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## DO COMMERCIAL SEROLOGIC TESTS FOR *TRYPANOSOMA CRUZI* INFECTION DETECT MEXICAN STRAINS IN WOMEN AND NEWBORNS?

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ABSTRACT: We sought to determine the serological test that could be used for *Trypanosoma cruzi* seroprevalence studies in Mexico, where lineage I predominates. In a previous study among pregnant women and their newborns in the states of Yucatan and Guanajuato, we reported a 0.8-0.9% of prevalence for *T. cruzi*-specific antibodies by Stat-Pak and Wiener ELISA. We have expanded this study here by performing an additional non-commercial ELISA and confirming the seropositives with Western blot, using whole antigens of a local parasite strain. We found a seroprevalence of 0.6% (3/500) in Merida and 0.4% in Guanajuato (2/488). The 5 seropositive umbilical cord samples reacted to both non-commercial ELISA and Western blot tests, and only 1 of the maternal samples was not reactive to non-commercial ELISA. A follow-up of the newborns at 10 mo was performed in Yucatan to determine the presence of *T. cruzi* antibodies in children as evidence of congenital infection. None of the children was seropositive. One newborn from an infected mother died at 2 wk of age of cardiac arrest, but *T. cruzi* infection was not confirmed. The *T. cruzi* seroprevalence data obtained with both commercial tests (Stat-Pak and ELISA Wiener) are similar to those from non-commercial tests using a local Mexican strain of *T. cruzi*.

Chagas' disease (American trypanosomiasis) is a parasitic infection caused by *Trypanosoma cruzi* affecting 8–10 million people in Latin America (Schofield et al., 2006) and is a major public health issue in Mexico (Dumonteil, 1999; Cruz-Reyes and Pickering-López, 2006). There is an urgent need to accelerate the development of high-quality diagnostic tests for Chagas' disease (Médecins Sans Frontières, 2008). In Mexico, most *T. cruzi* strains belong to lineage I (Bosseno et al., 2002), while most tests have been developed for South America, where lineage II predominates.

The state of Yucatán in the southeast of Mexico is in need of updated seroprevalence data. Population-based seroprevalence studies conducted in the 1970–1980s among different rural communities reported 11.2–18.0% prevalence of infection with *T. cruzi* (Farfan-Ale et al., 1992; Zavala-Velázquez, 2003). In blood donors, a seroprevalence of up to 5.6% was also reported (Rodriguez-Felix et al., 1995). However, these studies used small sample sizes and were based on a single immunofluorescence assay. In contrast, national serosurveys with much larger sample sizes reported a seroprevalence of 0.0-1.5% for the general population in Yucatan (Velasco-Castrejón et al., 1998).

In the state of Guanajuato, located in the center of Mexico, a study of the distribution of Chagas' disease vectors showed that the presence of *Triatoma barberi* represents a risk for vector transmission in the state, with an estimated 3,500 new cases per year and an overall seroprevalence of 2.6% (Lopez-Cardenas et al., 2005). The national survey reported a seroprevalence of 0.1–0.4% for the state (Velasco-Castrejón et al., 1992).

Pregnant women with Chagas' disease can transmit *T. cruzi* to their fetuses. In Mexico, calculations indicate that almost 155,000 children under 5 yr of age could be infected and that approximately 40,539 women could be at risk of infecting 2,028 fetuses with *T. cruzi* (Buekens et al., 2008). To our knowledge, there has been just 1 case of congenital Chagas' disease reported in Mexico (Guzman Bracho et al., 1998). However, a serological study of pregnant women and their babies in 2 hospitals of endemic regions (Chiapas and Veracruz) showed a *T. cruzi* seroprevalence of 4% among 145 women (Olivera et al., 2006).

In a previous study, we reported a 0.9% prevalence to T. cruzispecific antibodies by Stat-Pak rapid test (Chembio, New York, New York) in umbilical cord blood (UC) from 2 Mexican hospitals (Merida and Celava), which was in close agreement with the 0.8% obtained with the Wiener ELISA in maternal (M) venous blood (ELISA Recombinant v. 3.0; Wiener, Rosario, Argentina) (Sosa-Estani et al., 2008). A potential shortcoming of this study was that the commercial tests we used were not based on the Mexican strain. Indeed, it has been suggested that using tests based on local antigens could increase the sensitivity of the diagnosis (Sanchez et al., 2001). Here, we present the results of additional analyses with a non-commercial ELISA test using whole antigens of the H1 strain of T. cruzi, which belongs to lineage I (Bosseno et al., 2000). Additionally, we performed a follow-up at least 10 mo after delivery on infants from Merida. Yucatan, who were positive for at least 2 of 3 diagnostic tests (non-commercial ELISA, Wiener ELISA, or Stat-Pak) in M blood and who had seropositive UC tests to determine the persistence of antibodies against T. cruzi as evidence of congenital infection. We also determined whether antibodies against T. cruzi were present among the infants' siblings.

#### MATERIALS AND METHODS

#### Study design and study populations: Hospital study

We conducted a cross-sectional descriptive study in 2 endemic areas of *T. cruzi* infection in Mexico, i.e., Hospital Materno-Infantil in Merida, Yucatán, which attends 5,097 childbirths per year (15% of the childbirths statewide), and Hospital General in Celaya-Guanajuato, which attends 5,000 childbirths per year (45% of the childbirths countywide). The inclusion criteria were women  $\geq 18$  yr old at the time of delivery, having single live births, and who consented to participate. M and UC samples

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were obtained from each woman who agreed to participate and her newborn, respectively. At the time of delivery, 5 ml UC blood were obtained with a syringe in vacutainer tubes with ethylenediaminetetraacetic acid (EDTA) as an anticoagulant. During the first 24 hr postpartum, 5 ml of M venous blood were also collected in EDTA vacutainer tubes.

#### Follow-up of seropositive cases

Infants and their mothers from Merida, Yucatan, who were positive for at least 2 of 3 diagnostic tests (non-commercial ELISA, Wiener ELISA, or Stat-Pak) were followed at least 10 mo after delivery. We used the same tests as with seropositive newborns to determine the presence of antibodies against *T. cruzi* as evidence of congenital infection (Chagas' Stat-Pak and Wiener ELISA tests). We also determined whether antibodies against *T. cruzi* were present among the infants' siblings (newborns and children less than18 yr old). The follow-up of seropositive infants and mothers from Guanajuato was conducted by local authorities, and the results were not available for publication.

#### Serologic tests to detect antibodies against T. cruzi

The Chagas' Stat-Pak (Chembio Diagnostic Systems, Medford, New York) is a rapid immunochromatographic screening test for the detection of anti–*T. cruzi* antibodies in whole blood (Luquetti et al., 2003; Ponce et al., 2005). It uses a unique combination of *T. cruzi* recombinant antigens (B13, 1F8, and H49/JL7), which are bound to the membrane, and a specific antibody-binding protein, which is conjugated to dye particles (Umezawa et al., 2003). We also used a commercially available ELISA kit based on recombinant *T. cruzi* antigens (Chagatest ELISA Recombinant v. 3.0; Wiener Laboratories, Rosario, Argentina) (Caballero et al., 2007), according to the manufacturer's instructions.

We prepared a non-commercial indirect ELISA based on a whole parasite lysate from a local strain H1 of T. cruzi (Cruz-Chan et al., 2009). Briefly, 96-well microplates were coated with 2 µg/ml of T. cruzi epimastigote lysate in carbonate buffer (100 µl/well) for 12 hr at 4 C. The plates were blocked to prevent false positive results by adding 200 µl of PBS buffer with 0.05% Tween 20 (PBST) and 1% of bovine serum albumin (BSA) and incubated for 1 hr at 37 C; they were then washed 3 times with PBST. Plasma samples were diluted 1:100 in PBST with 0.3% BSA, and 100-µl aliquots of diluted plasma were placed in each well. Positive and negative controls samples were diluted 1:20, and 100-µl aliquots of the controls were deposited in each well. The microplates were then incubated 1 hr at 37 C and washed 5 times with PBST. Anti-human IgG conjugated to peroxidase (goat anti-human IgG-HRP conjugate) and diluted 1:4,000 in PBS was added to the wells and incubated for 30 min at 37 C. Plates were washed 5 times with PBST and once with PBS. O-phenyldiamine substrate (0.5 mg/ml) dissolved in citrate buffer pH 5.0 was added, and plates were incubated for 40 min at 37 C; the reaction was stopped by adding 2 N sulfuric acid. The optical density readings were performed in an ELISA reader at an excitation wavelength of 490 nm.

All cases with at least 1 seroreactive test were tested by Western blot (WB). Parasites from *T. cruzi* isolate H1 were harvested by centrifugation (800 g for 5 min at room temperature), washed in PBS buffer, and lysed with Laemmli sample buffer with a protease inhibitor cocktail. The samples were then boiled 5 min prior to loading on the gel; 10% SDS-PAGE (sodium dodecyl sulfate polyacrylamide gel electrophoresis) and proteins were blotted to nitrocellulose membranes. The membranes were blocked with TBST (Tris buffered saline Tween 20; 10 mM Tris HCl, 150 mM NaCl, 5 mM Tween 20, pH 8.0, and 1% nonfat milk) for 30 min at room temperature, incubated overnight at 4 C with serum samples, and diluted 1:100 in milk–TBST–nonfat milk, which was followed by 3 washes with TBST. Afterward, membranes (AP), washed 3 times with TBST, and developed with nitro-blue tetrazolium chloride (NBT) and 5-bromo-4-chloro-3'-indolyl phosphate p-toluidine (BCIP).

In addition to positive and negative controls, a conjugated anti-IgG human control was used to discard unspecific bands. Interpretation of the WB results was based on established criteria (Jimenez-Coello et al., 2008). A serum sample was considered positive when it recognized at least 5 antigenic bands from a group of 10 with the highest frequency of recognition; the result was considered indeterminate when the sample recognized 1 to 4 antigenic bands and negative when the serum sample

showed no reactivity. Bands considered for diagnosis interpretation were different than those observed in the conjugate control.

#### Collection and processing of samples for the follow-up study

At the time we visited the families in their households, we drew 5 ml of venous blood from the mother. We immediately performed the Stat-Pak test on site using 10  $\mu$ l of whole blood and stored the remaining blood in a vacutainer EDTA tube. After transporting the blood samples to the laboratory, we separated the plasma in order to perform the Wiener ELISA and stored the rest of the plasma for future studies. We also obtained blood samples from the children by finger prick and used 10  $\mu$ l of blood to perform Stat-Pak tests on site. Another 100- $\mu$ l sample of blood was collected in a capillary tube with heparin for the ELISA tests to be performed in the laboratory.

#### Clinical and sociodemographic questionnaires

Clinical and sociodemographic data were obtained from clinical records or by interviewing the mothers during their hospital stays. We also interviewed the seropositive mothers we followed up in Yucatan and collected the following information during household visits: type of housing; number of inhabitants; presence of pets or domestic animals; knowledge about the vector (pictures of *Triatoma dimidiata* were shown); and whether anyone in the home had been bitten by triatomine or had presented fever, tiredness, or chagoma (the bite wound).

#### Ethical aspects

The study protocol, with written informed consent, was approved by the Institutional Review Board of the Tulane University Health Sciences Center and the ethics committees of the respective collaborating institutions at the Autonomous University of Yucatan and the University of Guanajuato. We asked mothers to give informed consent in writing, and we asked for assent to participate from their children between 7 and 18 yr of age.

#### Statistical analysis

We used Epidat v. 3.1 (Xunta de Galicia y Organizacion Panamericana de la Salud, 2006) to perform McNemar tests comparing 2 serological tests performed on the same patient.

#### RESULTS

We studied a total of 988 women, 488 in Celaya and 500 in Merida, and their newborns between September 2006 and February 2007. Table I shows that age was most frequently between 20 and 29 yr, and education was 7 or more years in both Celaya and Merida. More women were from urban areas in Celaya as well as in Merida. Parity (data were not recorded from 2 women in Celaya), mode of delivery, and birth outcomes were also similar in the 2 study sites.

We analyzed 988 maternal (M) samples and 988 umbilical cord (UC) samples. We found a seroprevalence of 0.6% (3/500) in Merida and 0.4% in Guanajuato (2/488), which was determined by 2 commercial serologic tests (Wiener ELISA and Chagas' Stat-Pak). Table II shows the results we reported previously using commercial tests and the additional results from the non-commercial ELISA. The seroprevalence for M samples was 0.6% with the Stat-Pak, 0.8% with the Wiener ELISA, and 1.1% with the non-commercial ELISA. For the UC samples, we found a seroprevalence of 0.9% with the Stat-Pak, 0.6% with the Wiener ELISA, and 0.5% with the non-commercial ELISA. There was no statistically significant differences (McNemar tests P > 0.05) between the results from Stat-Paks and Wiener ELISA versus non-commercial ELISA. Tables III and IV show the correspondence between the 3 tests for M and UC samples, respectively,

TABLE I. Sociodemographic characteristics of mothers.	TABLE I.	Sociodemograp	phic chara	cteristics o	f mothers.
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	Celaya		Merida		Total	
Variable	n	(%)	n	(%)	n	(%)
Age group						
18-19	90	18.4	85	17.0	175	17.7
20-29	263	53.9	326	65.2	589	59.6
30–39	122	25.0	81	16.0	203	20.5
40–90	13	2.7	8	1.6	21	2.1
Total	488	100	500	100	988	100
Education						
<7 yr	217	44.5	217	43.4	434	43.9
≥7 yr	271	55.5	283	56.6	554	56.1
Total	488	100	500	100	988	100
Residence area						
Rural	188	38.5	113	23.0	300	30.4
Urban	300	61.5	387	77.0	688	67.7
Total	488	100	500	100	988	100
Parity						
Primiparous	139	28.5	179	35.8	318	32.3
Multiparous	347	71.4	321	64.2	670	67.7
Total	486	100	500	100	986	100
Gestational age (wk)						
18-31	3	0.6	2	0.4	5	0.5
32–36	35	7.2	33	6.6	68	6.9
37–50	450	92.2	463	93.0	913	92.6
Total	488	100	498	100	986	100
Type of delivery						
Vaginal	296	60.7	286	57.2	582	58.9
Cesarean section	192	39.3	214	42.8	406	41.1
Total	488	100	500	100	988	100
Birthweight (g)						
<2,500	27	5.5	33	6.6	58	5.9
2,500-2,999	102	20.9	130	26.0	231	23.4
3,000-3,499	229	46.9	231	46.2	462	46.8
3,500 or more	130	26.6	106	21.2	237	24.0
Total	488	100	500	100	988	100

together with the confirmation test by Western blot. Figure 1 shows a WB gel of reactive samples (with lines) and 1 non-reactive sample (without lines).

According to the Wiener ELISA and Stat-Pak tests, 3/4 mothers who could be followed were still seropositive 10 mo after delivery (numbers 4002, 4458, and 4509), and their seropositivity was confirmed by WB, while 1 was seronegative at this time (4124). None of their children was seropositive at 10 mo, nor were any of the siblings (n = 7). One newborn from a seropositive mother (4002) died of cardiac arrest in the second week after birth, apparently without presenting symptoms of Chagas' disease. Two of the 3 seropositive mothers had spent their childhood in other states of Mexico (Chiapas and Tabasco) that are highly endemic for Chagas' disease, and another mother lived in a house infested with triatomines. The ages of the seropositive mothers were 31, 26, and 27 yr, and they were all multiparous. The birth weights of their newborns were normal, between 3,000 and 3,499 g, and they each reached about 38–40 wk of gestational age. Two seropositive mothers had cesarean

TABLE II. Prevalence of reactive samples in maternal and umbilical cord samples.

	Celaya n = 488		$\begin{array}{l}\text{Merida}\\\text{n}=500\end{array}$		Total n = 988		
	n	(%)	n	(%)	n	(%)	
Maternal sam	ples						
Stat-Pak Wiener	2	0.4	4	0.8	6	0.6	
ELISA Non-C	4	0.8	4	0.8	8	0.8	
ELISA*	4	1.0	6	1.2	10	1.1	
Umbilical cord samples							
Stat-Pak Wiener	5	1.0	4	0.8	9	0.9	
ELISA Non-C	2	0.4	4	0.8	6	0.6	
ELISA	2	0.4	3	0.6	5	0.5	

\* Non-C ELISA = non-commercial ELISA.

deliveries, and 1 had a vaginal delivery. The 3 mothers had 7 or more years of education.

Table III shows the M results of the WB performed in samples that were positive from at least 1 of the tests (Stat-Pak, Wiener ELISA, or non-commercial ELISA). Four samples were positive from all 4 tests performed (4002, 4458, 4509, and 2511). Two samples that were positive with the Wiener ELISA test showed additional positive results only by WB (2473 and 3129). The sample that only reacted with the Stat-Pak did not react by WB or any other tests (4455). Most (4/5) of the samples that reacted only with the non-commercial ELISA did not react with WB (4030, 2478, 2505, 3145), and only 1 sample (4106) that was seroreactive with the non-commercial ELISA also reacted with WB. All samples that reacted with both the Stat-Pak and Wiener ELISA reacted with WB (4002, 4458, 4509, 2430, and 2511), and similar results were obtained with the follow-up samples. In UC (Table IV), 1 sample that was positive by Wiener ELISA was additionally seroreactive only by WB (4106) (Table IV); however,

TABLE III. Reactivity of IV mother samples at the time of delivery.

Mother ID	S-Pak*	W ELISA*	Non-C ELISA*	WB*
2430	+	+	_	+
2473	_	+	_	+
2478	_	_	+	_
2505	_	_	+	_
2511	+	+	+	+
3129	-	+	-	+
3145	-	-	+	-
4002	+	+	+	+
4124	_	+	+	+
4458	+	+	+	+
4509	+	+	+	+
4030	_	_	+	_
4106	_	-	+	+
4455	+	-	-	-

\* S-Pak = Stat-Pak; W ELISA = Wiener ELISA; Non-C ELISA = non-commercial ELISA; WB = Western blot; + = positive test; - = negative test.

Newborn ID	S-Pak*	W ELISA*	Non-C ELISA*	WB*
2031	+	_	_	NRİ
2272	+	_	_	NR
2322	+	_	_	NR
2430	+	+	+	+
2473	_	_	_	NR
2478	_	_	_	NR
2505	_	_	_	NR
2511	+	+	+	+
3129	_	_	_	NR
3145	_	_	_	NR
4002 †	+	+	+	+
4030	_	_	_	NR
4056	+	_	_	_
4106	_	+	_	+
4124	_	_	_	NR
4458	+	+	+	+
4509	+	+	+	+
4455	_	_	-	NR

\* S-Pak = Stat-Pak; W ELISA = Wiener ELISA; Non-C ELISA = non-commercial ELISA; WB = Western blot; + = positive test; - = negative test.

† = the baby died of cardiac arrest in the second week after birth.

 $\ddagger$  NR = not reported.

in the follow-up study, this sample was seronegative by Stat-Pak and Wiener ELISA at 10 mo after birth. All UC samples that were positive with commercial Wiener ELISA and Stat-Pak tests were positive with the non-commercial ELISA test (4002, 4458, 4509, 2430, 2511) and were confirmed by WB (Table IV).

#### DISCUSSION

We investigated the seroprevalence of *T. cruzi* infection in mothers and infants from 2 Mexican populations using serological tests based on local antigens, since such tests may have a higher sensitivity compared to commercial serological tests. Overall, we found similar seroprevalence results with commercial and non-commercial tests and a reasonably good agreement between them. Importantly, no additional positive cases were identified using the non-commercial ELISA with WB confirmation, compared to the use of the Stat-Pak rapid test and Wiener recombinant ELISA. The agreement between tests was greater for UC samples compared to IV samples, which showed more discrepancies.

In this project, the Chagas' Stat-Pak test was selected for screening purposes because it is easy to use, provides rapid results, and can be processed on-site. We acknowledge that a few studies have reported a somewhat limited or even inadequate performance of the Stat-Pak rapid test for evaluation of serum samples from certain regions, such as in Bolivia (Roddy et al., 2008), Peru (Verani et al., 2009), and southern Mexico (Dhiman et al., 2009). This poor performance has often been attributed to antigenic differences of the *T. cruzi* strains circulating in these regions. Nonetheless, most other studies in diverse regions/countries including Bolivia, Honduras, Venezuela, and Argentina have found this test to perform very well (Luquetti et al., 2003; Ponce et al., 2005; Chippaux et al., 2008; Ji et al., 2009). Additionally, a



FIGURE 1. Western blot analysis of epimastigote forms of the *Trypanosoma cruzi* H1 strain recognized by mother samples from Merida (lanes 1–5). Positive controls serum from Chagasic patient (C+), negative control (C–), and a conjugated anti-IgG human control (CI–). Serum with positive reactivity (lanes 1–4): 4002, 4106, 4124, 4458, 4509. Sera with negative reactivity (lane 5): 4030.

comparative evaluation of *T. cruzi* diagnostic tests using a panel of serum samples from 10 Latin American countries and covering most of the geographic range of endemic countries further confirmed the high sensitivity and specificity of the Chagas' Stat-Pak test (Otani et al., 2009).

In a recently published paper (Roddy et al., 2008), the Chagas' Stat-Pak tested in Bolivia yielded high specificity (99%, 95% confidence interval [CI] = 98.4-99.4%), with 18/1,792 false positives results, but a low sensitivity (93.4%, 95% CI = 87.4-97.1%). Another study of the prevalence of Chagas' disease in southern Bolivia (Chippaux et al., 2008), using the Stat-Pak, underestimated by 3.4% the overall prevalence in a sample of 995 people. Although the divergences between the Chagas' Stat-Pak and the ELISA were not significant, the authors highlight the importance of performing a confirmation serological test. In a Spanish study of immigrants from Latin America, 25/224 (11.2%) samples were found to be reactive using the Stat-Pak test, but only 3 of the samples were positive using both ELISA serological tests that were concordant in all cases (Soriano et al., 2009).

The sensitivity and specificity of serological tests that require a reading with the naked eye can change with each reader's criteria; this may be the cause of the different values obtained in different studies for the Chagas' Stat-Pak. Also, a recent multicenter study using a panel of serum samples from Mexico confirmed that the geographical origin of the serum samples and the use of *T. cruzi* I or II as a source of antigens did not affect the performance of serological assays, which included the Stat-Pak rapid test, as well as the Wiener crude extract and recombinant ELISAs (Luquetti et al., 2009). However, as discussed by Otani et al. (2009), serum panels are often biased to include "consensus" samples, which

may falsely increase the sensitivity of the tests; as such, it remains important to further evaluate the tests in population studies.

While several mothers were found to have been infected by *T. cruzi*, we did not find confirmed congenital cases in the infants at 10 mo of age, or in their siblings. However, it must be noted that our sample size was small. Congenital transmission rates are still poorly known, but maternal-fetal transmission of *T. cruzi* generally occurs in 2–12% of infected pregnant mothers (Olivera et al., 2006) and large-scale studies are thus needed to identify cases in Mexico. Nonetheless, the identification of *T. cruzi*-infected mothers in these regions of Mexico suggests that surveillance programs should be designed for the prevention and treatment of congenital transmission cases (Buekens et al., 2008).

Our study indicated a seroprevalence of T. cruzi infection in mothers of 0.8-1.2% in Merida, Yucatan, and 0.4-1.0% in Celaya, Guanajuato (Table II). For Yucatan, these data are very consistent with previous national serosurveys, which reported a seroprevalence of up to 1.5% for the general population in the 1980s (Velasco-Castrejón et al., 1992) and of 1.7% in blood donors (Guzman Bracho et al., 1998). Importantly, this suggests that Chagas' disease epidemiology and transmission have not changed much in this region in the past 20-30 yr. Also, because most of the studied population lived in urban areas (80.6%), our data further confirm the importance of Chagas' disease testing in such urban areas, as suggested previously (Guzmán-Tapia et al., 2007). In the case of Guanajuato, our seroprevalence data are somewhat higher than that of the previous national survey, which reported a seroprevalence of 0.1-0.4% (Velasco-Castrejon et al., 1992), but lower than some other estimates (Lopez-Cardenas et al., 2005). In any case, these results clearly confirm the existence of a significant risk of transmission of T. cruzi in this state, in addition to others in Mexico, such as Chiapas, and warrant further epidemiological studies of Chagas' disease.

In conclusion, our study confirmed the presence of *T. cruzi* infection in pregnant women from both urban and rural areas from Yucatan and Guanajuato States, Mexico. We also validated the use of Stat-Pak rapid tests and Wiener ELISA tests as the tools of choice for *T. cruzi* diagnosis in Mexico, because tests based on the Mexican strain with local antigens did not facilitate the identification of additional positive patients. Finally, our results strengthen the need for the design and implementation of preventive programs for the detection and treatment of cases of vertical transmission in these states, and most likely in the larger part of Mexico.

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