



Antifungal and antiaflatoxic activity by vapor contact of three essential oils, and effects of environmental factors on their efficacy

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ABSTRACT

The present investigation reports the antifungal and antiaflatoxic properties of essential oils (EOs) from boldo (*Pëumus boldus* Mol.), poleo (*Lippia turbinata* var. *integrifolia* Griseb., clove (*Syzygium aromaticum* L.) and from boldo and poleo mixtures present in the headspace of peanut extract medium at three water activity levels (a_w) (0.98, 0.95 and 0.93). Moreover, the ability of boldo and poleo oils to maintain their antifungal activity was evaluated after subjecting them to environmental variations. Boldo EO at doses $\geq 1500 \mu\text{L/L}$ showed a highly significant effect on *Aspergillus* section *Flavi* lag phase (>300 h), growth rate (93–100% of inhibition) and aflatoxin B₁ (AFB₁) accumulation (100% of inhibition) at all a_w levels assayed. The antifungal and antiaflatoxic effects of poleo and clove EOs were highly dependent on a_w . In general boldo–poleo oil mixtures showed less inhibitory activity on *Aspergillus* strains than the boldo pure oil. The antifungal ability of volatile components released by boldo and poleo EOs was stable against temperature changes; while it was reduced when poleo was stored during six months and when boldo was exposed to sunlight and UV.

Boldo and poleo EO volatile fractions can be used as effective non-toxic biopreservatives in stored peanut industry against AF contamination.

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1. Introduction

Among different mycotoxins, aflatoxins (AFs), a difuran-containing polyketide derived *Aspergillus* toxin, are the most significant mycotoxins in peanuts during postharvest processing (Ding, Li, Bai, & Zhou, 2012; Ezekiel et al., 2012; Kamika & Takoy, 2011). Aflatoxins (AFs) in general and specially aflatoxin B₁ (AFB₁) is a genotoxic, immunotoxic and hepatocarcinogenic secondary metabolite (group 1) (IARC, 1993, 2002) produced mainly by *Aspergillus flavus*, *Aspergillus parasiticus*, *Aspergillus nomius* and *Aspergillus pseudotamarii* (Varga, Frisvad, & Samson, 2011). There are reports that hepatic carcinoma and other serious diseases may be induced by consuming food or using raw materials for food processing contaminated with AFs (Li, Yoshizawa, Kawamura, Luo, & Li, 2001; McKean et al., 2006; Turner, Moore, Hall, Prentice, & Wild, 2003). Nearly 5 billion people are exposed to AFs in different developing countries and aflatoxicosis is ranked 6th among the 10 most severe health risks identified by WHO and have ability to

accumulate in the organism (Galvano, Ritieni, Piva, & Pietri, 2005). Considering, further the impact on international market is necessary remembering that mycotoxin contamination of agricultural commodities has important economic implications. The losses due to rejection of shipments and lower prices for lower quality can be devastating to developing countries typically grain exporters. For these reasons, AFs levels are highly regulated in peanut and peanut derived products in most countries. Consequently, the European Union and Food and Drug Administration U.S. instituted legislation to protect the health of consumers and set limits for total AFs and AFB₁ in peanuts of 4 and 2 ng/g, respectively (European Commission (EC) Commission Regulation, No 165/2010; FDA U.S. Regulations, CPG Sec. 570.375/09).

The world peanut production obtained during the period 2010/2011 was estimated at 33 million tons, Argentina ranked 14th, contributing with 0.95% of total world production (USDA, 2012). Argentina has established as the world's largest exporter of peanuts and the excellence in this product has given it international prestige to this industry becoming the largest peanut supplier in the European Union (MAGyP, 2012). However, we have studied toxigenic and sclerotial characteristics of *Aspergillus* section *Flavi* populations in the peanut agroecosystem and the 100% of the

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samples were contaminated with potentially toxigenic species (Passone, Rosso, Ciancio, & Etcheverry, 2010).

Although, different synthetic antimicrobials have been successfully commercialized in recent years to minimize such losses, they encounter major problems not only due to their adverse side effects on consumers but also for the development of resistance by microorganisms (Tolouee et al., 2010). Hence, there must be optimization of alternative methods for pest and disease control that produce minimal damage to the environment and human health and with different action mechanisms on the target cell to avoid the development of resistance by microorganisms. Currently, different plant products have been formulated for large scale application in eco-friendly and biorational management of storage pests and are being used as botanical antimicrobials. Amongst plant products the essential oils (EOs) derived from aromatic plants have been well studied during the last two to three decades as a potential candidates against different microbes (Abdollahi, Hassani, Ghosta, Meshkatsada, & Shabani, 2011; Bullerman, Lieu, & Seiler, 1977; Mallozzi, Correa, Haraguchi, & Brignani, 1996; Marandi et al., 2011; Prakash, Singh, Kedia, Singh, & Dubey, 2012).

The vegetative growth and subsequent aflatoxin by *Aspergillus* section *Flavi* were found to be sensitive to twenty EOs extracted from some medicinal plants (Dubey, Shukla, Kumar, Singh, & Prakash, 2010; Soliman & Badeaa, 2002). Recently, oil extracted from *Hibiscus sabdariffa*, *Nigella sativa*, *Eucalyptus globulus* Labill, *Callistemon lanceolatus* (Sm.) Sweet showed variable fungistatic and fungicidal properties against *Aspergillus* section *Flavi* (El-Nagerabi, Al-Bahry, Elshafie, & AlHilali, 2012; Rocha Vilela et al., 2009; Shukla, Singh, Prakash, & Dubey, 2012). In a contact assay, we demonstrated that the application of high concentrations (2500 $\mu\text{L/L}$) of *Pëumus boldus* Mol. (boldo) and *Lippia turbinata* var. *integrifolia* (Griseb.) (poleo) oils completely inhibited fungal development. The antiaflatoxigenic property of these EOs (500 $\mu\text{L/L}$) was more marked with the medium a_{w} reduction (Passone, Girardi, Ferrand, & Etcheverry, 2012). Besides, oil from the dried flower buds of *Syzygium aromaticum* L. (clove) at the dose of 1500 $\mu\text{L/L}$ completely inhibited the growth of *A. flavus* and *A. parasiticus* strains. Some EOs and their components are bioactive compounds in commercial use as food additives through encapsulation technologies (Ávila-Sosa et al., 2012; Leimann, Gonçalves, Machado, & Bolzan, 2009).

Thus, the objectives of this study were: (a) to examine the efficacy of boldo, poleo and clove oils by vapor contact assay against *A. flavus* and *A. parasiticus* growth and AFB₁ accumulation on peanut meal extract agar under different environmental conditions (0.98, 0.95, 0.93 a_{w}); (b) to evaluate the antifungal and antiaflatoxigenic properties of boldo and poleo oil mixtures present in the headspace of peanut extract medium at three water activity levels; (c) to determine if boldo and poleo oils have the ability to maintain their antifungal activity after subjecting them to environmental variations that occur in the peanut storage agroecosystem.

2. Materials and methods

2.1. Fungal isolates

Two *A. flavus* Link (RCP08270 and RCP08108) and two *A. parasiticus* Speare (RCP08299 and RCP08300) were used in this study. These strains were originally isolated from stored peanut in Córdoba, Argentina, in August/December 2008 period (Passone et al., 2010), and it was previously demonstrated to be aflatoxin producers in peanut meal extract agar (PMEA; 0.99 a_{w} ; 11 days of incubation at 25 °C; 30.3 \pm 4.6 ng/g, 33.0 \pm 12.1 ng/g, 953.3 \pm 23.1 ng/g and 49.7 \pm 39.3 ng/g AFB₁ for RCP08270, RCP08108, RCP08299, RCP08300, respectively). These isolates were

deposited in the *Aspergillus* section *Flavi* culture collection, Microbiology and Immunology Department of the National University of Río Cuarto. The fungi were maintained on slants of malt extract agar (MEA) at 4 °C and stored as spore suspensions in 1.5 g/L glycerol at –20 °C.

2.2. Essential oils and chemical characterization

The plant species *P. boldus* Mol. (boldo), *L. turbinata* var. *integrifolia* (Griseb.) (poleo) and *S. aromaticum* L. (clove) used in this study were purchased from a local market. The plant species were stored at –20 °C after harvest (Usai et al., 2011). The plant materials were obtained from dried leaves of *P. boldus*, dried leaves and stems of *L. turbinata* var. *integrifolia* and dried flower buds of *S. aromaticum*. A portion (100 g) of each plant material parts was submitted for 3 h to water-distillation, using an extractor of EOs by steam distillation at laboratory scale (Figmay S.R.L.) (yield 2.0; 1.02 and 10.0 mL/g for boldo, poleo and clove, respectively). The EO was dried over anhydrous sodium sulfate and, after filtration, stored in sterilized vial at 4 °C for up to 1 week until tested. Chemical characterizations of these EOs were previously determined in our laboratory by Bluma and Etcheverry (2008).

2.3. Culture medium

The basic medium used in this study was peanut meal extract agar (PMEA), made by boiling 30 g of dried peanut meal in 1 L water for 60 min. The resulting mixture was filtered through a double layer of muslin and 15 g/L agar was added (Passone, Resnik, & Etcheverry, 2005). The water activity (a_{w}) of the basic medium (0.99) was adjusted to 0.98, 0.95 and 0.93 by addition of a non-ionic solute, glycerol, according to Dallyn and Fox (1980). PMEa was autoclaved at 121 °C for 20 min, and poured into sterile Petri dishes for volatile assays. The water activity of the medium was checked after autoclaving with an AquaLab Water Activity Meter 4TE (Decagon Devices, Inc.).

2.4. Vapor contact assay

The effect of three EOs (boldo, poleo and clove) on the growth of four aflatoxigenic isolates in PMEa at three a_{w} levels and 25 °C was studied. Two small Petri dishes (5 cm diameter) containing each one 10 mL PMEa were prepared and placed, without cover, into a big Petri dish (14 cm diameter). The plates were spot inoculated with 2 μL into center of each small Petri dish, with 10⁵ spores/mL suspended in 0.2 g/100 mL soft agar (Pitt, 1979). Sterilized cotton was placed in the center of the big Petri dish; that is between the two small PMEa agar plates. Essential oil was added to the cotton, having no direct contact with the PMEa agar plates. In a separate assay, boldo and poleo oil doses were 1000, 1500, 2000, 2500 and 3000 μL per liter of PMEa, while clove EO doses were 1000, 2000, 3000, 4000 and 5000 μL per liter of PMEa. In a mixture assay, boldo and poleo oil doses were 250, 500 and 750 $\mu\text{L/L}$ and 500, 1000 and 1500 $\mu\text{L/L}$, respectively to obtain the following treatments: B–P mixtures (250 + 500 $\mu\text{L/L}$), (250 + 1000 $\mu\text{L/L}$), (250 + 1500 $\mu\text{L/L}$), (500 + 500 $\mu\text{L/L}$), (500 + 1000 $\mu\text{L/L}$), (500 + 1500 $\mu\text{L/L}$), (750 + 500 $\mu\text{L/L}$), (750 + 1000 $\mu\text{L/L}$), (750 + 1500 $\mu\text{L/L}$). The control plates (without essential oil) were inoculated following the same procedure. The plates were sealed with polyethylene film and incubated at a temperature of 25 °C during 11 days. Those treatments in which no fungal development was observed at 11 days were incubated for a maximum of 35 days. Tests were undertaken in quadruplicate and each colony was daily measured in two directions at right angles to each other to obtain the mean radii. The radii of the colonies were plotted against time, and a linear

regression applied, in order to obtain the growth rate as the slope of the line. Lag phase for growth was calculated mathematically and defined as the time (days) in which each colony reaches a diameter of 5 mm for each treatment, in relation to isolates, EOs and a_{W} (Marín, Sanchis, & Magan, 1995). In all cases, the experiments were carried out at least in four replicates per treatment. The growth of fungal cultures containing different concentrations of all EOs was compared with that of the control culture with no EOs.

After growth was evaluated, all samples were frozen for later extraction and AFB₁ quantification.

2.5. Aflatoxin B₁ analysis

Extraction of AFs was done following the methodology proposed by Geisen (1996). A piece of PMEAs with mycelium (1 cm × 1 cm), which was incubated for 11 days at 25 °C, was taken from inoculated PMEAs cultures (aflatoxin producers + different concentrations of EOs), transferred to an Eppendorf tube, into which 500 µL of chloroform was added. The mixture was shaken for 20 min. The piece of agar was then removed and the chloroform extract filtered through a Whatman no. 4 filter paper and allowed evaporation to dryness on N₂ flow. The residue was redissolved in 200 µL acetonitrile/water (9:1) and then derivatized with 700 µL of trifluoroacetic acid/acetic acid/water (20:10:70). Fifty microliters of derivatized solution was analyzed using a reversed-phase HPLC/fluorescence detection system (Trucksses, Stack, Nesheim, Albert, & Romer, 1994). The HPLC system consisted of a Hewlett–Packard 1100 pump (Palo Alto, CA, USA) connected to a Hewlett–Packard 1046 programmable fluorescence detector, interfaced to a Hewlett–Packard Chem Station. Chromatographic separations were performed on a stainless steel Supelcosil LC-ABZ C18 reversed-phase column (150 × 4.6 mm i.d., 5 µL particle size; Supelco, PA, USA). Water/methanol/acetonitrile (4:4:1) was used as the mobile phase, at a flow rate of 1.5 mL/min. Fluorescence of AF derivatives was recorded at excitation and emission wavelengths of 360 and 440 nm respectively. Aflatoxin B₁ standard was obtained from Sigma Chemical (Dorset, UK) and standard curves were constructed with different levels of AFB₁ (5–100 ng/g). This toxin was quantified by correlating peak areas of sample extracts and those of standard curves. The mean recovery of the method used was calculated by spiking peanut seeds at different levels ranging from 5 to 100 ng/g and was estimated at 94.5%. The lowest detection limit was 1 ng/g.

2.6. Effect of environmental factors on the toxicity of boldo and poleo oils

Experiments were performed to determine the thermostable nature of the oils, and the stability during sunlight and UV exposure and storage time. Different glass vials containing 3 mL of each oil were subjected: to different temperature treatments for 1 h in incubators already adjusted at 40, 60 and 80 °C; to sunlight during 30 and 60 min; to UV light (260 nm) during 15 and 30 min; and to storage during 6 months at 4 °C. The fungitoxicity of the treated oils from each set was tested against the test fungi at 2000 µL/L on PMEAs by the inoculation technique described above.

2.7. Statistical analyses

All data analyses were performed by analysis of variance (ANOVA). *F*-value was found in ANOVA using SAS program 6.1 SAS Institute, Cary, NC (1998). Posteriori tests were performed using SigmaStat program Version 3.10 (Systat Software, Inc.). The significant differences for lag phase and growth rate were determined using Duncan's New Multiple Range Test at $p < 0.05$ level. Fisher's LSD test ($\alpha = 0.05$) was employed to determine

significant differences between treatments and control for AFB₁ accumulation.

3. Results

3.1. Activity of volatile EO treatments on mycelial growth and AFB₁ accumulation

Statistical analyses on growth of *Aspergillus section Flavi*; water activity (a_{W}), isolates (I), essential oils (EOs), concentrations (C) and two-; three-; and four-way interactions indicated that they were statistically significant (Table 1). The major effect was produced by EO, followed by a_{W} levels and oil C.

Boldo EO was the most effective: at doses of 1000 µL/L and ≥1500 µL/L and at all a_{W} levels studied, it increased the lag phases to 184.7 h and to more than 300 h, respectively (Table 2). Antifungal effects of poleo and clove EOs were highly dependent of medium a_{W} . Poleo EO could increase fungal lag phases by 14.7, 16.8 and 137.0 h at 0.98, 0.95 and 0.93 a_{W} , respectively. The lag phases of four fungal isolates were extended by 1000–5000 µL/L doses of clove oil at the lowest a_{W} assayed (0.93), whereas it was reduced at 0.95 and 0.98 a_{W} .

Saturated atmosphere of volatile fraction of boldo at ≥1500 µL/L inhibited between 93.9 and 100% the growth rates of all fungi at all a_{W} assayed and strongly reduced mycelial development (≥51.3%) at 1000 µL/L (Fig. 1). Treatment with 1000 µL/L of poleo resulted in inhibition growth rates varying between 16.1–75.8% and 3.7–74.7% at 0.98 and 0.95 a_{W} , respectively; while significant inhibitions ($p < 0.05$) by 39.4–72.8% were observed at 0.93 a_{W} . Meanwhile, clove EO showed the lowest antifungal activity; inhibitory effects were evident at doses ≥4000 µL/L at 0.98 a_{W} , while at 2000 µL/L it inhibited fungal growth rate by 37.5–62.7% at 0.93 a_{W} .

The effect of single factors as well as their two-; three- and four-way interactions on AFB₁ accumulation was also determined by ANOVA (Table 1). AFB₁ accumulation significantly depended on fungal isolate, a_{W} and their interactions.

The medium water availability affected AFB₁ accumulation by control treatments: the highest levels of this mycotoxin were always detected when *Aspergillus section Flavi* isolates grew on PMEAs modified at 0.98 a_{W} (Table 3). These levels decreased by 56.3 and 73.1% as substrate a_{W} was reduced to 0.95 and 0.93, respectively.

Table 1

ANOVA test. Effects of essential oils (EO) and their concentrations (C) on growth rate and AFB₁ production by *Aspergillus section Flavi* isolates (I) grown on PMEAs at various a_{W} levels.

Source of variation	Separate assay				
	DF	Growth rate		Aflatoxin B ₁	
		MS	<i>F</i> value ^a	MS	<i>F</i> value
a_{W}	2	0.464	789.9*	500,829,949	578.1*
I	3	0.010	17.1*	665,862,002	768.6*
EO	2	0.561	954.5*	102,134,801	117.9*
C	5	0.248	421.0*	160,063,923	184.8*
$a_{\text{W}} \times I$	6	0.017	28.5*	260,948,975	301.2*
$a_{\text{W}} \times \text{EO}$	4	0.053	90.5*	52,226,508	60.3*
$a_{\text{W}} \times C$	10	0.007	11.1*	32,918,819	38.0*
$I \times \text{EO}$	6	0.006	10.2*	46,403,382	53.6*
$I \times C$	15	0.003	5.9*	137,250,670	158.4*
$\text{EO} \times C$	10	0.027	46.4*	10,233,476	11.8*
$a_{\text{W}} \times I \times \text{EO}$	12	0.007	11.3*	25,368,775	29.3*
$a_{\text{W}} \times I \times C$	30	0.003	5.6*	26,547,334	30.6*
$a_{\text{W}} \times \text{EO} \times C$	20	0.005	8.4*	11,332,221	13.1*
$I \times \text{EO} \times C$	30	0.002	3.7*	4,729,428	5.5*
$a_{\text{W}} \times I \times \text{EO} \times C$	60	0.002	3.3*	5,056,910	5.8*
Error	648	0.001		866,379	

*Highly significant at $p < 0.001$.

DF: degrees of freedom; MS: mean of squares.

^a Snedecor's *F* test.

Table 2
Effect of EO volatile fractions on the lag phase of *Aspergillus* section *Flavi* strains on PMEAt at different a_w .

Essential oils	Doses ($\mu\text{L/L}$)	Lag phase (h) ^a			
		<i>A. flavus</i> RCP08270	<i>A. flavus</i> RCP08108	<i>A. parasiticus</i> RCP08299	<i>A. parasiticus</i> RCP08300
0.98 a_w					
Control	0	43.0 \pm 2.4 ^d	19.1 \pm 9.5 ^b	32.2 \pm 2.8 ^{cde}	33.2 \pm 4.8 ^a
Boldo	1000	94.4 \pm 17.4 ^d	72.5 \pm 51.4 ^b	250.9 \pm 30.5 ^a	236.6 \pm 126.7 ^a
	1500	> ^c	220.5 \pm 181.9 ^b	– ^f	> ^a
	2000	> ^a	> ^a	– ^f	> ^a
	2500	> ^b	> ^a	– ^f	> ^a
	3000	> ^b	> ^a	– ^f	> ^a
Poleo	1000	48.4 \pm 2.9 ^d	41.1 \pm 1.9 ^b	38.3 \pm 8.2 ^{cde}	34.1 \pm 7.8 ^a
	1500	48.9 \pm 2.3 ^d	29.0 \pm 6.7 ^b	56.3 \pm 25.4 ^b	41.1 \pm 5.6 ^a
	2000	55.5 \pm 7.3 ^d	38.2 \pm 8.1 ^b	47.2 \pm 3.1 ^{bcd}	31.1 \pm 3.9 ^a
	2500	57.5 \pm 5.5 ^d	44.5 \pm 4.3 ^b	48.6 \pm 3.0 ^{bc}	62.8 \pm 15.9 ^a
	3000	56.9 \pm 2.9 ^d	47.3 \pm 2.9 ^b	56.4 \pm 6.4 ^b	48.5 \pm 13.0 ^a
Clove	1000	32.7 \pm 0.6 ^d	30.6 \pm 1.4 ^b	31.2 \pm 2.9 ^{dde}	23.6 \pm 10.4 ^a
	2000	32.8 \pm 1.1 ^d	28.6 \pm 1.6 ^b	30.0 \pm 2.0 ^{de}	29.5 \pm 0.5 ^a
	3000	35.2 \pm 1.4 ^d	25.3 \pm 5.4 ^b	35.8 \pm 2.9 ^{cde}	25.1 \pm 3.7 ^a
	4000	16.1 \pm 6.5 ^d	25.0 \pm 5.5 ^b	7.1 \pm 1.5 ^f	23.4 \pm 6.4 ^a
	5000	37.0 \pm 2.4 ^d	33.8 \pm 12.1 ^b	6.2 \pm 3.5 ^f	36.7 \pm 3.3 ^a
0.95 a_w					
Control	0	61.2 \pm 1.4 ^c	72.0 \pm 0.1 ^d	66.9 \pm 2.4 ^b	55.0 \pm 0.3 ^{bcde}
Boldo	1000	152.1 \pm 25.1 ^a	190.0 \pm 45.4 ^b	204.9 \pm 22.6 ^b	> ^a
	1500	– ^f	> ^a	> ^a	– ^g
Poleo	1000	62.6 \pm 5.2 ^c	60.0 \pm 2.3 ^{de}	66.7 \pm 5.4 ^b	48.5 \pm 5.5 ^{cdef}
	1500	80.1 \pm 4.0 ^b	70.3 \pm 11.0 ^d	71.0 \pm 2.7 ^b	53.1 \pm 6.7 ^{bcdef}
	2000	91.3 \pm 9.1 ^b	69.7 \pm 4.9 ^d	70.6 \pm 3.0 ^b	57.0 \pm 3.2 ^{bcd}
	2500	80.7 \pm 4.6 ^b	106.1 \pm 15.1 ^b	92.7 \pm 4.1 ^b	63.0 \pm 2.8 ^{bc}
	3000	95.4 \pm 14.1 ^b	181.0 \pm 22.5 ^c	117.2 \pm 10.5 ^b	75.6 \pm 3.5 ^b
Clove	1000	13.7 \pm 8.2 ^{cd}	38.4 \pm 12.8 ^{ef}	44.1 \pm 2.0 ^b	34.3 \pm 11.2 ^{def}
	2000	27.7 \pm 17.9 ^d	39.8 \pm 13.8 ^{ef}	29.4 \pm 17.3 ^b	40.9 \pm 7.4 ^{cdef}
	3000	44.3 \pm 10.0 ^d	33.3 \pm 11.9 ^{ef}	31.5 \pm 16.1 ^b	26.8 \pm 16.8 ^f
	4000	42.7 \pm 12.5 ^{ef}	32.4 \pm 10.5 ^f	30.5 \pm 11.8 ^b	33.8 \pm 5.7 ^{def}
	5000	56.0 \pm 5.5 ^e	40.2 \pm 8.1 ^f	48.0 \pm 0.1 ^b	28.7 \pm 3.1 ^{ef}
0.93 a_w					
Control	0	75.8 \pm 2.3 ^{bc}	54.5 \pm 9.6 ^{cde}	65.2 \pm 3.9 ^{bc}	42.2 \pm 9.8 ^c
Boldo	1000	– ^c	194.6 \pm 22.6 ^a	– ^c	– ^c
Poleo	1000	116.7 \pm 40.8 ^{ab}	68.8 \pm 15.7 ^{cde}	146.8 \pm 60.3 ^{bc}	87.7 \pm 17.5 ^{bc}
	1500	> ^a	137.5 \pm 48.0 ^b	> ^b	124.8 \pm 56.1 ^{bc}
	2000	149.2 \pm 33.8 ^{bc}	81.8 \pm 9.5 ^e	> ^a	91.9 \pm 5.7 ^c
	2500	176.3 \pm 14.6 ^{ab}	108.9 \pm 12.1 ^{de}	163.0 \pm 43.3 ^{bc}	107.8 \pm 1.5 ^{bc}
	3000	– ^c	177.9 \pm 24.9 ^{ab}	– ^c	> ^{ab}
Clove	1000	86.6 \pm 5.9 ^{bc}	71.7 \pm 3.8 ^{cde}	118.7 \pm 35.1 ^{bc}	69.1 \pm 4.1 ^{bc}
	2000	90.1 \pm 8.1 ^{bc}	93.2 \pm 13.0 ^c	111.0 \pm 15.6 ^{bc}	96.1 \pm 27.0 ^{bc}
	3000	78.8 \pm 3.6 ^{bc}	81.6 \pm 6.5 ^{cd}	118.6 \pm 39.8 ^{bc}	274.0 \pm 212.4 ^a
	4000	89.9 \pm 13.6 ^{bc}	69.3 \pm 3.4 ^{cde}	120.8 \pm 11.9 ^{bc}	79.1 \pm 7.7 ^{bc}
	5000	102.3 \pm 20.1 ^{bc}	80.2 \pm 9.6 ^{cde}	89.6 \pm 4.8 ^{bc}	89.1 \pm 19.3 ^{bc}

Key: ≥ 300 h. (–) Under these conditions the strains were not able to give visible mycelium.

Data with the same letter for each a_w are not significantly different according to Duncan's new multiple range test ($p < 0.05$).

^a Mean of four replicates.

The presence of boldo EO volatile fraction in the surrounding atmosphere of peanut based medium had a significant effect ($p < 0.001$) on AFB₁. The accumulation of this metabolite was completely inhibited by doses ≥ 1500 $\mu\text{L/L}$, regardless of medium a_w . Poleo EO reduced AFB₁ accumulation between 23.1–94.0% and 43.4–100% at 0.98 and 0.95 a_w , respectively. Meanwhile an ambiguous effect was obtained at the lowest a_w level studied (0.93); *A. flavus* strains tended to show AFB₁ stimulation in the presence of poleo EO, but it inhibited (69.0–100%) the synthesis of this metabolite by *A. parasiticus* strains. Clove EO was less effective, the highest concentration assayed (5000 $\mu\text{L/L}$) was able to reduce the accumulation of AFB₁ by 21.4, 78.7 and 78.2% at 0.98, 0.95 and 0.93 a_w , respectively.

3.2. Activity of EO mixture volatile fractions on *Aspergillus* growth and AFB₁ accumulation

ANOVA results are shown in Table 4. The single factors substrate water availability (a_w), fungal isolates (I) and boldo and poleo EO

mixtures as well as their two- and three-way interactions had a significant impact on the growth rate of *Aspergillus* section *Flavi*. The growth of the four *Aspergillus* isolates was very dependent on substrate a_w followed by EO treatments.

Mean lag phases of the four aflatoxigenic isolates at three a_w levels are shown in Table 5. At all a_w assayed the mixtures with B750–P1000 and B750–P1500 were able to produce a significant increase in lag phase, while the mixture with the lowest dose of boldo and poleo EO (B250–P500) was ineffective.

When *Aspergillus* strains grew on peanut based medium with boldo and poleo EO mixtures in the surrounding atmosphere, it was observed that all isolates has similar responses to the combination of natural preservatives and reduced a_w (Fig. 2). In general, as substrate a_w increased, fungal growth was favored. The increase of poleo concentrations from 500 to 1500 $\mu\text{L/L}$ only showed a significant effect ($p < 0.05$) on *Aspergillus* growth when this oil was combined with the highest dose of boldo assayed (750 $\mu\text{L/L}$), resulting in growth inhibition increases in the order of 24.2 and 40.3% at 0.98 and 0.95 a_w , respectively. Increases in the growth rate

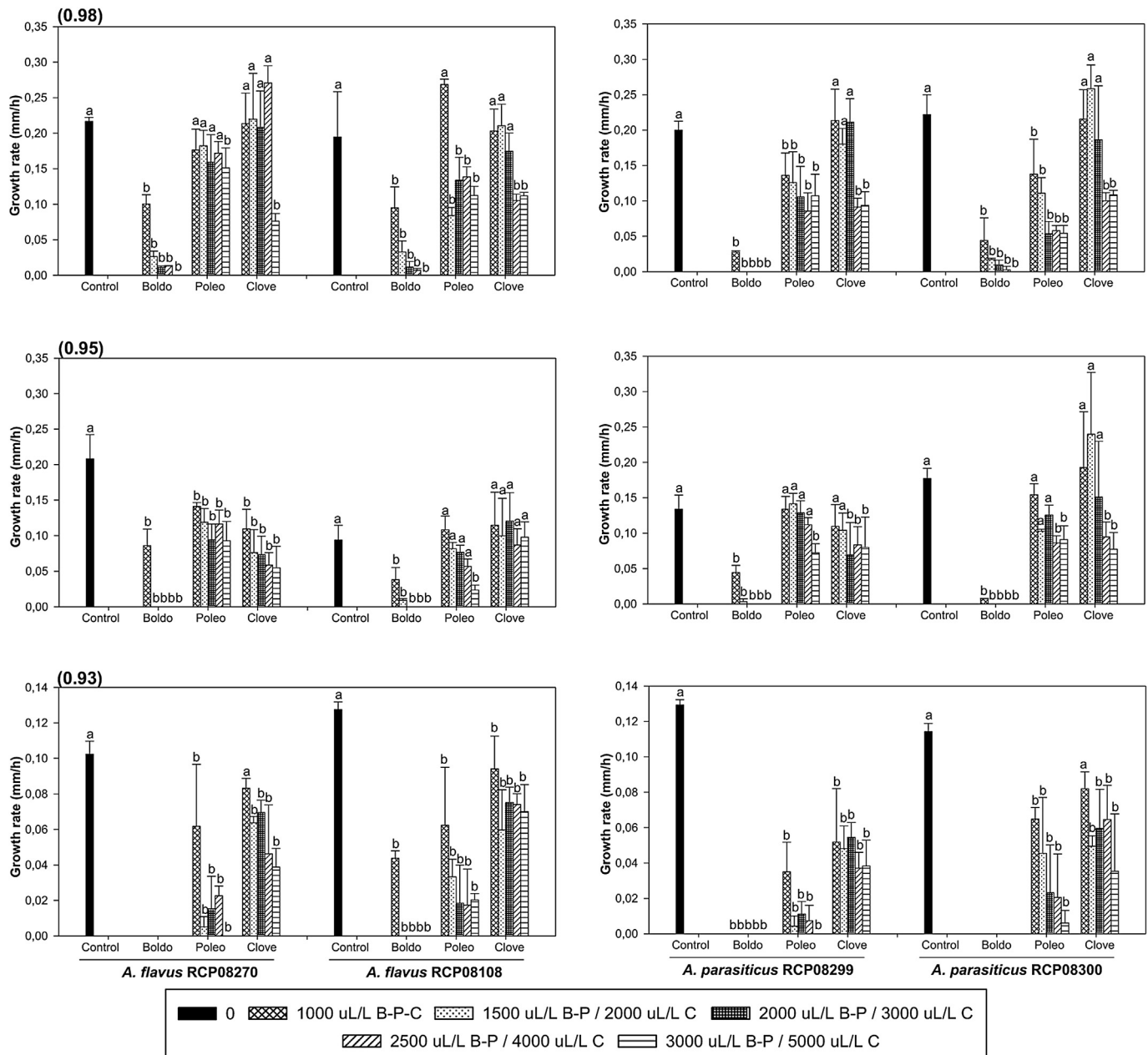


Fig. 1. Effect of EOs and a_w on growth rate of *Aspergillus flavus* and *A. parasiticus* strains on a conducive medium. Data with the same letter for each strain are not significantly different according to Duncan new multiple range's test ($p < 0.05$).

reduction generated by the lowest doses of boldo (250 and 500 $\mu\text{L/L}$) in combination with increasing doses of poleo (500 and 1500 $\mu\text{L/L}$) were in the order of 2.1 and 21.3% at 0.98 a_w and 29.4 and 33.3% at 0.95 a_w for B250 and B500, respectively. Meanwhile, under further reduction of medium a_w (0.93) and in the presence of B500–P1500 and mixtures that contained the highest dose of boldo (750 $\mu\text{L/L}$) the strains were not able to growth.

Statistical analyses showed that medium a_w , EO mixture volatile fractions and interactions between these factors all significantly affected AFB₁ content. The statistical analysis for this dataset is shown in Table 4. The effects of boldo–poleo treatments on AFB₁ accumulation after 11 days over a range of a_w conditions are shown in Table 6. In the *Aspergillus* cultures treated with the highest dose of boldo (750 $\mu\text{L/L}$), AFB₁ accumulation was reduced by 84.9 and 99.8% at 0.98 and 0.95 a_w , respectively. While the highest AFB₁

inhibition levels were observed at the lowest a_w assayed (0.93); the mixtures that contained 500 and 750 $\mu\text{L/L}$ of boldo EO gave 100% inhibitions. Although, the vapor released by the treatments that contained 500 $\mu\text{L/L}$ of poleo EO significantly reduced (92.9%) ($p < 0.001$) AFB₁ accumulation; the increasing concentrations of this EO (1000–1500 $\mu\text{L/L}$) did not show major inhibitory effects.

3.3. Impact of storage time, temperature, and sunlight and UV exposition on the antifungal ability of boldo and poleo EOs on *Aspergillus* section *Flavi* strains

When boldo EO was exposed to UV light during 30 min, the inhibitory activity on *A. flavus* strains was reduced by 29.1% compared to the EO without treatment, and was not modified on *A. parasiticus* strains (Table 7). Meanwhile, sunlight exposition

Table 3Effect of EO volatile fractions on AFB₁ accumulation by *Aspergillus* section *Flavi* strains on PMEAs at different a_w .

Essential oil	Doses ($\mu\text{L/L}$)	Aflatoxin B ₁ (ng/g) ^a			
		<i>A. flavus</i> RCP08270	<i>A. flavus</i> RCP08108	<i>A. parasiticus</i> RCP08299	<i>A. parasiticus</i> RCP08300
0.98 a_w					
Control	0	168.4 ± 94.1 ^{bcd}	3787.5 ± 1939.4 ^c	22,161.3 ± 2187.1 ^a	188.3 ± 9.7 ^{bc}
Boldo	1000	n.d. ^e	39.1 ± 33.9 ^e	1375.9 ± 1191.5 ^{ef}	n.d. ^c
Poleo	1000	69.6 ± 26.1 ^{cde}	2911.3 ± 74.2 ^c	10,984.3 ± 982.9 ^b	193.4 ± 27.1 ^b
	1500	337.8 ± 345.1 ^a	1890.1 ± 496.3 ^{cde}	9412.3 ± 2671.8 ^{bcd}	41.5 ± 71.9 ^{bc}
	2000	55.1 ± 95.5 ^{cde}	208.6 ± 237.9 ^{de}	3356.9 ± 366.6 ^{ef}	498.1 ± 431.4 ^a
	2500	37.8 ± 65.4 ^{de}	36.4 ± 31.5 ^e	4652.7 ± 70.3 ^{def}	121.9 ± 105.6 ^{bc}
	3000	11.3 ± 19.5 ^{de}	267.4 ± 231.5 ^{de}	1323.3 ± 775.5 ^{ef}	16.8 ± 14.5 ^{bc}
Clove	1000	145.9 ± 1.3 ^{bcd}	2440.7 ± 982.1 ^{cd}	3513.1 ± 4261.4 ^{ef}	120.1 ± 11.7 ^{bc}
	2000	215.9 ± 27.2 ^{abc}	3570.3 ± 1335.9 ^c	5950.6 ± 3512.6 ^{cde}	132.6 ± 43.6 ^{bc}
	3000	234.7 ± 22.4 ^{ab}	6458.7 ± 2753.2 ^{ab}	10,099.0 ± 576.9 ^{bc}	36.4 ± 62.9 ^{bc}
	4000	49.3 ± 85.4 ^{de}	5260.1 ± 2561.5 ^b	13,110.1 ± 6022.4 ^b	123.5 ± 28.9 ^{bc}
	5000	304.2 ± 4.4 ^{ab}	2224.7 ± 1715.1 ^{cde}	8716.7 ± 599.9 ^{bcd}	66.9 ± 57.9 ^{bc}
0.95 a_w					
Control	0	266.9 ± 136.6 ^a	1225.3 ± 508.5 ^b	10,634.0 ± 703.5 ^a	99.5 ± 21.0 ^a
Boldo	1000	23.6 ± 20.4 ^b	n.d. ^c	433.3 ± 160.1 ^{efg}	n.d. ^b
Poleo	1000	68.7 ± 118.9 ^b	103.2 ± 178.7 ^c	2559.0 ± 518.8 ^b	24.1 ± 41.7 ^{ab}
	1500	93.9 ± 162.7 ^b	10.3 ± 17.8 ^c	2116.6 ± 845.3 ^{bc}	56.3 ± 97.5 ^a
	2000	89.2 ± 154.5 ^b	98.8 ± 22.3 ^c	1964.4 ± 125.1 ^{bc}	24.6 ± 42.7 ^{ab}
	2500	25.5 ± 44.2 ^b	26.4 ± 45.6 ^c	1642.9 ± 130.9 ^{cd}	35.7 ± 61.8 ^a
	3000	64.7 ± 112.1 ^b	n.d. ^c	1056.9 ± 249.3 ^{de}	13.3 ± 23.1 ^{ab}
Clove	1000	275.6 ± 49.2 ^a	4421.5 ± 3183.3 ^a	1807.5 ± 208.0 ^c	100.6 ± 174.2 ^a
	2000	279.4 ± 98.8 ^a	1011.9 ± 960.1 ^b	450.9 ± 653.2 ^{efg}	100.4 ± 5.2 ^a
	3000	278.4 ± 33.4 ^a	3789.4 ± 185.9 ^a	213.2 ± 68.1 ^{fg}	108.3 ± 26.0 ^a
	4000	140.4 ± 40.9 ^{ab}	54.3 ± 47.1 ^c	640.4 ± 28.6 ^{ef}	93.7 ± 162.3 ^a
	5000	66.1 ± 114.4 ^b	105.7 ± 91.6 ^c	242.8 ± 420.5 ^{fg}	48.8 ± 42.3 ^a
0.93 a_w					
Control	0	n.d. ^d	20.3 ± 35.2 ^d	2872.6 ± 522.8 ^a	78.2 ± 2.8 ^b
Poleo	1000	101.1 ± 33.5 ^{bc}	28.3 ± 49.1 ^{cd}	131.4 ± 24.3 ^c	19.5 ± 33.8 ^d
	1500	24.6 ± 21.3 ^d	29.5 ± 51.1 ^{cd}	665.8 ± 576.6 ^b	n.d. ^d
	2000	15.4 ± 26.6 ^d	43.5 ± 75.3 ^{cd}	879.7 ± 662.9 ^b	n.d. ^d
	2500	n.d. ^d	29.5 ± 51.0 ^{cd}	78.9 ± 136.7 ^c	n.d. ^d
	3000	n.d. ^d	50.1 ± 86.8 ^{cd}	n.d. ^c	n.d. ^d
Clove	1000	223.9 ± 45.2 ^a	213.4 ± 9.8 ^a	105.6 ± 16.9 ^c	216.7 ± 25.1 ^a
	2000	21.1 ± 36.6 ^d	n.d. ^d	16.9 ± 29.2 ^c	39.7 ± 34.4 ^c
	3000	35.3 ± 61.1 ^{cd}	201.5 ± 96.4 ^{ab}	51.4 ± 40.4 ^c	7.8 ± 13.5 ^d
	4000	149.4 ± 129.4 ^b	116.3 ± 100.7 ^{bc}	n.d. ^c	8.1 ± 13.9 ^d
	5000	n.d. ^d	17.7 ± 82.6 ^d	n.d. ^c	n.d. ^d

Data with the same letter for each a_w are not significantly different according to Fisher's LSD test ($p = 0.001$).^a Mean of four replicates.

reduced inhibitory ability of this oil by 29.6 and 30.9% at 30 and 60 min, respectively. The thermostability of the oil was tested and it was found that at temperature ranging from 40 to 80 °C, its activity was not altered. Boldo EO showed a stable behavior during the first

five storage months; however at six month its inhibitory activity was reduced by 48.4 and 66.5% on *A. flavus* and *A. parasiticus* strains, respectively.

The volatile components activity of poleo EO was not altered when the oil was exposed to heat, sunlight and UV (Table 8). However, a total loss of inhibitory activity was observed at sixth month of storage, even resulting in growth stimulation.

Table 4ANOVA test. Effects of essential oil (EO) mixtures and their concentrations (C) on growth rate and AFB₁ production by *Aspergillus* section *Flavi* isolates (I) grown on PMEAs at various a_w levels.

Source of variation	Mixture assay				
	DF	Growth rate		Aflatoxin B ₁	
		MS	F value ^a	MS	F value
a_w	2	0.7179	2640.57**	178,881,064.3	33.44**
I	3	0.0260	95.67**	4,678,443.9	0.87
EO	9	0.0601	221.12**	105,503,607.8	19.72**
$a_w \times I$	6	0.0083	30.57**	1,655,048.8	0.31
$a_w \times \text{EO}$	18	0.0032	11.81**	33,231,844.9	6.21*
$I \times \text{EO}$	27	0.0020	7.50**	12,122,130.4	2.27
$a_w \times I \times \text{EO}$	54	0.0012	4.56**	4,851,541.3	0.91
Error	360	0.0003		5,349,926.3	

**Highly significant at $p < 0.001$.*Significant at $p < 0.05$.

DF: degrees of freedom; MS: mean of squares.

^a Snedecor's F test.

4. Discussion

In this article we provided evidences that the volatile fraction of boldo EO has high antifungal activity against spoilage fungi *A. flavus* and *A. parasiticus*. Furthermore, the behavior of the four *Aspergillus* section *Flavi* strains was similar and the inhibition effect of three EOs (boldo, poleo and clove) increased with the a_w substrate reduction. The presence of vapors of boldo EO ($\geq 1500 \mu\text{L/L}$) in the surrounding atmosphere of peanut based medium, showed stronger effects on *Aspergillus* section *Flavi* strains at level of lag phase (>300 h) growth rate, (93–100% of inhibition) and AFB₁ accumulation (100% of inhibition), regardless of medium a_w . The application of poleo EO exercised effective control on growth parameters and AFB₁, but was less efficient than boldo. The inhibition produced by the volatile fractions of clove EO was not homogeneous, at doses

Table 5
Effect of EO mixture volatile fractions on lag phase of *Aspergillus* section *Flavi* strains on PMEA at different a_w .

Essential oil mixture doses ($\mu\text{L/L}$)	Lag phase (h) ^a			
	<i>A. flavus</i> RCP08270	<i>A. flavus</i> RCP08108	<i>A. parasiticus</i> RCP08299	<i>A. parasiticus</i> RCP08300
0.98 a_w				
Control	43.0 ± 2.4 ^d	19.1 ± 19.5 ^e	32.2 ± 2.7 ^b	33.2 ± 4.8 ^f
B250–P500	23.4 ± 4.2 ^e	45.4 ± 3.1 ^{cd}	32.5 ± 3.6 ^b	45.9 ± 1.7 ^e
B250–P1000	36.2 ± 3.9 ^{de}	42.6 ± 4.3 ^d	76.1 ± 4.9 ^a	47.2 ± 1.1 ^e
B250–P1500	62.1 ± 10.3 ^{abc}	46.0 ± 9.0 ^{cd}	76.5 ± 1.1 ^a	51.5 ± 1.7 ^e
B500–P500	51.7 ± 2.8 ^{bcd}	56.0 ± 7.0 ^{abc}	38.9 ± 6.0 ^b	51.5 ± 2.4 ^e
B500–P1000	41.8 ± 3.8 ^d	53.0 ± 7.9 ^{bcd}	50.7 ± 2.6 ^b	64.8 ± 3.3 ^d
B500–P1500	46.8 ± 6.2 ^{cd}	20.1 ± 5.9 ^e	39.1 ± 3.0 ^b	70.7 ± 3.1 ^d
B750–P500	61.5 ± 16.6 ^{abc}	56.7 ± 2.3 ^{abc}	51.9 ± 7.2 ^b	82.5 ± 4.6 ^c
B750–P1000	75.6 ± 24.5 ^a	60.3 ± 2.6 ^{ab}	83.6 ± 2.8 ^a	91.7 ± 0.0 ^b
B750–P1500	66.6 ± 10.2 ^{ab}	67.4 ± 3.5 ^a	87.3 ± 4.1 ^a	105.9 ± 14.6 ^a
0.95 a_w				
Control	61.2 ± 1.4 ^d	72.0 ± 0.0 ^{bc}	66.9 ± 2.4 ^d	55.0 ± 0.3 ^e
B250–P500	54.3 ± 1.8 ^d	77.2 ± 2.4 ^{bc}	55.0 ± 12.3 ^d	67.7 ± 2.3 ^d
B250–P1000	63.1 ± 1.4 ^d	91.6 ± 4.9 ^{bc}	67.5 ± 2.0 ^d	74.6 ± 4.4 ^d
B250–P1500	67.8 ± 6.6 ^d	94.9 ± 7.3 ^{bc}	141.7 ± 12.0 ^b	72.2 ± 2.0 ^d
B500–P500	47.9 ± 7.3 ^d	110.5 ± 7.2 ^b	68.1 ± 4.9 ^d	93.2 ± 1.8 ^c
B500–P1000	76.9 ± 15.6 ^d	175.1 ± 24.3 ^a	117.4 ± 26.2 ^c	89.4 ± 11.7 ^c
B500–P1500	97.9 ± 7.0 ^{cd}	59.7 ± 68.9 ^c	146.2 ± 7.4 ^b	97.2 ± 6.6 ^c
B750–P500	168.9 ± 91.1 ^b	111.1 ± 17.1 ^b	103.5 ± 1.4 ^c	124.2 ± 16.5 ^b
B750–P1000	146.2 ± 62.1 ^{bc}	176.6 ± 25.2 ^a	211.0 ± 19.2 ^a	150.7 ± 0.3 ^a
B750–P1500	> ^a	– ^d	– ^e	159.6 ± 6.9 ^a
0.93 a_w				
Control	75.8 ± 2.3 ^b	54.5 ± 9.6 ^b	65.2 ± 3.8 ^c	42.2 ± 9.8 ^{cd}
B250–P500	121.3 ± 2.0 ^a	104.1 ± 1.5 ^a	133.3 ± 0.0 ^b	118.4 ± 6.0 ^{bcd}
B250–P1000	153.6 ± 24.1 ^a	117.2 ± 2.6 ^a	– ^d	187.4 ± 12.0 ^b
B250–P1500	68.5 ± 79.1 ^b	78.3 ± 90.4 ^{ab}	– ^d	231.3 ± 267.1 ^{ab}
B500–P500	149.2 ± 7.6 ^a	119.1 ± 6.6 ^a	177.9 ± 23.8 ^a	> ^a
B500–P1000	– ^c	– ^c	– ^d	143.4 ± 19.2 ^{bc}
B500–P1500	– ^c	– ^c	– ^d	– ^d
B750–P500	– ^c	– ^c	– ^d	– ^d
B750–P1000	– ^c	– ^c	– ^d	– ^d
B750–P1500	– ^c	– ^c	– ^d	– ^d

Key: ≥ 300 h. (–) Under these conditions the strains were not able to give visible mycelium.

Data with the same letter for each a_w are not significantly different according to Duncan's new multiple range test ($p < 0.05$).

^a Mean of four replicates.

≥ 2000 $\mu\text{L/L}$ and at 0.95 and 0.93 a_w could only significantly ($p < 0.05$) increase lag phase and inhibit fungal development, but some treatments stimulated AFB₁ accumulation. Similar findings were reported by Bluma, Landa, and Etcheverry (2009), who showed that 50 μL of boldo oil per 10 mL of culture medium totally inhibited *Aspergillus* growth at all a_w studied via the volatile diffusion method on maize based medium; while poleo and mountain thyme EOs showed an important antifungal effect which was favored by decreasing a_w .

In a recent work we studied the antifungal and anti-aflatoxigenic effects of EOs applied directly on the substrate. In PMEA, boldo, poleo and clove EOs showed the best antifungal effect on growth parameters and AFB₁ accumulation at doses ≥ 500 $\mu\text{L/L}$ (Passone et al., 2012). Boldo EO was more effective in the vapor assay than in the contact assay, showing growth inhibition percentages in the order of 91.2 and 28.2%, respectively with the application of 1500 $\mu\text{L/L}$. Several researchers have concurred that the best antifungal activity of volatile compounds is achieved by gaseous contact as opposed to aqueous solution or agar contact (Inuoye et al., 2000; Nielsen & Ríos, 2000; Tullio et al., 2006). Tyagi and Malik (2011a, 2011b) showed that in all fungal strains tested (*Penicillium digitatum*, *A. flavus*, *Aspergillus niger*, *Mucor* spp., *Rhizopus nigricans* and *Fusarium oxysporum*) the zone of inhibition resulting from the

exposure to *Mentha piperita* and *Eucalyptus globules* oil vapors in disc volatilization method was significantly larger than that due to the same concentrations of these EOs in liquid phase measured via the well diffusion method. These authors also reported that higher percentage of monoterpene hydrocarbons (54.7%) present in the vapors as compared to the oil (44.5%) could be responsible for the higher antifungal activity. On the contrary, our results showed that aflatoxigenic isolates exhibited greater sensitivity to the treatments with poleo and clove EOs applied in the contact than in the volatile assay. In the first assay doses ≥ 2500 $\mu\text{L/L}$ completely inhibited the fungal growth, while in the second assay 3000 and 5000 $\mu\text{L/L}$ of poleo and clove EOs reduced fungal growth in the order of 63.6 and 40.2%, respectively. For its part, Matan et al. (2006) confirmed that higher volumes of EOs are required if the EO comes into contact with the contaminating microorganism in the vapor phase. At 3000 μL , the cinnamon and clove volatile oils used in the ratio 1:1 inhibited the growth of *A. flavus* for 19 days and 4000 μL completely inhibited growth of all molds and yeasts for more than 40 days. However, the advantages of using the volatile gas phase of EOs for food products are that it may have less influence on the final taste and aroma of the product and its release may be regulated.

In the present work, a study of the effect of boldo and poleo EO mixtures present in the headspace of peanut medium on growth and AFB₁ accumulation by *Aspergillus* section *Flavi* was performed in order to determine the existence of additive and/or synergistic effects that can increase the effectiveness of oils, to achieve inhibitory effects at lower concentrations. Comparing these results with those obtained in the pure EOs assay, the inhibitions obtained with the application of EO mixtures were similar to or less than those caused by pure boldo and poleo EOs. For example, boldo (1000 $\mu\text{L/L}$), poleo (1500 $\mu\text{L/L}$) and the mixture (B750–P1500) reduced growth rate and AFB₁ by 67.8, 39.9 and 47.2% and 98.1, 61.8 and 86.9%, respectively at 0.98 a_w . Bluma (2009) compared the growth rate of *Aspergillus* section *Flavi* strains in corn kernels with the addition of 5 EOs (poleo, anise, clove, thyme and boldo) and 10 mixtures thereof. The mixtures had a lower ability to control aspergilla growth than their respective pure oils or the effects were not statistically different. However, the combination of *Cinnamomum camphora* and *Alpinia galanga* EOs was more effective than the individual EOs, inhibiting fungal growth at 750 $\mu\text{L/L}$ and AFB₁ production at the lowest concentration tested (250 $\mu\text{L/L}$) (Bhawana, Priyanka, Ravindra, & Dubey, 2007). *Citrus maxima* Burm oil was more effective in comparison with *Citrus sinensis* (L.) Obsbeck oil and the combination of both oils. The inhibition percentages of *A. flavus* growth were 48.1, 46.2 and 44.0% with 500 $\mu\text{L/L}$ of *C. maxima*, *C. sinensis* and their combination, respectively and completely inhibited AFB₁ accumulation (Priyanka et al., 2010). According to Davidson and Parish (1989), the interaction of chemical compounds of different oils can block the action of the main active components with an antagonistic effect. The inherent activity of EO can be explained in relation to the configuration of its components, the proportion in which they are present and their interaction (Delaquis, Stanich, Girard, & Mazza, 2002; Dorman & Deans, 2000; Marino, Bersani, & Comi, 2001). Compositional analyses of the more effective EOs (boldo and poleo) were carried out previously in our laboratory (Bluma & Etcheverry, 2008). The study revealed that α -terpinolene (73.8%) and α -terpine (15.3%) are the main components present in boldo, while peperitenone oxide (48.6%) and limonene (24.5%) are the main phytochemicals of poleo. To date, there is no bibliography on the direct application of α -terpinolene and peperitenone oxide, the main phytochemicals of boldo and poleo, respectively.

The ultrastructural analysis conducted by Ahmad Khan and Ahmad (2011) has highlighted the multiple sites of action of eight EOs in fungal cells, including damage to the cell walls, cell

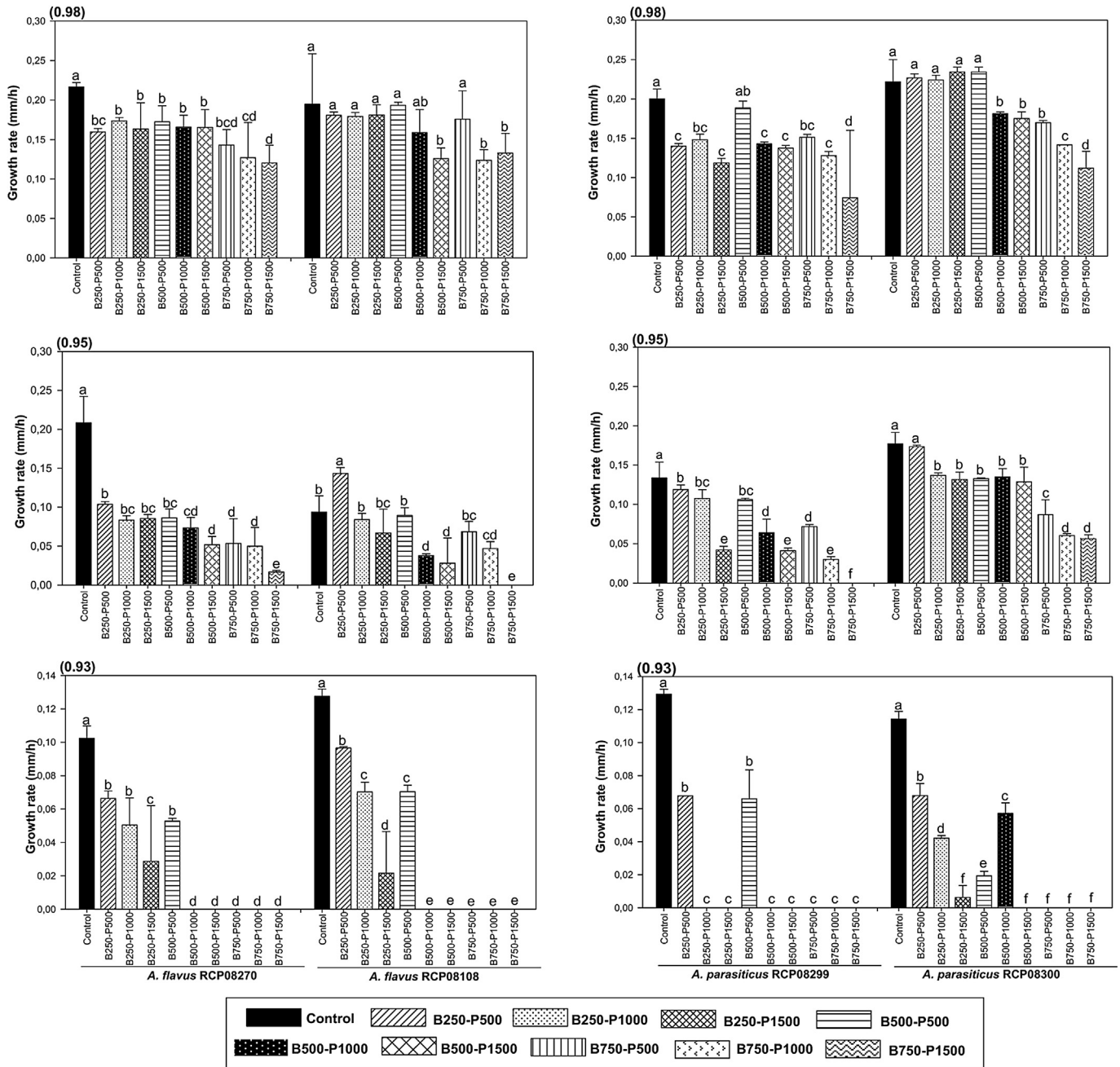


Fig. 2. Effect of EO mixtures and a_{w} on growth rate of *Aspergillus flavus* and *A. parasiticus* strains on a conductive medium. Data with the same letter for each strain are not significantly different according to Duncan new multiple range's test ($p < 0.05$).

membranes, and cytoplasmic contents of *Aspergillus fumigatus* and *Trichophyton rubrum*. In addition, the authors also demonstrated that test oils inhibited elastase and keratinase activities. It is believed that lipophilic properties of oils may assist in the penetration of cell membranes and in the accumulation of polysaccharides under water stress conditions. This may lead to rupture of plasmalemma in fungal cells (Ultee, Bennink, & Moezelaar, 2002).

In this work, we also evaluated the effect of environmental factors on boldo and poleo EOs, and it was shown that the antimicrobial ability of these oils is subject to changes or variations due to many factors related to the type system and storage time. Mishra and Dubey (1994) observed that lemongrass leaves EO (*Cymbopogon citratus*) could inhibit in a 100% *A. flavus* growth at a concentration of 3000 $\mu\text{L/L}$. These researchers evaluated whether the

inhibitory ability of oil is modified when exposed to 5, 10, 40, 80 and 100 °C, ensuring that the EO showed a heat-stable behavior, without modifying its antifungal properties against *A. flavus*. Sharma and Tripathi (2008) conducted experiments to determine the thermostable nature of *C. sinensis* (L.) oil. The authors evaluated the antifungal activity of EO (3.0 mg/mL) in agar medium against *A. niger* after being subjected to temperatures of 40, 60, 80 and 100 °C, and after being autoclaved (121 °C, 15 min). The activity of *C. sinensis* did not change with either treatment. In our study the inhibitory ability of boldo and poleo oil volatile fractions remained stable against temperature changes, while poleo oil completely lost their inhibitory activity at the sixth month of storage. The antifungal activity of boldo EO decreased when exposed to other environmental variables tested. The antimicrobial activity of EOs

Table 6
Effect of EO mixture volatile fractions on AFB₁ accumulation by *Aspergillus* section *Flavi* strains on PMEa at different a_w .

Essential oil mixture doses ($\mu\text{L/L}$)	Aflatoxin B ₁ (ng/g) ^a			
	<i>A. flavus</i> RCP08270	<i>A. flavus</i> RCP08108	<i>A. parasiticus</i> RCP08299	<i>A. parasiticus</i> RCP08300
0.98 a_w				
Control	168.4 ± 94.0 ^a	3787.5 ± 1939.4 ^b	22,161.3 ± 2187.1 ^a	188.3 ± 9.7 ^a
B250–P500	80.3 ± 0.0 ^{bc}	139.6 ± 14.9 ^c	3857.2 ± 136.2 ^c	38.9 ± 9.8 ^{bc}
B250–P1000	69.3 ± 20.1 ^{bc}	75.1 ± 10.3 ^c	906.7 ± 62.6 ^e	25.2 ± 1.6 ^{bc}
B250–P1500	68.8 ± 59.6 ^{bc}	44.9 ± 38.9 ^c	2995.0 ± 28.0 ^{cd}	12.7 ± 11.0 ^c
B500–P500	86.3 ± 30.1 ^{bc}	217.4 ± 60.2 ^c	3791.8 ± 857.4 ^c	33.3 ± 28.9 ^{bc}
B500–P1000	126.1 ± 35.1 ^{ab}	56.1 ± 5.1 ^c	5705.0 ± 812.1 ^b	43.4 ± 12.0 ^{bc}
B500–P1500	52.5 ± 2.4 ^{cd}	8138.3 ± 3377.5 ^a	2015.8 ± 247.5 ^{de}	36.3 ± 1.5 ^{bc}
B750–P500	n.d. ^d	236.8 ± 283.6 ^c	3480.2 ± 1128.9 ^{cd}	62.3 ± 54.0 ^b
B750–P1000	35.7 ± 30.9 ^{cd}	97.2 ± 84.2 ^c	2646.7 ± 81.3 ^{cd}	70.2 ± 60.8 ^b
B750–P1500	65.6 ± 0.6 ^{bcd}	24.4 ± 21.1 ^c	2770.6 ± 284.7 ^{cd}	n.d. ^c
0.95 a_w				
Control	266.9 ± 136.6 ^{ab}	1225.3 ± 508.5 ^a	10,634.0 ± 703.5 ^a	99.4 ± 21.0 ^a
B250–P500	312.4 ± 167.4 ^a	45.7 ± 39.5 ^b	1104.1 ± 46.1 ^b	26.6 ± 8.4 ^b
B250–P100	269.8 ± 79.8 ^{ab}	53.5 ± 11.6 ^b	716.8 ± 51.9 ^{bc}	14.3 ± 12.4 ^{bc}
B250–P1500	221.1 ± 78.5 ^{abc}	45.5 ± 18.4 ^b	405.2 ± 350.9 ^{cd}	13.0 ± 11.3 ^{bc}
B500–P500	99.7 ± 99.3 ^{cd}	56.0 ± 48.5 ^b	98.4 ± 11.9 ^d	16.1 ± 14.0 ^{bc}
B500–P1000	129.2 ± 111.9 ^{bcd}	54.3 ± 47.0 ^b	230.5 ± 199.6 ^d	n.d. ^c
B500–P1500	n.d. ^d	n.d. ^b	57.0 ± 49.4 ^d	n.d. ^c
B750–P500	n.d. ^d	n.d. ^b	168.3 ± 0.0 ^d	n.d. ^c
B750–P1000	n.d. ^d	n.d. ^b	73.3 ± 63.5 ^d	n.d. ^c
B750–P1500	n.d. ^d	n.d. ^b	n.d. ^d	n.d. ^c
0.93 a_w				
Control	n.d. ^b	20.3 ± 35.2 ^b	2872.6 ± 522.8 ^a	78.2 ± 2.8 ^a
B250–P500	29.0 ± 25.1 ^a	n.d. ^b	16.8 ± 14.5 ^b	n.d. ^b
B250–P100	25.3 ± 21.9 ^a	n.d. ^b	n.d. ^b	n.d. ^b
B250–P1500	22.8 ± 19.7 ^a	n.d. ^b	n.d. ^b	n.d. ^b
B500–P500	n.d. ^b	n.d. ^b	n.d. ^b	n.d. ^b
B500–P1000	n.d. ^b	n.d. ^b	n.d. ^b	n.d. ^b
B500–P1500	n.d. ^b	n.d. ^b	n.d. ^b	n.d. ^b
B750–P500	n.d. ^b	n.d. ^b	n.d. ^b	n.d. ^b
B750–P1000	n.d. ^b	84.8 ± 73.4 ^a	n.d. ^b	n.d. ^b
B750–P1500	n.d. ^b	n.d. ^b	n.d. ^b	n.d. ^b

Data with the same letter for each a_w are not significantly different according to Fisher's LSD Test ($p = 0.001$).

^a Mean of four replicates.

generally decreases as they age and when exposed to light due to the oxidation suffered by constituents (Burt, 2004).

In conclusion, boldo EO appears to be more effective than the rest of EO evaluated, this suggests that boldo EO volatile fraction at doses $\geq 1500 \mu\text{L/L}$ is an effective potential compound for complete inhibition of *Aspergillus* section *Flavi* growth and AFB₁ production

over a range of environmental conditions in peanut based medium. However, the results of this work also confirmed that the highest dose of poleo EO presented antifungal and anti-aflatoxigenic activity. A further *in situ* study is required to confirm the antifungal activity of these oils in the vapor phase, which may be used for preservation and/or extension of the shelf life of stored peanuts.

Table 7
Impact of storage time, temperature, and sunlight and UV exposition on the antifungal ability of boldo EO on *Aspergillus* section *Flavi* strains.

Doses ($\mu\text{L/L}$)	Treatment	Growth rate (mm/h) ^a				
		<i>A. flavus</i> RCP08270	<i>A. flavus</i> RCP08108	<i>A. parasiticus</i> RCP08299	<i>A. parasiticus</i> RCP08300	
0	Control	0.22 ± 0.00 ^a	0.19 ± 0.06 ^a	0.20 ± 0.01 ^a	0.22 ± 0.03 ^a	
2000	Untreated EO	0.01 ± 0.00 ^e (95.4%)	0.01 ± 0.00 ^{ef} (94.9%)	0.00 ± 0.00 ^f (100%)	0.01 ± 0.00 ^e (95.4%)	
		UV	0.00 ± 0.00 ^e (100%)	0.11 ± 0.02 ^{bc} (42.1%)	0.01 ± 0.00 ^f (95.0%)	0.00 ± 0.00 ^e (100%)
	Temperature	15 min	0.08 ± 0.05 ^{cd} (63.6%)	0.06 ± 0.03 ^d (68.4%)	0.00 ± 0.00 ^f (100%)	0.00 ± 0.00 ^e (100%)
		30 min	0.00 ± 0.00 ^e (100%)	0.00 ± 0.00 ^f (100%)	0.00 ± 0.00 ^f (100%)	0.00 ± 0.00 ^e (100%)
		40 °C	0.00 ± 0.00 ^e (100%)	0.00 ± 0.00 ^f (100%)	0.00 ± 0.00 ^f (100%)	0.00 ± 0.00 ^e (100%)
		60 °C	0.00 ± 0.00 ^e (100%)	0.00 ± 0.00 ^f (100%)	0.00 ± 0.00 ^f (100%)	0.00 ± 0.00 ^e (100%)
	Sunlight	80 °C	0.00 ± 0.00 ^e (100%)	0.00 ± 0.00 ^f (100%)	0.00 ± 0.00 ^f (100%)	0.00 ± 0.00 ^e (100%)
		30 min	0.06 ± 0.01 ^d (72.7%)	0.11 ± 0.00 ^{bc} (42.1%)	0.05 ± 0.01 ^e (75.0%)	0.05 ± 0.01 ^d (77.2%)
		60 min	0.06 ± 0.01 ^d (72.7%)	0.11 ± 0.00 ^{bc} (42.1%)	0.06 ± 0.00 ^d (70.0%)	0.05 ± 0.00 ^d (77.2%)
		Storage time	T1	0.09 ± 0.00 ^c (59.1%)	0.13 ± 0.01 ^{bc} (31.5%)	0.07 ± 0.00 ^d (65.0%)
	T2	0.09 ± 0.00 ^c (59.1%)	0.14 ± 0.00 ^b (26.3%)	0.09 ± 0.00 ^c (55.0%)	0.05 ± 0.00 ^d (77.2%)	
	T3	0.07 ± 0.00 ^{cd} (68.2%)	0.03 ± 0.02 ^{de} (84.2%)	0.05 ± 0.00 ^c (75.0%)	0.08 ± 0.00 ^c (63.6%)	
	T4	0.09 ± 0.00 ^c (59.1%)	0.10 ± 0.00 ^c (47.3%)	0.09 ± 0.00 ^c (55.0%)	0.06 ± 0.00 ^d (72.7%)	
	T5	0.05 ± 0.00 ^d (77.3%)	0.06 ± 0.01 ^d (68.4%)	0.06 ± 0.00 ^d (70.0%)	0.05 ± 0.00 ^d (77.3%)	
	T6	0.13 ± 0.00 ^b (40.9%)	0.09 ± 0.00 ^c (52.6%)	0.13 ± 0.00 ^b (35.0%)	0.16 ± 0.00 ^b (27.3%)	

Data with the same letter for each a_w are not significantly different according to Duncan's new multiple range test ($p < 0.05$).

^a Mean of four replicates.

Table 8Impact of storage time, temperature, and sunlight and UV exposition on the antifungal ability of poleo EO on *Aspergillus* section *Flavi* strains.

Doses ($\mu\text{L/L}$)	Treatment	Growth rate (mm/h) ^a				
		<i>A. flavus</i> RCP08270	<i>A. flavus</i> RCP08108	<i>A. parasiticus</i> RCP08299	<i>A. parasiticus</i> RCP08300	
0	Control	0.22 \pm 0.00 ^b	0.19 \pm 0.06 ^b	0.20 \pm 0.01 ^b	0.22 \pm 0.03 ^b	
2000	Untreated EO	0.16 \pm 0.04 ^{bcd} (27.3%)	0.13 \pm 0.03 ^{cd} (31.6%)	0.10 \pm 0.04 ^b (50.0%)	0.05 \pm 0.01 ^b (77.3%)	
	UV	15 min	0.15 \pm 0.07 ^{bcd} (31.8%)	0.12 \pm 0.03 ^{cde} (36.8%)	0.15 \pm 0.08 ^b (25.0%)	0.09 \pm 0.01 ^b (59.1%)
		30 min	0.18 \pm 0.05 ^{bc} (18.2%)	0.12 \pm 0.04 ^{cd} (36.8%)	0.04 \pm 0.00 ^b (80.0%)	0.11 \pm 0.03 ^b (50.0%)
	Temperature	40 °C	0.06 \pm 0.04 ^{gh} (72.7%)	0.07 \pm 0.02 ^c (63.1%)	0.20 \pm 0.01 ^b (0.0%)	0.12 \pm 0.00 ^b (45.4%)
		60 °C	0.03 \pm 0.02 ^h (86.4%)	0.08 \pm 0.06 ^{de} (57.8%)	0.21 \pm 0.00 ^b (–5%)	0.09 \pm 0.01 ^b (59.1%)
		80 °C	0.14 \pm 0.00 ^{cde} (36.4%)	0.15 \pm 0.00 ^{bc} (21.0%)	0.20 \pm 0.00 ^b (0.0%)	0.11 \pm 0.00 ^b (50.0%)
		Sunlight	30 min	0.11 \pm 0.08 ^{defg} (50.0%)	0.12 \pm 0.02 ^{cde} (36.8%)	0.15 \pm 0.06 ^b (25%)
	Storage time	60 min	0.15 \pm 0.05 ^{cd} (31.8%)	0.12 \pm 0.03 ^{cde} (36.8%)	0.18 \pm 0.05 ^b (10%)	0.10 \pm 0.03 ^b (54.5%)
		T1	0.10 \pm 0.01 ^{defg} (54.5%)	0.12 \pm 0.02 ^{cd} (36.8%)	0.11 \pm 0.00 ^b (45.0%)	0.09 \pm 0.00 ^b (59.1%)
		T2	0.13 \pm 0.00 ^{cdef} (40.9%)	0.13 \pm 0.01 ^{cd} (31.6%)	0.12 \pm 0.00 ^b (40.0%)	0.09 \pm 0.00 ^b (59.1%)
		T3	0.11 \pm 0.00 ^{defg} (50.0%)	0.19 \pm 0.00 ^b (0.0%)	0.18 \pm 0.01 ^b (10.0%)	0.10 \pm 0.01 ^b (54.5%)
		T4	0.16 \pm 0.03 ^{bcd} (27.3%)	0.19 \pm 0.01 ^b (0.0%)	0.13 \pm 0.04 ^b (35.0%)	0.10 \pm 0.01 ^b (54.5%)
		T5	0.18 \pm 0.02 ^{bc} (18.2%)	0.16 \pm 0.00 ^{bc} (15.8%)	0.14 \pm 0.00 ^b (30.0%)	0.10 \pm 0.01 ^b (54.5%)
	T6	0.37 \pm 0.00 ^a (–68.2%)	0.27 \pm 0.01 ^a (–42.1%)	0.52 \pm 0.55 ^a (–160.0%)	0.54 \pm 0.53 ^a (–145%)	

Data with the same letter for each α_w are not significantly different according to Duncan's new multiple range test ($p < 0.05$).^a Mean of four replicates.

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