

1 **Early apoptosis in different models of cardiac hypertrophy induced by**
2 **high renin-angiotensin system activity involves CaMKII**

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4 by

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12 **Short title:** Apoptosis in heart via RAAS and CaMKII

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27 **ABSTRACT**

28

29 **Objective-** To establish whether **1.** Hyperactivity of renin-angiotensin-
30 aldosterone system (RAAS) produces apoptosis in early stages of cardiac
31 disease; **2.** Ca^{2+} -Calmodulin dependent protein kinase II (CaMKII) is involved in
32 these apoptotic events.

33 **Methods-** Two models of hypertrophy were used at an early stage of cardiac
34 disease: spontaneously hypertensive rats (SHR) and Isoproterenol treated rats
35 (Iso-rats).

36 **Results-** At 4 months, SHR showed blood pressure, aldosterone serum levels,-
37 used as RAAS activity index-, and left ventricular mass index (LVMI), -used as
38 hypertrophy index-, above control values by 84.2 ± 2.6 mmHg, $211.2 \pm 25.8\%$, and
39 8.6 ± 1.1 mg/mm, respectively. There was also an increase in apoptotic (Bax/Bcl-
40 2 ratio and TUNEL positive cells) associated with an enhancement of CaMKII
41 activity with respect to aged matched controls (P-CaMKII, 98.7 ± 14.1 above
42 control). Similar results were observed in 4 months old Iso-rats. Cardiac
43 function studied by echocardiography, remained unaltered in all groups.
44 Enalapril (Ena) treatment significantly prevented hypertrophy, apoptosis and
45 CaMKII activity. Moreover, intracellular Ca^{2+} (Ca^{2+}_i) handling in isolated
46 myocytes was similar between SHR, Iso-rats and their aged matched controls.
47 However, SHR and Iso-rats showed a significant increase in $\cdot\text{O}_2^-$ generation
48 (lucigenin) and lipid peroxidation (TBARS). In transgenic mice with targeted
49 cardiomyocyte expression of a CaMKII inhibitory peptide (AC3-I) or a scrambled
50 control peptide (AC3-C), Iso treatment increased TBARS in both strains
51 whereas it increased CaMKII activity and apoptosis only in AC3-C mice.

52 **Conclusions-** Endogenous increases in RAAS activity induce ROS and
53 CaMKII-dependent apoptosis *in vivo*. CaMKII activation could not be associated
54 with Ca^{2+}_i increments and was directly related to the increase in oxidative
55 stress.

56

57

58 INTRODUCTION

59

60 Experimental evidence indicates that a critical factor in the transition from
61 compensated to non-compensated cardiac hypertrophy is myocyte cell loss by
62 apoptosis and necrosis (42). The circulating levels of Angiotensin II (AngII) are
63 increased in heart failure and may constitute one of the major causes of cell
64 death in this transition (27). Moreover, activation of the multifunctional Ca^{2+} -
65 Calmodulin Protein Kinase II (CaMKII), -being its δ isoform largely predominant
66 in mammalian myocardium (46)- is a typical finding in heart failure from different
67 etiologies. Activation of this kinase also constitutes a main step in the signaling
68 cascade that leads to apoptosis following several cardiac insults like reperfusion
69 injury (39), ionomycin, high extracellular K^+ concentration, intracellular acidosis
70 and oxidative stress (28, 32, 47). Furthermore, intracellular reactive oxygen
71 species (ROS) levels increase dramatically in models of structural heart disease
72 (18) particularly those initiated by AngII (35). In recent *in vitro* experiments, we
73 described an apoptotic pathway which involves increases in ROS produced by
74 AngII and activation of CaMKII (28). Exogenous AngII administration has also
75 been linked to CaMKII and apoptosis *in vivo* (11). Whether these events can
76 also be triggered by exacerbated endogenous AngII production and which is
77 their impact, if any, on cardiac function, remains unclear.

78 It has been shown that spontaneously hypertensive rats (SHR), one of the most
79 used models for hypertrophy and heart failure studies, have high activity of the
80 renin-angiotensin-aldosterone system (RAAS) (45) and increased CaMKII
81 expression (17). Hagemann *et al* described that CaMKII δ , is overexpressed in
82 hearts from adult SHR (17). Furthermore, normotensive rats treated with high

83 doses of isoproterenol (Iso), also show high activity of RAAS (16). However, a
84 possible association between endogenous levels of AngII in different early
85 stages models of exacerbated RAAS activity and CaMKII-induced apoptosis
86 has not been previously studied. Moreover, the functional consequences of
87 RAAS exacerbation in early stages of heart disease are an uncharted territory.
88 Taking advantage of these models, the present experiments were undertaken to
89 investigate the early repercussion of high RAAS activity on CaMKII activation,
90 apoptosis and cardiac function.

91

92 **METHODS**

93

94 **Animals and protocols**

95 Animals used in this study were maintained in accordance with the Guide for
96 the Care and Use of Laboratory Animals [NIH Publication No. 85–23, revised
97 1996].

98 Male SHR and normotensive aged matched control Wistar rats were used. At 3
99 months, a group of SHR was treated with 10 mg/kg/day enalapril, an inhibitor of
100 the angiotensin converting enzyme (ACE), in the drinking water for one month.

101 Normotensive Wistar rats were treated at 3 months with two subcutaneous
102 injections of Isoproterenol (Iso) 250 mg/kg, separated by a 24 h interval
103 according to a previously described protocol (34), in order to induce cardiac
104 damage (3, 4, 30). Iso solution was prepared with sterile distilled acid water, to
105 prevent Iso oxidation, immediately before injection. Control rats were injected
106 with the solution without the drug. The rats treated with Iso were further
107 randomly assigned to receive enalapril (Iso-Ena rats), (at the doses and way
108 mentioned for SHR) or no drug (Iso rats). An additional group of rats, receiving
109 only enalapril (Ena rats) was used as control. All treatments were performed for
110 one month.

111 Before and after the treatment the animals were weighed, the systolic blood
112 pressure was measured by the tail-cuff method, and echocardiographic
113 examination was performed. Rats were then sacrificed, the heart was weighed
114 and the tibia length (TL) was measured. Hearts were assigned for biochemical
115 studies, immunohistochemical staining, ROS production determinations, or
116 myocyte isolation for contractile and Ca^{2+}_i measurements.

117 Additionally, transgenic mice with cardiomyocyte-delimited transgenic
118 expression of either a CaMKII inhibitory peptide (AC3-I) or a scrambled control
119 peptide (AC3-C) were used. Breeding mates of these mice were generously
120 supplied by Dr. Mark Anderson (University of Iowa, USA) and reproduced and
121 genotyped in our laboratory. The mice were treated as the Iso-rats, i.e. animals
122 were sacrificed one month after injections and the hearts were used for
123 measuring ROS, CaMKII activity and apoptosis.

124

125 **Aldosterone Plasma Levels**

126 Aldosterone plasma levels were used as an index of AngII plasma levels (21)
127 and RAAS activity. Blood samples were centrifuged at 13.500 rpm for 15 min
128 and the plasma was stored at -80°C until analysis. The plasma aldosterone
129 concentration was measured by standard radioimmunoassay method according
130 to manufacturer instructions.

131

132 **Echocardiographic Examination**

133 Echocardiogram was performed in each rat under light anesthesia (35 mg/kg
134 sodium pentobarbital IP). Cardiac geometry and function were evaluated by 2-
135 dimensional M-mode echocardiography with a 7-MHz linear transducer. All
136 measurements, including left ventricular (LV) wall thickness and diastolic
137 dimensions, were performed according to the American Society of
138 Echocardiography method (31). LV mass was calculated as previously
139 described (24).

140

141 **Myocyte Isolation**

142 Rats were anaesthetised by intra-abdominal injection of sodium pentobarbital
143 and myocytes were isolated by enzymatic digestion (29) and kept in a HEPES
144 buffered solution at room temperature (20-22 °C), until used.

145

146 **Ca²⁺_i and Cell Shortening**

147 Isolated myocytes were loaded with Fura-2/AM (10 µmol/L for 15 min). Ca²⁺_i
148 was measured with an epi-fluorescence system (Ion Optix, Milton, MA). Briefly,
149 dye-loaded cells were placed in a chamber on the stage of an inverted
150 microscope (Nikon.TE 2000-U) and continuously superfused with a HEPES
151 buffered solution at a constant flow of 1 mL/min at room temperature (20-22 °C)
152 Myocytes were stimulated via two-platinum electrodes on either side of the bath
153 at 0.5 Hz. Fura-2 fluorescence was taken as an index of the Ca²⁺_i. Resting cell
154 length and cell shortening were measured by a video-based motion detector
155 (Ion Optix). Fluorescence and cell shortening data were stored for off-line
156 analysis (ION WIZARD fluorescence analysis software).

157

158 **ROS Determinations**

159 **Superoxide Anion (⁻O₂⁻) Production**

160 Cardiac tissue slices from the left ventricle (1-5 mm) were obtained and kept at
161 4°C until assayed as previously described. Cardiac slices were kept in the
162 assay buffer during 30 min in a metabolic incubator before anion superoxide
163 (⁻O₂⁻) production was measured by the lucigenin (5 µmol/L)-enhanced
164 chemiluminescence method, after 20 min of incubation with lucigenin as
165 previously described (8). The lucigenin-containing assay buffer with tissue

166 slices minus background was recorded. $\cdot\text{O}_2^-$ production was normalized to
167 mg/dwt/min. The increases in $\cdot\text{O}_2^-$ production were expressed as differences
168 from control values

169 **Lipid Peroxidation**

170 Lipid peroxidation was determined by measuring the rate of production of
171 thiobarbituric acid reactive substances (TBARS), expressed as nmol/mg
172 protein. Heart homogenates were centrifuged at 2.000xg for 10 min.
173 Supernatants (0.5 mL) were mixed with 1.5 mL trichloroacetic acid (30% w/v)
174 and 0.5 mL water, followed by boiling for 15 min. After cooling, absorbance was
175 determined spectrophotometrically at 535 nm, using a ϵ value of 1.56×10^5
176 $(\text{mmol/L})^{-1} \text{cm}^{-1}$ (5).

177

178 **Western Blot**

179 Hearts were freeze-clamped and pulverized. Briefly, 0.1 g of tissue was
180 homogenized in 4 volumes of lysis buffer (in mmol/L, 30 KH_2PO_4 , 25 NaF, 300
181 sucrose, 0.1 EDTA plus proteases inhibitor cocktail). Protein was measured by
182 the Bradford method using BSA as standard. Lysates ($\sim 90\mu\text{g}$ of total protein)
183 were separated per gel line in 10% SDS polyacrilamide gel (26) and transferred
184 to polyvinylidene difluoride membranes. Blots were probed overnight with the
185 following antibodies: Bcl-2 (Santa Cruz), Bax (Santa Cruz), Caspase-3
186 (Chemicon), P-CaMKII 1:1000 (Abcam), CaMKII δ 1:1000 (Santa Cruz), Thr¹⁷-
187 phosphorylated (P-Thr¹⁷) of phospholamban (PLN) 1:5000 (Badrilla, Leeds,
188 UK), PLN 1:5000 (Badrilla, Leeds, UK). CaMKII δ , PLN and GAPDH signals
189 were used to normalize the signal intensity of the different proteins, as it is
190 mentioned under Results. Immunoreactivity was visualized by a peroxidase-

191 based chemiluminescence detection kit (Amersham Biosciences) using a
192 Chemidoc Imaging system. The signal intensity of the bands in the immunoblots
193 was quantified by densitometry, using Image J software (NIH). Some proteins,
194 i.e. Bcl-2, could appear as one or two bands. It has been suggested that more
195 than one band may correspond to differentially phosphorylated forms or
196 cleavage products (6, 23, 44). Due to this variation we quantify the intensity of
197 the two bands together when they appear.

198

199 **Apoptosis Assays**

200 Apoptosis was determined by TUNEL assay (In Situ Cell Death Detection Kit,
201 TMR red, Roche, Mannheim, Germany). The TUNEL positive cells were imaged
202 under a fluorescence microscope (200x magnification) and counted in 10
203 random fields for each experimental situation. The results were expressed as
204 percentage of TUNEL positive cells related to total number of cells. DAPI
205 (1ug/mL, 4', 6-Diamidino-2-phenylindole dihydrochloride, Sigma, St Lous, MO)
206 was used for nuclear staining. Apoptotic cell death was also assessed by
207 immunoblotting, as described above, as the increase in the ratio between the
208 apoptotic signals Bax and the anti-apoptotic signal Bcl-2 and the enhancement
209 in the amount of the 17-kDa cleavage product of Caspase-3, indicating
210 Caspase-3 activation (28).

211

212 **Exercise tolerance**

213 Rats were pretested for their treadmill running willingness at constant velocity of
214 15 m/min without slope, until animals became exhausted or until they completed
215 a 15 min period.

216

217 **Statistics**

218 All data are presented as mean \pm SEM. Comparisons within groups were made
219 by either paired or unpaired Student's t test, as appropriate. One-way ANOVA
220 was used for multigroup comparisons. The Newman-Keuls test was used to
221 examine statistical differences observed with ANOVA. A value of $p < 0.05$ was
222 taken to indicate statistical significance.

223

224 **RESULTS**

225

226 **High RAAS activity induced cardiac hypertrophy and apoptosis in SHR is**
227 **associated with CaMKII activation**

228 Aldosterone plasma levels and blood pressure were significantly increased in 4
229 months old SHR with respect to age matched normotensive controls rats
230 (Figure 1**A** and **B**). Moreover, Figures 1**C** to **E** show that SHR developed
231 hypertrophy as indicated by the increase in the heart weight/tibia length
232 (HW/TL) ratio, the cross sectional area (CSA) of the myocytes and the left
233 ventricular mass index (LVMI) evaluated by echocardiography (see also Table
234 1). Representative images of echocardiography and left ventricle specimens
235 obtained from each experimental group are shown in the right panels of Figure
236 1 (**D** and **F**). As shown in the examples of Figure 1**F** and Table 1, although
237 hypertrophy is present in SHR (increase in septum thickness, posterior wall
238 thickness and LVMI), no signs of pump failure were detected, i.e. there were no
239 significant changes in left ventricular diastolic diameter and endocardial and
240 midwall shortening (Table 1). Similarly, the ergometric test was similar between
241 SHR and control rats, i.e. rats stopped running after 8.37 ± 0.82 vs. 8.25 ± 0.88
242 min, respectively.

243 Ena treatment of SHR prevented the increase in aldosterone plasma levels,
244 indicating the inhibition of RAAS, and slightly but significantly decreased blood
245 pressure (Figure 1**A** and **B**). Moreover, the increase in hypertrophic parameters
246 (HW/TL, CSA and LVMI) was also prevented by ACE inhibition (Figure 1**C-G**
247 and table 1).

248 Figure 2**A** and **B** shows typical blots and average results of P-CaMKII and total
249 CaMKII δ , and one of its typical substrates, P-Thr¹⁷ of phospholamban (PLN),
250 and total PLN. There was a significant increment in CaMKII and Thr¹⁷
251 phosphorylation in SHR, indicative of CaMKII activation, that was prevented by
252 Ena treatment.

253 Typical blots and average data of the pro-apoptotic and antiapoptotic proteins
254 Bax and Bcl-2 respectively, the 17-kDa cleavage product of Caspase-3 and
255 TUNEL staining (Figure 3**A**, and **B** respectively) indicated a significantly higher
256 degree of apoptosis in SHR than in age-matched controls, that was prevented
257 by ACE inhibition.

258

259 **The increase in RAAS produced by Iso treatment induces apoptosis and** 260 **CaMKII activation in rat hearts**

261 We also investigated whether CaMKII was implicated in inducing apoptosis in
262 another high RAAS activity model produced after 1 month of Iso treatment (4,
263 16, 30).

264 As in the case of SHR, high doses of Iso induced an increase in aldosterone
265 plasma levels, blood pressure, and hypertrophy (increased HW/TL relationship
266 and LVMI) (Figure 4**A** and **B**) without significant signs of heart failure in the
267 echocardiographic recordings (endocardial and midwall ventricular shortening
268 remains unaltered, Table 2). Moreover, the ergometric test was not different
269 between Iso-rats and their controls (8.50 \pm 0.93 vs 8.37 \pm 0.82 min respectively).
270 Treatment of the animals with Ena significantly decreased the aldosterone
271 plasma levels indicating blockade of the RAAS. Although blood pressure tended
272 to decrease in the Ena treated group, this decrease did not reach significance.

273 In turn, hypertrophy present in the Iso-rats was prevented by ACE inhibition
274 (Figure 4 **A** and **B** and Table 2). Consistent with the results obtained in SHR,
275 figure 4**C** and **D** shows that apoptosis (increased TUNEL positive cells, Bax/Bcl-
276 2 ratio and Caspase-3 activation) and the increased CaMKII activity induced by
277 Iso treatment (CaMKII and Thr¹⁷ site of PLN phosphorylations), were prevented
278 by ACE inhibition with Ena.

279

280 Taken together, these results indicate that the enhancement of RAAS in SHR
281 and Iso-rats is associated with a significant increase in CaMKII activity and
282 apoptosis, suggesting a possible causal link between both events *in vivo*. It is
283 worth noting that despite the structural remodeling and apoptosis observed,
284 heart function remains preserved in these rats

285

286 **CaMKII activity in high RAAS activity models is associated with ROS** 287 **production and not with Ca²⁺_i increases**

288 CaMKII activation is conventionally associated with Ca²⁺_i increments. Moreover
289 recent experiments have emphasized the importance of ROS in the activation of
290 the kinase (see for review, Erikson *et al.*, 2011 (10)). We therefore explored
291 Ca²⁺_i handling and ROS production in an attempt to elucidate the source of
292 CaMKII activation in our models.

293 We first assessed Ca²⁺_i handling in isolated myocytes from both high RAAS
294 activity models. Figure 5**A** shows typical superimposed records of cellular
295 shortening and Ca²⁺_i transients (CaiT) of the SHR (red traces) and their
296 normotensive controls (black traces). The average results (Figure 5**B**) show that
297 no differences were detected between both groups in contraction amplitude,

298 CaiT and sarcoplasmic reticulum (SR) Ca^{2+} content, assessed by the amplitude
299 of the caffeine-induced CaiT. Moreover, diastolic and systolic Ca^{2+} did not reach
300 significant difference between SHR and their controls. Mean values were
301 1.124 ± 0.035 and 1.571 ± 0.059 for control vs 1.053 ± 0.031 and 1.556 ± 0.060 for
302 SHR, for diastolic and systolic Fura 2-AM fluorescence, respectively. Similar
303 results were obtained when Iso-rats were compared with their controls. As
304 shown in Figure 5C, there were no differences between Iso and control rats in
305 the contraction amplitude, CaiT amplitude or in the SR Ca^{2+} content, suggesting
306 that global Ca^{2+} levels underlying each contractile cycle do not differ between
307 the two groups. These results are in agreement with the absence of signs of
308 cardiac dysfunction (Table 1 and 2 and the ergometric test). The absence of
309 difference in Ca^{2+} handling confirms in *in vivo* models our previous *in vitro* and
310 *ex vivo* findings, where CaMKII was activated by AngII in the absence of
311 detectable increases in Ca^{2+}_i (28).

312 In a second set of experiments we estimated oxidative stress by measuring $\cdot\text{O}_2$ -
313 production and lipid peroxidation in SHR, Iso-rats and their controls. Figure 6A
314 shows the increment in $\cdot\text{O}_2$ - generation measured by using lucigenin
315 chemiluminescence in SHR and Iso-rats with respect to control rats.
316 Accordingly, TBARS, used to determine lipid peroxidation, also increased in
317 SHR and Iso-rats compared to their controls (Figure 6B). Taken together, these
318 results indicated that the increase in CaMKII in these two models of
319 exacerbated RAAS can not be associated with an enhanced Ca^{2+}_i and occurs
320 together with an increase in ROS production.

321

322 **Targeted cardiac inhibition of CaMKII prevents apoptosis but does not**
323 **inhibit ROS production in Iso treated mice**

324 To verify a possible causal link between ROS production, CaMKII activation and
325 apoptosis, we used mice with cardiomyocyte-delimited transgenic expression of
326 either a CaMKII inhibitory peptide (AC3-I) or a scrambled control peptide (AC3-
327 C), after 1 month of Iso treatment. As shown in Figure 7, Iso treatment
328 increased TBARS, an index of lipid peroxidation, in both, AC3-C and AC3-I
329 mice (**A**), indicating an increase in oxidative stress. However, CaMKII activity,
330 measured by the increase in P-CaMKII and in the phosphorylation of Thr¹⁷ site
331 of PLN (**B**), and apoptosis, assessed by the increase in TUNEL staining (**C**) and
332 the ratio Bax/Bcl2 (**D**), only increased in AC3-C mice. Similarly, Caspase-3
333 activation was increased in AC3-C mice treated with Iso by 279±73.5 % above
334 control, whereas it did not change significantly in Iso treated AC3-I mice.
335 These latter results indicate that the increase in ROS that occurred after Iso
336 treatment is upstream of CaMKII activation and that the kinase activity is directly
337 related to the induction of apoptosis.

338

339 **DISCUSSION**

340

341 AngII has been shown to be implicated in many cellular physiological and
342 pathological processes. In the long term, the hormone has been associated with
343 cardiomyocyte apoptosis (27, 33, 40). Moreover, experimental evidence
344 indicates that a critical factor in the transition from compensated to non-
345 compensated cardiac hypertrophy is myocyte cell loss by apoptosis (1) and that
346 the circulating levels of AngII are increased in heart failure. It has therefore
347 been proposed that increased AngII levels may constitute one of the major
348 triggers for cell death in the transition to heart failure (20). Interestingly, the
349 onset of AngII plasma or tissue increment during the development of cardiac
350 diseases may start well ahead of the detection of cardiac damage. Moreover,
351 tissue concentrations of AngII are difficult to establish, and they may reach very
352 high levels (over 100 times plasma concentrations) (7) during cardiac
353 remodeling. Thus, to establish the pathophysiological relevance of AngII using
354 *in vitro* experimental tools or animals models where AngII is exogenously
355 administered, is not straightforward and requires *in vivo* validation. To the best
356 of our knowledge, the *in vivo* effects of enhanced RAAS at an early stage during
357 the development of heart disease have not been previously studied.

358 In the present study we used two different models of heart disease with
359 exacerbated RAAS well before the appearance of signs or symptoms of heart
360 failure. The main conclusions of our results are the following: 1. Exacerbation of
361 RAAS in these models is an early event necessary to activate CaMKII and to
362 induce cardiac apoptosis; 2. CaMKII activation and cardiomyocyte loss are early
363 signs in the maladaptive processes implicated in the transition from

364 compensated to decompensated left ventricular hypertrophy (13, 22); 3.
365 Activation of CaMKII occurs *in vivo* without detectable Ca^{2+}_i increments and is
366 directly related to the increase in ROS and the induction of apoptosis. These
367 results support the contention that AngII-induced oxidative stress resets the
368 Ca^{2+} dependence of CaMKII, as observed in our previous *in vitro* and *ex vivo*
369 experiments(28).

370

371 *Animals models*

372 The models used are widely known as cardiac hypertrophy and failure models.
373 The SHR model is paradigmatic, since it mimics human essential hypertension
374 and several reports described that endocrine and paracrine RAAS are active
375 (38, 45). Although a variety of factors modify aldosterone secretion, AngII and
376 potassium (43) are the most important regulators. Thus, the increased
377 aldosterone plasma levels found in our animals can be taken as an index of
378 AngII levels, as previously described (2, 45).

379 The Iso-induced cardiac injury model is recognized as one of the toxic
380 cardiomyopathy models of hypertrophy and heart failure (9, 16, 34). Excessive
381 doses of catecholamines produce diffuse myocardial destruction with myocyte
382 loss and necrosis as well as extensive fibrosis in animals and in patients. This
383 kind of damage may be also seen in patients with pheochromocytoma (37). In
384 this model, an exacerbation of RAAS was previously described (16) and
385 confirmed by the present results.

386 In the present work we used these two models of enhanced RAAS at an early
387 stage of disease, as evident by the significant degree of hypertrophy without
388 heart failure signs.

389

390 *The early signs of heart disease*

391 Typically, heart failure is the culmination of long-standing diseases such as
392 hypertension, ischemia from atherosclerosis, viral myocarditis, valvular
393 insufficiency, or mutations in genes encoding sarcomeric proteins (2, 25).
394 Besides contractile disturbances of cardiomyocytes and interstitial and
395 perivascular fibrosis, cardiomyocyte loss is now being considered as one of the
396 determinant factors of the maladaptive events that negatively impacts the
397 myocardium and its propensity towards failure (12). Although the apoptotic rate
398 observed in the present results is low, rodent studies have implicated low rates
399 of cardiac myocyte apoptosis in the pathogenesis of heart failure. For instance,
400 it has been previously shown that an apoptotic rate as low as 0.023% is
401 sufficient to cause a lethal, dilated cardiomyopathy within 8 to 24 weeks in
402 transgenic mice with cardiac-restricted expression of an inducible caspase-8
403 allele (41). There is no information concerning the magnitude of cell loss
404 required to depress cardiac contractility in the hypertrophied human heart when
405 cell death occurs (15). Indeed, the apoptotic process takes at most 24 h to be
406 completed and heart failure is a condition that only manifests itself after many
407 years. Thus, it is conceivable that chronic loss of small number of
408 cardiomyocytes on a daily basis can have dramatic consequences on
409 myocardial integrity (36). Moreover, myocardial apoptosis is evident in the
410 myocardium before the occurrence of ventricular dilation and the development
411 of symptoms, which suggests that apoptosis as a causative mechanism rather
412 than a consequence of failure (14). The present results reveal that the increase
413 in apoptotic death as well as the enhanced activity of CaMKII are early events in

414 these and probably other models with exacerbated RAAS. Since apoptosis
415 paralleled hypertrophy in these two models, the results may indicate that
416 apoptosis represents either an early step in the evolution to heart failure being
417 involved in cardiac remodeling or a mechanism tending to compensate the
418 development of hypertrophy. Further studies are currently in course to
419 discriminate between these possibilities.

420

421 *Ca²⁺ vs ROS and the role of CaMKII in cardiac disease*

422 CaMKII is typically activated by increments in Ca²⁺_i and calmodulin (Ca²⁺/Cam).
423 The complex Ca²⁺/Cam promotes a conformational change that relieves the
424 autoinhibitory effect of the regulatory domain on the kinase, activating the
425 enzyme. In the sustained presence of Ca²⁺/Cam, CaMKII undergoes
426 intersubunit autophosphorylation, resulting in Ca²⁺/Cam independent activity.
427 Recent experimental evidence indicated that ROS-induced oxidation of
428 methionine residues is able to sustain CaMKII activity in the absence of
429 Ca²⁺/CaM. This action requires however, previous binding of Ca²⁺/Cam to
430 expose the autoinhibitory domain of CaMKII for oxidation (11). Interestingly, in a
431 previous study we concluded that ROS resets the dependence of CaMKII to
432 Ca²⁺ to extremely low Ca²⁺_i levels (28). The present results obtained in two
433 different *in vivo* models, are consistent with these previous findings, since the
434 increased activity of CaMKII occurred in the absence of any detectable increase
435 in Ca²⁺_i but in the presence of a significant increase in ROS production. Our
436 results in transgenic mice further indicate that ROS production is upstream of
437 CaMKII activation in the cascade of events that produces apoptosis after Iso
438 treatment. In this context it is worthwhile to mention that ROS-induced

439 phosphatase inhibition could also contribute to sustained CaMKII activation *in*
440 *vivo* (19).

441

442 Perspectives

443 The present results clearly indicate that activation of CaMKII and the associated
444 apoptosis are very early events in the development of heart disease, that are
445 evident even when the only manifestation of the injury is the presence of
446 hypertrophy without any sign or symptom of cardiac dysfunction. They further
447 show that CaMKII activity and apoptosis can both be prevented by inhibition of
448 RAAS. Whether the data can be extrapolated to humans remains to be shown.
449 However, the apoptotic rate obtained in the present results is much lower than
450 the one measured in cardiac tissue from patients with end-stage heart failure,
451 suggesting that apoptosis may also be a causal mechanism of human heart
452 failure. If so, cardiac myocyte apoptosis and CaMKII may constitute novel
453 targets for therapies directed against heart failure. Moreover, in the context of
454 hypertrophy and hypertension, activation of CaMKII could be considered an
455 early index of bad prognosis.

456

457

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462

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467 Científica y Tecnológica to JP.

468

469 **CONFLICT(S) OF INTEREST/DISCLOSURE(S)**

470 None.

471

472

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630 **LEGENDS TO THE FIGURES**

631

632 **Figure 1. High RAAS activity induced-hypertrophy in SHR is reversed by**
633 **angiotensin converting enzyme (ACE) inhibition.** Aldostrone plasma levels,
634 expressed as percentage of control values (**A**), systolic blood pressure values
635 (**B**) and hypertrophic parameters (**C** to **G**). **C**, heart weight/tibia length (HW/TL)
636 ratio; **D** and **E**; cross sectional area (CSA) of the myocytes; and **F** and **G**; left
637 ventricular mass, **F**, representative echocardiographic images and **G**,
638 normalized by tibia length (LVMI); are significantly increased in SHR. Enalapril
639 (Ena) treatment prevents the increments in all the parameters studied (**A-G**).
640 Here and in Figure 4, Sp Th, means septum thickness; Dd, diastolic diameter;
641 Pw Th, posterior wall thickness. In this and the following figures overall data are
642 expressed as means \pm S.E.M. * $p < 0.05$, vs. control. § $p < 0.05$ +Ena vs SHR.
643 The n of each experimental group is presented between brackets in the figures.

644

645 **Figure 2. Enalapril (Ena) blunts CaMKII activity in SHR.** **A**, typical blots of
646 the phosphorylated form of CaMKII (P-CaMKII) and of its substrate, phospho-
647 Thr¹⁷ residue of phospholamban (P-Thr¹⁷) in control rats, SHR and SHR treated
648 with Ena. Total CaMKII δ and PLN expression are also shown. SHR depicted an
649 increment in both phospho proteins and the treatment with Ena prevented both
650 phosphorylations. **B**, average data of these experiments. The signals of P-
651 CaMKII and P-Thr¹⁷ were normalized by their total respective proteins. These
652 experiments revealed that CaMKII is being activated by Ang II.

653

654 **Figura 3. Cardiac apoptosis in SHR is prevented by Enalapril (Ena).** **A**,
655 representative blots and average data of the pro-apoptotic and antiapoptotic
656 proteins Bax and Bcl-2, respectively and the 17-kDa cleavage product of
657 Caspase-3 from control rats, SHR and SHR treated with Ena. GAPDH signals
658 were used as loading controls. The increased ratio Bax/Bcl-2, used as an
659 apoptotic index, and Caspase-3 activation in SHR is prevented by Ena
660 treatment. **B**, typical photographs of TUNEL assay and DAPI staining of control,
661 SHR and SHR treated with Ena. The mean values of TUNEL positive cells
662 normalized by total DAPI stained nuclei in the bar graph below, indicates that
663 the increment in apoptosis in SHR is prevented by blocking RAAS axis.

664

665 **Figure 4. Enalapril treatment prevents Iso-induced hypertrophy, CaMKII**
666 **activation and apoptosis.** **A**, from left to right, aldosterone plasma levels,
667 blood pressure, and the hypertrophic indexes, heart weight/tibia length (HW/TL)
668 and the left ventricular mass index (LVMI) measured by echocardiography, from
669 control rats, Iso and Iso+Ena treated rats. All the parameters show an
670 increment in Iso-rats which is prevented by the co-treatment with Ena. **B**,
671 representative echocardiographic images of the groups examined in **A**. **C**,
672 TUNEL and DAPI photographs of the different groups and mean values of these
673 experiments indicating an increment in TUNEL positive cells normalized by total
674 DAPI stained nuclei, only in Iso-rats. **D**, typical blots and average data of P-
675 CaMKII and its substrate, P-Thr¹⁷ of PLN; of apoptotic and anti-apoptotic
676 proteins, Bax and Bcl-2, respectively; and of active Caspase-3 from control, Iso
677 and Iso+Ena groups. Total CaMKII δ , PLN and GAPDH are also shown. Iso
678 treatment induces an increase in CaMKII activity (P-CaMKII and P-Thr¹⁷), in the

679 apoptotic index (Bax/Bcl-2 ratio) and in Caspase-3 activation which are
680 prevented by Ena treatment. These groups of experiments link the increase in
681 RAAS activity with apoptosis and CaMKII activation. α $p < 0.05$ +Ena vs Iso.

682

683 **Figure 5. Unaltered Ca^{2+} handling in control rats, SHR and Iso-treated rats.**

684 **A**, representative superimposed recording of cell length and Ca_iT from isolated
685 myocytes of control rats (black trace) and SHR (red trace). The contraction
686 amplitude and the Ca_iT amplitude under field stimulated conditions (0.5Hz) or
687 under caffeine pulse (25 mmol/L) were not different between the strains.
688 Average data of these experiments are depicted in **B**. **C** mean values of these
689 parameters comparing control with Iso-rats. There were no significant
690 differences in any of the variables studied between SHR or Iso-rats with respect
691 to their controls.

692

693 **Figure 6. $\cdot O_2^-$ and lipid peroxidation are increased in SHR and Iso-rats. **A**, $\cdot O_2^-$**
694 **generation by myocardial slices from control (■), Iso (▲) and SHR (○). Both Iso**
695 **and SHR display a significant increase in $\cdot O_2^-$ production. The data fitted with a**
696 **one phase exponential association (GraphPad Prism 4.2) from SHR and Iso-**
697 **rats were significantly higher than the control curve. For better comparison, the**
698 **bar graph below depicts the mean values at 20 min, when the reaction was**
699 **completely stabilized, showing a significant increment in $\cdot O_2^-$ generation in Iso**
700 **and SHR with respect to control rats. **B**, average data of TBARS indicating that**
701 **SHR and Iso rats present higher levels of lipid peroxidation than control rats.**

702

703 **Figure 7. Mice with cardiomyocyte-delimited transgenic expression of**
704 **CaMKII inhibitory peptide are protected from Iso-induced apoptosis. A,**
705 lipid peroxidation measured by TBARS indicates that Iso treatment increases
706 oxidative stress both in AC3-C and AC3-I mice. **B,** TUNEL and DAPI
707 photographs of the different groups and mean values of these experiments
708 indicating a significant increment in TUNEL positive cells normalized by total
709 DAPI stained nuclei only in the AC3-C mice treated with Iso. **C,** representative
710 blots from P-CaMKII and P-Thr¹⁷, and their respective total proteins, as an index
711 of CaMKII activity, and average results, show that under Iso treatment only
712 AC3-C mice increase phosphorylation of CaMKII and PLN at the CaMKII site.
713 **D,** typical blots of pro- and anti-apoptotic protein Bax, and Bcl-2, and mean
714 results in the bar graph below. GAPDH signals were used as loading controls.
715 Iso treatment induced apoptosis only in AC3-C mice.
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718 **Table 1.** Echocardiographic parameters from control rats, SHR and SHR
 719 treated with Enalapril.

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	Control	SHR	SHR+Enalapril
N	9	8	6
LVDD (mm)	5.59 ± 0.32	6.44 ± 0.16	6.07 ± 0.11
STh (mm)	1.52 ± 0.03 *	1.85 ± 0.03 *	1.71 ± 0.02 *
LVPWTh (mm)	1.55 ± 0.02 *	1.92 ± 0.06 *	1.70 ± 0.03 *
ES (%)	60.76 ± 0.89	60.87 ± 0.46	61.39 ± 1.34
MVS (%)	30.60 ± 1.51	30.53 ± 0.96	30.66 ± 0.77
LVMI (mg/g)	1.39 ± 0.09 *	2.61 ± 0.12 *	2.04 ± 0.05 *
LVMI (mg/mm)	12.79 ± 1.05 *	21.43 ± 1.15 *	17.81 ± 0.39 *

742

743 Values are mean ± ES. LVDD: Left ventricular diastolic diameter; STh:
 744 septum thickness; LVPWTh: left ventricular posterior wall thickness; ES:
 745 endocardial shortening; MVS: midwall ventricular shortening; LVMI: left
 746 ventricular mass index. * p<0.05 vs all others groups.

747

748 **Table 2.** Echocardiographic parameters from control rats, Iso-rats and Iso-rats
 749 treated with Enalapril

750

	Wistar (A)	Wistar Isoproterenol (B)	Wistar+ Enalapril (C)	Wistar Isoproterenol +Enalapril (D)
n	12	29	4	7
LVDD (mm)	5.20 ± 0.13 *	5.81 ± 0.07 *	3.72 ± 0.12 *	4.43 ± 0.23 *
STh (mm)	1.54 ± 0.03 ‡	1.64 ± 0.02 †	1.26 ± 0.02 † ‡	1.23 ± 0.05 † ‡
LVPWTh (mm)	1.56 ± 0.02 ‡	1.70 ± 0.02 †	1.24 ± 0.02 † ‡	1.22 ± 0.04 † ‡
ES (%)	60.76 ± 0.70	59.86 ± 0.40	58.98 ± 1.0	58.52 ± 0.86
MVS (%)	30.16 ± 1.32	33.03 ± 0.90	33.1 ± 1.02	34.52 ± 0.91
LVMI (mg/g)	1.38 ± 0.08	1.91 ± 0.04 †	1.70 ± 0.04 †	1.71 ± 0.04 † ‡
LVMI(mg/mm)	11.18 ± 0.47 ‡	14.28 ± 0.36 †	5.16 ± 0.06 † ‡	6.76 ± 0.91 † ‡

751

752 Values are mean ± ES. LVDD: Left ventricular diastolic diameter; STh: septum

753 thickness; LVPWTh: left ventricular posterior wall thickness; ES: endocardial

754 shortening; MVS: midwall ventricular shortening; LVMI: left ventricular mass

755 index. * p<0.05 vs all others groups; † p< 0.05 vs A; ‡ p< 0.05 vs B.

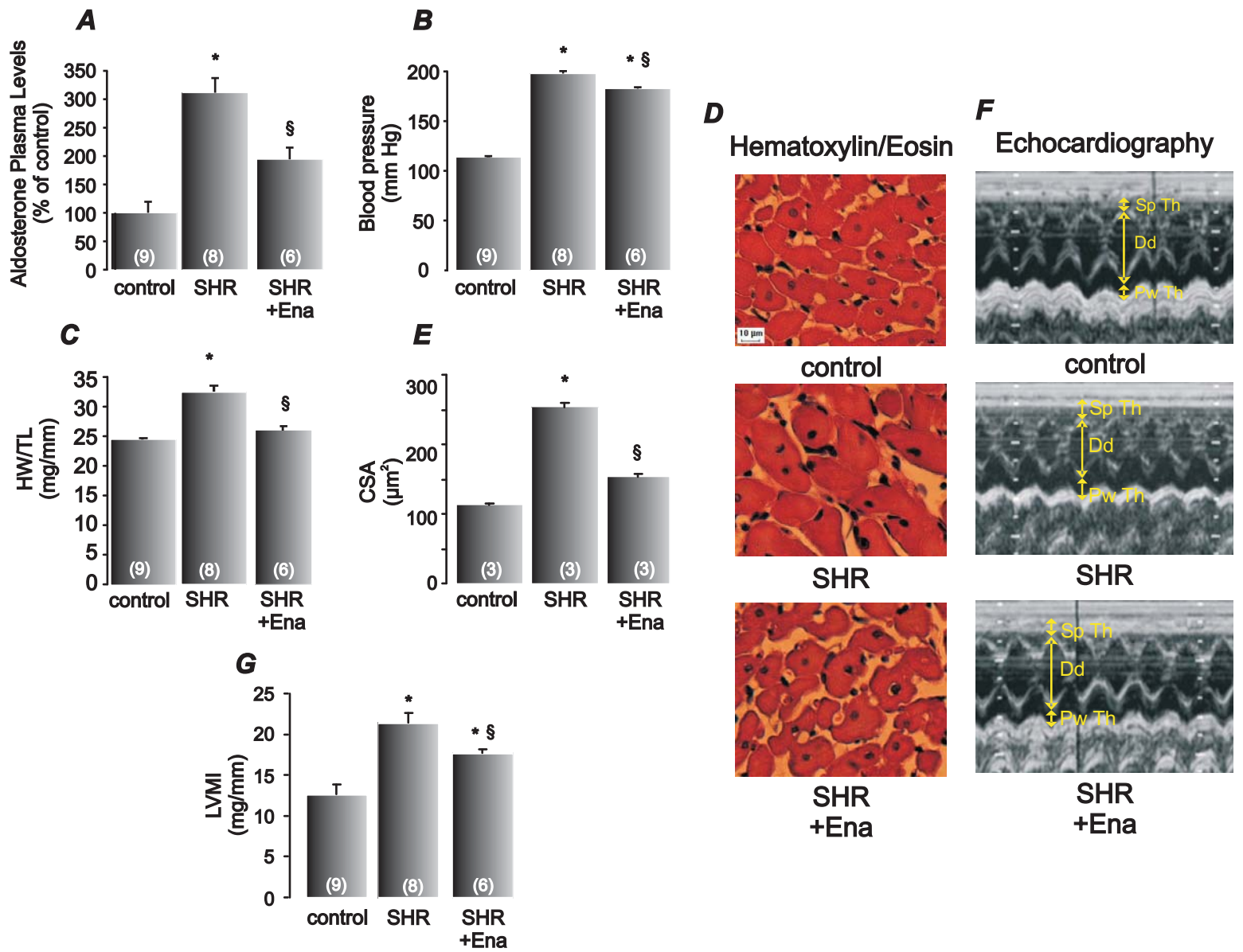


Figure 1

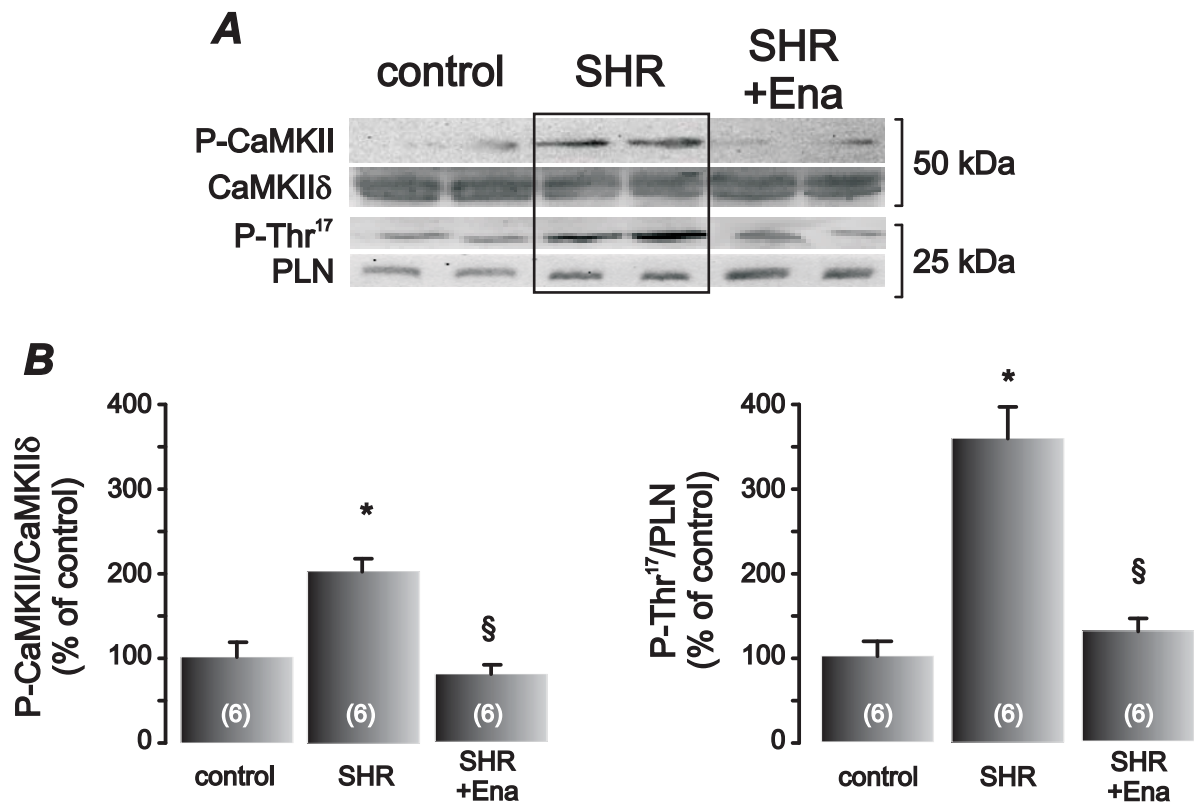


Figure 2

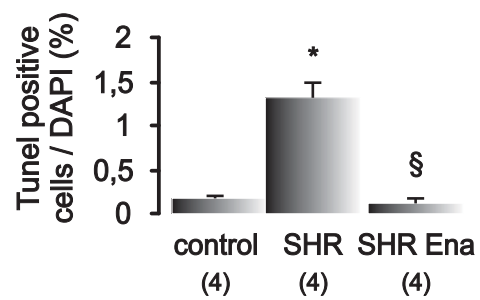
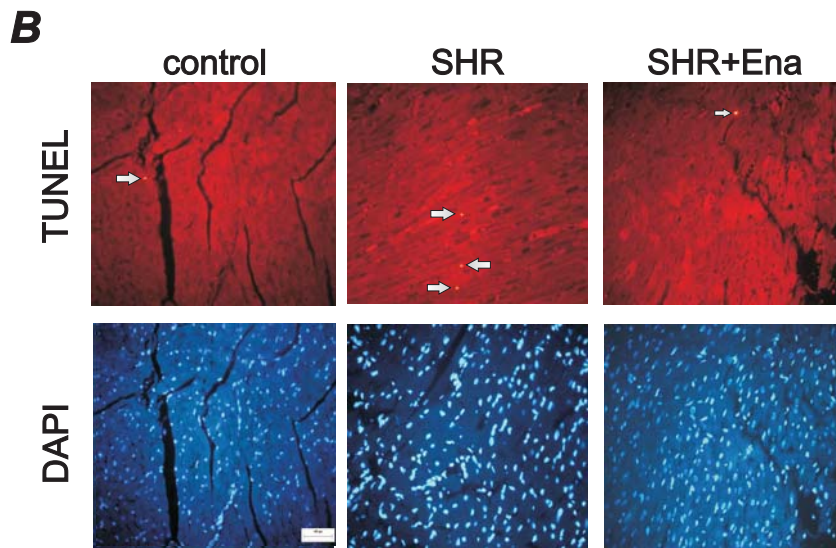
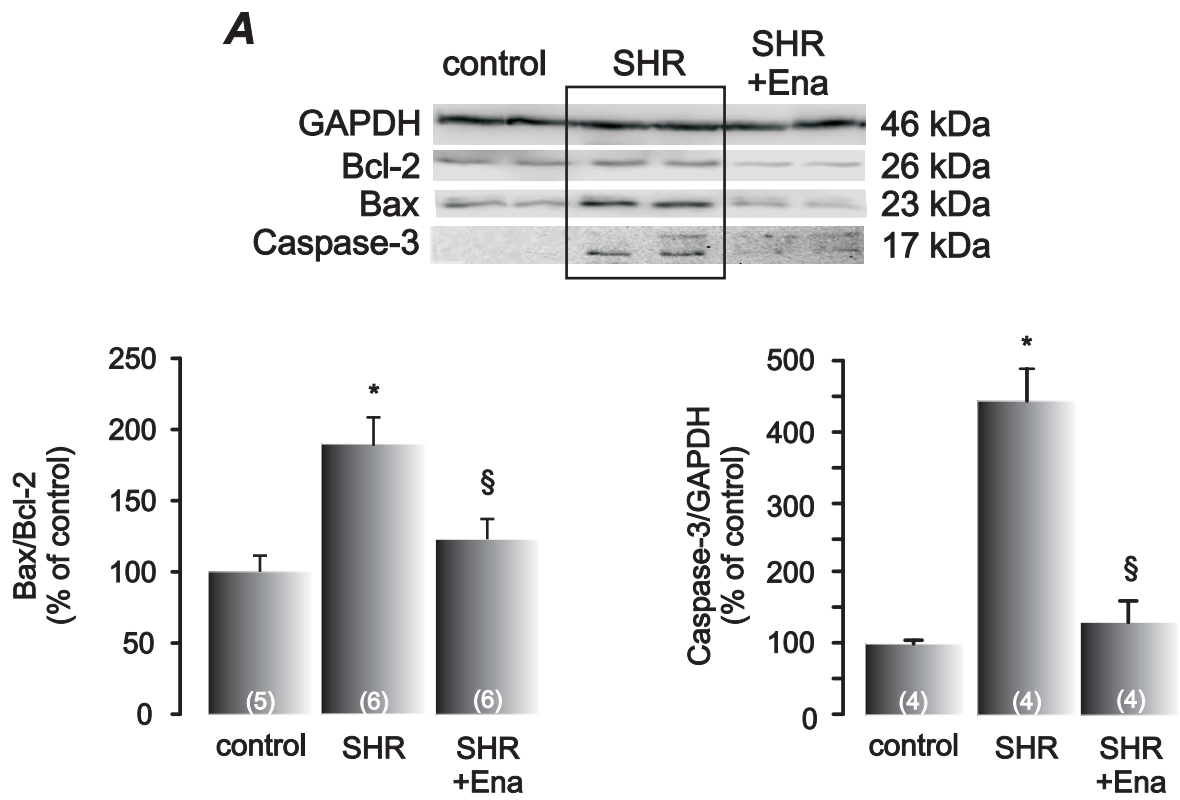


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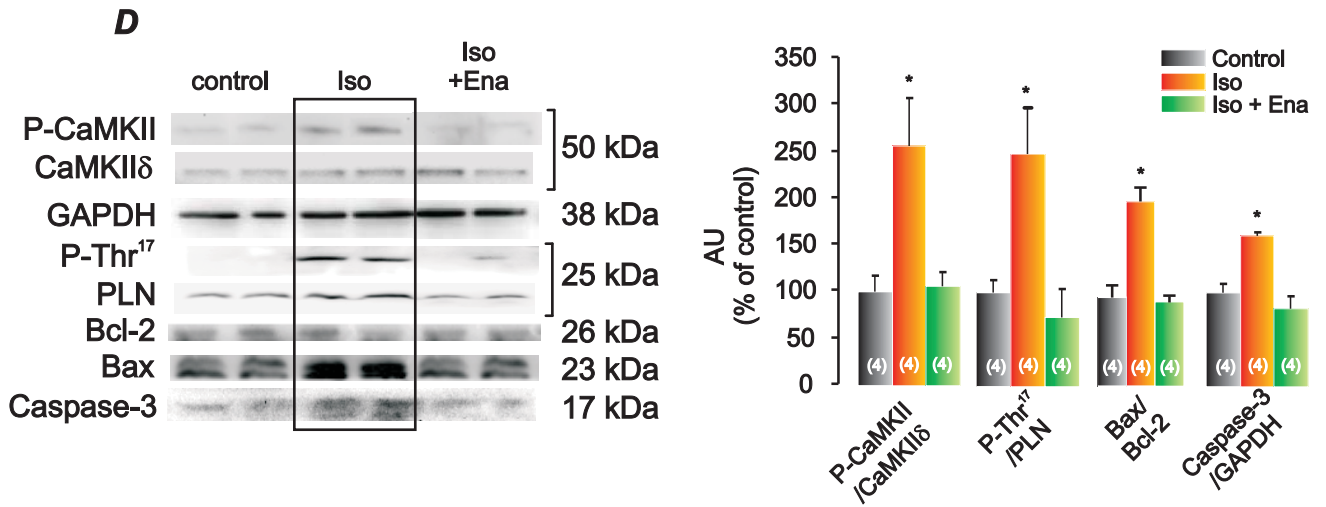
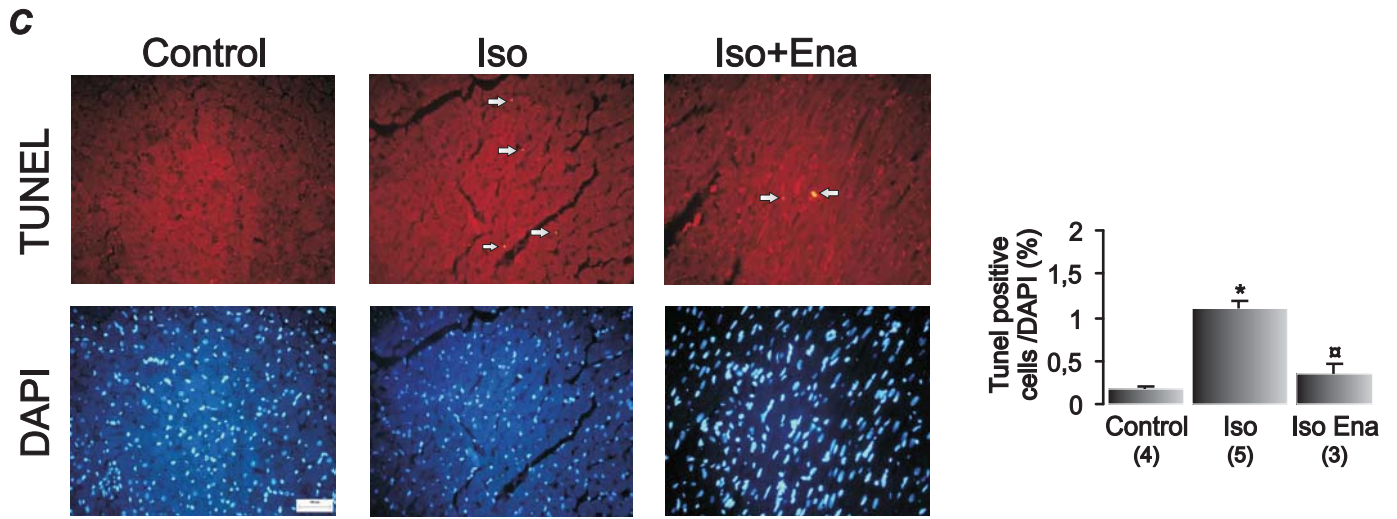
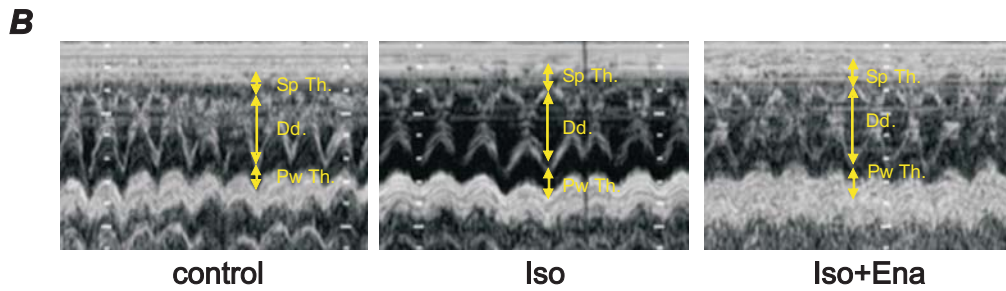
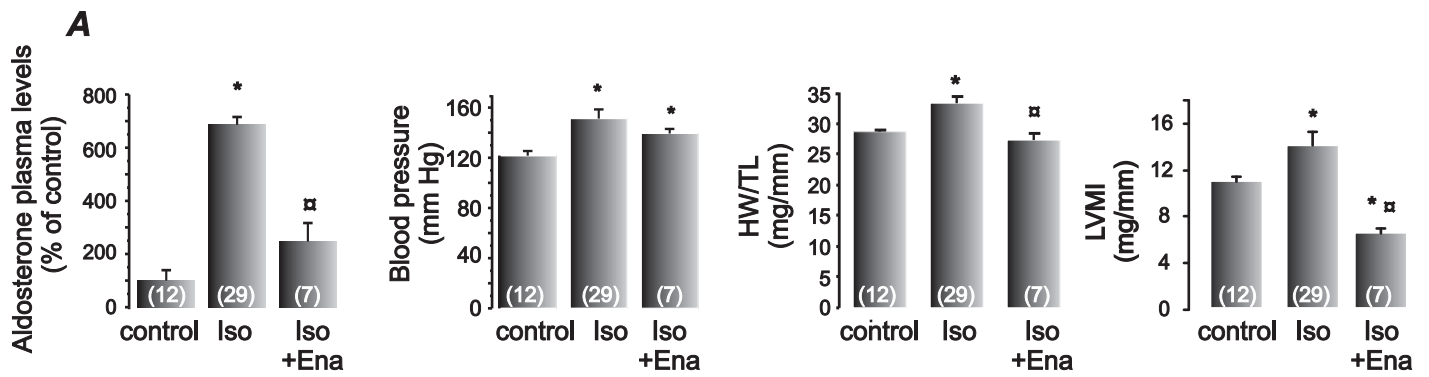


Figure 4

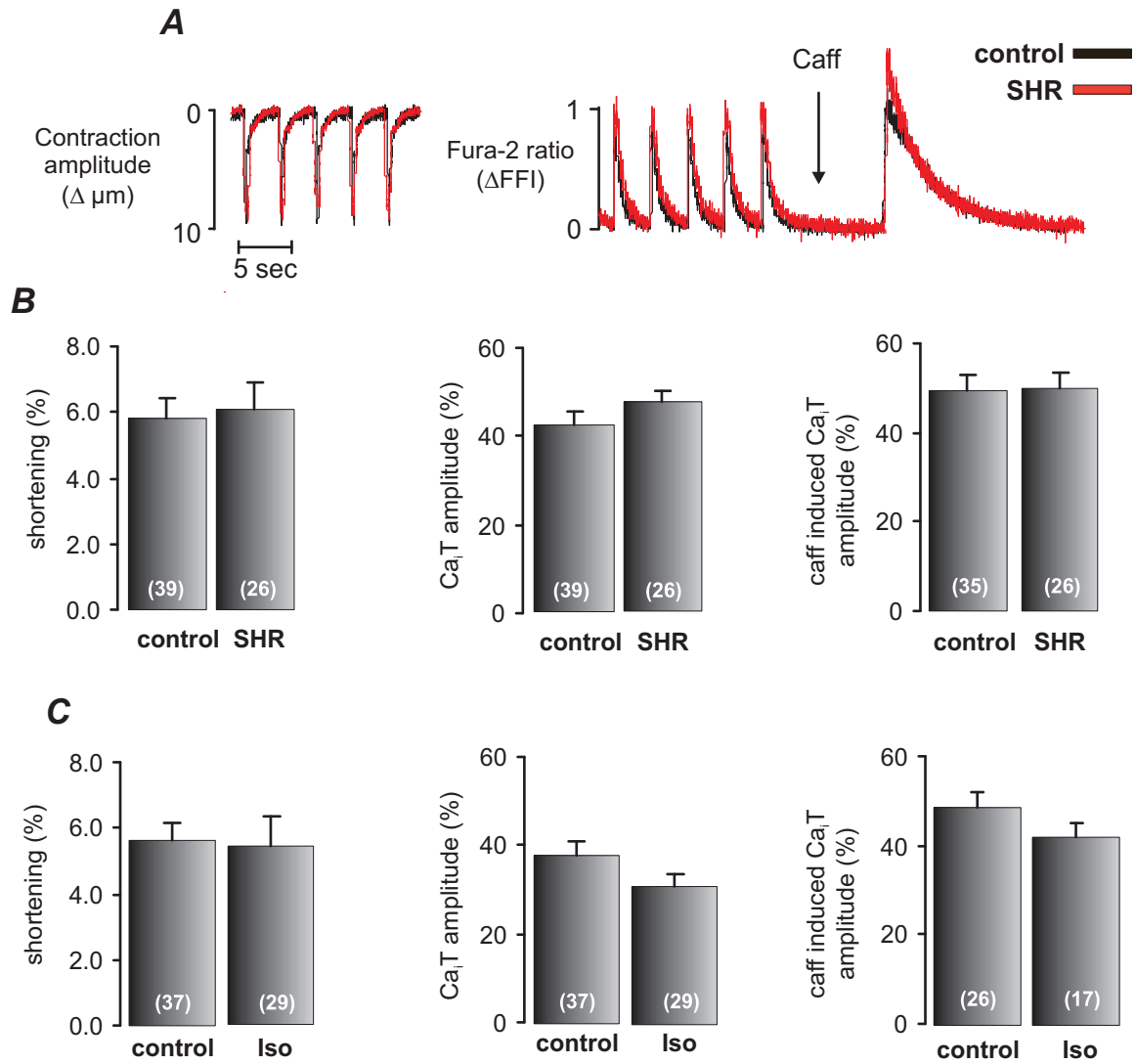
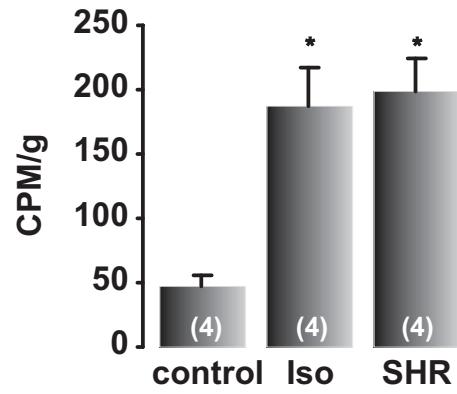
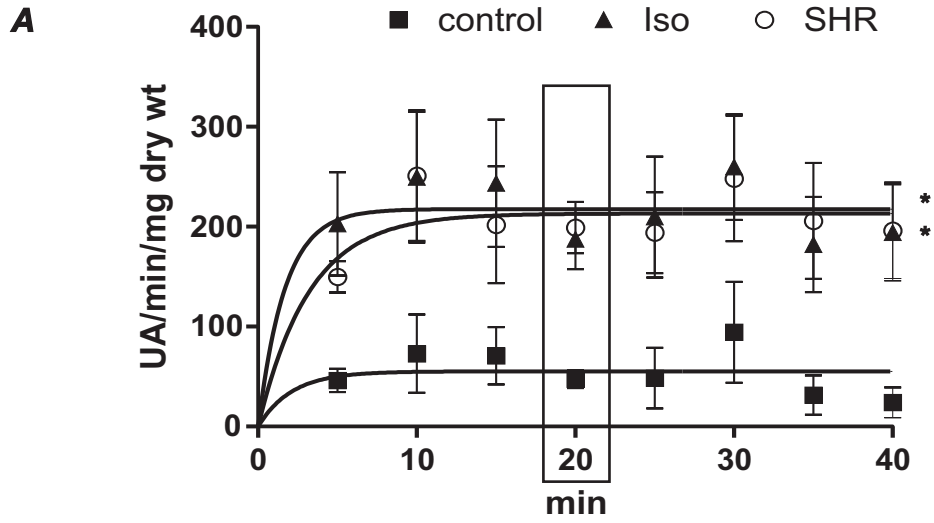


Figure 5



B

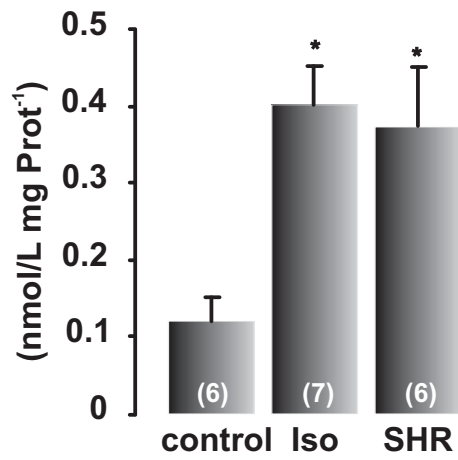
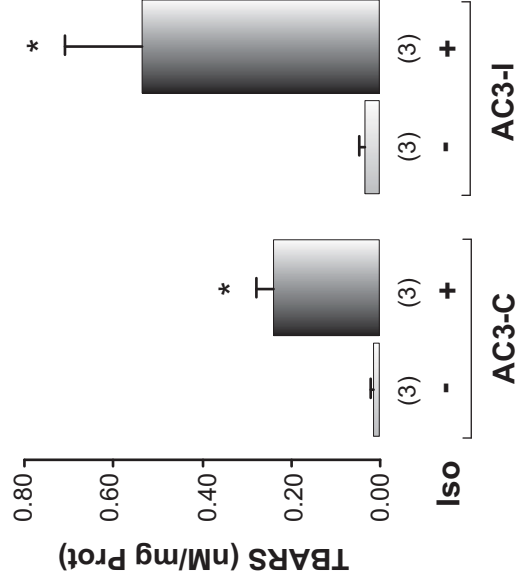
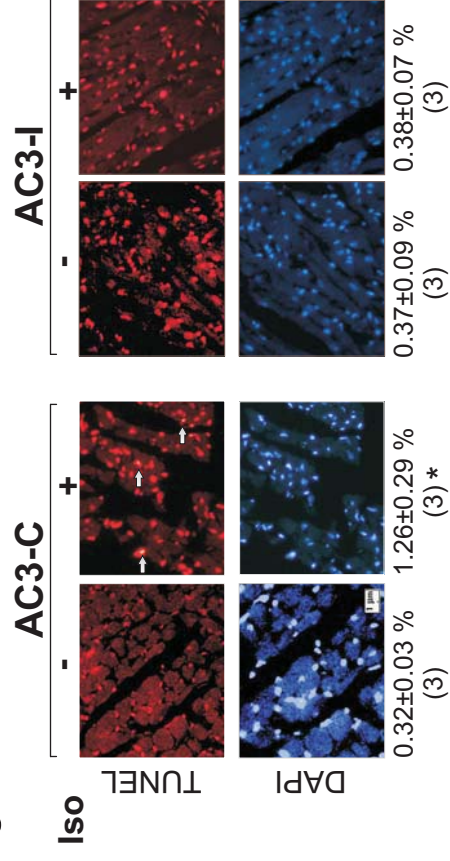


Figure 6

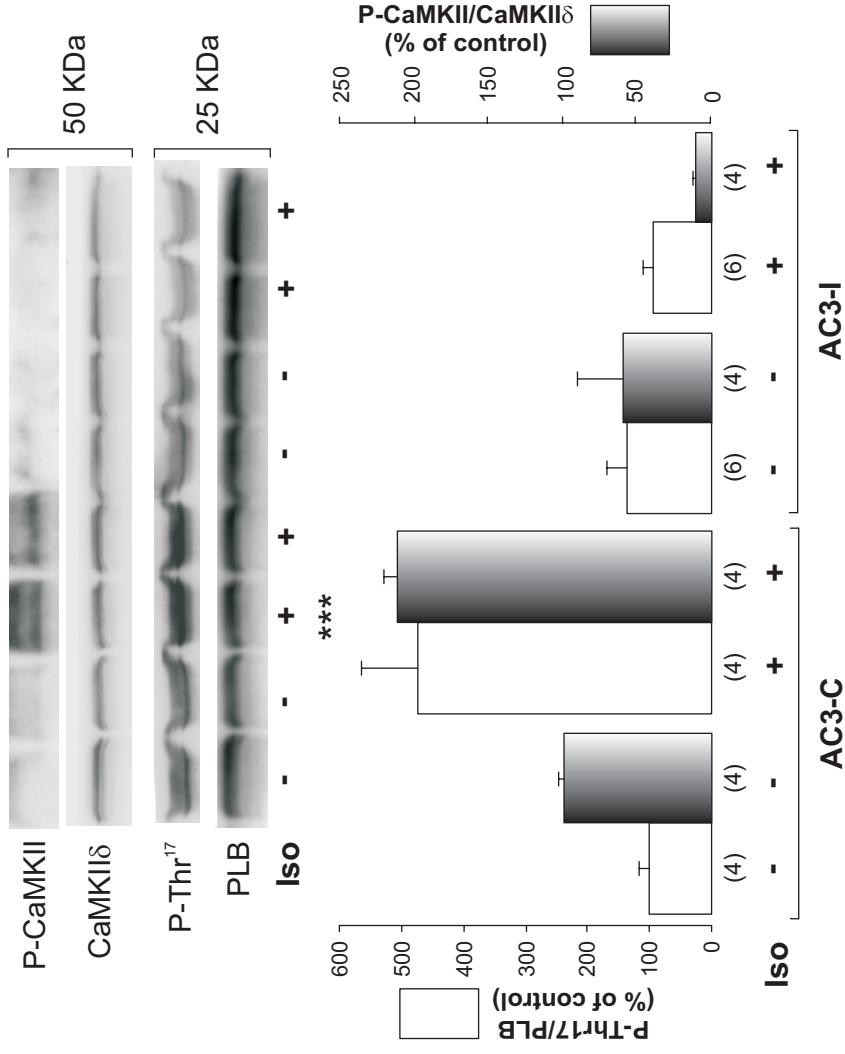
A



C



B



D

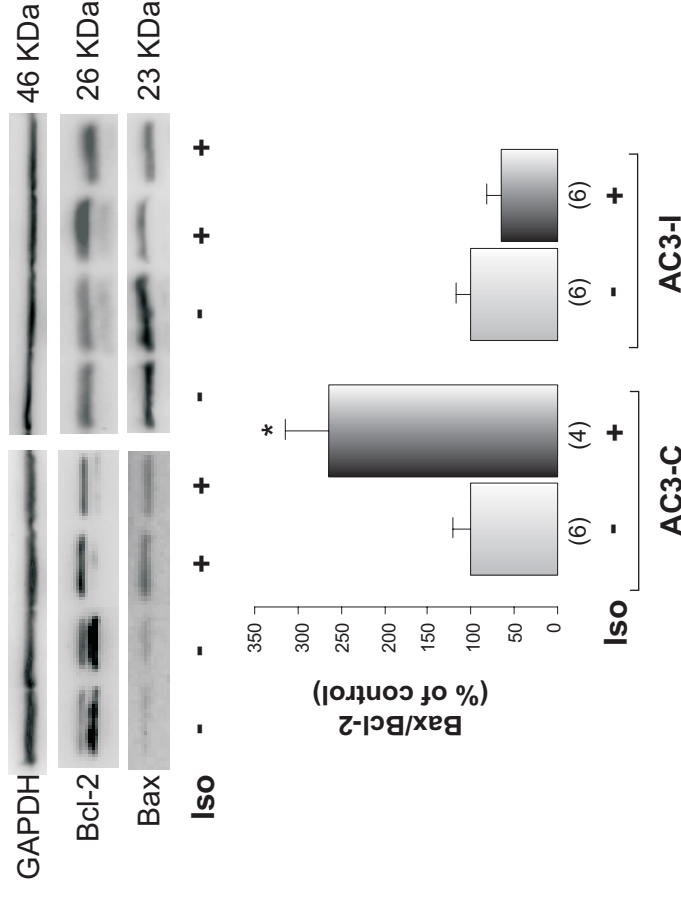


Figure 7