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# Intravenous Glucagon Like Peptide-1 Infusion Does Not Affect Dry Matter Intake or Hypothalamic mRNA Expression of Neuropeptide Y, Agouti Related Peptide and Proopiomelanocortin in Wethers.

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- 1 Intravenous Glucagon Like Peptide-1 Infusion Does Not Affect Dry Matter Intake or
- 2 Hypothalamic mRNA Expression of Neuropeptide Y, Agouti Related Peptide and
- 3 Proopiomelanocortin in Wethers.
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15 ABSTRACT

The objectives of the present study were to determine effects of jugular vein infusions of glucagon like peptide-1 (GLP-1) and dietary fat inclusion on dry matter intake, nutrient digestibility and hypothalamic mRNA concentration of neuropeptide Y, agouti related peptide, and proopiomelanocortin in growing sheep. Thirty six wethers were used. Treatments were a control diet (n = 11), dietary addition (6 % of dry matter) of Ca salts of palm oil fatty acids (n = 12), or 6-d jugular vein infusions of 0.155  $\mu$ g/kg body weight/day of GLP-1 (n = 11). Hormone concentrations were measured in jugular vein plasma from samples taken on d 1, 4 and 6. On d 7, the wethers were slaughtered for hypothalamus collection to measure mRNA concentration.

The dietary addition of 6 % of Ca salts of palm oil increased plasma GLP-1 concentration (P < 0.01) and decreased dry matter intake on d1, but not on d6 (time x treatment interaction, P < 0.05). The infusion of GLP-1 did not change dry matter intake (P > 0.20), but increased neutral detergent fiber digestibility (P < 0.01). In conclusion, glucagon like peptide-1 infusion or feeding fat did not decrease dry matter intake or affect hypothalamic neuropeptide mRNA concentrations of sheep.

30 RÉSUMÉ

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Les objectifs de cette étude étaient d'évaluer l'effet des infusions dans la veine jugulaire du glucagon-like peptide-1 (GLP-1) et de l'addition alimentaire de matières grasses sur l'ingestion de matière sèche (IMS), la digestibilité des nutriments et la concentration de l'ARNm dans l'hypothalamus du neuropeptide Y (NPY), de la protéine agoutie (AgRP), et de la proopiomélanocortine (POMC). Trente-six béliers ont été utilisés. Les traitements ont été un régime témoin (n 11), addition alimentaire (6% de la MS) de sels de Ca d'acides palmitiques (n12), ou 6 jours (j) d'infusion dans la veine jugulaire de 0.155 µg/kg PC/j de GLP-1 (n 11). Les concentrations d'hormones ont été mesurées dans le plasma de la veine jugulaire des échantillons prélevés le jour 1, 4 et 6. Le jour 7, les béliers ont été abattus pour la collecte de l'hypothalamus pour mesurer la concentration de l'ARNm de NPY, AgRP et POMC. L'ajout de 6% de sels de Ca d'acides palmitiques a augmenté la concentration plasmatique de GLP-1 (P <0.01) et diminué l'IMS du j 1, mais pas du j 6 (interaction de temps x traitement, P <0,05). L'infusion de GLP-1 n'a pas changé l'IMS (P>0,20), mais a augmenté la digestibilité des fibres au détergent neutre (P <0,01). Il n'y avait aucune différence dans la concentration de l'ARNm de NPY, AgRP ou POMC en raison de l'infusion de GLP-1 ou de l'addition alimentaire de matières grasses. En

46	conclusion,	la seule	perfusion	intraveineuse	de	GLP-1	n'a	pas	diminué	l'IMS	chez	les	ovins	en

- 47 croissance.
- 48 Mots-clés: glucagon-like peptide-1, ingestion de matière sèche, mouton, neuropeptides
- 49 hypothalamiques

- 751 Running head: Relling et al. Glucagon like peptide 1 infusion in sheep
- 52 Keywords: glucagon-like peptide-1, dry matter intake, sheep, hypothalamic neuropeptides

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- Abreviations: AgRP, agouti-related peptide; CP, crude protein; DM, dry matter; DMI, dry
- 55 matter intake; FA, fatty acids; GLP-1, glucagon-like peptide-1(7, 36) amide; ICV,
- intracerebroventricular; NDF, neutral detergent fiber; NPY, neuropeptide Y; OM, organic
- 57 matter; **POMC**, proopiomelanocortin.

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## **INTRODUCTION**

In nonruminants, increasing plasma glucagon-like peptide-1(7, 36) amide (GLP-1) concentration decreases feed intake (Turton et al., 1996). In ruminants, an increase in plasma GLP-1 concentration has been associated with a decrease in dry matter intake (DMI) when fat was added to the diet (Relling and Reynolds, 2007; Bradford et al., 2008). Also, intrajugular infusion of GLP-1 in wethers decreased DMI in a similar manner as feeding fat (Relling et al., 2011). However, the central mechanism of how GLP-1 regulates feed intake is not certain. In fasted rats, intracerebroventricular (ICV) infusion of GLP-1 did not change mRNA concentration for neuropeptide Y (NPY) (Turton et al., 1996). In contrast, Seo et al. (2008) reported that ICV

infusion of GLP-1 decreased NPY and agouti-related peptide (AgRP) and increased proopiomelanocortin (POMC) mRNA concentration in the hypothalamus of fasted rats. In ruminants, *in vitro* culture of sheep hypothalamus in media containing GLP-1 did not change the relative concentration of NPY, AgRP or POMC mRNA (Relling et al., 2012). However, an increase in NPY and AgRP was associated with an increase in plasma GLP-1 concentration and a decrease in DMI when fat was fed to growing lambs (Relling et al., 2010). There is a paucity of information on the effect of intravenous infusion of GLP-1 on the mRNA concentration for hypothalamic neuropeptides associated with DMI regulation. Therefore the objective of our study was to determine the effect of jugular vein infusion of GLP-1 on DMI and mRNA concentration of the neuropeptides NPY, AgRP and POMC in growing wethers.

#### **MATERIALS AND METHODS**

Animal care followed guidelines recommended in the *Guide for the Care and Use of Agricultural Animals in Agricultural Research and Teaching* (FASS, 1998) and procedures used were approved by the Animal Care Committee of the Ohio Agricultural Research and Development Center.

Three weeks before the start of the experiment, 36 Targhee x Hampshire wethers (40.7 ± 3.3 kg BW) were fed a pelleted control diet (Table 1) formulated to meet nutrient requirements of growing lambs according to the National Research Council (NRC, 1985). The wethers were grouped by weight and housed in three pens with 12 wethers each. Daily rations were provided at 0800 h, and wethers were fed for ad libitum intake of dry matter (DM, 10 % refusal) throughout the study. Treatments were 7 d of: 1) control diet (CONT); 2) supplemental dietary fat (Ca-salts of palm oil) at 6% of ration DM (FAT); 3) control diet with intravenous GLP-1

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(GLP-1; 0.155  $\mu$ g/kg BW/d of GLP-1(7-36) amide H6795, Bachem California Inc, CA) in 1 L of saline (0.9% NaCl). The wethers on the CONT and FAT treatments received a control intravenous infusion of 1 L of sterile saline solution daily. The hormone solutions and the saline solutions were made and infused as described in Relling et al., (2011). The amount of GLP-1 infused was estimated to increase plasma concentration to a level similar to that observed when supplemental fat is fed (Relling et al., 2011).

The experiment was conducted as a completely randomized block design. Each of the three groups of wethers was considered as a block. Within each block, the 12 wethers were allocated randomly to one of the three treatments (n = 4/treatment). Two weeks before the experiment began the wethers were housed in individual pens. Wethers fed supplemented fat were adapted to fat supplementation for 2 wk before sampling began, with an amount equal to 2 % of ration DM fed on d 1 of the adaptation period, 4 % on d 2 and 3, and 6 % from d 4 onwards. One week before the experiment started, the lambs were moved into metabolic crates described previously (Murphy et al., 1994) and adapted to procedures used during the sampling week, including feeding, removal of orts, and changing of fecal collection containers. Forty five hours before the experiment started, jugular vein catheters were established as described previously (Relling et al., 2011). Two animals experienced a drop in DMI to less than 50 % of the previous day's intake when lambs were moved into the metabolic crates. Therefore, before the infusions started, one wether on the control treatment and one wether on the GLP-1 treatment were removed from the experiment. The infusions started at 1000 h on d 1 of the experimental period. The bottles with sterile saline solution and those with hormones in solution were kept on ice during the infusion. The infusion line from the bottle to the animal was sterilized using an ethylene oxide (EtO) gas (Cole-Parmer, Vernon Hills, IL). The connection between the bottle

with the infusion and the infusion line included a sterile 0.45 µm syringe filter (Whatman International Ltd, Florham Park, NJ).

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Between the end of each day's infusion and the start of the following day, the infusion lines were flushed with sterile saline solution (9 g/L of NaCl) and the filters were changed. Feed was offered daily at 1300 h and the refusals were removed and weighed 23 h later at 1200 h. For digestibility and plasma samples, samples were collected and processed as described previously (Relling et al., 2011). Briefly, to measure digestibility, total fecal collection was performed daily during the last 5 d of each experimental period. Five percent of the total daily feces was collected and composited for analysis of DM, neutral detergent fiber (NDF), crude protein (CP), fatty acids (FA), and ash concentration as described previously (Beckman and Weiss, 2005). Blood samples (10 ml) were taken 6 and 8 h after feed was offered on d 1, 4, and 6 of each experimental period. Blood samples were immediately transferred into polypropylene tubes containing solutions of disodium EDTA and benzamidine HCl (1.6 mg and 4.7 mg/ml blood, respectively) and placed on ice. After centrifugation for 25 min at 1800 x g and 4°C, plasma was partitioned into individual polypropylene tubes for each analysis to be performed, flash frozen using liquid N<sub>2</sub> within 40 min of sample collection, and stored at -80°C until analyzed. Samples from the infusate were taken after the in line filters during the first sampling time on d 4 to confirm that the infusate contained the correct concentration of GLP-1. Concentrations of insulin and GLP-1 were measured using radioimmuno assays as described previously (Reynolds et al., 1989; Benson and Reynolds 2001). The intra-assay CV averaged less than 12.5 % for insulin and less than 11% for GLP-1. Minimum sensitivities (90% of zero standard binding) of the insulin and GLP-1 assays were 0.0027 and 0.001 ng/tube, respectively. Plasma glucose concentration was measured using a colorimetric assay (#1070 Glucose Trinder, Stanbio

Laboratory, Boerne, TX). Plasma NEFA concentration was measured using microtiter plates and a plate reader in a two-reaction, enzyme based assay (Wako Chemicals USA, Richmond, VA) as described by Johnson and Peters (1993).

The morning of the seventh day of infusions, the lambs were transported 165 km (transport time was 100 min) to an abattoir for hypothalamus collection. It has been previously reported (Relling et al., 2010) that there were no effects of the same transportation routine on the mRNA concentration in the hypothalamus of similar lambs (Relling et al., 2010). The hypothalamus was collected as described by Relling et al., (2010). During hypothalamus collection, one sample from a lamb on the GLP-1 treatment was lost due to damage of the brain caused by the captive bolt used at slaughter.

To measure mRNA concentration for NPY, AgRP and POMC, the protocol and primers used were as described by Relling et al., (2010). Briefly, RNA was extracted with TRIzol® (Invitrogen Carlsbad, CA) using procedures recommended by the manufacturer. Concentration of RNA was determined by measuring absorbance at 260 nm. Reverse transcription (RT) PCR was performed as described by Ndiaye et al. (2008). The relative mRNA concentration of NPY, AgRP, and POMC were determined by quantitative RT PCR using the DNA Engine Monitor 2 (BioRad Laboratories, Hercules, CA). Primers for NPY, AgRP and POMC were validated in sheep hypothalamic tissue. Oligonucleotide primers for NPY, AgRP and POMC were obtained from Qiagen Operon Biotechnologies (Alameda, CA). The primer sequences used are described on Table 2. The quantitative RT PCR was run for a maximum of 35 cycles, under the following conditions: denaturing at 94° C for 30 s, annealing at 60° C for 60 s, and extension at 72° C for 60 s. Concentrations of NPY, AgRP and POMC were normalized to cyclophilin B mRNA expression in the same sample to determine the relative mRNA concentrations of NPY, AgRP.

and POMC. Homologous standard curves were prepared from purified NPY, AgRP, and POMC cDNA PCR products were used to calculate the steady-state concentration of NPY, AgRP, and POMC mRNA in triplicate wells for each sample. The PCR amplification products were electrophoretically separated on 1.5 % agarose gels and visualized with ethidium bromide. For initial validation, the specific band corresponding to the size of the expected NPY, AgRP, and POMC cDNA fragment was cut and purified using the QIAquick Gel Extraction Kit (Qiagen Sciences) for sequence confirmation.

The data were statistically analyzed as a complete randomized block design with repeated measurements in time using the MIXED procedure of SAS (Version 9.1, SAS Institute, Cary, NC) and a model testing the random effects of wether and block, and the fixed effect of treatment and time and their interaction. For digestibility and mRNA concentration data, a similar statistical model was used without the effect of time. The two daily plasma samples for hormones and metabolites from the three days of sampling in each experimental period were analyzed in the lab individually but the average for each day was used in the statistical analysis. Fisher's protected LSD test was used to compare treatments at a *P* value of 0.10.

176 RESULTS

There was a time by treatment interaction for DMI (P < 0.05; Figure 1), due to a greater DMI for GLP-1 and control-fed wethers compared with the fat-fed wethers on d 1, but no difference in DMI on d 6. Metabolizable energy intake and digestibility of DM, CP, FA and organic matter (OM) was not different among the treatments (P > 0.15; Table 3). The addition of dietary fat decreased (P < 0.05) and there was a trend for GLP-1 infusion to increase (P < 0.10) NDF digestibility compared with control fed wethers. Feeding fat or GLP-1 infusion did not

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change plasma concentrations of insulin and glucose (P > 0.30; Table 4) compared with the control wethers. Compared with control wethers, plasma GLP-1 and NEFA concentrations increased due to additional dietary fat (P < 0.05), but were not affected (P > 0.10) by GLP-1 infusion. Hypothalamic mRNA concentrations of NPY, AgRP and POMC were not affected by treatments (P > 0.25; Table 5).

188 DISCUSSION

In the present study there was no overall effect of treatments on DMI, although similar amounts of fat or GLP-1 infusion tended to decrease DMI in sheep in previous studies (Reynolds et al., 2006; Relling et al., 2010; Relling et al., 2011). As observed in the present study, the inclusion of 6 % fat in the diet numerically decreased NDF digestibility in sheep (Relling et al., 2011). Harvatine and Allen (2006) reported that the inclusion of fat in the diet decreased ruminal digestibility, but not total tract digestibility of NDF. A possible reason for the decrease in NDF digestibility observed in the present experiment could be due to an increased rate of passage, as observed in sheep fed a similar fat supplemented diet (Relling et al., 2011); however, rate of passage was not measured in the current experiment. The infusion of GLP-1 tended to increase NDF digestibility compared with control-fed wethers. Our assumption was that an increase in NDF digestibility with GLP-1 infusion would be due to a decrease in gut motility and increased retention time of nutrients in the rumen and/or hindgut, allowing more time for NDF fermentation by gut microbes. Results of the present study could be explained by an increase in digesta retention time, but in a previous study (Relling et al., 2011) GLP-1 infusion at the same rate had no effect on rate of passage or NDF digestibility. In addition, the effect of fat on NDF digestibility observed in the present study was opposite to the effect of GLP-1 infusion, but feeding fat increased plasma concentration of GLP-1. These observations suggest that the effects of fat on NDF digestibility were not due to the increase in GLP-1 concentration observed.

Feeding fat increased plasma GLP-1 concentration, but the infusion of GLP-1 did not change plasma GLP-1 concentration compared with control-fed wethers. The lack of response of plasma GLP-1 concentration to GLP-1 infusion could be due to a decrease in endogenous secretion into blood, an increased clearance rate, or both. This lack of response of plasma GLP-1 concentration was unexpected and may in part explain the lack of effects of GLP-1 infusion on DMI. However, this does not explain the observed increase in NDF digestibility during GLP-1 infusion. As has been observed previously, feeding supplemental fat increased plasma NEFA concentration (Gagliostro and Chilliard, 1991; Relling and Reynolds, 2007), perhaps due to a higher plasma concentration of lipoproteins (Gagliostro and Chilliard, 1991).

In the present study, there were no differences in hypothalamic mRNA concentrations for the neuropeptides NPY, AgRP and POMC due to feeding fat or GLP-1 infusion. It is been observed that feeding the same amount of supplemental fat increases NPY and AgRP (Relling et al., 2011) in growing wethers. The reason for the lack of response of mRNA concentrations for hypothalamic neuropeptides to supplemental fat in the present experiment is not certain. In the case of the GLP-1 infusion treatment, it may have been due to the inability to achieve a sustained increase in plasma concentrations with the dose infused. However, the lack of response on hypothalamic neuropeptide mRNA concentration is also reflected by the lack of differences on DMI observed on day 6

In conclusion, a 7 day intravenous infusion of GLP-1 did not decrease DMI or affect hypothalamic neuropeptide mRNA concentrations in growing lambs, however, elevated plasma concentration of GLP-1 was not achieved. These results suggest that the reduced DMI often

observed	in	ruminants	fed	supplemental	fat	is	not	attributable	solely	to	increased	plasma
concentra	tior	ns of GLP-1	•									

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Table 1Formulation and chemical composition of the control diet and fat supplemented diets

	Diet (% of DM)				
	Control and				
Item	GLP-1 <sup>z</sup>	Fat			
Ingredients					
Alfalfa meal, 17% CP	20.00	20.00			
Soy hulls	20.00	20.00			
Ground corn	48.59	43.90			
Ca salts of palm oil <sup>y</sup>	<b>1</b>	6.00			
Soybean meal, 48% CP	8.00	8.09			
Urea	0.50	0.60			
Limestone	1.50				
Monosodium phosphate	0.05	0.05			
Trace mineral salts	0.50	0.50			
Vitamin A (30,000 IU/g)	0.01	0.01			
Vitamin D (3,000 IU/g)	0.01	0.01			
Vitamin E (44 IU/g)	0.05	0.05			
Selenium (200 mg/g)	0.09	0.09			
Animal-vegetable fat	0.30	0.30			
Ammonium chloride	0.40	0.40			

# Chemical composition

NDF	28.01	24.68	
СР	14.96	15.75	
Ash	5.92	5.16	
Total fatty acids	2.88	7.25	

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299 YMegalac®, Church and Dwight Co., Inc., Princeton, NJ.

<sup>&</sup>lt;sup>z</sup> Intravenous GLP-1infused

Table 2. Primer sequences used for the reverse transcriptase quantitative PCR

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	Forward	Reverse
Item	Sequence, 5' to 3'	Sequence, 5' to 3'
NPY <sup>z</sup>	tcagcgctgcgacactacat	gcagagactggagagcaagt
$AgRP^{z}$	cctgaggaagccttattcct	caggattcatgcagccttac
POMC <sup>z</sup>	agtgtcaggacctcaccacg	gctgctgctaccattccga

<sup>z</sup> NPY = Neuropeptide Y; AgRP = Aguti-related peptide; POMC = Proopiomelanocortin.

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Table 3 Dry matter intake (DMI), metabolizable energy intake (MEI) and digestibility of diet components in growing wethers fed a control diet, the control diet plus 6 % Ca salts of palm oil (6% Fat), or infused intravenously with 0.155  $\mu$ g/kg BW/day of GLP-1.

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		Treatments			
Item	Control	6% Fat	GLP-1	S.E.	P
Lambs per treatment	11	12	11		
DMI (kg/d)	1.33	1.29	1.35	0.07	0.83
MEI (Mcal/d)	3.44	3.73	3.58	0.19	0.68
Digestibility (%)					
Dry matter	69.51	69.26	71.51	0.96	0.21
Organic matter	53.34	50.79	49.74	1.45	0.22
Neutral detergent fiber	48.38	40.31*	52.39 <sup>†</sup>	1.64	0.01
Crude protein	65.44	67.76	67.30	1.00	0.24
Fatty acids	82.09	85.70	80.02	2.00	0.17

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\* Differs from control, P < 0.05.

<sup>†</sup> Differs from control, P < 0.10.

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Table 4 Plasma hormone and metabolite concentration in growing wethers fed a control diet, the control diet plus 6 % Ca salts of palm oil (6% Fat), or infused intravenously with 0.155  $\mu$ g/kg BW/day of GLP-1.

Item	Control	6% Fat	GLP-1	S.E.	P
Insulin (pM)	312	270	270	23	0.34
$GLP-1^{z}(pM)$	23	34*	25	2	0.01
Glucose (mM)	3.63	3.55	3.57	0.09	0.73
$NEFA^{z}$ (mM)	49.54	77.54*	58.58	8.81	0.08

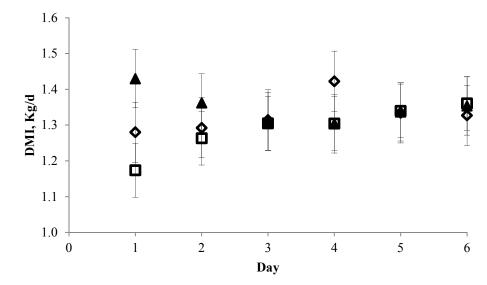
\* Differs from control, P < 0.05.

<sup>&</sup>lt;sup>z</sup> GLP-1= glucagon-like peptide-1 (7-36) amide; NEFA= non esterified fatty acid.

Table 5 Hypothalamic concentrations of mRNA in growing wethers fed a control diet, the control diet plus 6 % Ca salts of palm oil (6% Fat), or infused intravenously with 0.155  $\mu$ g/kg BW/day of GLP-1.

Item <sup>z</sup>	Control	6% Fat	GLP-1	S.E.	P
NPY	0.786	0.216	0.137	0.33	0.37
AgRP	0.200	0.0314	0.0458	0.09	0.40
POMC	0.311	0.168	0.0843	0.09	0.25

<sup>z</sup> Concentrations of mRNA (relative to cyclophilin B) for neuropeptide Y (NPY), agouti related peptide (AgRP), and proopiomelanocortin (POMC).



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350 Figure 1

Dry matter intake (DMI) over 6 days in wethers fed a diet without supplemental fat ( $\Diamond$ ) a diet with the addition of 6 % Ca salts of palm oil ( $\Box$ ) or the control diet and infused with 0.155 µg/kg BW/day of GLP-1 (7-36) amide ( $\blacktriangle$ ). Time by treatment interaction (P < 0.05).