

# **Communication** Acute In Vivo Administration of Compound 21 Stimulates Akt and ERK1/2 Phosphorylation in Mouse Heart and Adipose Tissue

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**Abstract:** The angiotensin II type 2 (AT<sub>2</sub>) receptor has a role in promoting insulin sensitivity. However, the mechanisms underlying the AT<sub>2</sub> receptor-induced facilitation of insulin are still not completely understood. Therefore, we investigated whether acute in vivo administration of AT<sub>2</sub> receptor agonist compound 21 (C21) could activate insulin signaling molecules in insulin-target tissues. We report that, in male C57BL/6 mice, an acute (5 min, 0.25 mg/kg; i.v.) injection of C21 induces the phosphorylation of Akt and ERK1/2 at activating residues (Ser473 and Thr202/Tyr204, respectively) in both epididymal white adipose tissue (WAT) and heart tissue. In WAT, the extent of phosphorylation (p) of Akt and ERK1/2 induced by C21 was approximately 65% of the level detected after a bolus injection of a dose of insulin known to induce maximal activation of the insulin receptor (IR). In the heart, C21 stimulated p-Akt to a lesser extent than in WAT and stimulated p-ERK1/2 to similar levels to those attained by insulin administration. C21 did not modify p-IR levels in either tissue. We conclude that in vivo injection of the AT<sub>2</sub> receptor agonist C21 activates Akt and ERK1/2 through a mechanism that does not involve the IR, indicating the participation of these enzymes in AT2R-mediated signaling.

Keywords: Akt; AT<sub>2</sub> receptor; C21; ERK1/2; signaling

## 1. Introduction

The renin-angiotensin system modulates insulin action mainly through the actions of its principal peptide angiotensin (Ang) II acting on its two subtypes of receptors, angiotensin type 1 receptor (AT<sub>1</sub>R) and angiotensin type 2 receptor (AT<sub>2</sub>R), which belong to the G protein-coupled receptor (GPCRs) family [1–5]. Conditions of chronic elevation of Ang II are associated with insulin resistance. This negative effect is mediated by the  $AT_1R$ . Inhibition of Ang II action through an AT1 receptor blockade with specific antagonists or reduction of its production through angiotensin converting enzyme inhibitors results in improvement of glucose homeostasis both in animal models of insulin resistance and/or type 2 diabetes [1-5]. In the last decade, it has been established that the AT<sub>2</sub>R exerts a positive effect on insulin sensitivity [6,7]. In general, targeting the AT<sub>2</sub>R with pharmacological tools clearly supports a favorable role in glucose metabolism and insulin function. This particularly applies to adipose tissue [6,7]. Pharmacological acute antagonism of the AT<sub>2</sub>R with the non-peptide antagonist PD123319 decreased glucose uptake and reduced Akt phosphorylation in rat skeletal muscle [8,9], while chronic blockade of the  $AT_2R$  reduced insulin receptor signaling in terms of PI3K/Akt activation in the liver and adipose tissue [10], suggesting a physiological role for the  $AT_2R$ . Stimulation of the  $AT_2R$  using the established  $AT_2R$  agonist C21 has been associated with improved insulin sensitivity in KK-Ay type 2 diabetic mice [11], in rats fed a high-fat/high-fructose diet [12], in healthy



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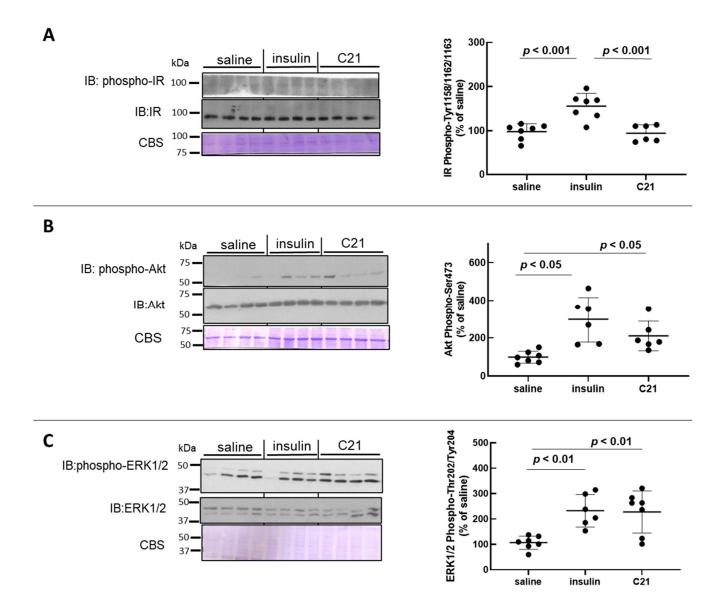
**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). and streptozotocin (STZ)-diabetic rats and mice [13-15], in neonatal STZ-diabetic rats [16], in mice with high-fat diet (HFD)-induced obesity [17,18], in healthy, normal C57BL/6 mice [19] and in female diabetic db/db mice [20]. This physiological role of the AT<sub>2</sub>R was also corroborated by a study in AT<sub>2</sub>R-knockout (KO) mice, which showed that in these animals displayed higher STZ-induced glycemia coupled with lower pancreatic insulin levels [15]. However, overall, data from AT<sub>2</sub>R-KO are controversial and support a beneficial role only in female animals [21,22]. Despite this large amount of evidence for favorable metabolic effects exerted by the AT<sub>2</sub>R, the mechanisms by which these effects proceed are not known.

AT<sub>2</sub>R-induced intracellular signaling is atypical and different from the traditional modes of signaling displayed by many other GPCRs including the  $AT_1R$  [6,7]. Initial  $AT_2R$  signaling involves the association of an inhibitory G-protein (Gi) or  $AT_2R$ -interacting protein (ATIP) with the  $AT_2R$  [7]. These early associations lead to subsequent signaling via phosphatase, kinase, and PPAR $\gamma$  pathways. There is strong evidence for the involvement of kinases in the intermediate signaling of the  $AT_2R$  [6,7]. In human aortic endothelial cells, incubation with C21 has been shown to induce a rapid phosphorylation of Akt and ERK1/2 at activating residues indicating a recruitment of these kinases by the AT<sub>2</sub>R [23,24]. There is evidence for the participation of Akt in AT<sub>2</sub>R-induced effects including improvement of insulin signaling [19,20], nitric oxide (NO) production [23,25], adipose fat browning [26], proximal tubule albumin endocytosis [27], osmotic cellular resistance [28] and antiproteinuric actions [29]. Participation of ERK1/2 has been reported in various AT<sub>2</sub>R-mediated actions such as neuronal differentiation [30], skeletal muscle regeneration [31] and eNOS-mediated vasodilation [32]. However, direct  $AT_2R$ -mediated activation of either Akt or ERK1/2 has not been evidenced in vivo yet. Thus, the goal of the current work was to determine whether acute intravenous administration of the AT<sub>2</sub>R agonist C21 could result in phosphorylation of Akt and ERK1/2 in the metabolic tissues of the mouse in vivo. Our results extend the knowledge of the signaling pathways mediated by the  $AT_2R$  and indicate that in vivo injection of C21 induces the activation of both Akt and ERK in mouse white adipose tissue (WAT) and heart tissue. These findings highlight the importance of these two kinases in AT<sub>2</sub>R-mediated signaling.

#### 2. Results

#### 2.1. C21 Induces the Phosphorylation of Akt and ERK1/2 in Mouse White Adipose Tissue (WAT)

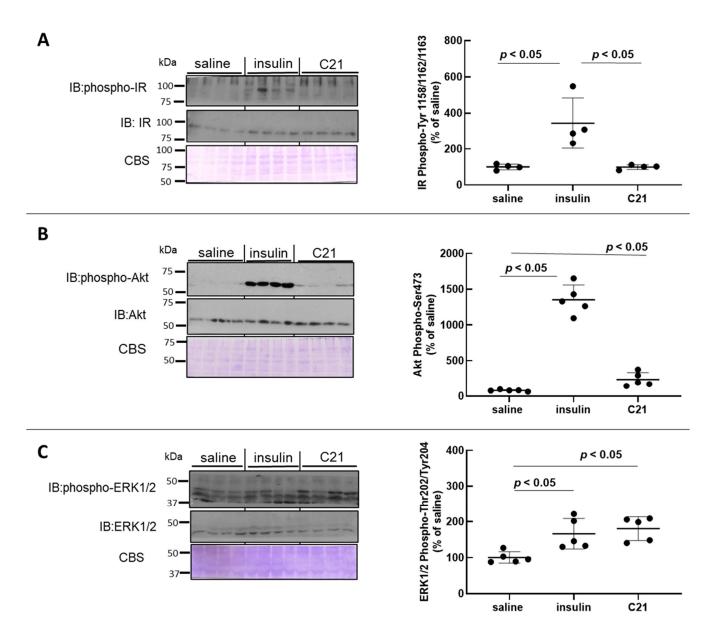
For comparison, samples from C21-injected mice were run together with samples of WAT homogenates obtained from insulin (a known recruiter of both Akt and ERK1/2) or vehicle (saline)-injected animals. As compared to baseline values, a bolus injection of insulin known to attain maximal stimulation of the insulin receptor (IR) induced a significant increase in the phosphorylation of the IR at activating Tyr residues (Tyr1158/1162/1163) in WAT (1.6-fold increase; Figure 1A). Accordingly, phospho (p)-Akt-Ser473 levels and p-ERK1/2-Thr202/Tyr204 levels in WAT increased significantly after insulin injection (Figure 1B,C). While acute intravenous injection of C21 did not modify IR phosphorylation in WAT (Figure 1A), acute C21 injection induced a marked and significant increase in both p-Akt and p-ERK1/2 in mouse WAT (Figure 1B,C). The mean level of Akt phosphorylation attained 5 min after C21 administration was approximately 65% of that detected after insulin injection (Figure 1B), while the level of ERK1/2 phosphorylation was comparable to that induced by in vivo insulin administration (Figure 1C). The protein abundance of IR, Akt and ERK1/2 in WAT was not modified after either treatment with saline, insulin or C21 (Figure 1A–C).



**Figure 1.** C21 stimulates the phosphorylation of Akt and ERK1/2 in mouse adipose tissue. The phosphorylation level and total abundance of the insulin receptor (IR) (**A**), Akt (**B**) and ERK1/2 (**C**) were evaluated in epididymal adipose tissue homogenates by Western blot. Western blot membranes were stained with Coomassie Blue for loading control. The phosphorylation-to-protein ratio was calculated for each sample. Data are expressed as mean  $\pm$  SEM (n = 6 for all groups). A representative image is presented. All analyses were carried out using GraphPad Prism 8.0.

## 2.2. C21 Induces the Phosphorylation of Akt and ERK1/2 in Mouse Heart

As compared to baseline values, in vivo intravenous injection of insulin induced an approximate 3.5-fold increase in IR phosphorylation at activating residues Tyr1158/1162/1163 (Figure 2A) while, as expected, C21 did not modify IR phosphorylation in mouse heart tissue (Figure 2A).



**Figure 2.** C21 stimulates the phosphorylation of Akt and ERK1/2 in mouse heart. The phosphorylation level and total abundance of the insulin receptor (IR) (**A**), Akt (**B**) and ERK1/2 (**C**) were evaluated in heart homogenates by Western blot. Western blot membranes were stained with Coomassie Blue for loading control. The phosphorylation-to-protein ratio was calculated for each sample. Data are expressed as mean  $\pm$  SEM (n = 6 for all groups). All analyses were carried out using GraphPad Prism 8.0.

Similarly to what was detected for WAT, in vivo C21 injection stimulated the phosphorylation levels of Akt at Ser473 by approximately 2.5–3-fold in heart tissue (Figure 2B). However, this stimulation was only a fraction of that attained after insulin administration using the same protocol. When heart homogenates were probed with an anti p-ERK1/2-Thr202/Tyr204 antibody, an approximate 1.8-fold increase over baseline values was detected for ERK1/2 phosphorylation in heart tissue after in vivo C21 injection (Figure 2C). The mean level of Akt phosphorylation attained 5 min after C21 administration was approximately 25% of that detected after insulin injection (Figure 2B), while the level of ERK1/2 phosphorylation was comparable to that induced by in vivo insulin administration (Figure 2C). The protein abundance of IR, Akt and ERK1/2 in heart tissue was not modified after either treatment with saline, insulin or C21 (Figure 2A–C). The AT<sub>2</sub>R is one of the main receptors within the protective arm of the RAS, others being MAS and insulin-regulated aminopeptidase [6,7]. Compared to other GPCRs of therapeutic significance, the development of drugs targeting the AT<sub>2</sub>R for therapeutic use of its protective and regenerative properties has been slow [6]. The difficulty in determining robust parameters for the detection of AT<sub>2</sub>R effects is likely a major reason for this delay. Since the signaling pathways afford AT<sub>2</sub>Rs the ability to exert protective actions in multiple disease states—sometimes in direct opposition to deleterious AT<sub>1</sub>R-mediated effects—the investigation of these pathways is a topic of importance. Recent reports have reinforced the notion that in vivo stimulation of the AT<sub>2</sub>R with C21 leads to major beneficial actions, including reduction of inflammation [33], attenuation of cardiac fibrosis [34], antagonism of the thromboxane receptor [35], enhancement of insulin sensitivity and amelioration of type-2 diabetes complications [6,19,20].

Intracellular signaling induced by the AT2R is atypical and remarkably it does not share a resemblance with traditional modes of signaling displayed by many other GPCRs, including the AT<sub>1</sub>R [6,35,36]. There is evidence that AT<sub>2</sub>R signaling events include the participation of phosphatases, kinases and PPAR pathways. In addition, accumulated evidence indicates that there is a large variety of AT<sub>2</sub>R-stimulated signal transduction pathways, with evidence for both G-protein-dependent and independent mechanisms, a common pattern for GPCRs [6,37,38]. Activation of protein phosphatases is a central intermediate step in AT<sub>2</sub>R signaling, regardless of whether the upstream signaling involves G-proteins or not [6,7,39].

While the signaling pathways employed by the AT<sub>2</sub>R have been the focus of intense research efforts, the role of downstream kinase and phosphatase pathways on AT<sub>2</sub>R-mediated actions requires further investigation. Our results are indicative of the participation of both Akt and ERK1/2 in  $AT_2R$  signaling in both white adipose tissue and heart tissue—tissues known to express the AT2R [6,7]. These results are in good agreement with previous reports indicating that stimulation of the AT<sub>2</sub>R using C21 induces Akt phosphorylation in human aortic endothelial cells (HAECs), an event that was linked to NO production [23]. More recently, the phosphorylation status of HAECs after stimulation with C21 was determined utilizing time-resolved quantitative phosphoproteomics, showing that AT<sub>2</sub>Rs stimulation induces the phosphorylation and dephosphorylation of 172 proteins, of which, a large proportion are involved in antiproliferation and apoptosis [24]. Computer-based kinase prediction found that both Akt and ERK1/2 take part in AT<sub>2</sub>R-signaling. Participation of these kinases in AT<sub>2</sub>R-mediated signaling in HAECs was confirmed by Western Blotting [39]. Our current findings are in excellent correlation with this study and indicate that these events also take place in vivo and thus they could be of physiological relevance. At present, it is, however, not known how the connection between the  $AT_2R$  and these downstream kinases proceeds. Unlike most other GPCRs, the AT<sub>2</sub>R does not associate with  $\beta$ -arrestin [40]. Since physical interaction of the AT<sub>2</sub>R with other receptors such as  $AT_1R$ ,  $B_2R$  and Mas and with several other binding proteins has been established [41], we hypothesize that these interactions could be relevant for current findings.

Of note, current results support the participation of the kinases Akt and ERK1/2 that has been reported in several AT<sub>2</sub>R-mediated actions such as improvement of insulin signaling [19,20], NO synthesis [23,24], adipose fat browning [25], proximal tubule albumin endocytosis [26], osmotic cellular resistance [27], antiproteinuric actions [28] and anti-fibrotic effects [37], for Akt, and neuronal differentiation [29] skeletal muscle regeneration [30], endothelial NO synthase-mediated vasodilation [31] and mitogen-activated protein kinase phosphatase activation [39], in the case of ERK1/2. Our previous reports involving pharmacological agonism or blockade of the AT<sub>2</sub>R and mice with global deletion of the AT<sub>2</sub>R [10,19,20,22] suggested that the presence of the AT<sub>2</sub>R in adipose tissue is critical to the role of this receptor in the control of insulin action and glucose homeostasis. Considering current findings, it is hypothesized that the kinases Akt and ERK1/2, known

to participate in the control of metabolism, could have a role in AT<sub>2</sub>R-mediated metabolic actions in this tissue.

When analyzing the strengths of the study, we considered the following aspects: (a) results contribute to expanding the knowledge of  $AT_2R$ -mediated signaling pathways, strongly supporting the participation of kinases aside from phosphatases; (b) the detection of Akt and ERK1/2 phosphorylation in mouse tissues through the use of phospho-specific antibodies make the results unequivocal; and (c) reported results are ascribed to  $AT_2R$  agonism since C21 is a compound with proven specificity towards this receptor. Noteworthily, it must be mentioned that this study has several limitations. Namely: (a) the utilization of a single species, a single gender and a single dose of C21 at a one-time point is not enough to fully characterize the selectivity and efficacy of the in vivo activation of the analyzed kinases [42]; (b) analysis of Akt and ERK1/2 phosphorylation after co-infusion of C21 with an AT<sub>2</sub>R antagonist would be important to further corroborate that activation of the studied kinases is  $AT_2R$ -mediated; (c) it would be of value to demonstrate that the actions originated by stimulation with C21 are not present in cells in which the  $AT_2R$  is either absent or silenced.

In conclusion, current findings provide new information that contributes to the knowledge of  $AT_2R$ -signaling, by the identification of functional  $AT_2Rs$  in mouse adipose tissue and heart tissue and the demonstration of Akt and ERK1/2 phosphorylation upon in vivo activation of AT2Rs in these tissues.

#### 4. Materials and Methods

#### 4.1. Experimental Animals

All experiments were approved by the Institutional Animal Care and Use Committee of the School of Pharmacy and Biochemistry of the University of Buenos Aires. Adult (3–4 months old) C57BL/6 male mice were used. Animals were housed 3–5 per cage in a room with controlled light (12 h light: 12 h darkness cycle) and temperature ( $22 \pm 2$  °C). Mice had free access to a nutritionally balanced diet and tap water.

#### 4.2. In Vivo Administration of C21and Tissue Collection

Compound 21 was obtained through Vicore Pharma AB (Göteborg, Sweden). The dose of C21 was calculated based on previous studies aimed at exploring vasodilation or insulin enhancement effects derived from in vivo  $AT_2R$  stimulation [43,44]. With a molecular weight of 475.63 g/mol and the assumption of a blood volume of 1.8 mL in a 20-g mouse [45], the maximal blood concentration of C21 attained immediately after injection would be in the range of 8–10  $\mu$ M, assuming that no degradation occurred during the timeframe of the experiment. At this concentration, C21 has been shown to evoke vasodilation and to facilitate insulin delivery to tissues [43,44]. The duration of the treatment was selected from previously published studies [23,24].

#### 4.3. Western Blot

Western blotting procedures used in this study have been reported previously [19,20]. Information on all antibodies used is presented in Table S1. Adipose tissue and heart extracts were denatured, resolved by SDS-PAGE, transferred into PVDF membranes (Millipore Immobilon-FL; EMD Millipore, Billerica, MA, USA) and finally probed with specific antibodies: anti-phospho-Tyr 1158/1162/1163 insulin receptor  $\beta$  subunit (Millipore, Burlington, MA, USA), IR  $\beta$  subunit (GeneTex, Irvine, CA, USA), Akt, phospho-Ser 473 Akt, ERK1/2 or phospho-Thr202/Tyr204 ERK1/2 (Cell Signaling, Danvers, MA, USA). Immunoreactive bands were detected by chemiluminescence (Pierce<sup>TM</sup> ECL Plus Western Blotting Substrate, Thermo Fisher Scientific, Waltham, MA, USA). Protein loading control was performed by relativizing protein content to Coomassie Blue staining of PVDF membranes after blotting experiments as previously described [46]. The level of each protein evaluated was normalized to the area obtained from control samples to avoid sources of variation. Phosphorylation values were then related to calculated protein values for each

protein analyzed (IR, Akt and ERK1/2). To assess the error of the control group, each individual control value was divided by average intensity obtained for the control group (saline-injected mice). The units shown in bar graphs were obtained by considering the average value of intensity of each specific band in the control group as  $100\% \pm$  S.E.M). The molecular weight of proteins was estimated using pre-stained protein markers (Bio-Rad, Hercules, CA, USA).

#### 4.4. Statistical Analysis

Data are presented as mean  $\pm$  SEM. Comparisons were performed via one-way ANOVA with the post-hoc Tukey method for multiple groups using Prism software 8.0 (GraphPad, San Diego, CA, USA). Differences were considered statistically significant at p < 0.05.

**Supplementary Materials:** The supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/ijms242316839/s1.

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**Institutional Review Board Statement:** The study was conducted according to the guidelines of the Declaration of Helsinki and approved by the Ethics Committee "CICUAL" of the School of Pharmacy and Biochemistry, University of Buenos Aires (Res. 1368/2018, date of approval 17 April 2018).

Data Availability Statement: Data is contained within the article and Supplementary Material.

**Conflicts of Interest:** The authors declare no conflict of interest.

#### Abbreviations

- Ang Angiotensin
- $AT_1R$  Angiotensin II receptor type 1
- AT2R Angiotensin II receptor type 2
- ATIP AT2R-interacting protein
- C21 Compound 21
- GPCR G protein-coupled receptor
- IR Insulin receptor
- KO Knockout
- NO Nitric oxide
- PPAR Peroxisome proliferator-activated receptor
- NO Nitric oxide
- STZ Streptozotocin
- WAT White adipose tissue

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