cators as *access to information*, and new forms of aggre-  
 gation of classic ones, but referred specifically to how  
 children experience poverty.

The second approach was developed in the context of  
 the Young Lives project at the University of Oxford. Its



1 aim is to study the influence of poverty on the devel-  
 2 opment of a cohort of 12,000 children during their first  
 3 two decades of life in India, Ethiopia, Vietnam and Peru.  
 4 This project proposes three components of the evaluation.  
 5 The first one is quantitative and involves the administra-  
 6 tion of questionnaires and standardised tests to children,  
 7 caregivers and members of the community. This approach  
 8 is aimed at obtaining information on parental education  
 9 and occupation, access to goods and services, changes  
 10 in the family economy, daily activities of children, their  
 11 cognitive functioning and general health, and the adult  
 12 expectations of child development. The second compo-  
 13 nent is qualitative and administers interviews and runs  
 14 focus groups with children, caregivers and teachers. It is  
 15 aimed at obtaining information of child well-being, expo-  
 16 sure to risk and protective factors, and the experience of  
 17 transitions between different stages of development. A  
 18 third component is aimed at providing quantitative and  
 19 qualitative information about child development to pol-  
 20 icymakers. It specifically proposes a virtual village that  
 21 users can visit to learn about the everyday experience  
 22 of children in their developmental contexts of socialisa-  
 23 tion and learning (e.g., personal stories, use of the time  
 24 to play or study) (Barnett et al., 2012). The Young Lives  
 25 project is innovative regarding how to implement com-  
 26 bined measures based on diverse disciplinary theoretical  
 27 frameworks, which accounts for how children experience  
 28 poverty in different cultural contexts through the first two  
 29 decades of development.

30 The approaches implemented by the researchers from  
 31 the University of Bristol and the Young Lives projects,  
 32 are an exception within the field of study of the impact  
 33 of poverty on children's development. In this context, the  
 34 inertia of using unidimensional criteria, based on income  
 35 and basic needs of households and adults, persists. Thus,  
 36 the indicators most commonly used do not consider  
 37 the experience of poverty by itself, or the magnitude  
 38 of the change in time of the ways in which children  
 39 and adolescents experience the shortcomings and dif-  
 40 ficulties (Najman et al., 2009; NICHD & Early Child  
 41 Care Research Network, 2005; Author, 2011). These  
 42 approaches do not include the contemporary advances in  
 43 developmental psychology and cognitive neuroscience  
 44 regarding neural and cognitive plasticity, and the variabil-  
 45 ity of temperament and susceptibility to the environment.  
 46 Thus, despite the significant advances in many disciplines  
 47 in the field of childhood poverty and cognitive devel-  
 48 opment, it still needs more multidisciplinary integration  
 49 to focus on the mediating mechanisms. The importance  
 50 of the elucidation of these types of mechanisms resides  
 51 in the possibility of identifying what neural networks  
 52 are influenced by different type of poverty experiences.  
 53 Consequently, this information has the implication of  
 54 potentiality contribute to the design of interventions  
 55 aimed at optimising cognitive and language development  
 of families suffering poverty (Author, 2015).

## DEPENDENCE OF NEUROCOGNITIVE OUTCOMES ON POVERTY MEASURES

As mentioned, identifying factors of childhood poverty  
 associated with specific effects on cognitive development  
 is an area that continues to receive little attention, beyond  
 its large theoretical and applied interest in improving  
 our understanding of causal relations. Among the rea-  
 sons that could explain this, are different theoretical,  
 methodological and logistical difficulties associated with  
 obtaining information on specific aspects of the daily  
 lives of children and families; and barriers for financ-  
 ing interdisciplinary efforts. Currently, it is possible to  
 identify two lines of research in this area. The first deals  
 with the analysis of how the cognitive outcomes vary  
 depending on the method used for poverty measurement  
 (e.g., Duncan & Magnusson, 2012). The second analyses  
 how the cognitive outcomes vary depending on the tem-  
 poral dynamic of childhood poverty (e.g., Najman et al.,  
 2009; NICHD & Early Child Care Research Network,  
 2005; Wagmiller, 2015). In addition, both approaches of  
 research highlight the importance of identifying medi-  
 ators, randomising the independent variables involved  
 in the complex phenomenon of poverty (e.g., Duncan &  
 Magnusson, 2012; Hackman et al., 2015), and generat-  
 ing information at different levels of analysis (Author,  
 2014, 2015).

As mentioned, studies on how the adversity involved in  
 childhood poverty affects cognitive development mainly  
 use measures based on the criteria of income, parental  
 education and occupation. The Hollingstead scale, the  
 need-to-income ratio and indicators of structural depriva-  
 tion (e.g., unsatisfied basic needs) are typical examples of  
 such approaches. The first measure is a scale that assesses  
 household income along with levels of parental educa-  
 tion and occupation. The second measure refers to house-  
 hold income that in general is determined by a national  
 threshold, either absolute or relative. Finally, indicators  
 of basic needs refer to parental educational and occu-  
 pational backgrounds, safety of dwelling, overcrowding,  
 sanitation, availability of drinking water and assistance  
 of children to school, among others. These indicators are  
 still useful in studies of childhood poverty and cognitive  
 development, as they help discriminate differences at the  
 level of cognitive performance and neural activation – as  
 was illustrated in the first section.

However, cognitive outcomes associated with one or  
 a combination of a set of poverty indicators are not  
 necessarily the same, nor do they consider the tempo-  
 ral variations in the experience of childhood poverty.  
 Cognitive development is the result of the interaction  
 and integration of multiple biological and environmental  
 factors. Consequently, the causal relationships between  
 SES components and cognitive development are com-  
 plex and require adequate research designs that can

transcend the level of correlation (Duncan & Magnusson, 2012). In the contemporary neuroscientific study of childhood poverty, these limitations have not yet been solved, given that correlational models based on income, parental education and occupation are still prevailing (Author, 2015).

With respect to the variability of cognitive outcomes depending on diverse poverty measures, Duncan and Magnusson (2012) argue for the importance of considering the differential influence of the components of the SES construct, because each component represents a different resource that could influence cognitive development in distinct ways. However, researchers tend to underestimate the fact that income, education and occupational components of SES are based on different conceptual frameworks associated with cognitive outcomes. Furthermore, these components are highly correlated, and are assumed as stable across the first two decades of life and in their influences on child development. Finally, the causal role of each one of these components on cognitive development is not clear enough. In their paper of SES components, Duncan and Magnusson (2012) first address the conceptual diversity of the economic component, in which economic resources, income and mean wealth vary in their explanatory capacity to define the adversity that poor families face. For example, *family income* could be volatile across a family's life cycle, due to changes in parental employment or family structure, which implies that different children could have distinct income levels during their development. Additionally, the use of money to satisfy the nutritional and educational children's needs is not necessarily homogeneous among and within poor families (Minujin et al., 2006). Regarding the specific impact of changes in family income on cognitive development, few studies have been able to implement appropriate designs that allowed for the manipulation of indicators as independent variables. One of the first studies in this area showed that the increase in household income in the experimental group was associated with improved academic performances (Maynard & Murnane, 1979). Other studies conducted more recently showed that improved parental employment and family income, was also associated with improvements in the academic performance of preschoolers and elementary school children (Duncan, Morris, & Rodrigues, 2011).

Higher parental *education* and *occupation* have been related to more nurturing parenting practices that in turn have been associated with better children's cognitive and academic outcomes during the first two decades of life (Bradley & Corwyn, 2002; Yoshikawa et al., 2012). However, the correlation between the level of parental education and children's cognitive and school achievement could also be the result of the combination of parental individual characteristics, and children's individual differences in temperament and susceptibility to the environment (e.g., Author, 2009, 2014). In

turn, parental *occupation* could be affected by dynamic transitions during the life cycle of children and families. In turn, this could affect in different ways parental skills and lifestyles, including parenting practices aimed at fostering children's learning and cognitive skills. Many studies have found correlations between parents completing years of schooling, parenting styles, home learning environments and children's cognitive and academic achievement (Duncan & Magnusson, 2012). However, the causal relationships of these associations remain unclear. As in the case of income, parental education and occupation are multifactorial constructs that involve many individual and environmental factors that have not been explored enough in terms of disentangling the potential causal mechanisms of each one.

Recently, Noble et al. (2015) examined the associations between different socioeconomic factors, brain morphometry and cognitive performance controlling for aspects of individual ancestral genetic variation in a sample of 1099 individuals between 3 and 20 years old. The results of their cross-sectional study indicated that parental education and family income separately accounted for individual variation in independent characteristics of brain areas considered critical for language, memory and cognitive development. Researchers found that family income was logarithmically associated with the brain surface area, in a way that small differences in income of the poorest individuals were associated with relatively large differences in surface areas. At the same time, in children from high-income families, similar income increments were associated with smaller differences in surface areas. Thus, income was more strongly related to brain structure in children from low-income families. Interestingly, parental education was linearly associated with brain surface areas so increments in the number of school years completed were associated with increments in surface areas. Beyond the design limitations to support causal relationships, the importance of these findings resides in the fact that different aspects of SES seem to be related in different ways to brain structural and functional development. Also recently, Hair et al. (2015) found similar associations between parental SES and children's structural brain development. In their longitudinal study, SES influences on brain structure were also concentrated among those children from the poorest backgrounds. Importantly, these researchers used mediation analysis to test whether the brain anatomical differences may contribute to explain the influences of poverty on academic achievement. They found that developmental differences in the frontal and temporal lobes explained between 15 and 20% of poor children's academic achievement. These findings support the hypothesis of differences in specific brain regions rather than differences at the overall brain, and

1 address the importance of support the efforts aimed at  
2 disentangling specific causal mechanisms.

### 3 4 **TEMPORAL DYNAMICS OF POVERTY** 5 **AND COGNITIVE DEVELOPMENT**

6  
7 As mentioned, income, education, occupation and many  
8 other aspects of family functioning and parenting are  
9 characterised by the overlapping of different dynamics  
10 of temporal change. The design of this type of research  
11 approaches, calls the need to use specific analytical  
12 methods aimed at allowing the consideration of simul-  
13 taneous changes of events at different levels of analysis.  
14 In the last 10 years, different researchers have begun to  
15 contribute to such an effort. For instance, in ~~NICHD &~~  
16 ~~Early Child Care Research Network~~, 2005 the NICHD  
17 and the Human Development Early Child Care Research  
18 Network published a study in which they analysed the  
19 relationships of duration and developmental timing of  
20 poverty in a cohort of children from birth to 9 years of  
21 age. This study compared four income groups: never  
22 poor, poor only during infancy (birth-to-3 years of age),  
23 poor only after infancy (4-to-9 years of age) and always  
24 poor. Their findings showed that the condition of chronic  
25 poverty (i.e., always poor) was associated with lower  
26 quality of home environments and lower language and  
27 cognitive performance. Regarding the other groups,  
28 the study found more externalising and internalising  
29 behaviours than the chronic condition. In addition,  
30 ~~they~~ observed that transitory experiences of poverty  
31 (i.e., birth-to-3, and 4-to-9 years of age) were related to  
32 adequate levels of maternal sensitivity independently  
33 of income limitations. In addition, mediation analyses  
34 indicated that poverty was partially associated with lan-  
35 guage and cognitive development through less positive  
36 parenting.

37 In 2009, Najman et al. published a study in which they  
38 analysed if family income between pregnancy and ado-  
39 lescence predicted changes in cognitive development in  
40 adolescence. After implementing a longitudinal design  
41 with a cohort of 7223 dyads, they observed that poverty  
42 experienced at any stage of development was associated  
43 with reduced outcomes. However, as in the NICHD study  
44 (2005), the chronic condition was more detrimental in  
45 cognitive outcomes than the other conditions of ~~p~~poverty  
46 ~~exposure~~. The same trend of results was verified even in a  
47 similar sociocultural context regarding behavioural prob-  
48 lems. In this sense, Zachrisson and Dearing (2015) veri-  
49 fied that in a population-based sample of 75,296 families  
50 from Norway, within-family changes in income predicted  
51 changes in externalising and internalising behaviours in  
52 children from 18-to-36 months of age.

53 Also recently, Hackman et al. (2015) have analysed  
54 the temporal dynamics of SES and the potential medi-  
55 ation influences of different components on cognitive

1 development. These researchers explored 1009 individu- 1  
2 als from the NICHD Study of Early Childcare, and found 2  
3 that family income and maternal education predicted 3  
4 planning performance in first graders, and that income 4  
5 predicted working memory performance in preschoolers. 5  
6 They also observed that the effects of poverty on cog- 6  
7 nition remained consistent through middle childhood, as 7  
8 was observed in the NICHD study (2005). In addition, the 8  
9 results of the mediation analyses support the importance 9  
10 and contribution of home nurturing skills on cognition 10  
11 (i.e., working memory and planning), and maternal sensi- 11  
12 tivity on the association between maternal education and 12  
13 planning performance. 13

14 In summary, these studies support the notion that the 14  
15 impact of childhood poverty on cognitive development 15  
16 depends on the timing, sequence and duration of exposure 16  
17 to deprivations. Mostly, this evidence was built apply- 17  
18 ing poverty income-based indicators. Because different 18  
19 poverty indicators could be related to distinct aspects 19  
20 of the experience of poverty, the study of the temporal 20  
21 dynamics of the influences of poverty must involve other 21  
22 poverty measures or SES components in future studies. 22  
23 In such a sense, Wagmiller (2015) argues that the tradi- 23  
24 tional indicator-based approach to analyse the temporal 24  
25 dynamics of childhood poverty is not adequate, because 25  
26 it does not consider simultaneously how the duration, tim- 26  
27 ing and sequencing of economic deprivation during child- 27  
28 hood influences outcomes in later stages of development. 28  
29 Instead of the indicator-based approach, this author pro- 29  
30 poses to explore a latent-class one, which would allow 30  
31 testing in a more adequate way the theories that emphasise 31  
32 the importance of the temporal dynamics of deprivation 32  
33 (e.g., if the duration of exposure to poverty is more sig- 33  
34 nificant than timing or sequencing). 34  
35

### 36 **DISCUSSION**

37 Scientific knowledge on the impact of childhood poverty 37  
38 on cognitive development is a complex process that 38  
39 involves many conceptual and methodological issues. In 39  
40 this context of complexity, establishing how poverty influ- 40  
41 ences child development has been an academic goal for 41  
42 many decades in the agendas of human, social and health 42  
43 sciences. However, (a) the concerns for identifying what 43  
44 aspect of cognitive development is more likely to be 44  
45 affected by what kind of experiences of poverty, and 45  
46 (b) how the timing of poverty during the first two decades 46  
47 of life might differentially influence cognitive develop- 47  
48 ment, are just an emerging issue in some the studies of 48  
49 childhood poverty. 49  
50

51 In this area of study, the majority of approaches tend 51  
52 to apply unidimensional measures to identify vulnerable 52  
53 groups, without manipulating the different components 53  
54 of SES as independent variables. To stay in this area 54  
55 of methodological comfort is becoming less possible, 55



1 because contemporary developmental disciplines have  
 2 begun to generate evidence at different levels of analy-  
 3 sis. What this evidence suggests is that different types  
 4 of adverse experiences generate distinct influences on  
 5 cognitive development at least at molecular, neural acti-  
 6 vation and behavioural levels. This means that progress  
 7 in the understanding of such influences, is also necessary  
 8 to improve our comprehension of childhood poverty  
 9 as a multidimensional phenomenon in terms of the  
 10 experiences for children. An excessively reductionist  
 11 representation of childhood experiences, could also  
 12 implicitly raise the lack of adequate consideration of  
 13 rights to identity, health and education (Adamson &  
 14 Brennan, 2014).

### 16 Specific research needs

18 The influence that poverty has on the multiplicity of  
 19 events and temporal dynamics that characterise the  
 20 cognitive development, requires approaches that could  
 21 integrate theoretical and experimental efforts from dif-  
 22 ferent disciplines. It is important to advance in the  
 23 understanding of such influence in specific ways. For  
 24 example, both cognition and SES change during the  
 25 lifetime, so both should be studied together to understand  
 26 the mediational pathways and temporal dynamics by  
 27 which each component of SES is embedded at molec-  
 28 ular, neural and cognitive levels, and how it influences  
 29 children's learning skills (Author, 2015). In this sense,  
 30 economical approaches have begun to consider how early  
 31 investments on cognitive and non-cognitive building  
 32 capacities are related to adult health and labour out-  
 33 comes (e.g., Campbell et al., 2014). Current studies of  
 34 epigenetics and cognitive training, also begun to generate  
 35 information suggesting that environmental changes can  
 36 produce modifications in methylation markers even with  
 37 intervention experiences of low and moderate inten-  
 38 sity (Voelker, Sheese, Rothbart, & Posner, submitted).  
 39 Another example is the analysis of temporal patterns and  
 40 trends in family transitions and instabilities in terms of  
 41 how they are related to cognitive development (Brown,  
 42 2012). Historiographic and anthropological approaches  
 43 regarding representations of childhood and parenting pro-  
 44 cesses, could also be of help to deepen the understanding  
 45 of how different components of SES influence cognitive  
 46 development.

47 In the contemporary neuroscientific study of child-  
 48 hood poverty, many of the mentioned limitations have  
 49 not been solved yet, because most studies use cor-  
 50 relational designs based on classic unidimensional  
 51 measures. Innovation in this field requires the gen-  
 52 eration of research designs that could involve more  
 53 diverse measures, and the exploration of their specific  
 54 contributions. In addition, the next advances in the under-  
 55 standing of the links between childhood family economic

resources and achievement will most likely come from  
 improvements in our ability to measure and assess the  
 consequences of family income instability for individuals  
 (Wagmiller, 2015).

### 6 Inspiring academic experiences

8 With respect to the kind of efforts that these challenges  
 9 impose, there are recent academic experiences that  
 10 illustrate what opportunities and obstacles are necessary  
 11 to consider the generation of efficient interdisciplinary  
 12 collaborations. One of such examples is the experience  
 13 of the National Scientific Council on the Developing  
 14 Child. For the past decade, this effort has brought  
 15 together an interdisciplinary group of researchers who  
 16 have worked to translate complex research on early  
 17 brain development into useful, accurate, credible and  
 18 understandable language to nonscientists and policy  
 19 makers (Center on the Developing Child at Harvard  
 20 University, 2014). One of the projects that emerged  
 21 from this effort was a systematic empirical collaboration  
 22 among neuroscientists, developmental psychologists,  
 23 paediatricians, economists, anthropologists, linguists  
 24 and communications researchers. This interdisciplinary  
 25 team was engaged in the iterative building of a core  
 26 story of development by using metaphors (e.g., toxic  
 27 stress) to explain complex scientific concepts (Shonkoff  
 28 & Bales, 2011). The MacArthur Network on Socioeco-  
 29 nomic Status and Health made a similar effort (Adler &  
 30 Stewart, 2010).

31 In such interdisciplinary efforts, among the most sig-  
 32 nificant determinants of success, were (a) the commit-  
 33 ment of the researchers towards a collective effort that  
 34 transcended the personal interests, (b) the practice of  
 35 framing with patience and flexibility, (c) the adequate  
 36 estimation of infrastructure needs to develop basic and  
 37 applied interdisciplinary research, and (d) the conscience  
 38 of being just a contributing piece of a larger landscape.  
 39 It is important to consider that these types of collabora-  
 40 tions, which require significant financial support to gather  
 41 human and technical resources, are less usual to find  
 42 in the periphery of industrialised countries (e.g., Africa,  
 43 South Asia, and Latin America). Consequently, it should  
 44 be ethically necessary to allow the inclusion of those  
 45 countries and regions of the world in which childhood  
 46 poverty is more prevalent, and to avoid consider them as a  
 47 test bench.

48 There are other examples of genuine and productive  
 49 interdisciplinary efforts. The Young Lives Project built  
 50 integrated and combined quantitative and qualitative  
 51 approaches considering different developmental contexts  
 52 (Barnett et al., 2012). In 2014, the UNDP made a report  
 53 on the role of the private sector on inclusive develop-  
 54 ment, based on the work of researchers from different  
 55 disciplines studying human poverty. This effort consisted

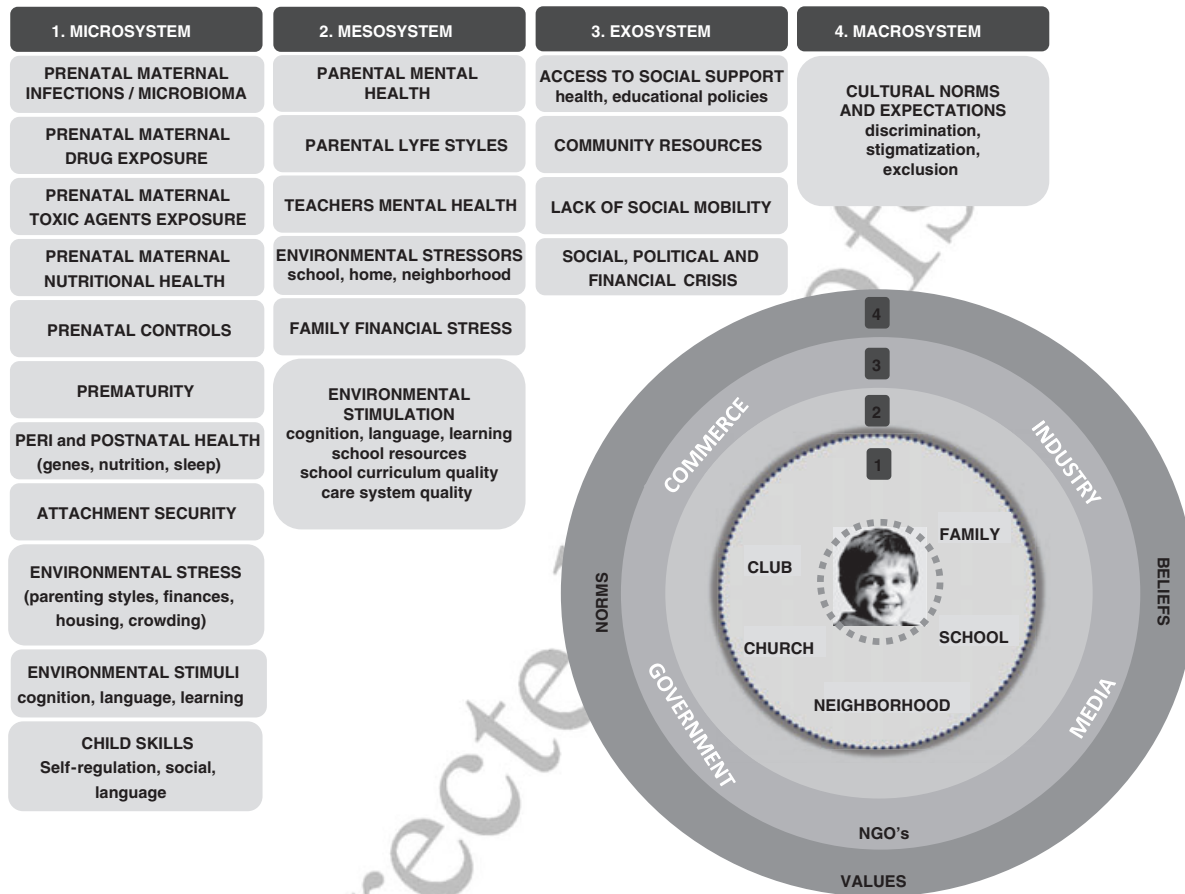


Figure 1. XXX.

of disaggregating several poverty components in terms of how they influence people’s lives from childhood to retirement. Finally, the international Ethical Research Involving Children (ERIC) project, assists the world research community to understand, plan, and conduct ethical research involving children in any geographical, social, cultural and methodological context (Graham, Powell, Taylor, Anderson, & Fitzgerald, 2013).

**Future directions**

In summary, the challenge of improving our understanding about what aspects of childhood poverty influence the different attributes of cognitive development, requires the building of an interdisciplinary agenda that could progressively involve conceptual, methodological and technical innovations. In this respect, ecological and transactional considerations on child development and determinants should contribute to build a research agenda considering the following issues.

- (1) Identifying protective and risk factors at different levels of analysis (e.g., molecular, neural activation,

- cognitive, behaviour), and in distinct developmental contexts (i.e., home, school, community, culture).
- (2) Analysing the associations between different childhood poverty measures, their experiential implications, and the complex set of real and hypothetical mediators on neurocognitive development.
- (3) Guiding the design of interventions and policies in terms of different systems and dimensions involved in the components and processes that characterise cognitive development. In this sense, it would be of interest to think in terms of building an *ecology of interventions*, what means the design, implementation and evaluation of actions aimed at influencing the different mediating mechanisms present in all the developmental contexts (Figure 1).
- (4) Promoting financial priorities for government agencies and philanthropic foundations that support both basic and applied interdisciplinary research in child development.
- (5) Establishing programs for professional training focused on child development as a complex phenomenon, to allow those interdisciplinary efforts aimed at progressively eliminating myths, prejudices, and conceptual dogmatisms.



(6) Influencing the public opinion, through the media, to promote collaborations between researchers and journalists, based on the consideration of child development as a complex and systemic phenomenon.

Manuscript received September 2015  
Revised manuscript accepted April 2016

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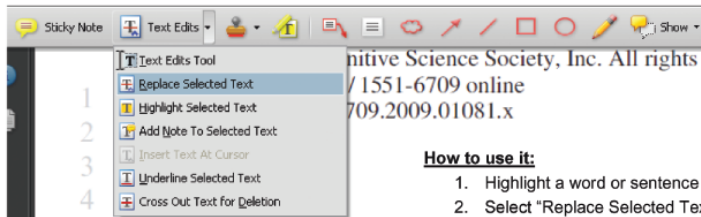
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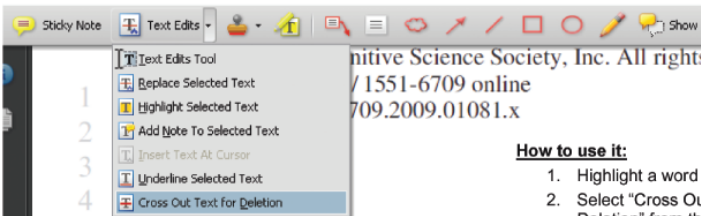
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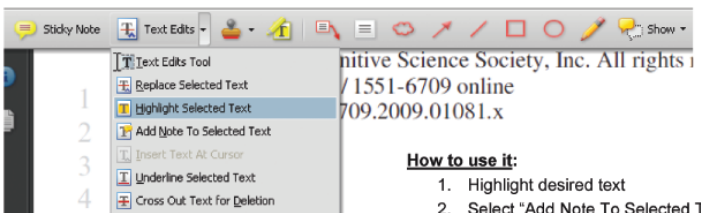
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human mind is organized in a modular fashion. It is not, as has been claimed, innately and encapsulated modules. From the evidence of this line of research, we conclude that the organization of the human mind is modular. From the evidence of this line of research, we conclude that the organization of the human mind is modular.

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It is frequently claimed that the human mind is organized in a modular fashion. It is not, as has been claimed, innately and encapsulated modules. From the evidence of this line of research, we conclude that the organization of the human mind is modular. From the evidence of this line of research, we conclude that the organization of the human mind is modular.

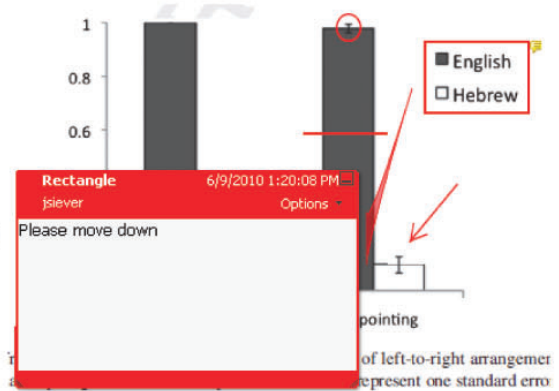
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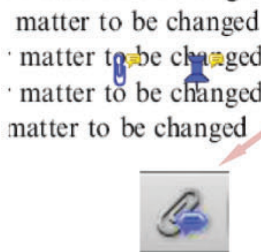
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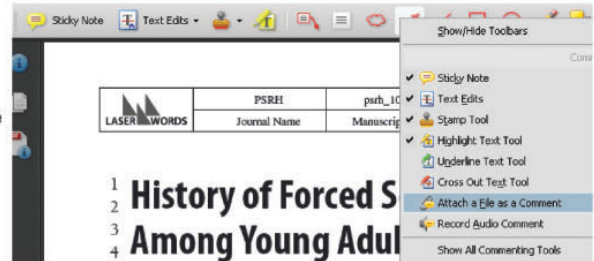
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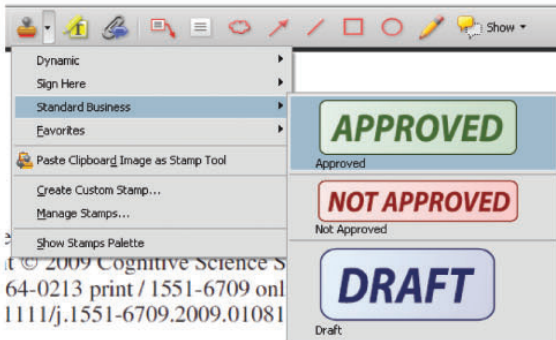


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