

1 **Role of FSH glycan structure in the regulation of Sertoli cell inhibin**  
2 **production**

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14 **Short Title:** FSH oligosaccharides and inhibin production

15 **Abstract**

16 Variations in FSH carbohydrate composition and structure are associated with important  
17 structural and functional changes in Sertoli cells (SCs) during sexual maturation. The  
18 aim of the present study was to investigate the impact of FSH oligosaccharide structure  
19 and its interaction with gonadal factors on the regulation of monomeric and dimeric  
20 inhibin production at different maturation stages of the Sertoli cell. Recombinant human  
21 FSH (rhFSH) glycosylation variants were isolated according to their sialylation degree  
22 (AC and BA) and complexity of oligosaccharides (CO and HY). Native rhFSH stimulated  
23 inhibin  $\alpha$ -subunit (Pro- $\alpha$ C) but did not show any effect on inhibin B (InhB) production in  
24 immature SCs isolated from 8-day-old rats. Activin A stimulated InhB and had a  
25 synergistic effect on FSH to stimulate Pro- $\alpha$ C. The less acidic/sialylated rhFSH charge  
26 analogues, BA, were the only charge analogue mix that stimulated InhB as well as the  
27 most potent *stimulus* for Pro- $\alpha$ C production. Native rhFSH stimulated both Pro- $\alpha$ C and  
28 InhB in SCs at a more advanced maturation stage, isolated from 20-day-old rats. In  
29 these cells, all rhFSH glycosylation variants increased InhB and Pro- $\alpha$ C production,  
30 even in the presence of growth factors. The BA preparation exerted a more marked  
31 stimulatory effect on InhB and Pro- $\alpha$ C than the AC. Glycoforms bearing high mannose  
32 and hybrid-type oligosaccharides, HY, stimulated InhB and Pro- $\alpha$ C more effectively than  
33 those bearing complex oligosaccharides, CO, even in the presence of gonadal growth  
34 factors. These findings demonstrate the modulatory effect of FSH oligosaccharide  
35 structure on the regulation of inhibin production in the male gonad.

## 36 Introduction

37 The Sertoli cell plays a central role in the development of a functional testis,  
38 providing the structural and nutritional support for germ cells. The Follicle-stimulating  
39 hormone (FSH) controls Sertoli cell function; supports cell proliferation prior to puberty,  
40 participates in cell maturation and regulates the synthesis of Sertoli cell-derived  
41 products which are essential for germ cell survival and function in the adult testis  
42 (Meachem *et al.*, 2005).

43 Like other glycoprotein hormones, FSH consists of a family of glycosylation  
44 variants which differ from each other in their oligosaccharide composition including  
45 degree of branching and sialylation (Ulloa-Aguirre *et al.*, 1995a).

46 The hormonal milieu regulates the synthesis and secretion of FSH glycosylation  
47 variants (Ulloa-Aguirre *et al.*, 1999; 2001). The Gonadotrophin-releasing hormone  
48 (GnRH) and sexual steroids are recognized endocrine factors involved in the regulation  
49 of FSH microheterogeneity in females and males (Padmanabhan *et al.*, 1988a; 1988b;  
50 Ulloa-Aguirre *et al.*, 1986; 2001; Creus *et al.*, 1996; Wide, 1989; Simoni *et al.*, 1992).  
51 Previous studies carried out in normal women showed that the endocrine milieu  
52 modulates both the incorporation of the terminal sialic acid residue and the complexity  
53 of the carbohydrate chain. Differences in these two characteristics of FSH molecular  
54 microheterogeneity have been observed during lactational amenorrhoea and in  
55 postmenopausal women when compared with the midfollicular phase of ovulatory  
56 cycles (Creus *et al.*, 1996; Velasquez *et al.*, 2006).

57 In normal boys, changes in FSH microheterogeneity have been described during  
58 pubertal development, which is characterized by the presence of a growing proportion

59 of FSH glycoforms with complex oligosaccharides and transient variations in the  
60 sialylation degree in circulation (Phillips *et al.* 1997; Olivares *et al.*, 2004; Campo *et al.*,  
61 2007). Similar changes have been observed during sexual development in the male rat  
62 (Chappel & Ramaley, 1985; Rulli *et al.*, 1999; Ambao *et al.*, 2009). However, the  
63 possible impact that FSH oligosaccharide structure may have on the regulation of  
64 Sertoli cell endocrine activity has never been explored.

65 During the last years, inhibin B and anti-Müllerian hormone (AMH) have been  
66 considered reliable markers of Sertoli cell function (Lahlou & Roger, 2004; Trigo *et al.*,  
67 2004; Bergadá *et al.*, 2008; Grinspon *et al.*, 2012; 2013; Rey *et al.*, 2013). Although  
68 production of these two peptides is regulated by FSH, inhibin B serum profile showed  
69 that adult levels of this peptide are present in circulation during the first years of life  
70 concomitantly with prepubertal FSH concentrations (Andersson *et al.*, 1998; Byrd *et al.*,  
71 1998). Therefore, immature Sertoli cells have a great capacity to produce inhibin B  
72 independently of FSH *stimulus* and in the absence of spermatogenesis (Bergadá *et al.*,  
73 1999; 2006).

74 The aim of the present study was to investigate the impact of FSH  
75 oligosaccharide structure and its interaction with gonadal factors on the regulation of  
76 monomeric and dimeric inhibin production at different stages of Sertoli cell maturation.

## 77 **Materials and methods**

### 78 ***Reagents***

79 rhFSH was purchased from the National Hormone and Peptide Program of the  
80 National Institute of Diabetes, Digestive and Kidney Diseases (NIDDK)-NIH (Torrance,  
81 CA, USA). Insulin, TGF- $\beta$ 1, EGF, rat IL1- $\beta$  and transferrin were purchased from Sigma-

82 Aldrich, Inc. (St. Louis, MO, USA). Tissue culture media were obtained from Gibco<sup>®</sup> by  
83 Thermo Fisher Corporation (Carlsbad, CA, USA). All other chemicals were of reagent  
84 grade from standard commercial sources.

### 85 ***Animals***

86 Sprague-Dawley rats were obtained from the animal care unit of the Instituto de  
87 Biología y Medicina Experimental (IBYME-CONICET, Buenos Aires, Argentina). Eight or  
88 20-day-old male rats were euthanized by asphyxiation with CO<sub>2</sub> and decapitation or  
89 cervical dislocation, respectively, and the testes were removed for Sertoli cell isolation.  
90 All experimental procedures were performed in compliance with the National Institutes  
91 of Health Guide for the Care and Use of Laboratory Animals and approved by the local  
92 Institutional Ethic Committee (IBYME-CONICET).

### 93 ***Rat Sertoli cell isolation and culture***

94 Sertoli cells from 8-day-old Sprague-Dawley rats were isolated as previously  
95 described (Scheingart *et al.*, 1995; Galardo *et al.*, 2008). Briefly, decapsulated testes  
96 were incubated in culture medium containing 0.03% collagenase and 0.003% soybean  
97 trypsin inhibitor for 5 min at room temperature. Culture medium consisted of a 1:1  
98 mixture of Ham's F12 and DMEM, supplemented with 0.1% bovine serum albumin, 100  
99 IU/mL penicillin, 2.5 µg/mL amphotericin B and 1.2 mg/mL sodium bicarbonate. After  
100 the initial dispersion, seminiferous tubules were sedimented and supernatant was  
101 discarded to remove interstitial cells. When indicated, seminiferous tubules were  
102 submitted to an extra 1 M glycine-2 mM EDTA (pH 7.4) treatment to remove peritubular  
103 cells. After several washes, a second collagenase treatment was performed. Tubules  
104 were treated for 10 min at room temperature with a solution of 0.03% collagenase,

105 0.003% soybean trypsin inhibitor and 0.03% DNase. The Sertoli cell suspension,  
106 collected by sedimentation, was resuspended in the culture medium described above  
107 with the following additions: 10 µg/mL transferrin, 5 µg/mL insulin, 5 µg/mL vitamin E  
108 and 4 ng/mL hydrocortisone. Sertoli cells were cultured in 24-multiwell plates (15 µg  
109 DNA/cm<sup>2</sup>) at 34 °C in a mixture of 5% CO<sub>2</sub>:95% air. The proportion of peritubular myoid  
110 cells present in the immature Sertoli cell cultures was in the range of 10-15%, as  
111 evaluated by α-smooth muscle actin (α-SMA) immunostaining. When the extra glycine-  
112 EDTA treatment was applied during the cell isolation procedure, this proportion  
113 decreased to 3-5%.

114 Sertoli cells from 20-day-old Sprague-Dawley rats were isolated as previously  
115 described (Meroni *et al.*, 1999; 2002). Briefly, decapsulated testes were digested with  
116 0.1% collagenase and 0.006% soybean trypsin inhibitor in Hanks' balanced salt solution  
117 for 5 min at room temperature. Seminiferous tubules were saved, cut and submitted to 1  
118 M glycine-2 mM EDTA (pH 7.4) treatment to remove peritubular cells. The washed  
119 tubular pellet was then digested again with collagenase for 10 min at room temperature  
120 to remove germinal cells. The Sertoli cell suspension, collected by sedimentation, was  
121 resuspended in culture medium which consisted of a 1:1 mixture of Ham's F-12 and  
122 DMEM, supplemented with 20 mM HEPES, 100 IU/mL penicillin, 2.5 µg/mL  
123 amphotericin B, 1.2 mg/mL sodium bicarbonate, 10 µg/mL transferrin, 5 µg/mL insulin, 5  
124 µg/mL vitamin E and 4 ng/mL hydrocortisone. Sertoli cells were cultured in 24-multiwell  
125 plates (5 µg DNA/cm<sup>2</sup>) at 34 °C in a mixture of 5% CO<sub>2</sub>:95% air. No peritubular myoid  
126 cell contamination was revealed in the cultures when an immunoperoxidase technique  
127 was applied to Sertoli cell cultures using a specific anti-α-SMA antibody. Germ cell

128 contamination was below 5% after 48 h in culture as examined by phase-contrast  
129 microscopy.

130 Sertoli cells were allowed to attach for 48 h in the presence of insulin and  
131 medium was replaced at this time with fresh medium without insulin. As from day 3, the  
132 cells were incubated 24 (8-day-old) or 72 h (20-day-old) in the absence or presence of  
133 the different stimuli, as indicated in the Figure legends.

134 For cAMP determination, immature Sertoli cells were incubated in the presence  
135 of 0.1mM IBMX and media were collected after 90 min of treatment. To evaluate  
136 aromatase activity, 2 mM 19-hydroxyandrostenedione as substrate for aromatization  
137 were added on the fourth day.

138 Following incubation, Sertoli cells were stored at -80 °C until DNA determination  
139 and conditioned media were stored at -20 °C until hormone measurements were carried  
140 out. Total DNA was determined by the method of Labarca & Paigen (1980).

#### 141 ***Peritubular cell isolation and culture***

142 In order to isolate peritubular cells, 8 day-old-rat seminiferous tubule fragments,  
143 obtained after the initial dispersion, were seeded at low density (5  $\mu\text{g DNA/cm}^2$ ) in the  
144 presence of 10% FCS. After 7 days, the peritubular cell monolayer was collected by  
145 trypsin/EDTA treatment and seeded in 12-multiwell plates. Cells were allowed to attach  
146 and grow for 72 h and medium was replaced at this time with fresh medium without  
147 serum.

#### 148 ***Isolation of rhFSH glycosylation variants***

149 Glycosylation variants were isolated from rhFSH according to either their  
150 sialylation degree or oligosaccharide complexity using preparative isoelectric focusing

151 (IEF) and lectin (concanavalin A, ConA) affinity chromatography, respectively. Two  
152 native rhFSH ampoules (40 mg LER-907) were applied for each procedure. The content  
153 of each ampoule was dissolved in double-distilled and deionized water (Barnstead  
154 NANOPure II, Thermo Scientific, Baltimore, MD, USA) and applied into a preparative  
155 IEF cell or into a ConA column.

### 156 ***Preparative IEF***

157 Preparative IEF was used to isolate rhFSH charge analogues according to their  
158 sialylation degree using a Rotofor system (Rotofor Preparative Cell, Bio-Rad  
159 Laboratories, Inc.) as described previously (Bedecarras *et al.*, 1998; Loreti *et al.*, 2009;  
160 2013). Focusing was carried out at 12W constant power (Power Pac 3000 Bio-Rad  
161 Laboratories, Inc.) for 4h, maintaining the chamber refrigerated (Refrigerated Circulator,  
162 Forma Scientific, Inc., Marietta, OH, USA). Twenty fractions (2.5 mL each), from a 3-10  
163 pH gradient, were harvested and their pH was determined. Each individual fraction was  
164 exhaustively dialysed against 1 M NaCl to completely eliminate ampholytes and  
165 detergent and I-FSH content was determined by double-antibody RIA. The rhFSH  
166 recovery range was 70–85%.

167 Based on the variations observed in the proportion of FSH isolated at the  
168 opposite ends of the pH gradient, associated with changes in testicular activity (Campo  
169 *et al.*, 2007; Ambao *et al.*, 2009), two rhFSH preparations were selected to explore the  
170 biological effect of their sialylation degree. Fractions from pH 2.56 to 4.00 (more  
171 acidic/sialylated charge analogues mix; rhFSH-AC) and at pH >5.00 (less  
172 acidic/sialylated preparation; rhFSH-BA) were combined, concentrated using



173 Centriprep-10 membrane (cut-off 10 000; Amicon, Beverly, MA, USA) and stored at -80  
174 °C.

### 175 **ConA chromatography**

176 ConA chromatography was used to isolate rhFSH glycosylation variants  
177 according to the complexity of their oligosaccharides, as previously described by Creus  
178 *et al.* (1996). The isolation of three groups of glycoforms was based on the different  
179 affinities that the carbohydrate structures have for this particular lectin. Briefly,  
180 equilibrium buffer (50 mM Tris-HCl; pH 7.4, 0.5 M NaCl, 1 mM MgCl<sub>2</sub>, 1 mM CaCl<sub>2</sub>, and  
181 1 mM MnCl<sub>2</sub>) was used to elute unbound rhFSH glycoforms: bearing complex,  
182 triantennary and bisecting oligosaccharides (rhFSH-CO); equilibrium buffer containing  
183 10 mM methyl- $\alpha$ -D-glucopyranoside (glucoside) was used to elute the weakly bound  
184 rhFSH glycoforms: bearing biantennary carbohydrate chains; and equilibrium buffer  
185 containing 0.1 M methyl-  $\alpha$  - D-mannopyranoside (mannoside) was used to elute the  
186 firmly bound rhFSH glycoforms: bearing high mannose/hybrid-type oligosaccharides  
187 (rhFSH-HY). The procedure was carried out at 4 °C. Eluates containing rhFSH  
188 glycoforms were dialysed against 0.01 M NaCl, concentrated (Centriprep membranes,  
189 Amicon) and stored at -80 °C. The range of recovered rhFSH was 75–90%.

190 Two rhFSH preparations (rhFSH-CO and rhFSH-HY) were used to explore the  
191 biological effect of gonadotrophin oligosaccharide complexity on Sertoli cell function.  
192 They were selected based on the previously observed variations in the relative  
193 proportion of these two types of types of glycosylation variants when determined  
194 throughout sexual development in boys and male rats (Campo *et al.*, 2007; Rulli *et al.*,  
195 1999).

196 **Hormone measurements**

197         The rhFSH content of samples was measured using an in-house double-antibody  
198 RIA with reagents provided by NIDDK (Bethesda, MD, USA). The RP LER-907 (1 mg  
199 LER-907Z 53 IU Second International Reference Preparation, hMG) was used to  
200 construct the standard curve. The polyclonal antibody, anti-hFSH-6, was used as  
201 antiserum. Purified hFSH (hFSH-ISIAFP-1) was iodinated using the chloramine-T  
202 method (Greenwood *et al.*, 1963). To minimize the effects of interassay variations, as  
203 well as to determine the degree of parallelism between the unknown samples and the  
204 FSH standards, all glycoform preparations were analyzed at multiple dose levels in the  
205 same assay run. The intra- and interassay coefficients of variation were < 9 and 12%  
206 respectively. Simultaneous curve fitting of the dose–response curves obtained in the  
207 RIA of the glycoforms revealed no significant differences among the slopes generated  
208 by the standard LER-907 and the different rhFSH glycosylation variants, suggesting that  
209 the glycoforms were equally recognized by the antibody. rhFSH is expressed in terms of  
210 hFSH-2 standard (NIDDKNHPP).

211         Oestradiol was determined by RIA as previously described (Escobar *et al.*,  
212 1976). Intra- and interassay coefficients of variation were 8% and 15%, respectively.

213         Dimeric inhibins A and B, free inhibin  $\alpha$ -subunit (Pro- $\alpha$ C) and total activin A levels  
214 in the culture media were measured using specific two-site enzyme-linked  
215 immunoabsorbent assays (ELISA) (Oxford Bio-Innovation Ltd, Oxon, UK) as described  
216 previously (Groome *et al.*, 1994; 1995; 1996; Knight *et al.*, 1996). Recombinant human  
217 inhibin A and B and activin A (Genentech, San Francisco, CA, USA), and a partially  
218 purified (>75% purity) Pro- $\alpha$ C preparation were used as standards. The assay

219 sensitivity was 7 pg/mL for inhibin A, 15 pg/mL for inhibin B, 2 pg/mL for Pro- $\alpha$ C and 78  
220 pg/mL for activin A. Activin A, activin B, and follistatin had less than 0.1% cross-reaction  
221 in dimeric inhibin assays. Inhibin A had less than 0.5% cross-reaction in the inhibin B  
222 assay whereas inhibin B had less than 0.1% cross-reaction in the inhibin A assay. The  
223 Pro- $\alpha$ C assay had less than 0.1% cross reactivity with inhibin A, B, activin A, B and  
224 follistatin. The total activin A assay had less than 0.5% cross-reaction with inhibin A,  
225 inhibin B or activin B, less than 0.1% cross-reaction with bovine Pro- $\alpha$ C or follistatin and  
226 only a small (1-5%) cross reaction with activin AB. Intra- and interassay coefficients of  
227 variation were less than 10% for all four assays. The human inhibin A and B assays had  
228 been validated and successfully used in the rat (Lanuza *et al.*, 1999; Arai *et al.* 2002).

#### 229 ***Determination of cyclic AMP production***

230 Immature Sertoli cells were cultured for 90 min in the presence of 0.1mM IBMX  
231 (specific inhibitor of phosphodiesterase activity) with or without the indicated doses of  
232 native rhFSH. The extracellular content of cAMP was determined by a commercial RIA  
233 (Immunotech, Beckman Coulter, CA, USA). The sensitivity of the assay was 0.06 nM  
234 and the intra- and interassay coefficients of variation were less than 10%.

#### 235 ***Statistical analysis***

236 All experiments were run in triplicates and repeated at least three times. Data are  
237 expressed as mean  $\pm$  SEM. Data were log transformed before statistical analysis when  
238 appropriate. Comparisons between treatments were carried out using parametric or  
239 non-parametric unpaired *t*-test or one-way analysis of variance (ANOVA) followed by  
240 multiple comparisons test as appropriate. Differences were considered significant at

241  $P < 0.05$ . All statistical analyses were performed using GraphPad Prism version 5.00 for  
242 Windows (GraphPad Software, San Diego, CA, USA. [www.graphpad.com](http://www.graphpad.com)).

## 243 **Results**

244 Sertoli cells isolated from 8-day-old rats produced  $53.3 \pm 3.9$  pg/ $\mu$ g DNA of  
245 inhibin B,  $21.4 \pm 0.7$  pg/ $\mu$ g DNA of activin A and  $3.40 \pm 0.67$  pg/ $\mu$ g DNA of inhibin  $\alpha$ -  
246 subunit (Pro- $\alpha$ C) when cultured under basal conditions for 24h.

247 Under identical experimental conditions inhibin B and activin A were not detected  
248 in the conditioned media of Sertoli cells isolated from 20-day-old rats. When the culture  
249 period was prolonged to 72h, they produced  $33.4 \pm 4.9$  pg/ $\mu$ g DNA of inhibin B,  $13.1 \pm$   
250  $1.4$  pg/ $\mu$ g DNA of activin A and  $13.8 \pm 1.5$  pg/ $\mu$ g DNA of Pro- $\alpha$ C.

251 Based on these results, further studies on 20-day-old rat Sertoli cells were  
252 performed after 72h of culture.

253 Inhibin A was always undetectable in Sertoli cell cultures.

### 254 ***Effect of native rhFSH, its glycosylation variants and gonadal factors on inhibin*** 255 ***production by Sertoli cells isolated from 8-day-old rats***

256 Production of Pro- $\alpha$ C was stimulated by rhFSH in a dose-dependent manner.  
257 The lowest dose used (0.08 ng/mL) was able to significantly stimulate the production of  
258 this peptide:  $2.71 \pm 0.29$ -fold increase over basal ( $P < 0.05$ ). The highest doses used (2.5  
259 and 5 ng/mL) exerted a similar response:  $7.88 \pm 0.68$  vs  $8.24 \pm 0.54$ -fold increase over  
260 basal (NS) (Fig. 1, panel A).

261 Native rhFSH did not induce changes in basal inhibin B production at any of the  
262 doses used in this study (Fig. 1, panel A).

263           The production of cAMP and oestradiol was evaluated in order to confirm Sertoli  
264 cell ability to respond to native rhFSH stimulus under these experimental conditions  
265 (Fig. 1, panel B). A dose-dependent response on cAMP production was observed after  
266 native rhFSH stimulation (2.3- to 23.0-fold increase over basal,  $P<0.01$ ). Oestradiol  
267 production was also stimulated by native rhFSH in a dose-dependent manner; a  
268 significant increase was observed at the dose of 0.16 ng/mL ( $1.53 \pm 0.17$ -fold increase  
269 over basal,  $P<0.05$ ). When 2.5 and 5 ng/mL doses of rhFSH were added to the culture,  
270 there was no significant variation in the response:  $5.09 \pm 0.41$  vs  $5.25 \pm 0.37$ -fold  
271 increase over basal, NS) (Fig. 1, panel B).

272           Based on these results, the selected doses of rhFSH glycosylation variants  
273 chosen to assess possible differential biological effects on Sertoli cells were 0.16 and  
274 2.5 ng/mL.

275           To evaluate the influence of the rhFSH sialylation degree on monomeric and  
276 dimeric inhibin production, two preparations of rhFSH charge analogues were used to  
277 stimulate immature Sertoli cells. Figure 1 (panels C and D) shows the effect of more  
278 acidic/sialylated (AC) and less acidic/sialylated (BA) rhFSH charge analogues added to  
279 8-day-old rat Sertoli cell cultures.

280           No changes were observed in inhibin B production when the lowest dose of the  
281 two charge analogue preparations was used; whereas at the dose of 2.5 ng/mL inhibin  
282 B production was significantly stimulated by the less sialylated charge analogue  
283 preparation:  $1.92 \pm 0.09$ -fold increase over basal ( $P<0.01$ ) (Fig. 1, panel C).

284           Both rhFSH charge analogue preparations significantly stimulated Pro- $\alpha$ C  
285 production, even at the lowest dose used (Fig. 1, panel D). A differential effect was

286 induced by the less sialylated charge analogue preparation when compared to the more  
287 sialylated counterparts. There was a sharper increase of this peptide production when  
288 BA rhFSH was added to the culture; 0.16 ng/mL: AC,  $2.23 \pm 0.27$  vs BA  $7.62 \pm 0.80$  and  
289 2.5 ng/mL: AC,  $7.54 \pm 0.72$  vs BA  $17.02 \pm 1.21$  -fold increase over basal ( $p < 0.05$ ).

290 The influence of the rhFSH oligosaccharide complexity on inhibin production was  
291 also evaluated. When rhFSH glycoforms bearing high mannose and hybrid-type  
292 oligosaccharides (HY) or bearing complex oligosaccharides (CO) were added to the  
293 cultures no consistent effect was observed in inhibin B production. However, both  
294 preparations stimulated Pro- $\alpha$ C at the 2.5 ng/mL dose ( $p < 0.05$ ); a more marked effect  
295 was observed when the rhFSH glycosylation variants bearing incomplete  
296 oligosaccharides were used (CO,  $7.62 \pm 0.74$  vs HY,  $22.59 \pm 3.97$ - fold increase over  
297 basal,  $p < 0.05$ ).

298 The ability of 8-day-old-rat Sertoli cells to produce considerable amounts of  
299 inhibin B under basal conditions after 24h of culture and the lack of response to native  
300 rhFSH led us to further investigate other possible mechanisms involved in the regulation  
301 of this dimer production. For this purpose the effect of activin A was evaluated; it  
302 induced a significant stimulation on inhibin B and Pro- $\alpha$ C production:  $1.32 \pm 0.03$  and  
303  $3.67 \pm 0.58$ -fold increase over basal, respectively ( $P < 0.05$ ); when follistatin was added  
304 to the culture, the production of both forms of inhibin was significantly reduced: 53% and  
305 69%, respectively ( $p < 0.05$ ) (Fig. 2, panels A and B).

306 An additional step in the isolation process in order to significantly reduce the  
307 presence of peritubular cells in the culture was performed. Under these experimental  
308 conditions a significant decrease in inhibin B production was observed (42%,  $p < 0.05$ )

309 (Fig. 2, panel C). Concomitantly, the Sertoli cell culture depleted of peritubular cells ( $S_{8-Gly}$ )  
310 ( $S_{8-Gly}$ ) showed a 61% decrease in the production of activin A ( $p < 0.001$ , Fig. 2 panel E). The  
311 response of  $S_{8-Gly}$  cells to the addition of exogenous activin A was as expected; inhibin  
312 B production was markedly stimulated:  $1.61 \pm 0.07$ -fold increase over  $S_{8-Gly}$ , ( $P < 0.01$ )  
313 (Fig. 2, Panel C).

314 The addition of activin A induced a marked effect in inhibin  $\alpha$ -subunit production;  
315 a  $4.68 \pm 0.59$ -fold increase over basal was observed in  $S_{8-Gly}$  cell culture, ( $P < 0.01$ ; Fig.  
316 2, panel D).

317 Interestingly, isolated peritubular cells in culture produced activin A ( $102 \pm 13$   
318  $\text{pg}/\mu\text{g DNA}$ ) but were unable to produce inhibin B (Fig. 2, panel F).

319 The effect of combined activin A and rhFSH on inhibin B production was  
320 evaluated in order to recreate the in vivo situation. A similar increment was observed  
321 when the two hormones were added; both individually and combined ( $1.32 \pm 0.03$  vs  
322  $1.51 \pm 0.02$ -fold increase over basal,  $P > 0.05$ ) (Fig. 3, panel A).

323 The response in terms of Pro- $\alpha\text{C}$  production was slightly different since a  
324 synergic effect was induced by the combination of both hormones; in that condition a  
325 marked increment was observed  $32.2 \pm 0.6$  vs  $3.67 \pm 0.58$  -fold increase over basal  
326 ( $P < 0.001$ ) (Fig. 3, panel B).

327 ***Effect of native rhFSH, its glycosylation variants and gonadal factors on***  
328 ***inhibin production by Sertoli cells isolated from 20-day-old rats***

329 Increasing doses of rhFSH (0.1 - 50 ng/mL) were used to assess its effect on  
330 Sertoli cell inhibin production. Pro- $\alpha\text{C}$  was stimulated by rhFSH in a dose-dependent  
331 manner; at the lowest dose (0.1 ng/mL) it increased  $1.38 \pm 0.06$ -fold over basal

332 (P<0.05) and at the highest dose (50 ng/mL) 12.72 ± 0.56-fold over basal (p<0.001)  
333 (Fig. 4, panel A).

334 Native rhFSH was able to stimulate inhibin B production at the dose of 1 ng/mL  
335 (1.95 ± 0.15-fold increase over basal, p<0.05); the 10 ng/mL dose increased inhibin B  
336 production 2.76 ± 0.21-fold over basal (p<0.001); higher doses of the gonadotrophin did  
337 not induce further increments (Fig. 4, panel A).

338 The effect of more acidic/sialylated (AC) or less acidic/sialylated (BA) rhFSH  
339 charge analogues and glycoforms bearing high mannose and hybrid-type  
340 oligosaccharides (HY) or bearing complex oligosaccharides (CO), at two different doses  
341 (1 and 10 ng/mL), on 20-day-old rat Sertoli cells inhibin production was evaluated.

342 Both preparations of rhFSH charge analogues stimulated monomeric and dimeric  
343 inhibin (p<0.05, Fig. 4, panels B and C). However, less acidic/sialylated charge  
344 analogues stimulated inhibin B and Pro- $\alpha$ C production more markedly than the more  
345 acidic ones at both doses used (1 and 10 ng/mL): inhibin B, 1.79 ± 0.13 vs 1.24 ± 0.07  
346 and 2.43 ± 0.09 vs 1.76 ± 0.16-fold increase over basal; Pro- $\alpha$ C: 4.52 ± 0.21 vs 2.22 ±  
347 0.20 and 9.10 ± 0.36 vs 5.53 ± 0.44-fold increase over basal (BA vs AC, respectively,  
348 p<0.05).

349 Both rhFSH glycosylation variants isolated according to oligosaccharide  
350 complexity significantly stimulated inhibin B and Pro- $\alpha$ C production at 1 and 10 ng/mL  
351 (p<0.05, Fig. 4, panels D and E). Glycoforms bearing high mannose and hybrid-type  
352 oligosaccharides stimulated inhibin B and Pro- $\alpha$ C production more effectively than those  
353 bearing complex oligosaccharides: inhibin B: 2.11 ± 0.17 vs 1.31 ± 0.08 and 2.78 ± 0.11



354 vs  $1.86 \pm 0.15$  -fold increase over basal; Pro- $\alpha$ C:  $6.21 \pm 1.34$  vs  $2.66 \pm 0.61$  and  $10.75 \pm$   
355  $1.85$  vs  $5.79 \pm 0.64$ -fold increase over basal (HY vs CO, respectively,  $p < 0.05$ ).

356 The effect of gonadal factors on inhibin and activin A production was evaluated  
357 both individually and in combination with native rhFSH and its glycosylation variants.

358 When the effect of combined TGF- $\beta$ , EGF and insulin was evaluated an  
359 enhancement in inhibin B, Pro- $\alpha$ C and activin A production was observed ( $1.41 \pm 0.13$ ;  
360  $2.18 \pm 0.36$  and  $1.56 \pm 0.25$ -fold increase over basal, respectively,  $p < 0.05$ ). In the  
361 presence of these growth factors, a further stimulation was elicited by rhFSH on inhibin  
362 B and Pro- $\alpha$ C production ( $2.80 \pm 0.18$  vs  $1.41 \pm 0.13$  and  $14.81 \pm 0.90$  vs  $2.18 \pm 0.36$  -  
363 fold increase over basal, respectively,  $p < 0.05$ , Fig. 5, panels A and B). In contrast, the  
364 addition of rhFSH combined with the gonadal factors not only abolished the increment  
365 of activin A production induced by TGF- $\beta$ , EGF and insulin, but also reduced its levels  
366 by 46% below the basal condition ones ( $p < 0.05$ ); when the effect of native rhFSH was  
367 evaluated a 32% reduction of the basal production was observed ( $p < 0.05$ ).

368 Based on the differential effect on inhibin production induced by rhFSH  
369 oligosaccharide structure, both its sialylation degree and its complexity, we further  
370 evaluated the influence of rhFSH glycosylation variants in the presence of gonadal  
371 factors.

372 When the effect of rhFSH sialylation degree on inhibin B and Pro- $\alpha$ C production  
373 was evaluated in the presence of combined TGF- $\beta$ , EGF and insulin, both rhFSH  
374 charge analogues preparations exerted a similar stimulation ( $2.85 \pm 0.22$  vs  $2.93 \pm 0.28$   
375 and and  $17.06 \pm 0.54$  vs  $19.44 \pm 1.70$ -fold increase over basal, AC vs BA, respectively,  
376  $p > 0.05$ ) (Fig. 5, panels C and D).

377 As shown in Fig. 5, the differential effect induced by the complexity of rhFSH  
378 oligosaccharides on inhibin B and Pro- $\alpha$ C production was maintained even in the  
379 presence of gonadal factors ( $2.66 \pm 0.22$  vs  $3.48 \pm 0.33$  and  $11.68 \pm 1.01$  vs  $20.04$   
380  $\pm 3.64$ -fold increase over basal, CO vs HY, respectively,  $p < 0.01$ ) (Fig. 5, panels E and  
381 F).

## 382 Discussion

383 The differential actions of FSH glycosylation variants on granulosa cell function  
384 and follicular development have been previously reported (Ulloa-Aguirre *et al.*, 1995b;  
385 Vitt *et al.*, 1998; Nayudu *et al.*, 2002). Moreover, it has been demonstrated that FSH  
386 microheterogeneity exerts a differential regulation on granulosa cell inhibin production  
387 and its global gene expression (Loreti *et al.*, 2013a; 2013b).

388 Important structural and functional changes occur in Sertoli cells during the  
389 maturation process. The present study was aimed at elucidating new regulatory  
390 mechanisms of monomeric and dimeric inhibin production at different stages of Sertoli  
391 cell maturation.

392 The results obtained herein describe for the first time the differential effect of  
393 rhFSH and its glycosylation variants as well as the interaction with gonadal factors  
394 produced by other testicular cell types on monomeric and dimeric inhibin production at  
395 different stages of Sertoli cell maturation. Cultured immature Sertoli cells isolated from  
396 8-day-old rats and cells in the process of terminal maturation obtained from 20-day-old  
397 rats were used.

398 The production of oestradiol stimulated by FSH is characteristic of the immature  
399 Sertoli cell endocrine activity. This ability gradually decreases with age and disappears

400 when the cells complete their maturation process (Dorrington *et al.*, 1978; Rommerts *et*  
401 *al.*, 1982; Tsai-Morris *et al.*, 1985; Le Magueresse & Jegou, 1988). Previous studies  
402 performed on cultured immature Sertoli cells showed that the FSH sialylation degree  
403 was inversely related to its biopotency in terms of oestradiol production; pituitary human  
404 FSH glycosylation variants isolated at pH>5 elicited the most marked stimulatory effect  
405 (Creus *et al.*, 2001).

406 In the present study, outstanding features of immature Sertoli cells in culture were  
407 the high capacity of these cells to produce inhibin B under basal conditions and the lack  
408 of response to native rhFSH stimulus. However, these cells were highly sensitive to the  
409 action of the gonadotrophin to produce oestradiol and inhibin  $\alpha$ -subunit in a dose-  
410 dependent manner.

411 Based on the above mentioned results regarding the high oestradiol production  
412 induced by hFSH charge analogues isolated at pH>5 on immature Sertoli cells, we  
413 assessed the possible relevance of differences in rhFSH sialylation degree on inhibin  
414 production. The less acidic/sialylated rhFSH charge analogues (BA) resulted in a more  
415 potent stimulus than the more acidic/sialylated ones (AC) for inhibin  $\alpha$ -subunit  
416 production. An aspect worthy of mention was the effect of the less acidic/sialylated  
417 rhFSH charge analogues on the inhibin B production, since native rhFSH did not  
418 change basal levels.

419 These results indicate that the important inhibin B production, characteristic in  
420 these cells, can only be further increased by a hormone practically devoid of sialic acid.  
421 This situation may not occur *in vivo*, since FSH is always synthesized as a mixture of  
422 glycosylation variants whose relative proportion is determined by the hormonal milieu.

423 Nevertheless, as described by Ambao *et al.* (2009) 18% of total recovered pituitary FSH  
424 charge analogues present in immature male rats were isolated at the highest extreme of  
425 the pH gradient.

426 When the effect of rhFSH oligosaccharide complexity was analysed on inhibin B  
427 production, no consistent results were obtained. However, a previous study  
428 demonstrated that the less acidic/sialylated rhFSH charge analogue preparation  
429 contains a predominant proportion of rhFSH glycosylation variants bearing incomplete  
430 oligosaccharides (Loreti *et al.*, 2013a). Therefore, it cannot ruled out that these  
431 glycoforms may contribute to stimulate inhibin B production in the immature Sertoli cell.

432 The high capacity to produce inhibin B that was observed at this stage of cell  
433 maturation led us to explore the existence of gonadal factors that may participate in the  
434 maintenance of this production.

435 Previous studies showed that activin A was a potent *stimulus* for inhibin B  
436 production in rat granulosa cells (Lanuza *et al.*, 1999). Thus, the existence of a similar  
437 effect in the male gonad was explored. Our results confirmed the stimulatory effect of  
438 activin A on the production of inhibin B in Sertoli cells isolated from 8-day-old rat testes.

439 Peritubular cells produce activin A and the expression of its receptors has been  
440 described in immature rat Sertoli cells (Buzzard *et al.*, 2004; Fragale *et al.*, 2001). A  
441 classically described method to isolate immature Sertoli cells was used in this study;  
442 therefore, peritubular cells may have been present in the culture. We evaluated the  
443 possibility that locally produced activin A was responsible, at least in part, for the high  
444 inhibin B production in immature Sertoli cells. To evaluate this possibility an additional  
445 treatment with a hyperosmotic solution of glycine during the isolation process was

446 performed in order to reduce the number of peritubular cells present in the culture  
447 (Lejeune *et al.*, 1993). The importance of activin A action was clearly demonstrated by  
448 the abrupt decrease in inhibin B production observed under these experimental  
449 conditions.

450 It is interesting to note that FSH and activin A synergistically stimulated inhibin  $\alpha$ -  
451 subunit production; nevertheless, this gonadotrophin did not amplify activin A action on  
452 inhibin B levels. These results confirm the hypothesis that the expression of the  
453 inhibin/activin  $\beta$ B-subunit may be limiting the formation of the heterodimer at this stage  
454 of Sertoli cell maturation.

455 Less sialylated rhFSH charge analogues (BA) and those glycosylation variants  
456 with incomplete oligosaccharides (HY) were the most potent preparations to stimulate  
457 inhibin production in a more advanced stage of Sertoli cell maturation. This differential  
458 effect was observed both in the production of free inhibin  $\alpha$ -subunit and inhibin B. These  
459 cells showed a higher capacity to respond to native rhFSH and its glycosylation variants  
460 in terms of free inhibin  $\alpha$ -subunit production; thus maintaining the abundance of this  
461 peptide to enable inhibin B synthesis.

462 Molecular mechanisms involved in these differential responses have not been  
463 identified yet. It has been proposed that FSH glycosylation variants may have the  
464 capacity to activate different signal transduction pathways (Padmanabhan *et al.*, 1991;  
465 Zambrano *et al.* 1996; 1999; Arey *et al.*, 1997). Several studies have demonstrated that  
466 apart from the canonical Gs/cAMP/PKA pathway described for FSH, other alternative  
467 signalling pathways are involved in the mechanism of action of this gonadotrophin  
468 (Walker & Cheng, 2005; Gloaguen *et al.*, 2011). More recent studies have proposed

469 that FSH oligosaccharide structure affecting the hormone-receptor complex  
470 conformation would allow the activation of different signal transduction pathways, thus  
471 inducing different biological responses (Ulloa-Aguirre *et al.*, 1999; 2003; 2011;  
472 Landomiel *et al.*, 2014).

473         Considering the importance of the action exerted by factors produced in the  
474 seminiferous epithelium on inhibin production at this advanced stage of Sertoli cell  
475 maturation, the differential effect of FSH glycosylation variants was evaluated in the  
476 presence of such factors. Under these experimental conditions, the rhFSH sialylation  
477 degree was unable to differentially modulate the inhibin  $\alpha$ -subunit and inhibin B  
478 production. Conversely, the complexity of rhFSH oligosaccharide maintained its action  
479 on the regulation of these peptides production even in the presence of gonadal factors.  
480 These results suggest that the complexity of FSH oligosaccharides has a higher  
481 hierarchy than the sialylation degree in the differential effect on monomeric and dimeric  
482 inhibin production.

483         Different mechanisms modulate inhibin production in the Sertoli cell depending  
484 on its maturation stage. FSH appears to be an essential stimulatory factor to maintain  
485 inhibin  $\alpha$ -subunit synthesis; however, peritubular cell-derived activin A may play a major  
486 role in sustaining immature Sertoli cell inhibin B production. The action of FSH and the  
487 presence of germ cells in the seminiferous tubules seem to be determinant for the  
488 heterodimer synthesis in Sertoli cells at a more advanced stage of maturation.

489         The findings obtained in the present study demonstrate that FSH glycosylation  
490 variants participate in the regulatory mechanisms of inhibin production and interact with  
491 factors produced by testicular cells at different stages of Sertoli cell maturation.

492 **Declaration of interest**

493           The authors declare that there is no conflict of interest that could prejudice the  
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672

## 1 **Figure Legends**

2 **Figure 1. Effect of native rhFSH and its glycosylation variants on inhibin**  
3 **production by immature Sertoli cells.** Cells isolated from 8-day-old rats were cultured  
4 in the absence or presence of increasing doses of native rhFSH (0.08 - 5 ng/mL, panels  
5 A and B) or the specified concentrations of rhFSH glycosylation variants. rhFSH-AC:  
6 more acidic/sialylated charge analogues, rhFSH-BA: less acidic/sialylated charge  
7 analogues (panels C and D). Doses are expressed in terms of hFSH-2 standard  
8 (NIDDKNHPP). Inhibin B (panels A and C), inhibin  $\alpha$ -subunit (Pro- $\alpha$ C, panels A and D)  
9 and oestradiol (panel B) levels were determined in the conditioned media after 24h of  
10 treatment. Cyclic AMP levels (panel B) were determined in the conditioned media after  
11 90 minutes. Data are expressed as mean  $\pm$  SEM of triplicate determinations from one  
12 representative out of three independent experiments (panels A and B) or results are  
13 presented as fold increase over basal production and data expressed as mean  $\pm$  SEM  
14 of three independent experiments, each performed in triplicate (panels C and D). (\*)  $p <$   
15 0.05; (\*\*)  $p <$  0.01; (\*\*\*)  $p <$  0.001 compared with respective basal; ( $\delta$ )  $p <$  0.05 between  
16 the indicated experimental conditions.

17 **Figure 2. Paracrine regulation of inhibin B and inhibin  $\alpha$ -subunit production by**  
18 **immature Sertoli cells.** Cells isolated from 8-day-old rats were treated with activin A  
19 (Act A, 50 ng/mL) or Follistatin (Fst, 100 ng/mL) (panels A and B). Sertoli cells isolated  
20 with (S<sub>8-gly</sub>) or without (S<sub>8</sub>) an additional glycine-EDTA treatment to remove peritubular  
21 cells, were cultured in the presence or absence of Act A (50 ng/mL) (panels C and E).  
22 Levels of inhibin B (panels A and C), inhibin  $\alpha$ -subunit (Pro- $\alpha$ C, panels B and D) and Act

23 A (panels E and F) were determined in the conditioned media after 24h of treatment.  
24 Act A and Inh B levels were determined in the conditioned media of peritubular cells  
25 isolated from 8-day-old rat seminiferous tubule fragments after 24h of culture (panel F).  
26 Results are presented as fold increase over basal production and data expressed as  
27 mean  $\pm$  SEM of three independent experiments, each performed in triplicate (panels A-  
28 E) or data are expressed as mean  $\pm$  SEM of triplicate determinations from one  
29 representative out of three independent experiments (panel F). (\*)  $p < 0.05$ ; (\*\*)  $p <$   
30  $0.01$ ; (\*\*\*)  $p < 0.001$  compared with respective control. ND: non detectable.

31 **Figure 3. Effect of activin A and native rhFSH on inhibin production by immature**  
32 **Sertoli cells.** Cells isolated from 8-day-old rats were cultured in the presence or  
33 absence of activin A (Act A, 50 ng/mL), native rhFSH (10 ng/mL) or the combination of  
34 both hormones. Inhibin B (panel A) and inhibin  $\alpha$ -subunit (Pro- $\alpha$ C, panel B) levels were  
35 determined in the conditioned media after 24h of treatment. Results are presented as  
36 fold increase over basal production and data expressed as mean  $\pm$  SEM of three  
37 independent experiments, each performed in triplicate. Different letters indicate  
38 significant differences between groups ( $p < 0.05$ ).

39 **Figure 4. Effect of native rhFSH and its glycosylation variants on inhibin**  
40 **production by mature Sertoli cells.** Cells isolated from 20-day-old rats were cultured  
41 in the absence or presence of increasing doses of native rhFSH (0.1-10 ng/mL, panel A)  
42 or the specified concentrations of rhFSH glycosylation variants. rhFSH-AC: more  
43 acidic/sialylated charge analogues, rhFSH-BA: less acidic/sialylated charge analogues  
44 (panels B and C); rhFSH-CO: glycoforms bearing complex (triantennary and bisecting),  
45 rhFSH-HY: glycoforms bearing high mannose and hybrid-type oligosaccharides (panels



46 D and E). Inhibin B (panels A, B and D) and inhibin  $\alpha$ -subunit (Pro- $\alpha$ C, panels A, C and  
47 E) levels were determined in the conditioned media after 72h of treatment. Data are  
48 expressed as mean  $\pm$  SEM of triplicate determinations from one representative out of  
49 three independent experiments (panel A) or results are presented as fold increase over  
50 basal production and data expressed as mean  $\pm$  SEM of three independent  
51 experiments, each performed in triplicate (panels B-E). (\*)  $p < 0.05$ ; (\*\*)  $p < 0.01$ ; (\*\*\*)  $p$   
52  $< 0.001$  compared with respective basal; ( $\delta$ )  $p < 0.05$  between the indicated  
53 experimental conditions.

54 **Figure 5. Effect of native rhFSH, its glycosylation variants and gonadal factors on**  
55 **inhibin production by mature Sertoli cells.** Cells isolated from 20-day-old rats were  
56 cultured in the presence or absence of TGF- $\beta$  (1 ng/mL); EGF (50 ng/mL); Insulin (10  
57  $\mu$ g/mL); and native rhFSH or different rhFSH glycoforms (10 ng/mL) as indicated;  
58 rhFSH-AC: more acidic/sialylated charge analogues, rhFSH-BA: less acidic/sialylated  
59 charge analogues (panels C and D); rhFSH-CO: glycoforms bearing complex  
60 (triantennary and bisecting), rhFSH-HY: glycoforms bearing high mannose and hybrid-  
61 type oligosaccharides (panels E and F). Inhibin B (panels A, C and E) and inhibin  $\alpha$ -  
62 subunit (Pro- $\alpha$ C; panels B, D and F) levels were determined in the conditioned media  
63 after 72 h of treatment. Results are presented as fold increase over basal production  
64 and data expressed as mean  $\pm$  SEM of three independent experiments, each performed  
65 in triplicate. Different letters indicate significant differences between groups ( $p < 0.05$ ).  
66 (\*)  $p < 0.05$ ; (\*\*)  $p < 0.01$ ; (\*\*\*)  $p < 0.001$  between the indicated experimental conditions.  
67

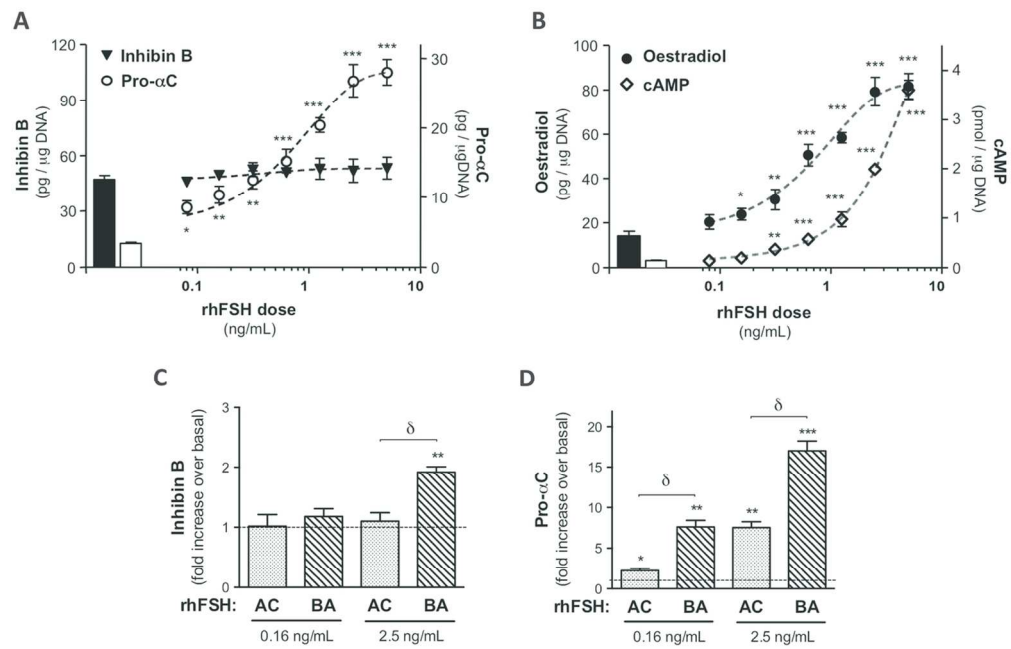


Figure 1. Effect of native rhFSH and its glycosylation variants on inhibin production by immature Sertoli cells.

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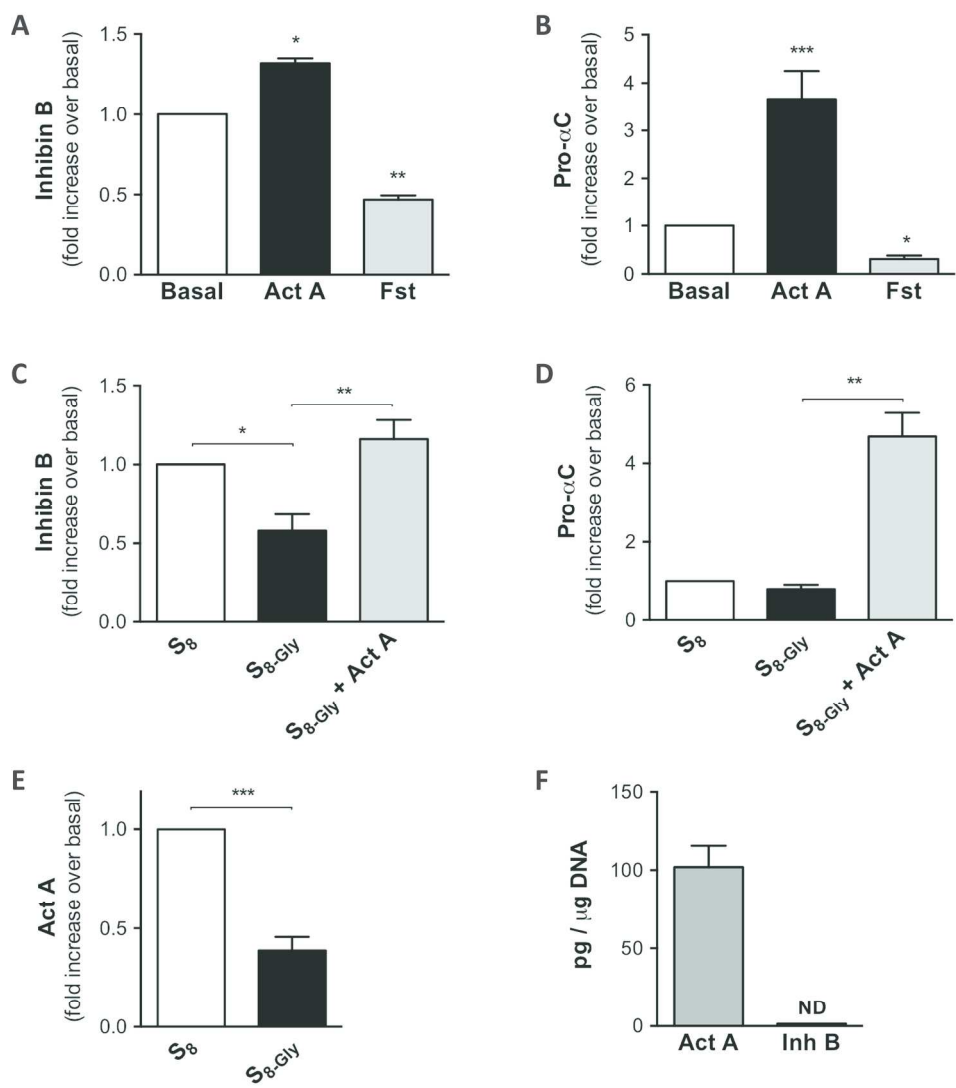


Figure 2. Paracrine regulation of inhibin B and inhibin  $\alpha$ -subunit production by immature Sertoli cells.

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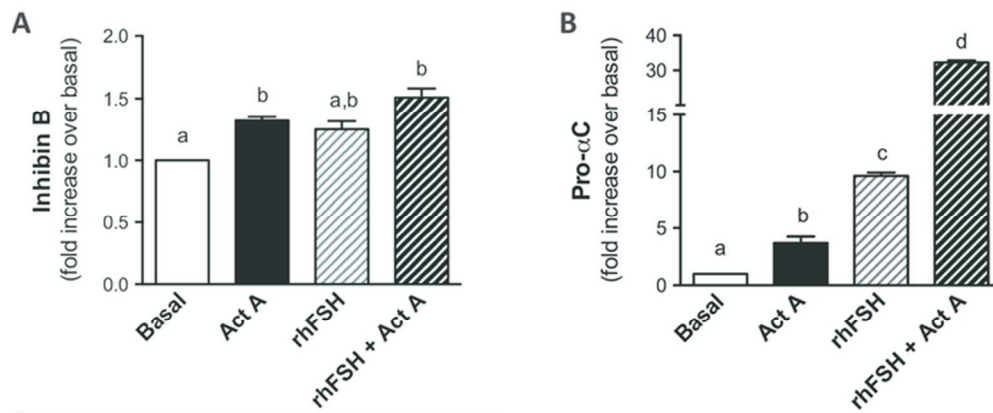


Figure 3. Effect of activin A and native rhFSH on inhibin production by immature Sertoli cells.

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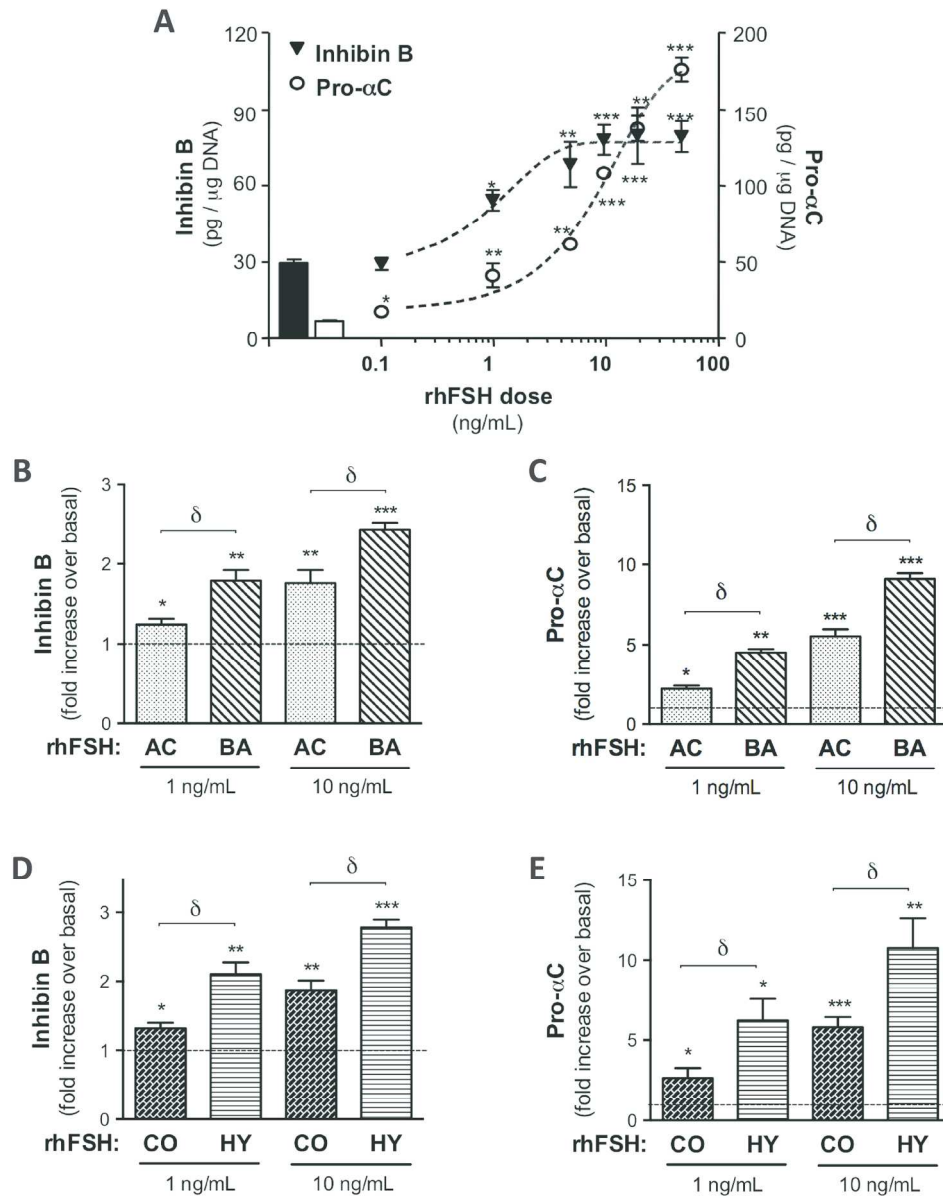


Figure 4. Effect of native rhFSH and its glycosylation variants on inhibin production by mature Sertoli cells.

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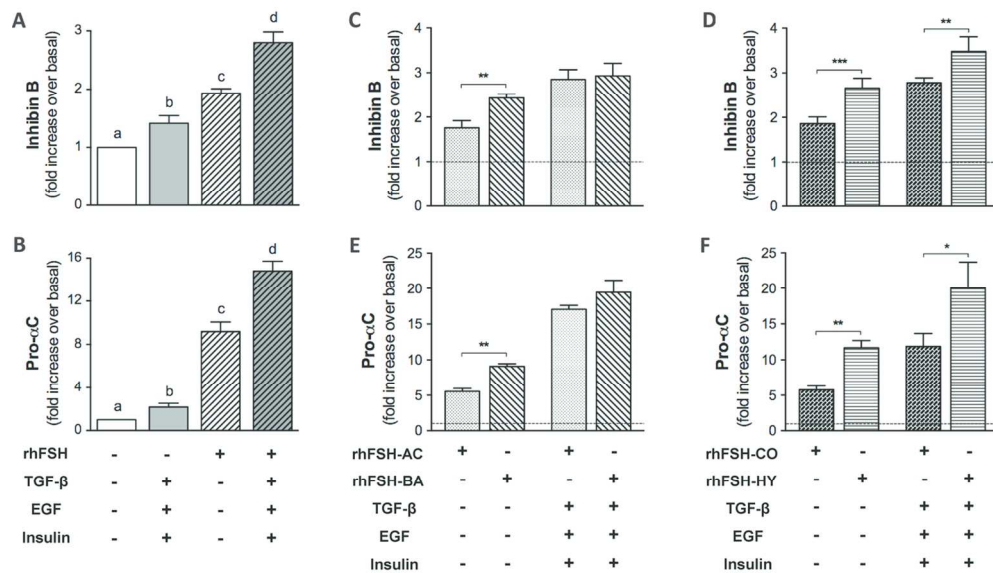


Figure 5. Effect of native rhFSH, its glycosylation variants and gonadal factors on inhibin production by mature Sertoli cells.

122x70mm (300 x 300 DPI)