Antimicrobial activity and mechanism of action of a thionin-like peptide from *Capsicum annuum* fruits and combinatorial treatment with fluconazole against *Fusarium solani*

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Running head: Antifungal thionin from Capsicum annuum fruits

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Abstract

Many Fusarium species are able to cause severe infections in plants as well as in animals and humans. Therefore, the discovery of new antifungal agents is of paramount importance. CaThi belongs to the thionins, which are cationic peptides with low molecular weights (~ 5 kDa) that have toxic effects against various microorganisms. Herein, we study the mechanism of action of CaThi and its combinatory effect with fluconazole (FLC) against *Fusarium solani*. The mechanism of action of *Ca*Thi was studied by growth inhibition, viability, plasma membrane permeabilization, ROS induction, caspase activation, localization and DNA binding capability, as assessed with Sytox green, DAB, FITC-VAD-FMK, CaThi-FITC and gel shift assays. The combinatory effect of *Ca*Thi and FLC was assessed using a growth inhibition assay. Our results demonstrated that CaThi present a dose dependent activity and at the higher used concentration (50 μ g mL⁻¹) inhibits 83% of *F. solani* growth, prevents the formation of hyphae, permeabilizes membranes, induces endogenous H2O2, activates caspases, and localizes intracellularly. CaThi combined with FLC, at concentrations that alone do not inhibit F. solani, result in 100% death of F. solani when combined. The data presented in this study demonstrate that CaThi causes death of F. solani via apoptosis; an intracellular target may also be involved. Combined treatment using *Ca*Thi and FLC is a strong candidate for studies aimed at improved targeting of F. solani. This strategy is of particular interest because it minimizes selection of resistant microorganisms.

Keywords: Antimicrobial peptides, Synergism, Fungi, Membrane permeability

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INTRODUCTION

Significant production losses to global crops caused by plant pathogens such as viruses, bacteria, fungi and other organisms is a great concern for food security. These losses represent more than 10% of global food production yields.^{1,2} In Brazilian agriculture alone, pesticide use totals US \$ 1.6 billion/year, corresponding to an alarming volume of pollutants released every day. Such pollution is implicated in numerous adverse effects, including toxicity to humans and non-target organisms.^{3,4} Paradoxically, despite the increasing use of pesticides, there is an increase in plant diseases caused by fungi that are becoming more resistant to currently available fungicides. Therefore, the discovery of new antifungal agents, particularly those endogenous to plants, is of paramount importance.⁵⁻⁷

Over the last decade, many studies have focused on antimicrobial proteins and peptides from various plant sources. Antimicrobial peptides (AMPs) are produced by several species: including bacteria, insects, plants, vertebrates, and have been characterized from almost all organisms, ranging from prokaryotes to humans.⁸⁻¹⁰ AMPs participate in the innate immune response, which is the first line of defence for most organisms against infection.¹¹

Among these AMPs are thionins, which belong to a family of plant AMPs. Thionins are cationic peptides (pI> 8) with low molecular weights (~ 5 kDa) and which are rich in arginine, lysine and cysteine residues. Thionins have sequence and structural similarities as well as toxic effects against microorganism, plant and animal cells.^{11,12} In 1942, Balls *et al.* ¹³ crystallized and purified a toxic molecule from wheat endosperm (*Triticum aestivum*). This protein material with a low molecular weight and a high sulphur content, designated as purothionine, is the first recorded thionin. Recently, thionins have been isolated from a wide variety of monocotyledon and dicotyledon

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plant species.¹⁴ Many thionins are toxic to gram-positive and gram-negative bacteria, yeast, phytopathogenic fungi, protozoa and insects.^{11,14-17} The mechanism of action of thionins on microorganisms was first investigated in *Saccharomyces cerevisiae*. A thionin from *T. aestivum* seeds caused permeabilization of yeast cells, as shown by leakage of ions, such as K^+ and PO₄³⁻, and some cellular components into the culture medium.¹⁸ Indirect experimental evidence indicates that thionins form pores and/or disintegrate of the plasma membrane, followed by massive depolarization and loss of cytoplasmic components by increasing the thionin toxicity remains unknown.^{14, 19} Thionins have strong toxic effects on microorganisms, as such they are excellent candidates for the development of new substances for crop protection and antifungal treatments of human infection.^{12, 20}

In previous reports,^{21, 22} our group isolated a thionin-like peptide, named *Ca*Thi, from *Capsicum annuum* fruits. This peptide had strong antimicrobial activity against *Escherichia coli* and *Staphylococcus aureus* as well as candidacidal activity against six *Candida* species. Some aspects of the mechanism of action of *Ca*Thi against important human pathogens were also described; for example, *Ca*Thi has a synergistic effect against yeasts when combined with FLC. FLC is a triazole mostly used for medical treatment of fungal infections, especially by *Candida*.²³ However, several triazoles are used in plant protection²⁴ and for several decades, agricultural researchers have known that extensive use of triazoles results in contamination of air, plants and soil.²⁵

In this work, we evaluate the mechanism of action and synergistic activity of *Ca*Thi combined with FLC on the growth of the important pathogenic plant fungus *F*. *solani*. This saprophytic fungus causes disease in plants, animals and humans, and in the

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last decade has caused an increasing number of infections in immunocompromised patients.²⁶⁻²⁸ This study contributes to a better understanding of AMP-pathogen interactions and how AMPs are used by plants to control fungal invasion, helping to establish guidelines for the implementation of AMPs in the treatment of fungal disease.

MATERIAL AND METHODS

Biological materials

Capsicum annuum L. (accession UENF1381) fruits were provided by the *Laboratório de Melhoramento Genético Vegetal* at the *Centro de Ciências e Tecnologias Agropecuárias, Universidade Estadual do Norte Fluminense - Darcy Ribeiro* (UENF), Campos dos Goytacazes, Rio de Janeiro, Brazil. Pepper plants were grown in a growth chamber at 28 °C and 80% relative humidity with a 16 h light/8 h dark photoperiod. Seeds were sown in trays of 72 cells with commercial substrate fertilized with NPK, which provides 4% nitrogen, 14% phosphorus and 8% potassium, and irrigated once a day. After 20 days post-emergence, plants were transplanted to the greenhouse and grown under the same treatment.

The fungus *Fusarium solani* f. sp. *eumartii*, isolate 3122 (EEA-INTA, Balcarce, Argentina) was provided by the *Instituto de Investigaciones Biológicas, Universidad Nacional de Mar del Plata,* Mar del Plata, Argentina. The fungus was maintained on Sabouraud agar (1% peptone, 2% glucose, and 1.7% agar-agar) (Merck) supplemented with 100 µg mL⁻¹ ampicillin.

Extraction and purification of CaThi

*Ca*Thi extraction and purification were accomplished as described by Taveira *et al.*²¹ Briefly, eighty grams of *C. annuum* fruits (without seeds) were extracted for 2 h (at 4

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°C) with 400 mL of extraction buffer (10 m*M* Na₂HPO₄, 15 m*M* NaH₂PO₄, 100 m*M* KCl, 1.5% EDTA, pH 5.4) (Sigma). Extracted proteins were precipitated with 0 and 70% relative ammonium sulphate (472 g L⁻¹) (Merck) saturation and centrifuged at 20,000 x g for 30 min at 4 °C. Precipitates were re-dissolved in 5 mL of distilled water and heated at 80 °C for 15 min. The resulting suspension was clarified by centrifugation, as before, and the supernatant was extensively dialyzed against distilled water. The extract was submitted to fractionation using chromatographic methods. The retention time to recover *Ca*Thi using reversed-phase chromatography with a μ RPC C2/C18 column (ST 4·6/100) (GE Healthcare) was 37.87 min.¹⁶ The column was equilibrated and run with solvent A (aqueous 0.1% TFA) (Sigma) for the first 8 min followed by a gradient of solvent B (100% propanol (Sigma) in 0.1% TFA) for 75 min. The flow rate was 0.5 mL min.

Effect of *Ca*Thi on fungal growth

The fungus *F. solani* was transferred from stock and placed in a Petri dish containing Sabouraud agar and grown for approximately 15 days at 25 °C. After this period, 10 mL of Sabouraud broth were poured over the plate containing the fungus, and the conidia were released with the aid of a Drigalski spatula. This suspension was filtered through gauze to prevent the passage of mycelial debris that may have been in solution with the conidia. These conidia were quantified in a Neubauer chamber (Laboroptik) under an optical microscope. A quantitative assay for fungal growth inhibition was performed following the protocol developed by Broekaert *et al.*²¹ with modifications as follows. To verify the effect of *Ca*Thi on *F. solani* growth, $1x10^4$ conidia mL⁻¹ in 200 µL of Sabouraud broth were incubated at 25 °C in 96-well microplates (Nunc) in the presence of *Ca*Thi at a concentration of 50, 25 and 12.5 µg mL⁻¹. Optical readings at 620 nm

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were collected at the start and every 6 h for 60 h. Fungal growth without the addition of *Ca*Thi was also determined. Graphs of absorbance versus time were plotted. The experiments were repeated three times in triplicate, and the inhibition percentage was calculated by the formula according to Vieira *et al.*³⁰ with the following modifications: the inhibition percentages were assessed against a control representing 100% growth based on the formula [100 – (*Ca*ThiABS620 × 100/ cABS620)], where *Ca*ThiABS620 was the average absorbance reading at 620 nm of *Ca*Thi-treated cells at 60 h and cABS620 was the average absorbance reading at 620 nm of the control cells at 60 h. These fungal growth inhibition data were evaluated by One-way ANOVA, and differences of the mean at p <0.05 were considered significant. All statistical analyses were performed using GraphPad Prism software (version 5.0 for Windows). The IC₅₀ was calculated based on a linear regression curve and it is defined as the *Ca*Thi concentration required to inhibits 50% of microorganism growth in the condition tested.

Viability assay

To assess the effect of *Ca*Thi on *F. solani* conidia viability, 1×10^4 conidia mL⁻¹ in sterile water, were incubated in the presence of 50 µg mL⁻¹ of *Ca*Thi at 25 °C for 24 h in 96-well microplates (Nunc). Control cells without *Ca*Thi were washed once and diluted 100–fold in sterile water, and a 100-µL aliquot from this dilution was spread over the surface of Sabouraud agar medium (Petri dish 90 x 15 mm) with a Drigalski spatula and grown at 25 °C for 48 h. At the end of this period, colony forming units (CFU) were determined and the Petri dishes were photographed. The same procedure was used for *F. solani* conidia treated with *Ca*Thi. The experiments were performed in duplicate, and the results shown were calculated assuming that the control represents 100% of conidia viability, using the formula ([100 – ($a \times 100/b$)]) where *a* was the

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average CFU of treated sample and b was the average CFU of control sample according to Vieira *et al.*³⁰

Plasma membrane permeabilization

Fungal plasma membrane permeabilization was measured by Sytox green uptake as described previously by Thevissen *et al.*³¹. Sytox green is a dye that only passes through cells when the plasma membrane is structurally compromised. Once inside the fungal cytoplasm, it binds to nucleic acids to give a fluorescent signal. Accordingly, this dye can be used to verify fungal plasma membrane permeabilization. This assay was performed as described in the section "Effect of *Ca*Thi on fungal growth" with the indicated differences: the fungus *F. solani* (1x10⁴ conidia mL⁻¹) was incubated in the presence of *Ca*Thi at a concentration of 50 µg mL⁻¹ for 12, 24, 48 and 60 h. After these periods, 100-µL aliquots of the fungal cell suspension were incubated with 0.2 µ*M* Sytox green and 10 µg mL⁻¹ of propidium iodide in 1.5-mL microcentrifuge tubes for 15 min at 25 °C with constant agitation. The cells were observed under an optical microscope (Axioplan.A2, Zeiss) equipped with a fluorescence filter set for fluorescein detection (excitation wavelengths, 450 to 490 nm; emission wavelength, 500 nm). All images were acquired with the same exposure time.

Determining the induction of hydrogen peroxide in F. solani conidia

To investigate whether *Ca*Thi is able to cause the production of endogenous hydrogen peroxide in *F. solani* conidia, we used 3, 3'- diaminobenzidine (DAB) (Sigma). The DAB is oxidized immediately and locally by hydrogen peroxide and peroxidase, and the presence of peroxides is observed as a dark-brown colour due to the formation of an insoluble precipitate at the reaction site. Initially, a DAB solution 1 mg mL⁻¹ was

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prepared in water with constant agitation overnight and protected from light, as described previously by Thordal-Christensen *et al.*³² and Liu *et al.*³³ The fungal conidia $(1 \times 10^4 \text{ cell mL}^{-1})$ were incubated with *Ca*Thi (50 µg mL⁻¹) in 1.5-mL microcentrifuge tubes in a final volume of 100 µL of Sabouraud broth and DAB at a final concentration of 0.5 mg mL⁻¹. Samples were measured every 10 min for a total time of 60 min. For negative controls, conidia were incubated with 200 m*M* of hydrogen peroxide. Observations were conducted using optical microscopy.

Detection of caspase activity induced by CaThi in F. solani

Detection of caspase activity was performed using the *in situ* marker CaspACE FITC-VAD-FMK (Promega) as described by the manufacturer. The marker FITC-VAD-FMK is an analogue of the caspase inhibitor Z-VAD-FMK (carbobenzoxy-valyl-alanyl-aspartyl-[O-methyl]-fluoromethylketone). The N-terminal carbobenzoxy (Z) is replaced by fluorescein isothiocyanate (FITC), creating a green fluorescent label for apoptosis. This assay was performed as described in the section **"Effect of** *Ca***Thi on fungal growth"** with the indicated differences: After incubation for 12 and 24 h with *Ca*Thi, *F. solani* conidia were suspended, washed once in 500 µL of PBS (10 mM NaH₂PO₄, 0.15 *M* NaCl) pH 7.4 and suspended in 50 µL of staining solution containing 50 µM of FITC-VAD-FMK and 10 µg mL⁻¹ of propidium iodide. After 20 min incubation at 25 °C under constant agitation at 500 rpm, the cells were again washed in 500 µL PBS and resuspended in 20 µL of PBS. The negative control cells (in the absence of *Ca*Thi) underwent the same treatment as cells treated with the peptide. The cells were observed under an optical microscope (Axioplan.A2, Zeiss) equipped with a fluorescence filter

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set for fluorescein detection (excitation wavelengths, 450-490 nm; emission wavelength, 500 nm). All images were acquired with the same exposure time.

Localization of CaThi in F. solani conidia

To verify whether *Ca*Thi is able to enter *F. solani* cells, we coupled *Ca*Thi to fluorescein isothiocyanate (FITC) and monitored the interaction of FITC-tagged *Ca*Thi with *F. solani* by optical microscopy. Initially, 100 μ g of *Ca*Thi was coupled to FITC as described previously by Taveira *et al.*²² After coupling, 20 μ g mL⁻¹ of *Ca*Thi-FITC was incubated with *F. solani* cells in 96-well microplates. After 60 h of incubation, an aliquot of fungal suspension was removed and incubated with 50 μ g mL⁻¹ of 4',6-diamidino-2-phenylindole dihydrochloride (DAPI) for 10 min to stain nuclei. Cells were analysed using a DIC optical microscope (Axioplan.A2, Zeiss) equipped with a fluorescent filter set for detection of fluorescein (excitation wavelengths, 450-490 nm; emission wavelength, 500 nm) and DAPI (excitation wavelengths, 385-400 nm; emission wavelength, 450-465 nm).

Analysis of DNA binding capability of CaThi

F. solani DNA was extracted using the "DNeasy Plant Mini Kit" (Qiagen) from a culture of *F. solani* grown on Sabouraud broth for 48 h, and the extracted DNA was quantified using a NanoDrop 2000 (Applied Biosystems). The mobility shift test is based on the binding of DNA to proteins that results in a complex with a different electrophoretic mobility than free DNA. The mobility of the complex is observed in the agarose gel as slower migration relative to free DNA.

The assay was performed as described by Park *et al.*³⁴ Briefly, a 0.8% agarose gel was prepared according to Sambrook and Russel.³⁵ One hundred nanograms of fungal DNA

were incubated with 50, 25 and 12.5 μ g mL⁻¹ of *Ca*Thi plus 20 μ L binding buffer (5% glycerol, 10 m*M* Tris-HCl pH 8·0, 1 m*M* EDTA, 1 m*M* dithiothreitol (DTT), 20 m*M* KCl, and 50 μ g mL⁻¹ of BSA) and was incubated for 30 min at 30 °C. The loading buffer and the electrophoretic run were as described in Sambrook and Russel.²⁷ Water was used as negative control and 10 μ g mL⁻¹ of poly-L-lysine (Sigma), which has the ability to bind to DNA, served as a positive control. Gel images were captured using an ImageQuant LAS 500 (GE Healthcare).

Combinatorial effect of FLC plus CaThi on F. solani growth

The assay was performed as described in the section "Effect of *Ca*Thi on fungal growth" with the indicated differences: 1×10^4 fungal conidia mL⁻¹ were incubated on Sabouraud broth at 25 µg mL⁻¹ of FLC or at 5 µg mL⁻¹ of *Ca*Thi. Neither concentration inhibited the growth of the tested fungus. The combination of FLC (25 µg mL⁻¹) plus *Ca*Thi (5 µg mL⁻¹) was also tested. Control cells were grown in the absence of FLC and *Ca*Thi and also in the presence of individual concentrations. After the incubation period, all samples were analysed using DIC optical microscopy (Axioplan.A2, Zeiss). The assay was performed in triplicate. Fungal growth inhibition was evaluated by Oneway ANOVA, and differences of the mean p <0.05 were considered significant. All statistical analyses were performed using GraphPad Prism software (version 5.0 for Windows). Synergism is defined as a combined action of two or more substances that causes greater inhibition of the microorganism than the sum of the growth inhibition of the individual substances.

The fungicidal test was performed at the end of this assay. The total volume of control cells (without FLC and *Ca*Thi) was spread over the surface of the Sabouraud agar medium (in a Petri dish) with a Drigalski spatula and grown at 25 °C for 60 h. The

same procedure was followed with fungus treated with FLC ($25 \ \mu g \ ml^{-1}$) + *Ca*Thi ($5 \ \mu g \ ml^{-1}$) to verify cell viability. The Petri dishes were photographed after 60 h. The experiments were performed in triplicate, and the results are shown assuming that the control represents 100% viability.

RESULTS

Antifungal activity of CaThi against F. solani cells

As a first approach to analyse antifungal activity, we verified whether *Ca*Thi was able to inhibit *F. solani* conidial germination and mycelial growth. We observed that *Ca*Thi has strong antimicrobial activity against this fungus, and this activity was dose dependent. At concentrations of 50, 25 and 12.5 μ g mL⁻¹, *Ca*Thi was able to inhibit 83, 50 and 21%, respectively, of mycelial growth of the phytopathogenic fungus *F. solani* (Figure 1A). Based on these values, the IC₅₀ of *Ca*Thi is 25 μ g mL⁻¹. Images of fungal cells were obtained after different growth times in the absence and presence of *Ca*Thi (50 μ g mL⁻¹) (Figure 1B). The growth and development were observed for all control cells under these conditions, and the formation of hyphae from the germ tubes of the conidia was observed. For *F. solani* conidia treated with 50 μ g mL⁻¹ *Ca*Thi, the fungal growth pattern was completely different in time and in morphology from control samples. That is, for the same time interval, the *Ca*Thi-incubated conidia exhibited delayed hyphae germination and development, and several morphological alterations (smaller, slightly ramified with a rough aspect) in hyphae at the last time interval.

Based on this strong growth inhibition by *Ca*Thi, *F. solani* conidia viability was further analysed. We observed that treatment of *F. solani* conidia with 50 μ g mL⁻¹ of *Ca*Thi produced a severe reduction in the number of colony forming units detected after 48 h incubation. Hence, the peptide exerts a lethal effect, causing 72.8% death of *F*.

solani conidia (Figure 2). These results indicate that the inhibitory effect of *Ca*Thi on *F*. *solani* is based on its fungicidal action.

Plasma membrane permeabilization of F. solani

We observed in Figure 3 that after 12 h of incubation, CaThi (50 µg mL⁻¹) was able to permeabilize the plasma membrane of fungal conidia. This result was observed until 60 h of incubation; however, at as early as 24 h of incubation with CaThi we observed a gradual increase in propidium iodide labelling, which indicates that treated cells were dying. This is consistent with the previously determined fungicidal effect. A detailed inspection of Sytox green labelling images shows that nuclei presented a round globular morphology until 48 h but changed to spots of fluorescence at 60 h of CaThi treatment, suggesting DNA fragmentation.

CaThi induces oxidative stress

Figure 4 shows that *Ca*Thi is able to induce the production of H_2O_2 . With only 10 min of incubation, we observed the formation of a brown precipitate inside cells where the DAB reaction with H_2O_2 occurred. After 20 min of treatment, increased colouring of this brown precipitate and its location were clearly observed, mostly at the tip of conidia. This labelling was observed until 1 h of incubation suggesting that up to that time *Ca*Thi still caused oxidative stress in the tested cells (Figure 4). The treatment of conidia with H_2O_2 as a positive control showed a very similar labelling pattern to that of *Ca*Thi.

Caspase activity is induced by CaThi in F. solani

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To determine whether apoptosis occurs during the death of *F. solani* conidia induced by CaThi, the involvement of caspases was evaluated. FITC-VAD-FMK permeates the cell. In the cytoplasm, it functions as a pseudo-substrate that binds caspases at their active site, inhibiting them and becoming fluorescent in the process. Our results show that exposure of *F. solani* conidia to *Ca*Thi resulted in activation of caspases, indicated by green fluorescence, suggesting that apoptosis is involved (Figure 5). Propidium iodide (red fluorescence) labelling was most strongly detected after 24 h of *Ca*Thi incubation.

Localization of Cathi in F. solani cells

Next, we investigated whether *Ca*Thi is internalized in *F. solani* cells. For this, 20 μ g mL⁻¹ of *Ca*Thi-FITC was used to verify an intracellular fluorescence signal, and the cells were also treated with DAPI to label nuclei. After 60 h of incubation, the intracellular fluorescence of *Ca*thi-FITC was observed, indicating that the peptide penetrates fungal cells. However, *Ca*thi-FITC did not produce a specific spot of fluorescence within the cell; overlapping *Ca*thi-FITC images with DAPI did not indicate co-localization of these fluorescent signals (Figure 6).

CaThi binds DNA

A previous study performed in the yeast *Candida tropicalis* suggested a possible target for *Ca*Thi in the cell nucleus.²² The previous report showed that *Ca*Thi is internalized in *F. solani*, raising the possibility that the peptide may interact with cellular DNA. This hypothesis was investigated by analysis of changes in DNA mobility. Our results indicate that, in the presence of 50, 25 and 12.5 μ g mL⁻¹ of *Ca*Thi, the electrophoretic mobility DNA is altered compared to free DNA (Figure 7). This suggests that *Ca*Thi

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can bind to DNA, retarding or preventing entry of the complex into the mesh of the agarose gel. This difference is visible by comparing the test (third lane) and positive control using poly L-lysine (second lane).

Effect of combined CaThi and FLC on the growth of F. solani

The effect of low doses of the peptide and the antimycotic FLC were tested separately and in combination. CaThi at 5 μ g mL⁻¹ only inhibited F. solani growth by 4%, and FLC at 25 µg mL⁻¹ produced inhibition of 6% (Figure 8A). However, the same doses in combination (CaThi 5 μ g mL⁻¹ + FLC 25 μ g mL⁻¹) increased growth inhibition to 100%, indicating a synergistic activity between the two substances (Figure 8A). In Figure 8B, we show F. solani growth patterns in the presence of CaThi (5 μ g mL⁻¹) or FLC (25 μ g mL⁻¹) that are similar to control growth patterns (only fungi and medium). corroborating the results obtained by optical density readings (Figure 8A). However, the growth patterns of F. solani in the presence of a combination of CaThi and FLC (FLC $(25 \ \mu g \ mL^{-1}) + CaThi (5 \ \mu g \ mL^{-1}))$ showed a robust reduction in hyphae formation and elongation as observed under optical microscopy, resulting in no observable cell growth. We also observed an apparent change in hyphae morphology (Figure 8B). In the presence of both substances there was observable growth after 60 h of incubation. In contrast, in the control we observed a white mass of mycelia growing over the medium (Figure 8C). These data suggest that the effect of combining FLC and Cathi, at noninhibitory concentrations for this fungus when used singly, completely blocks fungal growth.

DISCUSSION

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Initially, in this work, we tried to determine the MIC of *Ca*Thi on the growth of the fungus *F. solani*. However, the MIC was not determined because of two main difficulties: first, the quantity of AMPs in plant tissues is relatively low, and second, AMPs are difficult to purify from extracts of plant tissues, turning the process laborious. These difficulties turn the yield of the purified peptide low.³⁶ This is the case of *Ca*Thi which is purified from *C. annuum* fruits. For this reason, at this moment we only have the option to use the natural peptide.

Therefore, here we analysed the antifungal activity of CaThi against the fungus F. solani. Our results showed that CaThi (50 µg mL⁻¹) causes a significant reduction in mycelial growth in addition to inhibition of conidia germination over 48 h of incubation (Figure 1). The concentration tested is the lethal dose, which kills 73% of F. solani conidia (Figure 2). Vila-Perelló et al.³⁷ showed that natural thionin from Pyrularia pubera (Pp-TH) and its synthetic analogue have in vitro antimicrobial activity against various phytopathogenic bacteria and fungi at concentrations ranging from 0.3-3.0 µM $(1.58-15.8 \ \mu g \ mL^{-1})$. The viscotoxin VtA₃ from *Viscum album* and other thionins were also able to inhibit germination of F. solani conidia at 50 μ g mL⁻¹, although this inhibition was analysed for 16 h of incubation. As for mycelial growth, 7.5 μ g mL⁻¹ of VtA₃ was necessary to achieve 50% inhibition, and this potent activity was also verified against Sclerotinia sclerotiorum cells.³⁸ Studies have shown that the inhibitory concentration of AMPs varies widely and is dependent on the tested fungus. Van der Weerden et al.³⁹ showed that NaD1 defensin, another important AMP family isolated from Nicotiana alata, inhibited 50% of mycelial growth of F. oxysporum and Leptosphaeria maculans and 65% of fungi Thielaviopsis basicola, Verticillium dahliae and Aspergillus nidulans, at a concentration of 1 μM (5.3 μg mL⁻¹). Our data, together with existing literature, reinforce the notion that thionins and other AMPs are active

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plant compounds and promising candidates for the development of alternative treatments to combat plant disease.

The antifungal activity of thionins may be a direct result of protein-membrane interaction through the electrostatic interaction of positively charged thionins to negatively charged phospholipids in the fungal membranes. This interaction may result in the formation of pores or a specific interaction with a lipid domain, leading to membrane permeabilization. This membrane interaction make these molecules good models for understanding the mechanisms that lead to microorganism-induced cell death that causes disease in plants and animals.⁴⁰⁻⁴² Therefore, we analysed whether CaThi can impair the cytoplasmic membrane of F. solani conidia, leading to permeabilization. We observed that CaThi is able to permeabilize F. solani cells after 12 h of incubation (Figure 3). The vissen et al.⁴⁰ demonstrated that when the hyphae of the fungi Neurospora crassa and Fusarium culmorum were grown in the presence of αhordothionin, an antifungal thionin from barley seed, Ca²⁺ uptake increased, as did K⁺ efflux and medium alkalinity. Additionally, α -hordothionin caused permeabilization and altered the electrical properties of artificial lipid bilayers leading to their collapse. Giudici et al.⁴³ indicated that the viscotoxins VtA₃ and VtB, members of the type III subclass of thionins, interact with model membranes containing negatively charged phospholipids and disrupt membranes in leakage assays. The same research group showed that approximately 50 μ g mL⁻¹ of VtA₃ is able to modify the permeability of membranes of F. solani conidia using the probe Sytox green. These authors also observed that with only 5 min of incubation, fungal conidia were permeabilized and prolonged exposure of conidia to VtA3 progressively increased the percentage of permeabilized cells, reaching 70% in 30 min.³⁸ Taveira *et al.*²² demonstrated that *Ca*Thi was able to cause permeabilization in all six important Candida species tested,

suggesting that permeabilization may be the first in a sequence of cellular changes caused by CaThi that lead to the death of the microorganism. Our results are consistent with the observation that thionins inhibit fungal growth as a result of direct interactions with membranes. Nonetheless, more studies are crucial to determine the specific interaction of thionins with plasma membranes and understand their inhibitory properties.

Studies show that increased production of ROS in target organisms is a recurring mode of action employed by AMPs.⁴⁴⁻⁴⁶ In fungal cells, reactive oxygen species (ROS) such as superoxide radical $(O2^{-})$, hydrogen peroxide (H_2O_2) , and the hydroxyl radical (OH) are reactive molecules generated as metabolic byproducts from endogenous or exogenous sources.^{47,48} These molecules, originating from oxygen intracellular metabolism, can act as signal transduction molecules, contributing to the activation of transcription factors.⁴⁹ Inside cells, ROS are normally in equilibrium with antioxidants; however, when this critical balance is disrupted, excessive generation of ROS results in significant cellular damage due to oxidative stress.⁵⁰ When analysing whether CaThi causes ROS (specifically H₂O₂) induction in F. solani conidia, we observed that within 10 min of incubation, H_2O_2 production increased and persisted until 60 min of incubation (Figure 4). Staining was most prominent in the tips of the conidia, where polar growth occurs. The ROS induction may be a consequence of the primary effect of membrane permeabilization, and together, these cell damages may be responsible for inhibition of germination of fungal conidia, viewed in the growth inhibition assay. Similar results were demonstrated to VtA3 thionin and F. solani interaction, including a suggestion that the production of ROS is due to the collapse of the cytoplasmic membrane in the presence of VtA₃.⁴⁴ Studying another family of plants AMPs, Aerts et al.⁴⁵ demonstrated that the defensin Rs-AFP2, induces the endogenous production of

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ROS in cells of *C. albicans*. Those authors have demonstrated by the presence of the antioxidant ascorbic acid in the antimicrobial assay eliminates the Rs-AFP2 antifungal activity, suggesting a causal link between the antifungal activity of Rs-AFP2 and ROS production. Although six *Candida* species were analysed, *Ca*Thi was only able to induce ROS production in *C. tropicalis* cells.¹⁷ In this work, we demonstrated that *Ca*Thi induces the generation of ROS in fungal conidia, suggesting features in the mode of action common to other AMPs against various microorganisms.

Studies have shown that an endogenous ROS increase in early stages of the apoptotic process can lead to the destruction of various cell types through the apoptotic pathway.^{51, 52} Based on the increase of endogenous ROS in *F. solani* conidia induced by *Ca*Thi, we verified the detection of apoptosis in *F. solani* conidia treated with *Ca*Thi by assaying caspase activation, which is common in the early stages of apoptosis.⁵³ In this assay, we found that *Ca*Thi treatment was able to cause activation of caspases in *F. solani* conidia, indicating that programmed cell death may be triggered by *Ca*Thi in this fungus (Figure 5). Other AMPs isolated from different sources have been shown to induce apoptosis in yeast cell models.^{54, 55}

There is increasing evidence that plant AMPs, such as defensins, lipid transfer proteins (LTPs) and thionins, may enter and accumulate in the cytoplasm of yeast cells^{44,46,56} and may have intracellular targets.^{57, 58} Our results demonstrated *Ca*Thi is internalized in *F. solani* cells, possibly with an intracellular target that is still uncharacterized (Figure 6). *Ca*Thi binds to DNA *in vitro* (Figure 7) in all tested concentrations suggesting the target of *Ca*Thi may be DNA. Similar internalization results were shown for VtA₃ and *F. solani*⁴⁴ and NaD1 and *F. oxysporum* f. *sp.* vasinfectum³⁹ interactions. Additionally, Lobo *et al.*⁵⁸ treated the fungus *Neurospora crassa* with *Ps*D1 (a plant defensin isolated from *Pisum sativum*) conjugated with FITC

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to show its colocalization with DAPI in vivo. Therefore, this defensin targets the nucleus. It was also shown that PsD1 interacts with the cyclin F protein, which is associated with cell cycle control.³⁷ Taveira *et al.*²² demonstrated that *Ca*Thi is able to enter the cytoplasm of human pathogenic yeasts such as C. albicans and C. tropicalis, indicating a nuclear target for CaThi in cells of C. tropicalis. This work suggests that thionin toxicity is not restricted to the plasma membrane. Considering intracellular targets, studies show that once in the cytoplasm, AMPs can induce diverse cell damage, including inhibition of DNA, RNA, inhibition of protein synthesis, inhibition of cell wall synthesis and inhibition of enzyme activity.^{12, 57,59-61} The AMPs indolicitin and buforin II have also demonstrated the ability to bind directly to DNA.^{34, 62} It has been shown that wheat seed purothionin is able to block in vitro DNA synthesis through inhibition of the enzyme ribonucleotide reductase. It has been proposed that inhibition of DNA synthesis may explain the toxic effect of thionins against mammalian cells.⁶³ Additionally, the DNA binding capability of viscotoxins is related to the formation of complexes with negatively charged DNA, which protects DNA against thermal denaturation.⁶⁴ It has been suggested that the helix-turn-helix motif of viscotoxins may represent a DNA-binding domain.⁶⁵ However, it is still not possible to know whether these *in vitro* observations have significance *in vivo*, where the interaction is hampered by subcellular compartmentalization.

Fusarium fungi have high MICs to the available antifungal agents, including broad spectrum azoles. Even high doses of these antifungals do not interfere with normal development of this genus.^{26, 28} In addition, high FLC doses are used worldwide to prevent and treat plant diseases caused by fungi. This use presents some drawbacks such as the generation of resistant fungal varieties, contaminate the soil and water affecting non target microorganisms,⁶⁶ and furthermore there is the hypothetical risk of

induced resistance in soil, plant and food dwelling microorganisms like *Coccidioides*, *Histoplasma*, *Aspergillus*, and *Cryptococcus* which are all human pathogens. If these resistant microorganisms infect humans, they may cause diseases more difficult to be treated.^{67, 68} Additionally, FLC was generally successful in treating *Candida* infections, despite reports of resistance that will preclude its future use.^{69,70} For these reasons, we selected FLC to test its efficacy combined with *Ca*Thi.

The results suggest that at combination of FLC and *Ca*Thi, both substances act in synergy (Figure 8A), prevent the development of conidia in hyphae (Figure 8B), and have fungicidal effects (Figure 8C). This evidence suggests that the combination of the two substances may severely disrupt cellular function. Morphological modification of conidia was observed under microscopic examination, indicating cell lysis. Taveira *et al.*²² showed the same synergistic effect of FLC with *Ca*Thi against six medically important *Candida* species; this combination caused drastic morphological changes in all cells.

The data suggest that the study of the combination of commercial drugs with plant AMPs is an interesting approach for developing new agricultural inputs for controlling fungal infections, since the combined use drastically reduces the concentration necessary to completely inhibit the *F. solani* growth and, therefore, this approach represents a possible treatment to these diseases that cause significant global crop losses without the drawbacks aforementioned. Additionally, *Fusarium* also causes severe localized and disseminated infections in immune-compromised patients^{28, 64}, making this study even more relevant as a new treatment possibility.

CONCLUSIONS

One of the most studied fungus genus is *Fusarium*, which contains some of the most important species of plant pathogens that economically affect agriculture and horticulture. A large number of *Fusarium* species cause infection in animals and humans in addition to plants. Therefore, the discovery of new antifungal agents is of paramount importance. Here, we demonstrated that CaThi has strong antifungal effect against *F. solani* by permeabilizing the membrane, inducing the oxidative stress response, activation of caspases and loss of viability in the fungus. We present evidence to suggest an intracellular target for CaThi that is still unknown. Our results show that combined treatment of CaThi and FLC is a strong candidate for studies to improve targeting of *F. solani*. This strategy is of particular interest because it minimizes selection of resistant microorganisms.

This study forms part of the DSc degree thesis of GBT, carried out at the Universidade Estadual do Norte Fluminense. We acknowledge the financial support of the Brazilian agencies CNPq, FAPERJ (E-26/102.362/2013; E-26/110.057/2014; E-26/202.132/2015, E-26/202.735/2016), CAPES through the CAPES/Toxinology project and CONICET from Argentina. The authors are grateful to L.C.D. Souza and V.M. Kokis for technical assistance.

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Legend:

FIGURE 1 (A) The effect of *Ca*Thi on the growth of the plant pathogen *Fusarium* solani. (- \Diamond -) Control, (- \Box -) *Ca*Thi (50 µg mL⁻¹), (- \triangle -) *Ca*Thi (25 µg mL⁻¹); (- \times -)*Ca*Thi (12.5 µg mL⁻¹). (*) Indicates significance by the One-way ANOVA test (P < 0.05) which was calculated using by the absorbance values of experiment and its respective control. (**B**) Images of *F. solani* cells by light microscopy after different incubation times with *Ca*Thi (50 µg mL⁻¹). Control cells without *Ca*Thi. Bars = 20 µm, 63x objective. Experiments were performed in triplicate.

FIGURE 2 Lethal effect of *Ca*Thi on *F. solani* conidia. (A) Photographs of the Petri dishes showing the viability of conidia after the treatment with 50 μ g mL⁻¹ of *Ca*Thi for 24 h. Bars = 1 cm. (B) The table shows the percentage of conidia death after the treatment with 50 μ g mL⁻¹ for 24 h.

FIGURE 3 Membrane permeabilization assay. Images of *F. solani* cells after membrane permeabilization assay by fluorescence microscopy using the fluorescent probe Sytox green. Cells were treated with *Ca*Thi for 12, 24, 48 and 60 hours and then assayed for membrane permeabilization. All cells were also treated with the probe propidium iodide. Bars = $20 \mu m$, 63x objective.

FIGURE 4 Hydrogen peroxide induction assay. Images of *F. solani* conidia after Hydrogen peroxide induction assay by light microscopy using the 3,3'-Diaminobenzidine (DAB) dye. Cells were treated with *Ca*Thi for 10 at 60 min and then assayed for Hydrogen peroxide induction. Positive control cells were treated only with Hydrogen peroxide (200 m*M*), negative control cells were incubated only water. Bars = 10 μ m, 40x objective.

FIGURE 5 Detection of caspase activity induced by *Ca*Thi. Images showing the involvement of caspase activity in the fungal *F. solani* after 12 and 24 h incubation with 50 μ g mL⁻¹ of *Ca*Thi. The control cells and cells treated with *Ca*Thi were incubated with CaspACE FITC-VAD-FMK and propidium iodide probes and analyzed by fluorescence microscopy. The green fluorescence indicates positive staining for caspase activity and red florescence indicating cell death. Bars = 20 μ m, 63x objective.

FIGURE 6 Localization of *Ca*Thi in fungal cells. Images of *F. solani* cells incubated for 60 h with 20 μ g mL⁻¹ *Ca*Thi-FITC by fluorescence microscopy. Nuclei were visualized by 4',6-diamidino-2-phenylindole dihydrochloride (DAPI) after the *Ca*Thi-FITC incubation period. Overlap of the DAPI and FITC images. Bars = 50 μ m, 40x objective.

FIGURE 7 Electrophoretic visualization of DNA mobility in the presence of *Ca*Thi in 0.8% agarose gel. First lane, control (DNA and binding buffer) mobility of 100 ng of DNA; second lane (positive control), mobility of 100 ng DNA incubated 10 μ g mL⁻¹ of poly-L-lysine; third lane, mobility of 100 ng DNA incubated with 50 μ g mL⁻¹ *Ca*Thi, fourth line, mobility of 100 ng DNA incubated with 25 μ g mL⁻¹ *Ca*Thi, fifth line, mobility of 100 ng DNA incubated with 25 μ g mL⁻¹ *Ca*Thi, fifth line, mobility of 100 ng DNA incubated with 25 μ g mL⁻¹ *Ca*Thi, fifth line, mobility of 100 ng DNA incubated with 25 μ g mL⁻¹ *Ca*Thi, fifth line, mobility of 100 ng DNA incubated with 25 μ g mL⁻¹ *Ca*Thi. Negative image of the gel stained with GelRed.

FIGURE 8 Effect of subinhibitory concentrations of *Ca*Thi, FLC, and the combination of *Ca*Thi and FLC on *F. solani* growth and viability. **(A)** Growth inhibition assay. (- \leftarrow -) control (only medium and conidia); (- \blacksquare -) *Ca*Thi (5 µg mL⁻¹); (- \blacktriangle -) FLC (25 µg mL⁻¹); (- \times -) FLC (25 µg mL⁻¹) + *Ca*Thi (5 µg mL⁻¹). Experiments were performed in triplicate. (*) Indicates significance by the One-way ANOVA test (P < 0.05) which was calculated by the absorbance values of the samples. **(B)** Images of *F. solani* cells by light 31

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microscopy after the grown inhibition assay. The arrow indicates the point of cell lysis. Bars = 20 μ m, 40x or 63x objectives. (C) Cell viability assay. Control, images of the Petri dishes showing the growth of *F. solani* (white mycelium) without FLC and *Ca*Thi. FLC + *Ca*Thi, images of the Petri dishes showing the absence of growth of *F. solani* after the treatment with FLC (25 μ g mL⁻¹) in combination with *Ca*Thi (5 μ g mL⁻¹) for 60 h (fungicide effect). Bars = 1 cm.

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FIGURE 1 (A) The effect of CaThi on the growth of the plant pathogen Fusarium solani. (-◊-) Control, (-□-) CaThi (50 µg mL-1), (-ρ-) CaThi (25 µg mL-1); (-×-)CaThi (12.5 µg mL-1). (*) Indicates significance by the One-way ANOVA test (P < 0.05) which was calculated by the absorbance values of ex periment and its respective control. (B) Images of F. solani cells by light microscopy after different incubation times with CaThi (50 µg mL-1). Control cells without CaThi. Bars = 20 µm, 63x objective. Experiments were performed in triplicate.

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FIGURE 2 Lethal effect of CaThi on F. solani conidia. (A) Photographs of the Petri dishes showing the viability of conidia after the treatment with 50 µg mL-1 of CaThi for 24 h. Bars = 1 cm. (B) The table shows the percentage of conidia death after the treatment with 50 µg mL-1 for 24 h.

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FIGURE 3 Membrane permeabilization assay. Images of F. solani cells after membrane permeabilization assay by fluorescence microscopy using the fluorescent probe Sytox green. Cells were treated with CaThi for 12, 24, 48 and 60 hours and then assayed for membrane permeabilization. All cells were also treated with the probe propidium iodide. Bars = $20 \ \mu m$, 63x objective.

140x99mm (300 x 300 DPI)

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FIGURE 4 Hydrogen peroxide induction assay. Images of F. solani conidia after Hydrogen peroxide induction assay by light microscopy using the 3,3'-Diaminobenzidine (DAB) dye. Cells were treated with CaThi for 10 at 60 min and then assayed for Hydrogen peroxide induction. Positive control cells were treated only with Hydrogen peroxide (200 mM), negative control cells were incubated only water. Bars = 10 μm, 40x objective.

139x89mm (300 x 300 DPI)



DIC FITC-VAD-FMK **Propidium iodide** Control 12 h Incubation CaThi (50 µg mL⁻¹) Control 24 h Incubation CaThi (50 µg mL⁻¹) C. C. C. D.

FIGURE 5 Detection of caspase activity induced by CaThi. Images showing the involvement of caspase activity in the fungal F. solani after 12 and 24 h incubation with 50 μg mL-1 of CaThi. The control cells and cells treated with CaThi were incubated with CaspACE FITC-VAD-FMK and propidium iodide probes and analyzed by fluorescence microscopy. The green fluorescence indicates positive staining for caspase activity and red florescence indicating cell death. Bars = 20 μm, 63x objective.

250x312mm (300 x 300 DPI)



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DIC CaThi-FITC DAPI OVERLAP

FIGURE 6 Localization of CaThi in fungal cells. Images of F. solani cells incubated for 60 h with 20 μg mL-1 CaThi-FITC by fluorescence microscopy. Nuclei were visualized by 4',6-diamidino-2-phenylindole dihydrochloride (DAPI) after the CaThi-FITC incubation period. Overlap of the DAPI and FITC images. Bars = 50 μm, 40x objective.

90x189mm (300 x 300 DPI)



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FIGURE 7 Electrophoretic visualization of DNA mobility in the presence of CaThi in 0.8% agarose gel. First lane, control (DNA and binding buffer) mobility of 100 ng of DNA; second lane (positive control), mobility of 100 ng DNA incubated 10 μg mL-1 of poly-L-lysine; third lane, mobility of 100 ng DNA incubated with 50 μg mL-1 CaThi, fourth line, mobility of 100 ng DNA incubated with 25 μg mL-1 CaThi, fifth line, mobility of 100 ng DNA incubated with 12.5 μg mL-1 CaThi. Negative image of the gel stained with GelRed.

81x60mm (300 x 300 DPI)

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FIGURE 8 Effect of subinhibitory concentrations of CaThi, FLC, and the combination of CaThi and FLC on F. solani growth and viability. (A) Growth inhibition assay. (-•-) control (only medium and conidia); (-=-) CaThi (5 µg mL-1); (-▲-) FLC (25 µg mL-1); (-×-) FLC (25 µg mL-1) + CaThi (5 µg mL-1). Experiments were performed in triplicate. (*) Indicates significance by the One-way ANOVA test (P < 0.05) which was calculated by the absorbance values of the samples. (B) Images of F. solani cells by light microscopy after the grown inhibition assay. The arrow indicates the point of cell lysis. Bars = 20 µm, 40x or 63x objectives.
(C) Cell viability assay. Control, images of the Petri dishes showing the growth of F. solani (white mycelium) without FLC and CaThi. FLC + CaThi, images of the Petri dishes showing the absence of growth of F. solani
after the treatment with FLC (25 µg mL-1) in combination with CaThi (5 µg mL-1) for 60 h (fungicide effect). Bars = 1 cm.

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