Epidemiology and echinocandin susceptibility of Candida parapsilosis sensu lato species isolated from bloodstream infections at a Spanish university hospital

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Objectives: The aims of this work were to study the epidemiological profiles, differences in echinocandin susceptibilities and clinical relevance of the *Candida parapsilosis sensu lato* species isolated from proven fungaemia cases at La Fe University Hospital of Valencia (Spain) from 1995 to 2007.

Results: The prevalence of these species was: *C. parapsilosis sensu stricto*, 74.4%; *Candida orthopsilosis*, 23.54%; and *Candida metapsilosis*, 2.05%. The incidence of the species complex as agents of fungaemia remained stationary until 2005 and doubled in 2006. The incidence of *C. orthopsilosis* showed an increasing trend during the study period, while *C. parapsilosis sensu stricto* incidence diminished. Also, an important epidemiological change was observed starting in 2004, when 86.5% of the *C. parapsilosis sensu lato* strains were found in adult patients, while before that year only 13.5% of the isolates were found in this population.

Conclusions: Echinocandin drug susceptibility testing using the CLSI M27-A3 document showed a wide range of MIC values (0.015-4 mg/L), with micafungin being the most potent *in vitro* inhibitor followed by anidulafungin and caspofungin (MIC geometric mean of 0.68, 0.74 and 0.87 mg/L, respectively). *C. metapsilosis* was the most susceptible species of the complex to anidulafungin and micafungin *in vitro* (MIC₅₀ for anidulafungin and micafungin: 0.06 mg/L), while there were no differences between *C. parapsilosis sensu lato* species when caspofungin MIC₅₀ swere compared (MIC₅₀ 1.00 mg/L). Differences in caspofungin *in vitro* susceptibility were observed between the different clinical service departments of La Fe Hospital.

Keywords: FKS, C. parapsilosis, C. orthopsilosis, C. metapsilosis

Introduction

Candida-associated invasive infections are a leading cause of mycosis-associated mortality.¹ Candida parapsilosis is the second most commonly isolated Candida species from blood in Southern Europe, Latin America and Asia and the second leading cause of candidaemia in children.¹⁻⁹ Genotypic differences allowed taxonomic division of *C. parapsilosis* into three groups¹⁰⁻¹⁶ that were replaced by *C. parapsilosis sensu stricto* (formerly group 1), Candida orthopsilosis (group 2) and Candida metapsilosis (group 3).¹⁷ Multiple studies have demonstrated that these species have different virulence and antifungal susceptibilities.¹⁸⁻²⁸ Also, several retrospective analyses showed that the prevalence of *C. orthopsilosis* and *C. metapsilosis* ranged from 2.3% to 9% and from 0.9% to 6.9%, respectively, depending on the country and on the specimen type studied, $^{19,24,25,27,29-33}$ and that the prevalence of *C. orthopsilosis* has been increasing since 2004.²⁴

The aims of this work were to study the epidemiological profiles, differences in echinocandin susceptibilities and clinical relevance of the *C. parapsilosis sensu lato* species isolated from proven fungaemia cases at La Fe University Hospital of Valencia (Spain) from 1995 to 2007.

Materials and methods

Strains

During the study period (January 1995 to July 2007), 756 cases of proven fungaemia due to *Candida* spp. were identified at La Fe University

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Hospital. The incidence of candidaemia at our centre was 1.06 cases per 1000 hospital admissions (755 candidaemias/715 066 admissions). Among these cases, 293 strains were identified as *C. parapsilosis sensu lato* (38.8% of all candidaemias) and were isolated from 288 patients.

Strain identification

The isolates were phenotypically identified as *C. parapsilosis sensu lato* using VITEK[®] (bioMérieux, Spain) and AuxaColorTM (Bio-Rad, Spain) kits following the manufacturers' instructions. Molecular identification was performed by sequencing the 5.8S RNA gene and adjacent internal transcribed spacer 1 (*ITS1*) and *ITS2* regions.^{17,34} Phylogenetic and Clustal analyses were done using the BioEdit sequence alignment editor (Ibis Therapeutics, Carlsbad, CA, USA). Maximum parsimony clustering was performed by using the *ITS1* and *ITS2* sequences from *C. parapsilosis sensu stricto, C. orthopsilosis* and *C. metapsilosis* (GenBank accession numbers AB109275, EU557373 and EU557369, respectively).

C. parapsilosis sensu lato FKS1 sequence analysis

The regions of the *FKS1* gene linked with reduced echinocandin susceptibility of *C. parapsilosis sensu stricto, C. orthopsilosis* and *C. metapsilosis* were sequenced, as described previously.³⁵ The sequences obtained were compared with those deposited in GenBank under the numbers EU221325, EU350513 and EU350514 (*C. parapsilosis FKS1, C. orthopsilosis FKS1* and *C. metapsilosis FKS1*, respectively).

Antifungal susceptibility testing and compounds

Echinocandin drug susceptibility testing was performed in triplicate in accordance with the CLSI document M27-A3 guidelines.³⁶ *C. parapsilosis* ATCC 22019 and *Candida krusei* ATCC 6258 were used as control strains. The drugs used were anidulafungin (Pfizer, New York, NY, USA), caspofungin (Merck & Co. Inc., Rahway, NJ, USA) and micafungin (Astellas Pharma USA, Inc., Deerfield, IL, USA). The drugs were obtained as standard powders from their respective manufacturers. Caspofungin and micafungin was dissolved in sterile distilled water and anidulafungin was dissolved in 100% DMSO (Sigma-Aldrich). Stock solutions of each drug were kept at -86° C. The solutions were discarded if they were not used within 3 months.

DNA extraction and sequencing

Genomic DNA was extracted with a Q-Biogene (Irvine, CA, USA) FastDNA kit following the manufacturer's instruction. DNA sequencing was performed with a CEQ Dye Terminator Cycle Sequencing Quick Start Kit (Beckman Coulter, Fullerton, CA, USA) according to the manufacturer's recommendations. Sequence analysis was performed with CEQ 8000 genetic analysis system software (Beckman Coulter).

Variables and statistical analysis

In order to study the relationship between each of the *C. parapsilosis* sensu lato species and the epidemiological data, the following variables were recorded: patient's age and sex, isolation date, underlying illnesses and care unit where the strain was isolated. The patients were divided into the following categories depending on their age: newborn (≤ 1 month old), infant (between 1 month and 1 year old), child (between 1 year and 15 years old) and adults (≥ 15 years old). The term 'paediatric' was used to group newborn, infant and child categories. The hospital-specific incidence of *C. parapsilosis sensu lato* fungaemias was calculated using denominator data obtained for the total number of fungaemias (n=756) and hospital admissions at La Fe University Hospital of Valencia from January 1995 to July 2007. Echinocandin use was

quantified as doses per 100 patients per day and was obtained from the pharmacy department of La Fe University Hospital.

Statistical analyses were performed with the Statistical Package for the Social Sciences software (version 17; IBM SPSS Statistics Inc., Chicago, IL, USA). Continuous variables are expressed as means \pm SD, medians and ranges, while categorical variables are expressed as percentages (proportions). The unpaired Student's t-test was used to analyse continuous variables, and the χ^2 test or Fisher's exact test (two-tailed) was used to compare categorical variables.

The echinocandin MIC data are the result of experiments performed in triplicate. Geometric means (GMs) were used to statistically compare MIC results. The significance levels of MIC differences were determined by a one-way ANOVA test with Bonferroni's correction for multiple comparisons; a *P* value ≤ 0.01 was considered significant. In order to approximate a normal distribution, the MICs were transformed to \log_2 values to establish susceptibility differences between strains. Both on-scale and off-scale results were included in the analysis. The off-scale MICs were converted to the next concentration up or down.

Results

Demographic distribution and incidence of C. parapsilosis sensu lato species

The 293 *C. parapsilosis sensu lato* strains were isolated from 287 patients; 179 males (62.4%) and 108 females, who were 24.4 ± 28.9 and 13.6 ± 25.3 years old, respectively. Although the majority of the patients having *C. parapsilosis sensu lato* fungaemias were males, there was no statistical difference between sexes (P=0.181).

Among the *C. parapsilosis sensu lato* isolates, 218 (74.4%) were identified as *C. parapsilosis sensu stricto*, 69 (23.54%) as *C. orthopsilosis* and 6 (2.05%) as *C. metapsilosis* by sequence analyses of the 5.8S RNA gene and adjacent *ITS1* and *ITS2* regions^{17,34} (Table 1). Six patients showed two positive blood cultures. Out of these six patients, four showed *C. parapsilosis sensu stricto* and one patient showed *C. orthopsilosis* in both episodes. The sixth patient showed a bloodstream infection due to *C. parapsilosis sensu stricto* followed by a positive blood culture caused by *C. orthopsilosis*. Out of these six cases, only the last one was considered as two separate, single episodes since there was a 3 month interval between episodes and different species were isolated. Thus, 288 individual *C. parapsilosis sensu lato* fungaemias were studied.

Table 1 outlines the distributions of *C. parapsilosis sensu lato* species stratified by patient's age. Overall, 35.4% of the *C. parapsilosis sensu lato* strains were isolated from very young (<1 year old) or elderly patients (>65 years old). In this study the median ages of patients with *C. parapsilosis sensu stricto*, *C. orthopsilosis* and *C. metapsilosis* were 41, 50 and 63 years, respectively. Moreover, 70.8% of the *C. parapsilosis sensu lato* strains were isolated from adult patients (>15 years old) and no statistical differences were observed between species and patient age (P=0.930). Despite the low number of isolates identified as *C. metapsilosis* (six representing only 2% of the isolates of this study), it should be noted that all but one of the strains were isolated from adult patients and half of them from elderly patients (70-79 years old).

The incidence of *C. parapsilosis sensu lato* isolates remained almost constant between 1995 and 2005 [average number of isolates per year (1995–2005): 19.4, P=0.31, and an average

Species	Incidence by age category per 10000 hospital admissions (number of isolates/number of male patients)									
		paediatrics								
	newborn ^a	infant ^a	childª	15-40 years old	40–65 years old	>65 years old	Total			
C. parapsilosis sensu stricto C. orthopsilosis C. metapsilosis	0.36 (26/16) 0.15 (11/8) 0	0.24 (17/6) 0.10 (7/3) 0	0.24 (17/11) 0.10 (5/1) 0.01 (1/1)	0.69 (49/30) 0.11 (8/6) 0 (0)	0.83 (59/41) 0.29 (21/13) 0.03 (2/1)	0.64 (46/22) 0.22 (16/15) 0.04 (3/3)	2.99 (214/126) 0.95 (68/46) 0.08 (6/5)			
Total	0.52 (37/24)	0.34 (24/9)	0.32 (23/13)	0.80 (57/36)	1.15 (82/55)	0.91 (65/40)	4.03 (288/177)			

Table 1. Incidence of C. parapsilosis sensu lato species fungaemia stratified by patient age and sex

^aNewborn, ≤1 month old; infant, between 1 month and 1 year old; child, between 1 year and 15 years old. The patient's sex was not recorded for one patient in each of the paediatric age categories.

incidence of 0.35 C. parapsilosis sensu lato fungaemias/1000 admissions, P=0.33]. In 2006, the incidence of these species increased 2.97-fold when compared with other years (2006: 51 isolates and an incidence of 1.03 C. parapsilosis sensu lato fungaemias/1000 admissions, P < 0.05). This phenomenon is attributable to a 2.69- and 4.11-fold increase in the incidence of C. parapsilosis sensu stricto and C. orthopsilosis candidaemia, respectively (1995-2005: average incidence of 0.27 and 0.07 cases/1000 admissions; 2006: 0.72 and 0.28 candidaemias/ 1000 admissions for C. parapsilosis sensu stricto and C. orthopsilosis, respectively). Moreover, the increasing trend in the number of C. parapsilosis sensu lato isolates observed in 2006 continued in the first 7 months of 2007 with a total of 29 C. parapsilosis sensu lato strains isolated. However, in 2007 the incidence of C. parapsilosis sensu stricto candidaemia decreased when compared with the 10 year period 1995-2005 (0.19 candidaemias/ 1000 admissions). On the other hand, 44.8% (13/29) of the C. parapsilosis sensu lato fungaemias diagnosed in 2007 were due to C. orthopsilosis. This fact showed that the increased incidence of C. orthopsilosis fungaemias that started in 2006 remained in 2007 (incidence of C. orthopsilosis fungaemia in 2007: 0.16 cases/1000 admissions). The six C. metapsilosis were isolated in 1995 (two strains), 1996 (one strain), 2001 (two strains) and 2006 (one strain) (Figure 1a).

When the year of isolation was related to the patient's age, it was noted that the 79.8% of *C. parapsilosis sensu lato* strains isolated from paediatric patients (<15 years old) were obtained from 1995 to 2003. Moreover, 86.5% of the *C. parapsilosis sensu lato* fungaemias diagnosed from 2004 to July 2007 were found in adult patients (P=0.01), demonstrating an important epidemiological change. When the distribution of the different *C. parapsilosis sensu lato* species during the years was analysed, there was an increasing trend in the percentage of *C. orthopsilosis* isolates in detriment of *C. parapsilosis sensu stricto* in both paediatric and adult populations (Figure 1b).

The clinical departments where each of the *C. parapsilosis* sensu lato strains was isolated were recorded. Overall, 67.2% of the strains were isolated in one of the intensive care units (ICUs) of La Fe University Hospital, showing no statistical differences between species (P=0.98). *C. parapsilosis sensu lato* species were isolated most frequently from patients with fungaemia in the following departments: Surgical ICU (93 strains,

32.29%), Internal Medicine ICU (47, 16.32%), Newborn ICU (36, 12.50%), Internal Medicine (34, 11.81%), Surgery (26, 9.03%) and Paediatric ICU (20, 6.94%). *C. parapsilosis sensu stricto* was the most common species in all the departments included in the study. On the other hand, Paediatric ICU and Surgery were the departments where the highest proportions of *C. orthopsilosis* were isolated [7/20 (35%) and 8/26 (30.8%), respectively].

The underlying conditions of the patients with *C. parapsilosis* sensu lato fungaemia are shown in Table 2. Neurological (24 fungaemias, 23 in adults) and cardiovascular diseases (23 cases, 14 adults) were the most common conditions associated with *C. parapsilosis sensu lato* fungaemias. Among these groups of diseases, stroke and congenital heart diseases were the most commonly recorded syndromes. Also, it was found that 14 patients having *C. parapsilosis* fungaemias (11 *C. parapsilosis sensu stricto* and 3 *C. orthopsilosis*) had idiopathic thrombocytopenic purpura and all but one of these patients were adults.

C. orthopsilosis fungaemias were associated mostly with cardiovascular diseases (eight cases, 11.59% of the *C. orthopsilosis* fungaemias), premature birth and cancer (seven cases each, 10.14%). Moreover, cancer was associated more commonly with *C. orthopsilosis* than with *C. parapsilosis* sensu stricto (10.1% of the *C. orthopsilosis* cases versus 2.75% of the *C. parapsilosis* sensu stricto fungaemias, P < 0.01, χ^2 test). Also, all but one of the cancer patients harbouring *C. orthopsilosis* fungaemias were adults, while the majority of the *C. parapsilosis* sensu stricto fungaemias in cancer patients were diagnosed in paediatric patients. On the contrary, the majority (87.5%) of the patients with a cardiovascular disease and having a *C. orthopsilosis* fungaemia were paediatric patients, while only 16.7% (2/12) had a *C. parapsilosis* sensu stricto fungaemia.

Echinocandin susceptibility of the C. parapsilosis sensu lato species

Wide MIC ranges were observed for the echinocandin-class drugs $(0.06-4 \text{ mg/L} \text{ for anidulafungin and caspofungin and 0.015-4 mg/L for micafungin) (Table 3). Overall,$ *C. parapsilosis sensu lato*species showed no statistically significant MIC differences between the three echinocandin drugs studied (*P*>0.1). Our MIC data showed a shift in 2002, when caspofungin was introduced clinically at La Fe University Hospital (Figure 2). Prior

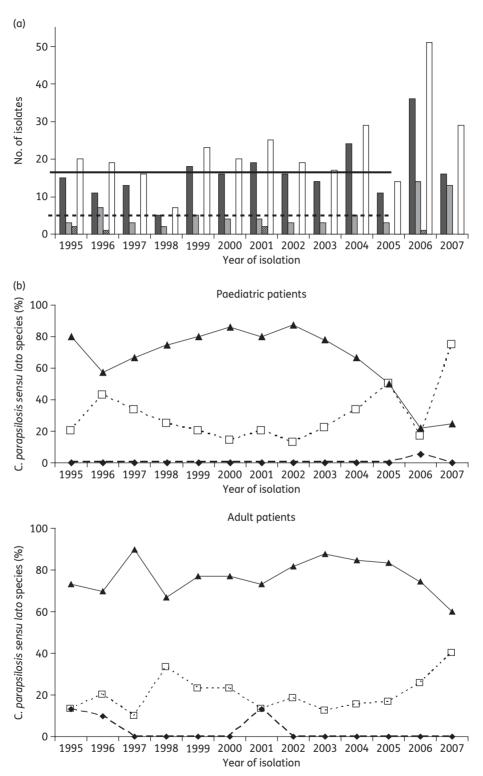


Figure 1. (a) Number of *C. parapsilosis sensu lato* species isolated by year. White bars represent *C. parapsilosis sensu lato* species. Black, grey and striped bars show the number of *C. parapsilosis sensu stricto*, *C. orthopsilosis* and *C. metapsilosis* isolated during each of the years, respectively. Continuous and broken horizontal lines represent the average number of *C. parapsilosis sensu stricto* (14.73) and *C. orthopsilosis* (3.82) isolated between 1995 and 2005, respectively. (b) *C. parapsilosis sensu stricto* (black triangles), *C. orthopsilosis* (white squares) and *C. metapsilosis* (black diamonds) isolated per year from paediatric (upper graph) and adult (lower graph) patients.

	Numbe	Number (%) of fungaemias due to							
Underlying condition	C. parapsilosis sensu stricto	C. orthopsilosis	C. metapsilosis						
Sepsis ^a	20 (9.17)	5 (7.25)	0						
Neurological conditions ^b	19 (8.72)	4 (5.80)	1 (16.67)						
Cardiovascular diseases ^c	14 (6.42)	8 (11.59)	1 (16.67)						
Premature birth	15 (6.88)	7 (10.14)	0						
Gastrointestinal diseases ^d	13 (5.96)	5 (7.25)	0						
Solid organ transplantation ^e	11 (5.05)	4 (5.80)	0						
Severe trauma ^f	12 (5.50)	2 (2.90)	1 (16.67)						
Fever of unknown origin ^g	14 (6.42)	1 (1.45)	0						
Onco-haematological diseases ^h	14 (6.42)	1 (1.45)	0						
Cancer	6 (2.75)	7 (10.14)	1 (16.67)						
Idiopathic thrombocytopenic purpura	11 (5.05)	3 (4.35)	0						
Pulmonary diseases ⁱ	7 (3.21)	3 (4.35)	0						
Kidney diseases ^j	6 (2.75)	4 (5.80)	0						
Bacterial pneumonia	6 (2.75)	1 (1.45)	1 (16.67)						
Burn patients	3 (1.38)	3 (4.35)	0						
AIDS and other immunosuppression ^k	6 (2.75)	0	0						
Autoimmune disorders ^l	3 (1.38)	0	1 (16.67)						
Urinary tract infections	3 (1.38)	2 (2.90)	0						
Extracorporeal surgery	3 (1.38)	1 (1.45)	0						
No available data	32 (14.68)	8 (11.59)	0						
Total	218 (100.00)	69 (100.00)	6 (100.00)						

Table 2. Underlying conditions associated with C. parapsilosis sensu lato fungaemias

^aNo other signs or symptoms were recorded.

^bStroke, tetraplegia, hydrocephalus, hepatic encephalopathy subdural haematoma and cerebral haemorrhage.

^cTetralogy of Fallot, valvulopathies and other congenital heart defects.

^dAcute pancreatitis, peritonitis, short bowel syndrome and enteric fistulas.

^eHeart, lung and renal transplant.

^fPolytrauma and cranioencephalic trauma.

^gFever was the only recorded sign.

^hAcute and chronic lymphoid leukaemia, acute myeloid leukaemia, multiple myeloma and Hodgkin's lymphoma.

Cystic fibrosis, acute respiratory distress, acute respiratory failure and chronic obstructive pulmonary disease.

^jAcute and chronic renal failure and patients on dialysis for other renal diseases.

^kAIDS, corticotherapy and congenital immunosuppression.

¹Evan's syndrome, systemic erythematous lupus and Graves-Basedow disease.

to that year, *C. parapsilosis sensu lato* strains were more susceptible *in vitro* to micafungin than to anidulafungin and caspofungin, whereas after 2002 the isolates were more susceptible to caspofungin. When each species MIC value was analysed, it was apparent that *C. metapsilosis* was the species most susceptible to anidulafungin and micafungin *in vitro* (P<0.001). On the other hand, there were no differences between *C. parapsilosis* sensu lato species when caspofungin mean MIC values were compared (P=0.2). Similar conclusions were obtained when the MIC₅₀ and MIC₉₀ values for echinocandin drugs were evaluated. There were no differences between *C. parapsilosis* sensu lato species for caspofungin MIC₅₀s, while *C. metapsilosis* showed the lowest MIC₅₀s of anidulafungin and micafungin (P<0.01).

The trends of *in vitro* resistance to echinocandin drugs among *C. parapsilosis sensu lato* over the study period were analysed and are shown in Figure 2. Overall, there were no significant differences in the micafungin MIC GMs from 1995 to 2007 (P>0.05). On the other hand, anidulafungin MIC GMs showed a

bimodal distribution, with higher MIC values in the strains isolated from 1998 to 2000 (anidulafungin MIC GMs for 1998, 1999 and 2000: 1.22, 1.31 and 0.90 mg/L, respectively) and from 2005 to 2007 (anidulafungin MIC GMs for 2005, 2006 and 2007: 1.22, 1.75 and 1.24 mg/L, respectively). However, a significant trend towards increased anidulafungin MIC values (P<0.01) was observed from 1995 to 2007. Turning to caspofungin, a decrease in MIC values started to be evident in 2001 (caspofungin GM: 1.03 mg/L), reaching a minimum in 2005 with a GM of 0.13 mg/L. These MIC decreases were statistically significant when compared with earlier years and the 2 years following 2001 (P<0.01).

When the echinocandin susceptibilities (MIC GMs) of the *C. parapsilosis sensu lato* species isolated from each of the La Fe University Hospital departments were compared, some differences were observed. For example, the caspofungin MIC GM for the strains isolated from the Oncology ward was 2.67-fold higher than the MIC GM for those isolated from the Paediatric department (caspofungin MIC GM Oncology 1.47 mg/L versus

Species			GM	Isolates with an MIC (mg/L) of ^a									
	Antifungal	n		0.015	0.03	0.06	0.12	0.25	0.5	1.0	2.0	4.0	8.0
C. parapsilosis sensu lato	ANF	287	0.74			4	5	52	86	52	80	9	
	CAS	287	0.87			1	50	3	20	94	118	1	
	MCF	287	0.68	2	1		16	23	86	129	24	6	
C. parapsilosis sensu stricto	ANF	213	0.844				2	33	64	38	68	8	
	CAS	213	0.850			1	42	1	9	70	90		
	MCF	213	0.829	2			1	5	64	115	21	5	
C. metapsilosis	ANF	6	0.085			4	1	1					
	CAS	6	1.000			_		1	1	1	3		
	MCF	6	0.173		1		2	1	2				
C. orthopsilosis	ANF	68	0.604				2	18	22	14	12	1	
	CAS	68	0.908				8	1	10	23	25	1	
	MCF	68	0.405				13	17	20	14	3	1	

Table 3. Echinocandin MIC distribution among the C. parapsilosis sensu lato species using the CLSI M27-A3 document

ANF, anidulafungin; CAS, caspofungin; MCF, micafungin.

^aUnderlined numbers represent MIC₅₀ and bold numbers represent MIC₉₀.

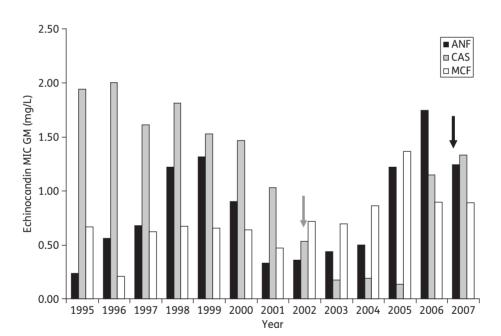


Figure 2. Trend of *in vitro* susceptibility to echinocandin drugs among *C. parapsilosis sensu lato* species over the study period (1995 and 2007). The graph shows the MIC GM of anidulafungin (ANF; black bars), caspofungin (CAS; grey bars) and micafungin (MCF; white bars). Arrows represent the year when caspofungin (grey arrow) and anidulafungin (black arrow) were introduced in La Fe University Hospital as therapeutic options.

0.55 mg/L for the Paediatric department). However, these differences were not statistically significant (P>0.05).

At La Fe University Hospital's Medical ICU and Surgical ICU departments, caspofungin has been in use since its release to the market in 2002, and anidulafungin has been in use since 2007. Caspofungin usage at La Fe University Hospital ICU showed a 9.8- and 1.86-fold increase between 2002 and 2003 and between 2003 and 2004, respectively. On the other hand, in the Surgical ICU department caspofungin consumption

increased more than 90-fold and 1.63-fold between 2002 and 2003 and between 2003 and 2004, respectively, but there was no significant increase from 2004 to 2006 (P=0.2).

C. parapsilosis sensu lato FKS1 sequence

FKS1 gene fragments of *C. parapsilosis sensu stricto*, *C. orthopsilosis* and *C. metapsilosis* that include the hot spot regions were sequenced. All the *C. parapsilosis sensu lato* strains showed the

characteristic proline to alanine substitution at Fks1p hot spot 1, linked with a reduced echinocandin susceptibility phenotype.³⁵ Moreover, when Fks1p hot spot 2 was studied, all the *C. parapsilosis sensu stricto* and *C. metapsilosis* showed no amino acid substitutions. On the other hand, 94.2% of the *C. orthopsilosis* strains (65/69) showed a homozygous I758V substitution at Fks1p hot spot 2,³⁵ while four *C. orthopsilosis* isolates showed a heterozygous isoleucine to valine substitution at the same position. The *C. orthopsilosis* isolates showing these heterozygous Fks1p substitutions showed no differences in echinocandin MIC and were not epidemiologically linked to one another.

Discussion

In 2005, the three distinct genotypic groups of *C. parapsilosis*¹⁵ were further separated into three different species.¹⁷ Since then, different reports have described the antifungal susceptibility and epidemiology of these newly defined species, anticipating their epidemiological importance. An important proportion of these reports included a small number of isolates obtained from different infection sites with little epidemiological data^{13,21,23,37,38} or selected from existing yeast collections.^{23,24,29,30,39} The *C. parapsilosis sensu lato* strains studied here were isolated consecutively from bloodstream infections during a 12 year period and represent all the C. parapsilosis sensulato strains isolated at La Fe University Hospital. C. parapsilosis sensu lato species were the second most common Candida species isolated from bloodstream infections, as described before in Spain by other authors.^{6,7,25} However, the proportion of C. parapsilosis sensu lato species isolated from blood was higher in Valencia (38.8%) than in other Spanish or worldwide studies (ranging from 12.5% to 32.9%).^{2-7,23-25,32,37,40-47} On the other hand, the percentage of C. orthopsilosis causing bloodstream infections at La Fe University Hospital (23.54% of the C. parapsilosis sensu lato isolates) was one of the highest published so far.^{21,23–25,32,37,38,44,48} only surpassed by a Malavsian hospital, where 23.8% of the C. parapsilosis sensu lato species

Table 4. Echinocandin MIC and dosing variation between 1995 and 2007

were *C. orthopsilosis.*³⁹ However, in this last report, the authors studied 43 *C. parapsilosis sensu lato* strains selected randomly. Moreover, La Fe University Hospital showed 2.5-fold more *C. orthopsilosis* isolates than any of the Spanish centres analysed so far (Seville, 8.2%; Barcelona, 1.4%).^{25,38} Also, its incidence showed an important increase in the last 2 years of the study and in 2007 the incidence of *C. orthopsilosis* fungaemias reached its maximum, being comparable to that for *C. parapsilosis sensu stricto*. Similarly, Lockhart *et al.*²⁴ reported a worldwide longitudinal increase in the incidence of *C. orthopsilosis* starting in 2005. In contrast, the prevalence of *C. metapsilosis* at La Fe University Hospital was comparable to that in previous Spanish and worldwide reports.^{21,23-25,32,38,39,48} This fact may be explained by the demonstrated lower virulence of this species.^{22,26}

When the frequency of *C. parapsilosis sensu lato* fungaemias at each of the departments of La Fe University Hospital was analysed, it could be inferred that critically ill patients, especially those housed in the ICU, were the most susceptible to these infections. It is well known that numerous factors, such as immunosuppression, metabolic dysfunction, corticosteroids, cytotoxic and broad-spectrum antibiotic therapies, increase the risk of *Candida* spp. infections.^{1,49} Also, very old patients and individuals hospitalized in an ICU are predisposed to invasive candidiasis.^{2,3,8,50} The high frequency of *C. parapsilosis sensu lato* fungaemia in critically ill patients observed in this work could be due to the high affinity of these species for vascular devices, medical instrumentation and indwelling plastics.^{2,3,45,51–54}

In this work there were three novel epidemiological findings to consider. The first is that almost 5% of the patients had thrombocytopenic purpura as the only symptom or sign before the fungaemia was diagnosed. It has been reported that thrombocytopenia is a marker for invasive candidiasis in low birth weight newborns.⁴⁰ However, thrombocytopenic purpura has been described only rarely as a risk factor for *Candida* spp. fungaemia in adult patients,^{40,55,56} and never as a predisposing condition for *C. parapsilosis* fungaemia. Secondly, in 2003 an

	Year												
	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007
ANF													
MIC GM	0.23	0.56	0.68	1.22	1.31	0.90	0.33	0.36	0.44	0.50	1.22	1.75	1.24
DDDs													
medical ICU	NA	NA	NA	NA	NA	0.010							
surgical ICU	NA	NA	NA	NA	NA	0.000							
CAS													
MIC GM	1.94	2.00	1.61	1.81	1.52	1.46	1.03	0.53	0.17	0.19	0.13	1.15	1.33
DDDs													
medical ICU	NA	0.236	2.314	4.298	4.347	4.845	1.286						
surgical ICU	NA	0.054	4.981	8.081	11.457	4.249	4.985						
MCF													
MIC GM	0.66	0.21	0.62	0.67	0.65	0.64	0.47	0.72	0.69	0.86	1.37	0.90	0.89

ANF, anidulafungin; CAS, caspofungin; MCF, micafungin; DDDs, defined daily doses (doses per 100 patients per day); NA, not available.

epidemiological shift was observed. Before that year, the paediatric population had the highest risk of having a *C. parapsilosis sensu lato* fungaemia, while the adult population had a higher chance from 2004 to 2007. Lastly, there was a differential association between *C. parapsilosis sensu stricto* and *C. orthopsilosis* in cancer and cardiology patients. Whether these differences had any association with patient management or treatment will require further studies.

Echinocandin MIC varied during the study period

We describe the in vitro echinocandin susceptibility of the C. parapsilosis sensu lato strains isolated at La Fe University Hospital in Valencia during a 12 year period. We confirmed that C. parapsilosis sensu lato showed a reduced echinocandin susceptibility phenotype and that all the strains studied showed the naturally occurring proline to alanine substitution at the end of the Fks1p hot spot 1, as described by our group.³⁵ Moreover, we confirmed the existence of a characteristic isoleucine to valine amino acid substitution in hot spot 2 as a naturally occurring polymorphism in *C. orthopsilosis*, as previously described.³⁵ Moreover, four *C. orthopsilosis* showed a heterozyaous isoleucine to valine substitution at this position, which was reported earlier by Chen et al.⁵⁷ These authors described the same isoleucine to valine substitution in five of their C. metapsilosis isolates, but our six strains showed no amino acid substitution when compared with C. parapsilosis sensu stricto or C. albicans Fks1p hot spot 2. Despite the similar FKS1 genotype in all the strains included in this work, a wide range of echinocandin MIC values were observed. This indicates that factors other than Fks1p affinity for echinocandin drugs may play a role in determining MIC values in *C. parapsilosis sensu lato*. This broad range of echinocandin MICs has been observed by other authors.^{21,24,25,27,32} In contrast to our MIC data, Diekema *et al.*,²⁷ Gomez-Lopez *et al.*²⁵ and Lockhart *et al.*²⁴ showed that *C. parapsilosis sensu* lato is more susceptible to caspofungin than to the other echinocandins. However, when dissecting our MIC data by year, we conclude that our results are similar to those of other author's, but only after 2002 (Figure 2). During that year, caspofungin started to be used clinically at La Fe University Hospital. It is difficult to explain this phenomenon since the use of caspofungin was linked with an increased incidence of C. parapsilosis sensu lato candidaemia,⁵⁸ but not with changes in MIC values. When we analysed the caspofungin consumption at the hospital, we conclude that there was no straightforward relationship between caspofungin usage and caspofungin MIC GMs, since the lowest MIC values were seen when this echinocandin drug use increased. However, we can speculate on the basis of the data in Table 4 that the consequences of increased use of caspofungin were observed after 3 years, when the caspofungin MIC GM had increased 10-fold. It is well known that increased MIC and the selection of less susceptible strains are logical consequences of the use of any antifungal drug.⁵⁹

In conclusion, this work reinforces the notion that *C. parapsilosis* sensu lato is an important hospital pathogen and that *C. parapsilosis sensu stricto* is the predominant species of this complex. We showed that *C. orthopsilosis* is increasing in frequency and could become an important health problem in the near future. Also, this work provides information about the echinocandin susceptibility of *C. orthopsilosis* and *C. metapsilosis*.

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Transparency declarations

D. S. P. is a shareholder in Merck, has served on advisory boards for Merck, Pfizer and Astellas, has received research funding from Merck, Pfizer and Astellas, and has been an invited speaker for Merck, Pfizer, Astellas, AstraZeneca and Novartis. All other authors: none to declare.

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