

Estrogen and progesterone modulation of eosinophilic infiltration of the rat uterine cervix[☆]

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Received 22 December 1999; received in revised form 15 February 2000; accepted 22 February 2000

Abstract

Ripening of the rat cervix involves widespread collagenolysis that follows an eosinophilic leukocyte infiltration. The hormonal control of these events is not well understood. The aims of this study were to investigate the mechanism through which progesterone (P) and 17 β -estradiol (E₂) modulate eosinophilic invasion and to determine if this event is protein synthesis mediated. Cervical eosinophilic invasion was measured in intact rats during the second half of pregnancy and compared with values from ovariectomized (O) pseudopregnant (PSP) rats treated with P and E₂ in doses that mimicked the levels of pregnancy. Other O-PSP rats were treated with an E₂ antagonist (tamoxifen) and the antiprogesterin RU-486. To study the role of protein synthesis in eosinophilic invasion of the cervix, rats were treated with actinomycin-D (an inhibitor of mRNA synthesis), and animals were sacrificed on D21 or D22 to evaluate eosinophilic invasion. Rats treated with E₂ showed high levels of infiltration and tamoxifen blocked this E₂ effect. On the other hand, P antagonized the stimulatory effects of E₂ on eosinophilic invasion, however when the P and E₂ treated rats were injected with RU-486 the inhibitory effect of P was reversed. In intact pregnant rats a sharp rise in eosinophilic infiltration was detected on D23, 20 h after the fall of serum P. Finally, E₂ treated rats injected with actinomycin-D had no invasion of eosinophils. In conclusion, the estrogen-triggered eosinophil invasion is affected by the classic estrogen receptor antagonist tamoxifen and by the mRNA synthesis blocker actinomycin-D suggesting a genomic action of E₂. Furthermore, the estrogen effect is blocked by P and this inhibition is reversed by RU-486. © 2000 Elsevier Science Inc. All rights reserved.

Keywords: Parturition; Estrogen; Progesterone; Eosinophils; Cervix; Tamoxifen; RU-486

1. Introduction

During ripening, marked biochemical changes take place in the uterine cervix, causing it to become soft and dilatable at the time of parturition [1]. The physiological mechanism involved in the ripening process at term is still uncertain [2]. This process involves a disruption of the ordered collagen bundles that occurs after polymorphonuclear leukocyte invasion [3–5]. Neither the process of polymorphonuclear leukocyte infiltration, nor the physiological role of this invasion, is clearly defined. Though some authors suggest

that polymorphonuclear leukocyte infiltration of the cervix at term may be incidental [6], it is generally accepted that this infiltration may be an important aspect of the parturition process.

In previous studies we found that eosinophilic infiltration and collagen remodeling of the rat cervix at term are under differential hormonal control [5,7]. When studying the eosinophilic invasion, it was found that 17 β -estradiol (E₂) stimulated (whereas P blocked) infiltration of the cervix [7,8]. Thus, if E₂ and P modulate eosinophilic infiltration of the cervix by acting through their classic receptors, pretreatment with antiprogesterin (RU-486), or antiestrogen (tamoxifen) should reverse the above-mentioned events. On the other hand, previous studies using an *in vitro* chemotactic assay on immature rat uterus demonstrated that the promotion effect of E₂ on eosinophilic infiltration depends on the synthesis of a specific chemotactic protein factor [9].

[☆] This study was supported by grants from CONICET (PIP 528/98), CONICET/CNPq (N° 1786), SECYT-CAPEs (BR04/99/OG), and Universidad Nacional del Litoral (CAI+D 027-195).

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Table 1

Experimental protocol designed to study the kinetics of eosinophilic invasion of the uterine cervix at the end of pregnancy and in pseudopregnancy (PSP)-ovariectomized, 17 β -estradiol (E₂)-treated rats

Group	D9	D20	D21	D22	D23
PSP ^a -D20 ^b	E ₂ (0.05 μ g) ^c	E ₂ (0.05 μ g)	—	—	—
PSP-D21	E ₂ (0.05 μ g)	E ₂ (0.05 μ g)	E ₂ (0.5 μ g)	—	—
PSP-D22	E ₂ (0.05 μ g)	E ₂ (0.05 μ g)	E ₂ (0.5 μ g)	E ₂ (1 μ g)	—
PSP-D23	E ₂ (0.05 μ g)	E ₂ (0.05 μ g)	E ₂ (0.5 μ g)	E ₂ (1 μ g)	E ₂ (1 μ g)
Pregnant ^d	—	Sacrifice	—	—	—
Pregnant	—	—	Sacrifice	—	—
Pregnant	—	—	—	Sacrifice	—
Pregnant	—	—	—	—	Sacrifice

^a All PSP rats were ovariectomized on day 9; D1 of pseudopregnancy is the day after cervicovaginal stimulation.

^b Indicates the day when experimental animals were sacrificed.

^c From D9 to D20, the same dose of E₂ was administered daily.

^d D1 of pregnancy is the day when sperm was present in vaginal smears.

The fact that, at term, the caudal portion of the uterus (the cervix) softens while its cranial regions (uterine horns) strongly contract, suggests that the same hormones at identical concentrations, may have different effects on these distinct segments of the uterus [10,11]. In fact, regionally specific changes might be expected, because the different parts of the uterus in term pregnancy should serve the dual but conflicting functions of acting as a barrier to retain the conceptus and opening the cervix at the time of delivery [4]. Thus, though the effect of E₂ [12] and P [13,14] on eosinophilic infiltration of the uterine *horn* have already been reported, it appeared expedient to investigate whether the same results would be demonstrated in the uterine *cervix*.

It should also be remarked that, whereas the studies by King et al. [12] and Howe et al. [13] used immature rat uterus to evaluate the steroid regulation of eosinophilic migration, the present paper reports our observations on this process using the cervix of adult rats, that were ovariectomized (O) during pregnancy or pseudopregnancy (PSP). The widely used experimental model of the O-PSP rat [7] is particularly useful for these determinations. To investigate whether our observations in the present studies were a result of pharmacological effects or due to physiological levels of the hormones administered, O pregnant rats treated with the same protocol were allowed to complete pregnancy, indicating that exogenous hormonal levels were physiological.

To study the effect of P on the O-PSP rat model, an anti-progesterone (RU-486) was administered to O rats treated with E₂ and P. To evaluate E₂ action on the eosinophilic infiltration of the uterine cervix, an anti-estrogen (tamoxifen) was administered to O rats treated with E₂. To study the estrogenic effect on protein synthesis, O rats treated with E₂ received an inhibitor of mRNA synthesis, actinomycin D (ACT-D).

The aim of this study was to achieve better insight into the mechanism through which E₂ and P modulate eosinophilic invasion of the uterine cervix and to determine whether the eosinophilic invasion of the cervix is depen-

dent, as is the case in the uterine horn [9], on protein synthesis.

2. Experimental

2.1. Animals

Female adult rats (over 200 g of body weight) of a Wistar-derived strain bred at the Department of Human Physiology (Santa Fe, Argentina) were used. Animals were maintained in a controlled environment (22 \pm 2°C; lights on from 6:00 a.m. to 8:00 p.m.). Animals had free access to pellet laboratory chow (Nutric, Argentina) and tap water.

Vaginal smears were used to confirm normal cycling [15]. To obtain pregnancy, proestrous females were caged overnight with males of proven fertility. The presence of sperm in the vaginal smear taken on the following morning was the criterion for designating day 1 (D1) of pregnancy.

To obtain pseudopregnancy, virgin cycling rats received artificial cervicovaginal stimulation on the evening of proestrous [16], and the following day was considered as D1 of PSP. On D9 of PSP, bilateral O was performed under ether anesthesia. In PSP rats, a functional *corpus luteum* is formed [17] and serum P levels are equivalent to those of pregnant rats until the moment that O is performed (D9) [18]. After O, PSP animals were assigned to different experimental groups to receive various hormone treatment regimens (see Table 1).

2.2. Tissue preparation and light microscopy

Cervical tissue was obtained on D23, unless otherwise specified. Tissue samples were fixed by immersion in 10% buffered formalin for 6 h, dehydrated in graded concentrations of alcohol, embedded in paraffin, and sectioned at 5 μ m. Serial sections were stained for 60 min in 0.5% Sirius Red (Direct Red 80, Aldrich, Milwaukee, WI, USA) dissolved in alkaline solution (NaOH, pH 10.5) followed by

counterstaining with Harris' hematoxylin (Biopur, Argentina) for 10 min. This method permitted distinct characterization of rat eosinophils in tissue sections: their specific granules were deeply stained red, which strongly contrasted against a pale background [4]. Taking into account that, in the stroma of the cervix, eosinophilic infiltration assumes a heterogeneous pattern, quantification in each section, was performed on the mucosal lamina propria and on the fibrous submucosal layer of the whole cervical wall.

2.3. Kinetics of eosinophilic invasion of the uterine cervix at the end of pregnancy and in O-PSP estrogen-treated rats (Table 1)

The pattern of eosinophilic infiltration in the uterine cervix of intact pregnant rats at the end of pregnancy was compared with that of O-PSP steroid-treated rats. Pregnant rats were sacrificed at 5:00 p.m. on D20, D21, and D22 and at 1:00 p.m. on D23. O-PSP animals were treated with E₂ (Sigma Chemical Co., St. Louis, MO, USA) following a protocol previously described [7,19]. Daily subcutaneous (s.c.) injections of 0.05 µg of either E₂ or its vehicle (0.1 ml sesame oil) were administered at 10:00 a.m. from the time of O (D9) until D20. To mimic the increase of E₂ levels before the onset of rat parturition, the doses were increased to 0.5 µg on D21, and to 1.0 µg on D22 and D23. O-PSP animals were sacrificed following the same schedule used for the intact, pregnant rats. Uterine cervixes were collected at sacrifice and processed as mentioned above.

2.4. Evaluation of the effect of estrogen antagonist (tamoxifen) on eosinophilic invasion

To examine the effect of tamoxifen (Tx) on E₂-stimulated eosinophilic infiltration of the rat cervix, a group of O-PSP rats treated with E₂, as mentioned above, received 1 mg/0.2 ml s.c. of Tx, 90 min before each E₂ dose on D21, 22, and 23. The corresponding control groups were conducted: one group was injected with E₂ and vehicle of Tx, another with Tx and vehicle of E₂, and the third with both vehicles.

2.5. Evaluation of the effect of progestin antagonist (RU-486) on eosinophilic invasion

To study the effect of P on E₂-induced eosinophilic infiltration, we used the synthetic anticorticoid/antiprogestin RU-486 [20]. E₂ was administered as described above, and P was given in the form of implants made from Silastic tubing (internal diameter, 0.15 × 5 cm; Dow–Corning, Midland, MI, USA), each containing 60 mg crystalline P (4-pregnene-3,20-dione; Sigma Chemical Co.) [7]. Two Silastic implants were inserted s.c. in the back of the neck at the time of O. Both implants were removed at the time of sacrifice (1:00 p.m. of D23). RU-486 was dissolved in

sesame oil + 5% ethanol, and 0.04 mg RU-486/0.2 ml was given s.c. at 10:00 a.m. on D20, 21, 22, and 23. Control groups received empty implants and/or RU-486 vehicle.

2.6. Evaluation of the role of protein synthesis in eosinophilic invasion

To determine if the cervical eosinophilic infiltration induced by E₂ requires mRNA synthesis, we evaluated the effect of actinomycin-D (ACT-D, Cosmegen[®], Sidus, Argentina) administration on E₂-treated O-PSP rats. A single injection of 100 µg/100 g body weight of ACT-D was administered intraperitoneally (i.p.) 30 min before E₂ administration on D21. Animals were sacrificed either on D21 (7 h after inhibitor injection) or on D22 (31 h after injection). Another group was treated with ACT-D and E₂ vehicle. Animals were sacrificed at 5:00 p.m. on D20, D21, and D22.

2.7. Stereology

The point counting procedure [21] was used to obtain data concerning the morphometric analysis of the number of eosinophils invading the cervix. Eosinophils were counted using a glass disc with a squared grid inserted in a focusing eyepiece and a 100× immersion objective [22]. The fraction of points occurring within the structure of eosinophils (stained in red) was determined and then compared to the total number of points lying within the cervical stroma. The volume fraction was calculated by applying the formula given by Weibel [23]:

$$V_v = \frac{P_i}{P}$$

where V_v is the estimated volume fraction of the object (eosinophils); P_i is the number of incident points over the eosinophils; and P is the total number of incident points over the volume unit (stroma of the uterine cervix).

To investigate the differences in eosinophilic infiltration of the cervical stroma among experimental groups, values were subjected to the Kruskal–Wallis one-way ANOVA. Probabilities were assigned using the Mann–Whitney U -test [24].

3. Results

3.1. Kinetics of eosinophilic invasion of the uterine cervix at the end of pregnancy and in O-PSP estrogen-treated rats

Consistent with previous studies [7] measurement of estrogen-induced eosinophilic invasion in O-PSP E₂-treated rats showed very high values of volume density compared

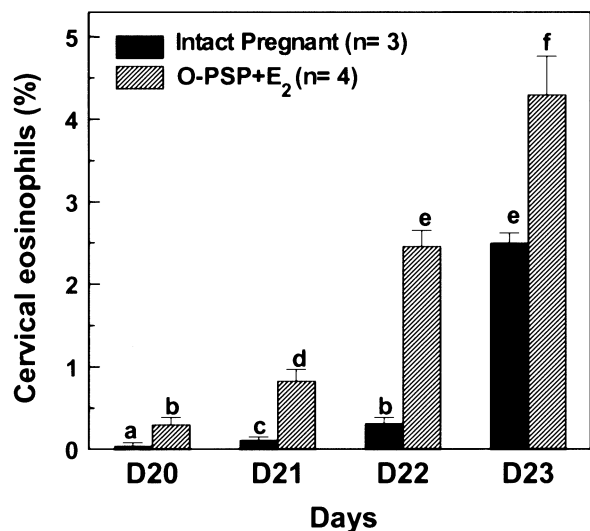


Fig. 1. Kinetics of eosinophilic invasion of the uterine cervix in intact rats at the end of pregnancy and in ovariectomized pseudopregnant 17 β -estradiol-treated (O-PSP+E₂) animals treated with increasing doses of E₂ (as detailed in Section 2). Means with different letters differ significantly ($P < 0.01$).

with O-PSP controls on D23 (4.06 ± 0.19 versus 0.2 ± 0.09 ; $P < 0.05$).

As shown in Fig. 1 O-PSP animals injected with E₂ (7 h before sacrifice) demonstrated an increased effect on eosinophilic infiltration from D21 onwards. The time course of eosinophilic infiltration in the intact pregnant control group gradually increased from D20 to D22 and showing an acute eosinophilic invasion on D23.

3.2. Evaluation of the effect of estrogen antagonist (tamoxifen) on eosinophilic invasion

Because most E₂-induced events are regulated by an initial interaction with classic estrogen receptors, we examined the effect of an antiestrogen on eosinophilic infiltration of the uterine cervix. As shown in Fig. 2, in animals treated with E₂ + Tx a drastic fall of cervical eosinophil levels was observed as compared with rats treated only with E₂. On the other hand, animals injected only with Tx showed a small but significant eosinophilic invasion compared with vehicle-injected control rats.

3.3. Evaluation of the effect of progestin antagonist (RU-486) on eosinophilic invasion

When O-PSP rats were treated with E₂ plus P they showed a very poor eosinophilic infiltration similar to that found in control O group (Fig. 3). To further understand the hormonal regulation of this event, the P antagonist RU-486 was administered simultaneously with E₂ and P. This coadministration reversed the P inhibition of eosinophilic infiltration.

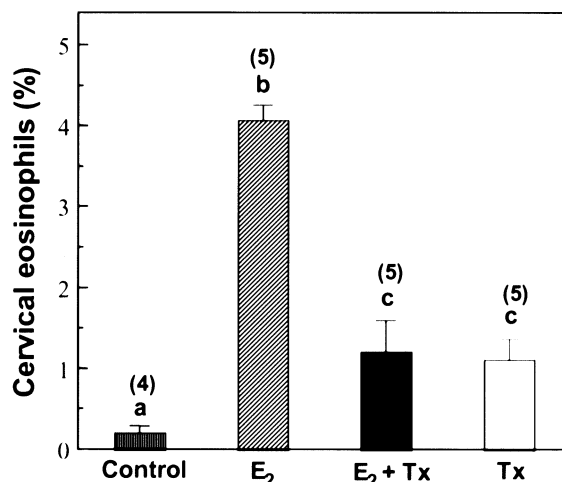


Fig. 2. Effect of tamoxifen (Tx) on eosinophilic infiltration of the rat uterine cervix. Ovariectomized pseudopregnant rats treated with E₂ showed a dramatic eosinophilic invasion that was blocked by the antiestrogen Tx. Tx alone induced a slight, but significant, eosinophilic invasion. Control: vehicle-injected. Animals were sacrificed on D23. Number of animals per group is indicated in brackets. Means with different letters differ significantly ($P < 0.01$).

3.4. Evaluation of the role of protein synthesis in eosinophilic invasion

As shown in Fig. 1, O-PSP animals treated on D20 to D23 with increasing doses of E₂ demonstrated an increase in eosinophilic infiltration with increasing days of treatment. Thus, the number of eosinophils observed on D23 was significantly higher than those found on D20, D21, and

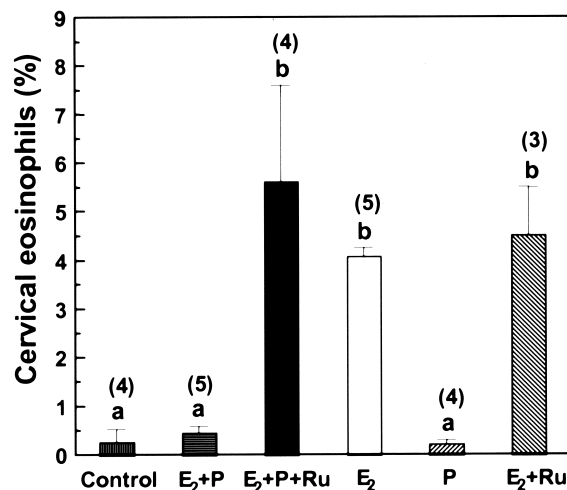


Fig. 3. Effect of the progestin antagonist RU-486 on eosinophilic invasion of the rat uterine cervix. In ovariectomized (O) pseudopregnant rats, progesterone (P) blocked estradiol (E₂)-induced eosinophilic infiltration and this effect was completely reversed with RU-486 (Ru). The control group contained empty implants and was injected with vehicles of E₂ and RU-486. Animals were sacrificed on D23. Number of animals per group is indicated in brackets. Means with different letters differ significantly ($P < 0.01$).

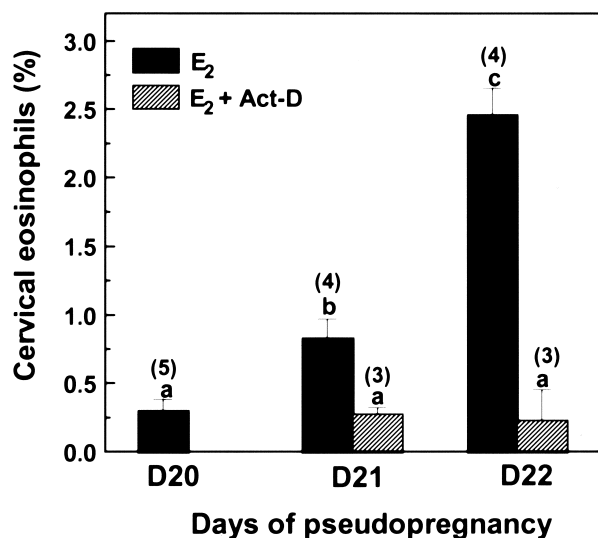


Fig. 4. Effect of actinomycin-D on eosinophilic invasion of the rat uterine cervix. Ovariectomized pseudopregnant rats received increasing doses of E₂ (that mimicked plasma levels at term) that induced a dose-response effect on the eosinophilic invasion of the cervix. The stimulatory effect of E₂ is clearly inhibited by actinomycin-D (ACT-D). Number of animals per group is indicated in brackets. Means with different letters differ significantly ($P < 0.01$).

D22. To understand if this response pattern was protein-synthesis mediated, the E₂ doses were coadministered with ACT-D on D21. Animals treated with ACT-D showed a dramatic inhibition of the estrogen-stimulated leukocyte invasion of cervical tissues on both D21 and 22 (Fig. 4).

4. Discussion

A variety of early responses to E₂ administration were reported in the rat uterus and cervix, such as changes in vascular permeability [25], water imbibition's [26] and eosinophilic infiltration [7,9]. The rat cervical stroma at parturition is an excellent model to study P and E₂ interaction. However, because the majority of the above-mentioned results were obtained using the immature rat uterus and/or pharmacological doses of steroid hormones [4,9,13], little is known regarding the physiological conditions of this interaction in the pregnant intact rat. Previous works have shown that rat cervix at term is invaded by eosinophilic leukocytes and a similar pattern of infiltration is obtained in O-PSP E₂-treated rats [5,7]. The E₂ therapy used in these studies maintained physiological plasma levels similar to those of pregnant intact control rats [19]. In the present work we used the same model of O-PSP steroid treated rats; therefore, we can postulate that the results obtained here are in close correlation with those found in pregnant intact animals at the time of parturition. In this work we show that the capacity of E₂ to promote eosinophilic infiltration of the cervix is blocked by the anti-E₂ Tx. The small but significant Tx-induced effect on eosinophil invasion was inter-

preted as an estrogenic activity of Tx at the given doses [20]. Taken together, these results show that eosinophilic infiltration is an estrogen-regulated event that seems to require an initial interaction with estrogen receptors.

Eosinophilic invasion found on D21, D22, and D23 in the cervical stroma of O-PSP E₂-treated rats, showed a direct correlation with increasing doses of E₂ (Fig. 1). This mechanism did not demonstrate saturation within the range of the doses utilized and the infiltration pattern differed from that observed in pregnant animals. In the latter, an acute eosinophilic invasion of the cervix was observed on D23, coincident with P declination [27]. The data presented here show that P antagonizes the effect of E₂ on eosinophilic infiltration. The animals treated with P + E₂ did not show significant infiltration, however, when these rats were injected with RU-486 the eosinophilic invasion was evident. The finding that RU-486 blocks the inhibitory action of P on eosinophilic infiltration of the cervix suggests that the P effect is mediated through the progesterin receptor. These experiments confirm the negative modulation that P exerts on E₂-stimulated eosinophilic infiltration of rat cervical stroma [7,8]. The antagonistic actions of both steroids explains the time course of the leukocyte invasion in the intact pregnant rat during the last days of pregnancy (Fig. 1). When the P decrease takes place during the last 36 h of pregnancy [27], increased E₂ levels act through the E₂ receptor promoting the massive infiltration observed on D23 of pregnancy (Fig. 1).

The effect of estradiol on cervical eosinophilic invasion was blocked by ACT-D, an inhibitor of mRNA synthesis. These results strongly suggest that the E₂-stimulated eosinophilic infiltration could be protein-synthesis mediated. This finding is in agreement with the results found in the immature rat uterine horn [9]. These authors demonstrated the existence of an eosinophil chemotactic protein that mediates the E₂ stimulation of eosinophilic infiltration.

In summary, the physiological conditions used in our work permit an interesting approach to the real events that occur in the cervix of pregnant rats at term. Our results demonstrate that the eosinophilic infiltration of the uterine cervix at the time of parturition is under complex hormonal control. This physiological control has similarities with the results found in the uterine horns of immature rats, showing that in both regions (cervix and uterine horns) the estrogen-triggered eosinophilic infiltration is P inhibited and receptor-ligand and protein-synthesis mediated.

Acknowledgments

G.S.M. is Career Investigator of the Brazilian National Council for Scientific and Technological Development (CNPq) and E.H.L. is Career Investigator of the Argentine National Council for Science and Technology (CONICET). We are very grateful to SIDUS (Argentina) for providing actinomycin-D used in this study.

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