

Hypokalemic Distal Renal Tubular Acidosis



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Distal renal tubular acidosis (DRTA) is defined as hyperchloremic, non-anion gap metabolic acidosis with impaired urinary acid excretion in the presence of a normal or moderately reduced glomerular filtration rate. Failure in urinary acid excretion results from reduced H^+ secretion by intercalated cells in the distal nephron. This results in decreased excretion of NH_4^+ and other acids collectively referred as titratable acids while urine pH is typically above 5.5 in the face of systemic acidosis. The clinical phenotype in patients with DRTA is characterized by stunted growth with bone abnormalities in children as well as nephrocalcinosis and nephrolithiasis that develop as the consequence of hypercalciuria, hypocitraturia, and relatively alkaline urine. Hypokalemia is a striking finding that accounts for muscle weakness and requires continued treatment together with alkali-based therapies. This review will focus on the mechanisms responsible for impaired acid excretion and urinary potassium wastage, the clinical features, and diagnostic approaches of hypokalemic DRTA, both inherited and acquired.

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Key Words: Distal RTA, Hyperchloremic metabolic acidosis, Hypokalemia, Growth failure, Acid excretion

INTRODUCTION

The first descriptions of renal tubular acidosis (RTA) were made in children with nephrocalcinosis in 1935 by Lightwood¹ and in 1936 by Butler and colleagues.² Later, the term RTA was coined by Pines and Mudge.³ The classical studies of Albright and colleagues⁴ characterized the clinical features of the syndrome, documented its association with rickets or osteomalacia, and pointed out to a basic defect in tubular function. This disorder seemed to be relatively rare at first, accompanied with other disturbances of renal tubular transport which were genetically determined in some cases.⁵⁻⁸ The syndrome, while relatively rare, is of great interest among students of pathophysiology because it was a model of disease in which the biochemical, physiologic, and molecular basis of its pathogenesis could be examined. Unlike adults, in whom RTA is often secondary to acquired causes, children most often have primary forms of RTA. According to their pathophysiological basis, 4 types of RTA were initially categorized.⁹⁻¹¹ Distal type I RTA or classic RTA thereby referred as distal renal tubular acidosis (DRTA) is characterized by reduced net acid excretion and an inability to lower urine pH regardless of the degree of acidemia.⁹⁻¹⁴ Proximal type II RTA, by contrast, is characterized by marked HCO_3^- wastage but preserved the ability to lower urine pH when plasma HCO_3^- (and therefore filtered HCO_3^-) is below a certain threshold.⁹⁻¹¹ The term type III RTA was coined to describe patients in whom HCO_3^- wastage coexists with failure to lower urine pH despite profound acidemia.¹⁰⁻¹¹ The term type IV RTA was introduced by Sebastain and colleagues¹² to designate the type of acidification defect associated with hyperkalemia and attributable primarily to aldosterone deficiency. A hyperkalemic form of DRTA not attributable primarily to aldosterone deficiency was later described.¹³⁻¹⁵ This type was also referred to as voltage-dependent RTA to reflect the postulated mechanism that would account for reduced ion secretion, both potassium and hydrogen.¹³ This mechanism was postulated based on similarities observed in patients with obstructive uropathy, with the defect observed experimentally in the postobstructed kidney and induced also by the administration of amiloride to block sodium transport.^{16,17} As new potential mechanisms were uncovered, the

permeability defect theory of DRTA that had been postulated earlier by Seldin and Wilson¹⁸ was no longer tenable as a unique mechanism causing hypokalemic DRTA. Rather, several other potential mechanisms were described.¹⁹⁻²⁴ Only the alteration in distal acidification caused by amphotericin B, a compound that causes renal potassium wastage and a back leak of protons, demonstrable in epithelial analogs of the mammalian collecting tubule²⁵⁻²⁷ has the permeability defect as the mechanism causing DRTA.

Electrolyte disturbances namely hypokalemia or hyperkalemia are key distinctive features of each type of RTA. The clinical phenotype in patients with DRTA associated with hypokalemia is very rich and is characterized by stunted growth with bone abnormalities in children as well as nephrocalcinosis and nephrolithiasis that develop as the consequence of hypercalciuria, hypocitraturia, and relatively alkaline urine. Unique systemic manifestations such as deafness are found in inherited types in which the defect in transporting hydrogen ions is due to mutations in a V-ATPase present in the ear and the kidney collecting tubule. The hyperkalemic forms of RTA, discussed elsewhere in this issue, are usually acquired and lack a specific clinical phenotype other than that of the underlying kidney disease, and alterations in calcium metabolism usually are not present.^{13-15,28-29} Advances in renal physiology and the molecular biology of acid-base transporters have allowed a much better understanding of DRTA in general, particularly

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of the hereditary syndromes.³⁰⁻⁴⁷ In this review, we will discuss DRTA, both inherited and acquired, with an emphasis on the pathophysiology of the metabolic acidosis and the development of severe hypokalemia, a striking finding that often brings the patients to medical attention as a result of muscle weakness and paralysis.

Overview of Distal Acidification in DRTA

The site of the nephron responsible for the causation of DRTA is felt to be the late distal convoluted tubule and the collecting tubule. Intercalated cells in these nephron segments are responsible for acid secretion by the α -intercalated cell and bicarbonate secretion by the β -intercalated cell (Fig 1). In α -intercalated cells, urinary acidification involves a combination of energy-dependent proton secretion across the apical surface which is mediated mainly by a hydrogen ATPase and to a lesser extent by a hydrogen potassium ATPase.⁴⁸⁻⁵¹ Basolateral chloride-bicarbonate exchange that serves to transport bicarbonate back into the blood occurs via a band-3 protein, AE1, which is also critically important for the process of continued acid excretion via the apical H^+ -ATPase and H^+/K^+ -ATPase pumps (Fig 1)

DRTA can be attributed to failure of the kidney α -intercalated cells to acidify the urine normally as a result of dysfunction in any of the transporters involved in the overall process of acidifying the urine maximally (Fig 1). In DRTA, urine pH is typically well above 5.5 regardless of the degree of systemic acidosis^{9-13,30,31} (Fig 2). As a result of impaired distal H^+ secretion, there is not only a failure to lower urine pH maximally but also, more importantly, the excretion of acid as ammonium and other buffers, collectively referred as titratable acids, is markedly decreased.^{30,31,43} Typically, the overall level of kidney function is well preserved, and the glomerular filtration rate is normal or near normal so that the formation of ammonia is not limited by a reduced nephron mass. In fact, the associated hypokalemia should increase ammonia formation in the proximal tubule which perhaps provides some degree of compensation for the metabolic acidosis, but this, to our knowledge, has not been formally evaluated. Even when the urine is alkaline, the amount of bicarbonate in the urine is modest and contributes very little to the overall decrease in net acid excretion in DRTA. The decrease in net acid excretion over time results in the development of a hyperchloremic type of metabolic acidosis, the hallmark of DRTA. Kurtz and colleagues⁵² have postulated that the decrease in urine ammonia excretion is associated with increased renal vein ammonia delivery with concomitant HCO_3^- consumption in the urea cycle. This would be in part the consequence of

the relatively high pH that prevails in the collecting tubule when proton secretion is diminished.⁵²

The impaired excretion of both NH_4^+ and titratable acid is generally attributed to the decrease in H^+ secretion by α -intercalated cells in the distal nephron to acidify the urine normally.³³⁻³⁸ This results from dysfunction in any of the acid-base transporters in the intercalated cell involved in the overall process of acidifying the urine (Fig 1). Enhanced bicarbonate secretion by the β -intercalated cell could theoretically also cause decreased net acid excretion, but no cases of DRTA attributable to this mechanism have been clearly demonstrated to date. This could occur with an abnormal targeting of AE1 to the apical rather than the normal location in the basolateral membrane of the α -intercalated cell (Fig 1).

It should be noted that the rate of H^+ secretion by α -intercalated cells is importantly influenced by the rate of Na^+ transport in the neighboring principal cells that are directly involved in Na^+ reabsorption and K^+ secretion but not in H^+ secretion. In the cortical collecting tubule, principal cells are the predominant type.⁴⁹⁻⁵¹ The lumen-negative potential difference usually prevailing in the cortical collecting tubule which is generated

by active Na^+ reabsorption favors the secretion of H^+ and K^+ ions.⁵³⁻⁵⁷ Maneuvers that obliterate lumen electronegativity in the cortical collecting tubule (CCT) have been shown to inhibit H^+ and K^+ secretion.⁵³⁻⁵⁷ In contrast, the medullary collecting tubule secretes H^+ independently of Na^+ transport.⁵⁷⁻⁵⁹ From these observations, we postulated that assessment of acidification by the CCT *in vivo* should be possible

using maneuvers that enhance only sodium-dependent acidification.²³ Furosemide and other loop diuretics should provide a tool to assess sodium-dependent acidification by the CCT. We reasoned that this approach should be more practical than the administration of sodium sulfate, a powerful stimulus for sodium-dependent acidification.²³ First, by blocking $NaCl$ reabsorption in the thick ascending Loop of Henle, loop diuretics increase Na^+ delivery to the collecting tubule. Second, by increasing Na^+ reabsorption in the CCT, they should result in the creation of a favorable transtubular voltage (lumen negative) and thus enhancement of H^+ and K^+ secretion. This postulation requires that a stimulatory effect of loop diuretics on CCT acidification and K^+ excretion be totally or partially prevented by amiloride, an agent well known to block Na^+ reabsorption and to thereby inhibit acidification and K^+ secretion in the CCT.⁵³ Third, furosemide does not exert any direct effect on acidification by the collecting tubule.⁶⁰ The notion that loop diuretics increase sodium-dependent acidification in the CCT was

CLINICAL SUMMARY

- In children, DRTA is most often observed as a primary entity. Growth retardation and bone loss are often present because of chronic metabolic acidosis unless alkaline therapy is initiated early.
- Associated features include nephrocalcinosis, nephrolithiasis, hypercalciuria, and hypocitraturia.
- Patients may suffer from weakness and muscle paralysis due to hypokalemia, a striking feature of DRTA.
- Hearing loss is seen in the autosomal recessive type of DRTA caused by mutations in ATP6V1B1 and ATP6V0A4.

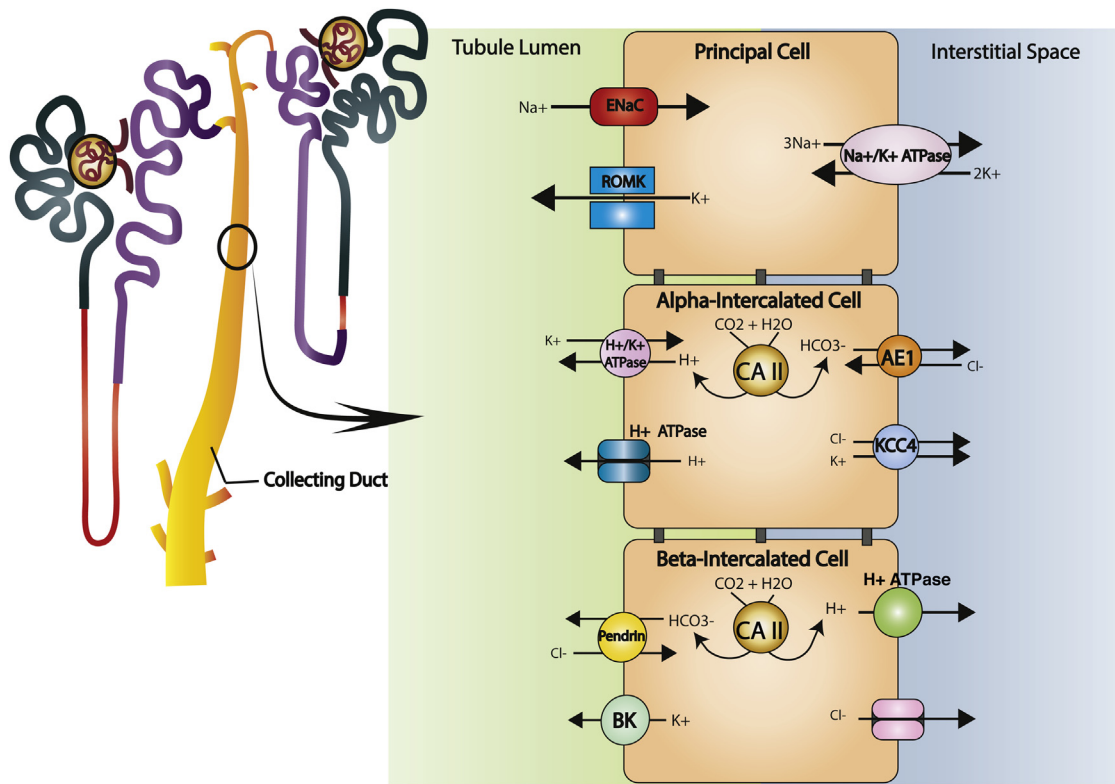


Figure 1. Transepithelial ion transport in principal and intercalated cells. The principal cell (upper panel), shown with the luminal membrane epithelial sodium channel, ENaC, and the renal outer medullary small-conductance K channel (ROMK). The type A intercalated cell (middle panel), bicarbonate and proton generation is catalyzed by cytosolic carbonic anhydrase II (CA II) providing protons for luminal V-type H⁺-ATPases and bicarbonate for basolateral chloride/bicarbonate exchangers including AE1. Type A intercalated cells also express basolateral KCC4 KCl-cotransporters that may function in maintaining low intracellular chloride levels. Type A intercalated cells express also on their luminal membrane H⁺/K⁺-ATPases that serve mostly for preservation of potassium during potassium deprivation and hypokalemia. The type B intercalated cell (lower panel), these cells express a chloride/bicarbonate exchanger called pendrin on the luminal membrane, mediating bicarbonate secretion and chloride absorption. Bicarbonate is produced from CO₂ and H₂O catalyzed by CA II. Type B intercalated cells express a vacuolar-type H⁺-ATPase in the basolateral membrane.

supported by showing that their stimulatory effect on urine pH and urinary acid excretion was prevented by amiloride (Fig 3). This was demonstrated both in normal subjects²³ and in patients with CKD, with and without and hyperkalemic DRTA.^{21,61-63} This was also shown in patients with selective aldosterone deficiency and in adrenalectomized rats demonstrating that sodium-dependent acidification is, at least in part, independent of aldosterone.⁶¹

The obliteration of sodium-dependent acidification by amiloride reveals the importance of intact epithelial sodium channel (ENaC) activity for optimal distal urinary acidification. Distal delivery of sodium to the CCT is likewise very important for optimal H⁺ secretion and thus for prevention/attenuation of metabolic acidosis. This was illustrated in a case study of a patient who self-induced metabolic acidosis with large doses of laxatives and was profoundly volume depleted with avid kidney retention of sodium.⁶⁴ In this patient, the correction of the volume deficit with daily infusions of sodium chloride increased distal sodium delivery and corrected the metabolic

acidosis without the administration of alkali therapy⁶⁴ (Fig 4). It should be noted, however, that in DRTA, the price of attempting to increase sodium-dependent acidification in DRTA is an exaggerated increase in K⁺ excretion (because H⁺ secretion is impaired) and thus the attendant K⁺ wastage with severe hypokalemia. The mechanisms of development of hypokalemia in classic RTA or DRTA are discussed later in this article.

Inherited or Primary DRTA

DRTA may occur as a primary inherited entity or may be acquired as a result of renal tubular damage due to a variety of renal diseases, systemic conditions, or drugs. In children, DRTA is most often observed as a primary or hereditary entity. Because these patients are usually treated with alkali therapy successfully, they experience normal development and are also seen as adults as well. At present, the known mutations resulting in inherited DRTA have been identified in transporters present in α -intercalated cells. These include mutations in the B1 and $\alpha 4$ subunits of H⁺-ATPase, AE1, and cytosolic CA II.^{33,38,43}

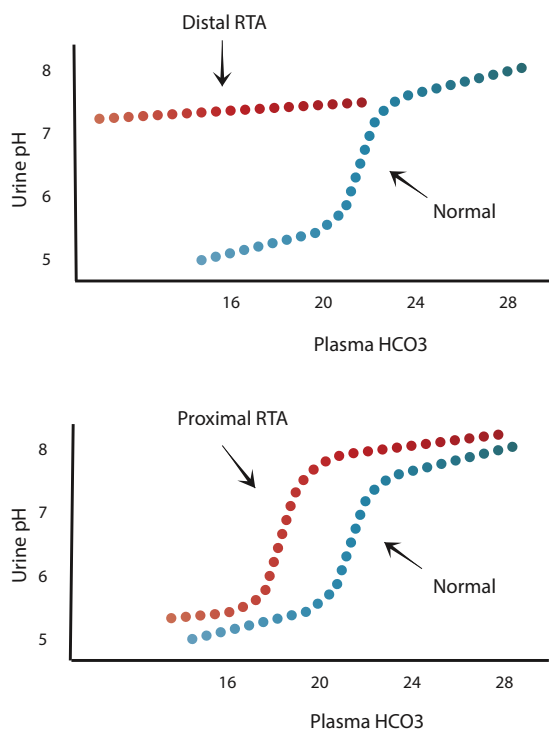


Figure 2. Differences in urine pH and plasma bicarbonate level in distal renal tubular acidosis (RTA) (upper panel) and proximal RTA (lower panel). Modified from Haque and colleagues.⁴⁴

CA II Gene Mutations

By catalyzing the hydration of CO_2 to H^+ and HCO_3^- , cytosolic CA II plays a key role in the intracellular generation of these ions from CO_2 that enters the tubular cells (Fig 1). In fact, the first defect causing inherited DRTA was that attributable to congenital CA deficiency.⁶⁵ CAs are zinc metalloenzymes that catalyze the reversible hydration of CO_2 to form HCO_3^- and H^+ . There are 15 known CAs of which CA II is the most widespread and has the highest catalytic activity.⁶⁶ CA II, CA IV, and CA XII are expressed by the human kidney.⁶⁶ In the kidney, CA II is present in the proximal tubule, thin descending limb, thick ascending limb, and intercalated cells of the cortical outer and inner medullary collecting tubule.⁶⁷

Many different mutations causing RTA have been identified in several families. The pattern of inheritance is autosomal recessive.⁶⁸ Mutations in CA II lead to CA II deficiency, which is measurable in circulating erythrocytes.⁶⁹ CA II deficiency has been reported in several ethnic backgrounds, including Arabic, Italian, German, French, Hispanic, and African-American.⁶⁹ Consanguinity is a common feature in families with CA II mutations.⁷⁰⁻⁷¹

More than 70% of the cases have been reported from the Arabian Peninsula.^{70,71} A study done in patients from Tunisia and Algeria traced the ancestry of all affected patients studied to an old Arab tribe of Helal that had settled there in the 10th century. Clinically, Arabic patients have a very severe phenotype, and severe cognitive impairment is a consistent feature.⁷² Some patients present with osteopetrosis, RTA, cerebral calcifica-

tion, and developmental delay, but no cognitive impairment. CA II deficiency can cause recessive mixed proximal-distal (type III) RTA.⁷² A predominance of the DRTA has been reported in some cases.⁷³⁻⁷⁵

An autosomal recessive syndrome of osteopetrosis, RTA, and cerebral calcification was initially reported in 1972.^{76,77} The cause was not known until 1983 when CA II deficiency was identified as the main defect by Sly and colleagues.⁶⁵ Whyte and colleagues⁷³ investigated 3 sisters who had presented with osteopetrosis in infancy. Although osteopetrosis resolved spontaneously, during adolescence, 2 of them developed basal ganglia calcification. Later, RTA was diagnosed. Whyte and colleagues⁷³ suggested that acidosis might have led to spontaneous resolution of osteopetrosis. In 2004, Shah and colleagues⁶⁹ studied 20 families referred for CA II deficiency. All patients studied had osteopetrosis, RTA, and developmental delay. Cerebral calcification was present in most of the patients. Other studies have reported facial dysmorphism with low-set ears, hypertelorism, and a depressed nasal bridge.^{78,79} There have been very few reports of nephrocalcinosis and kidney stones.⁸⁰ Mild conductive hearing loss has been reported from Saudi Arabia.^{79,81} Middle-ear effusion and ossicular ankylosis as a result of osteopetrosis were found to be the cause.

V-ATPase Gene Mutations

V-ATPases are ubiquitous multisubunit complexes mediating ATP-driven vectorial transport of protons across membranes.^{82,83} They can be fractionated into a V1 domain of 640 kDa and a membrane-associated V0 domain of 240 kDa.⁸³⁻⁸⁵ The peripheral domain (V1) hydrolyzes ATP, and the integral domain (V0) conducts protons. Most of the subunits are expressed as multiple transcript variants from multiple genes with tissue- and cell type-specific expression patterns.⁸² V-ATPases are expressed at very high density in the plasma membranes of several specialized cells in different organs, including the kidney, the inner ear, the epididymis, and bone.⁸⁴

The subunits reported to be involved in human disease are B and a of the V1 and V0 domains, respectively. Subunit "a" has 4 isoforms (a1 to a4), and subunit B has 2 (B1 and B2).⁸⁴ The isoforms that are present in a limited number of tissues, such as those in the kidneys, are B1 (*ATP6V1B1*) and a4 (*ATP6V0A4*). In the kidney, V-ATPases are localized in the apical membrane of α -intercalated cells and in the basolateral membrane of β -intercalated cells⁸⁵ (Fig 1).

Mutations in *ATP6V1B1* and *ATP6V0A4* genes, encoding intercalated cell-specific B1 and a4 subunits, respectively, have been associated with early onset cases of DRTA which are always inherited in a recessive manner.^{36,37,85} Many patients with DRTA and nerve deafness present with mutations in the *ATP6V1B1* gene encoding the B1 subunit of H^+ -ATPase.³⁶ The *ATP6V1B1* gene is also expressed in interdental cells and endolymphatic sac epithelia, accounting for the hearing impairment associated with DRTA caused by mutations in this gene; the hearing loss was bilateral, asymmetrical, and progressive, occasionally with a conductive component.

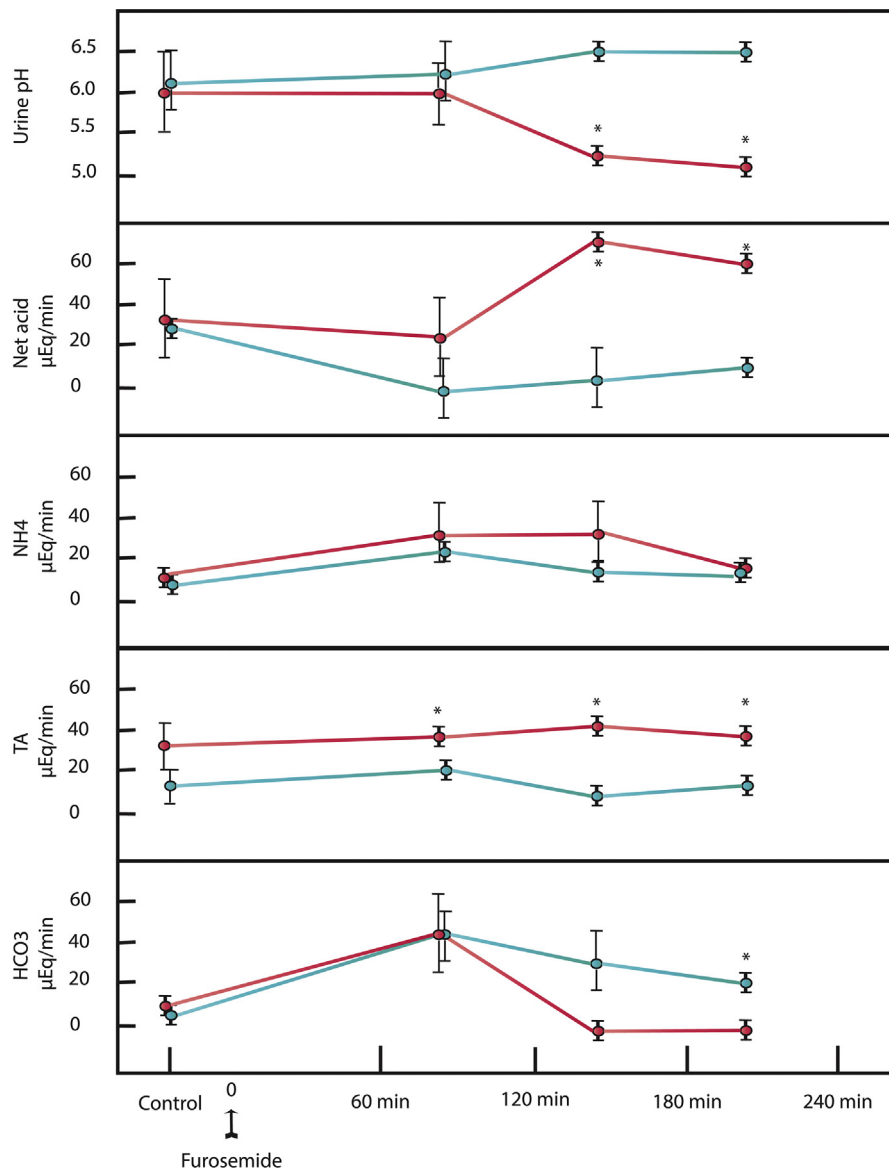


Figure 3. The effect of furosemide (red line) and furosemide + amiloride (blue line) on urinary acidification in normal subjects. The asterisk denotes a significant difference between the 2 experimental conditions. Modified from Batlle, Elsevier, 1986.²³

Sporadic or autosomal recessive DRTA without sensorineural deafness can be caused by mutations in the gene *ATP6V0A4* encoding the 116-kDa subunit of V-ATPase.³⁷ Thirteen kindred with normal hearing were studied. They had presented in early childhood with severe metabolic acidosis, hypokalemia, and normal renal function. Urinary pH was reported to be greater than 6.5. All had nephrocalcinosis, and with the exception of 2, all had elevated urine calcium. A follow-up of these patients found hearing loss in some at a later age. It is now known that *ATP6V0A4* is also expressed within the human inner ear. These findings therefore show that mutations in either *ATP6V1B1* or *ATP6V0A4* can cause hearing impairment.

The mechanisms whereby V-ATPase gene mutations result in impaired proton secretion are not completely un-

derstood. B1 and a4 subunit localization at the apical membrane of α -intercalated cells can be demonstrated by immunofluorescence.⁸⁴ *ATP6V1B1* and *ATP6V0A4* have been shown to display diminished pump activity despite normal pump assembly. Mutations were identified which produce highly disruptive changes likely to result in loss of function of the encoded *ATP6V1B1* and *ATP6V0A4* proteins. Several mutations causing DRTA have been located to the gene encoding these subunits.^{36,37,85} Premature termination codons and frameshift and splice-site mutations have been described in some, whereas in others, missense mutations were identified. The missense mutations are found in evolutionarily conserved residues predicted to interfere with subunit folding or with interaction with neighboring subunits during assembly

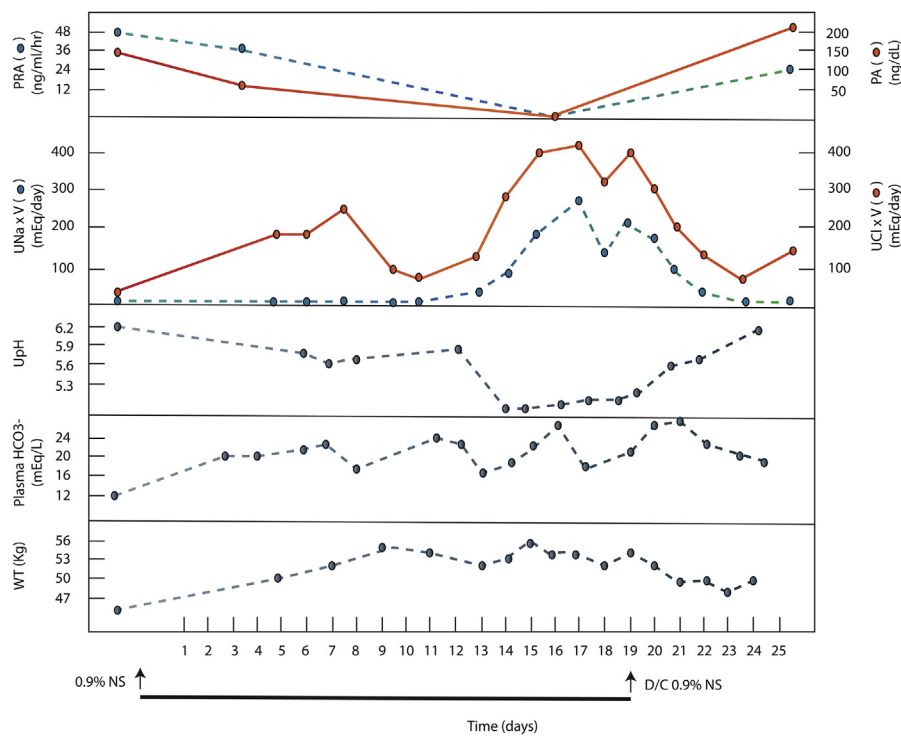


Figure 4. Changes in plasma renin activity (PRA), plasma aldosterone (PA), sodium excretion ($\text{UNa} \times \text{V}$), chloride excretion ($\text{UCl} \times \text{V}$), urinary pH (UpH), plasma bicarbonate, and body weight before the administration of 0.9 M solution of sodium chloride, during its administration (heavy bar), and after its discontinuation. Please note the increase in plasma bicarbonate during the administration of sodium chloride and the decline when it was discontinued. Adapted from Batlle.⁶⁴

of the complex V-ATPase.⁸⁴ Yang and colleagues⁸⁶ showed that in response to acidification, mutants were not incorporated into enzymatically active partial V-ATPase complexes, preventing normal assembly, but trafficked to the apical membrane and inhibited microsomal proton pumping activity. In rat inner medullary collecting duct (IMCD) cells of GFP-B1 fusion proteins containing DRTA-associated missense mutations (from H^+ -ATPase B1 and 31-kDa subunits).⁸⁶ In point mutations of the $\alpha 4$ subunit COOH terminus R807Q and G820R, Su and colleagues⁸⁷ found that G820R mutation caused a complete loss of phosphofructokinase-1 (PFK-1) binding to the $\alpha 4$ subunit without affecting PFK-1 activity, whereas R807Q mutation reduced $\alpha 4$ subunit production rendering V-ATPase inactive.⁸⁷ The G820R mutation in the $\alpha 4$ subunit was later shown to abrogate binding of the glycolytic enzyme PFK-1 and to reduce H^+ -ATPase pump coupling without altering subunit abundance or targeting. Similar yeast expression of the DRTA-associated $\alpha 4$ mutant R807Q resulted in greatly reduced accumulation or loss and complete loss of activity.⁸⁷ Thus, in the context of DRTA, the stability and function of the metabolon composed of H^+ -ATPase and glycolytic components can be compromised by either loss of required PFK-1 binding (G820R) or loss of pump protein (R807Q).⁸⁷

AE1 Mutations

The transport of bicarbonate across the basolateral membrane back into the blood is effected in the α -intercalated

cells by AE1, a polypeptide product of the *SLC4A1* gene (Fig 1). Primary DRTA may be observed sporadically or with autosomal dominant or recessive transmission.^{33-35,41,75,88,89,90} Initially, only the dominant transmission was reported with AE1 mutations, but later, Karet and colleagues⁸⁸ found families with autosomal recessive disease. Clinical histories revealed differences between patients with dominant and recessive disease that may prove useful in the screening of future patients. Interestingly, dominant AE1 mutation cases can present with either complete or incomplete DRTA.^{34,90} In contrast, autosomal recessive patients always present with complete DRTA. Age at presentation was much younger in recessive patients, often diagnosed in infancy. Hypokalemia was more severe, and all recessive patients exhibited growth retardation. Nephrocalcinosis was found in all patients, even in a neonate. In contrast, the dominant patients were identified at an older age, and none of the affected members at 10 years of age had radiologic evidence of nephrocalcinosis. The autosomal recessive AE1 mutations that have been reported are associated with hemolytic anemia as a result of Southeast Asia ovalocytosis.⁸⁹ Hemolytic anemia, however, is often not present in autosomal recessive AE1 mutations.

The molecular mechanisms that render a mutated protein dysfunctional may involve an array of defects spanning from internal sequestration of a given transporter to its mistargeting to the plasma membrane (reviewed in

the study by Batlle and Haque).⁴³ Mutations of *AE1* are thought to give rise to DRTA through 2 types of dysfunction in biosynthetic targeting.⁴³ The first is intracellular retention with dominant negative inhibition of the polypeptide product of the coexpressed wild-type allele. Thus, the first detected *AE1* missense mutation associated with DRTA, *AE1* R589H, is retained in the endoplasmic reticulum of Madin-Darby canine kidney (MDCK) cells and prevents its trafficking to the basolateral membrane.⁹¹ A second class of dominant DRTA-associated *AE1* mutant is delivered to the cell surface but with reversed polarity or loss of polarity. The dominant DRTA mutant *AE1* 901X, with a truncated C-terminal cytoplasmic tail, was localized either to the apical membrane⁹² or to both apical and basolateral membranes of polarized MDCK cells⁹³ effectively short-circuiting acid secretion by cosecreting HCO_3^- and H^+ into the collecting duct lumen. The most common recessive DRTA-causing mutation, G701D, interacts with the chaperone glycoporphin, which appears to rescue the mutant protein in red blood cells.⁹⁴ Glycophorin is absent from intercalated cells, possibly explaining the cell-specific phenotype of this particular mutation.⁹⁵ The autosomal recessive pattern of mutations such as G701D or S773P may be explained by the intracellular retention of mutant proteins while enough normal proteins reach the membrane in heterozygous patients.⁹¹ Misfolding, which leads to impaired function and decreased half-life, has been described with S773P-recessive mutant proteins causing DRTA.⁴¹

CLINICAL FEATURES

In children, DRTA is most often observed as a primary entity.^{38,43,45} Stunted growth and bone loss are often present because of chronic metabolic acidosis. Other associated features that lead to the initial diagnosis include nephrocalcinosis, nephrolithiasis, hypercalciuria, and hypocitraturia. As a consequence of metabolic acidosis, skeletal buffers such as carbonate and phosphate in combination with calcium are removed from the bones resulting not only in bone demineralization but also contributing to hypercalciuria. In addition, expression of renal calcium transport proteins is decreased in metabolic acidosis further promoting calcium excretion and thus development of nephrocalcinosis and kidney stones.³⁹ Metabolic acidosis induced by ammonium chloride causes resistance to the anticalciuric effect of parathyroid hormone.⁹⁶ This could also contribute to the hypercalciuria observed in chronic metabolic acidosis. Citrate excretion is reduced in primary DRTA but not in proximal RTA. Consistent with this difference in citrate excretion, kidney stones are frequent in distal RTA but rare in proximal RTA. Most of the citrate reabsorbed in the proximal tubule is coupled with sodium reabsorption via NaDC-1.⁹⁷ In DRTA, but not in proximal RTA, the metabolic acidosis appears to exert the normal stimulating effect on this transporter, thereby causing a decrease in citrate excretion which predisposes to nephrolithiasis, a key clinical manifestation of the disease.

Patients may suffer from weakness and muscle paralysis due to hypokalemia from renal potassium wastage. Hypo-

kalemia is indeed a striking feature of distal, but not proximal, RTA.⁹⁸ Polyuria is often encountered and is related to the reduced capacity to concentrate urine most likely due to both hypokalemia and nephrocalcinosis. The polyuria can therefore be attributed to an acquired form of nephrogenic DI. Hypermagnesiuria, without changes of plasma Mg^{++} , is a characteristic finding in acidotic patients with primary DRTA and appears to be correctable by administration of sodium bicarbonate.⁹⁹

Progression of nephrocalcinosis may lead to development of CKD.^{45,100-103} Hypokalemic nephropathy associated with tubular hypertrophy and dilatation may cause renal medulla cyst formation.¹⁰⁴ In a study by Evan and colleagues, the renal histology of patients with primary DRTA revealed damage to inner medullary collecting tubules and Bellini ducts, epithelial cell damage, and calcium phosphate deposition.¹⁰⁵ Cyst formation has been documented in hypokalemic states, and it is possible that for the rare patients who progress to CKD, there may be a component of hypokalemic nephropathy that adds to nephrocalcinosis as the cause of declining kidney function. Therapeutic correction of the acidosis early in life by continuous alkali administration induces resumption of normal growth and slows down the progression of nephrocalcinosis with preservation of renal function.^{13,100}

DRTA has been recently reported in 28 patients (range: 1-18 years), with molecular diagnosis in 19 patients of whom 6 had mutations in *ATP6V1B1*, 10 in *ATP6V0A4*, and 3 in *SLC4A1*.¹⁰¹ Children with autosomal recessive DRTA presented at a median age of 3 months. A height of below -2 standard deviation score and nephrocalcinosis were present in all the patients. Medullary cysts were reported in 9 of 24 children.¹⁰¹ Two-third of this cohort presented with partial renal Fanconi syndrome with tubular proteinuria, decreased tubular reabsorption of phosphate, and mild generalized aminoaciduria. After initiation of alkali treatment, the features of renal Fanconi syndrome disappeared in all patients, establishing the correct diagnosis of DRTA in some children who had previously been diagnosed with renal Fanconi syndrome of unknown etiology.

Extrarenal manifestations depend on the gene mutated and the type of mutation. Hemolytic anemia may be seen in some types of hereditary RTA associated with *AE1* mutations, whereas sensorineural deafness is an important feature in H^+ -ATPase mutations (reviewed in the study by Batlle and Haque).⁴³ In a recent study by Palazzo and colleagues,⁴⁵ next-generation sequencing was used in the evaluation of 89 patients with a clinical diagnosis of DRTA, to examine the prevalence of genetic defects in *SLC4A1*, *ATP6V0A4*, and *ATP6V1B1* genes and the clinical phenotype. A complete functional evaluation was not provided in this article, but the diagnosis of DRTA was supported by a positive urine anion gap and failure to lower the urine pH. A genetic cause was determined in 71.9% of cases. The mean age at diagnosis was significantly higher in patients with mutations in the *SLC4A1* gene than that of patients with mutations in the *ATP6V1B1* and *ATP6V0A4* genes. In addition, 92% were reported to have hearing impairment in the group of patients carrying causative mutations in the *ATP6V1B1*

gene and 56.7% of the patients with pathogenic variants in the *ATP6V0A4* gene. Nephrocalcinosis was found in 93% of the patients with mutations. Failure to thrive was reported as a common clinical sign at the onset of suspected DRTA in more than 70% of the patients with mutations in the *ATP6V1B1* and *ATP6V0A4* genes. Hypokalemia was present in 60% of the patients with *ATP6V1B1* and *ATP6V0A4* mutations.⁴⁵

DRTA Variants

The term incomplete DRTA was introduced by Wrong and Davies¹⁰⁶ to designate patients who could not maximally lower the urine pH when challenged by a 1-day ammonium chloride loading test and yet were not spontaneously acidotic. Because these patients were not spontaneously acidotic, it was proposed that they had an acidification defect not yet clinically manifested, and the term incomplete DRTA was therefore coined. The 3 patients originally described by Wrong and Davies and others later described^{107,108} did not appear to have decreased ammonium excretion, which explains the lack of associated metabolic acidosis. The clinical counterpart of this variant of DRTA would be a predisposition to kidney stones and a potential for conversion from incomplete to complete DRTA over time which, however, has been rarely reported. In fact, one could argue that incomplete DRTA is not a real entity but just a variant of normal capacity for urine acidification. Indeed, most studies in this area have lacked normal controls, and it remains unclear whether or not controls would have been able to acidify the urine by the criteria of the acute acid challenge where urine pH is expected to fall below 5.3. Because of the possible association between incomplete DRTA and kidney stone formation, there has been renewed interest on the topic of incomplete DRTA.¹⁰⁹⁻¹¹¹ Of note, cases of incomplete DRTA have been reported as a result of screening for hypocitraturia in families with members suffering from complete DRTA.¹⁰² In the clinical context of hypocitraturia and kidney stone formation potential, the screening for incomplete DRTA would make sense. This is not to say, however, that the ammonium chloride test would be the most sensitive test to detect defects in distal urinary acidification. Patients have been described with an inability to increase urine pCO₂ during bicarbonate loading who were able to lower urine pH below 5.3 during systemic acidosis.^{112,113} All but one of the patients we reported with this pattern of distal acidification did not have spontaneous metabolic acidosis.^{112,113} Many were treated with lithium and had therapeutic levels of it that they had not developed metabolic acidosis.¹¹² Therefore, the definition of incomplete DRTA could be expanded to include patients in whom the only detectable abnormality in urinary acidification is a failure to increase the urine pCO₂ normally, ie, above 60 mm Hg during NaHCO₃ loading. Normal volunteers increase urine pCO₂ above 80 mm Hg during bicarbonate loading.¹¹²⁻¹¹⁴ Bicarbonate loading, however, is a time-consuming test to be performed properly and should be carried out in specialized clinics with careful attention to plasma sodium and osmo-

lality as large amounts of sodium bicarbonate are required to alkalinize the urine to a pH of 7.8 or higher.

Another variant of RTA is the combination with features of proximal RTA. In these cases, there is a reduction in tubular reclamation of filtered HCO₃⁻ as well as an inability to acidify the urine maximally despite severe degrees of systemic acidemia. This pattern may be observed as a transient phenomenon in infants and young children with primary DRTA and does not represent a different genetic entity.¹¹ Combined proximal RTA and DRTA is also observed as the result of inherited carbonic anhydrase II deficiency.

Acquired DRTA

Numerous conditions have been associated with acquired DRTA that is often accompanied by hyperkalemia.¹²⁻¹⁵ Among the causes of acquired DRTA associated with hypokalemia, the most common ones are autoimmune disorders.¹¹¹⁻¹²⁸ Sjögren syndrome (SS) is an important cause of acquired DRTA and very rarely can be associated with proximal tubule defects.¹²⁵ In fact, SS is likely the most frequent cause of acquired hypokalemic DRTA. Moreover, incomplete RTA, defined by normal serum electrolytes but unable to lower urine pH maximally, is also common.^{118,119} In the largest study to date of 130 patients with SS and renal involvement, 95 (73%) developed RTA, 91 with DRTA (66 complete and 25 incomplete) and 4 with PRTA and Fanconi syndrome. Nine patients presented with hypokalemic paralysis.¹¹⁹ Bossini and colleagues¹¹⁶ reported complete and incomplete DRTA in 60 patients with SS. The ammonium chloride (NH₄Cl) test, however, was only performed in 12 patients. Recently, urinary acidification was assessed in 57 SS patients using NH₄Cl and furosemide and fludrocortisone (FF).¹¹⁸ The prevalence of complete DRTA was 3 in 57 patients (5%) but that of incomplete DRTA was 14 of 57 patients (25%). All subjects underwent both the urinary acidification tests using NH₄Cl and FF on separate days with a minimum of 1 week between the tests. Compared with NH₄Cl, the positive and negative predictive values of FF were 46% and 82%, respectively.¹¹⁸

Other manifestations of this chronic autoimmune disorder have been studied best in adult-onset SS.¹²⁶ Because they are so rare in pediatric population, most manifestations in pediatric patients have not been studied systematically, and diagnosis and management are usually inferred from experience with adults.¹²⁰ In a recent report, 12 pediatric cases were identified: 2 from chart review and 10 from the literature. RTA was mostly associated with primary SS. Parotid gland swelling, the most common presenting finding in pediatric SS, was documented in half the cases.¹²¹ RTA was detected at the onset of SS or up to 9 years later. Impressively, hypokalemia was present in 92% of cases. A diffuse "tubulopathy" from interstitial nephritis was the predominant histopathological finding. RTA could be determined in 9 cases and was distal in 4 of 9 (44%) and proximal in 2 of 9 (22%), whereas 3 of 9 cases (33%) had features of both. SS should be considered in the older children with otherwise unexplained RTA.¹²¹

Kidney biopsies in patients with SS typically show features of chronic interstitial nephritis with focal or diffuse plasma lymphocytoid infiltration.¹²² Although the pathogenesis of the RTA in SS is unclear, immune-mediated damage to acid-secreting cells in the kidney has been proposed. Several reports suggest that autoantibodies against carbonic anhydrase or acid-base transporters are involved in the pathogenesis of DRTA in SS. Cohen and colleagues¹²² first showed lack of staining for H⁺-ATPase in collecting tubules from patients with SS. Defranco and colleagues¹²³ used antibodies to the 31- and 56-kD kidney-specific subunits of H⁺-ATPase, demonstrating complete absence of these vacuolar pumps. In addition, an antibody against the anion exchanger (AE1) present in the basolateral membrane of intercalated cells did not react with the patient's kidney. In another study of 46 patients with SS (13 with RTA), the patients with RTA had significantly elevated antibody levels to CA II.¹²⁴ The same authors reported that mice injected with human CA II developed antibodies against CA II and a syndrome pathologically similar to SS with lymphocyte and plasma cell infiltration of the salivary glands and kidneys. When challenged with an acid load, the animals were unable to acidify their urine.¹²⁷ It is unclear, however, if these findings are pathogenic or secondary to immune-mediated cellular damage.¹²⁸

A similar histologic picture characterized by interstitial lymphocyte infiltration, hence an immunological cause for V-H⁺ ATPase loss, has been suspected in kidney transplant recipients during acute or chronic graft rejection. Acquired DRTA has been well reported after kidney transplantation.¹²⁹⁻¹³¹ A study investigated the tubular expression of V-H⁺ ATPase in kidney transplant recipients and found decreased staining in 50% of them.¹³² However, the study was hampered by the low number of patients included and the use of a nonspecific V-H⁺ ATPase antibody. Recently, in 14 transplant recipients who had DRTA type I, 5 patients were classified as having a rate-dependent RTA, 6 had type IV DRTA, and 12 had no RTA; immunostaining of the kidney was performed using a polyclonal antibody against the G3 subunit of V-H⁺ ATPase.¹³³ The loss of V-H⁺ ATPase expression was similar in patients with DRTA type I (21%), type IV (25%), and rate limited RTA (21%). The decrease of V-H⁺ ATPase expression concerned mainly the apical location and not the intracellular distributed V-H⁺ ATPase, which mediates vesicle acidification. Despite a decrease in V-H⁺ ATPase expression in all transplant kidneys, only some of the recipients had clinical symptoms of DRTA, suggesting that they might have incomplete DRTA.¹³³ Alternatively, the decrease in staining may have been unrelated to any acidification defect.

It might be also possible that additional or separate defects in other proton-regulating pumps determine the extent of decreased acid excretion. A loss of AE1 and CA II in transplant recipients, however, has not yet been demonstrated in a large group.¹³³ In addition, related specific factors such as immunosuppressive therapy could be involved. Post-transplant DRTA has been related to cyclosporine A or tacrolimus.^{134,135} Tanrisev and colleagues¹³⁶

evaluated adult renal transplant patients: 82 patients on mTORi and 55 patients on CNI. Frequency of RTA was 35% in the mTORi group and 42% in the CNI group. DRTA was common in both the groups and was affected by duration of time since transplantation and graft function.¹³⁶ The precise underlying mechanism of this effect of CsA is unknown. Cyclophilins A and B catalyze the isomerization of peptidyl prolyl bonds, thereby accelerating slow steps in protein folding and oligomerization.¹³⁷ The mechanism of conversion of β - to α -intercalated cell is critically dependent on the deposition of an extracellular matrix protein, hensin.¹³⁸ During the adaptation of β -intercalated cells to lowering the bath pH, hensin becomes deposited in the extracellular matrix (ECM) under the β cells. Deposition of hensin in the ECM requires extensive polymerization.¹³⁹ Productive formation of polymerized hensin from monomers with the underlying slow prolyl *cis-trans* isomerization reactions of the proline-rich segments of hensin might benefit from peptidyl prolyl *cis-trans* isomerase (PPIase) catalysis by avoiding aggregation-prone folding intermediates.¹⁴⁰ Watanabe and colleagues¹⁴¹ suggested that hensin polymerization around adapting β -intercalated cells requires the PPIase activity of cyclophilins. CsA is able to prevent this adaptation by inhibition of a PPIase activity. This inhibitory effect of CsA may cause DRTA during acid loading.

The mechanism of development of an RTA picture in patients on mTOR inhibitors also remains unclear. V-H⁺ ATPase function is necessary for activation of mechanistic target of rapamycin complex 1 (mTORC1). mTOR, which is a protein kinase, nucleates 2 complexes, mTOR complex 1 and complex 2 (mTORC1 and mTORC2). The role of the V-ATPase in mTORC1 signaling is unique in which the pump directly contributes to signaling of the pathway, although the precise mechanism of its involvement is unknown.¹⁴² Recent studies have demonstrated that genetic deletion of *TSC1* (which encodes tuberous sclerosis complex protein 1), with ensuing constitutive activation of mTORC1 in collecting ducts, was associated with hyperkalemia and metabolic acidosis.¹⁴³ mTORC1 activation caused endoplasmic reticulum stress, columnar cell lesions, and dedifferentiation of collecting duct cells with loss of aquaporin-2 and epithelial-mesenchymal transition-like phenotypes.¹⁴³ Also, mTORC1 negatively regulated the expression of serum- and glucocorticoid-inducible kinase 1, a kinase crucial for collecting duct cell function, by regulating the expression and/or activity of ENaC, renal outer medullary potassium channel (ROMK), and Na⁺/K⁺-ATPase.¹⁴⁴ This could contribute to mTORC1 activation-induced aldosterone resistance and hyperkalemia.¹⁴³ However, for these results, it was not possible to delineate whether defective electrolyte handling was due to tubular dedifferentiation or primary changes in ion transport. Another recent *in vivo*-based study using structurally distinct competitive mTOR kinase inhibitors (PP242 and AZD8055) reported significant natriuresis but not kaliuresis.¹⁴⁵ Indeed, it was demonstrated that PP242 substantially inhibited Na⁺ currents in isolated perfused CCDs but did not alter activity of K⁺ inwardly rectifying channels (ROMK channels).¹⁴⁵ These new

findings suggest that mTOR, probably through mTORC2, preferentially regulates ENaC function rather than the associated K^+ secretory pathway ROMK.¹⁴⁵ In contrast, Grahammer and colleagues¹⁴⁶ showed that mTORC2 deficiency dramatically reduces ROMK activity, whereas ENaC activity was only mildly impaired. In transgenic mouse model of mTORC2 ablation from distal tubular segments, the authors showed a cell-intrinsic role of mTORC2 as a key regulator of K^+ handling. Increased K^+ levels resulted in an upregulation of mTORC2 expression and activity. mTORC2 in turn phosphorylates PKC α and serum- and glucocorticoid-inducible kinase 1, thereby regulating ROMK abundance and current at the plasma membrane. The clinical counterpart of these findings as it relates to Rapamycin use and its effect on plasma K^+ needs further work. It is well known however that Rapamycin use is associated with lower serum K^+ levels than the use of calcineurin inhibitors.¹⁴⁷

Hypokalemia in DRTA: How Does It Develop?

The mechanism of the striking hypokalemia often seen in patients with DRTA has remained an enigma.⁹⁸ To date, the precise mechanism of hypokalemia remains unknown. A permeability defect, causing passive K^+ secretion, as it occurs with amphotericin B administration could readily explain it. Amphotericin B was first described as a cause of hypokalemic DRTA,¹⁴⁸ and the mechanism of defective acidification was soon uncovered by Steinmetz and Lawson using the bladder as an epithelial analog of the human collecting duct.¹⁴⁹ Altered ion permeability caused by amphotericin B explains some of its renal toxic effects.^{150,151} Plasma renin activity and aldosterone do not increase during amphotericin B treatment.¹⁵² All of the aforementioned details suggest that alterations in the permeability of tubular cells in the distal nephron are the likely cause of renal potassium wastage induced by amphotericin B. It is known that amphotericin B increases passive flux of cations, and this effect greatly augments K^+ secretion down its electrochemical gradient in the collecting tubule.¹⁵⁰ The impaired urine acidification associated with amphotericin B administration is caused by increased passive permeability of the luminal membrane and increased back diffusion of H^+ , rather than by failure of active transport.^{145,151} This ionic "leakiness" of the distal nephron for K^+ and H^+ induced by amphotericin B is the presumed cause of hypokalemic DRTA. Because a permeability defect as a mechanism of DRTA is unique to amphotericin B, however, alternative explanations are clearly required to explain the hypokalemia.⁹⁸ Exposure to toluene usually by inhalation (sniffing) also causes a picture of hyperchloremic metabolic acidosis with hypokalemia which resembles DRTA induced by amphotericin B.¹⁵³⁻¹⁵⁶ Unlike amphotericin B, toluene even at very high concentrations does not cause proton back leak in turtle bladder preparations.¹⁵³ It should be noted that much of the metabolic acidosis that develops in toluene sniffers may be caused by organic acid overproduction from the metabolism of hippurate.¹⁵⁷ In fact, the plasma levels of hippuric acid in some cases can exceed 30 mg/mL and fall rapidly after cessation of sniffing; in this

time, the metabolic acidosis resolves and plasma K^+ increases.¹⁵³ This is not to say, however, that these patients do not have a distal acidification defect. In a study in which we measured urine pCO_2 in alkaline urine after bicarbonate loading, a normal increase in urine pCO_2 was not seen in the 3 patients studied which is evidence for a decreased capacity for collecting tubule H^+ secretion.¹⁵³ Also consistent with DRTA is the finding that the urine pH is typically above 5.5 during metabolic acidosis, and moreover, the levels of urine ammonium were decreased in some of these patients.¹⁵³ In some cases, however, urine ammonium excretion is relatively high, which is not consistent with DRTA.¹⁵⁷ This may be because of transient DRTA in some cases of toluene sniffing or reflect that ammonium excretion is not sufficiently increased in the face of severe metabolic acidosis. In other words, were it not for the mild/reversible distal acidification defect, ammonium excretion would be higher in the face of severe metabolic acidosis. In a large study of toluene-intoxicated patients, most patients (18/20) showed some level of metabolic acidosis and hypokalemia, with evidence of renal K^+ wasting.¹⁵⁶ Mean urine pH was inappropriately high suggesting DRTA.¹⁵⁶ As to the cause of the urinary K^+ wastage, the excretion of hippurate mandates the excretion of a cation which may be NH_4^+ , Na^+ , or K^+ .¹⁵⁷ Increased excretion of K^+ as a result of this may account in part for the transient hypokalemia seen in toluene sniffers.

The precise cause of hypokalemia in classic or type I DRTA remains unknown. It is important to note that hypokalemia is a central feature of hereditary forms of DRTA in which the molecular mechanism is now known and attributable to specific acid-base transporters in α -intercalated cells which are not directly involved with K^+ transport (reviewed in the study by Moorthi and colleagues).⁹⁸ Therefore, the renal potassium wastage needs to be related most likely to increased K^+ secretion via ROMK in principal cells or via maxi-K voltage-gated potassium channel (BK) in β -intercalated cells or both as discussed in the following.

Sebastian and colleagues^{158,159} proposed that patients with DRTA have some degree of sodium wastage with mild volume depletion leading to increased aldosterone levels and stimulation of collecting tubule K^+ secretion. Aldosterone over secretion could be expected as a result of sodium wastage, which has been documented occasionally in some patients with DRTA. It is unlikely, however, that aldosterone levels would be increased in the face of protracted potassium depletion, which suppresses aldosterone secretion, and indeed, few studies have reported aldosterone data from patients with severe hypokalemic DRTA. Factors other than secondary hyperaldosteronism need to be considered as responsible for the development of severe hypokalemia. Earlier studies had suggested that hypokalemia was ameliorated with sodium bicarbonate or phosphate but not sodium chloride.¹⁶⁰ Later, however, it was shown that hypokalemia was not corrected by treatment of the metabolic acidosis with alkali therapy.¹⁵⁹ This is not surprising considering that administration of bicarbonate

promotes K^+ secretion. Another contributing factor could be the polyuria and nephrocalcinosis that these patients develop. But that alone is not a satisfactory explanation.

An attractive (yet ruled out) mechanism that could account for hypokalemia is the existence of a defect in the renal K^+/H^+ -ATPase pump.¹⁶¹ Renal K^+ excretion is determined not only by active K^+ secretion localized largely to the distal tubule and cortical collecting tubule but also by active K^+ absorption localized, at least in part, to the outer medullary collecting tubule.^{162,163} Activation of K^+ conservation in the outer medullary collecting tubule prevents further K^+ wastage while producing enhanced proton secretion. If the K^+/H^+ -ATPase pump in the medullary collecting tubule was defective in DRTA, one would expect the development of both hypokalemia and metabolic acidosis. Thus, the classic features of RTA could be explained readily by such a defective mechanism. Vanadate, a nonspecific H^+ - K^+ -ATPase inhibitor, given to rats was reported to cause hypokalemia and metabolic acidosis, suggesting impaired H^+ - K^+ -ATPase activity as the mechanism responsible for hypokalemia and acidosis.¹⁶¹ This explanation, however, cannot account for the finding that different genetic defects in acid-base transporters in intercalated cells are associated with hypokalemia as previously reviewed.⁹⁸ Moreover, no defect in genes encoding the H^+ - K^+ -ATPase pump has ever been reported in patients with DRTA. Simpson and Schwartz¹⁶⁴ described a case report of an infant with hypokalemic DRTA, the pathophysiology of which was proposed to be a deficiency or defect in the colonic H^+ - K^+ -ATPase activity. However, no genetic probes were available to confirm this proposition. In the absence of a direct genetic analysis, a role of the H^+ - K^+ -ATPase in causing DRTA, with severe hypokalemia, remains an unproven possibility. There could be a decreased K^+ reabsorption in the proximal tubule and the thick ascending limb causing K^+ wastage, but there is no evidence to support this mechanism either.

Could the acidosis itself play a role in the causation of hypokalemia? ENaC-mediated Na^+ transport in the cortical collecting tubule is increased by low pH,¹⁶⁵ and stimulation of ENaC activity can lead to enhanced K^+ secretion. Also a low intracellular pH inhibits basolateral Kir4.1/5.1 K^+ channel^{166,167} which could decrease NCC activity in the distal tubule. This would increase cortical collecting tubule sodium delivery and increase ENaC activity. In patients with hypokalemic DRTA, the addition of amiloride may help reduce the amount of K^+ supplementation which is consistent with preexisting increased ENaC activity in DRTA, but of course, there is no proof for it. What is known is that acidification and potassium secretion are clearly dependent on sodium transport in the collecting tubule and therefore inhibited by amiloride (Fig 3). It is possible that intactness of sodium transport or enhancement of it via ENaC stimulation by acidosis may cause augmented potassium secretion while H^+ secretion remains impaired by the very defect that causes the DRTA.

Hypokalemia development in DRTA could be conceptualized as the result of enhancement of potassium secretion

attributable to an increase in voltage (lumen negative) in the collecting tubule. Normally, this negative voltage created by sodium transport in the cortical collecting tubule is attenuated by H^+ secretion. In the medullary collecting tubule, the voltage becomes lumen positive as a result of H^+ secretion. Failure to secrete hydrogen ions in DRTA can only result in a more favorable transtubular gradient for potassium secretion. According to this view, the administration of amiloride could correct the hypokalemia but could also aggravate the acidosis by diminishing H^+ secretion which is already curtailed by the very defect that causes DRTA. Although we favor this explanation, we realize that it may be over simplistic. An interesting study by Guetin and colleagues¹⁶⁸ provided new insights into the possible mechanisms of potassium wastage and salt wastage in DRTA. These authors used Finberg's mouse model of incomplete DRTA caused by disruption of the ATP6V1B1 gene encoding for the β 1 subunit of the H^+ -ATPase.¹⁶⁹ In this model, they found evidence of renal loss of Na^+ , Cl^- , K^+ , and water, causing hypovolemia, hypokalemia, and polyuria.¹⁶⁸ They interpreted their data as evidence that the cortical collecting tubule was the site of sodium wastage because the activity of both the apical ENaC and the apical pendrin/ Na^+ -driven chloride/bicarbonate exchanger was decreased.¹⁶⁸ ENaC activity in the medullary collecting tubule, by contrast, was markedly increased suggesting a localized inhibition in the cortex.¹⁶⁸ To explain this disparity, the authors proposed that β -intercalated cells, deficient on ATP6V1B1, impair the function of neighboring principal cells, which normally transport sodium, water, and potassium, through a paracrine ATP/prostaglandin E_2 (ATP/PGE₂) signaling cascade. PGE₂ production has a primary role in downregulating ENaC expression and function of the CCD of ATP6V1B1-deficient mice.¹⁶⁸ In the collecting tubule, luminal ATP via activation of purinergic receptors inhibits ENaC-dependent Na^+ transport.¹⁷⁰ Guetin and colleagues¹⁶⁸ concluded that β -intercalated cells are an important site of ATP release, which triggers the local production and release of PGE₂ through purinergic receptor activation, and that β -intercalated cells can downregulate ENaC in the neighboring principal cells through this paracrine system.

Of note, in this study, an increased abundance of the ROMK in the medulla and the BK channel in the cortex was found in mice with ATP6V1B1 deficiency.¹⁶⁸ These findings alone, in our view, help to explain the increased K^+ wastage in this model of incomplete DRTA and are likely relevant to human disease as well. The authors, however, proposed a complex mechanism whereby in this model of ATP6V1B1 deficiency in α -intercalated cells, the associated deficiency of H^+ -ATPase in the β -intercalated cells induces release of PGE₂ through activation of calcium-coupled purinergic receptors.¹⁶⁸ Of interest also is the finding that indomethacin treatment for only 48 hours improved the abnormal ENaC regulation in the cortical collecting tubule suggesting a disturbance in PGE₂ paracrine signaling, whereas the reduction of pendrin is a direct consequence of proton-pump dysfunction. Apical ROMK channels are expressed in principal cells,

and K^+ secretion through ROMK channels depends on electrogenic Na^+ transport. It is unlikely that K^+ secretion occurs through excessive activity of ROMK in ATP6V1B1-deficient cortical collecting tubule because ENaC activity in this tubule segment is reduced. BK channels have been primarily detected in apical membrane of intercalated cells (Fig 1). High luminal flow rates are known to enhance K^+ secretion due to activation of BK channels.¹⁷¹ Thus, elevated urinary flow in ATP6V1B1-deficient model probably activates BK channel and K^+ secretion. In line with this hypothesis, BK channel expression was increased in mutant mice, and a reduction of urinary flow by indomethacin normalized the expression level of BK channel and decreased urinary K^+ excretion in ATP6V1B1-deficient mice. Taken together, these results indicate that renal K^+ loss in ATP6V1B1-deficient mice may be in part a consequence of activation of flow-activated BK channels in β -intercalated cells. It would be very informative to examine the expression of BK and ROMK channel in kidney biopsies from patients with RTA.

Diagnostic Evaluation

The initial evaluation of someone suspected of having DRTA includes a clinical history for clues of associated renal and extrarenal manifestations of DRTA as well as family history for possibly afflicted members.¹⁷² Extrarenal manifestations include the presence or absence of hearing impairment and stunted growth during childhood with episodes of hospitalization for electrolyte imbalances. A renal ultrasound to rule out or confirm nephrocalcinosis is always indicated.¹⁷² Other clinical manifestations to look for are discussed under clinical features.

Laboratory investigations should include a 24-hour urine excretion analysis for the measurement of urinary calcium, citrate, and magnesium as well as sodium, potassium, and chloride. Random urine sample can provide information about the urine anion gap ($Na^+ + K^+ - Cl^-$) which is always positive despite the presence of metabolic acidosis in patients with DRTA.¹⁷³

The urine anion gap is useful in the presence of metabolic acidosis as a way to estimate urine ammonium which is consistently reduced in DRTA but increased in other types of metabolic acidosis such as diarrhea.^{173,174} Patients with DRTA always have a positive urine anion gap or very slightly negative, reflecting impaired ammonium excretion in the face of acidosis. When plasma bicarbonate is not reduced in the presence of CKD, the urine anion gap is predictably positive and should not be used as a marker for ammonium excretion. The significance and limitations of the urine anion gap have been recently discussed elsewhere.¹⁷⁴

All that is usually needed for confirmation of DRTA is to document a low rate of acid excretion and failure to lower urine pH.¹⁷² The urine pH is helpful to distinguish the different types of RTA. The urine pH is high in proximal RTA unless when plasma bicarbonate falls to a level in which the proximal tubule can reclaim the filtered bicarbonate load (Fig 2). Therefore, urine pH can be reduced almost normally when plasma bicarbonate is low, whereas it is never below 5.5 in patients with hypokalemic DRTA.

The urine pH is also low in RTA associated with aldosterone deficiency or type IV RTA because of low buffer excretion.

Urine pH can be evaluated during spontaneous metabolic acidosis or after administration of an acidifying salt. It can also be assessed by the infusion of sodium sulfate or after giving a loop diuretic such as furosemide or bumetanide (Fig 3). These provocative tests assess Na^+ -dependent acidification and can provide additional useful mechanistic information. Furosemide or bumetanide increase distal Na^+ delivery, thereby enhancing thenegative transepithelial potential in the collecting duct and stimulating H^+ and K^+ secretion. The mechanism of furosemide effect on urine pH can be shown by preventing sodium transport via the ENaC in the cortical collecting tubule using amiloride.²³ As shown in Figure 3, the lowering urine pH effect of furosemide is totally prevented by the concurrent administration of amiloride.⁵² It is currently unknown to what extent the administration of amiloride would attenuate the effect of acid loading on urine pH and acid excretion. One would predict, however, that it would attenuate the stimulatory effect of acid loading on distal acidification to a significant extent given the importance of sodium-dependent distal acidification. To ensure sodium avidity, the furosemide test can be carried out with FF (1 mg) before administration of furosemide.¹⁷⁵

When the urine is highly alkaline, as occurs after a properly conducted $NaHCO_3$ -loading test, urine pCO_2 increases as a result of distal H^+ secretion. H^+ reacts with luminal HCO_3^- to form carbonic acid (H_2CO_3).¹⁹⁻²³ Carbonic acid dehydrates slowly in the medullary collecting duct to form CO_2 , which is trapped in this area of the kidney. Provided that urine pH and HCO_3^- concentration increase above 7.8 and 80 mmol/L, respectively, the urine-to-blood pCO_2 gradient should be greater than 25 mm Hg in normal individuals. In patients with DRTA, the urine pCO_2 fails to increase, and the U-B pCO_2 gradient therefore remains only slightly above zero.^{19-23,112-114} This is a test of capacity for H^+ secretion which is highly sensitive in detecting mild defects in distal acidification.^{112,114}

Other Evaluations of Potential Interest

Immunohistochemical study of renal tissue using antibodies against H^+ -ATPase and AE1 in renal biopsy specimens from DRTA patients is sparse but has provided important information on patients with congenital DRTA or certain forms of acquired DRTA by demonstrating that V-ATPase expression is very low or absent.^{122,176-179} Moreover, the reduction of both H^+ -ATPase and AE1 has been reported in intercalated cells from biopsies of DRTA patients. In acquired DRTA, some studies, however, have failed to demonstrate concordance between clinical chemistry data and immunohistochemistry.¹⁷⁷ Biopsy samples from patients with AE1 mutation are rare, and only 2 cases have been reported. The absence of AE1 luminal expression was detected in the kidney from a patient carrying the S613F mutation.¹⁷⁶ However, some intracellular AE1 staining was detected; AE1 was absent from the basolateral side. Interestingly, the number of α -

intercalated cells appeared to be greatly reduced in this particular kidney biopsy, and the remaining α -intercalated cells appeared small and abnormal in shape. In the kidney from a patient with a R589H mutation and dominant DRTA, no AE1 staining was detected in intercalated cells that were reduced in number.¹⁷⁹ It would also be of great interest to examine the status of the potassium channels (ROMK and BK) and ENaC to gather information on mechanisms causing urinary potassium wastage and hypokalemia as described previously.

Recently, it has been reported that diagnosis of DRTA from B1 subunit mutations or nongenetic causes can potentially be confirmed by urinary exosome analysis.⁴⁶ True urinary exosomes are released into the urine by fusion of the outer membrane of the specialized multivesicular bodies with the apical plasma membrane during vesicular trafficking.^{46,180} Pathare and colleagues⁴⁶ demonstrated that both B1 and B2 V-ATPase subunits can be specifically detected in human urinary exosomes by immunoblotting. It was shown that acute systemic acid-base changes exert rapid and significant changes in the abundance of the B1, but not the B2, subunit in human urine from healthy individuals, probably via a mechanism involving translocation of this apical protein. In contrast, in patients with inherited or acquired DRTA, the urinary B1 subunit was extremely low or undetectable and did not respond to acid loading in urine. No change in B2 subunit was found supporting a possible exclusive role of the B1 subunit for maximal distal urinary acidification in humans.⁴⁶

The diagnosis of DRTA is essentially based on clinical and laboratory findings. However, genetic testing for *SLC4A1*, *ATP6V1B1*, and *ATP6V0A4* genes can be included as well. Next-generation sequencing had been reported to disclose new pathogenic variants in patients with a clinical diagnosis of primary RTA.^{45,181}

TREATMENT

The aims of treatment of classic RTA are not only to correct the biochemical abnormalities but also to improve growth in children, maintain skeletal bone integrity, and prevent nephrolithiasis and nephrocalcinosis. This last point is important as progressive nephrocalcinosis ultimately may lead to CKD and occasionally to ESRD. A mixture of sodium and potassium salts is usually recommended. Polycitra (a mixture of sodium and potassium citrate) is an oral solution that contains 1 mEq of K^+ and 1 mEq of Na^+ per milliliter. The citrate, when metabolized by the liver, is equivalent to 2 mEq of HCO_3^- per milliliter. Alkali therapy should provide an adequate base to balance daily acid production.^{182,183} Production of acid is higher in children (2 mmol/kg/d) than in adults (1 mmol/kg/d) because of H^+ release from bone during the process of skeletal growth. In young infants, as much as 5 to 8 mmol/kg/24 h of citrate (or bicarbonate) may be needed, whereas amounts of about 3 to 4 mmol/kg/24 h and 1 to 2 mmol/kg/24 h are required in children and adults, respectively. Potassium citrate alone can also be used, and in children, an amount of 4 mmol/kg/24 h is recommended. Citrate salts correct the hypocitraturia

and prevent nephrolithiasis.¹⁸² This organic anion also corrects the metabolic acidosis, thereby decreasing urine calcium excretion.

To normalize urine citrate, calcium, and also potassium excretion, patients are typically treated with K^+ citrate (1-4 mEq/kg/d) until the plasma bicarbonate increases to at least 22 mEq/L. With the administration of alkali usually in the form of citrate, the urine pH goes up which could foster kidney stone formation. This is usually offset by the benefit of reducing calcium excretion and increasing citrate excretion as the acidosis is corrected with alkali therapy. Thiazides have been considered to reduce calcium excretion and improve the acidosis, but they will worsen the hypokalemia and, in our opinion, should not be used.

Treatment of hypokalemia relies on the administration of potassium usually as potassium citrate. Occasionally, the use of amiloride has been reported to reduce potassium wastage.¹⁸⁴ Although we think that amiloride is effective to reduce K^+ wastage, studies in this area would be needed before using amiloride as part of the treatment of hypokalemic DRTA because of the concern that by reducing sodium-dependent acid excretion, it may worsen the metabolic acidosis. In cases in which the hypokalemia is very difficult to correct with large doses of potassium citrate, amiloride may be tried but with careful attention to the likely worsening of plasma bicarbonate level, which is to be anticipated.

Treatment of DRTA with alkali therapy, although effective, is sometimes challenging because of the "pill burden" as many tablets a day are needed to provide sufficient alkali dosing, and when liquid solutions are used, their poor palatability may reduce compliance.¹⁸⁵ Because of this, there may be a space for novel therapies for the treatment of metabolic acidosis. A prolonged-release granule combination product (ADV7103), with improved tolerability and palatability, is currently being tested. Another product for metabolic acidosis is TRC101, a sodium-free, nonabsorbed hydrochloric acid binder shown recently to increase serum bicarbonate in patients with CKD.¹⁸⁶ TRC101 is mechanistically distinct from bicarbonate supplementation as a means of correcting metabolic acidosis. TRC101 is an orally administered, insoluble, nonabsorbed polymer that selectively binds, retains, and removes H^+ and Cl^- under the pH and ionic conditions encountered in the human GI tract.^{187,188} The high amine content of the polymer provides a substantial H^+ -binding capacity (5-10 mEq/g polymer) sufficient to achieve the desired effect of serum bicarbonate normalization in a daily dose of the drug that is small enough to ensure good patient compliance (e.g., <10 g/d). The selective binding of Cl^- allows the unhindered GI absorption of larger anions from the intestine, such as short-chain fatty acids that serve as bicarbonate equivalents after they are metabolized.^{187,188} Thus, serum bicarbonate could be increased with TRC101 treatment without the addition of exogenous bicarbonate (or as a way to reduce the relatively large supplementation usually needed). TRC101 is not an exchange resin and binds HCl without introducing a

counter ion; therefore, no changes in serum sodium, potassium, calcium, or magnesium are anticipated during TRC101 treatment. To our knowledge, this therapy has not been examined in patients with DRTA but may be worthy of consideration.

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