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Putative Biomarkers of Response to Treatment in Breast Cancer Patients: A Pilot Assay

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ABSTRACT

Identifying tumor biomarkers associated with clinical behavior in breast cancer patients may allow higher accuracy in the selection of treatment. Different types of cells were determined in the primary tumors of stage I, II, and III of breast cancer patients, who were assigned to one of the two groups: (1) disease-free or (2) relapsed/progressed, at 5 years after primary treatment. We studied 32 tumor samples. CD4⁺ lymphocytes and CD44⁺CD24^{-/low} cells (cancer stem cells) showed a significant association with clinical outcome at 5 years of primary treatment, while CD8⁺, Foxp3⁺, CD34⁺, and myeloid-derived suppressor cells did not show any association. Coincident with the results of individual analysis, we identified CD4⁺ cells and CD44⁺CD24^{-/low} cells as good predictors of long-term clinical outcome in a logistic regression.

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Introduction

In Argentina, breast cancer is the leading cause of cancer death in women (1). Its high mortality is mainly due to the development of metastatic disease with the acquisition of invasive characteristics by malignant cells and their ability to avoid antitumor immune responses (2, 3). Breast tumors have developed different mechanisms to evade the immune system and create a tolerogenic microenvironment, allowing it to grow, disseminate, and metastasize (4–8).

Many authors have described the process by which the immune system is able to recognize tumor antigens and eliminate or control tumor growth; however, tumor cells can also suppress the immune response, thus allowing their own growth (9–11). Therefore, manipulation of the immune system, in order to inhibit tumor growth and metastasis development, is a feasible treatment option (12).

Different tumor characteristics, such as inflammatory infiltrate intensity and number of T regulatory (Treg) cells, could be useful to anticipate response to

therapy (13, 14). In several studies, the tumor infiltrating lymphocytes (TILs) have been proposed as prognostic marker for a variety of cancers (15). Breast carcinomas are often infiltrated by inflammatory cells, particularly macrophages and T lymphocytes, which may represent a cell-mediated immune response against the tumor (16). However, their importance as biomarkers is not clear yet. Many studies that use Hematoxylin–Eosin (H&E)-stained sections and multivariate analyses have shown that elevated amounts of TILs in breast carcinoma tissues predict the response of patients to neoadjuvant chemotherapy (17).

CD8⁺ lymphocytes are another putative biomarker known as crucial components of cell-mediated immunity (15). On the other hand, the presence of Foxp3⁺ TILs has been reported to be associated with poor clinical outcome (CO) in a variety of cancer types, including prostate, lung, hepatic, and renal cell carcinomas, indicating that cancer patients may benefit from blocking the capacity of tumor cells to recruit Tregs (18).

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Myeloid-derived suppressor cells (MDSCs) are a heterogeneous population of immature myeloid cells such as macrophages, granulocytes, and dendritic, among others (19). In humans, this population, defined as CD33⁺CD11b⁺ cells, is increased in patients with advanced cancer (20). The MDSCs have the ability to suppress various functions of immune response, particularly by inhibition of Th1 cytokine production and T cells proliferation (21).

Cancer tumors are composed by different heterogeneous cell populations, with different proliferative rates as well as different ability to reconstitute after tumor transplant. Cancer stem cells (CSCs) are one such subpopulation. CSCs are capable of both self-renewal and able to give rise to phenotypically different differentiated cells, specific for a determined organ (22). The epithelial–mesenchymal transition allows CSC to migrate and invade. They would be responsible for recurrence and development of metastases (23). These cells constitute only a small fraction of the tumor cell population, and frequently are resistant to standard anticancer therapies (24). In recent studies, these cells were proposed as a therapeutic target (25, 26).

During the last years, considerable progress has been made in understanding the role of immune system and the processes of angiogenesis and lymphangiogenesis in tumor progression (27, 28).

The importance of identifying tumor biomarkers associated with clinical behavior in breast cancer patients resides in the fact that it may let physicians to make recommendations to be more accurate in the selection of primary treatment. Such data would allow analyzing, individually or in combination with other prognostic factors, their usefulness for classifying patients in different groups according to potential outcome.

The aim of this study was to identify potential predictive or prognostic biomarkers of response to treatment in patients with breast cancer.

Materials and methods

Samples

Paraffin-embedded tissues from primary (mainly stage II but also stages I and III) breast cancer were collected. According to their medical history and long-term clinical outcome at 5 years after the primary treatment, patients were classified in two main groups: disease-free (DF) and relapsed/progressed (R) groups.

The evaluation of tumor relapse was made with CT scan or other imaging methods. The patients who presented new lesions, either local or metastatic, were considered relapsed/progressed. Those who presented a contralateral new tumor were not included in this group.

Biomarkers

Histological 5- μ m thick sections were obtained from the tumor samples, de-paraffinized and utilized for several determinations. The cells were quantified with a semi-quantitative scale ranging from 0 to +++ (0: null; +: low; ++: moderate; +++: high).

Lymphocyte infiltration

The histological sections were stained with Hematoxylin–Eosin (H&E). The intensity of lymphocyte infiltration was calculated in 20 fields of hotspot areas at 400 \times . The intensity of lymphocytes infiltration for each sample was assigned to one of the two groups: low 0/+, or high ++/+++.

Immunohistochemistry for CD4, CD8, CD34, and Foxp3

The histological sections of breast tumors were incubated overnight at 4°C with anti-CD4 (Leica Microsystems, Wetzlar, Germany) 1:50, anti-CD8 (Leica Microsystems) 1:50, anti-CD34 (BD Pharmingen) 1:40, or anti-Foxp3 (eBioscience, Waltham, MA, USA) 1:25 and then with the Vectastain Elite ABC kit (Vector Laboratories, Burlingame, CA, USA). Sections were visualized with 3,3'-diaminobenzidine (Sigma-Aldrich, St. Louis, MO, USA) as chromogen, and counterstained with methyl green. The number of positive cells was calculated in 20 fields of hotspot areas at 400 \times . The quantity of positive cells for each molecule in the sample was assigned to one of the two groups: Low 0/+ number of positive cells or high ++/+++ number of positive cells.

Quantification of CD44⁺CD24^{-/low} Cells (CSCs) and CD33⁺CD11b⁺ Cells (MDSC)

The histological sections were incubated overnight at 4°C with anti-CD24 (Abcam, Cambridge, UK) 1:50 for CSCs or CD33 (eBioscience) 1:40 for MDSC. Next,

sections were incubated with biotinylated antibody and subsequently with PE-Streptavidin (eBioscience). Afterwards, the samples were incubated overnight at 4°C with anti-CD44 (BD Pharmingen, Franklin Lakes, NJ, USA) 1:100 for CSC or anti-CD11b (R&D Systems, Minneapolis, MN, USA) 1:40 for MDSC. Finally, sections were incubated with biotinylated antibody and Alexa Fluor Streptavidine (Invitrogen, Carlsbad, CA, USA). CSCs are described as CD44⁺CD24^{-low} and MDSC as CD33⁺CD11b⁺. Cells were visualized and counted in a fluorescent microscope in 20 fields of hotspot areas at 400×.

Ethical considerations

The confidentiality of these data (Data Protection Law No. 25326, Argentine Republic) is ensured. This project was approved by the Bioethics Committee of the School of Medical Sciences, National University of Rosario (#2015-44405003).

Design and statistical analysis

This is an observational, retrospective study based on tissue samples of primary breast cancer to determine putative biomarkers that could predict clinical outcomes in breast cancer patients. According to their medical history and clinical outcome at 5 years of primary treatment, each patient was assigned to one of the two main groups: DF or R.

Logistic regression

In the subsequent analysis, different studied variables, infiltrating lymphocytes, CD4⁺, CD8⁺, Foxp3⁺, CD34⁺, CSCs, and MDSCs, plus those obtained from the medical history such as estrogen receptor (ER), progesterone Receptor (PR), and Her-2/neu expression, were simultaneously considered in a multiple logistic regression analysis using forward and backward stepwise elimination algorithms to screen for independent significant predictors, analyzing the effect of each individual measurement on the risk of recurrence, and adjusting for the potential confounding effect of other variables. The significance level (*p* value) to stop the selection process was set at .10 for arriving to the most robust model.

Association between response to treatment and different variables is summarized using odd ratios

(OR) with their corresponding 95% confidence interval (95% CI), and associated *p* values. These calculations were done using STATA statistical software.

Results

After identifying 36 patients with breast carcinomas (Stage I, II, and III) through their medical records, their archived formalin-fixed paraffin-embedded tumor samples were studied. Only 32 of the 36 samples were in good condition to be processed histologically.

Demographic characteristics

We analyzed the records of the patients whose tumors were included in this work. Those patients were followed for at least 5 years since the surgery. The most common histology of tumors was ductal breast adenocarcinoma stage II. Nevertheless, the expression of hormonal receptors and Her-2/neu was heterogeneous, corresponding three samples to triple negative tumors. Data related to demographics, tumor histology, clinical stage, ER, PR, and Her-2/neu status, adjuvant treatment and long-term clinical outcome are summarized in Table 1.

Infiltrating lymphocytes

The evaluation of the intensity of lymphocytes infiltrate showed that the proportion of low and high samples in each group of patients (DF and R at 5 years after the primary treatment) did not evince statistical differences (Figure 1).

CD4⁺, CD8⁺, and Foxp3⁺ lymphocytes

A significant association was found between the quantity of CD4⁺ lymphocytes and clinical outcome after 5 years of primary treatment. Thus, a higher number of primary tumors from R patients showed high quantity of CD4⁺ lymphocytes compared with those of DF patients. Conversely, the number of tumors with low density of CD4⁺ lymphocytes was higher in the DF group (*p* < .05, Fisher's exact test; Figure 2A). On the contrary, no differences between groups were found for CD8 (Figure 2B) and Foxp3 molecules (Figure 2C). Hotspot areas for CD4⁺ lymphocytes with low and high staining are shown in Supplementary Materials 1A and 1B, respectively.

Table 1. Clinical pathological data of the patients.

S. No.	Histology	Stage	ER	PR	Her2/neu	Adjuvant treatment	Clinical outcome
1.	Ductal carcinoma	II	—	—	+	AC x6 + RT + Tzb	R
2.	Ductal carcinoma	II	+	—	—	AC x4 + T x4 + Tam (5 years)	DF
3.	Ductal infiltrating carcinoma	I	+	+	—	Tam (5 years)	R
4.	Ductal carcinoma	II	+	+	—	AC x6 + Tam (5 years)	DF
5.	Ductal carcinoma	II	+	+	—	AC x4 + T x4 + Tam (5 years)	DF
6.	Ductal carcinoma	II	+	+	+	Tam (5 years), LHRH analog + AI + Tzb	DF
7.	Ductal infiltrating carcinoma	II	+	+	—	Tam (5 years)	DF
8.	Ductal infiltrating carcinoma	I	+	+	—	Tam (5 years)	DF
9.	Ductal infiltrating carcinoma	II	—	—	—	AC x6	R
10.	Ductal carcinoma	II	+	+	—	AI	DF
11.	Ductal infiltrating carcinoma	II	+	—	—	Tam (5 years) + LHRH analog, + AI	DF
12.	Ductal infiltrating carcinoma	I	+	+	+	AC x4 + Tzb	DF
13.	Ductal carcinoma	II	—	—	+	AC x6 + AI + Tzb	DF
14.	Ductal carcinoma	II	+	+	—	FAC + T x4 + Tmx	DF
15.	Ductal <i>in situ</i> carcinoma.	II	+	+	+	AC x4 + Tmx + Tzb	DF
16.	Lobular infiltrating carcinoma	II	—	—	—	AC x4, T x4	DF
17.	Ductal Infiltrating carcinoma	II	—	—	+	AC x4, T x4 + Tzb	DF
18.	Ductal infiltrating carcinoma	II	—	—	—	AC x4, T x4	DF
19.	Ductal infiltrating carcinoma	II	+	—	+	AC x4, T x4 + Tmx + Tzb	DF
20.	Ductal Infiltrating carcinoma	II	+	—	+	AC x4 + AI + Tzb	DF
21.	Ductal carcinoma	II	+	—	—	AC x4, T x4	DF
22.	Ductal infiltrating carcinoma	II	+	+	+	AC x4 + Tmx + Tzb	DF
23.	Ductal carcinoma	II	+	—	—	AC x4 + Tmx + AI	DF
24.	Ductal carcinoma	II	+	+	+	AC x4 + Tx4 + Tam (5 years) + Tzb	R
25.	Ductal carcinoma	II	—	—	+	AC x4 + Tx4 + Tam (5 years) + Tzb	R
26.	Ductal carcinoma	II	—	—	+	AC x4, Tx4 + Tzb	R
27.	Ductal infiltrating carcinoma	II	+	+	—	AC x4 + Tmx	R
28.	Ductal carcinoma	II	—	—	+	ACx4 + Tzb	R
29.	Lobular infiltrating carcinoma	II	—	+	—	T	R
30.	Ductal infiltrating carcinoma	II	+	+	—	FAC x6, Tam (5 years)	R
31.	Ductal infiltrating carcinoma	III	+	+	+	AC x4 + Tmx + Tzb	R
32.	Lobular infiltrating carcinoma	III	+	+	—	Tam (5 years)	R

R: relapsed; DF: disease-free; AC: adriamycin + cyclophosphamide; RT: radiotherapy; T: taxanes; Tam: tamoxifen; LHRH analog: chemical castration; FAC: fluorouracil + adriamycin + cyclophosphamide; AI: aromatase inhibitors; Tzb: trastuzumab.

CD34⁺ cells

The density of blood vessels in the primary tumors was estimated with the endothelial marker CD34. No association was found between the quantities of

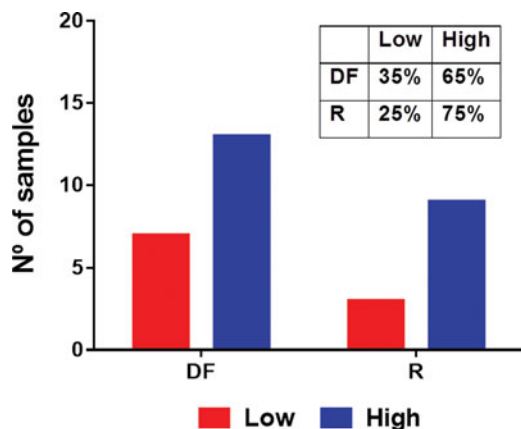


Figure 1. Quantification of lymphocytes infiltration. Low: samples with 0/+ lymphocytes infiltrate; High: samples with ++/+++ lymphocytes infiltrate. Disease-free (DF) patients vs. relapsed (R) patients, NS. The insert shows the percentage of low and high samples with respect to the total number of samples of each group of patients (DF and R); NS: Fisher's exact test.

CD34⁺ cells and the clinical outcome after treatment (Figure 2D).

CD44⁺CD24^{-/low} Cells (CSCs)

The presence of CD44⁺CD24^{-/low} cells showed a strong association with clinical outcome after treatment. A higher number of primary tumors with high density of CSCs were found among R patients than in the group of DF patients. Conversely, the number of tumors with low density of CSC was higher in the DF group ($p < .01$; Fisher's Exact test; Figure 2E). CD44⁺ staining was found along the membrane and in the nucleus. Hotspot areas for CSC with low/negative and high staining are shown in Supplementary Material 1 (C, D, E, and F).

CD33⁺CD11b⁺ Cells (MDSC)

The number of CD33⁺CD11b⁺ cells was lower in R patients than in DF ones, contrary to the expected results. Nevertheless, no statistical differences between the groups of patients were found for these types of cells (Figure 2F).

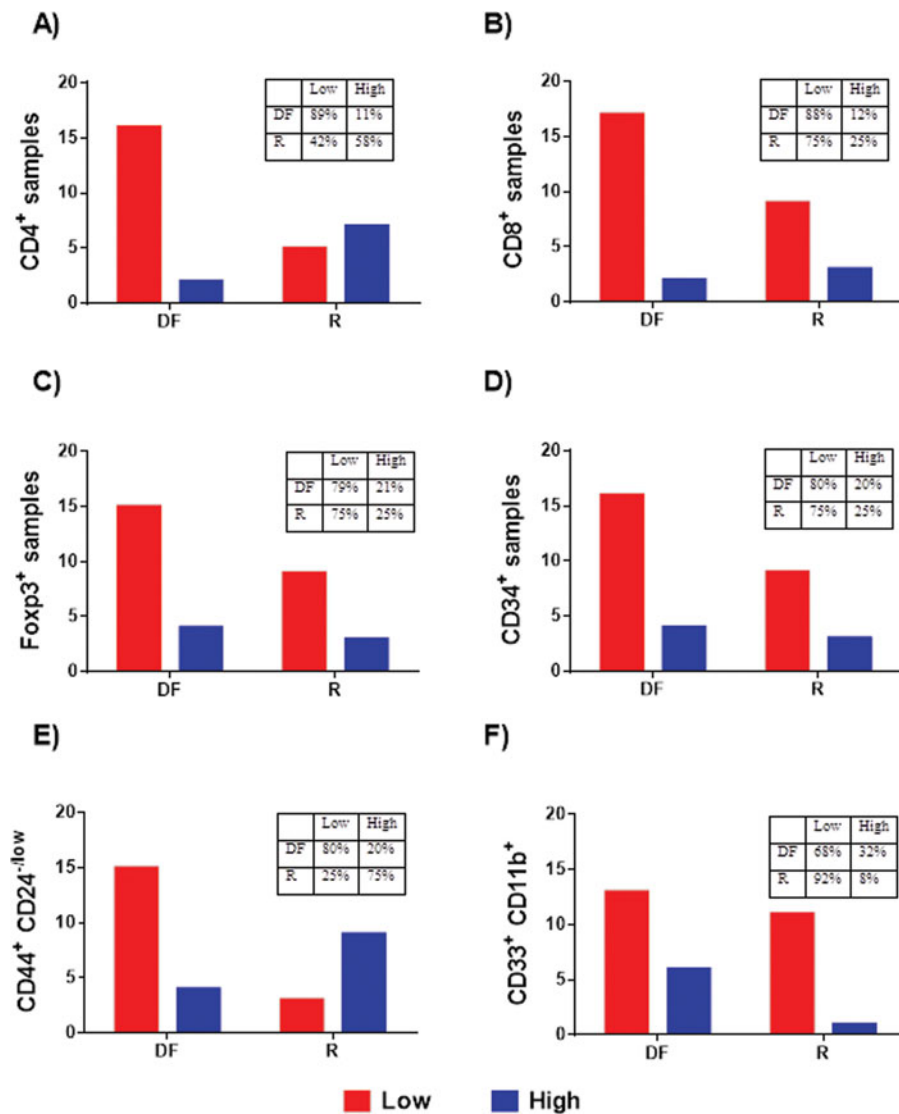


Figure 2. Quantification of CD4⁺, CD8⁺, and Foxp3⁺ lymphocytes, CD34⁺ cells, CSC, and MDSC in disease-free (DF) and relapsed (R) patients' tumors. Low: samples with 0/+ number of positive cells; High: samples with ++/+++ number of positive cells. (A) CD4⁺ cells: DF vs. R, $p < .05$; (B) CD8⁺ cells: DF vs. R, NS; (C) Foxp3⁺ cells: DF vs. R, NS; (D) CD34⁺ cells: DF vs. R, NS; (E) CSC: DF vs. R, $p < .01$; (F) MDSC: DF vs. R, NS; Fisher's exact test. The inserts show the percentage of low and high samples with respect to the total number of samples of each group of patients (DF and R) for each putative marker.

Logistic regression

Coincident with the results of individual analysis, we identified CD4⁺ and CSCs as good predictors of recurrence ($R^2 = 0.3230$). For patients with similar CSC levels, the risk of recurrence increases 6.28 times in those with high levels of CD4⁺ cells (OR = 9.00; 95% CI: 1.10 to 73.46; $p = .04$). In turn, for subjects with similar quantity of CD4⁺ cells, patients with high levels of CSC showed that a risk of recurrence increased by 8.49 times (OR = 8.49; 95% CI: 1.24 to 57.94; $p = .029$). In addition, for the sake of homogeneity, the same analysis was performed excluding stage I and

III patients. In the first and the second analysis, both methods (backward and forward) resulted in the same model, so we can consider that the model is robust. We found that CD4⁺ cells and CSCs are also good predictors of recurrence in stage II invasive ductal carcinoma patients ($R^2 = 0.336$). For patients with similar CSC levels, the risk of recurrence increases by 7.93 times in those with high levels of CD4⁺ cells (OR = 7.93; 95% CI: 0.72 to 86.49; $p = .08$). Likewise, for subjects with similar quantity of CD4⁺ cells, patients with high levels of CSC showed that a risk of recurrence increased by 18.82 times (OR = 18.82; 95% CI: 1.77 to 199.40; $p =$

.015). Hence, both types of cells are good predictors of recurrence when analyzed for stage II patients or for patients in stage I, II, and III.

Discussion

Cancer is a global health problem. While many infectious diseases are eliminated, neoplastic diseases remain the leading cause of death and disability in the world due to the aging population. It is estimated that around 1,200,000 new cases of breast cancer occur annually in the world, which involves more than 500,000 deaths (29). Argentina has the second highest death rate by cancer in Latin America (1). In 2009, 60,117 people died of cancer, with 95.79% of the cases due to malignant tumors and 4.2% due to in situ tumors, benign tumors of uncertain or unknown carcinomas. Of all cancer deaths, 9.09% of the cases were due to breast cancer.

In daily practice, breast cancer treatment decision is based in clinical and pathological prognostic and predictive factors such as tumor size, regional lymph node metastasis, expression of ER, PR, Her-2, and Ki-67, and lymphovascular invasion, which are well established prognostic markers. In addition, the use of baseline 21-gene Recurrence Score (Oncotype DX; Genomic Health Inc, Redwood City, CA, USA) can be useful to predict the benefits of adjuvant chemotherapy (30, 31). However, this technology is not affordable in low- and middle-income countries. Nowadays, research is focused on the investigation of new predictive markers of response in order to select better treatments for patients and to get better clinical outcome. Thus, different biomarkers are analyzed in tumor biopsies trying to identify possible predictors of response to tumor therapy.

Tumor infiltrating lymphocytes are the main players in response against tumor cells, and they may constitute markers of immune balance between the host and the tumor. Different authors have shown that TILs have an important role in breast cancer outcome (32). Studies addressing the issue of tumor immune cell infiltration have consistently demonstrated that a high lymphocytic infiltration predicts a better prognosis and a better response to neoadjuvant chemotherapy in almost all breast cancer subtypes, except for the hormone receptor negative subtype (33). The relationship between certain subtypes of TIL and breast cancer survival is supported by some studies (32). However, conflicting results exist regarding the exact prognostic or

predictive value of immune cell infiltrates in the adjuvant setting (33). In our pilot study, we did not find association between TILs and clinical outcome at 5 years after the primary treatment. The same happened with CD8⁺ cells. Nevertheless, we demonstrated a significant association between CD4⁺ lymphocytes and clinical outcome, the DF group being the one that showed lowest values in their primary tumors. Moreover, other authors found that intra-tumoral T $\gamma\delta$ cells act as prognostic biomarkers for human breast cancer (34). Mahmoud et al. found that tumor-infiltrating CD8⁺ T lymphocytes have antitumor activity and could potentially be utilized in the treatment of breast cancer (16). Moreover, some authors have found that CD8⁺ T cells were the key effector cell population mediating effective antitumor immunity that resulted in better clinical outcome (35). On the other hand, intra-tumoral CD4⁺ T cells have negative prognostic effects on breast cancer patient (36). These findings are in accordance with our results.

Tregs are commonly identified by expression of the transcription factor Foxp3 and are conventionally thought to promote cancer progression by suppressing antitumor immune responses (37) and facilitating tumor growth (38). However, the prognostic value of Tregs in breast cancer remains controversial. A meta-analysis conducted by Shang et al. concluded that a high Treg infiltration was significantly associated with a shorter overall survival in several tumors, including breast cancer (18). On the contrary, in our group of patients, we found no association between Foxp3⁺ cells and patients' evolution.

Myeloid-derived suppressor cells are a heterogeneous population of immature myeloid cells inhibiting innate and adaptive immunity through multiple mechanisms, including depletion of arginine, production of reactive nitrogen and oxygen species, and secretion of inhibitory cytokines (39). De Sanctis and colleagues provided support for the hypothesis that the levels of MDSC could have a value to predict prognosis in several types of tumors (40). Conversely, the tumors herein studied did not show association between levels of MDSC and clinical outcome in spite of showing unexpected, nonsignificant, and slightly lower levels of MDSCs in R patients. Other authors found that Tregs and MDSC were associated with a tolerogenic cytokine milieu and impaired clinical efficacy of vaccine responses in patients with lung, pancreatic, esophageal, and gastric cancers (41, 42).

Cancer stem cells are heterogeneous cancer cells with different implications in tumorigenesis, progression, metastatic process and clinical outcome. We have described CSC as $CD44^+CD24^{-/low}$, however, very recently, other authors described breast CSCs as $CD44^+/CD24^-/ALDH1^+$ (43). Nevertheless, they showed that in HER-2⁺ non-metastatic patients, the expression of $CD44^+/CD24^-$ but not $ALDH1^+$ was an independent factor related to DF survival and overall survival. Moreover, presently we are devoid of treatments that specifically target this type of cells. In addition, it is scarce the number of studies conducted to validate or associate CSCs with treatment response (44). Recently, breast CSCs were suggested as a prognostic biomarker. Seo et al. proposed that cells $CD44^+/CD24^{low}$ can be used as a prognostic factor for clinical outcome and a predictive factor of trastuzumab treatment in HER2-positive breast cancer patients (43). Interestingly, we were able to show a strong and significant association between the presence of CSCs in primary tumors and clinical outcome. As expected, the higher number of CSCs was found in R patients. As far as we know, this is the first time that such a putative biomarker was found to have predictive value in breast cancer.

Interestingly, the CD44 molecule, along with the membrane staining, was also found in the nucleus. The expected localization of CD44 was the cell membrane, as several authors have shown. Park et al. found that in normal breast cancer tissue, CD44 was localized in the cell membrane of basal/myoepithelial and a subset of luminal epithelial cells; however, some cells could show an incomplete membrane-staining pattern (45). In addition, Ali et al. showed membrane CD44 expression in breast cancer (46). However, other authors demonstrated that CD44 can be translocated to the nucleus (47, 48), a result in line with our findings. The future studies may give information about the biological significance of such an event.

It is well known that angiogenesis is critical for tumor growth, invasion, and metastasis. Extensive neovascularization and tumor thrombus in vessels have been reported to be the signs of poor prognosis in breast cancer (49, 50). The assessment of microvascular density with CD34 in breast tumors led to the conclusion that microvascular density correlated positively with Her-2 expression but negatively with hormone receptor expression (49). However, we did not find, in our samples, association with clinical

outcome. Other authors found that expression of VEGF-A and VEGF-C in breast cancer might be beneficial for the identification of tumors that have a higher probability of recurrence and metastatic spread (51).

It is noteworthy that in this work we found that $CD4^+$ cells and CSC are good predictors of recurrence. The importance of this finding, if confirmed with a higher number of samples, is that it will help to choose a suitable treatment for each individual patient.

Conclusions

Tumor biomarkers are a hard field to study and in spite of the fact that several molecules are being proposed as biomarkers, not many of them will be able to achieve that proposal. Our findings in this pilot assay showed the potential role of $CD4^+$ cells, already known putative biomarker, as a predictor of relapse during the first 5 years after the primary treatment. Moreover, the elevated number of CSCs, a novel biomarker for breast cancer, was strongly associated with poor clinical outcome. It is noteworthy that the logistic regression analysis identified both types of cells, $CD4^+$ and CSC, as good predictors of recurrence. Nonetheless, the obvious limitation of this study is the low number of samples analyzed. Hence, a higher number of samples will allow arriving to stronger conclusions. The door is open for future prospective studies.

Executive summary

The identification of several types of cells as putative tumor biomarkers associated with certain clinical behavior in breast cancer patients yielded the following results:

- $CD4^+$ lymphocytes and CSCs showed a significant association with clinical outcome after 5 years of primary treatment.
- These types of cells could be useful as biomarkers of clinical outcome, but a study with higher number of tumor samples is needed for its confirmation.

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Conflict of interest

The authors declare no potential conflicts of interest. The authors alone are responsible for the content and writing of the article.

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