

1 **TITLE PAGE**2 **In vivo intrabursal administration of bioactive lipid sphingosine-1-phosphate enhances**
3 **vascular integrity in a rat model of ovarian hyperstimulation syndrome (OHSS)**

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5 **Running title:** S1P restores the vascular integrity in OHSS.

6

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30 **ABSTRACT**

31 **Study question:** Can the bioactive lipid sphingosine-1 phosphate (S1P) act as an
32 endothelial barrier-enhancing molecule and, in turn, restore the vascular integrity and
33 homeostasis in a rat model of ovarian hyperstimulation syndrome (OHSS).

34 **Study answer:** *In vivo* administration of S1P may prevent the early onset of OHSS and
35 decrease its severity.

36 **What is known already:** Although advances in the prediction and treatment of OHSS
37 have been made, complete prevention has not been possible yet. S1P in follicular fluid
38 from women at risk of developing OHSS are lower in comparison from women who are
39 not at such risk and administration of S1P in an OHSS rat model decreases ovarian
40 capillary permeability.

41 **Study design, size, duration:** We used an animal model that develops OHSS in
42 immature Sprague-Dawley rats. The rats were randomly divided into three groups: the
43 control group, which was injected with 10 IU of pregnant mare's serum gonadotropin
44 (PMSG), and 10 IU of human chorionic gonadotropin (hCG) 48 h later; the OHSS
45 group, which was injected with excessive doses of PMSG (50 IU/day) for 4 consecutive
46 days, followed by hCG; and the OHSS + S1P group, which was injected with the same
47 doses of PMSG and hCG as the OHSS group and then treated with 5 µl S1P (1 mM)
48 under the bursa of both ovaries, whereas the other groups of animals received the S1P
49 vehicle.

50 **Participants/materials, setting, methods:** Rats were killed by decapitation 48 h after
51 the hCG injection for ovary, endometrium and blood collection. The ovaries were
52 weighed and then used for subsequent assays, while the serum was used for hormone

53 assays. One of the ovaries from each rat (n=6) was used for Western immunoblot and
54 the other for immunohistochemical analysis. Statistical comparisons between groups
55 were carried out.

56 **Main results and the role of chance:** S1P administration reduced the ovarian weight
57 ($p<0.05$), and decreased the concentration of serum progesterone in the OHSS group
58 compared to the OHSS group without treatment ($p<0.001$). The percentage of antral
59 follicles in the OHSS group was lower than that in the control group. S1P increased the
60 percentage of antral follicles ($p<0.05$) and decreased the percentage of corpora lutea ($p<$
61 0.01) and cystic structures in the OHSS group ($p<0.05$). S1P had no effect on the
62 expression levels of the enzymes 3β -hydroxysteroid dehydrogenase (3β HSD) or
63 cholesterol side-chain cleavage enzyme (P450scc), but reduced the levels of
64 steroidogenic acute regulatory protein (StAR) in OHSS rat ovaries. ($p<0.05$). S1P
65 decreased the endothelial ($p<0.05$) and periendothelial ($p<0.01$) cell area in OHSS rat
66 ovaries. S1P restored the levels of N-cadherin and VE-cadherin proteins to control
67 values. Furthermore, S1P enhanced the levels of claudin-5, occludin ($p<0.05$) and
68 sphingosine-1-phosphate receptor 1 (S1PR1) in OHSS ($p<0.01$). In addition, no
69 histological differences were found in endometrium between OHSS and S1P-treated
70 OHSS animals.

71 **Limitations, reasons for caution:** The results of this study were generated from an *in*
72 *vivo* OHSS experimental model, which has been used by several authors and our group
73 due to the similarity between the rat and human angiogenic systems. Further studies in
74 patients will be needed to evaluate the effects of S1P in the pathogenesis of OHSS.

75 **Wider implications of the findings:** These findings concern the pathophysiological
76 importance of S1P in OHSS. More studies on the regulation of endothelial cell barrier

77 function by S1P in reproductive pathological processes and its therapeutic application
78 are required.

79 **Large scale data:** N/A.

80 **Study funding and competing interest(s):** This work was supported by grants from
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82 Argentina. The authors declare no conflicts of interest.

83

84 **Key words:** angiogenesis, ovary, OHSS, sphingolipids, vascular integrity

85

86 **INTRODUCTION**

87 Ovarian hyperstimulation syndrome (OHSS) is one the most serious iatrogenic complications
88 of follicular growth and maturation induced by ovulation induction. It is characterized by
89 increased vascular leakage and ovarian enlargement, which cause fast third space fluid shifts
90 from the intravascular compartment (Delvigne and Rozenberg 2002, Aboulghar and Mansour
91 2003). These shifts are caused by increased vascular permeability in response to stimulation
92 with human chorionic gonadotropin (hCG) (Gomez *et al.*, 2010). The patho-physiology of
93 OHSS is not completely understood, and no specific therapy or prevention is available yet
94 (Rizk and Aboulghar 1991, Fiedler and Ezcurra 2012). It is recognized that this syndrome is
95 triggered by hCG (Gomez *et al.*, 2010) and that the predominant link between hCG and
96 OHSS is the production of angiogenic factors. Several pro-angiogenic factors, including
97 members of the Vascular Endothelial Growth Factor A (VEGFA) family, angiopoietins
98 (ANGPTs), transforming growth factors (TGFs), platelet-derived growth factors (PDGFs)
99 and sphingosine-1 phosphate (S1P), have been identified (Neufeld *et al.*, 1999, Fiedler and
100 Augustin 2006, Armulik *et al.*, 2005, Carmeliet 2000, Hanahan and Folkman 1996, Neufeld
101 *et al.*, 1999, Otrrock *et al.*, 2007, Allende and Proia 2002). One of the main functions of

102 PDGFs and S1P, unlike VEGFA and ANGPTs, is the stabilization of newly developed
103 capillaries (Hoch and Soriano 2003, Allende *et al.*, 2003, Xiong and Hla 2014).

104 Previously, we have evaluated the involvement of ANGPTs and PDGFs in this syndrome and
105 we have observed that PDGF-B and -D protein levels decrease in ovaries from an OHSS rat
106 model, while ANGPT2 and PDGFR- β levels remain constant (Scotti *et al.*, 2013).
107 Furthermore, we have shown that ANGPT1 concentration is higher in follicular fluids (FF)
108 from women at risk of developing OHSS than in FF from control patients, whilst the levels
109 of the soluble form of the receptor Tie-2 (sTie-2) remain unchanged. Additionally, inhibition
110 of ANGPT1 in FF from OHSS patients by the use of a neutralizing antibody decreases
111 endothelial cell migration in comparison with untreated FF from OHSS women (Scotti *et al.*,
112 2013). Recently, we have observed that the levels of sphingolipid S1P in FF from women at
113 risk of developing OHSS are lower in comparison with FF from women who are not at such
114 risk, while the addition of S1P to the FF restores vascular integrity in an endothelial cell
115 culture (Scotti L. *et al.*, 2016). Additionally, we have shown in the same study that *in vivo*
116 intrabursal administration of S1P in an OHSS rat model decreased ovarian capillary
117 permeability and ovarian expression of VEGF and its receptor KDR. All these findings
118 suggest that the ANGPT, PDGF and S1P systems could be partly responsible for the
119 characteristic increase in ovarian vascular permeability in OHSS.

120 S1P is derived from sphingosine phosphorylation by sphingosine kinase (Spiegel and
121 Milstien 2003) and its degradation can be either mediated by S1P lyase (SPL) or by S1P
122 phosphatases (Ogawa *et al.*, 2003, Le Stunff *et al.*, 2002). Not only is S1P secreted by
123 activated platelets, but also erythrocytes, mononuclear cells, neutrophils and mastocytes can
124 release this lipid mediator (Yatomi *et al.*, 1995, Yang *et al.*, 1999). S1P binds to specific
125 cell surface receptors (S1PRs), which comprise a G-protein-coupled receptor family
126 including subtypes S1PR1, S1PR2, S1PR3, S1PR4 and S1PR5. S1P is present in blood and plasma

127 and delivered to its receptors by high-density lipoprotein (HDL)-associated apolipoprotein M
128 (Singleton *et al.*, 2006). S1P is a pleiotropic sphingolipid capable of modulating the
129 functions of various cell types (Xiong and Hla 2014). In particular, it regulates several
130 physiological responses in vascular cells (Obinata and Hla 2012) and promotes endothelial
131 cell spreading, vascular maturation/stabilization, and barrier function (Xiong and Hla 2014).
132 The alteration of vascular barrier integrity causes serious consequences such as
133 inflammation, edema, haemorrhage and ischemia. S1P has been proposed as a barrier-
134 enhancing molecule and as a potential candidate for novel and specific therapies for
135 endothelial dysfunction (Sanchez *et al.*, 2003, Jung *et al.*, 2012, Gaengel *et al.*, 2012b). In
136 this regard, Dudek *et al.* (2004) and Liu *et al.* (2009) have shown that S1P administration in
137 animal models with acute lung injury decreases vascular hyperpermeability by the
138 enhancement of endothelial junctional integrity (Dudek *et al.*, 2004, Liu *et al.*, 2009).
139 Furthermore, Curry *et al.* (2012) have previously shown that exogenous S1P attenuates acute
140 microvascular permeability via receptor S1PR1 and stabilizes the endothelium in rats (Curry
141 *et al.*, 2012).

142 The expression of S1PRs (S1PR1, S1P2 and S1P3) has been shown in female reproductive
143 tissues and granulosa cells (Wang *et al.*, 2014, Kon *et al.*, 1999, Risau 1997). Also, several
144 authors have previously documented the role of S1P in reproduction. Roth and Hansen
145 (2004) have demonstrated that S1P may improve fertility when developmental competence
146 of the oocytes is compromised (Roth and Hansen 2004). Other researchers have proposed
147 S1P as a potential candidate for fertility preservation of female cancer patients (Li *et al.*,
148 2014, Meng *et al.*, 2014, Morita and Tilly 2000).

149 However, there are no studies on the effect of *in vivo* intrabursal S1P administration on
150 ovarian morphology or vascular development and integrity in a rat model of OHSS.
151 Therefore, the main purpose of this study was to evaluate the effects of local S1P

152 administration on ovarian weight, follicular and luteal development, formation of cystic
153 structures, steroidogenesis, endothelial and periendothelial area (pericytes and smooth
154 muscle cells), and on adherens and tight junction protein expression in ovaries from an
155 OHSS rat model stimulated by equine chorionic gonadotropin (eCG), and hCG. In this
156 model, we assessed the effect of S1P administration on S1PR1 protein expression in ovaries.
157 Additionally, in this model we evaluated the effect of S1P on uterine morphology.

158

159 **MATERIALS AND METHODS**

160 **Ethical approval**

161 All procedures were approved by the ethics committee of the IByME (CE-018-2/2012) and
162 conducted according to the guide for the care and use of laboratory animals of the National
163 Institute of Health (USA).

164 **Animal model and experimental design**

165 Rats were housed and cared at the Instituto de Biología y Medicina Experimental (IByME),
166 Buenos Aires, Argentina. Immature female Sprague-Dawley rats (21–23 days old) from our
167 colony (n=6/group for each treatment) were allowed food and water *ad libitum* and kept at
168 room temperature (21–23°C) on a 12L:12D cycle. We used an animal model that develops
169 OHSS in immature Sprague-Dawley rats (21–23 days, 60–80 g), as described by Kitajima et
170 al. (2004, 2006). The control group (n=6) was injected with 10 IU eCG and with 10 IU hCG
171 48 h later. The OHSS group (n=6) was injected with 50 IU eCG for four consecutive days,
172 followed by 25 IU of hCG. The OHSS + S1P group (n=6) received the same doses of eCG
173 and hCG as the OHSS group and was also treated with S1P. To administrate S1P on the day
174 of hCG injection, the animals were anesthetized with ketamine HCl (70 mg/Kg; Holliday-
175 Scott S.A., Buenos Aires, Argentina) and xylazine (5 mg/Kg; König Laboratories, Buenos
176 Aires, Argentina) and the ovaries were exteriorized through an incision made in the dorsal

177 lumbar region. The OHSS+S1P group received 5 μ l S1P (1 mM) (Sigma Aldrich (St. Louis,
178 MO, USA) under the bursa of both ovaries (Hernandez *et al.*, 2009), whereas the other
179 groups received the S1P vehicle (0.8% Tween-80; 2.5% ETOH; 5% polyethylene glycol
180 (PEG).

181 Rats were killed by decapitation 48 h after the hCG injection for ovary and blood collection.
182 The ovaries were removed and cleaned of adhering tissue in culture medium, weighed, and
183 used for subsequent assays. The serum was used for hormone assays. One ovary from each
184 rat (n=6) was used for Western blotting and the other for immunohistochemical analysis.

185

186 **Steroid hormone assay**

187 Serum steroid concentrations were measured by radioimmunoassay (RIA) (n=6 rats/group)
188 (Irusta *et al.*, 2003, Irusta *et al.*, 2007). Progesterone (P₄) was measured by using specific
189 antibodies supplied by Dr. G.D. Niswender (Animal Reproduction and Biotechnology
190 Laboratory, Colorado State University, Fort Collins, CO, USA). Under these conditions, the
191 intra- and inter-assay variations for P₄ were 8.0% and 14.2% respectively. The values are
192 expressed per ml of serum.

193

194 **Ovarian and endometrium morphology**

195 Ovaries and uterine horns were extracted from the different experimental groups and
196 immediately fixed in Bouin solution for 12 h. Histological sections were made for
197 haematoxylin-eosin (H&E) staining. Ovarian sections (5 μ m) were mounted at 50- μ m
198 intervals onto microscope slides to prevent counting the same structure twice, according to
199 the method described by Woodruff *et al.* (Woodruff *et al.*, 1988). Preantral follicles, antral
200 follicles, atretic follicles, corpora lutea (CL) and cystic structures were counted in six ovarian
201 sections from each ovary (n=6 ovaries/group) and expressed as structure percentage per

202 ovary. The total number of ovarian structures was defined as 100%. Cysts were defined as
203 structures with presence of oocytes surrounded by luteal cells, remaining granulosa cells and
204 red blood cells (Scotti *et al.*, 2014c). A set of uterine sections was stained with H&E and
205 examined microscopically by an experienced gynecologic pathologist, who was blinded to
206 the group assignment.

207

208 **Histochemistry and immunohistochemistry in luteal tissues**

209 Tissue sections were deparaffinized in xylene and rehydrated by graduated ethanol washes.
210 Endogenous peroxidase activity was blocked with hydrogen peroxide in PBS and nonspecific
211 binding was blocked with 2% bovine serum albumin (BSA) overnight at 4°C. Sections were
212 incubated with biotinylated lectin BS-1 (from *Bandeiraea simplicifolia*, 20 µg/ml, Vector
213 Laboratories, Burlingame, CA, USA) or α -SMA (smooth muscle actin) 1/250 (ab18147
214 Abcam, Cambridge, USA) overnight at 4°C. Lectin BS-1 has demonstrated to be a
215 constitutive endothelial cell marker staining endothelial cells at the different developmental
216 stages of CL with similar intensity (Augustin *et al.*, 1995, Redmer *et al.*, 2001, Cherry *et al.*,
217 2008). After washing, slides were incubated with biotinylated anti-mouse IgG (except in the
218 case of lectin BS-1) and afterwards with avidin-biotinylated horseradish peroxidase Complex
219 (Vectastain ABC system from Vector Laboratories) for 30 min. Protein expression was
220 visualized with diaminobenzidine (DAB) staining. After stopping the reaction with distilled
221 water, slides were stained with haematoxylin, dehydrated and mounted (Canada Balsam
222 Synthetic, Biopack, Argentina). Negative controls were obtained in absence of primary
223 antibody.

224 The images were digitized with a camera (Nikon, Melville, NY, USA) mounted on a
225 conventional light microscope (Nikon), using a magnification of 40X. Three sections per
226 ovary were analysed (six ovaries/group) and at least four corpora lutea were photographed

227 per section. Images were converted to TIFF format for analysis and processed using Image
228 Pro-Plus 3.0 ® (Media Cybernetics, Silver Spring, MA, USA). Endothelial and peri-
229 endothelial cell areas were determined by thresholding each lectin BS-1- or α -SMA-positive
230 stained areas, which were then normalised to the total area of the analysed corpus luteum.

231

232 **Western blot**

233 Ovaries were removed, placed on ice and resuspended in five volumes of lysis buffer (20
234 mM Tris-HCl pH 8, 137 mM NaCl, 1% Nonidet P-40 and 10% glycerol) supplemented with
235 protease inhibitors (0.5 mM PMSF, 0.025 mM N-CBZ-L-phenylalanine chloromethyl ketone,
236 0.025 mM N-p-tosyl-lysine chloromethyl ketone and 0.025 mM L-1-tosylamide-2-phenyl-
237 ethylchloromethyl ketone) and homogenized with an Ultra-Turrax homogenizer (IKA Werk,
238 Breisgau, Germany). Samples were centrifuged at 4°C for 10 min at 10,000 x g and the
239 resulting pellets were discarded. Protein concentration in the supernatant was measured by
240 the Bradford assay. After boiling for 5 min, 40 μ g of protein was applied to a 12% SDS-
241 polyacrylamide gel and electrophoresis was performed at 25 mA for 1.5 h. The resolved
242 proteins were transferred onto nitrocellulose membranes for 2 h. The blot was then incubated
243 in blocking buffer (5% nonfat milk, 0.05% tween-20 in 20 mM TBS pH 8.0) for 1 h at room
244 temperature and incubated overnight at 4°C with appropriate primary antibodies: StAR
245 1/1000 was donated by Dr. D. M. Stocco (Texas Tech University Health Sciences Center);
246 P450scc 1/2000 was donated by Dr. Anita Payne (Stanford University Medical Center,
247 Stanford, CA, USA); S1PR1 (ab125074) was from Abcam (Cambridge, USA), β HSD
248 1/1000 (sc-30820), VE-cadherin 1/100 (sc-9989), N-cadherin 1/250 (sc-7939) and Nectin-2
249 1/200 (sc-373715) were from Santa Cruz Biotechnology, Inc. (Santa Cruz, CA, USA); and
250 Claudin-5 1/1000 (35-2500), occludin: 1/1000 (71–1500) were from Invitrogen Corp.
251 (Carlsbad, CA, USA), β -actin 1/10000 (4967) and GAPDH 1/10000 (14C10) were from Cell

252 Signaling Technology, INC (Beverly, MA, USA). The blot was then incubated with anti-
253 mouse or anti-rabbit secondary antibodies conjugated with horseradish peroxidase (1:1000)
254 and signal was detected by chemiluminescence. The protein levels were analysed by
255 densitometry using Scion Image for Windows (Scion Corporation, Worman's Mill, CT,
256 USA). Optical density data are expressed as arbitrary units \pm SEM. The density in each band
257 was normalised to the density of the β -actin or GAPDH band, which were used as an internal
258 control.

259

260 **Data analysis**

261 The results are expressed as the mean \pm SEM and the significant differences between groups
262 were determined using analysis of variance (ANOVA), followed by Tukey's test. *P* values
263 <0.05 were considered statistically significant. All samples were tested for normality before
264 ANOVA. Data were statistically analysed using Prism v5.0.

265

266 **RESULTS**

267 **Effect of S1P on ovarian weight and progesterone (P₄) concentration in the rat** 268 **model of OHSS.**

269 The effects of S1P on ovarian weight and P₄ serum concentration are summarized in
270 Table I. The ovarian weight in the OHSS group was higher compared to the control
271 group ($p<0.001$). S1P administration reduced the ovarian weight observed in the OHSS
272 group without treatment ($p<0.05$). Serum P₄ concentration in the OHSS group was
273 higher than that in the control group ($p<0.001$). S1P treatment decreased the
274 concentration of serum P₄ compared with the untreated OHSS group ($p<0.001$).

275

276 **Effect of S1P on ovarian morphology and steroidogenic enzyme expression in the**
277 **rat model of OHSS.**

278 The percentage of antral follicles in the OHSS group was lower than that in the control
279 group. In the OHSS+S1P group, the percentage of antral follicles increased compared to
280 the OHSS group without treatment ($p<0.05$) (Fig. 1B). However, no significant
281 differences were observed in the percentage of preantral or atretic follicles among the
282 three experimental groups (Fig. 1A and C). The percentage of CL in the OHSS group
283 increased significantly compared with that in the control group ($p<0.05$) (Fig. 1D).
284 Local administration of S1P reduced the percentage of CL ($p<0.01$) and cystic
285 structures in comparison with the untreated OHSS group ($p<0.05$) (Fig. 1D and E).
286 To evaluate the effect of S1P on steroidogenesis in the OHSS rat model, we studied the
287 expression of 3β HSD, P450_{scc} and StAR. The levels of these enzymes in the OHSS
288 group were higher than those in the control group (3β HSD: $p<0.05$; P450_{scc}: $p<0.01$;
289 StAR: $p<0.05$) (Fig. 2). S1P administration had no effect on the expression levels of
290 3β HSD or P450_{scc} in OHSS rat ovaries (Fig. 2A and B), but decreased StAR levels
291 compared to the untreated OHSS group ($p<0.05$) (Fig. 2C).

292

293 **Effect of S1P on luteal vascular development in the rat model of OHSS.**

294 To evaluate whether S1P treatment causes changes on endothelial cells present in
295 corpora lutea, we stained ovarian sections for lectin BS-1. The endothelial cell area in
296 the OHSS group was higher than that in the control group ($p<0.001$), while S1P
297 administration decreased the endothelial cell area compared to OHSS group ($p<0.001$)
298 (Fig. 3A).

299 Also, we evaluated luteal vascular stability in ovarian sections immunostained with α -
300 SMA antibody. The periendothelial cell area in the OHSS group was lower than that in

301 the control group ($p < 0.001$), while S1P increased the periendothelial cell area compared
302 to the OHSS group without treatment ($p < 0.05$) (Fig. 3B).

303

304 **Effect of S1P on the expression of endothelial cell-to-cell junction proteins in the**
305 **rat model of OHSS.**

306 The levels of N-cadherin and VE-cadherin were lower in the OHSS group than in the
307 control group ($p < 0.05$). Local administration of S1P restored the levels of these proteins
308 to control values (Fig. 4 A and B).

309 The levels of the tight junction proteins claudin-5, occludin and Nectin-2 were lower in
310 the OHSS group in comparison with the control group (claudin-5: $p < 0.01$; occludin:
311 $p < 0.001$; Nectin-2: $p < 0.05$). S1P treatment increased the levels of claudin-5 and
312 occludin compared to those in the OHSS group ($p < 0.05$), whereas the levels of Nectin-2
313 remained unchanged (Fig. 4 C, D and E).

314

315 **Effect of S1P on the expression of S1PR1 in the rat model of OHSS.**

316 The ovarian levels of S1PR1 in the OHSS group were similar to those in the control
317 group. In the OHSS+S1P group, the levels of S1PR1 increased compared to those of the
318 OHSS group ($p < 0.01$) (Fig. 5).

319

320 **Effect of S1P on uterine morphology in the rat model of OHSS**

321 The endometrium from the control group showed a few residual glands surrounded by an
322 atrophic, somewhat fibrotic stroma. The epithelium was low cuboidal or columnar with
323 almost no mitotic figures (Fig. 6).

324 The endometrium of the OHSS and S1P-treated OHSS groups showed a columnar surface
325 epithelium with slight pseudostratification and small, round and regular glands. In addition,

326 endometrial stroma showed no edema but occasional mitotic figures, and small and regularly
327 distributed blood vessels. No histological differences were found in endometrium between
328 OHSS and S1P-treated OHSS animals.

329

330 **DISCUSSION**

331 The main clinical characteristics of OHSS are ovarian enlargement, with luteal and
332 haemorrhagic cysts, and increased vascular permeability (Golan *et al.*, 1989, Gomez *et al.*,
333 2010). Previously, we and other authors have demonstrated that VEGF, ANGPTs, PDGFs
334 could be mediators in the development of OHSS (Artini *et al.*, 1998, Pellicer *et al.*, 1999,
335 Scotti *et al.*, 2014d, Scotti *et al.*, 2014b, Scotti *et al.*, 2013). Recently, we have shown that
336 S1P levels are lower in FF from patients at risk of OHSS and that treatment with S1P may
337 decrease vascular permeability in these patients (Scotti L. *et al.*, 2016).

338 In the current study, we present evidence for the first time that S1P intrabursal administration
339 *in vivo* affects ovarian weight, follicular and luteal development, formation of cystic
340 structures and steroidogenesis in ovaries from a rat OHSS model. Additionally, we observed
341 that local administration of this sphingolipid causes a decrease in the endothelial area, an
342 increase in both the peri-endothelial area and N-cadherin, VE-cadherin, claudin-5 and S1PR1
343 receptor protein levels in the ovaries of the above-mentioned model.

344 In humans, OHSS generates the formation of multiple CL and the increase of VEGF levels
345 (Navot *et al.*, 1992). Our study is the first to demonstrate that administration of S1P *in vivo*
346 in ovaries from OHSS rats affects luteal development, delays folliculogenesis and leads to a
347 lower percentage of CL. These results suggest that, as S1P decreases the presence of CL,
348 which secrete several angiogenic factors that in turn favour an altered angiogenesis, this lipid
349 metabolite is also likely to ameliorate the vascular permeability observed in OHSS. The
350 decrease in CL and cystic structures in the S1P-treated ovaries is consistent with the decrease

351 in serum P₄ and ovarian weight observed. It is known that the transport of cholesterol from
352 the cytoplasm to the inner mitochondrial membrane, mediated by the StAR protein, is the
353 limiting step in progesterone (P₄) synthesis. Therefore, the diminished expression of StAR, as
354 demonstrated by Western blot, could be partly responsible for the decrease in serum P₄ in the
355 S1P-treated OHSS rats. These results are consistent with those obtained by other authors
356 such as Budnik *et al.* (2005), who have shown that S1P suppresses P₄ synthesis in luteal cells
357 and Leydig tumour cells stimulated with luteotropic hormone or a cAMP analog (Budnik and
358 Brunswig-Spickenheier 2005). It is worth noting that S1P did not affect ovarian expression of
359 P450scc or 3 β HSD, which are critical for biosynthesis of steroid hormones.

360 CL are highly vascularized structures, whose vascular development exceeds that of most
361 tumours (Reynolds *et al.*, 2000). In this study, the *in vivo* administration of S1P may have
362 altered the formation and function of CL by preventing angiogenesis in OHSS. The decrease
363 in luteal endothelial cell area after S1P administration suggests that the sphingolipid caused a
364 decrease in the number of endothelial cells, and thus a decrease in the luteal microvasculature
365 that likely contributed to the decrease in serum P₄ concentrations. Pericyte coverage induces
366 vessel maturation by resolving angiogenic signals and reducing endothelial proliferation.
367 Thus, the recruitment of peri-endothelial cells and the deposition of basal membranes
368 represent crucial steps to achieve vascular maturation (Potente *et al.*, 2011). In our study,
369 S1P was able to increase the recruitment of pericytes and smooth muscle cells, enhancing
370 pericyte-endothelium interaction and, in turn, improving luteal vessel stability in OHSS. It is
371 worth noting that the breakdown of the S1P signalling system results in pathological
372 hyperpermeability such as acute lung injury, anaphylaxis and inflammation (Peng *et al.*,
373 2004, Olivera *et al.*, 2003).

374 Controlled dynamic changes in the localization and expression of adhesion molecules are
375 essential in the ovary (Groten *et al.*, 2006, Rodewald *et al.*, 2007). This includes regulation

376 of adherens and tight junctions (AJ and TJ), which are key components of intercellular
377 junctions (Dejana 2004, Schneeberger and Lynch 2004). An increase in endothelial
378 permeability is generally accompanied by reorganization of junctional proteins, inducing a
379 transient opening of the endothelial junctions and an increment in vascular permeability
380 (Bazzoni and Dejana 2004, Dejana 2004, Walz *et al.*, 2005). TJ proteins, which are
381 composed of at least three different families of transmembrane proteins (claudins, occludins
382 and junction adhesion molecules), represent a barrier to molecule diffusion from the vessel
383 lumen to the tissue parenchyma (Groten *et al.*, 2006), whereas AJ proteins involve
384 transmembrane proteins belonging to the cadherin family. Thus, we propose that TJ and AJ
385 proteins are downstream targets of S1P in vascular cells of ovaries from animals with OHSS.
386 Since VE-cadherin is the main structural protein of AJ in endothelial cells (Mehta *et al.*,
387 2005), we decided to study the levels of this protein in the OHSS rat model. We and other
388 authors showed the importance of this cadherin in the development of OHSS (Villasante *et*
389 *al.*, 2007, Scotti *et al.*, 2014a). We have previously observed that VE-cadherin levels
390 decrease significantly in endothelial cells incubated with FF from OHSS patients compared
391 to control patients. In the present study, we observed that S1P is able to restore the levels of
392 VE-cadherin, contributing to the sealing of the intercellular space and reducing vascular
393 permeability in the ovary. These results are consistent with recently obtained studies in our
394 laboratory, as we found that S1P addition increased VE-cadherin expression and reduced
395 VEGF expression in endothelial cells compared to FF from patients at risk of OHSS without
396 the sphingolipid (Scotti L. *et al.*, 2016). Regarding this point, Gaengel *et al.* (2012) have
397 studied the communication between the VEGF and S1P systems and demonstrated that when
398 co-stimulating human umbilical vein endothelial cells (HUVEC) with VEGF and S1P, VE-
399 cadherin remained stable in endothelial junctions and was insensitive to the internalization
400 induced by VEGF (Gaengel *et al.*, 2012). Additionally, Lee *et al.* (1999) have demonstrated

401 that S1P increases the VE-cadherin and β -catenin levels and, in turn, enhances AJ assembly
402 in confluent HUVEC (Lee *et al.*, 1999). Furthermore, Krump-Konvalinkova *et al.* (2005)
403 have shown that S1PR1 silencing decreases the expression of platelet-endothelial cell
404 adhesion molecule-1 (PECAM) and VE-cadherin human endothelial cell lines (Krump-
405 Konvalinkova *et al.*, 2005).

406 Besides VE-cadherin, N-cadherin also regulates vascular stability since it mediates pericyte
407 adhesion to endothelial cells, enhancing vessel maturation and stabilization (Volk and Geiger
408 1984, Tillet *et al.*, 2005). In the present study, S1P restored the levels of N-cadherin
409 suggesting that, in OHSS, S1P improves the endothelial-pericyte interaction mediated by this
410 cadherin, contributing to vessel maturation and endothelial barrier integrity. This supports
411 previous data from our laboratory, where we have shown that S1P addition increased N-
412 cadherin levels in endothelial cells compared to FF from patients at risk of OHSS without the
413 sphingolipid (Scotti L. *et al.*, 2016). Furthermore, Paik *et al.* (2004) have shown that the
414 inhibition of N-cadherin affects vascular stabilization *in vitro* and *in vivo*, suggesting a
415 specific involvement of S1P in N-cadherin-induced pericyte attachment (Paik *et al.*, 2004).

416 The nectin system has been described as a novel modulator of AJ and TJ, and provides the
417 first scaffold for the formation of these junctions (Niessen 2007). Based on this information,
418 we analysed the expression in the rat OHSS model of claudin-5 and occludin (TJ proteins),
419 and also of nectin-2, the only member of the nectin system that is expressed in the
420 endothelium of CL (Herr *et al.*, 2015). S1P was able to restore the decreased levels of
421 claudin-5, occludin and nectin 2, contributing to the formation of TJ and ovarian vascular
422 stability. Taking together these results suggests that S1P upregulates VE-cadherin, N-
423 cadherin, claudin-5 and occludin and consequently reduces vascular permeability in OHSS.
424 Accordingly, S1P improves the assembly of AJ and assists in the formation of TJ.

425 Moreover, S1P is able to enhance endothelial maturation through its receptor, S1PR1, by
426 promoting Rac1 activation and AJ assembly (Garcia *et al.*, 2001). Thus, we evaluated
427 S1PR1 expression in the OHSS model. S1P was able to upregulate the expression of its own
428 receptor, enhancing vascular integrity and, in turn, avoiding the aberrant angiogenic
429 responses observed in OHSS. The precise mechanism by which the sphingolipid increases
430 expression of its own receptor is currently unknown. These findings are in line with the
431 observations by Gaengel *et al.* (2003), who demonstrated that S1PR1 signalling inhibits
432 endothelial hyper-sprouting through stabilization of VE-cadherin and through inhibition of
433 VEGFR2 phosphorylation (Gaengel *et al.*, 2012a).

434 We decided to evaluate possible side-effects of S1P treatment in other vascularized organs,
435 such as the uterus. We did not observe any change in endometrial morphology after S1P
436 treatment in the OHSS model.

437 In summary, our study shows that local S1P administration decreases the percentage of CL
438 and cystic structures, serum P₄ concentrations, endothelial cell area, and StAR protein
439 expression in ovaries from OHSS rats, and increases the percentage of antral follicles, peri-
440 endothelial area, and S1PR1, AJ and TJ protein levels in OHSS rats.

441 Therefore, local administration of S1P decreased the vascular permeability and angiogenesis
442 in the OHSS group. These effects would be directly mediated by the decrease in the
443 percentage of the CL and in blood vessel development, and by the increase in vascular
444 stability in the CL. Our findings would indicate for the first time that S1P acts in the rat
445 OHSS model as an endothelial barrier-enhancing factor, restoring the vascular integrity and
446 homeostasis in OHSS. S1P administration may therefore prevent the early onset of OHSS and
447 decrease its severity. More studies on the regulation of endothelial cell barrier function by the
448 bioactive lipid S1P in reproductive pathological processes and its therapeutic application are
449 required.

450

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454

455 Authors' Roles

456 MD and NP performed the experiments and contributed to data analysis and
457 interpretation.

458 LS discussed the results and helped draft the manuscript.

459 DB, GI and MT contributed to data interpretation and discussed the results.

460 DA analysed and discussed the results, and helped draft the manuscript.

461 MM performed the assessment of uterine morphology.

462 FP conceived the concept, designed the experiments, supervised the study and wrote the
463 manuscript.

464 All the authors read and approved the final manuscript.

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469

470 Conflict of interest

471 The authors declare no potential conflicts of interest with respect to the research,
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686

687 **FIGURE LEGENDS**

688 **Figure 1: Effect of S1P treatment on preantral follicles, antral follicles, atretic**
689 **follicles, corpora lutea and cysts from the rat OHSS model.** The graphs show the
690 percentage of each structure in H&E-stained ovarian sections. Different letters indicate
691 significant differences. **(A)** % preantral follicles ($p>0.05$). **(B)** % antral follicles
692 (Control vs OHSS $p<0.05$; OHSS vs OHSS+S1P $p<0.05$). **(C)** % atretic follicles

693 (p>0.05). **(D)** % corpora lutea (Control vs OHSS p<0.05; OHSS vs OHSS+S1P
694 p<0.01). **(E)** % cysts (Control vs OHSS p<0.001; Control vs OHSS+S1P p<0.01; OHSS
695 vs OHSS+S1P p<0.05). Data are expressed as the mean \pm SEM. Results were obtained
696 from three experiments, using 6 rats per group.

697

698 **Figure 2: Effect of S1P treatment on steroidogenic enzymes levels in ovaries from**
699 **the rat OHSS model.** The levels of proteins in ovarian protein extracts were measured
700 by Western Blotting. The density in each band was normalized to the density of the β -
701 actin or GAPDH band. The lower panels show a representative blot for each protein
702 analyzed. Different letters indicate significant differences. **A)** 3 β HSD (Control vs OHSS
703 p<0.05; Control vs OHSS+S1P p<0.05), **B)** P450scc (Control vs OHSS p<0.01; Control
704 vs OHSS+S1P p<0.01) and **C)** StAR (Control vs OHSS p<0.05; OHSS vs OHSS+S1P
705 p<0.05). Data are expressed as the mean \pm SEM. Results were obtained from three
706 experiments, using 6 rats per group.

707

708 **Figure 3: Effect of S1P treatment on ovarian vessels-Corpora lutea from the rat**
709 **OHSS model.** **(A)** Lectin BS-1 staining in Control, OHSS, and S1P-treated OHSS rats.
710 Graph: Quantification of endothelial cell area in Corpora lutea sections stained in the
711 three groups analyzed. Different letters indicate significant differences (Control vs
712 OHSS p<0.001; OHSS vs OHSS+S1P p<0,001). The photographs show representative
713 histological sections of control, OHSS and OHSS+S1P Corpora lutea stained with lectin
714 BS-1. Scale bars, 100 μ m. Three sections per ovary were analysed (six ovaries/group)
715 and at least four corpora lutea were photographed per section. **B)** Immunostaining of
716 periendothelial cells with anti-smooth muscle cell α -actin antibody in control, OHSS,
717 and S1P-treated OHSS rats. Graph: Quantification of periendothelial cell area in
718 Corpora lutea in the three groups analyzed. (Control vs OHSS p<0.001; OHSS vs

719 OHSS+S1P $p<0.05$; OHSS+S1P vs Control $p<0.01$). The photographs show
720 representative histological sections of control, OHSS, and S1P-treated OHSS rat ovaries
721 stained with anti-smooth muscle cell α -actin antibody. Scale bars, 100 μ m. Three
722 sections per ovary were analysed (six ovaries/group) and at least four corpora lutea were
723 photographed per section

724

725 **Figure 4: Effect of S1P treatment on the expression of adherens and tight junction**
726 **proteins in ovaries from the rat OHSS model.** The graphs show the densitometric
727 analysis for adherens (N-cadherin and VE-cadherin) and tight (claudin-5, occludin,
728 Nectin-2) junction proteins in ovarian protein extracts. **A)** N-cadherin (Control vs
729 OHSS $p<0.05$; OHSS vs OHSS+S1P $p<0.05$), **B)** VE-cadherin (Control vs OHSS
730 $p<0.05$; OHSS vs OHSS+S1P $p<0.01$), **C)** claudin-5 (Control vs OHSS $p<0.01$; OHSS
731 vs OHSS+S1P $p<0.05$) **D)** occludin (Control vs OHSS $p<0.001$; Control vs OHSS+S1P
732 $p<0.05$; OHSS vs OHSS+S1P $p<0.05$) and **E)** Nectin-2 (Control vs OHSS $p<0.05$;
733 Control vs OHSS+S1P $p<0.05$). The density of each band was normalized to the density
734 of the β -actin or GAPDH band. The lower panels show a representative blot for each
735 protein analyzed. Different letters indicate significant differences. Data are expressed as
736 the mean \pm SEM. Results were obtained from three experiments, using 6 rats per group.

737

738 **Figure 5: Effect of S1P treatment on the expression of S1P receptor 1 (S1PR1) in**
739 **ovaries from the rat OHSS model.** Densitometric quantification of S1PR1 levels in
740 ovarian protein extracts. The density of each band was normalized to the density of the
741 GAPDH band. The lower panels show a representative blot for the protein analyzed.
742 Different letters indicate significant differences (Control vs OHSS+S1P $p<0.01$; OHSS

743 vs OHSS+S1P $p < 0.01$). Data are expressed as the mean \pm SEM. Results were obtained
 744 from three experiments, using 6 rats per group.

745

746 **Figure 6: Effect of S1P treatment on uterine morphology from the rat OHSS**
 747 **model.** H&E stained sections show representative histological fields of Control, OHSS
 748 and OHSS+S1P uterus. The dotted lines indicate the thickness of the endometrium. The
 749 endometrium from the control group showed a few residual glands with a covering
 750 epithelium that is low cuboidal to columnar. On the other hand, the endometrium of the
 751 OHSS and S1P-treated OHSS group, showed a tall columnar surface epithelium with
 752 pseudostratification and signs of an increased turnover, scattered glands are seen within
 753 the thickness of the endometrium. Scale bars, 50 μ m. Insets in all panels show images at
 754 higher magnification of the endometrial epithelium. Scales bars, 5 μ m.

755

756 **Table I: Effect of S1P treatment on ovarian weight and serum progesterone**
 757 **concentration in a rat OHSS model.**

	Control	OHSS
	(n=6)	(n=6)
758		
759 OHSS+S1P		
760		
761 (n=6)		
762		
763 Ovarian weight (g)	0.057 \pm 0.003 ^a	0.122 \pm 0.004 ^b
764 0.093 \pm 0.007 ^c		
765 Serum progesterone (ng/ml)	64.01 \pm 18.93 ^a	173.70 \pm 15.31 ^b
766 63.45 \pm 18.15 ^a		

767 Note: Data are expressed as mean \pm SEM; n = 6 rats/group. Letters indicate a significant
 768 statistical difference between groups by one-way ANOVA, followed by Tukey's
 769 multiple comparison test. Ovarian weight: a vs b $P < 0.001$; a vs c $P < 0.01$; b vs c $P < 0.05$.

770 Serum progesterone: a vs b $P < 0.001$

771

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In vivo intrabursal administration of bioactive lipid sphingosine-1-phosphate enhances vascular integrity in a rat model of ovarian hyperstimulation syndrome (OHSS)

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Key Words:	angiogenesis, ovary, OHSS, sphingolipids

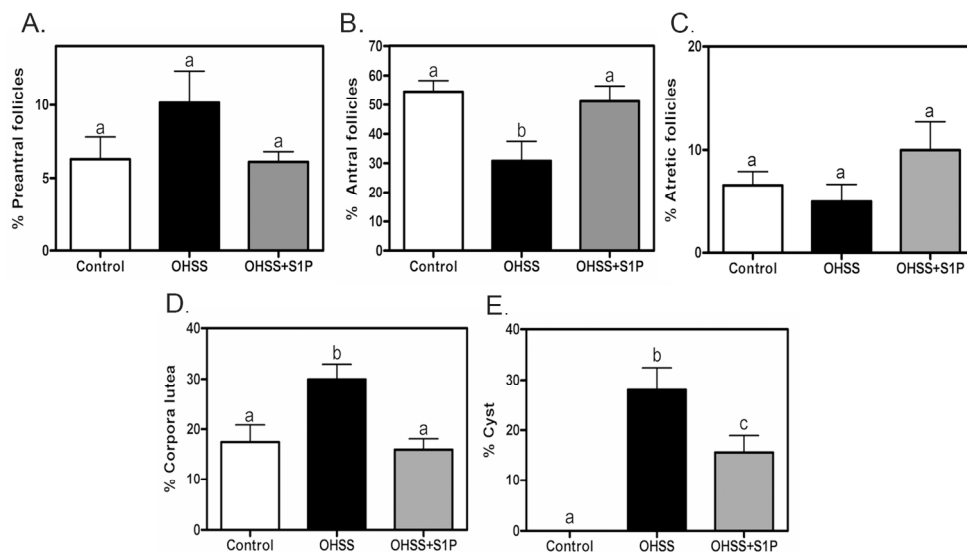


Figure 1: Effect of S1P treatment on preantral follicles, antral follicles, atretic follicles, corpora lutea and cysts from the rat OHSS model. The graphs show the percentage of each structure in H&E-stained ovarian sections. Different letters indicate significant differences. (A) % preantral follicles ($p > 0.05$). (B) % antral follicles (Control vs OHSS $p < 0.05$; OHSS vs OHSS+S1P $p < 0.05$). (C) % atretic follicles ($p > 0.05$). (D) % corpora lutea (Control vs OHSS $p < 0.05$; OHSS vs OHSS+S1P $p < 0.01$). (E) % cysts (Control vs OHSS $p < 0.001$; Control vs OHSS+S1P $p < 0.01$; OHSS vs OHSS+S1P $p < 0.05$). Data are expressed as the mean \pm SEM. Results were obtained from three experiments, using 6 rats per group.

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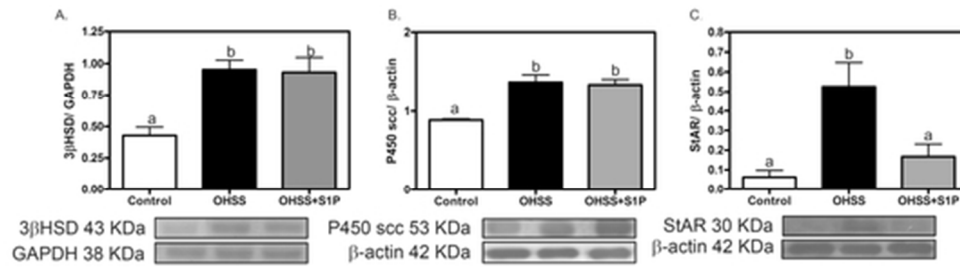


Figure 2: Effect of S1P treatment on steroidogenic enzymes levels in ovaries from the rat OHSS model. The levels of proteins in ovarian protein extracts were measured by Western Blotting. The density in each band was normalized to the density of the β -actin or GAPDH band. The lower panels show a representative blot for each protein analyzed. Different letters indicate significant differences. A) 3 β HSD (Control vs OHSS $p < 0.05$; Control vs OHSS+S1P $p < 0.05$), B) P450 scc (Control vs OHSS $p < 0.01$; Control vs OHSS+S1P $p < 0.01$) and C) StAR (Control vs OHSS $p < 0.05$; OHSS vs OHSS+S1P $p < 0.05$). Data are expressed as the mean \pm SEM. Results were obtained from three experiments, using 6 rats per group.

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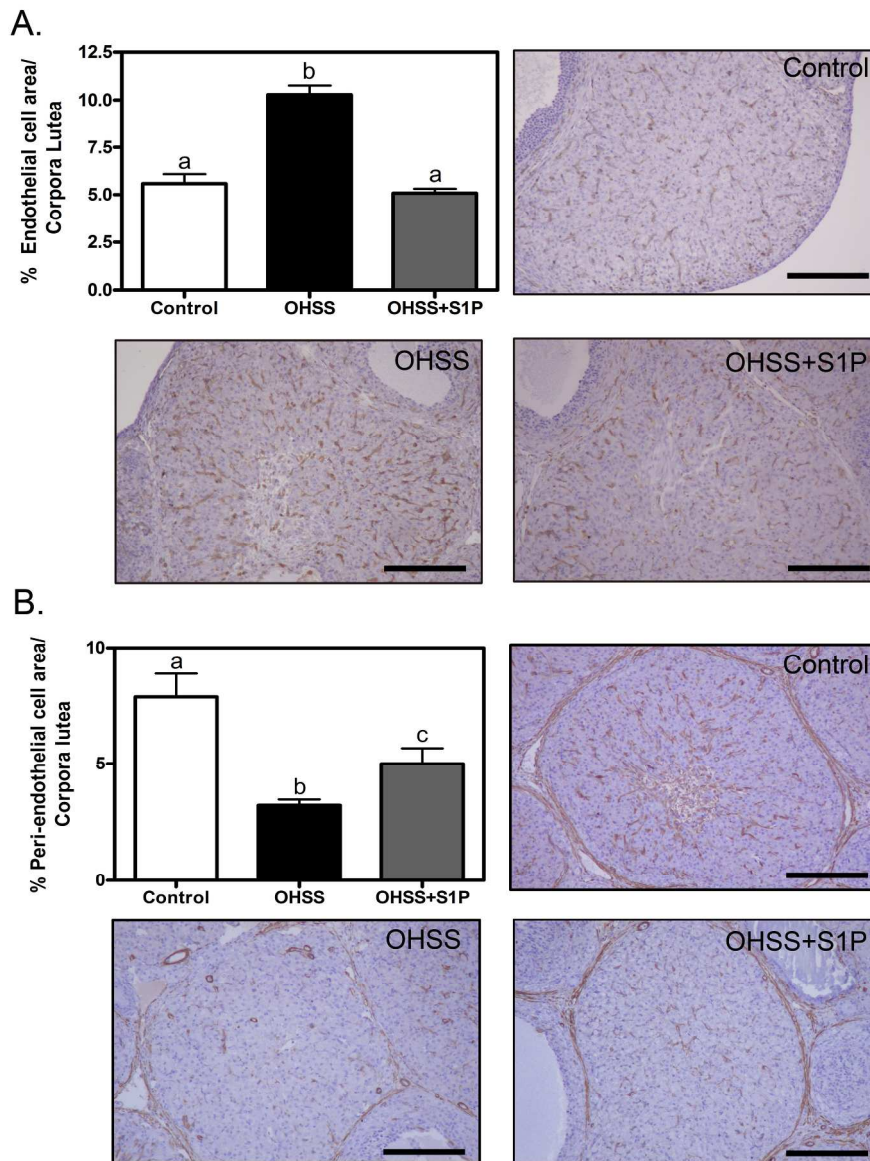


Figure 3: Effect of S1P treatment on ovarian vessels-Corpora lutea from the rat OHSS model. (A) Lectin BS-1 staining in Control, OHSS, and S1P-treated OHSS rats. Graph: Quantification of endothelial cell area in Corpora lutea sections stained in the three groups analyzed. Different letters indicate significant differences (Control vs OHSS $p < 0.001$; OHSS vs OHSS+S1P $p < 0.001$). The photographs show representative histological sections of control, OHSS and OHSS+S1P Corpora lutea stained with lectin BS-1. Scale bars, 100 μm . Three sections per ovary were analysed (six ovaries/group) and at least four corpora lutea were photographed per section. (B) Immunostaining of peri-endothelial cells with anti-smooth muscle cell α -actin antibody in control, OHSS, and S1P-treated OHSS rats. Graph: Quantification of peri-endothelial cell area in Corpora lutea in the three groups analyzed. (Control vs OHSS $p < 0.001$; OHSS vs OHSS+S1P $p < 0.05$; OHSS+S1P vs Control $p < 0.01$). The photographs show representative histological sections of control, OHSS, and S1P-treated OHSS rat ovaries stained with anti-smooth muscle cell α -actin antibody. Scale bars, 100 μm . Three sections per ovary were analysed (six ovaries/group) and at least four corpora lutea were photographed per section.

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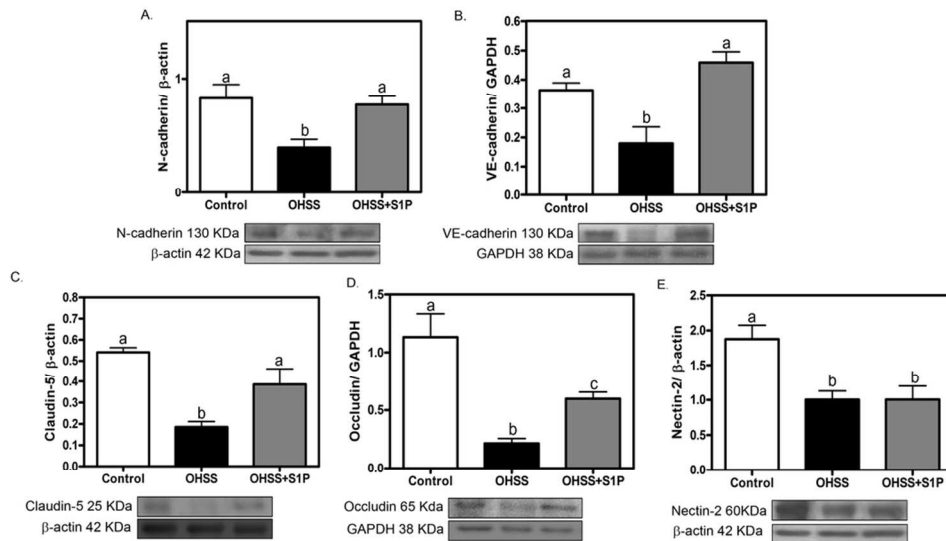


Figure 4: Effect of S1P treatment on the expression of adherens and tight junction proteins in ovaries from the rat OHSS model. The graphs show the densitometric analysis for adherens (N-cadherin and VE-cadherin) and tight (claudin-5, occludin, Nectin-2) junction proteins in ovarian protein extracts. A) N-cadherin (Control vs OHSS $p < 0.05$; OHSS vs OHSS+S1P $p < 0.05$), B) VE-cadherin (Control vs OHSS $p < 0.05$; OHSS vs OHSS+S1P $p < 0.01$), C) claudin-5 (Control vs OHSS $p < 0.01$; OHSS vs OHSS+S1P $p < 0.05$) D) occludin (Control vs OHSS $p < 0.001$; Control vs OHSS+S1P $p < 0.05$; OHSS vs OHSS+S1P $p < 0.05$) and E) Nectin-2 (Control vs OHSS $p < 0.05$; Control vs OHSS+S1P $p < 0.05$). The density of each band was normalized to the density of the β -actin band. The lower panels show a representative blot for each protein analyzed. Different letters indicate significant differences. Data are expressed as the mean \pm SEM. Results were obtained from three experiments, using 6 rats per group.

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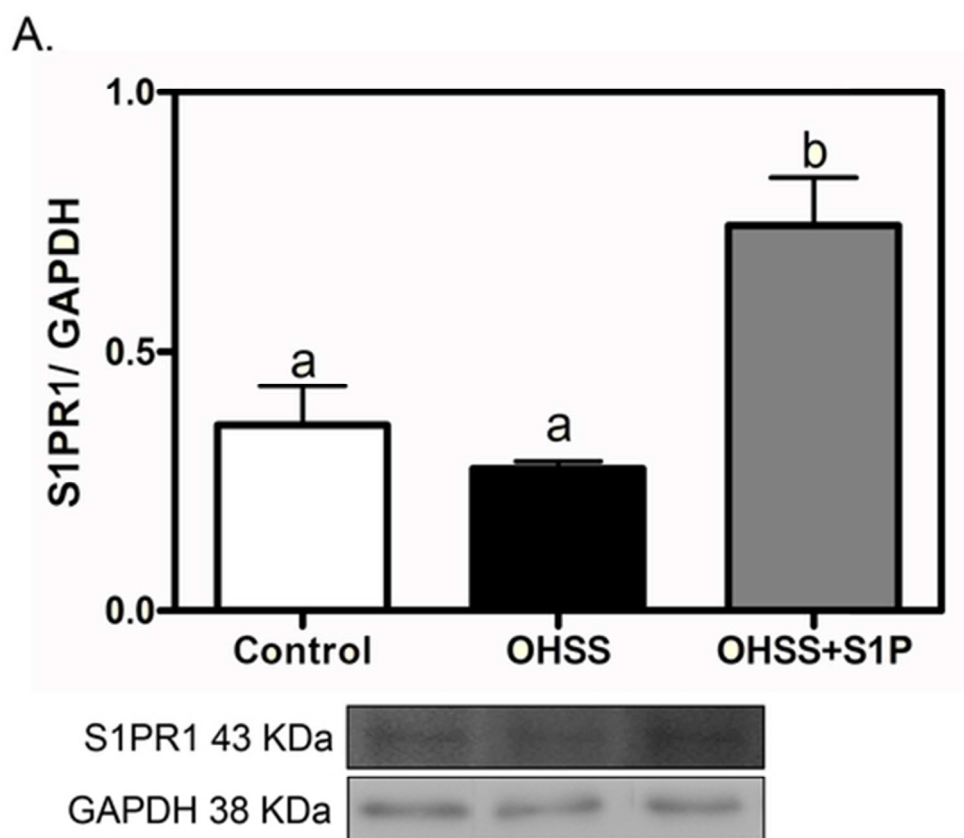


Figure 5: Effect of S1P treatment on the expression of S1P receptor 1 (S1PR1) in ovaries from the rat OHSS model. Densitometric quantification of S1PR1 levels in ovarian protein extracts. The density of each band was normalized to the density of the GAPDH band. The lower panels show a representative blot for the protein analyzed. Different letters indicate significant differences (Control vs OHSS+S1P $p < 0.01$; OHSS vs OHSS+S1P $p < 0.01$). Data are expressed as the mean \pm SEM. Results were obtained from three experiments, using 6 rats per group.

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1 **TITLE PAGE**

2 **In vivo intrabursal administration of bioactive lipid sphingosine-1-phosphate enhances**
3 **vascular integrity in a rat model of ovarian hyperstimulation syndrome (OHSS)**

4

5 **Running title:** S1P restores the vascular integrity in OHSS.

6

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19

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22

23 **ABSTRACT**

24 **Study question:** Can the bioactive lipid sphingosine-1 phosphate (S1P) act as an
25 endothelial barrier-enhancing molecule and, in turn, restore the vascular integrity and
26 homeostasis in a rat model of ovarian hyperstimulation syndrome (OHSS).

27 **Study answer:** *In vivo* administration of S1P may prevent the early onset of OHSS and
28 decrease its severity.

29 **What is known already:** Although advances in the prediction and treatment of OHSS
30 have been made, complete prevention has not been possible yet. S1P in follicular fluid
31 from women at risk of developing OHSS are lower in comparison from women who are
32 not at such risk and administration of S1P in an OHSS rat model decreases ovarian
33 capillary permeability.

34 **Study design, size, duration:** We used an animal model that develops OHSS in
35 immature Sprague-Dawley rats. The rats were randomly divided into three groups: the
36 control group, which was injected with 10 IU of pregnant mare's serum gonadotropin
37 (PMSG), and 10 IU of human chorionic gonadotropin (hCG) 48 h later; the OHSS
38 group, which was injected with excessive doses of PMSG (50 IU/day) for 4 consecutive
39 days, followed by hCG; and the OHSS + S1P group, which was injected with the same
40 doses of PMSG and hCG as the OHSS group and then treated with 5 μ l S1P (1 mM)
41 under the bursa of both ovaries, whereas the other groups of animals received the S1P
42 vehicle.

43 **Participants/materials, setting, methods:** Rats were killed by decapitation 48 h after
44 the hCG injection for ovary, endometrium and blood collection. The ovaries were
45 weighed and then used for subsequent assays, while the serum was used for hormone
46 assays. One of the ovaries from each rat (n=6) was used for Western immunoblot and
47 the other for immunohistochemical analysis. Statistical comparisons between groups
48 were carried out.

49 **Main results and the role of chance:** S1P administration reduced the ovarian weight
50 ($p<0.05$), and decreased the concentration of serum progesterone in the OHSS group
51 compared to the OHSS group without treatment ($p<0.001$). The percentage of antral
52 follicles in the OHSS group was lower than that in the control group. S1P increased the
53 percentage of antral follicles ($p<0.05$) and decreased the percentage of corpora lutea ($p<$
54 0.01) and cystic structures in the OHSS group ($p<0.05$). S1P had no effect on the
55 expression levels of the enzymes 3β -hydroxysteroid dehydrogenase (3β HSD) or
56 cholesterol side-chain cleavage enzyme (P450_{scc}), but reduced the levels of
57 steroidogenic acute regulatory protein (StAR) in OHSS rat ovaries. ($p<0.05$). S1P
58 decreased the endothelial ($p<0.05$) and periendothelial ($p<0.01$) cell area in OHSS rat
59 ovaries. S1P restored the levels of N-cadherin and VE-cadherin proteins to control
60 values. Furthermore, S1P enhanced the levels of claudin-5, occludin ($p<0.05$) and
61 sphingosine-1-phosphate receptor 1 (S1PR1) in OHSS ($p<0.01$). In addition, no
62 histological differences were found in endometrium between OHSS and S1P-treated
63 OHSS animals.

64 **Limitations, reasons for caution:** The results of this study were generated from an *in*
65 *vivo* OHSS experimental model, which has been used by several authors and our group
66 due to the similarity between the rat and human angiogenic systems. Further studies in
67 patients will be needed to evaluate the effects of S1P in the pathogenesis of OHSS.

68 **Wider implications of the findings:** These findings concern the pathophysiological
69 importance of S1P in OHSS. More studies on the regulation of endothelial cell barrier
70 function by S1P in reproductive pathological processes and its therapeutic application
71 are required.

72 **Large scale data:** N/A.

73 **Study funding and competing interest(s):** This work was supported by grants from
74 ANPCyT (PICT 2012-897), CONICET (PIP 5471), Roemmers and Baron Foundations,
75 Argentina. The authors declare no conflicts of interest.

76

77 **Key words:** angiogenesis, ovary, OHSS, sphingolipids, vascular integrity

78

79 INTRODUCTION

80 Ovarian hyperstimulation syndrome (OHSS) is one the most serious iatrogenic complications
81 of follicular growth and maturation induced by ovulation induction. It is characterized by
82 increased vascular leakage and ovarian enlargement, which cause fast third space fluid shifts
83 from the intravascular compartment (Delvigne and Rozenberg 2002, Aboulghar and Mansour
84 2003). These shifts are caused by increased vascular permeability in response to stimulation
85 with human chorionic gonadotropin (hCG) (Gomez *et al.*, 2010). The patho-physiology of
86 OHSS is not completely understood, and no specific therapy or prevention is available yet
87 (Rizk and Aboulghar 1991, Fiedler and Ezcurra 2012). It is recognized that this syndrome is
88 triggered by hCG (Gomez *et al.*, 2010) and that the predominant link between hCG and
89 OHSS is the production of angiogenic factors. Several pro-angiogenic factors, including
90 members of the Vascular Endothelial Growth Factor A (VEGFA) family, angiopoietins
91 (ANGPTs), transforming growth factors (TGFs), platelet-derived growth factors (PDGFs)
92 and sphingosine-1 phosphate (S1P), have been identified (Neufeld *et al.*, 1999, Fiedler and
93 Augustin 2006, Armulik *et al.*, 2005, Carmeliet 2000, Hanahan and Folkman 1996, Neufeld
94 *et al.*, 1999, Otrrock *et al.*, 2007, Allende and Proia 2002). One of the main functions of
95 PDGFs and S1P, unlike VEGFA and ANGPTs, is the stabilization of newly developed
96 capillaries (Hoch and Soriano 2003, Allende *et al.*, 2003, Xiong and Hla 2014).

197 Previously, we have evaluated the involvement of ANGPTs and PDGFs in this syndrome and
198 we have observed that PDGF-B and -D protein levels decrease in ovaries from an OHSS rat
199 model, while ANGPT2 and PDGFR- β levels remain constant (Scotti *et al.*, 2013).
200 Furthermore, we have shown that ANGPT1 concentration is higher in follicular fluids (FF)
201 from women at risk of developing OHSS than in FF from control patients, whilst the levels
202 of the soluble form of the receptor Tie-2 (sTie-2) remain unchanged. Additionally, inhibition
203 of ANGPT1 in FF from OHSS patients by the use of a neutralizing antibody decreases
204 endothelial cell migration in comparison with untreated FF from OHSS women (Scotti *et al.*,
205 2013). Recently, we have observed that the levels of sphingolipid S1P in FF from women at
206 risk of developing OHSS are lower in comparison with FF from women who are not at such
207 risk, while the addition of S1P to the FF restores vascular integrity in an endothelial cell
208 culture (Scotti L. *et al.*, 2016). Additionally, we have shown in the same study that *in vivo*
209 intrabursal administration of S1P in an OHSS rat model decreased ovarian capillary
210 permeability and ovarian expression of VEGF and its receptor KDR. All these findings
211 suggest that the ANGPT, PDGF and S1P systems could be partly responsible for the
212 characteristic increase in ovarian vascular permeability in OHSS.

213 S1P is derived from sphingosine phosphorylation by sphingosine kinase (Spiegel and
214 Milstien 2003) and its degradation can be either mediated by S1P lyase (SPL) or by S1P
215 phosphatases (Ogawa *et al.*, 2003, Le Stunff *et al.*, 2002). Not only is S1P secreted by
216 activated platelets, but also erythrocytes, mononuclear cells, neutrophils and mastocytes can
217 release this lipid mediator (Yatomi *et al.*, 1995, Yang *et al.*, 1999). S1P binds to specific
218 cell surface receptors (S1PRs), which comprise a G-protein-coupled receptor family
219 including subtypes S1PR1, S1P2, S1P3, S1P4 and S1P5. S1P is present in blood and plasma
220 and delivered to its receptors by high-density lipoprotein (HDL)-associated apolipoprotein M
221 (Singleton *et al.*, 2006). S1P is a pleiotropic sphingolipid capable of modulating the

122 functions of various cell types (Xiong and Hla 2014). In particular, it regulates several
123 physiological responses in vascular cells (Obinata and Hla 2012) and promotes endothelial
124 cell spreading, vascular maturation/stabilization, and barrier function (Xiong and Hla 2014).
125 The alteration of vascular barrier integrity causes serious consequences such as
126 inflammation, edema, haemorrhage and ischemia. S1P has been proposed as a barrier-
127 enhancing molecule and as a potential candidate for novel and specific therapies for
128 endothelial dysfunction (Sanchez *et al.*, 2003, Jung *et al.*, 2012, Gaengel *et al.*, 2012b). In
129 this regard, Dudek *et al.* (2004) and Liu *et al.* (2009) have shown that S1P administration in
130 animal models with acute lung injury decreases vascular hyperpermeability by the
131 enhancement of endothelial junctional integrity (Dudek *et al.*, 2004, Liu *et al.*, 2009).
132 Furthermore, Curry *et al.* (2012) have previously shown that exogenous S1P attenuates acute
133 microvascular permeability via receptor S1PR1 and stabilizes the endothelium in rats (Curry
134 *et al.*, 2012).

135 The expression of S1PRs (S1PR1, S1P2 and S1P3) has been shown in female reproductive
136 tissues and granulosa cells (Wang *et al.*, 2014, Kon *et al.*, 1999, Risau 1997). Also, several
137 authors have previously documented the role of S1P in reproduction. Roth and Hansen
138 (2004) have demonstrated that S1P may improve fertility when developmental competence
139 of the oocytes is compromised (Roth and Hansen 2004). Other researchers have proposed
140 S1P as a potential candidate for fertility preservation of female cancer patients (Li *et al.*,
141 2014, Meng *et al.*, 2014, Morita and Tilly 2000).

142 However, there are no studies on the effect of *in vivo* intrabursal S1P administration on
143 ovarian morphology or vascular development and integrity in a rat model of OHSS.
144 Therefore, the main purpose of this study was to evaluate the effects of local S1P
145 administration on ovarian weight, follicular and luteal development, formation of cystic
146 structures, steroidogenesis, endothelial and periendothelial area (pericytes and smooth

147 muscle cells), and on adherens and tight junction protein expression in ovaries from an
148 OHSS rat model stimulated by equine chorionic gonadotropin (eCG), and hCG. In this
149 model, we assessed the effect of S1P administration on S1PR1 protein expression in ovaries.
150 Additionally, in this model we evaluated the effect of S1P on uterine morphology.

151

152 **MATERIALS AND METHODS**

153 **Ethical approval**

154 All procedures were approved by the ethics committee of the IByME (CE-018-2/2012) and
155 conducted according to the guide for the care and use of laboratory animals of the National
156 Institute of Health (USA).

157 **Animal model and experimental design**

158 Rats were housed and cared at the Instituto de Biología y Medicina Experimental (IByME),
159 Buenos Aires, Argentina. Immature female Sprague-Dawley rats (21–23 days old) from our
160 colony (n=6/group for each treatment) were allowed food and water *ad libitum* and kept at
161 room temperature (21–23°C) on a 12L:12D cycle. We used an animal model that develops
162 OHSS in immature Sprague-Dawley rats (21–23 days, 60–80 g), as described by Kitajima et
163 al. (2004, 2006). The control group (n=6) was injected with 10 IU eCG and with 10 IU hCG
164 48 h later. The OHSS group (n=6) was injected with 50 IU eCG for four consecutive days,
165 followed by 25 IU of hCG. The OHSS + S1P group (n=6) received the same doses of eCG
166 and hCG as the OHSS group and was also treated with S1P. To administrate S1P on the day
167 of hCG injection, the animals were anesthetized with ketamine HCl (70 mg/Kg; Holliday-
168 Scott S.A., Buenos Aires, Argentina) and xylazine (5 mg/Kg; König Laboratories, Buenos
169 Aires, Argentina) and the ovaries were exteriorized through an incision made in the dorsal
170 lumbar region. The OHSS+S1P group received 5 µl S1P (1 mM) (Sigma Aldrich (St. Louis,
171 MO, USA) under the bursa of both ovaries (Hernandez *et al.*, 2009), whereas the other

172 groups received the S1P vehicle (0.8% Tween-80; 2.5% ETOH; 5% polyethylene glycol
173 (PEG).

174 Rats were killed by decapitation 48 h after the hCG injection for ovary and blood collection.

175 The ovaries were removed and cleaned of adhering tissue in culture medium, weighed, and
176 used for subsequent assays. The serum was used for hormone assays. One ovary from each
177 rat (n=6) was used for Western blotting and the other for immunohistochemical analysis.

178

179 **Steroid hormone assay**

180 Serum steroid concentrations were measured by radioimmunoassay (RIA) (n=6 rats/group)
181 (Irusta *et al.*, 2003, Irusta *et al.*, 2007). Progesterone (P₄) was measured by using specific
182 antibodies supplied by Dr. G.D. Niswender (Animal Reproduction and Biotechnology
183 Laboratory, Colorado State University, Fort Collins, CO, USA). Under these conditions, the
184 intra- and inter-assay variations for P₄ were 8.0% and 14.2% respectively. The values are
185 expressed per ml of serum.

186

187 **Ovarian and endometrium morphology**

188 Ovaries and uterine horns were extracted from the different experimental groups and
189 immediately fixed in Bouin solution for 12 h. Histological sections were made for
190 haematoxylin-eosin (H&E) staining. Ovarian sections (5 µm) were mounted at 50-µm
191 intervals onto microscope slides to prevent counting the same structure twice, according to
192 the method described by Woodruff *et al.* (Woodruff *et al.*, 1988). Preantral follicles, antral
193 follicles, atretic follicles, corpora lutea (CL) and cystic structures were counted in six ovarian
194 sections from each ovary (n=6 ovaries/group) and expressed as structure percentage per
195 ovary. The total number of ovarian structures was defined as 100%. Cysts were defined as
196 structures with presence of oocytes surrounded by luteal cells, remaining granulosa cells and

197 red blood cells (Scotti *et al.*, 2014c). A set of uterine sections was stained with H&E and
198 examined microscopically by an experienced gynecologic pathologist, who was blinded to
199 the group assignment.

200

201 **Histochemistry and immunohistochemistry in luteal tissues**

202 Tissue sections were deparaffinized in xylene and rehydrated by graduated ethanol washes.
203 Endogenous peroxidase activity was blocked with hydrogen peroxide in PBS and nonspecific
204 binding was blocked with 2% bovine serum albumin (BSA) overnight at 4°C. Sections were
205 incubated with biotinylated lectin BS-1 (from *Bandeiraea simplicifolia*, 20 µg/ml, Vector
206 Laboratories, Burlingame, CA, USA) or α-SMA (smooth muscle actin) 1/250 (ab18147
207 Abcam, Cambridge, USA) overnight at 4°C. Lectin BS-1 has demonstrated to be a
208 constitutive endothelial cell marker staining endothelial cells at the different developmental
209 stages of CL with similar intensity (Augustin *et al.*, 1995, Redmer *et al.*, 2001, Cherry *et al.*,
210 2008). After washing, slides were incubated with biotinylated anti-mouse IgG (except in the
211 case of lectin BS-1) and afterwards with avidin-biotinylated horseradish peroxidase Complex
212 (Vectastain ABC system from Vector Laboratories) for 30 min. Protein expression was
213 visualized with diaminobenzidine (DAB) staining. After stopping the reaction with distilled
214 water, slides were stained with haematoxylin, dehydrated and mounted (Canada Balsam
215 Synthetic, Biopack, Argentina). Negative controls were obtained in absence of primary
216 antibody.

217 The images were digitized with a camera (Nikon, Melville, NY, USA) mounted on a
218 conventional light microscope (Nikon), using a magnification of 40X. Three sections per
219 ovary were analysed (six ovaries/group) and at least four corpora lutea were photographed
220 per section. Images were converted to TIFF format for analysis and processed using Image
221 Pro-Plus 3.0 ® (Media Cybernetics, Silver Spring, MA, USA). Endothelial and peri-

222 endothelial cell areas were determined by thresholding each lectin BS-1- or α -SMA-positive
223 stained areas, which were then normalised to the total area of the analysed corpus luteum.

224

225 **Western blot**

226 Ovaries were removed, placed on ice and resuspended in five volumes of lysis buffer (20
227 mM Tris-HCl pH 8, 137 mM NaCl, 1% Nonidet P-40 and 10% glycerol) supplemented with
228 protease inhibitors (0.5 mM PMSF, 0.025 mM N-CBZ-L-phenylalanine chloromethyl ketone,
229 0.025 mM N-p-tosyl-lysine chloromethyl ketone and 0.025 mM L-1-tosylamide-2-phenyl-
230 ethylchloromethyl ketone) and homogenized with an Ultra-Turrax homogenizer (IKA Werk,
231 Breisgau, Germany). Samples were centrifuged at 4°C for 10 min at 10,000 x g and the
232 resulting pellets were discarded. Protein concentration in the supernatant was measured by
233 the Bradford assay. After boiling for 5 min, 40 μ g of protein was applied to a 12% SDS-
234 polyacrylamide gel and electrophoresis was performed at 25 mA for 1.5 h. The resolved
235 proteins were transferred onto nitrocellulose membranes for 2 h. The blot was then incubated
236 in blocking buffer (5% nonfat milk, 0.05% tween-20 in 20 mM TBS pH 8.0) for 1 h at room
237 temperature and incubated overnight at 4°C with appropriate primary antibodies: StAR
238 1/1000 was donated by Dr. D. M. Stocco (Texas Tech University Health Sciences Center);
239 P450scc 1/2000 was donated by Dr. Anita Payne (Stanford University Medical Center,
240 Stanford, CA, USA); S1PR1 (ab125074) was from Abcam (Cambridge, USA), 3 β HSD
241 1/1000 (sc-30820), VE-cadherin 1/100 (sc-9989), N-cadherin 1/250 (sc-7939) and Nectin-2
242 1/200 (sc-373715) were from Santa Cruz Biotechnology, Inc. (Santa Cruz, CA, USA); and
243 Claudin-5 1/1000 (35-2500), occludin: 1/1000 (71-1500) were from Invitrogen Corp.
244 (Carlsbad, CA, USA), β -actin 1/10000 (4967) and GAPDH 1/10000 (14C10) were from Cell
245 Signaling Technology, INC (Beverly, MA, USA). The blot was then incubated with anti-
246 mouse or anti-rabbit secondary antibodies conjugated with horseradish peroxidase (1:1000)

247 and signal was detected by chemiluminescence. The protein levels were analysed by
248 densitometry using Scion Image for Windows (Scion Corporation, Worman's Mill, CT,
249 USA). Optical density data are expressed as arbitrary units \pm SEM. The density in each band
250 was normalised to the density of the β -actin or GAPDH band, which were used as an internal
251 control.

252

253 **Data analysis**

254 The results are expressed as the mean \pm SEM and the significant differences between groups
255 were determined using analysis of variance (ANOVA), followed by Tukey's test. *P* values
256 <0.05 were considered statistically significant. All samples were tested for normality before
257 ANOVA. Data were statistically analysed using Prism v5.0.

258

259 **RESULTS**

260 **Effect of S1P on ovarian weight and progesterone (P₄) concentration in the rat** 261 **model of OHSS.**

262 The effects of S1P on ovarian weight and P₄ serum concentration are summarized in
263 Table I. The ovarian weight in the OHSS group was higher compared to the control
264 group ($p<0.001$). S1P administration reduced the ovarian weight observed in the OHSS
265 group without treatment ($p<0.05$). Serum P₄ concentration in the OHSS group was
266 higher than that in the control group ($p<0.001$). S1P treatment decreased the
267 concentration of serum P₄ compared with the untreated OHSS group ($p<0.001$).

268

269 **Effect of S1P on ovarian morphology and steroidogenic enzyme expression in the** 270 **rat model of OHSS.**

271 The percentage of antral follicles in the OHSS group was lower than that in the control
272 group. In the OHSS+S1P group, the percentage of antral follicles increased compared to
273 the OHSS group without treatment ($p<0.05$) (Fig. 1B). However, no significant
274 differences were observed in the percentage of preantral or atretic follicles among the
275 three experimental groups (Fig. 1A and C). The percentage of CL in the OHSS group
276 increased significantly compared with that in the control group ($p<0.05$) (Fig. 1D).
277 Local administration of S1P reduced the percentage of CL ($p<0.01$) and cystic
278 structures in comparison with the untreated OHSS group ($p<0.05$) (Fig. 1D and E).
279 To evaluate the effect of S1P on steroidogenesis in the OHSS rat model, we studied the
280 expression of 3β HSD, P450scc and StAR. The levels of these enzymes in the OHSS
281 group were higher than those in the control group (3β HSD: $p<0.05$; P450scc: $p<0.01$;
282 StAR: $p<0.05$) (Fig. 2). S1P administration had no effect on the expression levels of
283 3β HSD or P450scc in OHSS rat ovaries (Fig. 2A and B), but decreased StAR levels
284 compared to the untreated OHSS group ($p<0.05$) (Fig. 2C).

285

286 **Effect of S1P on luteal vascular development in the rat model of OHSS.**

287 To evaluate whether S1P treatment causes changes on endothelial cells present in
288 corpora lutea, we stained ovarian sections for lectin BS-1. The endothelial cell area in
289 the OHSS group was higher than that in the control group ($p<0.001$), while S1P
290 administration decreased the endothelial cell area compared to OHSS group ($p<0.001$)
291 (Fig. 3A).

292 Also, we evaluated luteal vascular stability in ovarian sections immunostained with α -
293 SMA antibody. The periendothelial cell area in the OHSS group was lower than that in
294 the control group ($p<0.001$), while S1P increased the periendothelial cell area compared
295 to the OHSS group without treatment ($p<0.05$) (Fig. 3B).

296

297 **Effect of S1P on the expression of endothelial cell-to-cell junction proteins in the**
298 **rat model of OHSS.**

299 The levels of N-cadherin and VE-cadherin were lower in the OHSS group than in the
300 control group ($p < 0.05$). Local administration of S1P restored the levels of these proteins
301 to control values (Fig. 4 A and B).

302 The levels of the tight junction proteins claudin-5, occludin and Nectin-2 were lower in
303 the OHSS group in comparison with the control group (claudin-5: $p < 0.01$; occludin:
304 $p < 0.001$; Nectin-2: $p < 0.05$). S1P treatment increased the levels of claudin-5 and
305 occludin compared to those in the OHSS group ($p < 0.05$), whereas the levels of Nectin-2
306 remained unchanged (Fig. 4 C, D and E).

307

308 **Effect of S1P on the expression of S1PR1 in the rat model of OHSS.**

309 The ovarian levels of S1PR1 in the OHSS group were similar to those in the control
310 group. In the OHSS+S1P group, the levels of S1PR1 increased compared to those of the
311 OHSS group ($p < 0.01$) (Fig. 5).

312

313 **Effect of S1P on uterine morphology in the rat model of OHSS**

314 The endometrium from the control group showed a few residual glands surrounded by an
315 atrophic, somewhat fibrotic stroma. The epithelium was low cuboidal or columnar with
316 almost no mitotic figures (Fig. 6).

317 The endometrium of the OHSS and S1P-treated OHSS groups showed a columnar surface
318 epithelium with slight pseudostratification and small, round and regular glands. In addition,
319 endometrial stroma showed no edema but occasional mitotic figures, and small and regularly

320 distributed blood vessels. No histological differences were found in endometrium between
321 OHSS and S1P-treated OHSS animals.

322

323 **DISCUSSION**

324 The main clinical characteristics of OHSS are ovarian enlargement, with luteal and
325 haemorrhagic cysts, and increased vascular permeability (Golan *et al.*, 1989, Gomez *et al.*,
326 2010). Previously, we and other authors have demonstrated that VEGF, ANGPTs, PDGFs
327 could be mediators in the development of OHSS (Artini *et al.*, 1998, Pellicer *et al.*, 1999,
328 Scotti *et al.*, 2014d, Scotti *et al.*, 2014b, Scotti *et al.*, 2013). Recently, we have shown that
329 S1P levels are lower in FF from patients at risk of OHSS and that treatment with S1P may
330 decrease vascular permeability in these patients (Scotti L. *et al.*, 2016).

331 In the current study, we present evidence for the first time that S1P intrabursal administration
332 *in vivo* affects ovarian weight, follicular and luteal development, formation of cystic
333 structures and steroidogenesis in ovaries from a rat OHSS model. Additionally, we observed
334 that local administration of this sphingolipid causes a decrease in the endothelial area, an
335 increase in both the peri-endothelial area and N-cadherin, VE-cadherin, claudin-5 and S1PR1
336 receptor protein levels in the ovaries of the above-mentioned model.

337 In humans, OHSS generates the formation of multiple CL and the increase of VEGF levels
338 (Navot *et al.*, 1992). Our study is the first to demonstrate that administration of S1P *in vivo*
339 in ovaries from OHSS rats affects luteal development, delays folliculogenesis and leads to a
340 lower percentage of CL. These results suggest that, as S1P decreases the presence of CL,
341 which secrete several angiogenic factors that in turn favour an altered angiogenesis, this lipid
342 metabolite is also likely to ameliorate the vascular permeability observed in OHSS. The
343 decrease in CL and cystic structures in the S1P-treated ovaries is consistent with the decrease
344 in serum P₄ and ovarian weight observed. It is known that the transport of cholesterol from

345 the cytoplasm to the inner mitochondrial membrane, mediated by the StAR protein, is the
346 limiting step in progesterone (P_4) synthesis. Therefore, the diminished expression of StAR, as
347 demonstrated by Western blot, could be partly responsible for the decrease in serum P_4 in the
348 S1P-treated OHSS rats. These results are consistent with those obtained by other authors
349 such as Budnik *et al.* (2005), who have shown that S1P suppresses P_4 synthesis in luteal cells
350 and Leydig tumour cells stimulated with luteotropic hormone or a cAMP analog (Budnik and
351 Brunswig-Spickenheier 2005). It is worth noting that S1P did not affect ovarian expression of
352 P450scc or 3β HSD, which are critical for biosynthesis of steroid hormones.

353 CL are highly vascularized structures, whose vascular development exceeds that of most
354 tumours (Reynolds *et al.*, 2000). In this study, the *in vivo* administration of S1P may have
355 altered the formation and function of CL by preventing angiogenesis in OHSS. The decrease
356 in luteal endothelial cell area after S1P administration suggests that the sphingolipid caused a
357 decrease in the number of endothelial cells, and thus a decrease in the luteal microvasculature
358 that likely contributed to the decrease in serum P_4 concentrations. Pericyte coverage induces
359 vessel maturation by resolving angiogenic signals and reducing endothelial proliferation.
360 Thus, the recruitment of peri-endothelial cells and the deposition of basal membranes
361 represent crucial steps to achieve vascular maturation (Potente *et al.*, 2011). In our study,
362 S1P was able to increase the recruitment of pericytes and smooth muscle cells, enhancing
363 pericyte-endothelium interaction and, in turn, improving luteal vessel stability in OHSS. It is
364 worth noting that the breakdown of the S1P signalling system results in pathological
365 hyperpermeability such as acute lung injury, anaphylaxis and inflammation (Peng *et al.*,
366 2004, Olivera *et al.*, 2003).

367 Controlled dynamic changes in the localization and expression of adhesion molecules are
368 essential in the ovary (Groten *et al.*, 2006, Rodewald *et al.*, 2007). This includes regulation
369 of adherens and tight junctions (AJ and TJ), which are key components of intercellular

370 junctions (Dejana 2004, Schneeberger and Lynch 2004). An increase in endothelial
371 permeability is generally accompanied by reorganization of junctional proteins, inducing a
372 transient opening of the endothelial junctions and an increment in vascular permeability
373 (Bazzoni and Dejana 2004, Dejana 2004, Walz *et al.*, 2005). TJ proteins, which are
374 composed of at least three different families of transmembrane proteins (claudins, occludins
375 and junction adhesion molecules), represent a barrier to molecule diffusion from the vessel
376 lumen to the tissue parenchyma (Groten *et al.*, 2006), whereas AJ proteins involve
377 transmembrane proteins belonging to the cadherin family. Thus, we propose that TJ and AJ
378 proteins are downstream targets of S1P in vascular cells of ovaries from animals with OHSS.
379 Since VE-cadherin is the main structural protein of AJ in endothelial cells (Mehta *et al.*,
380 2005), we decided to study the levels of this protein in the OHSS rat model. We and other
381 authors showed the importance of this cadherin in the development of OHSS (Villasante *et*
382 *al.*, 2007, Scotti *et al.*, 2014a). We have previously observed that VE-cadherin levels
383 decrease significantly in endothelial cells incubated with FF from OHSS patients compared
384 to control patients. In the present study, we observed that S1P is able to restore the levels of
385 VE-cadherin, contributing to the sealing of the intercellular space and reducing vascular
386 permeability in the ovary. These results are consistent with recently obtained studies in our
387 laboratory, as we found that S1P addition increased VE-cadherin expression and reduced
388 VEGF expression in endothelial cells compared to FF from patients at risk of OHSS without
389 the sphingolipid (Scotti L. *et al.*, 2016). Regarding this point, Gaengel *et al.* (2012) have
390 studied the communication between the VEGF and S1P systems and demonstrated that when
391 co-stimulating human umbilical vein endothelial cells (HUVEC) with VEGF and S1P, VE-
392 cadherin remained stable in endothelial junctions and was insensitive to the internalization
393 induced by VEGF (Gaengel *et al.*, 2012). Additionally, Lee *et al.* (1999) have demonstrated
394 that S1P increases the VE-cadherin and β -catenin levels and, in turn, enhances AJ assembly

395 in confluent HUVEC (Lee *et al.*, 1999). Furthermore, Krump-Konvalinkova *et al.* (2005)
396 have shown that S1PR1 silencing decreases the expression of platelet-endothelial cell
397 adhesion molecule-1 (PECAM) and VE-cadherin human endothelial cell lines (Krump-
398 Konvalinkova *et al.*, 2005).

399 Besides VE-cadherin, N-cadherin also regulates vascular stability since it mediates pericyte
400 adhesion to endothelial cells, enhancing vessel maturation and stabilization (Volk and Geiger
401 1984, Tillet *et al.*, 2005). In the present study, S1P restored the levels of N-cadherin
402 suggesting that, in OHSS, S1P improves the endothelial-pericyte interaction mediated by this
403 cadherin, contributing to vessel maturation and endothelial barrier integrity. This supports
404 previous data from our laboratory, where we have shown that S1P addition increased N-
405 cadherin levels in endothelial cells compared to FF from patients at risk of OHSS without the
406 sphingolipid (Scotti L. *et al.*, 2016). Furthermore, Paik *et al.* (2004) have shown that the
407 inhibition of N-cadherin affects vascular stabilization *in vitro* and *in vivo*, suggesting a
408 specific involvement of S1P in N-cadherin-induced pericyte attachment (Paik *et al.*, 2004).

409 The nectin system has been described as a novel modulator of AJ and TJ, and provides the
410 first scaffold for the formation of these junctions (Niessen 2007). Based on this information,
411 we analysed the expression in the rat OHSS model of claudin-5 and occludin (TJ proteins),
412 and also of nectin-2, the only member of the nectin system that is expressed in the
413 endothelium of CL (Herr *et al.*, 2015). S1P was able to restore the decreased levels of
414 claudin-5, occludin and nectin 2, contributing to the formation of TJ and ovarian vascular
415 stability. Taking together these results suggests that S1P upregulates VE-cadherin, N-
416 cadherin, claudin-5 and occludin and consequently reduces vascular permeability in OHSS.
417 Accordingly, S1P improves the assembly of AJ and assists in the formation of TJ.

418 Moreover, S1P is able to enhance endothelial maturation through its receptor, S1PR1, by
419 promoting Rac1 activation and AJ assembly (Garcia *et al.*, 2001). Thus, we evaluated

420 S1PR1 expression in the OHSS model. S1P was able to upregulate the expression of its own
421 receptor, enhancing vascular integrity and, in turn, avoiding the aberrant angiogenic
422 responses observed in OHSS. The precise mechanism by which the sphingolipid increases
423 expression of its own receptor is currently unknown. These findings are in line with the
424 observations by Gaengel *et al.* (2003), who demonstrated that S1PR1 signalling inhibits
425 endothelial hyper-sprouting through stabilization of VE-cadherin and through inhibition of
426 VEGFR2 phosphorylation (Gaengel *et al.*, 2012a).

427 We decided to evaluate possible side-effects of S1P treatment in other vascularized organs,
428 such as the uterus. We did not observe any change in endometrial morphology after S1P
429 treatment in the OHSS model.

430 In summary, our study shows that local S1P administration decreases the percentage of CL
431 and cystic structures, serum P₄ concentrations, endothelial cell area, and StAR protein
432 expression in ovaries from OHSS rats, and increases the percentage of antral follicles, peri-
433 endothelial area, and S1PR1, AJ and TJ protein levels in OHSS rats.

434 Therefore, local administration of S1P decreased the vascular permeability and angiogenesis
435 in the OHSS group. These effects would be directly mediated by the decrease in the
436 percentage of the CL and in blood vessel development, and by the increase in vascular
437 stability in the CL. Our findings would indicate for the first time that S1P acts in the rat
438 OHSS model as an endothelial barrier-enhancing factor, restoring the vascular integrity and
439 homeostasis in OHSS. S1P administration may therefore prevent the early onset of OHSS and
440 decrease its severity. More studies on the regulation of endothelial cell barrier function by the
441 bioactive lipid S1P in reproductive pathological processes and its therapeutic application are
442 required.

443

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447

448 **Authors' Roles**

449 MD and NP performed the experiments and contributed to data analysis and
450 interpretation.

451 LS discussed the results and helped draft the manuscript.

452 DB, GI and MT contributed to data interpretation and discussed the results.

453 DA analysed and discussed the results, and helped draft the manuscript.

454 MM performed the assessment of uterine morphology.

455 FP conceived the concept, designed the experiments, supervised the study and wrote the
456 manuscript.

457 All the authors read and approved the final manuscript.

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462

463 **Conflict of interest**

464 The authors declare no potential conflicts of interest with respect to the research,
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466

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679

680 **FIGURE LEGENDS**

681 **Figure 1: Effect of S1P treatment on preantral follicles, antral follicles, atretic**
682 **follicles, corpora lutea and cysts from the rat OHSS model.** The graphs show the
683 percentage of each structure in H&E-stained ovarian sections. Different letters indicate
684 significant differences. **(A)** % preantral follicles (p>0.05). **(B)** % antral follicles
685 (Control vs OHSS p<0.05; OHSS vs OHSS+S1P p<0.05). **(C)** % atretic follicles

686 (p>0.05). **(D)** % corpora lutea (Control vs OHSS p<0.05; OHSS vs OHSS+S1P
687 p<0.01). **(E)** % cysts (Control vs OHSS p<0.001; Control vs OHSS+S1P p<0.01; OHSS
688 vs OHSS+S1P p<0.05). Data are expressed as the mean \pm SEM. Results were obtained
689 from three experiments, using 6 rats per group.

690

691 **Figure 2: Effect of S1P treatment on steroidogenic enzymes levels in ovaries from**
692 **the rat OHSS model.** The levels of proteins in ovarian protein extracts were measured
693 by Western Blotting. The density in each band was normalized to the density of the β -
694 actin or GAPDH band. The lower panels show a representative blot for each protein
695 analyzed. Different letters indicate significant differences. **A)** 3 β HSD (Control vs OHSS
696 p<0.05; Control vs OHSS+S1P p<0.05), **B)** P450_{scc} (Control vs OHSS p<0.01; Control
697 vs OHSS+S1P p<0.01) and **C)** StAR (Control vs OHSS p<0.05; OHSS vs OHSS+S1P
698 p<0.05). Data are expressed as the mean \pm SEM. Results were obtained from three
699 experiments, using 6 rats per group.

700

701 **Figure 3: Effect of S1P treatment on ovarian vessels-Corpora lutea from the rat**
702 **OHSS model.** **(A)** Lectin BS-1 staining in Control, OHSS, and S1P-treated OHSS rats.
703 Graph: Quantification of endothelial cell area in Corpora lutea sections stained in the
704 three groups analyzed. Different letters indicate significant differences (Control vs
705 OHSS p<0.001; OHSS vs OHSS+S1P p<0,001). The photographs show representative
706 histological sections of control, OHSS and OHSS+S1P Corpora lutea stained with lectin
707 BS-1. Scale bars, 100 μ m. Three sections per ovary were analysed (six ovaries/group)
708 and at least four corpora lutea were photographed per section. **B)** Immunostaining of
709 periendothelial cells with anti-smooth muscle cell α -actin antibody in control, OHSS,
710 and S1P-treated OHSS rats. Graph: Quantification of periendothelial cell area in
711 Corpora lutea in the three groups analyzed. (Control vs OHSS p<0.001; OHSS vs

712 OHSS+S1P $p<0.05$; OHSS+S1P vs Control $p<0.01$). The photographs show
713 representative histological sections of control, OHSS, and S1P-treated OHSS rat ovaries
714 stained with anti-smooth muscle cell α -actin antibody. Scale bars, 100 μm . Three
715 sections per ovary were analysed (six ovaries/group) and at least four corpora lutea were
716 photographed per section

717

718 **Figure 4: Effect of S1P treatment on the expression of adherens and tight junction**
719 **proteins in ovaries from the rat OHSS model.** The graphs show the densitometric
720 analysis for adherens (N-cadherin and VE-cadherin) and tight (claudin-5, occludin,
721 Nectin-2) junction proteins in ovarian protein extracts. **A)** N-cadherin (Control vs
722 OHSS $p<0.05$; OHSS vs OHSS+S1P $p<0.05$), **B)** VE-cadherin (Control vs OHSS
723 $p<0.05$; OHSS vs OHSS+S1P $p<0.01$), **C)** claudin-5 (Control vs OHSS $p<0.01$; OHSS
724 vs OHSS+S1P $p<0.05$) **D)** occludin (Control vs OHSS $p<0.001$; Control vs OHSS+S1P
725 $p<0.05$; OHSS vs OHSS+S1P $p<0.05$) and **E)** Nectin-2 (Control vs OHSS $p<0.05$;
726 Control vs OHSS+S1P $p<0.05$). The density of each band was normalized to the density
727 of the β -actin or GAPDH band. The lower panels show a representative blot for each
728 protein analyzed. Different letters indicate significant differences. Data are expressed as
729 the mean \pm SEM. Results were obtained from three experiments, using 6 rats per group.

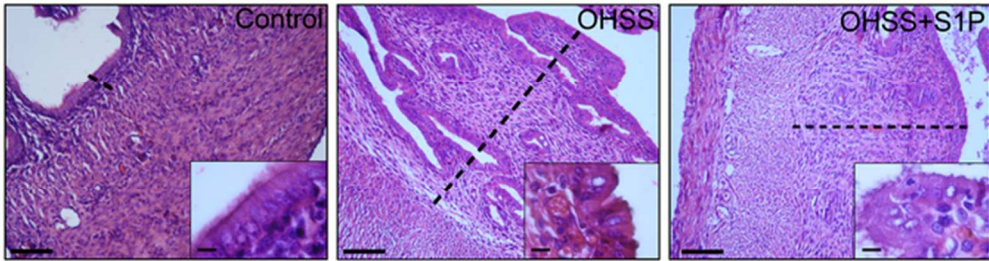
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731 **Figure 5: Effect of S1P treatment on the expression of S1P receptor 1 (S1PR1) in**
732 **ovaries from the rat OHSS model.** Densitometric quantification of S1PR1 levels in
733 ovarian protein extracts. The density of each band was normalized to the density of the
734 GAPDH band. The lower panels show a representative blot for the protein analyzed.
735 Different letters indicate significant differences (Control vs OHSS+S1P $p<0.01$; OHSS

736 vs OHSS+S1P $p < 0.01$). Data are expressed as the mean \pm SEM. Results were obtained
737 from three experiments, using 6 rats per group.

738

739 **Figure 6: Effect of S1P treatment on uterine morphology from the rat OHSS**
740 **model.** H&E stained sections show representative histological fields of Control, OHSS
741 and OHSS+S1P uterus. The dotted lines indicate the thickness of the endometrium. The
742 endometrium from the control group showed a few residual glands with a covering
743 epithelium that is low cuboidal to columnar. On the other hand, the endometrium of the
744 OHSS and S1P-treated OHSS group, showed a tall columnar surface epithelium with
745 pseudostratification and signs of an increased turnover, scattered glands are seen within
746 the thickness of the endometrium. Scale bars, 50 μm . Insets in all panels show images at
747 higher magnification of the endometrial epithelium. Scales bars, 5 μm .



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Table I: Effect of S1P treatment on ovarian weight and serum progesterone concentration in a rat OHSS model.

	Control (n=6)	OHSS (n=6)	OHSS+S1P (n=6)
Ovarian weight (g)	0.057 ±0.003 ^a	0.122±0.004 ^b	0.093±0.007 ^c
Serum progesterone (ng/ml)	64.01±18.93 ^a	173.70±15.31 ^b	63.45±18.15 ^a

Note: Data are expressed as mean ± SEM; n = 6 rats/group. Letters indicate a significant statistical difference between groups by one-way ANOVA, followed by Tukey's multiple comparison test. Ovarian weight: a vs b P<0.001; a vs c P<0.01; b vs c P<0.05. Serum progesterone: a vs b P < 0.001