Food-protecting films based on soy protein isolate and natural deep eutectic solvents: Antimicrobial and antioxidant properties

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Journal Prevention

1 FOOD-PROTECTING FILMS BASED ON SOY PROTEIN ISOLATE

2 AND NATURAL DEEP EUTECTIC SOLVENTS: ANTIMICROBIAL

3 AND ANTIOXIDANT PROPERTIES

4

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23 Abstract

Natural deep eutectic solvents (NADES) have just recently emerged as promising 24 plasticizers in food coating applications owing to their excellent anti-frosting 25 properties, low cost, and biosafety. Herein, we report for the first time the use of 26 NADES as bioactive additives of soy protein isolate (SPI) to fabricate functional 27 packaging materials. A neoteric eutectic solvent based on choline chloride/ tannic 28 acid (ChCI/TA) and the classical ChCI/citric acid mixture (ChCI/Cit) were explored to 29 30 be integrated into the protein matrix at really high ratios (150 and 200 wt%). The 31 resulting films were characterized by assessing morphological, physicochemical, and mechanical properties, as well as antioxidant and antimicrobial activities. The 32 33 films exhibited a hydrophilic surface but limited water swelling (less than 10%), 34 suggesting the formation of a crosslinked network between NADES and SPI. The ChCl/Cit films demonstrated potent antimicrobial activity in bacterial growth inhibition 35 assay on chicken breast as well as in agar diffusion assays with inhibition zone 36 37 diameters over 20 mm for gram+ and gram- bacteria, while ChCI/TA films showed the highest tensile strength (ranging from 744-2740 kPa), superior antioxidant 38 activity (DPPH scavenging activity of \approx 82%), and high light barrier properties, 39 advantageous for storing light-sensitive food products. The incorporation of high 40 concentrations of NADES in film production provides a novel and practical approach 41 to improving the properties of protein materials for food packaging applications. 42

43

44 **Keywords:** Natural deep eutectic solvents; Isolated soy protein; Food packaging;

45 Antibacterial activity; Antioxidant properties

46

47 **1. Introduction**

In recent years, deep eutectic solvents (DES) have gained prominence in green 48 chemistry as promising alternatives to ionic liquids, as they offer several advantages, 49 including biodegradability, low toxicity, and cost-effectiveness (Płotka-Wasylka, de 50 la Guardia, Andruch, & Vilková, 2020), DES are composed of a hydrogen bond donor 51 (HBD) and a hydrogen bond acceptor (HBA), forming a liquid mixture with an 52 abnormal depression in its melting temperature (Wang, Zhang, Ma, & Yan, 2021). 53 Within the family of DES, natural deep eutectic solvents (NADES) have garnered 54 significant attention in food packaging applications due to their unique properties, 55 such as anti-frosting, non-volatility, non-toxicity, and high biodegradability (Paiva et 56 57 al., 2014). NADES are composed of natural components, commonly mixtures of choline chloride (ChCl) with organic acids (C. Florindo, Oliveira, Rebelo, Fernandes, 58 & Marrucho, 2014), polyalcohols (L. P. Silva, Martins, Conceição, Pinho, & Coutinho, 59 2020), and sugars (Catarina Florindo, Oliveira, Branco, & Marrucho, 2017). Notably, 60 a novel family of NADES has been recently reported based on ChCl and 61 polyphenols, including tannic acid (TA), gentisic acid, and gallic acid, among others 62 (Picchio et al., 2022). However, the full potential and functionalities of these 63 innovative NADES remain largely unexplored, especially for film applications. For 64 65 instance, the incorporation of ChCI/TA NADES into biopolymer materials could yield substantial enhancements in their mechanical properties, given by the multiple H-66 bond interactions of TA (P. Mercadal et al., 2023). In addition, TA could provide 67

antimicrobial and antioxidant activity, which is highly valuable for food-preserving
coatings (Carnicero et al., 2022; Lee et al., 2023; Picchio et al., 2018).

The food packaging industry demands the incorporation of compounds or additives 70 that prolongs the shelf-life of products while offering resistance, barrier properties, 71 and non-toxicity to biodegradable materials (Casalini & Giacinti Baschetti, 2023; 72 Sousa et al., 2022). The primary focus of food packaging research has been on 73 advancing packaging methods that can enhance food preservation by interacting 74 with the food product. These methods are referred to as "active packaging systems." 75 76 Among the various types of active packaging, antimicrobial packaging stands out as a highly innovative and promising development in the past decade derived from the 77 78 fact that the growth of bacteria on the surface of food is one of the factors that have 79 the greatest influence on the loss of quality of the products and their end of useful 80 life. For this reason, incorporating NADES with bioactive properties into food packaging materials could be a promising alternative to prevent product spoilage 81 82 and effectively extend the shelf life of food (Vieira, de Carvalho, & Conte-Junior, 2022). Curiously, only a few research works have reported the development of 83 packaging films utilizing NADES as active additives or plasticizing agents (Almeida, 84 Magalhães, Souza, & Gonçalves, 2018; Galvis-Sánchez, Castro, Biernacki, 85 Goncalves, & Souza, 2018; Yu, Xu, Goksen, Yi, & Shao, 2023). The main research 86 efforts have been put into studying the effect of NADES on chitosan films 87 (Jakubowska, Gierszewska, Nowaczyk, & Olewnik-Kruszkowska, 2020; Wei Zhang, 88 Shen, Gao, Jiang, & Xia, 2022) and a few other polysaccharides, such as locust 89 90 bean gum (Grala et al., 2022), durian seed gum (Fang et al., 2022), and sodium

alginate (Tian, Sun, Xu, Fan, & Zhu, 2022). For instance, Yu et al. successfully 91 produced chitosan films with enhanced mechanical properties incorporating ChCl-92 based DES and organic acids, resulting in films with antibacterial and antioxidant 93 properties (Yu et al., 2023). In another study, Alves et al. employed NADES/green 94 tea extracts to enhance the water barrier properties of chitosan films (Alves et al., 95 2022). Similarly, Jakubowska et al. prepared films by combining chitosan with 96 NADES based on ChCl and citric acid (Cit), along with the addition of guercetin as 97 an antioxidant additive (Jakubowska et al., 2020). However, the use of NADES as 98 an additive in other types of biopolymer formulations, like proteins, for food 99 100 packaging films has not been studied until now. SPI is a promising biopolymer for edible film production due to its biocompatibility, non-toxicity, and biodegradability. 101 SPI produces flexible, more transparent, and softer films than those derived from 102 other natural sources (Guilbert, Gontard, & Cug, 1995). However, SPI based-films 103 have limitations in terms of poor mechanical properties, susceptibility to moisture, 104 low barrier properties, and no antimicrobial activity (Tao, Sedman, & Ismail, 2022). 105 To address these shortcomings, several individual synthetical strategies were 106 studied and various additives were assayed, such as the use of crosslinking agents 107 108 (Azeredo & Waldron, 2016), the incorporation of nanoreinforcers (Hoyos-Merlano, Borroni, Rodriguez-Batiller, Candal, & Herrera, 2022) or different plasticizers 109 Pérez-Cervera, & Andrade-Pizarro, (Ballesteros-Mártinez, 2020) for 110 the improvement of mechanical and physicochemical properties, and the utilization of 111 antimicrobial (Chawla, Sivakumar, & Kaur, 2021) or antioxidant (Manzoor, Yousuf, 112 Pandith, & Ahmad, 2023) additives for obtaining active properties. In general, these 113 works have successfully achieved individual improvements. However, incorporating 114

a single component has never accomplished the simultaneous enhancement of all 115 these properties. NADES have demonstrated the capability to function as 116 plasticizers (Alves et al., 2022; Jakubowska et al., 2020) upon their incorporation 117 into bio-based films. Furthermore, it is expected that NADES that comprise 118 constituents possessing crosslinking ability (Picchio et al., 2018), antimicrobial 119 activity (L. Wen et al., 2021) and antioxidant potential (W. Liu et al., 2023), could 120 121 confer these attributes to the films, simultaneously with their plasticizing effect. Motivated by this, this work aims to explore the utilization of NADES based on 122 components with potential functional properties such as Cit (Wanli Zhang, Roy, 123 Assadpour, Cong, & Jafari, 2023) and TA (Wanli Zhang, Roy, Ezati, Yang, & Rhim, 124 2023) to develop active films of SPI with improved physicochemical, thermal and 125 mechanical performance. 126

Herein, we proposed for the first time the utilization of NADES based on ChCl/TA and ChCl/Cit as bioactive additives of SPI films for food packaging. The influence of incorporating these NADES at high ratios in the physicochemical properties of the films was investigated. In addition, the antibacterial and antioxidant activities of the films were evaluated. By exploring the potential of NADES in conjunction with SPI films, our research will contribute to the knowledge of the innovative and sustainable food packaging research field.

134

135 **2. Materials and Methods**

136 2.1 Chemicals

Tannic acid (Bio Pack, \geq 99%); Choline chloride (Sigma Aldrich, \geq 99%); anhydrous citric acid (Bio Pack, \geq 99.5%); soy protein isolated (SPI) SUPRO E with 90% protein on a fat-free, dry-weight basis (DuPont, USA); NaOH pellets (Bio Pack, \geq 97%); 2,2-Diphenyl-1-picrylhydrazyl, Trolox (Sigma Aldrich); Ethanol, CaCl₂ (\geq 99.5 % Cicarelli); Deionized water was used throughout the work.

142

143 2.2 Preparation of NADES

To obtain the NADES, the solid components (HBD/HDA) were mixed and heated at
95°C under constant stirring until form a homogeneous liquid. According to previous
studies, NADES were prepared using a 2:1 molar ratio of ChCl/Cit (Smirnov et al.,
2021) or a 20:1 molar ratio of ChCl/TA (Picchio et al., 2022).

148

149 2.3 Synthesis of Films

The protein films were prepared by the casting method. To this, 1.2 g of the film-150 forming SPI was dissolved in 45 mL of water at room temperature. Then, ChCI/TA 151 152 or ChCl/Cit NADES were added (1.8 g or 2.4 g) to achieve 150 and 200 wt% of each type of NADES based on the SPI. The resulting dispersions had pH values of around 153 4 and were mixed at room temperature for 4 h. The pH value of the mixture 154 containing ChCI/TA was then adjusted to 8 by adding NaOH 5 M. The solutions were 155 poured into plastic Petri dishes with an area of 63.6 cm² and left to dry for 24 h at 156 60°C. Then, the films were cooled at room temperature and peeled off the plate. A 157

- sample control was prepared by adding 0.6 g of glycerol to 1.2 g of SPI dissolved in
- 45 mL of water to obtain standard SPI film with 50 wt% of glycerol based on SPI.

160

161

162 2.4 Thickness determination

The film thickness was determined as the average of 10 measurements for each sample using a hand-held micrometer (model ESP1-0001PLA, Schwyz, Swiss). The average thickness was used for assessing mechanical properties, water vapor permeability, and opacity properties.

167 2.5 Determination of moisture content and total soluble matter

The moisture content (MC) and total soluble matter (TSM) of the films were determined using the methodology described in the literature (Rhim, Gennadios, Weller, Carole Cezeirat, & Hanna, 1998). To measure the MC, portions of each film were weighed (W_0) on glass plates, dried in an oven at 110 °C for 24 hours, and weighed again (W_i). The MC values were calculated in triplicate using Eq. 1:

173
$$MC = [(W_0 - W_i) / W_0] \times 100\%$$
 (1)

For TSM measurements, each film with mass W_0 was immersed in beakers containing 30 mL of distilled water for 24 hours, then dried at 110 °C for 24 hours and weighed (W_f). The TSM values were determined in triplicate using Eq. 2:

177
$$TSM = [(W_i - W_f) / W_i] \times 100\%$$
 (2)

178 Note that the W_0 values for MC and TSM experiments are almost the same (±0.5 179 mg).

180

181 2.6 Measurement of the filmogenic solution viscosity

The viscosity of SPI solutions before and after adding NADES was determined at 25
°C using a Brookfield viscometer (Advance series, ADVL 101021, FUNGILAB INC,
New York, USA). The measurements were performed in a range from 5 to 100 r.p.m,
using a plate spindle of 15 mm in diameter and after one minute of starting the assay.
Each measurement was recorded in sextuplicate.

187

188 2.7 Contact angle measurements

The contact angle measurements were conducted at 25 °C using a homemade 189 contact angle goniometer by the Sessile Drop method (Romero, Wolfel, & Igarzabal, 190 191 2016). A drop of 4.00 ± 0.04 mm³ of Milli-Q water was dispensed onto the film surface using a syringe, with a 4.00 ± 0.01 mm distance between the needle tip and the film 192 surface. During the experiment, a video was recorded with a Logitech c922 digital 193 camera and processed using the native video player software of Windows 10. For 194 each sample, the frame captured 1 second after the drop came into contact with the 195 film surface was selected and analyzed using IMAGEJ 1.4 software. All 196 measurements were performed in seven different locations on each sample. 197

198

199 2.8 Swelling test

200	The water uptake ($S\%$) of the different samples was calculated using the following	٦g
201	equation (González, Gastelú, Barrera, Ribotta, & Álvarez Igarzabal, 2019):	
202	$S\% = [(W_s - W_0)/W_0] \times 100\% $ (3)	
203	where W_0 is the initial weight of the samples and W_s is the weight after immersion	in
204	30 mL of deionized water for specific time intervals at room temperature. The I	N _s
205	values were recorded after removing the samples from the swelling medium ar	٦d
206	drying the surface with tissue paper to absorb any excess water. All measurement	Its
207	were performed in triplicate.	
208		
209	2.9 Water Vapor Permeability test	
210	Water vapor permeability (WVP) was determined in duplicate for each film following	٦g
211	the desiccant procedure described by the ASTM standard method E96M-10 (ASTI	М,
212	2010). The films were placed in a humidity chamber at 30 °C and 70% relative	ve
213	humidity (%RH) for one day to reach equilibrium. Subsequently, the films were fixe	эd
214	onto aluminum capsules (50 mm diameter, 17 mm depth) containing anhydror	us
215	CaCl ₂ (dried at 180 $^{\circ}$ C for 24 hours) and sealed with silicone grease. The desicca	nt
216	was separated from the atmosphere by the film. These capsules were weighed an	٦d
217	placed in a humidity-controlled chamber under the same conditions as those in which	ch
218	the films were previously conditioned. The weight variation of the entire system wa	as
219	recorded every hour up to 12 measurements. These values were plotted as weig	ht
220	variation versus time, obtaining a linear function. Water vapor transmission (WV	T)
221	was calculated using Equation 4:	

$$222 WVT = F/A (4)$$

where *F* and *A* are the slope of the linear function and the surface area exposed,
respectively. Then, *WVP* was calculated according to Equation 5:

225
$$WVP = (WVT \times e)/S \times (RH_1 - RH_2) \times 3600$$
(5)

where *e* is the film thickness, *S* is the saturation pressure at 30 °C and $(RH_1 - RH_2)$ is the difference between the relative humidity inside the chamber (RH₁ = 0.7, since the %RH of the chamber is 70%) and the relative humidity inside the capsule (RH₂ = 0, since the %RH inside the capsule is 0% due to the presence of anhydrous CaCl₂).

231

232 2.10 Opacity

Each film was cut in a 2.5 x 1.0 cm rectangle. Opacity was determined by calculating the area under the absorbance curve in the visible spectrum (400 to 800 nm) for each sample. The area values were normalized by dividing them by the thickness of each film.

237

238 2.11 Thermal properties

Differential scanning calorimetry (DSC) analyses of the films, NADES and SPI were
performed on a 2920 Modulated DSC (TA Instruments, USA). 5 mg of each sample
was sealed in a hermetic aluminum pan and heated from -40 to 250 °C at a rate of
10 °C/min. A nitrogen flow (50 mL/min) was maintained during the entire test. The

thermogravimetric analysis (TGA) was performed in a Hi-Res Modulated 2950
Thermogravimetric Analyzer (TA Instruments, USA) at 10 °C/min from 25 °C to
600 °C.

246

247 2.12 FTIR analysis

The films were characterized using attenuated total reflectance-Fourier transform infrared spectroscopy (ATR-FTIR) with a Nicolet 5-SXC spectrometer coupled to a Nicolet iN10 microscope (Thermo Scientific, USA) and a ZnSe crystal with an incidence angle of 45°. To ensure the homogeneity of each sample, different areas of the films were analyzed. The NADES and SPI powder spectra were recorded in reflection mode by depositing the sample on a gold mirror and collecting an average of 32 scans with 4 cm⁻¹ resolution, with air as the background.

255

256 2.13 Morphological Characterization

The surface morphology of the different films was studied by scanning electron microscopy (SEM). Films were attached to a double-sided carbon adhesive tape mounted on SEM stubs, coated with chrome under a vacuum, and examined with an SEM microscope (Carl Zeiss - Sigma, Germany). SEM images were acquired at a magnification of 200x, an aperture size of 30 μm, electron high tension (EHT) of 3 kV, and a working distance of 4 mm.

264 2.14 Mechanical properties

The mechanical properties of the films were determined by the tensile test according 265 American Society for Testing and Materials D882-02 (ASTM, 2002) in 266 to quintuplicate on an Instron Universal Testing Instrument (model EMIC 23-5S, 267 Instron, USA) equipped with a 50 N load cell. Briefly, samples were cut into 268 rectangles of 70x20 mm and subjected to controlled deformation while the stress-269 strain curves were recorded. The initial separation was set at 50 mm, and a 270 crosshead speed of 0.1 mm.s⁻¹ was used. Using the sample dimensions and the 271 272 stress-strain curve generated from the recorded load and extension, the Tensile Toughness values were calculated by determining the area under the stress-strain 273 curves as follows (Kovačič, Žagar, & Slugovc, 2019): 274

275 Tensile Toughness =
$$\int_0^{\varepsilon_f} \sigma_e d\varepsilon_e$$
 (6)

where σ_e is the stress (N.m⁻²), ε_e the strain (unitless), and εf is the fracture strain of the sample, respectively.

278

279 2.15 Antibacterial activity by agar diffusion assay

The antibacterial activity of films was tested with the agar diffusion assay described by Carnicero *et al.* (Carnicero et al., 2022). The bacterial strains used were *Escherichia coli* ATCC 25922, *Staphylococcus aureus* ATCC 25923, *Pseudomonas aeruginosa* PA01, and *Enterococcus faecalis* ATCC 25212. The films were cut into 8 mm diameter discs and then arranged in Petri dishes containing Brain-heart agar previously inoculated with the microorganism by raking to assess inhibition of

bacterial growth. Each inoculum was previously carried out by suspension in a
phosphate buffer dilution of the respective bacteria, taken from a pure fresh culture
of up to 48 h of incubation after ringing. Afterward, sterilized forceps were used to
place the film samples on the inoculated plate in the laminar airflow chamber.
Thereafter, the plates were incubated at 37 °C for 24 h. After incubation, the diameter
(mm) of the inhibition zone around each disc was calculated. The measurements
were done in triplicate for each film.

293

294 2.16 Antibacterial activity on chicken breast

Film samples $(5 \times 5 \text{ cm})$ were used for cover the surface of pieces of fresh chicken 295 breast, using as control samples a film without NADES but with glycerol at 50 wt% 296 and a piece of chicken breast without film. The count of microorganisms was carried 297 298 out for fresh chicken breast and after 4 days of storage at 4 °C, employing the methodologies reported by Compendium of Methods for the Microbiological 299 Examination of Foods (Salfinger & Tortorello, 2015). The tests were carried out by 300 301 removing the film and swabbing the surface of the food, then this swab was washed in a final volume of 20 mL of sterile phosphate buffer. A sterile petri dish was 302 inoculated with 1 mL of the buffer and then a layer of violet-red bile Glucose Agar 303 (VRBG) for Enterobacteriaceae (ENT) or Violet Red Bile Agar (VRBL) for total 304 coliforms was added. The inoculum was homogenized with the melted agar, allowing 305 the medium to solidify on a flat surface and a second layer of medium was added. 306 The plates were incubated at 36 °C for 48 h and the colonies were counted. For the 307 count of E. coli and aerobic mesophilic bacteria (AMB), the same procedure as 308

mentioned was used but employing Chromagar ECC (E. coli) or Plate count agar 309 (AMB). The plates were placed inverted in the oven and incubated at 44 °C for 24 h 310 (E. coli) or 36 °C for 48 h (AMB) and the typical colonies formed were counted. For 311 S. aureus the surface seeding technique was used, inoculating 0.4 mL of the 312 washing buffer on a plate with Baird Parker. The inoculum was homogenized on the 313 surface with a Drigalsky spatula previously sterilized by flame. The plates were 314 315 placed inverted and incubated at 36 °C for 48 h and then the colony count was carried out. All the assays were performed in duplicate and the results were 316 expressed as log_{10} CFU/cm². 317

318

319 2.17 Antioxidant Activity

Film samples were cut into small pieces weighing 100 mg. For 2,2-diphenyl-1-320 picrylhydrazyl (DPPH) radical scavenging activity (DPPH-RSA), the film's pieces 321 322 were submerged in 10 mL of 1x10⁻⁴ M DPPH solution in 99.5% ethanol. The mixtures 323 were gently mixed and allowed to stand at room temperature in the dark for 1 hour. 324 The absorbance of the resulting solution was measured at 517 nm using a Shimadzu 325 1800 spectrophotometer. A standard curve was prepared using Trolox in the range 326 of 1.6–30 µM. The activity was calculated from the equation generated from the standard curve and expressed as µmol Trolox equivalents (TE)/g sample according 327 to Gulzar et al. (Gulzar, Tagrida, Nilsuwan, Prodpran, & Benjakul, 2022). In order to 328 perform a comparison with other research in literature, antioxidant capacity is also 329 informed as DPPH scavenging activity (%) and calculated as Eq. 6. 330

331 DPPH scavenging activity (%) =
$$\left(\frac{Ac - As}{AC}\right) \times 100\%$$
 (7)

332 where *As* indicates the absorbance of the sample, *Ac* indicates the absorbance of 333 the control (containing only DPPH solution) with ethanol at 517 nm wavelength.

334 2.18 Statistical analysis

Data for each test were statistically analyzed. The analysis of variance (ANOVA) was used to evaluate the significance of the difference between means. Turkey test was used for comparing mean values; differences between means were considered significant when $P \le 0.05$.

339

340 3. Results and Discussion

341 3.1 Preparation of NADES and films

As displayed in Fig. 1A, the synthesized ChCl/Cit and ChCl/TA NADES were 342 homogeneous liquids at room temperature with suppressed melting point (Fig. S1) 343 in agreement with the literature (Picchio et al., 2022; Smirnov et al., 2021), 344 345 confirming the successful preparation of the NADES. After that, they were incorporated into SPI solutions in different proportions from 70 to 250 wt%. 346 Curiously, NADES amounts lower than 150 wt% resulted in very brittle materials, 347 while concentrations above 200 wt% did not form self-standing films. Compared with 348 typical protein plasticizers such as glycerol, where concentrations of 30 wt% are 349 enough to obtain flexible films, ChCl/Cit and ChCl/TA NADES seem less effective in 350 reducing the interactions between SPI chains. Far from being a negative point for 351

these systems, this lower plasticizing effect eventually implies loading the films with
much more bioactive components (TA or Cit contained in the plasticizing NADES),
otherwise impossible with traditional plasticizing agents due to solubility limitations,
boosting the films' functionality.

SPI solutions containing ChCl/TA were adjusted to pH 8 (pKa of TA ~ 8.5) to 356 357 promote intra- and inter-molecular hydrogen bonding, which is facilitated by the unfolding of SPI proteins under alkaline conditions, as reported by Guerrero et al. 358 (Guerrero & de la Caba, 2010). Unfortunately, SPI solutions containing ChCl/Cit 359 precipitated at pH 8, probably due to protein destabilization by ionic interactions (pKa 360 of Cit 3.15, 4.77, and 6.40); thus, in this case, films were prepared without 361 362 modification of the pH. Positively, it is well-known that antibacterial properties are enhanced at acidic pH (Salihu et al., 2021). 363

Viscosity measurements of the SPI dispersions before and after adding NADES were measured, showing a decrease in the viscosity values as the shear rate increases (Fig. S2), in agreement with the reported by Liu *et al.* (P. Liu, Xu, Zhao, & Yang, 2017). The slight decrease in the viscosity values of the SPI solutions after adding NADES is probably associated with a dilution effect of the protein dispersion.

Films were prepared as was explained in section 2.3. Fig. 1B shows that films with 150 or 200 wt% of ChCl/Cit (F-150% ChCl/Cit or F-200% ChCl/Cit) were yellowish, while films with 150 or 200 wt% of ChCl/TA (F-150% ChCl/TA or F-200% ChCl/TA) were brownish. All prepared films show homogeneous colors indicating a good dispersibility of NADES without phase separation despite their high concentration. The average thickness values of films were 415 \pm 33, 589 \pm 12, 531 \pm 36, and 570

 \pm 28 µm for F-150% ChCl/TA, F-200% ChCl/TA, F-150% ChCl/Cit and F-200% ChCl/Cit, respectively. It is worth mentioning that films were not correctly formed if ChCl and TA or Cit powders were directly added to the SPI solution to obtain ratios of 150 and 200 wt% instead of adding the prepared NADES (Fig. S3).

379

380

Fig. 1. Schematic illustrations of ChCI/TA or ChCI/Cit formation (**A**) and the process for obtaining the films with different ratios of ChCI/TA or ChCI/Cit (**B**).

383

384 3.2 Fourier transform infrared (FTIR) spectra

The chemical characterization of SPI, NADES, and films was performed using ATR-FTIR spectroscopy. Since the studied systems present a great complexity and variety of functional groups, very wide absorption bands are observed in all the spectra. The black line in Fig. 2 shows the typical FTIR spectrum of SPI powder, where the characteristic band centered at 3301 cm⁻¹ corresponding to free and bound O-H and N-H groups could be observed. Notably, this band is more intense and remarkably shifted to higher wavenumbers in ChCl/TA films spectra (Fig. 2A),

whereas it is subtly shifted to lower wavenumbers in ChCl/Cit-containing films (Fig. 392 2B). The same trend is observed for the band located at 1630 cm⁻¹ assigned to C=O 393 stretching peak of amide I in SPI. These shifts are attributed to the interaction 394 between TA (Picchio et al., 2018) or Cit (Yu et al., 2023) with SPI. The remarkable 395 shift of the band in the case of ChCI/TA films is in line with previous literature on the 396 crosslinking of SPI by phenolic acid (Kang, Wang, Zhang, Li, & Zhang, 2016) and 397 398 schematized by Picchio et al. (Picchio et al., 2018) and Straus et al. (Strauss & Gibson, 2004), as shown in Fig. S4A, which illustrates the interaction between TA 399 and SPI protein. In addition, the crosslinking mechanism for the ChCl/Cit film 400 401 involves H-bonding (Fig. S4B), following the scheme proposed by Wei et al. for chitosan and ChCl/urea DES (Wei et al., 2023). The characteristic C-H stretching of 402 CH₂ and CH₃ groups of saturated structures are observed in the range 2980-2850 403 cm⁻¹ in SPI and the films spectra but not in ChCI/TA (Fig. 2A, red line) and ChCI/Cit 404 (Fig. 2B, orange line) NADES spectra. The peak at 1730 cm⁻¹ observed in both 405 NADES spectra is attributed to the stretching of the C=O bond, and it is present in 406 all fabricated films but exhibits greater intensity for those obtained with ChCl/Cit than 407 ChCl/TA. Furthermore, regardless of the type of NADES employed, this peak shows 408 a lower relative intensity in the films with 150 wt% NADES compared to the 200 wt% 409 films due to the higher concentration of eutectic solvent (Jakubowska et al., 2020). 410 The peak at 1234 cm⁻¹ in the SPI spectrum is attributed to the C-N stretching and N-411 H bending (amide III) vibrations, while the peak at 1050 cm⁻¹ corresponds to C-O 412 stretching, which are also observed in FTIR spectra of films with both NADES 413 (Erdem & Kaya, 2021; Schmidt, Giacomelli, & Soldi, 2005). Finally, a peak at ~ 950 414

415 cm⁻¹ in both NADES spectra, attributed to C-C-O vibrations, was present in the 416 prepared films.

417

418

Fig. 2. FTIR spectra of SPI powder, pure NADES, and the as-prepared films based on ChCl/TA (A),
 and ChCl/Cit (B).

422

419

423 3.3 Morphology

The morphological characterization of the films was performed by acquiring SEM images of circular samples. The SEM images of F-150% and F-200% ChCl/Cit display a rough surface with grain-like features (Fig. 3A and B). The SEM image of F-150% ChCl/TA shows the surface of the film without the presence of pores, cracks, or fissures but with unsolved material (Fig. 3C). These features are also observed in the SEM image of F-200% ChCl/TA, where the amount of unsolved material

becomes more noticeable due to the high amount of ChCl/TA (Fig. 3D). The variation in the surface characteristics between the grain-like texture observed in films produced with ChCl/Cit and the surface of ChCl/TA samples can be attributed to the difference in fabrication conditions. The films with ChCl/TA are formed at a pH \approx 8, while those with ChCl/Cit are at a pH \approx 4. This difference in pH levels influences the aggregation of the SPI protein, resulting in distinct surface textures (Gennadios, Brandenburg, Weller, & Testin, 1993; Guerrero & de la Caba, 2010).

437

- Fig. 3. SEM images of F-150% ChCl/Cit (A), F-200% ChCl/Cit (B), F-150% ChCl/TA (C) and F-200% ChCl/TA (D). The scale bar is 50 μm.
- 441
- 442 3.4 Thermal properties
- The thermal properties of SPI powder, NADES, and films were analyzed using TGA
- and DSC assays. The TGA of the SPI powder (Fig. 4A and B, black lines) showed a

rapid weight loss up to 120 °C due to water evaporation, followed by a single event 445 at 306 °C that agrees with their maximum degradation temperature (T_{dmax}) value 446 obtained from the derivative weight curve (Table 1 and Fig. 4C and D). The thermal 447 decompositions of ChCl/TA (Fig. 4A, red line) and ChCl/Cit (Fig. 4A, orange line) 448 showed simple profiles according to previous works (Picchio et al., 2022; Pontillo, 449 Koutsoukos, Welton, & Detsi, 2021). Additionally, the fact that NADES degradations 450 451 occur at relatively high temperatures indicates their good thermal stability. The degradation temperature at 5% (T_{d5%}) of ChCI/TA and ChCI/Cit appeared at 125 and 452 171 °C, while 50% of weight loss (Td50%) occurred at 279 and 242 °C, respectively 453 454 (Table 1 and Fig. 4C and D). As displayed in Fig. 4A, purple and blue lines, shows films with ChCI/TA have a similar decomposition profile to pure ChCI/TA NADES but 455 with different weight loss proportions. The T_{d5%} values of F-150% ChCl/TA (64 °C) 456 and F-200% ChCl/TA (116 °C) were lower than that of ChCl/TA NADES (125 °C) 457 due to water evaporation from the films. Conversely, Td50% values of ChCI/TA films 458 shifted to higher temperatures than the pure NADES (Table 1 and Fig. 4C and D), 459 attributed to the decomposition of crosslinked structures given by dynamic 460 interactions between TA and the protein (P. A. Mercadal et al., 2023). Films 461 462 fabricated with ChCl/Cit show a similar decomposition profile to those prepared with ChCI/TA. In this case, the dynamic crosslinked structures result from the interactions 463 between SPI's OH and NH₂ groups with the carboxylic groups of citric acid (Smirnov 464 et al., 2021). 465

467 Fig. 4. TGA curves (A and B), calculated derivative weight %/°C (C and D) and DSC scans upon the
 468 first heating cycle (E and F).

Samples	T _{d5%} (°C)	T _{d50%} (°C)	T _{dmax%} (°C)	T _{end} (°C)
SPI	67	336	306	125
ChCI/TA	125	279	285	171
F-150% ChCl/TA	64	286	270	157
F-200% ChCI/TA	116	291	267	155
ChCl/Cit	171	242	263	179
F-150% ChCl/Cit	68	261	258	152
F-200% ChCl/Cit	103	296	272	150

469 **Table 1.** Thermal Properties of the SPI powder, NADES, and films

470

The DSC analysis of the SPI powder's heating ramp indicates three characteristic 471 peaks (Fig. 4E and F, black lines). The primary endothermic peak, with a maximum 472 of 125 °C, is attributed to the denaturation of glycine protein fraction and loss of 473 474 residual water. The minor peaks at 62 and 224 °C correspond to the denaturation of β -conglycinin and loss of the most stable immobilized water, respectively (Hu et al., 475 2009; Tang, Choi, & Ma, 2007). The fifth column of Table 1 displays the temperature 476 477 values of the primary endothermic peaks (T_{end}) for SPI, NADES and the prepared films. The DSC scan of ChCl/TA (Fig. 4E, red line) and ChCl/Cit (Fig. 4F, orange 478 line) shows good thermal stability of the compounds up to 150 °C. After 150°C, the 479 observed endothermic peaks of NADES are due to their decomposition, according 480 to TGA results and previous reports (Craveiro et al., 2016; Shafie, Yusof, & Gan, 481 2019). The glass transition temperature of NADES was not observed because it was 482

reported to be around -60 °C (Picchio et al., 2022), which is below the DSC
measuring temperature range.

The DSC analysis of F-150% ChCl/TA (Fig. 4E, purple line) shows an endothermic 485 broad and strong peak (157 °C) shifted to a lower temperature than the pure NADES 486 (Zdanowicz, Spychaj, & Maka, 2016). Meanwhile, the appearance of this peak is at 487 a higher temperature than SPI due to the hydrogen bond interaction with TA to form 488 a crosslinked network. Similarly, F-200% ChCl/TA (Fig. 4E, blue line) exhibits an 489 490 endothermic peak as F-150% ChCI/TA but located at 155 °C. Films fabricated with 491 ChCl/Cit follow almost the same thermal trend as above (Fig. 4F, green, and gold lines). However, in this case, the shift of the endothermic peak to lower temperatures 492 493 than pure ChCl/Cit is more prominent probably due to a weak crosslinked network.

494

495 3.5 Mechanical properties

The stress vs. strain curves for the films are presented in Fig. 5A. It is noticeable that 496 the films prepared with ChCI/TA demonstrated superior mechanical properties 497 498 compared to those made with ChCl/Cit. This is attributed to the multiple dynamic 499 interactions provided by TA, which results in a more robust physically crosslinked 500 network (P. A. Mercadal et al., 2023). Specifically, F-150% ChCl/TA displays tensile strength and elongation at break values of 2750 kPa and 70%, respectively (Fig. 501 502 5B). As expected, the NADES exerts a plasticizer effect since F-200% ChCl/TA has 503 lower tensile strength and elongation at break values (750 kPa and 45%, respectively), making it a less resistant material than F-150% ChCl/TA (Fig. 5B). A 504 505 similar trend is observed for the films prepared with ChCl/Cit, as increasing the

amount of NADES results in a decrease in the final mechanical properties of the 506 material. Furthermore, Young's modulus and toughness values were similar, 507 regardless of the NADES type used (Fig. 5C). The decrease in the mechanical 508 509 properties as the content of NADES increases could not be attributed only to the plasticizer effect of the eutectic solvent since the elongation at break should be 510 higher for samples with 200 wt% of NADES. We surmise that this effect could also 511 512 be attributed to a greater presence of aggregates, as was shown in SEM images (Fig. 3), which produce inhomogeneities in the protein matrix. This finding is in line 513 514 with Pontillo et al., which reported a similar behavior for chitosan films plasticized 515 with NADES based on ChCl and betaine/lactic acid at different concentrations (Pontillo et al., 2021). 516

It is worth mentioning that depending on the type of NADES employed, we observed 517 518 different degrees of the detriment of the mechanical properties when the content of this component increased from 150 to 200%. An opposing effect is observed 519 520 between the plasticizing behavior of NADES and the crosslinking effect generated 521 by TA and Cit. In the case of films containing ChCl/TA at 150%, it could be expected 522 that a significant number of interactions between TA and SPI chains occur, yielding a pronounced crosslinking effect. As the amount of NADES increases to 200%, the 523 contribution of the plasticizing effect predominates over the TA crosslinking effect, 524 525 decreasing the mechanical parameters, probably due to a saturation of the moieties 526 of SPI protein. This behavior is much less pronounced for films containing NADES with Cit since the crosslinking effect of this molecule is substantially lower than that 527 528 of TA, leading to minimal changes in the mechanical properties when the solvent

529 content is increased. Finally, we analyzed the eutectic films' behavior against a 530 control sample of SPI and glycerol (50 wt%), finding that F-150% ChCl/TA shows 531 superior tensile strength (Table S1). However, increasing NADES concentrations led 532 to a detriment in the mechanical properties compared with the control, indicating that 533 the plasticizing effect in F-200% ChCl/TA and Ch/Cit was more important than that 534 provided by glycerol.

535

Fig. 5. (**A**) Stress vs. strain curves of the films. (**B**) Tensile strength (green column) and elongation at break (orange column) values of films. (**C**) Young's modulus (pink column) and toughness (ruby column) values of the films. Two values in the same column followed by the same letter are not different ($p \ge 0.05$) according to the Tukey test.

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- 542

543 3.6 Physicochemical properties and opacity

The water contact angle values of the prepared films were approximately 45°, with 544 545 no significant differences between samples (Fig. 6A), so it can be concluded that it is not affected by the NADES components or their concentration. This result 546 547 indicates that the surfaces of the films are hydrophilic, as expected, given the polar nature of the NADES and SPI. The values of the contact angle of these SPI films are 548 similar to those of films prepared with glycerol as a plasticizer (44°) (González, 549 Barrera, Galimberti, Ribotta, & Alvarez, 2019). The hydrophilic surface of the films 550 could limit their applications in contact with wet-surface materials such as food. 551 Nevertheless, this seems not to be an overcome since the films showed relatively 552 low swelling values. As shown in Fig. 6B, all films show low swelling values within 553 72 h of immersion in deionized water. This low swelling suggests that NADES 554 promote multiple interactions, forming a more compact, and crosslinked network with 555 556 polar groups interacting with each other and restricting the interactions with water. It is highlighted that the swelling curves have 2 stages. The first stage corresponds to 557 a gradual increment of the water sorption over time until it reaches a maximum value 558 at a specific point, depending on the NADES type and concentration. The second 559 stage begins after the films reach the maximum swelling values, evidenced by a 560 negative slope in the water uptake. This behavior is due to the presence of soluble 561 matter that increases as the content of NADES increases, which favors the 562 dissolution of the films or NADES diffusion to water, as shown in Fig. 6C. The 563 swelling index values of SPI film (control film) was markedly higher than films 564 containing NADES. Considering that the contact angle values were similar for these 565 materials (Table S1), we can affirm that this lower swelling value is probably due to 566

a crosslinking effect in the NADES-containing films. TSM data showed larger values 567 for ChCl/Cit than ChCl/TA films since TA produces a more compact and crosslinked 568 network than Cit derived from the more significant number of interactions that can 569 provide with the protein. Concerning the amount of NADES incorporated into the 570 films, it could be observed that an increase in the NADES proportion produces an 571 increase in the TSM derived from the greater diffusion of this solvent to the medium. 572 573 On the other hand, the MC values did not show statistical differences between samples. 574

The water barrier properties of films are important in food packaging applications, 575 particularly for preserving foods with large amounts of water and predicting the 576 577 stability and quality changes during the processing and storage stages. As shown in 578 Fig. 6D green columns, WVP values were extraordinarily low, in the range of 1-3 $\times 10^{-13}$ g/Pa.s.m², due to the high concentration of NADES. It is worth noting that 579 these WVP values are orders of magnitude lower than those of similar films 580 fabricated with NADES (Galvis-Sánchez et al., 2018; Pontillo et al., 2021; Zhao et 581 al., 2022). In addition, WVP value of the control SPI films (50 wt% glycerol) is 100 582 times higher than the SPI films fabricated with NADES (Table S1). Regardless of the 583 NADES type, the WVP decreases as the solvent content decreases. Besides, the 584 values for the film containing ChCl/TA are smaller than that of ChCl/Cit, supporting 585 586 again that the crosslinking effect of TA is greater compared to Cit. This result 587 suggests smaller interstitial spaces between the biopolymer chains, which agrees with SEM images where more compact structures were observed for F-150% than 588 589 F-200% films. It is highlighted that, despite the rough and heterogeneous surface of

the films, their low water vapor permeability values support the hypothesis of a 590 continuous structure without any significant breaches or perforations. 591 On the other hand, opacity is a feature that may be advantageous for packaging 592 foods that are sensitive to light, such as some fruits and fish (Oliveira Filho et al., 593 2019). In this sense, the SPI films with ChCI/TA have much higher opacity values 594 than SPI films with ChCl/Cit, given by the characteristic dark/brown color of TA (Fig. 595 6D, brown color), and non-significant statistical differences were observed when 596 varying the content of each NADES. Furthermore, the opacity values of these films 597 598 were higher than native SPI films with 50 wt% glycerol (Table S1) due to the vellowish and brownish colors of ChCl/Cit and Ch/TA NADES, respectively. 599

600 601

Fig. 6. Contact angle values for the different films (A). Water swelling behavior over time (B). MC

602 (red columns) and TSM (blue columns) values (**C**). WVP (green columns) and Opacity (brown 603 columns) values (**D**). Two values in the same column followed by the same letter are not different 604 (p \geq 0.05) according to the Tukey test.

605

606 3.7 Antioxidant and antibacterial activity

As displayed in Fig. 7A, all films have antioxidant activity. Nevertheless, films 607 fabricated using ChCl/TA have the highest antioxidant activity than films with 608 ChCl/Cit, independently of the NADES concentration employed. The highest activity 609 of films with ChCI/TA compared to those with ChCI/Cit is attributed to the abundant 610 pyrogallol groups of TA capable of donating electrons to the DPPH radical species, 611 612 leading to a strong radical scavenging activity (Kim, Panda, Sadeghi, & Seo, 2023). These results show that incorporating ChCI/TA NADES with antioxidant activity into 613 614 SPI films could enhance the functionality of packaging materials. It is important to 615 note that standard SPI films containing 50 wt% glycerol do not possess antioxidant activity, as observed in the study conducted by Li et al. (Li et al., 2021). When 616 expressing the antioxidant activity results as DPPH scavenging activity (%) (Eq. 7). 617 the calculated values are over 80% for Ch/TA films, accounting for (82.1 ± 1.3) % 618 and (82.3 ± 1.1) % for 150 and 200 wt% films. These results demonstrate excellent 619 620 antioxidant capability, resulting in greater values than those reported by Yu et al. (Yu et al., 2023) for chitosan films with different NADES incorporated at 20 and 60 wt%. 621

622 Contamination by pathogenic microorganisms represents a significant challenge to 623 food security. Antimicrobial packaging materials have emerged as an effective 624 solution to safeguard food from such risks. Thus, the antibacterial activity of the as-625 prepared films against selected bacterial strains was investigated, as shown in Fig.

7B and Table 2. In all cases, the films prepared with ChCl/Cit exhibit high 626 antibacterial activity, whereas films with ChCI/TA are only highly active against S. 627 aureus (Gram-positive) and less or non-active against Gram-negative bacteria. 628 629 Belhaoues et al. reported that TA showed good activity, especially against S. aureus and *E. faecalis*, suggesting a greater antibacterial effect on Gram-positive bacteria. 630 The NADES mechanism is based on the damage of the cell membrane via 631 632 hydrophobic-hydrophobic interactions, triggering the leakage of its critical constituents and causing bacteria death (Olatunde, Benjakul, Vongkamjan, & 633 Amnuaikit, 2019). Specifically, TA works as an inhibitor of the NorA efflux pump, 634 635 which is the main mechanism responsible for its antibacterial activity (Belhaoues, Amri, & Bensouilah, 2020). The Gram-positive bacteria have a thick layer of 636 peptidoglycan on their wall, whereas the Gram-negative has a triple-layered cell wall 637 (a cytoplasmic inner membrane, a thin peptidoglycan middle layer, and an outer 638 layer membrane). The effectiveness of TA is explained by its ability to pass through 639 640 the bacterial cell wall up to the internal membrane, interfering with the cell's metabolism and, therefore, causing its destruction. In Gram-positive bacteria, the 641 activity of tannins is rapid, while in Gram-negative strains, it is slower due to the 642 643 thicker membrane (Kaczmarek, 2020), as observed in Table 2, where the greatest inhibition diameters were against S. aureus. 644

The differences in the antibacterial activity between ChCl/Cit and ChCl/TA films could be due to the presence of carboxylic groups in Cit, which have been reported to be efficient in inducing bacteria death (Wei Zhang et al., 2022). Recently, Wen *et al.* prepared chitosan/gelatin films containing a eutectic mixture based on thymol and

octanoic acid (H. Wen et al., 2023). Comparing the inhibition diameter data of those films, F-200% ChCl/Cit film presents a superior activity against *E. coli*. Additionally, Zhang *et al.* prepared starch/chitosan/polyethyleneimine blend films crosslinked with Cit, showing inhibition diameters of approximately 12 mm against *S. aureus* and *E. coli* (J. Zhang, Han, Ben, Han, & Yin, 2023) compared to \approx 30 mm for F-200% ChCl/Cit.

Regarding the antibacterial activity of TA, Carnicero et al. developed hydrogels 655 656 combining poly(vinyl alcohol) and TA-coated cellulose nanocrystals, while Gulzar et 657 al. coated polylactic acid films with gelatin/chitosan, TA, and chitooligosaccharides (Carnicero et al., 2022; Gulzar et al., 2022). Both materials exhibited smaller 658 659 inhibition diameters against E. coli and S. aureus than the SPI films containing 660 ChCl/TA. It is important to note that the inhibition diameter data of these works has been normalized by the size of the discs used in the experiments for comparison 661 purposes. The significantly higher antimicrobial activity of films incorporating 662 663 ChCI/TA than similar materials is probably due to the liquid NADES allowing for high 664 loading of TA that otherwise cannot be reached with this bioactive compound in a solid form. It is worth mentioning that the antibacterial activity of these films is purely 665 666 derived from the NADES incorporation, as SPI control films did not show antibacterial activity against S. aureus and E. coli (Fig. S5), revealing the key role of 667 the eutectic mixtures in providing bioactive materials feature for food packaging 668 applications. 669

670

Fig. 7. (**A**) Antioxidant activities of the as-prepared films measured by DPPH assay. (**B**) Inhibition zones of films against *S. aureus, E. coli, P. aeruginosa,* and *E. faecalis determined by diffusion in agar method.* Two values in the same column followed by the same letter are not different ($p \ge 0.05$) according to the Tukey test.

Strain	ain F-150%		F-150%	F-200%	
	ChCI/TA	ChCI/TA	ChCl/Cit	ChCl/Cit	
S. aureus	17.2±0.4 ^{aA}	19.3±0.6 ^{bA}	24.7±0.4 ^{cA}	30.4±0.6 ^{dA}	
E. coli	8.5±0.1 ^{aB}	9.1±0.3 ^{bB}	21.1±1.0 ^{cB}	27.4±0.4 ^{cB}	
P. aeruginosa	NA	NA	23.3±0.9 ^{aA}	23.8±0.5 ^{aC}	
E. faecalis	8.7±0.2 ^{aB}	10.1±0.4 ^{bB}	22.9±0.7 ^{cAB}	21.8±0.5 ^{cD}	

676 NA: no inhibitory activity.

bifferent lowercase superscripts within the same row indicate significant differences (p < 0.05). Different uppercase superscripts within the same column indicate significant differences (p < 0.05).

680

681 3.8 Antibacterial activity on chicken breast

682 683

As displayed in Table 3, after 4 days, the chicken breast without film presented 684 markedly increased amounts of CFU with respect to t=0. In turn, the film of SPI with 685 50 wt% glycerol shows almost the same values of CFU as the control sample after 686 4 days indicating that it has no antimicrobial activity. Concerning to AMB, the films 687 688 with ChCl/TA demonstrate a considerable growth inhibition of colonies, and the films with ChCl/Cit showed a better behavior, since a markedly increase in this 689 antimicrobial activity was evidenced. ENT is considered to be the indicator bacteria 690 for the microbiological quality of food and the hygiene status of a production process 691 (Mladenović et al., 2021). The count of ENT reveals that the films with ChCl/TA didn't 692 showed activity. This result is in agreement with the agar diffusion assay (section 693 3.7), since ENT are being a family of gram-negative bacteria with a thick membrane 694 that difficult the pass of TA towards the inside. For the films with ChCl/Cit, a 695 remarkable antimicrobial activity can be evidenced against the ENT family, as 696 expected according to the results shown in the previous section. The antimicrobial 697

698	activity of the films against total coliforms, which could indicate the possibility of fecal
699	contamination of food (Silva, Rezende-Lago, Marchi, Messias, & Silva, 2023),
700	follows the same trend that the result obtained against ENT since these bacteria are
701	also gam-negative. Particularly, for the count of E. coli, all films with NADES present
702	activity against this bacterial strain; however, no statistical differences are observed
703	between the samples due to the low count of CFU given by the low initial value of
704	CFU (control t=0). Finally, the presence of S. aureus was not detected for any
705	sample.

- **Table 3.** Microbiological results (log₁₀ CFU/cm²) of the chicken breast meat.

	AMB	ENT	Total coliforms	E. coli	S. aureus
Control t=0	0.17±0.01ª	0.12±0.01ª	0.11±0.01 ^a	0.06±0.01 ^a	<0.06±0.01 ^a
Control t=4 days	TNTC	0.18±0.02 ^b	0.17 ± 0.02^{b}	0.1±0.01 ^b	<0.06±0.01 ^a
SPI 50 wt% glycerol	TNTC	0.18±0.01 ^b	0.16 ± 0.02^{b}	0.09±0.01 ^b	<0.06±0.01 ^a
F-150% ChCl/TA	0.19±0.01 ^a	0.18±0.02 ^b	0.16±0.02 ^b	<0.05±0.01 ^a	<0.06±0.01 ^a
F-200% ChCl/TA	0.18±0.01ª	0.17±0.01 ^b	0.15±0.01 ^b	<0.05±0.01 ^a	<0.06±0.01 ^a
F-150% ChCl/Cit	0.14±0.01 ^b	0.06±0.01°	<0.05±0.01 ^a	<0.05±0.01 ^a	<0.06±0.01 ^a
F-200% ChCl/Cit	0.14±0.01 ^b	0.09±0.01 ^d	0.07±0.01ª	<0.05±0.01 ^a	<0.06±0.01 ^a

710 TNTC = Too Numerous to Count

Two values in the same column followed by the same letter are not different ($p \ge 0.05$) according to the Tukey test.

717 4. Conclusions

This study presents a significant advancement in the synthesis of SPI films by 718 incorporating NADES as bioactive agents, specifically tailored for enhancing food 719 720 packaging applications. Despite the inherent hydrophilic nature of these films, their remarkable resistance to water swelling indicates the successful establishment of a 721 722 robust crosslinked network between the NADES and SPI components. Notably, our investigation reveals that films containing ChCI/TA outperform those having ChCI/Cit 723 724 in terms of tensile strength, underscoring the formation of a more resilient and 725 compact molecular network within the former.

The introduction of ChCI/TA NADES produced a larger plasticizing effect on the films, compared to traditional glycerol-containing SPI films, which further expands their potential for flexible packaging solutions. Furthermore, the observed reduction in water vapor permeability underscores the dense interlinking between protein chains, accentuating the films' suitability for optimal food preservation.

Remarkably, ChCI/TA films exhibit a combination of high opacity and exceptional
antioxidant activity, distinguishing them from ChCI/Cit films. Conversely, ChCI/Cit
films display heightened antimicrobial efficacy. These findings collectively position
these new films as promising candidates for safeguarding light-sensitive and
pathogen-vulnerable food items.

736 Author statement

P.A.M designed and performed the research and wrote the manuscript; M.L.P andA.G designed the research, co-wrote the manuscript, and provided overall guidance.

739 Declaration of competing interest

- The authors declare that they have no known competing financial interests or
- 741 personal relationships that could have appeared to influence the work reported in
- this paper.

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- 1030 **TOC**

Highlights

- Soy protein films were prepared with tannic acid and citric acid based NADES.
- Liquid NADES allows for high TA and Cit loading without phase separation in the films.
- NADES-containing films showed lower water vapor permeability values.
- Films with ChCl/TA exhibited high light barrier properties and antioxidant activity.
- Films with ChCl/Cit demonstrated superior antimicrobial activity.

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Author Statement

Pablo A. Mercadal: Investigation; Formal Analysis, Writing - Original Draft; Visualization.

Matias L. Picchio: Conceptualization, Formal analysis; Writing - Review & Editing, Supervision; Funding acquisition.

Agustín González: Conceptualization, Methodology, Investigation, Formal analysis, Writing - Original Draft; Writing - Review & Editing, Supervision; Project administration, Funding acquisition.

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Declaration of interests

 \boxtimes The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

□The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: