

# Platelet Membrane Glycoprofiling in a PMM2-CDG Patient

Journal of Inborn Errors of Metabolism & Screening  
2021, Volume 9: e20200030  
DOI: <https://doi.org/10.1590/2326-4594-JIEMS-2020-0030>

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## Abstract

Congenital disorders of glycosylation (CDG) are metabolic hereditary diseases caused by defects in the synthesis of glycoconjugates. CDG have been described in sugar-nucleotide biosynthesis and transporter, glycosyltransferases, vesicular transport, as well as in lipid biosynthesis and glycosylphosphatidylinositol anchors. PMM2-CDG is caused by mutations in the phosphomannomutase-2 (PMM2) gene and shows autosomal recessive inheritance. It affects all organs and tissues, ranging from severe psychomotor retardation to moderate intellectual disability. Alterations in the primary haemostatic system have been reported in these patients and they can lead to severe bleeding or excessive thrombosis with subsequent vascular insufficiency. Despite of being the most common CDG, platelet glycosylation and sialylation defects in PMM2-CDG patients remain incompletely characterized. In this study, we applied a lectin-based flow cytometry approach to report the first characterization of the highly glycosylated platelet membrane glycan profile in a PMM2-CDG patient. In the PMM2-CDG patient's platelet samples, a decreased binding of SNA lectin, indicative of reduced terminal  $\alpha$ -2-6 sialic acid content, and an increased binding of PNA lectin, suggesting desialylation of  $\beta$ -1-N-acetylgalactosamine residues, were observed. Reduced expression of terminal sialic acids in platelet membrane glycoproteins may contribute to the increased risk of hemorrhage reported in these patients by promoting platelet clearance and thrombocytopenia.

**Keywords:** mass spectrometry, platelet membrane, glycoprofile, PMM2-CDG, congenital disorders of glycosylation.

## Introduction

Congenital disorders of glycosylation (CDG) encompass a group of inborn errors of metabolism involving more than 130 genes influencing different glycosylation pathways [1,2]. Alterations in *N*-linked, *O*-linked, and combined *N*-*O*-linked glycosylation, as well as lipid glycosylation defects, are distinctly associated with the various CDG [3]. PMM2-CDG (formerly known as CDG-Ia) is the first clinically described and most common type of CDG [4]. PMM2-CDG is caused by mutations in the *PMM2* gene [OMIM \*601785], which encodes phosphomannomutase 2 (EC 5.4.2.8), an enzyme necessary for the synthesis of GDP-mannose [4]. PMM2-CDG is an autosomal recessive, pan-ethnic disorder with an estimated incidence of 1/20,000 live birth [5]. Along with the typical neurological and multisystemic clinical presentation, these patients often present severe and frequently lethal thrombohemorrhagic complications (bleeding or thrombosis), due to platelet alterations associated with a decreased response to agonists [4,6–9]. Platelet surface membrane glycoproteins (GPIb/IX/V, GPIIb/IIIa) are fundamental in the hemostatic process. However, little is known about the consequences of hypoglycosylation in the platelets of PMM2-CDG patients. De la

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Received December 28, 2020. and in revised form July 04, 2021 Accepted for publication July 09, 2021.

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Morena *et al.* evaluated RCA120 lectin binding to PMM2-CDG platelets and the expression of platelet membrane *N*-glycoproteins (GPIIb and GPIIIa) by flow cytometry. In their study, increased binding of RCA120, which recognizes terminal  $\beta$ -galactose residues, suggested decreased surface sialic acid levels in PMM2-CDG platelets [9].

Sialic acids are hydrophilic, electronegatively charged monosaccharides with a common nine-carbon backbone that are usually incorporated at terminal glycan positions during glycan remodeling events. Due to their location and ubiquitous distribution, sialic acids can mediate or modulate a wide variety of physiological and pathological processes [10]. It is therefore attractive to hypothesize that increased platelet reactivity in PMM2-CDG patients may be caused by a deficient glycosylation of platelet membrane *N*-glycoproteins. To evaluate this hypothesis, we conducted a flow cytometry experiment using a panel of 7 glycoform-specific lectins to provide the first description of the glycan profile of the platelet surface membrane in a PMM2-CDG patient.

We used AAL, RCA-I, SNA, UEA-I, CON-A, PNA, and MAA-I, which binds to different glycans as shown in Table 1.

## Methods

### Subjects

The PMM2-CDG patient was referred by pediatricians and diagnosed at the Center for the Study of Congenital Metabolopathies (CEMECO), Children's Hospital, in Córdoba, Argentina [6]. The control group consisted of six healthy volunteers (25-55 years-old women) that complied with the following inclusion criteria: normal platelet count (150-450 pq/ $\mu$ L) and not presenting any chronic pathology nor haemostatic alterations. According to the 2005 UNESCO Universal Declaration on Bioethics and

Human Rights (<https://en.unesco.org/themes/ethics-science-and-technology/bioethics-and-human-rights>), participants were duly informed of the aim and procedures of this study and provided with a written informed consent prior to blood extraction. This study was approved by the institutional review boards of CIEIS-Ethics Committee, Children's Hospital, Córdoba, Argentina.

### Analysis of haemostatic parameters and platelet function

Blood samples were collected from the PMM2-CDG patient, and platelet-rich plasma (PRP) and platelet-poor plasma (PPP) were obtained as previously described [11]. The optical density of the PRP preparation was measured at 37°C in a Crono-Log aggregometer (Crono-Log Corp., PA, USA). PPP (clear plasma) and PRP (cloudy or opaque plasma) were used to calibrate the instrument to define maximum (100%) and baseline (0%) light transmission (aggregation), respectively [11,12]1.

*In vitro* aggregation tests were conducted in the presence of different agonists: ADP (2.5  $\mu$ M and 5  $\mu$ M), epinephrine (5  $\mu$ M), arachidonic acid (1 mM), collagen (8  $\mu$ g/mL), and ristocetin (1.5 mg/mL). The PRP of a healthy individual, without prior history of bleeding or thrombosis, was used as control in each determination.

Plasma levels of coagulation factors and inhibitors were also determined. These included Protein S (coagulometric method), Protein C (chromogenic method), Antithrombin III, and coagulation factors III, V, VII, VIII, IX, X, and XI [13,14]. In addition, prothrombotic factors, such as lupus anticoagulant and anticardiolipin, were also measured. All these determinations were made using commercial kits, following the recommendations of the International Society of Thrombosis and Haemostasis (ISTH). Finally, a complete cytological analysis of peripheral blood was carried out to evaluate blood's formed elements (i.e., leukocyte, erythrocyte, and platelet counts) (Table 2).

**Table 1.** Panel of Lectins used and glycans specificity.

Lectin	Sugar Specificity	Concentration ( $\mu$ g/mL)
<i>Aleurian Aurantia</i> (AAL)	Fucose- $\alpha$ 1,6	0,01
<i>Ricinus Communis Agglutinin I</i> (RCA-I)	$\beta$ -Galactose	0,02
<i>Sambucus Nigra</i> (SNA)	Sialic acid -2,6	0,01
<i>Concanavalina A</i> (CON-A)	$\alpha$ -Manose	0,01
<i>Ulex Europaeus Agglutinin I</i> (UEA-I)	$\alpha$ -Fucose	0,01
<i>Peanut Agglutinin</i> (PNA)	$\beta$ -1, N-acetylgalactosamine (Core 1 O-Glycans)	0,1
<i>Maackia Amurensis</i> (MAA-I)	Sialic acid bound to Galactose $\alpha$ 2,3	0,02

**Table 2.** Haemostatic's determinations in PMM2-CDG Patient.

Haemostatic studies	AR02	Normal Value
KPTT	42"	30"-43"
Quick	80%	70%-120%
Prothrombin time	16"	14"- 18"
Fibrinógen	288 mg/dl	150- 350 mg/dl
<b>Coagulation factors</b>		
Factor II	<b>143%</b>	70%-120%
Factor V	93%	70%-120%
Factor VII	<b>128%</b>	70%-120%
Factor X	81%	70%-120%
Factor VIII	100%	50% - 150%
Factor IX	<b>53%</b>	70%- 120%
Factor XI	<b>65%</b>	70%- 120%
<b>Coagulation inhibitors</b>		
Protein S	<b>140%</b>	70%- 120%
Protein C	86%	75%- 140%
Antithrombin III	89%	80%- 120%
<b>Prothrombotic factors</b>		
Lupus Anticoagulant	NEGATIVE	
Anticardiolipins	NEGATIVE	
Beta 2 Glycoprotein I	NEGATIVE	

### Platelet isolation

PRP was obtained through platelet fractionation and processing of 8 mL of whole blood in a tube containing 3.8% (0.109 M) sodium citrate as anticoagulant (dilution 1:10). The cell suspension was centrifuged 15 min at low revolutions (200 xg) to obtain PRP containing approximately 70% of the platelets present in the original whole blood sample. Then, paraformaldehyde (1% final concentration) was added to fix the platelets and prevent their activation in the next centrifugation step (10 min, 900 xg). Finally, the PRP pellet was suspended in phosphate buffer saline (PBS) at a final platelet concentration of  $2 \times 10^5$  cells/mm<sup>3</sup>.

### Analysis of platelet membrane glycan profile

Glycan profiling of platelet surface membranes was performed in paraformaldehyde-fixed, PBS washed platelet aliquots (50  $\mu$ L;  $2 \times 10^5$  cells/mm<sup>3</sup>) from a PMM2-CDG patient and six controls. The platelet population was identified with an anti-CD41-PE antibody (BD Biosciences, USA). Each determination was made in triplicate. Dual CD41/lectin staining was developed by incubating PRP samples with the anti-CD41 antibody for 30 min, followed by an incubation for 20 min at room temperature (RT) with biotinylated lectins [AAL, RCA-I, SNA, UEA-I, CON-A, PNA, and MAA-I (Vector Laboratories, USA)] that bind to different glycans (Table 1) [15]. The samples were then incubated with streptavidin-Alexa Fluor-647 (1  $\mu$ g/ $\mu$ L, Vector Laboratories)

for 20 min at RT and washed twice with PBS. Glycan profiles of platelet membranes were evaluated by flow cytometry in a BD FACS Canto II Flow Cytometer and FACS DIVA software (Becton Dickinson, USA). For each lectin assayed, the corresponding mean fluorescence intensity (MFI) was compared between the PMM2-CDG patient's samples and those of controls. Flow cytometry data were analyzed with the FlowJov10 program.

### Statistical Analysis

Since our research included only one study subject, standard statistical analyses to compare mean differences between groups could not be performed. To overcome this issue, the patient's lectin fluorescence values were analyzed applying the statistical method suggested by Mycroft *et al.* (2002) [16]. Briefly, we calculated the minimum F-values with  $p < 0.05$  (updated F-values) by simulating 100,000 random measurement outcomes considering different numbers of controls and ratios of patient-to-control variance. Then, after applying a standard repeated measures design (using all the patient's replica values), the resulting F-value was compared to the updated F-values to determine the significance level of the differences observed between the patient and the controls. All the patient's lectin fluorescence values were analyzed as described above [17]. GraphPad v6.01 (GraphPad Software, La Jolla, California, USA) was used for statistical analysis. Results were expressed as mean  $\pm$  standard error of the mean (SEM) and  $p < 0.05$  was considered as significant.

## Results

### Clinical data and biochemical analyses

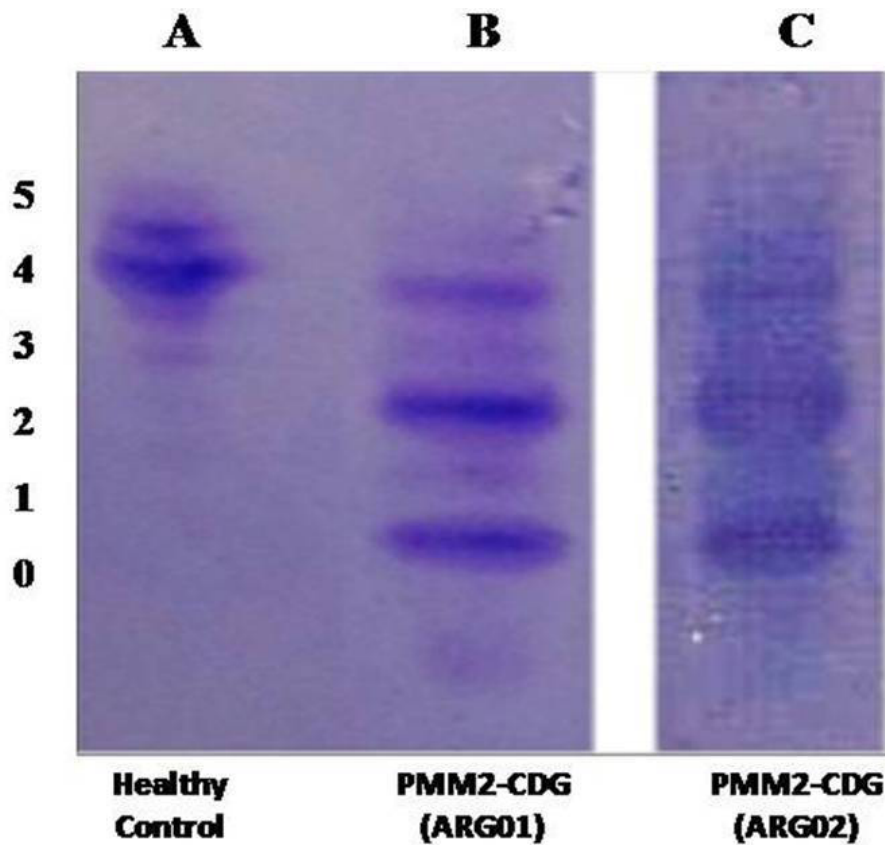
The PMM2-CDG patient is a ten-year-old boy with developmental disability, hypotonia, hyporeflexia, strabismus with optic nerve atrophy and macular hypoplasia, macrocephaly, inverted nipples, and increased gluteal fat pads. Serum transferrin isoelectro focusing revealed hypoglycosylated forms of the plasma protein transferrin, synthesized in the liver, denoting a CDG type I profile. Since DNA variants in the *PMM2* gene are the most frequent cause of this hypoglycosylation profile, and considering the patient's clinical phenotype, the *PMM2* gene was sequenced. As already reported by our group, two missense variants, c.422G>A (p.Arg141His) and c.415G>A (p. Glu139Lys), were found in exon 5 of the *PMM2* gene [6]. The patient had no history of haemostatic and/or platelet alterations, except for mild pericardial effusion detected in 2016 after a lung infection that was monitored periodically.

After collecting a fresh blood sample from the PMM2-CDG patient, we conducted plasma transferrin isoelectric focusing (TfIEF) analysis that revealed hypoglycosylated transferrin forms consistent with a CDG type I profile (Figure 1). Peripheral blood cytology showed normal morphology and counts for red and

white blood cells, as well as a normal platelet count ( $381 \times 10^3/\text{mm}^3$ ; VN:  $150\text{-}450 \times 10^3/\text{mm}^3$ ). As shown in Table 2, prothrombin, quick fibrinogens, and coagulation inhibitor levels in the patient were in the normal range, whereas KPTT values were at the normal range's upper limit. The activities of coagulation factors II and VII were above normal standards, while those of Factor IX and XI were below normal range. Antithrombin III and Protein C values were normal, whereas Protein S activity was above range. In turn, negative antibody test results were obtained for the prothrombotic factors lupus anticoagulant and anticardiolipin.

### Platelet Function Studies

The platelet aggregation status of the patient was determined in a real-time aggregometer using PRP samples [12] after independent addition of ADP, arachidonic acid, collagen, and ristocetin. Platelet aggregation is typically observed as a curve in a platelet aggregation (%) vs. time graph. The process is typically biphasic (primary and secondary aggregation) with 5 different stages: 1. An initial increase in light transmission attributable to PRP dilution by the agonist; 2. A slight decrease in transmission as platelets change shape; 3. An acute increase in transmission as platelets aggregate (primary aggregation); 4. A brief plateau or decrease in aggregation; 5. Secondary aggregation stimulated



**Figure 1.** Plasma transferrin isoelectric focusing (TfIEF) analysis.

The number of terminal sialic acid residues in plasma transferrin (0-5) is indicated. Line **A** corresponds to a healthy control subject with a normal TfIEF pattern. Lines **B** and **C** correspond to samples from two patients (AR01 and AR02) with a CDG type I pattern consistent with PMM2-CDG.

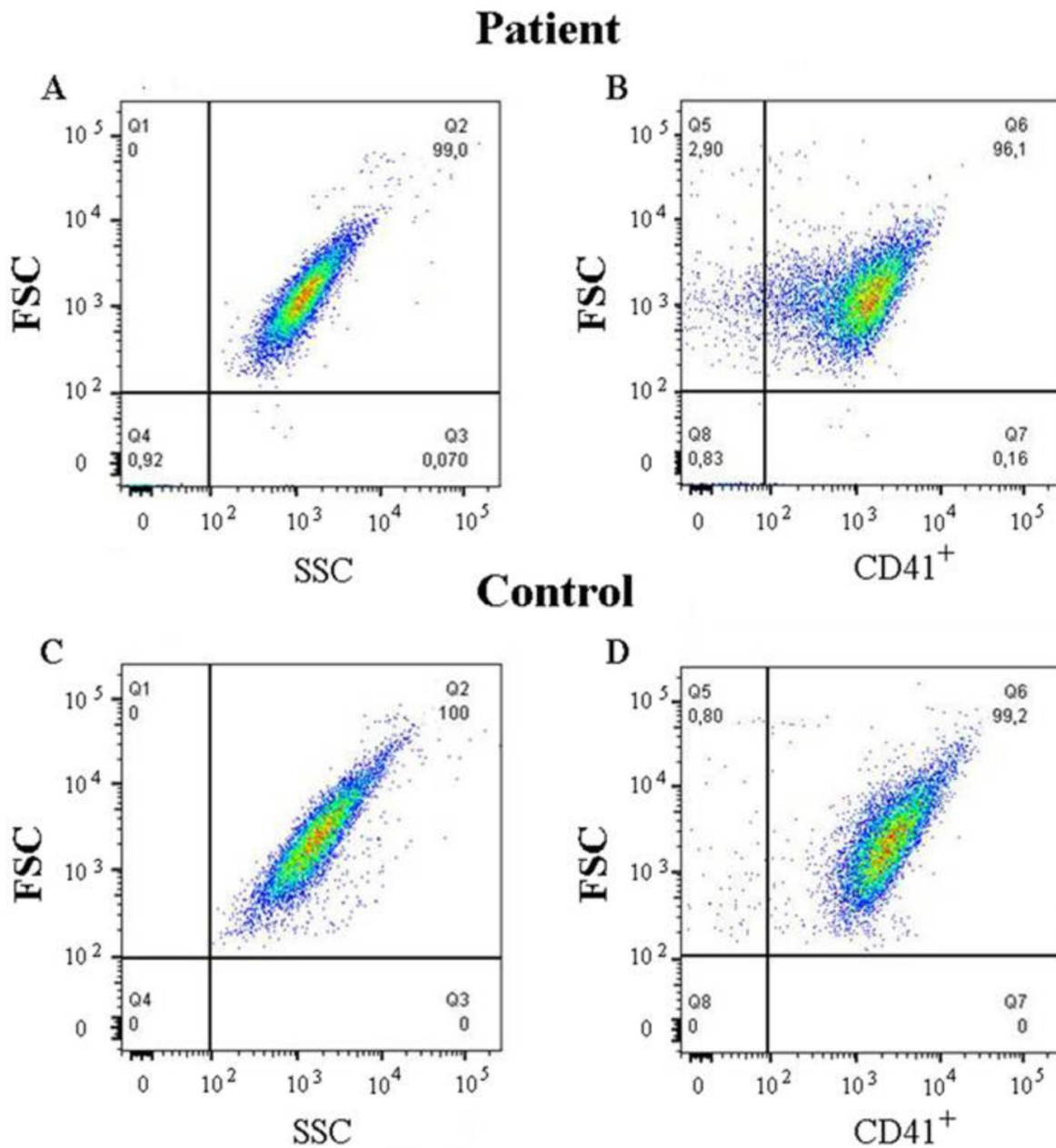
by the secretion of platelet granules [11,12]. In the PMM2-CDG patient, decreased primary aggregation and absent secondary aggregation were observed in response to both ADP (2.5  $\mu$ M and 5  $\mu$ M) and epinephrine (5  $\mu$ M). In contrast, aggregation was normal upon addition of collagen (1  $\mu$ g/mL), arachidonic acid (1 mM), orristocetin (1.5 mg/mL).

### Platelet glycan profiling

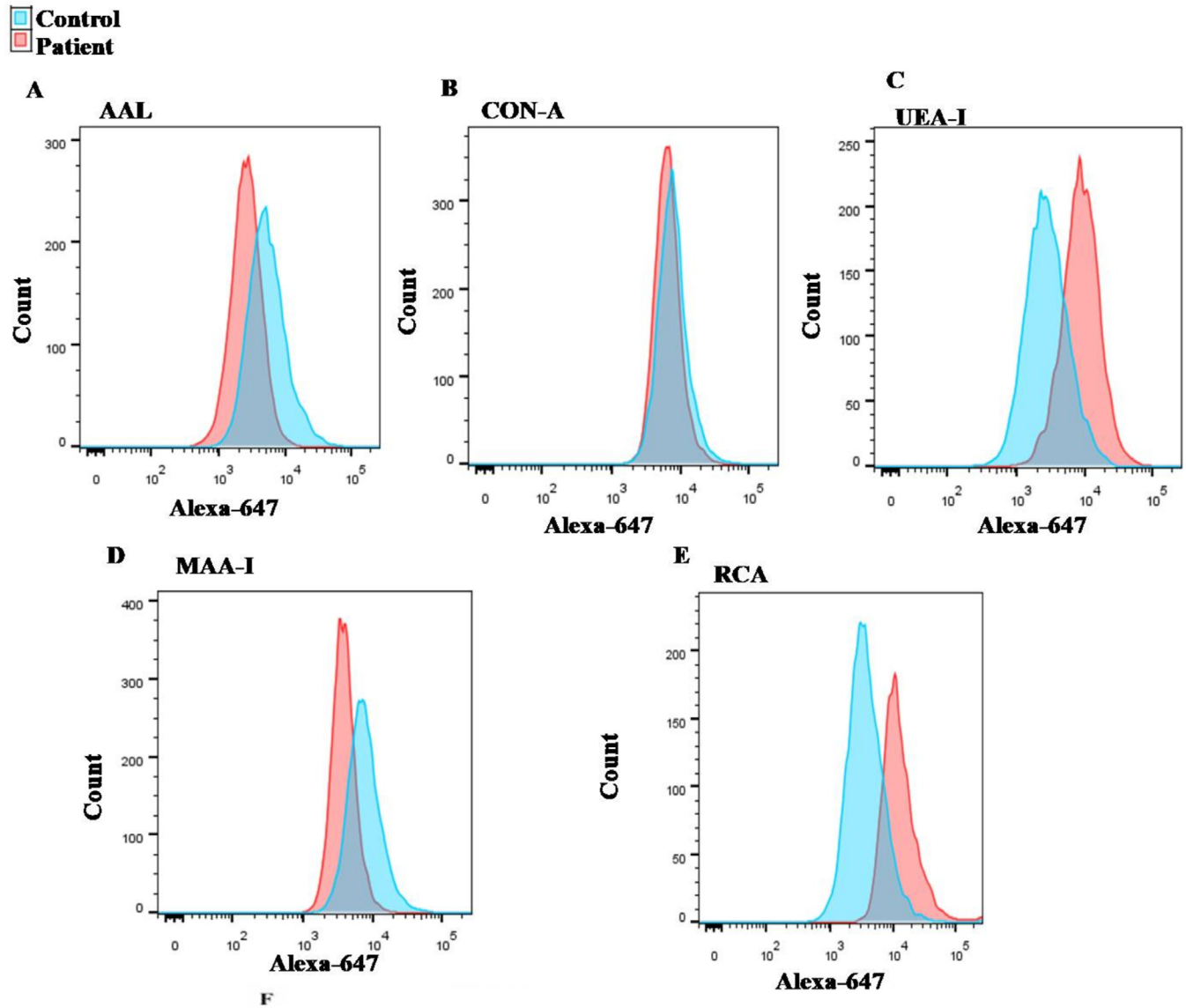
No significant differences in CD41-positive cells were observed between the PMM2-CDG patient (Figure 2A and B) and healthy

controls (Figure 2C and D). A panel of 7 biotinylated lectins labeled with streptavidin Alexa Fluor<sup>®</sup>-647 antibody was assessed (Table 1) to obtain the platelet membrane glycoprofile by flow cytometry (Table 2).

As shown in Figure 3, no significant differences in platelet binding to AAL, CON-A, UEA-I, RCA-I, and MAA-I were observed between patient and control samples. In contrast, compared to control specimens, significantly higher and lower mean fluorescence intensity (MFI values for PNA (Figure 4) and SNA (Figure 5) lectins, respectively, were observed in the patient's samples.



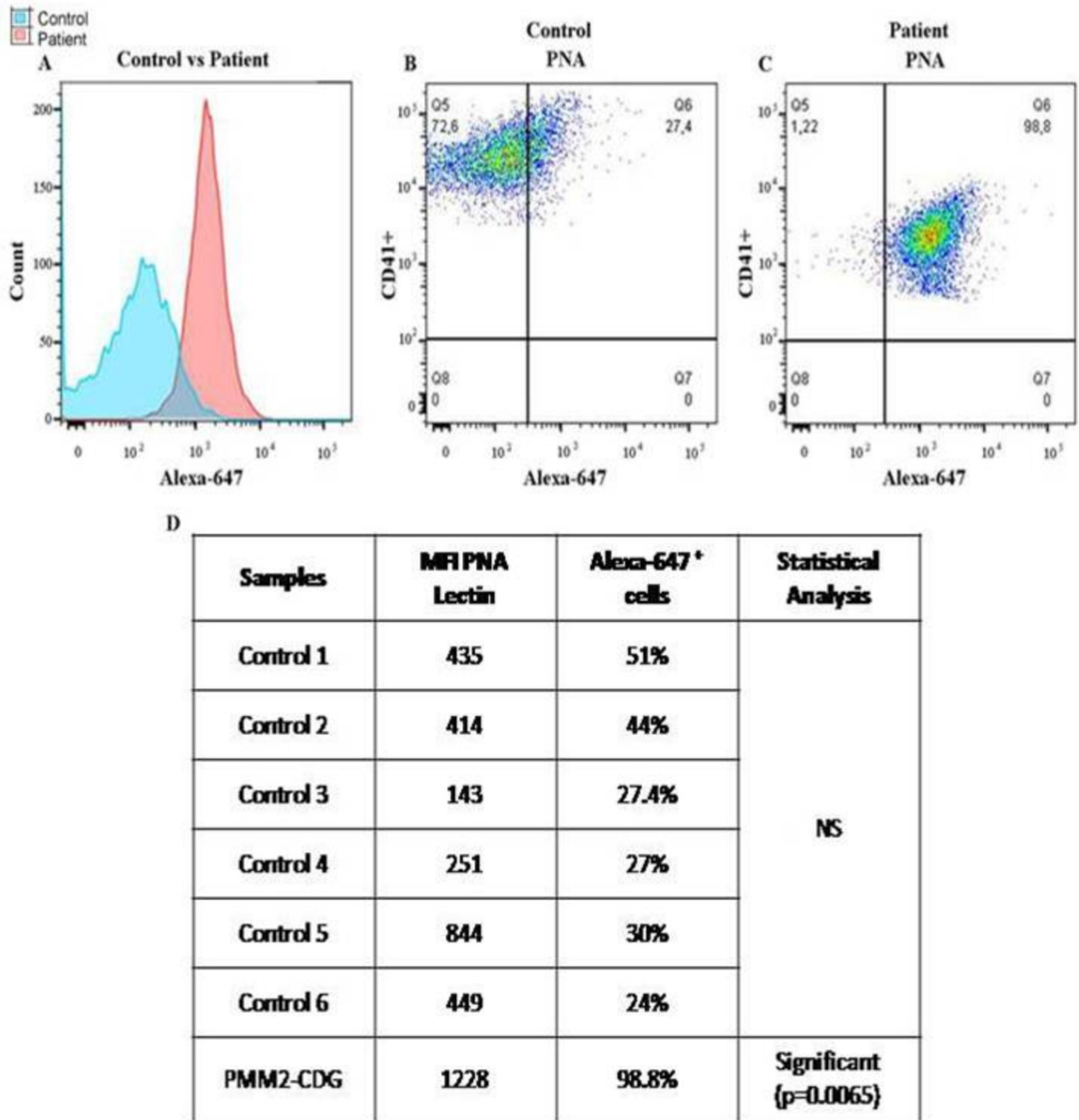
**Figure 2.** Flow cytometric analysis of CD41 expression in PRP. Representative FSC vs SSC and FSC vs CD41 flow cytometry plots. (A and B) PMM2-CDG patient. (C and D) Healthy control.



Samples	MFI Lectins					Alexa-647 <sup>+</sup> cells	Statistical Analysis
	AAL	CON-A	MAA-I	UEA-I	RCA-I		
Control 1	8095	12614	6875	8471	5875	100%	NS
Control 2	17908	26581	14837	606	21281	100%	
Control 3	5581	8399	7354	3370	3616,3	100%	
Control 4	14306	30251	9822	8965	11059	100%	
Control 5	7946	18785	6119	2563	14307	100%	
Control 6	6873	6832	5309	16220	8113	100%	
PMM2-CDG	3078	7102	7068	8710	11585	100%	NS

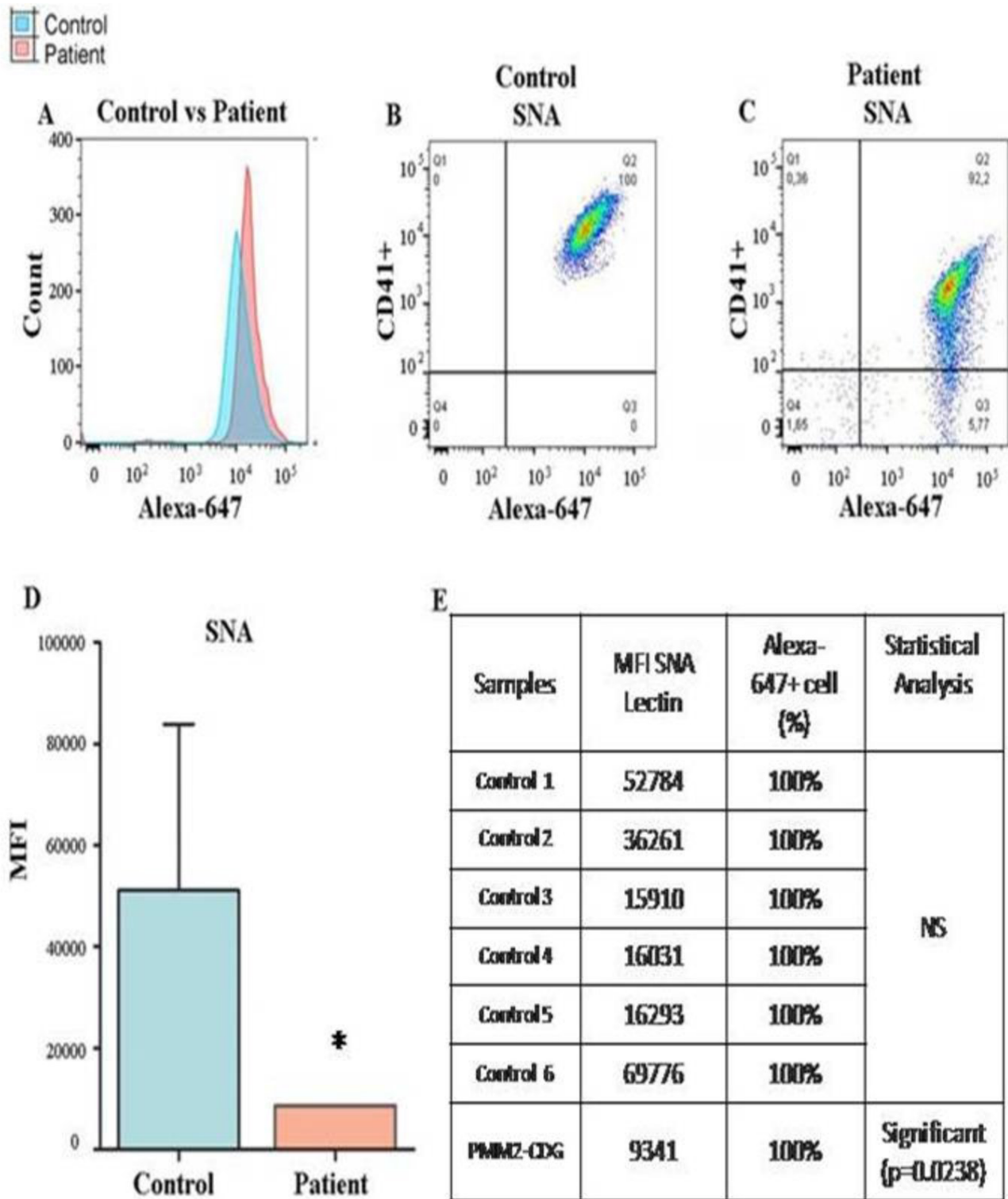
**Figure 3.** Flow cytometric analysis of platelet surface membrane glycosylation.

Platelet populations were gated based on positive CD41-PE staining and lectins detected by Alexa Fluor 647-conjugated streptavidin. No significant binding differences were detected between control and PMM2-CDG patient samples for the following 5 lectins: **A.** AAL (specific for  $\alpha$ 1,6-linked fucose). **B.** CON-A (specific for  $\alpha$ -mannose). **C.** UEA-I (specific for  $\alpha$ -fucose). **D.** MAA-I (specific for sialic acid bound to galactose  $\alpha$ -2,3). **E.** RCA-I (specific for  $\beta$ -galactose). Histograms superpose the control (blue peaks) and patient (red peaks) for comparison. **F.** Summary results. MFI and CD41<sup>+</sup>/Lectin<sup>+</sup>platelet counts (%) for each lectin are indicated for control and PMM2-CDG patient samples.



**Figure 4.** Enhanced binding of PNA to PMM2-CDG platelets.

Platelet populations were gated based on positive CD41-PE staining and PNA lectin binding detected by Alexa Fluor 647-conjugated streptavidin. **A.** Representative MFI histogram showing PNA signal distribution in a control and a PMM2-CDG patient PRP sample. **B-C.** Representative dotplots of CD41 expression vs. PNA lectin signal in control and patient PRP samples. **D.** Summary results. MFI of the PNA signal and CD41<sup>+</sup>/PNA<sup>+</sup> platelet counts(%) are indicated for control and PMM2-CDG patient samples.



**Figure 5.** Decreased binding of SNA to PMM2-CDG platelets.

**A.** Platelet populations were gated based on positive CD41-PE staining and SNA lectin binding detected by Alexa Fluor 647-conjugated streptavidin. Representative MFI histogram showing SNA signal distribution in a control and a PMM2-CDG patient PRP sample. **B-C.** Representative dot plots of CD41 expression vs. SNA lectin signal in control and patient PRP samples. **D.** SNA-MFI summary data (\*=0.0238). **E.** Summary results. MFI for SNA signal and CD41<sup>+</sup>/SNA<sup>+</sup> platelet counts (%) are indicated for control and PMM2-CDG patient samples.



## Discussion

This study provides the first account of a glycophenotypic characterization of platelet membrane proteins in a PMM2-CDG patient. Although the PMM2-CDG patient reported here did not present overt bleeding events, the analysis of platelet aggregation showed a decreased response to ADP and epinephrine, revealing a potential susceptibility to haemostatic complications during traumatic injury or surgery. In most individuals, a biphasic aggregation response is observed with low concentrations of ADP and epinephrine, while unimodal aggregation curves are typically generated by other agonists (e.g., collagen and ristocetin) [12]. In this patient, we also detected low levels of Factor IX and XI, KPTT at the normal upper limit (which could be associated with the decrease in Factor IX), and normal values for coagulation inhibitors.

Although alterations in glycosylation are the defining characteristic of CDG, some gaps remain in our understanding of their actual contribution to haemostatic alterations. In particular, for many CDG types the glycan profile of platelet membranes has yet to be defined. Lectins represent a useful tool for recognizing specific carbohydrates and identifying changes in glycosylation patterns on the surface of the cells. We used a panel of 7 lectins to describe the glycosylation profile of surface proteins in platelet membranes. Compared to control samples, platelets from the PMM2-CDG patient showed both increased binding intensity (higher MFI) and a higher positivity rate for PNA, which recognizes  $\beta$ -1- *N*-acetylgalactosamine sequences and some non-sialylated structures, including some O-glycoproteins. In turn, significantly decreased binding of SNA lectin, which recognizes terminal  $\alpha$ -2,6-linked sialic acids in glycoproteins, but no difference in platelet SNA positivity rate, were detected in patient's vs controls' samples. No significant differences in MFI nor in the percentage of positive platelets were observed between patient's and controls' samples for the remaining 5 lectins, namely AAL, CON-A, UEA-I, RCA-I, and MAA-I. Since PNA shows binding specificity for terminal galactose, higher PNA expression in platelet surface proteins from the PMM2-CDG patient appears to indicate higher abundance of desialylated core 1 *O*-glycans. Although these distinct PNA and SNA binding profiles suggest defective sialylation in PMM2-CDG platelets, further PMM2-CDG cases are to be evaluated to validate these findings.

Sialylated N-glycans in mammalian serum proteins have different linkage types ( $\alpha$ 2,3 and  $\alpha$ 2,6) and contain one to three sialic acid molecules (mono-, di-, and tri-sialyl). It is unclear, however, how these alternative conformations impact on N-glycan functions [18,19]. The composition of terminal sialic acid residues in N-glycans was shown to modulate the activities of numerous circulating glycoproteins by affecting their stability,

enzymatic activity, serum half-life, and organ specificity [19-21]. Differences in *N*-glycan structures (including sialyl Le<sup>ax</sup> epitopes and di-sialyl antennae), *N*-glycosylation occupancy, as well as the length of the N terminus, may all explain the large heterogeneity observed in the size of human blood-derived Protein C inhibitor (PCI) [22]. Similarly, modifications in the N-glycan profile of platelet surfaces may potentially lead to an altered interaction with other platelets or the blood vessel wall, resulting in the disruption of normal homeostatic mechanisms that regulate platelet aggregation [23].

Although many platelet glycoproteins are predominately modified by O-glycans [24], the biological importance of O-glycans in platelet homeostasis remains unclear. King *et al.* (2017) [25] used a dual *Vicia Villosa Agglutinin* (VVA) and *Peanut Agglutinin* (PNA) lectin binding assay to conduct the first large-scale identification of O-glycosites in platelets, plasma, and endothelial cells [25]. Meanwhile, Li *et al.* (2018) demonstrated a key role of posttranslational O-glycosylation in platelet homeostasis by showing that platelets lacking O-glycans have a reduced lifespan and are subject to increased clearance in the liver due to defective sialylation. These authors further showed that hepatic macrophages (Kupffer cells) play a major role in clearing desialylated O-glycan-deficient platelets in cooperation with hepatocytes via the hepatic asialoglycoprotein receptor [26].

The hyposialylated profile of PMM2-CDG platelets is arguably a consequence of the defective glycosylation machinery in these patients, and likely impairs the normal function of platelet surface glycoproteins. This might thus explain the spontaneous platelet reactivity described in PMM2-CDG patients [27,28]. In addition, decreased sialic acid expression could increase platelet clearance and lead to thrombocytopenia in peripheral blood, increasing the risk of bleeding in these patients [15].

In conclusion, this work contributes to the knowledge of the physiopathology of systemic hypoglycosylation in CDG by describing the glycophenotype of platelet membrane proteins in a PMM2-CDG patient. We detected a predominance of *N*-glycosylated surface proteins and significantly diminished terminal sialic acid contents in our patient's PRP samples, which would likely stimulate platelet clearance leading to thrombocytopenia and an increased risk of hemorrhage. The reactivity of such abnormally glycosylated proteins might also account for the platelet hypo-responsiveness to agonists described in these patients. Nevertheless, since only one PMM2-CDG patient was included in this study, a larger sampling is needed to generalize our findings. Further studies evaluating the functional consequences of platelet glycosylation and sialylation defects will help to better understand the physiopathogenesis of PMM2-CDG and hopefully will guide therapeutic strategies to improve life quality in affected patients.

## Acknowledgments

We are grateful to the Argentinean physicians and biochemists that collaborated toward a better understanding of CDG in Latin American countries. We dedicate this article to the CDG patients and families.

## Funding

This research received grants from CONICET 2017-2021 (RD: 2191), FONCyT PICT 2824; Catholic University of Córdoba 2015-2019, and the Health Ministry of Córdoba, Argentina.

## Ethics Approval and Consent to Participate

The procedures used in this research project were reviewed and approved by the Ethics Committee of the Children's Hospital of Córdoba (CIEIS) Act N° 95/2005/2007/2016. The study was performed in accordance with the ethical standards stated in the 1964 Declaration of Helsinki and its later amendments. Written informed consent to participate in this study was obtained from patients and/or their parents.

## Declaration of Conflicting Interests

The authors declare that they have no conflicts of interest to report regarding this manuscript.

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