Infection levels of intestinal helminths in two commensal rodent species from rural households in Yucatan, Mexico

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Abstract

The aim of the present study was to calculate the prevalence and intensity of intestinal helminths in the house mouse (*Mus musculus*) and the black rat (*Rattus* rattus) trapped in rural households of Yucatan, Mexico. Sampling was conducted during the rainy season from October to December 2011 and the dry season from January to March 2012. A total of 154 M. musculus and 46 R. rattus were examined, with 84.2% of M. musculus being infected with helminths compared with a significantly lower prevalence of 52.2% in *R. rattus* (P < 0.01). Adult *M. musculus* were more likely to be infected with helminths (89%) than subadults (63%) (P < 0.01). Four helminth species were identified: Taenia taeniaeformis larvae, Nippostrongylus brasiliensis, Syphacia muris and Trichuris muris. Nippostrongylus *brasiliensis* was present more frequently in *M. musculus* than in *R. rattus* (P < 0.01) and in adult mice compared to subadults (P < 0.01). Trichuris muris was present only in adult mice. This is the first report of *N. brasiliensis*, *S. muris* and *T. muris* in Yucatan, Mexico, as well as the first to report the presence of N. brasiliensis in *M. musculus* from Mexico. The helminth fauna of commensal rodents present in households appears to constitute a low potential health risk to local inhabitants; however, it would be advisable to conduct further studies to better understand the public health risk posed by these rodent intestinal helminths.

Introduction

Commensal rodent species thrive in close proximity to agriculture, animal production and human dwellings (Langton *et al.*, 2001). In general, the main commensal species found in both rural and urban areas are the house mouse (*Mus musculus*), the black rat (*Rattus rattus*) and the Norway rat (*R. norvegicus*). These rodents are the cause of extensive economic damage to cultivated fields and, in relation to public health, can transmit, maintain and spread zoonotic agents such as viruses, bacteria and

helminths through their faeces, urine, aerosols or ectoparasites (Easterbrook *et al.*, 2007).

Several studies have shown that certain gastrointestinal helminths of commensal rodents represent a risk to public health (Waugh *et al.*, 2006; Hancke *et al.*, 2011). The helminths *Hymenolepis nana*, *H. diminuta* and *Capillaria hepatica* have been reported as zoonotic, and *Moniliformis moniliformis* and *Raillietina* sp. as potentially zoonotic species (Stojcevic *et al.*, 2004; Waugh *et al.*, 2006; Easterbrook *et al.*, 2007; Hancke *et al.*, 2011). Moreover, rodents are the intermediate hosts for *Echinococcus multilocularis, Toxocara* spp. and *Toxoplasma gondii*, and may serve as indicators for assessing the occurrence and level of environmental contamination and infection

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pressure with free-living stages of these zoonotic parasites (Reperant *et al.*, 2009).

Commensal rodents exhibit great adaptability and behavioural flexibility to anthropogenic ecosystem alterations, exploiting industrial and commercial buildings, households, vacant areas, parks, farms and cultivated fields (Gomez et al., 2009). Ĥouseholds are ideal habitats for rodents, and as a result, rodents are a serious problem in both urban and rural areas (Langton et al., 2001). However, in rural areas, the poor hygiene and housing conditions promote close contact between people and rodents. Epidemiological studies are required in many rural areas of Mexico, especially when we consider that 22.2% of the Mexican population lives in rural areas and 64.9% of these live in poverty (INEGI, 2010; CONEVAL, 2011). Panti-May et al. (2012) reported that in a rural locality of Yucatan, Mexico, all households inspected were found to be infested with *M. musculus* and *R. rattus*. However, surveys of the intestinal helminths of commensal rodents in Mexico are few and such studies have been conducted on nature reserves (Pulido-Flores et al., 2005), or in peri-urban areas (Tay-Zavala et al., 1999) with few studies carried out in households (Rodríguez-Vivas et al., 2011). In south-eastern Mexico, only the presence of Cysticercus fasciolaris has been reported in the liver of M. musculus and R. rattus (Rodríguez-Vivas et al., 2011), and there has never been a comprehensive study of the endoparasite species carried by rodents in rural and urban households.

The aim of this study was to estimate the prevalence and intensity of intestinal helminths in *M. musculus* and *R. rattus* trapped in households of a rural community in Yucatan, Mexico. This study will also analyse the demographic and seasonal distribution of helminths with respect to host species, sex, age and season, in order to determine the role of rodents as potential reservoirs for zoonotic parasites.

Materials and methods

Collection and examination of rodents

Rodent sampling was conducted in the community of Molas (20°48′55″ N and 89°37′55″W), located in a rural area of Yucatan, Mexico. Molas is 30,066 m² in area, has 2014 inhabitants and is located within the 'Cuxtal' Ecological Reserve, where the vegetation is representative of a low deciduous tropical forest. The regional climate is warm, sub-humid with a maximum temperature of 36°C in May, a minimum of 16°C in January and an average annual rainfall of 1100 mm (INEGI, 2010).

Sampling was carried out during the 2011 rainy season (October to December) and the 2012 dry season (January to March) in 40 households using Sherman traps ($7.5 \times 23 \times 9 \text{ cm}$; HB Sherman Traps Inc., Tallahassee, Florida, USA) baited with a mixture of oats and vanilla. Monthly, 12 traps were set in each house, distributed throughout the dwelling and/or yard (depending on the wishes of the owners) for three consecutive nights. Trapped animals were transported to laboratory, euthanized by cervical dislocation and dissected according to the guidelines of the American Society of Mammalogists (Sikes *et al.*, 2011). The species, sex and

weight of each specimen were recorded. Rodent age was designated as follows: in *M. musculus*, individuals were classified as subadult (≤ 9 g female, <10 g male) or adult (≥ 9 g female, ≥ 10 g male), while in *R. rattus*, the categories were subadult (≤ 70 g female, ≤ 80 g male) or adult (>70 g female, > 80 g male) (Panti-May *et al.*, 2012).

One hundred and fifty-four M. musculus and 46 R. rattus were examined, totalling 100 rodents each for the wet and dry seasons. Viscera were frozen at -20° C or inspected fresh. The liver, stomach, small and large intestines were placed in Petri dishes containing saline solution. The liver (considered as part of the intestinal tract) was examined for cestode larval capsules while the entire gastrointestinal tract was opened lengthwise and gut content inspected for the presence of helminths using a stereomicroscope. Any helminths found were preserved in 70% ethanol. For identification, nematodes were cleared in lactophenol, while cestodes were stained with Semichon's acetic carmine and mounted in Canada balsam. Vouchers of specimens were deposited in the Helminthological Collection of the Museo de La Plata, Argentina (Nos 6684, 6685, 6686 and 6687).

Data analysis

Prevalence and mean intensity (MI) of helminth infection were calculated (Bush et al., 1997). To evaluate the statistical differences in helminth infection between mice and rats, the chi-squared test was used. The relationship between the prevalence of infection of M. musculus with helminths (regardless of the helminth species) and each helminth species relative to host age, sex and season was also tested by chi-squared and Fisher's exact tests, and to determine differences in MI the Bootstrap test was used (Quantitative Parasitology 3.0 software, Rózsa et al., 2000). In R. rattus, the relationship between the prevalence and MI of infection relative to host age, sex and season were not tested, due to the small sample size. The dominance level of each species in the component community was estimated [D = (number of individuals of a particular parasite species in a particular host species/total number of parasites in this host species) \times 100] according to Morales & Pino (1987).

Results

Of 154 mice examined, 88 were males and 66 females (127 adults and 27 subadults), while of 46 rats examined, 26 were males and 20 females (25 adults and 21 subadults). The overall prevalence of intestinal helminths in commensal rodents was 77% (95% confidence interval (CI): 70.5–82.5%). Further analysis indicated that the prevalence of helminth infection among *M. musculus* (84.2%) was significantly higher than in *R. rattus* (52.2%) ($\chi^2 = 20.79$, df = 1, *P* < 0.01). In *M. musculus*, adults were more likely to be infected with helminths (89%) than subadults (63%) (Fisher's exact test, *P* < 0.01); however, the prevalence of helminth infection did not show significant differences in relation to host sex and season (*P* > 0.05).

Of 200 rodents examined, 81.8% harboured one species of helminth, 16.2% of animals had two and 1.9% of

individuals were infected with three different species. No statistical differences were observed between multiple helminth infections with respect to host species, age, sex and season (P > 0.05).

More than 6000 helminths were collected from the intestinal tracts of the rodents, belonging to four helminth species: one cestode, *Taenia taeniaeformis* Batsch, 1786, larvae; and three nematodes, *Nippostrongylus brasiliensis* Travassos, 1914, *Syphacia muris* Yamaguti, 1935, and *Trichuris muris* Schrank, 1788. *Nippostrongylus brasiliensis* and *T. taeniaeformis* were found in both *M. musculus* and *R. rattus*, while *T. muris* was found exclusively in *M. musculus* and *S. muris* found only in *R. rattus*.

In *M. musculus*, *N. brasiliensis* was the most prevalent helminth (81.2%), followed by *T. muris* (11.7%; table 1). Intensity followed the same trend, with the highest values seen for *N. brasiliensis* (MI = 47.5) and *T. muris* (MI = 6.9). *Nippostrongylus brasiliensis* dominated the component community in mice (D = 97.6%). In *R. rattus*, *N. brasiliensis* was the most prevalent helminth (43.5%), followed by *S. muris* (17.4%). Intensity was low for *N. brasiliensis* (MI = 8), but higher in *S. muris* (MI = 13.4). *Nippostrongylus brasiliensis* (D = 59.3%) and *S. muris* (D = 39.6%) dominated the component community in rats.

The prevalence of infection of *M. musculus* with *T. taeniaeformis*, *N. brasiliensis* and *T. muris* relative to host age, sex and season is shown in table 2. *Taenia taeniaeformis* showed no preference for host age, sex or season (P > 0.05); however, *N. brasiliensis* was present more frequently in adult than in subadult mice ($\chi^2 = 7.68$, df = 1, P < 0.01) while *T. muris* was only present in adult mice. In contrast, there were no significant differences in MI of infected *M. musculus* with *T. taeniaeformis*, *N. brasiliensis* and *T. muris* relative to host age, sex and season (table 3).

Mus musculus had a higher prevalence ($\chi^2 = 25.24$, df = 1, P < 0.01) and MI (t = 5.6, P < 0.05) of infection with *N. brasiliensis* than *R. rattus*; however, both rodents had similar prevalence and MI of *T. taeniaeformis* (P > 0.05).

Discussion

The helminth fauna of commensal rodents has been studied worldwide. However, these studies have been

performed primarily on *R. norvegicus* (Stojcevic *et al.*, 2004; Gomez Villafañe *et al.*, 2008; Hancke *et al.*, 2011) with few studies focusing on sympatric *M. musculus* and *R. rattus* present in households from rural localities of Mexico (Rodríguez-Vivas *et al.*, 2011). In this study, we examined the intestinal helminths of two commensal rodents commonly present in rural households of Yucatan, Mexico.

The overall prevalence of helminths in commensal rodents is influenced by different environmental conditions. In our study, 77% of rodents were infected with helminths, as compared to levels reported in Argentina (Hancke *et al.*, 2011), Italy (Milazzo *et al.*, 2010b), Panama (Calero *et al.*, 1950), Puerto Rico (de León, 1964), Jamaica (Waugh *et al.*, 2006) and the USA (Clark, 1970), where the prevalence of infected *M. musculus*, *R. rattus* and/or *R. norvegicus* varied from 23.4 to 98.6%. These studies indicate that the prevalence of helminths in commensal rodents is highly variable across locations.

The prevalence of helminth infection found in this study was higher in mice (84.2%) than in rats (52.2%). This is contrary to the findings of Hall et al. (1955), who reported a higher infection rate in R. norvegicus (80%) than in M. musculus (25.9%) in the USA. Similarly, in Italy, Milazzo et al. (2010a) found that R. rattus (92.7%) was infected to a greater degree than M. musculus (61.6%). These differences in infection rates may be due to particular characteristics of habitat, the helminth species present in the area, as well as the behaviour and relative abundance of the hosts. In this study, the large areas of soil and vegetation present in household yards could provide the ideal environment for the maintenance of infective parasite stages, increasing the infection rate in predominantly ground-dwelling/ terrestrial animals (such as mice). Taken in conjunction with the greater abundance of mice reported in the community (Panti-May et al., 2012), these factors could influence the spread and distribution of parasites among mice, as the number of hosts available for parasite colonization is known to determine the helminth infection rate (Krasnov et al., 2006).

In the present study, 81.8% of rodents were infected with one species of helminth, while 18.2% of animals carried multiple infections. This is similar to the reports of Waugh *et al.* (2006) who found that 80.0% of the infected

Table 1. Prevalence (%), mean intensity and site of infection of *Taenia taeniaeformis* (*cysticercus*), *Nippostrongylus* brasiliensis, *Trichuris muris* and *Syphacia muris* in *Mus musculus* (n = 154) and *Rattus rattus* (n = 46) from Yucatan, Mexico.

Host	Parasite species	Prevalence (CI)	Mean intensity (CI)	Infection site
Mus musculus	Taenia taeniaeformis	9.7	1.2	Liver
		(5.7 - 15.5)	(1-1.4)	
	Nippostrongylus brasiliensis	81.2	47.5	Small intestine
	11 00	(74.1 - 86.8)	(37.1 - 64.2)	
	Trichuris muris	11.7	6.9	Large intestine
		(7.4 - 17.8)	(3.4 - 17)	0
Rattus rattus	Taenia taeniaeformis	4.3	1.5	Liver
	2	(0.8 - 14.9)	(1-1.5)	
	Nippostrongylus brasiliensis	43.5	8.0	Small intestine
	11 85	(29.2 - 58.8)	(5.1 - 12.3)	
	Syphacia muris	17.4	13.4	Large intestine
	- 57	(8.1 - 31.3)	(7.1-21)	

CI, 95% confidence intervals.

Table 2. The relationship between the prevalence of infection of <i>Mus musculus</i> with <i>Taenia taeniaeformis</i>
(cysticercus), Nippostrongylus brasiliensis and Trichuris muris, relative to host sex, age and season from
Yucatan, Mexico.

	No. of hosts examined	Prevalence (%) of parasite species			
Host parameters and season		Taenia taeniaeformis	Nippostrongylus brasiliensis	Trichuris muris	
Sex					
Male	88	5.7	80.7	11.4	
Female	66	15.2*	81.8*	12.1*	
Age					
Adult	127	9.4	85.8	14.2	
Subadult	27	11.1*	59.3**	-	
Season					
Rainy	79	8.9	83.5	10.1	
Dry	75	10.7*	78.7*	13.3*	

Chi-square exact significance (two-sided test) or Fisher's exact test where >25% of cells have an expected count <5. *P > 0.05; **P < 0.01.

rats carried one helminth species. Multiple infections did not differ significantly when hosts, sex, age or season were considered.

In *M. musculus*, age was found to be a significant factor for helminth infection. Relatively higher levels of infection in adult rodents, compared to juveniles or subadults, have been reported previously for *R. norvegicus* in Croatia (Stojcevic *et al.*, 2004) and Italy (Milazzo *et al.*, 2010b) as well as in *M. musculus* from Portugal (Martins Pereira, 2009). Several mechanisms are cited to explain this pattern, which include parasite-induced mortality, acquired immunity, age-related changes in predisposition to infection (e.g. due to the development of resistance mechanisms that are unrelated to previous exposure to parasites), and age-dependent changes in exposure to parasites (e.g. due to behavioural shifts or seasonality) (Wilson *et al.*, 2002).

Felids (primarily) serve as the final hosts for *T. taeniaeformis* larvae (=*Cysticercus fasciolaris*) and rodents can act as intermediate hosts. This study showed

a prevalence of infection in mice of 9.7% and 4.3% in rats, which was similar to that reported by Rodríguez-Vivas et al. (2011) in the same community (mice 9%, rats 3.5%). In Sicily, Italy, Milazzo et al. (2010a) reported that 1.4% of mice were infected with T. taeniaeformis while rats were uninfected. However, in Hidalgo, Mexico, Pulido-Flores et al. (2005) only found T. taeniaeformis infection in wild R. rattus. In the area sampled for this study, the uncontrolled reproduction of cats is a serious problem; they roam freely between yards searching for food and contaminating the environment with mature proglottids. We believe that *R. rattus* is less likely to become infected, as it inhabits tall structures and trees close to houses; this is in contrast to M. musculus which lives in burrows in the immediate vicinity of the dwellings and limits its movements in commensal habitats (King, 1950).

To our knowledge, this study is the first to report the natural infection of *M. musculus* with *N. brasiliensis* in Mexico. The presence of *N. brasiliensis* has been reported previously in wild populations of *R. rattus* from Hidalgo

Table 3. The relationship between the mean intensity (MI) of infection of *Mus musculus* with *Taenia taeniaeformis (cysticercus), Nippostrongylus brasiliensis* and *Trichuris muris,* relative to host sex, age and season from Yucatan, Mexico.

	Parasite species					
	Taenia taeniaeformis		Nippostrongylus brasiliensis		Trichuris muris	
Host parameters and season	n	$MI \pm SD$	п	$MI \pm SD$	п	$\rm MI \pm SD$
Sex						
Male	5	1.2 ± 0.4	71	41.0 ± 47.6	10	8.6 ± 16.4
Female	10	$1.2 \pm 0.4^{*}$	54	$55.9 \pm 101.1^*$	8	$4.9 \pm 5.1^{*}$
Age						
Adult	12	1.2 ± 0.4	109	48.3 ± 76.7	18	6.9 ± 12.5
Subadult	3	$1.3 \pm 0.6^{*}$	16	$42.1 \pm 69.1^{*}$		_
Season						
Rainy	7	1.1 ± 0.4	66	33.5 ± 35.2	8	3.2 ± 4.0
Dry	8	$1.2 \pm 0.5^{*}$	59	$63.2 \pm 101.7^*$	10	$9.9 \pm 16.2^{*}$

Bootstrap t-test (2-sided), each with 2000 replications.

*P > 0.05; SD, standard deviation; *n*, hosts infected.

(Pulido-Flores et al., 2005) and in commensal populations of R. norvegicus from Michoacan (Hierro-Huerta, 1992) but not in populations of M. musculus (García-Prieto et al., 2012) in Mexico. Nippostrongylus brasiliensis is common in wild and commensal *R. norvegicus* throughout the world. It also occurs, albeit much less frequently, in R. rattus and, rarely, in M. musculus (Pulido-Flores et al., 2005; Milazzo et al., 2010a; Hancke et al., 2011). In several countries of the Caribbean region (e.g. Panama, Puerto Rico, Costa Rica and Jamaica), this parasite is one of the most prevalent in rodents (Calero et al., 1950; Vives & Zeledón, 1957; de León, 1964; Waugh et al., 2006). Laboratory studies have shown that high moisture conditions are vital for the development of N. brasiliensis, with maximal hatching of eggs occurring at temperatures between 22 and 30°C and larvae tolerating at temperatures of up to 49°C (Haley, 1962). These are the predominant conditions in Yucatan (and all tropical areas in general), appearing to provide the ideal environment for maintaining this worm in rodent populations. As infection with N. brasiliensis occurs mainly through larval penetration of the skin of the host, the lower prevalence and intensity in *R. rattus* (as opposed to M. musculus which has a higher rate of infection) could be explained by the predominantly arboreal habitat and the limited use of the ground (Worth, 1950; Hooker & Innes, 1995) which could reduce the exposure time to infective larvae.

Syphacia muris is the common pinworm of laboratory, wild and commensal rats. Infection in rats occurs through the ingestion of infective eggs or retrofection (Stahl, 1963) and the grooming behaviour of rats could favour the maintenance of *S. muris* (Anderson, 2000). In Mexico, *S. muris* has only been reported in *R. rattus* from Hidalgo, at a prevalence of 50% (Pulido-Flores *et al.*, 2005). The low prevalence recorded in our study (17.4%) was similar to that reported in Argentina (14%, Gomez Villafañe *et al.*, 2008) and Italy (19.5%, Milazzo *et al.*, 2010a).

In America, most studies have reported that natural infection by *T. muris* is rare or uncommon in *R. rattus* and R. norvegicus (Panama, Calero et al., 1950; USA, Hall et al., 1955; Costa Rica, Vives & Zeledón, 1957; Mexico, Tay-Zavala et al., 1999; Jamaica, Waugh et al., 2006; Argentina, Hancke et al., 2011). In our survey, T. muris was only recorded in mice, supporting the findings of Milazzo et al. (2003, 2010a) and Pulido-Flores et al. (2005) relating to sympatric M. musculus and R. rattus. This difference in infection between mice and rats lacks a clear explanation, though infection with T. muris is by ingestion of food contaminated with infective eggs (soil-transmitted helminth), and the absence of this parasite in rats could be the result of their arboreal habitat and feeding behaviour. Rattus rattus visits a few recognized feeding locations, in contrast to M. musculus, which has been described as an erratic feeder, visiting many locations during a single foray (sites varying from night to night), potentially contaminating its foraging sites (Clapperton, 2006). Moreover, the higher infection rate found in the adults compared to subadults, may be related to sexual maturity; the male androgens acting via cytokines to suppress immunity, while lactation has also been shown to suppress the immune response to T. muris (Selby & Wakelin, 1975; Hepworth *et al.*, 2010).

In this study, we recorded four helminths species in commensal rodents. Similarly, in Mexico, Pulido-Flores et al. (2005) reported that R. rattus and M. musculus from two localities of Hidalgo harboured three and five gastrointestinal helminth species, respectively. In Chile, Landaeta-Aqueveque et al. (2007) found only three helminth species in M. musculus from three sites. However, studies in Panama (Calero et al., 1950), Costa Rica (Vives & Zeledón, 1957), Puerto Rico (de León, 1964) and Jamaica (Waugh et al., 2006) reported a more diverse helminth fauna. The depauperation of island fauna and flora in free-living organisms as well as parasites is a wellknown pattern (Krasnov et al., 2006). The 'peninsula effect' of North America has a similar pattern, observed as a decrease in species diversity (mammals and birds) as one moves from the base to the tip of the peninsula (Taylor & Regal, 1978; Wiggins, 1999). We postulate a similar effect on parasite diversity in the study area, which is located at the tip of the peninsula. Additionally, the geographic range of a host can affect the diversity of parasite species (Feliu et al., 1997), where a reduction in home range for mice and rats in commensal habitats in contrast to natural habitats (Battersby et al., 2008) could reduce the diversity of parasites. However, in the Yucatan Peninsula, there are no previous studies on species diversity of the parasites infecting rodents, so a more in-depth study of these factors could serve to explain this depauperate helminth fauna.

Among the helminth fauna present in commensal rodents, *H. diminuta, H. nana,* and *C. hepatica* are of relevance to public health. In our survey, none of these helminths were found in rodents. On the other hand, *T. taeniaeformis* is capable of infecting humans (Sterba & Barus, 1976; Ekanayake *et al.*, 1999) and its occurrence in rodents (as intermediate hosts) indicates that this cestode is enzootic in cats, and may thus represent a public health risk, especially to children. Rodents could also serve as an important sentinel for this cestode. *Nippostrongylus brasiliensis*, the parasite with the highest prevalence in both rodents, is not reported as being zoonotic, although its impact in densely populated environments is not known (Hancke *et al.*, 2011).

Hymenolepis nana is a parasite with a direct life cycle that is common in both humans and rodents (Hancke *et al.*, 2011). The presence of *H. nana* has been reported in people of a rural village close to the community of Molas, having a prevalence of 9.6% (Rodríguez-Pérez *et al.*, 2011). In a previous study in the same community, Panti-May *et al.* (2012) reported an abundance of commensal rodents in households, having access to kitchens, cupboards and food storage. If we consider these conditions, and that commensal rodents are introduced species, the impact of rodent helminths on public health could be underestimated.

In conclusion, our study reports for the first time on the natural infection of commensal rodents in Yucatan with *N. brasiliensis, S. muris* and *T. muris* and is the first report of *N. brasiliensis* infecting *M. musculus* in Mexico. We found a higher occurrence of helminths in mice than in rats, and the prevalence and intensity of *N. brasiliensis* infection were higher in *M. musculus* than in *R. rattus*. This suggests that the helminth fauna of commensal rodents present in households of Molas constitutes a low potential health risk to people. Nevertheless, it would be advisable to conduct further studies in other rural and urban

localities in order to improve our understanding of the public health risks posed by the intestinal helminths of commensal rodents.

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Conflict of interest

None.

Ethical standards

The authors assert that all procedures contributing to this work comply with the ethical standards of the guidelines of the American Society of Mammalogists.

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