

1 THYROID DISORDERS AND NITRIC OXIDE IN CARDIOVASCULAR  
2 ADAPTATION TO HYPOVOLEMIA

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25

26 **Abstract**

27 **Objective:** To investigate whether nitric oxide participate in the cardiovascular function  
28 and haemodynamic adaptation to acute hemorrhage in animals with thyroid disorders.

29 **Materials/Methods:** Sprague-Dawley rats aged 2 months old treated with T3 (Hyper,  
30 20ug/100g body weight) or 0.02% methimazole (hypo, w/v) during 28 days were  
31 pretreated with  $N^G$  nitro-L-arginine methyl ester (L-NAME) and submitted to 20%  
32 blood loss. Heart function was evaluated by echocardiography. Measurements of arterial  
33 blood pressure, heart rate, nitric oxide synthase activity and protein levels were  
34 performed. **Results:** Hypo decreased fractional shortening and ejection fraction and  
35 increased left ventricle internal diameter. Hyper decreased ventricle diameter and no  
36 changes in cardiac contractility. Hemorrhage elicited a hypotension of similar  
37 magnitude within the 10 min. Then, this parameter was stabilized at about 30-40 min  
38 and maintained until finalized 120 min. L-NAME rats showed that the immediate  
39 hypotension would be independent of nitric oxide. Nitric oxide synthase inhibition  
40 blunted the changes of heart rate induced by blood loss. Hyper and hypo had lower  
41 atrial enzyme activity associated with a decreased enzyme isoforms in hypo. In  
42 ventricle, Hyper and hypo had a higher enzyme activity which was not correlated with  
43 changes in protein levels. Hemorrhage induced an increase heart nitric oxide  
44 production. **Conclusions:** Thyroid disorders were associated with hypertrophic  
45 remodelling which was and impacted differently on cardiac function and its adaptation  
46 to a hypovolemia. Hypovolemia triggered a nitric oxide synthase activation modulating  
47 the heart function to maintain haemodynamic homeostasis. This involvement depends  
48 on a specific enzyme isoform, cardiac chamber and thyroid state.

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## 52 **Introduction**

53 Hypovolemia, secondary to major blood loss, frequently precedes multiple organ  
54 dysfunctions (De Santis and Singer 2015). Activation of several neurohormonal factors  
55 (nitric oxide [NO], catecholamines, endothelins, vasopressin, renin-angiotensin system)  
56 is involved in the restoration of vascular volume and blood pressure following bleeding  
57 (Fujisawa *et al.* 1999; Paczwa and Ganten 1999). This adaptive response to the decrease of the  
58 total blood volume implies a peripheral vasoconstriction which induces a redistribution of blood  
59 flow to the vital organs within which highlights the heart (Schadt and Hasser 2004).  
60 Previously, we demonstrated that hypovolemic state induced by acute hemorrhage  
61 provoked a heterogeneous and dynamic NO synthase (NOS) activation modulating the  
62 cardiovascular response in young rats. Increased cardiac endothelial NOS expression is  
63 an early molecular response to regulate cardiac function after blood loss. Inducible NOS  
64 becomes a major source of cardiac NO production in later stages, which could be  
65 determinant of heart dysfunction after 120 min of sustained hemorrhagic shock  
66 (Balaszczuk *et al.* 2006).

67 On the other hand, it is well known that cardiovascular function is also influenced by  
68 the autonomic nervous system and numerous endocrine hormones in which thyroid  
69 hormones have relevance. Thyroid hormone deficiencies, as well as excesses, result in  
70 profound changes in cardiac function regulation and cardiovascular haemodynamia  
71 mediated by genomic and non-genomic effects (Vargas-Uricoechea *et al.* 2014). A  
72 functional relation involving thyroid hormones, endothelial cells and NO has been  
73 extensively described in the past last years. There are several studies that showed that  
74 thyroid hormones and NO are involved in many different signaling pathways related  
75 with normal postnatal cardiac development, maturation and function (Lepic *et al.* 2006).  
76 We have previously demonstrated that thyroid hormones are able to regulate intrinsic

77 heart rate (HR) in a heart without autonomic regulation. According to our results, NO  
78 pathway would be involved in this mechanism. Thyroid hormones modulate NO steady-  
79 state level which may act as a messenger to modulate the mitochondrial bioenergetic  
80 function, resulting in an NO-mediated regulation of the heart pacemaker activity (Fellet  
81 *et al.* 2004, 2006, 2008). Additionally, we demonstrated that hypothyroidism  
82 contributes in a differential way to aging-induced changes in the myocardium and aorta  
83 tissues. Low thyroid hormones levels would enhance the aging effect on the heart  
84 related to cardiac NO production (Sarati *et al.* 2012). We also revealed that the heart of  
85 male and female rats undergoes distinct adaptive responses to hyperthyroidism that  
86 confer to the latter a relatively stronger adaptation profile that appears to be related to  
87 the ability to regulate NO production (Rodriguez *et al.* 2015).

88 Considering that thyroid status alterations are one of the major endocrine diseases in  
89 adulthood and its association with a significant increase of cardiovascular risk in the  
90 middle-aged, the aim of the present work was to analyze whether changes in NO  
91 signalling participate in the cardiovascular manifestations of thyroid disorders and  
92 whether these changes are involved in haemodynamic adaptation to acute hemorrhage  
93 in animals with thyroid disorders.

94

## 95 **Materials and methods**

### 96 **Animals**

97 Male Sprague–Dawley rats 2 months old from the breeding laboratories of the  
98 “Facultad de Farmacia y Bioquímica” (Universidad de Buenos Aires, Argentina) were  
99 used throughout the study. Rats were housed in humidity- and temperature- controlled  
100 environment with an automatic 12/12-h light/dark cycle. Rats were fed standard rat  
101 chow from Ganave (Buenos Aires, Argentina) and received tap water ad libitum up to

102 the day of the experiments. All procedures were reviewed and approved by the National  
103 Food, Drug and Medical Technology Administration (ANMAT), National Department  
104 of Health and Environment, Argentina (No. 6344/96).

105 Rats were randomly assigned to one of the three groups

106 Control rats (Eut, n=15): euthyroid animals who received s.c. injections of 0.9% NaCl  
107 (0.1 ml/100 g body weight (BW) every 2<sup>nd</sup> day during 28 days.

108 T<sub>3</sub>-treated rats (Hyper, n=15): animals received s.c. injections of T<sub>3</sub> (Sigma, 20ug/100g  
109 body weight) every 2<sup>nd</sup> day during 28 days (Heron and Rakusan, 1996).

110 Methimazole-treated rats (hypo, n=15): animals were rendered hypothyroid after 28  
111 days of treatment with 0.02% methimazole (w/v) in the drinking water (Franco *et al.*  
112 2006).

113

#### 114 **Determination of treatment efficacy**

115 In order to confirm the hypo and hyperthyroid states, serum thyroid-stimulating  
116 hormone (TSH), total triiodothyronine (T3) and thyroxin (T4) (TSH kit, National  
117 Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health,  
118 Bethesda, USA) were measured by radioimmunoassay at the beginning and the end of  
119 the experimental period. Intra- and inter-assay coefficients of variation for TSH were  
120 8.7% and 13.4%, respectively (Greeley *et al.* 1982). T3, inter- and intra-assay  
121 coefficients of variation varied from 4.2 to 6.0 and 5 to 6.5% respectively; T4 inter- and  
122 intra-assay coefficients of variation varied from 7.1 to 7.4 and 2.9 to 5.1% respectively).

123

#### 124 **Echocardiographic measurements**

125 After 28 days of treatment, or control period, rats were anesthetized with urethane (1.0  
126 g/kg, ip), their chests were shaved under aseptic conditions and echocardiographic

127 measurements were performed in the left lateral decubitus position. Two-dimensional  
128 directed M-mode images were obtained using a Sonoscape (A6 Vet) system with a 9-4  
129 MHz transducer. Measurements were taken in the right parasternal short axis plane at  
130 the level of the mitral valve leaflets. LV internal diameter (LVID), LV posterior wall  
131 thickness (PWT) and anterior wall thickness (AWT) were measured in both systole (s)  
132 and diastole (d). Ejection fraction (EF), fractional shortening (FS) and systolic volume  
133 were measured from ventricular internal diameters by the echocardiography system. All  
134 determinations were made according to the guidelines of the American Society of  
135 Echocardiography. Each rat was then instrumented with catheters. Animals were kept  
136 under anesthesia by additional small doses of urethane throughout the experiment. Body  
137 temperature was monitored with a rectal probe and maintained at  $37.0 \pm 0.5$  °C with  
138 heating lamps to avoid the influence of temperature on cardiovascular parameters  
139 during the experiment.

140

#### 141 **Cardiovascular assessments in thyroid disorders**

142 After 28 days of treatment, the animals were anesthetized with urethane (1,0 g/kg ip).  
143 To ensure an open airway, a tracheotomy was performed using polyethylene tubing (3.5  
144 or 4 mmID, Portex). Mean arterial pressure (MAP) was measured through a cannula  
145 inserted in the right femoral artery and connected to a pressure transducer (Statham P23  
146 ID, Gould Inst., Cleveland, OH, USA); measurements were recorded with a polygraph  
147 (Physiograph E & M, Houston, TX, USA) during the whole experiment. Heart rate  
148 (HR) was determined from the pulsatile pressure signal by beat-to-beat conversion with  
149 a tachograph amplifier (model S77-26 tachometer, Coulbourn Instruments, Allentown,  
150 PA, USA). The Labtech Notebook program (Laboratory Technology, Wilmington, MD,  
151 USA) was used for data acquisition.

**152 Experimental protocol**

153 Eut, Hyper and hypo animals were subdivided into two experimental groups:

154 *1) Hemorrhaged rats (H)*. After a 30-min stabilization period, basal values were  
155 measured over a 5-min period. Subsequently, the acute hemorrhage was performed.  
156 Thereafter, hemodynamic parameters were continuously recorded over a 120-min  
157 period after the bleeding (n=15 each group).

158 *2) Hemorrhage + L-NAME (H+LNAME)*: After a 30-min stabilization period, basal  
159 values were measured over a 5-min period. Later, the animals received an infusion of  
160  $N^G$  nitro-L-arginine methyl ester (L-NAME, 0,5 mg/kg/h IV = 100  $\mu$ l/h), which was  
161 maintained during the experimental period. Subsequently, the acute hemorrhage was  
162 performed. Thereafter, hemodynamic parameters were continuously recorded over a  
163 120-min period after the bleeding (n=15 each group).

164 The hypovolemic state in *H* and *H+LNAME* groups was induced through an acute  
165 hemorrhage using a cannula inserted in the left femoral artery (Riviero, PR10). The  
166 bleeding was done by a loss of 20% of the blood volume during 2 minutes, at constant  
167 flux. The volume was calculated individually for every animal, from the total blood  
168 volume (7% of the body mass).

169 The L-NAME, an unspecific inhibitor of the NOS, was administrated as a continual  
170 infusion through a cannula inserted in the right femoral vein (Riviero PR 10, 0,5  
171 mg/kg/h IV = 100  $\mu$ l/h).

172 At the end of each experimental protocol, rats were sacrificed by pneumothorax and  
173 heart was removed. Western blot analysis for NOS was performed in this tissue, and  
174 NOS activity was measured according to the method of the conversion of [14C (U)]-L-  
175 arginine to [14C (U)]-L-citrulline.

176

**177 Nitric oxide synthase activity**

178 Capacity for cardiac NO formation was assessed determining NOS activity in right atria  
179 and left ventricle from Eut, Hyper and hypo animals by measuring the conversion of  
180 [14C (U)]-L-arginine to [14C (U)]-L-citrulline. Tissue homogenates (approximately 50  
181 µg protein) were incubated in Tris-HCl buffer (pH 7.4) containing 1 µg/mL L-arginine,  
182 [14C (U)]-L-arginine (346 µCi/mL), L-valine (67 mM), NADPH (1 mM), calmodulin  
183 (30 nM), tetrahydrobiopterin (5 µM) and CaCL<sub>2</sub> (2 mM) for 60 minutes at room  
184 temperature. At the end of the incubation period, the NOS reaction was arrested by  
185 addition of a buffer solution containing 20 mM HEPES buffer and 20 mM EDTA, pH  
186 5.5. Reaction mixtures were loaded onto cation exchange columns (Dowex AG 50W-  
187 X8, Na<sup>+</sup> form; Bio-Rad) and [14C (U)]-L-citrulline was eluted from columns with 0-50  
188 ml ddH<sub>2</sub>O. The amount of [14C (U)]-L-citrulline eluted was quantified using a liquid  
189 scintillation counter (Wallac 1414 WinSpectral; EG&G Company, Turku, Finland) as  
190 described previously (Sarati et al. 2012). All compounds, except [U-14C]-L-arginine  
191 monohydrochloride (346mCi/mmol, Amersham Life Science), were purchased from  
192 Sigma Chemic. Protein determination was made using the Lowry method, with bovine  
193 serum albumin as a standard.

**194 Calcium dependence**

195 In order to determine calcium dependence, atria and ventricle NOS activity was  
196 determined using [U-14C] arginine as substrate as described above. Tissue slices (2-3  
197 mm thick) from Eut, hypo and Hyper animals were obtained. Some slices from  
198 haemorrhaged groups were preincubated (15 min) with calmidazolium (Cz, 1µM)  
199 (Elesgaray et al. 2008) before incubation with [U-14C] L-arginine during 30 minutes at  
200 37 °C. The amount of [14C] L-citrulline obtained was determined with a liquid



201 scintillation counter. Nitric oxide production (measured as pmol of [14C] citrulline) was  
202 expressed in pmol/g wet weight min.

203

#### 204 **Western blot analysis**

205 The right atria and left ventricle samples were homogenized on ice with a Tissue Tearor  
206 (Biospec Products) in homogenization buffer (50 mmol/L Tris, 0.1 mmol/L EDTA, 0.1  
207 mmol/L EGTA, 1% Triton, 1 mmol/L PMSF, 1  $\mu$ mol/L pepstatin, 2  $\mu$ mol/L leupeptin,  
208 1 $\times$  protease inhibitor cocktail from Roche Diagnostics). Protein concentration in the  
209 Triton-soluble supernatant was determined using the Lowry assay. Equal amounts of  
210 protein (100  $\mu$ g protein/lane) were separated by electrophoresis in 7.5% SDS-  
211 polyacrylamide gels (Bio-Rad, Munich, Germany), transferred to a nitrocellulose  
212 membrane (Bio-Rad) and then incubated with rabbit polyclonal anti-NOS antibodies,  
213 diluted at 1:500. The primary antibodies were: polyclonal rabbit anti-inducible NOS  
214 (iNOS) (epitope at the carboxy terminus), anti-endothelial NOS (eNOS) (epitope at the  
215 amino terminus) and anti-neuronal NOS (nNOS) (epitope at the amino terminus).  
216 Finally, a secondary immunoreaction with a goat anti-rabbit antibody conjugated with  
217 horseradish peroxidase (dilution 1:5000) was performed. Samples were revealed by  
218 chemiluminescence using Kalium reagent for 2–4 min. Density of the respective bands  
219 was quantified by densitometric scanning of Western blots using a Hewlett-Packard  
220 scanner and Totallab analyzer software (Biodynamics, Seattle, WA, USA), and protein  
221 amounts were calculated by comparison to the densitometric values of the  
222 corresponding standard. Protein levels were expressed as a ratio of the optical densities  
223 of NOS isoforms and  $\beta$ -actin band (using anti-beta actin, clone EP1123Y, rabbit  
224 monoclonal antibody) to check for any inaccuracies in protein loading.

225

## 226 **Materials**

227 The antibodies against the three isoforms of NOS (iNOS (610333), eNOS (610298) and  
228 nNOS (610311) were supplied by BD Biosciences and anti  $\beta$ -actin by Millipore (04-  
229 1116). Secondary antibody (170-6515) was by Bio-Rad laboratories. The Western Blot  
230 Detection System was supplied by Amersham Pharmacia Biotech. Biochemicals were  
231 supplied by Sigma Chemical (Saint Louis, MO, USA).

232

## 233 **Ethical approval for animal experimentation**

234 Animals were cared for according to regulation 6344/96 of Argentina's National Food,  
235 Drug and Medical Technology Administration (ANMAT). Experiments with animals  
236 had been performed in accordance with UK legal requirements. Experimental  
237 procedures were approved by the ethics committee of the Facultad de Farmacia y  
238 Bioquímica (CICUAL; EXP UBA N° 0054570), Universidad de Buenos Aires,  
239 Argentina.

240

## 241 **Statistical analysis**

242 Data in tables and figures are mean values  $\pm$  SEM. Data were evaluated with univariate  
243 and multivariate approaches for a completely randomized design, with a structure of  
244 two factors (hemorrhage and thyroid hormones). For each variable, ANOVA or  
245 MANOVA analysis was performed when appropriate. The Levene's and Shapiro–Wilk's  
246 tests were used to evaluate homogeneity of variances and normality of data,  
247 respectively.

248 When normality and homogeneity of variances assumptions were satisfied, the  
249 Bonferroni multiple comparison test was run. In the case of non-homogenous variances,  
250 a multiple comparison test, such as Tamhane, was run. To detect association among

251 variables, a correlation analysis was performed and the Pearson coefficient was  
252 calculated. All statistical procedures were performed using the SPSS statistical software  
253 package version 22.0 statistical significance was set at  $P < .05$ .

254

## 255 **Results**

### 256 **Treatment efficacy**

257 Treatment with methimazole and  $T_3$  was effective in establishing a hypothyroid and  
258 hyperthyroid state, respectively. TSH plasmatic levels were higher and lower in hypo  
259 and Hyper rats respectively than Eut animals.  $T_3$  and  $T_4$  levels decreased in hypo rats,  
260 while  $T_4$  increased in Hyper animals. Body weights were similar in the three groups of  
261 animals. Basal MAP values were similar in Eut, hypo and Hyper rats. However, basal  
262 HR values were lower and higher in hypo and Hyper rats compared with Eut animals,  
263 respectively (Table 1).

264

### 265 **Echocardiographic measurements**

266 Table 1 also shows echocardiographic data for all groups. LV systolic and diastolic  
267 chamber diameters increased in hypo rats meanwhile these diameters decreased in  
268 Hyper animals. LV anterior and posterior wall thickness in both systole and diastole  
269 remained unchanged between Eut and Hyper animals; however, a reduction in these  
270 parameters was observed in hypo group. LV ejection fraction and fractional shortening  
271 did not change between Eut and Hyper animals but they were reduced both in  
272 hypothyroid state. Figure 1 shows representative images of M-mode echocardiographic  
273 tracing.

274

**275 Changes in systemic hemodynamic parameters during and after hemorrhagic state**

276 Figure 2 illustrates the time course of MAP and HR during 120 min after bleeding.  
277 Baseline MAP (mm Hg) measurements were not different among the three groups of  
278 rats. Hemorrhage induced a marked decrease in MAP in Eut group, which reached a  
279 value of  $44 \pm 4$  mm Hg at 10 min following the bleeding period ( $P < 0.001$  versus basal  
280 values), with subsequent stabilization at about  $55 \pm 4$  mm Hg at 35 min ( $P < 0.01$  versus  
281 basal values). The pressure response to bleeding was similar in the three experimental  
282 groups. However, the magnitude of immediate hypotension after bleeding was greater in  
283 animals with thyroid alterations. The pressure remained low during the entire  
284 experimental time presenting lower values of animals with thyroid disorders (panel A).  
285 L-NAME treatment has not altered basal MAP in the three experimental groups. Blood  
286 pressure in L-NAME Eut treated rats group was 37 mm Hg ( $P < 0.01$  versus basal values)  
287 at 10 min hemorrhage, rising to  $82 \pm 4$  ( $P = ns$ ),  $100 \pm 4$  ( $P < 0.01$ ) and  $105 \pm 4$  mm Hg  
288 ( $P < 0.01$ ) during 35, 60 and 120 min, respectively following the bleeding. The inhibition  
289 of NO system induced a recovery of the MAP after bleeding, registering a stabilization  
290 of this parameter to the 60 minutes the hemorrhage, in values higher than hypo and  
291 Hyper animals. In relation to the hypothyroid rats, the L-NAME treatment induced a  
292 greater hypotensive response after bleeding. However, in the later stages, MAP was  
293 gradually increased stabilizing in 53 mmHg at about 65 min. The hyperthyroid animals  
294 presented a lower hypotensive response to the euthyroid, but managed to reach MAP  
295 values close to the baseline at about 100 minutes (panel B).

296 Panel C illustrates the time course of the HR in Eut, hypo and Hyper animals after  
297 bleeding. Basal HR of Eut animals was around  $352 \pm 15$  bpm, while that of the hypo and  
298 Hyper rats was  $214 \pm 15$  bpm and  $424 \pm 13$  bpm, respectively. The hemorrhage induced a  
299 bradycardia of short duration followed by a gradual increase in this parameter in all the

300 groups. Eut animals have attained the stabilization of this parameter at about 30 minutes  
301 after hemorrhage, whereas this time was between 10-15 minutes to achieve the  
302 stabilization in hypo and Hyper rats (panel C). Treatment with L-NAME annulled the  
303 changes of HR to hemorrhage in Eut and hypo rats. L-NAME Hyper treated animals  
304 showed a similar HR response after withdrawal (panel D).

305

### 306 **Nitric oxide synthase activity and western blot**

307 Figure 3 (panel A) shows that hypo and Hyper animals exhibited a decreased atrial NOS  
308 activity compared with Eut rats. Bleeding increased NOS activity in all groups of  
309 animals. However, the magnitude of change was greater in Eut and Hyper rats  
310 compared with hypo animals. Endothelial NOS isoform decreased in hypo rats (panel  
311 B). There were no differences between Eut and Hyper groups of animals. Hemorrhage  
312 increased eNOS protein levels in Eut and hypo rats. However, Hyper animals showed  
313 decreased eNOS protein levels after withdrawal. Inducible and neuronal NOS were  
314 lower in hypo rats compared with Eut group. Inducible and neuronal NOS proteins  
315 levels did not change in Eut and Hyper rats (panels C and D). Bleeding increased iNOS  
316 proteins levels in all groups of animals meanwhile it did not change nNOS protein  
317 levels in experimental groups (panel C and D).

318 Figure 4 (panel A) shows that hypo and Hyper rats showed increased left ventricle NOS  
319 activity compared with Eut animals. Hemorrhage increased NOS activity in all groups  
320 of animals. eNOS, iNOS and nNOS proteins levels did not change with thyroid status.  
321 Bleeding increased eNOS protein levels in Eut and hypo animals (panel B) and iNOS  
322 proteins levels in Eut rats (panel C). nNOS did not change with hemorrhage (panel D).

323 Figure 5 (panel A) showed that when NOS activity was evaluated on atria slices, we  
324 obtained similar results to those obtained using homogenates. Hypo and Hyper animals

325 exhibited a decreased atrial NOS activity compared with Eut rats and bleeding increased  
326 NOS activity in all groups of animals. Calmidazolium treatment attenuated NOS  
327 activity in Eut and hypo animals without without modification in hyper group of  
328 animals. In ventricle, hypo and Hyper rats showed increased left ventricle NOS activity  
329 compared with Eut animals and hemorrhage increased NOS activity in all groups of  
330 animals. Pretreatment with calmidazolium attenuated and blunted the increase of NOS  
331 activity induced by hemorrhage in Eut and hypo animals, respectively. The NOS  
332 activity increase after bleeding was not altered by calmidazolium in Hyper animals.

333

### 334 **Discussion**

335 The present study provides new evidences that changes in cardiac function  
336 associated with thyroid disorders and hypovolemia not only involve effects on  
337 sympathetic nervous system, but may also involve changes in the response of the  
338 myocytes to NO bioavailability. This study investigated the role of NO in the  
339 cardiovascular adaptation following acute hemorrhage in rat with thyroid disorders.  
340 TSH measurements showed that T<sub>3</sub> and methimazol treatment were effective to  
341 establish hyper and hypothyroid state, respectively. In our experimental condition, basal  
342 MAP values were similar in the three experimental groups. These findings are  
343 surprising. It would be expected that MAP decreases and increases in hypo and  
344 hyperthyroid state, respectively. However, our results showed that MAP did not change  
345 compared with euthyroid control rats. Maintained pressure values in animals with  
346 thyroid disorders may be due to changes induced on diastolic pressure are similar in  
347 magnitude to the changes induced on systolic pressure despite having very different HR  
348 values. It is important to consider that this discrepancy with others researchers might be  
349 due to the different duration and degree of hypo and hyperthyroidism developed in our  
350 experimental conditions. Additionally, we have shown that L-NAME infusion did not

351 alter basal blood pressure values in experimental groups. It is probable that in this  
352 condition the inhibition of the constitutive NOS activity is only partial, being the  
353 quantity of NO that exceeds sufficient to maintain MAP within the basal range.

354         When we evaluated cardiac function associated with thyroid status,  
355 echocardiographic data confirmed that hypothyroid animals have FS and EF decreased  
356 and increased left ventricle internal diameter. This would indicate that myocardial  
357 contractility would be altered and the ventricle would not be filling properly especially  
358 during diastole in these animals. It is important to note that FS depends primarily  
359 afterload. The most common causes of decreased FE in hypothyroidism would be  
360 blockages in the coronary arteries, increased blood pressure, heart rhythm disturbances,  
361 or weakening of the heart muscle. In this context, hypothyroidism could be associated  
362 with increased prevalence of cardiac heart failure associated with thyroid hormones  
363 deficiencies (Biondi 2012). On the other hand, although hyperthyroid animals showed a  
364 decrease in the diameter of the ventricle, no change was observed in cardiac  
365 contractility in our experimental model. Taken together, these results suggest that hypo  
366 and Hyper rats would exhibit different thyroid disorder-induced remodeling adaptation.  
367 Hypothyroidism would exhibit a greater eccentric hypertrophic response while  
368 hyperthyroid animals would exhibit concentric hypertrophic response. These findings  
369 agreed with others authors who described the development of the eccentric hypertrophy  
370 in hypothyroidism (Wang *et al.* 2010; Sarati *et al.* 2012 ) and concentric left ventricle  
371 hypertrophy associated with thyrotoxicosis (Basset *et al.* 1980; Abergel *et al.* 1995).  
372 The mechanisms of the animal model of thyroid disturbances induced cardiac  
373 hypertrophy are multifactorial. It is not clear whether thyroid hormone status-induced  
374 cardiac hypertrophy results from a direct effect on the heart, alterations of the  
375 adrenergic nervous system signaling, or altered cardiac loading conditions. Taking into

376 account the latter, we evaluate cardiovascular hemodynamics changes to hemorrhage in  
377 animals with thyroid disorders. It is well known that cardiovascular adaptation to this  
378 hypovolemic state is under dynamic control of the sympathetic and parasympathetic  
379 divisions, the magnitude of hemorrhage, the rate of bleeding, and the species examined  
380 (Schadt and Ludbrook, 1991). Different circulating endocrine and local paracrine  
381 factors such as NO have been postulated to modulate the cardiovascular response to  
382 hypovolemia (Goldstein *et al.* 1999). In this study, we showed that hemorrhage elicited  
383 a significant decrease between 50-59% of arterial blood pressure within the 10 min after  
384 bleeding from basal values in all experimental groups. The magnitude of this immediate  
385 hypotension would seem similar in all rats. After this time, this parameter increased  
386 stabilizing its values at about 30-40 min and was maintained until finalized 120 min.  
387 Pretreatment with L-NAME before bleeding induced a similar immediate decrease (at  
388 about 60%) in all experimental groups. This immediate hypotension was followed by a  
389 faster recovery of blood pressure to basal values in euthyroid and hyperthyroid  
390 hemorrhaged rats. This parameter did not reach basal values in hypo rats. Taken  
391 together, these findings suggest that the immediate hypotension would be independent  
392 of NO system, however, after this time (10 min) NO would modulate systemic vascular  
393 response probably due a direct vasodilatory action on vascular smooth muscle  
394 especially in euthyroid and hyperthyroid animals. This effect of NO seems to be lower  
395 in hypothyroidism in which basal values of MAP were not reached. However, we  
396 cannot throw away the effects of NO on the integrated mechanisms which become  
397 activated in response to hemorrhage as well as the release of several neurohormonal  
398 vasoconstrictor factors (catecholamines, endothelins, vasopressin, renin–angiotensin  
399 system) (Fujisawa *et al.* 1999; Moreno *et al.* 2002).



400 Focusing on chronotropic response, our results showed an increase and decrease  
401 of basal pacemaker activity in hyper and hypothyroid rats compared with respective  
402 euthyroid animal. These changes would confirm the tachycardic action of  $T_3$  (Sun *et al.*  
403 2001). We also showed that NOS inhibition was not modified basal values of HR in the  
404 three groups of animals, but blunted the changes induced by blood loss. Hypovolemic  
405 state provoked after the expected immediate reflex-induced tachycardia, a bradycardic  
406 stage followed by a gradual increase of HR during 120 min (Balaszczuk *et al.* 2006). It  
407 is known that blood pressure is maintained in the early stage of hemorrhage by reflex  
408 increase in HR, vascular resistance, and peripheral sympathetic nerve activity. The  
409 inhibition of NO system would affect the immediate baroreflex response in our  
410 experimental model. The bradycardia, observed in the early stages, may result from  
411 alterations of the activation of unmyelinated vagal afferents (C fibers) from the left  
412 ventricle induced by the loss of 20% in the blood volume. A decrease of HR may seem  
413 unreasonable during hemorrhage but it could be a part of a complex reflex in order to  
414 reduce an ongoing blood loss by reducing blood pressure by means of peripheral  
415 vasodilatation and, at the same time, maintain organ blood flow. The absence of the  
416 bradycardia suggests that NO could be involved in the cholinergic modulation of HR in  
417 the early stage of hypovolemic state. However, the relationship between the NO system  
418 and the absence of the later increase of HR was not well understood. It was reported that  
419 systemic inhibition of NOS in vivo in humans, by L-NMMA, significantly reduced  
420 renal plasma flow in the absence of alterations in glomerular filtration rate, blood  
421 pressure, or pulse rate (Wolzt *et al.* 1997). By contrast, Schmetterer *et al.* (1999)  
422 showed a significant decrease in heart rate after infusion of L-NMMA. These findings  
423 suggest that nitric oxide, present in the sinoatrial and atrioventricular nodes, seems to  
424 play an important role in pacemaker activity control. The action of L-NAME on the

425 later tachycardia may be a primary action due to inhibition of NO pathway or a  
426 secondary effect resulting from the absence of the maintained hypotension after the  
427 hemorrhage.

428         Considering NO system in the heart, our results showed that animals with  
429 thyroid alterations have a lower atrial NOS activity than Eut rats. This lower activity of  
430 the enzyme is associated with a decrease of the three NOS isoforms protein levels in  
431 hypo rats. Meanwhile, hyperthyroid animals showed no changes in protein levels of the  
432 three isoforms of the enzyme. These findings allow us to think that negative modulators  
433 of the enzyme, like caveolins, are probably increased in hyperthyroidism.

434         In addition, a contradictory result was found in the left ventricle. Animals with  
435 thyroid disorders had a higher enzyme activity than euthyroid and this rise was not  
436 correlated with changes in NOS protein levels. Positive modulators of NOS activity  
437 would be exacerbated in thyroid disorder.

438         Focusing on physiological involvement of NO during hypovolemic state, we  
439 observed that acute hemorrhage results in an excessive production of NO in right atria  
440 as well as in left ventricle at 120 min after blood loss in all experimental groups. In the  
441 atrium, increased NOS activity induced by bleeding could be due to increased  
442 endothelial and inducible isoform of the enzyme in euthyroid and hypothyroid animals  
443 and only iNOS protein levels in hyperthyroidism. Experiments with calmidazolium  
444 confirmed these findings. Conversely, withdrawal induced a decrease in protein levels  
445 of eNOS in hyperthyroidism.

446         On the other hand, the left ventricle increased NOS activity induced by  
447 hemorrhage could be due to a rise in eNOS protein levels in euthyroid and hypothyroid  
448 animals. Additionally, hypovolemia increased iNOS protein levels in euthyroid rats.  
449 Our results also suggested that the NOS activity changes induced by hypovolemic state

450 could involve alteration of positive modulators of the enzyme in hyperthyroidism.  
451 Experiments with calmidazolium confirmed these findings. Calmodulin antagonist  
452 attenuated NOS activity increase in Eut animals meanwhile blunted the rise in hypo rats  
453 and did not modify it in Hyper group.

454 In summary, the key findings of this study are that thyroid hormones  
455 deficiencies, as well as excesses result in alterations of cardiac function regulation and  
456 cardiovascular haemodynamia. Although hypothyroidism and hyperthyroidism are  
457 associated with cardiac remodelling, they affect cardiac function and haemodynamic  
458 parameters in a different way. Our results demonstrated that both thyroid disorders  
459 were associated with hypertrophic remodelling which was and impacted differently on  
460 cardiac function and consequently its adaptation to a hypovolemic state. Additionally,  
461 although the effect of the thyroid disorders on NO production depends on the studied  
462 cardiac chamber, the impact of bleeding is similar in both chambers. Hypovolemia  
463 induced by acute hemorrhage triggered a NOS activation modulating the heart function  
464 to maintain haemodynamic homeostasis. The involvement of NO pathway depended on  
465 a specific NOS isoform, cardiac chamber and thyroid state.

#### 466 **Declaration of interest**

467 Authors declare that there is no conflict of interest that could be perceived as  
468 prejudicing the impartiality of the research reported.

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476

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561

## 562 **Legends**

563 Figure 1. Left ventricular representative images of M-mode echocardiographic tracing  
564 from euthyroid (panel A), hypothyroid (panel B) and hyperthyroid rats (panel C).

565 Figure 2. Changes in mean arterial pressure (MAP) and heart rate (HR) during and after  
566 hemorrhage in euthyroid (Eut), hypothyroid (hypo) and hyperthyroid rats (Hyper)  
567 (panels A and C). Changes in MAP and HR during and after hemorrhage in L-NAME  
568 treated Eut, Hypo and Hyper rats (panels B and D) ◆ Eut rats ; ■ hypo rats; ▲ Hyper  
569 rats. Points are mean values (error bars represent SEM); n=15/group; \*P<0.05 vs. basal  
570 values.

571 Figure 3. Total NOS activity in right atria from euthyroid (Eut), hypothyroid (hypo) and  
572 hyperthyroid (Hyper) rats (panel A). The values are mean  $\pm$  SEM; n=15/group; \*P<0.05  
573 vs Eut rats; † P<0.05 vs rats without hemorrhage. Representative Western Blots of  
574 eNOS (panel B), iNOS (panel C), nNOS ( panel D), carried out on proteins from Eut,  
575 hypo and Hyper right atria. Histograms illustrate the mean NOS protein values for each  
576 group. All experiments were performed in triplicate. Each blot was normalized with the  
577 expression of the  $\beta$ -actin from the same gels. Data are mean  $\pm$  SEM.; n=7/group;  
578 \*P<0.05 vs Eut rats; † P<0.05 vs rats without hemorrhage. EutH: euthyroid  
579 hemorrhaged rats; hypoH: hypothyroid hemorrhaged rats; HyperH: hyperthyroid  
580 hemorrhaged rats.

581 Figure 4. Total NOS activity in left ventricle from euthyroid (Eut), hypothyroid (hypo)  
582 and hyperthyroid (Hyper) rats (panel A). The values are mean  $\pm$  SEM; n=15/group;  
583 \*P<0.05 vs Eut rats; † P<0.05 vs rats without hemorrhage. Representative Western  
584 Blots of eNOS (panel B), iNOS (panel C), nNOS (panel D), carried out on proteins  
585 from Eut, hypo and Hyper left ventricle. Histograms illustrate the mean NOS protein  
586 values for each group. All experiments were performed in triplicate. Each blot was  
587 normalized with the expression of the  $\beta$ -actin from the same gels. Data are mean  $\pm$   
588 SEM; n=7/group; \*P<0.05 vs Eut rats; † P<0.05 vs rats without hemorrhage. EutH:  
589 euthyroid hemorrhaged rats; hypoH: hypothyroid hemorrhaged rats; HyperH:  
590 hyperthyroid hemorrhaged rats.

591 Figure 5. Total NOS activity in right atria (panel A) and left ventricle (panel B) slices  
592 from euthyroid (Eut), hypothyroid (hypo) and hyperthyroid (Hyper) rats. CZ:  
593 calmidazolium. EutH: euthyroid hemorrhaged rats; EutHCZ: euthyroid hemorrhaged rats  
594 pretreated with CZ; hypoH: hypothyroid hemorrhaged rats; hypoHCZ: hypothyroid  
595 hemorrhaged rats pretreated with CZ; HyperH: hyperthyroid hemorrhaged rats;



596 HyperHCZ: hyperthyroid hemorrhaged rats pretreated with CZ. Data are mean  $\pm$  SEM;

597 n=7/group; \*P<0.05 vs Eut rats; † P<0.05 vs rats without hemorrhage.

598

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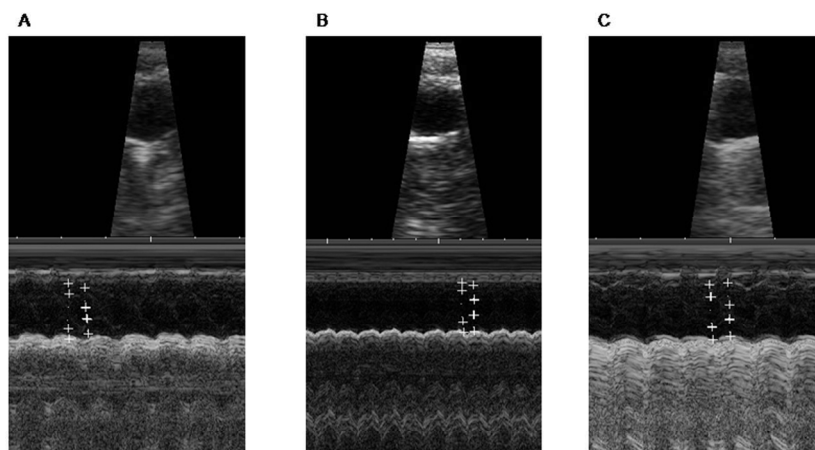
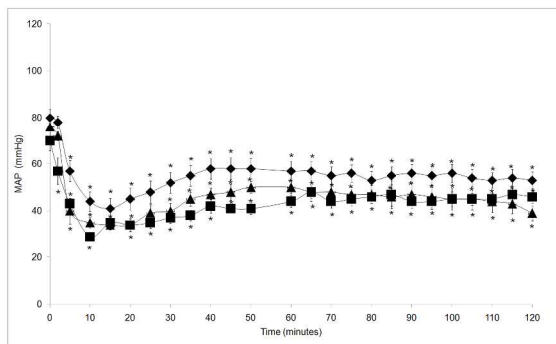


Fig.1. Ogonowski et al.

Figure 1  
190x142mm (300 x 300 DPI)

A



B

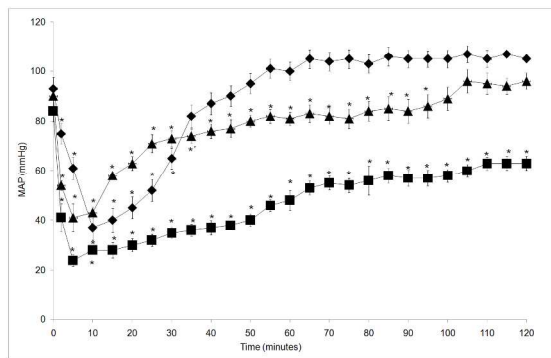
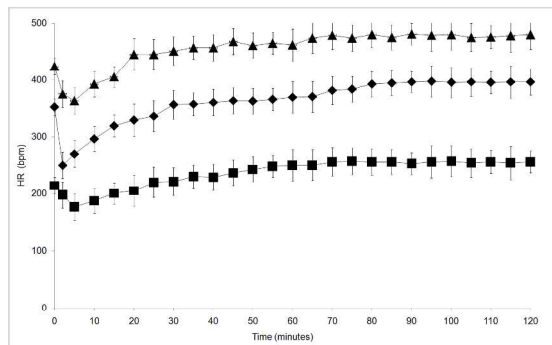


Figure 2, A and B

Figure 2, A and B  
209x297mm (300 x 300 DPI)

C



D

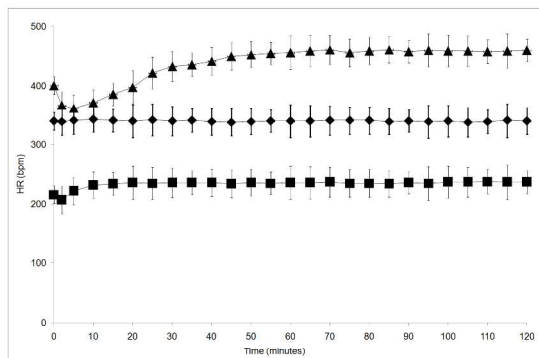
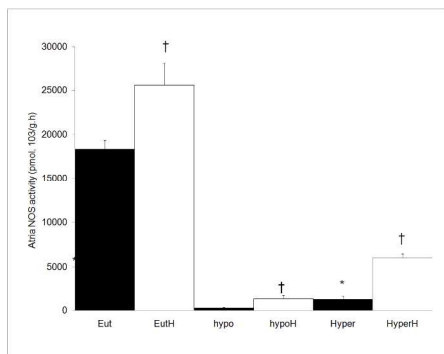


Figure 2, C and D

Figure 2, C and D  
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A



B

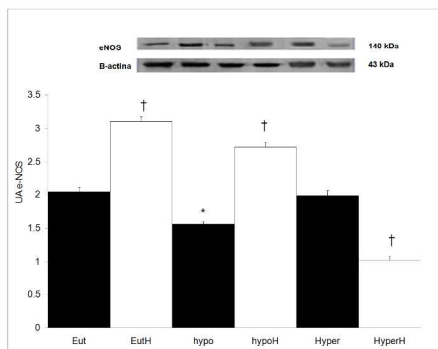
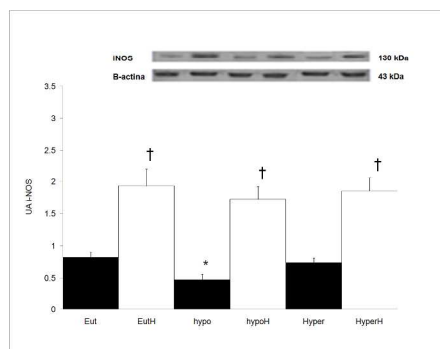


Figure 3, A and B

Figure 3, A and B  
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C



D

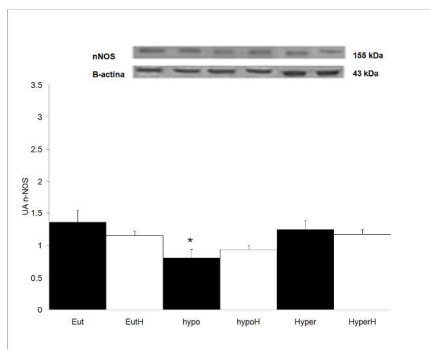
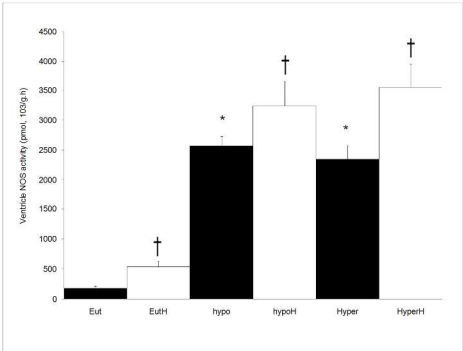


Figure 3, C and D

Figure 3, C and D  
209x297mm (300 x 300 DPI)

A



B

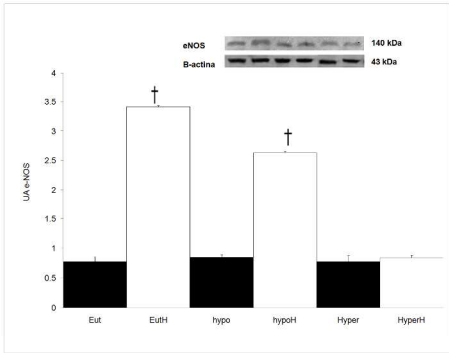
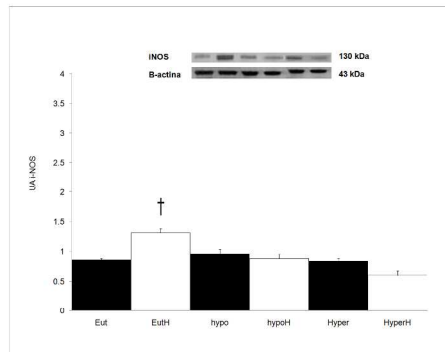


Figure 4, A and B

Figure 4, A and B  
209x297mm (300 x 300 DPI)

C



D

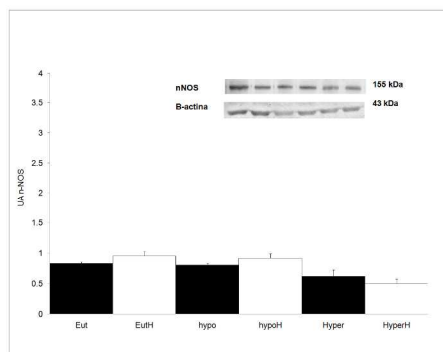
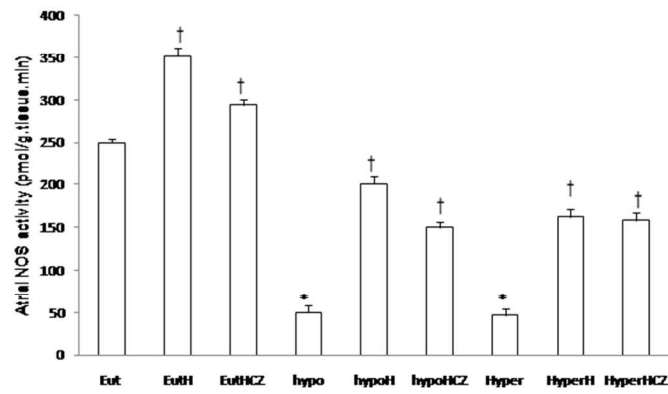


Figure 4, C and D

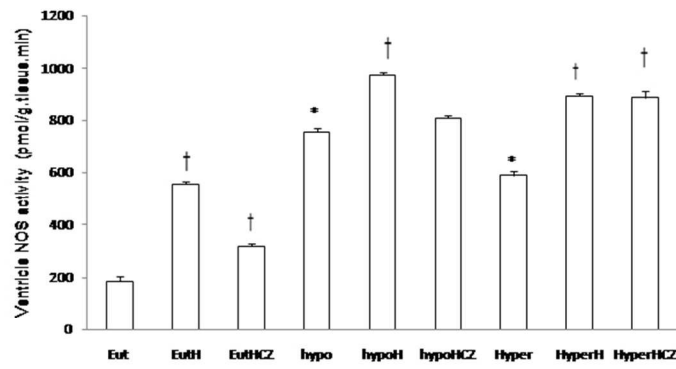
Figure 4, C and D  
209x297mm (300 x 300 DPI)



**A**



**B**



**Fig.5 Ogonowski et al.**

Fig 5  
190x275mm (96 x 96 DPI)

Table 1. Biological variables.

Group of animals	Eut	Hypo	Hyper
TSH (ng/ml)	14.75±0.83	35.57±4.35*	5.57±0.03*
T <sub>3</sub> (ng/dl)	1.131±0.123	0.750±0.036*	1.034±0.036
T <sub>4</sub> (ug/ml)	2.475±0.031	1.034±0.036*	3.775±0.270*
BW (g)	337±12	338±12	298±12
HR (bpm)	352±15	214±13*	424±15*
MAP(mmHg)	80±4	70±4	76±2
LVIDd (mm)	5.40±0.18	5.99±0.19*	4.7±0.10*
LVIDs (mm)	2.80±0.06	3.01±0.10*	2.21±0.07*
AWTd (mm)	1.70±0.02	1.37±0.01*	2.01±0.10
AWTs (mm)	2.87±0.03	2.10±0.02*	2.8±0.10
PWTd (mm)	2.10±0.17	1.50±0.10*	2.03±0.15
PWTs (mm)	2.90±0.08	2.43±0.12*	3.23±0.08
EF (%)	86±3	83±1*	88±3
FS (%)	56±2	46±2*	51±2

Eut (euthyroid rats); Hypo (hypothyroid rats); Hyper (hyperthyroid rats); TSH (thyroid-stimulating hormone); T<sub>3</sub> (triiodothyronine); T<sub>4</sub> (total thyroxine); BW (body weight); HR (heart rate); MAP (mean arterial pressure); LVIDd (LV internal diameter in diastole); LVIDs (LV internal diameter in systole); AWTd (anterior wall thickness in diastole); AWTs (anterior wall thickness in systole); PWTd (posterior wall thickness in diastole); PWTs (posterior wall thickness in systole); EF (ejection fraction); FS (fractional shortening). Data are mean ± SEM; n=15; \*P<0.05 vs. Eut rats.