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Indication of the color change on the oxidation properties of fragrant rapeseed oil during shelf storage

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4 **Indication of the Color Change on the Oxidation Properties**  
5 **of Fragrant Rapeseed Oil during Shelf Storage**

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22

23 **Abstract:** The cause and trend of color change and their links to oxidative properties  
24 were investigated by simulating shelf storage conditions for fragrant rapeseed oils  
25 (FROs). Under illumination, the L\* value gradually increased with the storage time.  
26 The a\* and b\* values showed different trends depending on brands. The  
27 photodegradation rates of chlorophylls were 8.6~15 times higher than those of  
28 carotenoids. The change in color of FROs was mainly caused by the light-induced  
29 photodegradation of chlorophyll. Compared with the hydroperoxides, the contents of  
30 some secondary oxidation products [i.e., 2-butenal, octane, (Z)-2-octene, 2,4-octadiene,  
31 (Z)-2-heptenal, (E, E)-2,4-heptadienal, and (E)-2-decenal] were more closely  
32 associated with the color variation with correlation coefficients of 0.6~0.94. Significant  
33 negative correlation was found between  $\alpha$ -tocopherol content and oil color difference.  
34 Therefore, illumination was the main reason for the color degradation of the FROs. The  
35 varying degree of color difference was strongly linked to the quality deterioration  
36 caused by oxidation.

37 **Keywords:** Fragrant rapeseed oil; Color; Oxidation; Tocopherol

38

39 **Abbreviations**

40 FROs, fragrant rapeseed oils; PET, polyethylene terephthalate; PV, peroxide value; AV,  
41 acid value; p-AnV, anisidine value; PCA, principal component analysis; BQ, Bangqi;  
42 JLY, Jinlongyu; LH, Luhua; GC, gas chromatography;  $\Delta E$ , color differences; UV-Vis,  
43 ultraviolet–visible; HS-SPME, headspace solid phase microextraction; GC-MS, gas  
44 chromatography-mass spectrometry; HPLC, high performance liquid chromatography;  
45 k, rate coefficient;  $R^2$ , coefficient of determination.

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## 47 1. Introduction

48 Given their flavor characteristics and nutritional advantages, fragrant rapeseed oils  
49 (FROs) have been increasingly favored in the edible oil market. To retain the rich  
50 fragrance, limited refining operations are applied in the processing of FROs. Thus,  
51 pigments, such as chlorophyll and carotenoids, and lipid concomitants (e.g.,  
52 tocopherols) are substantially retained (Chew, 2020; Jing, Guo, Wang, Zhang, & Yu,  
53 2020). Different from highly refined rapeseed oils, fragrant rapeseed oils not only  
54 possess strong flavor and high nutritional value, but are also dark in color in general.

55 The natural pigments in rapeseed oil are affected by several factors, such as rapeseed  
56 varieties and processing techniques. The total amounts of chlorophyll and carotenoid  
57 in rapeseed oil preprocessed using microwave roasting or roasting treatment were  
58 18.84–27.16 and 7.22–11.51 mg/kg, respectively (Rękas, Wroniak, & Scibisz, 2017).  
59 In cold-pressed rapeseed oils obtained from 203 varieties of rapeseed in China, the  
60 chlorophyll, lutein, and  $\beta$ -carotene contents were 0.9–51.0, 28–352, and 1.4–6.7 mg/kg,  
61 respectively. Significant differences were also found in the pigment contents among the  
62 different varieties (Yang et al., 2013). The interaction of pigment–lipoprotein  
63 complexes in the thylakoid membrane was impaired due to the general stir–frying of  
64 high temperature during the processing of FROs, promoting the dissolution of pigments  
65 (Rabadán, Gallardo-Guerrero, Gandul-Rojas, Alvarez-Ortí, & Pardo, 2018). Therefore,  
66 stir-fried treatment of rapeseeds and a low degree of refining resulted in the deep color  
67 of FROs.

68 To date, limited knowledge is available on the quality defect of discoloration in the  
69 shelf storage of FROs. Illumination has a significant promoting effect on the  
70 degradation of chlorophyll. Such a process occurs on the cyclopentanone ring via  
71 epimerisation, demethylation and oxidation (Indrasti, Andarwulan, Purnomo, &  
72 Wulandari, 2018). The chlorophyll content of rapeseed oil decreases with prolonged  
73 illumination but is basically unchanged in a dark environment (Li et al., 2019). Moyano,  
74 Meléndez-Martínez, Alba, & Heredia (2008) reported the relationship between the  
75 chlorophyll content of virgin olive oil and  $L^*$  value with a partial correlation coefficient  
76 as high as  $-0.989$ . The color evolution of virgin olive oil under an accelerated oxidation  
77 condition at 100 °C was investigated. A markedly negative correlation was identified  
78 between chlorophyll and carotenoid contents with  $L^*$  values in the initial and final  
79 stages of oxidation (Ceballos, Moyano, Vicario, Alba, & Heredia, 2003). There was a  
80 positive correlation between  $b^*$  value and chlorophyll content in virgin olive oil  
81 prepared from olive fruits under different irrigation treatments (Sena-Moreno et al.,  
82 2017). The  $a^*$  and  $b^*$  values of virgin olive oil of different Italian varieties were highly  
83 positively correlated with carotenoid contents, and the  $R^2$  values were higher than 0.97  
84 (Cerretani, Motilva, Romero, Bendini, & Lercker, 2008). Therefore, illumination  
85 presented a remarkable effect on the pigments, affecting the color change in edible oil.

86 In addition to affecting the color rendering of edible oil, chlorophylls are also typical

87 photosensitizer molecules, facilitating the occurrence of photooxidation by the  
88 excitation of light. The oxidation reaction is accompanied by the loss of nutrients and  
89 even the accumulation of harmful substances, resulting in the degradation of quality  
90 (Choe & Min, 2006; Huvaere & Skibsted, 2015; Esposto et al., 2017; Trypidis et al.,  
91 2019). The photooxidation of edible oil harms the aroma constituents, generally  
92 resulting in bland and unpleasant flavors. After the storage of olive oils at 600 lux for  
93 90 days, the volatile compounds of C7–C11 aldehyde (i.e., 2-heptenal, E-2-heptenal, E,  
94 E-2, 4-heptadiene) in the sample aldehydes, E,E-2,4-nonadienal, and E,E-2,4-  
95 decadienal accumulated in large amounts, reaching 1000 µg/kg (Esposto et al., 2017).

96 FROs are prone to oxidation reactions due to their rich unsaturated fatty acids. Hence,  
97 the shelf storage conditions possibly alter their quality characteristics (Caponio,  
98 Bilancia, Pasqualone, Sikorska, & Gomes, 2005). However, considering the intuitive  
99 attraction for customers, FROs are mostly packaged in colorless and transparent  
100 polyethylene terephthalate (PET). They are also displayed on the shelves under direct  
101 light in the actual production and sales process. After being placed in such an  
102 environment for some time, contrary to that in the dark, the color instability of FROs  
103 probably leads to the apprehension of consumers about the quality of edible oils.

104 The color change of FROs indicates the variation of pigments in these oils. This  
105 variation is most likely due to photooxidation, because the main pigments, i.e.,  
106 chlorophyll, could act as photosensitizers during oxidation (Ludačka, Kubát, Bosáková,  
107 & Mosinger 2022; Yang et al. 2022). The quality of FROs would gradually deteriorate  
108 with the increasing degree of oxidization. Therefore, the reflection of color change on  
109 the oxidation of FROs and whether the degree of color difference was closely related  
110 to some oxidation-related characteristics need further research.

111 This study was performed to investigate the color stability of FROs and their  
112 relationship with oil oxidation during shelf storage under light and dark conditions. The  
113 variation of FRO colors was characterized by chromaticity values, transmittance,  
114 chlorophyll and carotenoid levels. Oxidation-related qualities were reflected by  
115 changes in the peroxide value (PV), acid value (AV), anisidine value (p-AnV), volatile  
116 products, and tocopherol content. Correlation analysis and principal component  
117 analysis (PCA) were applied to explore the intrinsic relationship between color change  
118 and oxidative properties.

## 119 **2. Materials and methods**

### 120 **2.1. Materials**

121 Three FROs of different brands (BQ, Bangqi; JLY, Jinlongyu; LH, Luhua) were  
122 purchased from local markets. They are classified as third grade rapeseed oil, according  
123 to relevant standards in China (GB/T 1536-2021). n-Hexane (gas chromatography, GC  
124 grade), 2-octanol (GC≥99.5%), and n-alkane (C7-C30) mixed standard (GC grade)

125 were obtained from TeleChem International, Inc. (Sunnyvale, CA, USA), Shanghai  
126 Yuanye Bio-Technology Co. Ltd. (Shanghai, China), and Merck & Co., Inc.  
127 (Kenilworth NJ, USA), respectively. Other chemicals were of analytical grade.

## 128 2.2. Methods

### 129 2.2.1. Storage of FRO samples

130 Three kinds of FRO (90 g) were individually packed in 100 mL transparent PET bottles.  
131 The storage conditions simulated the shelf storage of edible oil in ordinary  
132 supermarkets. An LED light (T5E03 4W- 4000K, Huizhou Laishi Photoelectric  
133 Technology Co., Ltd.) with a color temperature of 4000 K was used. The illuminance  
134 of the top and body of bottles was adjusted to 1300 lux and 400 lux, respectively. In  
135 addition, the storage temperature was  $26 \pm 2$  °C. The lighting time was 14 h/day for 50  
136 days. The control group was stored in the dark at the same time.

### 137 2.2.2. Chromaticity value and transmittance analysis

138 The colors of FROs were analyzed with an X-rite colorimeter (Ci7600, X-Rite Inc. in  
139 Michigan, USA) by using the total transmission method (Wibowo et al., 2015). The  
140 maximum transmission aperture was selected as 25 mm. After calibration, petroleum  
141 ether was used as the standard for measurement. The CIELab chromaticity space was  
142 employed to represent the colors of the oil samples, in which  $L^*$  was related to  
143 luminosity. The negative and positive coordinates of  $a^*$  value represented green and  
144 red, respectively. The negative and positive coordinates of  $b^*$  value corresponded to  
145 blue and yellow. Color differences ( $\Delta E$ ) were used to evaluate the degree of color  
146 change during light/dark storage of the FROs:

$$147 \quad \Delta E = \sqrt{\Delta a^2 + \Delta b^2 + \Delta L^2}. \quad (1)$$

148 The transmittance of oil samples was determined using a colorimeter in the wavelength  
149 range from 360 nm to 750 nm.

### 150 2.2.3. Determination and degradation kinetics of chlorophyll and carotenoid

151 The International Union of Pure and Applied Chemistry standard method for the  
152 analysis of chlorophyll content was applied to the FROs (Pokorny, Kalinová, &  
153 Dysseler, 1995). An ultraviolet-visible spectrophotometer (UV-1200, Shanghai Meixi  
154 Instrument Co., Ltd., Shanghai, China) was used for measurements. After  
155 homogenization and filtration, the absorbance of the FRO samples was measured at 630,  
156 670, and 710 nm, and the chlorophyll contents were calculated as follows:

$$157 \quad C(\text{mg/kg}) = 345.3 \times (A_{670} - 0.5 \times A_{630} - 0.5 \times A_{710}) / L, \quad (2)$$

158 where  $C$  is the chlorophyll content calculated as pheophytin a;  $A$  is the absorbance at  
159 the corresponding wavelength, and  $L$  is the optical path (mm) of the cuvette.

160 The carotenoids were determined using ultraviolet-visible (UV-Vis) spectroscopy  
 161 (Benmoussa et al., 2016). A certain amount of oil sample was diluted with cyclohexane.  
 162 The carotenoid content was measured using the absorbance at 470 nm and calculated  
 163 as follows:

$$164 \quad [C_{\text{carotenoid}}](\text{mg/kg}) = \frac{A_{470} \times 10^6}{2000 \times 100 \times \text{density}}, \quad (3)$$

165 where  $C_{\text{carotenoid}}$  is the carotenoid content;  $A$  was the absorbance at 470 nm;  $E_{1\text{cm}}^{1\%}$  of  
 166 lutein, the main component in carotenoid, was 2000 (Ceballos et al. 2003; Yang et al.,  
 167 2013); and density was the ratio of the oil sample mass (g) to the final dilution volume  
 168 (mL).

169 The degradation of chlorophylls and carotenoids conforms to first-order reaction  
 170 kinetics (Chen & Huang, 1998; Psomiadou, & Tsimidou, 2002; Aparicio-Ruiz &  
 171 Gandul-Rojas, 2014). Hence, the following kinetic equation was used to fit the changes  
 172 in the chlorophyll and carotenoid contents in the FROs:

$$173 \quad c = c_0 e^{-kt}, \quad (4)$$

174 where  $c$  is the pigment content after t-day light storage;  $c_0$  is the initial pigment content;  
 175 and  $k$  is the reaction rate of degradation of the chlorophylls and carotenoids.

#### 176 2.2.4. Estimation of oxidation parameters and fatty acid composition

177 The PV reflects the level of hydroperoxides produced during the primary oxidation.  
 178 The AV is used for quantitative analysis of the number of milligrams of KOH required  
 179 to neutralize the free fatty acids (FFA) in 1 g of oil. Thus, AV indicates the rancidity.  
 180 The p-AnV is a measure of aldehyde content, which is formed as a secondary oxidation  
 181 product of edible oils. The determination of PV, AV, and p-AnV were referred to GB  
 182 5009.227-2016, GB 5009.229-2016, and GB/T 24304-2009, respectively. The fatty  
 183 acid compositions were analyzed using GC (GB/T 5009.168-2016).

#### 184 2.2.5. HS-SPME/GC-MS analysis of the volatile components

185 The volatile components were extracted through headspace solid phase microextraction  
 186 (HS-SPME) and were analyzed using gas chromatography-mass spectrometry (GC-MS,  
 187 Shimadzu QP2010, Kyoto, Japan). The sample (5.0 g) was weighed in a 20 mL vial  
 188 sealed with an aluminum crimp cap. Divinylbenzene/carboxene/polydimethylsiloxane  
 189 fiber (Supelco Inc., Bellefonte, PA, USA) was applied to headspace sampling. The vials  
 190 containing the oil samples were equilibrated in an incubator at a constant temperature  
 191 of 50 °C for 30 min. The fiber was conditioned by heating in a GC injection port at 250  
 192 °C for 60 min before it was inserted in the vial. Then, it was immediately desorbed into  
 193 the GC-MS injection port at 250 °C for 3 min.

194 Oil samples stored at different times were analyzed by GC-MS under splitless injection  
 195 mode and an initial GC temperature of 40 °C. After holding for 3 min, the temperature



196 was increased to 120 °C at 4 °C/min, followed by heating to 240 °C at 6 °C /min. Mass  
197 spectrometry analysis was operated in electron ionization mode (70 eV) with the ion  
198 source temperature of 230 °C and scanning range of 35.00–500.00 m/z. The various  
199 volatiles (matching degree > 85%) were determined by referring to MS databases  
200 (NIST14 and NIST14s, Institute of Standards and Technology, USA) in the GC-MS  
201 solution (Shimadzu Corporation, Tokyo, Japan). The contents of volatile compounds in  
202 the FROs were calculated based on the internal standard method with 2-octanol acting  
203 as the standard.

#### 204 2.2.6. Determination of tocopherols

205 High performance liquid chromatography (HPLC, Dionex Ultimate 3000, Thermo  
206 Scientific, USA) was used to determine the tocopherols in FROs and referred to the  
207 AOCS Official Method Ce 8-89. The oil sample (1 mL) was mixed with n-hexane (1  
208 mL), and the mixture was filtered using a nylon organic membrane (0.22 µm). Then,  
209 the filtrate was put into the liquid phase vial for sample loading. The mobile phase was  
210 n-hexane/isopropanol (98.5%/1.5%). Isogradient elution was adopted with a flow rate  
211 of 1.0 mL/min and an elution time of 15 min. The injection volume was 5 µL, and the  
212 column temperature was set to 25 °C. The target response signal values at a wavelength  
213 of 295 nm were monitored using a UV detector. The standard curves of the different  
214 tocopherol standard substances were plotted to quantify the tocopherols in the FROs.

#### 215 2.2.7. Statistical analysis

216 All the measurements were repeated at least three times. Pearson correlation analysis  
217 and PCA were conducted using Origin 2021. Statistical analysis was performed using  
218 ANOVA with  $p < 0.05$  considered as significant. Statistical differences among values  
219 were indicated by different letters by the Tukey test.

### 220 3. Results and discussion

#### 221 3.1. Chromaticity value analysis

222 The color of food is often analyzed using the CIELab color space, because this  
223 parameter could uniformly cover the entire visible spectrum to the naked eye. The  
224 chromaticity values of the FROs under light and dark conditions for different times are  
225 presented in Fig. 1.

226  $L^*$ ,  $a^*$ , and  $b^*$  represent the chromaticity values of the FRO sample color, i.e., the  
227 corresponding coordinates in the CIELab color space. Parameter  $L$  describes the  
228 magnitude of brightness from black to white, while  $a$  and  $b$  are the relative amounts of  
229 red-green and yellow-blue, respectively. As shown in Fig. 1(a-f), the  $L^*$  values of the  
230 FROs stored under light conditions increased gradually with storage time. After a 50-  
231 day storage, the  $L^*$  values of the BQ, JLY, and LH FROs increased from 87.29, 83.62,

232 and 85.65 to 89.00, 87.03, and 88.90, respectively. The continued increase in brightness  
233 indicated the lightening color of the oil samples, which was consistent with the results  
234 observed with the naked eye. In addition, the  $L^*$  values of the oil samples in the dark  
235 showed a small fluctuation with prolonged storage.

236 For the FROs stored under light conditions, the  $a^*$  and  $b^*$  values of the BQ oil samples  
237 increased and decreased, respectively. This indicated that their color deviated from  
238 green and yellow. The gradually decreasing  $a^*$  and  $b^*$  values showed that the oil colors  
239 of JLY and LH flipped from red to green and also deviated from yellow. During the 50-  
240 day storage of the FROs in the dark, the  $a^*$  values decreased obviously in a short period  
241 and then fluctuated. The yellow-blue chromaticity was relatively stable, in which the  
242  $b^*$  values of oils fluctuated within a small range. Therefore, the  $L^*$  and  $b^*$  values of  
243 FROs under illumination showed downward trends with storage time, whereas the  
244 change of  $a^*$  value varied with different brands.

245 The changes in the  $\Delta E$  values of the FROs are shown in Fig. 1(g-i), which reflects the  
246 degree of color change of the oil samples during storage.

247 As depicted in Fig. 1(g-i), the  $\Delta E$  values of the FROs under the light condition gradually  
248 increased with the extension of storage time. By contrast, the variation ranges fluctuated  
249 within 0–3 units after storage in the dark. Color differences have been reported to be  
250 perceived by general observers when the  $\Delta E$  values were higher than 3–5 units  
251 (Ghidouche, Rey, Michel, & Galaffu, 2013). During the 50-day storage in the dark, the  
252  $\Delta E$  values of the different FROs did not exceed 3 units, indicating that the color changes  
253 observed by the naked eye were not significant. However, the difference in the FRO  
254 colors gradually became obvious under prolonged storage under light conditions.  
255 Correspondingly, the  $\Delta E$  values exceeded 7 units after storage for 50 days. Therefore,  
256 storage under light had a significant effect on the color difference of FROs.

### 257 3.2. Transmittance analysis

258 The change in the light transmittance of FRO samples during storage is shown in Fig.  
259 2.

260 As shown in Fig. 2, the obvious absorption peaks in the wavelength ranges of 375–  
261 500 nm and 625–700 nm can be observed in the visible spectra of the FROs. The peak  
262 in the wavelength range of 400–450 nm could be attributed to the common absorption  
263 of chlorophylls and carotenoids. The absorption peak at 470 nm was related to  
264 carotenoids, especially the characteristic absorption of lutein. Moreover, chlorophyll  
265 has characteristic absorption in the waveband of 625–700 nm (Ceballos et al. 2003;  
266 Moyano, Heredia, & Meléndez-Martínez, 2010; Sant’Anna, Gurak, Marczak, &  
267 Tessaro, 2013; Yang et al., 2013; Rabadán et al., 2018; Chew, 2020).

268 During the 50-day storage under darkness, the transmittance curve of FROs almost did  
269 not change. However, for the FRO samples under illumination, transmittances in the

270 band of red light (625–700 nm) increased with time. Chlorophylls, with distinct  
271 absorption in the blue-violet and red spectral regions, possessed photosensitivity and  
272 were prone to be oxidized by singlet oxygen. The porphyrin macrocycles were broken  
273 due to photodegradation. Therefore, the transmittance in the red region of oil samples  
274 was constantly elevated (Llewellyn, Mantoura, & Brereton, 1990a; 1990b; Yasuda, Oda,  
275 Ueda, & Tabata, 2019). The transmittance at approximately 470 nm also showed a  
276 small increasing trend over storage time. This could be attributed to the degradation of  
277 carotenoids under light conditions. In addition, the decrease in transmittance at 400–  
278 450 nm corresponded to the variation trend of the two types of pigments. Specifically,  
279 the downward peak around 420 nm was less obvious with the extension of storage time,  
280 as well as the light transmittance was increased here. This is due to the obvious  
281 degradation of chlorophyll. Meanwhile, because of the slow degradation of carotenoids,  
282 the peak intensity around 440 nm and light transmittance were changed slightly. After  
283 a 50-day light exposure, the maximum absorption peaks at 670 nm of the FROs  
284 basically disappeared. Thus, the chlorophylls had been substantially degraded.

### 285 3.3. Chlorophyll and carotenoid content analysis

286 Changes in the chlorophyll and carotenoid contents of FROs during light and dark  
287 storage are shown in Fig. 3.

288 As shown in Fig. 3, the chlorophyll contents of the three FROs remained basically  
289 unchanged under dark conditions. However, this parameter decreased continuously  
290 with prolonged storage, indicating that the stability of the chlorophyll in the FROs was  
291 significantly affected by light exposure. After 50 days of illumination, the chlorophyll  
292 contents of the BQ, JLY, and LH oil samples decreased from 3.86, 8.24, and 5.98 mg/kg  
293 to 0.48, 0.41, and 0.21 mg/kg, respectively. The corresponding chlorophyll losses were  
294 87.6%, 95.0%, and 96.5%, with almost complete loss. These results were consistent  
295 with those of the transmittance analysis in Fig. 2.

296 Within 50 days of dark storage, like chlorophyll, the carotenoid content remained  
297 virtually unchanged. However, the carotenoid contents of the BQ, JLY and LH FROs  
298 decreased from 3.81, 6.55, and 5.14 mg/kg to 3.34, 5.61, and 4.56 mg/kg, respectively,  
299 due to the 50 days of storage under illumination. The corresponding loss ratios were  
300 12.3%, 14.4%, and 11.3% concerning their initial contents. Thus, the stability of the  
301 carotenoids was significantly higher than that of the chlorophylls under light conditions.

302 A first-order kinetic rate equation was also fitted to the degradation trends of the  
303 chlorophylls and carotenoids in the FROs under light storage. The rate coefficient ( $k$ )  
304 and coefficient of determination ( $R^2$ ) are shown in Table 1.

305 As indicated by the  $R^2$  values in Table 1, the chlorophylls and carotenoids in the FROs  
306 were well-fitted using a first-order rate equation. The measured  $k$  values of the  
307 chlorophylls for BQ, JLY and LH were 12.4, 8.6, and 15 times higher than those of the  
308 carotenoids, respectively. Hence, consistent with the results in Figs 3 and 4, the

309 photodegradation rate of the chlorophylls was considerably higher than that of the  
310 carotenoids.

### 311 3.4. Oxidation analysis

#### 312 3.4.1. Oxidation parameters

313 Variations in these values of FROs during light and dark storage for 50 days are shown  
314 in Table 2.

315 As shown in Table 2, the PVs of the BQ, JLY and LH oil samples (i.e., 5.02, 1.32, and  
316 3.56 meq O<sub>2</sub>/kg, respectively) increased significantly after 10 days of light storage,  
317 reaching 8.82, 5.01, and 6.98 meq O<sub>2</sub>/kg, respectively. The activation of  
318 photosensitizers, e.g., chlorophylls, under light conditions, promoted the generation of  
319 singlet oxygen. This molecule is highly reactive with electron-dense centers (e.g.,  
320 unsaturated fatty acids), thus contributing to the oxidation rate of oils. However, the  
321 PVs of the FROs later exhibited a decreasing trend to varying degrees. This  
322 phenomenon was due to the further degradation of hydroperoxides, which are unstable  
323 intermediate products of lipid oxidation (Holse, Petersen, Maruatona, & Hansen, 2012).  
324 In the dark, PV gradually increased, showing the accumulation of hydroperoxides due  
325 to the relatively slow autooxidation of the FROs. After 40 days of storage, the  
326 hydroperoxide levels of the BQ and LH oil samples exceeded those in the light,  
327 consistent with the results of Caponio et al. (2005).

328 High concentrations of aldehydes generated by unsaturated fatty acids during oxidation  
329 were then converted to FFA. Hence, the noticeable presence of FFA indicated a high  
330 degree of oxidation (Morales, Luna, & Aparicio, 2005). The FFA contents of FROs  
331 slightly increased during 50 days of light and dark storage. No significant difference  
332 was observed in the AVs between light and dark storage conditions. The p-AnVs of the  
333 FROs showed an overall upward trend under light storage and increased slightly during  
334 the dark storage. The fatty acid composition also did not significantly change (Tables  
335 S1-S3). Therefore, the FROs have not yet reached the stage of deep oxidation.

#### 336 3.4.2. Variation in the volatile components

337 The volatile components of the FROs mainly have nitriles and sulfur-containing  
338 derivatives generated by the thermal degradation of glucosinolates, and heterocycles  
339 (e.g., pyrazines and furans) produced by the Maillard reaction and Strecker degradation.  
340 And aliphatic compounds of small molecules (e.g., aldehydes, alkenals, alcohols,  
341 ketones, acids, esters, and hydrocarbons), generated by the oxidative cleavage of  
342 unsaturated fatty acids, were also included (Zhang et al., 2021). Changes in the volatile  
343 components of FROs during storage are shown in Fig.s S1-S3.

344 As shown in Fig.s S1-S3, nitriles accounted for the largest proportion and possessed  
345 the richest species among the volatile components (Wang, Duncan, Whalley, &

346 O'Keefe, 2020). The distributions of pyrazine and furan derivatives partly varied in the  
347 different FROs. The nitriles, isothiocyanates, pyrazines, furans, heterocyclic ketones,  
348 hydroxyketones, and bis-carbonyl compounds were stable enough in light and dark  
349 storage for 50 days.

350 The change in aliphatic compounds (e.g., 2-alkenal, 2,4-alkenal, alkane, and alkene  
351 compounds) was the most obvious among the volatile oxidation products of all FROs.  
352 Alkenals, alkanes, and alkenes of the BQ and JLY oils increased significantly during  
353 light storage, while only a small amount of 2-heptenal and 2,4-heptadienal was  
354 measured in the LH oil. This result was in good agreement with the change in p-AnV.

355 The type and abundance of volatile aldehydes were consistent with the fatty acid  
356 composition of fats and oils. (E)-2-Heptenal were mainly derived from the linoleic acid  
357 acyl groups. Octanal and (E)-2-decenal were produced from oleic acyl groups. (E)-2-  
358 butenal and 2,4-heptadienal mainly originated from the linolenic acid acyl groups  
359 (Goicoechea & Guillén, 2014; Poyato, Ansorena, Navarro-Blasco, & Astiasarán, 2014).  
360 More octane and 2-decenal from oleic acyls were present during photooxidation than  
361 autooxidation. The generation of 2-heptenal and 2-butenal was obvious in the  
362 photooxidation of linoleic and linolenic acids but was negligible during autooxidation  
363 (Choe & Min, 2006). In addition, some other volatiles detected only in light conditions,  
364 i.e., 2-octene, 2, 4-heptadienal, and 2, 4-Octadiene also could be considered as the main  
365 volatiles from singlet oxygen oxidation. Furthermore, the flavor of the FROs was  
366 seriously damaged by the continuous accumulation of volatile products during the  
367 oxidation process, especially the aliphatic carbonyl compounds with low thresholds  
368 (Esposito et al., 2017; Nogueira, Scolaro, Milne, & Castro, 2019; Wang et al., 2022).  
369 Thus, volatile aldehydes could act as a good indicator of the intensity of photooxidation.

### 370 3.5. Tocopherol content analysis

371 The oxidation of edible oils is closely related to the activity of its internal lipid  
372 concomitants and is affected by external factors, such as light, oxygen, and temperature  
373 (Holse et al., 2012). Tocopherols, the important concomitant in FROs, can provide  
374 hydrogen atoms (H $\cdot$ ) to react with ROO $\cdot$  or RO $\cdot$  generated by oil oxidation. This  
375 process inhibits the chain initiation and propagation, thereby delaying oil oxidation.  
376 Tocopherols could also act as electron acceptors to scavenge singlet oxygen, retarding  
377 the photooxidation process (Caponio et al. 2005). However, tocopherols may also  
378 become pro-oxidants depending on their concentration, temperature condition, and  
379 other conditions (Choe & Min, 2006; Nogueira et al., 2019). Changes in the tocopherol  
380 contents of the FROs during storage are shown in Fig. S4.

381 As shown in Fig. S4, the tocopherols in the FROs mainly included  $\alpha$ -tocopherol and  $\gamma$ -  
382 tocopherol and lesser amounts of  $\delta$ -tocopherol. The FROs under dark storage showed  
383 little loss in  $\alpha$ -,  $\gamma$ - and  $\delta$ -tocopherol. However, after 50-day storage in light, the  $\alpha$ -  
384 tocopherol contents in the BQ, JLY, and LH samples declined from 157.55, 204.67,

385 and 242.76 mg/kg to 75.13, 111.38, and 153.74 mg/kg, respectively. This resulted in  
386 corresponding losses of 52.3%, 45.6%, and 36.7%. During the photooxidation process,  
387  $\alpha$ -tocopherol can exert its antioxidant effect and be partially converted into oxidation  
388 products, such as 8a-hydroperoxy- $\alpha$ -tocopherone (Tanno et al., 2020). The initial  $\alpha$ -  
389 tocopherol content of LH oil was the highest among the FROs and may be a crucial  
390 reason for its relatively lower content of volatile oxidation products and the slightly  
391 increased p-AnV.

392 After light storage for 50 days, the  $\gamma$ -tocopherol contents of the BQ, JLY, and LH  
393 samples decreased from 407.42, 454.15, and 432.27 mg/kg to 392.45, 435.81, and  
394 414.44 mg/kg, respectively, with corresponding loss rates of 3.7%, 4.0%, and 4.1%.  
395 Therefore, under light conditions,  $\alpha$ -tocopherol participated in the photooxidation  
396 reaction in preference to  $\gamma$ -tocopherol to exert its antioxidant protection. Thus, this  
397 tocopherol possessed better antioxidant activity, which was consistent with the results  
398 of Holse et al. (2012). Illumination accelerated the loss of tocopherols in the FROs, and  
399 the loss rate was closely related to the degree of oxidation. Thus, the tocopherols, a  
400 group of lipid concomitants, were an important indicator of oxidation reactions  
401 (Zajdenweg, Branco, Alamed, Decker, & Castro, 2011; Nogueira et al., 2019).

### 402 3.6. Correlation analysis

403 The correlation heatmaps of color and oxidation parameters of FROs during the  
404 light/dark storage are shown in Fig. 4(a).

405 As shown in Fig. 4(a), the chlorophyll and carotenoid contents of the FROs had a  
406 significantly high negative correlation with the  $L^*$  value and a positive correlation with  
407 the  $a^*$  and  $b^*$  values. The contents of  $\alpha$ -tocopherol and  $\gamma$ -tocopherol showed  
408 significantly high and relatively lower negative correlation, respectively, with those of  
409 2-butenal, octane, (Z)-2-octene, 2,4-octadiene, (Z)-2-heptenal, (E,E)-2,4-heptadienal,  
410 and (E)-2-decenal. This further verified the involvement of tocopherols in the oxidation  
411 of FROs.

412 The  $L^*$  value had a significantly positive correlation with PV and  $\delta$ -tocopherol content  
413 but was negatively correlated with  $\gamma$ -tocopherol content. PV was highly and negatively  
414 correlated with the  $a^*$  value,  $b^*$  value, chlorophyll and carotenoid contents, and had a  
415 low positive correlation with the  $\Delta E$  value. The  $a^*$  and  $b^*$  values also exhibited a  
416 significant correlation with the contents of  $\gamma$ -tocopherol and  $\delta$ -tocopherol. The positive  
417 correlation between p-AnV and AV was high, but these values had a low positive  
418 correlation with the  $a^*$  value. In addition, the  $\Delta E$  value had an obvious negative  
419 correlation with the  $\alpha$ -tocopherol content but positively related to a part of the  
420 secondary oxidation products, i.e., 2-butenal, octane, (Z)-2-octene, 2,4-octadiene, (Z)-  
421 2-heptenal, (E, E)-2,4-heptadienal, and (E)-2-decenal. Therefore, a remarkable  
422 association was found between the color and oxidation parameters of FROs.  
423 Furthermore, the primary oxidation products were still in the accumulation stage when

424  $\Delta E$  was less than 2~3, indicating the good quality of oil samples. The secondary  
425 oxidation products were significantly formed when  $\Delta E$  exceeded 2~3, and the freshness  
426 and oxidation stability of oil samples were decreased. Therefore,  $\Delta E$  may be a potential  
427 objective indicator to determine the quality of FROs.

### 428 3.7. PCA of color difference

429 The degree of  $\Delta E$  of FROs was divided into different grades (a,  $\Delta E < 3$ ; b,  $3 \leq \Delta E \leq 5$ ; c,  
430  $\Delta E > 5$ ) according to the variation in color perception. The PV, p-AnV, AV, volatile  
431 aldehydes, and tocopherol contents of the oil samples stored in the light/dark for 0, 10,  
432 20, 30, 40, and 50 days, were subjected to PCA for  $\Delta E$  values. The results are shown  
433 in Fig. 4(b-c).

434 The variance contribution rates of PC1, PC2, and PC3 were 47.11%, 20.99%, and  
435 8.23%, respectively, accumulatively reaching 76.33%. Thus, these rates could be  
436 evaluation factors for a fuzzy comprehensive assessment. As shown in Fig. 4(b),  $\alpha$ -  
437 tocopherol, 2-butenal, octane, (Z)-2-octene, 2,4-octadiene, (Z)-2-heptenal, (E,E)-2,4-  
438 heptadiene, and (E)-2-decenal possessed high matrices in PC1. Thus, PC1 mainly  
439 reflected the information of these parameters. PV, AV, p-AnV,  $\gamma$ -tocopherol content,  
440 and  $\delta$ -tocopherol content exhibited relatively higher matrices in PC2, indicating that  
441 PC2 represented the information of these indicators to a large extent. PC3 reflected the  
442 main information of hexanal content.

443 As shown in Fig. 4(c), PC1 had an obvious distinguishing effect on the color difference  
444 of FROs. Thus,  $\alpha$ -tocopherol and some secondary oxidation products, such as 2-butenal,  
445 octane, (Z)-2-octene, 2,4-octadiene, (Z)-2-heptenal, (E,E)-2,4-heptadienal, and (E)-2-  
446 decenal, had a close association with the  $\Delta E$  values. Furthermore, the  $\alpha$ -tocopherol  
447 contents were negatively correlated with the  $\Delta E$  values (the correlation coefficient of -  
448 0.73). And the secondary oxidation products were positively correlated with  $\Delta E$  values  
449 (the correlation coefficients between 0.6 and 0.94). These findings were identical to the  
450 results in Fig. 4(a). The lower correlation (the correlation coefficient of 0.37) between  
451 PV and  $\Delta E$  showed no close relationship between changes in the content of primary  
452 oxidation products and the color difference of the FROs. Specifically, since the  
453 oxidation reaction was a dynamic equilibrium process, primary oxidation products were  
454 decomposed into secondary oxidation products. That would mean that the PV of FROs  
455 increased first and then decreased, while secondary oxidation products increased  
456 gradually. Meanwhile, the color parameters of oil samples generally exhibited a  
457 monotonous variation trend over time. As a result, some secondary oxidation products  
458 were more closely related to color change than PV. In addition, PC2 combined with  
459 PC3 exhibited a good classification effect on the brands of FROs. Hence, PV, AV, p-  
460 AnV, hexanal,  $\gamma$ -tocopherol content, and  $\delta$ -tocopherol content were more significantly  
461 affected by the intrinsic properties (e.g., rapeseed variety and processing method) of the  
462 FROs.

463 The FROs of a-class, in which no perceptible color difference was observed, presented  
464 high similarity and good gathering effect. Oil samples of the same brand were  
465 reasonably close, while the discrimination of the FRO color was not obviously affected.  
466 For the FROs of c-class with the color difference that could be clearly perceived, the  
467 BQ and JLY oil samples could be distinguished well. The hardly qualified  
468 distinguishing effect of the LT oil sample may be due to its lower degree of oxidation  
469 (as indicated by p-AnV and volatile components) during storage under the influence of  
470 rapeseed and processing conditions.

#### 471 **4. Conclusion**

472 In the present study, variations in the color characteristics, oxidative properties of FROs,  
473 and the connection between them were investigated. Illumination was the main factor  
474 that caused the color change of oils, which accelerated the degradation of chlorophylls.  
475 This phenomenon resulted in the significantly increasing  $L^*$  values in the colorimetric  
476 analysis. The photodegradation rate constants of chlorophylls were substantially greater  
477 than those of carotenoids. During a 50-day storage in the dark, the contents of the two  
478 pigments in the FROs almost did not change, and the  $\Delta E$  values were always less than  
479 3, thus, no obvious color change was observed with the naked eye. In addition, the  $\Delta E$   
480 value of the FROs had a marked positive correlation with 2-butenal, octane, (Z)-2-  
481 octene, 2,4-octadiene, (Z)-2-heptenal, (E, E)-2,4-heptadienal, and (E)-2-decenal. In  
482 addition, this parameter had a significantly negative correlation with  $\alpha$ -tocopherol  
483 content. The PC1, which mainly integrated important features of these oxidation-related  
484 parameters, presented a conspicuous discrimination result of the color difference of the  
485 FROs. Therefore, the visible change in FRO colors on the shelf indicated that the  
486 corresponding quality would be significantly reduced. The results may serve as the  
487 basis of successive research in the protection of the color stability of FROs.

#### 488 **Declaration of interests**

489 The authors declare that they have no known competing financial interests or personal  
490 relationships that could have appeared to influence the work reported in this paper.

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- 634

635 Table caption:

636 Table 1. Rate constants (k) and determination coefficients ( $R^2$ ) estimated for the kinetic mechanism  
637 of the photo-decoloration of the chlorophylls and carotenoids in the fragrant rapeseed oils.

638 Table 2. Peroxide value, acid value and anisidine value of FROs during 50-day storage in the  
639 light/dark.

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643

644 Table 1. Rate constants (k) and determination coefficients (R<sup>2</sup>) estimated for the kinetic  
 645 mechanism of the photo-decoloration of the chlorophylls and carotenoids in the fragrant rapeseed  
 646 oils<sup>a</sup>

	Samples	k/d <sup>-1</sup>	R <sup>2</sup>
Chlorophyll	BQ	0.036±0.002 <sup>a</sup>	0.96
	JLY	0.030±0.004 <sup>a</sup>	0.84
	LH	0.036±0.004 <sup>a</sup>	0.89
Carotenoid	BQ	0.0029±0.0001 <sup>b</sup>	0.98
	JLY	0.0035±0.0001 <sup>a</sup>	0.94
	LH	0.0024±0.0001 <sup>c</sup>	0.96

647 <sup>a</sup> For each pigment fraction, different letters in the same column indicate significant differences  
 648 (p<0.05).

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656 Table 2. Peroxide value, acid value and anisidine value of FROs during 50-day storage

657 in the light/dark<sup>a</sup>

Storage time /d	PV/meq·kg <sup>-1</sup>		AV/mg·g <sup>-1</sup>		p-AnV/-		
	Light	Dark	Light	Dark	Light	Dark	
0	5.02±0.0 3 <sup>d</sup>	5.02±0.03 e	0.375±0.015 <sup>a</sup>	0.375±0.01 5 <sup>a</sup>	5.03±0.07 c	5.03±0.07 a	
10	8.82±0.1 1 <sup>a</sup>	5.12±0.01 d	0.370±0.014 <sup>a</sup>	0.385±0.00 7 <sup>a</sup>	5.78±0.04 d	4.98±0.12 a	
20	8.05±0.1 3 <sup>b</sup>	4.92±0.20 de	0.405±0.021 <sup>a</sup>	0.395±.013 a	6.00±0.05 c	5.28±0.06 a	
30	8.16±0.1 1 <sup>b</sup>	5.73±0.01 c	0.405±0.007 <sup>a</sup>	0.400±0.01 6 <sup>a</sup>	6.91±0.07 b	5.27±0.19 a	
40	7.66±0.1 4 <sup>c</sup>	8.15±0.13 b	0.380±0.005 <sup>a</sup>	0.395±0.00 8 <sup>a</sup>	7.02±0.11 b	5.40±0.09 a	
50	7.73±0.0 7 <sup>c</sup>	9.41±0.07 a	0.400±0.014 <sup>a</sup>	0.385±0.01 9 <sup>a</sup>	7.34±0.15 a	5.60±0.17 a	
JL Y	0	1.32±0.0 3 <sup>d</sup>	1.32±0.03 c	0.400±0.019 <sup>b</sup>	0.400±0.01 5 <sup>a</sup>	6.58±0.37 c	6.58±0.37 a

	10	5.01±0.0 4 <sup>a</sup>	1.33±0.04 c	0.395±0.007 <sup>b</sup>	0.410±0.01 4 <sup>a</sup>	7.07±0.24 b	6.85±0.27 a
	20	4.13±0.1 0 <sup>c</sup>	0.74±0.03 d	0.405±0.10 <sup>b</sup>	0.412±0.01 8 <sup>a</sup>	7.45±0.47 b	6.86±0.16 a
	30	4.38±0.0 3 <sup>b</sup>	1.51±0.16 c	0.395±0.011 <sup>b</sup>	0.414±0.00 9 <sup>a</sup>	7.79±0.15 b	6.75±0.13 a
	40	4.18±0.0 8 <sup>c</sup>	2.27±0.09 b	0.430±0.008 <sup>a</sup>	0.415±0.00 2 <sup>a</sup>	7.90±0.06 b	6.61±0.25 a
	50	4.19±0.0 4 <sup>c</sup>	2.85±0.10 a	0.440±0.015 <sup>a</sup>	0.415±0.00 7 <sup>a</sup>	8.40±0.13 a	6.77±0.10 a
	0	3.56±0.0 3 <sup>c</sup>	3.56±0.03 f	0.320±0.014 <sup>b</sup>	0.320±0.01 4 <sup>b</sup>	4.62±0.16 b	4.62±0.16 a
	10	6.98±0.1 1 <sup>a</sup>	3.82±0.02 e	0.325±0.009 <sup>b</sup>	0.343±0.00 8 <sup>a</sup>	4.60±0.14 b	4.30±0.12 b
	20	6.08±0.2 0 <sup>d</sup>	4.03±0.04 d	0.355±0.005 <sup>a</sup>	0.371±0.00 5 <sup>a</sup>	4.83±0.08 a	4.29±0.09 b
L	30	6.40±0.0 6 <sup>c</sup>	5.90±0.14 c	0.365±0.012 <sup>a</sup>	0.352±0.01 3 <sup>a</sup>	5.42±0.35 a	4.83±0.20 a
H	40	6.61±0.0 1 <sup>b</sup>	8.10±0.03 a	0.370±0.011 <sup>a</sup>	0.362±0.00 9 <sup>a</sup>	4.89±0.14 a	4.75±0.13 a
	50	6.93±0.1 3 <sup>a</sup>	7.89±0.04 b	0.365±0.006 <sup>a</sup>	0.370±0.00 7 <sup>a</sup>	5.00±0.16 a	4.70±0.08 a

658 <sup>a</sup>Statistical differences ( $p < 0.05$ ) among values in the same column are indicated by different letters.

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662 Figure caption:

663 Fig. 1. Chromaticity values (Light: a, Bangqi [BQ]; c, Jinlongyu [JLY]; e, Luhua [LH]; Darkness:  
664 b, BQ; d, JLY; f, LH) and color differences (g, BQ; h, JLY; i, LH) of the fragrant rapeseed oils  
665 (FROs) during 50 days of storage.

666 Fig. 2. Transmittance spectra of the FROs during the 50-day storage in the light (a, BQ; c, JLY; e,  
667 LH) and darkness (b, BQ; d, JLY; f, LH).

668 Fig. 3. Chlorophyll (Chl) and carotenoid (Caro) contents in the FRO during 50-day storage in the  
669 light and darkness (a, BQ; b, JLY; c, LH).

670 Fig. 4. Correlation heatmap and principal component analysis (a,  $\Delta E < 3$ ; b,  $3 \leq \Delta E \leq 5$ ; c,  $\Delta E > 5$ ) of  
671 observation indicators for FROs stored in the light/darkness for 0, 10, 20, 30, 40, and 50 days.

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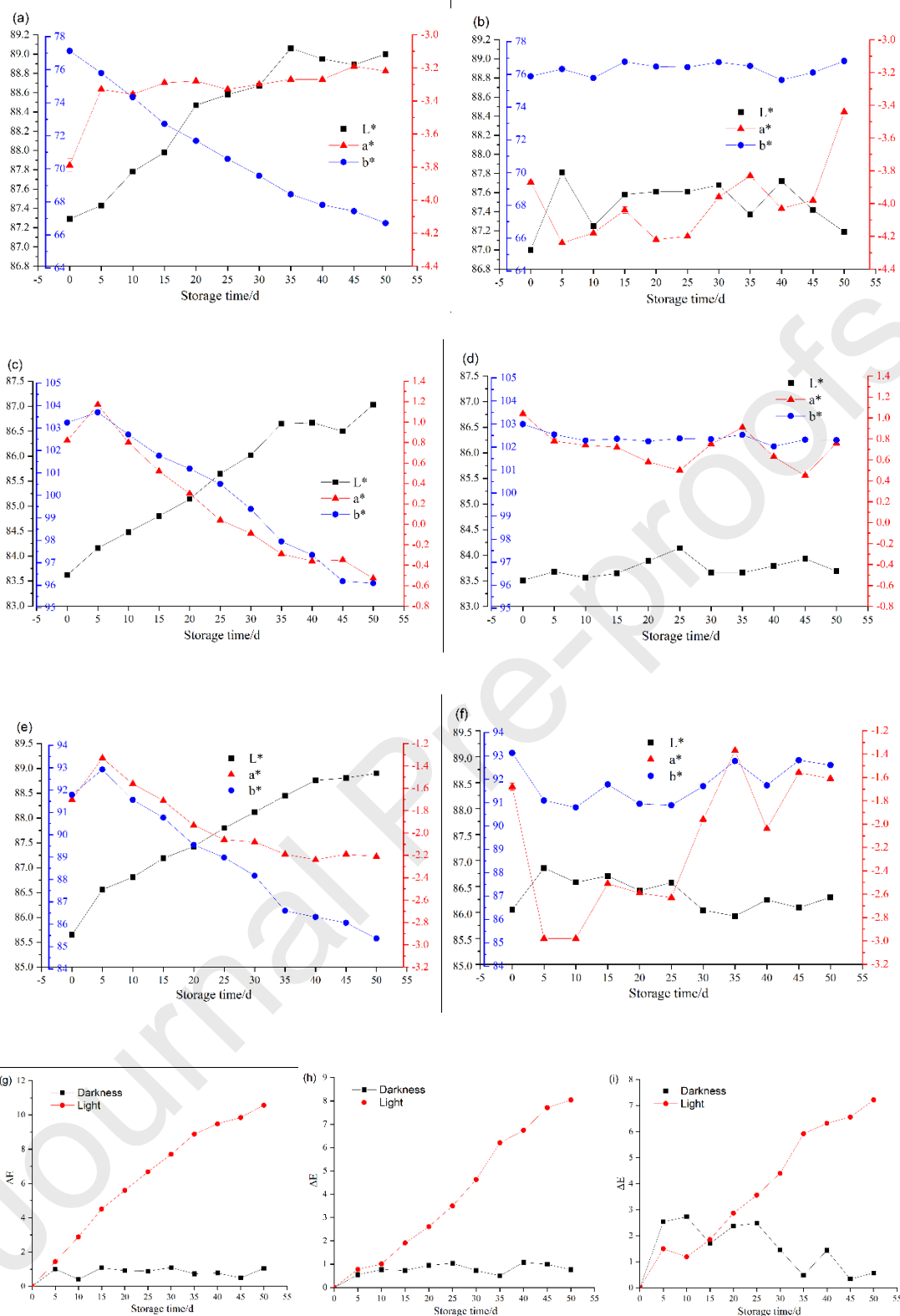
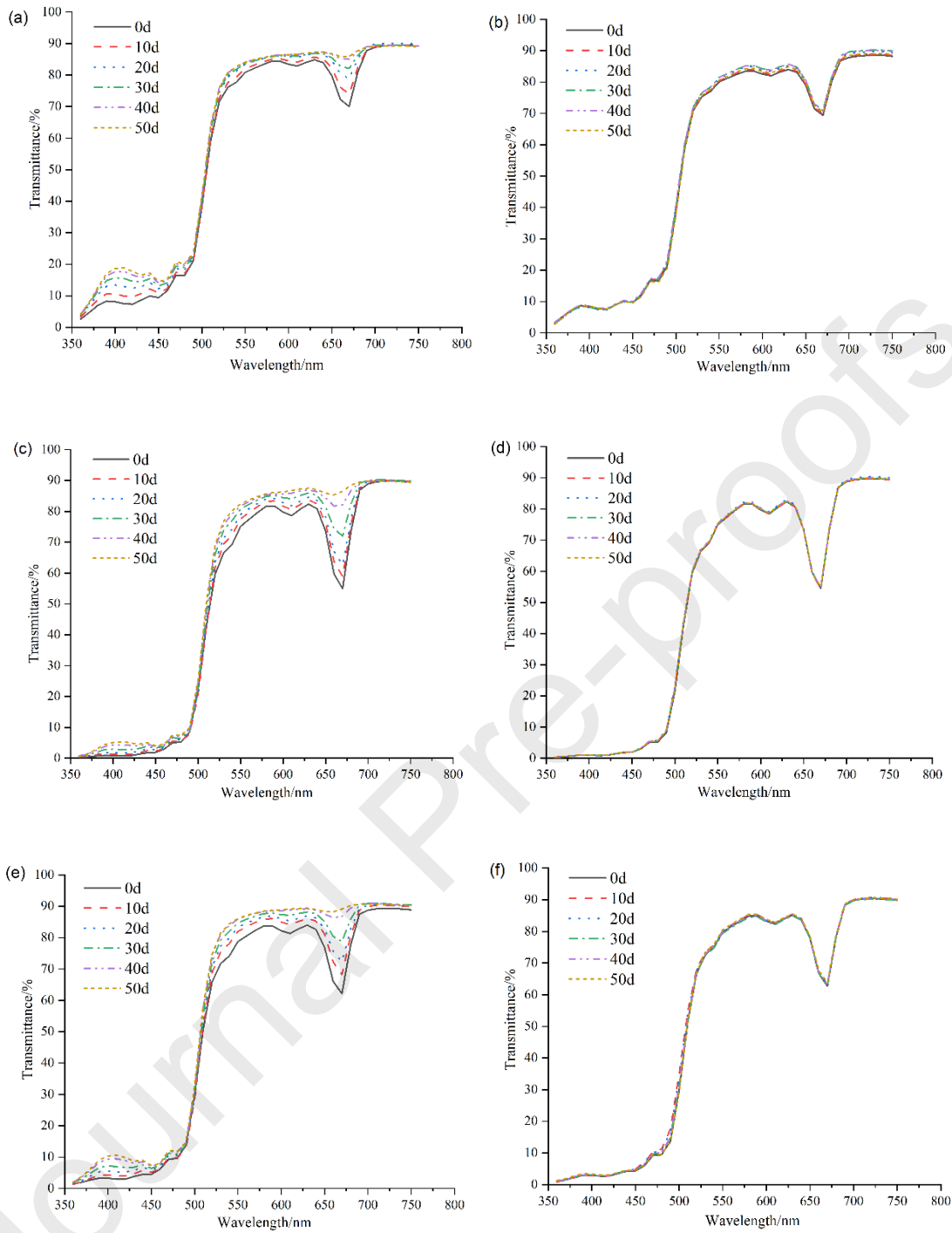


Fig. 1. Chromaticity values (Light: a, Bangqi [BQ]; c, Jinlongyu [JLY]; e, Luhua [LH]; Darkness: b, BQ; d, JLY; f, LH) and color differences (g, BQ; h, JLY; i, LH) of the fragrant rapeseed oils (FROs) during 50 days of storage



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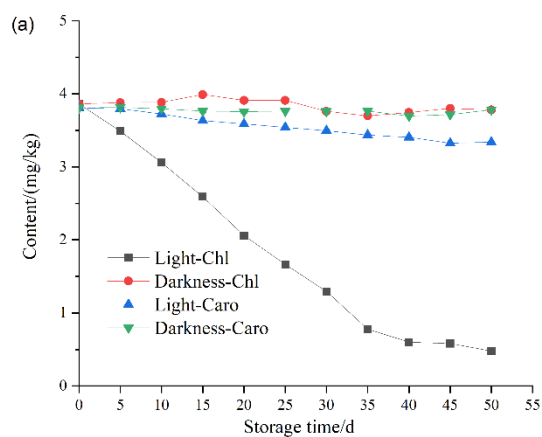
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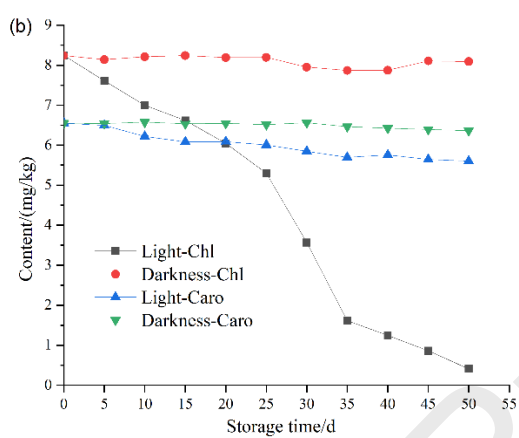
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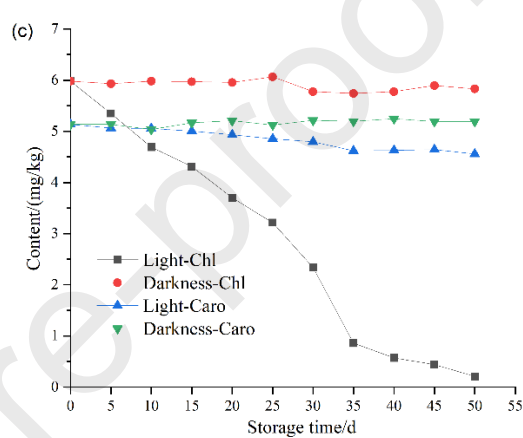
Fig. 2. Transmittance spectra of the FROs during the 50-day storage in the light (a, BQ; c, JLY; e, LH) and darkness (b, BQ; d, JLY; f, LH)



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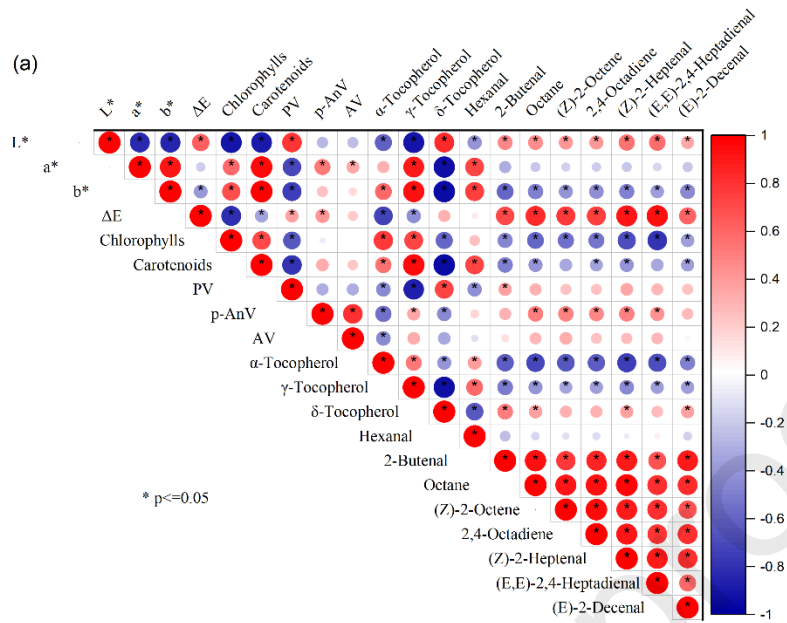
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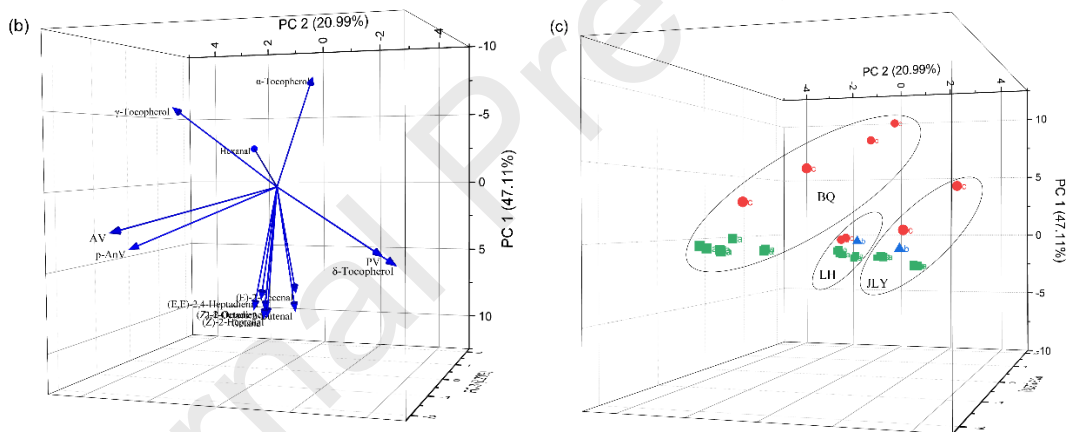
689 Fig. 3. Chlorophyll (Chl) and carotenoid (Caro) contents in the FRO during 50-day storage in the  
 690 light and darkness (a, BQ; b, JLY; c, LH)

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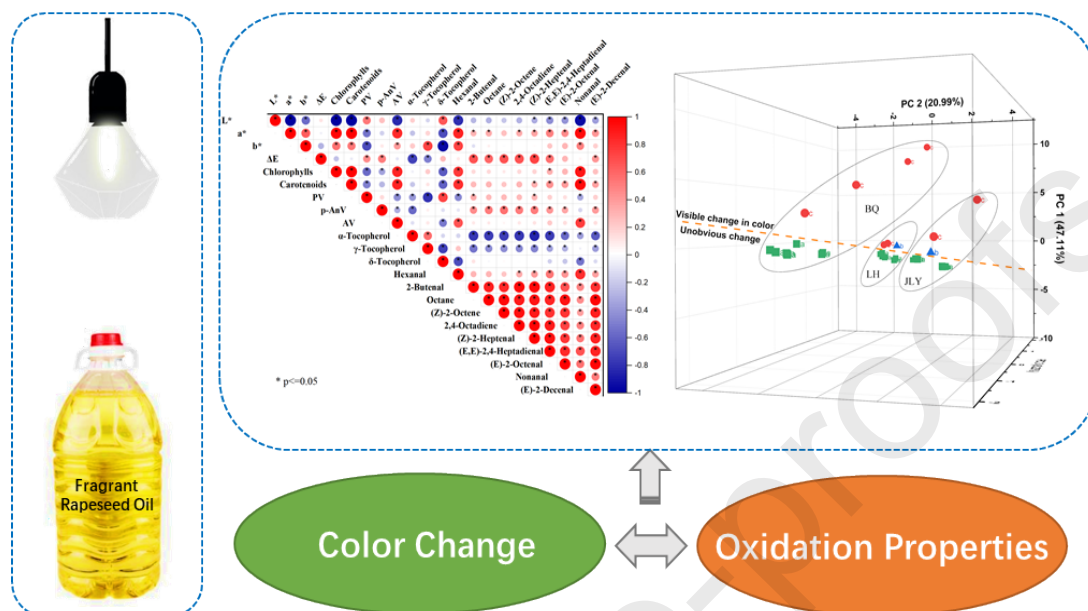
695 Fig. 4. Correlation heatmap and principal component analysis (a,  $\Delta E < 3$ ; b,  $3 \leq \Delta E \leq 5$ ; c,  $\Delta E > 5$ ) of  
 696 observation indicators for FROs stored in the light/darkness for 0, 10, 20, 30, 40, and 50 days

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699 **Graphical abstract**

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705 **Highlights**

706 1. Connection between color variation and oxidative properties of FRO were  
707 investigated.

708 2. The degradation rate of chlorophyll was considerably larger than that of carotenoid.

709 3. The  $\Delta E$  value had a significantly negative correlation with  $\alpha$ -tocopherol content.

710 4. Some secondary oxidation products were more closely related with color change than  
711 PV.

712

713 **Credit authorship contribution statement**

714 **Qi Li:** Conceptualization, Methodology, Writing-Original draft  
715 preparation. **Mengmeng Wang:** Data curation, Investigation, Software. **María Belén**

716 **Fernández:** Writing-Reviewing and Editing. **Altayuly Sagymbek:** Writing-  
717 Reviewing and Editing. **Yaoyao Dong:** Software, Validation. **Yuan Gao:**  
718 Visualization, Formal analysis. **Xiuzhu Yu:** Conceptualization, Writing-Reviewing  
719 and Editing, Supervision.

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Journal Pre-proofs