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Hepatitis B surface antibodies seroprevalence among people born before and after implementation of universal HBV vaccination

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ABSTRACT

Universal vaccination is the most effective strategy to control hepatitis B virus (HBV) infection. In Argentina, vaccination against HBV was incorporated in year 2000 for newborns and in 2003 for 11 years old children. However, there is a paucity of data about protection levels against HBV infection. The aim of this work was to determine the prevalence of seroprotective anti-HBs antibodies (aHBs) in Argentina. Serum samples negative for HBsAg and anti-HBc from 132 children born after year 2000 and 762 blood donors, older than 18 years, from five centers across the country, were analyzed for aHBs. Titers $\geq 10 \text{ mIU/mL}$ were observed in 74/132 children (56.1%) and 336/762 (44.1%) in blood donors. The median age for blood donors was 33.9 (23–43); from them, 210 (27.6%) were born after 1992 and, therefore, were catch-up by vaccine implementation at 11 years old age. Donors born in 1992 or before showed a significantly lower frequency of protection (32.2%) compared to donors born after 1992 (75.2%), p < 0.0001. In addition, significant differences were observed in the status of seroprotection between different participating centers (p = 0.024).Implementation of HBV vaccine in 2000 and 2003 implied an overall increase of the aHBs seroprotective rates, with a particularly adequate response in children vaccinated at 11 years old age. The observed results suggest that population born in 1992 or before is currently the most susceptible. Consequently, it would be advisable to become aware of the risk of transmission in this age group and to stress this population vaccination campaigns.

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1. Introduction

Hepatitis B virus (HBV) infection and HBV-related complications remain as a major global public health problem [1]. Approximately 260 million people are chronically infected and almost 1 million deaths occur yearly, most of them from complications including cirrhosis and hepatocellular carcinoma [2].

In Argentina, the estimated prevalence of HBV infection in blood donors is 1-2% with an uneven distribution in different regions around the country [3]; the infection rate in patients aged 15–24 years old is 1.14 per 100,000 [4]. In addition, prenuptial studies carried out in four Argentine urban conglomerates during 2013 and 2014 showed an HB-sAg prevalence of 0.26% [5].

Although Argentina is considered a low prevalence country, chronic HBV infection has been the leading cause of fulminant hepatitis and the third cause of liver transplantation in the 2005–2011 period [6,7]. Moreover, a latest study reported an unexpected high frequency of recent infections in the blood donor population [8]. Thus, despite treat-

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ment and prevention great progresses, HBV infection is still a main health problem both globally and regionally.

HBV vaccine was introduced in the early 80s and the global coverage with the complete scheme of doses is currently estimated to be higher than 80% [2,9]. In Argentina, vaccination was sequentially implemented: initially, in 1992, for health working personnel and recommended for groups with risk behaviors (National Law No. 24.151); then, in 2000, in the National Vaccination Calendar for newborns (Res. 940/ 00); and later, in 2003, for 11-year-old children (Res. 175/03). Although through these interventions HBV infection rates decreased among children, the incidence of viral infection did not declined significantly in the adolescent and adult population [10]. For this reason, in 2012, the hepatitis B vaccine was incorporated for adults in Argentina. Consequently, children born after 2000 have been covered by the newborn mandatory vaccination and those born between 1992 and 2000 received the vaccine when they reached the age of 11 years old. According to World Health Organization (WHO) estimates, the Argentine vaccine coverage should be higher than 80% for people born after 1992 [2]. Regardless of these estimates, there is a paucity of accurate data concerning the protection state for HBV in the Argentine population. Moreover, according to data from the Argentine Ministry of Health, incidence of HBV in children has decreased in the last decade probably due to universal immunization campaigns. However, most cases of HBV infection come from people older than 35 years old [11], age group that is in coincidence with persons not reached at the beginning of the mandatory vaccine period. Additionally, the Argentine average age of acute HBV infections is 44 years old, also in coincidence with the age group not reached by the vaccine incorporation to the calendar [12]. Therefore, at present, people born before year 1992 seems to be the main vulnerable population to HBV infection in the country. However, there is no data regarding immunoprotection for HBV in individuals born after year 1992, and none local study has addressed this issue until now.

For this reason, the aim of this work was to determine and compare the level of immune protection against HBV in population from different regions from Argentina, born before and after the incorporation of universal HBV vaccination.

2. Materials and methods

2.1. Study population

Serum samples negative for anti-HBc and HBsAg from 894 individuals were included in this study. On the one hand, 132 samples from under 18 children reached by the 2000 vaccine implementation, who attended a Hospital in Buenos Aires, were retrospectively collected from June 2013 until December 2018. On the other hand, 762 samples from individuals who attended five blood donor centers located in the North, South, Central, East and West regions from Argentina were prospectively collected from February 2019 until May 2019.

This sample group included 210 individuals born after 1992 and reached by the 11-year-old children vaccine implementation in 2003, and 552 individuals born in 1992 or before, not reached by the vaccine implementation. Blood donors who were health workers were excluded from the study sample. All participants signed an informed consent.

2.2. Laboratory determinations

Sera were separated and frozen at -20 °C until testing. HBV serological markers aHBc, aHBs and HBsAg were analyzed with Architect Abbott system; Abbott Diagnostics, Wiesbaden, Germany. All tests were carried out following the manufacturer's instructions.

2.3. Statistical analysis

Frequencies were compared using the chi-square test or the Fisher's test. The Student's *t*-test and the Mann-Whitney U were used for comparing continuous variables. In order to identify predictors of seroprotective status in the analyzed population, a logistic regression analysis adjusted for age and sex was performed. Factors associated to seroprotective status in the bivariate analysis with a p value ≤ 0.2 were entered as covariates. The statistical analysis was carried out using the SPSS statistical software package release 19.0 (IBM SPSS Inc., Chicago, IL, USA).

3. Results

3.1. Population characteristics

One hundred thirty-two children born after 2000 and negative for anti-HBc and HBsAg were included in the study, 69 (52.3%) were female and the median age (Q1–Q3) was 10 (5–15) years.

Moreover, samples from 762 blood donors negative for anti-HBc and HBsAg were analyzed. Their median (Q1–Q3) age was 34 (27–43) years old and 305 (40.0%) were female. Women were one year older than men were [34 (27–43) vs. 33 (27–43), respectively p = 0.016]. Table 1 summarizes the study population characteristics by age group.

3.2. aHBs status

From 132 children, 74 (56.1%) have aHBs titers $\geq 10 \text{ mIU/mL}$. There were no significant differences in the rate of seroprotection by gender [37 (53.6%) for female and 37 (58.7%) for male, p = 0.555]. Interestingly, aHBs coverage rate in 1 to 5 years old children (87.5%) was significantly higher compared to those between 6 and 17 years old (46.0%) (p < 0.001).

As regards blood donors, 336 (44.1%) showed seroprotective titers. Rates were significantly higher in women than in men (50.8% vs. 39.6%, respectively p = 0.003).

Table 1

Blood donors characteristics by age group (N = 894).

Age group	Children (born before 2000)	Blood donors (born before 1992)	Blood donors (born after 1992)	P ^a
Ν	132	552	210	
Age Median (IQR)	10 (5–15)	38 (32–46)	24 (21–26)	-
By gender				
Female	69 (52.3)	214 (38.8)	91 (43.3)	
Male	63 (47.7)	338 (61.2)	119 (56.7)	0.250
By region				
East (%)	na	124 (77.5)	36 (22.5)	
Center (%)	na	107 (71.8)	42 (28.2)	
North (%)	na	91 (61.5)	57 (38.5)	
West (%)	na	109 (72.7)	41 (27.3)	
South (%)	na	121 (78.1)	34 (21.9)	0.009

na: Not applicable

a. Comparison of blood donors born before or after 1992.

3.3. Association between year of birth and aHBs status in blood donors

There was a significant bias in aHBs protective prevalence according to whether blood donors were reached or not by the implementation of the vaccine in the national schedule. In individuals born after 1992 (reached by the 2003 vaccination program), aHBs seroprotection rates were significantly higher than in individuals born in1992 or before (75.2% vs. 32.2%, respectively p < 0.0001) (Table 2). When the studied population was separated by gender, there were no significant differences in seroprotection frequencies between men and women born after 1992 [86 (72.3%) vs. 72 (79.1%), respectively p = 0.254]. However, significant differences were found between men and women born in 1992 or before [95 (28.1%) vs. 83 (38.8%), respectively p = 0.009].

In addition, there were significant differences in aHBs $\geq 10 \text{ mIU/mL}$ rates between children and adults born in 1992 or before (56.1% vs. 32.2%, p < 0.001, respectively) as well as among children reached by vaccination since year 2000, and adults born after 1992 reached by the vaccine implementation since 2003 (56.1% vs. 75.2%, p < 0.001, respectively).

In a multivariate analysis adjusted by gender, year of birth and country region, women and people born after 1992 showed higher seroprotection frequencies [OR 1.68 (1.21–2.32) p = 0.002 and 6.55 (4.53–9.49) p < 0.0001, respectively]. In addition, the East and Central regions showed lower seroprotective levels than the South region. Results of the univariate and multivariate analyses are shown in Table 3.

4. Discussion

WHO has stated different goals that should contribute to eliminate hepatitis B as a public health threat. The main objective includes the universal vaccination, which is the most effective strategy to achieve a decrease in HBV transmission.

Two strategies allow to supervising the effectiveness of vaccination plans: on the one hand, the estimation of vaccination coverage

Table 2 Protective levels of aHBs (\geq 10 mIU/ml) by age group (N = 894).

Age group	Children (born before 2000)	Blood donors (born before 1992)	Blood donors (born after 1992)	P ^a
Ν	132	552	210	
aHBs	74 (56.1)	178 (32.2)	158 (75.2)	< 0.001
titer				
≥ 10				
mIU/ml				
(%)				
By Gender				
Female	37 (53.6)	83 (38.8)	72 (79.1)	< 0.001
(%)				
Male	37 (58.7)	95 (28.1)	86 (72.3)	< 0.001
(%) Put region				
By region East (%)	па	39 (31.5)	23 (63.9)	< 0.001
Center	na	21 (19.6)	33 (78.6)	< 0.001
(%)	114	21 (19.0)	33 (70.0)	< 0.001
North	na	30 (33.0)	48 (84.2)	< 0.001
(%)				
West	na	39 (35.8)	28 (68.3)	< 0.001
(%)				
South	na	49 (40.5)	26 (76.5)	< 0.001
(%)				

na: Not applicable.

a. Comparison of blood donors born before or after 1992.

Table 3

Univariate and multivariate analysis to assess the parameters associated to a HBs \geq 10mIU/ mL in the donor population (N $\,=\,$ 762).

Parameter	N (%)	aHBs ≥ 10, n (%)	p uni- variate	AOR (95% CI)	p multi- variate		
Gender							
Female	305 (40)	155 (50.8)	0.003	1.68 (1.21–2.32)	0.002		
Male	457 (60)	181 (39.6)		1			
Year of birth							
After1992	210 (27.6)	158 (75.2)	< 0.001	6.55 (4.53–9.49)	< 0.001		
1992 or	552	178 (32.3)		1			
before	(72.4)						
Region							
East	160 (21)	62 (38.7)	0.024	0.59 (037–0.97)	0.037		
Central	149 (19.6)	54 (36.2)		0.45 (0.27–0.74)	0.002		
North	148 (19.4)	78 (52.7)		0.83 (0.50–1.36)	0.459		
West	150 (19.7)	67 (44.6)		0.68 (0.41–1.11)	0.124		
South	155 (20.3)	75 (48.4)		1	0.001		

AOR: adjusted odds ratio; CI: confidence interval.

rate and, on the other hand, the advisable evaluation of population aHBs prevalence. This approach would permit to identify vaccination campaigns achievements and limitations as well as to recognize the drawbacks in order to focus the resources destination according to needs.

To our knowledge, this is the first study estimating the seroprotection rates against HBV infection, through aHBs titers, in a representative size cohort from Argentina. Overall the seroprotection levels were lower than the expected ones [2], being suitable for the population born between years 1992 and 2000, intermediate for the population reached by universal newborn vaccination since year 2000, and scarce for people born before 1992. Routine childhood immunization against hepatitis B, according to WHO, has increased globally with an estimated complete scheme coverage of 84% in 2017 [2]. Individuals reached by the implementation of the vaccine, either at birth (born after 2000) or catch-up at 11 years old (born after 1992), showed an increase in the rate of protective titers, in line with the coverage rate of the vaccine against HBV estimated by the Argentine Ministry of Health and WHO [2,9].

The lower frequency of protective titers of aHBs in children vaccinated at birth compared to those vaccinated at the 11 years old age may be a consequence, as previously described, to a rapid decrease of antibody levels observed in the former group [13–17]. In fact, children between 1 and 5 years old, more recently vaccinated, have shown significant higher coverage rates than those aged 6–17 years old. Likewise, children born after the year 2000, vaccinated at birth, have shown a higher frequency (24.2%) of low antibody levels (1–9.99 mIU/mL), compared to those vaccinated at the age of 11 years old (9.8%).

Other reasons, in addition to age at the time of vaccination, whereby children vaccinated at born showed titers between 1 and 9.99 mIU/mL could be an incomplete vaccination schedule or the application of a pentavalent vaccine formulation, which may induce low and uneven aHBs titers [18].

The decrease in anti-HBs antibodies over time below the seroprotection threshold is a controversial issue. Several studies have shown that individuals with aHBs levels between 1 and 9.99 mIU/mL quickly recover seroprotective aHBs levels after receiving a booster [19–22], due to immune memory [23,24]. In this context, the available bibliography widely reports that individuals with aHBs levels between 1 and 9.99 mIU/mL mostly generate an adequate anamnestic response and, therefore, are considered protected against HBV infection [25–27]. Consequently, the WHO does not recommend booster vaccination in successfully immunized individuals [2,28].

Although the donor cohort born after 1992 showed no differences in the seroprotection rate due to gender or geographic region, in donors born in 1992 or before, seroprotection rate was significantly lower in the central region and in men. Levels of vaccine coverage variation among regions, in the cohort born in 1992 or before, may be due to demographic differences as well as to the strength of campaigns and public awareness. Differences in coverage rates according to gender could be the consequence of a greater awareness of the female population as they have a closer medical control, especially in fertile age.

The low rates of protective aHBs detected in people born in 1992 or before highlight the limited success for the initiative of adult vaccination promoted in year 2012 to strengthen the control and elimination of HBV in Argentina. This pitfall is in line with the high frequency of HBV recent infections observed in blood donor population, and the average age of persons diagnosed with acute HBV infections [8,12].

5. Conclusion

The implementation of the HBV vaccine in the Argentine national calendar meant a significant increase in the population's seroprotection rate, which shows the effectiveness of universal vaccination, either at birth or in adolescence.

In 2016, World Health Assembly has adopted the Global Health Sector Strategy on viral hepatitis to eliminate hepatitis by 2030 [29]. The low rate of protective aHBs titers of individuals born in 1992 or before observed in this study, highlight the necessity to emphasize health measures pointed to this cohort, in order to achieve the desired control of HBV transmission. Finally, these study findings contribute to the national public health system planning and are useful to control and evaluate the effectiveness of vaccination plans and campaigns, as well as to guide future HBV immunization programs in our country.

Contributors and authorship

FAD, DMF: Conceptualization, Data curation, Formal analysis, Funding acquisition, Investigation, Metodology, Supervision, Validation, Writing - original draft, Writing - review & editing. JB, AA, SB, FV, RR, CG, SB, SG, RF, APM: Data curation, Formal analysis, Methodology, Validation and Writing - original draft.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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Ethical approval and informed consent

The study protocol was approved by the ethics committee from "Facultad de Farmacia y Bioquímica, Universidad de Buenos Aires" (record number 02032015-2/2015) in accordance with the 1975 Helsinki Declaration. Written informed consents to participate in this study were obtained from all individuals.

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