# Bow-shocks, nova shells, disc winds and tilted discs: The Nova-Like V341 Ara Has It All

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### ABSTRACT

V341 Ara was recently recognised as one of the closest ( $d \approx 150 \text{ pc}$ ) and brightest  $(V \simeq 10)$  nova-like cataclysmic variables. This unique system is surrounded by a bright emission nebula, likely to be the remnant of a recent nova eruption. Embedded within this nebula is a prominent bow-shock, where the system's accretion disc wind runs into its own nova shell. In order to establish its fundamental properties, we present the first comprehensive multi-wavelength study of the system. Long-term photometry reveals quasi-periodic, super-orbital variations with a characteristic time-scale of 10–16 days and typical amplitude of  $\simeq 1$  mag. High-cadence photometry from TESS reveals for the first time both the orbital period and a "negative superhump" period. The latter is usually interpreted as the signature of a tilted accretion disc. We propose a recently developed disc instability model as a plausible explanation for the photometric behaviour. In our spectroscopic data, we clearly detect anti-phased absorption and emission line components. Their radial velocities suggest a high mass ratio, which in turn implies an unusually low white dwarf mass. We also constrain the wind mass-loss rate of the system from the spatially resolved [OIII] emission produced in the bowshock; this can be used to test and calibrate accretion disc wind models. We suggest a possible association between V341 Ara and a "guest star" mentioned in Chinese historical records in AD1240. If this marks the date of the system's nova eruption, V341 Ara would be the oldest recovered nova of its class and an excellent laboratory for testing nova theory.

 $\mathbf{Key\ words:}\ \operatorname{accretion} - \operatorname{accretion} \operatorname{discs} - \operatorname{binaries:}\ \operatorname{spectroscopic} - \operatorname{novae},\ \operatorname{cataclysmic}\ \operatorname{variables} - \operatorname{winds},\ \operatorname{outflows}$ 

# 1 INTRODUCTION

Cataclysmic variable stars (CVs) are interacting binary systems in which a Roche lobe-filling secondary star loses mass to a white dwarf (WD) primary. In systems where the magnetic field of the WD is dynamically unimportant, accretion takes place via a disc. Nova-like variables (NLs) are a sub-class of CVs in which the mass-transfer rate from the companion is high enough to keep this disc in a fully ionized, optically thick, geometrically thin state (Lasota 2016).

In non-magnetic systems, the disc extends all the way down to the surface of the more slowly rotating WD. The interface between these components is expected to be a narrow boundary layer (BL) that radiates up to half of the total accretion luminosity. This BL is usually expected to be optically thick at the high accretion rates found in NLs, although some recent models suggest a more nuanced picture (Hertfelder et al. 2013). NLs are perhaps the only astrophysical systems where standard, steady-state, non-relativistic accretion disc theory (Shakura & Sunyaev 1973) should apply without modification. This makes them extremely useful laboratories for testing the theory.

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The  $10^{th}$  magnitude variable star V341 Ara was first catalogued by Leavitt & Pickering (1907). It was then (mis-) classified by Hoffmeister (1956) as a Type II Cepheid, based on the presence of a  $P \simeq 12$  d period in their light curve of the system. In spite of V341 Ara's extremely blue colour, this mis-classification stood for more than 60 years, with subsequent photometric studies reporting similar, though not identical periodic variability ( $P \simeq 11$  d, ESA 1997;  $P \simeq 14$  d, Berdnikov & Szabados 1998).

In fact, V341 Ara is one of the brightest CVs known, though it was not identified as such until recently. This identification was made by Frew (2008, hereafter F08), based on a combination of spectroscopic signatures, flickering, blue colour and its identification with a ROSAT X-ray source <sup>1</sup>. F08's primary science objective was actually the identification of new planetary nebulae (PNe). Their study of V341 Ara was prompted by its association with a previously uncatalogued large  $(8' \times 6')$  H $\alpha$  nebula. More recently, Bond & Miszalski (2018, hereafter B18) confirmed the NL classification and carried out the first radial velocity study for the system. They reported an orbital period of  $P_{orb}=3.65~\mathrm{h},$ consistent with the bulk of the NL population.

NLs with periods in the range 3 h  $\lesssim P_{orb} \lesssim 4$  h represent a critical evolutionary phase. The observed CV population exhibits a well-known "period gap" between  $P_{orb}\simeq 2-\mathsf{h}$ and  $P_{orb}\simeq 3-\mathrm{h}.$  Individual CVs are thought to approach the upper edge of the gap from above (i.e. longer periods), but to evolve through the gap as detached systems. NLs like V341 Ara are therefore systems whose donors will soon lose contact with the Roche lobe, possibly as they make the transition from partially radiative to fully convective stars (see Knigge et al. 2011 for a review). Many, if not all, of these systems also share at least some of the peculiar observational characteristics collectively known as the "SW Sex syndrom" (Dhillon 1990; Thorstensen et al. 1991; Rodríguez-Gil et al. 2007; Schmidtobreick et al. 2012; Dhillon et al. 2013).

Based on its  $H\alpha$  luminosity, F08 estimated the mass of the nebula around V341 Ara as  $M_{H\alpha} \simeq 5 \times 10^{-3} \text{ M}_{\odot}$ , roughly 100× less massive than a typical PN. Both F08 and and B18 suggested that the nebula may therefore be an old nova remnant associated with V341 Ara itself. Intriguingly, the star is located  $\simeq 2'$  from the center of the H $\alpha$  nebula, which might be due to its high proper motion if the nova eruption occurred ~1000 yrs ago.

However, perhaps the most important and unusual feature of V341 Ara is that it lies near the apex of an impressive parabolic bow-shock, thought to be due to the interaction of its accretion disc wind with the ISM (F08, B18). This bow-shock is seen in both the [OIII] and [NII] nebular emission lines and is located within the larger scale  $H\alpha$  nebula (see fig.1). Only two other CVs surrounded by wind-driven bow-shocks are known: BZ Cam (Hollis et al. 1992) and V1838 Aql (Hernández Santisteban et al. 2019) <sup>2</sup>. These objects are critical for testing disc wind models for CVs (e.g. Knigge et al. 1997; Long & Knigge 2002; Matthews et al.

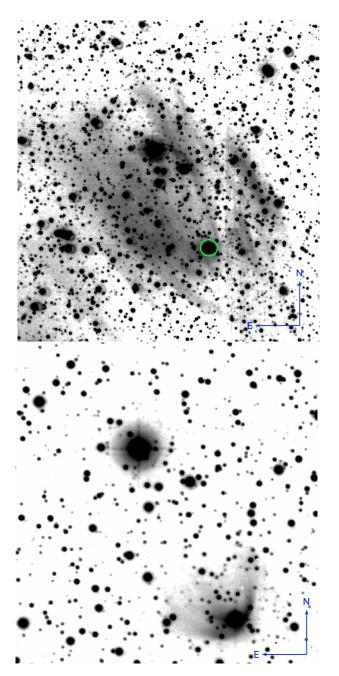


Figure 1. ESO/WFI narrow band images of the field around V341~Ara. Top: H $\alpha$  illustrating the emission nebula in the vicinity of the nova-like variable, the star is marked with a green circle. Note the cosmetic defects North-West from the source due to gaps between different chips in the image. Bottom: Same field, but with 2x zoom, in [OIII] illustrating the bowshock around V341 Ara. Images were processed using Theli software (Erben et al. 2005; Schirmer 2013).

2015), since the observed shock properties can provide a model-independent mass-loss rate estimate (e.g. Kobulnicky et al. 2018).

Here, we present the first comprehensive multiwavelength study of V341 Ara in order to establish the fundamental properties of the system. In Section 2, we introduce the data sets we use. Section 3 presents our analysis of the data, with Tables 1 and 2 in this section collecting some of

<sup>&</sup>lt;sup>1</sup> Samus et al. (2007), as well as Kiraga (2012), independently proposed the classification of V341 Ara as a CV, based on the X-ray match.

<sup>&</sup>lt;sup>2</sup> A bow-shock is also present around the NL IPHASX J210204.7+471015, but this is probably due to the interaction of this system's nova shell with the ISM (Guerrero et al. 2018).

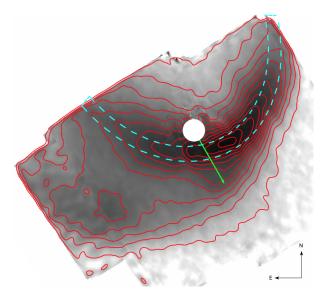


Figure 2. Combined image with background subtracted of the numerically integrated [OIII]  $\lambda 5007\text{\AA}$  emission line from the integral field spectroscopy. The 4 arcsecond diameter circle is centered in the position of the source, while the green arrow represent the direction of the proper motion of the star derived from *Gaia DR2*. The dashed cyan paraboloid symmetry axis is aligned with the proper motion of the star and has a thickness of 3 arcseconds. Contours with equal flux density are plotted in red.

our main results. Finally, in Section 4, we discuss the unique nature of this system, given all of the observational evidence available that has been collected to date. In Section 5 the main results are summarized.

### 2 DATA SETS

For the present study, we have collected multi-wavelength data covering the radio, infrared, optical, near-ultraviolet and X-ray bands. This includes multiple sets of time-resolved optical photometry and time-resolved optical spectroscopy. It also includes 2-D optical spectroscopy covering the nebular emission around  $V341\ Ara$ . In the remainder of this section, we briefly describe these data sets. A summary of the observations is provided in Tables A1 and A2 for the spectroscopic and photometric time-series respectively. For reference, Fig. 4 shows the epochs at which the various data sets were obtained, superposed on our long-term optical light curves.

### 2.1 Time-resolved photometry

# 2.1.1 ASAS-SN

The All-Sky Automated Survey for Supernovae (ASAS-SN) aims to provide near-continuous all-sky optical monitoring. It reaches a depth of  $V \simeq 17$  and provides 3x90 s sequential exposures each night for the entire observable sky (Kochanek et al. 2017). The survey uses five stations, each of which consists of four 14 cm aperture Nikon telephoto lenses. The observations are made in the V-band (two stations) or g-band (three stations). V341 Ara has been monitored by ASAS-SN since March 2016. Here, we use all 893 g-band and 616 in

V-band measurement that were gathered prior to October 2019.

### 2.1.2 KELT

The Kilo-degree Extremely Little Telescope (KELT) project (Pepper et al. 2007, 2018) is a survey designed primarily for the detection of planetary transits around bright stars. Here, we use data from KELT-South, a 4-cm telescope that monitors the southern sky with a spatial resolution of 23" per pixel and a cadence of about 20-30 minutes (for airmass < 1.5). In order to maximize sensitivity, KELT does not employ filters, but the response function of the system peaks around 6000Å (Pepper et al. 2012). KELT gathered data for V341 Ara from 2013 to 2018, providing a a total of 5840 photometric measurements across this 6-year period.

#### 2.1.3 TESS

The Transiting Exoplanet Survey Satellite (TESS, Ricker et al. 2015) is a space-based telescope launched in 2018. Like KELT, TESS's primary mission is to detect transiting exoplanets around nearby stars. It provides optical images with an effective spatial resolution of 21", covering a bandpass of  $\simeq 0.6 - 1 \mu m$ .

TESS monitors the sky in sectors, with each sector being observed continuously for 27 days. Full-frame images are provided at a cadence of 30 minutes, but  $10\times10$  pixel postage stamps around a set of pre-selected targets are downloaded at the optimum 2 minute cadence. The data for these fortunate targets is reduced by the Science Processing Operations Center (SPOC) pipeline (Jenkins et al. 2016), during this process a pixel-by-pixel correction is applied, the optimal photometric aperture along with an estimation of the contamination by nearby stars is calculated before extracting the light curves. Barycentered light curves ("LCF files") are available from the Mikulski Archive for Space Telescopes (MAST).

 $V341\ Ara$  was one of the pre-selected targets in TESS Sector 12. As such, it was observed with 2-minute cadence from 2019 May 21 to 2019 June 19.

### 2.2 Time-resolved 1D and 2D spectroscopy

### 2.2.1 CTIO: RC Spectrograph

B18 obtained medium resolution time-resolved spectroscopic observations of V341 Ara with the RC Spectrograph on the SMARTS 1.5 m telescope at the Cerro Tololo Interamerican Observatory (CTIO). All of their data were collected between April and July of 2006, but most of their observations are missing from the CTIO archive. In our long-term radial velocity study, we therefore directly adopt the 59 measurements provided by B18 for the centroid of the H $\alpha$  emission line core in their red exposures.

<sup>3</sup> http://archive.stsci.edu/tess/

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### 2.2.2 CTIO: Chiron

Chiron (Tokovinin et al. 2013) is a high dispersion benchmounted echelle spectrograph on the SMARTS 1.5m telescope at CTIO. We used Chiron in fiber mode, covering the 4083-8901 Å region in 75 orders at a resolution of  $R = \lambda/\Delta\lambda \simeq 27800$ . We obtained a total of 26 exposures on two nights in 2018. Three exposures were taken on 25 March 2018, the remainder on 12 May 2018. All spectra were extracted and reduced using the CH\_REDUCE code (Walter 2017<sup>4</sup>).

### 2.2.3 SAAO: SpUpNIC

SpUpNIC (Crause et al. 2016) is a low- to medium-resolution long-slit spectrograph mounted on the 1.9-m Radcliffe telescope at the South African Astronomical Observatory (SAAO). We used the gr4 grating for our observations, which provides a wavelength coverage of  $\lambda\lambda 3750-5100$  Å with a dispersion of  $\simeq 0.6$  Å/pix. We obtained 12 exposures covering slightly less than 1 hr on each of the nights of 2017 March 12 and 16. One additional exposure each was obtained on the nights of 2017 March 15 and 17. The spectra were reduced using standard IRAF routines. Cosmic ray rejection was performed with LACOSMIC (van Dokkum 2001).

### 2.2.4 SAOO: SALT/HRS

The High Resolution Spectrograph (HRS; Crause et al. 2014) is a double-beam, fiber-feed echelle spectrograph mounted on the Southern African Large Telescope (SALT). We used the low resolution mode of HRS to obtain spectra covering the range  $\lambda\lambda 3800-8900\text{Å}$  with a resolving power of  $R\simeq 15000$ . Our observations were carried out on four nights between 2018 April 15 and 2018 April 21, with 5 exposures being taken on each of these nights. Data reduction was performed with the PYSALT pipeline.

# 2.2.5 SSO: WiFeS

The Wide Field Spectrograph (WiFeS, Dopita et al. 2007) is a double-beam, image-slicing integral field unit (IFU) mounted on the Australian National University's 2.3 m telescope at Siding Spring Observatory. It provides spectral images across a contiguous 25"×38" field of view, using 25×1" "slitlets" along the short axis and 0.5"/pixel spatial sampling along the long axis. We used  $\it WiFeS$  in the B7000 (blue arm) and R7000 (red arm) configurations, which provides a resolution of  $R \simeq 7000$  across the full wavelength range  $\lambda\lambda 5300-7100$  Å. Our observations were obtained on the night of 2018 April 26, during which the target field was monitored for 4.5 hours without interruption, using 300 s integrations. In order to fully cover the bow-shock surrounding V341 Ara, we used several different pointings to cover a total field of approximately  $50'' \times 40''$ . The shifts and rotations between pointings were typically 20" and 90°, respectively.

Since WiFeS provides spatially-resolved spectroscopy,

we used this data set for two distinct purposes. First, we extracted time-resolved 1-D spectroscopy for the central point source using a  $3\times 3$  spaxel aperture centered on the peak of the continuum count rate distribution. Second, we constructed narrow-band images by aligning all pointings to the central source and then combining them. We used a resampling factor of 5 for this mosaic, yielding a plate scale of 0.2" per spaxel for the final images. In order to create pure emission line images, we created narrow-band images centered on specific transitions and then subtracted a linear fit to the local continuum in each spaxel. Given that seeing was better than 0.9" throughout our observations, these are the highest-resolution, unsaturated images of V341 Ara and its bow-shock to date. Figure 2 shows the resulting emission line image for the [O III]  $\lambda 5007$  Å transition.

### 2.3 Swift X-ray and ultraviolet observations

We observed V341 Ara twice with the Neil Gehrels Swift Observatory (Burrows et al. 2005), on 2018 July 04 and 2019 February 28, for a total exposure time of 4.6 ks. We used standard Swift/XRT routines (XRTPIPELINE 0.13.4 in heasoft 6.25) to reduce the XRT data, extract counts from a circular aperture of 5" centered on the source and construct a spectrum covering the 0.3-10 keV range for each of the two epochs. There was no significant variability in the X-ray data within or between the two epochs.

We also used Swift to obtain near-ultraviolet (NUV) imaging observations with the UV/Optical Telescope (UVOT Roming et al. 2005). In July 2018, we imaged the system for 326 s with the UVW1 filter ( $\lambda_{eff} \simeq 2590$  Å), while in February 2019, we used the UWM2 filter ( $\lambda_{eff} \simeq 2230$  Å) for a total of 680 s. Since V341 Ara was saturated in all of the UVOT images, we used readout-streak photometry (Page et al. 2013) to estimate source fluxes in the UVW1 and UVM2 bands. The scatter in each band was consistent with being due to photometric errors, so we combined the exposures in each band to produce a single flux estimate for each filter.

Finally, in February 2019, we also obtained a total of 2.2 ks of NUV spectroscopy using the Swift/UVOT UV grism, which covers the wavelength range  $\lambda\lambda1800-5200$  Å at a resolution of  $R\simeq150$ . The spectroscopic data were reduced using the Swift UVOT Grism UVOTPY package (version 2.4, Kuin 2014, an implementation of the calibration from Kuin et al. 2015). The combined 1-D spectrum was corrected for a systematic wavelength shift by ensuring that the center of the Mg II emission line lies close to 2800 Å, its expected position. Since the detector sensitivity below 2000 Å is decreasing more rapidly than at longer wavelengths, the flux calibration for  $\lambda\lesssim2000$  Å is currently unreliable. We therefore removed this part of the spectrum.

### 2.4 MeerKAT radio observations

MeerKAT (Jonas 2009) is a radio telescope consisting of  $64\times13.5$  m antennas located in the Karoo region of South Africa. The field containing V341 Ara was observed with MeerKAT at a central frequency of  $1.284\,\mathrm{GHz}$  on  $2019\,\mathrm{March}$  29 as part of the ThunderKAT Large Survey Project (Fender et al. 2017). The full bandwidth of  $856\,\mathrm{MHz}$  was split into

<sup>4</sup> http://www.astro.sunysb.edu/fwalter/SMARTS/NovaAtlas/ ch\_reduce/ch\_reduce.html

4096 channels, visibilities were recorded every 8 seconds, and 60 of the MeerKAT antennae were utilised. The Seyfert 2 galaxy J1939-6342 was used as a bandpass and flux calibrator. The total integration time on V341 Ara was approximately 120 mins. The data were flagged using AOFLAG-GER version 2.9.0 (Offringa 2010) to remove radio frequency interference, averaged by a factor of 8 in frequency and then calibrated using standard procedures in CASA version 5.1.1 (McMullin et al. 2007). The calibrated data was imaged using the multi-facet-based radio imaging package DDFACET (Tasse et al. 2018), with Briggs weighting, a robustness parameter of R=-0.5 and the SSD deconvolution algorithm. No self-calibration was implemented. Flux measurements and source-fitting were executed using PyBDSF <sup>5</sup> and noise levels were measured within the local area surrounding the source. The restoring beam had a size of 5.87  $\times$  4.63 arcsecond<sup>2</sup>.

Some CVs are strong radio emitters (see Coppejans & Knigge 2020, for a review). Unfortunately, V341~Ara was not detected in these observations, unlike some other southern NLs (Hewitt et al. 2020). The corresponding  $3\sigma$  flux limit is  $30\,\mu\mathrm{Jy}\,\mathrm{beam}^{-1}$ .

### 2.5 Supplementary photometric data

In order to characterise the overall spectral energy distribution of V341~Ara, we have collated additional photometric measurements from the following sources: SkyMapper DR1 (optical: uvgriz; Wolf et al. 2018), APASS (optical: BV+gri; Henden et al. 2016), Gaia DR2 (optical: G+B $_p$ +R $_p$ ; Gaia Collaboration et al. 2018), 2MASS (near-infrared: JHK $_s$ ; Skrutskie et al. 2006), VISTA VHS DR4 (JK $_s$ ; McMahon et al. 2019), WISE/ALLWISE (midinfrared: W1+W2+W3+W4; Cutri & et al. 2014).

### 3 ANALYSIS AND RESULTS

# 3.1 Spectral energy distribution: luminosity and accretion rate

Figure 3 shows the panchromatic SED of  $V341\ Ara$ , based on the data sets described in Sections 2.3, 2.4 and 2.5. These data sets were not obtained simultaneously, so the photometric scatter in Figure 3 is consistent with the observed variability of the source. As is already clear from Figures 4 and 7,  $V341\ Ara$  exhibits significant super-orbital variability in the optical (see Section 3.2 for details).

To provide context and guide the eye, we also show in Figure 3 a simple model SED that is the sum of four components: (i) a geometrically thin, optically thick accretion disc; (ii) an optically thick boundary layer (BL); (iii) an accretion-heated WD; (iv) a donor star. The inclination towards V341~Ara is not known, but its absorption line dominated optical spectrum suggest a relatively face-on viewing angle (c.f. Beuermann & Thomas 1990; Beuermann et al. 1992; Matthews et al. 2015); we therefore adopt  $i \simeq 30^\circ$  in our SED model.

Most of the remaining system parameters were taken

directly from the best-fit CV evolution sequence provided by Knigge, Baraffe & Patterson (2011, hereafter KBP11). Specifically, we adopted a mass-transfer rate of  $M \simeq 10^{-9} \ M_{\odot} \text{yr}^{-1}$ , a donor mass of  $M_2 \simeq 0.26 \ M_{\odot}$ , a donor radius of  $R_2 \simeq 0.34 \ R_{\odot}$  and a donor temperature of  $T_{eff,2} \simeq 3380 \ \text{K}$ . Based on the results shown in Section 3.4.4 below, the WD mass was taken to be  $M_{WD} = 0.5 \ M_{\odot}$ . The WD temperature,  $T_{WD} = 23,2000 \ \text{K}$  and radius,  $R_{WD} = 1.2 \times 10^9 \ \text{cm}$  were estimated from accretion heating models of Townsley & Bildsten (2004) and the WD cooling models of ?, respectively.

Each of the radiating components in the model (the WD, the BL, the donor and each disc annulus) is assumed to emit as a blackbody. The BL is modelled as an cylindrical strip wrapped around the equator of the WD that generates half of the accretion luminosity. The total vertical extent of the BL is taken to be  $H_{BL}=0.1~R_{WD}$ , though only the top half of the BL is visible to the observer. With these assumptions, the effective temperature of the BL in the model is  $T_{eff,BL}\simeq 83,300~{\rm K}$ . For comparison, Figure 3 also includes a second SED model that corresponds to a higher masstransfer rate,  $M=10^{-8}~{\rm M_{\odot}yr^{-1}}$ . The WD and BL temperatures are then  $T_{\rm eff,WD}\simeq 43,300~{\rm K}$  and  $T_{eff,BL}\simeq 150,700~{\rm K}$ , respectively.

Figure 3 shows that – with the exception of the X-ray band – V341~Ara's SED is broadly consistent with these simple SED models. The excess X-ray emission compared to the model is not unusual for a NL variable (e.g. Pratt et al. 2004) and will be discussed further in Section 3.5. Thus, based on its SED, V341~Ara appears to be a normal NL variable, with system parameters typical for its orbital period. In particular, its accretion rate is likely between  $10^{-9}~M_{\odot} yr^{-1}$  and  $10^{-8}~M_{\odot} yr^{-1}$ .

# 3.2 Optical light curves: large-amplitude, super-orbital, quasi-periodic variations

Figure 4, provides an overview on each of the last 3 observing seasons, during which all of our other data sets were taken. In this figure, the TESS observing window is indicated by a vertical green band, and the dates on which spectroscopic, X-ray/UV (Swift) and radio (MeerKAT) observations were carried out, are marked by vertical lines. The 2-minute cadence, 27-day TESS light curve is shown in Figure 5.

The first obvious and important point to note is that V341~Ara's variability is dominated by large-amplitude –  $\delta_m \simeq 0.5$  – 2.0 mag – super-orbital modulations (see also Figure 7). The characteristic time-scale of these oscillations –  $\simeq 10$ -16 days – is far longer than the orbital period of  $P_{orb} \simeq 3.7$  hrs (B18; also see Section 3.4.3). However, the amplitude and time-scale of these variations are comparable to those associated with the pulsations of Type II Cepheids, and specifically the W Vir subclass (e.g. Berdnikov & Szabados 1998). This, in addition to the lack of statistically significant power around the orbital frequency explains the long mis-classification of V341~Ara as a Cepheid variable.

The prevalence and quasi-periodic nature of these slow variations are apparent in Figures 6 and 7, which shows generalized Lomb-Scargle (Lomb 1976; Scargle 1982; Zechmeister & Kürster 2009; VanderPlas 2018) periodograms for each of the light curves. Every data segment produces a strong power excess in this frequency range, but the exact location

<sup>5</sup> https://www.astron.nl/citt/pybdsf/

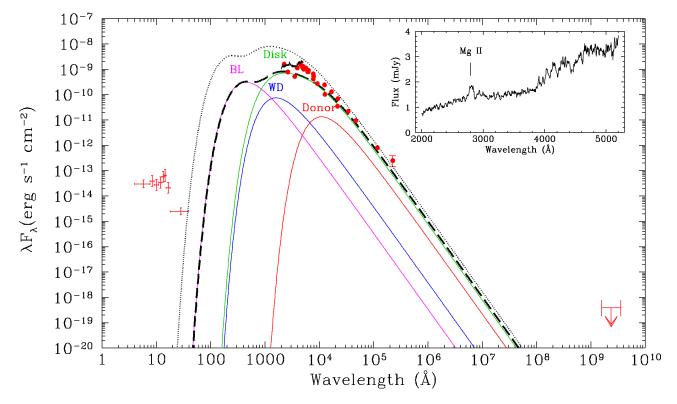


Figure 3. Spectral energy distribution of V341~Ara based on archival broad band photometry (Sec. 2.5), Swift and MeerKAT data sets (Sections 2.3 and 2.4 respectively). The inset is a zoom into the NUV spectroscopy obtained with Siwft/UVOT. These data sets were not obtained simultaneously, so the photometric scatter is due to the intrinsic variability of the source. The different component of the system with the estimated parameters from Knigge, Baraffe & Patterson (2011) are overlaid on top of the data for reference. Dashed black curve is the summed of the system components accreting at  $10^{-9}~M_{\odot}yr^{-1}$  (green line), while dotted curve is the same but at higher accretion rate ( $10^{-8}~M_{\odot}yr^{-1}$ ).

of the peak frequency changes across data sets and observing seasons. The amplitude of these variations is also highly variable. For example, Figure 7 shows that the peak-to-peak variability level in the KELT Year 1 data is  $\lesssim 1$  mag, but in a similar-sized segment of the KELT Year 5 data, it reaches > 1.5 mag.

To illustrate these features more clearly, Figure 7 shows a dynamic power spectrum we have constructed for the KELT data set, along with the season-by-season light curve. In calculating this power spectrum, we require each time bin to span at least  $\pm 15$  days and include a minimum of 20 data points; note that this will tend to smooth any sudden change in the periodic signal.

By contrast, only the high-cadence, high-S/N TESS data set reveals a (weak) orbital signal (see insets in Figure 5 and Figure 8). The characteristic amplitude of this signal is just  $\simeq 1\%$ , which suggests a relatively low (face-on) orbital inclination for V341~Ara, in agreement with the assumption in previous section.

Perhaps more importantly, however, the power spectrum of the TESS data actually exhibits two peaks near the orbital frequency. One of these —  $f_{orb,TESS}=6.569\pm0.007\,\mathrm{c/d}$ ), corresponding to  $P_{orb}=3.654\pm0.004$  hrs — is consistent with the orbital period obtained from our multiyear spectroscopic data (see Section 3.4.3). The other —  $f_{SH-}=6.628\pm0.006\,\mathrm{c/d}$ , corresponding to  $P_{SH-}=3.621\pm0.003$  hrs — is roughly 1% faster than the orbital signal.

This signal is similar to the so-called "negative superhumps" seen in the light curves of several other nova-like variables (e.g. Patterson et al. 2005). In these systems, the negative superhump signal is thought to represent a beat between the binary orbit and the much slower, retrograde, nodal precession of a tilted accretion disc.

If the same interpretation holds for V341 Ara, it is tempting to associate the dominant large-amplitude 10 – 16 day signals in the photometric data with the disc precession period itself. Is this viable? The frequency difference between  $f_{orb}$  and  $f_{SH-}$  in the TESS data is  $\Delta f=0.06\pm0.006\,\mathrm{c/d}$ , which corresponds to an implied precession period of  $P_{prec}=16.4\pm1.6\,\mathrm{d}$ . This is completely in line with the measured period of the slow photometric variations during the TESS observations, which was  $P_{slow}\simeq16.1\,\mathrm{d}$  (see Figure 6).

# 3.3 Astrometry: distance and membership of the thin disc population

V341~Ara is included in Gaia DR2 (Gaia Collaboration et al. 2018). We therefore estimate its distance from the Gaia parallax,  $\pi = 6.40~\pm 0.08\,\mathrm{m}as$ , using the Bayesian approach described in Luri et al. (2018) to account for the covariance of the distance and proper motion. This yields a distance of  $156\pm2$  parsecs (pc), for a prior with a length scale of  $1.5~\mathrm{kpc}$ . However, given the precision of the parallax measurement,

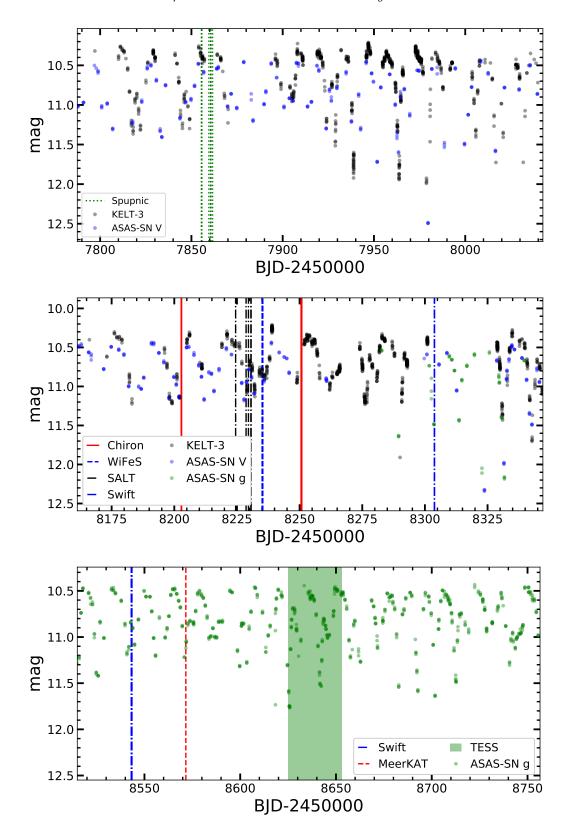


Figure 4. Long term optical light curve of the seasons when the different datasets where gathered, these are marked with vertical lines. Note we only shift the baseline of the KELT data, by subtracting 3 mags, to match the median magnitude of the ASAS-SN data. We do not make any additional attempt to place the different time series photometry on the same absolute scale.

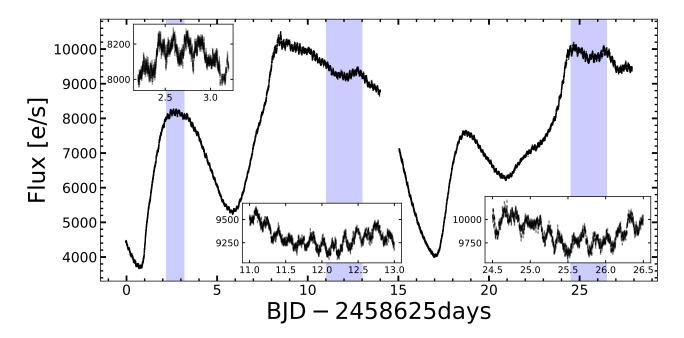


Figure 5. The TESS lightcurve of V341 Ara during sector 12 illustrate the complexity of the super-orbital modulation; insets are zooms of the overlapping shaded region. Here, the orbital and superhump modulations are superimposed to the main signal with an amplitude roughly 3% of the dominant one can be appreciated. The  $\sim 1$  day data gap is due the perigee passage of the spacecraft while downloading the data

the distance estimate is highly insensitive to the prior. Based on this estimate,  $V341\ Ara$  is the  $3^{\rm rd}$  closest non-magnetic NL.

The proper motion of V341~Ara provided by Gaia is  $\mu_{\alpha}\cos\delta=-48.32\pm0.07\,\mathrm{mas~yr^{-1}}$  and  $\mu_{\delta}=-84.91\pm0.08\,\mathrm{mas~yr^{-1}}$ . Given its distance, this corresponds to a transverse velocity of  $72\pm1~\mathrm{km~s^{-1}}$ 

We also checked for possible distant companions to the  $V341\ Ara$  binary system by searching for Gaia sources within  $1^\circ$  of its position that also have similar proper motions and distances. No such sources were found.

In order to identify the Galactic population to which V341~Ara belongs (thin disc, thick disc or halo), we carried out Galactic orbit integrations with GALPY, assuming a standard Milky Way potential (MWPotential2014, Bovy 2015). The starting point for these integrations is the system's current position in the full six-dimensional phase space, which is defined by proper motion (2 components), position (2 components), distance (1 component) and systemic radial velocity (1 component). All but the last of these are provided by Gaia. For the systemic radial velocity, we adopt the value obtain by our spectroscopic analysis in Section 3.4.4,  $v_{sys} = 42 \pm 2 \, \mathrm{km \ s^{-1}}$ .

The Galactic orbit implied by these parameters is characterized by a pericenter distance of 5.32 kpc and an apocenter radius of 8.46 kpc, which corresponds to an eccentricity of e=0.23. The maximum height of the orbit above the mid-plane of the Galactic disc,  $h_{max}=57.3\,\mathrm{pc}$ , clearly suggests membership of the thin disc population. This is in line with expectations for long-period CVs from Pretorius et al. (2007).

# 3.4 Optical spectroscopy: orbital ephemeris and mass ratio

### 3.4.1 The mean spectrum

Figure 9 shows the mean optical spectrum of  $V341\ Ara$ , as obtained by averaging all of the observations we obtained with *Chiron* at the CTIO. Prior to combining the individual spectra, each was shifted to the rest frame of the secondary, based on the radial velocity curve derived in Section 3.4.4 below.

As expected from the overall SED (Figure 3), the optical spectrum is very blue. The continuum shape is reasonably approximated by  $F_{\lambda} \simeq \lambda^{-7/3}$ , the spectrum expected for the central part (between the Wien and Rayleigh-Jeans tails) of a Shakura-Sunyaev multi-temperature black-body disc.

The other key aspect of Figure 9 is that it shows an absorption line spectrum. This, again, suggests a face-on for  $V341\ Ara$ . Overall, the optical spectrum is reminiscent of that produced by RW Sex, another bright, nearby, long-period, low-inclination non-magnetic NL (Beuermann et al. 1992).

# 3.4.2 Radial velocity measurements

Figure 10 shows a trail of the H $\alpha$  and He I  $\lambda$ 6678Å region in our 4.5 hrs of continuous observations with *WiFeS*. For clarity, the data are already shown here folded on the orbital period of  $P_{orb} \simeq 3.65$  hrs.

It is immediately obvious from Figure 10 that  $V341\ Ara$  is a double-lined spectroscopic binary. In both transitions, the central emission peaks and broad absorption wings display clear, anti-phased S-waves. The obvious interpretation is that the broad absorption lines are produced in the at-

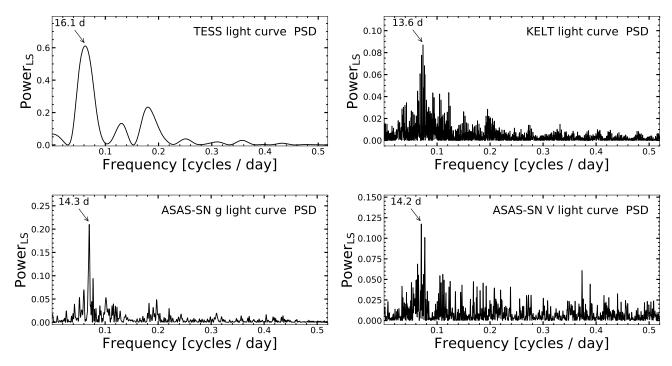


Figure 6. Low frequency generalized Lomb-Scargle power spectrum of the different light curves illustrating the super-orbital period and its variability across sessions and data sets. Note the figures are shown up to 0.55 cycles/day due to lack of statistically significant power around the orbital frequency since these frequencies are dominated by strong aliases of the super-orbital modulation in the ground-based observatories.

mosphere of the optically thick accretion disc, whereas the narrow emission line cores are formed in the irradiated face of the secondary star. The same phenomenology is seen in other accreting compact binaries, including bright NLs, such as IX Vel (Beuermann & Thomas 1990) and RW Sex (Beuermann et al. 1992).

Closer inspection of Figure 10 suggests the presence of additional emission line components. For example, a faint S-wave that is roughly anti-phased to that associated with the main emission core, but shares a similar velocity amplitude, can be seen near the center of the H $\alpha$  line. As illustrated in Figure 11, this and at least one other component can be more clearly identified in some of our high resolution, high signal-to-noise spectra. These components are probably associated with asymmetric line-emitting structures in the accretion disc, such as the bright spot at the point where the stream impacts on the outer disc.

If not accounted for, the presence of these additional components could bias radial velocity measurements of the two main components, which we intend to use as tracers of the primary and the secondary. This concern applies particularly to the disc-formed, "double-dipped", broad absorption line, which is harder to centroid than the narrow central emission line core. In order to avoid such biases, we therefore fit each spectrum in each of our data sets (*Chiron*, *SALT*, *SpUpNIC*, *WiFeS*) with a combination of a single Lorentzian absorption component and three Gaussian emission components. An initial fit in which all parameters were allowed to vary freely revealed that the components could be split into three distinct groups with different widths: FWHM < 150 km s<sup>-1</sup>, 150 km s<sup>-1</sup> < FWHM < 220 km s<sup>-1</sup> and FWHM > 250 km s<sup>-1</sup>. Visual inspection of the data also

provided limits on the centroid of the main emission component. This information was then used to set the initial parameter guesses and constrain a refined fit in which the posterior probability distributions for all model parameters were obtained via Markov Chain Monte Carlo with EMCEE (Foreman-Mackey et al. 2013). Simple non-informative uniform priors were adopted for all fit parameters. The uncertainties on the fit parameters were then estimated from the 16% and 84% quantiles of the sampled posterior. These posteriors exhibit roughly normal distribution for the parameters of interest.

<sup>6</sup> http://dfm.io/emcee/current/

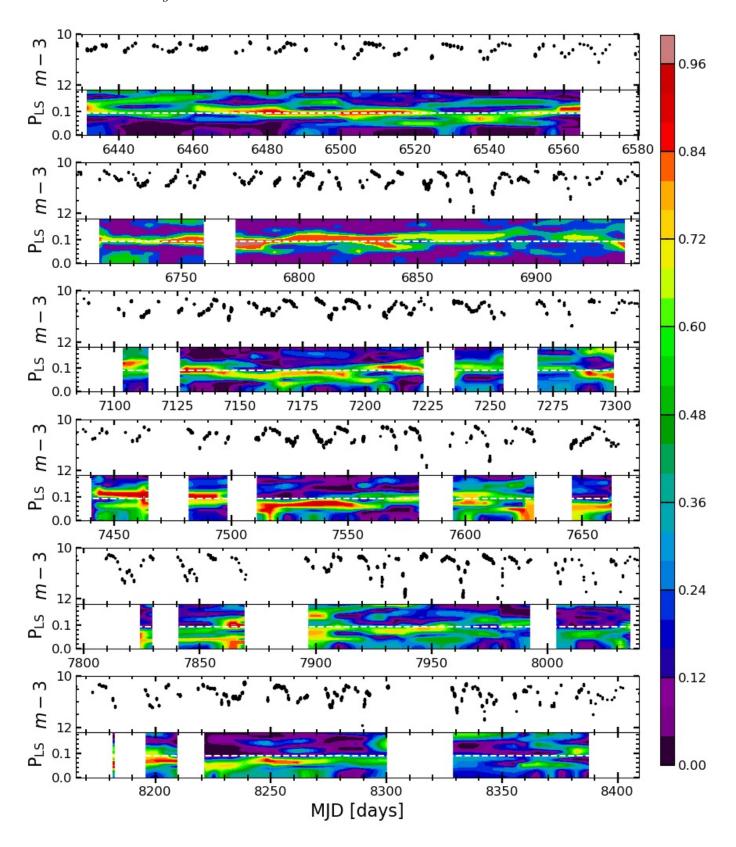


Figure 7. KELT light curve and dynamic power spectrum. Top panels: KELT instrumental magnitude - 3 vs time. Bottom panels: dynamic Lomb-Scargle power spectrum, abscissas axis represent the time in days and the frequency in cycles per day in the ordinates, the Lomb-Scargle power is represented in the colour scale. Each bin in the periodogram includes the contiguous  $\pm 15$  days with a minimum of 20 data points. The horizontal white dotted line represent the frequency with highest power in the periodogram of the whole set.

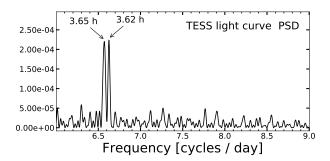


Figure 8. High frequency generalized Lomb-Scargle power spectrum of TESS light curve. The 3.65 peak is consistent with the orbital period, while the 3.62 h is consistent with the beat frequency of the super-orbital modulation with the orbital period.

### 3.4.3 Orbital period and ephemeris

In order to determine an accurate orbital period and ephemeris for V341~Ara, we focused on the main emission component of the H $\alpha$  line. This allowed us to combine our radial velocity estimates for this component with those obtained by B18, which greatly extends the time base of the analysis, and hence increases the precision of the result. All observation times were transformed to a barycentric reference frame using the algorithm described by Eastman et al. (2010).

Before combining all of these measurements, we first estimated periods separately for the 2006, 2017 and 2018 data sets. We found that all of these agreed to within their respective errors, and also with the period estimate for the 2006 data previously reported by B18.

The combined data from 2017 and 2018 provide sufficient precision to phase these observations without cycle count ambiguities across the  $\simeq 27000$  orbit gap to the 2006 CTIO/RC data set. Applying the same Lomb-Scargle periodogram and bootstrapping techniques described in Section 3.2 to the combined radial velocity data allowed us to determine the orbital period to millisecond accuracy,  $P_{orb} = 3.6529454^{+0.0000016}_{-0.0000013}$  hrs. The corresponding full orbital ephemeris is

$$T_0(BJD) = 2457098.01142(39) + 0.15220606(6)E \tag{1}$$

where  $T_0$  refers to the blue-to-red crossing of the narrow emission line. This should correspond to inferior conjunction of the secondary, provided the line faithfully traces the orbital motion of the companion star.

### 3.4.4 K-velocities and system parameters

In order to determine the K-velocities of the primary and secondary, we fit the radial velocity measurements of the absorption and main emission components with sinusoids,

$$v_{abs} = \gamma_1 + K_1 \sin(2\pi/P_{orb} + \phi_1) , \qquad (2)$$

and

$$v_{em} = \gamma_2 + K_{2,obs} \sin(2\pi/P_{orb} + \phi_2). \tag{3}$$

All parameters were allowed to vary in the fit, except the orbital period, which was sampled from the probability distribution obtained above. The resulting parameters and uncertainties are listed in Table 1.

The measured phase offset between the absorption and emission line radial velocity curves is  $180.0^{\circ} \pm 0.3^{\circ}$ . This gives us confidence that these components are tracing the motions of the primary and secondary, respectively (c.f. ?, and references therein).

If the absorption lines are formed in the atmosphere of an optically thick, symmetric accretion disc, the measured  $K_1=42\pm 2\,\mathrm{km~s^{-1}}$ , is an unbiased estimate of the projected orbital velocity of the primary. However, if the main emission line component arises only on the irradiated front face of the secondary star,  $K_{2,obs}=47.4\pm0.6\,\mathrm{km~s^{-1}}$ , is not an unbiased estimate of the secondary's projected orbital velocity. In order to determine the mass ratio of the binary system from our data, we therefore first need to correct  $K_{2,obs}$  to the center-of-mass frame of the secondary. This "K-correction" (Muñoz-Darias et al. 2005) depends on the opening angle of the shadow cast by the accretion disc on the secondary and also (weakly) on the inclination of the system.

For the low-inclination case considered by Muñoz-Darias et al. (2005),  $i=40^{\circ}$ , a moderate opening angle of  $\alpha=10^{\circ}$  would correspond to a corrected estimate of  $K_2=82.5~{\rm km~s^{-1}}$ . Changing  $\alpha$  to 6° or 14° would change this estimate to  $K_2=85.8~{\rm km~s^{-1}}$  or  $K_2=76.7~{\rm km~s^{-1}}$ , respectively. We therefore adopt  $\sigma_{K_2,sys}=^{+3.3}_{-5.8}~{\rm km~s^{-1}}$  as a characteristic systematic uncertainty associated with this correction. For no shadowing at all  $(\alpha=0^{\circ})$ ,  $K_2=88.7~{\rm km~s^{-1}}$ .

The ratio ratio implied by these K-velocities is  $q=M_2/M_1=K_1/K_2=0.51\pm0.03(\mathrm{stat})^{+0.4}_{-0.2}(\mathrm{sys})$ . This is consistent with the upper limit on the mass ratio imposed by the requirement for stability against dynamical or thermal timescale mass transfer,  $q< q_{crit}\simeq 2/3$  (Politano 1996; Hjellming 1989). However, it is somewhat higher than expected for a typical CV at this period. For example, as already noted in Section 3.1, a typical donor mass at this V341 Ara's orbital period would be  $M_2\simeq 0.26\,M_\odot$  (Knigge 2006; Knigge et al. 2011). Combining this with the inferred mass ratio would suggest a low WD mass of  $M_1\simeq 0.5\,M_\odot$ . Even allowing for the maximum K-correction (no disc shadowing, i.e.  $\alpha=0^\circ$ ) would only increase this estimate to  $M_1\simeq 0.55\,M_\odot$ .

Both of these numbers are considerably lower than the  $\simeq 0.8\,M_\odot$  that is typical for WDs in CVs (Zorotovic et al. 2011). Moreover, the presence of a nova shell around V341 Ara would tend to suggest a relatively high WD mass for the system. At any given accretion rate, nova eruptions on massive WDs repeat with shorter recurrence times, so observed samples of classical novae will tend to be dominated by CVs with high-mass primaries (Ritter et al. 1991). Even though the absorption and emission lines are perfectly antiphased, this result suggests their radial velocity amplitudes are only proxies for the true  $K_1$  and  $K_2$ . Given all this, it is clearly important to confirm the apparently anomalous mass of V341 Ara's WD.

### 3.5 X-ray properties

Figure 13 shows the Swift/XRT spectra of V341 Ara obtained during our two observing epochs. There was no statistically significant variability in the X-ray data within or between these epochs, so we analysed both spectra simultaneously. The average XRT count rate was only  $\simeq 2\times 10^{-2}\,\mathrm{c\ s^{-1}}$ , which corresponds to a rather low X-ray luminosity of  $L_X$ , 0.3-10 keV  $\simeq 10^{30}$  erg s<sup>-1</sup>. As a result, the signal-to-

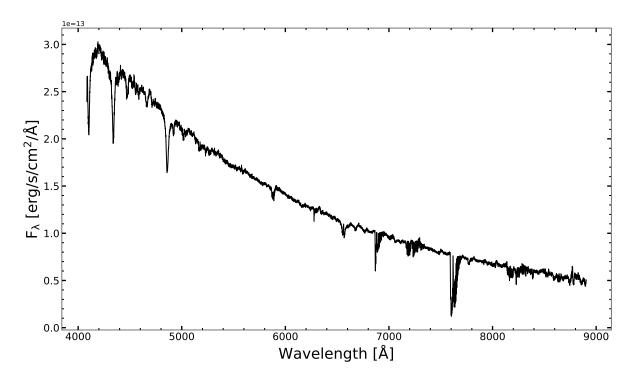


Figure 9. Median spectrum of all the observations taken with *Chiron spectrograph*. In contrast to the *WiFeS* campaign (see fig. 11), the combined spectrum is dominated by the high flux state in where the absorption lines from the accretion disc's atmosphere strongly dominates the observed spectrum. Note strong features at wavelengths above  $\lambda \simeq 6800$  are due to telluric absorption.

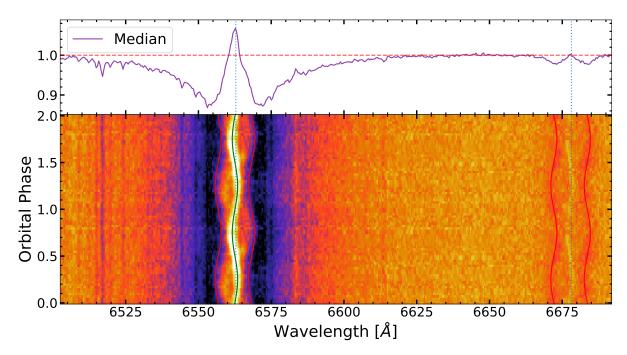


Figure 10. Phase folded trailed spectrum of the WiFeS time-resolved spectroscopy (bottom), normalized median in arbitrary units (top). Rest position of H $\alpha$   $\lambda$ 6562Å and He I  $\lambda$ 6678Å are marked with vertical dotted lines, sine-waves of the primary (red) and secondary (green) components from parameters quoted in Table 1 overlaid to guide the eye. The He I component illustrate better the "S-wave" of the absorption component. For clarity, the primary (absorption) component is plotted twice with a shift in order to lay on top of the absorption wings.

**Table 1.** System parameters derived from spectroscopy in Section 3.4.

Parameter	units	value	error
$\delta\phi$ $\gamma_1$ $K_1$ $\gamma_2$ $K_{em}$ $K_2$ $q = K_1/K_2$	degrees km/s km/s km/s km/s km/s	180.0° -12.6 42 -24.43 47.4 84.5 0.5	0.3° 1.4 2 +0.52/-0.57 0.6 1.6 0.02
$P_{orb} = T_0^{BJD} =$	3.6529454 2457098.0	+0.0000016 -0.0000013 1142 ± 0.00	hours 0039 days

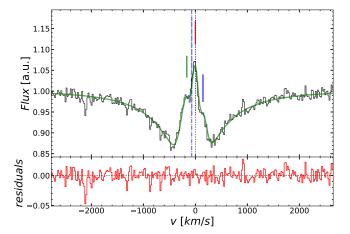


Figure 11. Zoom in to  $H\alpha$  emission component illustrating the evidence of simultaneous three emission emission components filling the broad absorption. Black histogram is the observed spectrum while green line is the best fit to a composite model with one absorption plus three emission components. Rest velocity of the transition is marked with a vertical black dotted line, the blue dash dotted line indicate the estimated position for the absorption component, while the colour vertical bars are centered in the position of each component in the model. Residuals of the fits are shown in the bottom panel.

noise of the spectra is relatively poor. Nevertheless, it is clear that there are at least two components contributing to the X-ray emission, with the softer one being dominant. Using 1 keV as boundary between soft and hard photons gives a hardness ratio of  $\simeq 0.6$ , which is typical for accreting white dwarfs (AWDs) in a high state (e.g. Patterson & Raymond 1985).

Could the dominant soft component be the signature of the optically thick BL? We begin by noting that a relatively cool BL –  $T_{BL} \simeq (1-2)\times 10^5$  K, as adopted in our SED models in Figure 3 – would be undetectable in our Swift/XRT data. Its emission would lie almost exclusively in the extreme ultraviolet band, where even modest interstellar Hydrogen columns are sufficient to extinguish its flux.

How hot would an optically thick emitter need to be in order to account for the soft component in our XRT spectra? We address this by modelling the soft X-ray component as a simple BB and the harder component with a single-

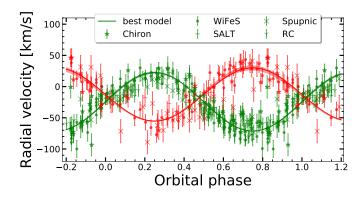


Figure 12. Phase folded radial velocity curve of the main emission component (green, including  $H\alpha$  and  $H\beta$ ) and broad absorption (red, only  $H\beta$ ). Best fit sinusoidal model is represented with a solid line with  $1\sigma$  uncertainties as shaded region.

temperature Bremsstrahlung model. Both components were assumed to be affected by a combination of intrinsic, partially ionised absorption (tbabs in XSPEC), plus extinction by the neutral interstellar medium (phabs in XSPEC, with  $N_H = 2.9 \times 10^{20} \, \mathrm{cm}^{-2}$  fixed at a fraction of the Galactic line-of-sight value; Schlafly & Finkbeiner 2011; Zhu et al. 2017). Intrinsic absorption of this type is fairly common in discaccreting CVs (e.g. Pratt et al. 2004; Mukai 2017, and references therein).

This model achieves a reasonable fit,  $\chi_{\nu}^2=1.13$ , and the resulting model parameters are summarized in Table 2. The  $2-\sigma$  lower limit on the temperature of the soft component is  $T_{BB}>600,000$  K This is much hotter than theoretically expected for an optically thick BL (Balsara et al. 2009; Hertfelder et al. 2013).

We conclude that the <code>Swift/XRT</code> spectra of <code>V341</code> <code>Ara</code> are <code>not</code> dominated by optically thick BL. Instead, we suspect that the observed spectrum is produced by non-thermal processes (e.g. shocks in the accretion disc wind of the system; e.g. <code>Mauche 2004</code>, also see Section 3.1) and/or by optically thin thermal emission (e.g. due to an optically thin "chromosphere" or "corona" on top of the optically thick disc and/or boundary layer; e.g. <code>Aranzana et al. 2018</code>). As a qualitative test of these ideas, we also fit the <code>Swift/XRT</code> spectra with an optically thin, multi-temperature plasma emission line model (<code>cemekl</code>), which has been successfully applied to X-ray observations of other NL CVs in the past (<code>Pratt et al. 2004</code>). Such a model can produce an acceptable fit, but the signal-to-noise of our data is too poor to provide physically interesting constraints on the model parameters.

### 3.6 Optical imaging: nova shell and bow-shock

### 3.6.1 The extended nebula (Fr 2-11)

As discussed by F08 and B18, there are two viable scenarios for the origin of the large-scale  ${\rm H}\alpha$  nebula around V341~Ara: (i) a small HII region composed of interstellar gas that is photoionised by the radiation field of the CV; (ii) material ejected in a relatively recent nova eruption of the system. A third scenario, in which the emitting material is a planetary nebula (PN), can be ruled out, since the mass estimate for this material (based on its H $\alpha$  luminosity) is only

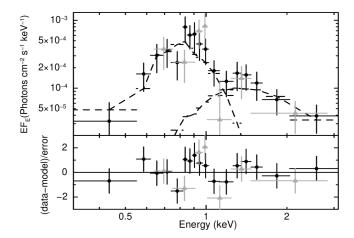


Figure 13. Combined Swift/XRT. Top panel: measured X-ray spectrum. 2019 and 2018 data sets are represented with black dot and grey triangles respectively, the dashed lines are the different components of the model. We use the XSpec model which consists of the Galactic absorption, a blackbody and thermal bremsstrahlung being absorbed with partially ionized gas. In the bottom panel the residuals of the modelling are shown.

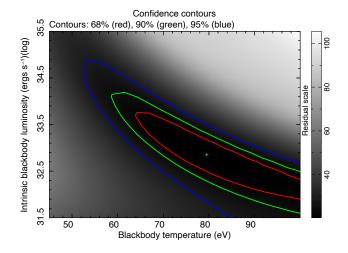


Figure 14. Intrinsic blackbody luminosity versus effective temperature for an optically thick boundary layer, contours represent the confidence intervals, while the colour scale the residuals for the tested model.

 $M_{shell} \simeq 0.005 \, M_{\odot}$ , about  $40 \times$  less than what is typical for a PN (F08). In both scenarios, the smaller-scale bow-shock is produced where the accretion disc wind associated with the fast-moving CV interacts with the (now) more-or-less stationary large-scale nebula (c.f. Shara et al. 2017; Wareing et al. 2007).

F08 favours the first scenario, on two grounds. First, the emission lines in the nebular spectra are relatively narrow, contrary to what may be expected for a fast, differentially expanding nova shell. Second, there is no distinct forward shock at the south-eastern edge of the nebula, nor any other sign of decelerative interaction between a nova shell and the surrounding ISM (B18). Such features might be expected if the large-scale nebula is a nova shell expanding into the ISM. B18 are somewhat more circumspect, noting that the

**Table 2.** Best parameters estimated from the fit of the two Swift/XRT epochs simultaneously (fig. 13). \* The column density in the line of sight was fixed at a fraction of the Galactic line-of-sight value in order to accommodate the intrinsic  $n_H$ .

Model	parameter	units	value	
phabs* tbabs	nH nH	$\mathrm{cm}^{-2}$ $\mathrm{cm}^{-2}$	2.9 1.08 <sup>+0.6</sup> 0.73 <sup>+1.25</sup> -0.26	×10 <sup>20</sup> ×10 <sup>22</sup>
bremss bbody	kT norm kT	m keV $ m eV$	$1.2^{+4.1}_{-1.0}$ $80^{+40}_{-20}$	×10 <sup>-3</sup>
	norm		$2.3_{-2.0}^{+6.4}$	×10 <sup>-3</sup>
$\chi^2$ 21.4	$ \begin{array}{cc} \chi_{\nu}^{2} \\ 5 & 1.129 \end{array} $	C-stats 20.25		OF 19

proper motion vector  $V341\ Ara$  places it near the center of the nebula approximately 800 years ago. This positional coincidence, as well as the associated time scale, not unreasonable numbers in the context of the second, nova-shell scenario.

Since identifying the center of the nebula is non-trivial, we obtained an independent estimate of this displacement time scale by overlaying ellipses on the H $\alpha$  image, centered on the position of V341~Ara at times 800, 900, 1000 and 1200 yrs in the past. The middle two of these ellipses provide the best match to the overall shape of the large-scale nebula, so our new estimate of the displacement time scale is 900-1000 years. This is broadly consistent with B18 and hence in line with the possibility that the nebula is an old nova shell.

We can further test this scenario by considering the luminosity and mass of the nebula. The H\$\alpha\$ flux measured by F08 for Fr 2-11 from the Southern H\$\alpha\$ Sky Survey Atlas (SHASSA; Gaustad et al. 2001) plates is  $\log F_{H\alpha} = 10.99 \pm 0.06$  (in cgs units). This corresponds to an H\$\alpha\$ luminosity of  $L_{H\alpha} \simeq 3 \times 10^{31}$  erg s<sup>-1</sup> and, as noted above, a nebular mass of  $M_{shell} \simeq 5 \times 10^{-3} M_{\odot}$ . At first sight, this mass is somewhat high compared to other known nova shells, which tend to lie in the range  $10^{-6} \lesssim M_{shell} \lesssim 10^{-4}$  (Cohen & Rosenthal 1983; Williams 1994). However, an eruption  $\simeq 1000$  yrs ago would tend to make V341 Ara one of the oldest known classical novae, with plenty of time for the nebula to grow in mass by sweeping up material from the ISM. A useful point of comparison here is the recently discovered nova shell around the NL V1315 Aql (Sahman et al. 2015), which likely has a similar age and an inferred mass of  $M_{shell} \simeq 2 \times 10^{-4}$  M $_{\odot}$ yr<sup>-1</sup>.

On balance, we agree with B18 that the nova-shell scenario for the large-scale nebulosity should not be discounted. As already noted by them, it would therefore be useful to estimate (limits on) the expansion rate of the nebula from archival and/or future images. To provide some context for this, we consider a  $\simeq 10^{-5}\,\mathrm{M}_\odot$  nova shell that initially expands freely with a velocity of  $\simeq 1000~\mathrm{km~s}^{-1}$ . This free expansion phase would then last for about 50-60 years, during which the material travels an angular distance of 2'. After this time, the mass of swept-up material exceeds that of the ejected material, and the expanding shock enters a deceleration phase (the "Taylor-Sedov" phase; Taylor 1950; Sedov 1959), during which the expansion velocty scales as  $v \propto t^{-0.6}$ .

Assuming that the ISM is at rest, and adopting a relatively high ISM density  $n_e \simeq 10~{\rm cm}^{-3}$  (F08), we then find that in  $\simeq 1000$  years the edge of the nebula would travel a radial distance of  $\simeq 3'-4'$ , in line with the observations.

### 3.6.2 The bow-shock

An outflow propagating into a medium produces a shock if its speed exceeds the sound speed of that medium; if the source expelling the outflow is also moving supersonically with respect to the medium, a bow-shock forms (e.g. del Palacio et al. 2018, and references therein). Such is the case of V341 Ara (see Fig. 1 and 2), in which the supersonic wind produced by the accretion disc is interacting with a dense environment. The high proper motion of the system  $(v \simeq 70 \text{ km s}^{-1})$  shapes the resulting structure into a bow-shock.

The collision of the wind with the surrounding medium forms an interaction region, known as a forward shock, that propagates through the medium while compressing it. After traveling a distance  $R_1'$  from its launching position, the high speed wind encounters the shocked medium. In the resulting interaction the kinetic energy of the wind is converted into thermal energy. This heats the wind material and produces a reverse shock (Weaver et al. 1977). The forward shock is radiative and slow, whereas the reverse shock is adiabatic and fast. Between these two shocks lies the so-called contact discontinuity, a surface that separates the shocked wind from the shocked medium. At the contact discontinuity, the net mass flux is zero. Following Weaver et al. (1977), we denote the distance from the star to the contact discontinuity as  $R_C'$ .

The structure of the bow-shock is determined by the ram pressure associated with the movement of the system through the medium, which produces a quasi-parabolic shell of swept-up material (van Buren & McCray 1988; Hollis et al. 1992). However, when the star is not moving in the plane of the sky, projection effects play an important role in determining the observed shape of the shock (Meyer et al. 2016).

In Fig. 2 it can be seen that there is an extra, fainter component of the shock South from the source. This suggests that the source is moving mainly in the radial direction, in agreement with the results obtained in our radial velocity study. Our narrow band imaging also shows that, even though the orientation of the bow-shock matches with the proper motion of the star, there is a slight misalignment with the apex of the bow-shock. Specifically, the peak of the enhanced [O III] emission lies slightly West of the source. This could be the manifestation of the biconical shape of the accretion disc wind (Matthews et al. 2015), combined with the misalignment of the accretion disc relative to the plane of the sky.

The presence of the bow-shock allows us to estimate the energetics of the wind. The wind deposits energy into the reverse shock at a rate

$$L_W = \frac{1}{2}\dot{M}_W V_W^2,\tag{4}$$

where  $L_w$  is the kinetic wind luminosity, and  $\dot{M}_w$  and  $V_w$  are the mass-loss rate and velocity of the wind, respectively. Under the assumption of an intrinsically parabolic bow-shock,

Weaver et al. (1977) derived the minimum distance from the stellar system to the apex of the nebula or the stagnation point  $(R'_2)$  in terms of the other relevant physical parameters:

$$R_2' = \frac{\sqrt{20L_w}}{3\sqrt{33\pi\rho_{ISM}V_{ISM}^3}} \ . \tag{5}$$

Here,  $\rho_{ISM}$  and  $V_{ISM}$  are the density of the ISM and its velocity relative to the star, respectively. Dopita (1977) showed that [OIII] originates closer to the front shock compared to other shock-excited emission lines. Therefore, we can estimate  $R_2 \simeq 7.5 \pm 0.5'' \simeq 1.7 \pm 0.1 \times 10^{16}$  cm from the [OIII] image (Fig. 2). F08 obtained optical spectroscopy of the nebular region around V341 Ara. Given that the heliocentric radial velocities of the extended nebular lines are negligible, he concluded that the ISM around the source is at rest with respect to the Sun. He also estimated the electron density of the ISM to be  $n_e \simeq 10~cm^{-3}$  from the extended  $H\alpha$  emission imaging. In Sections 3.3 and 3.6.2, we measured a relative velocity  $V_{ISM} \simeq 76 \pm 1~km~s^{-1}$  with an inclination angle of  $\theta = 18.7 \pm 0.4^\circ$  from the plane of the sky. Rearranging equation 5, we can therefore estimate the kinetic power of the

$$L_w = 14.85\pi (R_2 \sec \theta)^2 \rho_{ISM} V_{ISM}^3 = 1.2 \pm 0.2 \times 10^{32} \,\text{erg s}^{-1},$$
 (6)

where the  $\sec\theta$  term accounts for the symmetry axis of the parabola not being aligned with the plane of the sky, and we have approximated the ISM density as  $\rho_{ISM} \simeq n_e m_H$ , where  $m_H$  is the mass of the hydrogen atom.

To estimate the wind mass-loss rate  $(\dot{M}_w)$ , we need to estimate the terminal wind velocity. Ideally, this would be estimated from wind-formed P-Cygni lines, which are normally seen in the far-UV region (e.g. Prinja et al. 2000). Unfortunately, no FUV spectra of this source have been obtained to date.

In the absence of such data, we adopt a different approach to set an approximate upper limit to the mass loss rate of the source. We consider the region in the flow where the momentum flux of the wind is exactly balanced by the ISM ram pressure:  $\rho_W V_w^2 = \rho_{ISM} V_{ISM}^2$ . Here,  $\rho_W$  is the density of the wind at this point. Approximating the wind as spherical, we can use the continuity equation to express the wind density as  $\rho_W \simeq \dot{M}_W/4\pi R_1^2 V_W$ . Combining the two expressions allows us to express the mass-loss rate as

$$\dot{M}_w \simeq \frac{4\pi R_1^2 V_{ISM}^2 \rho_{ISM}}{V_w} \,. \tag{7}$$

We can now combine Equations 4 and 5 to obtain an expression for  $V_w$ . Substituting this into Equation 7 we obtain

$$\dot{M}_{w} = \frac{0.54\pi\rho_{ISM}V_{ISM}R_{1}^{4}}{R_{2}^{2}\cos^{2}\theta} \,. \tag{8}$$

This include a factor of  $\sec^2\theta$  to account for the inclination of the system. Unfortunately,  $R_1$  is not observable, since the high-temperature shocked wind does not produce any optical emission (Weaver et al. 1977; Hollis et al. 1992). However, since  $R_1 < R_c < R_2$ , we can set an upper limit on the mass loss rate by estimating  $R_c = R_2 - \Delta R$ , where  $\Delta R = 3 \pm 0.5''$  is the thickness of the [O III] bow-shock. With  $R_c = 4.5 \pm 0.7''$ , the wind mass loss rate has to be

 $\dot{M}_W < 1.5 \pm 0.9 \times 10^{-10} \, M_{\odot} \, yr^{-1}$ . This, in turn, implies a lower limit on the terminal wind velocity of  $V_W > 1600 \pm 500 \, \mathrm{km \, s^{-1}}$ .

We can extract physical information from the radio upper-limit by introducing a radiative model for the bowshock. For this purpose, we adapt the one-zone model developed by del Palacio et al. (2018) for bow-shocks produced by runaway massive stars. In a nutshell, relativistic electrons are expected to be accelerated at the strong shock and produce synchrotron emission that dominates the low-frequency radio spectrum. The flux upper limit  $S_{1.28 \mathrm{GHz}} < 30~\mu\mathrm{Jy}$  allow us to constrain parameters related to the synchrotron luminosity: the magnetic field strength, B, and the amount of power injected in non-thermal particles,  $L_{\rm NT}$ . To break the degeneracy between these two parameters, we assume a minimum energy condition for the relativistic particles and the magnetic field  $(U_{\rm NT}=0.75\,U_{\rm mag};\,{
m Longair}\,\,2011)$ . Adopting  $R_0\sim 10^{16}\,\,{
m cm},\,V_w\approx 1600\,\,{
m km}\,{
m s}^{-1}$  and  $\dot{M}_w\approx 10^{-10}\,M_\odot\,{
m yr}^{-1},$ we constrain the non-thermal luminosity to  $L_{\rm NT} < 0.7\% \, L_{\rm W}$ and B < 0.5 mG. This result suggests that disc winds in CVs are not efficient cosmic-ray accelerators.

### 4 DISCUSSION

### 4.1 V341 Ara as an old nova

Almost all CVs that are classified as novae were discovered on the basis of an observed eruption. This introduces a strong selection bias, since it restricts the time-frame over which we can estimate typical nova rates and recurrence times. In particular, large-area, high-cadence photometric data has only started to become available over the last few decades, a much shorter period than the typical inter-outburst recurrence times expected from nova models ( $\tau_{rec} \sim 10^4$  yrs). The population of known novae is thus heavily biased towards systems with unusually short  $\tau_{rec}$ , i.e. systems with high  $M_{WD}$  and/or high  $\dot{M}_{acc}$  (e.g. Townsley & Bildsten 2004; Yaron et al. 2005; Wolf et al. 2013; Kato et al. 2014).

We can mitigate this selection effect by identifying older novae among the "normal" CV population, i.e. among systems where no eruption has so far been noted. One way to achieve this is to match known CVs to bright "guest stars" in old historical records (e.g. Patterson et al. 2013; Vogt et al. 2019). However, probably the best and most systematic method is to search for nova shells around known CVs (e.g. Cohen & Rosenthal 1983). These shells are composed of material ejected in the nova eruption (plus any swept-up ISM). They are usually observed as emission line nebulae and can remain detectable for centuries (Downes et al. 2001; Duerbeck 2003).

However, despite several systematic searches (Shara et al. 2012; Sahman et al. 2015; Schmidtobreick et al. 2015), nova shells have so far been identified around only 6 CVs without previously known outbursts: Z Cam (Shara et al. 2007), AT Cnc (Shara et al. 2012), V1315 Aql (Sahman et al. 2015, 2018), Te 11 (Miszalski et al. 2016), IPHASX J210204.7+471015 (Guerrero et al. 2018; Santamaría et al. 2019) and a CV in the globular M22 (Göttgens et al. 2019). The identification of  $V341\ Ara$  as another member of this small group is therefore significant, particularly because it permits two valuable checks.

First, as discussed in Section 3.6.1, the offset of V341~Ara from the center of the nebula, combined with its proper motion, suggests that the nova eruption took place  $\simeq 1000$  years ago. This makes the system one of the oldest "recovered" novae known. It is also a useful constraint for nova models. Specifically, recurrence times are predicted to decrease with increasing  $M_{WD}$  and increasing  $\dot{M}_{acc}$ . Adopting  $t_{rec}\gtrsim 1000$  yrs as a lower limit on the recurrence time therefore sets a mass-dependent upper limit on the accretion rate averaged over a nova cycle. For example, interpolating on the model grid of Yaron et al. (2005), we estimate that  $\dot{M}_{acc}\lesssim 1.7\times 10^{-8}\left[(M_{Ch}-M_{WD})/(0.44M_{\odot})\right]^{1.76}$ , in agreement with the SED (Sec. 3.1). Here,  $M_{Ch}=1.44~M_{\odot}$  is the Chandrasekhar mass, and this specific fit is for WD models with a core temperature of  $T_{core}=3\times 10^7~{\rm K}$ .

Second, V341 Ara must have been exceptionally bright during its nova eruption, so it might have been recorded as a "guest star" in historical records. At optical wavelengths, nova eruptions typically have amplitudes of  $\Delta m \simeq 11$  mag (Vogt et al. 2019). This implies that V341 Ara probably reached  $m_{peak} < 0$  during its nova eruption. This would have temporarily placed the system among the top-5 brightest stars visible from Earth; it may even have made it the brightest star, other than the Sun. For comparison, Kepler's and Tycho's supernovae are thought to have reached  $m_{peak} \simeq -3$ and at  $m_{peak} \simeq -4$ , respectively (Green & Stephenson 2003). We thus checked for positional coincidences in several compilations of historical guest star observations (Tse-Tsung 1957; Stephenson 1976, 1971; Clark & Stephenson 1976; Yang et al. 2005; Stephenson & Green 2009; Hoffmann et al. 2020). There were no matches closer than about 18°, but we did uncover one potential counterpart: # 45 in Stephenson & Green (2009).

This guest star was recorded by Chinese astronomers on Aug 17 of AD 1240 – during the Southern Song dynasty, at a right ascension in the range 16:  $50 \lesssim \alpha \lesssim 18$ : 05. Unfortunately, its peak apparent magnitude is not known, and its declination is almost unconstrained. On one hand, V341 Ara would not have been visible on this date from the observatories established in the capital Lin'an (now Hangzhou) during this dynasty (Dao 2019). On the other hand, its altitude at meridian crossing was only  $\approx 1^{\circ}$  below the horizon as seen from Hangzhou (allowing for proper motion, precession and refraction). Thus if the guest star was originally reported by observers located just slightly south of the capital, V341 Ara would be a viable counterpart. In this case, it would be the fourth oldest recovered nova (Vogt et al. 2019) and an excellent laboratory for testing nova theory.

# 4.2 The wind-driven bow-shock: calibrating disc wind models

The most common method to determine the mass and energy budget of CV accretion disk winds is by modelling wind-formed UV resonance lines (e.g. Knigge et al. 1995, 1997; Long & Knigge 2002). However, this modelling is based on parameterized kinematic models that depend on many free parameters, and it requires computationally expensive radiative transfer simulations.

As illustrated in Section 3.6.2, wind-driven bow-shocks can provide independent estimates of these quantities. Sys-

tems that exhibit such bow-shocks – like  $V341 \ Ara, BZ \ Cam$  and  $V1838 \ Aql$  – are therefore crucial for testing and calibrating the estimates provided by spectral models.

In V341 Ara, specifically, the bow-shock suggests a kinetic wind luminosity of  $L_w \simeq 10^{32}$  erg s<sup>-1</sup> and yields limits on the mass-loss rate ( $\dot{M}_w \lesssim 10^{-10}~\rm M_\odot\,yr^{-1}$ ) and terminal velocity ( $v_w \gtrsim 1800~\rm km~s^{-1}$ ). UV spectroscopy of the system is strongly encouraged, so that these constraints can be tested against spectral models of the wind-formed UV resonance lines.

# 4.3 Large-amplitude super-orbital variations from tilted precessing discs

As noted in Section 3.2, V341~Ara exhibits large-amplitude ( $\Delta m \simeq 0.5-2.0$  mag), super-orbital quasi-periodic oscillations on a characteristic time-scale of  $P_{slow} \simeq 10-16$  days. Moreover, the high-quality TESS light curve additionally reveals two signals at higher frequencies. One of these corresponds to the orbital period ( $P_{orb} \simeq 3.654~hrs$ ), while the other ( $P_{SH-} \simeq 3.621~hrs$ ) is  $\simeq 1\%$  faster and consistent with the beat frequency between  $P_{slow}$  and  $P_{orb}$ .

Photometric signals near  $P_{orb}$  have been detected in many CVs. They are generally interpreted as beats between the orbital signal and an intrinsically much slower signal. More specifically, photometric signals slightly slower than  $P_{orb}$  are usually called "positive superhumps". The underlying slow signal in this case is thought to be associated with the prograde precession of an eccentric accretion disc. By contrast, photometric signals slightly faster than  $P_{orb}$  are usually called "negative superhumps". The underlying slow signal in this case is thought to be the retrograde precession of a disc that is tilted (or perhaps warped) relative to the orbital plane. A comprehensive discussion of superhumps can be found in Patterson (1999).

It is clearly tempting to interpret V341 Ara's largeamplitude super-orbital variations on  $P_{slow}$  as the signature of a tilted disc undergoing retrograde precession. The slightly faster-than-orbital variations on  ${\cal P}_{SH-}$  would then correspond to the usual negative superhump signal at the be at period between  $P_{orb}$  and  $P_{slow}$ . However, there are two serious problems with this idea. First, the so-called period deficit we infer from the TESS data,  $\epsilon_{-} = (P_{orb} P_{SH-}/P_{orb}$ )  $\simeq 0.01$  is unusually small. It is significantly smaller than theoretically expected for a tilted disc in a system with  $q = M_2/M_1 \simeq 0.5$  (Wood et al. 2009), and it is also smaller than the deficits typically seen in other NL systems (Patterson et al. 2005; Wood et al. 2009, and references therein). Second, the amplitude of the super-orbital variations is exceptionally large. In most NLs exhibiting negative superhumps, the actual precession signal on  $P_{slow}$  is either weak or not detected at all, and even the stronger signal on  $P_{SH-}$  exhibits amplitudes of  $\Delta m \lesssim 0.6$  mag (Harvey et al.

We suggest that the solution to these problems is connected to the recent discovery of slow, large-amplitude oscillations in a subset of Z Cam stars (Simonsen 2011; Szkody et al. 2013; Kato 2019). Z Cam stars are DNe that occasionally "get stuck" near the plateau phase of their outbursts. The photometric variations first noticed by Simonsen (2011) in the proto-type IW And (and also in V513 Cas) can be roughly described as large-amplitude, damped, quasi-

periodic slow oscillations in this stand-still phase (e.g. Kato 2019). We will refer to this as the IW And phenomenon. Several additional systems exhibiting this phenomenon were identified by Kato (2019). He proposed that these variations might be produced by the same thermal-viscous instability that is responsible for ordinary dwarf nova eruptions, if the instability could be somehow confined to the outer disc in these systems (with the inner disc remaining in a hot stable state).

Building on this idea, and noting that several systems exhibiting the *IW And* phenomenon also display negative superhumps, Kimura et al. (2020) suggested that spatially confined disc instabilities may occur naturally in *tilted* accretion discs. The accretion stream from the donor star will impact a tilted accretion disc at a distance from the accretor that depends on both the tilt angle and the precession phase. Kimura et al. (2020) therefore carried out 1-dimensional disc instability simulations in which mass is added in this time-and radius-dependent fashion. The light curves produced by their simulations depend strongly on the adopted system parameters and tilt angles, and some of them show promise as models for the *IW And* phenomenon.

Most of the system parameters investigated by Kimura et al. (2020) lie in a range where ordinary dwarf nova eruptions would be expected for non-tilted discs. However, the highest accretion rates they consider would produce steady accretion in the absence of any disc tilt. Systems accreting at these rates would normally be NL variables. Figure 8 in Kimura et al. (2020) shows the predicted light curves for such systems, from simulations designed to mimic tilt angle between 0° and 15°. Remarkably, the light curves for moderate to high tilt angles exhibit large-amplitude variations on the precession period, reaching  $\Delta \simeq 2$  mag peak-to-peak. These variations occur because, with mass being deposited mostly at smaller radii, the outer disc is unable to maintain a stable thermal equilibrium and instead periodically drops into a low state. We propose that this provides a natural explanation for the super-orbital variations we observe in V341 Ara.

What about the anomalously small "superhump" period deficit we have found in V341 Ara? The super-orbital variations in the NL simulations presented in Kimura et al. (2020) are driven entirely by the behaviour of the outer disc. Moreover, Kimura et al. (2020) note that a gap may form in the accretion disc near the radius of the stream-disc impact point. This raises the possibility that the outer disc may precess effectively as a thin ring. This is interesting, because Montgomery (2009) predicts period deficits of  $\epsilon_{-} \simeq 0.01$  for this case, with only a weak dependence on mass ratio, in line with what we observe in V341 Ara. However, Montgomery's calculations are for a ring located in the inner disc, and the period deficit scales roughly as  $R_{ring}^{3/2}$  (Montgomery 2009; Eq 30), where  $R_{ring}$  is the radius of the ring. If this is the explanation for the small period deficit, the outer disc in V341 Ara must either be truncated well inside the tidal limit or its precession rate must be driven by conditions at smaller radii (perhaps the stream-disc impact radius).

### **SUMMARY**

We have presented the first comprehensive multi-wavelength study of the recently discovered cataclysmic variable V341 Ara. This system is remarkable because it is the third closest non-magnetic nova-like known, is surrounded by a probable nova shell, and displays a clear bow-shock where its disk wind interacts with the nova shell. The main results and conclusions of our study are as follows.

- (i) Super-orbital, quasi-periodic oscillations are clearly present in all photometric data sets. TESS data additionally revealing both the orbital period and the beat between these two signals. The amplitude of the super-orbital signal is large:  $\simeq 0.5$  mag variations are typical, but much larger drops in flux are seen occasionally.
- (ii) The tilted disc instability model recently proposed by Kimura et al. (2020) to explain slow, large-amplitude oscillations in a subset of dwarf novae may also account for the super-orbital variations of V341 Ara.
- (iii) Based on its position and proper motion, V341 Ara is a member of the Galactic thin disc population.
- (iv) We confirm the  $\simeq 3.65$  hr orbital period of the system and provide a high-precision orbital ephemeris.
- (v) We clearly detect anti-phased absorption and emission line components in our spectroscopy, allowing us to establish the K-velocity of both the accreting primary  $(K_1 = 42 \pm 2)$  and the irradiated face of the donor star  $(K_{2,obs}=47.4\pm0.6).$ This allows us to estimate the center-of-mass orbital velocity of the donor, and thus determine the spectroscopic mass ratio of the system,  $q=K_1/K_{2,true}=M_2/M_10.51\pm$  $0.03(stat)^{+0.4}_{-0.2}(sys)$ . For the expected companion based in the evolutionary tracks, this would imply a WD mass of  $M_1 \simeq 0.5 M_{\odot}$
- (vi) With the exception of the X-ray band, the SED of V341 Ara is broadly consistent with expectations based on the evolutionary tracks from KPB11, implying an accretion rate in the range  $\dot{M}_{acc}\simeq 10^{-9}-10^{-8}M_{\odot}~yr^{-1}.$
- (vii) V341 Ara's X-ray spectrum is composed of at least two components. If the brighter soft component is modelled as a blackbody, its temperature  $(kT_{BB}=80^{+40}_{-20} \text{ eV}, \text{ i.e.}$   $T_{BB}\simeq 9^{+4}_{-2}\times 10^5 \text{ K})$  is significantly higher – and its luminosity  $(\log L_{BB}[\text{ergs s}^{-1}] \simeq 32.9)$  lower – than expected for an optically thick boundary layer (BL). The fainter hard component might be associated with shocks in the disc wind.
- (viii) The large-scale nebulosity surrounding V341 Ara is thought to have been produced during a nova eruption  $\simeq 1000 \text{ yrs}$ ago. Near maximum, it was probably one of the 5 brightest stars in the sky. We tentatively suggest that this eruption might be associated with a "guest star" recorded by Chinese astronomers in AD 1240. This would make V341 Ara the fourth oldest recovered nova.
- (ix) We have redetermined the stand-off distance of the bowshock,  $R_{stand-off} \simeq 2 \times 10^{16}$  cm. This, in turn, allows us to constrain the mass-loss rate of the system's disc wind:  $\dot{M}_{wind} \lesssim 10^{-10} M_{\odot} \ yr^{-1}.$

V341 Ara is expected to display strong, blue-shifted absorption lines in its far-UV spectrum. Modelling these lines is the standard way to determine the mass-loss rates of CV disc winds, so V341 Ara provides us with a rare opportunity to directly test this approach. Far-UV spectroscopic observations are therefore strongly encouraged.

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### DATA AVAILABILITY

The data underlying this article is publicly available in: ASAS-SN https://asas-sn.osu.edu; TESS http://archive.stsci.edu/tess/; Swift https://www.swift.ac.uk/archive/index.php; Chiron and RC Spectrograph http://archive1.dm.noao.edu/; WIFI http://archive.eso.org/cms.html. Data from KELT is available in Zenodo, at https://doi.org/10.5281/zenodo.3982165. MeerKAT data is subject to the standard data access policy of the South African Radio Astronomy Observatory. Remaining data from SALT, SpUpNIC and WiFeS will be shared on reasonable request to the corresponding author.

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Table A1. Spectroscopic observing  $\log$ 

Telescope	Instrument	Grating	$R = \lambda/\Delta\lambda$	$t_{exp}$	$N_{exp}$
ANU	WiFeS	B7000/R7000	7000	300	41
SALT	HRS	LR	15000	1500	4
SAAO	SpUpNIC	g4	2500	600	26
SMARTS 1.5	Chiron	-	27800	600	26
SMARTS 1.5	RC Spectrograph	47/Ib	3000	300	59*
Swift	UVOT	UV	150	275	8

<sup>\*</sup> Taken from B18

Table A2. Photometric observing  $\log$ 

Telescope	Filter	$t_{exp}$	$N_{exp}$
ASAS-SN	V	90	616
ASAS-SN	g	90	893
KELT	White light	150	5934
TESS	White light	120	19104

# APPENDIX A: LIST OF OBSERVATIONS