

# Journal Pre-proof

Rapid Determination of Tacrolimus and Sirolimus in Whole Human Blood by Direct Coupling of Solid-phase Microextraction to Mass Spectrometry via Microfluidic Open Interface

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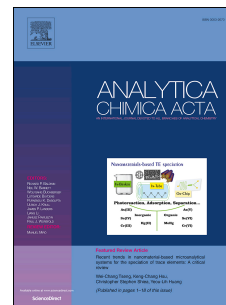
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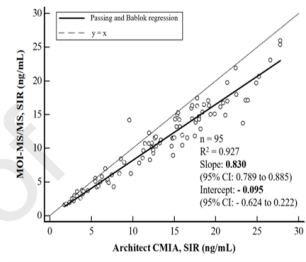
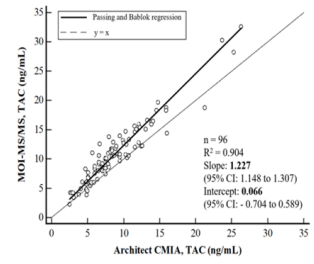
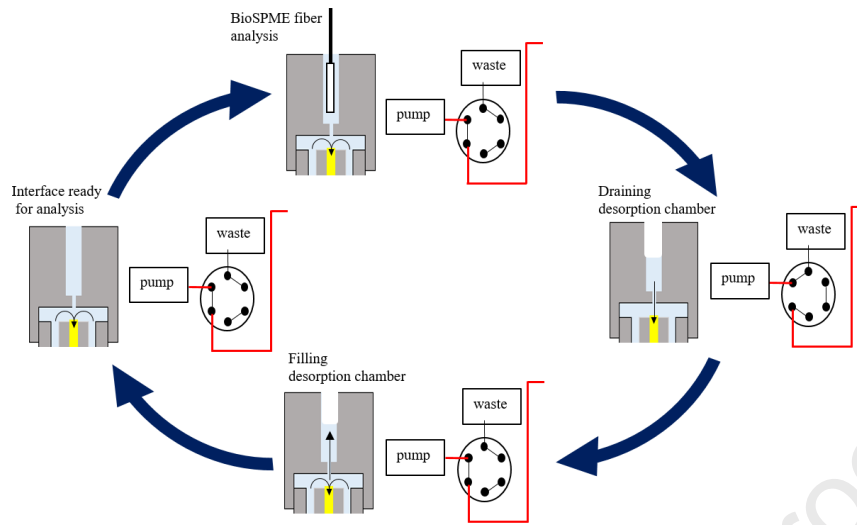
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**AUTHOR CONTRIBUTION**

E.N., M.T., D.R., G.A.G.R. V.K. and J.P. had contributed to design of the project. V.K. provided the residual whole blood samples of patients undergoing immunosuppression therapy. Experiments were performed by E.N., M.T., D.R. and G.A.G.R. under supervision of J.P. The manuscript and figures were prepared by E.N. and M.T. All authors reviewed the manuscript and supplementary information.

Journal Pre-proof



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1 **Rapid Determination of Tacrolimus and Sirolimus in Whole Human Blood by Direct**  
2 **Coupling of Solid-phase Microextraction to Mass Spectrometry via Microfluidic Open**  
3 **Interface**

4  
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**1 List of abbreviations:**

2 Tacrolimus (TAC), sirolimus (SIR), everolimus (EVE), cyclosporine A (CYC), matrix  
3 compatible solid-phase microextraction fibers (Bio-SPME), microfluidic open interface (MOI),  
4 chemical microparticle immunoassay (CMIA)

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## 1 Abstract

2 Immunosuppressive drugs are administered to decrease immune system activity (e.g. of  
3 patients undergoing solid organ transplant). Concentrations of ISDs immunosuppressive drugs in  
4 circulating blood must be closely monitored during the period of immunosuppression therapy  
5 due to adverse effects that take place when concentration levels fall outside of the very narrow  
6 therapeutic concentration range of these drugs. This study presents the rapid determination of  
7 four relevant immunosuppressive drugs (tacrolimus, sirolimus, everolimus, and cyclosporine A)  
8 in whole human blood by directly coupling solid-phase microextraction to mass spectrometry via  
9 the microfluidic open interface (Bio-SPME-MOI-MS/MS). The BioSPME-MOI-MS/MS method  
10 offers  $\leq 10\%$  imprecision of in-house prepared quality controls over a 10-day period,  $\leq 10\%$   
11 imprecision of ClinCal<sup>®</sup> Recipe calibrators over a three-day period, and single total turnaround  
12 time of  $\sim 60$  min (4.5 min for high throughput). The limits of quantification were determined to  
13 be  $0.8\text{ ng mL}^{-1}$  for tacrolimus,  $0.7\text{ ng mL}^{-1}$  sirolimus,  $1.0\text{ ng mL}^{-1}$  for everolimus, and  $0.8\text{ ng mL}^{-1}$   
14  $^1$  for cyclosporine. The limits of detection were determined to be  $0.3\text{ ng mL}^{-1}$  for tacrolimus,  $0.2$   
15  $\text{ng mL}^{-1}$  for sirolimus,  $0.3\text{ ng mL}^{-1}$  for everolimus, and  $0.3\text{ ng mL}^{-1}$  for cyclosporine A. The  $R^2$   
16 values for all analytes were above 0.9992 with linear dynamic range from  $1.0\text{ mL}^{-1}$  to  $50.0\text{ ng}$   
17  $\text{mL}^{-1}$  for tacrolimus, sirolimus, and everolimus while from  $2.5\text{ ng mL}^{-1}$  to  $500.0\text{ ng mL}^{-1}$  for  
18 cyclosporine A. To further evaluate the performance of the present method, 95 residual whole  
19 blood samples of tacrolimus and sirolimus from patients undergoing immunosuppression therapy  
20 were used to compare the Bio-SPME-MOI-MS/MS method against a clinically validated  
21 reference method based on chemiluminescent microparticle immunoassay, showing acceptable  
22 results. Our results demonstrated that Bio-SPME-MOI-MS/MS can be considered as a suitable  
23 alternative to existing methods for the determination of immunosuppressive drugs in whole

1 blood providing faster analysis, better selectivity and sensitivity, and a wider dynamic range than  
2 current existing approaches.

### 3 **Keywords**

4 Solid-Phase Microextraction; Microfluidic Open Interface; Tacrolimus; Sirolimus; Everolimus;  
5 Cyclosporine; Mass Spectrometry

## 6 **1. Introduction**

7 Patients that require suppression of their immune system's activity are usually prescribed  
8 immunosuppressive drugs (ISD), especially in cases involving solid organ transplantation, where  
9 it is critical to reduce the possibility of organ rejection. Due to the toxicity of ISDs, and to  
10 decrease the risk of organ rejection, the concentration of the prescribed ISDs in the patients'  
11 blood must be closely monitored in order to maintain concentrations within their narrow  
12 therapeutic range (5 – 20 ng mL<sup>-1</sup> for tacrolimus, 5 – 10 ng mL<sup>-1</sup> for sirolimus, 3 – 8 ng mL<sup>-1</sup> for  
13 everolimus, and 150 – 350 ng mL<sup>-1</sup> for cyclosporine A) [1]. Over or under administration of  
14 ISDs can lead to severe adverse effects. For instance, over administration can cause infection,  
15 malignancy, cardiovascular diseases, and diabetes, whereas under administration can result in  
16 graft loss resulting from acute and/or chronic organ rejection [2]. Besides the narrow therapeutic  
17 range and the likelihood of ISD misadministration, some additional challenges regarding ISD  
18 analysis include highly variable dose/exposure relationships, as well as toxicodynamic effects  
19 that cannot be easily differentiated from clinical diseases' symptoms [3].

20 In this context, several methods have been developed to monitor the concentration of  
21 ISDs in whole blood. Among them, the most widespread and commonly used methods are  
22 immunoassay-based [1–3]. Some popular immunoassay methods are enzyme-linked

1 immunosorbent assay [4], quantitative microsphere system [5], electrochemiluminescence  
2 immunoassay [6,7], microparticle enzyme immunoassay [8], affinity column-mediated  
3 immunoassay [8], and chemiluminescent microparticle immunoassay [9]. These methods have  
4 some important advantages such as fast turnaround time (due to total automation of their work  
5 flow) and commercial availability [5,6,9,10]. However, immunoassay methods have major  
6 limitations: the possibility of interference and lack of clinical accuracy stemming from cross-  
7 reactivity with other drugs or metabolites [1,3]. Liquid chromatography-mass spectrometry (LC-  
8 MS) has become the gold standard for analysis of ISDs since it addresses most of the limitations  
9 of immunoassay-based methods without compromising the time of analysis and workflow  
10 simplicity [11–14]. In general, MS-based methods are capable of monitoring multiple analytes  
11 simultaneously in a single instrument, a feat otherwise impossible in the case of immunoassays.  
12 This feature is especially advantageous when some immunosuppression therapies include  
13 coadministration of ISDs with different modes of action, which is generally carried out with the  
14 aim to reduce adverse effects of individual ISDs [1,15–19]. From an economical point of view,  
15 even though initial investment costs for an LC-MS system are higher; the lower cost of reagents  
16 and consumables offsets the initial investment over the time [14,20]. This fact is clearly reflected  
17 in the increased utilization of LC-MS assays in the market in recent years (~ 50 % for CYC and  
18 TAC and ~ 70 % for SIR and EVE) [3,11]. As a consequence of growing MS market, various  
19 direct-to-MS approaches targeting rapid determination have been developed, such as the  
20 Phytronix<sup>®</sup> Technologies laser diode thermal desorption module [21] and paper spray [22,23],  
21 among others. However, despite their practicality, these approaches have several drawbacks, the  
22 most detrimental being the higher susceptibility to matrix effects, and instrumental  
23 contamination due to the lack of separation and sample preparation, respectively [24].



1           It is crucial to emphasize that sample preparation is a critical step in any analytical  
2 workflow given that proper sample preparation can provide sufficient sample cleanup as well as  
3 suitable isolation and enrichment of target analyte(s) [25]. In this context, several sample  
4 preparation strategies have been employed to determine ISDs in whole blood, generally  
5 involving protein precipitation, solid-phase extraction, or liquid-liquid extraction [1,18].  
6 Specifically for direct-to-MS methodologies with online sample preparation, Turboflow [26] and  
7 Rapidfire<sup>TM</sup> [27] have been developed. A methodology worth highlighting for direct-to-MS  
8 analysis is the coupling of solid-phase microextraction (SPME), an open-bed extraction  
9 methodology that has been shown to be an efficient way of introducing a rapid sample  
10 preparation step into the analytical workflow [28,29]. SPME-MS provides rapid analyte  
11 enrichment onto the matrix-compatible extraction phase with minimal co-extraction of matrix  
12 components that cause matrix effects, thus enabling the introduction of clean extracts for  
13 quantitative and reproducible results [30–35]. Furthermore, it addresses the drawbacks of the  
14 aforementioned direct-to-MS approaches by offering a more streamlined process since it  
15 consolidates a lot of manual steps into a single step, while simultaneously eliminating the risk of  
16 cartridge/column clogging. For determination of ISDs in whole blood by SPME-MS, coated  
17 blade spray [25,36] and fibers [37] using biocompatible hydrophilic-lipophilic balanced coatings  
18 have been employed to date.

19           This work describes the development of a Bio-SPME-MS/MS method for simultaneous  
20 determination of four immunosuppressive drugs (tacrolimus, sirolimus, everolimus, and  
21 cyclosporine A) from whole human blood via the microfluidic open interface (MOI). The present  
22 work serves as an evaluation and further development of the proof-of-concept method that was  
23 reported by Tascon et al. in 2018 [37]. Briefly, the MOI system allows analytes on Bio-SPME

1 devices to be rapidly desorbed in the flow-isolated chamber, while at the same time, the  
2 desorption solution is continuously supplied to the electrospray source of the instrument. This  
3 setup offers great sensitivity due to the small volume ( $< 4 \mu\text{L}$ ) of the flow-isolated region  
4 (desorption chamber) and rapid transfer of the concentrated analyte plug towards the electrospray  
5 source (**Supplementary material, Figure S1**) [30,37,38]. In addition, general method  
6 development criteria were followed to evaluate the inter-day stability, carryover, precision,  
7 accuracy, and sensitivity of the method [3,39]. Finally, cross-validation against the routinely  
8 used method for ISDs analysis, chemiluminescent microparticle immunoassay (CMIA), was  
9 performed, obtaining acceptable values [9].

## 10 **2. Materials and Methods**

### 11 **2.1 Materials and Supplies**

12 LC-MS grade methanol, acetonitrile, isopropanol, and dimethylformamide were  
13 purchased from Fisher Scientific (Bartlesville, OK, USA). LC-MS formic acid, polyacrylonitrile,  
14 and ammonium acetate were purchased from Sigma-Aldrich (Saint Louis, MO, USA).  
15 Tacrolimus (TAC), Sirolimus (SIR), Everolimus (EVE), Cyclosporine A (CYC), TAC  $^{13}\text{C}$   $\text{d}_2$ ,  
16 EVE  $\text{d}_4$ , and CYC  $^{15}\text{N}_{11}$  were purchased from Cerilliant Corporation (Round Rock, TX, USA).  
17 CYC  $\text{d}_4$  was purchased from Toronto Research Chemicals (Toronto, ON, CA). All the  
18 physicochemical parameters can be found in **Supplementary Material Table S1**. Analyte stock  
19 solutions were prepared in acetonitrile at  $100 \mu\text{g mL}^{-1}$  and stored at  $-80 \text{ }^\circ\text{C}$ . Recipe ClinCal<sup>®</sup>  
20 whole blood immunosuppressant quality control (QC) levels (Blank, Level 1- 6; LOT#: 1366)  
21 were purchased from Recipe (Munich, Germany). Pooled whole human blood containing  $\text{K}_2$ -  
22 EDTA was purchased from BioIVT (Westbury, NY, USA). Whole blood samples were collected

1 from patients receiving immunosuppressant therapy (TAC and SIR) at the University Health  
2 Network (UHN; Toronto, ON; Canada). Informed consent was obtained prior to sample  
3 collection, and ethics approval was waived by the Research Ethics Board at UHN for use of  
4 collected samples for evaluation of method performance. Five micrometer Oasis® hydrophilic-  
5 lipophilic balance (HLB) particles used to coat the BioSPME fibers were graciously provided by  
6 Waters Corporation (Wilmslow, United Kingdom). Bio-SPME fibers were prepared by dipping  
7 ~~coating~~ nitinol wire (200 µm diameter) in HLB particles suspended in a polyacrylonitrile-  
8 dimethylformamide mixture where procedure is-described in the **Supplementary material**. All  
9 Bio-SPME fibers used in this study had a coating length of 10 mm and 25 µm thickness. All  
10 fibers were made for single use, and as such, were discarded in a biohazard bin following  
11 analysis.

## 12 **2.2 Sample preparation**

13 In-house QCs and calibration levels were prepared by spiking pooled whole blood with  
14 the ISDs mixture, keeping the organic solvent content in the sample below 1 %. Spiked whole  
15 blood samples were incubated overnight at 4°C so as to allow analytes to bind with the whole  
16 blood matrix. Following overnight incubation, spiked samples were pipetted into 200 µL  
17 aliquots, and subjected to the following mechanical lysis process: three freeze-thaw cycles (a  
18 cycle consisted out of placing the sample for 1 min in liquid nitrogen and then for 1 min in an ice  
19 bath). Finally, samples were stored at -80 °C until the moment of the experiment.

20 Prior to analysis, the samples were subjected to an additional chemical lysis process  
21 where 1.3 mL of a lysis solution containing the internal standards 0.1M zinc  
22 sulfate:acetonitrile:water (6:3:1, v/v) with 1.1 ng mL<sup>-1</sup> of TAC <sup>13</sup>C d<sub>2</sub>, EVE d<sub>4</sub>, and 11.2 ng mL<sup>-1</sup>  
23 of CYC d<sub>4</sub>; was added to thawed 200 µL aliquot of whole blood. Immediately after the Bio-

1 SPME fiber was directly immersed in the solution to initiate the extraction. Extractions were  
2 performed using a VWR<sup>®</sup> Thermal Shake Touch set at 2200 rpm and at 55 °C for 60 min.

### 3 **2.3 Analysis via MOI-MS/MS**

4 The analytical workflow consisted of four steps: 1) Extraction of analytes with a Bio-  
5 SPME fiber (60 min); 2) Rinsing of fiber in water for 5 seconds so as to remove salt residuals  
6 and non-specific matrix components from blood that could be loosely attached to the coating  
7 surface; 3) Placement of the Bio-SPME fiber into the pre-filled MOI chamber; and 4)  
8 Introduction of the desorbed analytes into the API 4000 (SCIEX, Concord, ON, Canada) by the  
9 self-aspiration of the TurboIon<sup>™</sup> electrospray source [37]. More information regarding  
10 instrumental parameters for analysis of ISD can be found in the **Supplementary Material Table**  
11 **S2**. Furthermore, detailed information on the analytical workflow is shown in **Figure 1**.

12 A Shimadzu 10AD LC pump was used to supply the desorption solution, which was  
13 comprised of 12 mM ammonium acetate and 0.1 % of formic acid (v/v) in methanol, to the MOI  
14 setup. The MOI set-up consisted of a Shimadzu LC pump providing the desorption solution  
15 through a switch valve to the ESI source and the desorption chamber. Once the desorption  
16 chamber was filled and equilibrium was reached between the LC pump supply flow rate and  
17 aspiration flow rate (generated by the ESI source), the Bio-SPME fiber was introduced into the  
18 desorption chamber. After 5 seconds of fiber immersion for desorption, the Bio-SPME fiber was  
19 withdrawn, and the valve was switched in order to rapidly move the desorbed plug of analytes  
20 towards the ESI source [30,37,38]. Once the desorption chamber was emptied, the switch valve  
21 was returned to the initial position. At this stage, a higher desorption flow rate was used to fill  
22 the desorption chamber. Finally, the chamber was refilled and drained three consecutive times to  
23 prevent any carryover from previous desorption stages. Electrospray ionization parameters for

1 optimum performance of the MOI and for ionization in positive mode were auxiliary gases GS1  
2 = 90 psi, GS2 = 70 psi and, curtain gas = 25 psi, voltage = 5000 V, and temperature = 300 °C. A  
3 schematic of the MOI setup and operational features are shown in **Figure S3** of the  
4 **Supplementary Material**.

#### 5 **2.4 Inter-day stability and imprecision evaluation of in-house prepared whole blood QC** 6 **samples**

7 The inter-day stability was evaluated by performing measurements for ten consecutive  
8 days, using four independent replicates per day for three in-house prepared QC levels (i.e. 2.5,  
9 7.5, and 15 ng mL<sup>-1</sup> for TAC, SIR, and EVE; and 50, 150, and 300 ng mL<sup>-1</sup> for CYC).

#### 10 **2.5 Calibration plots**

11 To evaluate the ability of internal standards to correct for experimental and instrumental  
12 variances following their addition to lysis solutions, three calibration plots were prepared with  
13 three different hematocrit levels in whole blood (20%, 40% and, 70% hematocrits) and analyzed  
14 in triplicate, covering the following concentration range: 1.0 – 50.0 ng mL<sup>-1</sup> for TAC, SIR, and  
15 EVE and 10 – 500 ng mL<sup>-1</sup> for CYC.

16 The sensitivity of the MOI-MS/MS method was assessed by analyzing seven calibration  
17 levels, one blank level, and three in-house prepared QC levels, all in quadruplicate. The  
18 calibration solutions were spiked between 1.0 – 50 ng mL<sup>-1</sup> for TAC, SIR, EVE and 10 – 500 ng  
19 mL<sup>-1</sup> for CYC. In-house QC levels were prepared with different lots of whole blood to meet  
20 general method development criteria [3,39]. The limit of quantitation (LOQ) was estimated using  
21 the lowest calibration point that met the following requirements: 1) lowest calibration point with

1 the signal to noise ratio  $\geq 10$ , 2) 80 – 120 % back-calculated accuracy using linear regression  
2 line, and 3) imprecision of  $< 20$  %.

### 3 **2.6 Bio-SPME-MOI-MS/MS cross-validation against CMIA**

4 Experimental information regarding CMIA method is described elsewhere [9].  
5 Concentrations calculated using the Bio-SPME-MOI-MS/MS assay were compared to those  
6 obtained by the Abbot ARCHITECT i2000 CMIA. Two sets of patient samples ( $n = 95$ )  
7 containing TAC and SIR were analyzed separately for this purpose, using respective  
8 immunoassay kits. Each set was analyzed in a single replicate together with a single replicate of  
9 calibration levels, in-house QC, and Recipe ClinCal®. Additionally, inter-day imprecision  
10 analysis ( $n = 3$ ) was performed using Recipe ClinCal® QC levels. Previously determined  
11 concentrations with the CMIA assay ranged between  $2.5 - 26.3 \text{ ng mL}^{-1}$  for TAC and  $1.8 - 27.8$   
12  $\text{ng mL}^{-1}$  for SIR. Statistical analysis comprised slope, intercept, and correlation coefficient  
13 determination using Passing-Bablok regression with a 95 % confidence interval. Relative and  
14 absolute method bias was determined and visualized using a Bland-Altman plot. The acceptance  
15 criteria for method comparison were defined as the slope of  $1.00 \pm 0.25$  and  $R^2 \geq 0.9$ .

16 All statistical analysis was performed on MedCalc® (v. 14.8.1) and Microsoft® Excel® 2013  
17 (v. 15.0.5059.1000).

18

## 19 **3. Results and Discussions**

### 20 **3.1 Bio-SPME-MOI-MS/MS and general method development**

1           The imprecision of the calibration plot slopes prepared with three different lots of blood  
2 containing different hematocrit levels was evaluated. Total imprecision was < 6 % for TAC, < 4  
3 % for SIR, < 6 % for EVE, and < 2 % for CYC (**Supplementary Material, Figures S4-S7**).  
4 These results succinctly proved that the spiking of internal standards in the lysis solution was  
5 able to accurately correct for hematocrit level variability in whole blood [40].

6           The inter-day imprecision of the proposed methodology was evaluated by analyzing the  
7 in-house prepared QC levels in quadruplicate. The effect of the mechanical lysing step has been  
8 studied and shown in **Supplementary Material Figures, S1-S2**. It can be seen from  
9 **Supplementary Material Figure S1** that for first several time points across all in-house QC  
10 Levels for TAC there is an increase in the analyte/internal standard ratio. This suggests that  
11 chemical lysing step alone is not capable of fully lysing the red blood cells. For SIR, EVE, and  
12 CYC, this effect is not observed. Obtained imprecision over the interday period is shown in  
13 **Supplementary Material Table S3**, and is between 6 – 20 % for all analytes across all in-house  
14 QC levels. After introducing a mechanical lysing step as an aid to the aforementioned chemical  
15 lysing, the results have improved. For TAC, the increasing trend over the first several time points  
16 is no longer observed, and across all in-house QC levels for all analytes, the deviation of the  
17 analyte/internal standard ratios has been decreased in comparison chemical lysing step alone.  
18 This is evident from imprecision values in Table 2, which ranged from 4 – 10 % for all analytes  
19 across all in-house QC levels. Additionally, an inter-day evaluation of Recipe<sup>®</sup> ClinCal QCs in a  
20 single replicate was carried out in three days as an alternative imprecision evaluation of the  
21 MOI-MS/MS method. Imprecision values are summarized in **Table 2**. Recipe<sup>®</sup> ClinCal QC  
22 imprecision values were  $\leq 9\%$  for TAC,  $\leq 10\%$  for SIR,  $\leq 7\%$  for EVE, and  $\leq 9\%$  for CYC.

1            Since the desorption solution does not continuously flow through the desorption chamber  
2 during analysis, there is a chance that carryover may occur between introduction of the isolated  
3 volume for the analysis. The desorbed plug of analytes is carried to the detector surrounded by a  
4 pure desorption solution [41]. To further prevent carryover from affecting results, three  
5 additional ‘dummy’ desorption steps (fill the desorption chamber, hold for 5 seconds, drain the  
6 desorption chamber to the MS) were carried out prior to the introduction of each Bio-SPME  
7 fiber. This set of measures was able to clean the desorption chamber prior to subsequent analysis  
8 and prevent carryover (**Supplementary Material Figures S8-S11**).

### 10 **3.2 Limit of quantitation, limit of detection, and linearity evaluation**

11            The method’s LOQ achieved for a given ISD should be at least one-third to one-half of  
12 the lower limit of its target concentration window [3]. LOQs and linearity of the MOI-MS/MS  
13 method were determined for each ISD analyte using matrix-matched calibration plots (**Table 1**  
14 and **Figure 2**). The LOQs were determined to be  $0.8 \text{ ng mL}^{-1}$  for TAC,  $0.7 \text{ ng mL}^{-1}$  for SIR,  $1.0$   
15  $\text{ng mL}^{-1}$  for EVE, and  $0.8 \text{ ng mL}^{-1}$  for CYC. These were determined using lowest calibration  
16 point, and limits of detection we taken as one-third of limit of quantitation. In this manner, the  
17 therapeutic range of all ISD is completely covered with a determined linear dynamic range  
18 [3,25].

### 20 **3.3 Bio-SPME-MOI-MS/MS vs CMIA for TAC and SIR**

21            Anonymized residual whole blood samples from patients undergoing immunosuppressive  
22 therapy were quantified with the developed MOI-MS/MS method and statistically compared to



1 an already validated CMIA assay (**Figure 3; Supplementary Material Figures S16-17**). The  
2 acceptance criteria were defined as a slope of  $1.00 \pm 0.25$  and  $R^2 \geq 0.9$  for Passing and Bablok  
3 regression analysis.

4 For the set of TAC samples, MOI-MS/MS showed acceptable agreement with CMIA  
5 with a slope of 1.227 (95 % confidence interval: 1.148 to 1.307), an intercept of 0.066 (95 %  
6 confidence interval: - 0.704 to 0.589), and  $R^2$  of 0.904. The lack of a slope value of 1 in the 95 %  
7 confidence interval explains the proportional differences between the two methods. Additionally,  
8 no systematic differences could be studied given that the 95 % confidence interval contains an  
9 intercept value of 0. A Bland-Altman plot identified 93.75 % (90/95) of samples within a 95 %  
10 confidence interval. The average bias was determined to be  $+ 1.9 \text{ ng mL}^{-1}$  or 19.3 %.

11 Regarding the set of samples containing SIR, the method showed good agreement with  
12 CMIA, providing a slope of 0.830 (95 % confidence interval: 0.789 to 0.885) and an intercept of  
13 - 0.095 (95 % confidence interval: - 0.624 to 0.222). Similarly to TAC samples, SIR samples  
14 showed some proportional bias and no systematic bias. Additionally, the Bland-Altman plot  
15 identified 95.8 % (91/95) of samples within a 95 % confidence interval. The average bias was  
16 determined to be  $- 2.3 \text{ ng mL}^{-1}$  or approximately - 19.3 %.

17 Several studies have shown the positive bias of immunoassay-based methods compared  
18 to LC-MS/MS-based methods, and these differences have been mostly attributed to the cross-  
19 reactivity of ISD metabolites. Proportional differences are especially observed for SIR, but it  
20 also must be kept in mind that proportional and systematic differences depend on the type of  
21 commercial immunoassay kit and external calibrator reference materials used [8,9,42,43].  
22 Moreover, similar results have been achieved herein as compared to another recent publication in  
23 the based on the SPME [36].

### 3.4. Comparison of Bio-SPME-MOI-MS/MS vs other technologies

Reports in the literature suggest that a total turnaround time of 3 – 6 hours is desirable for clinical applications so as to allow for daily dose adjustments [3]. Therefore, in this case, aiming to achieve total turnaround times that meet the requirements demanded in clinical environments, the IS's are added to the lysis solution instead of being spiked to the whole blood. Using this approach, a single sample can be completely analyzed in less than 62 minutes, an appropriate timeframe for clinical environments. Additionally, taking into account the high throughput capabilities of the method (reduction by a factor of 24, number of vials VWR® Thermal Shake Touch can accept at once), a total time of 4.5 minutes per single sample can be achieved. By doing this, the IS mixture can still accurately correct for subsequent experimental and/or instrumental variations. This is evidenced from **Supplementary Material Figures S4-S7** where an imprecision  $\leq 10\%$  was achieved for method evaluation by using different whole blood lots with varying hematocrit levels.

Even though the method herein proposed met the desired turnaround time for daily dose adjustments in clinical environments [3], the Bio-SPME-MOI-MS/MS method is at disadvantage compared to other methods in terms of single sample turnaround time [23,26,27,44]. However, the method turnaround time is comparable to other reported assays when samples are run in a high-throughput fashion. Most traditional sample methodologies involve manual steps that reduce their high throughput capability (e.g. centrifugation of samples [9,21,26,27,44] or drying of samples [22,23]), whereas Bio-SPME fibers can be arranged to be operated on liquid handlers previously used for other SPME devices in high-throughput applications [32,45,46]. Thus, simplifying the overall workflow to minimize manual work. Additionally, BioSPME-MOI-MS/MS does not require a pressurized system for analysis, an advantage that reduces overall

1 system cost and contributes to design simplicity in comparison to existing methodologies.  
2 [14,26,27]

3 Additionally, the developed method uses a combination of mechanical and chemical  
4 lysing of the matrix (freeze-thaw cycles and addition of zinc sulfate:acetonitrile composition) to  
5 ensure that all analytes are released from the matrix prior to the extraction process, which is  
6 desirable for a non-exhaustive technique like SPME, which extracts exclusively via the free  
7 concentration of analytes. This allows our method to obtain comparable LOQs with other  
8 methodologies [26,27,36,44,47] for determination of ISDs in whole human blood, with other  
9 methods capable of reaching the recommended requirement of  $\leq 1.0 \text{ ng mL}^{-1}$  for tested analytes  
10 (with the exception of paper spray [23]) [3].

#### 11 **4. Conclusions**

12 This manuscript presents a method for the simultaneous analysis of four ISDs from whole  
13 human blood using Bio-SPME-MOI-MS/MS technology. The method contributed to a single  
14 total turnaround time of 62 min, which surpasses the total turnaround time desirable in clinical  
15 environments (3 – 6 hours) without compromising the sensitivity, precision and/or the accuracy  
16 of the assay. Additionally, it is important to mention that when experiments are carried out in a  
17 high-throughput fashion, the total turnaround time decreases by a factor of 24, yielding a total  
18 turnaround time of 4.5 min per single sample. The imprecision of the assay was determined to be  
19  $\leq 10 \%$  for in-house prepared QCs of each ISD over a 10-day period, while commercial QCs  
20 ((Recipe ClinCal<sup>®</sup>). also yielded an imprecision of  $\leq 10 \%$ . LOQs of less than one-third of the  
21 lowest concentration level for TAC, SIR, EVER, and CYC were achieved. Results of a cross-  
22 validation against a well-established CMIA assay for TAC and SIR did not show any systematic

1 differences (TAC: Passing and Bablok intercept of 0.066 with the interval of -0.704 – 0.589 and  
2 SIR: -0.905 with the interval of -0.624 – 0.222), but it has evidenced some proportional  
3 differences for both TAC and SIR (TAC: Passing and Bablok slope of 1.227 with an interval of  
4 1.148 – 1.307 and SIR: Passing and Bablok slope of 0.830 with an interval of 0.789 – 0.885).  
5 The latter being inherent of comparisons between any MS-based method and immunoassay  
6 based methods. In order to make a more appropriate method comparison, the future work will  
7 involve the comparison of the SPME-MOI-MS/MS to validated LC-MS methods instead of  
8 knowingly biased immunoassay-based methods. In conclusion, this method offers a fast option  
9 for ISDs determination from whole blood matrixes while meeting general method development  
10 criteria.

11

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20

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1

Journal Pre-proof

1 **Table 1.** Figures of merit for determination of tacrolimus (TAC), sirolimus (SIR), everolimus  
 2 (EVE), and cyclosporine A (CYC) in whole human blood. TAC, SIR, and EVE in-house quality  
 3 control (QC) concentrations were 2.5 ng mL<sup>-1</sup>, 7.5 ng mL<sup>-1</sup>, and 15 ng mL<sup>-1</sup> for QC Level 1, QC  
 4 Level 2, and QC Level 3, respectively; while CYC concentrations were 50 ng mL<sup>-1</sup>, 150 ng mL<sup>-1</sup>,  
 5 and 300 ng mL<sup>-1</sup> for QC Level 1, QC Level 2, and QC Level 3, respectively.

Analyte	LDR (ng mL <sup>-1</sup> )	LOQ (ng mL <sup>-1</sup> )	LOD (ng mL <sup>-1</sup> )	Accuracy, % (n=4)		
				QC Level 1	QC Level 2	QC Level 3
<b>TAC</b>	1.0 – 50.0	0.8	0.3	86	115	101
<b>SIR</b>	1.0 – 50.0	0.7	0.2	112	107	93
<b>EVE</b>	1.0 – 50.0	1.0	0.3	81	87	83
<b>CYC</b>	2.5 – 500.0	0.8	0.3	96	91	89

6 LDR: linear dynamic range; LOQ: limit of quantitation; LOD: limit of detection, QC: quality  
 7 control

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- 1 **Table 2.** Total inter-day imprecision of method for TAC, SIR, EVE, and CYC from Recipe  
 2 ClinCal<sup>®</sup> and in-house prepared QCs.

		Imprecision (n=10) %				Concentration (ng mL <sup>-1</sup> )			
		TAC	SIR	EVE	CYC	TAC	SIR	EVE	CYC
In-house QC	Level 1	4	8	6	2	2.5	2.5	2.5	50.0
	Level 2	3	4	5	6	7.5	7.5	7.5	150.0
	Level 3	3	10	6	3	15.0	15.0	15.0	300.0
Recipe ClinCal <sup>®</sup>	Level 1	9	10	7	1	1.3	1.5	1.5	26.3
	Level 2	3	3	4	9	2.5	2.9	2.9	48.9
	Level 3	1	9	3	7	5.3	5.7	5.3	93.0
	Level 4	4	3	5	4	10.9	11.9	11.7	180.0
	Level 5	5	4	3	9	21.6	23.5	23.2	440.0
	Level 6	1	1	6	N/A	44.1	49.8	48	1287.0

- 3 N/A: Concentration of this calibrator level exceeds the linear dynamic range of the method

4

## 1 **Figure Captions**

2 **Figure 1.** General workflow of the proposed method. **A.** Aliquot whole blood spiked with ISDs,  
3 **B.** Perform mechanical lysing (freeze-thaw cycle, three times), **C.** Perform chemical lysing  
4 (addition of 6:3:1, V:V, 0.1M Zinc Sulfate:Acetonitrile:Water mixture containing ISDs' internal  
5 standards), **D.** Extraction using VWR® Thermal Shake Touch at 2200 RPM and 55°C, **E.**  
6 Desorption of 5 seconds in the MOI, **F.** Instrumental analysis

7 **Figure 2.** Linear regression analysis of tacrolimus (TAC), sirolimus (SIR), everolimus (EVE),  
8 and cyclosporine A (CYC) in whole human blood. Black circles correspond to the calibration  
9 points, orange squares correspond to the internal quality control levels, and small insert on the  
10 right-bottom side of each graph is enlarged calibration plot at the limit of quantification levels  
11 for each analyte.

12 **Figure 3.** Passing and Bablok regression comparisons and Bland-Altman plots for TAC (**A** and  
13 **B**) and SIR (**C** and **D**) between MOI-MS/MS and Architect CMIA

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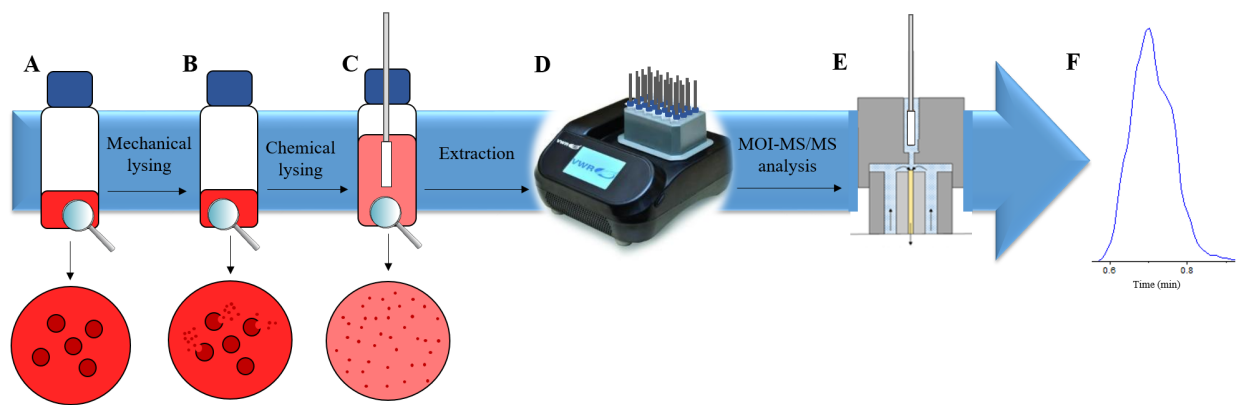
17

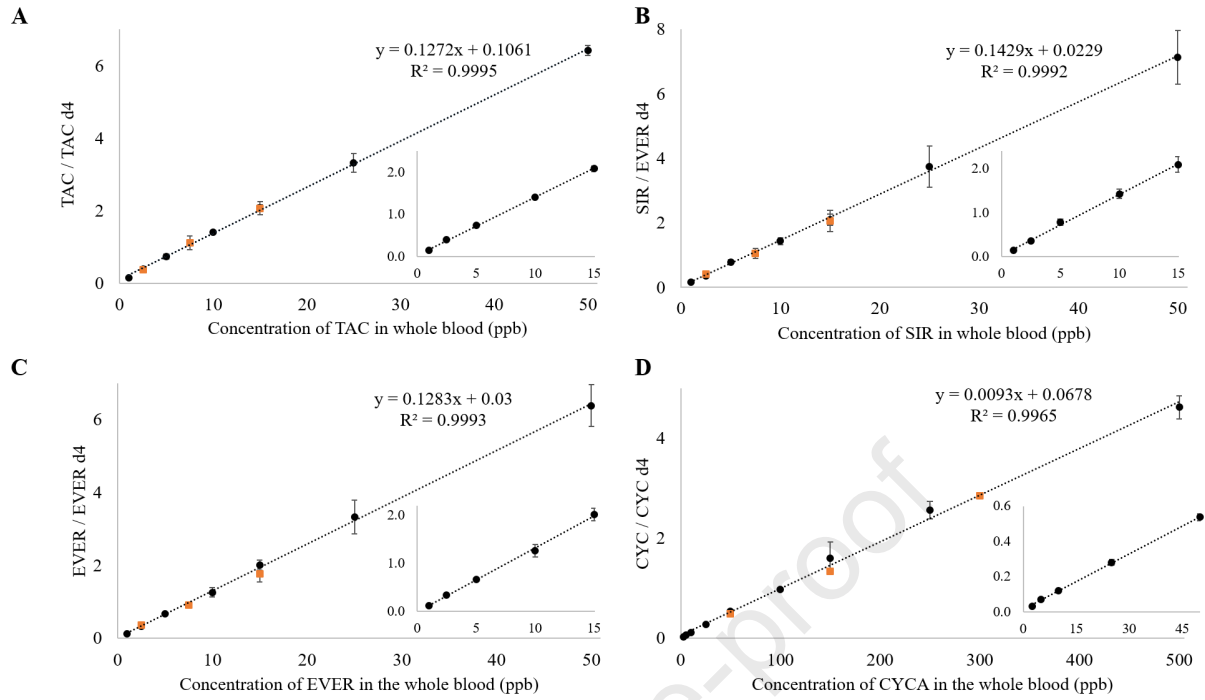
18

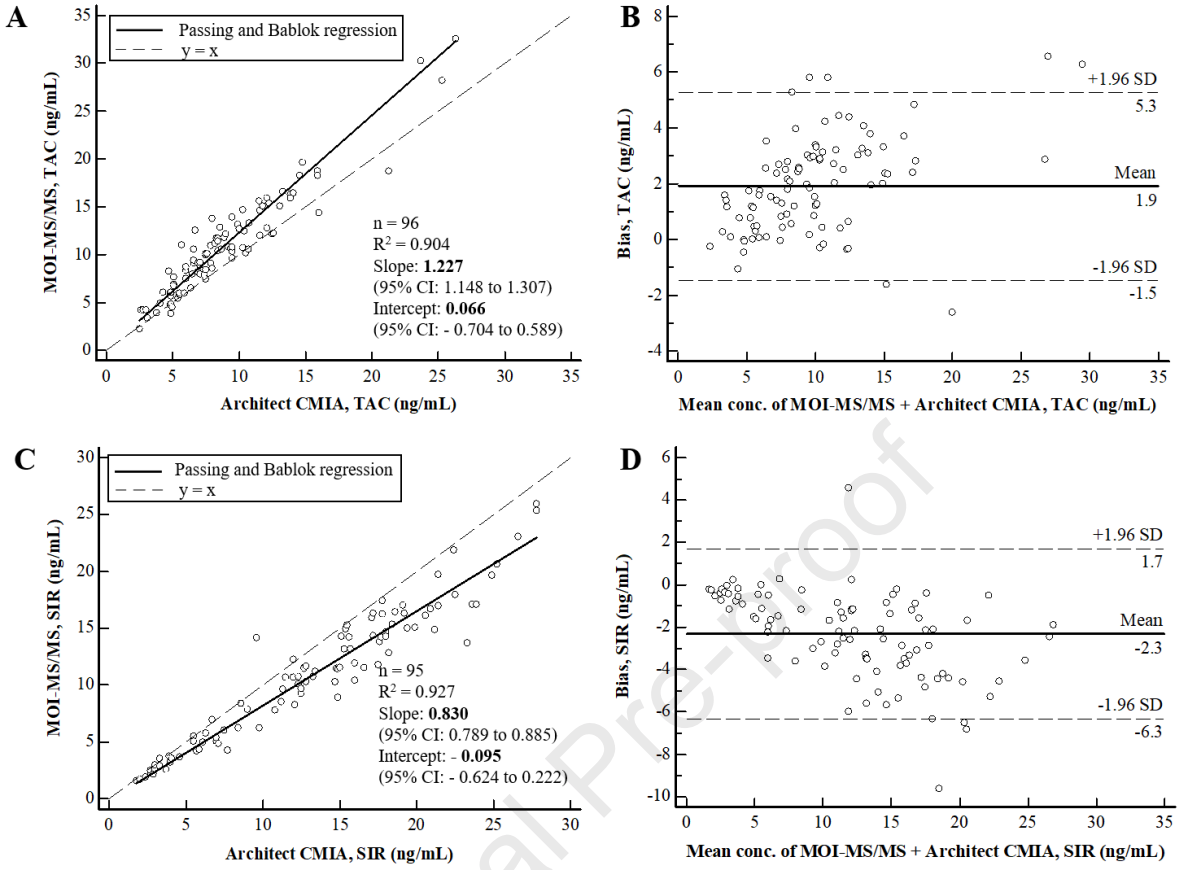
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**Highlights**

1. Determination of immunosuppressive drugs from whole blood
2. The limits of quantitation in sub 1 ng mL<sup>-1</sup> range
3. Single turnaround time was ~60 min (4.5 min for high throughput) per single sample
4. Microfluidic open interface - mass spectrometry as an alternative in bioanalysis
5. Cross-validation against chemiluminescent microparticle immunoassay method

**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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