

Fleshy-fruit traits and seed dispersers: which traits define syndromes?

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- **Background and Aims** Fruit traits and their interrelations can affect foraging choices by frugivores, and hence, the probability of mutualistic interactions. Certain combinations of fruit traits that determine the interaction with specific seed dispersers are known as dispersal syndromes. The dispersal syndrome hypothesis (DSH) states that seed dispersers influence the combination of fruit traits found in fruits. Therefore, fruit traits can predict the type of dispersers with which plant species interact. Here, we analysed whether fruit traits' relationships can be explained by DSH. To do so, we estimated the interrelation between morphological, chemical and display groups of fruit traits. In addition, we tested the importance of each trait-group defining seed dispersal syndromes.
- **Methods** Using phylogenetically corrected fruit traits' data and fruit-seed disperser networks, we tested the relationships among morphological, chemical and display fruit traits with Pearson's correlations and phenotypic integration indices. Then, we used perMANOVA to test if the fruit traits involved in the analysis supported seed dispersers' functional types.
- **Key results** Morphological traits showed strong intra-group relationships, contrasting to chemical and display traits whose intra-group trait relationships were weak or null. Accordingly, only the morphological group of traits supported three broad seed disperser functional types (birds, terrestrial mammals and bats), consistently with the DSH.
- **Conclusions** Altogether, our results give some support to the DSH. Here, the three groups of traits interacted in different ways with seed dispersers' biology. Broad functional types of seed dispersers would adjust fruit consumption to anatomical limitations imposed by fruit morphology. Once this anatomic filter is surpassed, seed dispersers use almost all the range of variation in chemical and display fruit traits. This suggests that the effect of seed dispersers on fruit traits is modulated by hierarchical decisions. First, morphological constraints define which interactions can actually occur; subsequently, display and composition determine fruit preferences.

Keywords: Fleshy fruits, fruit chemical composition, endozoochory, seed dispersal syndromes, frugivory, fruit traits, fruit colour, trait matching.

Fleshy fruit traits fulfil a variety of functions in plants that ultimately can affect seed fate and plant reproduction (Eriksson 2008; Niederhauser and Matlack 2015; Rosin and Poulsen 2018). Fleshy fruits are a conspicuous and accessible source of energy and nutrients to the heterotrophs co-occurring in the environment (Cazetta *et al.* 2008; Fleming and Kress 2013). Consequently, their traits may allow plant species to attract seed dispersers, while repelling predators (Schaefer *et al.* 2003). In addition, some traits like seed size can affect post-dispersal survival rates (Rosin and Poulsen 2018). Therefore, fruit traits are subjected to an array of evolutionary forces imposed by mutualistic and agonistic interactions (Jordano 1995; Cipollini and Levey 1997; Mack 2000). Fruit trait combinations that have emerged from complex evolutionary pathways, currently affect the ability of seed dispersers to interact with them (González-Castro *et al.* 2015; Blendinger *et al.* 2016; Dehling *et al.* 2016). In addition, foraging preferences of dispersers according to their handling skills or digestive capabilities can lead to a differential use of fruit trait combinations (Valenta and Nevo 2020; Rojas *et al.* 2021). If seed dispersers are an important evolutionary force, the combination of fruit traits could be used as a base to predict potential seed-dispersers (i.e. fruit dispersal syndrome; van der Pijl 1982, Valenta and Nevo 2020). Thus, fruit syndromes could be defined as fruit trait combinations that determine the identity of seed-dispersers both limiting or promoting fruit usage through preference and the ability to manipulate and digest fruits (Fischer and Chapman 1993; Fleming and Kress 2013; Valenta and Nevo 2020).

From the time when fruit syndromes were first proposed (van der Pijl 1982), the bibliography of fruit dispersal syndromes refers to certain combinations of fruit traits that determine or filter the most probable and/or effective seed disperser. Dispersal syndromes has been supported for some fruit trait groups, such as colour, odour, and fruit morphology (Gautier-Hion *et al.* 1985; Lomáscolo *et al.* 2010; Sinnott-Armstrong *et al.* 2018; Valenta and Nevo 2020). Nevertheless, in addition to morphology and display (e.g. colour, odour), chemical composition could play a role in determining fruit dispersal syndromes, due to physiological differences in animal preferences, capabilities to process macronutrients, and to tolerate or metabolize toxic compounds (Levey and Martínez del Rio 2001; Karasov and Martínez del Rio 2007; Rojas *et al.* 2021). On the other hand, the dispersal syndrome tries to explain how specific fruit-trait combinations result in a fruit syndrome, particularly through the influence of seed dispersers on the fruit trait combination (van der Pijl 1982; Wing and Tiffney 1987). Dispersal Syndrome Hypothesis (DSH; Valenta and Nevo 2020) implies that fruit traits evolved in response to mutualistic interactions with seed dispersers, in which case

correlation between two or more fruit traits (i.e. integration) should reflect the effects of seed-dispersers to some extent (van der Pijl 1982; Wing and Tiffney 1987; Valido *et al.* 2011).

DSH propose that fruit traits are the result of a two-way interaction between plants and dispersers. A certain combination of traits determine which dispersers can consume fruits; and differential dispersal effectiveness of seeds can favour certain traits over others. Thus, it determines how traits are related and integrated in a dispersal syndrome. As said previously, other complementary processes that directly affect the reproductive success of plants (e.g. fruit, seed and seedling survival) are coped through fruit traits (Mack 2000; Wang and Smith 2002). Altogether, the processes faced by fruits and seeds lead us to visualize a gradient of seed disperser effects on fruit traits. In one extreme, seed dispersers are the main force shaping fruit traits' relationships (i.e. pure DSH). Thus, fruit traits that are more linked with mutualistic interactions are expected to be more related and integrated (Wing and Tiffney 1987; Valenta and Nevo 2020). Accordingly, it should be possible to accurately predict seed dispersers through a combination of fruit display (colour, odour), morphology (size, shape), and chemical content (macronutrients and secondary metabolites). In the opposite extreme of the gradient, fruit traits are the result of multiple selective forces whose combination is independent of, or weakly explained by seed dispersers' behaviour (Mack 2000; Eriksson 2016). In this case, fruit traits would not allow us to predict seed dispersers, but the mutualism will be affected mainly through filtering or limiting the interactions (Olesen *et al.* 2011; Dehling *et al.* 2016). Consequently, fruit display, morphology, and chemical content would be loosely related and not integrated.

In this study, we aim to test the importance of both seed dispersers on fruit trait relationships, and fruit traits in determining seed dispersers (i.e. in defining the dispersal syndromes as a fact). To do so, we (i) test the expectations raised by pure DSH versus no DSH by analysing the correlation pattern and the integration of three groups of fruit traits (morphology, display and chemical). In addition, (ii) we assess how well the combination of fruit traits defines the dispersal syndrome by analysing whether fruits dispersed by the same rough group of seed dispersers share fruit trait combinations. We expect that fruits in a community should be somewhere in the middle of the gradient delimited by pure DSH and no DSH, due to the complex combination of eco-evolutionary processes that determine plant reproduction.

METHODS

Study area and study system

We sampled native fruit species of the subtropical Andean cloud forests known as Austral Yungas, in Tucumán province (26°03'-27°40' S, 64°55'-65°57' W), Northwest Argentina. Altitude in the study area ranges from ca. 500 to 1900 m a.s.l. The climate is subtropical, with dry winters (May to September) and wet summers (November to March) (Brown et al. 2001). Average annual rainfall varies between 1100 and 1500 mm throughout the mountain range, with ca. 80% of rainfall occurring in summer. Average annual temperature is 19 °C (Hunzinger 1997). The native plant-frugivore network includes at least 58 seed disperser species, belonging to 13 bird families; and seven mammal families, who feed regularly on fleshy-fruits of around 240 plant species belonging to 61 families.

Fruit sampling and trait measurement

We grouped 15 fruit traits into three categories, which respond to the way traits interact with the disperser. (1) We considered morphological traits were those interacting with the anatomy of the animal (fruit mass and equatorial diameter, total and one seed mass and number of seeds). (2) Chemical traits were those that interacted with animal digestive physiology (non-structural carbohydrates, lipids, proteins, phenolics, tannins, alkaloids, carotenoids and water content). (3) Display traits were those related to fruit detectability (colour components: hue, chroma and brightness).

From 2013 to 2017, we collected fresh fruits of native plants throughout the year. We collected fruits randomly from different plants of each species (8 to 30 depending on the species). We selected only ripe fruits without blemishes or damage, and cleaned each fruit with distilled water. To estimate the “morphological group” of traits, we used ca. 20 ripe fruits from different plants of each species and measured maximum fruit equatorial diameter with a calliper to the nearest 0.1 mm. We weighted the mass of the entire fresh fruit with a digital scale to the nearest 0.1 mg, and the mass of individual seeds with a precision lab scale to the nearest 0.01 mg. We then counted the number of seeds per fruit. With the raw data, we estimated the mean values of these variables and total seed mass (i.e. the mass considering all seeds) per fruit.

We used a minimum of 50 grams of fruits per species collected from 8 to 30 individuals (up to 500 g or 10 fruits of different individuals for big fruits) to measure

chemical traits. For this, we first freeze-dried them and removed the seeds from the pulp with forceps and needles. We stored freeze-dried seedless pulp samples at -20°C until analysed. With freeze-dried seedless and grinded into powder pulp, we measured non-structural carbohydrates with the phenol-sulphuric acid method (DuBois *et al.* 1956), proteins with the Kjeldahl technique (Bradstreet 1954), and lipids and carotenoids with a soxhlet and colour measurement (AOCS 1999; Rodriguez 2001). We estimated total phenolic concentration with the Folin-Cicolteau method (Singleton *et al.* 1999), and condensed tannins (hereafter tannins) with the Dimethyl-amino-cinnamaldehyde method (Prior *et al.* 2010). Additional details are provided in Supplementary material 1.

We measured the reflectance of ca. 20 ripe fruits collected from 8 to 30 individual plants (see Ordano *et al.* 2017 for additional details). We used an Ocean Optics USB-2000 spectrometer with a PX-2 pulsed xenon light source to measure reflectance as the proportion of a standard white reference tile (WS-1-SS; Ocean Optics, Duiven, The Netherlands). We fixed the illumination and reflection angle at 45° . We used a coaxial fiber cable (QR-400-7-UV-VIS-BX; Ocean Optics) for all measurements, and held a constant distance between the fruit sample and the measuring probe. We processed spectral data with SPECTRASUITE software (version 10.4.11; Ocean Optics) and calculated it in 5-nm-wide spectral intervals over a 300–700 nm range, to incorporate the entire range of UV that is visible to frugivores. To avoid bias due to assigning seed disperser functional types a priori (see below), we used the coloration data as three raw components (bright, chroma and hue) instead, as taxa-specific vision models.

Seed dispersers' data

We used a database of 10243 fruit-disperser interactions compiled by Pedro G. Blendinger (co-author) from different sources. The heterogeneous characteristic of the data sources (systematic observations and faeces from different surveys; see Ordano *et al.* 2017) hindered the direct use of the frequencies of the observed interactions between plant and animal species to define functional groups of seed dispersers. Consequently, we merged the sources of information previously calculating the proportion in which each plant species interacted with each disperser species. Next, we categorized seed dispersers into five functional types based on similarities in the handling and treatment of the animals to the fruit and seeds (Gautier-Hion *et al.* 1985; Valenta and Nevo 2020). The functional types were: small masher birds (< 100 g, i.e. birds that chew the fruit before ingesting it), small gulper

birds (< 100 g, i.e. birds that swallow the entire fruit), large birds (>100 g), bats, and terrestrial mammals. Then, we averaged each category and obtained a heterogeneous quantitative matrix in which fruit species had different interaction proportion with the different seed disperser functional types. Then, fruits were assigned to a seed disperser category based on the functional type that interacted proportionally more with that fruit species. Finally, we obtained a rough categorical classification of fruit species belonging to disperser functional types; i.e., we proposed seed dispersal syndromes to fruit species.

Statistical analysis

Current species-specific traits are the consequence of a long evolutionary process, and hence, there may be lack of independence among species (Revell *et al.* 2008; Paradis 2012). To account for phylogenetic correlations, we used phylogenetic independent contrast (PIC) from *ape* package (Paradis and Schliep 2018). That is, we corrected the autocorrelation derived from phylogenetic relationships and obtained a fruit trait matrix without the phylogenetic effect. For that, the phylogeny of our assemblage of plants was needed, which we derived from a megaphylogeny of vascular plants using the *V.phylomaker* package (Jin and Qian 2019). Once we obtained the tree, we resolved the remaining polytomies with the Mesquite software (Madison & Madison 2018). We solved polytomies in Myrtaceae family based on Nadra *et al.* (2018) and Mazine *et al.* (2018) for the genus *Myrcianthes*. Särkinen *et al.* (2013) and Chiarini *et al.* (2018) for polytomies in the genus *Solanum*. For the remaining unresolved polytomies (six species), we used the function “multi2di” from the *ape* package (Paradis and Schliep 2018). The resulting fruit species phylogenetic tree is showed in Figure S1 (Supplementary material 2).

Using the PICs of the grouped fruit traits, we performed Pearson’s correlation analyses with all traits to understand the trait-by-trait relationships in fruits. Subsequently, we calculated the phenotypic integration index corrected for small sample size (PI_c) based on the variance of the eigenvalues of the correlation matrix of phenotypic traits (Wagner 1984). To estimate inter-trait relationships, we calculated PI_c for each group of traits separately and with the full set of traits. Then, we compared the observed and predicted PI_c of random association among traits following a homogeneous correlation pattern (i.e. all values with the same chance of association) with the *PHENIX* package (Torices and Muñoz-Pajares 2015). Finally, we presented a network of correlations to visualize the plotted correlations with the “qgraph” package (Epskamp *et al.* 2012). This allowed us to visually understand fruit trait

relationships, and helped us elucidate the way in which different group of traits interact with each other.

To test whether fruit traits allowed us to predict the more frequent functional types of seed dispersers (i.e. whether there was a combination of traits defining fruit dispersal syndromes) we performed a perMANOVA, and *post-hoc* comparisons. We first performed perMANOVA analyses with euclidean trait-distances among fruits as response variables and the five frugivore types (bird mashers, gulpers and large-bodied, mammals and bats) as fixed effects. Subsequently, we performed *post-hoc* tests for differences between groups (e.g. bird mashers vs. bats). PerMANOVA analyses were run for the full set of traits and for each group separately. Then, we visually represented the relationships between fruit species in the multivariate space of fruit traits using non-metric multidimensional scaling (NMDS) both for the full set of fruit traits and for each group of traits. In the multivariate spaces, we plotted the ellipsoids representing dispersers' functional types to visually discern the relationships between fruit traits and their dispersers. To test the relation between traits and the ordination, we estimated the correlation between each trait and the NMDS axes. Thus, combinations of fruit traits supporting dispersers' functional types would imply a dispersal syndrome in fruits (i.e. dispersal syndrome as a fact). We performed perMANOVA, *post-hoc* and NMDS test with the *vegan* package (Oksanen *et al.* 2017). We modelled all variables in a lognormal distribution, and we transformed z to reach comparable scales. All comparisons were Bonferroni's corrected to reduce type I error.

RESULTS

Seed disperser functional types

We measured fruit traits of 134 fleshy-fruit species belonging to 47 plant families, and obtained seed dispersal data for 94 species distributed in five frugivore functional types. Twenty-seven of them were mostly consumed by bird mashers, 30 by bird gulpers, 10 by large-bodied birds, 12 by terrestrial mammals and 15 by bats (Figure S1, Supplementary material 2).

Fruit trait relationships

With the exception of the morphological traits, correlations among other fruit traits showed a weak association (absolute values of Pearson's correlation coefficient $r < 0.4$; Figure 1). Among them, three showed r values above 0.25: brightness and chroma, lipids and

carotenoids, and tannins and seed number. Morphological traits showed stronger intra-group correlations than the other trait groups (Figure 1). Fruit mass and total seed mass correlated strongly and positively ($r= 0.95$). The same occurred with fruit mass and diameter ($r= 0.86$); and diameter and total seed mass ($r= 0.83$; Figure 1). Individual seed mass and number of seeds correlated negatively ($r= -0.63$). Accordingly, PI_c for morphological traits differed from predicted random values (Table 1). In contrast, PI_c of the full set of traits, as well as chemical and display groups did not differ from the null model (Table 1).

Dispersal syndrome support

The perMANOVA results supported the existence of groups (i.e. fruit dispersal syndromes proposed) with the full set of fruit traits ($R^2 = 0.212$, $F= 3.301$, $p = 0.001$). The *Post-hoc* comparison supported three seed disperser functional types (Table 2 and Table S1 from supplementary material 3). Bird mashers, bird gulpers and large-bodied birds failed to be detected as different groups, thus, from now on we treat all three bird functional types merged as birds. Bats, terrestrial mammals and birds occupied different areas of the fruit trait space (Table 2). The perMANOVA of morphological traits showed a similar but stronger pattern than the full set of traits ($R^2 = 0.413$, $F= 15.075$, $p= 0.0003$; Table 2). The chemical and display groups of fruit traits failed to support the proposed seed disperser types (chemical: $R^2 = 0.081$, $F = 1.122$, $p = 0.322$; display: $R^2 = 0.048$, $F = 0.929$, $p = 0.474$).

Fruit traits involved in dispersal syndromes

The NMDS ordinations helped to visualize the seed disperser functional types, and their relationships with fruit traits (Figure 2). For the full set of fruit traits (stress = 0.14 with 2 axes; Figure 2 a) we found three different functional types of seed dispersers (birds, bats and terrestrial mammals) as supported by perMANOVA. The variables that contributed the most to the ordination were total seed mass, fruit mass and fruit diameter for the first axis; and individual seed mass, number of seeds, chroma, water, lipids and tannins for the second axis. Birds occupied a wide space in the NMDS, making it difficult to properly designate further fruit-trait associations. In general, they were associated with decreasing values of total seed mass, fruit mass, and fruit diameter. Bats were associated with increases in seed number and water; and decreasing values of individual seed mass, chroma, lipids and tannins. Terrestrial mammals were associated with increasing values of total seed mass, fruit mass and equatorial diameter.

The morphological group of traits (stress = 0.03 with 2 axes; Figure 2 b) showed almost the same pattern as the full trait set, highlighting the importance of morphological traits in fruit ordination, and its relation with disperser functional types. In the NMDSs of chemical (stress= 0.10) and display (stress= 0.06) groups of traits, it was not possible to clearly separate seed disperser functional types (Figure 2c and 2d, respectively). Altogether, these results suggest that the most likely functional type could be predicted only with morphological traits rather than by a complex array of morphological, chemical, and display traits.

DISCUSSION

According to our results, fleshy fruit traits were weakly related among them, except for morphological traits that showed tight relationships between each morphological trait and as a group of traits. On the other hand, intra and inter relations of display and chemical traits were weak. This suggests that morphological traits follow the dispersal syndrome hypothesis (DSH) but not the other types of traits. Therefore, interactions with seed dispersers can be an evolutionary path that structures morphological trait relationships, as proposed by the DSH. Following, fruit species that shared functionally similar seed dispersers had similar fruit traits. That is, dispersal syndromes were supported and defined mainly by morphological fruit traits, which allows discriminating between three dispersal syndromes (birds, bats and terrestrial mammals) using specific traits describing seed size and load. Altogether, these results suggest that the analysed community lay somewhere in between the pure DSH and no-DSH hypotheses, consistently with our initial expectations. In addition, they highlight that morphological matching between fruits and dispersers are strong determinants of which interactions can occur (Olesen *et al.* 2011).

Overall, the group of morphological traits itself was enough to establish dispersers' functional types that are more related with fruits sharing similar morphological traits, giving support to DSH. Morphological traits describing fruit size and seed load (seed size and number) were strongly related. In line with previous research, fruit morphological traits act as a filter that limit the interaction with seed dispersers at the community level (Olesen *et al.* 2011; Burns 2013; Dehling *et al.* 2016; Bender *et al.* 2018). Fruit size, and seed load are key traits that determine fruit handling time and the ability of ingestion (Levey 1987). Consequently, fruit morphology affects directly the probability of occurrence of seed dispersal interactions with animals. Thus, seed dispersers could be a significant selective

force integrating morphological traits. However, neglecting the influence of other selective forces could be misleading, even when the different extant mechanisms are not mutually exclusive. Traits related with fruit and seed size are governed by isometric scaling; that is, an increase in one of them will lead to increases of the same magnitude in the others (Wagner 1984). This constitutes the main explanation around the observed strong positive relationships among morphological fruit traits. In addition, the negative association between seed number and individual seed mass highlights the importance of post-dispersal processes for plants' fitness (Eriksson 2016; Rosin and Poulsen 2018). Thus, plant reproductive success is directly affected by seed load, influencing seed dispersal as stated before, but also seedling survival and establishment (Wang and Smith 2002). That is, large seed survive better while small seed augments the chance to establish in favourable sites (Fleming and Kress 2013). Although it is likely that fruit morphological traits emerge independently from mutualistic interactions (Eriksson 2016), limitations imposed by fruit size and anatomical matching produce differential interactions of certain fruit species with specific types of dispersers (Olesen *et al.* 2011; Dehling *et al.* 2016). This could reinforce the relationship found in the morphological group of fruit traits. Thus, the influence of dispersers on fruits proposed by DSH could occur, at least when it comes to the morphological group of fruit traits.

The display group of fruit traits was not important in defining fruit seed dispersal syndromes in the subtropical Andean forests. This is not in line with the expectations under pure DSH, in which display plays a key role delimiting syndromes (Valenta and Nevo 2020). The usefulness of using colour to delimit seed dispersal syndromes could be a particular feature of the assemblage, making it difficult to extrapolate to conclusions based on different communities (Poisot *et al.* 2014). In addition, the role of display in fruits could be accomplished by multiple traits, beyond colour (Ordano *et al.* 2017; Valenta and Nevo 2020). Fruit odours are a key feature attracting potential dispersers, specially mammals, that are particularly sensitive to this signal (Kalko and Condon 1998; Korine and Kalko 2005; Lomáscolo *et al.* 2010). Moreover, fruit display traits not only attract mutualists, but antagonists (Schaefer *et al.* 2007). Consequently, non-dispersers fruit consumer could be other important evolutionary force shaping fruit display as an aposematic signal; nevertheless, it is yet to be explored. Future work should include untested other display fruit traits (odour, plant structure, crop size, etc.) that could be useful in delimiting dispersal syndromes together with morphological traits.

Just like display, the chemical group of traits showed weak relationships with fruits' seed dispersal syndromes. Again, fruits interact with more than mutualists (Cipollini and Levey 1997). The trade-off between attractiveness and deterrentness could explain the lack of dependence between chemical traits, and the low performance found when using this group of traits to delimit seed dispersal syndromes. In addition, other mechanisms such as diet complementation could explain the unclustered pattern of fruit species in the chemical fruit traits' space, and the high overlap of seed disperser' functional types in the same multivariate space (Murphy 1994; Raubenheimer *et al.* 2009). Diet complementarity proposes that items in animal diets are a mixture of chemicals. Thus, mixing fruits with different chemical traits can allow to obtain a more balanced diet (Murphy 1994) or avoid the accumulation of high doses of specific toxic compounds (Raubenheimer and Jones 2006). If diet complementation promotes fruit mixing, then, diffuse associations between the chemical composition of fruits and their dispersers would be expected.

The weak relations among morphological, chemical and display groups of traits suggest that each group of traits differentially interacts with the environment (Valido *et al.* 2011). In addition, the uneven relation each group had with seed dispersers is in line with a hierarchical structure in fruit selection (Sallabanks 1993; Poisot *et al.* 2014). Again, fruit morphology and disperser anatomy matching modulates which interactions are able to occur (Olesen *et al.* 2011). Once the anatomical filter imposed by fruit morphology is overpassed, animals have to incorporate distinct chemical traits (i.e. different fruit species); seed dispersers perceive the differences in the display traits of different fruit species. Incorporation of different traits depend on the characteristics of the assemblage of fruiting species (Poisot *et al.* 2014). Thus, seed dispersers could accumulate a diversity of display and chemical fruit traits, hindering the expectation that particular traits from these groups closely relate with different seed disperser functional types. In addition, fruit interactions with non-mutualists agents such as pathogens and predators could drive the array of traits found in fruits. As a result, the relations between seed dispersers, chemical and display traits become diffuse.

In this study, we found that DSH mechanism is unlikely to occur in a univariate way. Instead, the influence of seed dispersers could be multivariate and hierarchically structured among fruit trait groups. Fruit morphology includes the most important traits involved in the delimitation of rough dispersal syndromes. Fruit size and seed load work as a main filter on seed dispersers, which must select among the available fruit species the ones they are anatomically able to manipulate and ingest. Other chemical and display fruit traits involved

as cues or signals in the communication with animals (Schaefer and Ruxton 2011) are not tightly integrated in the form of dispersal syndromes. Thus, once morphological-match barriers are surpassed, the relationship between fruit traits and their dispersers become much weaker. From the animal perspective, fruits more easily detected or preferred may depend on the environmental setting in which plant-animal encounters occur (Poisot *et al.* 2014). From the plant perspective, interactions with other organisms (e.g. predators) can modulate these traits (Schaefer *et al.* 2003). This allows a decoupling between morphology, which has shown to be useful delimiting dispersal syndromes, display traits, and chemical composition of the fruit pulp. Finally, our findings propose that seed dispersers could balance their ingest mixing different fruit traits in their diet (Felton *et al.* 2009). As suggested by Valenta & Nevo (2020), further questions should be answered to understand the effect of seed dispersers on fruit trait evolution. On this path, we found no evidence that seed dispersers exert strong selective pressure on an integrated set of fruit traits (that interact with different animal senses), which would at best be restricted to a few interrelated fruit and seed size traits.

SUPPLEMENTARY DATA

Supplementary data are available online at <https://academic.oup.com/aob> and consist of the following. Material 1: Measurement of fruit chemical traits. Material 2: Fig. S1 Phylogram of fleshy-fruited plant species used in the analysis. Material 3: Table S1 PerMANOVA *pos-hoc* comparisons to test which functional types of seed dispersers are supported by fruit traits.

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Figure 1. Network of correlations among fruit traits. Lines connecting traits indicate p -values < 0.05 . Absolute Pearson's correlation coefficient r showed resulted above 0.20. Line thickness and colour show r -values; thickness represents the strength of the correlation, blue and red lines show positive negative values, respectively. Chemical group of traits are presented in green, morphological traits in pink, and display traits in orange. A strong positive correlation among morphological traits is observed. Display group is vaguely connected with the rest of traits. Chemical traits show a heterogeneous pattern of correlations among intra and extra group of traits. NSC: Non-structural carbohydrates; Phen: phenolics; Car: carotenoids; Mass: fruit mass; Diam: diameter; #Seed: seed number; OSM: individual seed mass; ASM: all seed mass; Chr: chroma; Hue: hue.

Figure 2. NMDS in two dimensions for the full set of traits (a) the morphological group (b), the chemical group (c) and the display group of traits (d). Blue vectors represent statistically important traits related with the ordination. The five functional seed disperser types are represented by a spider (centroid to data) and an ellipse showing standard deviation. Large-bodied birds are presented in purple, gulper birds (GU) in green, masher birds (MA) in grey, terrestrial mammals (TM) in orange and bats (BA) in pink.

	PI _c	Simulation mean PI _c	<i>p</i> -value
Full set of traits	0.805	0.771	0.377
Morphological	1.481	0.257	<0.001
Chemical	0.227	0.335	0.825
Colour	0.196	0.120	0.200

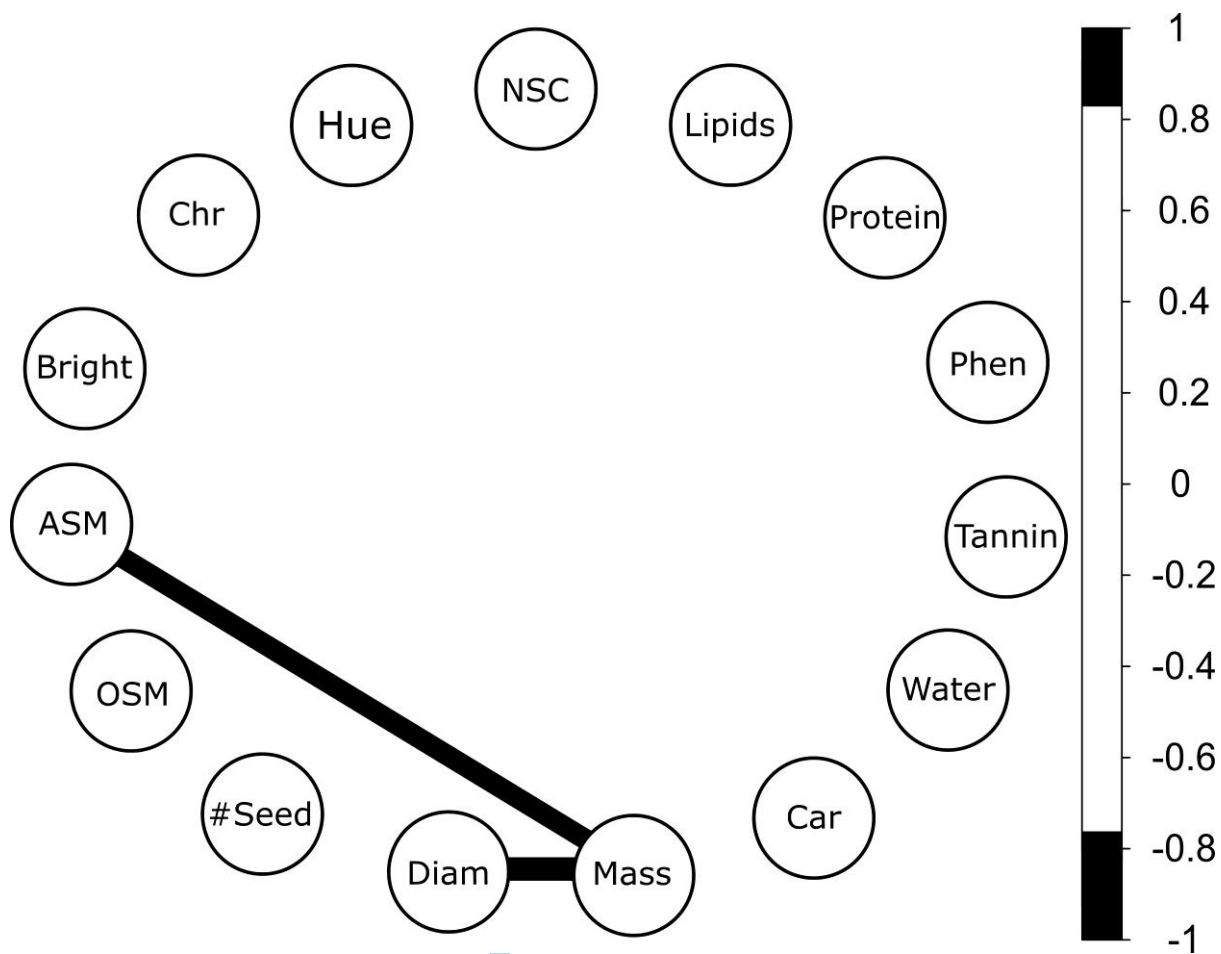
Table 1. Phenotypic Integration index corrected for small samples (PI_c) estimated for the full set of fruit traits and for the groups of morphological, chemical and display fruit traits. Observed PI_c of full set of traits, chemical and display traits did not differ from simulated mean, following a uniform distribution of correlation between traits (i.e. correlated by chance). The morphological group of traits was more integrated than expected by chance. The results suggest that fruit traits follow an integration pattern that is unlikely to be predicted by seed disperser effects.

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<i>Seed dispersal syndrome</i>	Masher birds	Gulper birds	Large birds	Bats	Terrestrial mammals
Masher birds					
Gulper birds	-				
Large birds	-	-			
Bats	*	*	*		
Terrestrial mammals	*	*	*	*	

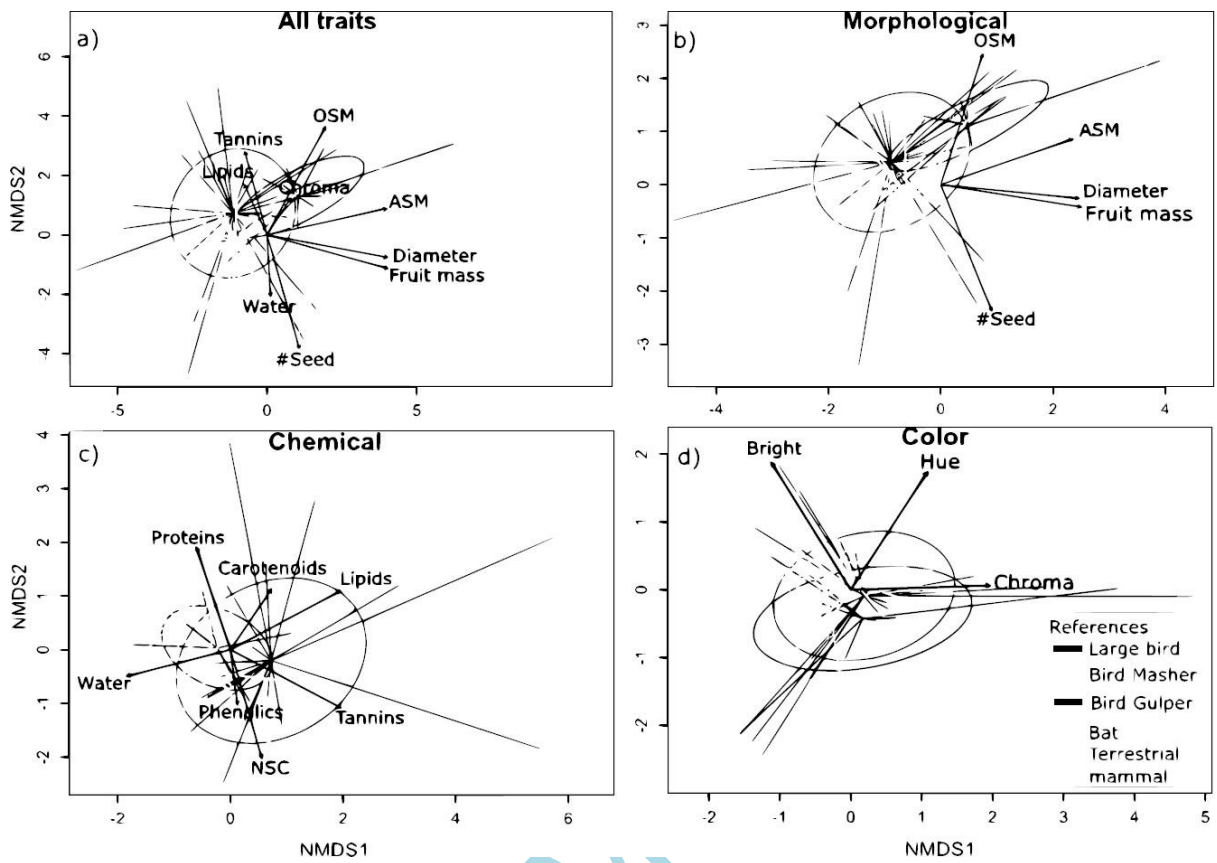
Table 2. Seed dispersal syndromes differentiated with perMANOVA *post-hoc* comparisons with the full set and morphological of fruit traits. In the lower diagonal of the matrix, we showed the results of *post-hoc* comparisons between pairs of seed dispersal syndromes. Dash means no difference between compared groups while stars mean significant differences between compared groups. Post-hoc comparison did not support the existence of the three bird syndromes but differed from bats and terrestrial mammals. Following, bats and terrestrial mammals differed from the other syndromes. As all seed dispersal syndromes followed the same pattern, we used one table. Detailed information about *post-hoc* comparisons can be found in Table S1 from supplementary material 3.

Figure 1



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Figure 2



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