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DIFFERENCES IN MARIJUANA OUTCOMES AS A FUNCTION OF SEX AND FREQUENCY OF USE

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Marijuana is the most extensively used regulated drug in the world. Prevalence of marijuana use peak in emerging adulthood and, particularly, during college years. Heavy marijuana use is associated with a broad myriad of negative consequences (lower academic achievement, increased rate of dropout, risky sexual behavior). Traditionally, men have exhibited a greater prevalence of marijuana use than women. The present study examined the occurrence of marijuana use and marijuana-related negative consequences (NC) in a sample of Argentinean college students ($n = 279$, 75.6% women; M age = 23.02 ± 3.36 years). Specifically, we examined 1-differences in marijuana outcomes (i.e., prevalence and NC) as a function of sex and 2-differences in NC between high- and low-frequency users. Participants completed an online survey that measured frequency of marijuana use during the previous year and month and NC (assessed with the Marijuana Consequences Questionnaire [MACQ]). The MACQ is a 50-items scale grouped in eight subscales: Social-interpersonal Consequences, Impaired Control, Self-Perception, Self-Care, Risk Behaviors, Academic/Occupational Consequences, Physical Dependence, and Blackouts. Each item is scored dichotomously to reflect presence/absence of the NC. The total score reflects the total number of NC. We conducted X^2 tests to examine the association between sex and prevalence of marijuana use. We applied the Student's t -test to examine differences in NC as a function of sex and frequency of marijuana use. Results: Marijuana use was highly prevalent with 46.6% and 33% exhibiting last year and last month use, respectively. Men and woman exhibited a statistically similar frequency of marijuana use. Findings suggest that men and women exhibited statistically similar NC in all, but self-perception ($t = 2.26_{(128)}$; $p \leq .05$; men more NC), MACQ's subscales. High-frequency, compared to low-frequency, users experienced a significantly higher quantity of NC in Impaired Control, Self-Perception, Self-Care, Academic/Occupational Consequences, and Physical Dependence. Discussion: The present findings suggest that frequency of marijuana use is similar between men and women; however, those students who reported higher frequency of marijuana use experienced a significantly higher number of NC. This information is relevant for early detection and/or intervention targeting college students at risk for developing problems associated with marijuana use.