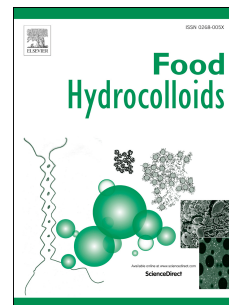


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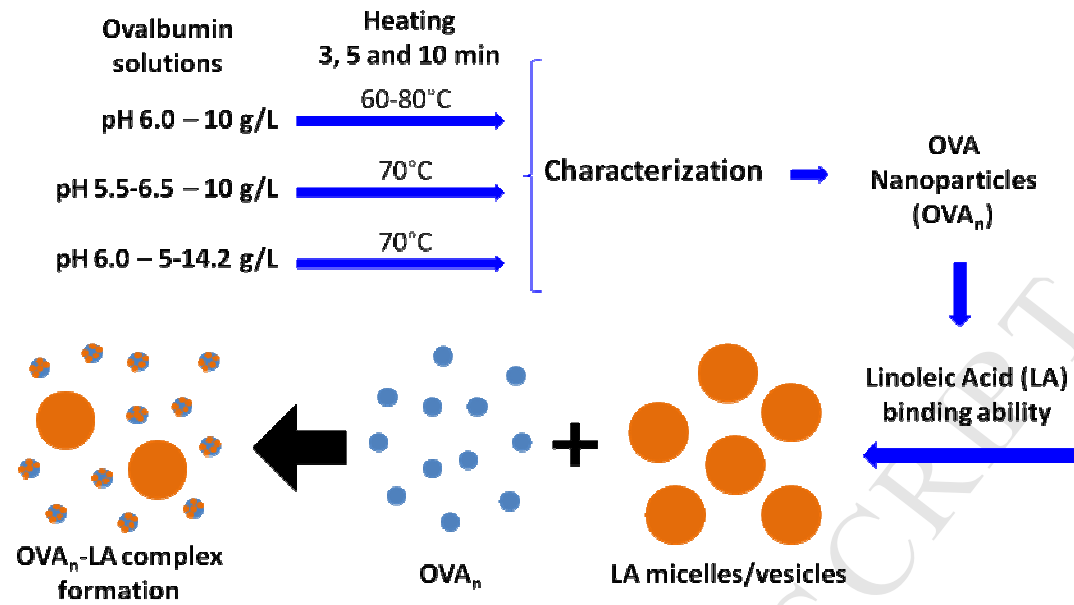
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# Impact of environment conditions on physicochemical characteristics of ovalbumin heat-Induced nanoparticles and on their ability to bind PUFAs

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## Abstract

In this work, OVA heat-induced aggregates were obtained by controlled heat treatment varying temperature (60, 70 and 80°C), heating time (3, 5 and 10 min), aqueous medium pH (5.5, 6.0 and 6.5) and protein concentration (5, 10 and 14.2 g/L). Particle size distribution and surface characteristics derived from fluorescence spectroscopy (both intrinsic and extrinsic) were determined. Evaluation of these physicochemical properties allowed knowing experimental conditions under which nanometric OVA aggregates (OVA<sub>n</sub>), with suitable surface hydrophobicity, could be produced. OVA<sub>n</sub> ability to bind polyunsaturated fatty acid (PUFA) was carried out by turbidity measurement. In these experiments, linoleic acid (LA) was used as a PUFA model. In general, OVA aggregate sizes increased with temperature, time and protein concentration, furthermore at higher pH value, OVA aggregate sizes were lower. OVA aggregates surface hydrophobicity increased with rising heating temperature and the pH value indicating, on one hand, larger protein unfolding and on the other hand lower aggregation via hydrophobic interaction at higher pH value, respectively. However, surface hydrophobicity decreased with concentration suggesting greater aggregation. OVA<sub>n</sub> obtained at 70°C, 10 g/L, pH 6-6.5 and 70°C, 5 g/L, pH 6 were assayed by LA binding ability. This property was 1.4-2.0 folds greater than for native OVA. Information derived from this work could be of practical interest for the development of innovative PUFAs carrier systems.

**Keywords:** Ovalbumin, Heat-induced aggregation, Nanoparticles, Linoleic acid, Polyunsaturated fatty acids, Fluorescence.

## 1. Introduction

Proteins are natural biopolymers with a lot of physicochemical and functional properties. Ovalbumin (OVA), which is the main protein of egg white proteins (EWP), has been extensively studied,

33 because of its good functionality, particularly due to OVA is the main responsible for EWP foaming, and  
34 gelling properties (Nyemb, Guérin-Dubiard, Dupont, Jardin, Rutherford & Nau, 2014; Weijers, Sagis,  
35 Veerman, Sperber & van der Linden, 2002). OVA is a globular protein of 43 kDa molecular weight and it  
36 is composed by 385 aminoacids, of which a half is hydrophobic and mainly buried into the protein  
37 structure. Otherwise, charged aminoacids (a third part of total aminoacids) are mainly located on protein  
38 surface in contact with aqueous medium (Croguennec, Renault, Beaufile, Dubois & Pezennec, 2007;  
39 Giosafatto, Rigby, Wellner, Ridout, Husband, & Mackie, 2012). OVA has one disulphide bond and four  
40 free sulfhydryl groups. Protein globular structure can be modified through different treatments such as  
41 heating, high pressure, enzymatic reaction, shaking, etc. (Galazka, Smith, Ledward, & Dickinson, 1999;  
42 Weijers M., Barneveld P. A., Cohen Stuart M. A. & Visschers R. W., 2003; Wolfe, 1966). The effect of  
43 heat treatment on the OVA molecular structure has been extensively studied (Galazka et al., 1999;  
44 Hayakawa & Nakai, 1985; Matsudomi, Takahashi, & Miyata, 2001; Nakamura, Sugiyam & Sato, 1978;  
45 Nyemb et al., 2014; Weijers et al., 2003). Heating promotes protein unfolding, phenomenon known as  
46 denaturation, in which hydrophobic aminoacids are exposed conferring an increase in protein surface  
47 hydrophobicity (Croguennec et al., 2007; Weijers et al., 2003). Environment conditions under which  
48 denaturation take place can lead to OVA aggregation. This phenomenon is normally driven by molecular  
49 interactions between exposed hydrophobic patches and disulphide bonds formation (Sánchez-Gimeno &  
50 López-Buesa, 2006). Moreover, under determined ionic strength and pH conditions, heated OVA  
51 dispersions can produce protein aggregates with different sizes and morphologies (Nyemb et al., 2014).

52 Otherwise, one of the functional properties that have recently received great interest is the ability of  
53 some globular proteins to bind bioactive lipophilic compounds. In general, these compounds are very  
54 sensitive to environment factors that promote bioactivity deterioration, such as light, oxygen, metals,  
55 enzymes, etc. Polyunsaturated fatty acids (PUFAs) are examples of very sensitive bioactive molecules,  
56 especially to oxidation (Zimet, & Livney, 2009). PUFAs are essential in human nutrition but they have  
57 very low water solubility which limits their incorporation in aqueous products. The development of  
58 protein nanostructures with suitable surface hydrophobicity able to bind PUFAs might be important for  
59 several reasons: i) to increase their stability (Zimet, & Livney, 2009); ii) to increase their solubility and so  
60 allow their incorporation in aqueous systems (Ilyasoglu & El, 2014; Zimet, & Livney, 2009); iii) to have  
61 potential antitumor activity (Fontana, Spolaore, & Polverino de Laureto, 2013).

62 Binding ability of proteins is linked with the presence of hydrophobic regions on the protein surface  
63 (Perez, Andermatten, Rubiolo, & Santiago, 2014). Considering that heat treatment promotes a great  
64 exposition of hydrophobic residues on globular protein surfaces, this treatment could be taken into account  
65 for increase binding ability of proteins (Fioramonti, Perez, Aríngoli, Rubiolo & Santiago, 2014). In a  
66 recent paper, it was demonstrated that  $\beta$ -Lactoglobulin aggregates could increase their PUFAs binding

67 ability depending on the environment conditions under which aggregates were produced (Perez et al.,  
68 2014). Therefore, the systematic study of heating and environment variables is very important in order to  
69 control OVA aggregates physicochemical properties required to the enhancement of PUFAs binding  
70 ability.

71 In this framework, the aim of the present paper was to determine the influence of environment  
72 conditions such as pH, protein concentration and thermal treatment (temperature and time) on  
73 physicochemical properties of OVA aggregates (particle size and surface characteristics derived from  
74 fluorescence measurements). One set of OVA aggregates (called OVA<sub>n</sub>) was selected according to their  
75 nanometric particle size and surface hydrophobicity to carry out binding assays using linoleic acid (LA) as  
76 PUFA model. The original feature of this work was to obtain knowledge about formation of OVA<sub>n</sub> at  
77 heating temperature below OVA denaturation (80.1 °C) (Matsudomi et al., 2001) and to evaluate the  
78 impact of OVA<sub>n</sub> physicochemical characteristics on the PUFA binding ability. This last aspect has not  
79 been evaluated yet. Information derived from this study could provide some useful data for the design of  
80 innovative OVA<sub>n</sub> with increased PUFAs binding ability.

## 81 **2. Materials and methods**

### 82 **2.1. Materials**

83 Ovalbumin (product A5503, purity 98% according to agarose gel electrophoresis) and linoleic acid  
84 (LA) sample were obtained from Sigma (USA). 1-anilino-8-naphthalene sulfonic acid (ANS) was  
85 purchased from Fluka Chemie AG (Switzerland). The other reagents were purchased in Cicarelli  
86 (Argentina).

### 87 **2.2. Heat treatment**

88 OVA dispersions were prepared in 50 mM NaCl and were kept overnight. Then, pH was adjusted at  
89 the corresponding values (5.5, 6.0 and 6.5) using NaOH or HCl solutions. OVA dispersions were filtered  
90 with 0.22 µm cellulose ester membrane (Millipore) in order to eliminate possible protein aggregates. OVA  
91 extinction coefficient of 0.712 L g<sup>-1</sup> cm<sup>-1</sup> was used in order to determinate protein concentration from the  
92 absorbance of the dispersion at 280 nm (Croguennec et al., 2007). Protein concentrations evaluated were  
93 5, 10 and 14.2 g/L. For heat treatment, 2 ml of OVA dispersion were heated in a water bath at 60, 70 and  
94 80°C into stoppered glass tubes. Tubes were removed at different times (3, 5, 10 min) and immediately  
95 cooled in an ice bath. They were kept at 4°C until further analysis.

### 96 **2.3. Particle size distribution**

97 Particle size distribution (PSD) was obtained using a Nano Zetasizer (Nano ZS90, Malvern  
98 Instruments Ltd., UK), which allow determining the particle size by means of dynamic light scattering

99 (DLS). The instrument has a He-Ne laser as light source which operates at 632.8 nm wavelength. DLS  
100 measurements were performed at a set angle of 90°C. The refractive indexes used for solvent and OVA  
101 aggregates were 1.33 and for 1.50, respectively (Croguennec et al., 2007). The mean hydrodynamic  
102 diameter (nm) was obtained from the peak of the intensity particle size distribution (PSD) (Carvalho,  
103 Carvalho, Alves & Tabak, 2013). However, volume transformation PSD (PSDv) was obtained in order to  
104 report the mass composition of the evaluated systems (Niidome, 2014). PSDv is derived from scattered  
105 light intensity distribution applying Mie theory (Arzenšek, Podgornik, & Kuzman, 2010). The percentage  
106 values given after each mean diameter correspond to the area under the curve of PSDv of the  
107 corresponding mean diameter. Measurements were performed at 25°C.

#### 108 **2.4. Fluorescence spectroscopy**

109 Fluorescence spectroscopic measurements were performed using a fluorescence spectrophotometer  
110 (Hitachi 2000, Japan). Intrinsic fluorescence determination (due to Trp emission) was done at 280 nm  
111 excitation wavelength and the emission spectra were recorded at 310-360 nm. Fluorescence intensity data  
112 were informed as Trp Relative Fluorescence Intensity (RFI-Trp), which was defined as the ratio between  
113 the maximum fluorescence intensity (FI-Trp) for heat-treated OVA to FI-Trp for native OVA. Wavelength  
114 shift ( $\Delta\lambda$ -Trp) was also informed, and it was calculated as the difference between maximum fluorescence  
115 wavelength for treated OVA and native OVA.

116 On the other hand, extrinsic fluorescence was determined using ANS as a fluorescence probe. Ten  
117 microliters of 8 mM ANS solution were added to 2 ml of 0.05 g/L protein dispersion (Sponton, Perez;  
118 Carrara & Santiago, 2014). Then, the extrinsic fluorescence spectra were obtained at 390 nm excitation  
119 wavelength between 450-550 nm emission wavelengths (Croguennec et al., 2007). Fluorescence intensity  
120 data were informed as ANS Relative Fluorescence Intensity (RFI-ANS), which was defined as the ratio  
121 between the maximum fluorescence intensity (FI-ANS) for heat-treated OVA to FI-ANS for native OVA.  
122 RFI-ANS value was considered as a measure of protein surface hydrophobicity. Wavelength shift ( $\Delta\lambda$ -  
123 ANS) was also obtained and it was calculated as the difference between maximum ANS fluorescence  
124 wavelength for treated OVA and native OVA.

125 Both intrinsic and extrinsic fluorescence experiments were performed in triplicate at room  
126 temperature (25°C).

#### 127 **2.5. Turbidity measurement**

128 Turbidity measurements were performed using a Jenway 7305 spectrophotometer (UK).  
129 Absorbance at 400 nm was taken as an index of turbidity (Fontana et al., 2013). Firstly, protein  
130 dispersions were diluted at 0.5 g/L in 50 mM pH 7 potassium phosphate buffer. Then, 8  $\mu$ l of 100 mM LA  
131 in ethanolic solution were added to 2 ml of protein solution. A blank solution (protein without LA) for

132 each sample was prepared and its turbidity value was subtracted from the corresponding sample. From  
133 turbidity measurements, a percentage of LA binding ability was calculated for some systems as follow:  
134 Binding ability (%) =  $(T_{LA} - T_{LA+OVA}) / T_{LA} \times 100$ , where  $T_{LA}$  and  $T_{LA+OVA}$  correspond to the turbidity values  
135 of LA solution and LA+OVA (native/aggregated), respectively.

## 136 2.6. Statistical analysis

137 All assays were measured at least in duplicate. Averages and standard deviations were calculated  
138 from these measurements. Differences between means were determined with LSD test at  $p < 0.05$   
139 significance level (StatGraphics Centurion XV).

## 140 3. Results and discussion

141 In order to evaluate OVA aggregates formation, the following experimental conditions: temperature  
142 (60, 70 and 80 °C), heating time (3, 5 and 10 min), pH (5.5, 6.0 and 6.5) and protein concentration (5, 10  
143 and 14.2 g/L) were systematically studied. The process conditions that promote OVA aggregates with  
144 nanometric size ( $OVA_n$ ) and improved fluorescence properties were selected for LA binding assays.

### 145 3.1. Particle size distribution

146 Results of particle size distribution will be discussed in terms of the effect of heat treatment  
147 (temperature and heating time) and environment variables (protein concentration and pH) as following.

#### 148 3.1.1. Effect of heating temperature and time

149 Heating temperature is a critical variable in protein aggregates formation. It is well known that OVA  
150 denaturation temperature is around 80.1 °C (Matsudomi et al., 2001). In this work, we explore the effect of  
151 heating temperature, below the denaturation one, at 10 g/L OVA and pH 6.0, on OVA aggregates sizes.  
152 Figure 1 shows the effect of temperature (60, 70 80°C) and heating time (3, 5 and 10 min) on OVA PSDv.  
153 The y axis shows the volume distribution while the x axis shows the particle hydrodynamic diameter (nm)  
154 which is defined as the equivalent sphere diameter that diffuses at the same mean rate that the particle  
155 under examination (Niidome, 2014). From Figure 1, it can be deduced that:

- 156 (i) Heat treatment at 60 °C, for all times produced a bimodal PSDv (Fig. 1a). A main peak at 6 nm  
157 corresponding to native OVA size (Croguennec et al., 2007) and a secondary peak, around 100  
158 nm, it can be observed. In all cases, the last one represented < 2% of the total volume, indicating  
159 that these conditions practically did not produced changes in native OVA size.
- 160 (ii) Heat treatment at 70 °C for both, 3 and 10 min produced monomodal PSDv with peaks at 225 and  
161 1900 nm, respectively (Fig. 1b). Nevertheless, heating at 70 °C, 5 min produced a bimodal PSDv  
162 with a main peak at 550 nm (81 %) and a secondary peak at 120 nm (20 %). In the food sector, the  
163 definition of nanometric materials is not clear. Particles with both, size strictly < 100 nm and with

164 few hundred nm could be named “nanoparticles” (Gutiérrez, Albillos, Casas-Sanz, Cruz, García-  
165 Estrada, García-Guerra, et al., 2013). In our work, particles with few hundred nm were considered  
166 as “nanoparticles”. According to this definition, OVA nanoparticles (OVA<sub>n</sub>) could be those  
167 obtained at 70 °C for 3 min (225 nm) and 5 min (120 nm).

168 (iii) At 80 °C and 3 min (Fig. 1c), two peaks were obtained; a main peak at 3280 nm (90 %) and a  
169 secondary one at 575 nm (10 %). These aggregates (similar to the ones obtained at 70°C for 10  
170 min) have a micrometric size. Treatments at 80°C for 5 and 10 min produced bigger aggregates  
171 which precipitated impeding the particle size determination.

172 As it can be noted, size of OVA aggregates increased with the rise in heating time and temperature,  
173 which also increases strongly the aggregation rate. Hence, at a given heating time, aggregates were larger  
174 at higher temperature (Mehalebi, Nicolai, & Durand, 2008). Moreover, a higher temperature would allow  
175 a larger protein unfolding, and consequently, greater exposition of hydrophobic residues, which might be  
176 involved in protein aggregation via hydrophobic interactions (Kato, Nagase, Matsudomi & Kobayashi,  
177 1983).

### 178 3.1.2. *Effect of aqueous medium pH and heating time*

179 The aqueous medium pH during heating is considered as a key factor in particle size and morphology  
180 of protein aggregates, because modulate the magnitude of intermolecular interactions between protein  
181 macromolecules (Nyemb et al., 2014). In this sense, aggregate sizes could be controlled modifying pH.

182 Particle sizes of OVA aggregates obtained at 70°C (3, 5 and 10 min), 10 g/L, and pH 5.5, 6.0 and 6.5  
183 were determined. Figures 2 shows the effect of heating time and pH, 5.5 (Fig. 2a) and 6.5 (Fig. 2b), on  
184 OVA aggregates PSDv. It can be noted that:

185 (i) At pH 5.5, 70 °C and 3 min, OVA aggregates showed a bimodal PSDv distribution, and a main  
186 peak at 2107 nm (98 %) and a secondary peak at 476 nm (2 %) were registered (Fig. 2a), while at  
187 5 min a bimodal PSDv distribution with a main peak at 2711 nm (99 %) and a minor peak at 587  
188 nm (1 %) was registered. Finally, at 10 min, a monomodal PSDv distribution with a peak at 4077  
189 nm molecular size was obtained.

190 (ii) Results of the effect of heat treatment at 70 °C, pH 6 on particle size of OVA aggregates were  
191 discussed in the previous section (3.1.1) (Fig. 1b).

192 (iii) At pH 6.5, 70 °C and 3 min a bimodal PSDv with peaks at 10 nm (53 %) and at 76 nm (47 %) (Fig. 2b)  
193 was obtained, whereas at 5 min, a bimodal PSDv with a main peak at 96 nm (97 %) and  
194 a secondary peak at 4491 nm (3 %) was observed. Finally, at 10 min heating a bimodal PSDv with  
195 a main peak at 192 nm (98 %) and a secondary peak at 4550 nm (2 %) was registered.

196 In general, the results from all pH tested suggest that the increase in heating time caused an increase  
197 in OVA aggregates sizes. Differences in particle sizes could be attributed to the effect of pH on protein



198 surface charge, which could promote the approach (lower electrostatic repulsion) and/or distancing (higher  
199 electrostatic repulsion) between OVA molecules (Croguennec et al., 2007). Thus, at pH 5.5 OVA  
200 macromolecules are in the proximity of isoelectric pH ( $pI \sim 4.5$ ), with a low net charge and, consequently,  
201 a reduced electrostatic repulsion between protein macromolecules. This condition could induce protein  
202 molecules to approach and consequently, promote OVA aggregates with micrometric molecular sizes  
203 (2107-4077 nm). On the other hand, pH 6.5 is quite distant from protein  $pI$ , so electrostatic repulsion  
204 between OVA macromolecules should be higher. This condition would induce OVA aggregates with  
205 nanometric molecular sizes ( $OVA_n$ ) (Nyemb et al., 2014). Finally, an intermediate behaviour could be  
206 deduced at pH 6.0.

### 207 **3.1.3. Effect of protein concentration and heating time**

208 Another important process variable in protein aggregate formation is protein concentration.  
209 (Nakamura et al., 1978). According to this, OVA aggregate formation at 70 °C, pH 6.0 and 5 g/L (Fig. 2c),  
210 10 g/L (Fig. 1b) and 14.2 g/L (Fig. 2d) was examined. It can be observed that:

- 211 (i) At 5 g/L, 70 °C and 3 min a monomodal PSDv with a mean diameter of 122 nm was obtained  
212 (Fig. 2c) nevertheless, for 5 min heating a bimodal PSDv with a main peak at 207 nm (97 %) and  
213 a secondary peak at 4946 nm (3 %) was registered. Finally, for 10 min a bimodal PSDv with a  
214 major peak at 665 nm (97 %) and minor peak at 4909 nm (3 %) was observed. In general, results  
215 obtained suggest that heat treatment at 70 °C and at pH 6 produced OVA aggregates mainly with  
216 particle sizes in nanometric and/or submicron scale (122-665 nm).
- 217 (ii) Results of the effect of heating time on the OVA aggregates PSDv obtained at 10 g/L and pH 6  
218 was previously discussed in section 3.1.1 (Fig. 1b).
- 219 (iii) At 14.2 g/L, 70 °C and 3 min a bimodal PSDv with a main peak at 317 nm (96 %) and a secondary  
220 peak at 65 nm (4 %) was registered while at 5 min heating time a bimodal PSDv with peaks at 377  
221 nm (78 %) and at 2103 nm (22 %) was observed. Finally, at 10 min a bimodal PSDv with a main  
222 peak at 2666 nm (98% volume) and a minor peak at 261 nm (3 %) was obtained. It can be noted  
223 that in this condition, OVA aggregates sizes were in nanometric and/or submicron scale.

224 The size of aggregate formed during heating increases with protein concentration until a critical  
225 value where a gel is formed (Mehalebi et al., 2008). This critical value depends of temperature, pH and  
226 ionic strength (Weijers, Visschers & Nicolai, 2004). In the present work, gel formation was not registered.  
227 In general, it was observed that an increase in heating time and protein concentration caused larger  
228 aggregates. This result could be explained taking into account that protein aggregate size would be  
229 influenced by the initial number of protein molecules during heat treatment. Thus, larger aggregates would  
230 be formed at higher concentration in the range evaluated.

### 231 3.2. Intrinsic fluorescence

232 Protein fluorescence behaviour due to the Trp residues emission is considered an important tool in  
233 the characterization of protein tertiary structure changes upon heat treatment (Perez et al., 2014,  
234 Shpigelman, Israeli, & Livney, 2010). OVA has three Trp residues: Trp 148, Trp 267 and Trp 184 (Wang,  
235 Yin, Li, Wang, Pu, Wang et al, 2013). Therefore, OVA intrinsic fluorescence emission properties could be  
236 considered as the average of the fluorescence contribution of their three Trp residues. Upon heat  
237 treatment, variations in protein emission fluorescence intensity (FI-Trp) are usually accomplished with  
238 shifts in the wavelength that corresponds to the maximum FI-Trp ( $\lambda_M$ ). In Table 1, these shifts were  
239 expressed as a  $\Delta\lambda$ -Trp and their positive or negative signs represent red (increase in  $\lambda_M$ ) and blue  
240 (decrease in  $\lambda_M$ ) shift behaviours, respectively. Results of intrinsic fluorescence spectroscopy will be  
241 discussed in terms of heat treatment (temperature and time) and environment variables (pH and protein  
242 concentration) as follow.

#### 243 3.2.1. Effect of heating temperature and time

244 Figure 3a shows the effect of temperature (60, 70 and 80 °C) and heating time (3, 5 and 10 min) on  
245 OVA intrinsic fluorescence at pH 6.0 and 10 g/L. OVA intrinsic fluorescence behaviour was expressed as  
246 relative fluorescence intensity (RFI-Trp) taking into account a protein control without heat treatment  
247 (native OVA). It was observed that:

- 248 (i) At 60 °C, the increase in heating time did not produce changes in RFI-Trp until 10 min. At 10 min,  
249 RFI-Trp decreased slightly indicating that some protein irreversible structural changes could take  
250 place (Cairoli, Iametti, & Bonomi, 1994). Otherwise,  $\Delta\lambda$ -Trp values did not change with the  
251 increase in heating time ( $p>0.05$ ) indicating that molecular environment of Trp residues did not  
252 alter upon heat treatment. These results would suggest low aggregation and minimal changes in  
253 tertiary structure.
- 254 (ii) At 70 °C, 3 and 5 min, RFI-Trp was not significantly different of RFI-Trp of native OVA  
255 ( $p>0.05$ ). However, heating for 10 min caused a decrease in RFI value ( $p<0.05$ ).
- 256 (iii) At 80 °C, the RFI-Trp values strongly decrease at 3 min heating and subsequently, there was an  
257 increase in RFI-Trp values with heating time reaching a maximum at 10 min ( $p<0.05$ ).

258 Results suggest that OVA tertiary structure was modified depending on temperature and heating  
259 time. As it can be noted in Table 1, heating at 70 and 80 °C caused slight red shift behaviour. This trend  
260 would be consistent with slight Trp residues exposition in a more polar environment (Cairoli et al., 1994).  
261 For one hand, the decrease in fluorescence for OVA heated at 70°C, 10 min and at 80°C, 3 and 5 min  
262 could be explained taking into account that heating promoted protein aggregates with Trp occluded inside  
263 them, probably participating in hydrophobic interactions (Cairoli et al., 1994). These Trp residues would

264 not contribute to the fluorescence emission. Hence, decrease in RFI could be explained in terms of those  
265 Trp residues that not participated in hydrophobic interactions which could be in a minor proportion but in  
266 a more polar environment (slight red shift behaviour) than native OVA. On the other hand, at 80°C and 3  
267 min, the decrease in fluorescence may be explained considering initial stages of protein aggregation by  
268 mean of hydrophobic interactions (Sánchez-Gimeno & López-Buesa, 2006) and Trp residues could be  
269 occluded into the formed structures. The further increase in fluorescence (at 5 and 10 min) could be due to  
270 great protein unfolding and exposure of Trp buried into native OVA.

### 271 **3.2.2. Effect of aqueous medium pH and heating time**

272 Figure 3b shows the effect of pH (5.5, 6.0 and 6.5) and heating time (3, 5 and 10 min) on OVA  
273 intrinsic fluorescence behaviour at 70 °C and 10 g/L protein concentration. Protein control without heat  
274 treatment was also included. It can be deduced that:

- 275 (i) At pH 5.5 and pH 6.0, the increase in heating time caused a decrease in RFI-Trp ~~and an increase~~  
276 in  $\Delta\lambda$ -Trp values (Table 1), especially at pH 6 ( $p < 0.05$ ). These results could be linked with  
277 changes in OVA tertiary structure and, consequently, with aggregate formation via hydrophobic  
278 interaction due to less electrostatic repulsion as it was discussed in the previous section.
- 279 (ii) At pH 6.5, RFI-Trp value was maximum for 3 min heating ( $p < 0.05$ ) then gradually decrease until  
280 reach the control RFI-Trp value ( $p > 0.05$ ). Moreover, it was observed an increase in  $\Delta\lambda$ -Trp  
281 values with heating (Table 1). These results are consistent with the idea that the increase in RFI-  
282 Trp and the slight red shift behaviour could be due to minor Trp residues involved in hydrophobic  
283 interaction as a consequence of higher intermolecular electrostatic repulsion and so lower  
284 aggregation. Consequently, OVA aggregates would be smaller (as it can be observed in Fig. 2b).

### 285 **3.2.3. Effect of protein concentration and heating time**

286 Figure 3c shows the effect of protein concentration (5, 10 and 14.2 g/L) and heating time (3, 5 and  
287 10 min) at 70 °C and pH 6.0, on OVA intrinsic fluorescence behaviour. Protein control, without heat  
288 treatment, was also included. In the range of OVA concentration studied it was observed that the increase  
289 of heating time caused a decrease in RFI-Trp values suggesting modifications in protein tertiary structure  
290 and aggregate formation via hydrophobic interactions. This hypothesis was especially confirmed for  
291 aggregates obtained at 10 g/L which presented increased  $\Delta\lambda$  with heating time increment (Table 1),  
292 indicating that Trp (Trp residues probably not involved in hydrophobic interactions) would be exposed in  
293 a more polar environment (Table 1). Conversely, at 5 g/L there was not a wavelength shift, suggesting that  
294 Trp environment would be similar to that in native OVA. On the other hand, at 14.2 g/L there was a slight  
295 blue shift wavelength which suggests Trp residues are in a more hydrophobic environment (Keerati-u-rai,  
296 Miriani, Iametti, Bonomi, & Corredig, 2012).

### 297 3.3. Extrinsic fluorescence

298 Protein extrinsic fluorescence is an important tool in examination of protein surface hydrophobicity  
299 (Perez et al., 2014). It is well established that ANS binds on protein exposed hydrophobic regions which  
300 increase its fluorescence. Moreover, blue shift behaviour is normally registered suggesting that ANS is in  
301 a more hydrophobic environment (Albani, 2004). Table 2 shows the effect of temperature (60, 70 and 80  
302 °C), pH (5.5, 6.0 and 6.5), protein concentration (5, 10 and 14.2 g/L) and heating time (3, 5 and 10 min) on  
303 blue shift behaviour ( $\Delta\lambda$ -ANS) experimented by ANS when it is bound on OVA aggregates surface.  
304 Results of extrinsic fluorescence spectroscopy will be discussed as follow.

#### 305 3.3.1. Effect of heating temperature and time

306 Fig. 4a presents effect of temperature (60, 70 and 80 °C) and heating time (3, 5 and 10 min) on the  
307 extrinsic fluorescence intensity expressed as RFI-ANS, at pH 6.0 and 10 g/L. A protein control without  
308 heat treatment was also included. It can be observed that:

- 309 (i) At 60 °C, RFI-ANS values increased slightly respect to the control, and no significant differences  
310 among heating times were registered ( $p>0.05$ ). However, the increase in heating time caused a  
311 decrease in  $\Delta\lambda$ -ANS values indicating that ANS binding sites became gradually more apolar  
312 (Table 2).
- 313 (ii) At 70 °C, RFI-ANS increased (around 4 folds with respect to the control) and a strong decrease in  
314  $\Delta\lambda$ -ANS was detected with the increase in heating time ( $p<0.05$ ) (Table 2).
- 315 (iii) At 80 °C, RFI-ANS values strongly increased (around 6-8 folds respect to control) and  $\Delta\lambda$ -  
316 ANS values decreased with heating time ( $p<0.05$ ) reaching the lowest values (Table 2).

317 It is important to remark that for all examined heating times RFI-ANS increased with the increase in  
318 temperature, suggesting an increase in OVA surface hydrophobicity (Croguennec et al., 2007). Moreover,  
319 the decrease in  $\Delta\lambda$ -ANS with the increase in temperature was indicative that ANS was bound in more  
320 hydrophobic sites. Hence, higher temperature and time promoted more hydrophobic sites became exposed.

#### 321 3.3.2. Effect of aqueous medium pH and heating time

322 Fig. 4b shows the effect of pH (5.5, 6.0 and 6.5) and heating time (3, 5 and 10 min) on the extrinsic  
323 fluorescence intensity expressed as RFI-ANS at 70 °C and 10 g/L. In this figure a protein control without  
324 heat treatment was also included. It was observed that for all examined heating times RFI-ANS increased  
325 with the increase in pH. Specifically, it can be noted that:

- 326 (i) At pH 5.5, the increase in heating time produced an increase in RFI-ANS (2-3 folds respect to the  
327 control) and a decrease in  $\Delta\lambda$ -ANS values ( $p<0.05$ ). In this case, the blue shift behaviour observed  
328 was the maximum in comparison with the others obtained at another pH values (Table 2).

- 329 (ii) At pH 6.0, RFI-ANS values increased with the increase in heating time (around 4 folds with  
330 respect to control) finding a maximum value for 5 min heating. Moreover, it was observed a  
331 decrease in  $\Delta\lambda$ -ANS values with heating time ( $p < 0.05$ ) (Table 2).
- 332 (iii) At pH 6.5, the increase in heating time caused an increase in RFI-ANS values (5 folds respect to  
333 the control) and a decrease in  $\Delta\lambda$ -ANS values ( $p < 0.05$ ). This behaviour could be explained  
334 considering that at this pH condition, electrostatic repulsion could be higher than a lower pH, so  
335 aggregation via hydrophobic interaction could be less promoted. In this sense, the hydrophobic  
336 sites would be more exposed and consequently more accessible to ANS.

### 337 3.3.3. *Effect of protein concentration and heating time*

338 Fig. 4c shows the effect of protein concentration (5, 10 and 14.2 g/L) and heating time (3, 5 and  
339 10 min) at 70°C and pH 6.0 on the extrinsic fluorescence behaviour expressed as RFI-ANS. For all  
340 examined heating times, RFI-ANS and  $\Delta\lambda$ -ANS values decreased with the increase in protein  
341 concentration ( $p < 0.05$ ). Moreover, at a given concentration, RFI-ANS increased with heating time. The  
342 increase in RFI-ANS indicates higher surface hydrophobicity according to the results obtained by Perez et  
343 al. (2014). Hence, at lower concentration, surface hydrophobicity was higher, probably due to minor  
344 aggregation via hydrophobic interactions. This result is consequent with the lower size of OVA aggregates  
345 obtained at the minor concentrations. The increase in protein concentration promoted protein aggregation  
346 phenomenon possibly, due to the increased protein macromolecules number and so the probability that  
347 they get together (Nakamura et al., 1978).

### 348 3.4. PUFA binding ability

349 PUFA molecules are formed by hydrophilic heads composed by carboxylic groups and hydrophobic  
350 tails which correspond to aliphatic chains (Fennema, 1996). Hydrophobic tails confers to PUFAs low  
351 solubility in aqueous solutions (Fontana et al., 2013). When PUFA concentration in aqueous medium  
352 exceeds the critical micelle concentration (CMC), around 60  $\mu\text{M}$  at pH 7.6, fatty acid molecules assembles  
353 forming micelles and vesicles (Fontana et al., 2013; Zimet, & Livney, 2009). These supramolecular  
354 assemblies are mainly formed by hydrophobic interaction between aliphatic chains. In the resulting  
355 configuration, polar heads are located in the outside of supramolecular structure in contact with water  
356 molecules (Fennema, 1996). Formation of micelles and vesicle confers appreciable turbidity to the PUFA  
357 aqueous solution. On the other hand, some proteins have the ability to bind hydrophobic compound such  
358 as PUFAs. Hence, turbid PUFAs aqueous solution becomes clear when these protein solutions are added.  
359 At this respect, it was demonstrated that micelles and vesicles formed by oleic acid (OA) were disrupted  
360 in presence of  $\alpha$ -lactalbumin ( $\alpha$ -La) at neutral pH (Fontana et al., 2013). In these last conditions, system  
361 turbidity decreased suggesting the formation of hybrid  $\alpha$ -La-OA nanocomplexes. In the same way,

362 turbidity technique was applied in the present study in order to evaluate the ability of OVA nanoparticles  
363 (OVA<sub>n</sub>) to bind LA. According to the results discussed in previous sections, one set of OVA<sub>n</sub> was selected  
364 in terms of nanometric particle size and surface hydrophobicity. The chosen OVA<sub>n</sub> were those obtained at  
365 the following conditions: (i) 70°C pH 6.0, 5 g/L and 10 g/L, 3 and 5 min heating time and (ii) 70°C pH  
366 6.5, 10 g/L, 3, 5 and 10 min.

367 Figure 5 shows turbidity values for LA solution, LA+native OVA and LA+OVA<sub>n</sub> set. In order to  
368 facilitate the understanding of the results, main diameter (nm), surface hydrophobicity (RFI-ANS) and LA  
369 binding ability (%) of LA+native OVA and LA+OVA<sub>n</sub> set systems are shown in Table 3 as a summary.  
370 Figure 5 shows that LA addition to native OVA caused a decrease in LA turbidity value ( $p < 0.05$ )  
371 indicating LA supramolecular assemblies disruption and hybrid nanocomplexes formation, results in  
372 accordance with Fontana et al. (2013). As it can be observed in Table 3, LA binding ability of native OVA  
373 was around 34 %.

374 Comparing the binding ability of the native OVA with OVA nanoparticles, it can be observed that  
375 LA addition to the OVA<sub>n</sub> set produced lower turbidity values than with native OVA ( $p < 0.05$ ) (Figure 5),  
376 in addition LA binding ability calculated for OVA<sub>n</sub> set was in the range of 49-69 %, i.e. 1.4-2.0 folds  
377 greater than binding ability of native OVA (Table 3). Lower LA binding ability of native OVA could be  
378 explained in terms of the occluded hydrophobic groups less available for binding LA. In general, these  
379 results were consistent with a greater surface hydrophobicity of OVA<sub>n</sub> as it was discussed previously.

380 On the other hand, considering OVA<sub>n</sub>, the lowest binding ability and the highest turbidity were  
381 obtained for those produced at pH 6.0 and 10 g/L (Table 3, Figure 5). It is important to remark that OVA<sub>n</sub>  
382 obtained at pH 6.5, 10 g/L and pH 6.0, 5 g/L presented high LA binding ability. We hypothesized that  
383 these results could have a close relationship with the specific surface area of the OVA<sub>n</sub>, that is, a larger  
384 size would generate minor specific surface area for LA binding and conversely, lower sizes would  
385 produce higher specific surface and higher LA binding. However, binding ability not only would depend  
386 on specific surface area and hydrophobicity but also on the spatial conformation of hydrophobic surface as  
387 was found by Perez et al., (2014), so more studies should be done about these features. Nevertheless, it  
388 was demonstrated that manipulating heat treatment and environmental conditions, OVA<sub>n</sub> with different  
389 sizes, surface hydrophobicity and binding ability were obtained.

#### 390 4. Conclusions

391 In this paper we provide information about the particle size and fluorescence (both intrinsic and  
392 extrinsic) characteristics of OVA heat-induced aggregates produced in a range of temperature below to the  
393 OVA denaturation temperature (80.1 °C). The systematic study of heat treatment temperature (60, 70 and  
394 80 °C) and time (3, 5 and 10 min), and environment variables, pH (5.5, 6.0 and 6.5) and protein

395 concentration (5, 10 and 14.2 g/L), allowed to choose those experimental conditions for which OVA heat-  
396 induced aggregates had nanometric particle size ( $OVA_n$ ) and a suitable surface hydrophobicity. In all  
397 cases, this  $OVA_n$  set had greater LA binding ability than native OVA due the greater surface  
398 hydrophobicity. Differences in LA binding ability  $OVA_n$  could be attributed not only to differences in  
399 surface hydrophobicity but also to differences in their size and so their specific surface area. In general,  
400 the highest binding ability was for  $OVA_n$  with the lowest size. The fact that LA was bound to  $OVA_n$  in a  
401 more effective way than native OVA may suggest that they could be applied as vehicles for PUFAs  
402 favoring its incorporation in aqueous systems. Information derived from this study provides some  
403 practical data about requirements of particle size and surfaces properties of OVA nanoparticles with  
404 improved binding ability.

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- 487

**Captions****Tables**

**Table 1.** Wavelength shift for intrinsic fluorescence ( $\Delta\lambda$ -Trp). Different letters indicate a significant difference ( $p < 0.05$ ).

**Table 2.** Wavelength shift for extrinsic fluorescence ( $\Delta\lambda$ -ANS). Different letters indicate a significant difference ( $p < 0.05$ ).

**Table 3.** Summary of data for selected samples for LA binding experiments. Heating temperature: 70°C. Different letters indicate a significant difference ( $p < 0.05$ ).

**Table 1**

Heating time	10 g/L, pH 6			10 g/L, 70°C			pH 6, 70°C		
	60°C	70°C	80°C	pH 5.5	pH 6	pH 6.5	5 g/L	10 g/L	14.2 g/L
0 min	0.0±0.0 <sup>a</sup>	0.0±0.0 <sup>a</sup>	0.0±0.0 <sup>a</sup>	0.0±0.0 <sup>ab</sup>	0.0±0.0 <sup>ab</sup>	0.0±0.0 <sup>ab</sup>	0.0±0.0 <sup>b</sup>	0.0±0.0 <sup>b</sup>	0.0±0.0 <sup>b</sup>
3 min	0.3±0.4 <sup>a</sup>	1.0±0.0 <sup>b</sup>	0.8±0.4 <sup>b</sup>	-0.3±0.4 <sup>a</sup>	1.0±0.0 <sup>e</sup>	0.6±0.4 <sup>d</sup>	0.0±0.0 <sup>ab</sup>	1.0±0.3 <sup>c</sup>	-0.3±0.5 <sup>a</sup>
5 min	0.3±0.5 <sup>a</sup>	1.0±0.0 <sup>b</sup>	0.8±0.4 <sup>b</sup>	0.2±0.5 <sup>bc</sup>	1.0±0.0 <sup>e</sup>	0.4±0.5 <sup>cd</sup>	0.0±0.0 <sup>ab</sup>	1.0±0.0 <sup>c</sup>	0.0±0.0 <sup>ab</sup>
10 min	0.4±0.5 <sup>a</sup>	1.0±0.0 <sup>b</sup>	1.0±0.0 <sup>b</sup>	0.2±0.5 <sup>bc</sup>	1.0±0.0 <sup>e</sup>	0.8±0.0 <sup>de</sup>	0.2±0.4 <sup>b</sup>	1.0±0.3 <sup>c</sup>	-0.3±0.5 <sup>a</sup>

Table 2

Heating time	10 g/L, pH 6			10 g/L, 70°C			pH 6, 70°C		
	60°C	70°C	80°C	pH 5.5	pH 6	pH 6.5	5 g/L	10 g/L	14.2 g/L
0 min	0.0±0.0 <sup>e</sup>	0.0±0.0 <sup>e</sup>	0.0±0.0 <sup>e</sup>	0.0±0.0 <sup>e</sup>	0.0±0.0 <sup>e</sup>	0.0±0.0 <sup>e</sup>	0.0±0.0 <sup>e</sup>	0.0±0.0 <sup>e</sup>	0.0±0.0 <sup>e</sup>
3 min	-2.5±0.5 <sup>f</sup>	-12.0±0.0 <sup>d</sup>	-29.9±1.5 <sup>b</sup>	-15.0±4.9 <sup>c</sup>	-12.0±0.0 <sup>d</sup>	-12.0±0.0 <sup>d</sup>	-8.6±0.5 <sup>cd</sup>	-12±0.0 <sup>b</sup>	-20.7±1.7 <sup>a</sup>
5 min	-3.0±0.9 <sup>f</sup>	-12.8±0.5 <sup>d</sup>	-33.7±2.5 <sup>a</sup>	-21.3±1.0 <sup>ab</sup>	-12.8±0.5 <sup>cd</sup>	-12.6±0.5 <sup>d</sup>	-7.8±0.5 <sup>d</sup>	-12.8±0.5 <sup>b</sup>	-20.7±1.7 <sup>a</sup>
10 min	-5.3±0.6 <sup>e</sup>	-19.5±2.1 <sup>c</sup>	-30.5±0.4 <sup>b</sup>	-22.8±1.3 <sup>a</sup>	-19.5±2.1 <sup>b</sup>	-13.5±0.5 <sup>cd</sup>	-9.3±0.0 <sup>c</sup>	-19.5±2.1 <sup>a</sup>	-19.0±2.5 <sup>a</sup>

Table 3

Sample	Heating conditions			Main Diameter* (nm) (% volume)	ANS Fluorescence	Binding ability (%)
	pH	Protein concentration (g/L)	Heating time (min)			
Native OVA	-	-	-	6	1.0 ± 0.0 <sup>a</sup>	34 ± 9 <sup>a</sup>
OVA <sub>n</sub>	6	5	3	122	4.2 ± 0.1 <sup>c</sup>	69 ± 1 <sup>e</sup>
OVA <sub>n</sub>	6	5	5	207	4.7 ± 0.1 <sup>e</sup>	60 ± 3 <sup>d,e</sup>
OVA <sub>n</sub>	6	10	3	225	3.9 ± 0.2 <sup>b</sup>	50 ± 2 <sup>b,c</sup>
OVA <sub>n</sub>	6	10	5	120 (20%) 550 (81%)	4.4 ± 0.1 <sup>d</sup>	49 ± 2 <sup>b</sup>
OVA <sub>n</sub>	6.5	10	3	10 (53%) 76 (47%)	4.2 ± 0.1 <sup>c,d</sup>	60 ± 3 <sup>c,d,e</sup>
OVA <sub>n</sub>	6.5	10	5	96	4.7 ± 0.1 <sup>e</sup>	55 ± 7 <sup>b,c,d</sup>
OVA <sub>n</sub>	6.5	10	10	192	5.8 ± 0.1 <sup>f</sup>	63 ± 2 <sup>d,e</sup>

\* Peaks with area higher than 5% in PSDv are shown.

**Figures****Captions**

**Figure 1.** Volume PSD of heat-treated OVA solutions. Heating conditions: 10 g/L, pH 6.0, (a) 60°C, (b) 70°C, (c) 80°C.

**Figure 2.** Volume PSD of heat-treated OVA solutions. Heating conditions: 70°C (a) pH 5.5, 10 g/L; (b) pH 6.5, 10 g/L; (c) pH 6.0, 5 g/L; (d) pH 6.0, 14.2 g/L.

**Figure 3.** Trp Relative Fluorescence Intensity (RFI-Trp) of heat-treated OVA solutions. (a) Effect of temperature (heating conditions: pH 6.0, 10 g/L) (b) Effect of aqueous medium pH (heating conditions: 70°C, 10 g/L) (c) Effect of concentration (heating conditions: 70°C, pH 6.0).

**Figure 4.** ANS Relative Fluorescence Intensity (RFI-ANS) of heat-treated OVA solutions. (a) Effect of temperature (heating conditions: pH 6.0, 10 g/L) (b) Effect of aqueous medium pH (heating conditions: 70°C, 10 g/L) (c) Effect of concentration (heating conditions: 70°C, pH 6.0).

**Figure 5.** Absorbance at 400 nm of LA solutions in presence of different OVA solutions.

Figure 1

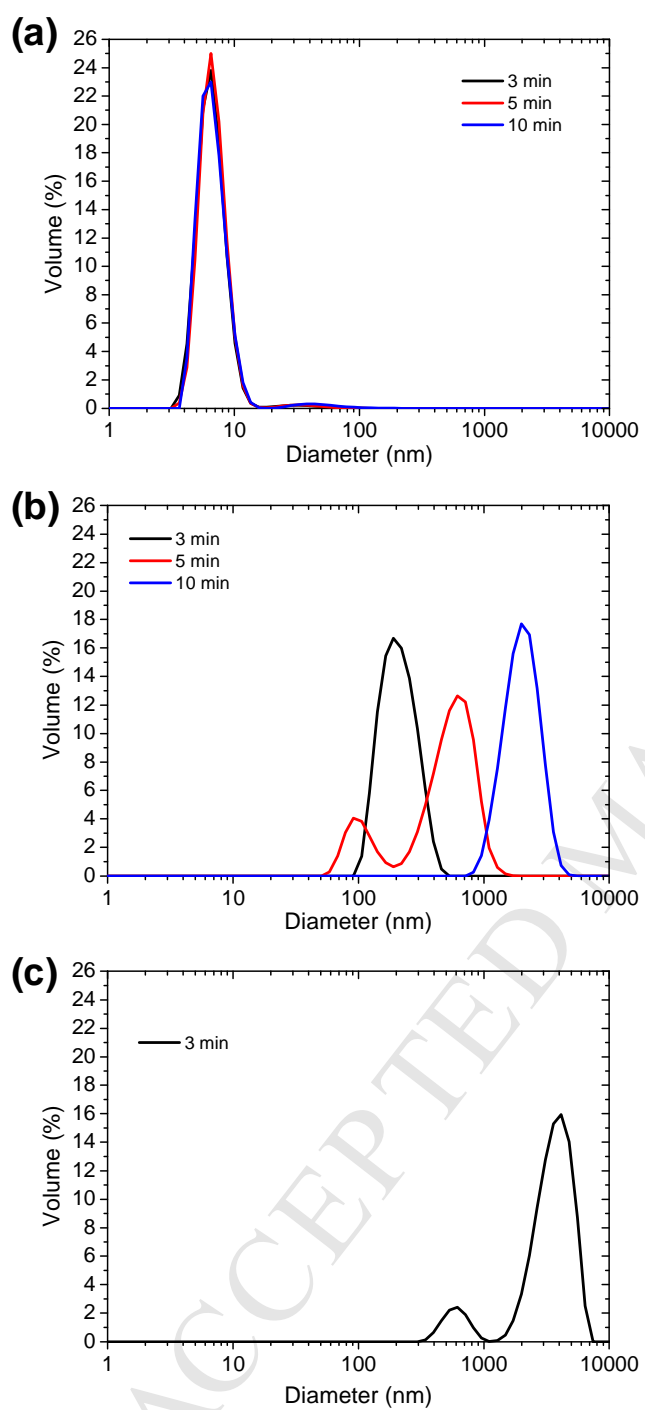


Figure 2

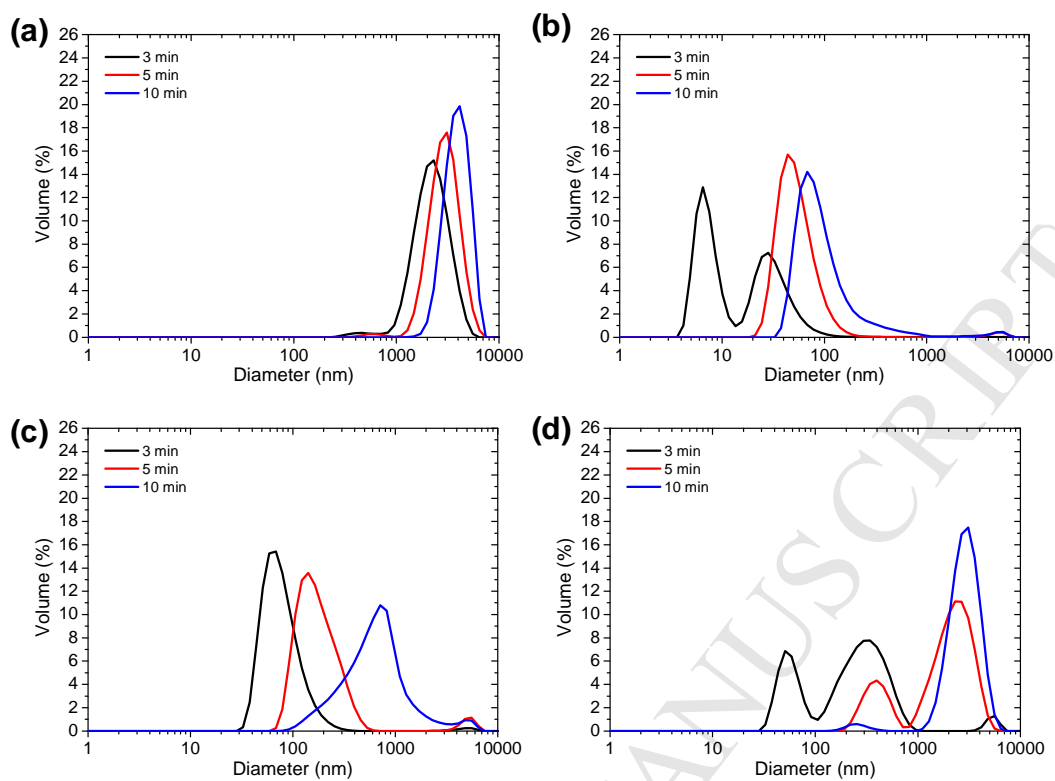




Figure 3

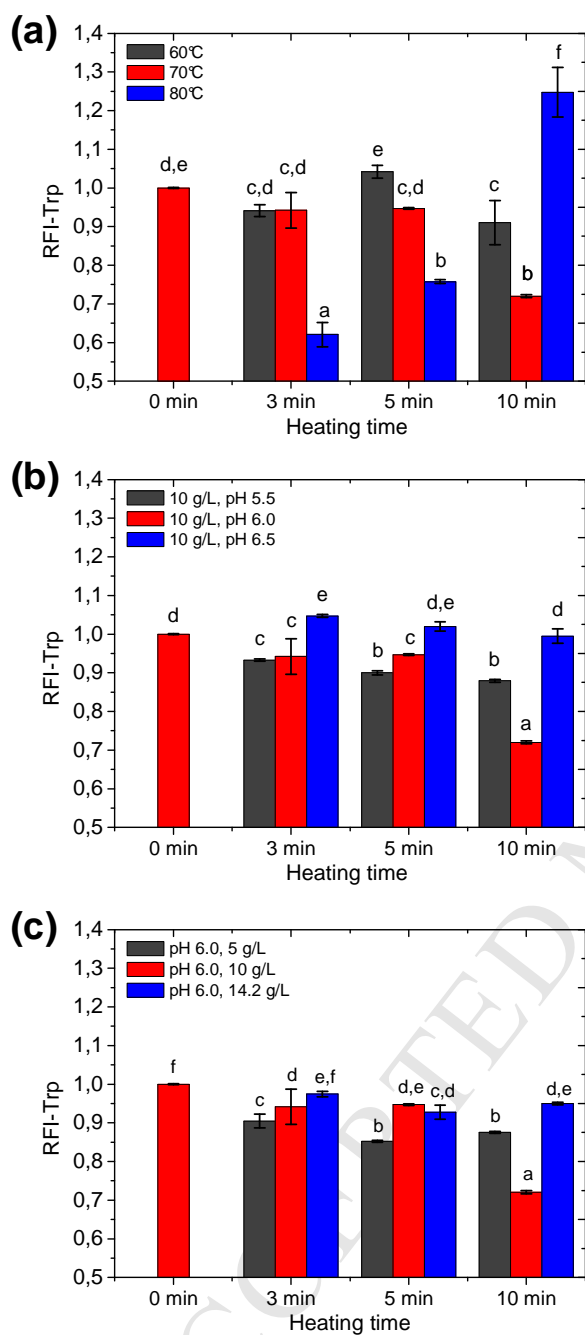


Figure 4

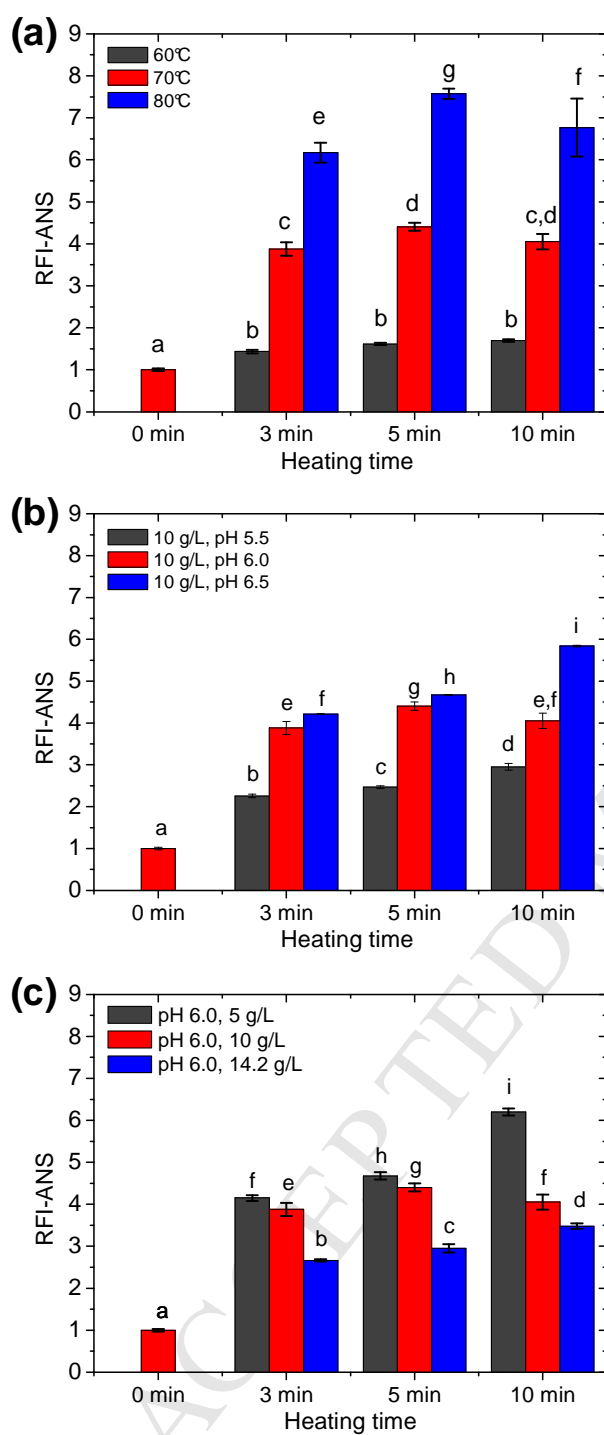
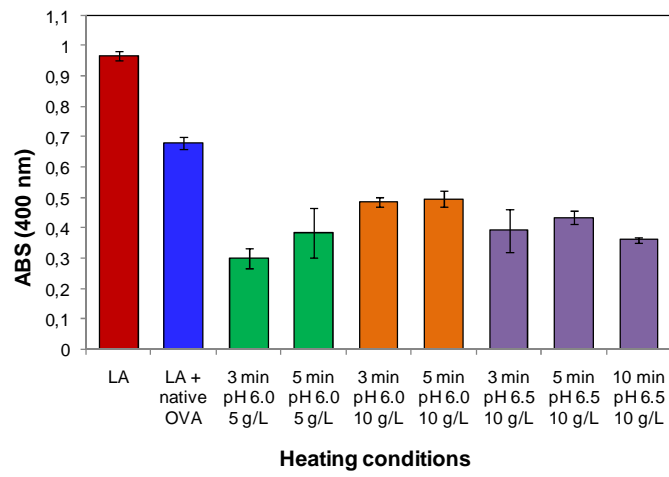


Figure 5



Ovalbumin aggregates were obtained at different heating and environment conditions.

Ovalbumin aggregate sizes increased with temperature, time and protein concentration.

At higher pH value, ovalbumin (OVA) aggregate sizes were lower.

OVA nanoparticles showed 1.4-2.0 fold greater LA binding ability than native OVA.

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