# IMPROVED POINCARÉ INEQUALITIES IN FRACTIONAL SOBOLEV SPACES

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**Abstract.** We obtain improved fractional Poincaré and Sobolev–Poincaré inequalities including powers of the distance to the boundary in bounded John, *s*-John, and Hölder- $\alpha$  domains, and discuss their optimality.

#### 1. Introduction

Poincaré and Sobolev–Poincaré inequalities in non-Lipschitz domains have been the object of extensive study. They can be seen as special cases of the following larger family of so-called *improved Poincaré inequalities*:

(1.1) 
$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^q(\Omega)} \le C \|\nabla f\|_{L^p(\Omega, d^b)}$$

where d(x) denotes the distance of x to the boundary of  $\Omega$ ,  $L^p(\Omega, d^b)$  is the  $L^p$ -space with measure  $d^b(x) dx$ , and b, p and q satisfy appropriate restrictions. The usual assumption for these inequalities to hold is that the domain  $\Omega$  in  $\mathbb{R}^n$  belongs to the class of John or  $\beta$ -John domains, see Section 2 for a precise definition. In the case of John domains, a partial converse is also true in the following sense: if  $\Omega$  has finite measure and satisfies a separation property, then the validity of the Sobolev– Poincaré inequality implies the John condition (see [5]). A possibly incomplete list of references on improved Poincaré inequalities and their generalizations to weighted settings and measure spaces includes [6, 7, 8, 9, 13, 14, 18, 19, 22, 23].

More recently, some authors have turned their attention to fractional generalizations of Poincaré and Sobolev–Poincaré inequalities, where a fractional seminorm appears instead of the norm in  $W^{1,p}(\Omega)$ . Indeed, in [20] the following inequalities were introduced for bounded John domains:

(1.2) 
$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^{q}(\Omega)} \le C \left\{ \int_{\Omega} \int_{\Omega \cap B^{n}(x,\tau \operatorname{dist}(x,\partial\Omega))} \frac{|f(z) - f(x)|^{p}}{|z - x|^{n+sp}} \, dz \, dx \right\}^{1/p}$$

with  $1 \le p \le q \le \frac{np}{n-sp}$  and  $s, \tau \in (0, 1)$ .

The seminorm appearing on the RHS of (1.2) can be seen to be equivalent on Lipschitz domains to the usual seminorm in  $W^{s,p}(\Omega)$ , that is, integrating over  $\Omega \times \Omega$ (see [11, equation (13)]), but it can be strictly smaller than the usual seminorm for

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general John domains (see [12, Proposition 3.4]). Moreover, it is easy to see that, unlike the classical Poincaré inequality, the inequality

(1.3) 
$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^{p}(\Omega)} \le C \left\{ \int_{\Omega} \int_{\Omega} \frac{|f(z) - f(x)|^{p}}{|z - x|^{n + sp}} \, dy \, dx \right\}^{1/p}$$

holds for any bounded domain  $\Omega$  and  $s \in (0,1)$  (see [3, Lemma 3.1]), while the stronger inequality

(1.4) 
$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^{p}(\Omega)} \le C \left\{ \int_{\Omega} \int_{\Omega \cap B^{n}(x,\tau \operatorname{dist}(x,\partial\Omega))} \frac{|f(z) - f(x)|^{p}}{|z - x|^{n+sp}} \, dy \, dx \right\}^{1/p}$$

may fail for general domains, for instance, for certain  $\beta$ -John domains if  $\beta$  is sufficiently large (see Theorem 4.3).

Regarding the Sobolev–Poincaré inequality, it was proved in [26, Theorem 1.2] that

(1.5) 
$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^{\frac{np}{n-sp}}(\Omega)} \le C \left\{ \int_{\Omega} \int_{\Omega} \frac{|f(z) - f(x)|^p}{|z - x|^{n+sp}} \, dy \, dx \right\}^{1/p}$$

holds for the class of Ahlfors *n*-regular domains, which is larger than that of the John domains, but if we turn to the inequality with the stronger seminorm, there are Ahlfors *n*-regular domains for which the inequality fails (see [12, Theorem 3.1]). On bounded John domains, as mentioned before, the Sobolev–Poincaré inequality holds with the stronger seminorm and, moreover, it was proved in [12, Theorem 6.1] that a partial converse also holds: if a fractional Sobolev–Poincaré inequality with the stronger seminorm holds on a domain  $\Omega$  with finite measure which satisfies the separation property, then  $\Omega$  must satisfy the John condition.

In this paper, we study generalizations of (1.2) which include—on both sides weights that are a power of the distance to the boundary. More precisely, we obtain improved inequalities of the form

(1.6) 
$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^q(\Omega, d^a)} \le C \left\{ \int_{\Omega} \int_{|x - z| \le d(x)/2} \frac{|f(z) - f(x)|^p}{|z - x|^{n + sp}} \,\delta(x, z)^b dz dx \right\}^{1/p}$$

where  $d(x) := \operatorname{dist}(x, \partial\Omega), \ \delta(x, z) := \min\{d(x), d(z)\}, \ \Omega$  in  $\mathbb{R}^n$  is a bounded John or  $\beta$ -John domain and the parameters satisfy appropriate restrictions. The reader will remark that the domain of integration on the left corresponds to the choice  $\tau = \frac{1}{2}$  in the notation of (1.2); this is to simplify notation, we could have chosen any  $\tau \in (0, 1)$  as it will be clear from the proof. We also remark that the term "improved" used in [12] refers to the use of the stronger seminorm as in (1.4), while in this paper we use it to emphasize the presence of powers of the distance to the boundary as weights, as it is customary in the integer case.

Our technique consists in extending the arguments used in our work [9] to the fractional case. The key starting point in that paper was the estimate

$$|f(y) - \bar{f}| \le C \int_{|x-y| \le C_1 d(x)} \frac{|\nabla f(x)|}{|x-y|^{n-1}} dx$$

where  $\Omega$  is a bounded John domain,  $f \in C^{\infty}(\Omega)$  and  $\overline{f}$  is an appropriate average of f. The idea of recovering f from its gradient to prove Sobolev–Poincaré inequalities is present in several authors, for instance, [23, 18, 13, 15, 16], but it is essential for our argument in [9] that the fractional integral of the gradient be restricted to the region  $|x-y| < C_1 d(x)$ , a fact that we believe is not exploited in other proofs. In this paper we give a generalization of this representation to the fractional case in the case

of bounded John and  $\beta$ -John domains, that can also be of independent interest. We also consider separately the case of Hölder- $\alpha$  domains, which belong to the class of  $\beta$ -John domains with  $\beta = 1/\alpha$  but are known to have better embedding properties, see e.g. [4, 22].

To the best of our knowledge, the fractional inequalities for bounded  $\beta$ -John domains are new even in the unweighted case, and the weighted inequalities are new even in the case of Lipschitz domains. Indeed, although the generalization to weighted norms on both sides of the inequality is quite natural and along the lines of the results for improved Poincaré inequalities involving the gradient found in [7, 8, 14, 22], we believe that the only antecedent of these weighted fractional inequalities is found in [1, Proposition 4.7], where (1.6) is obtained in a star-shaped domain in the case p = q = 2, a = 0 and b < 2s (their proof remains unchanged for bounded John domains but does not cover the case b = 2s where the inequality also holds, see [1, Remark 4.8] and Theorem 3.1 below). Moreover, the results we obtain are sharp in the case of bounded John domains and Hölder- $\alpha$  domains, and almost sharp (except at the endpoint) for bounded  $\beta$ -John domains, and we provide counterexamples to support this statement.

The rest of the paper is as follows: in Section 2 we recall some necessary definitions and preliminaries; in Section 3 we obtain the fractional representation in bounded John domains and use it to obtain the improved inequalities; in Section 4 we obtain the fractional representation in bounded  $\beta$ -John domains and use it to obtain the improved inequalities, and we discuss their optimality; finally, in Section 5 we consider the special case of Hölder- $\alpha$  domains, also discussing the optimality of our result.

## 2. Notation and preliminaries

Throughout the paper,  $\Omega$  in  $\mathbb{R}^n$   $(n \ge 2)$  will be a bounded domain and d(x) will denote the distance of a point  $x \in \Omega$  to the boundary of  $\Omega$ . We will assume, without loss of generality, that  $0 \in \Omega$ . As it is customary, C will denote a positive constant that may change even within a single string of inequalities, and functions f defined in  $\Omega$  will be extended by zero outside  $\Omega$  whenever needed.

We will use the following definition of bounded  $\beta$ -John domains:

**Definition 2.1.** A bounded domain  $\Omega$  in  $\mathbb{R}^n$  is a  $\beta$ -John domain ( $\beta \geq 1$ ) if there exists a family of rectifiable curves given by  $\gamma(t, y)$ ,  $0 \leq t \leq 1$ ,  $y \in \Omega$ , and positive constants  $\lambda < 1$ , K and C such that,

- (1)  $\gamma(0, y) = y, \gamma(1, y) = 0,$
- (2)  $d(\gamma(t,y)) \ge \lambda t^{\beta}$ ,
- (3)  $|\dot{\gamma}(t,y)| \leq K$ ,
- (4) for all  $x, y \in \Omega$  and  $r \leq \frac{1}{2}d(x)$ , there holds  $l(\gamma(y) \cap B(x, r)) \leq Cr$ , where  $\gamma(y)$  denotes the curve joining 0 with y, and l the length.

When  $\beta = 1$ , we will simply refer to John domains, instead of 1-John domains.

**Remark 2.1.** The above definition is not the usual one, which includes only properties (1), (2) and (3). However, it can be seen that the curves can be chosen to make property (4) hold (see [10, Section 2]).

#### 3. The case of John domains

In this section we obtain a representation that allows us to estimate f in terms of its fractional derivative and use it to obtain the inequalities in bounded John domains. These inequalities are split in two theorems, since the case p = 1 requires a "weak implies strong" argument that we develop separately. The inequalities are sharp (as will be seen in Theorem 4.3) and, to the best of our knowledge, they are new even in the case of Lipschitz domains.

**Proposition 3.1.** Given  $s \in (0, 1)$ ,  $1 \le p < \infty$ , and  $f \in C^{\infty}(\Omega)$  we have

$$|f(y) - \bar{f}| \le C \int_{|y-x| \le C_1 d(x)} \frac{h(x)}{|x-y|^{n-s}} dx$$

where  $\bar{f}$  is a constant and

$$h(x) := \left( \int_{|x-w| \le d(x)/2} \frac{|f(w) - f(x)|^p}{|w - x|^{n+sp}} \, dw \right)^{\frac{1}{p}}$$

for  $y \in \Omega$ ,  $h \equiv 0$  outside  $\Omega$ , and C and  $C_1$  are positive constants depending only on n and  $\Omega$ .

Proof. Take  $\varphi \in C_0^1(B(0,\lambda/4))$  such that  $\int \varphi = 1$  and define

$$u(x,t) = (f * \varphi_t)(x)$$

and

$$\eta(t) = u(\gamma(t, y) + tz, t).$$

Observe that the curve  $\gamma(t, y) + tz$  is contained in  $\Omega$  whenever  $z \in B(0, \lambda/4)$ . Indeed, in this case  $|\gamma(t, y) + tz - \gamma(t, y)| \le t\lambda/4 < d(\gamma(t, y))$ .

Then,

$$f(y) - (f * \varphi)(z) = u(y,0) - u(z,1) = \eta(0) - \eta(1) = -\int_0^1 \eta'(t) dt$$
$$= -\int_0^1 \nabla u(\gamma(t,y) + tz,t) \cdot (\dot{\gamma}(t,z) + z) + u_t(\gamma(t,y) + tz,t) dt$$

Multiplying by  $\varphi(z)$ , integrating in z and defining  $\overline{f} = \int (f * \varphi)(z)\varphi(z)dz$  we have

$$\begin{split} f(y) - \bar{f} &= \int_{\mathbf{R}^n} (f(y) - (f * \varphi)(z))\varphi(z) \, dz \\ &= -\int_{\mathbf{R}^n} \int_0^1 \nabla u(\gamma(t, y) + tz, t) \cdot (\dot{\gamma}(t, y) + z)\varphi(z) \, dt dz \\ &- \int_{\mathbf{R}^n} \int_0^1 \frac{\partial u}{\partial t} (\gamma(t, y) + tz, t)\varphi(z) \, dt dz \\ &= -(I + II) \end{split}$$

Making the change of variables  $\gamma(t, y) + tz = x$  and using the fact that

$$\nabla u = f * \nabla(\varphi_t)$$

and

$$\nabla(\varphi_t)(x) = \frac{1}{t^{n+1}} \nabla \varphi\left(\frac{x}{t}\right)$$

we obtain

$$I = \int_0^1 \int_{\mathbf{R}^n} \int_{\mathbf{R}^n} \frac{f(w)}{t^{n+1}} \nabla \varphi \Big( \frac{x-w}{t} \Big) dw \cdot \left( \dot{\gamma}(t,y) + \frac{x-\gamma(t,y)}{t} \right) \varphi \Big( \frac{x-\gamma(t,y)}{t} \Big) dx \frac{dt}{t^n}$$

Observe that, since the support of  $\varphi$  is contained in  $B(0, \lambda/4)$ , the integrand vanishes unless  $|x - \gamma(t, y)| \leq \lambda t/4$  which implies

$$(3.7) |x-y| \le |x-\gamma(t,y)| + |\gamma(t,y)-y| \le \frac{\lambda t}{4} + \sqrt{n}Kt.$$

Then we can restrict the integral to t > c|x - y| with a constant c depending only on K,  $\lambda$  and n.

On the other hand, using that

$$\int \frac{1}{t^{n+1}} \nabla \varphi \Big( \frac{x-w}{t} \Big) dw = 0$$

we can subtract f(x) in the integral with respect to w. Then, changing the order of integration between t and x and using that

$$\left|\dot{\gamma}(t,y) + \frac{x - \gamma(t,y)}{t}\right| \le K + \frac{\lambda}{4},$$

we obtain

$$I \le C \int_{\mathbf{R}^n} \int_{c|x-y|}^1 \int_{|x-w| \le \lambda t/2} \frac{|f(w) - f(x)|}{t^{n+1}} \left| \nabla \varphi \left( \frac{x-w}{t} \right) \right| \left| \varphi \left( \frac{x-\gamma(t,y)}{t} \right) \right| dw \, \frac{dt}{t^n} dx$$

with a constant C depending only on K and  $\lambda$ .

Now observe that

$$d(\gamma(t,y)) \le |\gamma(t,y) - x| + d(x) \le \frac{\lambda t}{4} + d(x) \le \frac{d(\gamma(t,y))}{4} + d(x)$$

and so

$$|x - w| \le \frac{\lambda t}{4} \le \frac{d(\gamma(t, y))}{4} \le \frac{d(x)}{3} < \frac{d(x)}{2}$$

In particular  $\lambda t/4 \leq d(x)/2$  which combined with (3.7) gives

$$|x - y| \le C_1 d(x)$$

with a constant  $C_1$  depending only on K,  $\lambda$  and  $\|\varphi\|_{\infty}$ . Consequently,

$$\begin{split} I &\leq C \int_{|x-y| \leq C_1 d(x)} \int_{c|x-y|}^1 \int_{|x-w| \leq d(x)/2} \frac{|f(w) - f(x)|}{|w-x|^{\frac{n}{p}+s}} \frac{1}{t^{n+\frac{n}{p'}+1-s}} \left| \nabla \varphi \left( \frac{x-w}{t} \right) \right| \, dw \, dt \, dx \\ &\leq C \int_{|x-y| \leq C_1 d(x)} \int_{c|x-y|}^1 \left( \int_{|x-w| \leq d(x)/2} \frac{|f(w) - f(x)|^p}{|w-x|^{n+sp}} \, dw \right)^{\frac{1}{p}} \\ &\cdot \left( \int_{\mathbf{R}^n} \left| \nabla \varphi \left( \frac{x-w}{t} \right) \right|^{p'} \, dw \right)^{\frac{1}{p'}} \frac{1}{t^{n+\frac{n}{p'}+1-s}} \, dt \, dx \end{split}$$

where we have used  $|x - w| \leq \lambda t/4$  to bound the integrand.

Therefore, since

$$\left(\int_{\mathbf{R}^n} \left|\nabla\varphi\left(\frac{x-w}{t}\right)\right|^{p'} dw\right)^{\frac{1}{p'}} = \|\nabla\varphi\|_{p'} t^{\frac{n}{p'}}$$

we conclude that

$$I \le C \int_{|x-y| \le C_1 d(x)} \int_{c|x-y|}^1 h(x) \frac{1}{t^{n+1-s}} dt \, dx \le C \int_{|x-y| \le C_1 d(x)} \frac{h(x)}{|x-y|^{n-s}} dx$$

where the new constant depends also on  $\|\nabla \varphi\|_{p'}$ .

To estimate II we proceed in a similar way. Indeed, since  $\int \varphi_t(x) dx = 1$  for all t, we have  $\int \frac{\partial \varphi_t}{\partial t}(x) dx = 0$ . Moreover, a straightforward computation shows that

$$\frac{\partial \varphi_t}{\partial t}(x) = \frac{1}{t^{n+1}} \psi\left(\frac{x}{t}\right)$$

where  $\psi := -n\varphi - x \cdot \nabla \varphi$ . Therefore, repeating the arguments that we used to bound I we obtain,

$$II \le C \int_{|x-y| \le C_1 d(x)} \int_{c|x-y|}^1 \int_{|x-w| \le d(x)/2} \frac{|f(w) - f(x)|}{t^{n+1}} \left| \psi\left(\frac{x-w}{t}\right) \right| dw \, \frac{dt}{t^n} \, dx$$

and consequently

$$II \le C \int_{|x-y| \le C_1 d(x)} \frac{h(x)}{|x-y|^{n-s}} \, dx.$$

In the proof of the next theorem we will make use of the following well known result [17, Lemma (a)].

**Lemma 3.1.** Let Mg be the Hardy–Littlewood maximal function of g. Given  $0 < \sigma < n$  there exists a positive constant C, depending only on n and  $\sigma$ , such that, for any  $\varepsilon > 0$ ,

$$\int_{|y-x|\leq\varepsilon} \frac{|g(y)|}{|x-y|^{n-\sigma}} \, dy \leq C\varepsilon^{\sigma} Mg(x)$$

**Theorem 3.1.** Let  $\Omega$  in  $\mathbb{R}^n$  be a bounded John domain,  $1 , <math>a \ge 0$ ,  $b \le \frac{(n+a)p}{q} + sp - n$  and, additionally,  $q \le \frac{np}{n-sp}$  when  $p < \frac{n}{s}$ . Then, given  $s \in (0, 1)$  and  $f \in C^{\infty}(\Omega)$  we have

$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^q(\Omega, d^a)} \le C \left[ \int_{\Omega} \int_{|x - z| \le d(x)/2} \frac{|f(z) - f(x)|^p}{|z - x|^{n + sp}} \,\delta(x, z)^b \, dz \, dx \right]^{1/p}$$

where  $\delta(x, z) := \min\{d(x), d(z)\}.$ 

*Proof.* We proceed by duality. Let  $g \in L^{q'}(\Omega, d^a)$  such that  $\|g\|_{L^{q'}(\Omega, d^a)} = \|gd^{\frac{a}{q'}}\|_{L^{q'}(\Omega)} = 1$ . Interchanging the order of integration and using Proposition 3.1 we have

$$\int_{\Omega} |f(y) - \bar{f}|g(y) \, d(y)^a \, dy \leq C \int_{\Omega} \int_{|y-x| \leq C_1 d(x)} \frac{|g(y)|}{|x-y|^{n-s}} \, d(y)^{\frac{a}{q} + \frac{a}{q'}} \, dy \, h(x) \, dx$$
(3.8)
$$\leq C \int_{\Omega} \int_{|y-x| \leq C_1 d(x)} \frac{|g(y)|}{|x-y|^{n-s}} \, d(y)^{\frac{a}{q'}} \, dy \, h(x) \, d(x)^{\frac{a}{q}} \, dx$$

where we have used that  $d(y) \leq |x - y| + d(x) \leq (C_1 + 1) d(x)$  in the region of integration.

Now we consider separately the cases p = q and p < q. If p = q, it is clear that it suffices to prove the statement for b = a + sp. Using Lemma 3.1 we have that

(3.9) 
$$\int_{\Omega} |f(y) - \bar{f}|g(y) \, d(y)^a \, dy \leq C \int_{\Omega} d(x)^{s + \frac{a}{p}} M(g d^{\frac{a}{p'}})(x) h(x) \, dx \\ \leq C \|d^{s + \frac{a}{p}} h\|_{L^p(\Omega)} \|M(g d^{\frac{a}{p'}})\|_{L^{p'}(\Omega)}$$

But,

$$h(x)^p = \int_{|x-z| \le d(x)/2} \frac{|f(z) - f(x)|^p}{|z - x|^{n+sp}} dz$$

and then.

$$\|d^{s+\frac{a}{p}}h\|_{L^{p}(\Omega)}^{p} = \int_{\Omega} d(x)^{sp+a} \int_{|x-z| \le d(x)/2} \frac{|f(z) - f(x)|^{p}}{|z-x|^{n+sp}} dz dx$$

but in the domain of integration  $d(x) \leq 2d(z)$  and, therefore,

$$\|d^{s+\frac{a}{p}}h\|_{L^{p}(\Omega)}^{p} \leq C \int_{\Omega} \int_{|x-z| \leq d(x)/2} \delta(x,z)^{sp+a} \frac{|f(z) - f(x)|^{p}}{|z-x|^{n+sp}} \, dz \, dx.$$

Replacing this estimate in (3.9) we conclude the proof using the boundedness of the

maximal operator in  $L^{p'}$  and the choice of g. If p < q, assume first that  $\frac{(n+a)p}{n+b-sp} \leq \frac{np}{n-sp}$ . Then, for fixed p, a, b it suffices to prove the theorem for  $q = \frac{(n+a)p}{n+b-sp}$ . If we define  $\eta = \frac{b}{p} - \frac{a}{q}$  it follows from our assumptions that  $0 \leq \eta < s$  (the first inequality using that  $\frac{(n+a)p}{n+b-sp} \leq \frac{np}{n-sp}$  and the second one using that  $p < \frac{(n+a)p}{n+b-sp}$ . Therefore, by (3.8) and using that  $|x-y| \le C_1 d(x)$  we have

(3.10) 
$$\int_{\Omega} |f(y) - \bar{f}|g(y) d(y)^{a} dy \leq C \int_{\Omega} d(x)^{\frac{b}{p}} I_{s-\eta}(gd^{\frac{a}{q'}})(x)h(x) dx$$
$$\leq C \|d^{\frac{b}{p}}h\|_{L^{p}(\Omega)} \|I_{s-\eta}(gd^{\frac{a}{q'}})\|_{L^{p'}(\Omega)}$$

where  $I_{\gamma}g(x) = \int \frac{g(y)}{|x-y|^{n-\gamma}} dy$  is the fractional integral (or Riesz potential) of order  $\gamma$  of g, provided  $0 < \gamma < n$ . Observe that, indeed,  $0 < s - \eta < n$  holds because  $0 \le \eta \le s$  and  $s \in (0, 1)$ .

As before,

$$\begin{split} \|d^{\eta+\frac{a}{q}}h\|_{L^{p}(\Omega)}^{p} &\leq C \int_{\Omega} \int_{|x-z| \leq d(x)/2} \delta(x,z)^{\eta p+\frac{ap}{q}} \frac{|f(z)-f(x)|^{p}}{|z-x|^{n+sp}} \, dz \, dx \\ &= C \int_{\Omega} \int_{|x-z| \leq d(x)/2} \delta(x,z)^{b} \frac{|f(z)-f(x)|^{p}}{|z-x|^{n+sp}} \, dz \, dx. \end{split}$$

Using this estimate in (3.10) we conclude the proof using the boundedness of the

fractional integral  $I_{s-\eta}: L^{q'} \to L^{p'}$  for  $\frac{1}{q} = \frac{1}{p} - \frac{s-\eta}{n}$  and the choice of g. It remains to consider the case p < q,  $\frac{(n+a)p}{n+b-sp} > \frac{np}{n-sp}$ . In this case, for fixed p, a, b it suffices to consider  $q = \frac{np}{n-sp}$ . Then, we may bound

$$\int_{\Omega} |f(y) - \bar{f}| g(y) \, d(y)^a \, dy \le C \int_{\Omega} I_s(g d^{\frac{a}{q'}})(x) h(x) \, d(x)^{\frac{a}{q}} \, dx$$
$$\le C \| d^{\frac{a}{q}} h \|_{L^p(\Omega)} \| I_s(g \, d^{\frac{a}{q'}}) \|_{L^{p'}(\Omega)}$$

and conclude by using the boundedness of  $I_s \colon L^{q'} \to L^{p'}$  for  $\frac{1}{q} = \frac{1}{p} - \frac{s}{n}$  and the fact that  $\|d^{\frac{a}{q}}h\|_{L^{p}(\Omega)} \leq C \|d^{\frac{b}{p}}h\|_{L^{p}(\Omega)}$  because, under our assumptions,  $\frac{b}{p} \leq \frac{a}{q}$ . 

For the case p = 1 we will make use of the following "weak implies strong" result. It is proved in [12, Theorem 4.1] in the case  $\mu = \nu$ , but the reader can easily check that the same proof holds for two different measures.

**Lemma 3.2.** Let  $\mu$  and  $\nu$  be positive Borel measures on an open set  $\Omega$  in  $\mathbb{R}^n$ , such that  $\mu(\Omega) < \infty$ ,  $\nu(\Omega) < \infty$ , let 0 < s < 1 and  $1 \le p \le q < \infty$ . Then the following conditions are equivalent:

(1) There is a constant  $C_1 > 0$  such that the inequality

$$\inf_{c \in \mathbf{R}} \sup_{t>0} \mu(\{x \in \Omega \colon |f(x) - c| > t\}) t^{q}$$
  
$$\leq C_{1} \Big( \int_{\Omega} \int_{|x-y| < d(x)/2} \frac{|f(y) - f(z)|^{p}}{|y-z|^{n+sp}} d\nu(z) d\nu(y) \Big)^{\frac{q}{p}}$$

for any  $f \in C^{\infty}(\Omega)$ .

(2) There is a constant  $C_2 > 0$  such that the inequality

$$\inf_{c \in \mathbf{R}} \int_{\Omega} |f(x) - c|^q \, d\mu(x) \le C_2 \Big( \int_{\Omega} \int_{|x-y| < d(x)/2} \frac{|f(y) - f(z)|^p}{|y - z|^{n+sp}} \, d\nu(z) \, d\nu(y) \Big)^{\frac{q}{p}}$$

holds, for every  $f \in C^{\infty}(\Omega)$ .

**Theorem 3.2.** Let  $\Omega$  in  $\mathbb{R}^n$  be a bounded John domain,  $1 \leq q \leq \frac{n}{n-s}$ ,  $a \geq 0$ , and  $b \leq \frac{(n+a)}{q} - n + s$ . Then, given  $s \in (0,1)$  and  $f \in C^{\infty}(\Omega)$  we have

$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^q(\Omega, d^a)} \le C \int_{\Omega} \int_{|x - z| \le d(x)/2} \frac{|f(z) - f(x)|}{|z - x|^{n + s}} \delta(x, z)^b \, dz \, dx$$

where  $\delta(x, z) := \min\{d(x), d(z)\}.$ 

*Proof.* If q = 1 the result follows as in the previous proof.

If q > 1, it is clear that it suffices to prove our statement for  $b = \frac{(n+a)}{q} - n + s$ . For this purpose, we will prove a weak inequality first. Hence, we let  $E = \{y \in$  $\Omega: |f(y) - \overline{f}| > t\}$  and consider the measure  $\mu$  such that  $d\mu(x) = d(x)^a dx$ . Then,

$$\mu(E) \le C \int_E \int_{|x-y| < C_1 d(x)} \frac{h(x)}{t|x-y|^{n-s}} \, dx \, d(y)^a \, dy$$
  
$$\le C \int_\Omega \frac{h(x)}{t} \int_{E \cap B(x, C_1 d(x))} \frac{d(y)^a}{|x-y|^{n-s}} \, dy \, dx$$
  
$$= I_1 + I_2$$

where  $I_1$  corresponds to the region where  $|x - y| < \frac{d(x)}{2}$  and  $I_2$  to its complement. Observe that when  $|x - y| < \frac{d(x)}{2}$ , we have that  $\frac{d(x)}{2} \le d(y) \le \frac{3}{2}d(x)$ , so that

$$I_{1} \leq C \int_{|x-y| < d(x)/2} \frac{h(x)}{t} \int_{E \cap B(x,C_{1}d(x))} \frac{1}{|x-y|^{n-s}} dy d(x)^{a} dx$$
  
$$\leq C \int_{|x-y| < d(x)/2} \frac{h(x)}{t} |E \cap B(x,C_{1}d(x))|^{\frac{s}{n}} d(x)^{a} dx$$
  
$$\leq C \int_{|x-y| < d(x)/2} \frac{h(x)}{t} \Big( \int_{E \cap B(x,C_{1}d(x))} \chi(y) d(y)^{a} dy \Big)^{\frac{s}{n}} d(x)^{a(1-\frac{s}{n})} dx$$
  
$$= C \int_{|x-y| < d(x)/2} \frac{h(x)}{t} \mu(E \cap B(x,C_{1}d(x)))^{\frac{s}{n}} d(x)^{a(1-\frac{s}{n})} dx$$
  
$$\leq C \int_{|x-y| < d(x)/2} \frac{h(x)}{t} \mu(E)^{\frac{\theta s}{n}} \mu(B(x,C_{1}d(x)))^{\frac{(1-\theta)s}{n}} d(x)^{a(1-\frac{s}{n})} dx$$

for any  $0 \le \theta \le 1$ , where in the second step we have used a well-known result (see, e.g., [21, formula (7.2.6)]).

Now, if we set  $\theta = \frac{n}{sq'}$  and use that  $\mu(B(x, C_1d(x))) \le d(x)^{n+a}$  we have

$$I_1 \le C\mu(E)^{\frac{1}{q'}} \int_{\Omega} \frac{h(x)}{t} \, d(x)^b \, dx.$$

So we only need to check that  $0 \leq \frac{n}{sq'} \leq 1$ , that holds because  $1 \leq q \leq \frac{n}{n-s}$ . We proceed now to  $I_2$ . Using that  $|x - y| \geq \frac{d(x)}{2}$  we have

$$I_{2} \leq C \int_{\Omega} \frac{h(x)}{t} \int_{E \cap B(x,C_{1}d(x))} \frac{d(y)^{a}}{d(x)^{n-s}} dy dx$$
  
$$= C \int_{\Omega} \frac{h(x)d(x)^{s-n}}{t} \mu(E \cap B(x,C_{1}d(x))) dx$$
  
$$\leq C \int_{\Omega} \frac{h(x)d(x)^{s-n}}{t} \mu(E)^{\theta} \mu(B(x,C_{1}d(x)))^{(1-\theta)} dx$$
  
$$\leq C \mu(E)^{\frac{1}{q'}} \int_{\Omega} \frac{h(x)}{t} d(x)^{b} dx$$

where this time we have chosen  $\theta = \frac{1}{a'}$ , that clearly satisfies  $0 \le \theta \le 1$ .

Finally, we arrive at

$$\mu(E)^{\frac{1}{q}}t \le C \int_{\Omega} h(x) \, d(x)^b \, dx$$

and this in turn implies, by Lemma 3.2 with  $d\nu = d(x)^{\frac{b}{2}} dx$ , the strong inequality

$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^q(\Omega, d^a)} \le C \int_{\Omega} \int_{|x - y| \le d(x)/2} \frac{|f(y) - f(x)|}{|y - x|^{n + s}} \,\delta(x, y)^b \, dx \, dy$$

where we have used that  $\frac{d(x)}{2} \leq d(y) \leq \frac{3}{2}d(x)$  to replace each of these distances by  $C\delta(x, y)$ .

## 4. The case of $\beta$ -John domains

In this section we obtain a representation analogous to that of Proposition 3.1 in the case of bounded  $\beta$ -John domains, for  $\beta > 1$ . Observe that, although the estimate also holds for  $\beta = 1$ , it is not only more complicated but also slightly worse than that of Proposition 3.1 in the case p > 1, since it includes the restriction  $b < sp - p + 1 - n + \frac{p-1}{\beta} + \frac{p(n+a)}{q\beta}$ . For this reason the weighted inequalities inherit this restriction, although we believe they should hold also in the case of equality. An example at the end of the Section shows that our results are sharp except at this endpoint.

To simplify calculations, throughout this section we assume, as we may by dilating  $\Omega$ , that d(0) = 15.

**Proposition 4.1.** Given  $s \in (0, 1)$ ,  $a \ge 0$  and  $f \in C^{\infty}(\Omega)$  we have

$$|f(y) - \bar{f}| \le C \int_{|x-y| < C_1 d(x)} \frac{h(x)}{|x-y|^{n-s}} \, dx + C \Big( \int_{|x-y| < C_2 d(x)^{\frac{1}{\beta}}} h(x)^p \, d(x)^{b - \frac{(n+a)p}{\beta q}} \, dx \Big)^{\frac{1}{p}}$$

where  $b < sp - p + 1 - n + \frac{p-1}{\beta} + \frac{p(n+a)}{q\beta}$  if p > 1, and  $b = s - n + \frac{(n+a)}{\beta q}$  if p = 1,  $\bar{f}$  is a constant and

$$h(x) := \left( \int_{|x-w| \le d(x)/2} \frac{|f(w) - f(x)|^p}{|w - x|^{n+sp}} \, dw \right)^{\frac{1}{p}}$$

for  $y \in \Omega$ ,  $h \equiv 0$  outside  $\Omega$ , and C,  $C_1$  and  $C_2$  are positive constants depending only on n and  $\Omega$ .

*Proof.* It suffices to prove the result for b close enough to the endpoint value. We consider  $\varphi \in C_0^1(B(0, \lambda/2))$  such that  $\int \varphi = 1$ , and set

$$u(x,t) = (f * \varphi_t)(x)$$

Then, following [10], we define

$$\tau(y) = \inf\{t \colon \gamma(t, y) \cap B(y, d(y)/2) = \emptyset\}$$

and

$$\rho(t,y) = \begin{cases} \xi |y - \gamma(t,y)| & \text{if } t \le \tau(y), \\ \frac{1}{15} d(\gamma(t,y)) & \text{if } t > \tau(y), \end{cases}$$

where  $\xi$  is chosen so that  $\rho(\cdot, y)$  is a continuous function, that is,

$$\xi = \frac{2}{15} \frac{d(\gamma(\tau(y), y))}{d(y)}.$$

Notice that  $\frac{1}{15} \le \xi \le \frac{1}{5}$  since

$$d(\gamma(\tau(y), y)) \le |\gamma(\tau(y), y) - y| + d(y) = \frac{d(y)}{2} + d(y) = \frac{3}{2}d(y)$$

and

$$d(y) \le |y - \gamma(\tau(y), y)| + d(\gamma(\tau(y), y)) \implies d(y) \le 2d(\gamma(\tau(y), y))$$

Also, remark that  $\rho(0, y) = 0$  and  $\rho(1, y) = 1$  and that  $\gamma(t, y) + \rho(t, y)z \in \Omega$  for every  $t \in [0, 1]$  and  $z \in B(0, \lambda/2)$  (see [10] for details). Hence, if we define

$$\eta(t) = u(\gamma(t, y) + \rho(t, y)z, \rho(t, y))$$

we have that

$$\begin{split} f(y) - (f * \varphi)(z) &= u(y, 0) - u(z, 1) = \eta(0) - \eta(1) = -\int_0^1 \eta'(t) \, dt \\ &= -\int_0^1 \nabla u(\gamma(t, y) + \rho(t, y)z, \rho(t, y)) \cdot (\dot{\gamma}(t, y) + \dot{\rho}(t, y)z) \\ &\quad - \frac{\partial u}{\partial t}(\gamma(t, y) + \rho(t, y)z, \rho(t, y)) \cdot \dot{\rho}(t, y) \, dt \end{split}$$

Then, if  $\bar{f} = \int (f * \varphi)(z)\varphi(z) dz$ , we have

$$f(y) - \bar{f} = -\int_{\mathbf{R}^n} \int_0^1 \nabla u(\gamma + \rho z, \rho) \cdot (\dot{\gamma} + \dot{\rho} z) \varphi(z) \, dt \, dz$$
$$-\int_{\mathbf{R}^n} \int_0^1 \frac{\partial u}{\partial t} (\gamma + \rho z, \rho) \dot{\rho} \varphi(z) \, dt \, dz$$
$$= -(I + II).$$

To estimate I, we make the change of variables

$$\gamma(t,y) + \rho(t,y)z = x, \quad dz = \frac{dx}{\rho^n(t,y)}$$

and use the definition of u and the support of  $\varphi$  (i.e., that the integrand vanishes unless  $|x-w| < \frac{\lambda}{2}\rho(t,y)$ ) to arrive at

$$I = \int_{\mathbf{R}^n} \int_0^1 \int_{|x-w| < \lambda\rho/2} f(w) \frac{1}{\rho^{n+1}} \nabla \varphi \left(\frac{x-w}{\rho}\right) dw \left(\dot{\gamma} + \left(\frac{x-\gamma}{\rho}\right) \dot{\rho}\right) \varphi \left(\frac{x-\gamma}{\rho}\right) \frac{dt}{\rho^n} dx.$$

Now, observe that  $\int \frac{1}{\rho^{n+1}} \nabla \varphi \left(\frac{x-w}{\rho}\right) dw = 0$  (since  $\varphi$  is a compactly supported smooth function), and so we may subtract f(x) in the integral with respect to w, to obtain

$$I = \int_{\mathbf{R}^n} \int_0^1 \int_{|x-w| < \lambda\rho/2} (f(w) - f(x)) \frac{1}{\rho^{n+1}} \nabla \varphi \Big( \frac{x-w}{\rho} \Big) dw \Big( \dot{\gamma} + \Big( \frac{x-\gamma}{\rho} \Big) \dot{\rho} \Big) \varphi \Big( \frac{x-\gamma}{\rho} \Big) \frac{dt}{\rho^n} dx.$$

Now, using that  $|x - w| < \frac{\lambda}{2}\rho(t, y)$ , and that  $|x - \gamma(t, y)| \le \frac{\lambda}{2}\rho(t, y)$  (because of the support of  $\varphi$ ), and also that  $|\dot{\rho}| \le |\dot{\gamma}|$  (because  $\dot{\rho}(t, y) = \nabla d(\gamma(t, y)) \cdot \dot{\gamma}(t, y)$ ), we may bound

$$I \le C \int_{\mathbf{R}^n} \int_0^1 \int_{|x-w| <\lambda\rho/2} \frac{|f(w) - f(x)|}{|x-w|^{\frac{n}{p}+s}} \frac{1}{\rho^{\frac{n}{p'}}} \Big| \nabla \varphi \Big(\frac{x-w}{\rho}\Big) \Big| \, dw |\dot{\gamma}| \Big| \varphi \Big(\frac{x-\gamma}{\rho}\Big) \Big| \frac{dt}{\rho^{n+1-s}} dx.$$

Now, we claim that  $\lambda \rho(t, y) < d(x)$ . Indeed, when  $t \in [0, \tau(y)]$ , we have that

$$\rho(t,y) = \xi |y - \gamma(t,y)| \le \frac{\xi}{2} d(y)$$

because  $\gamma$  is inside B(y, d(y)/2). But,

(4.11) 
$$d(y) \le |x - y| + d(x) \le |x - \gamma(t, y)| + |\gamma(t, y) - y| + d(x) \\ \le \frac{\lambda}{2}\rho(t, y) + \frac{1}{\xi}\rho(t, y) + d(x) = \left(\frac{\lambda}{2} + \frac{1}{\xi}\right)\rho(t, y) + d(x).$$

So,

$$\lambda \rho(t, y) \le \frac{\lambda}{2 - \xi \lambda} d(x) < d(x).$$

On the other hand, if  $t \in [\tau(y), 1]$ , we have that

$$\rho(t,y) = \frac{1}{15}d(\gamma(t,y)) \le \frac{1}{15}|x - \gamma(t,y)| + \frac{1}{15}d(x) \le \frac{\lambda}{30}\rho(t,y) + \frac{1}{15}d(x)$$

so that

(4.12) 
$$\lambda \rho(t,y) \le \frac{2\lambda}{30-\lambda} d(x) < d(x).$$

In particular, since  $0 < \lambda < 1$ , in this case we also have

(4.13) 
$$\rho(t,y) < \frac{d(x)}{2}.$$

Hence, using these bounds and Hölder's inequality (with the usual modification if p = 1) we obtain

$$\begin{split} I &\leq C \int_{\mathbf{R}^n} \int_0^1 \Big( \int_{|x-w| < d(x)/2} \frac{|f(w) - f(x)|^p}{|x-w|^{n+sp}} dw \Big)^{\frac{1}{p}} \\ &\cdot \Big( \int_{\mathbf{R}^n} \left| \nabla \varphi \Big( \frac{x-w}{\rho} \Big) \Big|^{p'} \frac{1}{\rho^n} dw \Big)^{\frac{1}{p'}} |\dot{\gamma}| \Big| \varphi \Big( \frac{x-\gamma}{\rho} \Big) \Big| \frac{dt}{\rho^{n+1-s}} dx \\ &\leq C \int_{\mathbf{R}^n} \Big( \int_{|x-w| < d(x)/2} \frac{|f(w) - f(x)|^p}{|x-w|^{n+sp}} dw \Big)^{\frac{1}{p}} \int_0^1 |\dot{\gamma}| \Big| \varphi \Big( \frac{x-\gamma}{\rho} \Big) \Big| \frac{dt}{\rho^{n+1-s}} dx \\ &= C \int_{\mathbf{R}^n} h(x) \int_0^1 |\dot{\gamma}| \Big| \varphi \Big( \frac{x-\gamma}{\rho} \Big) \Big| \frac{dt}{\rho^{n+1-s}} dx \\ &= C \Big( \int_{\mathbf{R}^n} h(x) \int_0^{\tau(y)} |\dot{\gamma}| \Big| \varphi \Big( \frac{x-\gamma}{\rho} \Big) \Big| \frac{dt}{\rho^{n+1-s}} dx + \int_{\mathbf{R}^n} h(x) \int_{\tau(y)}^1 |\dot{\gamma}| \Big| \varphi \Big( \frac{x-\gamma}{\rho} \Big) \Big| \frac{dt}{\rho^{n+1-s}} dx \Big) \\ &= C (I_a + I_b). \end{split}$$

For  $I_a$ , notice that proceeding as in (4.11) we have that

$$|x-y| \le \left(\frac{\lambda}{2} + \frac{1}{\xi}\right)\rho(t,y) < \left(\frac{1}{2} + \frac{1}{\lambda\xi}\right)d(x) < C_1d(x).$$

Thus, we can write

$$I_a \le C \int_{|x-y| < C_1 d(x)} h(x) \int_0^{\tau(y)} |\dot{\gamma}| \Big| \varphi\Big(\frac{x-\gamma}{\rho}\Big) \Big| \frac{dt}{|x-y|^{n+1-s}} dx.$$

Now, the integral vanishes unless

$$|x - \gamma(t, y)| \le \rho(t, y)\frac{\lambda}{2} \le \rho(t, y) = \xi|y - \gamma(t, y)| \le \xi|x - \gamma(t, y)| + \xi|x - y|$$

which implies

$$|x - \gamma(t, y)| \le \frac{\xi}{1 - \xi} |x - y| \le \frac{1}{4} |x - y|,$$

so we can bound

$$I_{a} \leq C \int_{|x-y| < C_{1}d(x)} h(x) \int_{0}^{\tau(y)} \chi_{|x-\gamma(t,y)| \leq \frac{1}{4}|x-y|} |\dot{\gamma}(t,y)| \frac{dt}{|x-y|^{n+1-s}} dx$$
  
$$\leq C \int_{|x-y| < C_{1}d(x)} h(x) \, \ell(\gamma(y) \cap B(x, |x-y|/4)) \frac{1}{|x-y|^{n+1-s}} dx$$
  
$$\leq C \int_{|x-y| < C_{1}d(x)} \frac{h(x)}{|x-y|^{n-s}} dx$$

where in the last step we have used property (4) of  $\beta$ -John domains.

To bound  $I_b$ , observe that for  $t \in [\tau(y), 1]$  we have

(4.14) 
$$d(x) \le d(\gamma(t,y)) + |x - \gamma(t,y)| \le 15\rho(t,y) + \frac{\lambda}{2}\rho(t,y),$$

and, because we are in a  $\beta$ -John domain, and by (4.12) we have that

(4.15) 
$$|x-y| \le |x-\gamma(t,y)| + |\gamma(t,y)-y| < \frac{\lambda}{2}\rho(t,y) + C|\dot{\gamma}(t,y)|t < C_2 d(x)^{\frac{1}{\beta}}$$

so that, if p = 1,

$$I_{b} = \int_{\mathbf{R}^{n}} h(x) \int_{\tau(y)}^{1} |\dot{\gamma}| \Big| \varphi\Big(\frac{x-\gamma}{\rho}\Big) \Big| \frac{dt}{\rho^{n+1-s}} dx$$
$$\leq C \int_{\mathbf{R}^{n}} h(x) \int_{\tau(y)}^{1} |\dot{\gamma}| \Big| \varphi\Big(\frac{x-\gamma}{\rho}\Big) \Big| \frac{dt}{d(x)^{n+1-s}} dx$$
$$\leq C \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} h(x) \int_{\tau(y)}^{1} |\dot{\gamma}| \Big| \varphi\Big(\frac{x-\gamma}{\rho}\Big) \Big| \frac{dt}{d(x)^{n+1-s}} dx$$

Now, using the support of  $\varphi$  and (4.13), we may write

$$I_{b} \leq C \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} h(x) \int_{\tau(y)}^{1} \chi_{|x-\gamma(t,y)| \leq \frac{d(x)}{2}} |\dot{\gamma}| \frac{dt}{d(x)^{n+1-s}} dx$$
  
$$\leq C \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} h(x) \, \ell(\gamma(y) \cap B(x, d(x)/2)) d(x)^{s-n-1} dx$$
  
$$\leq C \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} h(x) \, d(x)^{s-n} dx$$

where in the last step we have used property (4) of  $\beta$ -John domains.

If p > 1, to bound  $I_b$ , by Hölder's inequality and property (4) we have

$$\begin{split} I_{b} &= \int_{\mathbf{R}^{n}} h(x) \int_{\tau(y)}^{1} |\dot{\gamma}| \Big| \varphi\Big(\frac{x-\gamma}{\rho}\Big) \Big| \frac{dt}{\rho^{n+1-s}} \, dx \\ &\leq C \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} h(x) \Big( \int_{\tau(y)}^{1} \chi_{|x-\gamma| < \frac{d(x)}{2}} |\dot{\gamma}| \, dt \Big)^{\frac{1}{p}} \\ &\quad \cdot \Big( \int_{\tau(y)}^{1} \Big| \varphi\Big(\frac{x-\gamma}{\rho}\Big) \Big|^{p'} \frac{1}{\rho^{(n+1-s)p'}} |\dot{\gamma}| \, dt \Big)^{\frac{1}{p'}} \, dx \\ &\leq C \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} h(x) d(x)^{\frac{1}{p}} \Big( \int_{\tau(y)}^{1} \Big| \varphi\Big(\frac{x-\gamma}{\rho}\Big) \Big|^{p'} \frac{1}{\rho^{(n+1-s)p'}} |\dot{\gamma}| \, dt \Big)^{\frac{1}{p'}} \, dx. \end{split}$$

Therefore, since  $\rho \sim d(x)$  by (4.12) and (4.14), using Hölder's inequality again we arrive at

$$\begin{split} I_{b} &\leq C \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} h(x)d(x)^{(b-\frac{(n+a)p}{\beta q})\frac{1}{p}} \\ &\quad \cdot \left(\int_{\tau(y)}^{1} \left|\varphi\left(\frac{x-\gamma}{\rho}\right)\right|^{p'} \frac{1}{\rho^{(n+1-s)p'+(b-\frac{(n+a)p}{\beta q}-1)\frac{p'}{p}}} dt\right)^{\frac{1}{p'}} dx \\ &\leq C \left(\int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} h(x)^{p} d(x)^{b-\frac{(n+a)p}{\beta q}} dx\right)^{\frac{1}{p}} \\ &\quad \cdot \left(\int_{\tau(y)}^{1} \int_{\mathbf{R}^{n}} \left|\varphi\left(\frac{x-\gamma}{\rho}\right)\right|^{p'} \frac{1}{\rho^{n}} dx \frac{1}{\rho^{-n+(n+1-s)p'+(b-\frac{(n+a)p}{\beta q}-1)\frac{p'}{p}}} dt\right)^{\frac{1}{p'}} \end{split}$$

and finally, by property (2),

$$I_{b} \leq C \Big( \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} h(x)^{p} d(x)^{b - \frac{(n+a)p}{\beta q}} dx \Big)^{\frac{1}{p}} \Big( \int_{0}^{1} \frac{1}{t^{\beta[-n+(n+1-s)p'+(b - \frac{(n+a)p}{\beta q} - 1)\frac{p'}{p}]}} dt \Big)^{\frac{1}{p'}} \\ \leq C \Big( \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} h(x)^{p} d(x)^{b - \frac{(n+a)p}{\beta q}} dx \Big)^{\frac{1}{p}}$$

provided  $0 \leq \beta \left[-n + (n+1-s)p' + (b - \frac{(n+a)p}{\beta q} - 1)\frac{p'}{p}\right] < 1$  which holds for  $b < ps - p + 1 - n + \frac{p-1}{\beta} + \frac{(n+a)p}{\beta q}$  and sufficiently close to that number. To estimate II we proceed in a similar way. Indeed, since  $\int \varphi_t(x) dx = 1$  for all

t, we have  $\int \frac{\partial \varphi_t}{\partial t}(x) dx = 0$ . Moreover, recalling that

$$\frac{\partial \varphi_t}{\partial t}(x) = \frac{1}{t^{n+1}} \psi\left(\frac{x}{t}\right)$$

with  $\psi := -n\varphi - x \cdot \nabla \varphi$ . Therefore, repeating the arguments that we used to bound I we obtain,

$$II = \int_{\mathbf{R}^n} \int_0^1 \int_{|x-w| < \lambda\rho/2} (f(w) - f(x)) \frac{1}{\rho^{n+1}} \psi\left(\frac{x-w}{\rho}\right) dw \dot{\rho} \varphi\left(\frac{x-\gamma}{\rho}\right) \frac{dt}{\rho^n} dx$$

which can be bounded analogously. This completes the proof.

Using the above representation we obtain the improved inequalities in the case of  $\beta$ -John domains:

**Theorem 4.1.** Let  $\Omega$  in  $\mathbb{R}^n$  be a bounded  $\beta$ -John domain,  $1 , <math>a \ge 0, b < \frac{(n+a)p}{q\beta} + \frac{p-1}{\beta} + sp - p + 1 - n$  and, additionally,  $q \le \frac{n-p}{n-sp}$  when  $p < \frac{n}{s}$ . Given  $s \in (0,1)$  and  $f \in C^{\infty}(\Omega)$  we have

$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^q(\Omega, d^a)} \le C \left\{ \int_{\Omega} \int_{|x - z| \le d(x)/2} \frac{|f(z) - f(x)|^p}{|z - x|^{n + sp}} \,\delta(x, z)^b \, dz \, dx \right\}^{1/p}$$

where  $\delta(x, z) := \min\{d(x), d(z)\}.$ 

Proof. By Proposition 4.1 we have

$$|f(y) - \bar{f}| \le C \int_{|x-y| < C_1 d(x)} \frac{h(x)}{|x-y|^{n-s}} \, dx + C \Big( \int_{|x-y| < C_2 d(x)^{\frac{1}{\beta}}} h(x)^p \, d(x)^{b - \frac{(n+a)p}{\beta q}} \, dx \Big)^{\frac{1}{p}} = A + B.$$

Observe that  $||A||_{L^q(\Omega,d^a)}$  can be bounded as in Theorem 3.1, so it suffices to restrict ourselves to  $||B||_{L^q(\Omega,d^a)}^p = ||B^p||_{L^{\frac{q}{p}}(\Omega,d^a)}$ . We have, using Minkowski's integral inequality,

$$\begin{split} \|B^{p}\|_{L^{\frac{q}{p}}(\Omega,d^{a})} &= C \left[ \int_{\Omega} \left( \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} h(x)^{p} d(x)^{b-\frac{(n+a)p}{\beta q}} dx \right)^{\frac{q}{p}} d(y)^{a} dy \right]^{\frac{p}{q}} \\ &\leq C \int_{\Omega} h(x)^{p} d(x)^{b-\frac{(n+a)p}{\beta q}} \left( \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} d(y)^{a} dy \right)^{\frac{p}{q}} dx \\ &\leq C \int_{\Omega} h(x)^{p} d(x)^{b-\frac{(n+a)p}{\beta q}} \left( d(x)^{\frac{a}{\beta}} \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} dy \right)^{\frac{p}{q}} dx \\ &= C \int_{\Omega} h(x)^{p} d(x)^{b} dx \end{split}$$

where again we have used that  $d(y) \leq |x - y| + d(x) \leq Cd(x)^{\frac{1}{\beta}}$  and that  $a \geq 0$ . Therefore,

$$||B||_{L^q(\Omega,d^a)} \le C \Big(\int_{\Omega} h(x)^p d(x)^b \, dx\Big)^{\frac{1}{p}}.$$

This concludes the proof.

As discussed before, in the case p = 1 we recover the endpoint value for b and can prove the following:

**Theorem 4.2.** Let  $\Omega$  in  $\mathbb{R}^n$  be a bounded  $\beta$ -John domain,  $1 \le q \le \frac{n-1}{n-s}$ ,  $a \ge 0$ and  $b \le \frac{(n+a)}{q\beta} + s - n$ . Given  $s \in (0,1)$  and  $f \in C^{\infty}(\Omega)$  we have

$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^q(\Omega, d^a)} \le C \int_{\Omega} \int_{|x - z| \le d(x)/2} \frac{|f(z) - f(x)|}{|z - x|^{n+s}} \,\delta(x, z)^b \, dz \, dx$$

where  $\delta(x, z) := \min\{d(x), d(z)\}.$ 

*Proof.* Clearly, it suffices to prove the result for  $b = \frac{n+a}{q\beta} + s - n$ . By Proposition 4.1, we have

$$|f(y) - \bar{f}| \le C \int_{|x-y| < C_1 d(x)} \frac{h(x)}{|x-y|^{n-s}} \, dx + C \int_{|x-y| < C_2 d(x)^{\frac{1}{\beta}}} h(x) \, d(x)^{s-n} \, dx$$
$$= A + B$$

Observe that  $||A||_{L^1(\Omega,d^a)}$  and  $||A||_{L^{q,\infty}(\Omega,d^a)}$  (for q > 1) can be bounded as in Theorem 3.2. So we must consider  $||B||_{L^q(\Omega, d^a)}$   $(q \ge 1)$ . By Minkowski's integral inequality, we have

$$||B||_{L^{q}(\Omega,d^{a})} \leq C \int_{\Omega} h(x) \, d(x)^{s-n} \Big( \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} d(y)^{a} \, dy \Big)^{\frac{1}{q}} \, dx$$
$$\leq C \int_{\Omega} h(x) \, d(x)^{s-n} \Big( d(x)^{\frac{a}{\beta}} \int_{|x-y| < C_{2}d(x)^{\frac{1}{\beta}}} \, dy \Big)^{\frac{1}{q}} \, dx$$
$$= C \int_{\Omega} h(x) \, d(x)^{s-n+\frac{a+n}{q\beta}} \, dx$$

where in the second line we have used that  $d(y) \leq |x-y| + d(x) \leq Cd(x)^{\frac{1}{\beta}}$  and that  $a \geq 0.$ 

The result then follows immediately for q = 1 and using the "weak implies strong" technique as in Theorem 3.2 for q > 1. 

To analyze the optimality of our estimates (in terms of the upper bound on q) we consider a "mushroom-type" domain. These type of examples go back to [25] (see Section 5), and we follow closely the presentation in [14] (see the discussion after Corollary 5). Therefore, we will be somewhat sketchy.

**Theorem 4.3.** Let  $s \in (0,1)$ ,  $a \ge 0$  and  $1 \le p \le q < \infty$ . There exist a  $\beta$ -John domain  $\Omega$  in  $\mathbf{R}^n$  and  $f \in C^{\infty}(\Omega)$  such that

$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^q(\Omega, d^a)} \le C \left\{ \int_{\Omega} \int_{|x - z| \le d(x)/2} \frac{|f(z) - f(x)|^p}{|z - x|^{n + sp}} \,\delta(x, z)^b \, dz \, dx \right\}^{1/p}$$

cannot hold unless  $q \leq \frac{(n+a)p}{1-p+\beta(b+n-1+p-sp)}$ .

*Proof.* Assume, for simplicity, that a = b = 0. Following [14], we define a 'mushroom' F of size r as the union of a cylinder of height r and radius  $r^{\beta}$  (called the 'stem' and denoted by  $\mathcal{P}$ ) with a ball of radius r (called the 'cap' and denoted by  $\mathcal{C}$ ), so that they create a mushroom-like shape. The domain  $\Omega$  considered consists of a cube Q and an infinite sequence of disjoint mushrooms  $F_1, F_2, \ldots$  on one side of the cube (called the 'top'). The stems of  $F_1, F_2, \ldots$  are perpendicular to the top and of decreasing size  $r_i \to 0$ . This domain  $\Omega$  can easily be seen to be a  $\beta$ -John domain.

Now, we let  $f_i$  be the piecewise linear function on  $\Omega$  such that  $f_i = 0$  outside  $F_i$ ,  $f_i = 1$  on the cap and  $f_i$  is linear on the stem. We may also assume that  $\bar{f}_i = 0$  for every *i*. Hence,  $||f_i - \bar{f_i}||_{L^q(\Omega)} \ge c_n r_i^{\frac{\omega}{q}}$ . To bound  $\left(\int_{\Omega} \int_{|x-z| < d(x)/2} \frac{|f_i(x) - f_i(z)|^p}{|x-z|^{n+sp}} dz dx\right)^{1/p}$  observe that:

• if  $x \in C_i, z \in Q$ , then the integral vanishes, since  $d(x) \leq r_i$  and  $|x - z| > r_i$ ,

- if  $x, z \in Q$  or  $x, z \in \mathcal{C}_i$ , then  $|f_i(x) f_i(z)| = 0$ ,
- in all remaining cases,  $|f_i(x) f_i(z)|^p \sim r_i^{-p} |x_n z_n|^p$  and  $\frac{1}{2} d(x) \leq d(z) \leq d(z)$  $\frac{3}{2}d(x)$ , so  $d(x) \sim d(z) \leq r_i^{\beta}$ .

Then,

$$\int_{\Omega} \int_{|x-z| < d(x)/2} \frac{|f_i(x) - f_i(z)|^p}{|x-z|^{n+sp}} dz \, dx = \int_Q \cdots dx + \int_{\mathcal{P}_i} \cdots dx + \int_{\mathcal{C}_i} \cdots dx$$
$$= I_1 + I_2 + I_3$$

We have

$$\begin{split} I_{1} &\leq \int_{Q} \int_{|x-z| < d(x)/2} \frac{1}{r_{i}^{p}} \frac{|x_{n} - z_{n}|^{p}}{|x - z|^{n + sp}} dz \, dx \leq C \int_{\bigcup_{w \in \mathcal{P}_{i}} B(w, r_{i}^{\beta}) \cap Q} \frac{1}{r_{i}^{p}} d(x)^{-sp+p} \, dx \\ &\leq C| \bigcup_{w \in \mathcal{P}_{i}} B(w, r_{i}^{\beta}) \cap Q| \, r_{i}^{-p + \beta(-sp+p)} \leq Cr_{i}^{-p + \beta(n - sp+p)}, \\ I_{2} &\leq \int_{\mathcal{P}_{i}} \int_{|x-z| < d(x)/2} \frac{1}{r_{i}^{p}} \frac{|x_{n} - z_{n}|^{p}}{|x - z|^{n + sp}} \, dz \, dx \leq C \int_{\mathcal{P}_{i}} \frac{1}{r_{i}^{p}} d(x)^{-sp+p} \, dx \\ &\leq C|\mathcal{P}_{i}|r_{i}^{-p + \beta(-sp+p)} = Cr_{i}^{1-p + \beta(-sp+p+n-1)}, \\ I_{3} &\leq \int_{\mathcal{C}_{i}} \int_{|x-z| < d(x)/2} \frac{1}{r_{i}^{p}} \frac{|x_{n} - z_{n}|^{p}}{|x - z|^{n + sp}} \, dz \, dx \leq C \int_{\bigcup_{w \in \mathcal{P}_{i}} B(w, r_{i}^{\beta}) \cap \mathcal{C}_{i}} \frac{1}{r_{i}^{p}} d(x)^{-sp+p} \, dx \\ &\leq C| \bigcup_{w \in \mathcal{P}_{i}} B(w, r_{i}^{\beta}) \cap \mathcal{C}_{i}|r_{i}^{-p + \beta(-sp+p)} \leq Cr_{i}^{-p + \beta(n - sp+p)}. \end{split}$$

Then, there must hold  $r_i^{\frac{n}{q}} \leq C(r_i^{1-p+\beta(-sp+p+n-1)})^{\frac{1}{p}}$  which, for sufficiently small  $r_i$ , can only hold if  $q \leq \frac{np}{1-p+\beta(n-1+p-sp)}$ , as we wanted to prove.

It is easy to see that the same example can be used to prove the optimality in the general case (with a, b not necessarily 0).

#### 5. The case of Hölder- $\alpha$ domains

Roughly speaking, a Hölder- $\alpha$  domain is given locally by the hypograph, in an appropriate orthogonal system, of a Hölder- $\alpha$  function (a typical example being a cuspidal domain). For a precise definition we refer to [10, Section 5.2].

These domains are a particular case of  $\beta$ -John domains with  $\beta = 1/\alpha$ . However, they are known to have better embedding properties, as they cannot contains "rooms and corridors" like general  $\beta$ -John domains (see, e.g. [4] and [22, Example 2.4]). Therefore, it is natural that our result of Theorem 4.1 can be improved in this case.

We obtain the following result, which is an improvement of Theorem 4.1 when  $\Omega$  is Hölder- $\alpha$ , assuming that p > 1 and there is no weight on the LHS of the inequality, and we prove its optimality. We believe that these restrictions are only technical.

**Theorem 5.1.** Let  $\Omega$  in  $\mathbb{R}^n$  be a bounded Hölder- $\alpha$  domain,  $1 , <math>b \leq p(s-n) + p(n-1+\alpha)(1+\frac{1}{q}-\frac{1}{p})$ , and, additionally,  $q \leq \frac{n-p}{n-sp}$  when  $p < \frac{n}{s}$ . Given  $s \in (0,1)$  and  $f \in C^{\infty}(\Omega)$  we have

$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^{q}(\Omega)} \le C \left\{ \int_{\Omega} \int_{|x-z| \le d(x)/2} \frac{|f(z) - f(x)|^{p}}{|z - x|^{n+sp}} \delta(x, z)^{b} \, dz \, dx \right\}^{1/p}$$

where  $\delta(x, z) := \min\{d(x), d(z)\}.$ 

*Proof.* Clearly, given p and q, it suffices to prove the claim for  $b = p(s - n) + p(n - 1 + \alpha)(1 + \frac{1}{q} - \frac{1}{p})$ . Recall that by Proposition 4.1 we could use

(5.16) 
$$|f(y) - \bar{f}| \le C \int_{|x-y| < C_1 d(x)} \frac{h(x)}{|x-y|^{n-s}} dx + C \int_{|x-y| < C_2 d(x)^{\alpha}} h(x) d(x)^{s-n} dx.$$

The key point is to improve this estimate, observing that (4.15) can be improved if  $\Omega$  is Hölder- $\alpha$ . According to the definition given in [10],  $\Omega = \bigcup_{j=0}^{N} O_j$  with  $\bar{O}_0 \subset \Omega$ and each  $\Omega \cap O_j$  ( $1 \leq j \leq N$ ) given by the hypograph of a Hölder- $\alpha$  function in an appropriate coordinate system. It is clear that it is enough to obtain the desired

estimate for each  $O_j$  with fixed  $j \ge 1$ . To simplify notation, assume that in a given  $O_j$  the appropriate coordinate system is the usual one,  $x = (x', x_n), x' \in \mathbb{R}^{n-1}, x_n \in \mathbb{R}$ .

Now, by (4.12),  $|x - \gamma(t, y)| \leq d(x)/2$ . But, it was proved in [10, Section 5.2] that this inequality implies that

$$|x' - y'| \le Cd(x), \quad |x_n - y_n| \le Cd(x)^{\alpha}$$

and then we can replace the second integral in (5.16) by

$$\int_{|x'-y'| \le Cd(x), |x_n-y_n| \le Cd(x)^{\alpha}} h(x) d(x)^{s-n} dx.$$

Consequently, proceeding by duality, for  $||g||_{L^{q'}(\Omega)} = 1$ , we have

$$\int_{O_j} |f(y) - \bar{f}| g(y) \, dy \le A + B$$

where A is as in (3.8) (with a = 0), and can be bounded similarly. To estimate B we consider separately the cases p = q and p < q.

If p = q we write

$$B \leq C \int_{\Omega} \frac{1}{d(x)^{n-1+\alpha}} \int_{|x'-y'| \leq Cd(x), |x_n-y_n| \leq Cd(x)^{\alpha}} |g(y)| \, dyh(x) d(x)^{s-1+\alpha} \, dx$$
$$\leq C \int_{\Omega} M^S \, g(x)h(x)d(x)^{s-1+\alpha} \, dx \leq C \|M^S \, g\|_{L^{p'}(\Omega)} \|h \, d^{s-1+\alpha}\|_{L^p(\Omega)}$$

where  $M^S$  is the strong maximal function, i.e., the maximal function over the basis of rectangles with sides parallel to the axes, which is known to be bounded in  $L^p$  for 1 . Then, the proof concludes as that of Theorem 4.1 and adding over <math>j.

If p < q, taking  $\eta = \frac{n}{p} - \frac{n}{q}$  (notice that  $0 < \eta < n$ ) we have,

$$B \leq C \int_{\Omega} \frac{1}{d(x)^{(n-1+\alpha)(1-\frac{\eta}{n})}} \\ \cdot \int_{|x'-y'| \leq Cd(x), |x_n-y_n| \leq Cd(x)^{\alpha}} |g(y)| \, dyh(x) d(x)^{s-n+(n-1+\alpha)(1-\frac{\eta}{n})} \, dx \\ \leq C \int_{\Omega} M_{\eta}^S g(x)h(x) d(x)^{s-n+(n-1+\alpha)(1-\frac{\eta}{n})} \, dx \\ \leq C \|M_{\eta}^S g\|_{L^{p'}(\Omega)} \|h \, d^{\frac{b}{p}}\|_{L^p(\Omega)} \leq C \|g\|_{L^{q'}(\Omega)} \|h \, d^{\frac{b}{p}}\|_{L^p(\Omega)}$$

where we have used that  $M_{\eta}^{S}g(x) := \sup_{R \ni x} \frac{1}{|R|^{1-\frac{\eta}{n}}} \int_{R} |f(y)| dy, 0 < \eta < n$ , where R belongs to the family of rectangles with sides parallel to the axes, and that  $M_{\eta}^{S}$ :  $L^{q'} \to L^{p'}$  for  $\frac{1}{q} = \frac{1}{p} - \frac{\eta}{n}$  and 1 (see, e.g., [24, Theorem 3.1]). As before, the proof concludes as in Theorem 4.1 and adding over <math>j.

In the next Theorem we prove that the previous result is optimal with respect to the exponent b. We generalize an argument given in [2] for the case s = 1.

**Theorem 5.2.** Let  $1 . There exist a Hölder-<math>\alpha$  domain  $\Omega$  in  $\mathbb{R}^n$  and  $f \in C^{\infty}(\Omega)$  such that

(5.17) 
$$\inf_{c \in \mathbf{R}} \|f - c\|_{L^q(\Omega)} \le C \left\{ \int_{\Omega} \int_{|x-z| < d(x)/2} \frac{|f(z) - f(x)|^p}{|z - x|^{n+sp}} \delta(x, z)^b \, dz \, dx \right\}^{1/p}$$

cannot hold unless  $b \le p(s-1+\alpha) + p(n-1+\alpha)(\frac{1}{q}-\frac{1}{p}).$ 

Proof. Assume that  $b > p(s - 1 + \alpha) + p(n - 1 + \alpha)(\frac{1}{q} - \frac{1}{p})$ . Using the same notation as in the previous section we write  $x = (x', x_n)$ . Given  $0 < \alpha \le 1$  define the Hölder- $\alpha$  domain

$$\Omega = \{ x \in \mathbf{R}^n : 0 < x_n < 1, \ |x'| < x_n^{1/\alpha} \}$$

and  $f(x) = x_n^{-\nu}$ , with  $\nu > 0$  to be chosen.

It is not difficult to check that  $d(x) \sim x_n^{1/\alpha} - |x'|$ . Then, in the subdomain  $\widetilde{\Omega} \subset \Omega$  defined by

$$\widetilde{\Omega} = \{ x \in \mathbf{R}^n \colon 0 < x_n < 1, \ |x'| < x_n^{1/\alpha}/2 \}$$

we clearly have  $d(x) \sim x_n^{1/\alpha}$ .

Now, observe that if  $\|f\|_{L^{q}(\widetilde{\Omega})}$  is infinite, then so is  $\inf_{c \in \mathbf{R}} \|f - c\|_{L^{q}(\widetilde{\Omega})}$ , and that

(5.18) 
$$||f||_{L^q(\widetilde{\Omega})}^q \sim \int_0^1 \int_{|x'| < x_n^{1/\alpha}/2} x_n^{-\nu q} \, dx' \, dx_n \sim \int_0^1 x_n^{-\nu q + \frac{n-1}{\alpha}} \, dx_n$$

On the other hand, if |x - z| < d(x)/2 we have  $|x_n - z_n| < x_n/2$  and so  $x_n \sim z_n$ . Consequently,

$$|f(z) - f(x)| = |z_n^{-\nu} - x_n^{-\nu}| \le Cx_n^{-\nu-1}|z_n - x_n|$$

and therefore,

$$\int_{|x-z| < d(x)/2} \frac{|f(z) - f(x)|^p}{|z - x|^{n+sp}} \delta(x, z)^b dz \le C x_n^{-(\nu+1)p} d(x)^b \int_{|x-z| < d(x)/2} |z - x|^{p-n-sp} dz$$
$$\le C x_n^{-(\nu+1)p} d(x)^{b+(1-s)p} \le C x_n^{-(\nu+1)p+\frac{b+(1-s)p}{\alpha}}$$

where in the last inequality we have used that  $d(x) \leq x_n^{1/\alpha}$  and  $b + (1-s)p \geq 0$ (which follows from our assumptions on b, p and q). Then,

(5.19) 
$$\int_{\Omega} \int_{|x-z| < d(x)/2} \frac{|f(z) - f(x)|^p}{|z-x|^{n+sp}} \delta(x,z)^b \, dz \, dx \le C \int_{\Omega} x_n^{-(\nu+1)p + \frac{b+(1-s)p}{\alpha}} dx \le C \int_{0}^{1} x_n^{-(\nu+1)p + \frac{b+(1-s)p+n-1}{\alpha}} \, dx_n.$$

Therefore, (5.17) does not hold if there exists  $\nu$  such that its LHS is infinite and its RHS is finite, that is, if

$$-\nu q + \frac{n-1}{\alpha} \le -1 < -(\nu+1)p + \frac{b+(1-s)p+n-1}{\alpha}$$

and then, the existence of such a  $\nu$  is equivalent to

$$b > p(s-1+\alpha) + p(n-1+\alpha)\left(\frac{1}{q} - \frac{1}{p}\right)$$

as we wanted to see.

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