# Ethylene regulators influence germination and root growth of globe artichoke seedlings exposed to heat stress conditions

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## Abstract

High seed germination and root vigour are important traits to improve post-transplant performance of artichoke (*Cynara cardunculus* var. *scolymus*) under heat stress conditions. The effects of exogenous applications of five ethylene regulators each at different concentrations were evaluated on germination and early root growth of artichoke at 23°C in two incubation assays. The ethylene precursors or promoters were DL-methionine (DL-MET), 1-aminocyclopropane-1-carboxylic acid (ACC) and 2-chloroethylphosphonic acid (ethephon, ETH); and ethylene inhibitors were aminoethoxyvinylglycine (AVG) and 1-methylcyclopropene (1-MCP). A subsequent study examined the effects of ETH concentrations on seeds exposed at 23 vs. 30°C (stress). Seed thermodormancy was significantly improved by the application of 30 μM L<sup>-1</sup> ETH. At optimal temperature (23°C), early root growth was enhanced by ACC and ETH (range of 1-100 μM L<sup>-1</sup>) with increasing root hair density, root area and lateral roots (except with ETH at 30 μM L<sup>-1</sup>). Conversely, AVG induced primary root elongation but decreased root hair formation. At higher temperature (30°C), inhibition of early root growth was alleviated when seedlings were incubated at 30 μM L<sup>-1</sup> ETH. Our results suggest that exogenous ethylene could be useful to alleviate heat stress on artichoke seeds and seedlings, which in turn may improve early growth during stand establishment.

#### Introduction

Globe artichoke (*Cynara cardunculus* L. var. *scolymus*), an allogamous member of the Asteraceae, was introduced into the USA from the Mediterranean by southern Europeans in the early 1800s (Boriss, 2005). The USA was placed ninth for total worldwide artichoke production in 2012 (FAOSTAT, 2014). Currently, the commercial production of fresh artichoke occurs in California, supplying heads to the USA market year-round with an economic impact of \$55.5 million in 2014 (USDA NASS, 2015).

Artichoke is a cool-season crop that grows best at 7 to 29°C and requires adequate soil moisture during the vegetative and reproductive growth stages (Smith *et al.*, 2008). Artichoke production is traditionally based on cultivars that are vegetatively propagated

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by offshoots. Due to high disease transmission, this propagation method can cause considerable losses of plants and heads, decreasing crop productivity and final profitability. To avoid these problems, new seed-propagated cultivars have been developed in the last decade (Cravero *et al.*, 2005; Bonasia *et al.*, 2010; López Anido *et al.*, 2010). Artichoke seeds (mature achenes) germinate easily as long as soil moisture is close to field capacity and air temperature ranges from 15 to 25°C (Fernandez *et al.*, 2006). However, they undergo dormancy when exposed to high temperatures (Basnizki and Mayer, 1985). After harvest, a seed pretreatment at low temperatures (approximately 4°C) for a minimum of one to two weeks is usually required to break physiological dormancy and enhance germination.

Germination and seedling growth are complex processes controlled by endogenous plant regulators (De Locke et al., 2000). The growth regulator ethylene is produced by most plant tissues and is involved in numerous plant developmental processes (Pirello et al., 2006). Exposing seeds to ethylene has stimulated germination under adverse conditions in other Asteraceae crop species such as lettuce (Lactuca sativa L.) and sunflower (Helianthus annuus L.) (Cantliffe and El Balla, 1994). The effect of low temperatures on breaking seed dormancy can also be replaced by applying ethylene precursors such as methionine (MET), 1-aminocyclopropane-1-carboxylic acid (ACC) or ethylene releasing substances such as 2-chloroethylphosphonic acid (Ethephon, ETH) to seeds as solid or liquid water-soluble formulations (Kolarova et al., 2010). Soil amended with Met and ACC had higher levels of ethylene and induced ethylene-specific plant responses (triple response: short, thick and apical hook) in etiolated pea (Khalid et al., 2006). Both Met and ACC also increased the number and length of root hairs in Brassica species such as Arabidopsis thaliana (L.) Heynh and Brassica rapa L. (Pitts et al., 1998; Hasegawa et al., 2003; Zhu et al., 2006). Ethylene-releasing compounds such as ethephon increased tiller production of spring cereals without changing root/shoot ratios (Rajala and Peltonen-Sainio, 2001). The most common effect of ethylene regulators is the coordinated slow down of elongation and the increase in the thickening of stems and roots, while other responses include the loss of geotropism, production of adventitious roots, shedding of leaves, flowers and fruits, and stimulation of fruit maturation and seed germination (Kolarova et al., 2010). However, the inhibitor of ethylene synthesis aminoethoxyvinylglycine (AVG) stimulated root elongation of barley seedlings (Locke et al., 2000) and increased the main root length but reduced lateral root density in common bean (Borch et al., 1999). In a study with canola (Brassica napus L.), the application of 1-methylcyclopropene (1-MCP), known as an inhibitor of ethylene action, also increased root length without affecting shoot growth (Saleh-Lakha et al., 2005).

In the last two decades artichoke cultivation has expanded to semi-arid and hot regions of the USA such as the Coachela Valley in California, and more recently to southwest Texas where experimental yields for fall plantings ranged from 7-12 t ha<sup>-1</sup> (Leskovar *et al.*, 2007). However, fields transplanted during late summer or early autumn under high temperature conditions have poor stand establishment and significant transplant losses. We hypothesised that improving early root development during the seedling stage may enhance field stress tolerance under hot and dry environments. A recent study showed that pre-conditioning artichoke seedlings to low nitrogen levels improved root length,

root surface area, and subsequent stress tolerance after field transplanting (Leskovar and Othman, 2016). Whether root development of artichoke seedlings can further be modulated by ethylene regulators is unknown. Furthermore, the effect of concentration on root growth and how these regulators affect seedling growth under high temperature stress conditions are questions still unknown. Within this context, the aim of the present work was to evaluate the effect of ethylene regulators on seed germination, seedling growth, and root development of artichoke seedlings under normal and stress temperature conditions.

### Materials and methods

#### Seed material

Artichoke cv. Green Globe Improved (Condor Seed Production, Inc., Yuma, AZ) seeds were sterilised in 1.0% sodium hypochlorite for 15 minutes, washed with running tap water for five minutes and rinsed with distilled water three times. Cracked and/or floating seeds were discarded after soaking.

## Experimental design

Study 1. Effect of ethylene regulators on seed germination and root growth

A total of 16 rooting treatment combinations were evaluated: a control (distilled water) and five ethylene regulators (three promoters and two inhibitors) at three concentrations each. The ethylene regulators were: DL-MET (a.i. 99.7%, Phytochrome Inc., Tokyo, Japan) at 1, 30 and 100 μM L<sup>-1</sup>, ACC (a.i. 98.0% 1-aminocyclopropane-1-carboxylic acid, CALBIOCHEM®, San Diego, CA) at 1, 30 and 100 μM L-1; ETH (FLOREL®, a.i. 3.9% 2-chloroethylphosphonic acid; Lawn and Garden Products, INC., Fresno, CA) at 1, 30 and 100 μM L-1; AVG (ReTain®, a.i. 15.0% aminoethoxyvinylglycine; Abbot Laboratories, Abbott Park, IL), at 1, 10 and 100 μM L<sup>-1</sup>; and 1-MCP (active ingredient (a.i.) 3.8% 1-methylcyclopropene, Valent BioSciences Co., Libertyville, IL,) at 1, 10 and 100 µM L<sup>-1</sup>. Prior to sowing, 5 ml of each solution was added to 90 mm-diameter Petri dishes containing a blue blotter paper. Five seeds were placed on each blotter paper and germinated in darkness at  $23.0 \pm 0.5^{\circ}$ C on a thermo-gradient table controlled by thermocouples (SD 10, Shimaden Co. Ltd., Tokyo, Japan) and a cooling system (VWR 1160S, VWR®, West Chester, PA). This experiment was repeated using the same treatments plus a higher concentration, 1000 µM L<sup>-1</sup>, of each ethylene regulator (total 21 treatments). During the incubation period, germination was recorded daily to calculate total percent germination and mean days to germination (MDG). MDG was calculated according to the formula ΣTi·Ni/ΣNi, where Ni is the number of newly germinated seeds at day Ti. Seedlings were classified into normal (with complete morphological parts), abnormal (with broken cotyledons, less than one cotyledon, missing primary root, poorly developed, or absence of hypocotyls) and dead. At eight days after sowing, each seedling was scanned with a resolution of 600 dpi and root length (mm) as well as root scanned area (mm<sup>2</sup>) were analysed with the software WINRHIZO LA-1600 (Regent Instruments Inc., Quebec, Canada).

Study 2: Effect of ethylene on early root development (Transfer germinated seeds to treatments)

Twenty artichoke seeds were seeded on flat water soaked paper towels (250 × 400 mm) covered on the top with an oil-paper (250 × 400 mm) to avoid evaporation and positioned into plastic containers which were placed in an incubator in darkness at 23°C for eight days to allow normal germination. After eight days, when most seeds germinated, uniform artichoke seedlings were selected and transferred five seedlings each to 90 mm-diameter Petri dishes containing a blue blotter paper with 5 ml of each concentration of ethylene regulators used in Study 1. Then, Petri dishes (three replications for each treatment) were placed in the thermo-gradient table in darkness at 23°C for an additional three days (total of 11 days after sowing). Rooted seedlings were evaluated between 8-11 days after sowing (0-3 days after treatment). Each seedling was scanned with a resolution of 600 dpi and the primary root length and hypocotyls length were analysed by WINRHIZO LA-1600. Lateral roots coming from the primary root were also counted.

Study 3: Effect of ethylene and temperature stress on seed germination and root growth Four rooting treatments, Ethephon at 1, 30 and 100 μM L<sup>-1</sup> and a control (distilled water) were evaluated at two constant temperatures, 23°C (optimum) and 30°C (heat stress). Prior to sowing, 13 ml of each solution were added to 150 mm-diameter Petri dishes containing a blue blotter paper. A total of 25 seeds were placed on each blotter paper (four replications) for the germination evaluation. Another ten seeds were placed on each blotter paper (six replications) for the root growth evaluation. All Petri-dishes were placed in germination chambers at both temperatures in darkness. Germinated seeds were classified as normal, abnormal and dead as in Study 1 and germination percentage was determined. For root growth evaluation eight days after sowing, each seedling was scanned and root length (mm) and scanned area (mm²) were analysed with the software WINRHIZO LA-1600.

#### Statistical analysis

The experiments were conducted using a completely randomised design with 3-6 replications. All measurements were taken in 3-10 subsamples of 9-21 seedlings per treatment, unless otherwise indicated. All data were statistically analysed by ANOVA using SPSS (version 14.0 for Windows; SPSS Inc., Chicago, IL). Differences among treatments were performed using LSD at P=0.05. If the Levene test for homogeneity of variance and/or the Shapiro-Wilk test or Kolmogorov-Smirnov test for normality of experimental error were significant, Kruskal-Wallis test was performed instead of ANOVA and multiple comparisons were performed using Mann-Whitney tests.

## Results

Study 1. Effect of ethylene regulators on seed germination and root growth Ethylene regulators DL-MET, ACC, ETH, AVG and 1-MCP (range from 1 to 1000 µM L<sup>-1</sup>) did not affect the germination percentage or MDG of artichoke seeds (data not shown).

Overall the average germination was 94.2 and 95.1% and MDG was 5.0 and 4.4 days in the first and second assay, respectively. Root length for the control was 13.6 mm and increased 2-fold, to 27.9 mm with 10  $\mu$ M L<sup>-1</sup> AVG (figure 1). No significant difference in root length was observed with the ethylene precursors DL-MET, ACC and ETH or with the ethylene inhibitor 1-MCP. Root area for the control was 89 mm² and significantly increased with ETH, being the largest (164 mm²) with 30  $\mu$ M L<sup>-1</sup>. There was also an increasing trend of root surface area with ACC 30  $\mu$ M L<sup>-1</sup> (169 mm²). Conversely, AVG did not affect the root scanned area, rather it tended to decrease at high concentration (100  $\mu$ M L<sup>-1</sup>) when compared with the control. AVG induced root elongation only at 10  $\mu$ M L<sup>-1</sup> but decreased root hair formation at all AVG concentrations (figure 2). In contrast to AVG, the ethylene precursors ACC and ETH induced a dense root hair formation.

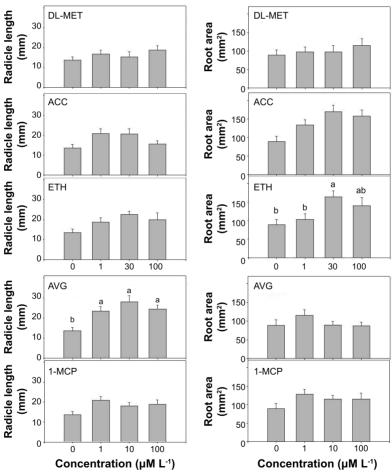


Figure 1. Root length (left) and root scanned area (right) of artichoke seedlings in response to ethylene regulators after eight days of incubation (*Study 1*). Vertical bars indicate mean  $\pm$  SE (n = 10-14). Means within columns followed by different letters are significantly different (LSD or Mann-Whitney test, P = 0.05).

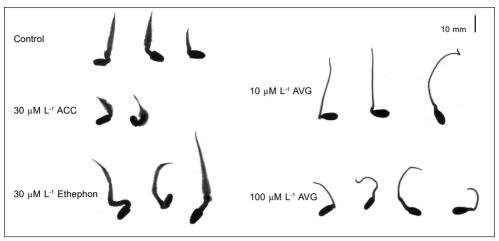


Figure 2. Artichoke root morphology in response to ethylene regulators, eight days after seeding (*Study 1*). Scale bar (10 mm) is placed in the upper right corner of the picture.

In the second assay, the overall root length and root scanned area were much larger than the first assay. This could be related to the environmental temperature fluctuation ( $\pm$  0.5°C) inside the thermogradient table. Root length for the control was 24.3 mm and significantly increased to 37.2 mm with 10  $\mu$ M L<sup>-1</sup> AVG (figure 3), which was the same response as observed in the first assay. An inhibitory effect of ethylene regulators was observed on root elongation at the highest concentration (1000  $\mu$ M L<sup>-1</sup>) of ACC, ETH and AVG (11.5, 13.6 and 11.3 mm, respectively), but not with DL-MET and 1-MCP. The root scanned area for the control was 123 mm² and significantly increased with ethylene precursors, 1 or 30  $\mu$ M L<sup>-1</sup> DL-MET, 1  $\mu$ M L<sup>-1</sup> ACC and 30 or 100  $\mu$ M L<sup>-1</sup> ETH. AVG at 10  $\mu$ M L<sup>-1</sup> also resulted in a larger root scanned area (156 mm²), but significantly decreased with AVG at higher concentrations (100 or 1000  $\mu$ M L<sup>-1</sup>).

Study 2. Effect of ethylene regulators on primary root elongation and lateral root initiation Root measurements were taken after transferring 8-day old seedlings into the growth regulators. The primary root length measurements were variable among seedlings and treatments. Overall, all ethylene regulators (DL-MET, ACC, ETH, AVG and 1-MCP) applied during the 8-11 days after germination tended to inhibit root elongation as concentration increased from 1 to 100 μM L<sup>-1</sup>, with the largest inhibition caused by 1-MCP (figure 4). Lateral root initiation was significantly promoted by 30 μM L<sup>-1</sup> ETH as compared with the control or other ethylene regulators when measured three days after treatment (DAT). Other ethylene precursor (DL-MET and ACC) and inhibitors (AVG and 1-MCP) did not affect the initiation of lateral roots when applied at 10-100 μM L<sup>-1</sup> (figure 5). The hypocotyl growth was significantly inhibited by ACC at 3 DAT, ETH at 2 and 3 DAT, and AVG at 3 DAT. This response was concentration dependent, with the most severe inhibition at 100 μM L<sup>-1</sup> ETH or AVG (figure 6). No clear effect on hypocotyl growth was observed with either DL-MET or 1-MCP.

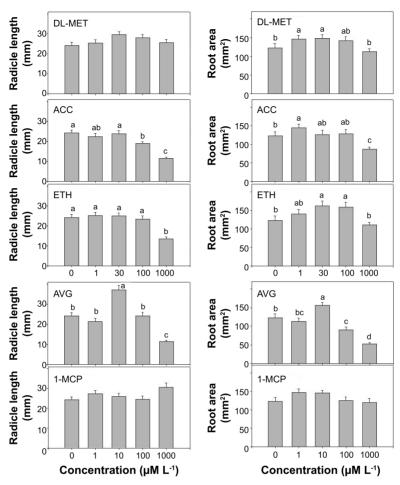


Figure 3. Root length (left) and root scanned area (right) of artichoke seedlings in response to ethylene regulators for eight days (second assay, Study 1). Vertical bars indicate mean  $\pm$  SE (n = 20-21). Means within columns followed by different letters are significantly different (LSD or Mann-Whitney test, P = 0.05).

Study 3. Effect of ethylene and temperature stress on seed germination and root growth The main temperature effect on germination was significant (P < 0.001), with seeds incubated at 23°C (optimum) exhibiting higher germination (85%) compared with those germinated at 30°C (56%). However, there were significant ETH concentration and temperature interactions (P = 0.007). The partition of this interaction showed that ETH significantly improved germination at 30°C in a concentration dependent manner, whereas it was not significantly different at 23°C. Moreover, the highest germination at 30°C was with ETH at 30  $\mu$ M L<sup>-1</sup> (74%) and it showed no significant differences with seeds incubated at 23°C. Similarly, MDG was not affected by ETH concentration and temperature (four days) (data not shown).

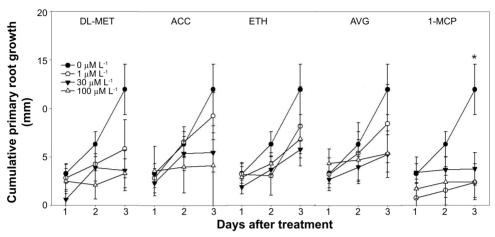


Figure 4. Primary root elongation of artichoke seedlings in response to ethylene regulators. Treatments were imposed from 8 (0 days after treatment; DAT) to 11 (3 DAT) days after seeding (Study 2 – Transfer germinated seeds to treatments). Vertical bars indicate mean  $\pm$  SE (n = 20). Asterisk (\*) indicates significant difference (Mann-Whitney test, P < 0.05).

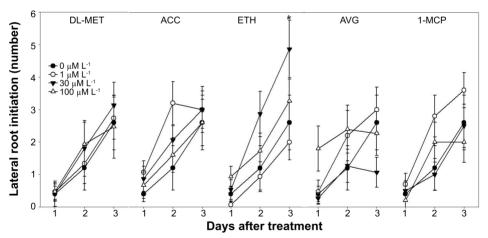


Figure 5. Lateral root initiation of artichoke seedlings in response to ethylene regulators. Treatments were imposed from 8 (0 days after treatment; DAT) to 11 (3 DAT) days after seeding (Study 2 – Transfer germinated seeds to treatments). Vertical bars indicate mean  $\pm$  SE (n = 20). Asterisk (\*) indicates significant difference (Mann-Whitney test, P < 0.05).

There were significant main effects and interactions of ETH concentration and temperature on root length (P<0.001). Root length was significantly reduced at 30°C but significantly increased with ETH (figure 7). The longest root length was observed at 30  $\mu$ M L<sup>-1</sup> (53.6 mm). At 23°C, the root scanned area for the control was 264 mm<sup>2</sup> and significantly increased with ETH concentration, being the largest (355 mm<sup>2</sup>) with 30  $\mu$ M L<sup>-1</sup>. At 30°C, the root scanned area increased with ETH application to 399 mm<sup>2</sup> at 30  $\mu$ M L<sup>-1</sup>.

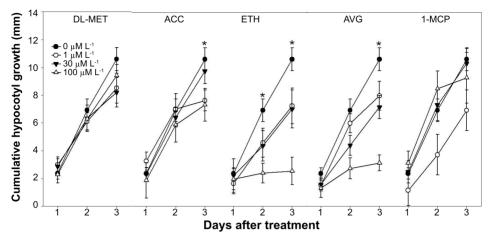


Figure 6. Hypocotyl growth of artichoke seedlings in response to ethylene regulators. Treatments were imposed from 8 (0 days after treatment; DAT) to 11 (3 DAT) days after seeding (*Study 2 – Transfer germinated seeds to treatments*). Vertical bars indicate mean  $\pm$  SE (n = 20). Asterisk (\*) indicates significant difference (LSD or Mann-Whitney test P < 0.05).

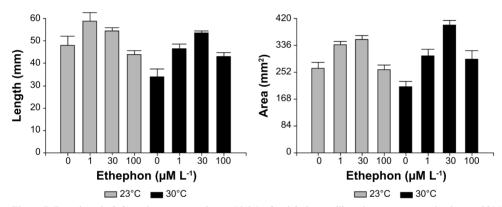


Figure 7. Root length (left) and root scanned area (right) of artichoke seedlings in response to ethephon at 23°C and 30°C (Study 3).

## **Discussion**

Ethylene is a plant hormone that regulates several plant growth and developmental processes under optimal and stressful biotic or abiotic environments (Iqbal *et al.*, 2013). ACC and methionine are precursors of ethylene; however, ACC (immediate precursor of ethylene) is more effective to convert to ethylene than methionine (Abeles *et al.*, 1992). Overall, ethylene regulators did not affect the germination percentage or speed of germination at optimal conditions. It has been reported that ethylene, ethylene-releasing compounds (ETH) or precursors (DL-MET and ACC) stimulate seed germination in many

plant species but this response mainly occurs only when the endogenous ethylene level is low, which is particularly found in dormant seeds or when seeds are exposed to adverse environmental conditions (Matilla, 2000; Arc et al., 2013). AVG, an inhibitor of ethylene synthesis, had no influence on germination of lettuce seed at 25°C (Huang and Khan, 1992). The lack of response of artichoke seeds exposed to ethylene regulators under optimum temperature conditions is in agreement with previous reports in other vegetable crops such as tomato, onion and cucumber (Lalonde and Saini, 1992; Pirello et al., 2006). However, when artichoke seeds were incubated at 30°C in our third study, the germination percentage was significantly reduced from 85 to 56%. At this high temperature, and as previously presented, ETH at 30 µM L<sup>-1</sup> promoted germination compared with the control, reaching the same level of germination to that observed at optimal conditions (23°C). Kolarova et al. (2010) reported that 100 g L-1 ethephon increased the germination capacity of beechnut seeds even after seven weeks of chilling. Ethylene, can also overcome thermodormancy in lettuce, sunflower and Amaranthus paniculatus (L.) (Arc et al., 2013). Depending on species and depth of seed dormancy, the stimulatory effect of exogenous ethylene increases with concentration in the range of 0.1 to 200 μL L<sup>-1</sup> (Arc et al., 2013). It has been reported that the thermodormancy of artichoke seeds at 30-35°C was caused by the excretion of mucilage from vestiges of the endosperm (Basnizki and Mayer, 1985). Therefore, in this study it may possible that the breaking of thermodormancy by ethylene applications could be due to the excretion of dormancyinducing mucilage from the endosperm; however, further anatomical investigation is required.

When we compared the effect of ethylene regulators on root growth, all studies showed a similar performance; root length was suppressed and lateral root initiation and scanned area were significantly promoted with ETH application. Furthermore, when artichoke seedlings were exposed to stress temperature (Study 3), the length and scanned area increased at 30 μM L<sup>-1</sup> ETH, with a similar trend observed at the same doses at 23°C. Our results suggest that ethylene is a positive regulator of root hair formation as shown in other plant species (Tanimoto et al., 1995; Pitts et al., 1998) as well as a negative regulator of root elongation (Smith and Robertson, 1971; Locke et al., 2000). Qin et al. (2007) also reported that ethylene may change the direction of cell expansion of lettuce, from longitudinal to a mainly lateral direction. Locke et al. (2000) reported that a normal characteristic response of plants to high amounts of ethylene is root thickening, which may enhance root mechanical strength. In wild-type plants of Arabidopsis, Ghassemian et al. (2000) observed that applications of low ABA or ethylene concentrations encouraged root growth, whereas higher concentrations inhibited root development. In peach, Keshavarzi et al. (2014) reported that high concentration of ethylene (10 µL L<sup>-1</sup>) suppressed the number of shoots whereas it increased at low concentration (0.1 µL L<sup>-1</sup>).

In summary, among all ethylene regulators evaluated, the ethylene-releasing compound ETH was the most beneficial to increase germination and root growth of artichoke seedlings when incubated at high temperature. The data suggest that  $30 \,\mu\text{M}$  L<sup>-1</sup> ETH was the best to enhance root length and surface area. Improving early root growth in this species can have a positive impact to enhance field establishment of this crop when planted at extreme summer temperatures. However, and as evident in other plant systems,

ethylene responses are very variable as it can either inhibit or enhance plant developmental patterns. These responses to ethylene depend on species, genotype, tissue specificity and presence of other plant hormones, which may affect the endogenous ethylene production or its sensitivity (McManus, 2012). The interaction of ethylene with other plant growth regulators such as gibberellic acid and abscisic acid under temperature stress conditions is worthy to explore in further research especially in newly developed hybrid artichoke cultivars.

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