# **Induction of Quinone Reductase by Withanolides**

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Thirty-seven naturally occurring withanolides (1-37), previously isolated in our laboratories, were evaluated for their potential to induce quinone reductase with cultured murine hepatoma cells (Hepa 1c1c7). Spiranoid (29, 32) and 18-functionalized withanolides (2-5, 7-9, 24) were found to be potent inducers of the enzyme, while 5α-substituted derivatives exhibited weak activity. Preliminary studies were performed with compound 29 to evaluate enzyme-inducing capacity in multiple organ sites of BALB/c mice. Significant induction was observed in liver and colon, but not in lung, stomach, or mammary gland.

The in vivo fate of chemical carcinogens is determined at least in part by the balance between phase I enzymes (cytochromes P-450) that activate these species to highly reactive electrophilic metabolites capable of damaging DNA and phase II enzymes (e.g., glutathione transferases, NAD-(P)H quinone oxireductase [QR], UDP-glucuronosyltransferases) that convert these reactive electrophiles to less toxic and more easily excretable products. 1-3 Å wide variety of agents that protect against chemical carcinogenesis are also inducers of phase II enzymes in many animal cells and tissues, and there is convincing evidence that induction of phase II enzymes is an important mechanism responsible for cancer chemoprevention. It is therefore of interest that vegetables contain a variety of inducer molecules. A simple screening procedure involving measurement of quinone reductase activity in murine hepatoma cells has led to the isolation and identification of cancer chemopreventive agents such as sulforaphane from Brassica oleracea L. "broccoli" (Brassicaceae)4 and several withanolides, constituents of the fruits of Physalis philadelphica Lam. "tomatillos" (Solanaceae).5

The withanolides are a group of natural C-28 steroids that occur mainly in plants of certain genera of the Solanaceae. In addition to enzyme induction potential noted above, withanolides have been studied previously for their antifeedant, antiinflammatory, antitumor, cytotoxic, and immunomodulating activities and for protection against CCl<sub>4</sub>-induced hepatotoxicity.<sup>6,7</sup> They are built on an ergostane skeleton in which C-22 and C-26 are appropriately oxidized in order to form a  $\delta$ -lactone or  $\delta$ -lactol ring. Biogenetic transformations can produce highly modified compounds both in the steroid nucleus and the side chain, including the formation of additional rings. The withanolides may be classified according to their structural skeleton;7 compounds within each group usually differ in the nature and number of oxygenated substituents and the degree of unsaturation of the rings. The diversity of pharmacological effects exhibited by these molecules is obviously a function of the differences in their chemical

structure. However, convincing structure-activity relationships have not been developed previously for the withanolides.

Over the past several years, in the course of phytochemical studies, we have isolated a variety of known and novel withanolides from several plants in the Solanaceae, including Datura ferox L.,8 Dunalia brachyacantha Miers.,9 Exodeconus maritimus (Benth.) D'Arcy, 10 Iochroma australe Griseb.,11 Jaborosa araucana Phil.,12 J. integrifolia

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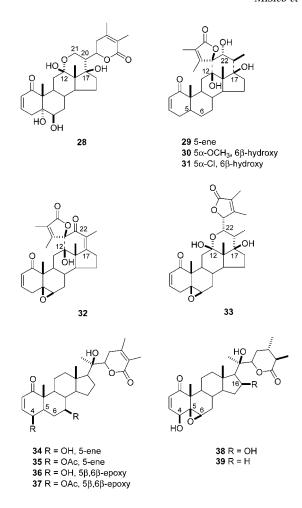
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Lam., <sup>13</sup> *J. leucotricha* (Speg.) A. T. Hunz., <sup>14</sup> *J. odonelliana* A. T. Hunz., <sup>15,16</sup> *J. runcinata* Lam., <sup>12</sup> *J. sativa* (Miers) A. T. Hunz. & G. Barboza, <sup>17</sup> *Nicandra physaloides* (L.) Gaertn., <sup>18</sup> *Salpichroa origanifolia* (Lam.) Thell, <sup>19,20</sup> and *Vassobia lorentzii* (Dammer) A. T. Hunz. <sup>21</sup> As an approach for the discovery of novel cancer chemopreventive agents, these pure withanolides (1–37) were tested for induction of quinone reductase with in vitro and in vivo models. Compilation of the results obtained with these withanolides has allowed a preliminary analysis of the structural features that might be responsible for inducing the activity of this phase II enzyme.

#### **Results and Discussion**

The potential of the withanolides (1-37) to induce QR activity in comparison with the activity of sulforaphane was tested. This system measures the specific activity of quinone reductase in murine hepatoma cells grown in 96well microtiter plates and exposed to a range of concentrations of the tested compounds. Induction of QR activity was calculated from the ratio of specific enzyme activities of compound-treated cells in comparison with a solvent control. The concentrations required to double and quadruple QR activities in the cells, CD and CQ, respectively, were generated. To observe only the induction on QR and to avoid cytotoxic effects, the half-maximal inhibitory concentration of cell viability, IC<sub>50</sub>, was also determined. Finally, from the ratio between the IC<sub>50</sub> and CD or CQ values, chemopreventive indices (CI) were calculated. Such measurements not only predicted anticarcinogenic activity but also provided a reasonable index of potency and

The induction of QR activity observed with withanolides 1-37 is summarized in Table 1. Data previously reported for withanolides 38 and 39 from *P. philadelphica* and sulforaphane are included for comparison. Of the withanolides examined in this study, compounds 2, 3, 5, 22, 24, 26, 29, 32, and 33 were promising inducers of QR activity with CI (IC<sub>50</sub>/CD) values of 19.3, 10.0, 28.1, 11.1, >27.8, 7.2, >57.0, 28.9, and 28.7, respectively. Compounds



1, 6, 10, 11, 15, 16, 25, and 28 failed to show induction of QR, and five additional compounds (12–14, 17, and 23) exhibited weak activity with CD values of 14.5–35  $\mu$ M (Table 1).

From the subgroup of compounds with an oxidized methyl-18 isolated from *D. brachyacantha*<sup>9</sup> and *V. lorentz* $ii^{21}$  (1-11 and 24), compounds 2-5, 7-9, and 24 were strong inducers of QR with CD values smaller than 1.05 µM, with most of them being more potent than sulforaphane (Table 1). The stereochemistry at C-18 did not affect inducer potency, since both withaphysalin H (18R, 3) and withaphysalin I (18S, 4) gave similar CD values (0.52 and 1.04  $\mu$ M, respectively). When the 2,5-dien-1,4diketone system was present, as in 10 and 11, no induction of QR was found, although these compounds also presented a functionalized C-18. This finding as well as other drastic variations in activity associated with changes in the substitution pattern of rings A and B (e.g., compare 1 and 2) indicates that these structural features have a decisive influence in promoting QR activity.

The presence of a  $5\alpha$ -hydroxy group, as in compounds 12-18, 23, and 28, exerted a deleterious effect on the inducer activity. As a result, compounds bearing this group were much less potent (CD >  $10~\mu$ M; Table 1) or inactive (e.g., 16 and 28). This was evident when comparing compounds 21, 22, and 23 isolated from *J. integrifolia* that have the 27-methyl group oxidized to an alcohol. Thus, jaborosalactone A (21) was as active as sulforaphane (CD =  $0.29~\mu$ M), while cleavage of the epoxide to give the  $5\alpha$ -hydroxyl, as in compound 23, decreased induction of QR (CD =  $21.2~\mu$ M). Elimination of this group (as in 22) restored the activity. In a similar way, the observed decrease in the induction activity for 19 and 20 may be

**Table 1.** Induction of Quinone Reductase Activity by Withanolides (1–39) and Sulforaphane<sup>a</sup>

compound	trivial name	CD (μM)	CQ ( $\mu$ M)	$IC_{50} (\mu M)$	$IC_{50}/CD$	$IC_{50}/C0$
1	withaphysalin F	$NI^b$	$NI^b$	4.15	$ND^c$	$ND^c$
2	withaphysalin G	0.51	$ND^c$	9.83	19.3	$ND^c$
3	withaphysalin H	0.52	$\mathbf{ND}^c$	5.21	10.0	$ND^c$
4	withaphysalin I	1.04	$\mathbf{ND}^c$	5.27	5.1	$ND^c$
5	withaphysalin J	0.39	$\mathrm{ND}^c$	11.0	28.1	$ND^c$
6	4,18-diacetylwithaphysalin G	$\mathrm{NI}^b$	$\mathrm{NI}^b$	5.10	$\mathbf{ND}^c$	$ND^c$
7	$NA^d$	< 0.28	< 0.28	0.39	>1.4	>1.4
8	$NA^d$	< 0.28	< 0.28	0.42	> 1.5	> 1.5
9	$NA^d$	< 0.29	< 0.29	0.57	>2.0	>2.0
10	withaphysalin K	$NI^b$	$NI^b$	7.29	$\mathrm{ND}^c$	$ND^c$
11	withaphysalin L	$NI^b$	$NI^b$	0.65	$\mathrm{ND}^c$	$ND^c$
12	exodeconolide A	15.8	>42.7	>42.7	>2.7	$ND^c$
13	exodeconolide B	16.2	>42.7	>42.7	>2.6	$ND^c$
14	withaferoxolide	14.5	40.8	>42.5	>2.9	$ND^c$
15	withanone	$NI^b$	$NI^b$	$NI^b$	$ND^c$	$ND^c$
16	withanolide A	$NI^b$	$NI^b$	>42.5	$\mathbf{ND}^c$	$ND^c$
17	$NA^d$	35.0	>58.4	>58.4	>1.7	$ND^c$
18	nicandrenone	10.5	39.0	42.9	4.1	1.1
19	salpichrolide A	10.8	$ND^c$	>42.9	>4.0	$ND^c$
20	salpichrolide G	11.6	$ND^c$	>42.9	>3.7	$ND^c$
21	jaborosalactone A	0.29	0.68	1.83	6.3	2.7
22	jaborosalactone B	3.48	1.43	38.5	11.1	26.9
23	jaborosalactone D	21.2	>42.3	>42.3	>1.7	ND
24	18-hydroxywithanolide D	0.27	0.54	1.93	7.2	3.5
25	jaborosalactone L	$NI^b$	$NI^b$	$NI^b$	$ND^c$	$ND^c$
26	jaborosalactone O	1.52	>42.3	>42.3	>27.8	$ND^c$
27	16-deacetyliochromolide	< 0.32	0.49	0.66	>2.1	1.3
28	jaborosalactone S	NI <sup>b</sup>	$NI^b$	>39.8	$ND^c$	$ND^c$
29	jaborosalactone P	0.75	$ND^c$	>42.7	>57.0	$ND^c$
30	jaborosalactone 12	9.32	$ND^c$	>39.0	>4.2	$ND^c$
31	jaborosalactone 10	7.32	$ND^c$	>38.0	>5.2	$ND^c$
32	jaborosalactone 1	0.28	1.27	8.08	28.9	6.3
33	trechonolide A	0.27	1.26	7.74	28.7	6.1
34	7-hydroxy-14-deoxywithanolide U	0.27	2.66	1.66	3.5	0.1
3 <del>4</del> 35	7-nydroxy-14-deoxywithanolide U 7-acetyl-14-deoxywithanolide U	0.47	$ND^c$	0.81	>3.0	$ND^c$
36	NA <sup>d</sup>	0.27	$ND^c$	1.27	2.5	$ND^c$
30 37	$NA^d$	0.31	$ND^c$	0.33	1.3	ND <sup>c</sup>
3 <i>1</i> 3 <b>8</b>	withaphysacarpin	$0.26$ $0.43^e$	$1.9^e$	$4.8^e$	1.3 11.1 <sup>e</sup>	2.5
38 39		$0.43^{\circ}$ $0.70^{e}$	$3.8^e$	$\frac{4.8^{c}}{5.5^{e}}$	$7.8^e$	
	24,25-dihydrowithanolide D	$0.70^{\circ}$ $0.49^{e}$				1.4
	sulforaphane	0.49°	$10.6^{e}$	$11.7^{e}$	$23.9^e$	1.1

<sup>a</sup> QR activity was determined with Hepa lclc7 cells as described in the Experimental Section. CD, concentration required to double QR activity; CQ, concentration required to increase QR activity 4-fold; IC<sub>50</sub>, concentration to inhibit cell growth by 50%;  $\dot{Cl}$ , chemoprevention index (IC<sub>50</sub>/CD or IC<sub>50</sub>/CQ).  $^b$  NI = no induction.  $^c$  ND = not determined.  $^d$  NA = trivial name not available.  $^e$  Data taken from ref 5.

correlated with the presence of a 5α-oxygenated substituent (the  $5\alpha,6\alpha$ -epoxide). Jaborosalactone S (28) belongs to a subgroup of withanolides that possess, in addition to the typical  $\delta$ -lactone side chain, a six-membered hemiketal ring. Although this compound was the only one available representing its subgroup, the 5α-hydroxy group might be responsible for the lack of activity.

Compounds **29–32** contain a side chain with a carbon– carbon bond between C-12 of the intact steroid nucleus and C-23, and a spiranoid  $\gamma$ -lactone at the latter position. The additional ring thus formed has a 17,22-dihydroxy system, as in compounds 29-31, or a 17(20)-ene-22-keto system, as in jaborosalactone 1 (32). In this group of withanolides, jaborosalactone P (29) and jaborosalactone 1 (32) are the most interesting, with CI (IC<sub>50</sub>/CD) values of >57.0 and 28.9, respectively (Table 1). It is noteworthy that compound 29 displayed activity comparable to sulforaphane but no cytotoxicity at the highest concentration tested, resulting in a superior induction ratio for quinone reductase. The deleterious effect of a 5α-hydroxyl previously discussed may be extended to other  $5\alpha$ -substituents. Within the spiranoid with anolides, the presence of either a  $5\alpha$ -methoxy or a  $5\alpha$ chloro substituent (compounds 30 and 31) resulted in poorer induction in terms of CD values relative to 29 and

Trechonolide A (33) was the only compound available from this subgroup with a hemiacetal bridge formed

between a 22-OH and a 12-ketone, resulting in a stable six-membered ring with a  $\beta$ -oriented 12-OH group and a  $\gamma$ -lactone system as a side chain. With CD and IC<sub>50</sub> values of 0.27 and 7.74  $\mu$ M, respectively, a favorable CI of 28.7 (Table 1) was obtained. Finally, the 7-hydroxy and 7-acetoxy derivatives 34-37 exhibited high induction activity, but also high cytotoxicity, resulting in low CI values.

In each subgroup of withanolides analyzed, we have shown that some substituents may lead to changes in quinone reductase activity. Within the limits of our data, several observations may be made. The current results indicate that a functionalized methyl-18 plays an important role in improving QR activity, as in compounds 2-5, 7-9 and **24**. On the other hand, the presence of  $5\alpha$ -substituents, as in compounds 12-20, 23, 28, 30, and 31, results in lower activities. In general, spiranoid- and trechonolide-type withanolides exhibit good QR induction.

In terms of CI values, some of the compounds described above compare favorably with sulforaphane, a known chemopreventive agent (Table 1). In fact, when the CI value is calculated on the basis of CQ, some of the isolates may be viewed as superior to sulforaphane (Table 1). Among these agents, jaborosalactone P (29) was one of the most promising in terms of inducing potency and low toxicity. To further evaluate the potential of jaborosalactone P (29), a preliminary study was performed to test the capacity of this agent to induce steady-state levels of quinone reduc-

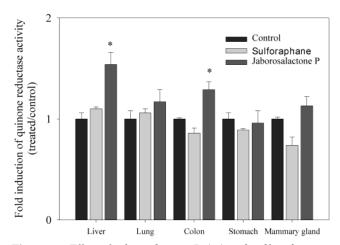


Figure 1. Effect of jaborosalactone P (29) and sulforaphane on quinone reductase activity in various organ sites of the mice. treatment groups were significantly different from the basal control group (p < 0.05) using Student's *t*-test with n = 3.

tase in multiple organ sites of BALB/c mice. Sulforaphane was used for comparison in this in vivo study. The scope of these tests was limited due to limited supplies of test compounds. Nonetheless, as shown in Figure 1, with jaborosalactone (29)-treated mice, significant induction was observed in liver and colon, but not in lung, stomach, or mammary gland. However, no significant induction was observed in all organ sites of mice treated with sulforaphane. The lack of inducing activity of sulforaphane in this experiment was possibly due to the dose level employed or the duration of the treatment period. Notably, however, the results of this in vivo study further confirm our in vitro findings that withanolides can function as potent phase II enzyme inducers. We are currently isolating larger quantities of selected withanolides in order to conduct more extensive in vivo evaluations.

### **Experimental Section**

Chemicals. Test compounds were isolated and identified by the authors as referenced above from the species *Datura* ferox (14), Dunalia brachyacantha (7–9, 27), Exodeconus maritimus (12, 13, 15-17), Iochroma australe (34-37), Jaborosa araucana (33), J. integrifolia (21-23), J. leucotricha (25 and 26), J. odonelliana (29-31), J. runcinata (32), J. sativa (28), Nicandra physaloides (18), Salpichroa origanifolia (19, **20**), and *Vassobia lorentzii* (1-6, 10, 11, and 24). Prior to biological testing, all compounds were analyzed by TLC on Si gel 60 F254 (Merck) plates using hexanes-EtOAc (4:1, 1:1, or 2:3 v/v) as mobile phase. Spots were visualized by spraying with 10% H<sub>2</sub>SO<sub>4</sub> in EtOH and heating. A purity greater than 95%, as verified by <sup>1</sup>H NMR spectroscopy, was considered acceptable.

Biological Assays for the Induction of Quinone Reductase (QR) with Cultured Mouse Hepatoma Cells. For the evaluation of pure isolates as inducers of QR, cultured mouse Hepa 1c1c7 cells were used as described previously. 22,23 In brief, 96-well plates were seeded at a density of 4000 cells/ mL (200  $\mu$ L/well) and incubated for 24 h at 37 °C in a CO<sub>2</sub> incubator. The medium was then changed, and test compounds, dissolved in 10  $\mu$ L of 10% DMSO, were introduced and serially diluted in a concentration range of 0.15–20  $\mu$ g/mL. The cells were incubated for an additional 48 h. Quinone reductase activity was measured by the NADPH-dependent menadiol-mediated reduction of MTT [3-(4,5-dimethylthiazo-

2-yl)-2,5-diphenyltetrazolium bromide] to a blue formazan. Protein levels were determined in a duplicate set of plates using crystal violet staining and subsequent measurement at 595 nm.<sup>23</sup> Induction of QR activity was calculated from the ratio of specific enzyme activities of compound-treated cells in comparison with a solvent control. Enzyme activity was expressed as CD, concentration required to double the specific activity of QR; CQ, concentration required to quadruple the specific activity of QR; IC50, half-maximal inhibitory concentration of cell viability; and CI (chemoprevention index), IC<sub>50</sub>/ CD, or  $IC_{50}/CQ$ .

Induction of Phase II Enzyme Activities in Animal **Tissues**. BALB/c mice (n = 3) were treated with test agents for 3 consecutive days (2.5 mg in 0.2 mL of sesame oil/mouse /day, i.g.), and the changes in quinone reductase activities were assessed in liver, lung, colon, stomach, and mammary gland, as described previously.24

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