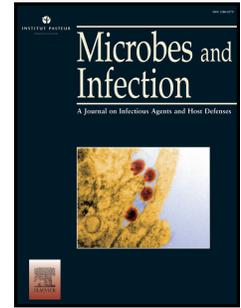


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Endocrine modulation of *Brucella abortus*-infected osteocytes function and osteoclastogenesis via modulation of RANKL/OPG

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1 **Endocrine modulation of *Brucella abortus*-infected osteocytes function and**  
2 **osteoclastogenesis via modulation of RANKL/OPG**

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18

19 **Abstract**

20 Osteoarticular brucellosis is the most frequent complication of active disease. A large  
21 amount of cells in bone are osteocytes. Since bone remodeling process is regulated by  
22 hormones we sought to study the effect of cortisol and DHEA in *B. abortus*-infected  
23 osteocytes. Cortisol treatment inhibited the expression of IL-6, TNF- $\alpha$ , MMP-2 and RANKL  
24 in *B. abortus*-infected osteocytes. DHEA could reverse the inhibitory effect of cortisol on  
25 MMP-2 production. *B. abortus* infection inhibited connexin 43 (Cx43) expression in  
26 osteocytes. This expression was increased when cortisol was incorporated during the infection  
27 and DHEA treatment partially reversed the effect of cortisol. Osteocytes-infected with *B.*  
28 *abortus* induced osteoclast's differentiation. Yet, the presence of cortisol, but not DHEA,  
29 during osteocyte infection inhibited osteoclastogenesis. Glucocorticoid receptor (GR) is  
30 implicated in the signaling of cortisol. Infection with *B. abortus* was able to increase GR $\alpha/\beta$   
31 ratio. Levels of intracellular cortisol are not only dependent on GR expression but also a result  
32 of the activity of the isoenzymes 11 $\beta$ -hydroxysteroid dehydrogenase (11 $\beta$ -HSD)-1 (cortisone  
33 to cortisol conversion), 11 $\beta$ -HSD2 (cortisol to cortisone conversion). *B. abortus* infection  
34 increased 11 $\beta$ -HSD 1/ 2 ratio and cortisone mimicked the effect of cortisol. Our results  
35 indicated that cortisol and DHEA could modulate osteocyte responses during *B. abortus*  
36 infection.

37

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39

40 **Keywords:** Adrenal steroids; *Brucella abortus*; osteocytes.

41

## 42 1. Introduction

43 *B. abortus* infection frequently induces osteoarticular damage during the active form  
44 of the disease [1]. However, during many years the mechanisms implicated in bone  
45 injury caused by *B. abortus* infection remained unknown. Regardless of the fact that *Brucella*  
46 infections in animal models have limitations because they do not reproduce all the signs and  
47 symptoms of the disease, studies performed using murine models described some aspects of  
48 *Brucella* infection in bone [2-6]. Additionally, results obtained in our laboratory revealed the  
49 important role of macrophages, osteoblasts, osteocytes, B lymphocytes and T lymphocytes in  
50 the induction of osteoclast differentiation during *B. abortus* infection [7-11]. Osteocytes are  
51 encrusted in the mineralized matrix of bone and constitute the final differentiated form of  
52 osteoblasts. They are up to 95% of all types of bone cells in the adult skeleton, and then  
53 constitute the most numerous cells of bone. Osteocytes constitute the main regulators of  
54 activity and differentiation of both osteoclast (cells involved in bone resorption) and  
55 osteoblast (cells involved in organic and mineral matrix deposition) during bone remodeling  
56 [12]. Given that, osteocytes are responsible for the control of bone remodeling, the modulation  
57 of their activity by *B. abortus* infection could contribute to the bone loss observed during the  
58 osteoarticular form of the disease. In addition, osteocytes are the main mechanosensors in the  
59 repair of bone microdamage, and then it can be postulated that loss of these cells is important  
60 in bone stability.

61 We have previously demonstrated that *B. abortus* invades and replicates in murine  
62 osteocytes with concomitant induction of the expression of proinflammatory cytokines,  
63 RANKL and MMP-2 [13]. Recently, it has been established a cross-regulation connecting  
64 adrenal steroids (glucocorticoids and dehydroepiandrosterone [DHEA]) and osteocyte  
65 function [14-18]. Glucocorticoid reduces cell to cell communication by inducing the  
66 degradation of connexin 43 (Cx43) with concomitant osteocyte death by apoptosis. The effects

67 of cortisol are frequently opposed by other adrenal steroids. The cortisol /DHEA ratio is  
68 altered in most pathological conditions. Accordingly, it has been found significantly elevated  
69 amounts of cortisol in serum from patients with acute brucellosis with respect to healthy  
70 controls [19, 20]. Then, we hypothesized that the responses during *Brucella* infection could be  
71 modulated by the neuroendocrine system. Therefore, to investigate the relevance of the  
72 adrenal axis on osteocyte function during *B. abortus* infection deserves to be studied.

73

## 74 **2. Materials and Methods**

### 75 **2.1. Bacterial culture**

76 *Brucella abortus* S2308 was grown overnight with constant agitation in 10 ml of  
77 tryptic soy broth (Merck, Buenos Aires, Argentina) at 37°C. Bacteria were harvested by  
78 centrifugation for 15 min at 6,000 x g at 4°C and washed twice with 10 ml of phosphate-  
79 buffered saline (PBS). Comparison of optical densities (OD) with a standard curve obtained in  
80 our laboratory was used to determine the number of bacteria in cultures. Cultures were diluted  
81 in sterile PBS to the desired bacterial concentration on the basis of the optical density  
82 readings, and the number was scored by plating cells onto tryptic soy agar (Britania, Buenos  
83 Aires, Argentina). *Brucella* manipulations were performed in biosafety level 3 facilities  
84 located at the Instituto de Investigaciones Biomédicas en Retrovirus y SIDA (INBIRS).

85

### 86 **2.2. Cells and Media**

87 MLO-Y4 cell line was kindly provided by Professor Lynda Bonewald (University of  
88 Missouri-Kansas City). All experiments were performed at 37°C in a 5% CO<sub>2</sub> atmosphere  
89 unless specified. MLO-Y4 cells were cultured in standard tissue culture flasks containing  
90 alpha minimum essential medium ( $\alpha$ -MEM), 10% fetal bovine serum (FBS), 100 U/ml of  
91 penicillin, and 100 g/ml of streptomycin (complete medium). Medium was replaced every 3-4  
92 days, and after confluence, cells were harvested using trypsin and resuspended in complete  
93 medium.

94

### 95 **2.3. Cellular infection**

96 Cells were seeded at a concentration of  $1 \times 10^5$  cells per well in 24 well plates and  
97 infected at different multiplicities of infection (MOI) in the presence or absence of cortisol ( $1$   
98  $\times 10^{-6}$  M) and/or dehydroepiandrosterone, DHEA ( $1 \times 10^{-8}$  M) and incubated for 1 h at 37°C in

99 a 5% CO<sub>2</sub> atmosphere. Then, cells were washed with  $\alpha$ -MEM to remove extracellular bacteria  
100 and were incubated in medium supplemented with 100  $\mu$ g/ml of gentamicin and 50  $\mu$ g/ml of  
101 streptomycin to kill extracellular bacteria. All experiments were achieved in the presence or  
102 absence of the indicated concentrations of cortisol and DHEA. To determine intracellular  
103 replication, cytokine production, MMP secretion, 11 $\beta$ -HSD1, 11 $\beta$ -HSD2, GR $\alpha$ , GR $\beta$   
104 expression and to obtain culture supernatants to perform osteoclastogenesis assay, MLO-Y4  
105 cells and culture supernatants were harvested at 24 or 48 hours.

106 Cells were lysed with 0.1% (vol/vol) Triton X-100 in H<sub>2</sub>O to monitor *Brucella*  
107 intracellular survival. Then, serial dilutions were plated on tryptic soy agar plates to  
108 enumerate CFU.

109

#### 110 **2.4. Zymography**

111 Zymography were conducted by the method of Hibbs et al. [21] with modifications, as  
112 described [22, 23].

113

#### 114 **2.5. Measurement of cytokine concentrations**

115 IL-6, TNF- $\alpha$ , (BD Biosciences) and RANKL (R&D systems) were quantified by  
116 ELISA from in culture supernatants.

117

#### 118 **2.6. Immunofluorescence**

119 *B. abortus*-infected MLO-Y4 cells were fixed in 4% paraformaldehyde for 60 min at  
120 room temperature and then permeabilized with 0,3% TritonX-100 for 10 min. Cells were first  
121 incubated for 18 h at 4°C with mouse anti-Cx43 (Invitrogen) diluted in phosphate-buffered  
122 saline (PBS)- 5% SFB and then with Alexa 488 anti-mouse (Invitrogen) in PBS-5%SFB for 1  
123 h at room temperature, nuclear staining was performed with DAPI. After cells were washed in

124 PBS, they were mounted and analyzed by fluorescence microscopy, using an Olympus  
125 microscope and counted using NIH ImageJ software.

126

## 127 **2.7. Osteoclast formation assay**

128 Bone marrow-derived monocytes (BMM) were induced to undergo osteoclastogenesis  
129 as was previously described[11, 24]. Briefly, BMM cells from Balb/c mice were cultured in  
130 complete medium containing 5 ng/ml murine recombinant M-CSF (R&D Systems) in 24-well  
131 plates for 12 h. Non adherent cells were collected and subsequently cultured with 30 ng/ml  
132 M-CSF in 24-well plates for an additional 24 h. Adherent cells were used as BMM which  
133 were seeded at a concentration of  $5 \times 10^4$  cells per well onto 24-well plates and cultured in 0.3  
134 ml of complete medium in the presence of 0.2 ml of culture supernatants from MLO-Y4  
135 osteocytes infected with *B. abortus* and 30 ng/ml M-CSF. The culture was maintained for 7  
136 days. 50 ng/ml murine RANKL was used as positive controls. 1  $\mu$ g/ml of anti-OPG antibody  
137 (R&D Systems) was used in neutralization experiments. Osteoclasts were identified by TRAP  
138 staining (Sigma-Aldrich). TRAP-positive, multinucleated cells (more than three nuclei) were  
139 defined as osteoclasts, and the number was determined by count in microscopic.

140

## 141 **2.8. mRNA preparation and quantitative RT-PCR**

142 RNA extraction was performed by using the Quick-RNA MiniPrepKit (Zymo  
143 Research) and 1  $\mu$ g of RNA was subjected to reverse transcription using Improm-II Reverse  
144 Transcriptase (Promega). PCR analysis was achieved with StepOne™ Real-Time PCR  
145 System (Applied Biosystems) using SYBR Green as fluorescent DNA binding dye. The  
146 primer sets used for amplification were:  $\beta$ -actin sense: 5'-AACAGTCCGCCTAGAAGCAC-  
147 3',  $\beta$ -actin antisense: 5'-CGTTGACATCCGTAAAGACC-3'; 11 $\beta$ -HSD1 sense 5'-  
148 GTCCTTGGCCTCATAGACACAG-3' antisense 5'-GGAGTCAAAGGCGATTTGTCAT.

149	11 $\beta$ -HSD2	sense	5'-GTTAACAACGCTGGCCTCAATATC-3'	antisense	5'-
150	CAACGGTCACAATACGTCCCCTC-3'		GR $\alpha$	sense	5'-
151	AAAGAGCTAGGAAAAGCCATTGTC-3'			antisense	5'-
152	TCAGCTAACATCTCTGGGAATTCA-3'		GR $\beta$	sense	5'-
153	AAAGAGCTAGGAAAAGCCATTGTC-3'			antisense	5'-
154	CTGTCTTTGGGCTTTTGAGATAGG-3'				

155           The amplification cycle for GR $\beta$  and 11 $\beta$ -HSD2 were 95°C for 15 s, 55°C for 30 s and  
 156 72°C for 60 s for GR $\alpha$  and 11 $\beta$ -HSD1 were 95°C for 15 s, 58°C for 30 s and 72°C for 60 s. All  
 157 primer sets yielded a single product of the correct size. Relative expression levels were  
 158 normalized against  $\beta$ -actin.

159

## 160           **2.9. Statistical analysis**

161           Statistical analysis was performed with one-way ANOVA, followed by Post Hoc  
 162 Tukey Test. Analysis was made by using GraphPad Prism 5.0 software. Data were  
 163 represented as mean  $\pm$ SD.

164

165

### 166 3. Results

#### 167 3.1. Intracellular replication of *B. abortus* in osteocytes is modulated by adrenal steroids

168 Adrenal steroids do not only modulate the function of host cells but can also modulate  
169 bacterial intracellular replication, including *B. abortus* replication in monocytes/macrophages  
170 and osteoblast [19, 25-27]. In previous studies performed in our laboratory, we demonstrated  
171 that osteocytes support *B. abortus* replication [13]. Then, experiments were performed to  
172 determine if cortisol and DHEA treatment could vary the ability of *B. abortus* to replicate in  
173 osteocytes. Our results indicated that the ability of *B. abortus* to replicate in osteocytes was  
174 increased when experiments were performed in the presence of cortisol with respect to  
175 untreated cells at 24 and 48 h postinfection. By contrast, intracellular replication of *B. abortus*  
176 was not affected by DHEA respect to untreated cells (Fig. 1A). Infection experiments  
177 conducted in the presence of cortisol and DHEA administrated together revealed not  
178 significant differences in intracellular bacterial survival with respect to untreated cells.  
179 Together, these results indicate that intracellular replication of *B. abortus* is increased in the  
180 presence of cortisol and that DHEA treatment is able to reverse this effect.

181

#### 182 3.2. Cortisol inhibits IL-6, TNF- $\alpha$ , RANKL and MMP-2 expression and DHEA partially 183 reverses the effect of cortisol on MMP-2 expression in *B. abortus*-infected osteocytes

184 Most of functions of different cell types including osteocytes (the most abundant bone  
185 cells) are modulated by adrenal hormones [28]. Thus, we hypothesized that osteocyte function  
186 would be modified by cortisol and DHEA during *B. abortus* infection. Osteocytes infected  
187 with *B. abortus* in the presence of cortisol, secreted significantly lower amounts of TNF- $\alpha$ ,  
188 IL-6, RANKL and MMP-2 with respect to untreated infected cells (Fig. 1 B, C, D and E). In  
189 contrast, DHEA had no significant effect on the levels of TNF- $\alpha$ , IL-6, RANKL and MMP-2  
190 respect to untreated infected cells. When both cortisol and DHEA were administrated

191 together, DHEA could only reverse the inhibitory effect of cortisol on MMP-2 expression.  
192 These results indicate that cortisol reduces the proinflammatory microenvironment induced by  
193 *B. abortus* infection of osteocytes; and DHEA partially reverses this effect on MMP-2  
194 expression.

195

### 196 **3.3. DHEA reverses the effect of cortisol on Cx43 expression in *B. abortus*-infected** 197 **osteocytes**

198 Cx43 is the most abundant gap junction in bone cells. It is required for cell to cell  
199 communication and to maintain the viability of osteocytes [29]. Previous studies performed in  
200 our laboratory revealed that *B. abortus* infection inhibits Cx43 expression in osteocytes. Then,  
201 experiments were conducted to determine the role of cortisol and DHEA in the modulation of  
202 Cx43 expression during *B. abortus* infection. Using specific antibodies, Cx43 expression was  
203 evaluated by immunofluorescence. *B. abortus* infection reduced the expression of Cx43  
204 demonstrating that infection could modify gap junction in osteocytes as was previously  
205 reported [13]. This phenomenon was reversed when infection experiments were performed in  
206 the presence of DHEA (Fig. 1F and G). Cortisol inhibited Cx43 expression in uninfected  
207 osteocytes, as it was previously described [14] and also inhibited Cx43 expression in *B.*  
208 *abortus*-infected osteocytes. In addition, when both cortisol and DHEA were administrated in  
209 conjunction, DHEA could reverse the inhibitory effect of cortisol on Cx43 expression in  
210 infected and non-infected cells. These results indicate that DHEA reverses the effect of *B.*  
211 *abortus* infection on Cx43 expression even in the presence of cortisol.

212

### 213 **3.4. Osteoclastogenesis induced by *B. abortus*-infected osteocytes was inhibited by** 214 **cortisol**

215 Osteocytes are the main bone cells that modulate osteoclast differentiation. In  
216 pathological conditions osteocyte imbalance could cause excessive osteoclastogenesis and  
217 pathological bone loss. Then, experiments were conducted to determine the role of adrenal  
218 steroids on osteocytes and in their ability to induce osteoclastogenesis during *B. abortus*  
219 infection. To this end, osteoclast precursors were stimulated in the presence of M-CSF with  
220 supernatants from osteocytes that were previously infected with *B. abortus* in the presence or  
221 not of cortisol, DHEA, both cortisol and DHEA, or with supernatants from uninfected cells as  
222 control. Our results indicated that supernatants from *B. abortus*-infected osteocytes induced  
223 osteoclastogenesis (Fig. 2). When we studied the effect of conditioned medium from *B.*  
224 *abortus*-infected osteocytes in the presence of adrenal steroids, our results indicated that  
225 supernatants from *B. abortus*-infected osteocytes cultured in the presence of cortisol inhibited  
226 osteoclastogenesis, and supernatants from *B. abortus*-infected osteocytes cultured in the  
227 presence of DHEA had no effect on osteoclastogenesis. When osteoclast differentiation was  
228 performed with supernatants from *B. abortus*-infected osteocytes in the presence of both  
229 adrenal steroids (cortisol and DHEA), cortisol was also able to inhibit osteoclastogenesis  
230 induced by *B. abortus* infection (Fig. 2 A and B).

231 To determine if the modulation of osteoclast differentiation induced by supernatants  
232 from *B. abortus*-infected osteocytes in the presence of cortisol and DHEA was due to a direct  
233 effect of these hormones on osteoclast precursors or as a result of the modulation of adrenal  
234 steroids on the cytokine production by *B. abortus*-infected osteocytes; experiments were  
235 performed with supernatants from *B. abortus*-infected osteocytes that were added on  
236 osteoclast precursors together with exogenously added adrenal steroids. Our results indicated  
237 that, adrenal steroids were unable to modulate osteoclast differentiation induced by culture  
238 supernatants from *B. abortus*-infected osteocytes (Fig. 2 C and D).

239 Taken together, these results indicate that adrenal steroids can modulate the secretion  
240 of cytokines by osteocyte during *B. abortus* infection resulting in a different ability to induce  
241 osteoclast differentiation.

242

### 243 **3.5. Cortisol inhibits osteoclast differentiation through a mechanism that depends on** 244 **osteoprotegerin (OPG)**

245 Cortisol could not only inhibit osteoclastogenesis through the inhibition of RANKL,  
246 but it could also induce the expression of OPG, the natural antagonist of RANKL. Since by  
247 ELISA assay it was measured only the free form of RANKL, experiments were performed to  
248 determine the contribution of OPG in the inhibition of osteoclastogenesis induced by  
249 supernatants from *B. abortus*-infected osteocytes in the presence of cortisol respect to  
250 supernatants from *B. abortus*-infected but untreated osteocytes. To this end, osteoclast  
251 differentiation experiments were performed with supernatants from *B. abortus*-infected  
252 osteocytes in the presence or not of anti-OPG neutralizing antibodies. Our results indicated  
253 that in the presence of anti-OPG antibodies, supernatants from *B. abortus*-infected osteocytes  
254 in the presence of cortisol induced significantly higher levels of osteoclast differentiation  
255 respect to supernatants not treated with anti-OPG antibodies. When anti-OPG neutralizing  
256 antibodies were added in conjunction with supernatants from *B. abortus*-infected osteocytes  
257 in the presence of DHEA, this treatment had no significant effect on osteoclast differentiation.  
258 The neutralizing antibodies anti-OPG were able to partially reverse the inhibitory effect on  
259 osteoclastogenesis induced by supernatants from *B. abortus*-infected osteocytes in the  
260 presence of both cortisol and DHEA. Isotype control antibodies had no effect on any of the  
261 described phenomena (Fig. 3A). Taken together these results indicate that cortisol inhibits  
262 osteoclastogenesis induced by *B. abortus*-infected osteocytes at least in part through the  
263 increase of OPG expression.

### 264 **3.6. Cortisol inhibits the induction of functional osteoclasts**

265 Our hypothesis is that *B. abortus* infection creates a microenvironment that promotes  
266 osteoclastogenesis, leading to bone loss. Thus, osteoclast precursors were treated with culture  
267 supernatants from *B. abortus*-infected osteocytes in the presence of M-CSF and in the  
268 presence or not of cortisol, DHEA and both cortisol and DHEA. Our results indicated that  
269 supernatants from *B. abortus*-infected osteocytes induced functional osteoclasts formation  
270 that were able to resorb dentine. Additionally, supernatants from *B. abortus*-infected  
271 osteocytes in the presence of cortisol were unable to induce dentine resorption; and this effect  
272 was reversed by anti-OPG treatment (Fig. 3 B and C). Taken together, these results indicate  
273 that culture supernatants from *B. abortus*-infected osteocytes promote functional osteoclast  
274 formation, and this can be inhibited by the presence of cortisol.

275

### 276 **3.7. *B. abortus* infection inhibits GR $\alpha$ and GR $\beta$ gene transcription**

277 Cortisol exerts effects by binding to GR, which is expressed in different cell types  
278 including osteocytes [15]. Thus, the cellular sensitivity to cortisol is not only dependent on  
279 serum concentration but also is dependent on the ratio between different GR isoforms. It is  
280 known that GR $\beta$  does not have the capacity to bind glucocorticoids and, in addition, it can  
281 induce GR $\alpha$ /GR $\beta$  heterodimers formation that inhibits GR $\alpha$ -mediated transcriptional  
282 activation [30]. Then, experiments were conducted to assess the effect of *B. abortus* infection  
283 in the transcriptional levels of GR $\alpha$  and GR $\beta$ . Our results indicated that *B. abortus* infection  
284 reduced the transcription of both GR $\alpha$  and GR $\beta$  genes, but increase the GR $\alpha$ / $\beta$  transcriptional  
285 ratio (Fig. 4 A, B and C). These results suggest that *B. abortus* infection could favor cortisol  
286 action on osteocytes through the increase in GR $\alpha$ / $\beta$  transcriptional ratio.

287

### 288 **3.8. Transcription of 11 $\beta$ -HSD1 and 11 $\beta$ -HSD2 genes in osteocytes is modulated by** 289 ***B. abortus* infection**

290 GR expression is important in the recognition of cortisol by cells. However, cell  
291 response to cortisol is also dependent on its intracellular presence and bioavailability [16].  
292 Intracellular levels of cortisol are dependent on the action of the isoenzymes 11 $\beta$ -  
293 hydroxysteroid- dehydrogenase type 1 (11 $\beta$ -HSD1) and type 2 (11 $\beta$ -HSD2) which convert  
294 cortisone to cortisol and vice versa, respectively. Then, experiments were performed to  
295 determine if 11 $\beta$ -HSD1/2 mRNA levels could be modulated by *B. abortus* infection. 11 $\beta$ -  
296 HSD1 transcription was increased by *B. abortus* infection (Fig. 4D). By contrast, *B. abortus*  
297 infection inhibits 11 $\beta$ -HSD2 transcription (Fig. 4E). In concordance, when we analyzed 11 $\beta$ -  
298 HSD1/2 ratio, our results indicated that *B. abortus* infection induces an increase in 11 $\beta$ -  
299 HSD1/2 ratio (Fig. 4F). Taken together, these results suggest that *B. abortus* infection  
300 increase intracellular bioavailability of cortisol, thought an increase of the 11 $\beta$ -HSD1/2 ratio.

### 302 **3.9. Cortisone mimics the effect of cortisol on *B. abortus*-infected osteocytes**

303 Experiments were then conducted to determine the relevance of the increase of 11 $\beta$ -  
304 HSD1/2 ratio induced by *B. abortus* infection. To this end, we evaluated the ability of  
305 cortisone to mimic the effect of cortisol to stimulate *B. abortus* intracellular replication in  
306 osteocytes and to modulate TNF- $\alpha$ , IL-6 and RANKL secretion; Cx43 and MMP-2  
307 expression. Our results indicated that when osteocytes were infected with *B. abortus* in the  
308 presence of cortisone, the levels of intracellular bacteria were similar to that of cells infected  
309 in the presence of cortisol (Fig. 5 A). In addition, *B. abortus*-infected cells in the presence of  
310 cortisone secreted significantly lower quantities of the cytokines TNF- $\alpha$ , IL-6, RANKL and  
311 MMP-2 and express lower quantities of Cx43 than untreated infected-cells. The levels of  
312 cytokines, MMP-2 and Cx43 in *B. abortus*-infected osteocytes in the presence of cortisone

313 were similar to the ones produced by osteocytes infected with *B. abortus* in the presence of  
314 cortisol (Fig. 5 B, C, D, E and F). These results indicate that both cortisol and cortisone are  
315 able to reduce proinflammatory microenvironment induced by *B. abortus* infection on  
316 osteocytes.

317

#### 318 4. Discussion

319 In brucellosis, we and others have demonstrated that cortisol/ DHEA ratio is higher in  
320 infected patients with acute manifestations of the disease than in healthy controls and in  
321 patients with disease remission [19, 20]. This increase could modulate bone responses and  
322 affect the control of the disease during osteoarticular localization of *Brucella* infection. In  
323 particular, adrenal steroids could modulate osteocyte responses during *B. abortus* infection.  
324 The importance of osteocytes is because they are the most abundant bone cells and they are  
325 involved in bone homeostasis. We have previously demonstrated that *B. abortus* invades and  
326 replicates in osteocytes and this infection affects osteocyte function through the induction of  
327 proinflammatory cytokines, MMP-2 and RANKL with a concomitant induction of  
328 osteoclastogenesis. In addition, the most abundant gap junction in osteocytes that facility  
329 intercellular communication to maintain osteocytes viability, Cx43, was inhibited by *B.*  
330 *abortus* infection. It has been previously demonstrated that glucocorticoids have adverse  
331 effects on osteocytes, and these effects included the decrease in Cx43 protein expression [14].  
332 In contrast, DHEA was reported to have beneficial effects in osteoporosis by increasing bone  
333 mineral density [17, 18]. However, besides the beneficial effects of DHEA in bone, its role in  
334 modulating osteocytes function has not been studied yet. Our results indicate that DHEA has  
335 beneficial effect on *B. abortus*-infected osteocytes. DHEA treatment was able to reverse the  
336 inhibitory effect of *B. abortus* infection on Cx43 expression. Moreover, DHEA reversed the

337 effect of *B. abortus* infection on Cx43 expression when infection experiments were performed  
338 in the presence of cortisol.

339 Adrenal steroids could not only modulate cell responses during *B. abortus* infection,  
340 but also could modulate bacterial intracellular replication. Our results indicated that cortisol  
341 treatment significantly increases *B. abortus* intracellular proliferation in osteocytes and this  
342 phenomenon was reversed when both cortisol and DHEA were administrated in conjunction.  
343 This increase in intracellular replication due to glucocorticoids treatment has been described  
344 by us and others in macrophages infected with *B. abortus*, *Salmonella typhimurium* and  
345 *Mycobacterium tuberculosis* and in *B. abortus*-infected osteoblast [19, 25-27]. The reversion  
346 of the effect of cortisol mediated by DHEA on *B. abortus* intracellular replication added  
347 support to the beneficial effect of DHEA as it was previously demonstrated in non-infectious  
348 bone disease [28].

349 The effect of cortisol, is dependent on its availability, on the ratio between GR $\alpha$  and  
350 GR $\beta$  isoforms [30] and on its intracellular presence dependent on 11 $\beta$ -HSD1 and 11 $\beta$ -HSD2  
351 expression [16]. In osteocytes, *B. abortus* increased GR $\alpha/\beta$  and 11 $\beta$ -HSD1/2 ratio suggesting  
352 an increase in intracellular concentration of cortisol. The increase observed in GR $\alpha/\beta$  and  
353 11 $\beta$ -HSD1/2 ratio was not exclusive of osteocytes infected with *B. abortus*, since it was also  
354 observed in mononuclear cells from patients with *M. tuberculosis* infection and also in  
355 osteoblast infected with *B. abortus* [25, 31]. Our results demonstrated the importance of the  
356 increase of 11 $\beta$ -HSD1/2 ratio induced by *B. abortus* infection in osteocytes, since in  
357 experiments performed with cortisone instead of cortisol; we demonstrated that cortisone  
358 could mimic the effect of cortisol on osteocytes during *B. abortus* infection.

359 This study constitutes the first analysis on the adrenal steroids modulation of  
360 osteocytes response in a context of a bacterial infection. Although our previous studies reveals  
361 the importance of DHEA in reducing the damage induced by *B. abortus* infection [19, 25],

362 DHEA was not able to modulate most of the responses induced by *B. abortus* in osteocytes. In  
363 addition, DHEA was also unable to reverse most of the effect of cortisol on *B. abortus*-  
364 infected osteocytes. However, the reversion in the inhibition of Cx43 expression during *B.*  
365 *abortus* infection still when infection experiments were performed in the presence of cortisol,  
366 added an important role of DHEA. In this context a supplementation with DHEA could be  
367 considered to reduce the bone damage induced by *B. abortus*-infected osteocytes. Then  
368 considering the effect of DHEA on the modulation of immune response in *B. abortus*-infected  
369 monocytes [19], cells that infiltrated the osteoarticular localization and the benefic effect of  
370 DHEA on osteoblast [25] and the effect of DHEA in osteocytes during osteoarticular  
371 brucellosis; antibiotic therapy with the addition of DHEA or its derivatives could be consider  
372 as a new possible treatment for brucellosis with the aim to reduce bone lesion and sequelae.  
373 The results of this study were summarized in Fig. 6.

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**400 Conflict of interest**

401 The authors declare no conflict of interest.

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503 **FIGURE LEGENDS**

504

505 **Figure 1: Effects of cortisol and DHEA on *B. abortus* replication and induction of**  
506 **proinflammatory mediators and connexin 43 (Cx43).** Osteocytes were infected at MOI 100  
507 and 1,000 in the presence or not of cortisol ( $1 \times 10^{-6}$  M), DHEA ( $1 \times 10^{-8}$  M), or cortisol plus  
508 DHEA ( $1 \times 10^{-6}$  M and  $1 \times 10^{-8}$  M, respectively). (A) Intracellular replication was assessed by  
509 determining colony forming units (CFUs) after 2, 4, 6, 24, and 48 h of osteocytes infected at  
510 MOI 100. ELISA determination of the IL-6 (B) and RANKL (C), TNF- $\alpha$  (D); and MMP-2  
511 production by zymography in culture supernatants of 24 h (E). Representative digital images  
512 of Cx43 expression revealed by immunofluorescence (F). Quantification of % of Cx43  
513 positive cells (G). Data are given as the means  $\pm$  SEM from at least 3 individual  
514 experiments \* $P < 0.1$ , \*\* $P < 0.01$ , and \*\*\* $P < 0.001$  cortisol versus untreated. # $P < 0.1$ , DHEA-  
515 cortisol versus cortisol.

516

517 **Figure 2: Cortisol inhibits osteoclastogenesis induced by supernatants from *B. abortus*-**  
518 **infected osteocytes.** Bone marrow-derived monocytes (BMM) cells were either not treated  
519 (unstimulated) or stimulated with culture supernatants from osteocytes infected with *B.*  
520 *abortus* (*B.a.* infected-Sn MLO-Y4) or with culture supernatants from uninfected osteocytes  
521 (Uninfected-Sn MLO-Y4) in the presence or not of cortisol ( $1 \times 10^{-6}$  M), DHEA ( $1 \times 10^{-8}$  M),  
522 or cortisol plus DHEA ( $1 \times 10^{-6}$  M and  $1 \times 10^{-8}$  M, respectively) added at 1:2 proportion in  
523 conjunction with M-CSF. After 7 days, osteoclastogenesis was determined by the generation  
524 of multinucleated TRAP-positive cells. Representative digital images were taken by light  
525 microscopy (A), and multinucleated TRAP-positive cells were identified and counted (B).  
526 BMM cells were either not treated (unstimulated) or stimulated with culture supernatants  
527 from *B. abortus*-infected osteocytes (*B.a.* infected-Sn MLO-Y4) or culture supernatants from

528 uninfected osteocytes (Uninfected-Sn MLO-Y4). Culture supernatants were added at 1:2  
529 proportion in conjunction or not with cortisol ( $1 \times 10^{-6}$  M), DHEA ( $1 \times 10^{-8}$  M), or cortisol  
530 plus DHEA ( $1 \times 10^{-6}$  M and  $1 \times 10^{-8}$  M, respectively) in the presence of M-CSF. RANKL is  
531 used as a positive control. After 7 days, osteoclastogenesis was determined by the generation  
532 of multinucleated TRAP-positive cells. Representative digital images were taken by light  
533 microscopy (C), and multinucleated TRAP-positive cells were identified and counted (D).  
534 Data are given as the means  $\pm$  SEM from at least 3 individual experiments\*\*\* $P < 0.001$  versus  
535 untreated.

536  
537 **Figure 3: Cortisol inhibits osteoclast differentiation through OPG increase.** BMM cells  
538 were either not treated (unstimulated) or stimulated with culture supernatants from osteocytes  
539 infected with *B. abortus* (*B.a.* infected-Sn MLO-Y4) in the presence or not of cortisol ( $1 \times 10^{-6}$   
540 M), DHEA ( $1 \times 10^{-8}$  M), or cortisol plus DHEA ( $1 \times 10^{-6}$  M and  $1 \times 10^{-8}$  M, respectively) or  
541 with culture supernatants from osteocytes pre-incubated with anti-OPG (a-OPG)-neutralizing  
542 antibody or its isotype control. Supernatants were added at 1:2 proportions in conjunction  
543 with M-CSF. After 7 days, osteoclastogenesis was determined by the generation of  
544 multinucleated TRAP-positive cells (A) and the ability to resorb dentin (B and C). RANKL  
545 was used as a positive control. Data are given as the means  $\pm$  SEM from at least 3 individual  
546 experiments \* $P < 0.1$ , and \*\* $P < 0.01$  versus cortisol.

547  
548 **Figure 4: *B. abortus* infection modulates glucocorticoid receptor (GR) and isoenzymes**  
549 **11 $\beta$ -hydroxysteroid dehydrogenase (HSD).** GR $\alpha$ , GR $\beta$ , 11 $\beta$ -HSD1, and 11 $\beta$ -HSD2  
550 expression were determined by RT-qPCR in osteocytes infected by *B. abortus* at  
551 multiplicities of infection (MOI) 100 and 1,000 for 24 h. GR $\alpha$  (a), GR $\beta$  (B), GR $\alpha/\beta$  ratio (c),  
552 11 $\beta$ -HSD1 (D), 11 $\beta$ -HSD2 (e) and 11 $\beta$ -HSD1/2 ratio (F). N.I.: non-infected. Data are given

553 as the means  $\pm$  SEM from at least 3 individual experiments \* $P$  < 0.1, \*\* $P$  < 0.01, and \*\*\* $P$  <  
554 0.001 versus untreated.

555

556 **Figure 5: Cortisone mimics the effects of cortisol on osteocytes infected with *B. abortus*.**

557 Osteocytes were infected at MOI 1000 in the presence or not of cortisol ( $1 \times 10^{-6}$  M) or  
558 cortisone ( $1 \times 10^{-6}$  M) (A) Intracellular replication was assessed by determining colony  
559 forming units (CFUs) after 2, 4, 6, 24, and 48 hours. ELISA determination of IL-6 (B),  
560 RANKL (C) and TNF- $\alpha$  (D); and MMP-2 production by zymography in culture supernatants  
561 of 24 hour infected osteocytes (E). Representative digital images of Cx43 expression revealed  
562 by immunofluorescence (F). Data are given as the means SEM of duplicates. Data are given  
563 as the means  $\pm$  SEM from at least 3 individual experiments \* $P$  < 0.1, \*\* $P$  < 0.01, and \*\*\* $P$  <  
564 0.001 versus untreated.

565

566 **Figure 6: Proposed model for the mechanisms involved in the modulation of osteocytes**

567 **by adrenal steroids during *B. abortus* infection.** 1. Infection with *B. abortus* induces the  
568 secretion of RANKL, TNF- $\alpha$ , IL-6 and MMP-2, inhibits the expression of Cx43, induces  
569 osteoclastogenesis and increases GR $\alpha$ / $\beta$  and 11 $\beta$ -HSD1/2 ratio with the consequent  
570 conversion of cortisone in its active form cortisol. 2. When cortisone or cortisol are present,  
571 the intracellular CFU is increased respect to untreated cells, the secretion of RANKL, TNF- $\alpha$ ,  
572 IL-6 and MMP-2 is inhibited. 3. DHEA reverses the increase of CFU counts induced by  
573 cortisol. Cortisone and cortisol have no effect on Cx43 expression. 4. Cortisol inhibits  
574 osteoclastogenesis in a mechanism that involve OPG. 5. DHEA reverses the effect of *B.*  
575 *abortus* infection via the induction of Cx43 expression, inclusive also in the presence of  
576 cortisol.

577

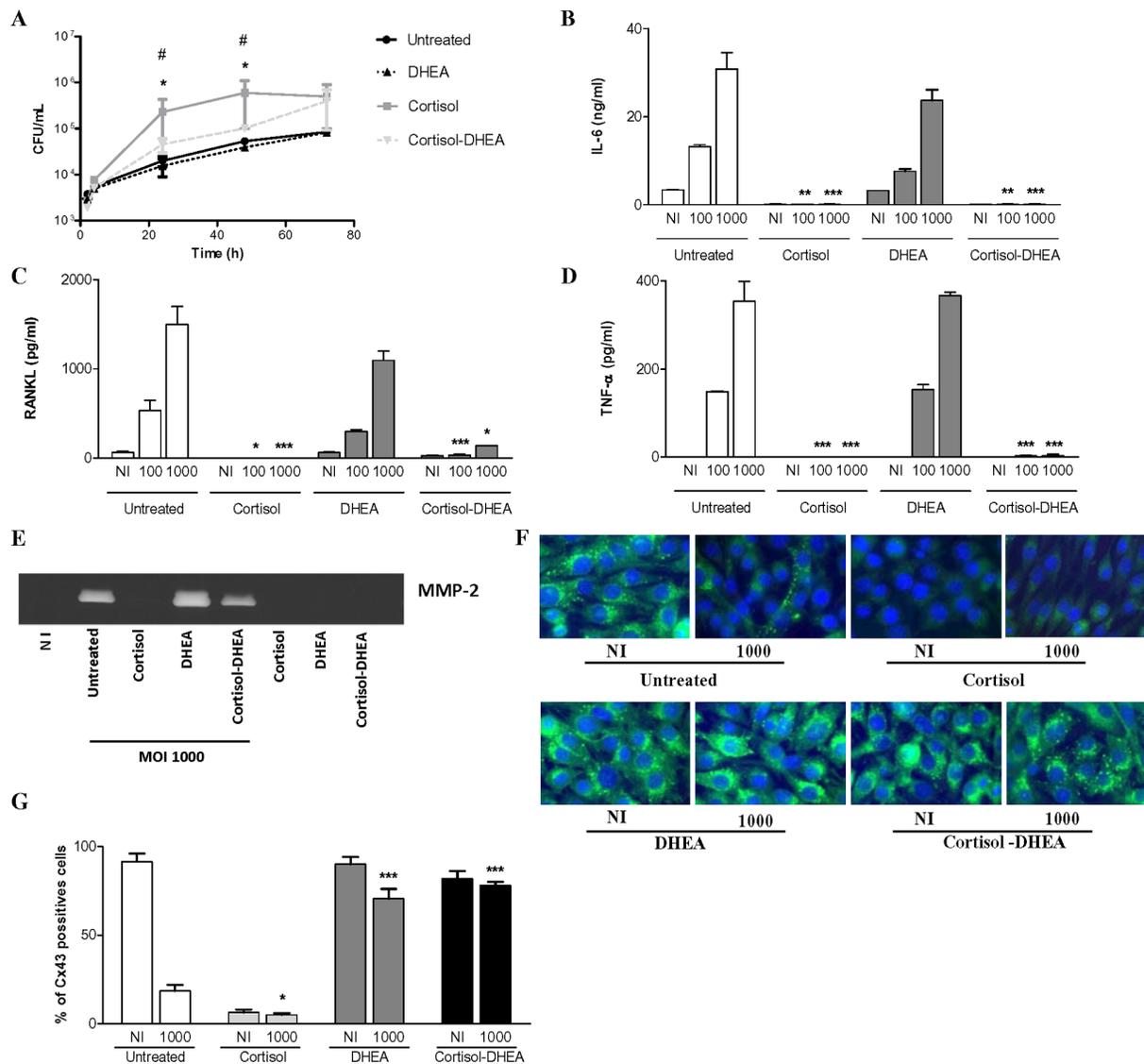
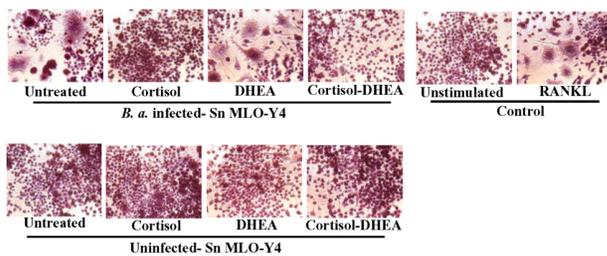


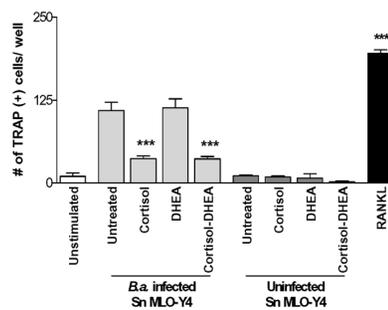
Figure 1

Supernatants from osteocytes infected with *B. abortus* in the presence or not of adrenal steroids were added to osteoclast precursors.

**A**

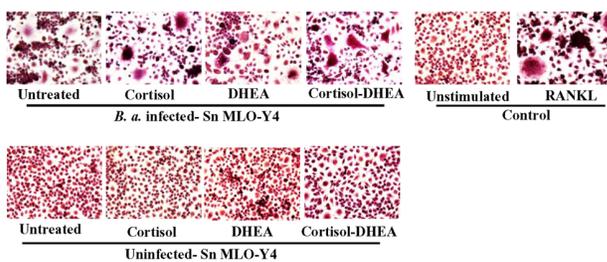


**B**

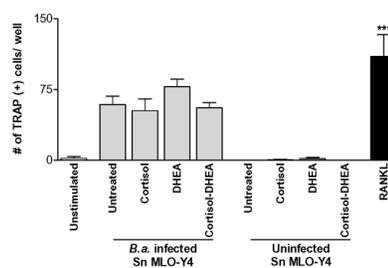


Supernatants from osteocytes infected with *B. abortus* were added to osteoclast precursors in the presence or not of adrenal steroids exogenously added.

**C**



**D**



**Figure 2**

ACCEPTED MANUSCRIPT

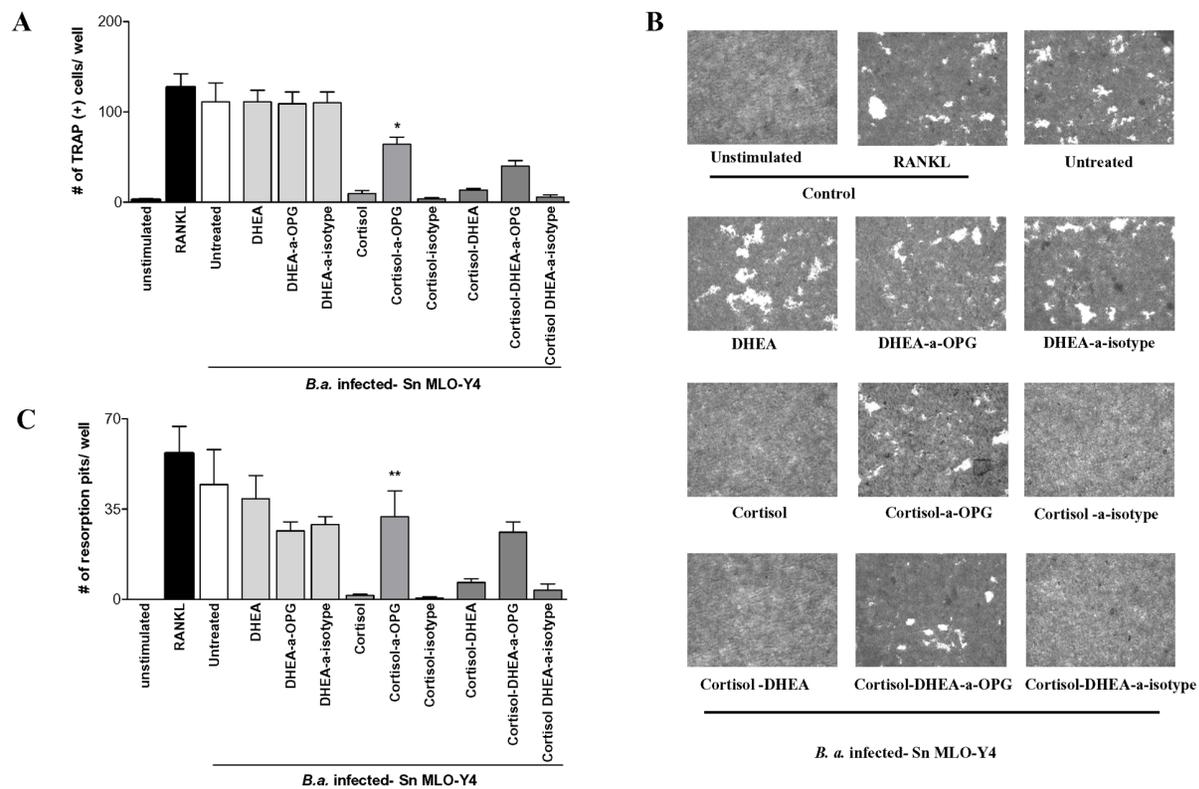


Figure 3

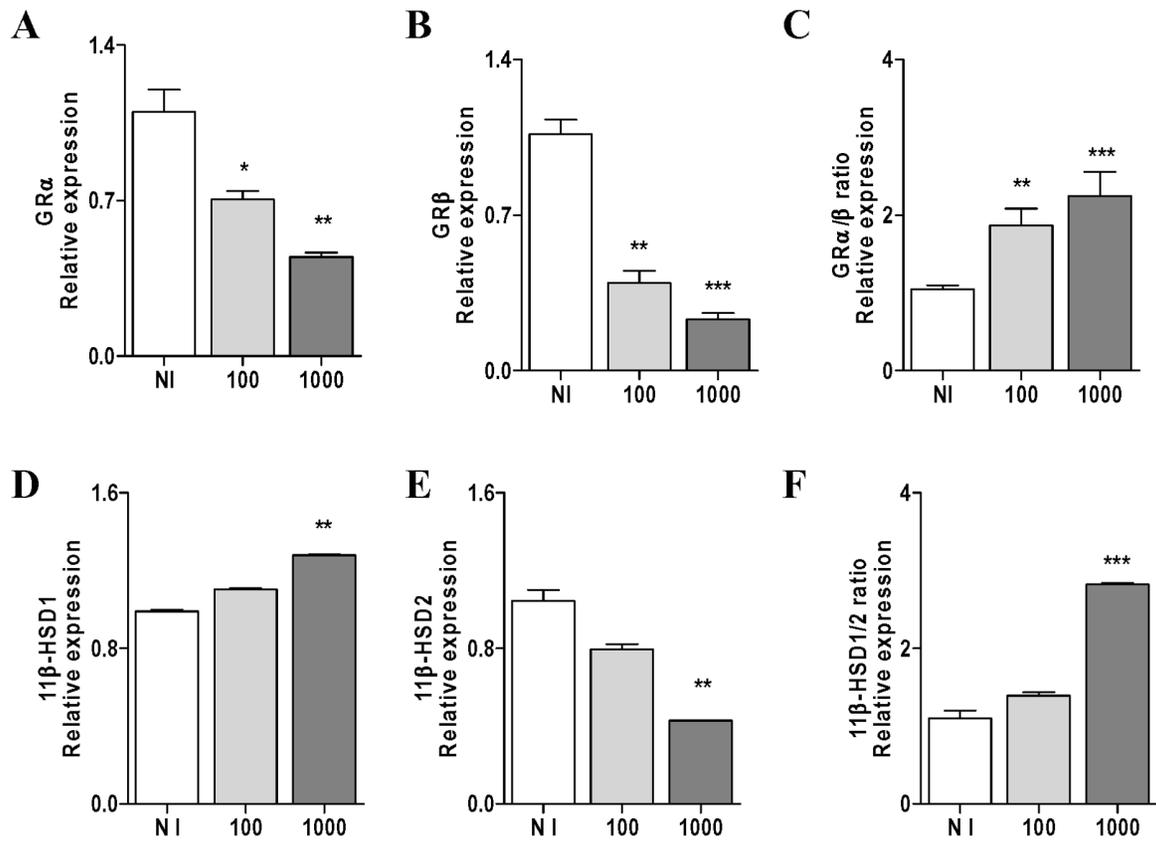


Figure 4

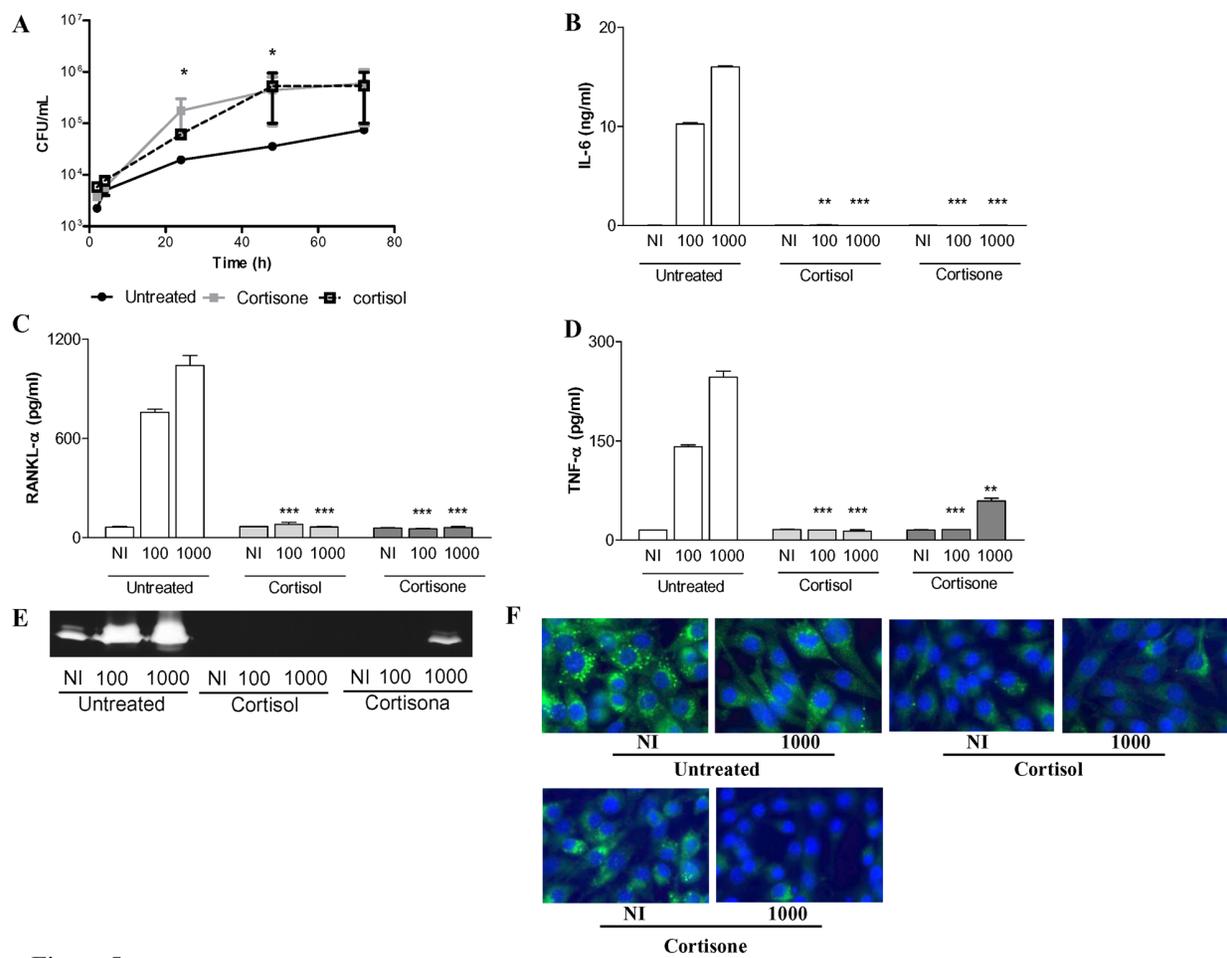


Figure 5

