

## REVIEW ARTICLE

# The role of heparan sulfates in protein aggregation and their potential impact on neurodegeneration

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Neurodegenerative disorders, such as Alzheimer's, Parkinson's, and prion diseases, are directly linked to the formation and accumulation of protein aggregates in the brain. These aggregates, principally made of proteins or peptides that clamp together after acquisition of  $\beta$ -folded structures, also contain heparan sulfates. Several lines of evidence suggest that heparan sulfates centrally participate in the protein aggregation process. *In vitro*, they trigger misfolding, oligomerization, and fibrillation of amyloidogenic proteins, such as A $\beta$ , tau,  $\alpha$ -synuclein, prion protein, etc. They participate in the stabilization of protein aggregates, protect them from proteolysis, and act as cell-surface receptors for the cellular uptake of proteopathic seeds during their spreading. This review focuses attention on the importance of heparan sulfates in protein aggregation in brain disorders including Alzheimer's, Parkinson's, and prion diseases. The presence of these sulfated polysaccharides in protein inclusions *in vivo* and their capacity to trigger protein aggregation *in vitro* strongly suggest that they might play critical roles in the neurodegenerative process. Further advances in glyco-neurobiology will improve our understanding of the molecular and cellular mechanisms leading to protein aggregation and neurodegeneration.

**Keywords:** Alzheimer's disease; heparan sulfates; neurodegeneration; Parkinson's disease; prion diseases; protein aggregation

Protein aggregates deposition is a characteristic hallmark of several diseases known as protein misfolding diseases, amyloidosis, or 'proteinopathies' [1]. In these diseases, proteins acquire an abnormal  $\beta$ -sheet folded conformation, which induces a self-assembly that confers to the aggregated protein a strong resistance to proteolysis, to denaturation, and to the general mechanisms of protein processing that operate in the cells [2]. This results in the protein deposition in form of

filaments called amyloids, characteristic of proteinopathies. Proteinopathies include several systemic and neurodegenerative diseases, including Alzheimer's disease, Parkinson's disease, prion diseases, and others (Table 1). Although the exact mechanisms that lead to the *in vivo* protein misfolding and aggregation have not yet been completely elucidated, it is well-established that the deposited proteins are specific of the disease in where they accumulate. For instance, the

## Abbreviations

CS, chondroitin sulfates; GAGs, glycosaminoglycans; GAPDH, glyceraldehyde 3-phosphate dehydrogenase; GlcA, glucuronic acid; HBP, heparin binding proteins; HS, heparan sulfates; HSPG, HS proteoglycans; HSSTs, HS sulfotransferases; IdoA, iduronic acid; KS, keratan sulfate; MAPT, microtubule associated protein tau; PAPS, 3'-phosphate 5'-phosphosulfate; SAA, serum amyloid A; STs, sulfotransferases; TSE, transmissible spongiform encephalopathies.

**Table 1.** Diseases characterized by the accumulation of protein aggregates and the respective amyloidogenic proteins involved, their precursors, and the location of their protein deposits.

| Protein precursor                            | Aggregated protein | Disease/syndrome   | Location  | References       |
|--|--------------------|--|---|------------------|
| Amyloid precursor protein (APP) and variants | A $\beta$          | Alzheimer disease, cerebral amyloid angiopathy (CAA) or congophilic angiopathy   | Brain   | [43,90,91]       |
| Tau protein                                  | Tau                | Alzheimer's disease, frontotemporal dementia, Pick's disease, progressive supranuclear palsy (PSP), Corticobasal degeneration (CBD)          | Brain   | [6,47,91,92]     |
| $\alpha$ -synuclein                          | $\alpha$ -Syn      | Parkinson's disease (PD), dementia with Lewy bodies (DLB), Alzheimer's disease with Lewy bodies variant (LBVAD), multisystemic atrophy (MSA) | Brain   | [73,74,78,93]    |
| Prion protein (PrP) and variants             | PrP <sup>Sc</sup>  | Creutzfeldt-Jakob disease (CJD) Gerstmann-Straussler-Scheinker syndrome (GSS), Insomnia family lethal (FFI), Kuru                            | Brain   | [36,81,86,87,94] |
| Huntingtin                                   | HTT                | Huntington's disease   | Brain   | [95]             |
| Superoxide dismutase and others              | SOD1               | Amyotrophic lateral sclerosis (ALS)  | Brain, spinal cord  | [96]             |
| Ataxin-1                                     | Atxn-1             | Spinocerebellar ataxia (SCA)   | Brain, spinal cord  | [97]             |
| Atrophin-1 (DRPLA protein)                   | Atn-1              | Dentatorubral-pallidoluysian atrophy (DRPLA)   | Brain   | [98]             |
| Cystatin C                                   | Cys                | Hereditary cerebral amyloid angiopathy (HCCAA)   | Brain   | [99]             |
| BriPP/DanPP                                  | ABri/ADan          | Familial British dementia and familial Danish dementia   | Brain   | [100]            |
| Prolactin                                    | Pro                | Prolactinomas of the pituitary gland   | Pituitary gland   | [101]            |
| Androgen receptor protein (AR)               | AR                 | Bulbo spinal amyotrophy (BSMA) or Kennedy disease  | Brain, scrotal sac, dermis, kidney, heart, testicles, prostate, spinal cord | [102]            |
| Apolipoprotein A-I                           | ApoA1              | Systemic hereditary amyloidosis  | Peripheral nervous system, heart, liver, kidney, testis, larynges, skin     | [103]            |
| Apolipoprotein A-IV                          | ApoAIV             | Systemic secondary amyloidosis associated with inflammation  | Systemic, kidney  | [104]            |
| Transthyretin variants                       | TTR                | Familial amyloidotic polyneuropathy type I   | Peripheral and autonomic nervous system, heart, eyes                        | [105]            |

$\beta$ -amyloid peptide (A $\beta$ ) and the abnormally phosphorylated protein tau (P-tau) are deposited in Alzheimer's disease,  $\alpha$ -synuclein in Parkinson's disease, and prion protein in an abnormal conformation (known as PrP<sup>Sc</sup>) in prion diseases [3]. The lack of therapeutic solutions for the efficient treatment of these and other proteinopathies has led the biomedical research community to concentrate efforts on the exploration of the fine mechanisms priming and/or triggering protein aggregation in these pathologies.

Depending on the cell location of the protein building blocks, protein aggregates are formed either intra- or extracellularly [4,5]. Interestingly, this intra- or extracellular location also determines the probability

of the building block interactions with aggregation-promoting macromolecules, such as arachidonic acid, RNA, or sulfated glycosaminoglycans [6–9]. Among glycosaminoglycans, heparan sulfates (HS) are of great interest due to their occurrence in most, if not all, intra- and extracellular protein aggregates that accumulate in neurodegenerative diseases, including those made of A $\beta$ , tau, and  $\alpha$ -synuclein [10,11]. Depending on their structures, HS can differentially interact with the soluble proteins, priming their initial misfolding into insoluble  $\beta$ -folded fibrils, and/or prompting their aggregation. This review presents an analysis of the literature focusing on the importance of HS, and HS structures, as possible key elements in the

physiopathologic mechanisms leading to protein misfolding and aggregation, particularly in Alzheimer's, Parkinson's, and prion diseases.

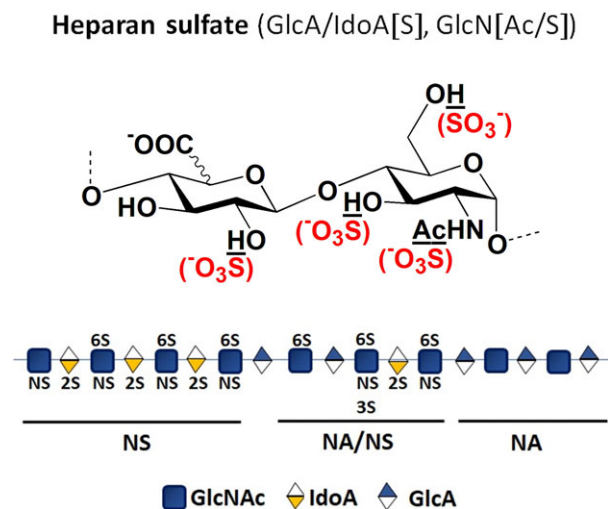
## Heparan sulfates

### Heparan sulfates and their great structural diversity

Heparan sulfates are linear polysaccharides belonging to the family of sulfated glycosaminoglycans (GAGs), which also includes chondroitin sulfates (CS) and keratan sulfate (KS) [12]. HS are the glycanic constituents of HS proteoglycans (HSPG), classically represented by the cell membrane-associated syndecans and glypicans, and by the secreted perlecan. Structurally, a HS chain is presented as the repetition of a disaccharide building block (Fig. 1), formed by an uronic acid, either glucuronic acid (GlcA) or iduronic acid (IdoA), and a glucosamine (GlcN). This disaccharide can carry sulfate groups at several of their hydroxyl groups, providing a variety of disaccharide sequences, which structures are finely dependent on the expression of the enzymes involved in the HS biosynthetic machinery. This machinery involves several glycosyl transferases (EXTs and EXTLs), several sulfotransferases (STs), and one epimerase [13]. While EXTs and EXTLs will determine the length of the forming HS chain, STs will integrate sulfate groups into the elongating sugar

chain, giving high structural complexity to HS. In humans, STs include HS *N*-deacetyl sulfotransferases (NDST1-4) and HS sulfotransferases (HSSTs). Depending on the sugar position in which the sulfate group is transferred from the adenosine 3'-phosphate 5'-phosphosulfate (PAPS) sulfate donor. HSSTs are regrouped in HS2ST1, HS3STs (HS3ST1, 2, 3A1, 3B1, 4, 5, and 6), and HS6STs (HS6ST1, 2varL, 2varS, 3). Thus, during the biosynthetic process, placement of sulfate groups on the elongating HS chain gives place to the formation of differently sulfated clusters among each single chain: NA domains stands for unsulfated sequences, NS domains for highly sulfated sequences, and NA/NS domains for sequences carrying intermediary levels of sulfation (Fig. 1). Among this, epimerase will additionally provoke an inversion of configuration at the carbon 5 (C5) of some GlcA units that will be converted into IdoA by the enzyme action. This will importantly affect the HS chain structure since the  $\beta$  1–4 glycosidic linkage between GlcA and GlcN will become  $\alpha$  in the IdoA containing disaccharides, concomitantly affecting recognition by heparinase, the enzyme that cleaves 1–4 glycosidic linkages during HS catabolism. Moreover, these stereochemical changes in uronic acids along the HS chain will strongly affect the polysaccharide flexibility, probably affecting the strength of interactions with amyloidogenic proteins. After biosynthesis, HSPGs are typically transported to the outer cell membrane or secreted into the ECM, where they exert their known biological functions, and where HS chains can be cleaved by heparanase, and/or 6-*O*-desulfated by HS 6-*O*-sulfatases (Sulf). Endocytosis afterward drives the HSPG to the lysosome pathway for degradation.

Thus, depending on the expression of the HS metabolic machinery in each particular cell type or tissue, HS chains can carry different sulfate signatures (Fig. 1), which can vary as a consequence of aging, tissue injury or disease [14–16]. Accordingly, HS can interact with a large number of proteins or peptides, known under the generic name of heparin binding proteins (HBP) [13,17,18]. HBP include growth factors, cytokines, and most, if not all, proteins able to form amyloids, such as the A $\beta$  peptide, tau,  $\alpha$ -synuclein, huntingtin, superoxide dismutase, prion protein, etc. It has largely been reported that by interacting with growth factors and cytokines at the cell surface, HS participate to modulation of cell signaling [12,19], and that in the ECM, HS protect HBP proteins from proteolytic degradation, increasing their bioavailability [20,21]. By analogy, HS can interact with amyloidogenic proteins, increasing their bioavailability, but also by prompting their aggregation. The importance of the



**Fig. 1.** Schematic representation of a heparan sulfate (HS) chain. The different HS domains are represented: NA (unsulfated domains), NA/NS (mixed *N*-sulfated and *N*-acetylated domains) and NS (rich *N*- and *O*-sulfated domains). The structure of a disaccharide characteristic of HS is represented to note the framed groups susceptible to carry sulfate groups.

HS biosynthetic machinery in the protein aggregation process has been suggested by the inhibition of amyloid deposition, which resulted from the inhibition of HS biosynthesis in cellular and animal models of neurodegeneration [22,23].

## Protein aggregation

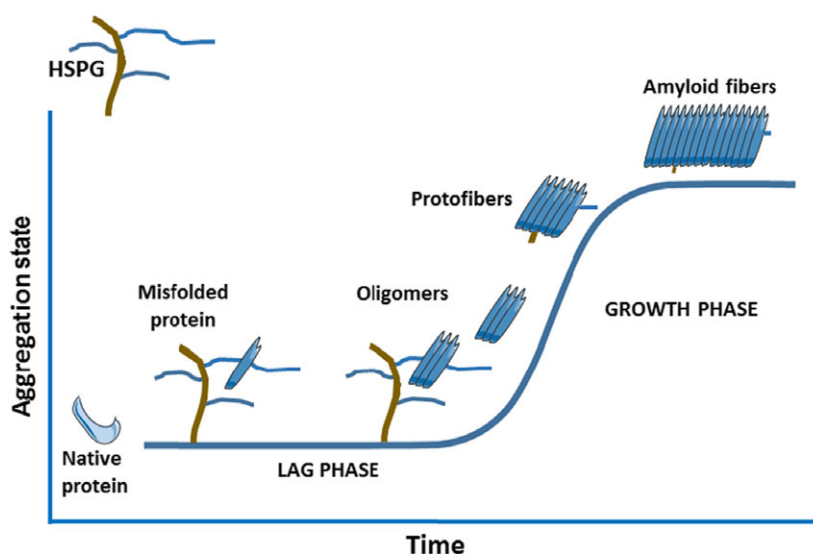
### Amyloidosis

Protein aggregation is a process in which misfolded proteins clump together to form well-structured fibrils that form filaments, known as amyloids. Accumulation of amyloids in the brain tissue correlates with a wide variety of neurodegenerative disease including Alzheimer's disease, Parkinson's disease, Huntington disease, prion disease, and others [3,4,11]. Although all amyloids show considerable diversity in their constitutive protein sequences, they all share common characteristics [2]. The amyloids extracted from pathologic tissues are typically composed of fibrils assembled from two or three unbranched filaments (protofilaments) twisted around each other. These filaments are rich in  $\beta$ -sheet structures that form cross- $\beta$  fibrils in which individual filaments are organized perpendicular to the long axis of the fibrils [2,24]. In solution, fibril formation generally occurs in a two-phase process (Fig. 2). The first phase is a nucleation phase, also called the lag phase. The second phase, in which the fibril is formed, is known as the polymerization or extension phase (growth phase). During the lag phase, a slow and reversible association of monomers forms nuclei structures. This process is thermodynamically unfavorable and constitutes the limiting step determining the speed of the fibrillation process. Once a nucleus has been formed, addition of monomers to the nucleus becomes thermodynamically favored, resulting in a rapid extension and formation of the amyloid fibers [25]. In this nucleated conversion model, the spherical oligomeric particles slowly become protofibrils by mediating a transition of the native protein or peptide into a  $\beta$ -sheet conformation [26]. This mechanism is at the basis of most known models of amyloid formation and has been proposed for several human amyloidogenic proteins and peptides [27,28]. Another proposed mechanism for the formation of amyloid fibrils involves a monomer-directed conversion in which the transition from a protein native state to a prefibrillar state directly influences other native monomers to undergo the same transition; this results in the formation of an intermediate fibrillar structure that can then grow to form fibrils [29]. Here, the trajectory of the formation of the fibrils begins with a prefibrillar

kinetic precursor, represented by protofibrils or by their intermediate soluble oligomers [30]. Recently, the interest in the prefibrillar intermediates has grown, since they have been associated to a cytotoxicity higher than that of the mature filaments [31]. This has also led to the idea that the molecular bases of amyloid pathologies are centrally related to the formation and activity of prefibrillar protein aggregates. However, the specific mechanisms by which these species are generated *in vivo* and how they exert their toxic effects are not yet fully understood. Numerous studies suggest that HS participate to the different phases of amyloids formation, or that they are involved in alternative fibril growth pathways proposed to compete in the different stages of the protein aggregation process [10,11,19,20,32].

### Heparan sulfates and protein aggregation

Several studies have shown that the kinetics of protein aggregation is catalysed, accelerated, or potentiated, by polyanionic molecules, including GAGs, particularly HS and heparin [19,32]. Heparin, the prototype of highly sulfated sequences in HS, has shown to stabilize the aggregated state of acyl phosphatase, a classic model for the study of amyloidosis [33]. Similarly, HS highly promoted the capacity of production of amyloids by the serum amyloid A (SAA) protein [34]. Indeed, several studies have shown that HS can be involved in the protein aggregation process by favoring a faster unfolding and induction of a fibrillogenic parallel path [32]. Accordingly, the analysis of tissues affected by amyloid disorders in brain and in peripheral organs, including Alzheimer's disease, type II diabetes, light chain amyloidosis, and prion diseases, among others, has revealed the presence of a significant amount of HS in the amyloid fibril deposits [35–38]. Besides, numerous other evidences indicate that these polysaccharides play an active role favoring the formation and stabilization of amyloid fibers in brain [11,39], and that they could act through a mechanism substantially different from that occurring in solution [40,41]. Available data suggest that HS can: (a) promote the folding of proteins or peptides to conformations allowing the formation of preamyloid structures [18,19,32,34]; (b) act as molecular platforms for monomeric protein or peptides self-assembly, thus increasing the formation and the density of nucleation seeds [33,40,42]; (c) act as molecular platforms for oligomers assembly, increasing the formation and stability of amyloid fibrils [43–45]; and (d) act as platforms allowing post-translational modifications that can then support subsequent amyloid formation [5]. In the later



**Fig. 2.** Schematic representation of the kinetics of an amyloid fiber formation involving HS favored nucleation. This model involves the initial formation of oligomeric complexes that slowly evolve into fibrils followed by amyloid formation. HS chains can participate in both the nucleation or latency phase ('lag phase'), and in the polymerization phase (growth phase). In the first stage, they allow the formation of a nucleus of monomers, and in the second phase they promote a rapid extension of protofibrils and formation of amyloid fibrils [15,42,89].

stages of the amyloidosis, HS could also catalyse the lateral aggregation of small fibers, promoting their insolubility and resistance against proteolysis [19,20,42]. These and other observations suggest that HS can play a central role in the pathologic amyloidogenic processes *in vivo*. The various HS possible roles in protein aggregation are summarized in Fig. 3. Moreover, HS could also be protective thanks to their involvement in the conversion of soluble proteotoxic particles in less toxic amyloid fibers [10].

Although by definition HS are located in the extracellular space where they exert their known biological roles, it is important to remark that, in the disease tissues, these polysaccharides are present in amyloid deposits not only outside [36,39,46], but also inside cells [5,6,38,47]. This suggests that, *in vivo*, HS can be centrally involved in the protein aggregation processes occurring outside and inside cells. However, further research is required to investigate whether the presence of HS in protein aggregates *in vivo* is the result of protective or deleterious processes operating during disease, particularly in pathologies as Alzheimer's, Parkinson, and Prion diseases.

## Heparan sulfates in Alzheimer's disease

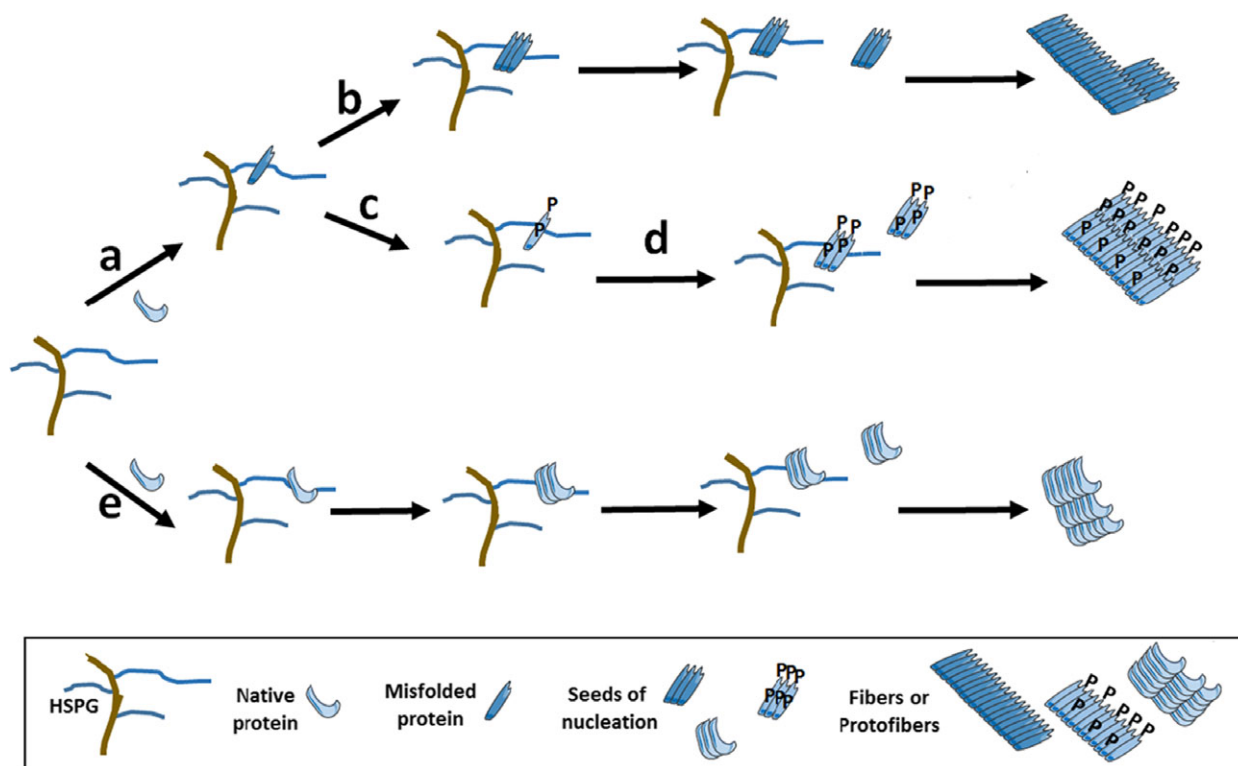
### Alzheimer's disease hallmarks

Alzheimer's disease is a slowly evolving brain disease recognized as the main cause of dementia in the world

[48]. Alzheimer's disease is characterized by two types of brain lesions, extracellular accumulation of amyloid plaques made of A $\beta$  peptides, and intraneuronal accumulation of neurofibrillary tangles made of the abnormally phosphorylated protein tau (P-tau) [48]. Since it has been recognized that both the accumulation of A $\beta$  peptides in the extracellular matrix and of P-tau inside neurons are critical events in the development and evolution of Alzheimer's disease, and because HS have been found in these protein aggregates in the disease brain [5,36,45], one can consider that HS could play a critical role in the mechanisms leading to protein aggregation in Alzheimer's disease.

### Heparan sulfates and A $\beta$ pathology in Alzheimer's disease

The implication of HS in the formation of A $\beta$  deposits in Alzheimer's disease was originally suggested by Snow *et al.* [47], who found the sulfated polysaccharide in amyloid plaques of Alzheimer's disease brains. It has been largely reported that HS can efficiently interact with A $\beta$  peptides, inducing their aggregation [43,45]. A $\beta$  peptides are 40 (A $\beta$ 40) or 42 (A $\beta$ 42) amino acids fragments derived from the sequential cleavage of amyloid precursor protein (APP) by  $\beta$ - and  $\gamma$ -secretases, enzymatic complexes that contain presenilins 1 (PSN1) and 2 (PSN2). The presence of autosomal dominant mutations in the genes coding for APP, PSN1, or PSN2 are known to cause hereditary Alzheimer's disease (<5% of cases). Interestingly, the A $\beta$ 42



**Fig. 3.** Putative mechanisms involving HS in the *in vivo* formation of amyloid fibrils. HS can induce misfolding of the native protein (a) resulting in its nucleation and aggregation (b). HS can function as platforms for protein conformational changes allowing attack by kinases, as those responsible for abnormal phosphorylation (c), and promote the phosphorylated protein aggregation (d). HS could directly favor the nucleation process of already conveniently conformed proteins or peptides (e) resulting in the formation of preamyloid structures and thus increasing the number of nucleation seeds that can act as structural platforms for self-assembly.

peptide shows higher aggregation kinetics and higher toxicity than A $\beta$ 40 [49]. Accordingly, an increased A $\beta$ 42/A $\beta$ 40 ratio in Alzheimer's disease brain was associated with genetic forms of the disease [50]. The importance of HS in the formation of A $\beta$  amyloids *in vivo* and *in vitro* has been highlighted by several studies. For instance, transgenic mice overexpressing heparanase showed a decreased number of A $\beta$  amyloid plaques, without alteration on the production and proportion of A $\beta$ 40 and A $\beta$ 42 peptides [51]. Although residues 12–18 (VHHQKLV) in A $\beta$ 40 and A $\beta$ 42 are reported as the site of interaction with HS [52], the anionic bridge between lysine 28 and alanine 42, only present in the A $\beta$ 42, was broken by HS [44]. In the absence of HS, this bridge stabilizes an S-shaped structure formed by three folded  $\beta$  sheets. Upon interactions with HS, this S-shaped structure is altered, causing the acceleration of the aggregation process [53]. This would not occur with the A $\beta$ 40 peptide, whose loop-like structure is stabilized only by two folded  $\beta$  sheets, thus less susceptible to the aggregation process induced by HS. This can justify the different

aggregation kinetics of the two peptides. Likewise, it has been shown that highly sulfated HS accumulate in both A $\beta$ 40 and A $\beta$ 42 amyloids, while lowly sulfated HS only accumulate in A $\beta$ 40 amyloids [53]. This suggests that high sulfation of HS could be required for prompting the aggregation of the A $\beta$ 42 peptide in the Alzheimer's brain. Accordingly, the interaction of HS with A $\beta$  amyloid fibrils essentially requires N- and 2-O-sulfation, while the interaction of HS with the A $\beta$  monomers additionally requires 6-O-sulfate groups [54]. Moreover, it has been shown that the content and position of the sulfate groups, as well as the length of the sulfated sequences in the HS chain, can directly affect the secondary structure of A $\beta$  peptides [55], comforting the hypothesis that HS could be involved in the A $\beta$  aggregation process in the disease brain. Although the exact mechanism by which HS could drive the A $\beta$  aggregation *in vivo* remains to be established, some possibilities proposed in Fig. 3 could be considered. Interestingly, the neuroprotective effect of HS and of HS analogues against A $\beta$  oligomers toxicity in neuronal cell cultures has been demonstrated

[56–58]. However, any effect with this kind of molecules has been observed in the clinical evolution of the pathology. Indeed, this is also true for any other strategy aiming to inhibit the formation and accumulation of A $\beta$  oligomers and/or fibrils in the disease brain [59], questioning the hypothesis of the central role of A $\beta$  in Alzheimer's disease pathogenesis. Thus, other events, as those involving tau protein aggregation and spreading are currently being considered as critical factors in the disease.

### Heparan sulfates and tau pathology

The microtubule associated protein tau (MAPT), or tau, is a protein that participates in microtubule and neuronal cytoskeleton stabilization and in axonal transport [60]. Under physiological conditions, tau is a highly soluble protein that shows no tendency to aggregate. However, in the brain of patients affected by Alzheimer's disease, this protein is found aggregated in an abnormally phosphorylated form (P-tau) prone to aggregate. In the pathological brain, P-tau forms paired helical filaments that accumulate inside neurons and grow into neurofibrillary tangles, characteristic of Alzheimer's disease and other tauopathies [61,62]. Interestingly, *in vitro*, the tau aggregation is not possible without the incorporation of polyanionic molecules, such as heparin or HS, suggesting that HS might be involved in the mechanism leading to tau protein aggregation *in vivo*. This assumption is reinforced by the study of Snow *et al.*, showing that highly sulfated HS accumulate with neurofibrillary tangles in the affected neurons of the disease brain [47]. Moreover, the kinetic constants characterizing the formation of tau fibrils in the presence or absence of heparin agrees with a central role of HS in the tau amyloidogenic process. Accordingly, *in vitro*, heparin can interact with two tau molecules forming a dimer able to form fine short fibrils [63]. However, an excess of heparin can also delay the tau aggregation lag phase, suggesting a modulatory role during the nucleation phase [64]. Interestingly, protein aggregates in the Alzheimer's brain principally contains P-tau, rather than normal tau, suggesting that *in vivo* the aggregation process mainly implicates the phosphorylated protein. This should be considered in current and future models and hypothesis considering tau aggregation mechanisms *in vivo*. In the disease brain, abnormal phosphorylation of tau results from the action of several kinases, which generate the characteristic Alzheimer's disease P-tau epitopes [65]. Interestingly, these P-tau epitopes cannot be obtained *in vitro* unless heparin is added to the kinase phosphorylation reaction

mixture [5,66]. This suggests that in the Alzheimer's brain, HS can participate not only to the tau aggregation processes, but also to its abnormal phosphorylation, which might precede or concomitantly occurs with its aggregation (Fig. 3; pathway a-c). Moreover, beyond the potential role that HS seems to play in the processes of tau phosphorylation and aggregation, these polysaccharides have also shown to play a central role in the propagation of tau proteopathic particles (or proteopathic seeds) from one cell to another, a phenomenon known as spreading [67]. Indeed, in early Alzheimer's disease, tauopathy is detected in certain brain regions while, as the disease progresses, tauopathy appears in other regions [68]. Although it is not yet known how the transfer of proteopathic seeds occurs between cells and brain regions, the hypothesis according to which the propagation mechanism would be comparable to the one operating during the propagation of prions has been proposed [69]. Interestingly, the tau proteopathic seeds uptake by healthy neurons has been shown to be mediated by the interaction of these particles with cell membrane-associated HSPG [67]. Altogether, these works suggest that HS are involved in the cellular mechanisms leading to tau misfolding, phosphorylation, aggregation, and spreading in the Alzheimer's brain.

Recent studies aiming to better understand the importance of HS structures in Alzheimer's disease are currently advancing. For instance, we recently proposed the central implication of HS, and more particularly of 3-*O*-sulfated HS sequences, in the development of Alzheimer's disease-related tauopathy [5]. Moreover, more recent works have additionally shown that 6-*O*-sulfate groups in HS are centrally required to establish the interaction of HS with tau [70]. Interestingly, while 6-*O*-sulfation stands as one of the main modifications in the HS chains, 3-*O*-sulfation remains rare [71]. Thus, this is not surprising that avoiding 6-*O*-sulfation result in the highest loss of HS interactions with tau. Although these studies are already giving important insights into the complex structure of the HS sequences required for their interactions with tau in the Alzheimer's brain, it must be considered that the HS domain can carry sulfate at the different sugar positions, and that the sulfation pattern, rather than one unique sulfation position, can be of central importance in the HS interaction with tau. Moreover, the interaction domain in HS result from complex biosynthetic pathways involving several not only sulfotransferases, but also glycosyl transferases (EXTs and EXTLs), epimerase, heparanase and sulfatases (Sulfs), some of them could then play important roles in the production of the HS sequences

involved in tauopathy development and progression in the disease brain.

## Glycosaminoglycans and Parkinson's disease

Parkinson's disease is a movement disorder in which dopaminergic neurons fail to produce dopamine due to their entry into a neuronal death process [72]. Some cases are genetic, but most are considered sporadic. Pathologically, Parkinson's disease is characterized by the accumulation of protein aggregates, called Lewy bodies, in neuronal cells. Lewy bodies are mainly formed by the fibrillated protein  $\alpha$ -synuclein [73], characteristic of  $\alpha$ -synucleinopathies. Although the physiological role of this protein has not yet been clarified, its central implication in the pathophysiology of Parkinson's disease is well-accepted [73,74]. Accordingly, Lewy bodies are observed in transgenic animals in which a mutation in the  $\alpha$ -synuclein gene reproduces the dominant autosomal form observed in hereditary Parkinson's disease [73]. However,  $\alpha$ -synuclein aggregates also accumulate in sporadic forms of the disease, in which no mutation has been identified. To date, the origin of the  $\alpha$ -synuclein aggregation remains undetermined. Structurally,  $\alpha$ -synuclein is a highly conserved 14 kDa protein abundant in distinct neurons and in the presynaptic compartment. In humans, three isoforms (112, 126, or 140 amino acids) produced by alternative splicing are known [75,76]. The central region of this protein, formed by residues 61–95, comprises an area highly prone to aggregation, while the C-terminal domain (residues 96–140) protects the protein from aggregation [75]. The great structural plasticity of  $\alpha$ -synuclein allows it to adopt various conformations and gives to the protein an important tendency to unfold and to form profibrillar oligomers and amyloid fibrils [76]. Interestingly, although the main constituent of Lewy bodies is  $\alpha$ -synuclein [73], other molecules such as HS are present in the protein aggregates, suggesting that the sulfated polysaccharides can play roles in the aggregation process [77]. Depending on their level of sulfation and on the position of the sulfate groups in the polysaccharidic chain, HS have shown to differentially stimulate the formation of  $\alpha$ -synuclein fibrils through interactions with the N-terminal domain of the protein [77], which can possibly promote the protein aggregation by different pathways (Fig. 3). However, this is still controversial [78,79], possibly because of the current lack of widely available tools allowing the study of HS in biological contexts. In the other hand, indirect interactions between HS and proteins that are not directly involved in the

neurodegenerative process, but that can indirectly influence it, have been reported. For instance, the interaction of  $\alpha$ -synuclein with glyceraldehyde 3-phosphate dehydrogenase (GAPDH) oligomers formed in contact with heparin has been proposed as a protective mechanism against  $\alpha$ -synuclein oligomers toxicity [80]. Moreover, as other GAGs, HS can readily potentiate the aggregation kinetics of  $\alpha$ -synuclein *in vitro*. Although these observations suggest the possible participation of HS in the process of intracellular aggregation of  $\alpha$ -synuclein in Parkinson's disease, research in this area is still limited and the number of groups able to combine glycobiologic approaches to the study of the general mechanisms that operate in the disease remains scarce. Advances in this direction will further improve our understanding of the role of these sulfated polysaccharides in this pathology.

## Heparan sulfates and prion diseases

The cellular prion protein ( $\text{PrP}^{\text{C}}$ ) is a GPI-cell membrane anchored glycoprotein, which can acquire an abnormal conformation responsible of transmissible spongiform encephalopathies (TSE), known as prion diseases [81]. These fatal neurodegenerative diseases include scrapie, bovine spongiform encephalopathy, Gerstmann-Sträussler-Scheinker syndrome, Creutzfeldt-Jakob disease, and its humans variant, among others. The key event in prion diseases is the conversion of  $\text{PrP}^{\text{C}}$  into the abnormally conformed form called  $\text{PrP}^{\text{SC}}$ . The change in conformation of  $\text{PrP}^{\text{C}}$  in  $\text{PrP}^{\text{SC}}$  causes the aggregation of the misfolded form and its pathological accumulation as  $\text{PrP}^{\text{SC}}$  amyloid fibrils called 'prions' [81]. A number of studies have shown several  $\text{PrP}$  strains, multiple states of  $\text{PrP}^{\text{SC}}$  aggregation (oligomeric, prefibrillar, and fibrillar), and different capacities of the aggregates to deposit in different brain regions. Interestingly, it has been demonstrated that the conversion of  $\text{PrP}^{\text{C}}$  into  $\text{PrP}^{\text{SC}}$  occurs in a cell microenvironment requiring the presence of HSPG at the outer cellular membrane. HSPG probably act as platforms allowing the conformational change from  $\text{PrP}^{\text{C}}$  into  $\text{PrP}^{\text{SC}}$  (Fig. 3; pathway a-b) [40]. *In vivo*, HS are present in the prion amyloid plaques [36], in accord with their putative role in the transformation of  $\text{PrP}^{\text{C}}$  to  $\text{PrP}^{\text{SC}}$  and with their participation to the subsequent  $\text{PrP}^{\text{SC}}$  aggregation (Fig. 3; pathway a-b). Accordingly, certain sulfated polyanions mimicking HS have shown prophylactic effects in TSE cellular and animal models [82,83]. Interestingly, some of these studies have shown a concentration dependent contradictory polyanion effect [84,85], suggesting that the HS effect in amyloid formation might also be dependent on the polyanion



concentration present in the biological environment where protein aggregation takes place. Moreover, since some studies have shown that the various PrP<sup>Sc</sup> strains can differently be deposited in the different brain regions [86,87], further investigations are required to explore the effect of the particular HS structures, produced at the different regions, in the formation and accumulation of the various PrP<sup>Sc</sup> strains. This hypothesis is supported by the differential expression of the HS biosynthetic machinery in the different brain regions [88]. This glycobiology-based domain of research has not yet been explored and remains an open question in neurodegeneration.

### Heparan sulfates in other neurodegenerative diseases

The molecular mechanisms leading to protein aggregation characteristic of proteinopathies are not yet well-understood. However, HS have been found in most, if not all, protein inclusions characterizing these diseases. Although this review has focused on Alzheimer's, Parkinson's, and prion diseases, HS also accumulate with protein deposits in other neurodegenerative diseases. Further and extensive studies will be necessary to investigate whether and how HS, or other sulfated GAGs, can be involved in the molecular mechanisms responsible of protein aggregation and deposition in the different neurodegenerative diseases (Table 1), and how GAGs could selectively be involved in the specific brain region vulnerability to amyloid deposition in those diseases.

### Conclusion

Sulfated GAGs, and particularly HS, coaccumulate with protein inclusions characteristic of neurodegenerative diseases including Alzheimer's, Parkinson's, and prion diseases. Although previous and emerging data suggest a critical role of HS in the kinetics of aggregation of most, if not all, amyloidogenic proteins, in the modulation of their post-translational modifications, and in the promotion of proteopathic seeds cellular uptake and toxicity, it is not yet clear whether and how these complex polysaccharides can influence the pathways leading to protein deposition inside and outside cells. Identification of the HS biosynthetic pathways producing particular HS structures in each brain region, and how these structures could differently affect protein aggregation and deposition in each particular region, will allow a better understanding of the glycobiology-related mechanisms leading to proteinopathies in brain.

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