



OPEN Socialization causes long-lasting behavioral changes

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In modern human societies, social isolation acts as a negative factor for health and life quality. On the other hand, social interaction also has profound effects on animal and human, impacting aggressiveness, feeding and sleep, among many other behaviors. Here, we observe that in the fly *Drosophila melanogaster* these behavioral changes long-last even after social interaction has ceased, suggesting that the socialization experience triggers behavioral plasticity. These modified behaviors maintain similar levels for 24 h and persist up to 72 h, although showing a progressive decay. We also find that impairing long-term memory mechanisms either genetically or by anesthesia abolishes the expected behavioral changes in response to social interaction. Furthermore, we show that socialization increases CREB-dependent neuronal activity and synaptic plasticity in the mushroom body, the main insect memory center analogous to mammalian hippocampus. We propose that social interaction triggers socialization awareness, understood as long-lasting changes in behavior caused by experience with mechanistic similarities to long-term memory formation.

Keywords Social interaction, Feeding behavior, Sleep, Aggression, Synaptic plasticity, CREB, Socialization awareness, *Drosophila*

Most animals live in social contexts. In our modern human society, the feeling of loneliness is increasing despite the technological advances in social media and communication¹. The prolonged absence of social interaction has detrimental effects on quality of life, lifespan and several health problems^{2,3}. In *Drosophila melanogaster*, social interaction strongly modulates several behaviors, diminishing male-to-male aggression, decreasing food consumption and, depending on the context, increasing or decreasing sleep, among others⁴. Socialization impacts several parallel modulatory systems⁵. In particular, activity-regulated genes in dopaminergic neurons modulate aggression and sleep in response to social enrichment^{6–8}. Key clusters of dopaminergic neurons are also essential components of learning and memory circuits⁹, since they innervate the main *Drosophila* memory structure, the mushroom body (MB)¹⁰.

At the molecular level, long-term memory (LTM) formation in the MB requires *rutabaga* (*rut-adenylate cyclase*) and *dunce* (*dnc- cAMP phosphodiesterase*) gene functions, in order to adequately

from¹⁸) to extend these findings. We compared grouped flies with animals singly reared since eclosion, meaning that they were socially naive. As expected, there was a significant decrease in food uptake of 5-day socialized flies when compared to individual flies in the immediate 24 h (0–24 h time window) (Fig. 1A–B). Next, to determine if such feeding effect is maintained even in the absence of social interaction, we slightly modified the socially-enriched paradigm: flies were group- or single-reared for 5 days and then animals from both experimental groups were kept isolated for additional 24 h previous to assessing feeding (Fig. 1C). Using this protocol, we also detected a decreased food consumption of grouped flies in the 24–48 h time window, confirming a long-lasting effect of social interaction on feeding behavior (Fig. 1D). We reasoned that the most plausible candidate genes to play a role for such long-lasting effect would be memory-related genes, such as *rutabaga* (*rut*)¹⁹. Despite their

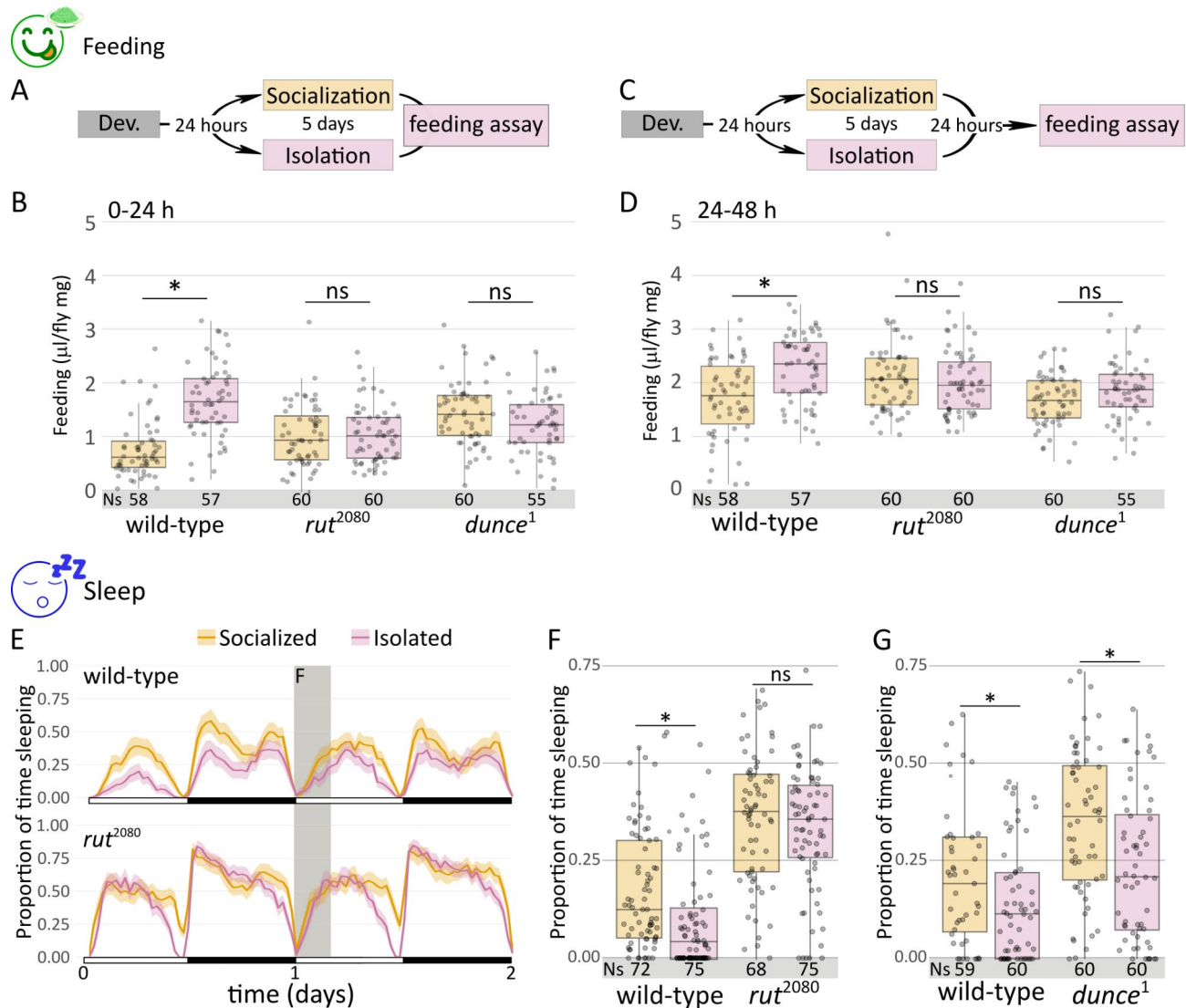


Fig. 1. Long-lasting behavioral changes induced by socialization depends on memory-related genes. (A) Scheme of the socialization protocol: recently eclosed animals were either grouped or isolated for five days, and subsequently tested. (B) Quantification of food consumption of *wt*, *rut* and *dnc* mutant flies in socialized and isolated conditions (single fly CAFE assay) in the 0–24 h time window (Kruskal-Wallis chi-squared = 75.905, $df = 5$, p -value = $6.022e-15$; *post hoc* Dunn comparisons: $wt^{social}|wt^{isolated} p = 6.24e-13$

past experience, isolated *rut* mutant flies in the 24–48 h period after socialization showed no differences in food intake with solitary animals since eclosion (Fig. 1D). Besides, *rut* mutant flies do not change their feeding behavior during the first 24 h (0–24 h), suggesting a requirement of cAMP for this response (Fig. 1B). To confirm the involvement of cAMP signaling we repeated the sSAFE assay in animals mutant for *dunce* (*dnc*). Results were comparable to the *rut* mutant experiment: *dnc* mutant flies failed to modify their food consumption not only during the first 24 h after socialization (0–24 h) but also according to previous experience, in the 24–48 h period (Fig. 1B–D). Strikingly, feeding behavior of memory-related mutant animals laid in an intermediate state between socialized and isolated flies, maybe suggesting that their basal food consumption is different from *wild-type* (*wt*) strain (see below).

In isolated flies that previously experienced social interaction, isolation signals starvation and, as a consequence, increases feeding and decreases sleep (particularly daytime sleep), meaning that both behavioral changes are reciprocally related¹⁷. However, courtship experience inhibits sleep in male flies^{20,21}, which lasts for several hours, proving a complex regulation of sleep by social cues and experiences. Most published sleep studies employ *Drosophila* Activity Monitors (DAMs), which only detect movement when the fly crosses a midpoint sensor in the housing tube²², overestimating actual sleep time¹⁷. The ethoscope was developed to unequivocally identify immobility periods and assess sleep²³. We confirmed that social interaction also induced animals to sleep more¹⁵ (Fig. 1E). To ensure consistency with previous works¹⁷, we focused on the first four hours after lights ON, where the effect is unambiguous and reproducible (i.e. 24–28 h time window, ZT0–ZT4, Fig. 1E). Sleep quantification showed a significant difference between social-enriched and single-reared animals in this 24–28 h period (Fig. 1F), in line with previous publications^{15,17}. Furthermore, *rut* mutant animals showed no significant difference in 24–28 h sleep time (Fig. 1E–F), although socialized *dnc* mutants did exhibit a significant sleep difference in the 24–28 h, (Fig. 1G). Intriguingly, memory-related mutant flies slept considerably more than their *wt* counterparts, suggesting additional levels of sleep regulation related to cAMP signaling (Fig. 1F–G). The ethoscope platform allows to distinguish walking activity from static movements globally described as micro-movements, therefore we analyzed how these two types of activity are regulated by socialization (fig S1). We found that socialized *wt* behavior is characterized by a marked decrease in walking, while micro-movements are kept constants (fig S1). The *rut* mutant animals also showed a modest but significant decrease in walking despite they did not sleep more after socialization (fig S1 B, 1F), highlighting the need of a detail description of behavior to assess sleep. Accordingly, *dnc* mutant flies decreased both micro-movements and walking activity (Fig. 1S C–D), resulting in an overall significant increase in sleep (Fig. 1

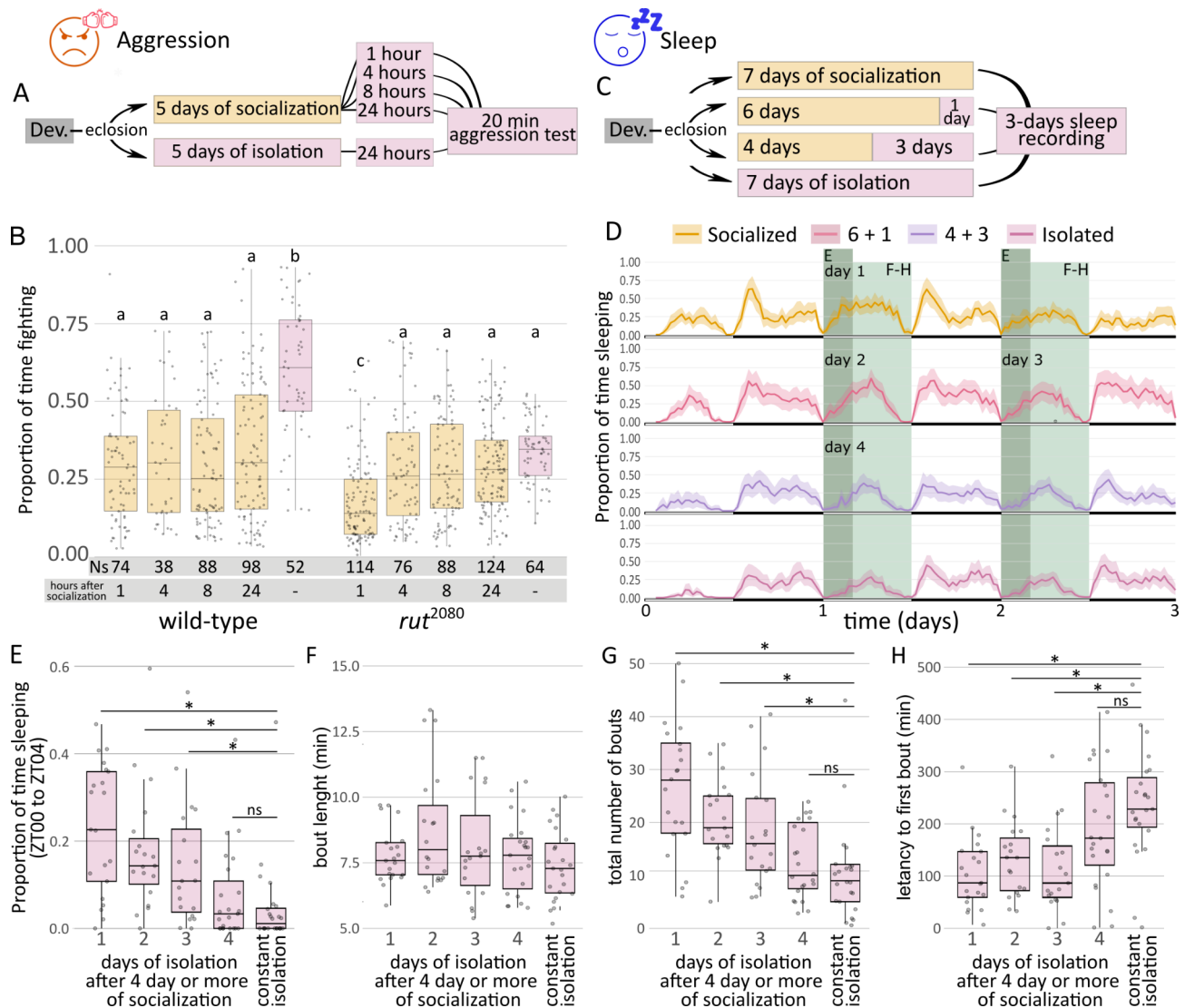


Fig. 2. Time course of socialization effects after isolation. **(A)** Scheme for the time course of the aggression protocol: either isolated or grouped animals were isolated for 1, 4, 8–24 h, then grouped with other male and their aggression quantified. **(B)** Quantification of proportion of time expended lunging after different times of re-isolation. Flies either *wt* or in a *rut* mutant background were grouped or isolated for 5 days and then socialized flies were tested after 1, 4, 8–24 h after isolation (Kruskal-Wallis chi-squared = 139.99, df = 9, p-value < 2.2e-16, post hoc Dunn comparisons: $wt^{$

bouts and the latency to first bout in a 12-h analysis (ZT0-ZT12). There were no differences in the sleep bout length amongst experimental groups (Fig. 2F). In contrast, isolated flies for 4 days reduced the number of sleep bouts to similar levels than the ones from socially naive animals, despite we noticed a progressive reduction but still statistically significant (Fig. 2G). Intriguingly, the latency to the first bout in grouped flies remained similar up to day 3, where it raised sharply, similar to the latency of isolated flies (Fig. 2H). Thus, socialization impacts sleep organization altering the number and distribution of episodes, but not the temporal dynamics of a given sleep episode. Moreover, we conclude that the effect of socialization lasts at least for 3 days, and indeed, it can be considered as long-term.

Anesthesia abolishes socialization effects

Anesthesia blocks long-term memory consolidation in most species^{28,29}. In *Drosophila*, a 2-min cold shock acts as anesthetics and is able to impede long-term memory in the classical aversive olfactory conditioning assay³⁰. We wondered if anesthesia was also able to block socialization awareness. We exposed adult flies to 3-min cold shock two times per day to single and grouped flies for five days, previous to 24 h of isolation and the subsequent testing (Fig. 3A). Both experimental “cold-shocked” groups did not show any significant differences in food consumption in the 24–48 h time window after isolation, in contrast to non-shocked control animals (Fig. 3B). Given the reciprocal relationship between feeding and sleep behavior regarding social interaction¹⁷, we confirmed that sleep between isolated and socialized animals in the 24–28 h time window also remained similar after cold shock (Fig. 3C–D). As expected, in non-shocked animals the difference was statistically significant (Fig. 3C–D). In summary, we found that socialization awareness relies on cAMP signaling and is blocked by anesthesia, as it occurs in long-term memory.

Socialization correlates with increased neuronal activity and synaptic plasticity

In *Drosophila*, LTM increased the number of CREB-activated neurons in the MB^{10,31}. To evaluate whether or not socialization also correlates with higher levels of CREB activity in the MB, we used the CAMEL reporter tool after 5 days of socialization directly after eclosion. This tool bears a MB-specific transgenic construct that responds to phosphorylated CREB (and therefore, to activated CREB signaling) with the production of GFP³¹. We quantified the number of GFP positive soma (Fig. 4A) in adult brains, observing an increase in the number of CREB-positive cells in grouped vs. single-reared animals (Fig. 4B). In contrast, this CREB response was lost in *rut* mutant brains (Fig. 4B).

LTM formation using an appetitive conditioning paradigm increased the number of MB-input synapses³². Thus

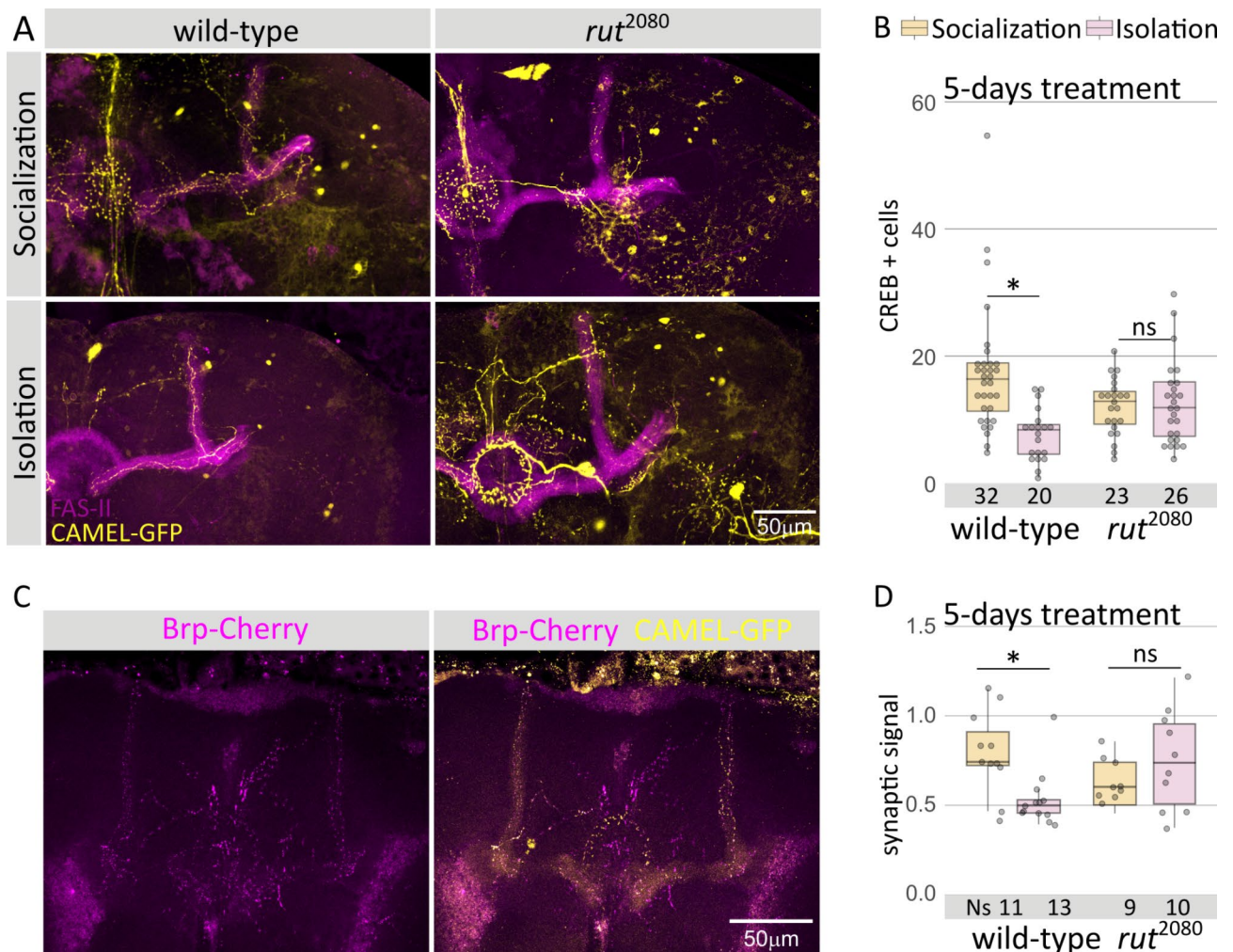


Fig. 4. Socialization correlates with cellular and synaptic plasticity. **(A)** Representative confocal images of CAMEL tool for wt and *rut* mutant MB, either socialized or isolated. Only one representative MB is shown. **(B)** Number of CREB GFP-positive cells in the MB of socialized or isolated wt and *rut* mutant animals after 5 days of socialization. Kruskal-Wallis chi-squared = 33.735, df = 3 p-value = 1.93e-05; *post hoc* Dunn key comparisons: 5 days: $w_t^{\text{social}}|w_t^{\text{isolated}} p = 6.01e-05$, $rut^{\text{social}}|rut^{\text{isolated}} p = 1.00$. **(C)** Example of CAMEL tool (MB cells marked by GFP) combined with the pre-synaptic marker brp-cherry after 5 days of socialization for wt and *rut* mutant animals, either socialized or isolated. **(D)** Quantification of the number of synapses after either isolation or socialization in both wt and *rut* mutant flies (see fig S4 for a detail on the quantification). Kruskal-Wallis chi-squared = 9.7691, df = 3, p-value = 0.021; *post hoc* Dunn key comparisons: $w_t^{\text{social}}|w_t^{\text{isolated}} p = 2.51e-02$, $rut^{\text{social}}|rut^{\text{isolated}} p = 1.00$.

after appetitive conditioning³² (Fig. 4D). Given that intensity of fluorescence varies greatly depending on the region, for analytical purposes we divided the MB in three areas, alpha, beta and the tip of beta. Interestingly, the former two showed only a marginal increase that did not reach statistical significance, however the tip of the MB concentrated most of the increase (fig S4). In summary, our results show a clear correlation of CREB-activated neurons and increased synaptic plasticity with effective social interaction that is abolished in memory impaired mutants, thus supporting a resemblance between socialization awareness and LTM.

goes beyond these two processes and includes temperature, starvation, sexual arousal, and social context, among others³⁶. Our data suggest that a past social experience may also regulate sleep in flies (Fig. 1), similar to what happens with psychophysiological insomnia in humans³⁷.

In mammals, social isolation has profound effects on behavior and cognition, which is accompanied by detectable alterations in brain structure and function at several levels³⁸. For instance, the hippocampus shows reduced dendritic spine density after either postnatal or juvenile social isolation^{39,40}. The hippocampus is the main structure related to long-term memory, analog to the insect Mushroom Body⁴¹. In fact, it was previously described that socialization increased the fiber number in the MB, an increase that is impeded by classic learning mutations such as *rutabaga*^{42,43}. In addition, our results reveal that socialization also induces *rut*-dependent changes in synaptic plasticity of the previously activated MB neurons. The increased synaptic densities in CREB-positive neurons might be explained by the socialization-induced enhanced sleep, given that sleep loss diminishes pre-synaptic densities in cholinergic neurons, including the MB neurons^{44,45}. This is unlikely because despite *rut* mutant animals did sleep much more (Fig. 2B), *rut* mutant flies did not reach enough sleep levels as to restore behavioral plasticity (as it happens under artificially-induced sleep²⁴), thus suggesting that *rut* increased number of active zones might be due to the excess of sleep but it is unable to rescue the effect of social interaction (Figs. 1 and 2). This reinforces the idea that socialization awareness may induce behavioral plasticity by similar mechanisms to long-term memory.

An apparent contradictory result was that memory-mutant animals did not behave as expected, i.e., as *wt* isolated flies, resembling more to *wt* socialized flies (Figs. 1 and 2). There are several reasons to explain this presumed inconsistency. The most obvious one is that the basal behavior of *rut* and *dnc* mutant flies are different due to the lack of cAMP signaling, as previously described for aggression²⁷.

Why do isolated flies that were previously socialized behave similar to single-reared flies since eclosion¹⁵? Actually, chronic isolation displays starvation-like phenotypes in *Drosophila*¹⁷ and starvation disables aversive long-term memory⁴⁶, probably because increased metabolism in the MB and glia is necessary^{47,48}. It might well be that socialization awareness was prevented as a consequence of the starvation signaling, and this would explain the similar phenotypes achieved by isolation after socialization and isolation since eclosion, despite mechanistically they should be different. Indeed, one might hypothesize that rescuing such starvation-like phenotype would reveal differences between both experimental conditions.

Notably, socialization-induced behavioral changes are sexually dimorphic, since grouped and single-reared females

performed in RStudio (RStudio Team. RStudio: Integrated Development for r. RSudio, Inc. Boston, MA; 2015. <http://www.rstudio.com/>) employing the Rethomics suite of packages⁵⁴. All sleep assays were repeated at least twice with 20–40 flies/treatment/experiment.

Aggression

The protocol from²⁶ with slight modifications was used. Briefly, two flies were placed into each chamber of the arena (4 × 3 mm grid) with food. One-to-one socialization was achieved by allowing both flies to interact, whereas isolation was caused by a black divider that allowed physical separation of flies. After 5 days, socialized flies were also separated by the divider for 1, 4, 8–24 h. After removing the divider, reunited flies were recorded for 20 min and aggression analyzed by means of the *FlyTracker* (MATLAB) software and the platform JAABA (*Janelia Automatic Animal Behavior Annotator*), that identifies when the animal is lunging. The proportion of time fighting is the number of frames in which a particular animal lunges divided by the total number of frames.

Immunolabeling, imaging and image analysis

Adult brain preparations were stained following the same protocol as in⁵⁵. Dissections were always performed at ZT4–5 to avoid possible circadian-induced changes.

For CREB+ cells experiment, primary antibodies used were anti-GFP rabbit (1/200; Invitrogen ref. A11122) and anti-Fasciclin II mouse (1/50; DSHB AB_528235). To quantify synapse number, primary antibodies used were anti-GFP goat (1/200; Abcam Cat# ab6673, RRID:AB_305643), anti-RFP rabbit (1/200; MBL International Cat# PM005, RRID:AB_591279) and anti-Fasciclin II mouse (1/50; DSHB). Secondary antibodies used were Alexia 488, 568 or 680 (1/500; Life Technologies).

Images were taken by a Leica SP5 confocal microscopy re-using the same experimental conditions, avoiding saturation. CREB+ cell images were taken using a 40X objective, with slices of 3 µm. Synapse quantification confocal images were taken the same day using a 63X objective, slices of 0.8 µm. Posteriorly images were treated using Imaris 6.3.1 software. Axon volume was rebuilt using the Volume tool and brutchpilot signal was quantified using the Spots tool. To adjust brightness parameters accurately the MB was divided in three parts (alfa, beta and beta tip) (Fig. Supp. 2). Synaptic density for each Mushroom Body

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Author contributions

FAM conceptualized and designed the project; FAM and EJB supervised the project; BGM, GT and JIM performed aggression experiments and cellular studies; BGM and APZ performed feeding assays; GSAT and EJB performed and analyzed sleep experiments; EJB and ET analyzed data; FAM and EJB wrote the original draft and made the figures; ET made extensive editing to the manuscript and revised statistics; FAM and EJB were responsible of funding acquisition.

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Declarations

Competing interests

The authors declare no competing interests.

Additional information

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