# Stabilization of low-order cross-grid $P_{k} Q_{l}$ mixed finite elements 

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#### Abstract

In this paper we analyze a low-order family of mixed finite element methods for the numerical solution of the Stokes problem and a second order elliptic problem, in two space dimensions. In these schemes, the pressure is interpolated on a mesh of rectangular elements, while the velocity is approximated on a triangular mesh obtained by dividing each rectangle into four triangles by its diagonals. For the lowest order $P_{1} Q_{0}$, a global spurious pressure mode is shown to exist and so this element, as $P_{1} Q_{1}$ case analyzed in Armentano and Blasco (2010), is unstable. However, following the ideas given in Bochev et al. (2006) , a simple stabilization procedure can be applied, when we approximate the solution of the Stokes problem, such that the new $P_{1} Q_{0}$ and $P_{1} Q_{1}$ methods are unconditionally stable, and achieve optimal accuracy with respect to solution regularity with simple and straightforward implementations. Moreover, we analyze the application of our $P_{1} Q_{1}$ element to the mixed formulation of the elliptic problem. In this case, by introducing the modified mixed weak form proposed in Brezzi et al. (1993), optimal order of accuracy can be obtained with our stabilized $P_{1} Q_{1}$ elements. Numerical results are also presented, which confirm the existence of the spurious pressure mode for the $P_{1} Q_{0}$ element and the excellent stability and accuracy of the new stabilized methods.


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## 1. Introduction

The approximation by mixed finite element methods of the Stokes problem has been widely developed. In some works the two independent variables, velocity and pressure, are approximated by using spaces of different order of approximation for each one [1-10]. On the other hand, some stabilized formulations, which consists in modifying the discrete problem by the addition of new terms which enhance its stability, are introduced in order to use the same order approximation spaces for the velocity and the pressure (see, for example, $[8,9,11-19]$ and the references therein). In particular, standard $C_{0}$ finite element spaces of low polynomial orders remain a popular choice in many engineering applications because, besides their simplicity, they offer reasonable accuracy and uniform data structures when using equal order interpolation and so the develop of stabilization procedure is still a focus of the interest.

In [1] we introduce and analyze a new family of mixed finite element methods in which the pressure is interpolated on a mesh of rectangular elements and the velocity on a triangular mesh obtained by dividing each rectangle into four triangles by its diagonals. We denote by $P_{k} Q_{l}$ the elements in which the velocity is interpolated in each triangle by polynomials of degree no greater than $k$ and the pressure is interpolated in each rectangle by polynomials of degree in each variable no greater than $l$. In that work we proved the existence of a global spurious pressure mode for the $P_{1} Q_{1}$ element, and that the cross-grid $P_{2} Q_{1}$ element satisfies the inf-sup condition getting optimally convergent solutions.

[^0]In the present work we analyze the lowest $P_{1} Q_{0}$ element, and we show the existence of a global spurious pressure mode, so that convergence of the pressure does not hold for this element. Then, following the ideas given by Bochev, Dohrmann and Gunzburger in [11], which we denote by [BDG] procedure, we present a stabilized finite element method for the Stokes problem to counteract the lack of stability for our $P_{1} Q_{0}$ and $P_{1} Q_{1}$ cross-grid elements. The goal of these stabilized methods is that, in contrast to other stabilization procedures, they are parameter free, always lead to symmetric linear systems and have simple and straightforward computational implementation.

On the other hand, in the mixed formulation of second order elliptic problems, the approximation of the two variables has to be done taking into account some particular compatibility conditions in order to avoid instabilities (see [2,20,21] and the references therein). Moreover, the stable finite element approximations could be different from this problem to the Stokes problem, for example, the mini-elements are stable for the Stokes problem but not for the elliptic (see, for example, [2,22]). In this work we also analyze the application of our $P_{1} Q_{1}$ element to the mixed formulation of the elliptic problem. It is well known that in Raviart-Thomas spaces [23] (one of most used approaches for the elliptic problem), typically stable velocity approximations are continuous only in the normal direction and the most frequent approach $R T_{0} P_{0}$ has also discontinuous pressure [21-23]. In [24] the authors propose different approaches to stabilize the $P_{1} P_{1}$ elements, since the same strategy applied to the Stokes problem cannot be applied directly to the elliptic. In this paper we use the modified mixed weak form for the elliptic problem introduced in [20], which allows us to employ finite element spaces similar to those built for the Stokes problem. In particular, we can successfully apply our stabilized $P_{1} Q_{1}$ cross-grid elements to this modified mixed problem in order to obtain optimal equal-order continuous approximations. It is important to point out that the ideas present in this paper, could be extended to other interesting problems (see, for example, [24-28] and the references therein), with the purpose to obtain optimal, continuous and economical approximations.

Some numerical results are also presented which confirm the presence of the spurious pressure mode for the $P_{1} Q_{0}$ element and the successful stabilization procedure for our $P_{1} Q_{0}$ and $P_{1} Q_{1}$ cross-grid elements for the Stokes problem. Moreover, we show a numerical example for the application of our stabilized $P_{1} Q_{1}$ element to the modified mixed problem associated to the elliptic, which shows the good performance of our approximation method. Although in the stabilized procedure provided here we consider only rectangular elements, the methods we have developed can also be applied to meshes of general quadrilateral elements.

The rest of the paper is organized as follows. In Section 2 we state the Stokes problem, introduce the $P_{k} Q_{\triangleleft}$ mixed finite element approximations and we prove the instability of $P_{1} Q_{0}$, the lowest order case. In Section 3 we present the stabilization procedure for the cross-grid elements $P_{1} Q_{0}$ and $P_{1} Q_{1}$. In Section 4 we show the modified mixed formulation for second order elliptic equations and the approximation properties utilizing the stabilization method introduced in Section 3. Finally, in Section 5 we present some numerical examples which show the good performance of the stabilization procedure.

## 2. Cross-grid $P_{k} Q_{l}$ finite element approximation of the Stokes problem

In this section we recall the Stokes problem and the family of cross-grid $P_{k} Q_{l}$ mixed finite element methods introduced in [1] for its numerical approximation.

Let $\Omega \subset \mathbb{R}^{2}$ be an open, bounded and polygonal domain, the classical Stokes problem is given by: Find the fluid velocity $\mathbf{u}$ and the pressure $p$ such that

$$
\left\{\begin{align*}
-\mu \Delta \mathbf{u}+\nabla p & =\mathbf{f}  \tag{2.1}\\
\nabla \cdot & \text { in } \Omega \\
\nabla \cdot \mathbf{u} & =0 \quad \text { in } \Omega \\
\mathbf{u} & =0 \quad \text { on } \Gamma:=\partial \Omega
\end{align*}\right.
$$

where $\mathbf{f} \in\left(H^{-1}(\Omega)\right)^{2}$ (the dual space of $\left.\left(H_{0}^{1}(\Omega)\right)^{2}\right)$ is a given body force per unit mass and $\mu>0$ is the kinematic viscosity, which we assume constant.

Let $V:=\left(H_{0}^{1}(\Omega)\right)^{2}$ and $Q:=L_{0}^{2}(\Omega)=\left\{q \in L^{2}(\Omega): \int_{\Omega} q=0\right\}$. The weak form of $(2.1)$ is given by: Find $\mathbf{u} \in V$ and $p \in Q$ such that

$$
\left\{\begin{align*}
a(\mathbf{u}, \mathbf{v})+b(\mathbf{v}, p) & =\langle\mathbf{f}, \mathbf{v}\rangle_{V^{\prime} \times V} & & \forall \mathbf{v} \in V  \tag{2.2}\\
b(\mathbf{u}, q) & =0 & & \forall q \in Q
\end{align*}\right.
$$

where the bilinear forms $a(\cdot, \cdot)$ and $b(\cdot, \cdot)$ are defined on $V \times V$ and $V \times Q$, respectively, as

$$
\begin{array}{lc}
a(\mathbf{u}, \mathbf{v})=\mu \int_{\Omega} \nabla \mathbf{u}: \nabla \mathbf{v} & \mathbf{u}, \mathbf{v} \in V \\
b(\mathbf{v}, q)=-\int_{\Omega} \nabla \cdot \mathbf{v} q & \mathbf{v} \in V, q \in Q
\end{array}
$$

We denote by $\|\cdot\|_{m, D}$ and $|\cdot|_{m, D}$ the norms and seminorms in $H^{m}(D)$ or $\left(H^{m}(D)\right)^{2}$ respectively and $(\cdot, \cdot)_{D}$ denotes the inner product in $L^{2}(D)$ or $\left(L^{2}(D)\right)^{2}$ for any subdomain $D \subset \Omega$. The domain subscript is dropped for the case $D=\Omega$.

It is well known that the bilinear form $a(\cdot, \cdot)$ is coercive in $V$ and there exists a constant $\beta>0$ (see for instance [21]) such that for all $q \in Q$

$$
\sup _{0 \neq \mathbf{v} \in V} \frac{b(\mathbf{v}, q)}{\|\mathbf{v}\|_{1}} \geq \beta\|q\|_{0}
$$

According to the general theory of mixed problems [21,22] these conditions ensure that there exists a unique solution of problem (2.2).

Now, we consider a partition $\mathcal{C}_{h}$ of $\bar{\Omega}$ into rectangular elements $K$, which we assume to be regular, i.e., there exists a constant $\sigma>0$, independent of the mesh size $h$, such that

$$
h_{K} \leq \sigma \rho_{K} \quad \forall K \in \mathcal{C}_{h},
$$

where $h_{K}$ denotes the diameter of $K$ and $\rho_{K}$ the diameter of the largest ball contained in $K$.
Then, we divide each rectangle $K$ by its diagonals into four triangles and we call $\mathcal{T}_{h}$ the resulting mesh of triangular elements $T$.

Throughout the paper, we will denote by $C$ a generic positive constant, not necessarily the same at each occurrence, which may depend on the mesh only through the parameter $\sigma$.

Using the standard notation $\mathcal{P}_{k}$ for the space of polynomials of degree not greater than $k$ and $Q_{l}$ for the space of polynomials of the form $q(x, y)=\sum_{j} \alpha_{j} p_{j}(x) q_{j}(y)$ with $p_{j}$ and $q_{j}$ polynomials of degree less than or equal to $l$, the cross-grid $P_{k} Q_{l}$ mixed finite element spaces for the approximation of the velocity and the pressure are defined, respectively, as follows:

$$
\begin{align*}
V_{h}^{k} & =\left\{\mathbf{v} \in V: \mathbf{v}_{\left.\right|_{T}} \in\left(\mathcal{P}_{k}\right)^{2}, \forall T \in \mathcal{T}_{h}\right\},  \tag{2.3}\\
Q_{h}^{l} & =\left\{q \in Q: q_{\left.\right|_{K}} \in Q_{l}, \forall K \in \mathcal{C}_{h}\right\} \tag{2.4}
\end{align*}
$$

The velocity and pressure nodes for the $P_{1} Q_{0}$ element are shown in Fig. 1 and for the $P_{1} Q_{1}$ element in Fig. 2.
The standard Galerkin approximation of (2.2) is given by: Find $\left(\mathbf{u}_{h}, p_{h}\right) \in V_{h}^{k} \times Q_{h}^{l}$ such that:

$$
\left\{\begin{align*}
a\left(\mathbf{u}_{h}, \mathbf{v}_{h}\right)+b\left(\mathbf{v}_{h}, p_{h}\right) & =\left\langle\mathbf{f}, \mathbf{v}_{h}\right\rangle_{V^{\prime} \times V} & & \forall \mathbf{v}_{h} \in V_{h}^{k}  \tag{2.5}\\
b\left(\mathbf{u}_{h}, q_{h}\right) & =0 & & \forall q_{h} \in Q_{h}^{l} .
\end{align*}\right.
$$

In order to have a stable and convergent approximation, the discrete spaces $V_{h}^{k}$ and $Q_{h}^{l}$ have to satisfy the well-known LBB condition, i.e., there should exist a constant $\tilde{\beta}>0$, independent of $h$, such that for the pair ( $k, l$ ) we have that

$$
\begin{equation*}
\sup _{0 \neq \mathbf{v}_{h} \in V_{h}^{k}} \frac{b\left(\mathbf{v}_{h}, q_{h}\right)}{\left\|\mathbf{v}_{h}\right\|_{1}} \geq \tilde{\beta}\left\|q_{h}\right\|_{0} \quad \forall q_{h} \in Q_{h}^{l} . \tag{2.6}
\end{equation*}
$$

Then, if (2.6) holds the theory of mixed finite element methods [21,22] states that problem (2.5) has a unique solution which is stable and optimally convergent, i.e., there exists a positive constant $C$ such that:

$$
\begin{equation*}
\left\|\mathbf{u}-\mathbf{u}_{h}\right\|_{1}+\left\|p-p_{h}\right\|_{0} \leq C\left\{\inf _{\mathbf{v} \in V_{h}^{k}}\|\mathbf{u}-\mathbf{v}\|_{1}+\inf _{q \in Q_{h}^{l}}\|p-q\|_{0}\right\} \tag{2.7}
\end{equation*}
$$

The cases of interest are, of course, those for which $l \leq k$. For $l=k$, we have an approximation of the same order for both variables, although not an equal approximation. For $l=k-1$ the orders of the interpolation errors in the error estimate (2.7) are balanced.

### 2.1. The cross-grid $P_{1} Q_{0}$ element

The first thing that we have to observe when we choose a mixed finite element is the relation between $\operatorname{dim} V_{h}^{k}$ and $\operatorname{dim} Q_{h}^{l}$, in fact a necessary condition is that:

$$
\operatorname{dim} V_{h}^{k} \geq \operatorname{dim} Q_{h}^{l}
$$

Indeed, consider a partition $\mathcal{C}_{h}$, and the corresponding triangulation $\mathcal{T}_{h}$, of $\bar{\Omega}$ and let us denote by $N T$ the number of triangles, $N R$ the number of rectangles, $v_{T}$ the number of internal vertices of the triangles, $v_{R}$ the number of internal vertices of the rectangles, and $v_{B}$ the number of boundary vertices (which is the same for triangles and rectangles).

We shall thus have $\operatorname{dim} V_{h}^{1}=2 v_{T}$ (since the velocities vanish on the boundary) and $\operatorname{dim} Q_{h}^{0}=N R-1$ because of the zero mean value of the pressures. We observe that $v_{T}=v_{R}+N R$. Therefore, $\operatorname{dim} V_{h}^{1}=2 v_{T}=2 v_{R}+2 N R \geq 2 N R \geq \operatorname{dim} Q_{h}^{0}$ and this element has the chance of being stable. However, our indicator of the instability is the fact that, as the following lemma shows, the kernel of the operator $B_{h}: Q_{h}^{0} \rightarrow\left(V_{h}^{1}\right)^{\prime}$ is nontrivial. Thus, this element does not satisfy the inf-sup condition (2.6).

Lemma 2.1. Let $\Omega=(0,1) \times(0,1)$ and let $\mathcal{C}_{h}$ be a uniform mesh consisting of $N \times N$ rectangles. Let us consider the $P_{K} Q_{l}$ mixed finite element approximation with $k=1$ and $l=0$. Then, there exists a global spurious pressure mode $q_{h}^{*} \in Q_{h}^{0} \backslash\{0\}$ such that

$$
\int_{\Omega} q_{h}^{*} \nabla \cdot \mathbf{v}_{h}=0 \quad \forall \mathbf{v}_{h} \in V_{h}^{1}
$$



Fig. 1. Velocity and pressure nodes of the cross-grid $P_{1} Q_{0}$ mixed finite element.


Fig. 2. Velocity and pressure nodes of the cross-grid $P_{1} Q_{1}$ mixed finite element.

Proof. Let $K_{i, j}=[(i-1) h, i h] \times[(j-1) h, j h]$ be the rectangles of the uniform mesh $\mathcal{C}_{h}$, with $h=1 / N, 1 \leq i, j \leq N$ and let $n_{i, j}=(i h, j h), 0 \leq i, j \leq N$ be the nodes of the mesh $\mathcal{C}_{h}$. Let $q_{h}$ be any function in $Q_{0}$, we denote by $q_{h K_{i, j}}$ the constant value of $q_{h}$ in each rectangle $K_{i, j}$. Then,

$$
\begin{aligned}
\int_{\Omega} q_{h} \nabla \cdot \mathbf{v}_{h} & =\sum_{K_{i, j} \in \mathcal{C}_{h}} \int_{K_{i, j}} q_{h} \nabla \cdot \mathbf{v}_{h}=\sum_{K_{i, j} \in \mathcal{C}_{h}} q_{h K_{i, j}} \int_{K_{i, j}} \nabla \cdot \mathbf{v}_{h} \\
& =\sum_{K_{i, j} \in \mathcal{C}_{h}} q_{h K_{i, j}} \sum_{T \subset K_{i, j}} \int_{T} \nabla \cdot \mathbf{v}_{h}
\end{aligned}
$$

Since $\mathbf{v}_{h}=\left(v_{1}, v_{2}\right)$ is linear in each $T \in \mathcal{T}_{h}$ we get that

$$
\begin{aligned}
\int_{\Omega} q_{h} \nabla \cdot \mathbf{v}_{h} & =\sum_{K_{i, j} \in \mathcal{C}_{h}} q_{h K_{i, j}} \sum_{T \subset K_{i, j}} \int_{T} \nabla \cdot \mathbf{v}_{h}=\left.\sum_{K_{i, j} \in \mathcal{C}_{h}} q_{h K_{i, j}} \frac{h^{2}}{4} \sum_{T \subset K_{i, j}} \nabla \cdot \mathbf{v}_{h}\right|_{T} \\
& =\sum_{K_{i, j} \in \mathcal{C}_{h}} q_{h K_{i, j}} \frac{h}{2}\left\{v_{1 i, j-1}-v_{1 i-1, j-1}+v_{1 i, j}-v_{1 i-1, j}-v_{2 i, j-1}-v_{2 i-1, j-1}+v_{2 i, j}+v_{2 i-1, j}\right\} \\
& =\frac{h}{2} \sum_{i, j} v_{1 i-1, j}\left\{-q_{h K_{i, j}}-q_{h K_{i, j+1}}+q_{h K_{i-1, j+1}}+q_{h K_{i-1, j}}\right\} \\
& +\frac{h}{2} \sum_{i, j} v_{2 i-1, j}\left\{q_{h K_{i, j}}-q_{h K_{i, j+1}}-q_{h K_{i-1, j+1}}+q_{h K_{i-1, j}}\right\} .
\end{aligned}
$$

We can define a global $q_{h}^{*} \in Q_{h}^{0}$ such that:

$$
q_{h K_{i, j}}^{*}=\left\{\begin{array}{cr}
1 & \text { if } i+j \text { is even } \\
-1 & \text { if } i+j \text { is odd }
\end{array}\right.
$$

which conduce to a checkerboard pattern and to conclude that

$$
\int_{\Omega} q_{h}^{*} \nabla \cdot \mathbf{v}_{h}=0 \quad \forall \mathbf{v}_{h} \in V_{h}^{1}
$$

## 3. The stabilization method

In this section we present the stabilization method for the cross-grid $P_{1} Q_{0}$ and $P_{1} Q_{1}$ mixed finite element. Our stabilization procedure follows the [BDG] procedure introduced in [11].

First, we observe that for both pairs $P_{1} Q_{0}$ and $P_{1} Q_{1}$ some weak inf-sup bounds hold. Indeed, we have the following lemmas.

Lemma 3.1. Let $V_{h}^{1}$ and $Q_{h}^{1}$ be the spaces defined above. Then, there exist positive constants $C_{1}$ and $C_{2}$ such that

$$
\sup _{0 \neq \mathbf{v} \in V_{h}^{1}} \frac{\int_{\Omega} q_{h} \nabla \cdot \mathbf{v}_{h}}{\left\|\mathbf{v}_{h}\right\|_{1}} \geq C_{1}\left\|q_{h}\right\|_{0}-C_{2} h\left\|\nabla q_{h}\right\|_{0} \quad \forall q_{h} \in Q_{h}^{1}
$$

Proof. see Lemma 2.1 in [11].
Lemma 3.2. Let $V_{h}^{1}$ and $Q_{h}^{0}$ be the spaces defined above. Then, there exist positive constants $C_{1}$ and $C_{2}$ such that

$$
\sup _{0 \neq \mathbf{v} \in V_{h}^{1}} \frac{\int_{\Omega} q_{h} \nabla \cdot \mathbf{v}_{h}}{\left\|\mathbf{v}_{h}\right\|_{1}} \geq C_{1}\left\|q_{h}\right\|_{0}-C_{2} h^{\frac{1}{2}}\left(\sum_{\ell \subset \mathcal{C}_{h}} \int_{\ell}\left[q_{h}\right]^{2}\right)^{\frac{1}{2}} \quad \forall q_{h} \in Q_{h}^{0},
$$

where $\left[q_{h}\right]$ denotes the jump of $q_{h}$.
Proof. Since $Q_{h}^{0} \subset L_{0}^{2}(\Omega)$ for any $q_{h} \in Q_{h}^{0}$ there exists $\mathbf{w} \in\left(H_{0}^{1}(\Omega)\right)^{2}$ and a constant $C_{d}$ such that

$$
\begin{equation*}
\frac{\int_{\Omega} \operatorname{div} \mathbf{w} q_{h}}{\|\mathbf{w}\|_{1}} \geq C_{d}\left\|q_{h}\right\|_{0} \tag{3.8}
\end{equation*}
$$

Let $I_{h}: V \rightarrow V_{h}$ be the Clément interpolation operator (see [29]). Since the mesh is regular, this operator satisfies that for $T \in \mathcal{T}_{h}$ and $\ell \subset \mathcal{T}_{h}$,

$$
\begin{align*}
\left\|\mathbf{w}-I_{h} \mathbf{w}\right\|_{m, T} & \leq C C_{T}^{r-m}\|\mathbf{w}\|_{r, \omega_{T}}, \quad r=0,1, \quad m=0, \ldots, r \\
\left\|\mathbf{w}-I_{h} \mathbf{w}\right\|_{0, \ell} & \leq C|\ell|^{1 / 2}\|\mathbf{w}\|_{1, \omega_{\ell}} \tag{3.9}
\end{align*}
$$

with

$$
\omega_{T}:=\bigcup_{\mathcal{N}(T) \cap \mathcal{N}\left(T^{\prime}\right) \neq \emptyset} T^{\prime}, \quad \omega_{\ell}:=\bigcup_{\mathcal{N}(\ell) \cap \mathcal{N}\left(T^{\prime}\right) \neq \emptyset} T^{\prime}
$$

where $\mathcal{N}(\ell)$ and $\mathcal{N}(T)$ denote the set of vertices of $\ell$ and $T$ respectively. We observe that, in particular, $\left\|\mathbf{w}-I_{h} \mathbf{w}\right\|_{m} \leq$ $C h^{1-m}\|\mathbf{w}\|_{1}$, and therefore $\left\|I_{h} \mathbf{w}\right\|_{1} \leq C\|\mathbf{w}\|_{1}$. Then, by using these estimations and (3.8) we get

$$
\begin{aligned}
\frac{\left|\int_{\Omega} \operatorname{div} I_{h}(\mathbf{w}) q_{h}\right|}{\left\|I_{h}(\mathbf{w})\right\|_{1}} & \geq C \frac{\left|\int_{\Omega} \operatorname{div} I_{h}(\mathbf{w}) q_{h}\right|}{\|\mathbf{w}\|_{1}} \\
& \geq C\left(\frac{\left|\int_{\Omega} \operatorname{div} \mathbf{w} q_{h}\right|}{\|\mathbf{w}\|_{1}}-\frac{\left|\int_{\Omega} \operatorname{div}\left(I_{h}(\mathbf{w})-\mathbf{w}\right) q_{h}\right|}{\|\mathbf{w}\|_{1}}\right) \\
& \geq C_{1}\left\|q_{h}\right\|_{0}-C \frac{\left|\int_{\Omega} \operatorname{div}\left(I_{h}(\mathbf{w})-\mathbf{w}\right) q_{h}\right|}{\|\mathbf{w}\|_{1}}
\end{aligned}
$$

Now, for the second term, integrating by parts and taking into account that, for each $K \in \mathcal{C}_{h}$, the constant value of $q_{h}$ is the same for the four triangles contained in $K$, and that the functions in $V_{h}^{1}$ are continuous in the triangulations $\mathcal{T}_{h}$ we can get,
by using (3.9), that

$$
\begin{aligned}
\int_{\Omega} \operatorname{div}\left(I_{h}(\mathbf{w})-\mathbf{w}\right) q_{h} & =\sum_{K \in \mathcal{C}_{h}} \sum_{T \subset K} \int_{T} \operatorname{div}\left(I_{h}(\mathbf{w})-\mathbf{w}\right) q_{h}=\sum_{K \in \mathcal{C}_{h}} \sum_{T \subset K} \int_{\partial T}\left(I_{h}(\mathbf{w})-\mathbf{w}\right) \cdot \mathbf{n} q_{h} \\
& =\sum_{K \in \mathcal{C}_{h}} \int_{\partial K}\left(I_{h}(\mathbf{w})-\mathbf{w}\right) \cdot \mathbf{n} q_{h}=\sum_{\ell \subset \mathcal{C}_{h}} \int_{\ell}\left(I_{h}(\mathbf{w})-\mathbf{w}\right) \cdot \mathbf{n}\left[q_{h}\right] \\
& \leq C h^{1 / 2}\|\mathbf{w}\|_{1} \sum_{\ell \subset \mathcal{C}_{h}}\left(\int_{\ell}\left[q_{h}\right]^{2}\right)^{\frac{1}{2}},
\end{aligned}
$$

and we conclude the proof.
These two lemmas show the inf-sup deficiency of the unstable pairs $P_{1} Q_{1}$ and $P_{1} Q_{0}$ respectively. In order to get an stabilized approach we introduce the following operators:

Let be $q \in L^{2}(\Omega)$, for each $K \in \mathcal{C}_{h}$ we denote by $\chi_{K}$ the characteristic of $K$. Then, the operator $\Pi_{0}: L^{2}(\Omega) \rightarrow Q_{h}^{0}$ is defined such that

$$
\int_{\Omega} \Pi_{0}(q) \chi_{K}=\int_{\Omega} q \chi_{K}, \quad \forall K \in \mathcal{C}_{h}
$$

Thus, for any $K \in \mathcal{C}_{h}$, we have $\left.\Pi_{0}(q)\right|_{K}=\frac{1}{|K|} \int_{K} q$.
On the other hand, for the stabilization of the pair $P_{1} Q_{0}$, we consider for each vertex $v$ of $K$ the local operator $I_{v}$ defined in page 110 of [30], i.e., let $\omega_{v}:=\bigcup\left\{K \in \mathcal{C}_{h}: v\right.$ is a vertex of $\left.K\right\}$ we define $I_{v}: Q \rightarrow Q_{0}\left(\omega_{v}\right)$ as

$$
\int_{\omega_{v}} I_{v}(p) q=\int_{\omega_{v}} p q \quad \text { for any } q \in Q_{0}\left(\omega_{v}\right)
$$

Let $\left\{n_{i}\right\}_{1 \leq i \leq N}$ be the set of the nodes of $\mathcal{C}_{h}$ and let $\left\{\beta_{i}\right\}_{1 \leq i \leq N}$ be the corresponding nodal bases. Then, the operator $\Pi_{1}: L^{2}(\Omega) \rightarrow Q_{h}^{1}$ is defined as:

$$
\Pi_{1}(q)=\sum_{i=1}^{N} I_{n_{i}}(q) \beta_{i}
$$

From the interpolation theory (see, [29-31]) we can affirm that, these operators $\Pi_{0}$ and $\Pi_{1}$ satisfy

$$
\left\|\Pi_{l} q\right\|_{0} \leq C\|q\|_{0} \quad \text { and } \quad\left\|q-\Pi_{l} q\right\|_{0} \leq C h\|q\|_{1}, \quad l=0,1
$$

Moreover, we also have the following result
Lemma 3.3. There exists a positive constant $C$ such that

$$
\begin{aligned}
& C h\left\|\nabla q_{h}\right\|_{0} \leq\left\|q_{h}-\Pi_{0} q_{h}\right\|_{0} \quad \forall q_{h} \in Q_{1} . \\
& C h^{\frac{1}{2}}\left[q_{h}\right] \leq\left\|q_{h}-\Pi_{1} q_{h}\right\|_{0} \quad \forall q_{h} \in Q_{0} .
\end{aligned}
$$

Proof. see Lemma 2.3 of [11].
Therefore, combining this result, Lemmas 3.1 and 3.2 we can infer that
Corollary 3.1. Let $V_{h}^{1}$ and $Q_{h}^{l}, l=0,1$ be the spaces defined above. Then, there exist positive constants $C_{1}$ and $C_{2}$ such that

$$
\sup _{0 \neq \mathbf{v} \in V_{h}^{1}} \frac{\int_{\Omega} q_{h} \nabla \cdot \mathbf{v}_{h}}{\left\|\mathbf{v}_{h}\right\|_{1}} \geq C_{1}\left\|q_{h}\right\|_{0}-C_{2}\left\|q_{h}-\Pi_{l} q_{h}\right\|_{0} \quad \forall q_{h} \in Q_{h}^{l}, \quad l=0,1
$$

Now, let be $C: V \times Q \rightarrow \mathbb{R}$ the bilinear form defined as:

$$
C((\mathbf{u}, p),(\mathbf{v}, q))=a(\mathbf{u}, \mathbf{v})+b(p, \mathbf{v})+b(q, \mathbf{u})-G(p, q),
$$

where $G(p, q)=\int_{\Omega}\left(p-\Pi_{k}(p)\right)\left(q-\Pi_{k}(q)\right)$ with $k=1$ for the $P_{1} Q_{0}$ pair and $k=0$ for $P_{1} Q_{1}$.
Hence, the stabilized problem associated to (2.5) can be written as: Find $\left(\mathbf{u}_{h}, p_{h}\right) \in V_{h}^{k} \times Q_{h}^{l}$, with $k=1, l=0$ for the $P_{1} Q_{0}$ pair and $k=1, l=1$ for $P_{1} Q_{1}$ element, such that

$$
\begin{equation*}
C\left(\left(\mathbf{u}_{h}, p_{h}\right),\left(\mathbf{v}_{h}, q_{h}\right)\right)=\left\langle\mathbf{f}, \mathbf{v}_{h}\right\rangle_{V^{\prime} \times V} . \tag{3.10}
\end{equation*}
$$

Thus, we have the following theorem which states the stabilization of our $P_{1} Q_{1}$ and $P_{1} Q_{0}$ cross-grid elements.

Theorem 3.1. Let $\left(V_{h}^{k}, S_{h}^{l}\right)$ be the spaces with $k=1, l=0$ or $k=1, l=1$. Then, there exists a positive constant $C$, independent of $h$, such that

$$
\sup _{\left(\mathbf{v}_{h}, q_{h}\right) \in V_{h} \times S_{h}} \frac{C\left(\left(\mathbf{u}_{h}, p_{h}\right),\left(\mathbf{v}_{h}, q_{h}\right)\right)}{\left\|\mathbf{v}_{h}\right\|_{1}+\left\|q_{h}\right\|_{0}} \geq C\left(\left\|\mathbf{u}_{h}\right\|_{1}+\left\|p_{h}\right\|_{0}\right) \quad \forall\left(\mathbf{u}_{h}, p_{h}\right) \in V_{h}^{k} \times Q_{h}^{l} .
$$

Proof. It is the same proof of Theorem 4.1 in [11].
Now, from the classical mixed finite approximations theory (see, for example, [21]), we are in condition to conclude that:
Corollary 3.2. Assume that $(\mathbf{u}, p) \in V \cap H^{2}(\Omega) \times Q \cap H^{1}(\Omega)$ solves the Stokes problem (2.2) and that $\left(\mathbf{u}_{h}, p_{h}\right)$ is the solution of the stabilized mixed problem (3.10) with our $P_{1} Q_{1}$ or $P_{1} Q_{0}$ cross-grid elements. Then,

$$
\left\|\mathbf{u}-\mathbf{u}_{h}\right\|_{1}+\left\|p-p_{h}\right\|_{0} \leq \operatorname{Ch}\left(\|\mathbf{u}\|_{2}+\|p\|_{1}\right)
$$

## 4. Cross-grid $P_{1} Q_{1}$ finite element approximation for second order elliptic equations

In this section we consider one of the simplest second order elliptic problems and its mixed formulation, and we propose a modification of the problem in order to guarantee the convergence with optimal order for the stabilized $P_{1} Q_{1}$ cross-grid elements.

The elliptic problem under consideration is: Find $p$ such that

$$
\left\{\begin{align*}
-\operatorname{div}(\nabla p)=f & \text { in } \Omega  \tag{4.11}\\
\frac{\partial p}{\partial \mathbf{n}}=0 & \text { on } \Gamma:=\partial \Omega
\end{align*}\right.
$$

In many applications the variable of interest is $\mathbf{u}=-\nabla p$, and so a mixed finite element method seems to be appropriate in order to approximate $\mathbf{u}$ and $p$ simultaneously. Indeed, the mixed formulation of (4.11) is: Find $\mathbf{u} \in H_{0}(\operatorname{div}, \Omega)$ and $p \in L_{0}^{2}(\Omega)$ such that

$$
\left\{\begin{align*}
(\mathbf{u}, \mathbf{v})+b(\mathbf{v}, p) & =0 \quad \forall \mathbf{v} \in H_{0}(\operatorname{div}, \Omega)  \tag{4.12}\\
-b(\mathbf{u}, q) & =(f, q) \quad \forall q \in L_{0}^{2}(\Omega)
\end{align*}\right.
$$

where $H_{0}(\operatorname{div}, \Omega)=\left\{\mathbf{v} \in\left(L^{2}(\Omega)\right)^{2}: \operatorname{div}(\mathbf{v}) \in L^{2}(\Omega), \mathbf{v} \cdot \mathbf{n}=0\right.$ on $\left.\Gamma\right\}$ with the usual norm:

$$
\|\mathbf{v}\|_{H}^{2}:=\|\mathbf{v}\|_{0}^{2}+\|\operatorname{div}(\mathbf{v})\|_{0}^{2}
$$

This problem involves a different differential operator of the Stokes problem, and it is not surprising that stable finite element approximations to the Stokes problem could not be appropriate for the elliptic. The main difference is that, while in Stokes the family of elements has only to satisfy the inf-sup conditions, the elliptic problem under consideration has to fulfill two conditions. In fact, assuming that we have finite element spaces $V_{h} \subset H_{0}(\operatorname{div}, \Omega)$ and $Q_{h} \subset L_{0}^{2}(\Omega)$ the mixed discrete problem is: Find $\mathbf{u}_{h} \in V_{h}$ and $p_{h} \in Q_{h}$ such that

$$
\left\{\begin{align*}
\left(\mathbf{u}_{h}, \mathbf{v}_{h}\right)+b\left(\mathbf{v}_{h}, p_{h}\right) & =0 \quad \forall \mathbf{v}_{h} \in V_{h},  \tag{4.13}\\
-b\left(\mathbf{u}_{h}, q_{h}\right) & =\left(f, q_{h}\right) \quad \forall q_{h} \in Q_{h} .
\end{align*}\right.
$$

It is well known that in order to guarantee the convergence we need that the discrete spaces satisfy the following two conditions:
(1) $\exists \alpha>0:\left\|\mathbf{v}_{h}\right\|_{0}^{2} \geq \alpha\left\|\mathbf{v}_{h}\right\|_{H}^{2}, \quad \forall \mathbf{v}_{h}$ such that: $\left(\operatorname{div} \mathbf{v}_{h}, q_{h}\right)=0, \quad \forall q_{h} \in Q_{h}$.
(2) The LBB conditions, i.e., there exists $\hat{\beta}>0$ such that

$$
\sup _{0 \neq \mathbf{v}_{h} \in V_{h}} \frac{\left(\operatorname{div} \mathbf{v}_{h}, q_{h}\right)}{\left\|\mathbf{v}_{h}\right\|_{H}} \geq \hat{\beta}\left\|q_{h}\right\|_{0} \quad \forall q_{h} \in Q_{h}
$$

Since for any function $\mathbf{v} \in\left(H^{1}(\Omega)\right)^{2}$ we have that $\|\mathbf{v}\|_{1} \geq\|\mathbf{v}\|_{H}$, it is clear that, if the family of finite elements satisfies the inf-sup condition (2.6) these also satisfy the LBB condition (2) but not necessary the condition (1), unless div $\left(V_{h}\right)=Q_{h}$. Now, we introduce the modification given in [20] in order to guarantee the convergence, with optimal order, when our cross-grid stabilized finite element $P_{1} Q_{1}$ is applied. Hence, since $\nabla(\operatorname{div} \mathbf{u})=\nabla f$, we have the alternative variational formulation of (4.12): Find $\mathbf{u} \in H_{0}(\operatorname{div}, \Omega)$ and $p \in L_{0}^{2}(\Omega)$ such that

$$
\left\{\begin{align*}
(\mathbf{u}, \mathbf{v})+(\operatorname{div} \mathbf{u}, \operatorname{div} \mathbf{v})+b(\mathbf{v}, p) & =(f, \operatorname{div} \mathbf{v}) & \forall \mathbf{v} \in H_{0}(\operatorname{div}, \Omega)  \tag{4.14}\\
-b(\mathbf{u}, q) & =(f, q) & \forall q \in L_{0}^{2}(\Omega)
\end{align*}\right.
$$

Now, it is clear that this is a well-posed problem and the corresponding discrete approximation: Find $\mathbf{u}_{h} \in V_{h}$ and $p_{h} \in Q_{h}$ such that

$$
\left\{\begin{align*}
\left(\mathbf{u}_{h}, \mathbf{v}_{h}\right)+\left(\operatorname{div}_{h}, \operatorname{div} \mathbf{v}_{h}\right)+b\left(\mathbf{v}_{h}, p_{h}\right) & =\left(f, \operatorname{div} \mathbf{v}_{h}\right) & & \forall \mathbf{v}_{h} \in V_{h}  \tag{4.15}\\
-b\left(\mathbf{u}_{h}, q_{h}\right) & =\left(f, q_{h}\right) & & \forall q_{h} \in Q_{h}
\end{align*}\right.
$$

is well-posed too if the spaces $V_{h}$ and $S_{h}$ satisfy the LBB condition. Now, we consider the spaces $V_{h}^{1}$ and $S_{h}^{1}$, defined in (2.3) and (2.4) respectively, with $V=H_{0}(\operatorname{div}, \Omega)$ and $Q=L_{0}^{2}(\Omega)$. Then, we define the bilinear form $D: V_{h}^{1} \times Q_{h}^{1} \rightarrow \mathbb{R}$ as:

$$
D\left(\left(\mathbf{u}_{h}, p_{h}\right),\left(\mathbf{v}_{h}, q_{h}\right)\right)=\left(\mathbf{u}_{h}, \mathbf{v}_{h}\right)+\left(\operatorname{div} \mathbf{u}_{h}, \operatorname{div} \mathbf{v}_{h}\right)+b\left(\mathbf{v}_{h}, p_{h}\right)+b\left(\mathbf{u}_{h}, q_{h}\right)-G\left(p_{h}, q_{h}\right),
$$

the new stabilized problem is: Find $\left(\mathbf{u}_{h}, p_{h}\right) \in V_{h}^{1} \times Q_{h}^{1}$ such that

$$
\begin{equation*}
D\left(\left(\mathbf{u}_{h}, p_{h}\right),\left(\mathbf{v}_{h}, q_{h}\right)\right)=\left(f, \operatorname{div} \mathbf{v}_{h}\right)-\left(f, q_{h}\right), \quad \forall\left(\mathbf{v}_{h}, q_{h}\right) \in V_{h}^{1} \times Q_{h}^{1} \tag{4.16}
\end{equation*}
$$

First, we observe that
Lemma 4.1. There exist positive constants $C_{1}$ and $C_{2}$ such that

$$
\sup _{0 \neq \mathbf{v}_{h} \in V_{h}^{1}} \frac{\int_{\Omega} \operatorname{div} \mathbf{v}_{h} q_{h}}{\left\|\mathbf{v}_{h}\right\|_{H}} \geq C_{1}\left\|q_{h}\right\|_{0}-C_{2} h\left\|\nabla q_{h}\right\|_{0} \quad \forall q_{h} \in Q_{h}^{1}
$$

Proof. Although the proof follows similar arguments of the proof of Lemma 2.1 in [11], we include it for the sake of completeness. We know that given any $q \in L^{2}(\Omega)$ there exists a function $\mathbf{u} \in H_{0}^{1}(\Omega) \subset H_{0}(\operatorname{div}, \Omega)$ and a constant $C_{d}$ such that div $\mathbf{u}=q$ and $\|\mathbf{u}\|_{1} \leq C_{d}\|q\|_{0}$ and thus, the following inf-sup holds

$$
\sup _{0 \neq \mathbf{v} \in H_{0}(\mathrm{div}, \Omega)} \frac{b(\mathbf{v}, q)}{\|\mathbf{v}\|_{H}} \geq \beta_{d}\|q\|_{0} .
$$

Therefore, given $q_{h} \in Q_{h}^{1}$ we have that there exists a function $\mathbf{w} \in H_{0}^{1}(\Omega) \subset H_{0}(\operatorname{div}, \Omega)$ such that

$$
\begin{equation*}
\frac{\int_{\Omega} \operatorname{div} \mathbf{w} q_{h}}{\|\mathbf{w}\|_{H}} \geq \beta_{d}\left\|q_{h}\right\|_{0} \tag{4.17}
\end{equation*}
$$

Let $\mathbf{w}_{h} \in V_{h}$ be an interpolator of $\mathbf{w}$ such that

$$
\left\|\mathbf{w}-\mathbf{w}_{h}\right\|_{0} \leq C h\|\mathbf{w}\|_{1} \quad \text { and } \quad\left\|\mathbf{w}_{h}\right\|_{1} \leq\|\mathbf{w}\|_{1}
$$

which can be normalized such that $\left\|\mathbf{w}_{h}\right\|_{H}=\left\|p_{h}\right\|_{0}$. Hence, integrating by parts and using that $\left(\mathbf{w}-\mathbf{w}_{h}\right) \cdot \mathbf{n}=0$ on $\Gamma$, we obtain

$$
\begin{align*}
\frac{\left|\int_{\Omega} \operatorname{div} \mathbf{w}_{h} q_{h}\right|}{\left\|\mathbf{w}_{h}\right\|_{H}} & \geq \frac{\left|\int_{\Omega} \operatorname{div} \mathbf{w}_{h} q_{h}\right|}{\left\|\mathbf{w}_{h}\right\|_{1}} \geq \frac{\left|\int_{\Omega} \operatorname{div} \mathbf{w}_{h} q_{h}\right|}{\|\mathbf{w}\|_{1}} \geq \frac{\int_{\Omega} \operatorname{div} \mathbf{w} q_{h}}{\|\mathbf{w}\|_{1}}-\frac{\left|\int_{\Omega} \operatorname{div}\left(\mathbf{w}-\mathbf{w}_{h}\right) q_{h}\right|}{\|\mathbf{w}\|_{1}}  \tag{4.18}\\
& \geq \beta_{d}\left\|q_{h}\right\|_{0}-\frac{\left|\int_{\Omega}\left(\mathbf{w}-\mathbf{w}_{h}\right) \nabla q_{h}\right|}{\|\mathbf{w}\|_{1}} \geq \beta_{d}\left\|q_{h}\right\|_{0}-C h\left\|\nabla q_{h}\right\|_{0},
\end{align*}
$$

and the proof concludes.
Therefore, we can infer the following result
Theorem 4.1. There exists a positive constant $C$, independent of $h$, such that

$$
\sup _{\left(\mathbf{v}_{h}, q_{h}\right) \in V_{h}^{1} \times Q_{h}^{1}} \frac{D\left(\left(\mathbf{u}_{h}, p_{h}\right),\left(\mathbf{v}_{h}, q_{h}\right)\right)}{\left\|\mathbf{v}_{h}\right\|_{H}+\left\|q_{h}\right\|_{0}} \geq C\left(\left\|\mathbf{u}_{h}\right\|_{H}+\left\|p_{h}\right\|_{0}\right) \quad \forall\left(\mathbf{u}_{h}, p_{h}\right) \in V_{h}^{1} \times Q_{h}^{1} .
$$

## Proof.

Given any $p_{h} \in Q_{h}{ }^{1}$, we can consider a function $\mathbf{w}$ such that (4.17) holds, and let $\mathbf{w}_{h}$ be its corresponding interpolator satisfying (4.18). Hence, from Lemma 4.1, for any $\alpha \in \mathbb{R}$ we have that:

$$
\begin{aligned}
D\left(\left(\mathbf{u}_{h}, p_{h}\right),\left(\mathbf{u}_{h}-\alpha \mathbf{w}_{h},-p_{h}\right)\right) & =\left\|\mathbf{u}_{h}\right\|_{H}^{2}-\alpha\left(\mathbf{u}_{h}, \mathbf{w}_{h}\right)_{H}-\alpha b\left(\mathbf{w}_{h}, p_{h}\right)+G\left(p_{h}, p_{h}\right) \\
& \geq\left\|\mathbf{u}_{h}\right\|_{H}^{2}+\left\|\left(I-\Pi_{0}\right) p_{h}\right\|_{0}^{2}-\alpha\left\|\mathbf{u}_{h}\right\|_{H}\left\|\mathbf{w}_{h}\right\|_{H}+\alpha\left(C_{1}\left\|p_{h}\right\|_{0}-C_{2} h\left\|\nabla p_{h}\right\|_{0}\right)\left\|\mathbf{w}_{h}\right\|_{H}
\end{aligned}
$$

On the other hand, since $\Pi_{0}\left(p_{h}\right)$ is constant on each element we have that

$$
h^{2}\left\|\nabla p_{h}\right\|_{0}^{2}=\sum_{K \subset Q_{h}} h^{2}\left\|\nabla\left(p_{h}-\Pi_{0}\left(p_{h}\right)\right)\right\|_{0, K}^{2} \leq C_{I} \sum_{K \subset Q_{h}}\left\|p_{h}-\Pi_{0}\left(p_{h}\right)\right\|_{0, K}^{2}=C_{I}\left\|p_{h}-\Pi_{0}\left(p_{h}\right)\right\|_{0}^{2}
$$



Fig. 3. Cavity flow, $P_{1} Q_{0}$ element: velocity vectors.
where in the last inequality we use the inverse estimate $\left\|\nabla q_{h}\right\|_{0} \leq C_{I} \frac{1}{h}\left\|q_{h}\right\|_{0}$. Thus, since $\left\|\mathbf{w}_{h}\right\|_{H}=\left\|p_{h}\right\|_{0}$ we have that

$$
\begin{aligned}
D\left(\left(\mathbf{u}_{h}, p_{h}\right),\left(\mathbf{u}_{h}-\alpha \mathbf{w}_{h},-p_{h}\right)\right) & \geq\left\|\mathbf{u}_{h}\right\|_{H}^{2}+\left\|\left(I-\Pi_{0}\right) p_{h}\right\|_{0}^{2}+\alpha C_{1}\left\|p_{h}\right\|_{0}^{2} \\
& -\alpha\left\|\mathbf{u}_{h}\right\|_{H}\left\|p_{h}\right\|_{0}-\alpha C\left\|\left(I-\Pi_{0}\right) p_{h}\right\|_{0}\left\|p_{h}\right\|_{0} .
\end{aligned}
$$

Hence, using the arithmetic-geometric inequality $a b \leq \frac{1}{2 \epsilon^{2}} a^{2}+\frac{\epsilon}{2} b^{2}$ valid for all $\epsilon>0$, we can write

$$
D\left(\left(\mathbf{u}_{h}, p_{h}\right),\left(\mathbf{u}_{h}-\alpha \mathbf{w}_{h},-p_{h}\right)\right) \geq\left(1-K_{1} \alpha\right)\left\|\mathbf{u}_{h}\right\|_{H}^{2}+\left(1-K_{2} \alpha\right)\left\|\left(I-\Pi_{0}\right) p_{h}\right\|_{0}^{2}+\alpha K_{3}\left\|p_{h}\right\|_{0}^{2}
$$

for some positive constants $K_{1}, K_{2}$ and $K_{3}$. Then, we can choose an appropriate $\alpha>0$ such that

$$
\begin{aligned}
D\left(\left(\mathbf{u}_{h}, p_{h}\right),\left(\mathbf{u}_{h}-\alpha \mathbf{w}_{h},-p_{h}\right)\right) & \geq C\left(\left\|\mathbf{u}_{h}\right\|_{H}^{2}+\left\|\left(I-\Pi_{0}\right) p_{h}\right\|_{0}^{2}+\left\|p_{h}\right\|_{0}^{2}\right) \\
& \geq C\left(\left\|\mathbf{u}_{h}\right\|_{H}+\left\|p_{h}\right\|_{0}\right)^{2} .
\end{aligned}
$$

On the other hand, since $\left\|\mathbf{u}_{h}-\alpha \mathbf{w}_{h}\right\|_{H} \leq\left\|\mathbf{u}_{h}\right\|_{H}+C\left\|\mathbf{w}_{h}\right\|_{H}=\left\|\mathbf{u}_{h}\right\|_{H}+C\left\|p_{h}\right\|_{0}$, taking $\mathbf{v}_{h}=\mathbf{u}_{h}-\alpha \mathbf{w}_{h}$ and $q_{h}=-p_{h}$, we get

$$
\frac{D\left(\left(\mathbf{u}_{h}, p_{h}\right),\left(\mathbf{v}_{h}, q_{h}\right)\right)}{\left\|\mathbf{v}_{h}\right\|_{H}+\left\|q_{h}\right\|_{0}} \geq C\left(\left\|\mathbf{u}_{h}\right\|_{H}+\left\|p_{h}\right\|_{0}\right)
$$

and the result follows.
Therefore, by similar arguments to those given above for the Stokes problem, we can infer that
Corollary 4.1. Assume that $(\mathbf{u}, p) \in V \cap H^{2}(\Omega) \times Q \cap H^{1}(\Omega)$ solves the elliptic problem (4.12) and that $\left(\mathbf{u}_{h}, p_{h}\right)$ is the solution of the stabilized mixed problem (4.16). Then,

$$
\left\|\mathbf{u}-\mathbf{u}_{h}\right\|_{H}+\left\|p-p_{h}\right\|_{0} \leq \operatorname{Ch}\left(\|\mathbf{u}\|_{2}+\|p\|_{1}\right)
$$

Remark 4.1. Let us notice that for cross-grid meshes our $P_{1} Q_{1}$ stabilized element has the same optimal order of convergence as the $P_{1} P_{1}$ stabilized element, with the advantage that our element requires one less pressure node in each rectangle.

## 5. Numerical results

### 5.1. The Stokes problem

We present in this section some numerical results obtained with the $P_{1} Q_{0}$ and the $P_{1} Q_{1}$ cross-grid mixed finite elements on two test cases of the Stokes problem.

The first example is the classical lid-driven cavity flow problem in $\Omega=(0,1) \times(0,1)$ with constant velocity $\mathbf{u}=(1,0)$ in the top lid $\{y=1,0<x<1\}$ and homogeneous Dirichlet conditions in the rest. In this flow problem we consider $\mathbf{f}=0$, and we took $\mu=0.1$.

We solved this problem first with the $P_{1} Q_{0}$ and the $P_{1} Q_{1}$ mixed elements (which are unstable) and then with $P_{1} Q_{0}$ and $P_{1} Q_{1}$ stabilized. Both elements, with and without stabilization, produced correct velocity solutions, which are plotted in Figs. 3 and 4.


Fig. 4. Cavity flow, $P_{1} Q_{1}$ element: velocity vectors.


Fig. 5. Cavity flow, $P_{1} Q_{0}$ element: 3D view of the pressure.


Fig. 6. Cavity flow, $P_{1} Q_{0}$ element with stabilization: 3D view of the pressure.

As we proved in Lemma 4.1 of [1], a clear nodal checkerboard mode phenomenon can be seen in the solution of the $P_{1} Q_{1}$ element (see Figures 7 and 9 in [1]). Likewise, Fig. 5 presents a three-dimensional view of the pressure solution in the $P_{1} Q_{0}$ case, which shows the nodal nature of the spurious pressure mode as we predicted by Lemma 2.1.


Fig. 7. Cavity flow, $P_{1} Q_{1}$ element with stabilization: 3D view of the pressure.

Table 1
Errors for the approximation of the solution $(\mathbf{u}, p)$ by $P_{1} Q_{0}$ and $P_{1} Q_{1}$ stabilized elements (second example).

| $N$ | $P_{1} Q_{0}$ |  |  | $P_{1} Q_{1}$ |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  | $\left\\|\mathbf{u}-\mathbf{u}_{h}\right\\|_{1}$ | $\left\\|p-p_{h}\right\\|_{0}$ |  | $\left\\|\mathbf{u}-\mathbf{u}_{h}\right\\|_{1}$ | $\left\\|p-p_{h}\right\\|_{0}$ |
| 10 | 1.6726 | 0.3001 |  | 1.6285 | 0.3878 |
| 15 | 1.0978 | 0.2012 |  | 1.0938 | 0.2162 |
| 20 | 0.8239 | 0.1801 |  | 0.8239 | 0.1298 |
| 25 | 0.6626 | 0.1514 |  | 0.6736 | 0.0788 |
| 30 | 0.5749 | 0.1021 |  | 0.5521 | 0.0541 |



Fig. 8. $P_{1} Q_{0}$ element: 3D view of the pressure (second example).

## Table 2

Errors in the approximation of the solution $(\mathbf{u}, p)$ by $P_{1} Q_{1}$ stabilized elements for the modified elliptic problem.

| $N$ | $\frac{P_{1} Q_{1}}{}$ |  |
| :--- | :--- | :--- |
| $\left\\|\mathbf{u}-\mathbf{u}_{h}\right\\|_{1}$ | $\left\\|p-p_{h}\right\\|_{0}$ |  |
| 10 | 0.8446 | 0.5812 |
| 15 | 0.5628 | 0.3578 |
| 20 | 0.4216 | 0.2250 |
| 25 | 0.3373 | 0.1357 |
| 30 | 0.2810 | 0.0652 |

On the other hand, the pressure solutions obtained with our stabilization procedure, for the two elements $P_{1} Q_{0}$ and $P_{1} Q_{1}$, are shown in Figs. 6 and 7 respectively, where we can observe that stability has been reached.


Fig. 9. $P_{1} Q_{0}$ element with stabilization: 3D view of the pressure (left)-velocity vectors (right) (second example).


Fig. 10. $P_{1} Q_{1}$ element: 2D view of the pressure (second example).


Fig. 11. $P_{1} Q_{1}$ element with stabilization: 3D view of the pressure (left)-velocity vectors (right) (second example).

The second example is given by taking $\Omega=(0,1) \times(0,1), \mathbf{u}=\left(20 x y^{3}, 5 x^{4}-5 y^{4}\right)$ and $p=12 x^{2} y-4 y^{3}-1$ and replacing them in the Stokes equations (2.1) in order to obtain the source $f$. The purpose of this second example, in which we know the analytical solution, is, in particular, to estimate convergence rates. As an example, we show the figures corresponding


Fig. 12. $P_{1} Q_{0}$ element: $\log \left(\left\|\mathbf{u}-\mathbf{u}_{h}\right\|_{1}\right)$ (right) and $\log \left(\left\|p-p_{h}\right\|_{0}\right)$ (left) versus $\log (h)$ (second example).


Fig. 13. $P_{1} Q_{1}$ element: $\log \left(\left\|\mathbf{u}-\mathbf{u}_{h}\right\|_{1}\right)$ (right) and $\log \left(\left\|p-p_{h}\right\|_{0}\right)$ (left) versus $\log (h)$ (second example).


Fig. 14. $P_{1} Q_{1}$ element: velocity vectors for the elliptic problem.
to a uniform mesh of $25 \times 25$ rectangular elements for the pressure approximation. Again, a typical nodal checkerboard mode phenomenon can be seen in Fig. 8 when the cross-grid $P_{1} Q_{0}$ elements are used. The velocity vector and the pressure for the $P_{1} Q_{0}$ stabilized approximation are shown in Fig. 9. Analogous behavior can be observed for the $P_{1} Q_{1}$ approximation, see Figs. 10 and 11.


Fig. 15. $P_{1} Q_{1}$ element for the elliptic problem (4.13), 3D view of the pressure.



Fig. 16. $P_{1} Q_{1}$ element for the modified elliptic problem (4.14), 3D view of the pressure: without (left) and with (right) stabilization.



Fig. 17. $P_{1} Q_{1}$ element: $\log \left(\left\|\mathbf{u}-\mathbf{u}_{h}\right\|_{1}\right)$ (right) and $\log \left(\left\|p-p_{h}\right\|_{0}\right)$ (left) versus $\log (h)$.

Moreover, with the objective of estimating the rates of convergence we solve this problem for $N=10,15,20,25,30$, where $N$ denotes the number of subdivisions of each boundary used in order to construct the quadrilateral mesh. The corresponding $P_{1} Q_{0}$ and $P_{1} Q_{1}$ errors, for the velocity in $H^{1}$ norm and the pressure in $L^{2}$ norm, are shown in Table 1 . We observe that the error $\left\|\mathbf{u}-\mathbf{u}_{h}\right\|_{1}$ for the continuous $P_{1} Q_{1}$ and discontinuous $P_{1} Q_{0}$ pressure elements are almost the same.

Fig. 12(a) and (b) shows plots of $\log \left(\left\|\mathbf{u}-\mathbf{u}_{h}\right\|_{1}\right)$ and $\log \left(\left\|p-p_{h}\right\|_{0}\right)$ versus $\log (h)$, where $h=\frac{1}{N}$, for the $P_{1} Q_{0}$ stabilized method. The numerical order, obtained by means of least-squares fitting, for the velocity error in $H^{1}$ norm is 0.99 and 0.91 for the $L^{2}$ error of the pressure. On the other hand, Fig. 13(a) and (b) shows plots of $\log \left(\left\|\mathbf{u}-\mathbf{u}_{h}\right\|_{1}\right)$ and $\log \left(\left\|p-p_{h}\right\|_{0}\right)$ versus $\log (h)$, for the $P_{1} Q_{1}$ stabilized method. The numerical order for the velocity error in $H^{1}$ norm is in this case 0.99 and 1.89 for the $L^{2}$ error of the pressure.

### 5.2. The elliptic problem

In this section we show a numerical example of the application of our $P_{1} Q_{1}$ stabilized cross-grid mixed finite elements to the mixed problem (4.14).

In this example we take $\Omega=(0,1) \times(0,1)$ and $p(x, y)=\cos (\pi x) \cos (\pi y)$, i.e., $f=2 \pi^{2} \cos (\pi x) \cos (\pi y)$, and solve the problems (4.13) and (4.15) using a uniform grid of $25 \times 25$ elements. The velocity, which is correct in all approximations under consideration, is shown in Fig. 14. The behavior of the pressure for the original problem (4.13) is shown in Fig. 15. On the other hand, the pressures obtained for the modified problem (4.15), without and with stabilization, are shown in Fig. 16 (left) and (right) respectively.

We also solve this problem for $N=10,15,20,25,30$. The corresponding errors in $H^{1}$ norm for the velocity and in $L^{2}$ norm the pressure, are shown in Table 2. Fig. 17(a) and (b) shows plots of $\log \left(\left\|\mathbf{u}-\mathbf{u}_{h}\right\|_{1}\right)$ and $\log \left(\left\|p-p_{h}\right\|_{0}\right)$ versus $\log (h)$, where $h=\frac{1}{N}$, for the $P_{1} Q_{1}$ stabilized method. The numerical order, obtained by means of least-squares fitting, for the velocity error in $H^{1}$ norm is 1.01 and 1.91 for the $L^{2}$ error of the pressure.

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