Building Shape that Promotes Sustainable Architecture. Evaluation of the Indicative Factors and Its Relation with the Construction Costs

Alfredo Esteves^{1,2,*}, Matias J. Esteves^{1,3}, María V. Mercado², Gustavo Barea², Daniel Gelardi¹

¹Facultad de Arquitectura, Urbanismo y Diseño, Universidad de Mendoza, Mendoza, Argentina ²INAHE – CCT CONICET, Mendoza, Argentina ³INCIHUSA – CCT Mendoza, Mendoza, Argentina

Abstract The energy that the building sector consume including both, the production and operation of buildings are directly proportional to the shape and the thermo-physical properties of the building envelope. The shapes that the architect decides on influences the costs of the construction as well as the energy demands for the life-cycle of the building. The present paper analyse four factors indicated by the bibliography to measure efficiency of the shape of the building. These relate different building variables: Envelope Area of Building (Ae), Conditioned Volume (Vc), Floor Area of Building (Ac), Perimeter of Building (Pb). The four factors studied are: Compactness Factor (Ae/Vc); Characteristic Length (Vc/Ae); Compactness Index (Pb/Pc) and Shape Factor (Ae/Ac). This paper also explores the relationship between the SF (shape factor) and the cost of the construction of the building in relation to floor area, where a high degree of correlation is found, high R2 (<0.89). Therefore, it can be concluded that SF optimizes decisions concerning the shape of building in order to reach lower surface areas (compatible with an aesthetic, harmonic and functional design) that yield the lowest economic and energetic costs of construction.

Keywords Building shape, Sustainable architecture, Construction costs, Design tools

1. Introduction

The shape given to a building envelope dictates its expression on various levels. This architectural expression that is deployed is also the limits of their technological connections, a demonstration of the relationship between space and function as well as the dialectic between material resistance, limits and space [1].

New In the planning process, the architect has to deal with the concept of a building without the guarantee of a special predetermined structure, precisely because it is the product of a speculative, critical and discursive process [2]. The shape of an architectural expression acts as a synthesis of the content, of the knowledge and concept that all interact in the architectural project.

In addition, the architect must also necessarily consider the economy of the construction, which is usually a variable that presents great difficulties because it is omnipresent and restrictive [3].

Furthermore, in the process of an architectural project, it is necessary to take into account that buildings are surrounding by and located within an environment, and the 'technical-numerical approach' is necessary for achieving an architecture that is harmonious with the environment and, in which, the resident becomes the first factor in consideration [4].

It is important to keep in mind that, in order to survive, the human habitat must generally have the presence of three skins: our own skin (first skin), appropriate clothing (second skin); and, the envelope of the building (third skin). In some climates the first skin is sufficient, in others, the three are required [5].

In temperate, cold or very cold climates, the envelopes of a building not only constitute image and/or structural support but also create interior environments and act on the surrounding environments.

The design of buildings must take into account the local climate along with the economic and ecological aspects of sustainable architectural principles [6]. This results in lowering costs which will decrease energy consumption for both the costs of construction and the operation of the building [7]. In addition, these climatically responsive building can enhance its users 'sense of well-being' while it

^{*} Corresponding author:

alfredo.esteves@um.edu.ar (Alfredo Esteves)

Published online at http://journal.sapub.org/arch

Copyright © 2018 The Author(s). Published by Scientific & Academic Publishing This work is licensed under the Creative Commons Attribution International License (CC BY). http://creativecommons.org/licenses/by/4.0/

teaches them about the experience of using of inherent renewable resources [5].

Taking into account that the life of a building is long, it should be clear that it is necessary to think about the distant future and be willing to incorporate ecological technologies whose benefits will be perceived throughout the life of the building and will provide shelter and protection for several generations of users [8].

In the design of habitable environments, the basic function of architecture will always require a knowledge of the control parameters that affect the interior comfort and meditate the external environment [4].

Tiberiu et al. [9] indicate that the shape of a building has a direct impact on the required energy to heat or cool an occupied space as well as on the initial cost (the construction cost).

The environmental impacts of the building sector it is well known. In 2010, worldwide, 35% of GHG emissions (Greenhouse Gas Emissions) were released by the energy sector, which includes indirect CO_2 emissions (% of total anthropogenic GHG emissions) from electricity and heat production [10]. According to IPCC, 'Adaptation can reduce the risks of climate change impacts, but there are limits to its effectiveness, especially with greater magnitudes and rates of climate change 'Approaches for managing the risks of climate change through adaptation include: building insulation; mechanical and passive conditioning of a building; technology development, transference and the diffusion of technology and changes in building standards and practices, among others.

The morphology of the building envelope in temperate, cold or very cold climates is an important factor that can influence three very important aspects: 1° on the construction cost of building, 2° in the amount of required energy for conditioning the interior space of the building and 3° if fossil fuels are used to supply auxiliary energy to temper the interior of the building, will all have direct environmental impacts and will influence GHG emissions.

It is important to control heat transfer from the interior to the exterior, by reducing the internal-external thermal exchange, that is to say, by reducing envelope surfaces. It is possible to achieve a reduction by implementing an energetically efficient project with walls and surface roofs as small as possible. There are different factors, proposed in the bibliography, that help control the relationship between the projected building shape and an energetically efficient building shape. These factors demonstrate important relationships concerning the following variables: envelope surfaces (walls and ceilings) – Ae; conditioned area of the floor plan (Ac), volume of the interior space (Vc), the perimeter of the ground floor (Pb), etc.

Watson and Labs [11] proposes two additional parameters that help describe the efficiency of the shape of the building: SVR – Surface to Volume Ratio (Ae/Vc) and SFAR – Surface to Floor Area Ratio (Ae/Ac).

In 1999, Mascaró [12] presented the Compactness Index, (IC), which calculates the perimeter of a circle whose

surface is equal to the floor surface of the building with respect to the perimeter of the building (Pc/Pb).

Bergmann et al., [13] present Ae/Vc as a Form Factor that indicates the limits of floor plans and volumes and Goulding et al. [14] present this variability in relation to tower apartments.

Esteves et al. [15] present an evaluation of the indices indicated by Watson and Labs [11] that shows the advantages of using the shape factor (Ae/Ac) – called FAEP – (Factor de Area Envolvente/Piso - its acronym in Spanish). Filipp in and Larsen [16] use the FAEP factor (Ae/Ac) in order to show the compactness grade of a building.

Roaf et al. [5] writes about how shape can influence energy efficiency using the Compactness Factor (Ae/Vc) and how it applies to different forms of the floor plans.

Rodriguez Urbinas [17] indicate that European Committee for Standardization (2007) proposed two parameters called Compactness Ratio (Ae/Vc) and Shape Factor (Ae/Ac) that highlight the importance of an efficient shape for a building.

Stevanovic [18] published a review of papers oriented towards the optimization of passive solar design strategies in buildings. The author shows how decisions regarding the shape of a building have the largest influence on building energy use through energy simulations (with Energy Plus or DOE2). This study demonstrates how energy consumption is heavily influenced not only by the exchange envelope surface but also the thermophysical properties of the materials of the enclosure and the amount of absorbed solar energy as well as solar protection.

AlAnzi et al. [19] study the impact of high rise building shapes on energy efficiency using simulations of different shapes: L, U, and H. These shapes for office buildings in Kuwait are studied by correlating annual energy use with relative compactness (RC). These figures are calculated as a normalized ratio of the volume (Vc) to the exterior wall area (Ae).

Ourghi et al. [20] study rectangular and L shaped floor plans of a building and AlAnzi et al. [19] extend this study to several other building shapes, such as U, T, H types and others.

Geletka and Sedlákova [21] analyse building shape and its impact on shape factor (calculated as the relation of the envelope surface to the enclosed volume - Ae/Vc). The impact is calculated by the energy consumption that is obtained through thermal simulations (using Energy+) for several simple and complex shapes. Grobman et al. [22] inspired by the forms of enclosures existing in nature, they seek to improve the thermal performance of the building envelope.

Ling et al. [23] study the shapes of high-rise buildings in order to minimize direct sunlight falling through the façades, which is critical knowledge for summer. In this case, the width-to-length ratio (W/L) of the building for square, circular or elliptical bases are evaluated. These authors found that a W/L ratio of 1:1 produces the lowest insolation of buildings of all cases as well as highlighting the importance of the orientation of the façade.

Other investigations seek shape optimization using computational methods of simulation (usually in Energy +) to generate a design and to calculate its response in the given climate. The point is that the simulation should be processed by Energy +. This procedure is not obvious, and this practice is not widespread among the architects of buildings, mainly in developing countries. It is important to increase architects ' capacities to design adequate low-cost (economic and energetic) buildings that also generate safe interior climates during extreme weather events [24].

This present investigation would like to stress that there is a problem of terminology because the same factors have different names. This paper proposes the most appropriate term in each factor regarding their behaviour and responses to different compactness of building envelopes. These lack of compactness refer to either the perimeter of the building or to volume. This paper also explores the relationship between the shape of building and its economical and energetic costs of the construction.

2. Factors, Proposed Terminology, Calculation Equations and Limits

The loss of energy (heat) from the interior to the exterior in winter occurs through the surface, which is perpendicular to the flow. In order to control this loss, it is necessary to reduce the form, which also affects the cost of construction.

Only the above-ground surface area of the building envelope is significant for determining the surface of loss since the most severe climatic stresses occur through exposure to ambient temperatures and to winter winds. In order to conserve either heat or cooling, the building must be designed with a shape that is as compact as possible to reduce heat transfer to the exterior.

This includes when there are restrictions concerning the choice of materials and funds for financing the construction of houses. It is necessary to take these measures into account and build with minimum resources, which is especially of interest in developing countries.

In addition, transporting costs for materials that are not regional or even domestic is very expensive and these costs should be as small as possible.

In the preliminary stages of the architectural project, it is very useful to have figures handy in order to control the quantity of the materials as well as the cost of labor that will be used in construction.

Regarding the available literature, there are four factors that define (high or low) the compactness of the building envelope. The following presents each figure, its calculation equation and appropriate value limits as well as a name based on the bibliography.

(1) Compactness Factor (CF): expresses the relationship between building envelope surface area (Ae) and the conditioned space volume (Vc). It is calculated according to the Ec. 1. It was also called Form Factor in EnEU 2009 [25]; Shape Factor in Ecohouse 2 [5] and Surface to Volume Ratio - SVR [11].

Where:

CF = Ae/Vc

CF = Compactness Factor [m⁻¹]

Ae = Envelope area of building $[m^2]$

Vc = Conditioned space volume [m³]

For any given building volume, the lower the CF, the greater the compactness of the buildings. Its limits are between $0.6 - 1.2 \text{ m}^{-1}$ for a detached house and from 0.3 to 0.4 m⁻¹ for 10-story apartment houses [13]. Lylikangas [25] indicate $0.8 - 1.0 \text{ m}^{-1}$ for single family house and reduce it to 0.5 m⁻¹ in German EnEV2009.

(2) Characteristic Length (CL): it is the inverse of CF. This component describes the relationship between the conditioned volume of space (Vc) with respect to the envelope area of building (Ae). It is calculated according to the Ec. 2. It has been called compactness ratio [17] or Building Shape Factor [9] too. Where:

$$CL = 1/CF = Vc/Ae$$

CL = Characteristic Length [m]

Vc = Conditioned space volume [m³]

Ae = Envelope area of building $[m^2]$

The Passive House Standard (2007) indicates that, typically, for dwellings with the same total treated volume, this parameter has low values for detached houses, low-medium for semi-detached houses and, medium-high in terraced houses. Minimum compactness values are around 0.8 m and maximum around 2.2 m.

Both CF and CL are helpful when considering building shape in relation to energy consumption for heating and cooling the indoor air in relation to volume. However, these are not good indicators when it comes to considering the amount of surface area of the building that involves heat transfer from the building. This is especially relevant when it comes to making the surface of the envelope more efficient with inclined roofs, as will be seen later.

The unit measurement for CF – Compactness Factor is m⁻¹, which, is not very appropriate for understanding its effect on the shape, but its inverse CL-Characteristic Length has the unit (m) and is more appropriate for understanding the effect of the shape of the building.

(3) Compactness Index: is calculated as the perimeter of a circle whose surface is equal to the floor surface of the building with respect to the perimeter of the building. It is calculated according to Ec. 3. It has been called Compactness Index by Mascaró [12] and Amarilla [3] and Andersen et al. [26] apply it to study the compactness of the building's floor.

Where:

$$CI = Pc/Pb.100$$

CI = Compactness Index [%]

Pc = perimeter of a circle whose area is equal to the floor area of the building [m]

=

Pb = perimeter of the exterior walls of the building [m]

Its value is between 1 and 100. The value of 100 corresponds to maximum compactness. CI is useful for considering an efficient floor layout, but it does not indicate anything about building volume. In other words, a taller building will have the same CI when compared with another despite the fact that it has more exposed surface.

(4) Shape Factor (SF): expresses the relationship between the surface area of the building envelope (Ae) and the conditioned floor area (Ac). It is calculated according to Eq. 4. It has also been called SFAR – Surface to Floor Area Ratio [11] and FAEP [15, 16].

Where:

SF = Ae/Ac

SF = Shape Factor [dimensionless]

Ae = Surface area of building envelope $[m^2]$

Ac = Conditioned floor area [m²]

The lower the SF value for a given floor area, the better the performance of the building. Although the minimum value depends on the floor area of the building, the indicative SF value in a compact form is between 1 and 2 [7]. The semi-sphere, for example, has SF =2 for all cases and has the lowest envelope surface, (Ae) for any given floor area until approximately $150m^2$. For buildings with larger floor areas, the most efficient value of SF is less than 2 for the prismatic shape. Values of less than 1 are not recommended due to difficulties concerning natural interior illumination as well as ventilation.

Then the efficiency of these factors are then studied in different situations of distinct compactness (in floor area and in volume).

2.1. Study of the Response of Each Factor

In order to study the response of each factor, three possible reductions of compactness have been studied:

- The variability that can occur with the floor plan (when the proportionality of its sides varies from 1:3 to 3:1, passing 1:1, i.e. a square base Prism – Fig. 1) as well as when there is a sectional break, increasing the perimeter (see Fig. 2).
- (2) The effect of extending an isolated house to a building of 3 or 5 floors and then taking into account the intermediate apartment.
- (3) The case of a building project with a sloping roof. In this case, a reduction of compactness has been considered for the mono-pitched roof and the dual pitched roof or gabled roof (Fig. 3). This has been studied for each case, when the inclination is 10° (almost 2:12), 30° (near 6:12), 45° (12:12) and 60° (near 3/2 typical for snow sliding roof).

In Fig. 4a, the roof surface and vertical envelope surface is indicated as part of Envelope Surface Area. In Fig. 4b, a scheme of a building is shown with a mono pitched roof. Additional roof surface and walls (side surfaces) are indicated; and, the increase the envelope surface of the building for the same floor surface of the building of case is shown in Fig. 4a. Fig. 4c shows the additional surfaces that appear when the roof is inclined with two gables.



Figure 1. Proportionality of the floor plan varying from 1:3 to 3:1 with a = 9 m



Figure 2. Variation in floor plans when there are sectional breaks which can generate more vertical envelope surface



Figure 3. Mono-pitched roof and the dual pitched roof or gable roof from 10° to 60°



Figure 4. Prism and roof: 4A. Prism without breaks and an horizontal roof, 4B. Building with mono-pitched roof, 4C. Building with dual-pitched roof or gable roof

3. Results

Figures 5 through 8 show the behaviour of the CF, LC, CI and SF factors for each case study and demonstrate the response offered in different situations of lack of compactness.

Fig. 5 shows how the CF-Compactness Factor varies if the floor plan is sectioned (Fig. 5a); when there is more than one floor (Fig. 5b); or, when there are inclined roofs (fig. 5c and Fig. 5d).

Figure 5a shows the variation of CF for the case of a building with a rectangular base with and without sections that increase the floor areas. The same behaviour is observed by lowering the CF when the conditioned floor area (Ac) increases. However, for a given Ac, increasing the

dimension of the break (high c) increases the CF. For example, for a building with square base b/a = 1; Ac = 81 m², CF is worth 0.78 m⁻¹ for the non-sectioned prism and CF = 0.89 m⁻¹ (14% higher) for the prism with break of c = b/2 and CF = 1 m⁻¹ (28% higher) for which has a break with c = b.

In Fig. 5b, it can be observed that by increasing the number of floors of the building and taking the total area and volume of the building also decreases the CF. This is due to the increase of the envelope surface because although it expands, so does the volume, which thus produces lower values of CF; for example, when b/a = 1, for a single story building, CF = 0.78 m⁻¹, for a building with 3 stories, CF = 0.56 m⁻¹; and, if it has 5 stories CF = 0.51 m⁻¹. When b/a increases (increases Ac), the CF decreases in all cases.



Figure 5. CF of building for: floor plan variations (Fig 5a); different number of floors (Fig. 5b); with mono-pitched roofs (Fig 5c) and with gabled roofs (Fig. 5d), these for tilt angle from 10° to 60°

Fig. 5c shows the situation concerning buildings with an inclined roof. This generates higher lateral surface and greater roof surface as well, indicated in Figures 4b and 4c. The shape produces a larger envelope area, therefore, greater surfaces for thermal loss. However, in the use of CF there is an incongruence. For example, for a building with a roof inclined at 60° and for b/a = 1, CF = 0.62 m⁻¹; and, for the same building with $\alpha = 10^{\circ}$, the CF value results in 0.72 m⁻¹, which is a contradiction.

The same applies to gabled roofs (see Fig. 5d). The CF values indicate more compactness when the inclination is higher. For example, for a building with b/a = 1; Ac = 81 m², and with a floor plan without sections, the CF = 0.78 m⁻¹. When we placed a sloping roof at 60° on the same building, the CF = 0.54 m⁻¹, which would indicate greater compactness and is a mistake.

Fig. 6 shows the variability of CL – Characteristic Length in each case considered. Fig 6a shows that by increasing the floor area (increases b/a), the compactness increases when the CL is increased. It is observed that for a prism without breaks CF = 0.8 (minimum compactness) for Ac = 27 m² and up to CL = 1.6 for Ac = 243 m², which implies high compactness.

However, when the floor area is sectioned, the sides with dimension 'c' appear which increase the vertical surface of the enclosure. This generates a design with less compactness for the same floor area. For example, for b/a = 1 (Ac = 81 m²), CL = 1.3, but when such breaks appear that c = b/2, CL = 1.12 m and then when c = b, CL = 1 m.



Figure 6. CL of building for: floor plan variations (Fig 6a); different number of floors (Fig. 6b); with mono-pitched roofs (Fig 6c) and with gabled roofs (Fig. 6d), these for tilt angle from 10° to 60°

Fig. 6b shows that increasing the number of floors increases the compactness, therefore, the CL increases. For example, for the same floor area, $Ac = 81 \text{ m}^2$, CL for a square-base prismatic building (b/a = 1) CL = 1.3, and for a building with 3 stories (increased floor area and equal roof surface for the entire building) compactness is higher and CL = 1.7 m. For a building with 5 levels, CL = 2; and, finally, for an intermediate or ground apartment, CL = 2.25 m. When the floor area increases, the shape is also more compact and the CL increases in all cases.

When the building has a mono-pitched roof or double-pitched roof (Fig 6c and 6d), as the angle of inclination grows, the compactness decreases, because Ae increases, as has been seen in Figure 4b and Figure 4c. However, in Figure 6c and Figure 6d, it can be observed that, when the angle of inclination increases, the CL indicates that the compactness grows also, and this is a mistake.

Fig. 7a shows the third factor considered, Compactness Index-CI for an increase in the floor area Ac (ratio b/a). It can be observed that compactness reaches 90% (maximum value) for the prism without breaks in the square floor plan (b/a = 1). When b/a > 1 or b/a < 1 the compactness indicated by the CI decreases.

only the compactness for the floor plan. When the building with a square floor plan changes its compactness by height, e.g. by increasing the number of floors (fig. 7b) or by tilting the roof (fig. 7c and Fig. 7d), there is no variation in CI. Therefore, it only appears useful when we want to analyse the compactness of the building floor plan.



Figure 7. CI of building for: floor plan variations (Fig 7a); different number of floors (Fig. 7b); with mono-pitched roofs (Fig 7c) and with gabled roofs (Fig. 7d), these for tilt angle from 10° to 60°

However, note that the compactness indicated by the CI is Fig. 8 shows the analysis for the fourth factor, SF - Shape factor. Fig. 8a indicates that increasing the floor area decreases the SF by lowering the Ae/Ac ratio. For example, it is observed that, for the prismatic building, lowering the ratio to b/a = 0.33; SF = 3.7, when b/a = 3, SF = 1.9.

When breaks are made in the floor plan, where c = b/2 or c = b, SF increases for the same floor area. For example, for b/a = 1 (square floor plan) without breaks, SF = 2.4; when there is a break (c = b/2) the lateral surface increases, and SF = 2.7; and if c = b, SF = 3. It is clear that the envelope surface increases by moving SF from 2.4 to 2.7 and then to 3. This represents $Ae = 194.4 \text{ m}^2$ for a building without breaks; Ae =218.7 m² for a building with breaks in which c = b/2 and Ae =



243 m² for when c = b. This implies an increase of 24.7 m² of area for the surface envelope in the first case and 48.6 m^2 in the second case. Obviously, this will generate higher costs of construction as well as the operation of the building.

Fig 8b shows what happens when there is an increase in the number of floors of the building. It also demonstrates the case of an intermediate ground floor apartment (with an adjoining floor and ceiling) which implies a decrease of the envelope surface in relation to the isolated building. For example, for the building without breaks in the floor plan, that b/a = 1, SF = 2.4. For a building with three floors, calculated as a whole, SF = 1.75; and, for the buildings with five floors, SF = 1.5. For intermediate and ground floor apartment, SF = 1.35.

> 2,66 3,00

Figure 8. CF of building for: floor plan variations (Fig 8a); different number of floors (Fig. 8b); with mono-pitched roofs (Fig 8c) and with gabled roofs (Fig. 8d), these for tilt angle from 10° to 60°

This implies Ae = 194.4 m² of enclosure surface for the detached building. Ae =141.75 m²/story (27.1% lower) for a building with 3 floors and Ae = 121.5 m²/story (37.5% lower) for building with five floors. This implies an enclosure surface reduction of 52.65 m² and 72.9 m², respectively for each level.

Fig. 8c shows variation by increasing the tilt angle of the roof. For a detached building and b/a = 1, SF = 2.4; for a 10° tilt for mono-pitched roof, SF = 2.7. This implies an additional envelope area; 218.7 m² – 194.4 m² = 24.3 m². For a building with mono-pitched roof at a 60° tilt for the building with same type of roof, SF = 6.8 and presents Ae = 550.8 m², which implies an increase of 356.4 m² greater than a building with a tilt equal 0°.

Fig 8d is similar to Fig. 8c but for the dual-pitched roofs. In these cases, SF for the square-base detached house (b/a = 1) and the horizontal roof, SF = 2.4. When the gabled roof is tilted at 10°, SF = 2.5; and, if it is inclined to 60°, SF = 3.8. This implies an additional envelope area of 8.1 m². This can be perceived due to the proximity of the curves of the behaviour of the straight prism and the building with an inclined roof of 10°. For a building with roof with 60° tilt, there is an additional envelope area of 113.4 m².

It can also be observed that as the area increases, the differences of SF between the various cases diminish.

We can conclude that the SF is the most advantageous indicator for taking into account the impact of shape on the dimensions of the envelope surface. It can be observed that the CV and CL are limited for mono-pitched or dual-pitched roofs and the CI does not indicate anything about the lack of compactness in volume.

It is true that when shape is detrimental to energy efficiency, we may incorporate technology to avoid excessive heat exchange; however, the cost of this building will be much higher. Consequently, there will be a greater environmental impact from the construction of the building. The following relates to the energy-efficient way of reducing building costs in central-Western Argentina.

3.1. The Relationship between SF and the Construction Costs of a Building

The SF helps architects and researchers to evaluate the economic and energetic conditions of a building's envelope. When the cost of the building is considered in relation to the floor area, it is possible to calculate how the cost (economic or energetic) of the building's envelope can be developed in relation to the conditioned floor area for different shapes.

The construction materials of the most common walls and ceilings in the Central-Western region of Argentina have been studied (see Table 1) in terms of economic costs (in U\$S/m²) and energetic demands (in MJ/m²).

By taking into account the most common technologies listed in table 1, a study can be done in order to comprehend and implement the financial and energetic costs for each shape studied in the previous section. It is interesting to see how the SF and the economic and energetic costs relate during the construction of a building.

Table 1. Types of roofs and walls and their costs (per building floor area)

| <u>Roofs</u> | Monetary Cost AR\$/m ² (U\$S/m ²) | Embodie d Energy MJ/m ² | | | |
|---|--|--|--|--|--|
| Light roof (wooden frame and ceiling) with 75mm glass wool and self-supporting trapezoidal sheet. | 1776 (88,8) | 276,5 | | | |
| Roof slab lightened with 75mm expanded polystyrene, compression folder and 4mm and water-repellent membrane. | 1998 (99,9) | 597,3 | | | |
| Wall | | | | | |
| Brick wall of 160 mm, 50 mm expanded polystyrene, plaster and paint and 20% aluminum openings and hermetic double glazing. | 3604 (180,2) | 1017.6 | | | |

When these two variables in table 1 are taken into account, it can be seen that the combination of the brick wall and the light roof (wooden structure) demonstrate the lowest cost of the envelope; whereas, the brick wall and the lightened slab roof demonstrate the highest cost of the building envelope.



Figure 9. Building envelope cost (maximum) vs SF for different sizes of floor area of a building

In Figure 9, it is possible to see the relationship between the maximum construction cost of the building envelope and the Shape Factor. A high degree of consistency (R2 = 0.9937) can be observed. Fig. 10 shows the same relationship for minimum costs of building envelope. A high degree of consistency can also be seen (R2 = 0.9916).

The SF is useful when it is necessary to reduce both construction and energetic costs for the building envelope. When the SF is calculated in order to optimize the shape by decreasing the SF, this will decrease the cost incurred during the construction of the envelope.

For example, a design that possesses an SF = 2 when compared to a design for the same house that possesses an SF = 2.5, the building envelope will have 25% more surface area and therefore a greater cost. Table 2 indicates the average $\cos t$ (U\$S/m²) by taking into account the maximum and the minimum values of the adjustment line and obtaining a 25.3% increase in cost for constructing the same house.



Figure 10. Building envelope cost (minimum) vs SF for different sizes of floor area of a building

On the other hand, the materials for construction have an embodied energy that is relative to the size of the building envelope.

Table 2. The resulting cost for the building envelope per m^2 of building floor area (U\$S/m²) for both: SF = 2 and SF = 2.5. Savings are indicated when passing from SF = 2.5 to SF = 2

| SF | Max. Cost (U\$S/m ²) | Min. Cost (U\$S/m ²) | Average (U\$S/m ²) | Savings (%) |
|-----|-------------------------------------|-------------------------------------|-----------------------------------|----------------|
| 2 | 324.573 | 319.62 | 322.0965 | 25.3 |
| 2,5 | 406.643 | 400.58 | 403.6115 | |

By increasing the building envelope surface, the embodied energy involved increases, which will cause a necessary rise in the embodied energy of the construction.



Figure 11. Embodied energy of the building envelope (maximum) vs. SF for different floor areas of a building

In Figures 11 and 12 the relation between the embodied energy (maximum and minimum) of the building envelope per units of surface to SF for different floor area of building are presented. You can see that a higher SF is directly related to the greater the amount of energy required for construction regardless of floor area.

In the example indicated above, Figures 11 and 12

demonstrates that the energy involved will be 25.4% higher for the housing project with SF = 2.5 (see Table 3).



Figure 12. Embodied energy of the building envelope (minimum) vs. SF for different floor areas of a building

If the project is to build a neighbourhood of 100 houses or apartments, using a smaller SF implies a considerable amount of savings of money and energy for the same number homes or apartments.

Table 3. The resulting embodied energy for the building envelope for m^2 of building floor area (U SS/m^2) and for SF = 2 and SF = 2.5. The savings are indicated when passing from SF = 2.5 to SF = 2

| SF | Max. Cost (U\$S/m ²) | Min. Cost (U\$S/m ²) | Average (U\$S/m ²) | Savings (%) |
|-----|-------------------------------------|-------------------------------------|-----------------------------------|----------------|
| 2 | 1847.7 | 1704.58 | 1776.14 | 25.4 |
| 2,5 | 2314.475 | 2139.275 | 2226.875 | |

By understanding how SF works, it can be seen that there is about 25% more building envelope if your SF = 2 compared to a home or apartment with SF = 2.5.

4. Conclusions

When the building is located in temperate, cold or very cold climates, the shape and the thermophysical properties of the building envelope materials are mainly responsible for the heat losses of the building.

The shape of a building is very important because it determines the cost of the envelope and the amount of embodied energy required in addition to the operation of the building.

Architects and building designers have a critical environmental responsibility to protect us from the harmful emission of greenhouse gases during the entire life-cycle of the building.

The SF factor evaluates the role that the shape of the building may have in the operation of environmental protection in a very easy manner.

In this investigation, it have been analysed the different factors that have been proposed for evaluating building shape for efficiency through sustainable architecture. This paper considers different situations of compactness of both the area of floor plan and the volume. The results that have been obtained indicate the following:

- (1) Compactness Factor (Ae/Vc) responds to the compactness of the area of a floor plan and/or volume as long as there are no inclined roofs because their presence is not proportional to the desired result.
- (2) Characteristic Length (Vc/Ae) has the same properties as CF, so that it is only applicable against the compactness of a floor plan and/or volume as long as there are not inclined roofs.
- (3) Compactness Index: analyses the perimeter of a floor plan in order to evaluate compactness in relation to energy efficiency. This factor does not respond to the number of floors of a building, whether it has more than one level, nor when a building has tilted roof.
- (4) Shape Factor Ae/Ac: This factor provides information regarding the lack of compactness of a building. It takes into account the amount of envelope surface area for each floor. This is fulfilled both in the evaluation of the compactness of the floor plan and for the volume of buildings with horizontal or one-pitched roofs or gabled roofs.

Consequently, the SF is a step forward because it enables the calculation of how the building shape impacts energy efficiency in relation to the building envelope. The value between SF = 1 and SF = 2, has been shown to be a very efficient value; however, this may vary depending on the floor area.

In the construction of massive houses, the knowledge of the FAEP is very useful in order to obtain the best design. For example, if we compare one building that has an FAEP = $2.50 \text{ m}^2/\text{m}^2$ with another with FAEP = $2.00 \text{ m}^2/\text{m}^2$, the financial and energetic saving between them reaches 25%. This is done by using the same resources of a building envelope of 4 units, so that one can build 5 units in a similar project.

This investigation also analyses the costs of construction by taking into account the different analysed building shapes. This paper correlates the data concerning building shape with the cost of the construction of the envelope in order to propose the SF. As a result, this paper reinforces the possibility of using the SF as a determining component for predicting the efficiency of building shape and consequently the costs of the construction, both economically and energetically.

ACKNOWLEDGEMENTS

The authors would like to thank CONICET and the University of Mendoza for partially financing this research.

REFERENCES

[1] Barroso Arias P., La forma de la expresión arquitectónica, in: La naturaleza de la expresión arquitectónica, su forma y su orden, Architecthum Plus S.C., 95-15, México, 2013.

- [2] Gelardi D. and Esteves A. 2004, La dimensión ambiental de la arquitectura como eje organizador del procedimiento proyectual para una arquitectura sustentable, Avances en Energías Renovables y Medio Ambiente, 8(1), 133-137.
- [3] Amarilla B. C. 1991, Costos y Morfología Arquitectónica, Revista Vivienda, 343, 55-59.
- [4] Serra Florensa R. 2006, Arquitectura y climas. Ed. Gustavo Gili, Barcelona.
- [5] Roaf S., Fuentes M. and Thomas S. 2003, Ecohouse 2 A design Guide. Architectural Press. Amsterdam.
- [6] Wassouf M. 2014, De la casa pasiva al estándar passivhaus. Ed. Gustavo Gili. Barcelona.
- [7] Esteves A. 2013, Arquitectura sustentable: desarrollo y evaluación de factores que relacionan el diseño arquitectónico con el desempeño ambiental y económico del edificio en climas templado-continentales. PhD Thesis, FAUD -University of Mendoza, Argentina.
- [8] Edwards B. 2006, Guía Básica de la Sostenibilidad. Ed. Gustavo Gili. Barcelona.
- [9] Tiberiu C., Virgone J. and Iordache V. 2011, Study on the impact of the building form on the energy consumption. Proceedings of 12th Conference of International Building Performance Simulation Association, Sydney, November 14-16, pp. 1726-1729.
- [10] IPCC, 2014, Cambio climático 2014. Informe de síntesis. Contribución de los grupos de trabajo I, II y III al Quinto informe de evaluación del IPCC, IPCC, Ginebra.
- [11] M D. Watson and K. Labs. 1983, Climatic design. Energy-efficient building, Principles and practices. Mc Graw Hill, New York.
- [12] J. L. Mascaró. 1999, O custo das decisoes arquitetónicas, Ed. Sagra Luzzatto, Porto Alegre.
- [13] G. Bergmann, R. Bruno and H. Horster. 1980, Energy Conservation in Buildings, in Solar Energy Handbook – Ch. 29, edited by J. Kreither and F. Kreith, pp 29.1 – 29.56, McGraw Hill, New York.
- [14] J. Goulding, J. Owen Lewis and T.C. Steemers, 1994, Energy in architecture, The European passive solar handbook, University of Dublin, Ireland.
- [15] A. Esteves, D. Gelardi and A. Oliva, 1997, The Shape in the Bioclimatic Architecture: The FAEP Factor, Paper presented at the II International Conference of Teachers of Architecture, Florencia, Italy.
- [16] C. Filippín and S. Flores Larsen, 2009, Analysis of energy consumption patterns in multi-family housing in a moderate cold climate, Energy Policy, 37, 3489-3501.
- [17] E. Rodríguez Urbinas, C. Montero, M. Porteros, S. Vega, I. Navarro, M. Castillo Caligal, E. Matallanas and A. Gutiérrez, 2014, Passive design strategies and performance of Net Energy Plus Houses, Energy and Buildings, 83, 10-22.
- [18] S. Stevanovic, 2013, Optimization of passive solar design strategies: a review, Renewable and Sustainable Energy Reviews, 25, 177-196.

- [19] A.A., Alanzi, D. Seo, and M. Krarti, 2009, Impact of building shape on thermal performance of office buildings in Kuwait, Energy Convertion and Management, 50(3), 822-828.
- [20] R. Ourghi, A. Alanzi and M. Krarti, 2007, A simplified analysis method to predict the impact of shape on annual energy use for office buildings, Energy conversion and Management, 48, 300-305.
- [21] V. Geletka and A. Sedlákova, 2011, Energy consumption conditioned by shapes of buildings, Construction of optimized energy potential, 8, 46-53.
- [22] Y. J. Grobman and Y. Elimelech, 2016, Microclimate on building envelopes: testing geometry manipulations as an approach for increasing building envelopes thermal performance, Architectural Science Review, 59(4), 269-278.
- [23] C. S. Ling, M.H. Ahmad and D.R. Ossen, 2007, The effect of geometric shape and building orientation on minimishing solar insolation on high-rise Building in hot humid climate, Journal of Construction in Developing Countries, 12(1), 27-38.
- [24] S. Roaf, L. Brotas and F. Nicol, 2015, Counting the costs of comfort. Building Research and Information, 43(3), 269-273.
- [25] K. Lylykangas, 2009, Shape Factor as an Indicator of Heating Energy Demand. Paper presented at International Forum Timber Construction 09, Garmisch-Partenkirchen, [Online]. Available:http://www.forum-holzbau.com/pdf/ihf09_Lylyka ngas.pdf. Date: 02-05-18.
- [26] M. Andersen, C. Discoli, G. M. Viegas and I. Martini, 2017, Monitoreo energético y estrategias de retrofit para viviendas sociales en clima frío, Hábitat Sustentable, 7(2), 50-63.