1	Contrary to phylogenetic predictions, crown coloration of the Eared Dove is not				
2	regulated by sex hormones				
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32 Abstract

The mechanisms regulating plumage coloration appear to be phylogenetically conserved 33 in avian species: the plesiomorphic character state is estrogen-dependent regulation while 34 testosterone, luteinizing hormone and non-hormonal control are derived states. Limited 35 36 data exist on the underlying regulatory processes of sexual dichromatism in the Eared 37 Dove (Zenaida auriculata des Murs, 1847). Since the Columbiformes order is close to basal branches, we hypothesised that estrogen and testosterone play a central role in the 38 regulation of crown plumage coloration in the Eared Dove. To test this, we subjected 39 adult males to a forced molt accompanied by an exogenous increase of estradiol and 40 testosterone to determine whether the presence of these hormones during molting 41 42 modified the spectrophotometric characteristics of the plumage. No significant differences were found between treatments and controls in the colorimetric variables hue, 43 44 ultraviolet saturation and brightness. Similarly, the avian visual model showed no perceptible changes in chromatic and achromatic signals in the individual male adults. 45 46 We also analysed the effects of estrogen and testosterone on the growth speed of the new feathers. The hormone-treated groups increased in the speed of molting compared to the 47 control group. These results suggest that the Eared Dove is an exception to basal branch 48 models: rather than regulating coloration, sex hormones speed up the growth of the new 49 feathers. 50

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- Keywords: *Zenaida auriculata*, Eared Dove, plumage, crown, molt, coloration, avian visualmodel.

56 Introduction

Feathers are one of the primary features that distinguish birds. Besides being crucial for flight, they serve various functions such as thermal insulation and protection against solar radiation and parasites (Terril and Shultz 2022). Additionally, they play a prominent role in both intra- and interspecific communication, being involved in attracting potential mates (through display or sound production), maintaining or acquiring social status, defending territory, and camouflage (Hill and McGraw 2006; Terril and Shultz 2022).

63 Over time, the plumage and its coloration are degraded by both biotic (bacterial activity and ectoparasites) and abiotic factors (mechanical abrasion, accumulation of fat and dust, 64 solar radiation, among others) (Delhey et al. 2007; Tökölyi et al. 2008; Shawkey et al. 65 2009; Griggio et al. 2011; Surmacki et al. 2011; Valdez and Benitez-Vieyra 2023). When 66 a feather deteriorates, its function can be compromised, making its replacement 67 fundamental for restoring full functionality (Jenni and Winkler 2020). In this regard, 68 molting is a key physiological process in the life history of birds, as it allows old feathers 69 to be replaced with new ones (Lindström et al. 1993). The molting period enables birds 70 to change their overall color. Feather coloration is determined by two main factors: the 71 72 deposition of pigments, predominantly carotenoids and melanins and the ultrastructure of 73 the feather, which influences how light is absorbed and reflected within the keratin layers, giving rise to structural colours (Hill and McGraw 2006). 74

Hormones are proposed as the primary regulatory element of plumage coloration, as they 75 76 can vary sexually, seasonally, and ontogenetically (Ralph, 1969; Kimball, 2006; Valdez 77 et al. 2014; Maldonado et al. 2020). In numerous bird species, the influence of the sex hormones estradiol and testosterone on feather coloration and growth rate of new feathers 78 has been observed (Haase and Schmedemann 1992; Hahn et al. 1992; Hall et al. 1993; 79 Haase et al. 1995; Evans et al. 2000; Stoehr and Hill 2001; Fargallo et al. 2007; Kurvers 80 et al. 2008). These steroid hormones affect feather development in two ways: directly, 81 through their interaction with steroid receptors located in the feather papilla, and 82 83 indirectly, via their pro-oxidant properties. Consequently, these hormones can influence 84 the growth speed, colour, and structure of new feathers (Peczely 1992; Peters et al. 2006; Alonso-Alvarez et al. 2007; Roberts et al. 2009). Increased concentration of sexual 85 hormones such as estrogen and testosterone have been found to delay the onset of molt 86 across the avian groups. Conversely, when hormone levels return to species-specific basal 87 concentrations, the molt proceeds normally (Hahn et al. 1992; Hall et al. 1993; Nolan et 88

al. 1992; Stoehr and Hill 2001). These observations suggest that elevated levels of sexual 89 90 hormones have an inhibitory effect on the molt process across the avian phylogeny. 91 Added to this, in numerous bird species exhibiting carotenoid-based coloration, testosterone often plays a role in enhancing the quality of plumage or bare parts (Romero-92 Diaz et al., 2022). In contrast, estrogen generally reduces investment in color expression, 93 resulting in a duller appearance (Casagrande et al. 2011; Lindsay 2016; Romero Diaz et 94 al. 2022). In melanic coloration, testosterone appears to have a significant influence on 95 melanocyte function and melanization, at least in bird species that have androgen-96 97 dependent dichromatism (McGraw 2006; Bókony et al. 2008). The role of estrogen in 98 melanic coloration remains understudied, however existing evidence suggests that it 99 affects the different forms of melanin (eumelanin-pheomelanin), which impacts pigment deposition (McGraw 2006). 100

101 The estrogen-dependent mechanism appears as the plesiomorphic state in avian phylogeny, present in groups such as paleognaths, galliformes, and anseriformes (see Fig. 102 B10.1 Hormonal control of coloration, Kimball 2006). In addition to this hormonal 103 regulation, other control mechanisms are acquired in more derived avian groups (Neoaves 104 105 - passeriformes), involving, for example, regulation by testosterone, luteinizing hormone, or even the loss of hormonal control (see Fig. B10.1 Hormonal control of coloration. 106 Kimball, 2006). The columbiformes order emerges as an avian group of particular interest 107 108 due to its basal positioning within the Neoaves (Prum et al. 2015), suggesting the potential 109 retention of plesiomorphic characteristics in coloration regulation. Specifically, it is postulated that species within this order may uphold the ancestral condition of estrogenic 110 regulation of their coloration resulting in a duller plumage with slower growth speed. 111 112 However, despite its basal position within Neoaves, there exists an extensive evolutionary timespan between Galloanserae and the Neoaves. This evolutionary gap raises the 113 114 possibility that coloration in the columbiformes order may have evolved towards a derived trait, possibly under the control of testosterone, resulting in birds with brighter 115 116 plumage colors but slower growth rates.

In the *Zenaida* genus, species are typically sexually monochromatic; however, The Eared
Dove (*Zenaida auriculata* des Murs, 1847) is sexually dichromatic (Valdez and Benitez
Vieyra 2016). The Eared Dove, a species of dove native to South America, exhibits a
melanistic coloration, with a slight pinkish hue and greyish tones (Narosky et al. 2010).
In males, the crown is a particularly conspicuous region which is exposed during

courtship and appears bluish-grey melanic colour, while in juveniles and females, it tends
to be brownish-grey (Fig 1A). The differences in crown coloration between males and
females make this species interesting to study, particularly due to the potential influence
of sex hormones such as estradiol and testosterone in regulating their melanin-based
coloration. Given its phylogenetic position, two possibilities exist: either estrogen drives
the coloration, resulting in a dull plumage similar to observed in females or testosterone
drives it, resulting in a bright plumage coloration similar to observed in males.

The molting period of crown feathers in the Eared Dove occurs between the months of January and June (Valdez and Benitez-Vieyra 2023). Additionally, during this same period, Eared Dove males exhibit plasma testosterone levels ranging from 250 pg/ml in February to less than 100 pg/ml for the remainder of the period (Maldonado et al. 2020). What is noteworthy is that even at low plasma testosterone levels, the males remain sexually active (Maldonado et al. 2020).

Given the aforementdioned phylogenetic context, we hypothesise the existence of sex hormone-mediated (either estradiol or testosterone) control of coloration in the crown feathers of the Eared Dove. Moreover, we also hypothesise that increased levels of sexual hormones will delay the onset of the molt process in this species. We therefore assessed the effect of estradiol and testosterone on the coloration and growth speed of new crown feathers in adult male Eared Dove during the molting period.

141

142 Materials and Methods

The study meets all the requirements of the Argentine legal system and was carried out 143 144 in strict accordance with the Guidelines for Ethical Research on Laboratory and Farm Animals and Wildlife Species; the study also had the prior approval of the ethics 145 146 committee of CONICET (Resolution No. 1047 ANNEX II, 2005) and CICUAL (Institutional Committee for the Care and Use of Experimental Animals, Act. N°. 147 148 33/2023, dated 10/04/23). The necessary permits to capture specimens of Eared Dove 149 were provided by the Ministry for Water, the Environment and Public Services of the 150 Province of Córdoba, Argentina, through the Secretariat for the Environment and Climate Change. 151

152

153 Animals

The sampling of Eared Dove (*Z. auriculata*) was carried out in the vicinity of the Biodiversity Park of Córdoba, Argentina (Ex-Córdoba Zoo; 31°25'31.79" S, 64°10'29.92" W) between April and May 2023, during the crown feather molting period (Valdez and Benitez-Vieyra, 2023). For the capture of birds, passive traps baited with commercial bird food, as stipulated by Navarro (1986), were employed. Only those individuals displaying a strong bluish-grey plumage on their crown, a characteristic of males of this species, were selected (Valdez and Benitez-Vieyra 2016; 2023).

161 A total of 23 Eared Dove adult males were captured and randomly distributed among the 162 three experimental groups. The control group (C, with hormone-free implants) consisted 163 of 7 animals, and the groups treated with estradiol (E) and testosterone (T) each had 8 164 birds.

The specimens underwent an acclimation period of at least 7 days in a partially closed room, suitable for small to medium-sized wild birds. Within this partially closed room, individual cages measuring 50x40x40cm were provided, exposed to semi-natural conditions of temperature (approximately 22°C) and light (approximately 600 lux of cool white light). Individuals had access to food and water ad-libitum. To prevent any potential dietary influence on the coloration of the new feathers, we only used canary seed ("alpiste") instead of commercial bird food.

172

173 Hormone Treatments

The captured males were separated into three experimental groups: control (implant without hormones) and implanted with estradiol or testosterone. Implants were made using beeswax (volume = 63 mm³) as specified by Quispe et al. (2015), at a concentration of 5 mg of hormones each. The estradiol and testosterone standards used to develop the implants were obtained from Sigma Aldrich, Inc. USA.

Each bird was immobilised using an elastic fabric tube to expose a patch of skin on the midsection of their back. To remove the feathers in this area and expose the skin, a topical anaesthetic was administered. After allowing the anaesthetic to take effect (approximately 5 minutes) and removing the feathers, an incision using a surgical scalpel was made in the skin, creating a pocket where the subcutaneous implant was inserted. The incision
was closed with surgical adhesive (90% 2-ethyl cyanoacrylate) (Fig. 1B).

- While the individuals were still immobilised, a section of ¹/₂ cm² of crown feathers was
 removed to induce a forced molt (Fig. 1C). A post-operative behavioral observation was
 conducted over the following 24 hours.
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189 Initiation and completion of the growth of the new feathers

Following the forced molt procedure and the implant insertion, the growth of new feathers in the crown patch of the three experimental groups was monitored, determining the exact date on which the tips of the first feathers began to appear (initiation) and the point at which the patch was completely covered by new feathers (completion).

194

195 Spectrophotometric Analysis of Feathers

The new crown feathers resulting from the forced molt were analysed by spectrophotometry following the protocol established by Valdez and Benitez-Vieyra (2016; 2023). Reflectance was measured within the avian visual spectrum range, covering wavelengths from 300 to 700 nm. An OceanOptics USB4000 spectrophotometer equipped with both a halogen and deuterium light source (839 Douglas Ave., Dunedin, FL, USA 34698), both connected to the sensor via a bifurcated optical fibre, was used for this purpose.

The spectrophotometric data (hue [H3], brightness [B2], saturation [S1U] and an avian vision model) were processed using the PAVO package (Maia et al. 2013) within the R software (R Core Team 2023).

The variables in the avian visual model were adjusted based on the approach used in Valdez and Benitez-Vieyra (2016; 2023), where the quantum catch (Q) for each cone and the standardised daylight (D65) representative of ambient light at midday in an open space were established. The generalised spectral sensitivity of violet-type avian cones (VS), characteristic of Columbiformes (Odeen and Håstad 2013), was used for this purpose.

The cone excitation values were used to calculate the plumage coordinates of the experimental groups in the tetrachromatic energy space. Finally, to estimate chromatic and achromatic distances, the avian visual model was applied, which states that receptor

noise limits discrimination in each cone. Distances were characterised in units of JNDs

215 (Just Noticeable Differences), where one JND represents the discrimination threshold for

216 color perception.

217

218 Statistical Analysis

The reflectance spectra obtained from different experimental groups (control, estradiol and testosterone implants) were examined and compared to determine the presence of spectral overlaps.

The classic colorimetric variables, including hue, UV saturation, and brightness, were analysed using a one-way ANOVA to test for significant differences. Differences between coordinates in the tetrachromatic space as provided by the avian visual model were examined using a PERMANOVA analysis (Valdez and Benitez-Vieyra 2016).

The onset of molting and the growth speed data were analysed using a Student's t-test todetermine significant differences between the treatments.

For all the statistical analyses conducted, the significance level (α) used was 0.05.

229

230 Blood Sampling and Hormone Quantification

To assess the proper functioning of the implants and the stress experienced by Eared Doves during the experiment, blood samples were extracted from the jugular vein of each bird using heparinized 1 ml syringes (Tuberculin syringe, TERUMO, Terumo Corporation) between 10:00 and 13:00 h to avoid circadian variations (Turek and Gwinner, 1982). The extractions were carried out after 4 days of acclimation in the partially closed room, before implantation, 2 days after implant placement, and then once a week for the following two weeks.

All blood samples were centrifuged at 5000 G for 25 minutes in a refrigerated centrifuge (Presvac EPF-12R). The resulting plasma was stored at -20°C until the corresponding hormonal assays were conducted. As the quantity of plasma obtained was insufficient to analyse all parameters, the sample sizes are not equal for all determinations. Therefore, samples from 16 individuals were randomly selected (6 from the control group and 5 from each hormonal treatment) for the measurement of the sex hormones estradiol and
testosterone. For the quantification of corticosterone, samples from 7 birds were
randomly chosen (1 from the control group and 3 from each hormone treatment).

246

247 Estradiol and Testosterone

The concentration of estradiol and testosterone in plasma was determined by 248 procedure described 249 immunoassay, following the in the commercial electrochemiluminescence immunoassay kits Elecsys Testosterone II and Elecsys 250 251 Estradiol II by ROCHE (specifications available in Valdez et al. 2014). Both hormones 252 were analysed on a Cobas 6000 system with an immunoassay module e 601 (HITACHI High Technology Corporation-ROCHE Diagnostic GmbH). 253

254

255 Corticosterone

One clear sign of stress in birds is an increase in corticosterone levels (Sapolsky *et al.*, 2000; Romero and Romero, 2002; Bilková, 2020). This can be detected by comparing with basal corticosterone values, which can be safely measured if the blood sample is taken within the first 3 minutes after capture, a protocol applied in this study (Schoech et al. 1999; Romero and Romero 2002).

Corticosterone concentration was measured with an in-house enzyme immunoassay 261 (EIA) using polyclonal antibody, corticosterone standard and the corresponding 262 horseradish peroxidase conjugate (anti-Corticosterone CJM006, CJ Munro, UC Davis, 263 CA, USA), as described in Rojas et al. (2019). Absorbance was measured at 405 nm using 264 265 a Bio-Tek Synergy LX microplate reader (Bio-Tek Instruments, Winooski, VT, USA). **Cross-reactivities** 266 reported for CC antibody are: corticosterone 100%, desoxycorticosterone 14.25%, progesterone 2.65%, tetrahydrocorticosterone 0.90%, 267 testosterone 0.64%, cortisol 0.23%, prednisolone 0.07%, 11-deoxycortisol 0.03%, 268 prednisone <0.01%, cortisone <0.01% and estradiol $17\beta < 0.01\%$. 269

The sensitivity of the assay was 0.078 ng/ml. The intra-assay coefficient of variation was
<12%.

272

273 Animal Sacrifice

274 Once the crown patch in all experimental groups was fully covered with new feathers, the individuals were kept in their cages for an additional week, reaching day 50. After this 275 period, the animals were euthanized by decapitation using a guillotine, as the same 276 277 experiment was designed to answer two different questions. The first question refers to the current study, while the second linked to our recent work (Marchese, N. A., Ríos, M. 278 N., Guido, M. E., & Valdez, D. J. (2024). Three different seasonally expressed opsins are 279 present in the brain of the Eared Dove, an opportunist breeder. Zoology, 162, 126147). 280 281 For this reason, after collecting the necessary data for the current study, the birds were sacrificed at the end of the experiment to obtain and preserve their brains, eyes, and 282 283 gonads.

Plasma was collected from each individual in 1,5 ml Eppendorf tubes, previously heparinized. These samples were treated according to the specifications outlined in the Hormone Quantification section, following the established selection criteria. Immediately afterwards, gonadal inspection was performed to confirm the sex of the animals.

288

289 Coloration and Phylogeny

Given the limited information regarding hormonal control of coloration across avian
orders, Figure 5 was constructed based on the literature cited in the chapter "Hormonal
control of coloration" by Kimball (2006) in Bird Coloration I, as well on the data available
to date, which are cited within this work.

294

295 **RESULTS**

296 Spectrophotometric Analysis

297 Reflectance Spectra

Reflectance spectra for the crown plumage (Fig. 2A) show a reflectance peak near 340 nm in all three treatments, which corresponds to the ultraviolet (UV) region of the electromagnetic spectrum. However, it is important to note the greater variability in the ultraviolet region (from 300 to 400 nm), whereas in the rest of the spectrum, variability was limited and behaved similarly in all the experimental groups.

303 Classic Spectrophotometric Variables

Table 1 displays the classic colorimetric variables studied: hue, ultraviolet saturation (S UV), and brightness. No significant differences were observed for any of the variables or between treatments (in all cases $F_{(2,20)} < 2.294$; p > 0.127).

307 Avian Visual Model

308 Figure 2B-C shows the mean chromatic and achromatic distances, respectively, measured in JND (just noticeable differences) between pairs of different treatments. For birds to be 309 able to perceive differences between groups, the values of each comparison should exceed 310 311 the discrimination threshold. We observed that chromatic distances showed significant 312 differences (PERMANOVA, $F_{(2, 19)}$ =5.034; p=0.013) between all pairs of treatments (C-T, C-E and E-T), but all the values obtained were below the discrimination threshold. As 313 314 for achromatic distances, they did not display significant differences between any pairing of treatments (PERMANOVA, $F_{(2, 19)}=1.192$; p=0.324). 315

316

317 Initiation and completion of new feather growth

After the forced molt (day 0), new feathers began to grow in the control group (*C*) at 3.21 \pm 0.39 days (mean \pm s.e.m), while the estradiol-treated group (*E*) started at 3.25 \pm 0.38 days, and the testosterone-treated group (*T*), initiated growth at 3.13 \pm 0.35 days. The statistical analysis revealed no significant differences between any of the groups (*C*-*E*: t=-0.18; 95% *CI* [0.47; 0.39]; p = 0.905; *C*-*T*: t=0.46; 95% *CI* [0.51; 0.77]; p = 0.651; *E*-*T* (t=0.68; 95% *CI* [0.52; 0.86]; p = 0.505).

324 The day of completion of new feather growth was considered when the previously created patch was 100% covered with new feathers (Fig. 3A). Animals in the group C took $33 \pm$ 325 5.86 (mean \pm s.e.m) days to achieve 100% patch coverage, the group E took 25.87 \pm 6.49 326 days, and the group T: 22.37 ± 3.33 days (Fig. 3B). Differences between means revealed 327 significant differences between the control group and the estradiol (t=2.22; 95% CI [0.18; 328 14.07]; p = 0.045 and testosterone (t = 4.39; 95% CI [5.40;11.13] p=0.0007) groups. 329 There were no significant differences between the groups E and T (t=1.360; 95% CI [-330 2.030; 9.030]; p = 0.196).331

332

333 Assessment of the proper functioning of implants

334 Hormone Quantification

In the group C (with hormone-free implants), basal concentrations of both hormones 335 corresponding to the acclimation period (day -3) are observed in Figure 4A (estradiol: 336 13.455 ± 2.056 pg/ml; testosterone: 0.082 ± 0.058 ng/ml). After the implant placement 337 (day 0), a slight increase in estradiol concentration was noticeable, reaching $27.510 \pm$ 338 339 13.448 pg/ml and then rapidly decreasing to 11.570 ± 2.214 pg/ml, followed by $9.756 \pm$ 340 1.846 pg/ml. The last measurement event for estradiol showed a slight increase, indicating 341 a concentration of 16.858 ± 8.486 pg/ml. Testosterone, on the other hand, remained at 0.023 ± 0.002 ng/ml in the two weeks following day 0, except for the last measurement, 342 343 which recorded a concentration of 0.144 ± 0.111 ng/ml. Thus, concentrations of both, 344 estradiol and testosterone, remained at minimum levels, with no noticeable changes throughout the experiment in the control group. 345

346 Initially, the group E (Fig. 4B) showed estradiol concentrations similar to those observed for the acclimation period ($15.804 \pm 4.462 \text{ pg/ml}$). On day 2, an increase in the estradiol 347 348 concentration can be observed, with a peak at 220.400 ± 34.054 pg/ml, followed by a slowly decreased over time. Estradiol reached values of 44.420 ± 10.776 ; 26.544 ± 6.354 349 350 and 22.218 ± 7.481 pg/ml in the subsequent weeks. In contrast, the testosterone 351 concentration remained constant at all recorded time points (from day -3 to the last measurement on day 50), similar to the basal levels indicated for the control group, even 352 353 after the surgical intervention.

354 A similar pattern is observed in the group treated with testosterone (Fig. 4C). Before the implant (day -3), testosterone showed a concentration of 0.022 ± 0.002 , similar to that 355 356 observed in the control group. Two days after implantation, testosterone levels reached 357 2.253 ± 1.398 ng/ml and then decreased rapidly. On day 9, levels were at 0.131 ± 0.057 ng/ml and on day 16, 0.089 ± 0.044 ng/ml. In the last measurement, the testosterone 358 359 concentration increased slightly to 0.213 ± 0.165 ng/ml. Despite the different kinetics of this hormone in the blood, the values remained above those reported for the control group. 360 361 The estradiol concentration remained within baseline concentration values throughout the 362 experiment.

The monitoring of plasma corticosterone (Fig. 4D) shows a wide variability among individuals during the acclimation period (day -3). After the surgical intervention and the forced molt, there was a general reduction in hormone concentration, showing a clear trend of decreasing corticosterone (and therefore, stress) in the blood throughout the experiment.

368

369 Behavioral appreciation

Despite the absence of a formal ethological analysis, notable behavioral changes were observed among the experimental groups. While control and estradiol-treated birds displayed no significant behavioral changes before and after implant insertion; testosterone-treated birds exhibited increased activity, object interaction and restlessness following implant insertion. This heightened reactivity was also evident during blood sampling and upon returning to their cages.

376

377 DISCUSSION

Here we report on the first study addressing the role of the sex hormones estradiol and testosterone in the mechanisms regulating the melanic coloration of the crown in the Eared Dove, the most abundant member of the *Zenaida* genus in South America (del Hoyo et al. 1992). Within the columbiform order, specifically in this species, the crown region is particularly important in courtship as males exhibit a characteristic courtship behavior: they pursue the female with puffed neck feathers, displaying their crown and vocalising (Goodwin 1966).

Our findings reveal that sex hormone treatment does not affect the spectrophotometric 385 characteristics of the new crown plumage in terms of classic colorimetric variables (Table 386 1). However, analysis of the data using a columbiform visual model reveals two 387 significant findings. Firstly, groups subjected to hormone treatment show differences 388 among themselves and with the control group in terms of their chromatic distances (Fig. 389 390 2B). However, none of the obtained values exceeded the discrimination threshold (JND = 1), indicating that, at the biological level, birds may not perceive any differences among 391 392 them. Secondly, in terms of achromatic distances it was observed that despite the 393 statistical analysis not showing any significant differences, two of the groups exceeded 394 the discrimination threshold (Fig. 2C), though not the 1 JND threshold. Birds appear to be unable to distinguish between signals with such minimal variations. Treatment with 395

sex hormones (estradiol and testosterone) therefore did not produce any appreciable changes in the coloration of the crown feathers of the Eared Dove. Furthermore, treatment with sex hormones significantly impacted the molting speed. Both estradiol and testosterone accelerated the molting of the crown feathers in the Eared Dove compared to the control group, with testosterone exerting a pronounced effect on this process (Fig. 3 A-B).

Additionally, these results were found to be unaffected by stress (corticosterone levels)
resulting from experimental procedures or implant insertion (Fig. 4D).

404

405 Effect on Coloration

406 *Estradiol*

Estrogen-modulated changes in plumage coloration is the plesiomorphic state in the avian 407 phylogeny (Kimball 2006). The effects are clear and consistently observed across three 408 409 avian orders, encompassing different types of coloration, including melanic coloration in 410 struthioniformes, and estructural coloration in galliformes and anseriformes (Kimball 2006). Considering the results obtained in our experiment, and in contrast with our 411 412 previous expectations, we can observe that plumage coloration regulation in the Eared Dove is not estrogen-dependent. This conclusion is based on the fact that estrogen did not 413 414 alter classical colorimetric variables and did not induce noticeable changes in either 415 chromatic or achromatic signals.

416 In taxonomic groups where coloration is estrogen-dependent, the presence or absence of 417 this hormone determines plumage color and pattern in dichromatic species (Kimball 2006). In both females and males of Common Quail (Coturnix coturnix Linnaeus, 1758), 418 419 Domestic Chicken (Gallus gallus domesticus Linnaeus, 1758), Ring-necked Pheasant 420 (Phasianus colchicus Linnaeus, 1758) and Mallards (Anas platyrhynchos Linnaeus, 1758), regardless of whether gonadectomy was performed beforehand, the plumage 421 became paler and more female-like if oestrogen was present during the molt (see table 422 10.1 in Kimball 2006). Conversely, in its absence, individuals acquired bright, masculine-423 like plumage. Of particular interest is that treatment with androgens such as testosterone 424 in no way affects plumage coloration in estrogen-dependent regulation (Kimball 2006). 425 It is important to note that the Eared Dove does not conform to either of the scenarios 426

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427 outlined: plumage was not affected neither by testosterone treatment nor by an exogenous428 increase in estradiol.

429 The plumage coloration in the Eared Dove appears to be more closely aligned with groups found in branches of the phylogeny, such as passerines. This order exhibits controls by 430 431 androgens, luteinizing hormones, and hereditary (genetic) mechanisms, similar to what was observed in the Barn Swallow (Hirundo rustica rustica Linnaeus, 1758) where some 432 coloration components appear to be highly heritable (Kimball 2006; Lindsay et al. 2011; 433 Saino et al. 2013; Price-Waldman and Stoddard 2021). Unfortunately, the study of 434 435 hormonal control of coloration has been conducted only in a few avian groups, with the majority remaining largely unknown. This complicates arriving at a precise phylogenetic 436 437 conclusion, thus necessitating further studies to elucidate the effects of estradiol on 438 plumage coloration.

439 *Testosterone*

What is known about the interaction between testosterone and secondary sexual traits, such as plumage coloration, indicates a complex interaction that varies with phylogeny and different types of coloration (Owens and Short 1995; Kimball 2006). In the charadriiformes group, the presence of testosterone is necessary to obtain melanistic colorful plumage, and in its absence, a dull and more female-like molt is obtained (Wingfield et al. 1980; Groothuis and Meeuwissen 1992; Bókony et al. 2008).

In the columbiform order, specifically in the Eared Dove, males exhibit a courtship 446 447 behavior where they pursue the female with puffed neck feathers, displaying their crown and vocalizing. This body region shows marked sexual dichromatism (Valdez and 448 449 Benitez-Vieyra 2016; 2023). As reported by Maldonado et al. (2020), Eared Dove males experience an increase in testosterone levels that reach around 200 pg/ml during February, 450 451 which is when the first half molting period occurs (January, February and March). Thus, testosterone levels may regulate the coloration of male plumage, acting as a reliable signal 452 of quality for females. However, the increase in testosterone did not lead to a significant 453 or perceptible change in crown coloration during a forced molting. 454

Research on the correlation between coloration and testosterone levels during molting in
passeriformes remains ongoing, and thus far, no consistent general trend has emerged.
While some studies have observed a relationship between testosterone levels and

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458 coloration changes, others have found no significant connection, highlighting the
459 complexity of this topic (Evans et al. 2000; Peters et al., 2006; Roberts et al., 2009;
460 Sieferrman et al., 2013).

461 The crown plumage of the Blue Tit (Cyanistes caeruleus Linnaeus, 1758), which is 462 subject to sexual selection pressure, increased its UV saturation after exogenous 463 testosterone treatment (Roberts et al. 2009). However, this difference was observed in 464 juveniles and in the breeding season following implant placement, not immediately after 465 molting. Treated birds also showed an increase in preening and in surrounding 466 testosterone levels in the months after implant placement. In our case, all Eared Dove 467 males were adults, and the samples were taken immediately after molting, so there is no record of what might occur in a subsequent season. In the Eastern Bluebird (Sialia sialis 468 469 Linnaeus, 1758) an increase in testosterone did not affect the structural plumage coloration of the crown but did affect the melanin-based plumage of the chest, making 470 the males browner and duller (Siefferman et al. 2013). In House Finches (Haemorhous 471 mexicanus Müller, 1776) an increase in testosterone directly affects the tone of carotenoid 472 473 coloration, making them less red (Stoehr and Hill 2001).

Against this background, we think that the seasonal increase in testosterone observed by 474 475 Maldonado et al. (2020) at the time of molting in the crown plumage of the Eared Dove 476 is a coincidence and not due to it being a regulatory element in coloration. Further studies 477 could address whether the increase in testosterone changes the coloration in other body regions such as the beak and legs, as observed in the House Sparrow (Passer domesticus 478 479 Linnaeus, 1758) and the Australian Red-backed Fairy-wren (Malurus melanocephalus Latham, 1801). In both these species, the darkening of the beak functions as a reliable 480 signal of their quality as a mate (Laucht et al. 2010; Karubian et al. 2011). More studies 481 will be necessary to evaluate the sex hormones effect on the coloration of beaks and legs 482 483 in the Eared Dove.

The information obtained in our experiment suggests that the mechanisms regulating the coloration of the Eared Dove's crown would be similar to those in more derived phylogenetic groups (genetics control). Here arises the question of whether the columbiformes group constitutes an exception among the basal phylogenetic branches of Neoaves, or if the absence of hormonal regulation of coloration is to be expected, given the evolutionary timespan between Galloanserae and Neoaves. Unfortunately, there is insufficient information available from other avian groups to reach a robust phylogenetic
conclusion. (Fig. 5). It would be of interest for future studies to investigate the role of sex
hormones and other hormones (such as luteinizing hormone), as well as the genetic
mechanisms of coloration in additional avian orders (Kimball 2006; Price-Waldman &
Stoddard 2021).

495 *Corticosterone*

Plasma corticosterone is an indicator of stress levels in birds (Sapolsky et al. 2000; 496 Romero and Romero 2002; Bilková 2020). Corticosterone affects coloration differently, 497 498 depending on the type of coloration (carotenic or melanic). In species with carotenoid-499 based plumage, such as the House Finch, individuals with elevated corticosterone 500 concentrations during molting displayed redder feathers than individuals with lower 501 hormone levels (McGraw et al. 2011; Lendvai et al. 2013). In contrast, in melanin-based 502 plumage, such as that of Barn Owls (Tyto alba Scopoli, 1769), this glucocorticoid has a 503 negative impact on plumage, resulting in a duller and more monotonous coloration (Roulin et al. 2007). To date, there are no studies analysing the effects of corticosterone 504 505 on structural coloration. In our study, a decrease in corticosterone levels was observed throughout the experiment, which would indicate that this hormone does not affect the 506 507 coloration of the new plumage similar to what was observed in the American Kestrel 508 (Falco sparverius Linnaeus, 1758) (Butler et al. 2009). This phenomenon may be due to 509 the Eared Dove having an attenuated stress response owing to its opportunistic behavior, 510 in which they take advantage of their interactions with humans to obtain food and shelter 511 (Murton et al. 1974; Bucher and Ranvaud 2006; Bucher 2016).

512

513 Effect on Growth speed

514 *Estradiol*

Estradiol appear to exert a general inhibitory effect on molting processes across various avian species belonging to different taxonomic groups. In the Gifujidori hens (Gallus gallus domesticus Linnaeus, 1758), a native Japanese chicken, molting only occurred when plasma estradiol levels were undetectable (Kono et al. 1986). Added to this, in both sexes of Japanese quail (*Coturnix japonica* Temminck & Schlegel, 1849) and in female Song Sparrows (*Melospiza melodia* Wilson, 1810), molting was delayed in response to an

exogenous increase in estradiol. However, once the implants were removed, they reached 521 522 molting scores similar to the control group (Runfeldt and Wingfield 1985; Hahn et al. 523 1992; Hall et al. 1993). Similarly, during the transition from reproduction to molting in Humboldt Penguins (Spheniscus humboldti Meyen, 1834), low estradiol levels were 524 necessary for a correct molt (Otsuka et al. 2004). Female American Kestrels (F. 525 526 sparverius) began molting once estradiol levels decreased to species-specific basal levels (close to 10 pg/ml), indicating an inhibitory effect of estradiol on this physiological 527 528 process (Rehder et al. 1986).

529 Contrary to our predictions, our results indicate a stimulatory effect of estradiol on the molting speed in the Eared Dove. In terms of the duration of molting, the elevation of 530 estradiol levels resulted in accelerated growth of plumage (Fig. 3B) and in the group 531 532 treated with this hormone, the patch was covered approximately a week earlier than in the control group. We lack understanding as to whether the increase in molting speed 533 observed in the Eared Dove is a direct result of estradiol acting on its specific receptors, 534 or if it is the outcome of interaction between estradiol and other hormones, such as thyroid 535 536 hormones (Otsuka et al. 2004).

537 *Testosterone*

In the same way as the effect produced by estradiol, testosterone seems to delay molting 538 in different bird species, such as females and males Shelducks (Tadorna tadorna 539 540 Linnaeus, 1758), the European Starling (Sturnus vulgaris Linnaeus, 1758), the song 541 sparrow, the House Finch (*H. mexicanus*), the Blue Tit and the Golden-collared Manakins (Manacus vitellinus Gould, 1843) (Runfeldt and Wingfield 1985; Schleussner et al. 1985; 542 543 Hahn et al. 1992; Diittmann et al. 1999; Stoehr and Hill 2001; Day et al. 2006; Kurvers 544 et al. 2008; Dawson 2015); and even prevents it from occurring, as is the case with the Dark-eyed Junco (Junco hyemalis Linnaeus, 1758) (Nolan et al. 1992). 545

In contrast, in the Superb Fairy-wren (*Malurus cyaneus* Ellis, 1782), subcutaneous testosterone implants induced prenuptial molt within weeks post-implantation, even outside the natural molt period. Additionally, removal of the implants before completion of the nuptial plumage halted the molt process (Peters et al. 2000). Similarly, in Black Redstart males (*Phoenicurus ochruros* Gmelin, 1774), analysis of blood samples collected during molting revealed significantly higher testosterone levels in males that molted into adult plumage compared to those that molted into subadult plumage (Schwarzová et al.2010).

The impact of testosterone on feather growth speed in Eared Doves is evident: the hormone-treated group completed coverage of 100% of the molted patch nearly ten days earlier than the control group (Fig. 3B). The observed variability in the effects of testosterone on feather growth during molting indicates that these effects may be speciesspecific, rather than representing a conserved trait across taxonomic groups. This further emphasizes the importance of studying hormone-feather relationships throughout the avian phylogeny to achieve a comprehensive understanding of this complex phenomenon.

561 *Corticosterone*

Corticosterone can also significantly affect the normal growth of new feathers. 562 Administered corticosterone affected feather structure and reduced growth rate in feral 563 564 Pigeons (Columba livia domestica Gmelin, 1789) (Jenni-Eiermann et al. 2015) and elevated levels of corticosterone in blood caused a delay in feather growth in the European 565 566 Starling and the White-crowned Sparrow (Zonotrichia leucophrys Forster, 1772) after a 567 forced molt (Romero et al. 2005). In contrast, our results show that the hormone-treated groups completed the molt within a shorter period than the control group, indicating that 568 corticosterone-mediated stress levels during the course of the experiment would not be 569 involved in the speed of feather growth. 570

571

572 Conclusion

573 This is the first study to assess the influence of sex steroids on the coloration of the

newly developed plumage in the Eared Dove. Our findings suggest that the sex

- 575 hormones estradiol and testosterone do not contribute to the regulation of crown feather
- 576 coloration. However, these hormones do play a crucial role in controlling the growth
- 577 speed of emerging feathers. Furthermore, this species serves as a compelling example,
- 578 highlighting that hormonal control mechanisms governing bird coloration are not
- 579 consistently maintained in accordance with their phylogenetic position.
- 580

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863 Figures legends

Figure 1. Implantation and forced molting procedure. A) Eared Dove (*Z. auriculata*des Murs, 1847) female and male in the wild, showing the more bluish-grey plumage in
the crown compared with the brownish-grey crown of females. B) Immobilised
individual after the operation, with the subcutaneous implant visible. C) Visualization of
the area where the crown feathers were removed (forced molting); the asterisk indicates
where the spectrophotometric analysis was conducted once the growth of the new
feathers was complete.

871

Figure 2. Spectrophotometric analysis of the crown plumage of the Eared Dove (*Z. auriculata* des Murs, 1847). A) Reflectance spectra for the three experimental groups (qualitative analysis) in the avian visual range (300 to 700 nm). B) Chromatic distances expressed in JNDs. C) Achromatic distances expressed in JNDs. Results are plotted as mean \pm s.e.m. Significant differences are indicated at α =0.05* p<0.05; *** p<0.001. * p<0.05. Abbreviations: C: Control Group; E: Estradiol-treated Group; T: Testosteronetreated Group.

880 Figure 3. Characterization of the molting process of the crown plumage of the

881 Eared Dove (Z. auriculata des Murs, 1847). A) The individual feather growth process

and delineation of the measurement area for forced molting. B) Time of completion of

883 100% molting in the experimental groups. Results are plotted as mean \pm s.e.m.

Significant differences are indicated at α =0.05* p<0.05; *** p<0.001. * p<0.05.

885

Figure 4. Hormonal determination in plasma for each experimental group. A)

887 Plasma levels of estradiol and testosterone in the control group (hormone-free implant).

B) Plasma levels of estradiol and testosterone in the estradiol-treated group. C) Plasma

levels of estradiol and testosterone in the testosterone-treated group. D) Plasma levels of

890 corticosterone throughout the experiment for the three experimental groups.

891 Note that the days on which the surgical intervention for implant placement and the

forced molting took place are counted as day 0. Results are presented as mean \pm s.e.m.

893

894 Figure 5. Phylogeny of birds and their relationship with mechanisms of hormonal

regulation of coloration known to date, with the inclusion of the Eared Dove (Z.

auriculata des Murs, 1847). Transitions between various hormonal mechanisms are

denoted (from estradiol to testosterone, testosterone to LH, etc.) in the few groups of

- 898 birds studied to date. The dashed line represents the phylogenetic position and signifies
- the absence of hormonal regulation of coloration in a South American member of the
- 900 columbiform order, the Eared Dove within the group of Neoaves.

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	Control	Estradiol	Testosterone	F ; <i>p</i>
Hue	400.714±7.566	394.875±12.733	445.875±87.521	$F_{(2, 20)}=2.230; p=0.134$
UV S	0.349±0.022	0.331±0.011	0.330±0.023	F _{(2, 20)=} 2.294 ; <i>p</i> =0.127
Brightness	21.692 ± 2.932	19.772±3.881	23.341±5.761	$F_{(2, 20)=}1.312; p=0.292$

Table 1. Classical colorimetric variables (hue, UV saturation and brightness) of the new crown feathers of the Eared Dove (*Z. auriculata*) under different hormonal treatments. No significant differences were observed in the classic colorimetric variables between the treated groups. Group differences were tested using one-way ANOVAs. Data is presented as mean \pm s.e.m.



Figure 1. Implantation and forced molting procedure. A) Eared Dove (Z. auriculata) female and male in the wild, showing the more bluish-grey plumage in the crown compared with the brownish-grey crown of females. B) Immobilised individual after the operation, with the subcutaneous implant visible. C)Visualization of the area where the crown feathers were removed (forced molting); the asterisk indicates where the spectrophotometric analysis was conducted once the growth of the new feathers was complete.

102x39mm (300 x 300 DPI)



Figure 2. Spectrophotometric analysis of the crown plumage of the Eared Dove (Z. auriculata). A) Reflectance spectra for the three experimental groups (qualitative analysis) in the avian visual range (300 to 700 nm). B) Chromatic distances expressed in JNDs. C) Achromatic distances expressed in JNDs. Results are plotted as mean ± s.e.m. Significant differences are indicated at a=0.05* p<0.05; *** p<0.001. * p<0.05. Abbreviations: C: Control Group; E: Estradiol-treated Group; T: Testosterone-treated Group.

93x101mm (300 x 300 DPI)



Figure 3. Characterization of the molting process of the crown plumage of the Eared Dove (Z. auriculata). A) The individual feather growth process and delineation of the measurement area for forced molting. B) Time of completion of 100% molting in the experimental groups. Results are plotted as mean \pm s.e.m. Significant differences are indicated at a=0.05* p<0.05; *** p<0.001. * p<0.05.

79x79mm (300 x 300 DPI)



Figure 4. Hormonal determination in plasma for each experimental group. A) Plasma levels of estradiol and testosterone in the control group (hormone-free implant). B) Plasma levels of estradiol and testosterone in the estradiol-treated group. C) Plasma levels of estradiol and testosterone in the testosterone-treated group. D) Plasma levels of corticosterone throughout the experiment for the three experimental groups. Note that the days on which the surgical intervention for implant placement and the forced molting took place are counted as day 0. Results are presented as mean ± s.e.m.

94x199mm (300 x 300 DPI)



Figure 5. Phylogeny of birds and their relationship with mechanisms of hormonal regulation of coloration known to date, with the inclusion of the Eared Dove (Z. auriculata). Transitions between various hormonal mechanisms are denoted (from estradiol to testosterone, testosterone to LH, etc.) in the few groups of birds studied to date. The dashed line represents the phylogenetic position and signifies the absence of hormonal regulation of coloration in a South American member of the columbiform order, the Eared Dove within the group of Neoaves.

76x101mm (300 x 300 DPI)