

Nano-clays from natural and modified montmorillonite with and without added blueberry extract for active and intelligent food nanopackaging materials



Tomy J. Gutiérrez^{a, b, c, *}, Alejandra G. Ponce^d, Vera A. Alvarez^c

^a Departamento Químico Analítico, Facultad de Farmacia, Universidad Central de Venezuela, Apartado 40109, Caracas, 1040-A, Venezuela

^b Instituto de Ciencia y Tecnología de Alimentos, Facultad de Ciencias, Universidad Central de Venezuela, Apartado 47097, Caracas, 1041-A, Venezuela

^c Grupo de Materiales Compuestos Termoplásticos (CoMP), Instituto de Investigaciones en Ciencia y Tecnología de Materiales (INTEMA), Facultad de Ingeniería, Universidad Nacional de Mar del Plata (UNMdP) y Consejo Nacional de Investigaciones Científicas y Técnicas (CONICET), Colón 10850, B7608FLC, Mar del Plata, Argentina

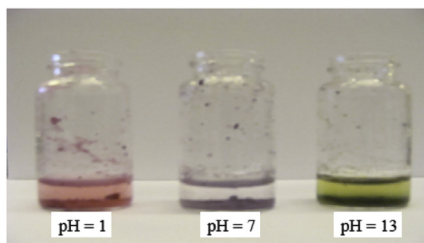
^d Grupo de Investigación en Ingeniería en Alimentos, Facultad de Ingeniería, Universidad Nacional de Mar del Plata (UNMdP), Juan B. Justo 4302, 7600, Mar del Plata, Argentina

HIGHLIGHTS

- Food nano-packaging were obtained from natural and modified montmorillonite (Mnt).
- XRD, TGA and FTIR results suggests the blueberry extract nanopackaging.
- Intelligent nanocomposites were obtained.
- Greater interlayer spacing of the nano-Mnt allows greater nanopackaging.

GRAPHICAL ABSTRACT

Active and intelligent food nanopackaging materials



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ABSTRACT

The aim of this study was to evaluate the potential of nano-clays as active and intelligent (A&I) food nanopackaging materials. Nanopackaging is a structured system that allows the storage of certain compounds in a stable form. Nano-clays were prepared from natural and modified montmorillonite (Mnt) with and without added blueberry extract, and characterized in terms of their: X-ray diffraction (XRD) patterns, thermogravimetric (TGA) properties, microstructure, moisture content, water activity (a_w), infrared spectra (FTIR), Raman spectra, color parameters, response to pH changes, and antioxidant and antimicrobial activity. Mnt prepared with added blueberry extract showed antioxidant activity and intelligent behavior under different pH conditions. Modifying the Mnt increased the interlayer spacing, thus allowing more blueberry extract to be incorporated within the system. In conclusion, natural and modified Mnt are eco-friendly resources with potential applications for nano-packaging. The addition of blueberry extract imparted intelligent properties to the nano-clays as regards their responses to changes in pH.

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* Corresponding author. Instituto de Ciencia y Tecnología de Alimentos, Facultad de Ciencias, Universidad Central de Venezuela, Apartado 47097, Caracas, 1041-A, Venezuela.

E-mail addresses: tomy.gutierrez@ciens.ucv.ve, tomy_gutierrez@yahoo.es (T.J. Gutiérrez).

1. Introduction

Montmorillonite (Mnt), a member of the smectite group, is one of the clay minerals most commonly utilized as nanocomposites

and accounts for nearly 70% of the clay market volume [1,2]. Clay is a naturally abundant, toxin-free mineral used in foods, medicines, cosmetics, and healthcare products [3] as well as being environmentally friendly and inexpensive.

Clays and clay minerals are technologically important materials mainly composed of hydrated aluminosilicate with neutral or negative charged layers [4]. Layered silicates typically have a stacked arrangement of silicate layers (platelets) held apart principally by electrostatic forces. Platelets are only 1 nm thick but have a huge surface area (over 750 m²/g) and aspect ratios ranging from 100 to 500 [1,5,6]. Each layer is characterized by a 2:1 structure with a central octahedral sheet of alumina attached to two external tetrahedral sheets of silica [7–9]. The net negative charge of the layers, generated due to isomorphous substitutions of Al³⁺ with Fe²⁺ or Mg²⁺ in the octahedral sites and of Si⁴⁺ with Al³⁺ in the tetrahedral sites, is compensated by the presence of cations, mainly Na⁺ and Ca²⁺, situated in the interlayer space [10]. The presence of inorganic cations between the planar surfaces of the Mnt layers is what gives these clays their hydrophilic character.

Clays have been modified for different purposes by replacing these inorganic cations with organic ones through cation exchange reactions. Organic cations employed in this way are mostly surfactants, such as ammonium salts, which increase the interlayer spacing and surface hydrophobicity [5,11]. Modified clays prepared by cation exchange with long-chain quaternary alkylammonium or phosphonium salts have been widely studied and the resulting organoclays used in the preparation of nanocomposites, mainly for industrial applications [12,13]. In recent years, however, the use of these clays has been extended to other fields including drug delivery systems [14–17], the production of excipient and active substances in pharmaceutical products [18,19] and antithrombotic materials [20], and the immobilization of hosts for biological species such as enzymes, amino acids, proteins, nucleic acids, and phospholipids [12,21–26]. Nonetheless, organoclays have been little studied as food nano-packaging materials compared to other nano-encapsulation systems [27].

According to Bracone et al. [27], the term nano-packaging refers to nanostructured materials that package certain compounds of interest. In this context, clay minerals have been developed and used especially in food and drug nanopackaging. These clay mineral-based systems, as mentioned above, allow the controlled release of drugs and prevent oxidative damage in foods, thus reducing food loss. Despite their importance, however, clay mineral systems have been poorly studied.

With this in mind, a nano-packaging system could be developed by incorporating blueberry extract in the silicate interlayer spaces of clay, i.e. between the silicate layers [6,28]. Blueberries contain anthocyanins which change color under different pH due to a shift in their molecular structure from a quinoidal to a flavylium form [29]. The addition of blueberry extract could thus transform these clays into active and intelligent nanocomposites that respond to changes in pH.

These active and intelligent materials derived from eco-friendly resources could be used to produce food nano-packaging that provides consumers with information about the quality and safety of food products. Changes in the coloration of the packaging could be associated with the fraudulent modification of foods, non-compliance of the cold chain, or simply alert consumers to the freshness of the food [30,31]. In this regard, the FAO [32] has estimated that approximately a third of the food produced annually for human consumption is wasted. This represents a loss of about 1.3 billion tons of food, valued at over USD 750 billion, which could feed the more than 842 million of people that still suffer from chronic hunger globally [33]. The incorporation of blueberry extract could, furthermore, enable the production of bioactive compounds

that have a favorable impact on the prevention of diseases such as cancer [34] and kidney infections [35].

The goal of this research was to develop nano-clays with potential uses for active and intelligent food nanopackaging. In order to achieve this the physical and chemical properties of two nano-clays derived from Mnt, one natural, and the other modified with a quaternary ammonium salt (dimethyl dehydrogenated tallow ammonium), were analyzed. Nanocomposites prepared from the clays plus blueberry extract were also investigated.

2. Experimental

2.1. Materials

The clays evaluated in this study were natural and modified montmorillonites (Mnt) supplied by Laviosa Chimica Mineraria S.p.A. (Livorno, Italy), and were used as received. According to the manufacturer's instructions, the modified Mnt is a nanoclay derived from a naturally occurring Mnt, purified and modified with a quaternary ammonium salt (dimethyl dehydrogenated tallow ammonium). This modification was selected based on the fact that it has been well known in the literature for years, and the resulting modified clay is nontoxic with no risk to human health [36–38]. The cation exchange capacity (CEC) of natural Mnt, measured by the methylene blue method, gave a CEC of 105 meq/100 g clay. Blueberry (*Vaccinium corymbosum*) extract was obtained according to the methodology proposed by Dai et al. [39] using ethanol as a solvent, since it maintains the properties of blueberries. According to Dai et al. [39] the chemical composition of blueberry extract is 100% anthocyanin. Ripe fruits were purchased from a local market in Mar del Plata, Buenos Aires, Argentina. The fruits were selected, discarding any diseased or stained specimens, before weighing out 170 g, crushing and filtering. The residue obtained, mainly the fruit skin, was then washed with 100 mL of ethanol (Aldrich: product code: 34923). Interestingly, this type of waste is normally produced by manufacturing processes during the preparation of filtered blueberry juices. The blueberry extract was prepared the same day the clays were developed, and maintained refrigerated at 5 °C in a dark container until further processing in order to avoid oxidative damages.

2.2. Formation of the nano-clays

The nano-clays were prepared by mixing 2 g of clay and 40 mL of blueberry extract. The mixture was then frozen at –20 °C for 48 h after which it was lyophilized at 100 mTorr and –50 °C for 72 h using a Gland type Vacuum Freeze Dryer, Columbia International, Model FD-1B-50 (Shaan Xi, China) in order to obtain a free flowing product. Lyophilization also preserves the active compounds of the blueberry extract and ensures a size of clay particle in the nanometer range. The resultant clays were conditioned in containers with a saturated solution of NaBr ($a_w \sim 0.575$ at 25 °C) for seven days prior to each test. During this period the containers were protected from light in a dark room to avoid photodegradation of the anti-oxidant compounds and pigments. Samples used to determine the water activity (a_w) of the clays were not conditioned. Four types of clay samples were prepared as follows: natural montmorillonite (NMnt), natural montmorillonite with added blueberry extract (NMnt+BE), modified montmorillonite (MMnt) and modified montmorillonite with added blueberry extract (MMnt+BE).

2.3. Characterization of clays

2.3.1. X-ray diffraction (XRD)

The X-ray diffraction patterns of the clay powders were

determined using an X-Pert Pro diffractometer (Netherlands) operating at 40 kV and 40 mÅ, with Cu K α radiation ($\lambda = 1.5406 \text{ \AA}$). Samples of finely ground clay powder were placed in horizontal glass holders. Diffractograms were recorded at a scanning speed of 0.5° per min in an angular range of $2\theta = 2^\circ\text{--}8^\circ$. The distances between the planes of the crystals d (Å) were calculated from the diffraction angles ($^\circ$) measured from the X-ray patterns, according to Bragg's law:

$$d = \frac{n\lambda}{2 \sin\theta} \quad (1)$$

where λ is the wavelength of radiation Cu K α and n is the order of reflection. For the calculations, n was taken as 1. The differences between the interplanar distances (Δ_{ip}) of the samples tested were calculated taking as a reference the interplanar distance of the natural montmorillonite (d_{NM}).

$$\Delta_{id} = d_c - d_{NM} \quad (2)$$

where d_c is the interplanar distance of each clay sample.

2.3.2. Thermogravimetric analysis (TGA)

Thermogravimetric analysis was carried out with a thermal analyzer (TA Instruments) Model TGA Q500 (Hüllhorst, Germany) at a heating rate of 10 °C/min from room temperature to 900 °C under nitrogen atmosphere. The clay mass was in the range of 7–15 mg. The mole fraction of blueberry extract (X_{be}) incorporated into the clays was calculated as follows:

$$X_{be} = \frac{Rw_{n+be} - Rw_n}{Rw_{be} - Rw_n} \quad (3)$$

where Rw_{n+be} is residual mass of clay plus blueberry extract, Rw_n is the residual mass of clay without blueberry extract, and Rw_{be} is the residual mass of blueberry extract. Residual mass values were taken at 800 °C where the decomposition of the blueberry extract was about 0.7%. Analyses were performed in triplicate to ensure repeatability and data were reported as mean values \pm SD.

2.3.3. Field emission scanning electron microscopy (FESEM)

FESEM micrographs of the clays were taken, and their average size calculated using a FESEM Supra55, Zeiss (Oberkochen, Germany) at an acceleration voltage of 3 kV. The average size of the clay particles was determined using the well-known image processing software ImageJ by randomly choosing at least 5 FESEM images. All samples were sputter coated with an Ar $^+$ ion beam at an energy level of 3 kV and sputter rate 0.67 nm/min with a thin layer of gold for 35 s to ensure electrical conduction and to reduce surface charging during the analysis. The sputter rate was determined using a Ni/Cr multilayer standard.

2.3.4. Moisture content

The moisture contents of the different clays were determined using a Moisture Analyzer, Model MA150 (Goettingen, Germany). Samples (~0.5 g) were dried at 105 °C until constant mass was reached. Measurements were conducted in triplicate for each clay and the results were reported as % of average moisture \pm SD.

2.3.5. Water activity (a_w)

The water activity of the different clays was determined in order to evaluate their susceptibility to microbiological growth: a limiting factor for their use as a food additive. Water activity was calculated using a psychrometric a_w meter Aqualab Cx-2 (Decagon Devices, Pullman, USA) previously calibrated with water at 25 °C. The

average value of three measurements per clay type \pm SD was reported.

2.3.6. Attenuated total reflectance Fourier transform infrared spectroscopy (ATR/FTIR)

The infrared spectra of the clay samples were recorded on a Nicolet 8700 (Thermo Scientific Instrument Co., Madison, Wisconsin, USA) equipped with a diamond ATR probe at an incident angle of 45°, over the range 4000–600 cm $^{-1}$, from 32 co-added scans at 4 cm $^{-1}$ resolution. About 10 mg of each of the finely ground clay samples were placed on the sample holder. Each sample was scanned three times, observing good reproducibility.

2.3.7. Raman spectroscopy

Raman spectra of the clays were obtained using an Invia Reflex confocal Raman microscope (Renishaw, U.K.) with an argon laser. The laser power level was set at 3 mW and the Raman spectra were acquired at 785 nm. The microscope was operated with a 50 \times objective lens to focus the beam onto the sample. Integration time was 0.5 s, and the number of accumulations 200. Spectral resolution and repeatability were better than 1 cm $^{-1}$ and 0.2 cm $^{-1}$, respectively. The Raman spectrum for each sample was measured as an evenly-distributed number of points. No thermal effects were observed on the samples during these measurements.

2.3.8. Color

The color parameters of the clays were determined with a Macbeth[®] colorimeter (Color-Eye 2445 model, illuminant D65 and 10° observer) standardized with a white reference plate ($L^* = 93.52$, $a^* = -0.81$ and $b^* = 1.58$). Hunter scale values were expressed as $L^* = 0$ (black) to $L^* = 100$ (white), $-a^*$ (greenness) to $+a^*$ (redness), $-b^*$ (blueness) to $+b^*$ (yellowness) [40]. Differences in color (ΔE^*) were calculated according to Eq. (4) described by Gennadios et al. [41]:

$$\Delta E = \sqrt{\Delta a^2 + \Delta b^2 + \Delta L^2} \quad (4)$$

where ΔL , Δa and Δb represent variations between the color parameters of the samples and the white standard.

The yellowness index (YI), which as its name suggests determines the degree of yellowness of a substance, was calculated according to ASTM D-1925 [42] and MacFarlane et al. [43] using the CIE $L^*a^*b^*$ scale:

$$YI = \frac{100 (1277X - 1067Z)}{Y} \quad (5)$$

Chromaticity (C^*) and hue angle ($^\circ h$) were calculated using the following equations [44]:

$$C^* = \sqrt{(a^*)^2 + (b^*)^2} \quad (6)$$

and

$$h(o) = 180 + \tan^{-1} \left(\frac{b^*}{a^*} \right); \text{ for } a^* > 0 \text{ and } b^* < 0, \text{ and} \\ \text{for } a^* < 0 \text{ and } b^* > 0 \quad (7)$$

Measurements were taken in triplicate for each type of clay.

2.3.9. Response to pH changes

In order to evaluate the responses of the clays to changes in pH, samples of each system (0.1 g of clay) were placed in 4 mL solutions of pH equal to 1, 7, and 13, prepared from NaOH (0.1 M) and HCl (0.1 M). Changes in clay color were then assessed from images

taken with an 8.1 mega pixel Cyber-shot Sony camera; model DSC-H3 (Tokyo, Japan).

2.3.10. DPPH antioxidant activity

The total antioxidant activity of each clay type was determined using the 2,2-diphenyl-2-picrylhydrazyl (DPPH) radical method described by Molyneux [45]. Briefly, 1.97 mg of DPPH radical was dissolved in 50 mL of pure methanol and adjusted to 1.0 absorbance units at 517 nm. Then, 60 μ L of each clay sample (0.01 mg/mL) and 840 μ L of DPPH radical adjusted solution were mixed in individual tubes and incubated for 60 min at room temperature in the dark. The absorbance of samples was read at 517 nm using a UV–visible spectrometer UV-1601 PC (Shimadzu Corporation, Kioto, Japan). The antioxidant activity of the samples tested was expressed as percent inhibition of DPPH, calculated according to the following equation:

$$\%Inhibition = [A_0 - A_{60}/A_0] \times 100 \quad (8)$$

where A_0 and A_{60} are the absorbance values of the blank sample and the radical plus sample, respectively. Assays were carried out in triplicate.

2.3.11. Antimicrobial activity of clays – disc-diffusion assay

The antimicrobial activity of the clays was evaluated by the agar diffusion method according to Ponce et al. [46]. The zone of inhibition on solid media assay was used for determining the antimicrobial effects of the clays against two typical pathogens: a Gram-negative bacteria, *Escherichia coli* O157:H7 (32158, American Type Culture Collection), and a Gram-positive bacteria, *Listeria monocytogenes innocua*, provided by CERELA (Centro de Referencia de Lactobacilos, Tucumán, Argentina). For this, 30 μ L of each clay were hydrated with 1 mL of sterile water. The resulting solutions were then poured into 5 mm diameter wells on Mueller Hinton (Merck, Darmstadt, Germany) agar plates, previously seeded with 0.1 mL of inoculum containing approximately 10^5 – 10^6 CFU/mL of the test bacteria. Plates were incubated for 24 h at 37 °C, and then examined to study the inhibitory effect. The total area was used to evaluate the antimicrobial potential of the clays by exactly measuring the diameter of the inhibitory zones surrounding the wells, as well as the area in contact with the agar surface. The antimicrobial effect was then classified using the diameter of each inhibition halo as: not sensitive for diameters less than 8 mm; sensitive for diameters of 9–14 mm; very sensitive for diameters of 15–19 mm and extremely sensitive for diameters larger than 20 mm [46]. Each assay was performed in triplicate on two separate experimental runs.

2.4. Statistical analysis

OriginPro 8 (Version 8.5, Northampton, USA) was used to analyze the resulting data of the properties of the clays. Data were initially evaluated by analysis of variance (ANOVA) and significant results further analyzed using Duncan's multiple range tests ($p < 0.05$) to compare mean values.

3. Results and discussion

3.1. X-ray diffraction (XRD)

The X-ray diffraction patterns of the developed clays (Fig. 1) showed that the NMnt exhibited a strong reflection at $2\theta = 4.78^\circ$ corresponding to a basal spacing of 18.6 Å. Similar results have been reported by Merino et al. [47] for natural bentonite clay (13.2 Å). The interlayer spacing of the MMnt (modified) clay (d -value \cong 26.6 Å) was significantly wider than that of the NMnt, representing an increase of around 8.0 Å (Table 1). This is consistent with results reported by de Azeredo [5] where inorganic cations in the clays tested were replaced by other organics by means of exchange reactions.

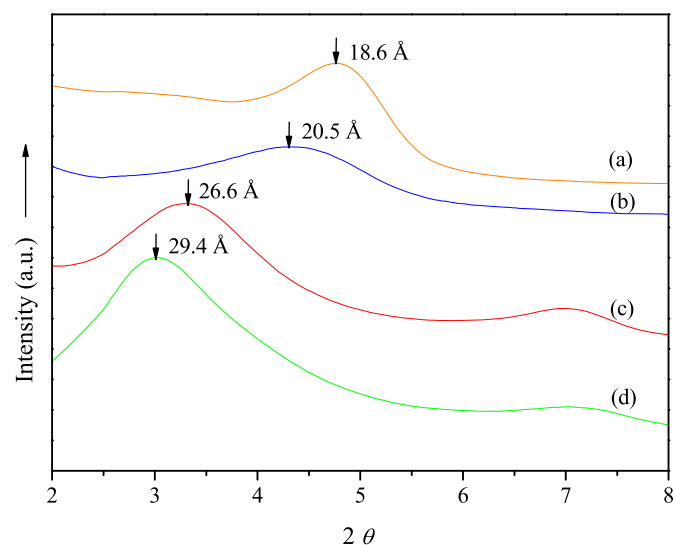


Fig. 1. X-ray diffraction pattern of the different clays studied: (a) natural montmorillonite (NMnt), (b) natural montmorillonite containing blueberry extract (NMnt+BE), (c) modified montmorillonite (MMnt) and (d) modified montmorillonite containing blueberry extract (MMnt+BE).

Table 1
Difference of interplanar distance (Δ_{id}), mole fraction of the blueberry extract (X_{be}) included within the clay, moisture content, water activity (a_w), and color parameters of the different clays.

Parameter	NMnt	NMnt+BE	MMnt	MMnt+BE
Δ_{id} (Å)	–	1.9 ± 0.1^a	8.0 ± 0.1^b	10.8 ± 0.1^c
X_{be}	–	0.21 ± 0.01^a	–	0.43 ± 0.01^b
Moisture (%)	1.9 ± 0.1^a	2.2 ± 0.1^{ba}	2.1 ± 0.1^a	2.5 ± 0.1^c
a_w	0.314 ± 0.006^a	0.526 ± 0.004^c	0.347 ± 0.009^b	0.571 ± 0.004^d
L^*	93.13 ± 0.01^d	53.21 ± 0.01^b	91.19 ± 0.01^c	40.54 ± 0.01^a
a^*	-0.73 ± 0.01^a	0.70 ± 0.02^c	-0.51 ± 0.01^b	4.80 ± 0.02^d
b^*	11.52 ± 0.01^c	-2.58 ± 0.03^b	13.24 ± 0.06^d	-9.95 ± 0.01^a
Color difference (ΔE)	9.95 ± 0.01^a	40.57 ± 0.01^c	11.90 ± 0.01^b	54.53 ± 0.01^d
Whiteness Index (WI)	86.57 ± 0.01^d	53.13 ± 0.01^b	84.09 ± 0.01^c	39.52 ± 0.01^a
Yellow Index (YI)	20.74 ± 0.02^c	-7.30 ± 0.06^b	24.27 ± 0.01^d	-34.33 ± 0.07^a
C^*	11.54 ± 0.01^c	2.68 ± 0.03^a	13.2497 ± 0.0002^d	11.049 ± 0.005^b
h (°)	176.36 ± 0.03^a	344.8 ± 0.3^d	177.81 ± 0.02^b	334.2 ± 0.1^c

Equal letters in the same row indicate no statistically significant differences ($p \leq 0.05$).

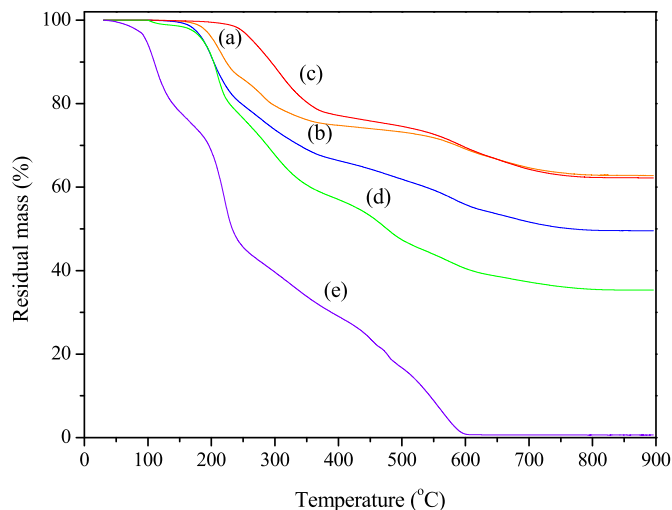


Fig. 2. TGA curves of the different systems studied: (a) natural montmorillonite (NMnt), (b) natural montmorillonite containing blueberry extract (NMnt+BE), (c) modified montmorillonite (MMnt), (d) modified montmorillonite containing blueberry extract (MMnt+BE) and (e) blueberry extract (BE).

The 001 basal reflection of both the NMnt and MMnt was increased by adding the blueberry extract, demonstrated by the decrease in the 2θ angles in the extract-containing clays (NMnt+BE and MMnt+BE) (Fig. 1). This suggests that the increase in basal spacing was a result of the intercalation of blueberry extract molecules in the silicate interlayer spaces of the clays [48] confirming that the extract was nano-packaged in the clays. In other words, the blueberry extract was introduced into the Mnt interlayer space.

3.2. Thermogravimetric analysis (TGA)

The curves obtained from TGA analysis (Fig. 2) were used to examine changes in the thermal stability of the systems evaluated and to calculate the mole fraction of blueberry extract (X_{be}) incorporated into the clays. Thermal decomposition of the clays occurred in three steps: step one from room temperature up to approximately 150 °C, corresponding to the loss of physically adsorbed water molecules; step two between 150 and 450 °C, where slow water loss occurs from between the interlayers; step three from 650 °C, corresponding to the dehydroxylation of the structural OH groups of the clays [49,50].

Firstly, we can observe that the removal of physically adsorbed water molecules in the blueberry extract-containing clays (NMnt+BE and MMnt+BE) was shifted to lower temperatures compared to the NMnt clay, i.e. between room temperature and 120 °C [51,52]. This suggests that water molecules interact weakly with these clays, possibly because the polar sites (Lewis sites) available are found blocked by blueberry extract molecules.

The maximum decomposition temperature of the modified clay (MMnt) was higher than that of the other clays (Fig. 2). This agrees with reports in the literature which indicate that the organo-ammonium groups grafted to the silicates show high thermal stability and start to decompose only at 400 °C [49]. In contrast, the native and modified clays with added blueberry extract (NMnt+BE and MMnt+BE, respectively) had a lower heat resistance, possibly due to the decomposition of the interleaved organic matter contained in the interlayer spaces of the clay. Interestingly, the MMnt+BE clay also showed a greater mass loss, suggesting a higher content of packed organic material within the interlayer spaces of the modified Mnt. In this regard, the highest X_{be} (~0.43)

incorporated into the clays was obtained for the MMnt+BE clay as calculated from the TGA curves (Table 1). This high organic matter content can be explained by the fact that the modified Mnt had the widest interlayer spacing [53], thus making more room available for the packaged blueberry extract.

3.3. Field emission scanning electron microscopy (FESEM)

The FESEM micrographs of the clays (Fig. 3) revealed that the clay particles were slightly transformed from an irregular (NMnt clay; Fig. 3a) to a spherical morphology (MMnt clay; Fig. 3c), although the irregular clay remained predominant. The average size of the nanoclay particles also increased from approximately 20–37 μm (NMnt clay) to 40–57 μm (MMnt clay). These results agree with the increase in the interlayer spacing observed from the XRD patterns. Similar results have been reported by Öztop, & Shahwan [54] for Mnt modified using an alkaline hydrothermal treatment.

An increase in the average size of the clay particles was also observed for the clays nano-packaged with blueberry extract. This is again in line with the XRD results. According to Ruiz et al. [55], one of the factors affecting the morphology of this type of material is that it undergoes a zeolitization process characteristic of the medium, in which ions, such as Na^+ and K^+ , act as templates around the aluminosilicate units.

3.4. Moisture content

The moisture content data for the different clays studied (Table 1) reveals that the moisture contents of the NMnt and MMnt clays were not statistically significant ($p \geq 0.05$). The addition of blueberry extract did, however, significantly increase ($p \leq 0.05$) clay moisture content (NMnt+BE and MMnt+BE). This suggests that the incorporation of blueberry extract increases the susceptibility of clays to the adsorption of water from the environment. The MMnt+BE clay was the wettest system, possibly because of the higher X_{be} that was incorporated into this clay.

3.5. Water activity (a_w)

The water activity (a_w) values of the clays used (Table 1) shows a direct relationship between a_w and moisture content. The highest a_w value (~0.571) was obtained for samples of blueberry extract-containing modified Mnt (MMnt+BE) which contained the highest mole fraction of the blueberry extract within the clay. Water activity values between 0.6 and 0.8 allow the growth of molds and yeasts, whereas for values between 0.8 and 1.0 bacterial growth is more likely. The a_w values obtained here thus suggest that the developed clays are not susceptible to microbiological growth [56].

3.6. Attenuated total reflectance Fourier transform infrared spectroscopy (ATR/FTIR)

The FTIR spectra for the developed clays over the entire absorption range (Fig. 4A) show absorption peaks at about 3334 cm^{-1} , corresponding to the stretching and bending vibrations for the hydroxyl (O–H) groups of the water molecules present in the clay samples [47,57]. The increase in intensity of the peak at 3334 cm^{-1} due to O–H stretching vibrations suggests that the available cations are replaced by protons of polar groups during the different treatments, thus increasing the number of available O–H groups [57]. Specifically, in the region between 3600 and 3000 cm^{-1} the intensity of the absorption band associated with the O–H groups and free water increases, which can be directly related to the moisture content of the clays (Table 1). In other words, higher moisture contents led to stronger absorption band associated with the O–H

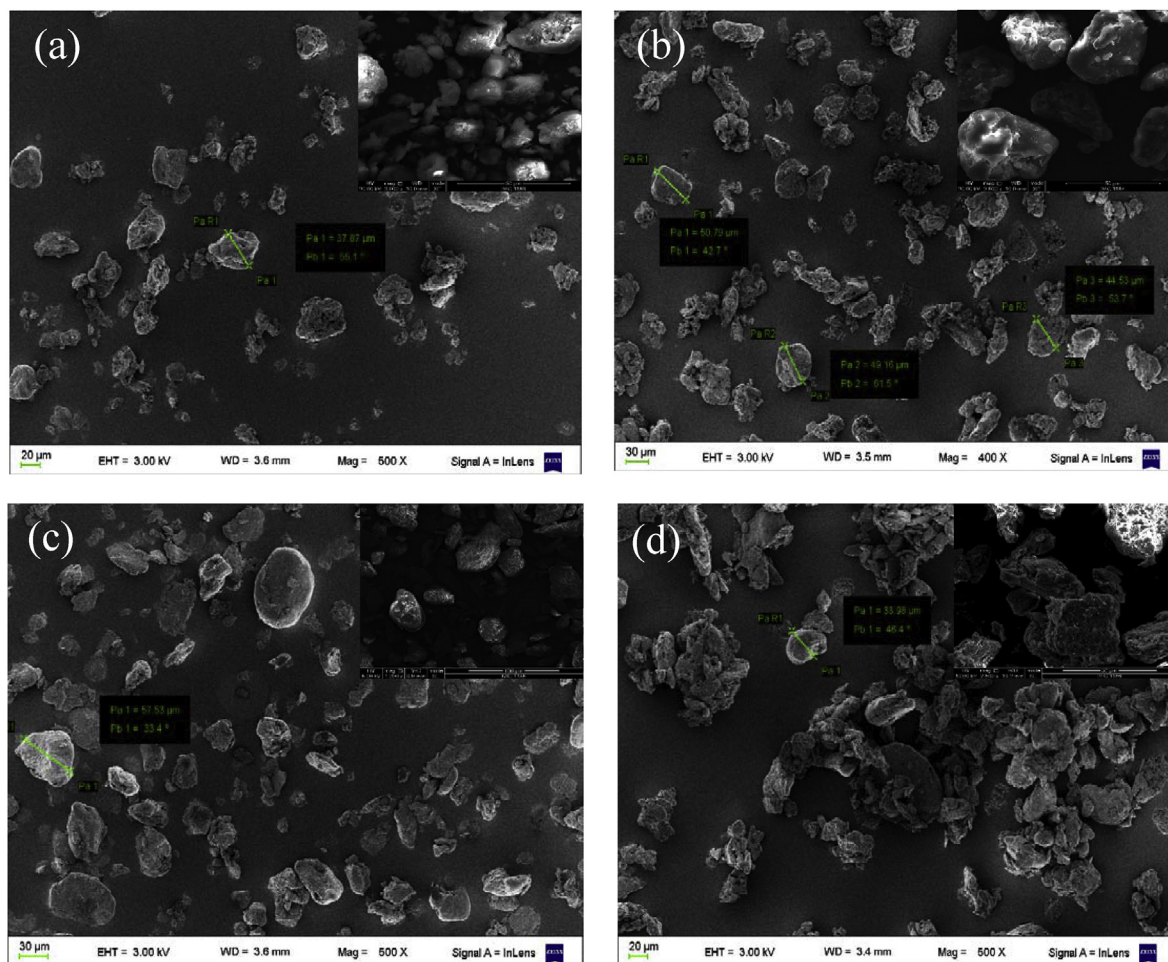


Fig. 3. FESEM micrographs of the different systems studied: (a) natural montmorillonite (NMnt), (b) natural montmorillonite containing blueberry extract (NMnt+BE), (c) modified montmorillonite (MMnt) and (d) modified montmorillonite containing blueberry extract (MMnt+BE).

groups and free water. The bands located at 2918 cm^{-1} , 2850 cm^{-1} , 2361 cm^{-1} and 1469 cm^{-1} correspond to the CO_2 environment. The absorption band centered at around 999 cm^{-1} is attributed to the Si–O group in plane vibration. Al–Al–OH, Al–Fe–OH and Al–Mg–OH bending vibrations show absorption bands at 916 , 880 and 800 cm^{-1} , respectively [58–60]. A diminution in the intensity of the bands at 999 cm^{-1} (Si–O stretching) and 814 cm^{-1} (O–Si–O asymmetric stretching) due to changes in the Si environment can also be observed.

The FTIR spectrum for the blueberry extract (mainly anthocyanins) also shows an absorption peak at about 3334 cm^{-1} (Fig. 4B) assigned to the stretching and bending vibrations of the O–H groups. In addition, a strong absorption band with a maximum at 1021 cm^{-1} assigned to aromatic ring C–H deformation, as well as bands at 1638 and 1414 cm^{-1} corresponding to the stretching vibration of the C–C aromatic ring, can also be seen. The absorption band with a maximum at 1257 cm^{-1} is assigned to the stretching of pyran rings, typical of flavonoid compounds. Finally, the band appearing at 1344 cm^{-1} corresponds to C–O angular deformations of phenols [31].

3.7. Raman spectroscopy

Raman spectroscopy was used in an attempt to investigate the structure of the developed nano-clays a little further. Fig. 5 shows the Raman spectra of the clay samples obtained. This technique is

more sensitive in the short range order than XRD, as different crystal modifications of Mnt produce different sets of characteristic Raman bands [61]. Obvious differences in the Raman spectra of the NMnt and MMnt samples were observed, confirming the modification of the clay. However, the samples containing blueberry extract (NMnt+BE and MMnt+BE) did not show clear bands. This suggests that blueberry extract produces a fluorescence phenomenon in clay samples, thus limiting the detection of the spectra [61–66].

3.8. Color

The results of the color parameters of the clays studied (Table 1) show that the highest L^* value was obtained for the NMnt clay, followed by the MMnt, NMnt+BE and MMnt+BE clays, in that order. This indicates that both clay modification and the addition of blueberry extract led to darker clays. The MMnt+BE clay was the darkest of the four types, possibly due to the greater molar fraction of blueberry extract packaged in this system.

The incorporation of the blueberry extract in the clays also increased the a^* (redness) values probably due to the blueberry extract pigment (anthocyanins). The reddest clay was the MMnt+BE clay, which would be in line with that established above, i.e. the MMnt+BE clay was the system with the greatest capacity to package the blueberry extract. In contrast, the clays without blueberry extract tended towards a green color, with the most negative

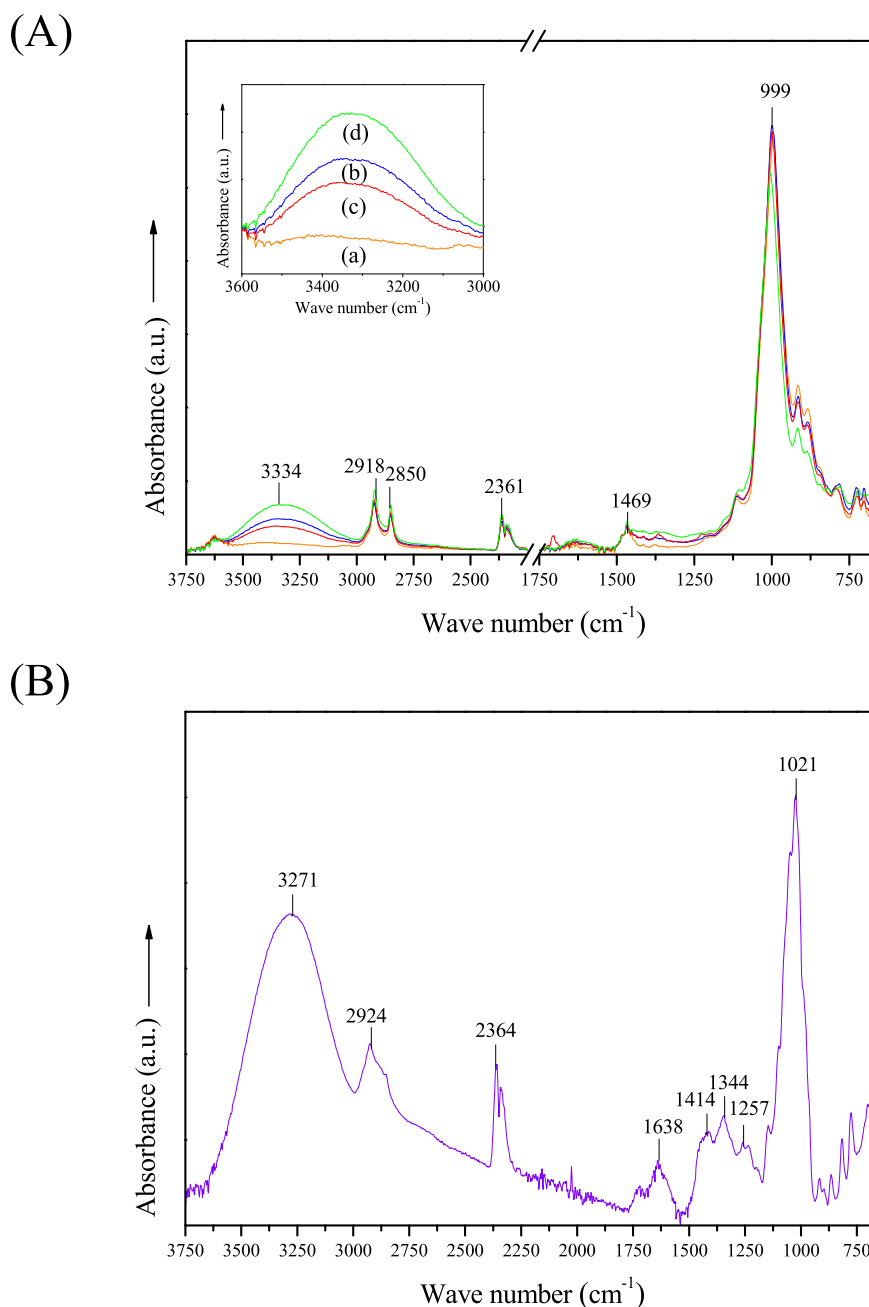


Fig. 4. Panel A- FTIR spectra of the different clays studied in all the range absorption: (a) natural montmorillonite (NMnt), (b) natural montmorillonite containing blueberry extract (NMnt+BE), (c) modified montmorillonite (MMnt) and (d) modified montmorillonite containing blueberry extract (MMnt+BE). Panel B- FTIR spectrum in all the range absorption of the blueberry extract.

a^* value registered for the NMnt clay, i.e. NMnt is the system with the greatest tendency towards green.

The MMnt clay showed the highest positive b^* value, showing that this was the most yellow system. Unsurprisingly, a direct relationship between the b^* values and yellowness index (YI) was obtained.

The combination of all the changes observed in each of the L^* , a^* and b^* chromatographic parameters produced lower color differences (ΔE) between the clays without blueberry extract. This is consistent with the YI indexes obtained, since the ΔE values were calculated taking a standard white plate as a reference. According to Obón et al. [67], ΔE 's from 0 to 1.5 can be considered small and virtually identical to the human eye, from 1.5 to 5 color differences

can be distinguished, and are obvious for ΔE 's higher than 5. The color differences between the clay samples and the standard white reference plate was thus evident as detected by visual observation. Similarly, the clay samples with added blueberry extract (NMnt+BE and MMnt+BE) were clearly different in color to the samples without the extract (NMnt and MMnt).

A decrease in the chromaticity (C^*) values was also observed when the blueberry extract was incorporated into the clay systems. The NMnt+BE clay showed the lowest chromaticity value, meaning that clay had a less vivid color.

The hue angles ($^{\circ}h$) of the clay systems were correctly located in the quadrants of the CIE $L^*a^*b^*$ color chart.

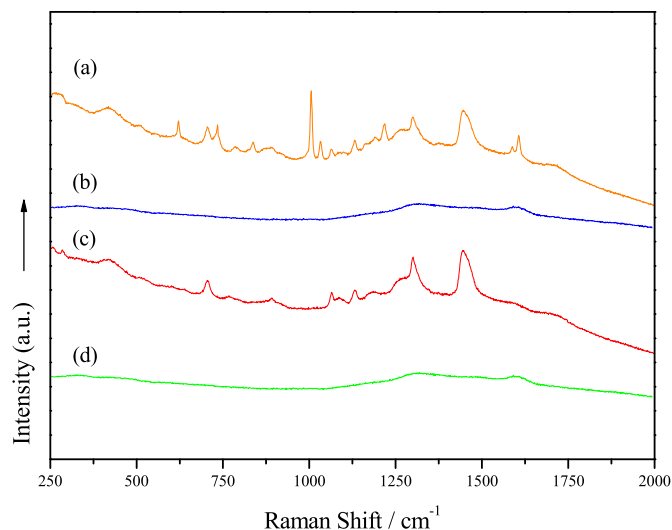


Fig. 5. Raman spectra of the different systems studied: (a) natural montmorillonite (NMnt), (b) natural montmorillonite containing blueberry extract (NMnt+BE), (c) modified montmorillonite (MMnt) and (d) modified montmorillonite containing blueberry extract (MMnt+BE).

3.9. Response to pH changes

The images of the responses of the clays to different pH (Fig. 6) reveal that the clays with added blueberry extract (NMnt+BE and MMnt+BE) changed color in both the acid and alkaline mediums. Both these clays showed a red coloration at the acid pH due to the formation of the flavylium cation (red color) of anthocyanins contained in the blueberry extract. In contrast, at alkaline pH the clays with blueberry extract (NMnt+BE and MMnt+BE) changed to a green color as a result of the quinoidal structure of anthocyanins that forms at $\text{pH} > 8$ [68]. At $\text{pH} = 7$ the blueberry extract-containing clays had a purple coloration.

These results suggest that incorporating blueberry extract into nanoclays imparts them with intelligent behavior as it enables them to respond to pH changes in the surrounding environment. These intelligent nanocomposites could be applied in polymeric matrices in contact with fishery products since the production and accumulation of amines, mainly ammonia, trimethylamine, and histamine, as a result of microbial growth would produce an alkaline medium. This would cause blueberry extract-containing clays to change in color, indicating a loss of quality in these types of foods. Similarly, these nanocomposites could be applied in slightly acidic food polymeric matrices, such as meats and fruits [31].

Interestingly, not only the color of the blueberry extract-containing clays changed, but also, slightly, the solution they were in. This confirms the migration of anthocyanin molecules toward the aqueous medium. Anthocyanins can then act as tracers of events occurring within the clay. This suggests that the anthocyanins packaged within the interlayer spaces of the clays generate van der Waals-type interactions between clay and pigment. Otherwise the chromophore groups of the anthocyanins would not allow color changes in the clays under different pH conditions.

3.10. DPPH antioxidant activity

The results of antioxidant capacity of the clays developed (Fig. 7) show that the native and modified Mnt (NMnt and MMnt) had an almost negligible antioxidant activity ($\sim 1.5\%$).

In contrast, the blueberry extract (BE) demonstrated a potent antioxidant effect (approx. 90% inhibition of the DPPH radical),

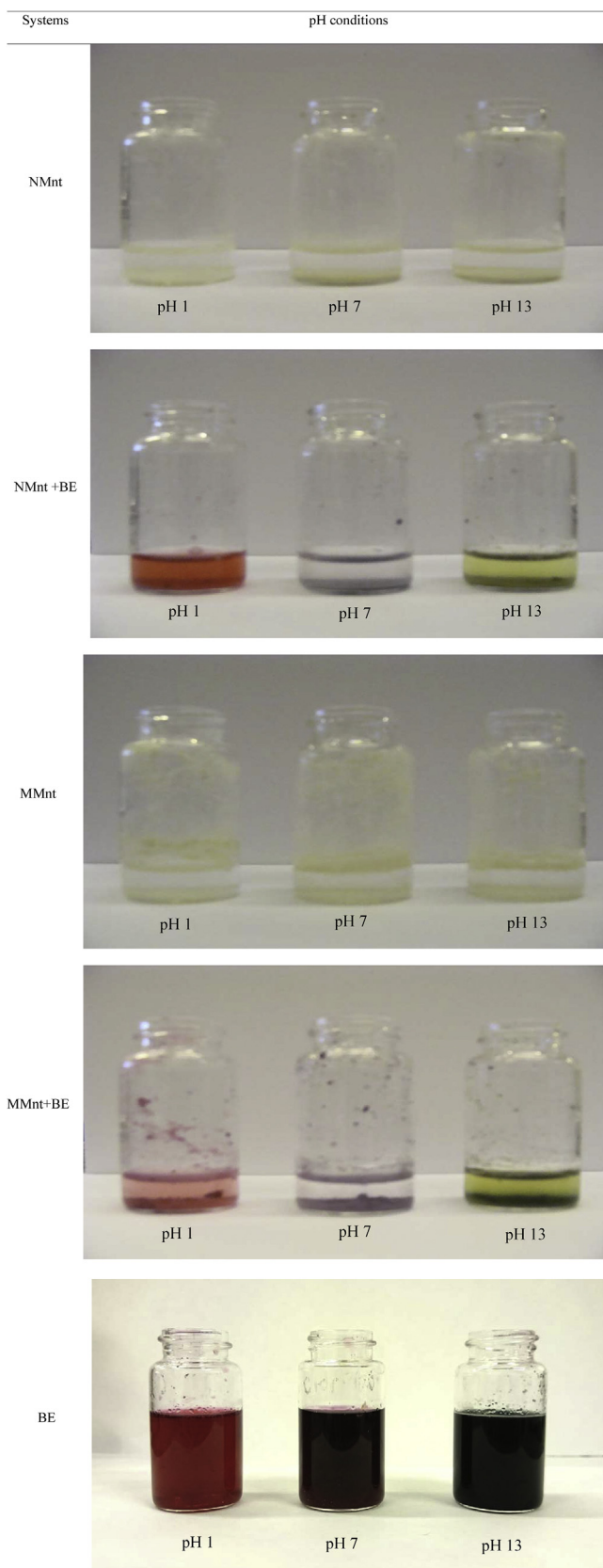


Fig. 6. Response of the systems evaluated at different conditions of pH: natural montmorillonite (NMnt), natural montmorillonite containing blueberry extract (NMnt+BE), modified montmorillonite (MMnt), modified montmorillonite containing blueberry extract (MMnt+BE) and blueberry extract (BE).

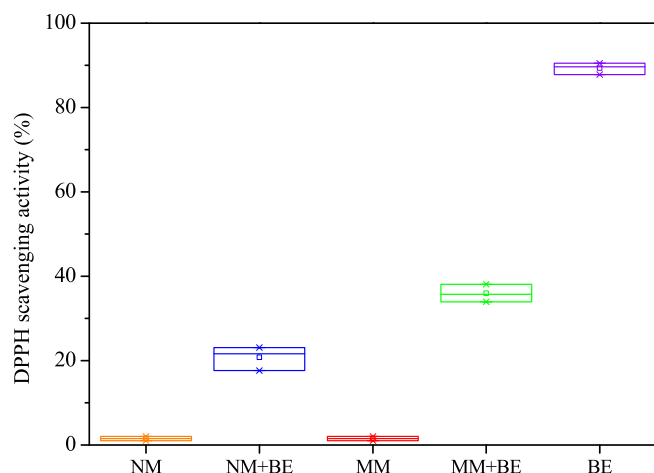


Fig. 7. DPPH scavenging activity of the clays and the extract evaluated: natural montmorillonite (NMnt), natural montmorillonite containing blueberry extract (NMnt+BE), modified montmorillonite (MMnt), modified montmorillonite containing blueberry extract (MMnt+BE) and blueberry extract (BE).

giving it a potential functional effect. This is consistent with results reported in the literature [34]. A direct link between the mole fraction of blueberry extract (X_{be}) contained within the clays and the antioxidant activity of these systems (NMnt+BE and MMnt+BE) was also found. The antioxidant effect of these clays can, thus, be attributed to the nano-packaged blueberry extract contained within them. The blueberry extract-containing modified clay (MMnt+BE) showed an antioxidant activity ~1.66 times greater than that of the NMnt+BE clay. This could be because the former has a larger interlayer spacing allowing for a greater packaging capacity. Modifying the Mnt may also ensure that the antioxidant properties of the blueberry extract are better preserved.

Finally, the measurement of the antioxidant activity in these systems allows us to confirm the migration of the nano-packed compounds from the clays to the aqueous medium.

3.11. Antimicrobial activity of the clays – disc-diffusion assay

The antimicrobial capacity of the clays was evaluated in order to establish their potential as active nanocomposites. Neither the clays nor the blueberry extract, however, showed antimicrobial activity against the two pathogenic microorganisms tested (*Escherichia coli* O157:H7 and *Listeria monocytogenes innocua*). Similar results were obtained by de Azeredo [5] and Abreu et al. [69] for unmodified Mnt. Other studies, nevertheless, have reported antimicrobial activity from two commercial modified Mnt clays: Cloisite 20A and Cloisite 30B [5,69]. Finally, although migration of the blueberry extract towards the surrounding environment was demonstrated, it did not show significant antimicrobial activity. Despite this, no microbiological growth was registered on the clays, thus agreeing with the water activity results.

4. Conclusions

The nanoclays developed have potential as nano-packaging materials for the development of bio-nanocomposites applicable to the cosmetic, biomedical, and food industries, among others: the antioxidant activity of the blueberry extract was maintained in these systems, and the blueberry extract-containing clays showed intelligent behavior when tested under different pH conditions. Unfortunately, however, none of the clays showed antimicrobial activity so that the hypothesis of the active effects of the systems

obtained had to be discarded. Despite this, the food nano-packaging developed could be used as a potential reinforcement material in thermoplastic composites. Modifying the Mnt increased the interlayer spacing, thus allowing more blueberry extract to be packaged. Finally, the nanoclays obtained show promise as nano-containers for converting substances initially found in a liquid state into solid-state powders, thereby facilitating their manipulation and transport.

Conflicts of interest

The authors declares no conflict of interest.

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