# METHODS & TECHNIQUES



# Metabolic FRET sensors in intact organs: Applying spectral unmixing to acquire reliable signals

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# ABSTRACT

In multicellular organisms, metabolic coordination across multiple tissues and cell types is essential to satisfy regionalized energetic requirements and respond coherently to changing environmental conditions. However, most metabolic assays require the destruction of the biological sample, with a concomitant loss of spatial information. Fluorescent metabolic sensors and probes are among the most user-friendly techniques for collecting metabolic information with spatial resolution. In a previous work, we have adapted to an animal system, Drosophila melanogaster, genetically encoded metabolic FRET-based sensors that had been previously developed in single-cell systems. These sensors provide semiquantitative data on the stationary concentrations of key metabolites of the bioenergetic metabolism: lactate, pyruvate, and 2-oxoglutarate. The use of these sensors in intact organs required the development of an image processing method that minimizes the contribution of spatially complex autofluorescence patterns, that would obscure the FRET signals. In this article, we show step by step how to design FRET-based sensor experiments and how to process the fluorescence signal to obtain reliable FRET values.

KEY WORDS: FRET, Autofluorescence, Linear unmixing, Metabolic sensors, Drosophila

# INTRODUCTION

The complexity of multicellular organisms relies on the division of labor among different cell types, and the resulting functional compartmentalization of specific tissues and organs [\(Rueffler,](#page-5-0) [Hermisson and Wagner, 2012](#page-5-0); [Yanni et al., 2020](#page-5-0)). A consequence of this modular architecture of living systems is that different regions require different metabolites to either fuel biomass synthesis or satisfy specific energetic requirements. The lactate shuttle [\(Brooks, 2018](#page-4-0)) constitutes a classic example of this metabolic compartmentalization. Besides, these requirements change over time as organisms are exposed to various environmental conditions and external stimuli. Thus, for multicellular life to be viable, metabolic pathways must be both spatially and temporally

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controlled [\(Seebacher, 2018\)](#page-5-0), leading to local metabolic states that might be quite different from the metabolic profiles of adjacent tissues or organs.

Most classic metabolic assays, however, lack spatial and temporal resolution, as they are based on preparing homogenates of biological material, thus preventing dynamic analysis on single samples or the direct measurement of spatial distributions of different chemical species. Therefore, despite being a basic facet of metabolic regulation, the spatial and temporal metabolic control described above is not explorable through the standard metabolic toolkit [\(Gándara et al., 2019\)](#page-4-0). This has led to a scarcity of empirical research on the basic mechanisms that couple energy production with energy consumption in multicellular biological systems ([San](#page-5-0) [Martín, et al., 2014b](#page-5-0)). Fluorescent sensors that can report metabolic states ([Galaz et al., 2020\)](#page-4-0) or relative abundance of metabolites in real time and in live cells ([Gándara et al., 2019\)](#page-4-0), on the other hand, can provide invaluable information on metabolic regulation in these multicellular systems.

Many of these metabolic fluorescent sensors are based on Förster Resonance Energy Transfer (FRET): a nonradiative transference of energy from an excited fluorophore (called donor) to another nonexcited one (called acceptor) produced by dipole-dipole coupling if the fluorophores have overlapping spectra [\(Grecco and Verveer,](#page-4-0) [2011\)](#page-4-0) [\(Fig. 1](#page-1-0)). As this phenomenon requires that both fluorophores be in close proximity, with FRET efficiency decaying with the sixth power of the distance between donor and acceptor, FRET has been employed by molecular biologists as a useful trick to detect proteinprotein interactions ([Grecco and Verveer, 2011\)](#page-4-0). The most employed FRET-based metabolic sensors consist in fusion proteins in which the donor and acceptor pair are linked through metabolite-specific binding domains [\(Fig. 1A](#page-1-0)). This configuration is known as intramolecular (donor and acceptor are different modules of the same protein) hetero-FRET (donor and acceptor are two different proteins) ([Pietraszewska-Bogiel and Gadella, 2011\)](#page-5-0). In intramolecular sensors, the binding of a metabolite to a linker domain triggers a conformational change of the fusion protein that modifies the distance between the fluorescent cores of donor and acceptor, altering the energy transference and therefore affecting the FRET signal ([Fig. 1](#page-1-0)A). Then, it is possible to associate changes in the FRET signal with changes in the relative concentrations of the monitored metabolites.

Metabolic FRET-based sensors with the above-described configuration include those reporting levels of glucose [\(Volkenhoff et al., 2018\)](#page-5-0), maltose [\(Fehr et al., 2002\)](#page-4-0), glutamate [\(Okumoto et al., 2005\)](#page-5-0), NAD+/NADH ([Zhao et al., 2016\)](#page-5-0), lactate [\(San Martín et al., 2013\)](#page-5-0), pyruvate ([San Martín et al., 2014a\)](#page-5-0), citrate [\(Ewald et al., 2011\)](#page-4-0), and 2-oxoglutarate [\(Zhang et al., 2013\)](#page-5-0). Although many of them have only been tested in cell culture or bacterial systems, during recent years these sensors have started to be used in the context of tissues ([Gándara et al., 2019](#page-4-0); [Hudry et al.,](#page-4-0)

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<span id="page-1-0"></span>



Fig. 1. Metabolic FRET-based sensors. Illustration of the functioning of the lactate sensor Laconic (San Martí[n et al., 2013](#page-5-0)). (A) Scheme of the molecular mechanism of the sensor. Due to the proximity of the fluorescent proteins, excitation of CFP (donor fluorophore) results in an energy transfer to YFP (acceptor fluorophore). Union to lactate causes the fluorescent proteins to distance and thus reduces the energy transfer, and the emission of the acceptor fluorophore (YFP). (B) Diagram that shows why CFP and YFP can function as a FRET pair: the emission spectrum of CFP overlaps with the absorbance spectrum of YFP (shadowed area).

Intact animal organs are highly complex structures, with a tightly defined tissue architecture, usually formed by several cell types, each of them fulfilling specific functions. This complexity causes heterogeneous autofluorescence and thus prevents a naïve and straightforward extrapolation of the imaging practices used for cell cultures or bacterial suspensions. By adapting a spectral-unmixing processing algorithm, we managed to estimate the contribution of autofluorescence to each pixel of the acquired images, and thus perform pixel-by-pixel background subtractions. This processing method removed the artefactual behavior of the FRET signals, and thus allowed us to employ these sensors for the analysis of metabolic responses in intact larval organs. In this article, we describe in detail how to obtain artifact-free FRET signals in intact organs.

# RESULTS

## Imaging metabolic changes in tissues at a single-cell level

In a previous work, we have adapted the sensors Laconic (lactate), Pyronic ( pyruvate) and OGSOR (2-oxoglutarate) for their use in a multicellular organism: the fruit fly Drosophila melanogaster [\(Gándara et al., 2019\)](#page-4-0). To do so we cloned all three sensors downstream to UAS promoters, and then incorporated them into the fly genome through site-specific transgenesis ([Bateman et al., 2006\)](#page-4-0).

We analyzed third instar larval organs (wing imaginal discs, salivary glands, fat bodies, brains and midguts) by dissection and  $ex$ vivo imaging of the un-fixed tissues (see the protocol in the Materials and Methods). We then successfully performed all the controls and analysis presented here in all three sensors [\(Gándara et al., 2019\)](#page-4-0). In this article we will focus on the use of the metabolic sensor Laconic in Drosophila larval tissue. However, this protocol can be easily adapted to other species, organs, and FRET sensors.

Before measurements of the samples, we performed critical FRET controls under the selected acquisition parameters.

- i. Bleed-through. Ideally, the contribution of the donor emission to the acceptor channel should be minimal. However, this cannot be assumed, but instead it must be measured. To do so, a specific sample is required in which the donor fluorophore is expressed alone. Then, we measured directly the emission of the donor in the acceptor channel, upon stimulation at the donor excitation wavelength  $(I_{\text{so}}^{d};$  red variable), and found no significant bleed through [\(Gándara](#page-4-0) [et al., 2019](#page-4-0)). However, if significant bleed-through were found, the wavelength range of the acceptor channel (acceptor maximum) should be revised. This step should be repeated for each of the different tissue types that are going to be analyzed in the experiment.
- ii. Direct excitation of the acceptor fluorophore. All the measured fluorescence in the acceptor channel is assumed to come from its excitation from donor's energy transfer. To assess experimentally whether this is the case for the specific fluorophore and microscopy conditions chosen, we imaged a sample expressing the acceptor alone (free YFP) [\(Gándara](#page-4-0) [et al., 2019](#page-4-0)). As expected, we found that imaging of this sample in the acceptor channel (note that this channel uses the excitation wavelength of the donor) revealed no fluorescence. Finding significant emission of the acceptor by the donor excitation laser is a problem not easy to solve. Excitation with a different wavelength might be possible, but changing the fluorophore pair might be necessary.
- iii. Acceptors photobleaching. In the full FRET sensor, the energy transfer itself can be verified by intentionally photobleaching the acceptor fluorophore. This is achieved by bleaching a small area with high intensity illumination, in the wavelength of acceptor excitation. The expected outcome is, upon the photobleaching, to observe an increase of the donor fluorescence (in addition to the obvious effect of a reduction of the acceptors fluorescence). To get clear results, it is convenient to perform this control under conditions where high FRET is expected.

Once the parameters from the technical controls have been defined for the desired tissue, images or videos of samples expressing the FRET-based metabolic sensors can be acquired. The samples must be excited at the donor maximum absorption wavelength (Fig. 1B).

If the available confocal microscope includes a spectral module – a monochromator or similar device that allows reconstructing the whole emission spectrum of the analyzed samples – then employing this optical instrument is strongly recommended. In such case, the emission spectrum (sometimes called a lambda scan) should be acquired upon excitation with the appropriate laser wavelength for the donor fluorophore. Depending on the microscope software, it might be possible or not to define the wavelength step for the scan. In either case, after imaging, the frames corresponding to the donor, acceptor and AF channels can be selected.

When using a non-spectral microscope, all samples must be imaged in three different channels simultaneously: one that includes the emission maximum of the donor, a second one, the emission maximum of the acceptor, and a third one, 'AF', at a region of the spectrum in which the fluorescence emission of the sensor is expected to be null, as we explain below.

#### The challenge of dealing with auto-fluorescence

The calculation of a FRET signal requires values of fluorescence emission for both the donor and the acceptor fluorophores. However, measurement of the fluorescence emitted by these fluorophores is hindered by the additional contribution of spurious auto-fluorescence or background light.

Accurately estimating autofluorescence is particularly crucial in this context for two key reasons. Firstly, ratiometric calculations, such as FRET signals, are highly susceptible to the influence of autofluorescence and background noise. This happens because, mathematically, the impact of such an additional and non-relevant term in the denominator is greatly amplified. Further, given the typically small signals observed in FRET experiments, this artifact has the potential to completely erase or significantly alter the results.

Secondly, organs are complex samples that include elements – such as cells – that can have very different autofluorescence levels (Fig. 2). A simple correction of autofluorescence, such as subtracting a constant value, would blur the spatial variation of the FRET signal present in these samples. Preservation of the spatial information thus require a pixel-by-pixel correction strategy.

## Spectral-unmixing for autofluorescence correction

Our first attempts to obtain a bona fide FRET signal when using these sensors in Drosophila larval organs were unsuccessful, as the FRET ratios appeared to closely reflect the expression pattern of the sensors, instead of the metabolite levels as desired ([Fig. 3](#page-3-0)A,B). This effect was due to the heterogeneous autofluorescence patterns of the tissues, and the following unsuitability of commonly employed background subtraction techniques to deal with it. Thus, we implemented a linear unmixing approach for the estimation of the autofluorescence contribution to the measured fluorescence in the donor and the acceptor channels on a pixel-by-pixel basis.

Independently of the method employed for image acquisition, we will refer across the manuscript to the  $\Delta\lambda_{\rm em}$  that is expected to correspond to the maximum emission intensity window of the donor



Fig. 2. Autofluorescence varies spatially. (A) Autofluorescence in a wing imaginal disc of a third instar larva. (B) Fluorescence profile across the dotted red line in A.

or the acceptor as the 'donor channel' or 'acceptor channel', respectively.

The method assumes that the measured fluorescence emission of the donor  $(I_m^d)$  is composed by the fluorescence that is actually emitted by the fluorophore  $(I_f^d)$ , plus the autofluorescence of the specific tissue in the donor channel  $(I<sub>af</sub><sup>d</sup>; Eqn 1)$ .

$$
I_m^d(x, y) = I_f^d(x, y) + I_{af}^d(x, y)
$$
 (1)

The acceptor measured emission  $(I_m^a)$  is similar, but has an additional component: the bleed through of the donor to the acceptor channel, i.e. the possible contribution of the donor emission due to spectral overlap  $(I_{so}^{d}$ ; Eqn 2).

$$
I_m^a(x, y) = I_f^a(x, y) + I_{af}^a(x, y) + I_{so}^d
$$
 (2)

To calculate  $I_f^a$  and  $I_f^d$  – the actual values that are needed for obtaining the FRET signal – the autofluorescence contribution to each channel,  $I_{\text{af}}^{\text{a}}$  and  $I_{\text{af}}^{\text{d}}$ , must be estimated. This can be done by using a third channel in a different emission wavelength, called 'AF', where fluorescence emission from both the donor and acceptor, after stimulation at the donor excitation wavelength, is negligible (Eqn 3).

$$
I_m^{AF}(x, y) = I_{af}^{AF}(x, y)
$$
\n(3)

Thus, unlike  $I_{af}^{d}$  or  $I_{af}^{d}$ ,  $I_{af}^{AF}$  can be measured directly (see Image acquisition below for the experimental instructions). As autofluorescence is characterized by a wide emission spectrum, usually reproducible for a given tissue ([Desai et al., 2014\)](#page-4-0), the measurement of this spectrum in tissues that do not express fluorescent sensors [\(Fig. 3](#page-3-0)C for *Drosophila* larval brains, see Image acquisition below for the experimental instructions) allows the estimation of  $I_{af}^{d}$  or  $I_{af}^{d}$  from  $I_{af}^{AF}$ . Therefore, assuming that the relation between the fluorescence intensities detected in all channels is linear, it is possible to estimate  $I_{af}^{d}$  or  $I_{af}^{a}$  by weighting the  $I_{af}^{AF}$  by a constant K (Eqns 4, 5).

$$
I_{af}^d(x, y) = K^d * I_{af}^{AF}(x, y)
$$
\n
$$
\tag{4}
$$

$$
I_{af}^a(x, y) = K^a * I_{af}^{AF}(x, y)
$$
 (5)

Thus, by combining Eqn 1 with Eqn 4, the correction equation (Eqn 6) for the donor channel can be obtained:

$$
I_f^d(x, y) = I_m^d(x, y) - K^d * I_{af}^{AF}(x, y).
$$
 (6)

A similar combination using Eqns 2 and 5 will lead to the correction equation for the acceptor channel. Then, autofluorescence-corrected ratiometric FRET signals (F) can be calculated for each pixel of the image according to Eqn 7.

$$
F = \frac{I_f^a(x, y)}{I_f^d(x, y)} = \frac{I_m^a(x, y) - K^a * I_{af}^d(x, y) - I_{so}^d}{I_m^d(x, y) - K^d * I_{af}^d(x, y)}
$$
(7)

# Experimental implementation of the spectral-unmixing strategy for autofluorescence correction

In summary, linear unmixing of the autofluorescence requires the acquisition of the two standard channels for FRET analysis, 'donor' and 'acceptor', plus an additional channel, 'AF', which provides a pixel-by-pixel measure of the autofluorescence in the same sample. If a spectral confocal microscope is not available (such as in [Fig. 3C](#page-3-0)), simple acquisition at the three-above mentioned channels will be enough (donor maximum, acceptor

<span id="page-3-0"></span>

Fig. 3. A spectral unmixing approach for correcting autofluorescence pixel-by-pixel. Larval brain lobe expressing Laconic, a lactate FRET-based sensor. (A) Expression map for the lactate sensor Laconic expressed in the larval central nervous system (elav-Gal4 -> UAS-Laconic). One half of the brain lobe (black arrow) displays higher expression levels than the other half (white arrow). (B) FRET map for Laconic based on its signal obtained from the image shown in A. The straightforward ratiometric method was employed. By comparing this panel with A, it is possible to see how the apparent FRET signal is biased by the expression pattern of the sensor. (C) Autofluorescence emission spectrum of the anterior lobe of a Drosophila larval brain upon excitation at 458 nm (the excitation maximum of the donor fluorophore, CFP). (D) Laconic emission spectrum of the anterior lobe of a Drosophila larval brain upon excitation at 458 nm (the excitation maximum of the donor fluorophore CFP). (E) FRET map of the sensor Laconic after correcting the signal of the image shown in A employing the linear unmixing-based method. In this case, the weighting constant K was preestimated as the average of the estimated values of five brain lobes from flies not expressing the sensor (UAS-Laconic line not carrying the driver elav-Gal4). Note that the difference between the two halves of the lobe displaying different expression levels of the sensor (black and white arrows) was strongly reduced. (F) Fret signal in the right and left halves of the lobe shown in A, obtained either with the straightforward method used in cell culture (map shown in panel B) or after applying the linear unmixing method (map shown in panel E). The image processing algorithm reduced to a minimum the difference between the two halves of the lobe.

maximum, and 'AF'). It also requires the pre-estimation of the weighting constant K, that needs to be performed in a sensorfree tissue. This constant indicates the magnitude of the autofluorescence expected in the 'donor' and 'acceptor' images and is used to multiply the 'AF' image.

The weighting constant K can be calculated as the ratio of the fluorescence in the donor or acceptor channel and the autofluorescence channel in a tissue area not expressing the sensor. Experimentally, the estimation of the K can be performed in two ways. If the experiment is designed in a way that there is a region of the sample that has a similar composition to the region of interest and does not express the sensors, it can be estimated from the same image. This situation is ideal as the calibration is performed under the exact conditions of the experiment, in the same individual, and there is no need to make additional measurements. Examples of this kind would be, for a bilateral organ, when the sensor is expressed only on one side, or when the expression is limited to a portion of an organ [for example, if studding imaginal discs, the sensor could be expressed with en->Gal4, UAS->Laconic as in [Gándara et al. \(2019](#page-4-0))].

Otherwise, an independent pre-estimation of K must be performed. This can be done by imaging the same organ from individuals that do not express the sensor. In this case, it is critical that the growth conditions and the background genetics are as similar as possible to the experimental strain, as these factors will influence the autofluorescence. For example, if the goal is to detect lactate levels in fly imaginal discs expressing Laconic, 5 imaginal discs of flies from another line, not expressing the sensor, can be characterized and the result can be averaged to get K. This estimation assumes that the relation between the fluorescence coming from the autofluorescence of the sample, observed in the donor (or acceptor) channel and the fluorescence observed in the AF channel is similar between these individuals. In other words, it assumes that the chemical composition of the autofluorescent tissue

<span id="page-4-0"></span>is similar between individuals. However, the value K is used to weight an AF image from the same organ used in the experiment, so the correction is still pixel-by-pixel and performed for singleorgans. This second approach was utilized in the analysis presented in [Fig. 3.](#page-3-0) By using Eqns 4 and 5 it should be possible to obtain values for  $K^a$  and  $K^d$  from these images.

To illustrate the kind of artifacts usually encountered when using FRET sensors, and how this method can improve the results, we analyzed data obtained from the anterior lobe of a Drosophila larval brain expressing Laconic, a lactate FRET-based sensor [\(San Martín et al., 2013](#page-5-0)) [\(Fig. 3](#page-3-0)). These images were analyzed either with the straight-forward method usually applied for cells in culture, or by performing spectral-unmixing. A comparison between [Fig. 3](#page-3-0)A and B shows that the 'naïve' image processing methods generate an artefactual FRET signal that is biased by the expression pattern of the sensor within the tissue; the two halves of the brain lobe display a clear difference of expression levels of the sensor, and the apparent (artefactual) FRET signal follows the same pattern. When spectral unmixing was performed, the FRET signal became independent of the sensor levels ([Fig. 3E](#page-3-0)). As shown in [Fig. 3F](#page-3-0), the linear unmixing-based processing method reduces to a minimum the difference of the FRET signal between the two halves of the lobe with different expression levels of the sensor Laconic.

## **DISCUSSION**

The image processing method described here might be more demanding than equivalent methods used to generate ratiometric FRET signals, as it requires characterizing optic properties of the tissues beforehand. In simple one-layered tissues, such as imaginal discs or the fat body, autofluorescence emission might be relatively homogeneous across space, reducing the need of estimating its contribution on a pixel-by-pixel basis. Thus, in those tissues, global background subtraction might in fact lead to a reliable FRET signal. However, [Fig. 3](#page-3-0) shows that when dealing with a more complex tissue architecture, such as that of the Drosophila larval brain, pixelby-pixel subtraction of autofluorescence can remove artefactual behaviors that could otherwise lead to spurious conclusions about the spatial distribution of the monitored metabolites.

A remarkable advantage of the FRET-based sensors is that their signal is reversible, which makes them suitable tools to explore dynamic facets of metabolic regulation. In this article we described how to process single images of tissues expressing FRET-based sensors. However, the same protocol can be applied to videos. By doing so, we managed to explore lactate accumulation in real time in larval tissues exposed to hypoxia ex vivo, finding that the metabolic response is triggered almost immediately after lowering oxygen levels, and then, after reoxygenation, lactate levels are immediately reduced (Gándara et al., 2019).

Assessing artifact-free FRET signals that are independent of the tissue architecture becomes essential when studying the metabolic changes that underly tumor transformation, as dysregulated cell proliferation that characterizes this process can alter in a heterogeneous manner the optic properties of the organ. By using the processing method summarized here, we described in a previous work the lactogenic switch of tumors induced in wing imaginal discs. We found that the engagement on a Warburg-like metabolic switch is strongly dependent on the genetic basis of the tumor, as well as on tumor progression over time (Gándara et al., 2019). In sum, the processing method described here minimizes artefacts when obtaining FRET signals, increasing the robustness of the biological conclusions achieved when using FRET-based metabolic sensors in intact organs.

# MATERIALS AND METHODS

## Fly lines

The fly line expressing UAS-Laconic was generated in-house for a previous work (Gándara et al., 2019) by phiC31-mediated site-directed integration on the 58A landing site. The lines containing tub– Gal4 (5138), en-Gal4 (1973), ptc-Gal4 (2017) were obtained from the Bloomington Drosophila Stock Center (<https://bdsc.indiana.edu/>).

#### **Microscopy**

The images were acquired using a Zeiss LSM510 Meta Confocal Microscope with monochromator. CFP was excited at 405 nm, while YFP at 458 nm. The emission detection windows set for the different channels were donor (CFP) channel, 490±5 nm; acceptor (YFP) channel, 530±5 nm; and autofluorescence (A) channel, 600±5 nm.

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#### Competing interests

The authors declare no competing or financial interests.

#### Author contributions

Conceptualization: L.G., L.D., P.W.; Methodology: L.G., L.D.; Software: L.D.; Validation: L.G., L.D.; Formal analysis: L.G., L.D.; Investigation: L.G.; Resources: L.D.; Data curation: L.G., L.D.; Writing - original draft: L.G., L.D.; Writing - review & editing: P.W.; Visualization: L.G., L.D.; Supervision: P.W.; Project administration: P.W.; Funding acquisition: P.W.

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## Data availability

All relevant data can be found within the article and its supplementary information. An ImageJ macro for performing linear unmixing can be found at [https://github.com/](https://github.com/ludurrieu/CorrectAF) [ludurrieu/CorrectAF.](https://github.com/ludurrieu/CorrectAF)

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