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Betanin loaded nanocarriers based on quinoa seed 11S globulin. Impact on the protein structure and antioxidant activity

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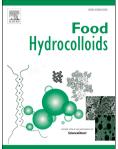
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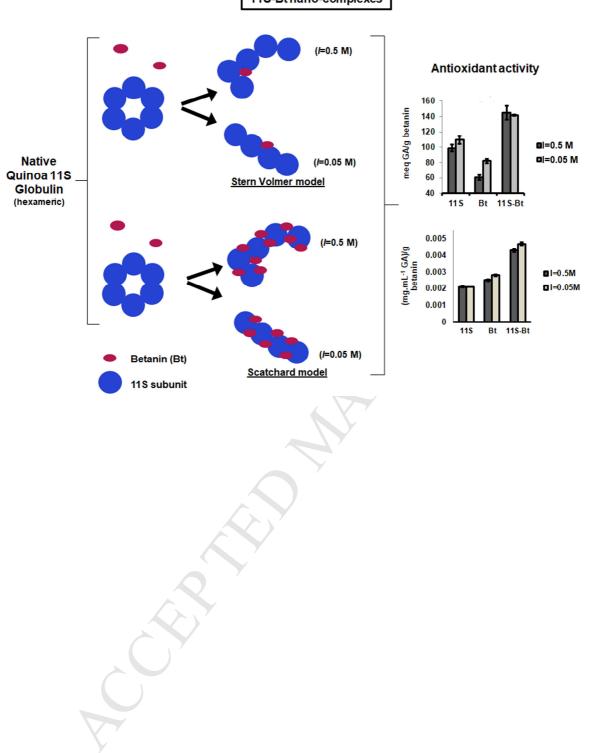
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## 11S-Bt nano-complexes

1	Nanocolloid for the bioactive betanin based on purified 11S globulin from Quinoa
2	seed. Impact on the protein structure and antioxidant activity
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4	protein structure and antioxidant activity.
5	
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## 30 ABSTRACT

31	The objective of the present contribution was to design and characterize betanin (Bt) loaded in a nanovehicle
32	of 11S quinoa seed protein. 11S was isolated from quinoa seed floor. Protein purification was performed by
33	Size-Exclusion Chromatography. MALDI-TOF (Matrix-Assisted Laser Desorption/Ionization-Time-Of-
34	Flight) analysis confirmed the identity of 11S. Nanocarriers (11S-Bt) were generated at pH 8 at different ionic
35	strength. Globulin intrinsic fluorescence spectra showed a quenching effect exerted by Bt, demonstrating in
36	turn protein-bioactive interaction. Stern-Volmer and Scatchard models application confirmed static quenching
37	and allow obtaining parameters that described 11S and betanincomplexation process. Bt-11S globulin
38	interactions seem to be more probably of physical type. Protein solubility was increasedafter complexation
39	with Bt. 11S betanin-loaded nanocarrier showed additive effect in terms of both, antiradical or reducing power
40	capacity in comparison to Bt as evaluated by two methods, 2,2 -azino-bis-(3-ethylbenzothiazoline-6-sulfonate)
41	(ABTS), and by ferric reducing antioxidant power (FRAP). Interestingly 11S globulin quaternary structure
42	was modified by the bioactive, experimenting hexamer dissociation. This nanocolloid could have the
43	potentiality to exert the Bt controlled delivery for pharmaceutical and nutraceutical products. Bt could also be
44	protected from light and oxygen in such systems.

**Keywords:** 11S quinoa globulin; betanin; antioxidant activity; nanocarrier.

Quinoa (Chenopodium quinoa Willd.) is an ancestral crop native to the Andean regions of South

#### 56 1. INTRODUCTION

57

America. Quinoa seeds has been revaluated rediscovered in recent years because of its nutritional 58 properties, for instance proteins with high nutritional value and the presence of antioxidants 59 molecules (Bois, Winkel, Lhomme, Raffaillac, & Rocheteau, 2006; Burrieza, Koyro, Tosar, 60 Kobayashi, & Maldonado, 2012; Jacobsen, Mujica, & Jensen, 2003; Sanchez, Lemeur, Damme, & 61 Jacobsen, 2003). Antioxidant properties of quinoa seed extracts have been studied by Park et al, 62 2017, comparing crops from Korea, USA and Peru and they found differences among them 63 according to the assay employed to measure different metabolites with antioxidant capacity (Park, 64 Lee, Kim, & Yoon, 2017). The nutritional value of this pseudocereal has always been highlighted, as 65 it contains an excellent balance of amino acids and essential fatty acids, being also rich in vitamins 66 and minerals. Quinoa seeds possesses high amount of lysine, an essential aminoacid for humans 67 68 (Nowak, Du, & Charrondière, 2016). Thus, the seed technological potential lays on its components, in particular its proteins, pigments and antioxidants (Tang, Li, Chen, et al., 2015; Tang, Li, Zhang, et 69 70 al., 2015).

Quinoa 11S globulin, also referred to as chenopodin, is one of the major seed storage proteins and has a similar structure to glycinin, the 11S globulin of soy. 11S is a hexamer consisting of six pairs of acid and/or basic polypeptides at pH 8 (Adachi et al., 2003). The acid and basic polypeptides have molecular weights ranging from 20 to 25 kDa and 30–40 kDa, respectively, and they are linked to each other by disulphide bonds (Abugoch et al., 2009; Ruiz, Xiao, Van Boekel, Minor, & Stieger, 2016).

On the other hand, betalains are water-soluble nitrogen-containing pigments derived from tyrosine
via betalamic acid. Among betalains, betacyanins range from red to violet and betaxanthines from
yellow to orange (Gandía-Herrero, Escribano, & García-Carmona, 2010a). Betalains extracted from
various vegetal sources demonstrated to have antioxidant capacity (Escribano, 1998; Pedreño

81	&Escribano, 2001). Betanin (Bt) is one of the well-characterized betacyaninobtained from red beet
82	(Beta vulgaris L.), with a typical red color. Structurally, Bt is composed of the aglyconebetanidin
83	which is linked by a $\beta$ -glycosidic linkage with a glucose-unit at C5 (Strack, Vogt, & Schliemann,
84	2003). On the basis of literature data, it can be mentioned that Bt is a food and cosmetic colorant
85	with biological activity (Esatbeyoglu, Wagner, Schini-Kerth, & Rimbach, 2015a).
86	Protein molecules can form superstructures by self-assembly. This term alludes to the spontaneous
87	union of molecules in response to extrinsic changes such as: pH, ionic strength (I), temperature and
88	/or concentration and their union with ligands (Gan & Wang, 2007; Ichikawa, Iwamoto, &
89	Watanabe, 2005). These structures are studied by Nanotechnology, which is a field in expansion in
90	the food and pharmaceutical industries, which is especially important in the field of
91	nanoencapsulation (Faridi Esfanjani & Jafari, 2016) and nanocarriers (Abaee, Mohammadian, &
92	Jafari, 2017). Biopolymer nanoparticles constituted in this way can be used for encapsulating,
93	protecting, and realizing bioactive agents, or to alter texture, stability or appearance of products
94	(Jafari & McClements, 2017). When aggregates bind to organic molecules of different chemical
95	nature, they form complexes, composed by the protein and the ligand. Thus, a new structure is
96	obtained, the nanocarriers, with enormous potential to act as a nanovehicles adsorbing different
97	ligand compounds, with dimensions <100 nm and presenting a high surface/mass ratio.
98	One of the most interesting features of these nanocarriers is their potential to entrap and release
99	compounds previously loaded, such as Bt in our case. This release process could be modulated by the
100	pH medium, temperature or I (Pérez et al., 2014). In this context, several attempts have been made to
101	develop nanovehicles, via nano-complexation systems and subsequent site-specific release of
102	compounds with biological importance in pharmaceutical, nutraceutical and food industries, using
103	proteins as nano-encapsulating agents (Nasti et al., 2009).
104	GRAS (Generally Recognized as Safe) phytochemicals are commonly used for the health benefits

they offer. Many phytochemicals are poorly absorbed by the human body; thus one of the most

106 important and interesting applications of phytochemicals encapsulation in nano-vehicles is to enhance their bioavailability by changing the pharmacokinetics and bio-distribution. To improve 107 nutritional quality and stability of the bioactive compound, one option is to encapsulate the 108 109 functional components using biocompatible materials that can exhibit controlled release behavior (Huang, Yu, & Ru, 2010). 110 Thus, the objective of the present contribution was to design and to characterize Bt loaded 11S 111 globulin from quinoa seed vehicles designed into the nanoscale, i.e. nanocarriers. Crucial parameters 112 for 11S-Bt nanovehicles, such as the apparent binding constant and the number of binding sites on 113 the protein were evaluated by applying different mathematical models to fluorescence experimental 114 data. The antioxidant capacity of nanocarriers was also evaluated. According to our knowledge, the 115 possibility of generating this kind of nanocarriers for Bt, has not been studied, at least into the context 116 117 of maximum protein solubility.

118

#### 119 2. MATERIALS AND METHODS

#### 120 2.1 Materials

Bolivian quinoa "red type" seeds were obtained from a local supermarket at Buenos Aires City, 121 Argentina. Protein content of seeds was  $14.1 \pm 0.2\%$  (Nx6.25), determined by Kjeldahl method 122 (Iswaran, V., & Marwah, 1980). 11S globulin was isolated from the defatted quinoa seed flour 123 according to the method proposed by Brinegar & Goundan, (1993) modified by Quiroga et al., 124 (2007). Briefly, 10 g of defatted flour was stirred into the extraction buffer (0.5M NaCl, 50 mMTris-125 HCl, pH 8) for 1 h at 20°C. Then albumin fraction was removed by centrifugation at 10,000 x g for 126 10 min at 5°C. This first pellet was discarded and the supernatant adjusted to pH 5 with 10% of 127 acetic acid and centrifuged under the same conditions. This second pellet, enriched in 11S was 128 resuspended into 12 ml of extraction buffer and centrifuged as before. The resulting pellet was 129 discarded and the third supernatant, containing mainly the native 11S globulin, was filtered through 130

0.45 µm (Whatman International Ldt, Maidstone, England) and then submitted to a chromatography
separation process.

133 Bt was purchased from Sigma-Aldrich Chemical Co. (CDS000584) and used without further

134 purification. All chemicals were of analytical grade and Milli-Q water was always used.

135

136 **2.2. Methods** 

#### 137 **2.2.1. 11S purification**

An ÄKTA Protein Purification System, FPLC, (GE Healthcare Life Sciences, Germany) appliance 138 was used. It was equipped with Sephadex® S200 10/300 GL (GE Healthcare Life Sciences, Uppsala, 139 140 Sweden) column. Aliquots of 2 ml containing the total globulins equilibrated for 12 h at 20°C were submitted to size exclusion chromatography process. Samples were eluted with extraction buffer, pH 141 8, NaCl 0.5M and at a flow rate of 1 ml/min at 25°C. Fractions of 2.5 ml were collected and analyzed 142 by absorbance at 280 nm. The eluted fraction corresponding to 11S globulin was lyophilized for 24 h 143 in a Stokes freeze-dryer (Barber-Colman, Philadelphia PA 19120, USA). Finally, samples were 144 stored at -20°C up to the moment in which they were employed. 145

## 146 2.2.2. SDS-PAGE Electrophoresis

The fraction corresponding to total globulins and those samples collected from chromatography were
analyzed in SDS-PAGE according to Laemmli (1970). To this end, a Mini-Protean II device (BioRad, CA, USA) was used. 12% of polyacrylamide running gels was used under denaturing
conditions at 90 V. 40 mg of protein was deposited in each well. After electrophoresis, a Coomassie
brilliant blue staining to detect proteins was performed (Neuhoff, Arold, Taube, & Ehrhardt, 1988).

## 152 **2.2.3. Protein identification**

153 Extracted proteins obtained from quinoa seed were digested with trypsin and analyzed by nano-HPLC coupled to mass spectrometry with Orbitrap technology (LC-MS) (Wada H. et al., 2014). The 154 bands were excised from the gel, minced, washed with distilled water and distained using 50 mM 155 156 ammonium bicarbonate (ABC) and 25mM, 50% acetonitrile (ACN) until blue color was completely removed. Samples were dried with ACN 100% before the reduction step. 157 Reduction and alkylation was performed with 50µL of 10 mM DTT in 50 mM ABC for 30 min at 60 158 °C. Then, 35µL of 55 mM Iodoacetamide in 50 mM ABC was added. Samples were incubated in the 159 dark for 30 min at room temperature. Samples were washed with ABC 50mM, followed by 25 mM 160 ABC, 50% ACN and then dried with 100% ACN before digestion. Samples were re-hydrated with 161 10 mM acetic acid with trypsin ( $10ng/\mu L$ ) on ice, 25mM ABC was then added and digestion was 162 performed overnight at 37 °C. Samples were cleaned and peptides extracted with Zip-Tip C18. 163 Samples were analyzed by HPLC (Thermo Scientific EASY-nLC 1000 chromatographer/ C18 164 reverse phase Easy-Spray Column PepMap RSLC [P/N ES803]) coupled to electrospray ionization 165 mass spectrometry (Thermo Scientific Electrospray EASY-SPRAY/ Q-Exactive mass spectrometer) 166 167 by MS and MS/MS of the predominant peaks. Chromatograms were analyzed using Proteome Discoverer v. 2.1 Thermo Scientific. MS/MS spectra data sets were compared with Quinoa Genome 168 Database (Yasui et al., 2016). The results were manually analyzed: only proteins identified with 169 170 more than 2 peptides were taken into consideration.

171

#### 172 2.2.4. Design of Bt loaded 11S nanocarriers

Powder samples of 11S globulin and Bt were dissolved separately in the appropriate buffers to give
I= 0.5M or I=0.05M, pH 8 at room temperature under gently agitation. Sample pH was adjusted to
8.0 using 1M NaOH. At this pH value the protein solubility was maximum (Brinegar & Goundan,
1993; Quiroga et al., 2007). The solutions were prepared freshly, filtered through 0.45 μm
microfilters (Whatman International Ldt, Maidstone, England) and kept at 4°C for 24 h to achieve

- the complete hydration of the molecules. Mixed solutions were produced by mixing the appropriate
- volume of the double concentrated 11S and Bt solutions, to give the required final concentrations.
- 180 The final protein concentration was kept constant at 0.1%, w/w, meanwhile Bt concentration ranged
- 181 0.05 1 % w/w. Protein concentration in the filtrate was determined by the Kjeldahl method with no
- 182 change in its content (p < 0.01).

#### 183 **2.2.5. Protein Solubility**

- 184 0.2% w/w 11S globulin solutions were prepared and then diluted to 0.1 % w/w. Mixed solutions
- 185 were prepared as indicated in 2.2.4. Single protein or 11S-Bt solutions were centrifuged at 100,000 x
- g for 30 min at room temperature in a SW 50.1 rotor (Beckman Optima L-80, Beckman Coulter,
- 187 United States). Protein concentration, before  $(C_0)$ , and after centrifugation (C) were quantified by the

188 Bradford assay. Solubility was expressed as Nishinari, Fang, Guo, & Phillips (2014):

- 189
- 190

Solubility % =  $(C/C_0)*100$  (1)

191

#### 192 **2.2.6.** Particle size and ζ-potential determinations

193 Dynamic light scattering (DLS) experiments were carried out in a dynamic laser light scattering (DLS) (Zetasizer Nano-Zs, Malvern Instruments, Worcestershire, United Kingdom) provided with a 194 He-Ne laser (633 nm) and a digital correlator, Model ZEN3600. Measurements were carried out at a 195 fixed scattering angle of 173°. Samples were contained in a disposable polystyrene cuvette. Samples 196 were contained in a disposable polystyrene cuvette, measurements were carried out at 25°C, with the 197 water (the dispersant) refractive index, which was equal to 1.333; dielectric constant of 78.5; 198 viscosity of 0.8872 cp, and equilibration time was always 180 s. Analysis of these intensity 199 fluctuations yields the diffusion coefficient of the particle and hence the particle size using de 200 201 Stokes-Einstein. Results were interpreted as in Pérez et al. (2014)equation (2):

202

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203	$dH = k.T/6.\pi.\eta.D$ (2)
204	
205	Size information data for percentile distribution of particle/aggregate sizes was obtained by using a
206	multi exponential function (CONTIN) to fit the correlation data. Through Mie theory, it is possible to
207	convert the intensity distribution to volume distribution (Pérez et al., 2014).
208	Bt concentrations considered in mixed solutions ranged from 0.05 to 1%, w/w for the DLS analysis.
209	
210	<del>2.2.7 ζ-potential measurements</del>
211	ζ-potential measurements were also performed in the same DLS instrument (Zetasizer Nano-Zs,
212	Malvern Instruments, Worcestershire, United Kingdom). The $\zeta$ -potential was evaluated from the
213	electrophoretic mobility of the particles. The conversion of the measured electrophoretic mobility
214	data into $\zeta$ -potential was done using Henry's equation. (3): Results were interpreted as in Pérez et al.
215	(2014)
216	$Ue = 2c \zeta f(Ka) / 3\eta - (3)$
217	
218	where Ue is the electrophoretic mobility, $\varepsilon$ the dielectric constant, $\eta$ the sample viscosity and $f(Ka)$
219	the Henry's function.
220	
221	2.2.7. <b>S</b> teady-state fluorescence determinations
222	Fluorescence spectra for 11S protein and 11S-Bt mixed solutions were determined using a Cary
223	Eclipse fluorescence spectrophotometer (ThermoSpectronic AMINCO-Bowman, Series 2, USA) at
224	25°C. The spectral resolution for both excitation and emission was 4 nm. Protein intrinsic
225	fluorescence emission spectra corresponding to tryptophan were recorded from 300 to 550 nm with
226	an excitation wavelength of 295 nm. Thus, Bt concentrations evaluated in mixed solutions ranged

- from 0.05 to 1%, w/w. Bt fluorescence was also determined under these wavelength range to discardany possible emission of this compound.
- 229

## 230 **2.2.8.9Binding parameters**

Intermolecular interactions of 11S and Bt solutions were detected in the range between 0.05 and 1 %,
w/w. These were evaluated from the fluorescence maximum peak of each emission spectra
corresponding to mixed solutions in comparison to single 11S spectrum. In general terms, ligandinduced fluorescence quenching might occur through dynamic quenching, i.e. diffusion of free
ligand into the distance for fluorescence resonant energy transfer between two fluorophore groups.
On the other hand, static quenching could occur in this case the ligand is permanently bound to the
protein. The concentration dependence of the fluorescence intensity can be analyzed by Stern-

238 Volmer model (Liang & Subirade, 2010)(4)(2):

- 239
- 240

$$F_0/F = 1 + k_q$$
.  $\tau_0$ . [Bt] = 1 + K. [Bt] (4)(2)

Where, F0 and F are the fluorescence emission intensities with and without the quencher, 241 respectively; kq is the fluorescence quenching rate constant;  $\tau_0$  is the fluorescence lifetime of 242 fluorofore in the absence of quencher; [Bt] is the concentration of betanin, the quencher; and K is the 243 244 reciprocal of the quencher concentration when the fluorescence intensity decreases by half. A linear plot of F0/F as a function of [Bt] allowed to obtain the K values from the slope of the straight line. 245 246  $\tau_0$  was reported to be equal 2.9 ns for the Trp residues of 11S at pH 8 (Lakowicz & Weber, 1973). When small molecules are bound independently to a set of equivalent sites on a macromolecule, the 247 248 equilibrium between free and bound molecules can be expressed by the equation proposed by (Bian, Liu, Tian, & Hu, 2004)(5)(3): 249

250

251

$$\log (F0 - F)/F = \log Ka + n.\log[Bt]$$
 (5)(3)

252	where, Ka and n are the apparent binding constant and the number of binding sites per 11S molecule,
253	respectively. From the intercept and slope of log (F0-F)/F vs log [Bt], the values adopted by Ka and
254	n can be obtained. The magnitude of the interaction between protein and ligand can be obtained from
255	the Ka value. In addition, the association sites on the protein molecule are indicated by the value
256	acquired by the n parameter (Liang & Subirade, 2010).
257	The model described by Scatchard (Equation56), detailed by (Wei, Xiao, Wang, & Bai, 2010) (6)
258	was the other mathematical approach used here to analyze the binding phenomena between 11S and
259	Bt from fluorescence experimental data.
260	
261	[11S].(1-fi) = [Bt]/n.(1/fi-1) - (1/n.Ks) (4) <del>(6)</del>
262	

263 
$$fi = (fli - flo)/(fl max - flo)$$
 (5)(7)

where, fli is the maximal intensity in each measured point, flo is the maximal intensity without
quencher and fl max is the maximal intensity with the highest concentration of quencher; 11S is the
protein concentration, Bt is the betanin concentration; Ks and n are the apparent binding constant
and the number of binding sites per 11S molecule respectively.

268 **2.2.9. Molecular interactions** 

Molecular interactions between 11S quinoa globulin and Bt were study by Fourier transform infrared spectra (FTIR) and Differential scanning calorimetry (DSC). The results obtained with the details of the analysis conditions and the devices used can be seen in Supplementary Material.

#### 272 2.2.10. Loading capacity

The amount of Bt bound to 11S globulin was determined by the difference between the amounts of Bt initially added to the mixed solutions minus the Bt not bound or free Bt (Ochnio et al., 2018). This further refers to the amount of Bt in the supernatant after ultracentrifugation and filtration through a

276 10 kDa cut off unit (Centricon AmiconR Ultra-4, Millipore, Ireland). 2 mL of each sample, 11S - Bet 0.4% in Tris buffer (assayed at both I=0.5 and I=0.05 M) were centrifuged into the filters. Bt solution 277 was used as a control to determine any Bt loss due to binding to the filter unit. Filters were 278 centrifuged at 4500 x g for 30 min at 24 °C. The flow through was collected and Bt concentration 279 determined. Absorbance at 535nm was measured at  $25 \pm 1$  °C on a UVIKON 943 spectrophotometer 280 (Kontron, Watford, UK). Bt concentration was determined by using a molar absorption coefficient 281 (ɛ) of 6.5 x 104 Lmol<sup>-1</sup>cm<sup>-1</sup> at 536 nm (Gonçalves et al., 2012). Loading capacity for 11S-Bt 282 nanocarriers complexes was determined as: 283

LCBt (%) = 
$$[(Bt_N - Bt_S)/Bt_N] \times 100$$
 (6)

Where,  $Bt_N$  is the nominal Bt concentration in the system and  $Bt_S$  is the Bt concentration after ultracentrifugation and determined by spectrophotometric analysis. The loading capacity was expressed in percentage.

#### 288

## 289 2.2.11.10 Antioxidant activity of 11S-Bt complexes

290 ABTS assay

Antioxidant capacity of 11S-Bt nanocomplexes was evaluated by ABTS assay (Re et al., 1999). The 291 pre-formed radical monocation of 2,2'-azinobis-(3-ethylbenzothiazoline-6-sulfonic acid) (ABTS•+) 292 (Merck Millipore, USA), is generated by oxidation of ABTS with potassium persulfate and is 293 reduced in the presence of such hydrogen-donating antioxidants. The influences of both, the 294 concentration of antioxidant and duration of reaction on the inhibition of the radical cation, are taken 295 296 into account when determining the antioxidant activity. Briefly, ABTS was dissolved in water to a final concentration of 7 mM. Radical cation ABTS++ was produced by reacting ABTS stock solution 297 with final concentration of potassium persulfate of 2.45 mM and allowing the mixture to stand in 298 299 darkness at room temperature during 12-16 h before use. The antioxidant activity of 11S-Bt nano-

complexes was determined after ABTS•+ solution was diluted with methanol to an absorbance of
0.80-0.90 at 734 nm, and equilibrated at 30°C. A calibration curve was performed employing galic
acid (GA) standards (0–0.012 mg/mL) in methanol. The inhibition of absorbance at 734 nm was
calculated.

#### 304 Ferric reducing antioxidant power (FRAP) assay

305 FRAP assay was conducted according to the method of Benzie and Strain, 2000 (I.benzie.J.Strain,

2000) with slight modifications. The FRAP reagent contained 5 mL of 10 mM 2,4,6-tripyridy-S-

triazine (TPTZ, Sigma-Aldrich Co., St. Louis, MO, USA) solution in 40 mMHCl plus 5 mL of 20

308 mM FeCl3. 6H2O and 50 mL of 300 mM acetate buffer (pH 3.6) was freshly prepared and warmed

at 37°C. Aliquots of 80 µL of 11S, Bt or 11S-Bt nanocarriers or the standard solution of GA (0-

0.003 mg/mL) was poured in a test tube, with  $520 \mu L$  of FRAP reagent solution. The mixture was

kept in dark at 25°C for 30 min. The absorbance of the solutions under analysis and different

312 concentrations of GA standard were measured at 593 nm. Finally, the FRAP value was calculated

using calibration curve performed employing galic acid (GA) standards in millieQ water.

#### 314 2.2.12. Statistical analysis

The results were analyzed by two-way ANOVA, P<0.05. Analyzes were performed using the statistical program Infostat (FCA, University of Córdoba, Argentina). All the determinations were made at least in triplicate and each reported value represents the mean of independently prepared samples.

### 319 3. RESULTS AND DISCUSSION

#### 320 **3.1. 11S isolation and purification**

Firstly quinoa flour was obtained by milling. To this end the seeds were ground to flour using a
coffee bean grinder (Peabody MC-9100, Argentina). The treatment for flour obtaining consisted in

323 10 pulses of 15 s each one. The resulting flour was stored in a sealed container at room temperature until use. Quinoa 11S globulin was separated by size exclusion chromatography. Chromatograms 324 obtained firstly revealed a peak corresponding to a high molecular weight (MW) protein (Figure 1 A, 325 326 black arrow) and other peaks corresponding to smaller polypeptides, possibly, albumins (Burrieza, López-Fernández, & Maldonado, 2014) (Figure 1 A). Secondarily, to improve 11S purification 327 method, we performed its separation with a protocol starting from quinoa flour. The protocol implied 328 the 11S separation from a more intensively milled material which was enriched in protein. Material 329 other than protein had been separated because it stayed attached to the lid grinder during the second 330 stage of milling process. In this case, chromatograms showed the same profile for the high MW 331 protein except that smaller molecular weight polypeptides were almost absent (Figure 1 B). To 332 analyze the identity of the highest MW protein SDS-PAGE were performed. Electrophoresis 333 revealed the typical pattern of 11S with acid and/or basic subunits at 30-35 KDa and 17-20 KDa 334 respectively (Figure 1 C). To confirm the adequateness of the 11S purification process, we evaluated 335 the identity of these bands by MALDI-TOF. In this respect, Supplementary Table 1 summarizes the 336 337 results obtained when taking into account their description, plant species, theoretical MW and the peptide sequence. 338

## 339 **3.2. Protein identification**

The MS/MS results confirmed that the main component of 11S-enriched extract was indeed 11S 340 globulin protein. As expected, bands 1 and 2 showed the classical pattern corresponding to the acid 341 and basic fragments of 11S respectively, as we could detect Cqu\_c00273.1\_g005.1 entry from 342 Quinoa Genome Database. This entry is nearly identical to the 11S protein entries in Uniprot 343 database (Q06AW1\_CHEQI and Q06AW2\_CHEQI). Interestingly, associated to this previously 344 reported 11S protein, we systematically found Cqu c03367.1 g006.1, a new member of 11S storage 345 protein family in *Chenopodium quinoa* Willd. (See supplementary Figure 1 – Alignment). 346 347 Cqu c03367.1 g006.1 gene product resulted similar to the hypothetical protein of spinach

348 (Spinaceaoleracea L.) SOVF\_045250 and to 11S globulin seed storage protein 2 isoform X1 from
349 Beta vulgaris, a predicted 11S globulin (see Supplementary Figure1, NCBI conserved domain
350 (search/Pfam Domains). Besides these main-product bands we also detected and analyzed 2 minor
351 bands. 11S protein was also found in Band 4, which suggests that this band corresponds to a different
352 isoform or a subfraction of 11S globulin.

#### 353 **3.3. Solubility of 11S-Bt nanocarriers**

Solubility is one of the most practical indexes of protein denaturation and aggregation and, hence a
good indicator of protein functionality (Brinegar & Goundan, 1993; Mäkinen, Zannini, Koehler, &
Arendt, 2016). Thus, any improvement in solubility of 11S could impact on its technological
applications. Figure 2 shows the solubility variation with the ionic strength, pH 8, for the systems
studied. Determinations were performed at I=0.5 M and I=0.05 M.As many globulins from other
sources, single 11S increased its solubility at higher I values(Gerzhova, Mondor, Benali, & Aider,
2016). Such an increase was also observed upon Bt addition.

361 This finding has enormous importance for processes in which soluble proteins are required as NaCl effect could be offset by Bt. The reason why the ligand increased the 11S solubility should obey to 362 the way in which protein links the smaller Bt molecule and the consequence of such a union on the 363 364 11S globulin structure. Only a work was found, which gives a description on the molecular phenomena involved in the intermolecular relationship. The authors used the crystal structures for 365 366 the model soybean enzymes (lipooxygenase and cyclooxygenase), being molecular docking analyses carried out by Vidal, López-Nicolás, Gandía-Herrero, & García-Carmona (2014). This approach 367 allowed getting insight of the betalains binding mode to the active sites of the enzymes. Authors also 368 369 use AutoDockVina molecular docking software ® which provided a deeper insight into the possibilities indicated before. In the protein with lipooxygenase activity, the guest molecule was 370 docked into the relevant enzyme pocket, possibly via hydrogen bonding interactions. Also the 371 372 aromatic ring of the pigment accommodated in the pocket close to Ile-257, which may help to

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stabilize the overall conformation. In the case of cyclooxigenase, molecular docking analysis with
AutoDockVina revealed the interaction of one of the carboxylic groups present in the betalamic acid
moiety of a betaxanthin with the side chains of enzyme.

Evidently, Bt would be able to bound to hydrophobic pockets of 11S and to side chains of the macromolecule. Being 11S a multimeric protein, none of these two possibilities could be discarded. The protein solubility increased at I=0.05M to such an extent that no remarkable differences were detected in solution appearance or turbidity in comparison to mixtures at the highest I (conditions of maximum protein solubility, I=0.5M and pH 8). Given the present results, it can be proposed that Bt interferes with the 11S self-assembling mechanism. In turn, the bioactive would interact with each globulin subunit via hydrophobic interactions.

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## 384 3.4. 11S-Bt molecular interactions. Fluorescence spectroscopy

Fluorescence spectroscopy is an appropriate technique to determine the interaction between ligands and proteins. Many models based on fluorescence quenching of proteins have been used to study the interaction, so more than one model application should be appropriate for the correct analysis of fluorescence quenching (Wei et al., 2010). We applied the Scatchard model to compare the results obtained with the Stern-Volmer model.

11S-Bt interactions were evaluated from their respective fluorescence emission spectra. 11S protein 390 391 has 12 Trp residues per hexamer (Data obtained from protparam, GenBank: ABI94736.1). It is known that only Trp is able to emit fluorescence when protein solution is excited at 295 nm (Liang & 392 Subirade, 2010). Figure 3 shows the emission spectra for the mixed 11S-Bt solutions, at pH 8 at 393 I=0.5 M in comparison with that of the single protein. It can be seen that at low and high I the 394 maximum florescence intensity values were 5.9 and 5.5 respectively. Under both extreme conditions, 395 results evidenced that the fluorescence intensity decreased as the Bt concentration increased in the 396 397 bulk solution. In fact, the fluorescence intensity for systems containing the highest Bt concentration

398 decreased approximately 60%. A slight shift towards the red region of the spectrum was detected at the maximum emission wavelength peak, from 334 to 340 nm. Previous reports have claimed that 399 the fluorescence of Trp chromophores changes when they are included in a more hydrophobic 400 401 environment (Li, Polozova, Gruia, & Feng, 2014; Sandhya, Hegde, Kalanur, Katrahalli, & See tharamappa, 2011). According to this, Bt linkage to 11S changed subtly the protein structure in 402 solution. The results on intrinsic protein fluorescence quenching, confirm the protein-ligand 403 interaction. To elucidate the type of quenching existing between 11S protein and Bt, the Stern-404 Volmer and Scatchard models were applied. Supplementary Figure 2 shows the dependence of Fo/F 405 406 and Bt concentration. The value of Ks, the affinity constant, could be obtained from the slope of the curve.  $\tau_0$  acquires a value of 2.9 ns for Trp residues under the conditions used in this study. 407 Therefore, Kg resulted to be equal to  $1.85 \times 10^{13}$  and  $1.42 \times 10^{13}$  M<sup>-1</sup> s<sup>-1</sup> at high and low I, respectively 408  $(R^2>0.98 \text{ and } 0.99)$ . Table 1 indicates that the assumptions for derivation of Equation 3 were 409 satisfactory. The Kq values were much larger than the maximum admitted for dynamic quenching, 410 which is 1.27x1010 M<sup>-1</sup>s<sup>-1</sup>(Lakowicz& Weber, 1973). These results evidence than the fluorescence 411 intensity changed for 11S after Bt addition and the effect could be attributed to static quenching, i.e. 412 11S-Bt complexes formation. When small molecules have the potential to bind independently to a set 413 of equivalent sites on a macromolecule, the equilibrium between free and bound molecules is given 414 by the Equation 4. This expression allowed to analyze the dependence of fluorescence intensity with 415 Bt concentration for static quenching (Qin, Zhang, Yan, & Ye, 2010). From the plot log [(F0 - F)/F] 416 vs log [Bt] (Stern Volmer model) the n value can be obtained. n relates the number of binding sites 417 on the protein molecule. For Stern Volmer model, n resulted 1.42 and 1.17 for mixtures at I=0.5 M 418 419 and I=0.05M, respectively. Another parameter to analyze is the apparent binding constant, Ks. The values revealed a strong binding force between 11S and Bt, which was one order of magnitude 420 higher for the higher ionic strength system. Such a result means that the protein manifested a higher 421

- 422 affinity for the Bt and again it could obey to the protein solubility increased under this condition
- 423 (**Table 1**).
- 424 Employing Scatchard model, we obtained Ks value of  $1.4 \times 10^5$  for the highest and  $7.3 \times 10^4$  for the
- 425 lowest I, respectively (Table 1). Calculations are exhibited in Supplementary Figure 3. These values
- 426 kept the trend observed with Stern-Volmer model: the binding force of 11S and Bt was one order of
- 427 magnitude higher at the highest I. According to the Scatchard model, n parameter resulted 18.18 and
- 428 13.77 at high and low I, respectively (Table 1). It is known that the calculated binding sites can result
- 429 different when different models are considered (Wei et al., 2010), but is important to note that for
- 430 both models Ks resulted higher when n increased.
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- 432
- 433
- 434

- 435 **3.5. Visualization of Bt binding on the protein by FPLC**
- Fluorescence analysis strongly suggested that Bt binds to 11S in a stable way via non-covalent 436 unions. With the aim to prove and validate this physical association, another approach was 437 employed. Bt has a known absorption spectra with a peak at  $\lambda$ =536 nm and  $\varepsilon$  535=6.5 x 10<sup>4</sup> L mol<sup>-1</sup> 438 cm<sup>-1</sup>(Gonçalves et al., 2012) and a MW of 551,48 g/mol, while 11S has a MW of approximately 439 300000 g/mol showing no absorption at  $\lambda$ =536 nm (data not shown). We wonder if we could detect 440 441 Bt-dependent 536 nm absorbance even when associated with 11S. Employing a size exclusion 442 column (Sephadex® S200 GL 10/300) 11S-Bt complexes were separated from unbound Bt. Absorbance at 536 nm was observed at elusion volume corresponding with 11S, corroborating that 443 444 Bt was bound to 11S globulin. 11S-Bt nanocarriers eluted at the same volume of 11S (Supplementary Figure 4). That correlates with 11S size and supported the idea that Bt was able to 445 bind 11S and remains linked to the protein in spite of being subjected to size exclusion 446 447 chromatography (Figure 4). The chromatograms superimposed show the profile of 11S-Bt was coincident with the peak of 11S globulin. Interestingly 536 nm absorbance was observed for both 11S 448 globulin (Q06AW1/2 and the new member of 11S globulin family reported in this work; 449 450 Supplementary Figure 1). Table 2 displays the parameters obtained from chromatographic profile. For instance, the measured area of each peak as mUA \* mL at elution volume (Ve) of 11 mL, the 451 area was equal to 156.77mUA \* mL and a Ve of 20 mL, the area was121.68mUA \* mL. 452
- 453

#### 454 3.6. Analysis of 11S globulin aggregation induced by Bt

Particle size distribution for 11S and 11S-Bt mixed solutions were obtained by DLS. This technique allows gaining insight of the aggregation process for a variety of proteins either to prevent it or to exploit it for specific applications (Ochnio et al., 2018). Several studies have shown that protein unfolding and aggregation can occur depending on protein composition/concentration, pH, I, concentration of ions, fat content, among other factors (Pérez et al., 2014). Thus, focus was put on the

possible 11S aggregation induced by Bt addition as this phenomenon could be a concurrent withcomplexation with a ligand (Pérez et al., 2014).

Intensity vs particle size showed the oligomeric state, i.e. quaternary structure, of the protein or 11S-462 463 Btnano-complexes. At I=0.5 and I=0.05M values, particle size distributions revealed the presence of two populations (Supplementary Figure 5). The first order result from a DLS experiment is an 464 intensity distribution of particle sizes. The intensity distribution is naturally weighted according to 465 the scattering intensity of each particle fraction or family. The fundamental size distribution 466 generated by DLS is an intensity distribution, which could be converted, by the Mie theory, to a 467 volume distribution or a distribution describing the relative proportion of multiple components in the 468 sample based on their mass or volume rather than based on their scattering (Intensity)(Malvern, 469 470 2011). In this context, when the analysis was performed in terms of volume vs size (Figure 5 A and 471 B), only one population resulted to be dominant with a peak at  $11 \pm 2$  nm, expressed in particle

diameter.

These data are coincident with the hydrodynamic radius reported previously for trimer of soybean 473 474 11S (5.4 nm) and for oat 11S globulin trimers (5.9 nm) as evaluated by DLS (Bojórquez-Velázquez et al., 2016a). The width of the observed peak indicates coexistence of different assembled degrees 475 (Bojórquez-Velázquez et al., 2016b). Differences between pure protein and nano-complexes in terms 476 of particle size distributions were observed. It can be said that Bt addition apparently affect the 477 globulin quaternary structure as smaller sizes were recorded; which would correspond to disassembly 478 479 of the 11S hexamer. Even more, as can be seen in Figure 5 C, the Z-ave parameter indicated a particle size reduction with Bt addition. This effect seemed to be stronger at low I values. This 480 finding keeps practical importance as 11S-Bt loaded nano-complexes were highly soluble by virtue 481 482 of the lower particle size after Bt linkage. These results indicated that Bt compensated the NaCl effect on the protein solubility. A comparison of the MW of 11S in presence of Bt was obtained by 483 the protein utility function of Malvern software of DLS appliance (Malvern, 2011) Supplementary 484

485	material. This analysis allowed to corroborate that Bt was able to induce disaggregation of the native
486	11S hexamer (184 $\pm$ 13 KDa), manifested by a pentameric form (149 $\pm$ 12 KDa) at I=0.5M,
487	meanwhile a tetrameric structure occurred at I=0.05M (119 $\pm$ 5 KDa). It can be said that Bt addition
488	could affect quaternary structure, at least at the Bt concentrations here considered. Particle size
489	distribution results were coincident with those obtained with FPLC. The chromatogram
490	corresponding to 11S-Bt nano-complexes eluted at higher volumes or later than the single globulin,
491	which corroborate the hypothesis of protein disaggregation induced by the bioactive.
492	$\zeta$ -potential is a measure of the magnitude of electrostatic interactions between charges at the
493	molecular surface level. These charges can greatly influence particle size distribution, cellular uptake
494	and adsorption to cellular membranes in vivo (Fröhlich, 2012). Therefore, it is a crucial parameter to
495	consider in nanocarriers characterization with potential applications in the food, nutraceutical and
496	cosmetic industries. $\zeta$ -potential measurements showed that both 11S and 11S-Bt mixtures presented
497	values that oscillated at around -16 mV (Figure 5, D). Concerning to the nanocarriers, the available
498	literature indicates that electrostatically stabilized hydrocolloids commonly possess $\zeta$ -potentials
499	exceeding absolute values of 40 mV (Andreeva et al., 2017). Therefore, the physical stability of
500	nano-complexes does not seem to be only explained by electrostatic stabilization, suggesting that
501	other forces determined the colloidal systems stability. This could arise from steric overlap
502	interaction that keeps11S-Bt nano-complexes separated at an exclusion distance that provides
503	stability to the system.
504	On the other hand, associative interactions between 11S and Bt had a profound impact on the

504 On the other hand, associative interactions between 11S and Bt had a profound impact on the 505 solubility of nano-complexes as this crucial property resulted equivalent to systems containing the 506 11S globulin protein at high I. This feature would contribute to the physical stability of this colloidal 507 system delaying precipitation or sedimentation. Associative interactions between 11S and Bt could 508 impart functionality to protein, expanding the food systems in which it could be used, such as

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beverages. It is well known that the nanocarriers can behave as delivery systems in specific organssites, wherewith their antioxidant property could be improved.

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#### 512 3.7. 11S Loading Capacity

The loading capacity of 11S globulin expressed in percentage of Bt resulted equal to  $23.36 \pm 0.20$ and  $12.54 \pm 0.92$ , n=2, for I=0.05 and 0.5M, respectively. These results kept correlation with the solubility data exhibited in Figure 2. It can be observed that the increase in solubility could obey to the increase in loading capacity of the protein at low ionic strength. Thus, under this condition (low I), the loading capacity practically doubled that detected at high ionic strength.

518

#### 519 **3.8.** Antioxidant capacity of 11S-Bt nano-complexes.

520 A structure-activity relationship between betalains and their radical-scavenging properties has been suggested (Gandía-Herrero, Escribano, & García-Carmona, 2010b). The radical-scavenging 521 properties of Bt increases with the number of hydroxyl and imino groups (hydrogen donor). Despite 522 all these advantages, the oral bioavailability of betalains was estimated as rather low, due to the fact 523 that these pigments are degraded when subjected to light, heat, and oxygen (Esatbeyoglu, Wagner, 524 525 Schini-Kerth, & Rimbach, 2015b; Escribano et al., 2017). With the aim to validate the free radical scavenging capacity of 11S-Bt nanocarriers, we measured the antioxidant activity according to their 526 effect on stable colored solutions of the radical ABTS<sup>•+</sup>. As can be seen in Figure 6 (A and B), single 527 528 Bt exhibited a higher anti radical capacity at I=0.5M than at I=0.05M and at 0h. This trend was reverted at 24h in the system containing lower salt content, which manifested a higher antioxidant 529 activity. This result could obey to the Bt sensitivity increase at higher salt content. 11S globulin, used 530 531 as a control in the experiment, also showed anti radical capacity by itself as can be seen in Figure 6B. However, its antioxidant activity did not exceed that registered for 11S-Bt complexes. Thus, ABTS<sup>•+</sup> 532 radical scavenger capacity was highly increased when Bt was complexed with 11Sglobulin. 533

534	Antioxidant capacity resulted similar with at I=0.5M and I=0.05M at 0h. The final amount expressed
535	as meq of GA/g of Bt in 11S-Bt complex reached approximately a value of 160, which clearly
536	indicated an additive character when Bt was loaded by 11S protein at both, 0 and 24 h. The
537	expression "additive" was previously used for describing mixed systems presenting a higher value
538	for a specific property than the single components; even the reached value did not exceed the sum of
539	them (Pérez, Carrera Sanchez, Rodriguez Patino, & Pilosof, 2007; Reichert, Salminen, Badolato
540	Bönisch, Schäfer, & Weiss, 2018). Based in these results, we attribute the mentioned additive
541	character of the 11S-Bt complex to the intrinsic antioxidant capacity of 11S.
542	In comparison, it is interesting to note that the polyphenol-dairy proteins interactions have been
543	recently considered to be detrimental to the tea polyphenols antioxidant capacity(Rashidinejad,
544	Birch, Sun-Waterhouse, & Everett, 2017). Thus, this indicates a meaningful difference between
545	polyphenols-protein and Bt-proteins interactions, and merits a complete analysis in order to
546	formulate nano-colloids for bioactive compounds delivery adequately.
547	Several reports describe the antioxidant activity of different peptides (Hartmann & Meisel, 2007;
548	Udenigwe & Aluko, 2012), which could be related to the intrinsic structural characteristics of these
549	macromolecules such as molecular size, hydrophobicity and amino acidic composition. Orsini
550	Delgado et al. (2016) recently analyzed the antioxidant properties of peptides from Amaranthus
551	mantegazzianus. Such properties were related to the presence of specific amino acids in the
552	polypeptide chain, e.g. Trp, Tyr and Met, which had the highest antioxidant activity followed by
553	Cys, His and Phe. The high antioxidant activity of Trp and Tyr may be explained by their capacity to
554	donate hydrogen. Besides, Met could be oxidized to Metsulfoxide and Cys can donate the sulfur
555	hydrogen (Orsini Delgado et al., 2016). Besides the antiradical activity, the antioxidant capacity of a
556	bioactive compound can be measured through its reducing power, which prevents deleterious
557	oxidative reactions by generating a reducing media. In order to have a complete characterization of
558	the antioxidant capacity of the generated nanocarriers we also analyzed the 11S-Bt complexes

559	antioxidant capacity by FRAP assay. Figure 7 (A and B) shows in a comparative way the behavior of
560	11S, Bt and 11S-Bt nano-complexes at I=0.5M and I=0.05M upon time. It is worth to mention that
561	the antioxidant activity of a given compound can vary from method to method depending on factors
562	such as the involved reaction mechanism, antioxidant solubility, oxidation state, pH, and type of
563	oxidation-prone substrate.11S-Bt nanocarrier exhibited an additive character in terms of radical
564	scavengers and reducing power. The possible explanation for this results would be again the
565	synergistic effect mentioned before for 11S-Bt nanocarriers, at both times considered (0 and 24 hs),
566	which would be based on the concomitant antioxidant activity of Bt and the 11S globulin.

567

#### 568 4. CONCLUSIONS

In this work a strategy was developed to design and characterize nano-complexes constituted by 11S 569 quinoa seed globulin and Bt. These nano-complexes can serve as vehicles for the bioactive Bt and 570 571 keeping its health beneficial effects in the presence of light, certain pH and enzymes. We demonstrated that Bt, a natural pigment with antioxidant properties, bounds to extracted and purified 572 573 11S quinoa seed globulin. The 11S quinoa globulin identity was verified by MALDI-TOFF approach 574 and *in-silico* analysis. Employing different approaches, we confirmed that Bt interacts with 11S in a stable way. Particle size distribution analysis showed that Bt was not able to induce 11S globulin 575 aggregation. On the contrary, Bt affected the multimeric native protein conformation by induction of 576 disaggregation with the concomitant effect on protein solubility improvement. We observed that as 577 Bt concentration increased the 11S hydrodynamic diameter diminished, indicating a possible 578 conformational change concerning to its quaternary structure specifically affecting the native 579 580 hexameric form. The nature of such interactions was considered to be principally of physical type. Btcouldbound to 11S on specific sites, i.e. into hydrophobic pockets or on lateral regions, as 581 582 evaluated by the fluorescence quenching of 11S globulin and by applying different models to the 583 experimental results.

584 Higher solubility values were obtained for 11S after nano-complexation, which could be attributed to structural changes of the protein when bound to the bioactive Bt. Higher loading capacity was 585 registered at low ionic strength, which would indicate that the increase in 11S solubility at I=0.05M 586 587 would be related with the higher amount of Bt loaded. This result may have technological impact as the required amount of NaCl could be diminished to achieve the same protein solubility degree, for 588 instance in nutraceutical formulations. The higher solubility manifested by the nano-complexes has 589 other consequences, the decrease in particle size and the increase in the radical scavenging capacity. 590 These further results may be of physiological importance. Concerning to this, the antioxidant activity 591 of these nano-complexes by two methods: ABTS<sup>•+</sup>, measuring antiradical capacity and FRAP, 592 measuring reducing power. Both methodologies revealed an additive character for 11S-Bt nano-593 594 complexes concerning to the antioxidant capacity, in comparison with 11S and Bt individually. Opposite to polyphenols-dairy proteins interactions, Bt preserved its antioxidant capacity after 595 complexation with 11S globulin. Even more, an additive effect with this protein was observed. It is 596 worth to note that for both methods, 11S-Bt and Bt presented higher antioxidant activity at I=0.05M, 597 suggesting that under this condition this property was favorable. These findings, demonstrate that the 598 obtained systems are potentially appropriate as new materials for cosmetic and/or nutraceutical 599 applications. 600

In summary, we are presenting for the first time a new design of nano-biomaterials which were able to maintain Bt antioxidant capacity and combining this beneficial effects with those of the wellknown quinoa protein. It can be concluded that the 11S globulin from quinoa seeds was able to protect Bt from oxidation, opening a new perspective in the study of this plant pigment and in the possibility to reinforce their bioactive and antioxidant potential.

We have detected the following aspects as important points to perform further investigations, and will be subject of future research: Bt-11S nanocarriers stability towards heat and light effects for the preservation of the bioactive protection, the in-vitro release characteristics in simulated

- 609 gastrointestinal fluids. In turn, nanocarriers here designed could be the base for produce more
- 610 efficacious functional products and to overcome problems as texture modification during process,
- 611 scarce bioavailability, flavor and nutrients loss.
- 612

#### 613 5. ASSOCIATED CONTENT

#### 614 Supporting Information

- 615 The MS/MS spectra data analysis, multiple sequence alignment. Stern Volmer and Scatchard models
- 616 application. Protein utilities tool features offered by the Zetananosizer-Zs (Malvern) software.
- 617 Particle size distribution expressed in terms of Intensity vs size. Molecular interactions study by
- 618 FTIR and DSC.
- 619

## 620 6. CONFLICTS OF INTEREST

- 621 There are no conflicts to declare.
- 622

#### 623 7. ACKNOWLEDGEMENTS

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- 626

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### **Legends for Figures**

**Figure 1.** Elusion profile by FPLC of 11S extracted from quinoa flour after first milling **A** and thesecond milling **B**. FPLC conditions: Column Sephadex S200 10/300 GL, pH 8, 0.5 M of NaCl and 25°C. **SDS-PAGE.** Lane a: quinoa extract before chromatography. Lane b and c: Subunits of 11S of 30 and 20 kDa (1 & 2 respectively). Lane d: this band would correspond to an 11S B and a hypothetical protein SOVF\_045250 determined by *in silico* analysis.

**Figure 2.** Solubility of 11S-Bt nano-carriers. Conditions of the essay: mixing ratio: 11S 0.1: Bt1, I=0.5M and I=0.05M, pH 8.Mean ± SD, n=4. Means with the same letter represent not significative differences (p>0.05).

**Figure 3:** Fluorescence emission spectra of quinoa 11S globulin 0.1%, w/w, in the presence of various concentrations of Bt (0.05, 0.1, 0.2, 0.3, 0.4, 0.6, 0.8 and 1% w/w), pH 8. A: I=0.5M and B: I=0.05M.  $\lambda ex=295$  nm.

**Figure 4.** Analysis of Bt-11S binding by Size Exclusion Chromatography. Chromatograms at  $\lambda$ =280nm for 11S and 11S-Bt. Arrows indicate the respective peaks of 11S and 11S-Bt.

**Figure 5.** Particle size distribution for 11S 0.1% and 11S-Bt ([Bt]=0.05, 0.1, 0.2 0.3, 0.4, 0.6, 0.8 and 1% w/w); *I*=0.5 M (**A**) and *I*=0,05M (**B**). Z-ave for systems with 0% and 1% w/w of Bt at different *I* (**C**).  $\zeta$ -potential variation for 11S and 11S-Bt nano-complexes at Bt used in A and B (**D**). Mean ± SD, n=10. Means with the same letter represent not significative differences (p>0.05).

**Figure 6.** Anti-radical activity as evaluated by the ABTS assay for 11S, Bt or 11S-Bt nanocarriers (11S: Bt = 0.1:1). Time=0 h (A) and 24h (B).*I*=0.5 M and *I*=0,05M. Mean  $\pm$  SD, n=3. Means with the same letter represent not significative differences (p>0.05).

**Figure 7.** Antioxidant activity as evaluated by the FRAP assay for 11S, Bt or 11S-Bt nano-complexes (11S: Bt = 0.1:1). Time= 0 h (A) and 24h (B). *I*=0.5 M and *I*=0,05M. Mean  $\pm$  SD, n=3. Means with the same letter represent not significative differences (p>0.05).

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 Table 1. Binding parameters derived from the Stern Volmer and Scatchard models application on

 experimental data of 11S-Bt nano-complexes fluorescence. ND: not determined as the model did not

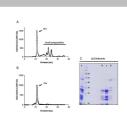
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	11S-	-Bt	
	Stern Voln	ner model	
NaCl(M)	Kq (M <sup>-1</sup> S <sup>-1</sup> )	Ks (M <sup>-1</sup> )	n
0.5	$1.85 \ge 10^{13}$	$3.8 \ge 10^6$	1.42
0	$1.42 \ge 10^{13}$	$2.5 \times 10^5$	1.17
	Scatchar	d model	
NaCl(M)	Kq (M <sup>-1</sup> S <sup>-1</sup> )	Ks (M <sup>-1</sup> )	n
0.5	ND	$1.4 \ge 10^5$	18.18
0	ND	$7.3 \times 10^4$	13.77

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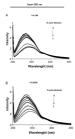
**Table 2**. Peaks area for 11S-Bt nano-complexes and free Bt.  $\lambda$ =280 nm is the maximal absorbance for 11S and 11S-Bt nano-complexes. Ve= elution volume. Values <0.05 mUA\*mL indicate absence of signal.

Absorbance λ=280 nm			
Sample	Ve 10-13mL	Ve 20 mL	
11S	140	5.03	
Bt	<0.05	107.4	
11S-Bt	156.77	121.68	





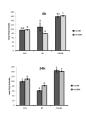
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# Highlights

A new bionano-carrier was designed based 11S quinoa globulin and betanin.

Betanin increased 11S solubility with no salt added.

Florescence parameters that characterize 11S-Bt interactions were obtained

11S quinoa globulin suffer disaggregation after complexation with Bt

11S-Bt loaded nanocarriers increased the antioxidant capacity of the bioactive

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