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Smart edible films based on gelatin and curcumin

Yanina S. Musso, Pablo R. Salgado, Adriana N. Mauri

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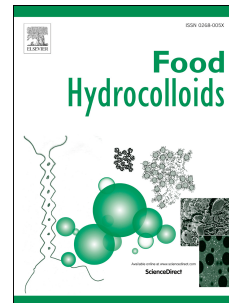
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Antioxidant and smart gelatin and curcumin films

prepared from

aqueous dispersions

pH= 6



pH=11



hydroalcoholic dispersions

pH= 6



pH=11



able to sense the media pH changes



at alkaline pH

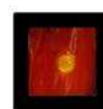


at acid pH

Liquid media



at alkaline pH



at acid pH



Gaseous media



ACCEPTED

1 **Smart edible films based on gelatin and curcumin**

2

3 Yanina S. Musso, Pablo R. Salgado and Adriana N. Mauri*

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5 Centro de Investigación y Desarrollo en Criotecología de Alimentos (CIDCA),
6 CONICET CCT La Plata y Facultad de Ciencias Exactas, Universidad Nacional de La
7 Plata, 47 y 116 S/N°, (B1900JJ) La Plata, República Argentina.

8 Consejo Nacional de Investigaciones Científicas y Técnicas (CONICET), Av.
9 Rivadavia 1917, (C1033AAJ) Ciudad de Buenos Aires, República Argentina.

10

11 *Author to whom correspondence should be addressed: Tel.: +54-221-4249287; fax:
12 +54-221-4254853. E-mail: anmauri@quimica.unlp.edu.ar

13

14

15 **Abstract**

16 This work studied the preparation of edible smart films based on gelatin and curcumin.
17 Films were prepared by casting using water and an ethanol-water mixture as solvents.
18 The addition of curcumin, besides affecting the physicochemical properties of gelatin
19 films, colored them depending on the pH of the film-forming dispersion (yellow at
20 pH=6 and red at pH=11). It also provided films with important antioxidant properties,
21 but no antimicrobial activity. The response of these materials against pH changes was
22 evaluated simulating their contact with liquid and semisolid foods, and with a container
23 headspace at acid and alkaline pH. In all tests, gelatin films with curcumin added could
24 modify their color after being in contact with media of different pH. The use of an
25 ethanol-water mixture as solvent was a good alternative to intensify film color and the
26 visualization of their response capacity against pH changes, as well as to increase the
27 antioxidant properties and hydrophobicity of films. These edible films could be used as
28 smart food packaging, since they could inform consumers if the product was suitable for
29 consumption through their capacity to sense pH changes.

30

31 *Keywords:* smart packaging, curcumin, protein film, pH indicators, gelatin, food
32 spoilage sensor.

33 1. Introduction

34 Changes in consumer preferences have led to innovations and developments in new
35 packaging technologies. 'Smart packaging' is a broad term encompassing a range of
36 relatively new packaging concepts, most of which can be placed in one of the two main
37 categories: active packaging and intelligent packaging (Kerry, 2012). Active packaging
38 has been defined as one that changes the condition of packed food to extend shelf-life or
39 to improve safety or sensory properties maintaining its quality, whereas intelligent ones
40 refer to those which monitor the condition of packaged foods to give information about
41 their quality to manufacturers, retailers or consumers (Ahvenainen, 2003). These last
42 materials often attempt to sense environmental changes or specific compounds
43 generated during food packaging or storage, in order to inform the freshness or
44 microbiological quality of food (Biji, Ravishankar, Mohan, & Srinivasa Gopal, 2015).
45 Media pH could be modified during food storage, through changes in the concentrations
46 of organic acids (such as *n*-butyrate, *L*-lactic acid, *D*-lactate and acetic acid), and
47 volatile compounds development (such as trimethylamine, dimethylamine, histamine,
48 hypoxanthine, putrescine, tyramine, cadaverine, and hydrogen sulphide, among others)
49 as a result of microorganisms growth and metabolism (Al Bulushi, Poole, Deeth,
50 & Dykes, 2009; Ruiz-Capillas & Jiménez-Colmenero, 2005). Thus, pH changes could
51 be considered as potential indicators of food spoilage.

52 In previous work (Musso, Salgado, & Mauri, 2016), gelatin-based films capable of
53 sensing changes in the surrounding pH medium were developed by adding known acid-
54 base indicators methyl orange, neutral red and bromocresol green to the formulation.
55 These indicators were used as model systems to test if proteins that can act as buffer
56 systems, due to their chain ionizable side groups, allowed films to change their color

57 when in contact with gaseous, liquid and semisolid media with a different pH. Evidence
58 showing that the protein matrix did not interfere with the possible discoloration of the
59 acid-base indicators and the fact that films could change their color according to media
60 pH, pushed to find food grade dyes that could replace these synthetic indicators in order
61 to develop real food packaging materials capable of sensing pH changes.

62 Curcumin is the product obtained by solvent extraction from turmeric –the ground
63 rhizomes of *Curcuma longa L.* – and later purification by crystallization. It is widely
64 used as a spice and coloring agent in food by virtue of its yellowish-orange color and
65 pleasant aroma (Martins, Roriz, Morales, Barros, & Ferreira, 2016). It has also been
66 used in a variety of pharmaceutical applications, because it exhibited many interesting
67 biological activities such as antiviral, anti-inflammatory, antimicrobial, antioxidant,
68 anti-HIV, anti-Parkinson, anti-Alzheimer's, anti-angiogenesis, free radical scavenging
69 activity, and anticancer (Pulido-Moran, Moreno-Fernandez, Ramirez-Tortosa, &
70 Ramirez-Tortosa, 2016). The IUPAC name of curcumin is (1*E*,6*E*)-1,7-bis(4-hydroxy-
71 3-methoxyphenyl)-1,6hepadiene-3,5-dione. In solution, it exhibits a keto-enol
72 tautomerism and, depending on the solvent, up to 95% could be in the enol form. In the
73 pH range 1-7, the majority of diferuloyl methane species are in the neutral form, water
74 solubility is very low and solutions are yellow. At pH >8.5, solutions changed their
75 color to red and their water solubility barely increased. However, due to its chemical
76 structure, curcumin is highly soluble in ethanol, chloroform, dimethyl sulfoxide and oils
77 (Mehanny, Hathout, Geneidi, & Mansour, 2016; Priyadarsini, 2014).

78 Curcumin was added in natural and synthetic polymer films in order to provide them
79 with antioxidant and antimicrobial properties (Bajpai *et al.*, 2015; Govindaraj,
80 Kandasubramanian, & Kodam, 2014; Liu *et al.*, 2016; Mayet *et al.*, 2014). Maniglia,

81 Domingos, de Paula, & Tapia-Blácido (2014 and 2015) used turmeric dye extraction
82 residue for the production of bioactive films. As far as we know, only Kuswandi, Jayus,
83 Larasati, Abdullah, & Heng (2012) used curcumin to develop a sensor for the detection
84 of volatile amines. They did it by the absorption method of curcumin onto bacterial
85 cellulose membrane (also called *nata de coco*), and used it as a sticker sensor for real-
86 time monitoring of shrimp spoilage, as this membrane was highly sensitive toward
87 acid–base reactions.

88 The aim of this work was to prepare active gelatin films capable of sensing pH changes
89 by the addition of curcumin to films formulations. Taking into account the
90 hydrophobicity of curcumin and the fact that films were obtained by a casting
91 technique, water and an ethanol-water mixture were analyzed as solvents for film-
92 forming dispersions.

93

94 **2. Material and Methods**

95

96 **2.1 Materials**

97 Bovine gelatin with 240 Bloom (Kraft Foods, Argentina) was used as protein source. Its
98 protein content, as measured by the Kjeldahl method (AOAC, 1995), was $87.8\pm 0.6\%$
99 (w/w, dry weight; N $\times 5.5$). Glycerol (Anedra, Argentina) was used as film plasticizer.
100 Curcumin (Chr Hansen, Argentina) was used as colorant. All the other reagents used in
101 this study were of analytical grade.

102

103 **2.2 Films preparation**

104 Films were prepared by casting using water and an ethanol-water mixture (1:1 v/v) as
105 solvents. In each case, two dispersions were prepared separately: one containing 10%
106 w/v of gelatin in water at 100 °C and another containing 0.04% w/v of curcumin in
107 water or ethanol respectively, at ambient temperature. Equal volumes of protein and
108 curcumin dispersions were mixed with magnetic stirring, adding glycerol (1.25% w/v)
109 as plasticizer and the pH of each dispersion was adjusted to 6 and 11 with 2 mol/L HCl
110 and 2 mol/L NaOH respectively. Finally, 10 mL of each film-forming dispersion were
111 cast onto polystyrene Petri dishes (64 cm²) and dried in an oven with air flow
112 circulation (Yamato, DKN600, USA) at 60 °C for 3 h. The resulting films were
113 preconditioned during 48 h at 20 °C and 58% relative humidity (in desiccators with
114 saturated solutions of NaBr) just before being peeled from the casting surface and
115 characterized. Furthermore, control gelatin films without the incorporation of curcumin
116 in both solvents at pH= 6 and 11, were prepared as described previously. **Table 1**
117 summarizes film nomenclature and the final formulation of film-forming dispersions.
118 Three independent batches for each type of protein film were performed.

119

120 **2.3 Films characterization**

121 *Thickness:* Film thickness was measured by a digital coating thickness gauge (Check
122 Line DCN-900, USA). Measurements were done at five positions along the rectangular
123 strips for the tensile test, and at the center and at eight positions round the perimeter for
124 the water vapor permeability (WVP) determinations. The mechanical properties and
125 WVP were calculated using the average thickness for each film replicate.

126 *Color:* Film color was determined with a Konica Minolta Chroma Meter CR-400
127 (Konica Minolta Chroma Co., Osaka, Japan) set to C illuminant/2° observer. A CIE-Lab

128 color scale was used to measure the degree of lightness (L^*), redness ($+a^*$) or greenness
129 ($-a^*$), and yellowness ($+b^*$) or blueness ($-b^*$) of the films. The instrument was
130 calibrated using a white standard plate with color coordinates of $L^*_{standard} = 97.55$,
131 $a^*_{standard} = -0.03$ and $b^*_{standard} = 1.73$ provided by Minolta. Films color was measured on
132 the surface of this standard plate and total color difference (ΔE^*) was calculated as
133 follow:

$$134 \quad \Delta E^* = [(L^*_{film} - L^*_{standard})^2 + (a^*_{film} - a^*_{standard})^2 + (b^*_{film} - b^*_{standard})^2]^{0.5} \quad (1)$$

135 Values were expressed as the means of nine measurements on different areas of each
136 film.

137 *UV-Visible absorption spectra:* Each film specimen was cut into a rectangular piece and
138 placed directly in a spectrophotometer test cell. A spectrum (from 200 to 800 nm) of
139 each film was obtained in an UV-Vis spectrophotometer (Biotek, synergy HT, USA).
140 Measurements were performed using air as reference. All determinations were
141 performed in triplicate.

142 *Moisture content (MC):* Small specimens of films were collected after conditioning, cut
143 and weighed before and after oven drying at 105°C for 24 h, ASTM D644-99, (ASTM
144 2004). MC values were determined in triplicate for each film, and calculated as the
145 percentage of weight loss relative to the original weight.

146 *Water solubility (WS):* WS was determined as was described by Gontard, Duchez, Cuq,
147 & Guilbert (1994) with slight modifications. Three pieces of films were weighed
148 (diameter = 2 cm; ~0.03-0.05 g) and immersed in 50 mL of distilled water. The system
149 was sealed, shaken at 100 rpm for 24 h at 20°C (Ferca, TT400 model, Argentina), and
150 then filtered through Whatman n°1 filter paper (previously dried and weighed) to

151 recover the remaining undissolved film, which was desiccated at 105°C for 24 h. WS
 152 was calculated as follows:

$$153 \quad WS = [(P_0 \cdot (100 - MC)) - P_f] \cdot 100 / [P_0 \cdot (100 - MC)] \quad (2)$$

154 Where P_0 = initial film weight (g), P_f = final dry film weight (g), MC = moisture content
 155 (%). All tests were carried out in triplicate.

156 *Water vapor permeability (WVP)*: Water vapor permeability tests were conducted
 157 according to ASTM method E96-00 (ASTM, 2004) with some modifications. Each film
 158 sample was sealed over a circular opening of 0.00185 m² in a permeation cell that was
 159 stored at 20°C in desiccators. To maintain a 75% relative humidity (RH) gradient across
 160 the film, anhydrous silica (0% RH_c) was placed inside the cell and a saturated NaCl
 161 solution (75% RH_d) was used in the desiccators. The RH inside the cell was always
 162 lower than outside, and water vapor transport was determined from the weight gain of
 163 the permeation cell. When steady-state conditions were reached (about 1 h), eight
 164 weight measurements were made over 5 h. Changes in the weight of the cell were
 165 recorded and plotted as a function of time. The slope of each curve ($\Delta m/\Delta t$, g H₂O s⁻¹)
 166 was obtained by linear regression and the water vapor transmission rate (WVTR) was
 167 calculated from the slope divided by the permeation cell area (A, in m²). WVP (g H₂O
 168 Pa⁻¹ s⁻¹ m⁻¹) was calculated as:

$$169 \quad WVP = [WVTR / (P_V^{H_2O} \cdot (RH_d - RH_c))] \cdot d \quad (3)$$

170 Where: WVTR = water vapor transmission rate (g H₂O s⁻¹ m⁻²), $P_V^{H_2O}$ = saturation
 171 water vapor pressure at test temperature (2339.27 Pa at 20 °C), RH_d - RH_c = relative
 172 humidity gradient across the film -expressed as a fraction- (0.75), A = permeation area
 173 (m²), and d = film thickness (m). Each WVP value represents the mean value of three
 174 samples taken from different films.

175 *Mechanical properties:* Tensile strength (TS), Young's modulus (YM) and elongation
176 at break (EAB) of films were determined following the procedures outlined in the
177 ASTM method D882-02 (ASTM, 2004), using a texture analyzer TA.XT2i (Stable
178 Micro Systems, Surrey, England) equipped with a tension grip system A/TG. Films
179 probes of 90 mm length and 6 mm width were used. The initial grip separation was set
180 at 50 mm and the crosshead speed at 0.4 mm s^{-1} . Measurements were made at 20°C in a
181 temperature-controlled room. The curves of force (N) as a function of distance (mm)
182 were recorded by the Texture Expert V.1.15 software (Stable Micro Systems, Surrey,
183 England). Tensile properties were calculated from the plot of stress (tensile force/initial
184 cross-sectional area) versus strain (extension as a percentile of the original length). TS
185 and EAB were determined directly from the stresses-strain curves, and YM was
186 determined as the slope of the initial linear portion of this curve. Reported values are the
187 average of at least twelve replications taken from different films for each formulation.

188

189 **2.4 Antioxidant and antimicrobial properties of films**

190 *Antioxidant capacity of films:* The supernatants obtained in the WS test were used for
191 testing the film antioxidant capacity based on two different antioxidant mechanisms: the
192 radical scavenging capacity and the reducing capacity.

193 The radical scavenging capacity was measured using $\text{ABTS}^{\bullet+}$ (2,2'-azino-bis-(3-
194 ethylbenzothiazoline-6-sulfonic acid) radical cation decoloration assay according to
195 Salgado, López-Caballero, Gómez-Guillén, Mauri, & Montero (2012). Samples were
196 mixed with ABTS reagent. The mixture was then left to stand at 30°C for 10 min and
197 absorbance values were read at 734 nm (Biotek, synergy HT, USA). Results were
198 expressed as concentration of ascorbic acid equivalent per g of protein film based on a

199 standard curve of ascorbic acid, which relates the concentration to the absorbance at 734
200 nm. Determinations were carried out in triplicate.

201 The reducing capacity was measured following the ferric ion reducing capacity (FRAP)
202 assay, according to Salgado *et al.* (2012). Samples were incubated (at 37°C) with
203 distilled water and FRAP reagent (containing 2,4,6-tripyridyl-s-triazine and
204 $\text{FeCl}_3 \cdot 7\text{H}_2\text{O}$) in sodium acetate buffer pH 3.6. Absorbance values were read at 595 nm
205 after 30 min (Biotek, synergy HT, USA). Results were expressed as mmol $\text{FeSO}_4 \cdot 7\text{H}_2\text{O}$
206 equivalents per g of protein film based on a standard curve of $\text{FeSO}_4 \cdot 7\text{H}_2\text{O}$, which
207 relates the concentration to the absorbance at 595 nm. All determinations were carried
208 out in triplicate.

209 *Antimicrobial properties of films:* The “zone of inhibition” assay on solid media was
210 used for determination of the antimicrobial effects of gelatin films against *Salmonella*
211 *enteritidis*, *Escherichia coli*, *Bacillus cereus*, and *Staphylococcus aureus* (Salgado,
212 López-Caballero, Gómez-Guillén, Mauri, & Montero, 2013). Gelatin films were
213 aseptically cut into 10 mm diameter discs and then placed on solid nutrient agar (Biokar
214 diagnostics) plates, which had been previously spread with 10 μL of inoculum
215 containing 10^8 CFU/mL of tested bacterium. Plates were incubated at 37 °C for 48 h.
216 The plates were examined visually for “zone of inhibition” of the film discs, and the
217 diameter of the zone was measured with a gauge. Tests were done in duplicate.

218

219 **2.5 Films response to pH changes**

220 Each film was faced with liquid, semisolid and gaseous media of different pH: i) adding
221 a drop of 2 mol/L HCl or 2 mol/L NaOH directly on films; ii) placing the films in
222 contact with gels prepared from gelatin solutions at 7.5% w/v at pH= 2.5, and 11; and
223 iii) exposing the films to gaseous atmospheres generated by acetic acid glacial ($\text{C}_2\text{H}_4\text{O}_2$,

224 pK_a~4.8, Anedra, Argentina) and ammonia (NH₃, pK_a~9.3, Anedra, Argentina) (Musso
225 *et al.*, 2016). Photographs of films before and after 30 min contacting it with those
226 media of different pH were taken with a digital camera (Kodak M853, USA) and color
227 variations were measured using a colorimeter (Konica Minolta Chroma Meter CR-400),
228 as described above.

229

230 **2.6 Statistical analysis**

231 Results were expressed as mean ± standard deviation and were analyzed by analysis of
232 variance (ANOVA). Means were tested with the Tukey's HSD (Honestly Significant
233 Difference) test for paired comparison, with a significance level $\alpha = 0.05$, using the
234 Statgraphics Plus version 5.1 software (Statgraphics, USA).

235

236 **3. Results and Discussion**

237 *3.1 Appearance and optical properties of films*

238 Gelatin films prepared with or without curcumin from aqueous or hydroalcoholic
239 dispersions at pH 6 or 11 were homogeneous, thin and flexible. **Figure 1** shows their
240 visual appearance. Gelatin films were colorless regardless of pH and the solvent used,
241 while those with curcumin added became yellow and orange-red, depending on whether
242 the dispersion pH was 6 or 11. These colorations were more intense for films prepared
243 using the ethanol-water mixture as a solvent.

244 Color parameters L^* , a^* , b^* and ΔE^* of the studied films are shown in **Table 2**. Gelatin
245 films of different pH did not show significant differences in color parameters –with the
246 exception of those prepared with the ethanol-water mixture at pH 6 which present a
247 higher b^* value–, being those obtained with ethanol-water mixtures rather clearer
248 (higher L^*) than those obtained with only water as a solvent ($p < 0.05$). Gelatin films

249 prepared with curcumin showed a significant increase ($p < 0.05$) in a^* , b^* and ΔE^*
250 values and a significant decrease ($p < 0.05$) in L^* . This tendency was more marked for
251 the films prepared using the ethanol-water mixture as solvent.

252 A more intense coloration in hydroalcoholic films can be due to curcumin's higher
253 solubility in this medium than in water because of its hydrophobic nature (Priyadarsini,
254 2014). Supplementary Figure 1 shows the appearance of curcumin dispersions in both
255 solvents. The development of color in these systems might imply that water can
256 disperse it (panel A), whereas the hydroalcoholic mixture seems to dissolve it
257 completely (panel B). The addition of gelatin and glycerol to the system
258 (Supplementary Figure 1, panels C and D) apparently improves colorant dispersion and
259 even modify its tonality, especially in aqueous dispersions.

260 **Figure 2** shows the UV-visible absorption spectra of studied films. Those prepared only
261 with gelatin (**Gw6**, **Gw11**, **Gew6**, and **Gew11**) showed the same spectra regardless of
262 the pH and solvent used in film-forming solutions. They showed two absorption peaks
263 at 205 nm and 230 nm attributed to peptide bonds, another at 260-280 nm
264 corresponding to the aromatic amino acids absorption, and a minimum absorbance in
265 the complete visible spectra range. Priyadarsini (2014) reported that the absorption
266 spectrum of curcumin has two strong absorption bands, one in the UV region with
267 maximum at 265 nm and another one in the visible region with a maximum ranging
268 from 410 to 430 nm. The addition of curcumin into gelatin films increased the
269 absorption peaks in the UV region, especially the one at 260-265 nm. Films at pH 11
270 (**GCw11** and **GCew11**) showed two new absorption peaks in the UV region with
271 maximums at 345 nm and 395 nm, which could be attributed to curcumin degradation
272 products under alkaline conditions, like *trans*-6-(4'-hydroxy-3'-methoxyphenyl)-2,4-
273 dioxo-5-hexanal, ferulic aldehyde, ferulic acid, feruloylmethane and vanillin (Wang *et*

274 *al.*, 1997). Moreover, in the visible range of the spectra, yellow gelatin-curcumin films
275 at pH 6 (**GCw6** and **GCew6**) had an absorption peak at 420 nm, while those at pH 11
276 (**GCw11** and **GCew11**) showed it at 460 nm according to their red coloring. These
277 results also agree with those of Priyadarsini (2014), who reported that the absorption
278 peak of curcumin was at 420 nm at pH<7.5 and at 467 nm at pH>10. It is worth noting
279 that the gelatin-curcumin films prepared from hydroalcoholic dispersions (**GCew6** and
280 **GCew11**) presented higher absorbance in the entire UV-visible range than those
281 prepared from aqueous dispersions at the same pH (**GCw6** and **GCw11**) due to the
282 better solubilization of curcumin.

283

284 3.2 Film response to pH changes

285 **Figure 3** shows the response of all gelatin-curcumin films (**GCw6**, **GCw11**, **GCew6**,
286 and **GCew11**) when in contact with acid and alkali liquids, semisolids and gases. All
287 films showed the ability to sense pH changes, simulating that these changes could occur
288 in a liquid or semisolid food, or in the headspace of a food container as the result of the
289 reaction products of food spoilage. Yellow films at pH 6 (**GCw6** and **GCew6**) turned to
290 orange-red when in contact with alkaline gases, liquids and semisolids while orange-red
291 films (**GCw11** and **GCew11**) at pH 11 turned yellow in contact with acid media. And as
292 expected, those films whose pH was near the one of the media did not change their
293 color. Changes were more noticeable in those films obtained from hydroalcoholic
294 dispersions due to their more intense coloration. Film responses were immediate and
295 marked with liquid and gases of different pH, but less evident and slower with a
296 semisolid medium, especially with films prepared from aqueous dispersions. Slower
297 turning kinetics against semisolid media could probably be attributed to limited
298 diffusive processes (Musso *et al.*, 2016). Kuswandi *et al.* (2012) used a

299 curcumin/bacterial cellulose sensor to measure the pH increase produced by the basic
300 spoilage volatile amines gradually released in the shrimp package headspace, which
301 subsequently changed its color from yellow to orange, and then to reddish orange as
302 spoilage indication.

303

304 *3.3 Effects of pH, solvent and curcumin addition on the physicochemical properties of*
305 *films*

306 **Table 3** shows the thickness, moisture content, water solubility and water vapor
307 permeability of the studied films. Gelatin films prepared from aqueous dispersions were
308 thinner than those prepared using the ethanol-water mixture as a solvent ($p < 0.05$).
309 Ethanol can denature proteins by disrupting the side-chain intramolecular hydrogen
310 bonding, and allowing the formation of new hydrogen bonds between alcohol molecules
311 and protein side-chains. Salgado *et al.* (*in press*) showed how the conformation of
312 proteins in the film-forming dispersions affects the physicochemical properties of films.
313 It is evident that gelatin dissolved in ethanol-water mixtures produced films with a
314 lower degree of compaction, suggesting different chain molecular unfolding or cross-
315 linking within the protein network of the film (Denavi, Pérez-Mateos, Añón, Montero,
316 Mauri & Gómez-Guillén, 2009). These films showed lower moisture content and WVP
317 ($p < 0.05$) and similar water solubility ($p > 0.05$) than those prepared from aqueous
318 dispersions, regardless of the film-forming dispersion pH. The addition of curcumin
319 significantly increased ($p < 0.05$) the thickness values of films prepared at pH 11 in
320 water and decreased ($p < 0.05$) those of the films prepared at pH 6 in ethanol-water.
321 Curcumin also caused a decrease in the MC and WVP of films prepared from aqueous
322 dispersions ($p < 0.05$) and only an increase in the MC of those prepared from
323 hydroalcoholic dispersions ($p < 0.05$). It seems that both ethanol and curcumin increased

324 the hydrophobic character of gelatin films, without affecting WS ($p > 0.05$). In all cases,
325 the pH of film-forming dispersions (both aqueous and hydroalcoholic) did not modify
326 ($p > 0.05$) moisture content and water solubility of studied gelatin films with added
327 curcumin or not. Only thickness and WVP were modified by changes in pH of aqueous
328 film-forming dispersions: **GCw11** was thicker than **GCw6** ($p < 0.05$), and **Gw11** had
329 higher WVP than **Gw6** ($p < 0.05$).

330 **Table 4** shows the mechanical properties of films measured by tensile tests. Gelatin
331 films obtained from aqueous dispersions showed mechanical properties similar to those
332 published by other authors (Carvalho *et al.*, 2008; Nur Hanani, Roos, & Kerry, 2012;),
333 particularly those at pH 11 presented higher tensile strength and elongation at break but
334 similar Young's modulus ($p < 0.05$) than those at pH 6, in concordance with previous
335 results (Musso *et al.*, 2016). With the addition of curcumin, as well as replacing the
336 aqueous solvent by a hydroalcoholic mixture, films presented a significant decrease in
337 Young's modulus (at least 50%) ($p < 0.05$). Curcumin also diminished the TS of alkaline
338 films in both studied solvents but only the EAB of aqueous ones at pH 11 ($p < 0.05$).
339 Moreover, ethanol addition as solvent decreased TS of all films –except those with
340 curcumin at pH 11–, but only the EAB of films without curcumin at pH 11 ($p < 0.05$).

341 However, it seems that both main effects, the presence of curcumin and the use of an
342 ethanol-water mixture as a solvent, affect the cross-linking of gelatin films although no
343 difference was observed in their water solubility. It is evident that when protein matrix
344 hydrophobicity increases, due to modifications in its structure caused by changes in
345 solvents, or by the addition of a more hydrophobic component such as curcumin,
346 protein cross-linking changes, resulting in a decrease in the Young's modulus. But this
347 change would not affect matrix stretching neither its water solubility significantly. The
348 amino-acid composition of gelatin –low in sulfur-containing amino acids– explains this

349 behavior. In other protein matrixes, such as soybean, sunflower, amaranth and gluten
350 (among others), solubility and mechanical properties are determined by the possibility
351 of cross-linking through disulfide bonds (Condés, Añón, & Mauri, 2015; Mauri &
352 Añón, 2006; Salgado; Fernández, Drago, & Mauri, 2011).

353

354 *3.4 Antioxidant and antimicrobial properties of films*

355 **Figure 4** shows the antioxidant properties of studied gelatin films as assessed by
356 different methods: ABTS (**A** and **C panels**) and FRAP (**B** and **D panels**). Gelatin films
357 without curcumin addition exhibited a low antioxidant capacity in both methods tested,
358 especially at pH 6. These results could be attributed in part to some gelatin amino acids
359 that can act as electron donors, reacting with free radicals to give rise to more stable
360 products in ABTS assay or reducing ferric ion in FRAP assay (Salgado *et al.*, 2012).
361 The addition of curcumin to formulations increased the antioxidant properties of
362 resulting films significantly ($p < 0.05$), being these increments more noticeable at
363 alkaline pH than at pH 6 ($p < 0.05$). On the other hand, gelatin films with curcumin
364 added or not, prepared from hydroalcoholic dispersions, showed higher antioxidant
365 properties than those prepared using water as a solvent ($p < 0.05$). Differences in protein
366 cross-linking, as well as changes in the hydrophilic-hydrophobic nature of the protein
367 matrix, should modify the retention or release of active principles in both gelatin and
368 curcumin, affecting the antioxidant properties of the resulting films. As the chemical
369 structure of curcumin changes with the pH of film-forming dispersions, it could
370 differentially interact with gelatin, inducing films with different antioxidant properties.
371 These results suggest that developed gelatin films with curcumin incorporated,
372 especially those obtained using ethanol-water mixtures as a solvent at alkaline pH,
373 could be used as active films with an important antioxidant activity.

374 Despite the antimicrobial activity of curcumin against different fungal and bacterial
375 strains and viruses reported in literature (Moghadamtousi, Kadir, Hassandarvish, Tajik,
376 Abubakar, & Zandi, 2014), the gelatin-curcumin films showed no antimicrobial activity
377 against *S. enteritidis*, *E. coli*, *B. cereus*, and *S. aureus* (data not shown). This result
378 could be attributed, at least partly, to the low curcumin concentration employed in the
379 studied films (0.02 % w/v in film-forming dispersions). Niamsa & Sittiwet (2009)
380 reported that an aqueous extract of *C. longa* had a minimum inhibitory concentration
381 value of 4 to 32 g/L against *S. aureus* and *E. coli*. On the other hand, Lawhavinit,
382 Kongkathip, & Kongkathip (2010) reported that an alcoholic extract of turmeric had a
383 minimum inhibitory concentration of 30 ppm against *S. aureus*. The lack of
384 antimicrobial activity in this work may also be attributed to interactions between
385 curcumin and gelatin. Salgado *et al.* (2012) reported that sunflower protein films
386 containing phenolic compounds did not show antimicrobial properties due to the
387 important interactions between phenolic compounds and proteins in films at alkaline
388 pH.

389

390 **4. Conclusions**

391 It was possible to prepare smart gelatin films by adding curcumin to formulations. The
392 resulting films showed antioxidant properties and were able to sense media pH by
393 changing film color. Improvements in both behaviors were observed using ethanol-
394 water mixtures instead of water as a solvent in film-forming dispersions. These films
395 showed higher antioxidant activity and susceptibility to media pH. These edible
396 materials could be used as smart food packaging as they could provide information
397 about food spoilage indirectly through media pH measurement and extend the shelf-life
398 of food through the material's antioxidant properties.

399

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Table 1. Film nomenclature and final formulation of film-forming dispersions.

Film nomenclature	Final formulation of film-forming dispersions				
	Gelatin (% w/v)	Glycerol (% w/v)	Curcumin (% w/v)	pH	Solvent
Gw6	5	1.25	-	6	Water
Gw11	5	1.25	-	11	Water
GCw6	5	1.25	0.02	6	Water
GCw11	5	1.25	0.02	11	Water
Gew6	5	1.25	-	6	Ethanol-water mixture*
Gew11	5	1.25	-	11	Ethanol-water mixture*
GCew6	5	1.25	0.02	6	Ethanol-water mixture*
GCew11	5	1.25	0.02	11	Ethanol-water mixture*

* Ethanol-water mixture (1:1 v/v).

Table 2. CIE-Lab color parameters (L^* , a^* and b^*) and total color difference (ΔE^*) of gelatin-based films (G) and those with curcumin added (GC) obtained with different solvents –water (w) and an ethanol-water mixture (ew)– at different pH (6 and 11).

Film	L^*	a^*	b^*	ΔE^*
Gw6	93.3 ± 0.5^e	-0.94 ± 0.07^a	2.7 ± 0.6^a	1.8 ± 0.5^a
Gw11	93.9 ± 0.6^{ef}	-1.07 ± 0.07^a	2.0 ± 0.1^a	2.6 ± 0.2^a
GCw6	89.1 ± 0.4^d	-2.40 ± 0.20^a	39.3 ± 1.7^d	38.3 ± 1.7^c
GCw11	83.1 ± 3.3^c	7.70 ± 0.20^b	25.1 ± 0.9^c	27.9 ± 0.8^b
Gew6	96.2 ± 0.7^{ef}	-0.70 ± 0.10^a	5.4 ± 0.3^a	3.5 ± 0.7^a
Gew11	97.3 ± 0.3^f	-0.40 ± 0.01^a	2.4 ± 0.5^a	3.4 ± 0.3^a
GCew6	72.6 ± 3.4^b	21.3 ± 3.00^c	86.4 ± 6.0^e	90.5 ± 4.3^e
GCew11	28.0 ± 2.2^a	35.8 ± 3.70^d	19.1 ± 1.9^b	80.3 ± 6.1^d

Reported values for each gelatin film are means \pm standard deviation ($n=9$). Different letters in the same column indicate significant differences between samples ($p<0.05$), according to Tukey's test.

Table 3. Thickness, moisture content (MC), water solubility (WS) and water vapor permeability (WVP) of gelatin-based films (G) and those with curcumin added (GC) obtained with different solvents –water (w) and an ethanol-water mixture (ew)– at different pH (6 and 11).

Film	Thickness (μm)	MC (%)	WS (%)	WVP* 10^{10} (g H ₂ O/Pa.s.m)
Gw6	51.0 \pm 2.3 ^{abc}	22.1 \pm 0.6 ^e	37.6 \pm 2.7 ^{ab}	6.5 \pm 0.3 ^b
Gw11	47.8 \pm 3.4 ^a	21.4 \pm 0.2 ^{de}	34.6 \pm 1.8 ^{ab}	7.9 \pm 0.4 ^c
GCw6	49.6 \pm 5.2 ^{ab}	18.9 \pm 0.5 ^{bc}	30.3 \pm 4.7 ^a	1.0 \pm 0.01 ^a
GCw11	55.8 \pm 3.5 ^{cde}	20.2 \pm 0.3 ^{cde}	33.8 \pm 4.3 ^{ab}	0.9 \pm 0.03 ^a
Gew6	62.4 \pm 3.5 ^f	16.9 \pm 0.7 ^{ab}	36.8 \pm 0.6 ^{ab}	1.1 \pm 0.3 ^a
Gew11	61.4 \pm 1.9 ^{ef}	16.6 \pm 0.3 ^a	35.7 \pm 3.4 ^{ab}	1.2 \pm 0.3 ^a
GCew6	54.9 \pm 5.8 ^{bcd}	19.4 \pm 1.8 ^{cd}	41.2 \pm 3.2 ^b	1.2 \pm 0.08 ^a
GCew11	58.2 \pm 5.9 ^{def}	21.3 \pm 0.6 ^{de}	39.3 \pm 2.2 ^b	1.2 \pm 0.4 ^a

Reported values for each gelatin film are means \pm standard deviation ($n=9$ for thickness, $n=3$ for MC, WS and WVP). Different letters in the same column indicate significant differences between samples ($p<0.05$), according to Tukey's test.

Table 4. Tensile strength (TS), elongation at break (EAB), and Young's modulus (YM), of gelatin-based films (G) and those with curcumin added (GC) obtained with different solvents –water (w) and an ethanol-water mixture (ew)– at different pH (6 and 11).

Film	TS (MPa)	EAB (%)	YM (MPa)
Gw6	3.4 ± 0.3 ^c	159.2 ± 5.5 ^{ab}	0.15 ± 0.07 ^c
Gw11	4.6 ± 0.1 ^d	206.9 ± 6.0 ^d	0.13 ± 0.09 ^{bc}
GCw6	3.4 ± 0.6 ^c	157.4 ± 11.4 ^{ab}	0.06 ± 0.005 ^{ab}
GCw11	1.9 ± 0.5 ^{ab}	176.5 ± 20.0 ^{bc}	0.008 ± 0.001 ^a
Gew6	2.6 ± 0.2 ^b	163.3 ± 13.1 ^{ab}	0.06 ± 0.01 ^{ab}
Gew11	1.7 ± 0.3 ^a	175.5 ± 17.9 ^{bc}	0.01 ± 0.001 ^a
GCew6	1.9 ± 0.1 ^{ab}	144.3 ± 7.9 ^a	0.02 ± 0.001 ^a
GCew11	3.4 ± 0.6 ^c	198.6 ± 14.9 ^{cd}	0.007 ± 0.001 ^a

Reported values for each gelatin film are means ± standard deviation ($n=12$). Different letters in the same column indicate significant differences between samples ($p<0.05$), according to Tukey's test.

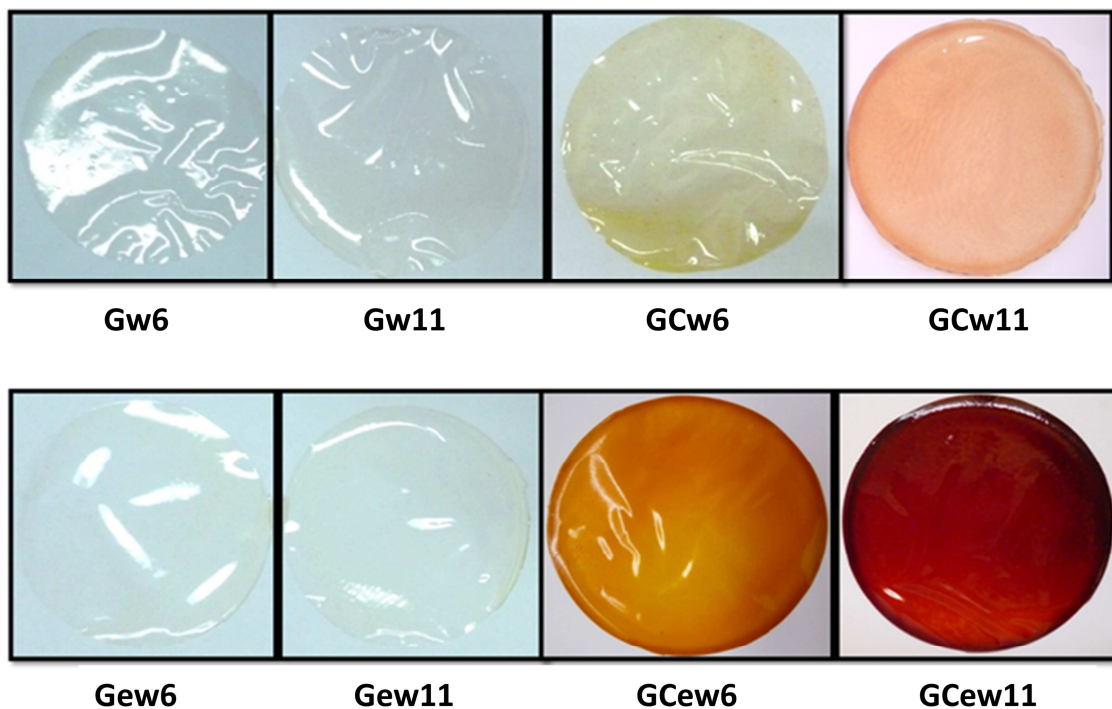


Figure 1. Appearance of gelatin-based films (G) and those with curcumin added (GC) obtained by casting using water (w) or an ethanol-water mixture (ew) as solvent, at pH 6 and 11.

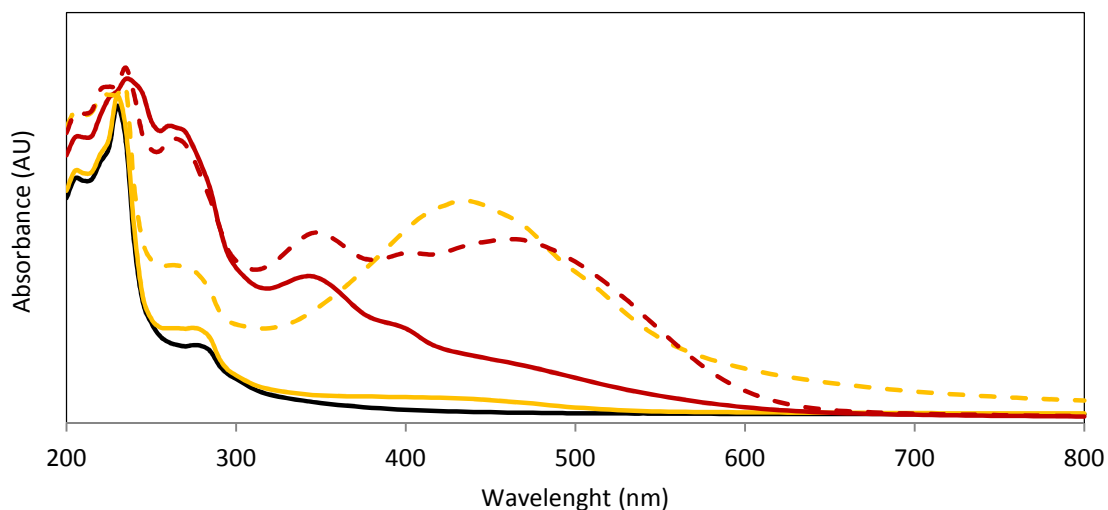


Figure 2. UV-Visible absorption spectra (200-800 nm) of gelatin-based films (G) and those with curcumin added (GC) obtained using water (w) or an ethanol-water mixture (ew) as solvent, at different pH (6 and 11). Spectra of gelatin-based films without curcumin are superimposed: (—) **Gw6**, **Gw11**, **Gew6** and **Gew11**. Spectra of gelatin films with curcumin added: (—) **GCw6**; (—) **GCw11**; (---) **GCew6** and (---) **GCew11**.

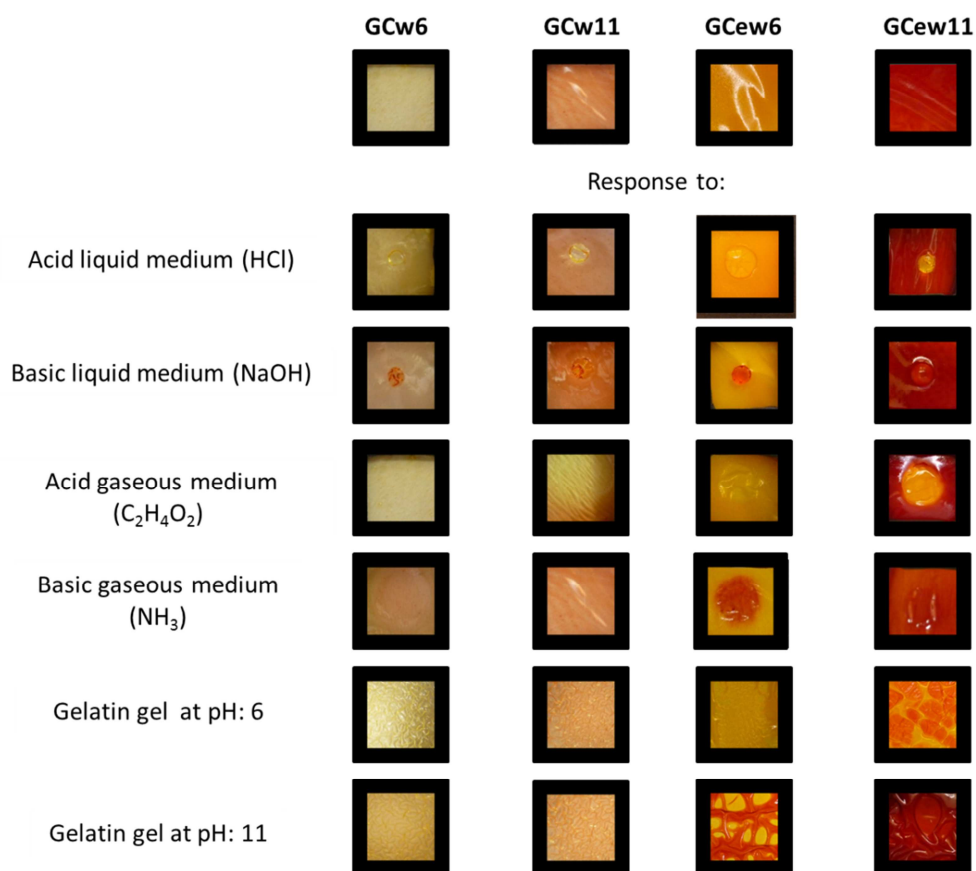


Figure 3. Response of gelatin-based films with curcumin added prepared from aqueous (GCw6 and GCw11) and hydroalcoholic (GCew6 and GCew11) film-forming dispersions at pH 6 and 11 after being in contact with liquid, gaseous and semisolid media of different pH.

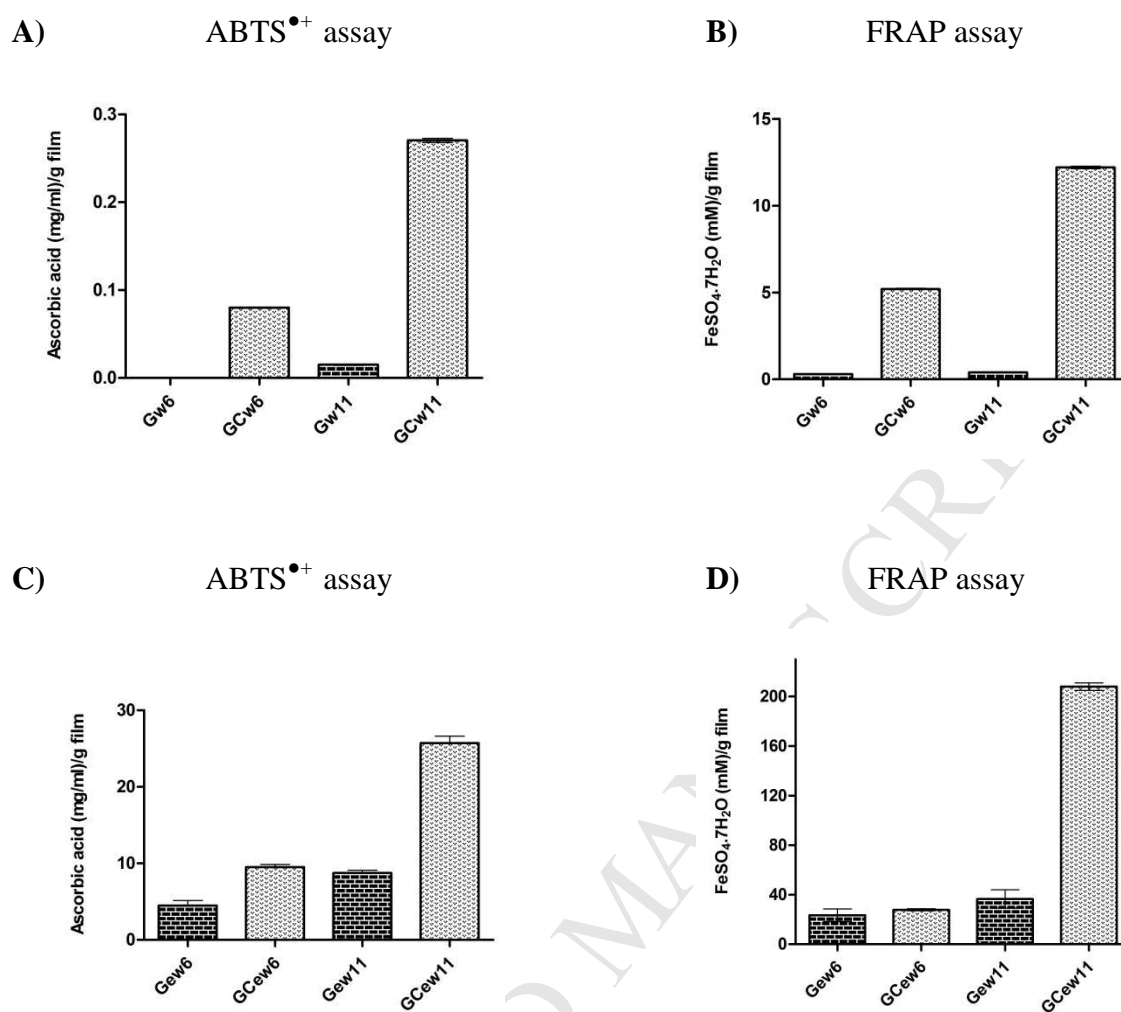


Figure 4. Antioxidant properties (measured by ABTS and FRAP assays) of gelatin-based films (G) and those with curcumin added (GC) obtained with different solvents: water (w) –A and B panels– and an ethanol-water mixture (ew) –B and D panels–, at different pH (6 and 11).

Highlights

- Edible smart gelatin films added with curcumin were developed
- Films modified their color after being in contact with media at different pH
- Curcumin provided films with antioxidant properties but no antimicrobial activity
- Response of films to pH changes were improved using an ethanol-water mixture as solvent
- The use of an ethanol-water mixture as solvent improved films antioxidant properties