BRIEF REPORT



Polyhydroxylated sulfated steroids derived from 5α -cholestanes as antiviral agents against herpes simplex virus

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Received: 3 November 2015/Accepted: 13 April 2016/Published online: 21 April 2016 © Springer-Verlag Wien 2016

Abstract Twelve polyhydroxylated sulfated steroids synthesized from a 5α -cholestane skeleton with different substitutions in C-2, C-3 and C-6 were evaluated for cytotoxicity and antiviral activity against herpes simplex virus (HSV) by a virus plaque reduction assay. Four compounds elicited a selective inhibitory effect against HSV. The disodium salt of 2β , 3α -dihydroxy-6E-hydroximine- 5α -cholestane-2, 3α -disulfate, named compound 7, was the most effective inhibitor of HSV-1, HSV-2 and pseudorabies virus (PrV) strains, including acyclovir-resistant variants, in human and monkey cell lines. Preliminary mechanistic studies demonstrated that compound 7 did not affect the initial steps of virus entry but inhibited a subsequent event in the infection process of HSV.

Keywords Herpes simplex virus \cdot Antiviral activity \cdot Polyhydroxylated sulfated steroids \cdot 5 α -Cholestanes

During the past three decades, the marine environment has provided thousands of novel compounds with diverse and

Electronic supplementary material The online version of this article (doi:10.1007/s00705-016-2867-y) contains supplementary material, which is available to authorized users.

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important biological activities of pharmacological interest, including anticancer, antibacterial, antifungal, antiprotozoal and antiviral activities [1–5]. Some of them have served as lead compounds for obtaining new drugs that are currently in clinical use [6]. In relation to antiviral agents, the intensive use of existing drugs, especially in immunocompromised patients, has led to increased selection of resistant variants of important human pathogens, such as herpes simplex virus (HSV), human immunodeficiency virus (HIV) and human cytomegalovirus (HCMV) [7–9]. For this reason, new types of antiviral agents that are effective against resistant viral strains are in demand for public health, and marine drugs represent an interesting source of lead compounds.

Sulfated steroids are naturally occurring metabolites that can be isolated from a wide variety of marine organisms, in particular, sponges and echinoderms. Saponins, steroidal glycosides and polyhydroxysteroids with different degrees of sulfation, obtained from these marine sources have been described and have displayed a broad spectrum of biological properties, including antiviral activity [10–13]. Among pathogenic human viruses, HSV has been reported to be very susceptible to the inhibitory action of sulfated steroidal compounds [1, 11, 14]. HSV-1 and HSV-2, members of the genus Simplexvirus, subfamily Alphaherpesvirinae, are enveloped double-strand DNA viruses that can cause oral disease, keratoconjunctivitis, encephalitis and genital infections in humans, with different degrees of severity [15]. Most antiherpetic compounds in clinical use are nucleoside analogues, such as acyclovir, which is an excellent therapeutic drug [16]. To confront the frequent emergence of acyclovir-resistant HSV strains during longterm antiviral treatment in immunocompromised patients [17], the discovery of new non-nucleoside antiviral compounds is of significant interest.



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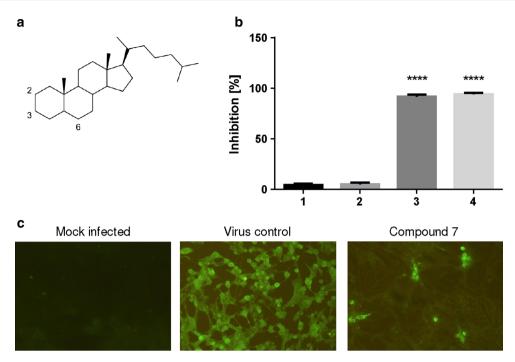


Fig. 1 Mode of anti-HSV activity of sulfated steroids. a) Chemical structure of the steroid skeleton and the three positions with substitutions. b) Effect on virus entry. Vero cells were infected with 50 PFU of HSV-1 strain F in a plaque assay under different treatment conditions with compound 7 (25 μ g/ml). Treatment 1, compound only during adsorption (1 h at 4 °C); treatment 2, compound only during penetration (1 h at 37 °C); treatment 3, compound only after adsorption and penetration; treatment 4, compound during and after adsorption and penetration. In all treatments, plaques were counted after 2 days of incubation at 37 °C and results are expressed as %

inhibition of plaque number (mean of triplicate assays \pm standard deviation) in compound-treated cultures compared to untreated ones. Statistical analysis was performed with GraphPad Prism software and comparison of means was tested by one-way analysis of variance (ANOVA) with Dunnett's post-test (****, p < 0.0001). c) Effect on HSV-1 protein expression. Vero cells were mock infected or infected with HSV-1 strain F and incubated for 24 h in the absence or presence of compound 7. Immunofluorescence staining was carried out using anti-HSV-1 gD Ab. Magnification: 100x

Our research group has reported the antiviral activity against HSV of diverse sulfated steroids isolated from echinoderms from cold waters of the South Atlantic Ocean and their synthetic derivatives and analogs [18–20]. Preliminary structure-activity relationship studies showed the importance of sulfate groups in C-2(β) and C-3(α) for antiviral activity of synthetic cholestanes [20]. The aim of the present study was to improve the antiviral effectiveness of these compounds by modification of the configuration of both sulfate groups as well as by substitution at position C-6 with hydroxyl, sulfate, keto or oxime groups.

Steroids were synthesized as described previously [21–23]. The basic lead structure of the steroid skeleton is shown in Fig. 1a, and the different substitutions at positions 2, 3 and 6 of the derivatives are presented in Table 1. Stock solutions of the compounds at a concentration of 10 mg/ml were prepared in dimethylsulfoxide, and working solutions were obtained by appropriate dilution in culture medium.

The 12 sulfated polyhydroxysteroids were initially evaluated for cytotoxicity by the 3-(4,5-dimethylthiazol-2yl)-2,5-diphenyl tetrazolium bromide (MTT, Sigma-Aldrich) method in Vero cells grown in 96-well plates after 48 h of incubation with serial twofold dilutions of the compounds. Results were expressed as the 50 % cytotoxic concentration (CC_{50}), the concentration of the compound required to reduce the MTT signal by 50 % compared to controls. As shown in Table 1, the compounds displayed a wide range of cytotoxicity in Vero cells. Four of the twelve derivatives, compounds 7, 8, 9 and 11, did not affect Vero cell viability up to the maximum tested concentration of 100 μg/ml. On the other hand, compounds 10 and 1, both of which contain hydroxyl groups at C2 and C3, exhibited the highest cytotoxic effect. It is noteworthy that compound 8, an epimer of compound 10 in C-6, lacked cytotoxicity at the tested concentrations, suggesting an apparent influence of the OH group in C-6(α) on the cytotoxic properties of these two steroids.



Table 1 Cytotoxicity and antiviral activity of steroids against HSV-1

Compound	Name	CC ₅₀ ^a (µg/ml)	EC ₅₀ ^b (μg/ml)
но	2β ,3β-dihydroxy- 5α -cholestan- 6 -one (1)	15.8 ± 0.9	> 3.1
NaO ₃ SO	Disodium 2β,3β-dihydroxy-5α-cholestan-6-one disulfate (2)	58.9 ± 2.0	> 12.5
HO,	2α,3α-dihydroxy-5α-cholestan-6- one (3)	52.6 ± 0.2	> 12.5
NaO ₃ SO,,	Disodium 2α,3α-dihydroxy-5α-cholestan-6-one disulfate (4)	61.5 ± 1.9	> 12.5
HO	2β , 3α -dihydroxy- 5α -cholestan- 6 -one (5)	34.1 ± 10.0	> 12.5
NaO ₃ SO	Disodium 2β,3α-dihydroxy-5α-cholestan-6-one disulfate (6)	65.0 ± 1.5	18.5 ± 1.0
NaO ₃ SO	Disodium 2β,3α-dihydroxy-6E-hydroximine-5α-cholestane-2,3-disulfate (7)	> 100	16.5 ± 1.4
HO	2β,3α,6β-trihydroxy-5α-cholestane (8)	> 100	> 25.0
NaO ₃ SO NaO ₃ SO OSO ₃ Na	Trisodium 2β , 3α , 6β -trihydroxy- 5α -cholestane trisulfate (9)	> 100	19.6 ± 7.5
но	2β , 3α , 6α -trihydroxy- 5α -cholestane (10)	7.3 ± 0.2	> 3.1
NaO ₃ SOÖSO ₃ Na	Trisodium 2β , 3α , 6α -trihydroxy- 5α -cholestane trisulfate (11)	> 100	> 25.0
NaO ₃ SOOH	Disodium 2β , 3α - 6β -trihydroxy- 5α -cholestane- 2 , 3α -disulfate (12)	68.2 ± 0.9	19.3 ± 2.4

 $^{^{\}rm a}$ 50 % Cytotoxic concentration: concentration required to reduce Vero cell viability by 50 %

Values are the mean from triplicate independent tests \pm standard deviation



 $^{^{\}rm b}$ 50 % Effective concentration: concentration required to reduce HSV-1 plaque number in Vero cells by 50 %

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Next, the antiviral activity against HSV-1 was tested by plaque reduction assay in Vero cell monolayers grown in 24-well microplates and infected with about 50 PFU of HSV-1 strain F per well in the absence or presence of the steroids. Each compound was assayed at serial twofold concentrations at least fourfold lower than the CC50 in order to assess selectivity of the inhibitory effect. After adsorption for 1 h, the residual inoculum was replaced by MEM containing 0.7 % methylcellulose and the corresponding dose of compound. Plaques were counted after 2 days of incubation, and the 50 % effective concentration (EC₅₀) was calculated as the concentration required to reduce the number of virus plaques by 50 % in the compound-treated cultures compared with the untreated ones. Four out of the twelve steroids, compounds 6, 7, 9 and 12, were inhibitors of HSV-1 cytopathogenicity (Table 1). A representative graph of the dose-dependent reduction in HSV-1 plaque number by compound 7 (the most active inhibitor) is shown in Supplementary Fig. 1. The average plaque size after infection with HSV-1 in the presence and absence of compound 7 was determined by measuring the diameter of all of the isolated plaques present in four wells of infected control cells and infected cells treated with 15 μg of the compound per ml, using Image-Pro Plus 4.5.0 software. Although an apparent reduction in plaque size observed (values of mean diameter 0.104 ± 0.026 mm for control HSV-1 plaques 0.079 ± 0.015 mm for HSV-1 plagues produced in treated cells), the difference was not significant according to overlapping of values \pm standard deviation. From the data in Table 1, it can be concluded that sulfation is required for antiviral activity, since non-sulfated compounds were not active. However, certain requisites must be fulfilled to assess the antiviral properties of these steroids. Among the sulfated compounds, the combination of sulfate groups at positions C-2(β) and C-3(α) and a keto, oxime or β -hydroxyl (free and sulfated) group at C-6, corresponding to the four active compounds, appears also to be favourable for antiviral activity. The presence of only one of these groups, as occurs in the other sulfated compounds, appeared to be insufficient to allow an inhibitory effect against HSV-1 infection.

Since steroid 7 (disodium 2β,3α-dihydroxy-6*E*-hydrox-imine-5α-cholestane-2,3-disulfate) was the most effective and safe steroid against HSV-1 strain F, this compound was chosen to further characterize the antiviral properties of this type of polyhydroxylated sulfated steroids. To evaluate the spectrum of anti-herpetic activity of compound 7, a virus plaque reduction assay was performed in Vero cells against HSV-2, strain G, and the TK⁻ strain B2006 of HSV-1, which is resistant to acyclovir. Pseudorabies virus (PrV), also known as suid herpesvirus 1 (SuHV-1), which is the causative agent of Aujeszky's disease in swine and a

Table 2 Spectrum of antiviral activity of compound 7

Virus	Cell line	EC ₅₀ (μg/ml)	
HSV-1 strain B2006	Vero	19.5 ± 1.1	
HSV-2 strain G	Vero	17.9 ± 0.4	
PrV strain RC79	Vero	17.2 ± 0.6	
HSV-1 strain F	A549	16.7 ± 1.5	
JUNV strain IV4454	Vero	>25	
DENV-2 strain NGC	Vero	>25	

 $^{\rm a}$ 50 % Effective concentration: concentration required to reduce plaque number in Vero cells by 50 %

Values are the mean from triplicate independent tests \pm standard deviation

prominent viral pathogen in veterinary medicine [24], was also included in the antiviral testing as a member of another genus in the subfamily Alphaherpesvirinae, the genus Varicellovirus. The compound displayed similar activity against HSV-1, HSV-2 and PrV, and also against the acyclovir-resistant variant of HSV-1 (Table 2). Interestingly, these results suggest the possibility of employing steroidal agents like compound 7 as an alternative drug against acyclovir-resistant HSV strains. Furthermore, the activity of compound 7 was also evaluated against HSV by plaque reduction assay in another cell type, the human cell line A549, under the same experimental conditions employed in Vero cells. The susceptibility to the inhibitory action of steroid 7 was similar in both cell systems, with values of $16.7 \pm 1.5 \,\mu\text{g/ml}$ (Table 2) and $16.5 \pm 1.4 \,\mu\text{g/ml}$ (Table 1) in A549 and Vero cells, respectively. Thus, the anti-herpetic action of the steroid appeared to be independent of the host cell.

The activity of steroid 7 against HSV was assessed in Vero cells using another assay, the virus yield inhibition method, as previously described [25]. Briefly, cells were infected with HSV-1 strain F at a multiplicity of infection (MOI) of 0.1 PFU/cell in the presence of different concentrations of the compound in the range of 0-25 µg/ml. After 24 h of infection, virus yields were titrated by plaque formation, and the EC₅₀ was calculated as the compound concentration able to reduce virus yield by 50 % in treated cultures. In this assay, HSV-1 was also sensitive to the antiviral action of compound 7, with an EC₅₀ of $20.0 \pm 3.0 \,\mu \text{g/ml}$. Thus, the antiviral action of compound 7 was not mainly affected by the type of antiviral test used. It should be noted that the viral yield reduction method is a more stringent measure of the potency of an antiviral compound than the plaque reduction assay because the multiplicity of infection is higher in the first method (0.1 vs. 0.0005 PFU/cell). To confirm the lack of dependence of steroid 7 on the dose of the infecting virus inoculum, a virus yield inhibition assay at high MOI (10 PFU/cell) was



performed. Under these experimental conditions, almost all of the cells have the chance to be infected by input virus. The EC₅₀ at high MOI was 21.4 \pm 2.5 µg/ml, demonstrating the ability of compound 7 to block HSV infection even in the presence of high initial virus doses.

The antiviral activity of compound 7 was also assayed against other human pathogenic viruses, including Junín virus (JUNV), a member of the family Arenaviridae and the agent of Argentine hemorrhagic fever [26], and dengue virus (DENV), a flavivirus agent of dengue fever and dengue hemorrhagic fever in humans that is transmitted through the bite of infected Aedes mosquitoes and is at present the most widespread arthropod-borne virus in the world [27]. Both hemorrhagic-fever-causing viruses lack a specific and safe therapy for treatment. No reduction in JUNV and DENV plaque number was observed in a plaque inhibition assay performed in Vero cells using up to the maximum non-cytotoxic concentration according to cytotoxicity data (Table 1). Therefore, the EC₅₀ for both viruses is given in Table 2 as >25 µg/ml. Since DENV and JUNV are enveloped viruses like HSV and PrV, these steroids do not appear to interfere with replication of enveloped viruses in general but instead have a more restricted antiviral spectrum.

As a first approach to studying the mechanism of action of the most active compound on HSV-1, the possibility that it acted either by direct interaction with the virus particle or through a blockade in virus multiplication during the infectious process was investigated. To investigate the potential interaction of compound 7 with the virus particle, leading to infectivity inactivation, a virucidal assay was performed. To this end, a virus suspension containing 6×10^{5} PFU of HSV-1 strain F was exposed for 1 h at 37 °C to various concentrations of compound, and samples were then chilled and diluted to determine residual infectivity by plaque formation. The sample dilution effectively reduced the drug concentration to be incubated with the cells by at least 100-fold to ensure that the titer reduction was only due to cell-free virion inactivation. The 50 % virucidal concentration (VC₅₀), defined as the concentration required to inactivate virions by 50 %, was then calculated. Compound 7 had a weak inactivating effect on HSV-1 virions with a VC₅₀ value of 68.1 \pm 6.3 μ g/ml, a value more than 4-fold higher than the concentration required to reduce virus plaques when the compound was added at the time of infection (Table 1). These results confirmed that the inhibitory effect detected by the plaque reduction assay was mainly due to interference with some step of the HSV-1 multiplication cycle and not by virucidal action.

Virus entry is the initial stage of the virus life cycle, including the adsorption of virions to the cell receptor and the subsequent penetration into the cell. To estimate the effect of compound 7 on virus entry, a plaque reduction

assay was performed under different treatment conditions as described previously [28]. Briefly, Vero cells were infected with 50 PFU of HSV-1 strain F per well and treated with compound 7 (25 µg/ml) as follows: 1) Treatment during adsorption: cells were infected in the presence of compound, and after 1 h of adsorption at 4 °C, both the compound and unadsorbed virus were removed and cell cultures were overlaid with plaquing medium without compound. 2) Treatment during penetration: cells were infected in the absence of compound and after 1 h of adsorption at 4 °C, the cells were washed with cold PBS and further incubated for 1 h at 37 °C in medium containing the compound. The cells were then washed with cold PBS, and citric buffer (40 mM citric acid, 10 mM KCl, 135 mM NaCl, pH 3.0) was added to remove adsorbed, non internalized virions. After 1 min, cells were washed again with PBS and covered with plaquing medium without compound. 3) Treatment after adsorption and penetration: cells were infected in the absence of compound and after 1 h at 4 °C and 1 h at 37 °C, inocula were removed, and the cells were further incubated with plaguing medium containing the compound. 4) Treatment during and after adsorption and penetration: cells were infected in the presence of compound, and after 1 h at 4 °C and 1 h at 37 °C, cells were overlaid with plaquing medium containing the compound. In all treatments, virus plaques were counted after 2 days of incubation at 37 °C. When the plaque reduction assay was performed after including the compound only during the period of virus adsorption (1 h at 4 °C) or penetration (1 h at 37 °C) and omitting it from the plaquing medium after virus entry, no significant reduction in the number of virus plaques was detected (Fig. 1b). By contrast, treatment with the compound only after virus adsorption and penetration was as effective for reducing the plaque number as treatment during the whole incubation period (Fig. 1b), indicating that compound 7 does not prevent HSV-1 entry into the cell.

Finally, the effect of compound 7 on virus infection was studied by indirect immunofluorescence assay. Vero cells grown on coverslips were infected with HSV-1 strain F at a multiplicity of infection of 0.1 and treated or not with the compound for 24 h. The cells were then fixed in methanol for 15 min at -20 °C, and cytoplasmic immunofluorescence staining was carried out by using a mouse monoclonal antibody that is reactive against HSV-1 glycoprotein D (gD) (Santa Cruz, USA), followed by fluorescein isothiocyanate (FITC)-goat anti-mouse IgG (Sigma Aldrich Co, USA). After a final washing with PBS, cells were mounted in a glycerol solution containing 1,4-diazabicyclo[2]octane (DABCO). Control infected cells exhibited a regular intense staining distributed throughout the intracellular space in most cells of the culture, whereas the amount of



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cells showing cytoplasmic fluorescence for gD was drastically reduced after treatment with compound 7 (Fig. 1c).

In conclusion, polyhydroxylated sulfated steroids derived from 5α-cholestanes show interesting and selective antiviral properties against HSV. According to structureactivity analysis, the presence of sulfate groups in positions $C-2(\beta)$ and $C-3(\alpha)$ together with a keto, oxime or β -hydroxyl (free or sulfated) group at position C-6 appeared to be required for an effective antiviral activity. Compound 7, the most effective steroid, was active against HSV-1, HSV-2, PrV and TK HSV variants resistant to acyclovir, the drug clinically used for treatment of herpetic infections. Thus, this class of sulfated steroid is a promising lead candidate for alternative therapy in HSV-infected immunocompromised patients, a population prone to select for drug-resistant virus after a prolonged treatment with acyclovir [17]. Furthermore, the inhibitory activity of the steroid was independent of the MOI and the antiviral assay used for testing.

Mechanistic studies demonstrated that virus entry into the host cell was not altered by compound 7. Other sulfated substances, including steroidal compounds and polysaccharides, have been described as potent anti-HSV agents that inhibit the initial events of virus attachment and penetration into the cell by interfering with the interaction of an external virus glycoprotein with heparan sulfate residues that act as virus receptors on the cell membrane [14, 29, 30]. It is well established that the antiviral effectiveness of polysulfates is dependent on their degree of sulfation, which determines the negative charge of the molecule [31]. Although compound 7 contains two sulfate groups, at positions C2 and C3, the negative charge density is probably not enough to interfere with the initial HSV glycoprotein-heparan sulfate interaction. Instead, the anti-HSV activity of the steroid appears to be exerted after initial virus entry into the cell, affecting post-penetration events during the intracellular virus replication or cell-to-cell virus spread. Further experiments are required to fully elucidate the antiviral target of this sulfated steroid

Compliance with ethical standards

Funding This work was funded by grants from Agencia Nacional para la Promoción Científica y Tecnológica (ANPCyT, grant number 0506), Consejo Nacional de Investigaciones Científicas y Técnicas (CONICET, grant number 11220090100071), and Universidad de Buenos Aires (grant numbers 00448 and 00404), Argentina. CSS, MSM and EBD are Research Members of CONICET.

Conflict of interest The authors declare that they have no conflict of interest.

Ethical approval This article does not contain any studies with human participants or animals performed by any of the authors.

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