



The effect of periconceptual undernutrition of sheep on the cognitive/emotional response and oocyte quality of offspring at 30 days of age

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	<p>lambing, 32 lambs were exposed to tests to determine their cognitive and emotional responses. Six ewe lambs were euthanized and in vitro maturation and fertilization procedures performed. L ewes presented a significant reduction of prolificacy and fecundity ($P<0.05$) in comparison with C ewes. Mean LW at lambing of L lambs was significantly higher than C lambs (C: 3.80 ± 0.11; L: 4.24 ± 0.15 kg, $P<0.05$). Lambs born from C ewes spent more time walking than L lambs ($P<0.05$) in the isolation test, revealing a decrease of the locomotor activity of lambs born from undernourished ewes around conception. Ewe lambs from the undernourished ewes presented a total population of oocytes 2.3 times higher than ovaries from control ewe lambs (60.0 ± 7.8 vs. 140.0 ± 18.5 oocytes; $P<0.05$). In conclusion, periconceptional undernutrition is able to produce an increment in the body weight and the oocyte population, and an alteration of the locomotor activity of the offspring.</p>

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Periconceptional nutrition of sheep

The effect of periconceptional undernutrition of sheep on the cognitive/emotional response and oocyte quality of offspring at 30 days of age

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Maternal periconceptional undernutrition is associated with altered development and increased risks of adverse outcomes in the offspring. This circumstance is normal in flocks under extensive farming systems, which depend on natural forage resources. The aim of this work was to determine the effect of periconceptional undernutrition in sheep on behavioral and reproductive aspects of the offspring. Eighty ewes were synchronized in estrus and allocated to two groups (n=40) to be fed diets that provided 1.5 (C) or 0.5 (L) times the requirements for maintenance. Ewes were mated and 7 days later fed the control diet until lambing. One month after lambing, 32 lambs were exposed to tests to determine their cognitive and emotional responses. Six ewe lambs were euthanized and in vitro maturation and fertilization procedures performed. L ewes presented a significant reduction of prolificacy and fecundity ($P<0.05$) in comparison with C ewes. Mean LW at lambing of L lambs was significantly higher than C lambs (C: 3.80 ± 0.11 ; L: 4.24 ± 0.15 kg, $P<0.05$). Lambs born from C ewes spent more time walking than L lambs ($P<0.05$) in the isolation test, revealing a decrease of the locomotor activity of lambs born from undernourished ewes around conception. Ewe lambs from the undernourished ewes presented a total population of oocytes 2.3 times higher than ovaries from control ewe lambs (60.0 ± 7.8 vs. 140.0 ± 18.5 oocytes; $P<0.05$). In conclusion, periconceptional undernutrition is able to produce an increment in the body weight and the oocyte population, and an alteration of the locomotor activity of the offspring.

Key words: sheep, undernutrition, periconceptional, offspring

1 Introduction

2 The expression “developmental programming” is described as the programming of
3 various bodily systems and processes by a stressor of the maternal system during
4 pregnancy or during the neonatal period¹ (Reynolds et al., 2010). It has also been
5 termed as “Fetal Programming”, “The Barker Hypothesis”, or “developmental origins
6 of health and disease”². The effects of this process are evident at offspring level in
7 changes in litter size, sex ratios, fetal or neonatal development and in key organ
8 systems and functions, especially reproductive capacity, health and behavior³. One of
9 these stressors is maternal nutrition, especially around conception, which is known as
10 the “periconceptual period”. In a recent review⁴, it has been indicated that maternal
11 periconceptual undernutrition is related to altered development and an enlarged
12 danger of adverse neurodevelopmental and metabolic consequences in childhood and
13 later life, suggesting that environmental signals acting during early development may
14 result in epigenetic changes which may play a role in the relationship between early
15 life vulnerability and adult phenotype. The importance of nutrition during certain
16 windows of physiological processes, in the context of the livestock industry, have led
17 to create the term “focus feeding”, which is based on using short periods of nutritional
18 supplements that are precisely timed and specifically designed for stages of the
19 reproductive process⁵. The accessibility to pasturage resources in a particular year can
20 produce situations of deprivation and subnutrition, a circumstance that is normal in
21 sheep flocks under extensive farming systems such as those found in the
22 Mediterranean area that extensively rely on natural forage resources. It has been
23 widely demonstrated that undernutrition affects sheep reproduction⁶, so that together
24 with season, undernutrition becomes one of the main environmental factors affecting
25 lamb production.

26 Maternal undernutrition around conception has numerous effects on several aspects
27 of the physiology of offspring. A low level of nutrition from –45 days to 6 days after
28 conception is sufficient to change the amount of key factors regulating cardiac growth
29 and metabolism and this may increase the capacity to develop cardiovascular diseases
30 in later life⁷, or cause a suppression of the pituitary glucocorticoid receptor expression

1 at the end of pregnancy⁸. At the reproductive level, maternal feed restriction causes a
2 delay in fetal ovarian development in sheep⁹.

3 Undernutrition, or even specific nutrient deficiency, before conception and during the
4 periconceptual period can also alter the behavior of the resultant offspring. Thus, in
5 sheep, a significant decrease in voluntary physical activity in adult offspring has been
6 observed after a periconceptual undernutrition of the ewes¹⁰, and offspring from
7 undernourished ewes suppress behavioral reactions and cortisol secretion in response
8 to isolation stress¹¹. Moreover, when ewes were undernourished from 61 days before
9 until 30 days after conception, offspring plasma cortisol was suppressed, producing a
10 prolonged, sex-dependent effect on adrenal function in the offspring¹². Sub-clinical
11 cobalt deficiency in embryo donor ewes resulted in lambs that spent less time
12 interacting with their dams than lambs from embryos donated by cobalt-adequate
13 ewes¹³. Such observations confirm the importance of the nutritional status of the
14 oocyte and/or early cleavage-stage embryo on post-natal behavior. It has been
15 suggested¹⁴ that prenatal undernutrition can have long-term adverse effects on the
16 animals' responses to normal husbandry procedures, indicating that extensive
17 management systems, in which pregnant ewes are often subject to periods of low food
18 supply, have the potential to produce offspring with higher levels of emotional
19 reactivity.

20 The aim of this work was to determine the effect of periconceptual undernutrition in
21 sheep on behavioral characteristics of the offspring and on their reproductive traits at
22 30 days of age. Thus, some cognitive and emotional responses of the offspring, and the
23 number and quality of the oocytes recovered from ewe lambs born as a result of the
24 window under study have been examined. Moreover, the capacity of these oocytes to
25 become embryos after *in vitro* maturation (IVM) and fertilization (IVF) techniques were
26 also investigated.

27 We used Rasa Aragonesa sheep, which is a native Spanish breed with a short seasonal
28 anestrus period (<100 days) between May and July¹⁵, and is well adapted for
29 intensive production systems and an accelerated lambing rate (typically, three
30 lambings in two years).

1 **Methods**

2 *Animals and experimental procedures*

3 The study was conducted at the experimental farm of the University of Zaragoza, Spain
4 (41°N). In mid-November, 80 mature Rasa Aragonesa ewes were synchronized in
5 estrus (day 0) using intravaginal sponges that contained 30 mg fluorogestone acetate
6 (Chronogest, MSD Salud Animal, Madrid, Spain), which were inserted for 14 days.
7 Upon sponge withdrawal, 480 IU eCG (Folligon, MSD Salud Animal, Madrid, Spain)
8 were administered. Ten fertile rams were introduced into the flock 24 h after sponge
9 removal, and kept for 72 h. At the time of sponge insertion ewes were allocated to one
10 of two groups to be fed diets that provided either 1.5 (control group (C); n=40) or 0.5
11 (low group (L); n=40) times the daily requirements for maintenance. Diets consisted of
12 0.80 or 0.50 kg of barley straw and 0.55 or 0.10 kg of pellets, for C and L groups,
13 respectively. The pelleted diet consisted of barley (85%) and soy bean (15%). The
14 animals had unrestricted access to water and mineral supplement. At day 7, all ewes
15 were regrouped and fed the control diet until lambing.

16 Liveweight (LW) and body condition (BCS) (on a scale of 0–5, where 0=emaciated and
17 5=obese)¹⁶ were determined at time of sponge insertion (day -14), at withdrawal (day
18 -1) and at day 7, the end of the differential diet period. The reproductive parameters
19 assessed at lambing were fertility rate (number of ewes lambing per 100 ewes
20 presented to rams), prolificacy (mean number of live and dead lambs born per ewe
21 lambing), and fecundity (number of live and dead lambs born per ewe presented to
22 the ram). Ratio male/female born and mean pregnancy lengths were also calculated.
23 Lambs were weighed at lambing and weaning (45 days of age).

24 Approximately one month after lambing, 32 lambs (C: 9 males, 8 females; L: 8 males, 6
25 females) with a mean (\pm S.E.M.) LW of 7.9 ± 0.1 kg (C: 7.7 ± 0.1 ; L: 8.1 ± 0.1 kg) and a mean
26 age (\pm S.E.M.) of 27.0 ± 0.5 days (C: 27.2 ± 0.5 ; L: 26.8 ± 0.6 days) were selected to be
27 exposed to T-maze, isolation and novel object tests. Lambs were selected from those
28 born in a 3-day interval. A blood sample was collected 48 h before the tests to
29 determine plasma concentrations of some metabolic indicators of stress and energetic
30 activity (cortisol, glucose, creatine kinase (CK) and lactate).

Ten days after the behavioral and cognitive tests, six ewe lambs (3 C, 3 L) born the same day, with a mean LW (\pm S.E.M.) of 10.8 ± 0.6 kg (C: 10.6 ± 0.6 ; L: 11.0 ± 0.5 kg) and a mean age (\pm S.E.M.) of 36.0 ± 0.0 days were euthanized using an i.v. injection of a commercial euthanizer (T-61, MSD, Salamanca, Spain). Ewe lambs were selected on the basis of a similar LW, being born the same day and being twins. None of them participated in the behavioral tests. Their ovaries were recovered and stored at 39°C until they were processed, not later than half an hour after ovariectomy.

T-maze test

Lambs were subjected to a cognitive test in two consecutive rounds. A T-maze adapted from Marin et al.¹⁷ for lambs, built with plastic panels 1.40 m in height (Fig. 1) was used. The T-maze test was developed as a learning paradigm for young chicks¹⁸ and to assess emotionality on the basis of escape behavior¹⁹. It consisted of a start box, and an isolation chamber (2 x 2 m) joined on one of its sides to a T-corridor. The start box was fully closed but large enough to enable an individual to move around. The T-corridor consisted of a 2 x 0.80 m path linked to two perpendicular arms (1.65 x 1.65 m each). A mirror (70 x 30 cm) and a loudspeaker were located in the target zone on the left arm. An observation platform was placed 3 m above the ground adjacent to the T-maze apparatus, so as not to influence animal movement²⁰. The apparatus was kept in a soundproof room (9 x 6 m) maintained at constant temperature and humidity during the test.

The sounds used in the experiment were a playback of ewe and lamb vocalizations during a short-time separation. They were recorded at a distance of 50 cm from the sound source using a Handy Recorder H1 (Zoom Corporation Tokyo, Japan) numeric recorder (sampling rate: 44.1 kHz). Sounds were then imported into a computer at a sampling rate of 44.1 kHz and saved in WAV format at 16-bit amplitude resolution²¹. The Audacity® audio software was used to prepare the sound sequences that were played back. A sample of these sounds was combined to produce a 5 min segment and a random portion of this segment was played at each trial. The noise was played and measured using a Bioblock Scientific Sound Level Meter, type 50517, at a set volume that ensured lambs were exposed to 81 dB of intensity through the majority of the T-

1 maze. For each trial, the sounds were played back using a Handy Recorder H1
2 connected to a loudspeaker located at floor level on the left arm in the target zone.
3 Before entering the T-maze, the lambs were kept in a holding pen for 60 min. After this
4 adaptation period, each individual was separated from the group and moved to the
5 entrance of the test pen. The procedure was designed to ensure that the handling
6 protocol applied to the animals between the holding and test pen was as standardized
7 as possible and was performed quietly by the same person each time to avoid arousal
8 before the test. Lambs from different treatment groups were tested alternately, so
9 that the treatment factor was not confounded with the order of testing. All of them
10 stayed in the start box for 20 s before a guillotine door was lifted to allow entrance
11 into the arena. After the lamb left the start box, the guillotine door was quietly
12 closed²² and recorded sounds were played back. Each individual was filmed and the
13 time taken in reaching the target zone (always on the left side), with a mirror (social
14 **cue**) and the sound source (sound clue), was recorded. The latency to leave the start
15 box and the number of areas traversed (see Fig. 1) was calculated. Each animal was
16 given a maximum of 5 min to solve the maze. No animal exceeded that time limit.

17 *Isolation test*

18 Lambs underwent an isolation test to measure fear in novel environments and
19 response to separation. The test pen represented a novel environment in which the
20 tested animal was visually isolated from other members of the group. The lambs were
21 tested in an arena measuring 4 x 4 m, marked out in a grid of 0.50 x 0.50 m. Water and
22 familiar food were placed in the arena in a familiar bucket against the wall facing the
23 entrance door. Before testing, groups of lambs were moved to a holding pen, where
24 they stayed for 30 min. After this adaptation period, each individual was separated
25 from the group and moved to the entrance of the test pens. The procedure was
26 designed to ensure that the handling protocol applied to the animals between the
27 holding and test pen was standardized as far as possible and was performed quietly by
28 the same person each time to avoid arousal before the test. Lambs from different
29 treatment groups were tested alternately, so that the treatment factor was not
30 confounded with the order of testing. All of them stayed in the start box for 20 s
31 before a guillotine door was lifted to allow entrance into the arena. After the lamb left

the start box, the guillotine door was quietly closed²². The lamb to be tested entered the arena, remaining there for a 5 min period. All behavioral responses were recorded on videotape using an overhead color camera, and a microphone was used to record vocalizations. The time each animal spent walking, exploring, standing, attempting to escape (i.e. jumps: four legs leaving the ground), the latency to leave the start box, the latency to leave the test once the test was over, and the number of bleats were recorded.

Novel object test

This test was designed to examine the initial reaction of a lamb when exposed to a novel object (1 min) and when exposed to the same object for a second time (1 min), one minute after the first exposure. Five minutes after opening the swing doors, right after the end of the isolation test, a novel object consisting of a blue plastic ball connected to a rope was lowered from the ceiling to the floor at the center of the arena. When it hit the floor, it was left in that position for the first 1 min novel object test; then it was lifted up and after 1 min, the same procedure was repeated. The distance to the novel object in the 30th second of the test (two measurements), and the time taken to approach the novel object in each exposure were measured. The total number of times an animal touched the object during the whole test was also recorded.

In vitro procedures

A combination of puncture and slicing techniques were used to collect oocytes, which were classified based on their cumulus cells and cytoplasm morphology, as: good (all oocytes with a lot of complete layers of granulose cells and homogeneous cytoplasm), fair (all oocytes with few or incomplete layers of granulose cells and homogeneous cytoplasm) or poor (oocytes with few or absence of granulose cells and non-homogeneous cytoplasm). Only good and fair oocytes (healthy oocytes) were selected for *in vitro* maturation (IVM). At the end of IVM, the oocytes were denuded from the cumulus cells and transferred to the fertilization medium. On the same day of fertilization, the semen collected from two Rasa Aragonesa rams was pooled, diluted 1:10 in a saline medium and kept at 15°C until *in vitro* fertilization (IVF). Highly motile

spermatozoa were selected by swim-up technique and added to the fertilization medium that contained the oocytes at a final concentration of 1×10^6 spermatozoa/ml, covered with mineral oil and incubated for 24 h at 39°C in an atmosphere of 5% CO₂ and saturated humidity. After 24 and 36 h, presumptive zygotes were assessed for cleavage. Non cleaved oocytes were observed to assess their maturation stage. Oocytes showing the first polar body were considered matured, and oocytes with two polar bodies were considered fertilized but not cleaved. After fertilization, cleaved embryos were placed in a culture medium for 8 days. Media used for oocyte collection and IVM, IVF and embryo culture have been previously described²³.

Plasma assays

Plasma glucose (mg/dl) and CK (UI/l) concentrations were determined with a Multichannel Technicon Analyser (RA-500), using reagents for RA Technicon systems (Bayer Diagnostics, Spain) (glucose, Ref. T01-1492-56; CK Ref. T01-1885-01). Plasma cortisol levels (ng/ml) were determined in duplicate by enzyme immunoassay (EIA)²⁴. The concentration of lactate (mg/dl) was determined in fluoride oxalate plasma using a Sigma Diagnostic Kit (Lactate nº 735-10) and a spectrophotometer (Lamda 5, Perkin Elmer). The intra-assay coefficients of variation were 10, 8, 14, and 5% for glucose, CK, cortisol and lactate, respectively.

Statistical analysis

The rate of matured and fertilized oocytes, cleaved embryos and blastocysts were expressed as a percentage for each group. Maturation and cleavage rates were calculated over the number of healthy oocytes, fertilization rate was based on the number of matured oocytes, and blastocyst rates were based on the number of cleaved embryos or oocytes. They were evaluated statistically using chi-square or Fisher Exact tests, as appropriate. To integrate the percentages in the model, in order to determine whether they were influenced by the effects considered, individual proportions were arcsine-transformed before being subjected to statistical analysis. Total number and classification of oocytes recovered and number of healthy oocytes selected for maturation, and the rest of the reproductive and growth parameters were also subjected to ANOVA. T-maze variables were subjected to repeated-measures

ANOVAs that examined the main effects of treatment (Control and Undernourished), T-maze trial (1st and 2nd T-maze escape; the repeated measure), and their interaction. In order to better fit the assumptions of the ANOVA, latency to leave the start box data were transformed to ranks. A one-way ANOVA was used to determine differences between control and undernourished lambs in open-field variables. Within novel object test, the distance to the novel object and the time to approximate the object were subjected to a repeated-measures ANOVAs that examined the main effects of treatment (control and low), novel object trial (1st and 2nd; the repeated measure), and their interaction. Because the number of times the object was touched was evaluated only once, differences between control and undernourished lambs were evaluated using a one-way ANOVA. Where appropriate, Fisher LSD tests were used for post-hoc comparisons of means. Results were expressed as mean \pm standard error of the mean (S.E.M.). The probability level for statistical significance was set to $P<0.05$ and trend to significance to $P<0.10$.

Results

Live weight and body condition

During the experimental period, the mean LW of C ewes did not change, L ewes presented a reduction in their initial LW (Figure 2), with significant differences at day 7, in comparison with C ewes ($P<0.05$). Accordingly, L ewes experienced a significant reduction in their BC in comparison with C ewes ($P<0.05$). After pessary withdrawal (14 days after the onset of the experimental diets), mean LW and BC of L ewes was significantly lower than those of C ewes ($P<0.05$).

Reproductive parameters

Periconceptional undernutrition up to the seventh day of pregnancy resulted in a significant reduction of prolificacy and fecundity ($P<0.05$) in comparison with the control group (Table 1). Fertility rate of the L group was 10% lower than the C group, although this difference did not reach statistical significance. No significant differences between groups were observed for mean pregnancy length and the ratio male/female born (Table 1).

1 *Lamb growth*

2 Mean LW at lambing of lambs born from L mothers was significantly higher than that
3 of C lambs ($P<0.05$) (Table 1). When male and females were compared separately, the
4 differences between groups presented a statistically significant trend ($P=0.10$ and
5 $P=0.06$, respectively). Mean liveweight at weaning and mean growth rate was not
6 different between groups.

7 *Plasma concentrations*

8 No significant differences between groups for plasma glucose, CK, cortisol and lactate
9 concentrations of the blood samples collected 48 h before the tests were observed
10 (glucose: 101.4 ± 1.8 vs. 103.6 ± 2.8 mg/dl; CK: 332.8 ± 49.2 vs. 302.4 ± 65.5 UI/l; lactate:
11 16.1 ± 2.0 vs. 19.3 ± 1.5 mg/dl; cortisol: 26.9 ± 3.6 vs. 20.5 ± 3.8 ng/ml, for C and L lambs,
12 respectively.

13 *T-maze, isolation and novel object tests*

14 No significant differences between groups were observed in the T-maze test
15 performed by the lambs (Table 2), although a trend toward significance ($P=0.09$) was
16 observed for the number of areas traversed by control lambs in comparison with L
17 lambs. Both the latency to leave the start box and the total time spent in the maze
18 were significantly lower in the second trial and similar in both groups.

19 Regarding the novel object tests, no differences between groups were detected (Table
20 2). Significant differences between trials ($P<0.001$) for the distance to the novel object
21 and the time taken to approach the object were observed in both groups, indicating a
22 larger distance and time to approach the object in the second trial.

23 Results of the isolation test reveal that lambs born from control ewes spent more time
24 walking than lambs from undernourished ewes ($P<0.05$), with L lambs remaining more
25 time standing than C lambs ($P<0.10$) (Table 3). No differences between groups were
26 observed for the rest of the parameters under study.

27 *Oocyte quality*

Ovaries from ewe lambs born from undernourished ewes had a total population of oocytes that was 2.3 times higher than that of the ovaries from control ewe lambs (Table 4) ($P<0.05$). Furthermore, they had more ($P<0.05$) structures in the “good” and “healthy” categories of oocytes, and tended ($P<0.10$) to have more “poor” oocytes. However, the percentage of oocytes in each category was similar, with a mean distribution of 34% good, 13% fair and 53% poor oocytes.

IVM and IVF

Oocytes recovered from ewe lambs born from the L group had a slightly higher percentage of *in vitro* maturation ($P<0.10$), although no differences between groups were observed in the subsequent procedures, i.e. *in vitro* fertilization, cleavage rate and blastocyst rates (Table 4).

Discussion

In spite of the lack of differences in the percentage of oocytes in each quality class, ewe lambs from undernourished ewes presented a significantly higher amount of oocytes than control animals. There are few comparable studies that have examined the effect of maternal nutrition on the quality of lamb oocytes. It has been reported, for instance, that maternal nutrition during pregnancy significantly influences the number of oocytes harvested from resulting lambs as well as the *in vitro* developmental capacity of these oocytes²⁵. Since several diets were compared through the whole pregnancy, it was concluded that these effects were a consequence of significant interactions that occur between diet and stage of pregnancy indicating that nutrition plays a complex role in the regulation of fetal oogenesis and folliculogenesis. A possible explanation for the higher amount of oocytes in the L ewe lambs could be due to effects of the maternal undernutrition on the ovarian development of the offspring. Thus, it has been observed that maternal feed restriction caused a delay in fetal ovarian development in sheep⁹. This effect was not limited to cells and tissues present only during the period of underfeeding, indicating that a nutritional challenge imposed at an early stage of fetal development can have effects at later stages. On the other hand, ovaries of fetuses of undernourished dams at 47 days of pregnancy contained significantly more oocytes than those of well-fed fetuses, suggesting that

the process of oögonial degradation, and the associated reduction in germ cell concentration, may have been reduced or delayed in the ovaries of these fetuses²⁶. The degree of staining of the tissues at Day 62 of gestation observed by these authors indicated that there was greater nuclear DNA activity in the undernourished ovaries than in the control ones, which in turn suggests that the arrest of meiotic activity had been delayed in the ovaries. **Undoubtedly, more studies are needed with a larger number of animals to confirm the results obtained in this work, with only three animals per group.**

The lower reproductive performances reached by the undernourished group were accompanied by a significant reduction of both LW and BC. This is in agreement with previous works by our group, applying exactly the same experimental diets in the same location and with the same breed^{27,28,29}. We have also observed that this level of undernutrition for the same period as that of the present experiment increases NEFA and decreases leptin concentrations in the undernourished ewes, indicating an increase in the lipolytic activity²⁹. Although studying the reproductive performance of the ewes after the experimental undernutrition was not the main objective of this study, it is remarkable that control ewes presented 0.53 more lambs born/ewe than the L group.

Lambs born from undernourished dams were heavier at lambing than lambs from the control group. In sheep, the effects of maternal undernutrition on birth weight and fetal adipose tissue mass have been inconsistent and depend on the timing, level, and length of dietary restriction³⁰. A more consistent observation in lambs from undernourished ewes is that the characteristics of fetal adipose tissue are altered. Other studies have documented that total visceral³¹ and perirenal³² adiposity of the offspring of undernourished mothers is increased, which is accompanied by insulin resistance compared with progeny from well-nourished ewes^{2,31,32}. Supporting these observations, it has been recorded³³ that a brief period of undernutrition around the time of conception in sheep alters adult phenotype in male offspring, including an increase in the relative amount of body fat. The presence of abnormally large calves and lambs has been detected after several manipulations of the embryo before the stage of hatched blastocyst³⁴. The "large offspring syndrome" has been described after

1 *in vitro* embryo transfer programs, and it has limited the large-scale use of *in vitro*
2 embryo production technologies. Progesterone is a putative factor involved in some *in*
3 *vivo* and *in vitro* perturbing treatments. It has been suggested that progesterone may
4 indirectly influence embryo development *in vivo* via its effect on the reproductive
5 tract³⁵. Increasing the maternal concentration of progesterone during the first 6 days
6 of pregnancy increases fetal growth and development³⁶. Although progesterone
7 concentrations have not been measured in this experiment, it has been consistently
8 demonstrated that undernutrition provokes a reduction of plasma progesterone
9 concentrations through a reduction of its hepatic metabolism^{27,37}, so that this could be
10 one of the mechanisms involved in the heavier lambing weight of lambs born from
11 undernourished ewes. Some changes in the composition of the maternal diet have also
12 been shown to result in large progeny size. Ewes fed excess amounts of non-protein
13 nitrogen in the form of urea from 21 days before mating to day 63 of gestation
14 resulted in oversized lambs at birth³⁸.

15 Some studies have determined an influence of maternal nutrition on the sex ratio of
16 the offspring³⁹, so that dams in poor body condition give birth to proportionately more
17 females. Evidences in sheep are scarce, and no differences in the ratio of male/female
18 born have been detected in the present experiment.

19 Both the T-maze test and the isolation tests have evidenced a reduction of the physical
20 activity of lambs born from undernourished dams, determined by the lower number of
21 areas traversed by L lambs in the T-maze test and the shorter period of time spent
22 walking in the isolation test. This is in agreement with previous studies¹⁰, which
23 demonstrated that periconceptional undernutrition in sheep from 60 days before
24 conception to 30 days of pregnancy leads to a significant decrease in the voluntary
25 locomotor activity of 18-month-old lambs in a natural environment. The absence of
26 differences in the rest of cognitive and emotional tests performed is in agreement with
27 Simitzis et al.⁴⁰, who concluded that prenatal undernutrition during different periods of
28 pregnancy had no effect on fear-related behavior. This is also supported by the
29 absence of differences in the plasmatic hormonal and metabolic indicators measured
30 in this experiment, mean age and LW also being similar between groups, indicating
31 that lambs from both groups reached the behavioral tests in similar physiological

1 conditions. It is also likely that the developmental window studied in this experiment
2 was not long enough to produce momentous changes in the cognitive development of
3 the offspring.

4 In summary, a low plane of nutrition around conception in sheep significantly reduces
5 the number of lambs born per ewe, increases birth body weight of the offspring and
6 the oocyte population of 30-day-old ewe lambs. Specific alterations of the locomotor
7 activity of lambs have also been evidenced. The absence of differences in the cognitive
8 test performed suggest that prenatal undernutrition during the window under study
9 had no effect on cognitive performance of the offspring.

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17 **Conflict of interest**

18 None.

19 **Ethical Standards**

20 The authors assert that all procedures contributing to this work comply with the
21 Spanish Policy for Animal Protection RD1201/05, which meets the European Union
22 Directive 86/609 on the protection of animals used for experimental and other
23 scientific purposes, and have been approved by the in-house Ethic Committee for
24 Animal Experiments from the University of Zaragoza under Project License PI05/10.

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Figure 1. T-maze apparatus used in the experiment. Dimensions are expressed in meters. The discontinuous lines create the imaginary divisions used to count traversed areas.

Figure 2. Mean live weight (LW) (upper panel) and body condition score (BCS) (lower panel) (\pm S.E.M.) at sponge insertion (day -14), sponge withdrawal (day -1) and at the end of the experimental diet period (day 7) of Rasa Aragonesa ewes, fed to provide 1.5 (C) or 0.5 (L) times the daily requirements for maintenance, from sponge insertion to day 7 (estrus=day 0). a, b: $P<0.05$

Table 1. Reproductive performances of Rasa Aragonesa ewes synchronized in estrus and fed to provide 1.5 (C) or 0.5 (L) times the daily requirements for maintenance from sponge insertion to day 7 (estrus=day 0), and live weights and growth rate of the offspring (mean \pm S.E.M.) (number of animals).

	C (n=40)	L (n=40)	Sig.
Fertility (% ewes lambing)	77.5%	67.5%	NS
Prolificacy (lambs/lambing)	2.06 \pm 0.16	1.59 \pm 0.12	<i>P</i> <0.05
Fecundity (lambs/ewe)	1.60 \pm 0.18	1.07 \pm 0.14	<i>P</i> <0.05
Pregnancy length (days)	148.9 \pm 0.4	149.2 \pm 0.4	NS
Ratio male/female	52/48	60/40	NS
Live weight at lambing (kg)	3.80 \pm 0.11 (62)	4.24 \pm 0.15 (43)	<i>P</i> <0.05
Male lambs (kg)	3.90 \pm 0.16 (32)	4.35 \pm 0.22 (26)	<i>P</i> =0.10
Female lambs (kg)	3.69 \pm 0.14 (30)	4.15 \pm 0.20 (17)	<i>P</i> =0.06
Live weight at weaning (kg)	13.29 \pm 0.38	13.61 \pm 0.50	NS
Male lambs (kg)	13.10 \pm 0.39	13.03 \pm 0.25	NS
Female lambs (kg)	13.68 \pm 0.40	13.72 \pm 0.36	NS
Daily growth (g/d)	0.23 \pm 0.02	0.23 \pm 0.02	NS
Male lambs (g/d)	0.22 \pm 0.04	0.21 \pm 0.08	NS
Female lambs (g/d)	0.24 \pm 0.02	0.23 \pm 0.05	NS

1 Table 2. Results of the T-maze and the novel object tests performed by one-month-old
2 lambs born from Rasa Aragonesa ewes synchronized in estrus and fed to provide 1.5
3 (C) or 0.5 (L) times the daily requirements for maintenance, from sponge insertion to
4 day 7 (estrus=day 0) (mean±S.E.M.)

T-maze test							
	C (n=18)		L (n=14)		Treatment	Sig	
	1 st trial	2 nd trial	1 st trial	2 nd trial		Trial	Treat*Trial
Latency to leave the start box (s)	7.2±1.7	4.5±0.9	31.1±23.2	27.9±23.3	NS	<i>P</i> <0.05	NS
Total solving time (s)	128.4±27.2	87.0±27.8	143.5±35.75	58.7±23.6	NS	<i>P</i> <0.05	NS
Number of areas traversed	10.1±1.96	9.8±2.3	8.1±1.7	5.1±0.6	<i>P</i> =0.09	NS	NS
Novel object test							
Distance to the novel object (cm)	75.5±18.9	124.5±16.4	53.3±17.2	97.3±16.1	NS	<i>P</i> <0.001	NS
Latency to approach the object (s)	33.5±5.4	51.1±4.3	29.7±6.8	36.5±7.0	NS	<i>P</i> <0.001	NS
Number of times the object is touched	1.5±0.3		2.6±0.7		NS	-	-

5

6

- 1 **Table 3.** Results of the isolation test performed by one-month-old lambs born from
 2 Rasa Aragonesa ewes synchronized in estrus and fed to provide 1.5 (C) or 0.5 (L) times
 3 the daily requirements for maintenance, from sponge insertion to day 7 (estrus=day 0)
 4 (mean±S.E.M.)

	C (n=18)	L (n=14)	Sig.
Latency to leave the start box (s)	40.1±14.2	24.8±6.8	NS
Walk (s)	76.4±12.3	45.3±6.4	<i>P</i> <0.05
Explore (s)	32.2±5.7	42.9±7.5	NS
Escape attempts (s)	9.5±3.2	9.1±5.1	NS
Stand (s)	136.8±15.4	175.0±14.0	<i>P</i> =0.08
Latency to leave the pen at the end of the test (s)	93.6±8.3	106.9±8.9	NS
Number of bleats	72.9±9.9	67.9±9.9	NS

5

6

1 Table 4. Number (mean±S.E.M.) of good, fair or poor oocytes per ewe lamb recovered
2 from ovaries of one-month-old ewe lambs born from Rasa Aragonesa ewes
3 synchronized in estrus and fed to provide 1.5 (C) or 0.5 (L) times the daily
4 requirements for maintenance, from sponge insertion to day 7 (estrus=day 0), and
5 results of the *in vitro* maturation (IVM) and fertilization (IVF) procedures.

	C (n=3)	L (n=3)	Sig.
Good	19.0±5.9	49.3 ± 4.3	P<0.05
%	31.7%	35.1%	NS
Fair	9.7±2.3	16.3 ± 5.8	NS
%	16.1%	11.7%	NS
Poor	31.3±10.58 ^c	74.3±14.3 ^d	P<0.1
%	52.2%	53.2%	NS
Total	60.0±7.8 ^a	140.0±18.5 ^b	P<0.05
Healthy (good+fair)	28.7 ± 3.8 ^a	65.7 ± 9.2 ^b	P<0.05
%	47.8%	46.9%	NS
IVM	21/84 (25%) ^a	70/197 (35.5%) ^b	P<0.10
IVF	15/21 (71.4%)	60/70 (85.7%)	NS
Cleavage rate 48 h	13/84 (15.5%)	38/197 (19.3%)	NS
Blastocysts rate (blastocyst/embryos)	3/13 (23.1%)	3/38 (7.9%)	NS
Blastocysts rate (blastocyst/oocyte)	3/84 (3.6%)	3/197 (1.5%)	NS

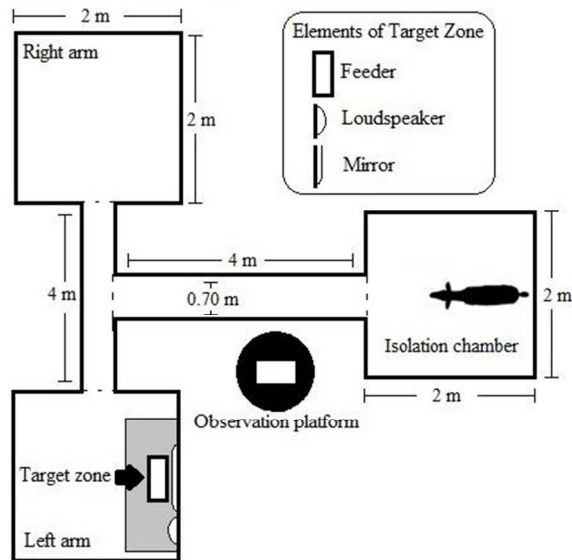


Figure 1. T-maze apparatus used in the experiment. Dimensions are expressed in meters. The discontinuous lines create the imaginary divisions used to count traversed areas.

205x129mm (96 x 96 DPI)

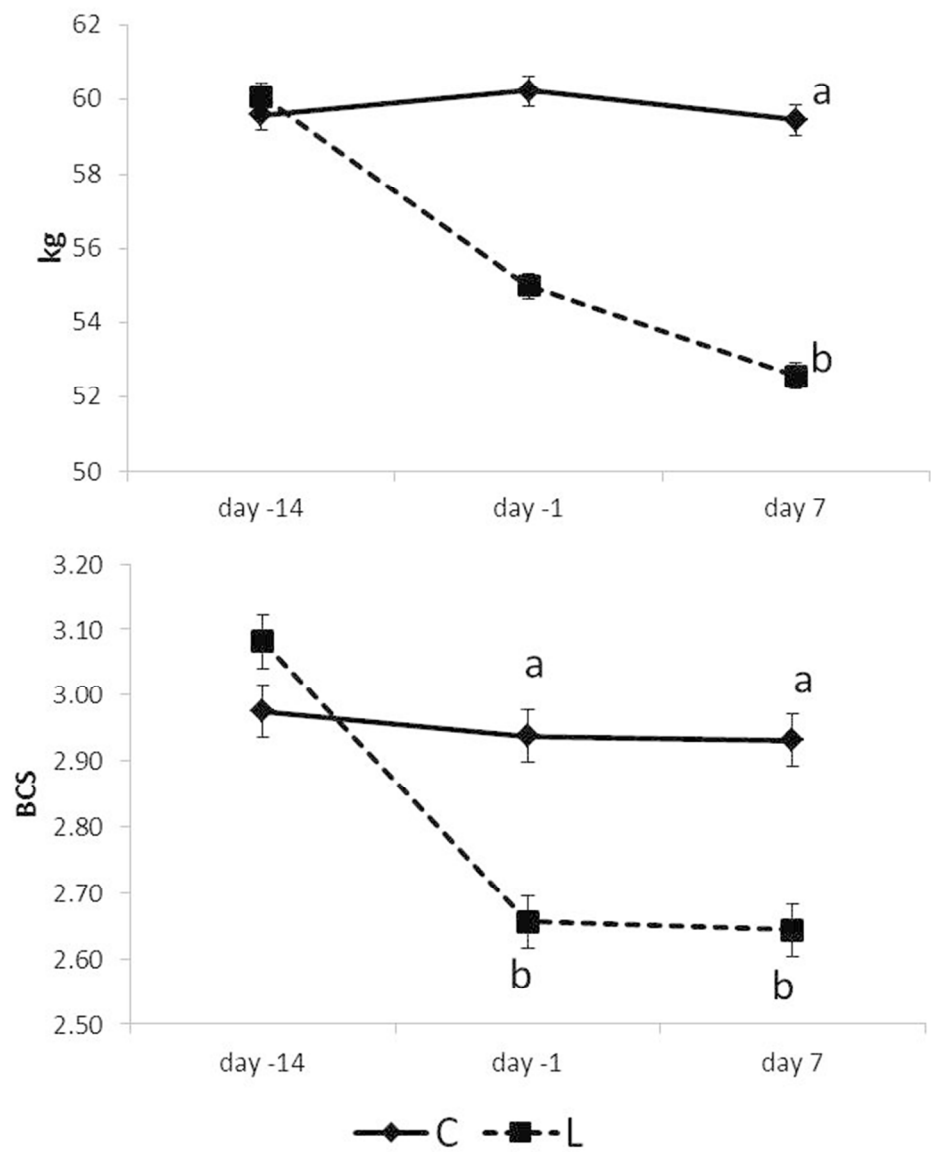


Figure 2. Mean live weight (LW) (upper panel) and body condition score (BCS) (lower panel) (\pm S.E.M.) at sponge insertion (day -14), sponge withdrawal (day -1) and at the end of the experimental diet period (day 7) of Rasa Aragonesa ewes, fed to provide 1.5 (C) or 0.5 (L) times the daily requirements for maintenance, from sponge insertion to day 7 (estrus=day 0). a, b: $P<0.05$
122x147mm (150 x 150 DPI)