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3	Transmigration of <i>Trypanosoma cruzi</i> trypomastigotes through 3D
4	cultures resembling a physiological environment
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6	Matías Exequiel Rodríguez ¹ , Mariana Rizzi ¹ , Lucas D. Caeiro ¹ , Yamil E.
7	Masip ¹ , Alina Perrone ² , Daniel O. Sánchez ¹ , Jacqueline Búa ² , Valeria
8	Tekiel ^{1*}
9	
10	¹ Instituto de Investigaciones Biotecnológicas "Dr. R. Ugalde" (IIBIO)
11	Universidad Nacional de San Martín (UNSAM) - CONICET, San Martín,
12	Provincia de Buenos Aires, Argentina.
13	² Instituto Nacional de Parasitología 'Dr Mario Fatala Chaben', ANLIS CG
14	Malbrán. Buenos Aires, Argentina.
15	
16	* Corresponding author
17	E-mail: valet@iib.unsam.edu.ar; vtekiel@gmail.com
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20 Abstract

Chagas' disease, caused by the kinetoplastid parasite Trypanosoma cruzi, 21 22 presents a variety of chronic clinical manifestations whose determinants are still unknown but probably influenced by the host-parasite interplay established 23 during the first stages of the infection, when bloodstream circulating 24 25 trypomastigotes disseminate to different organs and tissues. After leaving the 26 blood, trypomastigotes must migrate through tissues to invade cells and establish a chronic infection. How this process occurs remains unexplored. 27 28 Three-dimensional (3D) cultures are physiologically relevant because mimic the microarchitecture of tissues and provide an environment similar to the 29 encountered in natural infections. In this work, we combined the 3D culture 30 technology with host-pathogen interaction, by studying transmigration of 31 trypomastigotes into 3D spheroids. T. cruzi strains with similar infection 32 33 dynamics in 2D monolayer cultures but with different in vivo behavior (CL Brener, virulent; SylvioX10 no virulent) presented different infection rates in 34 spheroids (CL Brener ~40%, SylvioX10 <10%). Confocal microscopy images 35 evidenced that trypomastigotes from CL Brener and other highly virulent strains 36 presented a great ability to transmigrate inside 3D spheroids: as soon as 4 hours 37 post infection parasites were found at 50 µm in depth inside the spheroids. CL 38 Brener trypomastigotes were evenly distributed and systematically observed in 39 the space between cells, suggesting a paracellular route of transmigration to 40 deepen into the spheroids. On the other hand, poor virulent strains presented a 41 weak migratory capacity and remained in the external layers of spheroids 42 (<10µm) with a patch-like distribution pattern. The invasiveness -understood as 43 the ability to transmigrate deep into spheroids- was not a transferable feature 44

between strains, neither by soluble or secreted factors nor by co-cultivation of 45 trypomastigotes from invasive and non-invasive strains. We also studied the 46 transmigration of recent T. cruzi isolates from children that were born 47 congenitally infected, which showed a high migrant phenotype while an isolate 48 form an infected mother (that never transmitted the infection to any of her 3 49 children) was significantly less migratory. Altogether, our results demonstrate 50 that in a 3D microenvironment each strain presents a characteristic migration 51 pattern and distribution of parasites in the spheroids that can be associated to 52 their *in vivo* behavior. Certainly, the findings presented here could not have been 53 54 studied with traditional 2D monolayer cultures.

55

56 Author Summary

Trypanosoma cruzi is the protozoan parasite that causes Chagas' disease, also 57 known as American trypanosomiasis. Experimental models of the infection 58 evidence that different strains of the parasite present different virulence in the 59 host, which cannot be always reproduced in 2D monolayer cultures. Three 60 dimensional (3D) cultures can be useful models to study complex host-parasite 61 interactions because they mimic in vitro the microarchitecture of tissues and 62 63 provide an environment similar to the encountered in natural infections. In particular, spheroids are small 3D aggregates of cells that interact with each 64 other and with the extracellular matrix that they secrete resembling the original 65 66 microenvironment both functionally and structurally. Spheroids have rarely been employed to explore infectious diseases and host-parasite interactions. In this 67 work we studied how bloodstream trypomastigotes transmigrate through 3D 68

spheroids mimicking the picture encountered by parasites in tissues soon after leaving circulation. We showed that the behavior of *T. cruzi* trypomastigotes in 3D cultures reflects their *in vivo* virulence: virulent strains transmigrate deeply into spheroids while non-virulent strains remain in the external layers of spheroids. Besides, this work demonstrates the usefulness of 3D cultures as an accurate *in vitro* model for the study of host-pathogen interactions that could not be addressed with conventional monolayer cultures.

76

77 Introduction

The protozoan parasite Trypanosoma cruzi is the etiological agent of Chagas 78 79 disease, which currently affects about 8 million people. Chagas' disease is an 80 endemic illness in Latin America that has spread worldwide in the past years. The infection usually develops as a chronic cardiac, digestive or neurologic 81 82 pathology. The reason why symptoms appear 10 or more years after the initial infection, and only in ~40% of individuals, remains unsolved, but both host and 83 parasite genetic background should have an impact on the disease outcome. 84 Chagas disease is one of the main health problems in Latin America, causing 85 more than 10000 deaths per year, and incapacity in infected individuals [1]. 86

In humans, the infection initiates with trypomastigotes deposited on mucous or skin, along with triatomine bug faeces, when the insect vector feeds on blood. Trypomastigotes are able to invade any nucleate cells at the infection site. Once inside the cell, trypomastigotes differentiate to amastigotes, which are the intracellular and replicative form. After several division cycles, amastigotes differentiate again into trypomastigotes, the infected cells burst, and parasites

are released into the interstitial space. Trypomastigotes can either infect 93 neighboring cells or spread distantly by circulation. Successive cycles of 94 intracellular infection and replication followed by bloodstream trypomastigote 95 dissemination are the hallmark of the initial acute phase, which drives the 96 amplification of the parasitic load, and eventually produces the infection of 97 organs and tissues [2]. The acute phase ends approximately 2-3 months after 98 the initial infection, the time required by the host immune system to control 99 parasitemia and clear most trypomastigotes from peripheral circulation. 100 However, a chronic and persistent infection is already established, characterized 101 102 by the presence of intracellular amastigotes essentially confined into tissues 103 along with positive serologic tests [2,3].

The experimental murine model allowed to understand that during the 104 acute phase, trypomastigotes disseminate from the inoculation site to almost all 105 tissues, to render completely parasitized mice, few days after the initial infection 106 [4]. This entails that trypomastigotes should be able to escape from peripheral 107 108 circulation, cross the vascular endothelium and migrate through the extracellular 109 matrix (ECM) to establish a tisular intracellular infection [5]. The effectiveness of trypomastigotes to cross biological barriers and migrate through tissues will 110 111 impact on *T. cruzi* ability to produce a severe, moderate or mild tissue infection. This process -that can be linked to parasite virulence and dynamic of infection in 112 vivo- is poorly understood. Some authors suggested that the rupture of the 113 endothelial barrier is necessary for the infection of target tissues [6]. On the 114 contrary, others showed that trypomastigotes traverse the endothelial barrier 115 involving a transcellular traffic of trypomastigotes through endothelial cells, 116 mediated by the activation of the bradykinin receptor 2, and without disturbing its 117

integrity nor its permeability [7]. Since different combinations of parasite and 118 mouse strains present differential tissue colonization and target organs of 119 damage [8,9], the differences between both proposed transmigration models 120 could be attributed to the different strains employed. Either way, trypomastigote 121 transmigration through tissues is an essential event for T. cruzi infection. Studies 122 on T. cruzi transmigration have been very limited, probably because of the 123 extremely simplicity of monolayers cultures and -on the other hand- the 124 complexity of in vivo models, which present low spatio-temporal resolution. 125 Three-dimensional (3D) cultures are physiologically relevant and a good 126 127 alternative because they mimic the microarchitecture of tissues and can provide an environment similar to the encountered in natural infections [10]. 128

Spheroids are small aggregates of cells that do not adhere to a culture 129 substrate and grow in 3D. Cells interact with each other and secrete the 130 extracellular matrix (ECM) in which they reside, resembling their original 131 microenvironment both functionally and structurally [11,12]. Spheroids have 132 been broadly employed and deeply contribute to understand mechanisms in 133 134 cancer biology and immunology [13-15], but they have rarely been employed to explore infectious diseases and host-parasite interactions. Remarkably, the co-135 culture of spheroids of myocytes with T. cruzi trypomastigotes has demonstrated 136 to be an accurate model of fibrosis and hypertrophy that adequately recreates 137 the chronic chagasic cardiomyopathy [16,17]. In the present work we took 138 advantage of the 3D spheroid technology to disclose how trypomastigotes 139 transmigrate across tissues, which is a key process of the host-parasite interplay 140 in the early steps of infection. We demonstrate that the invasiveness of 141

trypomastigotes from different *T. cruzi* strains and isolates into spheroids can be
associated with their *in vivo* behavior and virulence.

144

145 Materials and Methods

146 **Reagents and sera**

Carboxy-fluoresceinsuccinimidyl ester 147 Ultrapure Agarose, (CFSE) and CellTraceTM Far Red (CTFR) were acquired from Invitrogen. Polyethylenimine 148 (PolyAr87-PEI) transfection reagent was obtained from FFyB (University of 149 150 Buenos Aires). Anti T. cruzi antisera developed in mice was generated in our laboratory and used along with goat anti-mouse conjugated to Alexa-488 or 151 Alexa-647 (Molecular Probes). 152

153 Parasites and conditioned media

T. cruzi trypomastigotes from different strains and DTUs employed were: SylvioX10, K98, Dm28, 193-733MM and 199-173BB (DTU TcI); Y (DTU TcII); 185-748BB and 186-401BB (DTU TcV) and RA and CL Brener (DTU TcVI). All strains were DNA genotyped by PCR-RFLP of *TcSC5D* and *TcMK* genes (S1 Fig), as described [18].

Parasites were routinely maintained by *in vitro* cultures on Vero cells as
 previously described [19], and trypomastigotes harvested from supernatants.

161 Culture-derived trypomastigotes were labeled with CellTraceTM CFSE as we 162 previously described [20]. Trypomastigotes were alternatively labelled with 163 CellTraceTM Far Red CTFR (5 μ M), essentially with the same protocol with slight 7 differences in the incubation time (20 min at 37°C, followed by the addition of 1 ml of complete medium and an additional incubation of 5 min at 37°C in the dark). After labelling, the motility of parasites was controlled under light microscope. The percentage of labelled parasites and the fluorescence intensity of CFSE and CTFR was determined by flow cytometry.

T. cruzi derived conditioned medium (CM) was obtained by a previously 169 standardized protocol [21]. In brief, cell-derived trypomastigotes (100x10⁶) were 170 washed with PBS, resuspended in 1 ml of MEM without serum (or MEM without 171 parasites as control medium) and incubated for 6 h at 37°C in a 5% CO₂ 172 humidified atmosphere. Then, parasites were pelleted by centrifugation and the 173 174 cell-free supernatant (containing both extracellular vesicles as well as vesicle-175 free secreted material) was centrifuged twice for 10 min at 15000 xg. The clarified supernatant was filtered through a 0.45 µm syringe filter, to obtain the 176 CM, which was aliquoted and stored at -70°C until use. 177

178 Cell culture and stable HeLaR2 cell line generation

Vero, HeLa and HEK293T cells were grown in MEM (Gibco) supplemented with 179 10% (v/v) fetal bovine serum (Natocor), 100 U/ml penicillin and 10 µg/ml 180 streptomycin. Cells were maintained at 37°C in 5% CO₂ and 95% air in a 181 humidified incubator. To obtain Hela cells stably expressing LifeAct-RFP, 182 183 permissive HEK293T cells were first employed to produce lentiviral particles packed with LifeAct-RFP, essentially as described by Gerber et al [22]. Briefly, 184 185 HEK293T were seeded on 24-well plates (3x10⁴ cells/well) and transfected 24 h later by the PEI method with a mix of 0.5 µg pCMV-dR8.9 DVpr (packaging 186 plasmid), 0.05 µg pCMV–VSV-G (envelope plasmid) and 0.5 µg of the pLenti 187

LifeAct-RFP (transfer plasmid) per well. The supernatant containing lentiviral 188 particles packed with LifeAct-RFP was collected at 48 and 72 h after 189 transfection, precleared, and concentrated by centrifugation. HeLa cells (3x10⁴) 190 cells/well) were transduced in MEM containing 10% FBS with a 0.3 m.o.i. of 191 lentiviral particles, and expanded in culture flasks. Cells expressing LifeAct-RFP 192 (HeLaR) were sorted by flow cytometry, and cloned by limiting dilution. The 193 clone number 2 (HeLaR2) stably expressing LifeAct-RFP was selected and 194 employed for all the experiments. 195

196 HeLa spheroids and infection model

Spheroids of HeLaR2 cells were generated by the liquid overlay method [23]. Cells (1000/well) were added to U-bottom 96-well plates coated with agarose 1% in PBS (w/v) and cultured in MEM 10% FBS. The formation of spheroids was controlled by microscopy from 24 h post seeding (S2 Fig). At 72 h, each well contained one spheroid of 300-400 μ m diameter, conformed by ~9000 cells.

For *T. cruzi* infection, twelve spheroids were placed on each well of an agarose pre-coated p24 plate and incubated with 1 or 10 m.o.i. of trypomastigotes (or control medium) for 1 or 24 h, in MEM supplemented with 4% FBS. When appropriate, 100 μ l of medium was replaced by 100 μ l of CM. When indicated, 2D-monolayers of HeLaR2 cells (10x10⁵ cells/well) were incubated with 1 or 10 m.o.i. of trypomastigotes also labelled with CFSE in a final volume of 500 μ l of MEM 4%.

For co-infection assays, 12 spheroids (in one p24 well) were simultaneously incubated with CL Brener and SylvioX10 for 24 h with 10 m.o.i. of each *T. cruzi* strain, labelled with a different stain.

212 Cellular infection determined by flow cytometry

Infected spheroids were collected in 1.5 ml tubes, washed three times with PBS 213 and disaggregated by addition of 200 µl 0,25% trypsin/EDTA for 10 min at 37°C. 214 The cellular pellet -collected by centrifugation 10 min at 1000 x g- was washed 215 three times and fixed in PBS 0.5% PFA. Infected 2D-monolayer cells were 216 217 trypsinized and treated like 3D spheroids. Samples were acquired on a FACSCalibur (Becton Dickinson); gated HeLaR2 by forward and side scatter 218 parameters were selected. A total of 10,000 events were analyzed for each 219 condition. FL1- cells represented uninfected HeLaR2 cells while FL1+ 220 represented cells infected (either with intracellular parasites and/or attached to 221 222 cell membrane) with CFSE-labelled parasites, FL4+ cells were those infected with CTFR-labelled parasites. Data was analyzed using FlowJo v10.0.7 223 software. Statistical significance was determined by two-tailed unpaired student t 224 225 test (Prism, GraphPad Software).

226 Quantification of free-parasites inside spheroids

Infected spheroids disaggregated by trypsin treatment were centrifuged for 10 min at 5700 x g to collect HeLaR2 cells and parasites that were infecting or attached to HeLa cells, as well as parasites that were free inside spheroids (i.e. not associated to cells but inside spheroids). The pellet was then analysed by confocal microscopy to determine infected cells as well as free parasites (expressed as number of free-parasites for each 100 HeLaR2 cells). Statistical 10

233 significance was determined by two-tailed unpaired student *t test* (Prism,
234 GraphPad Software).

235 Parasitic load into spheroids

The total cargo of parasites inside the spheroids, either infecting cells or free in 236 the ECM, was determined by gPCR. For doing so, each treatment was carried 237 238 out by duplicate: one sample was used to determine the parasite load associated to spheroids (sample 1) while the other was used to determine the 239 total cargo of parasites in the well (sample 2: parasites associated to spheroids 240 241 plus parasites free in the medium/well). Infection was carried out as mentioned above. After 24 h, spheroids from sample 1 were collected in 1,5 ml tubes and 242 carefully washed five times with sterile PBS to eliminate parasites from the 243 supernatant avoiding the disassembling of spheroids. Instead, for sample 2 244 spheroids and medium were collected together, centrifuged for 10 min at 5700 x 245 246 g and the pellet washed with sterile PBS. Samples were subjected to a standard salting out protocol to obtain genomic DNA [24]. gDNA concentration was 247 measured using Nanodrop and 50 ng were used in each qPCR reaction, which 248 249 were carried out with Kapa Sybr Fast Universal Kit (Biosystems) in a 7500 Real Time PCR System (Applied Biosystems). The T. cruzi single copy gene PCD6 250 251 (TcCLB.507099.50) amplified with primers v099.50bFw was (CAGGCATCACCGTATTTTCCA) 099.50bRev 252 and (CTCTTGTTCCGTGCCAAACA) [25]. To determine T. cruzi DNA (TcDNA) 253 abundance, DNA content was normalized to human GAPDH gene (53MFZ-254 GAPDHFw: ACCACCCTGTTGCTGTAGCCAAAT 255 and 54MFZ-Rev: GACCTGACCTGCCGTCTAGAAAAA). Results were analysed with the LinReg 256

software [26]. The percentage of *Tc*DNA inside spheroids was calculated as X%= *Tc*DNA_{sample1} x 100 / *Tc*DNA_{sample2} and expressed as mean \pm SD of three independent experiments. Statistical significance was determined by student *t test* (GraphPad software).

261 **Parasite invasiveness and dissemination**

262 Infected spheroids were fixed by adding PFA to a 3.2% final concentration and incubated at 37°C for 1.5 h. Then, spheroids were washed with PBS as 263 described previously [20] and mounted. Fluorescence images were acquired 264 265 with a confocal Olympus FV1000 microscope. CFSE or CTFR labelled parasites were imaged with a 488 nm or 647 nm laser, respectively, while HeLaR2 cells 266 were imaged at 530 nm. Z-stacks were collected with a 10x objective from 0 to 267 150 µm in depth with 2 µm intervals in the vertical z-axis. Alternatively, images 268 were acquired with a 40x objective, and the spheroid was scanned at 10, 30 and 269 270 50 µm in depth from the surface. To determine the localization of parasites, spheroids were analyzed with a 60x objective and Z-stacks were collected at 0.2 271 µm intervals in the z-axis. All images were analyzed with ImageJ [27] software; 272 273 3D reconstructions and 3D-movies were generated with the 3D-viewer plugin.

274 Electron microscopy

Infected spheroids were fixed in 4% PFA and serially dehydrated with increasing
ethanol solutions (10-100 %) followed by critical point drying with carbon dioxide.
Samples were then coated with 60%/40% palladium/gold and acquired with a
scanning electron microscope (Philips - XL Serie 30).

279

280 Free-swimming assay

Trypomastigotes (15x10⁶) were resuspended in 5 ml MEM 4% SFB, transferred to round-bottom centrifuge tubes (Oak Ridge Style) and centrifuged at 2,500 x g for 8 min, which resulted in parasites at the bottom of the tubes forming a thin pellet. The tubes were then incubated 2 h at 37°C, to allow trypomastigotes to freely swim. Aliquots of 1 ml were carefully taken from the top (layer 5) to the bottom; the pellet was resuspended in 1 ml of medium. Parasites in each fraction were enumerated by counting in a Neubauer chamber.

288 Statistical analysis

All statistical analyses and graphs were performed with GraphPad Prism 7 (GraphPad Software, USA). We used a two-tailed unpaired *t test* when the means of two groups were compared. When more than 2 groups were compared, we used two-way ANOVA with Bonferroni multiple comparison test. Significant differences were designed when P-value (P) n.s. ≥0.05, *p<0.05, **p<0.01, ***p<0.001.

295

296 **Results**

T. cruzi trypomastigotes are less infective in 3D spheroids than in 2D monolayer cultures.

Trypanosoma cruzi presents a high genetic heterogeneity and, currently,
 T. cruzi strains are classified into six clusters or discrete typing units (DTUs),
 named Tcl to TcVI [28]. We selected CL Brener (DTU TcVI) and SylvioX10 (DTU
 Tcl) strains, of high and low virulence, respectively, and whose biologically
 distinctive behavior in experimental models of *T. cruzi* infection is well

304 characterized [8,29-31].

HeLa cells constitutively expressing LifeAct-RFP (HelaR2 hereon), along 305 with trypomastigotes labelled with CFSE or CTFR were employed to monitor 306 307 short-time infection dynamics and host-parasite interactions (Fig 1). We first evaluated the infection profile of trypomastigotes both on conventional 2D 308 monolayers and in 3D spheroids (Fig 2). While on conventional 2D monolayer 309 cultures CL Brener and SylvioX10 parasites showed similar infection rates 310 (~70%) (Fig 2A,C), both strains were much less effective to infect 3D spheroids 311 312 (Fig 2B,C) and with differences between both strains. Infection with CL Brener rendered higher number of cells with cell-attached or internalized parasites 313 314 (38,2% CL Brener vs 8,5% SylvioX10), as detected by flow cytometry of 315 disaggregated spheroids (Fig 2B). The total cargo of parasites inside the spheroids, which includes intracellular parasites, surface attached, as well as 316 free parasites migrating inside spheroids through the extracellular matrix, was 317 also higher on CL Brener than SylvioX10 infected spheroids (48% vs 18%, 318 determined by qPCR; Fig 2D). Differences between strains were also registered 319 when free-parasites (i.e. not associated to cells) inside spheroids were 320 enumerated (Fig 2E-F). Altogether, these results evidence that both strains have 321 different abilities to infect 3D cultures, being CL Brener strain 2-3 fold more 322 323 infectious than SylvioX10. These findings were also registered with different multiplicity of infection, and contrast with the similar behavior of both strains on 324 monolayer cultures (S3 Fig). 325

326 Trypomastigotes from different strains disseminate differentially inside 327 spheroids.

A panoramic view of spheroids, reconstructed from confocal stacks shows that SylvioX10 trypomastigotes were preferentially localized at the spheroid surface. Parasites were mostly focalized in large clumps that resembled a "patch-like" distribution pattern (Fig 3A, S1 movie). By contrast, CL Brener parasites were evenly distributed all over the surface of spheroids (Fig 3B, S2 movie).

The transmigration and invasiveness of trypomastigotes was analyzed by 333 scanning the spheroids by confocal microscopy. Most SylvioX10 trypomastigotes 334 were retained at spheroid surface or at the first layers of cells, and only scarce 335 trypomastigotes were detected up to 30 µm in depth (Fig 3C). On the other 336 hand, CL Brener parasites were able to deepen into spheroids: migrated 337 uniformly and were easily detected up to 50 µm in depth (Fig 3D). The migration 338 339 through the spheroid seems to be a fast movement because similar patterns were observed from 1 h post infection (S4 Fig). In brief, confocal scanning 340 evidenced that CL Brener trypomastigotes can efficiently transmigrate deeply 341 into spheroids, while SylvioX10 is retained at the surface, which corresponds 342 with the differential virulence of both strains. 343

344 Trypomastigotes of high migratory CL Brener strain use a paracellular 345 migration route to move inside spheroids.

To answer how trypomastigotes spread within spheroids, we analyzed the parasite-spheroid interaction with higher resolution techniques, such as scanning electron microscopy (SEM) and higher power snapshots by confocal microscopy.

As evidenced by confocal microscopy, SEM images also showed numerous SylvioX10 parasites attached to the surface of individual cells (Fig 4A, panels b,

c; white arrows). Notably, CL Brener trypomastigotes were predominantly caught 352 353 entering into spheroids through the space between cell-cell junctions (Fig 4A, panels e, f; white asterisks). Spheroids infected with SylvioX10 also presented 354 multiple intracellular amastigotes in the superficial layers -first 10 µm- of cells 355 with an untidy distribution (Fig 4B panels a, b and c; 4C and S3 movie). 356 Confocal slices of spheroids infected with CL Brener made evident that there is 357 an orderly distribution pattern around cell-cell contacts (Fig 4B panels d, e, f; 358 white asterisks). At shorter times, CL Brener trypomastigotes were plainly 359 observed in the space between cells, on their way through the extracellular 360 matrix, suggesting a paracellular route of transmigration within the spheroid (Fig. 361 4D and S4 and S5 movies). CL Brener trypomastigotes were also detected 362 intracellularly, though fastened to the cellular membrane (S6 movie). 363

The capacity of transmigration is not transferable between strains.

365 CL Brener and SylvioX10 strains presented not only dissimilar invasiveness 366 profiles, but also their allocation at the superficial layers of spheroids was very distinctive (Fig 3 and 4). We then investigated if transmigration could be 367 transferred from the highly migrant CL Brener strain to the low migrant 368 SylvioX10, through soluble or secreted factors or by co-cultivation of both strains 369 (Fig 5). Interestingly, each strain retained its own dissemination pattern (Fig 5A) 370 and rate of infection (Fig 5B) irrespective of the presence (or absence) of the 371 other strain. Conditioned media (including both soluble and vesicle-contained 372 secreted factors) from CL Brener or SylvioX10 did not cause changes in the 373 invasiveness pattern or percentage of infected cells (S5 Fig). Together, these 374 results indicate that the transmigration capacity of T. cruzi is a strain-specific trait 375 that cannot be transferable by soluble or secreted factors, nor through co-376

377 cultivation of migrant and non-migrant trypomastigotes.

378 Transmigration deep inside spheroids can be linked to virulence.

To evaluate if the differential transmigration profile could be linked to parasite DTU or virulence, the transmigration into spheroids of other well characterized *T. cruzi* strains was also analyzed. Low virulent strains (K98 and Dm28; Tcl) presented low ability to transmigrate into spheroids (Fig 6). In contrast, virulent strains (RA [TcVI] and Y [TcII]) showed a transmigration pattern resembling the observed for CL Brener (Fig 6) (Fig 6A and S7 and 8 movies).

Finally, we analyzed the transmigration of four recent clinical isolates of *T. cruzi*. 385 386 One isolate was derived from a T. cruzi-infected mother that after several pregnancies never delivered an infected child (isolate 773MM, Tcl; non-387 congenital transmission). The other isolates, derived from babies that were born 388 congenitally infected (isolates 173BB, Tcl; 748BB, TcV; and 401BB, TcV; 389 congenital transmission) [32]. The non-congenital isolate (733MM) [32] showed 390 a low ability to migrate deep inside spheroids. Also, a "patch-like' distribution 391 pattern, similar to the observed with SylvioX10 strain was observed (Fig 7B). In 392 contrast, congenitally isolated parasites presented a highly migrant phenotype. 393 Either DTU Tcl or TcV isolates from congenitally infected babies were found 394 deeply inside spheroids and easily visualized along the first 50 µm in depth (Fig. 395 7A). 396

The cellular infection produced by 733MM was ~20%, a value near the one registered with the low virulent SylvioX10 strain, while the 40% of infection of cells in spheroids produced by congenital isolates resembled the infection produced by CL Brener strain (Fig 7C).

Ultimately, because trypomastigotes of different strains behave differently when 401 they are allowed to swim freely in the medium, we analyzed parasite motility as a 402 possible trait linked to invasiveness within spheroids (S6 Fig). We consider a 403 strain (or isolate) as poor motile when more than 20% of the parasites remain at 404 the pellet in this assay. Although the swimming ability of SylvioX10 and CL 405 Brener strains were considerably different and agree with their behavior in 406 spheroids, other strains showed no association between the transmigration 407 inside spheroids and their swimming ability (for example, up to 60% of parasites 408 from 173BB and 401BB -congenital isolates highly migrant in spheroids-409 410 remained between the pellet and layer 1).

411

412 **Discussion**

The infection with the protozoan parasite *Trypanosoma cruzi* evolves from 413 a short acute to a long lasting chronic phase when cardiac, neurological or 414 intestinal disorders become evident [3]. Although the pathology appears only at 415 the chronic phase, the infection of tissues initiates during acute phase and is the 416 consequence of the early dissemination of trypomastigotes. Indeed, T. cruzi can 417 disseminate and establish an intracellular infection in any tissue of the 418 mammalian host [5]. To accomplish this, trypomastigotes must migrate and 419 actively cross several biological barriers, from the initial infection site to the 420 421 target organs of damage, where parasites replicate intracellularly as amastigotes [2]. Murine experimental models of *T. cruzi* infection have helped to understand 422 that some parasite strains present tropism for certain tissues or organs while 423 others are essentially pantropic and can colonize indistinctly any tissue [5,33,34]. 424

Usually, pantropic strains are more virulent in the murine model. It can be inferred that, since those strains colonize a broader range of tissues, they are also more efficient in the transmigration process. However, how trypomastigotes transmigrate, the mechanisms underlying this process and its significance in the host-parasite interplay are poorly understood.

In this work, we employed 3D cultures to mimic the tisular 430 microarchitecture encountered by trypomastigotes in the mammalian host during 431 its *in vivo* life cycle. We studied the process of transmigration and dissemination 432 433 of the parasites across spheroids for the first time, and demonstrate a link between 3D transmigration and in vivo behavior. Strains or isolates that are 434 more virulent in vivo (in natural or experimental infections) transmigrated deeper 435 inside spheroids than no virulent strains. In an in vivo infection, the ability to 436 transmigrate will favour pathogen dissemination into the host, at the same time 437 that parasites evade the immune system and increase the opportunity to find an 438 adequate microenvironment to settle for the tissular infection [35-38]. 439

By employing the 3D spheroid model, we focused on one hand in the 440 ability of *T. cruzi* strains to infect mammalian cells (evaluated by flow cytometry 441 as cells with either internalized or attached parasites). On the other hand, we 442 also examined the invasiveness of trypomastigotes, which means how deep 443 inside the spheroids trypomastigotes are detected. Somehow both events 444 (invasiveness and infection) are linked by the fact that T. cruzi strains that were 445 446 highly migrant were also those that presented higher infection rates, probably because the transmigration was a necessary step to infect the cells located deep 447 inside the spheroids. This fact can also explain why poorly migrant strains 448

presented low infection rates in the 3D model, irrespective of their accurate 449 infection rate in conventional 2D monolayer cultures. However, considering the 450 times at which transmigration was analyzed, it is unlikely that transmigration was 451 the result of cellular invasion and replication of parasites. We postulate the 452 transcellular and paracellular transmigration routes as two possible ways for 453 trypomastigotes to reach the deeper layers of spheroids. Even more, we 454 speculate that how T. cruzi transmigrates can be also a strain dependent trait 455 and that different strains or isolates can employ differential transmigration 456 strategies. Electronic microscopy images strongly suggest that CL Brener strain 457 goes through spheroids by a paracellular route, without crossing the cells but 458 between cell-cell junctions. Although the biological significance of this 459 transmigration strategy should be carefully studied, we hypothesize that the 460 paracellular route would allow the parasite to internalize into the tissues without 461 disrupting the cellular homeostasis and, therefore, without triggering an 462 inflammatory response. Moreover, a paracellular route would be a faster 463 transmigration mechanism for trypomastigotes to find their target allocation 464 inside tissues, without the need to invade and replicate intracellularly. In line with 465 466 these results, Coates et al (2013) showed that T. cruzi trypomastigotes can cross a monolayer of endothelial cells without cell damage. They suggested that 467 this process might be mediated by the protease cruzipain, which can convert 468 kiningen to bradykinin (involved in endothelial permeability) [7]. The picture of 469 trypomastigotes distribution was very distinctive between CL Brener and 470 SylvioX10 strains, even from the initial steps of interaction with mammalian cells 471 in our 3D model. While CL Brener trypomastigotes are regularly distributed and 472 positioned in between cell-cell junctions on the external layers of the spheroid 473

surface, SylvioX10 trypomastigotes are grouped in patches of several parasites 474 475 stuck over the cells. Previous works with Trypanosoma brucei evidenced that trypomastigotes can cross the blood brain barrier both by transcellular and 476 paracellular routes, promoting the expression of ICAM-1 and VCAM-1 [39-41]. 477 On the other hand, T. gondii employs a paracellular route for tissue 478 transmigration, through the interaction between TgMIC2 and host occludins from 479 TJs and ICAM-1[42,43]. Interference with the transmigration process avoids in 480 vivo infectivity both in T. gondii and P. falciparum [44,45]. Interestingly, the loss 481 of genes associated with transmigration in P. falciparum did not impair cellular 482 invasion, supporting the idea that tissue invasiveness and cellular infection can 483 be two independent processes [45]. 484

485 Trypomastigote's motility can be understood as its ability to present a directional movement, which in turn could impact on the cellular infection rates. 486 We found a pronounced difference in swimming motility between SylvioX10 (low 487 migrant and low motile) and CL Brener (high migrant and high motile) 488 trypomastigotes. However, analyses of a broader panel of strains demonstrated 489 that transmigration cannot be solely explained by the motile ability of 490 trypomastigotes. Presumably, transmigration depends both on motility and 491 migration of the parasite as well as on its interaction with the surrounding 492 493 microenvironment. In this sense, Barragan et al, (2002) showed that a high migration rate of T. gondii is associated with a highly virulent phenotype [46]. 494 Indeed, correlation between high virulent strains and congenital toxoplasmosis 495 has also been noted [47,48]. On the other hand, Éva Dóró et al (2019) have very 496 recently evaluated the migration of trypomastigotes of T. carassii in an in vivo 497 model. This awesome work clearly shows that the movement of parasites inside 498

zebrafish occurs through the interstitial space and how its density andcompaction determines the direction of trypomastigotes migration [49].

During congenital transmission of *T. cruzi* infection, trypomastigotes must 501 502 cross epithelial and connective tissues that compose the placental barrier to gain access to and infect the fetus. Therefore, transplacental infection is another 503 aspect of *T. cruzi*-host interplay that is associated with parasite transmigration. 504 We have characterized the invasiveness inside spheroids of isolates recently 505 obtained from babies born with congenital Chagas disease. We demonstrated 506 507 that the congenital isolates were highly invasive into spheroids, in contrast with the isolate obtained from a mother, which after delivered several children never 508 transmitted the infection to her offspring, which showed a low/moderate 509 510 transmigration ability. T. cruzi congenital transmission is the result of a complex interaction between trypomastigotes and the placental barrier [50-52]. Recently, 511 Juiz et al (2017) described a differential placental gene response induced by 512 513 strains with different tropism and virulence. They reported that a strain that was isolated from a human case of congenital infection (VD) presented higher 514 tropism by the murine placenta than a non-virulent and myotropic strain (K-98) 515 [53]. In our 3D model, K-98 strain showed a low migrant phenotype. Although we 516 did not analyze the transmigration profile of VD strain, all the congenital isolates 517 assayed here were highly migrant. 518

The intratisular migration is key during the development of metastasis and it has been approached in several studies on cancer [54]. Tumoral cells produce and prompt to the secretion of cytokines and proteases that will favour the migration across different biological barriers. Proteases are necessary to

disrupt cell-cell junctions, extracellular matrix and the basal lamina [55]. Although 523 little is known about the transmigration process in host-pathogen interactions, 524 the secretion of proteases could also be required to disrupt intercellular junctions 525 and extracellular matrix for *T. cruzi* transmigration. However, in our experimental 526 conditions, the invasiveness was not a transferable feature between strains, 527 neither by soluble or secreted factors nor by co-cultivation of invasive and non-528 invasive trypomastigotes. This observation suggests that unsecreted and strain 529 specific factors are required to transmigrate into the spheroids, while it does not 530 exclude the involvement of proteases and other soluble factors. Differentially-531 expressed and/or strain specific membrane-associated molecules from 532 533 trypomastigotes might be targets to be evaluated in the near future.

Altogether, our results demonstrated that in a 3D microenvironment each strain presents a characteristic migration pattern and tissular distribution that could be associated to their *in vivo* behavior. Our work also validates the accuracy and utility of the 3D spheroid model to study complex host-parasite interactions. Certainly, the findings presented here could not have been studied with traditional 2D monolayer cultures.

540

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736 Figure captions

737 Fig 1. Model setup.

(A) *Trypanosoma cruzi* SylvioX10 (DTU Tcl) and CL Brener (DTU TcVI)
trypomastigotes were labelled with CFSE: fluorescent images (left panel) and
quantification by flow cytometry (right panel). Black histograms: non-labelled
parasites; green histograms: CFSE labelled parasites. NS: Negative Staining.
(B) Spheroid of HeLaR2 cells at 72 h post seeding. Scale bar = 100 µm.

743

Fig 2. Differential ability of SylvioX10 and CL Brener trypomastigotes to infect 2D-monolayer vs 3D-spheroid cultures.

746 HeLaR2 (grown as monolayers or as spheroids, see Material and Methods 747 section) were incubated with 10 m.o.i. of CFSE-labelled CL Brener or SylvioX10 trypomastigotes or non-infected (control). (A, B) At 24 h post infection, cells 748 were trypsinized and the rate of infected HeLaR2 cells (either with internalized or 749 attached parasites) was determined by flow cytometry. (C) Quantification of 750 three independent experiments carried out as described for A and B. (D) 751 Quantification of the total parasite cargo inside spheroids, which includes both 752 cell-associated parasites and free parasites inside spheroids from three 753 independent experiments. At 24 h post infection either intact spheroids or the 754 32

whole content of the well (intact spheroids plus culture media with non-755 756 internalized parasites) were harvested and total DNA purified. Parasite content was estimated on the basis of qPCR of a single copy T. cruzi gene (PCD6, 757 TriTryp gene ID: TcCLB.507099.50). Percentage of T. cruzi DNA inside 758 spheroids respect to total T. cruzi DNA in the well was calculated. (E) Free 759 parasites inside spheroids infected with CL Brener or SylviX10, at 24 h p.i. 760 Representative confocal images of disaggregated spheroids, white arrows: 761 magnified cells; white asterisks: free parasites. (F) Quantification of free 762 parasites released from disaggregated spheroids. Data expressed as number of 763 764 free-parasites for each 100 HeLaR2 cells. Graphs represent the mean ± SD of three independent experiments *t test*, *p<0.05, **p<0.01, ***p<0.001. 765

766

Fig 3. Differential dissemination pattern within spheroids of different strains of *T. cruzi*.

(A and B). 3D reconstruction of HeLaR2 spheroids infected with CFSE-769 SylvioX10 or CFSE-CL Brener trypomastigotes. Z-stack images were obtained 770 by confocal microscopy. The distribution on the surface (X-Y left image), the 771 side plane (Z-Y middle image) and inside the spheroid (Y-X right image, 772 transversal view) are shown. Green: CFSE-trypomastigotes. Red: LifeAct-RFP 773 of HeLa cells. (C and D) Representative images of three confocal planes 774 obtained at 10, 30 and 50 µm in depth on the z axis (40x objective). The detailed 775 distribution pattern of parasites is observed -green fluorescence-. Scale bar: 100 776 777 μm.

Fig 4. Differential host cell-parasite interaction pattern of different strains of *T. cruzi* on the spheroid surface.

Spheroids were cultured with CFSE-SylvioX10 or CFSE-CL Brener. (A) Cell-781 782 parasite interaction on the surface of infected spheroids after 24 h of infection. SEM microscopy showing the whole surface of infected spheroids (images a and 783 d) or detailed cell-parasite interactions (b-c for SylvioX10 and e-f for CL Brener) 784 are shown. White arrows show groups of parasites on the surface of SylvioX10 785 infected spheroids. White asterisks show CL Brener parasites located in the site 786 of cell cell-cell contact. Scale bar for a and d: 100 µm; b and c: 10 µm; d: 100 787 μm; e: 10 μm; f: 5 μm. (B) Confocal microscopy capturing cell infection at 10 μm 788 of infected spheroids with 60x objective. The distribution pattern of parasites on 789 the surface of infected spheroids is observed in a and d images for SylvioX10 790 and CL Brener, respectively. Blue arrows show magnified insets (b-c for 791 SylvioX10 and e-f for CL Brener). Yellow asterisks show multi-infected cells. 792 793 White asterisks show cell-cell contact associated parasites. Scale bar = $15 \mu m$. (C) Multi-infected cell on the surface of SylvioX10 infected spheroids was 794 reconstructed in 3D. Multiple intracellular amastigotes can be observed. (D) 795 Spheroids of HeLaR2 cells were incubated with CFSE-CL Brener 796 trypomastigotes for 1h and then photographed by confocal microscopy. CFSE-797 trypomastigotes in the paracellular space both in fluorescence images (a) as well 798 as in bright light (b) are shown. Scale bar 15 µm. 799

800

Fig 5. Invasiveness within spheroid is an intrinsic feature of each strain,
 not complemented in trans.

Spheroids of HeLaR2 cells were incubated with CFSE-CL Brener, CTFR-CL 803 Brener, CFSE-SylvioX10 or CTFR-SylvioX10 or simultaneously co-incubated 804 with both strains labelled with different dyes. (A) Representatives images of 805 three confocal planes obtained at 10, 30 and 50 µm in depth -on the z axis- with 806 a 40x objective. Cyan: CTFR-SylvioX10; green: CFSE-CL Brener; red: HeLaR2 807 cells. Magnified insets (a-d) are shown in the right panels. Scale bar = $100 \mu m$. 808 (B) The same assay as described in A but spheroids were disaggregated and 809 cells with either attached or internalized parasites were quantified by flow 810 cytometry. Infections with one (mono-infections) or both strains simultaneously 811 812 (co-infections) were carried out also with interchanged dyes. The percentage of infected cells was significantly different between SylvioX10 and CL Brener 813 parasites in all conditions tested. On the other hand, no differences in the 814 infection rate for each strain, both with the use of different staining dyes, as well 815 as, during the mono infections versus the co-infections were observed. Graphs 816 represent the mean ± SD of three independent experiments. Data were analyzed 817 by ane-way ANOVA followed by Bonferroni's multiple comparison test. 818

819

Fig 6. The capacity of dissemination is linked to virulence.

Spheroids of HeLaR2 cells were incubated with k98, Dm28c, Y or RA strains for 24 h. Three confocal planes were obtained at 10, 30 and 50 μ m in depth -on the z axis- with 40x objective. The detailed distribution pattern of parasites is observed. 3D-reconstruction is shown in lower panels. Green: CFSE labeled parasites. Red: LifeAct-RFP. Scale bar = 100 μ m.

Fig 7. Congenital trypomastigotes are more invasive and infective than non-congenital parasites.

Spheroids of HeLaR2 cells were incubated with 733MM, 173BB, 401BB or 829 830 748BB recent clinical isolates for 24 h. (A) Confocal planes were obtained at 10, 30 and 50 µm in depth -on the z axis- with 40x objective. The detailed 831 distribution pattern of parasites is observed. Sacle bar = 100 µm. (B) Three-D-832 reconstruction of infected spheroids with each strain is shown. Green: CFSE 833 labeled parasites. Red: LifeAct-RFP. (C) Percentage of infected HeLaR2 cells to 834 compare infectivity of non-congenial vs congenital isolated. Pink and blue bars 835 show SylvioX10 and CL Brener % of infection, respectively, as comparison 836 points. Graphs represent the mean ± SD of three independent experiments. 837

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839 Supporting information captions

840

S1 Fig. Genotyping of *T. cruzi* strains and isolates (according to Cossentino
et al, 2012).

(A) TcSC5D amplification product was digested with Sphl/Hpal restriction
enzymes and fragments resolved in 2% agarose gels. Fragment length
polymorphism defined lineages Tcl for SylvioX10, K98, 733MM and 173BB; Tcll
for Y; TcV/VI for CL Brener, RA, 401BB and 748BB. (B) The digestion of TcMK
product with Xhol allows to distinguish between DTUs TcV (401BB and 748BB)
and TcVI (CL Brener and RA).

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850 S2 Fig. The 3D culture model.

(A) Monolayer of HeLa cells stably expressing LifeAct-RFP (HeLaR2), generated
by lentiviral infection of the parental HeLa cells. (B) Spheroids formation by liquid
overlay. After 24 h, spheroids are irregular aggregates of cells. From 72 h after
culturing, spheroids seem to be compact aggregate of cells with well delimited
borders.

856

857 S3 Fig. Infection of 2D-monolayer and spheroids at m.o.i. 1, with strains CL 858 Brener and Sylvio.

HeLaR2 cells were incubated with CFSE-labelled trypomastigotes for 24 h and then monolayers or spheroid cultures fixed. (A) the Infected cells were determined by flow cytometry, which detects both attached and internalized parasites. (B) Quantification of 3 independent experiments, carried out as described for A. (C, D) Spheroids were disaggregated and released parasites (free parasites inside spheroids) were visualized by fluorescence microscopy and quantified. * *t test* <0.05.

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S4 Fig. Dissemination pattern within spheroids of CL Brener after 1 h of
 infection.

Spheroids incubated with 10 m.o.i. of CFSE-CL Brener parasites for 1h were fixed and confocal planes were obtained at 10, 30 and 50 μ m in depth -on the z axis- with 40x objective. Representative images of the invasiveness of CL Brener parasites -green fluorescence- that were detected even at 50 μ m in depth within the spheroids. Scale bar = 100 μ m.

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875 **S5 Fig. Invasiveness within spheroid is not mediated by soluble factors.**

876 (A) spheroids were incubated with CFSE-CL Brener (left) or CFSE-SylvioX10 (right) trypomastigotes for 24 h along with control media, or conditioned media 877 878 (CM) from either SylvioX10 or CL Brener trypomastigotes. Then, spheroids were fixed and confocal images were taken at 10, 30 and 50 µm in depth from 879 spheroid surface. (B) Spheroids incubated with CL Brener or SylvioX10 880 trypomastigotes in presence of control media or conditioned media were 881 disaggregated with trypsin and % of infected cells was measured by flow 882 cytometry. 883

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S6 Fig. The free motility in vitro is not associated with invasion inside 885 886 spheroids. Trypomastigotes were pelleted in round bottom tubes and then incubated for 2 h at 37°C in medium to allow free-swimming (Left image). 887 Aliquots of 1 ml (layer 1 to 5) of the medium from top to bottom were carefully 888 collected and guantification of the % of parasites in each layer and pellet was 889 carried out by microscopy, on Neubauer chamber (graph). Isolates / strains are 890 891 classified in two groups: those that presented low motility [>40 % of trypomastigotes in the pellet after 2 h] and those with high motility [<20% of 892 parasites in the pellet] and trypomastigotes were homogeneously distributed 893 among all layers]. As a reference, the low migran strains (into spheroids) are in 894 pink and the high migrants are in sky blue. pasa a suplementaria 895

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897 **S1 and S2 movies**.

898 HeLaR2 spheroid infected with CFSE-SylvioX10 (video1) or CFSE-CL Brener 38

(video 2); 3D reconstruction. Z-stack images were obtained by confocal
microscopy using 10x objective. The videos were realized by using ImageJ
software -3D viewer plugin-. Half of an infected spheroid rotating on the Y axis is
shown. Green: CFSE-parasites. Red: LifeAct-RFP of HeLa cells.

903

904 **S3 movie**.

3D reconstruction of a single HeLaR2 cell on the surface of a SylvioX10-infected
spheroid. Z-stack images were obtained by confocal microscopy using 60x
objective. The video was realized by using ImageJ software -3D viewer plugin-.
Multiple amastigotes within a single cell are shown. Green: CFSE-parasites.
Red: LifeAct-RFP of HeLa cells.

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911 **S4 movie.**

3D reconstruction of a single CL Brener trypomastigote located inside the spheroid (≈30 µm deep) after 1 h of incubation. Z-stack images were obtained by confocal microscopy using 60x objective. The video was realized by using ImageJ software -3D viewer plugin-. The paracellular location of the trypomastigote is shown. Green: CFSE-parasites. Red: LifeAct-RFP of HeLa cells.

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919 **S5 movie.**

⁹²⁰ The video shows the scanning of the first 20-30 μm (from the surface to the

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center) of a CL Brener-infected spheroid after 1 h of incubation. Z-stack images
 were obtained by confocal microscopy using 60x objective. The video was
 realized by using ImageJ software. White arrow shows the paracellular located
 trypomastigote. Green: CFSE-trypomastigotes. Gray: HeLa cells.

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926 **S6 movie**

3D reconstruction of a single intracellular CL Brener trypomastigote located
inside the spheroid (20-30 µm deep) after 1 h of incubation. Z-stack images were
obtained by confocal microscopy using 60x objective. The video was realized by
using ImageJ software -3D viewer plugin-. Green: CFSE-trypomastigotes. Red:
LifeAct-RFP of HeLa cells.

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933 S7 and S8 movies

3D reconstruction of a HeLaR2 spheroid infected with CFSE-Y trypomastigotes
(video 7) or CFSE-RA trypomastigotes (video 8). Z-stack images were obtained
by confocal microscopy using 10x objective. The video was realized by using
ImageJ software -3D viewer plugin-. A half of an infected spheroids rotating on
the Y axis shown. Green: CFSE-parasites. Red: LifeAct-RFP of HeLa cells.

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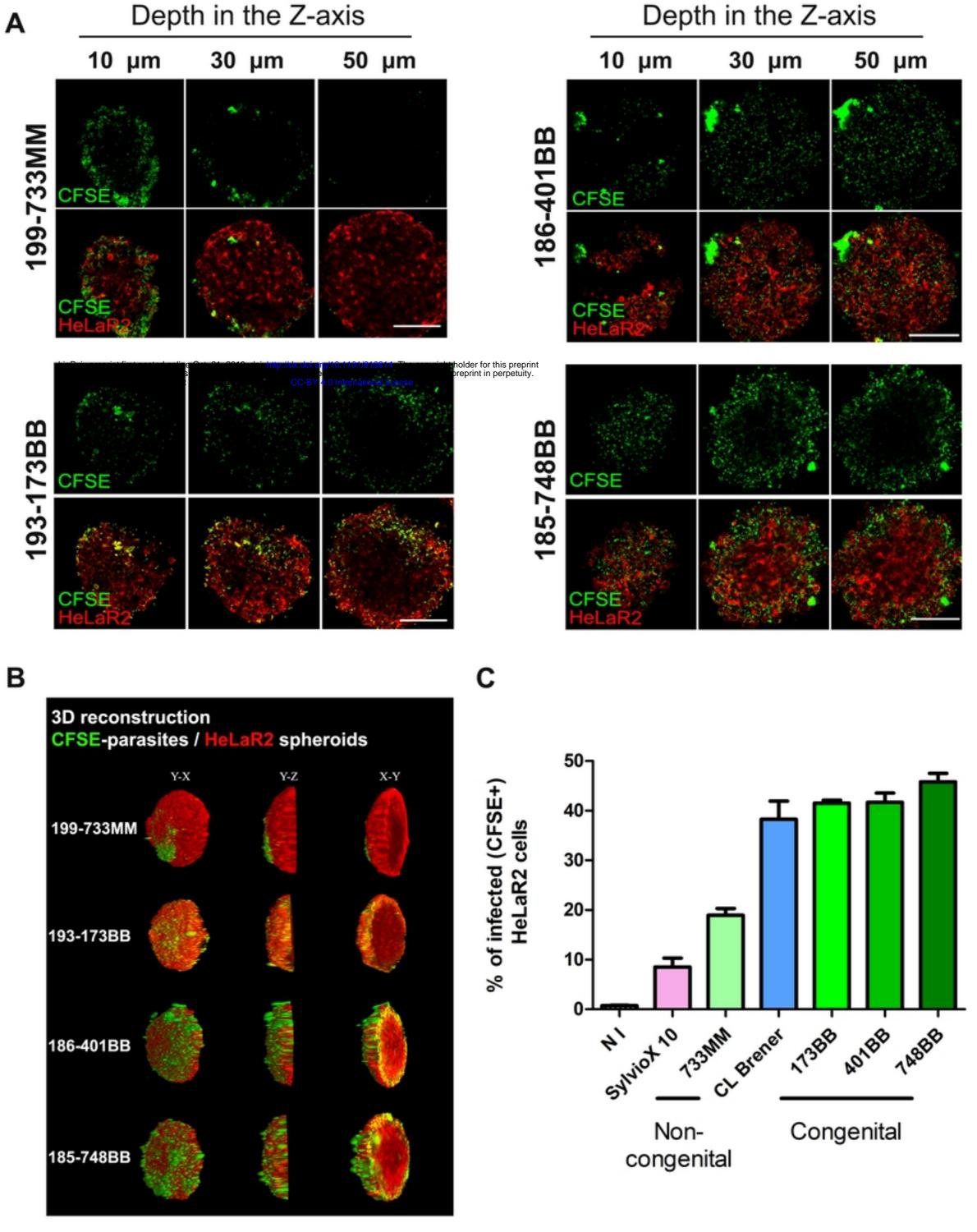
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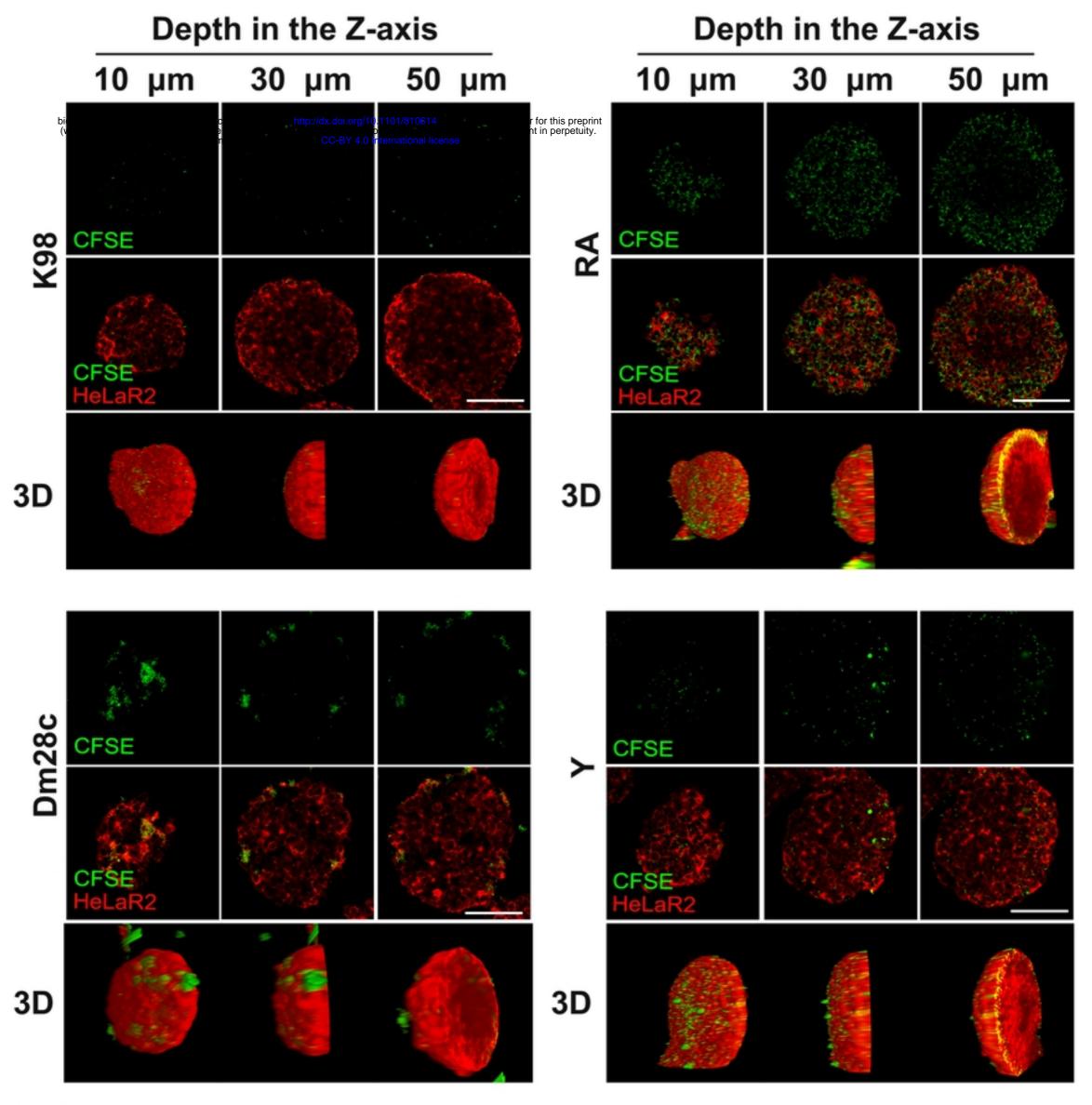
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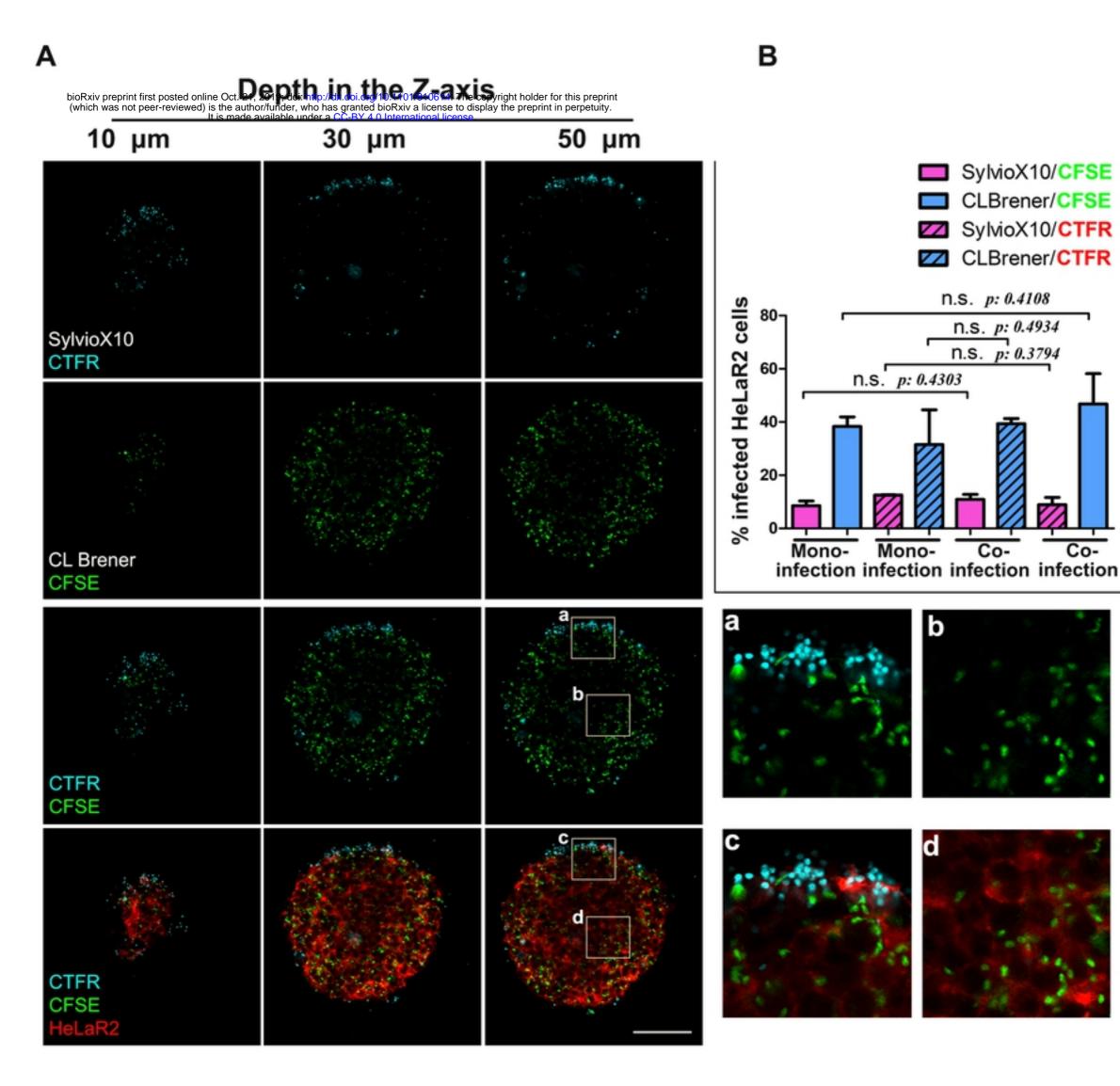
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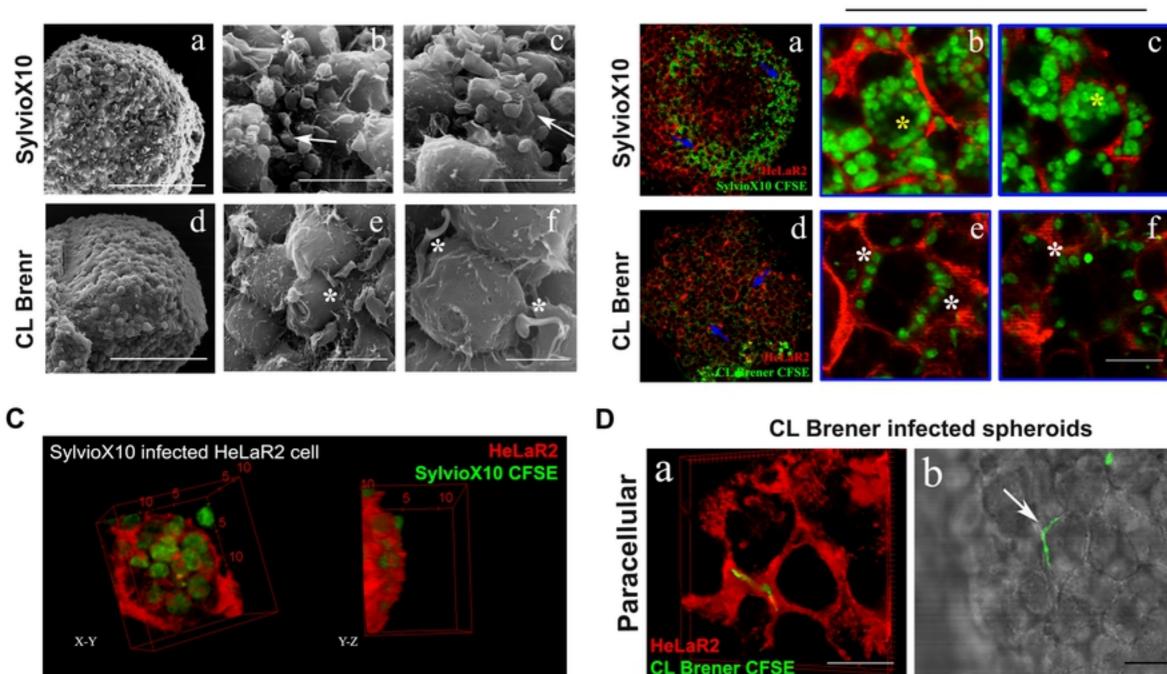
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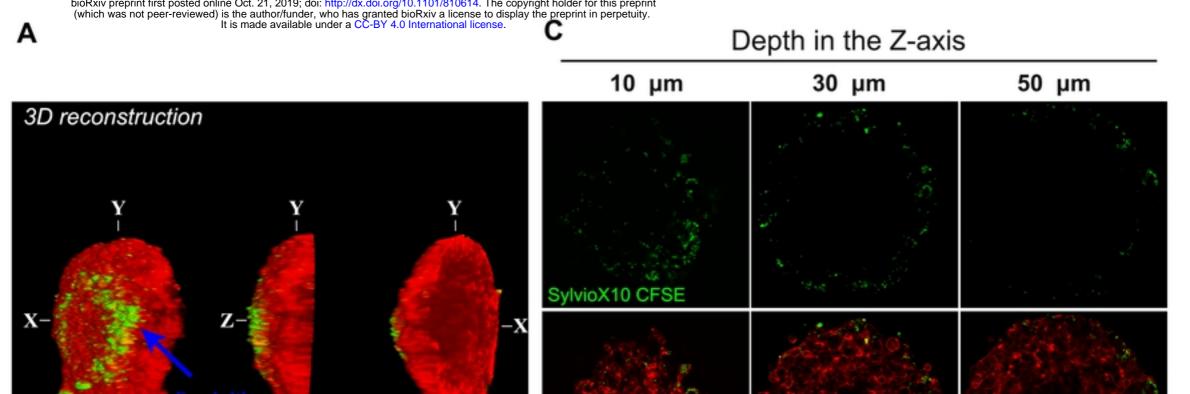




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в

Insets



HeLaR2 SylvioX10 CFSE

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D

SylvioX10 CFSE

Depth in the Z-axis

