

IX INTERNATIONAL MEETING OF THE LATIN AMERICAN SOCIETY FOR BIOMEDICAL RESEARCH ON ALCOHOLISM (LASBRA) NOVEMBER 7TH, 8TH AND 9TH, 2019.

"DETERMINANTS OF ALCOHOLISM: BRIDGING THE GAP BETWEEN EPIDEMIOLOGICAL AND BASIC RESEARCH"

Activity organized by LASBRA executive committee, with the financial or logistical help of Secretaría de Prevención y Asistencia de las Adicciones (Gobierno de Córdoba), IBRO, CONICET, Universidad Nacional de Córdoba, Instituto Ferreyra (INIMEC-CONICET) and the Ministry of Science and Technology (Gobierno de Córdoba)



International Brain Research Organization
Bringing neuroscience to the world









Secretaría de PREVENCIÓN Y ASISTENCIA DE LAS ADICCIONES

Ministerio de SALUD

ELSA 2016 COHORT: ALCOHOL, TOBACCO, AND MARIJUANA USE IN ARGENTINEAN COLLEGE FRESHMEN

Vaggione, Matias¹, Dubini, Santiago¹, Pagliero, Maria del Huerto¹, Gutierrez, Agustina¹, Pilatti, Angelina¹⁻², Rivarola Montejano, Gabriela¹⁻², & Michelini, Yanina¹⁻²

¹Universidad Nacional de Córdoba. Facultad de Psicología. Córdoba, Argentina ²Instituto de Investigaciones Psicológicas, IIPSI, UNC-CONICET. Córdoba, Argentina angepilatti@gmail.com

Emerging adulthood is the developmental stage between adolescence and young adulthood that involves exploration of life alternatives concerning love, work and interests as well as instability. This stage, and particularly, the transition from high school to university life, is considered a high-risk stage for the initiation and escalation of substance use. Culture and particular idiosyncratic features of college life may potentiate or interact with these transitions leading to different substance use outcomes. There are, however, noticeable differences in college life between Argentina and US, the country that concentrates the vast majority of research on substance use during the college years. The present cross-sectional study describes the occurrence of alcohol, tobacco, and marijuana use in a large sample of Argentinean college freshmen (n = 4083, 40.1% men; M age = 19.39 ± 2.18 years). Participants completed a survey that measured substance use (alcohol [with a focus on heavy drinking and binge drinking behaviors], tobacco, and marijuana). Results: The findings indicated that alcohol use is nearly normative (90.4 and 80.3% with last year and last month use, respectively) and heavy episodic drinking is highly prevalent (68.6). Tobacco use (51.3 and 36.3% lifetime and last year use, respectively) and marijuana use (36.0 and 27.5% lifetime and last year use, respectively) was lower than alcohol use. The analysis of sex differences in the frequency of heavy episodic drinking and frequency of tobacco and marijuana use showed that men and women exhibited a fairly similar prevalence of these behaviors when focusing on less-than weekly use. Discussion: A main contribution of this study was the description of substance use behaviors in a large sample of Argentinean college freshman (from many and different careers). Overall, results suggest that alcohol use is more prevalent in Argentina than in U.S. while the opposite applies for marijuana use.

MARIJUANA USE AND PROTECTIVE BEHAVIORAL STRATEGIES IN ARGENTINEAN COLLEGE STUDENTS

Rinaldi, Carolina¹, Gómez Manzone, Ezio Arian¹, Calos de Vit, Joel¹, Cuello, Florencia¹, Michelini, Yanina^{1,2}, Rivarola Montejano, Gabriela^{1,2}, & Pilatti, Angelina^{1,2}

¹Universidad Nacional de Córdoba. Facultad de Psicología. Córdoba, Argentina ²Instituto de Investigaciones Psicológicas, IIPSI, UNC-CONICET. Córdoba, Argentina

The Protective Behavioral Strategies Scale for Marihuana [PBSM] measures the frequency of engaging in specific behaviors to reduce or minimize the negative consequences of marijuana. Previous studies, conducted mostly with college students from U.S., showed a robust association between PBSM scores and marijuana outcomes. This study examined the use of protective behavioral strategies and its association with marijuana use (i.e., frequency and quantity) and marijuana-related negative consequences in 158 freshman college students (51.3% women, M age = 20.08 ± 4.18) from Argentina. College freshman that reported using marijuana at least once with the previous month completed an online survey that assessed frequency (i.e., number of