

Molecular Epidemiology of Methicillin-Resistant *Staphylococcus aureus* in Cystic Fibrosis Patients from Argentina

Paula Pena Amaya,^{1,*} Maria S. Haim,^{2,3,*} Silvina Fernández,² Sabrina Di Gregorio,^{2,3} Alejandro Teper,¹ Miryam Vázquez,¹ Silvina Lubovich,¹ Laura Galanternik,¹ and Marta Mollerach^{2,3}

Methicillin-resistant *Staphylococcus aureus* (MRSA) colonization in cystic fibrosis (CF) patients is an increasing problem in many countries. In our Respiratory Center at the Hospital de Niños “Dr. Ricardo Gutiérrez”, Buenos Aires, Argentina, the prevalence has climbed from 23% in 1995 up to 32% in 2011. Our objective was to analyze the diversity of MRSA isolates recovered from respiratory samples of CF patients attending our center, characterizing their phenotypes and clonal distribution. Therefore, a prospective study was conducted on all CF patients attending the pediatric Respiratory Center between June 2012 and May 2013 to collect MRSA isolates. Antibiotic susceptibility testing, multilocus sequence typing, pulsed-field gel electrophoresis, *spa* typing, and *agr* genotyping were performed on collected isolates. The prevalence of MRSA during this period was 34.2%, and 71.9% of the patients were infected with isolates that carried SCC*mec* IV. High resistance rates were detected for gentamicin, erythromycin, clindamycin, ciprofloxacin, and rifampicin. Strains related to the community-associated MRSA clones, ST5-IV and ST30-IV, were the most frequently recovered. Remarkably, even though most of the isolates were related to these clones, the rate of multi-resistance shown in CF patients was higher than that reported for the same lineages recovered from other infections in our country.

Keywords: MRSA-ST5-IV, MRSA-ST30-IV, multidrug resistance, cystic fibrosis

Introduction

CYSTIC FIBROSIS (CF) is one of the most common autosomal inherited conditions in the Caucasian population, with an incidence rate varying across the globe and being around 1/6,100 newborns in Argentina.¹

CF patients suffer from recurrent pulmonary infections that lead to progressive pulmonary damage and respiratory failure, which are the main causes of morbidity and mortality among these patients.² *Staphylococcus aureus* is an early and commonly observed pathogen that is associated with CF lung infection.^{3,4}

During chronic infection, *S. aureus* uses multiple strategies to adapt to the airways of CF patients.⁵ Of significant importance is the formation of small colony variants (SCVs). The switch to this particular phenotype at a relatively high rate may offer a survival advantage because they

can persist intracellularly and evade the host immune system. Moreover, SCVs exhibit more tolerance against treatment while located within host cells.⁶

In the past decades, the number of infections caused by methicillin-resistant *Staphylococcus aureus* (MRSA) has increased considerably in the general population. According to the data published by the World Health Organization in 2014, the methicillin resistance rate is more than 50% in our country.⁷ This pattern has also been observed in CF patients.³ In our center, the prevalence of MRSA infection in the CF population has climbed from 23% in 1995 up to 32% in 2011 (Galanternik, personal communication).

Even though MRSA was initially recognized as being acquired from hospitalized patients (HA-MRSA), infections due to community-associated strains (CA-MRSA) have been reported with an increasing frequency since 1990.⁸ CA-MRSA strains are genetically distinct from traditional HA-MRSA

¹Hospital de Niños “Dr. Ricardo Gutiérrez”, Buenos Aires, Argentina.

²Universidad de Buenos Aires, Facultad de Farmacia y Bioquímica, Cátedra de Microbiología, Buenos Aires, Argentina.

³CONICET, Buenos Aires, Argentina.

*These authors contributed equally to this work and are co-first authors.

clones. The former are associated with SCCmec IV or V, small SCCmec that usually do not carry non- β -lactam resistance genes representing a lower fitness cost, and are associated with the carriage of Panton-Valentine leukocidin (PVL); the latter are associated with SCCmec I, II, or III and usually carry additional antimicrobial resistance genes.⁹ Since the beginning of the 21st century, different studies worldwide have described typical CA-MRSA lineages as a cause of outbreaks in the healthcare setting and they appear to be replacing classical HA-MRSA clones in the hospital environment.^{10,11} The evolution of MRSA epidemiology has made the definition of CA-MRSA and HA-MRSA blurry.^{12,13}

The information about MRSA lineages associated with CF is scarce in our country; nonetheless, several studies have described MRSA clones related to non-CF patients. Two different studies found MRSA ST5-IV as the prevalent clone in healthy children suffering community-onset MRSA infections.^{14,15} In addition, nationwide studies of *S. aureus* infections showed that the two major clones responsible for community-onset infections were ST30-IV and ST5-IV, being the first one found mainly in adults and the second one found in children.^{10,16} On the other hand, the majority of the healthcare-associated infections were related to the Cordobes/Chilean clone, ST5-I.¹⁰ This situation makes it reasonable to suppose that these clones could also be recovered from CF patients.

The aim of this study was to analyze the diversity of MRSA isolates recovered from respiratory samples of CF patients in a pediatric center in Argentina, characterizing their phenotypes and clonal distribution.

Materials and Methods

Study design

A prospective observational study was designed to evaluate the prevalence, phenotypic and molecular features of MRSA isolates recovered from respiratory samples from all CF patients up to 18 years of age attending the pediatric Respiratory Center at the Hospital de Niños “Dr. Ricardo Gutiérrez” between June 2012 and May 2013. The Respiratory Center of this hospital functions as a national reference center for the treatment of CF patients and currently it is the center with the greatest number of CF patients in Argentina. The study was reviewed and approved by the Research Ethics Committee of the institution. Written informed consent was signed by the parents of the patients to participate in this study.

Patients and isolate selection criteria

Patient inclusion criteria involved confirmed diagnosis (two sweat test positive or two cystic fibrosis transmembrane conductance regulator [CFTR] causing mutations) and at least one positive culture of MRSA during that year. Patients with poor adherence or less than four sputum samples per year were excluded. Data collected included patient demographics, lung function, CFTR mutations, microbiology results, number of hospitalizations during the study period, and CF-related comorbidities.

One MRSA isolate was collected per patient. Additional isolates were collected in those cases in which different

phenotypes, considering antibiotic resistance profile, were recovered in the same or consecutive sputum samples.

Microbiology studies

Isolates were identified as *S. aureus* by typical morphology on mannitol salt agar (BioMérieux) and positive results for tube coagulase and DNase tests. Antibiotic susceptibility was analyzed by automatized Vitek 2 (BioMérieux). For those SCVs, rejected by the Vitek system and unable to grow in Mueller Hinton agar or Mueller Hinton agar supplemented with 5% sheep blood, antibiotic susceptibility was evaluated by using the disk diffusion method on Columbia blood agar. Multidrug resistance (MDR) was defined as resistance to three or more antibiotic families.

PCR amplification of *mecA*, *lukS/F-PV*, *agr*, and SCCmec typing

After phenol-chloroform extraction of genomic DNA, detection of *mecA* and PVL encoding genes (*lukS/F-PV*) was performed as previously described.^{16,17} The *agr* locus was genotyped by multiplex PCR as described elsewhere.¹⁸ SCCmec types were also determined by PCR with a simplified version of Kondo's typing system, including M-PCR-1 and M-PCR-2.¹⁹

Genetic analysis by pulsed-field gel electrophoresis, *spa* typing, and multilocus sequence typing

Genotyping analysis was conducted by using *spa* typing and pulsed-field gel electrophoresis (PFGE) with *SmaI* as previously described.¹⁶ Comparison of the PFGE fingerprints was performed with the BioNumerics software, version 5.1 (Applied Maths, Kortrijk, Belgium). The definition of a PFGE type was based on a similarity cut-off of 75% (Dice coefficient, represented by the unweighted pair group method using arithmetic averages [UPGMA], 1% optimization, and 1% tolerance). HA-MRSA and CA-MRSA clones previously described in Argentina were included in the PFGE pattern analysis.^{16,20,21} Representative isolates of the major pulsotypes were studied by multilocus sequence typing (MLST).²²

Statistical analysis

GraphPad Prism 7 for Mac OS X (v7.0c) was used for statistical analysis. Categorical variables were analyzed by Fisher's exact test. A *p* value <0.05 was considered statistically significant.

Results

Clinical features

MRSA isolates were recovered from 41 CF patients out of the 120 who attended our center during the study period. The median age at the time of the first MRSA isolate included in the study was 7.0 years (range 29 days–18.3 years). Additional demographic and clinical data are shown in Table 1.

The prevalence of MRSA infection in this population at our center was 34.2%. Fifty-seven MRSA isolates were recovered from 41 CF patients; 22 (53.7%) were chronically infected with MRSA (≥ 3 positive consecutive cultures in 6 months), and 19 (46.3%) were transiently infected (<3 positive consecutive

TABLE 1. CLINICAL AND DEMOGRAPHIC CHARACTERISTICS OF CYSTIC FIBROSIS PATIENTS INCLUDED IN THE STUDY

Characteristics	CF patients (n=41)
Age in years, median (range)	7.0 (29 days–18.3 years)
Gender, n (%)	
Male	20 (48.8)
CFTR mutation, n (%)	
Δ F508 homocygous	17 (41.5)
Δ F508 heterocygous	15 (36.6)
Other mutations	9 (21.9)
Mean FEV1% predicted (SD) ^a	80.9 (21.1)
Coinfections, n (%)	
<i>Pseudomonas aeruginosa</i> ^b	14 (45.2)
Other species ^{b,c}	9 (29.0)
Hospitalizations, n (%)	
1	12 (29.3)
>1	13 (31.7)
Total	25 (61)
CF comorbidities, n (%)	
CFRD	2 (0.05)
Pancreatic insufficiency	33 (80.5)
CFLD	2 (0.05)

^aFor patients \geq 6 years old.

^bData available for 31 patients.

^cIncludes *Haemophilus influenzae*, *Stenotrophomonas maltophilia*, *Burkholderia cepacia* complex, or *Aspergillus flavus*. Two patients were coinfecting also with *Pseudomonas aeruginosa*.

CF, cystic fibrosis; CFLD, cystic fibrosis-associated liver disease; CFRD, cystic fibrosis-related diabetes; CFTR, cystic fibrosis transmembrane conductance regulator; FEV1, forced expiratory volume in 1 second; SD, standard deviation.

cultures in 6 months) or with a first-time isolate of MRSA. According to the isolate inclusion criteria, more than one isolate was recovered from 11 patients.

Ten SCV isolates were recovered from 7 patients. Five of them were chronically infected with MRSA.

Antimicrobial susceptibility

The rates of resistance to tested antimicrobial agents are shown in Table 2. High resistance rates were detected for

gentamicin, erythromycin, clindamycin, ciprofloxacin, and rifampicin. All isolates were susceptible to vancomycin and teicoplanin. Resistance to linezolid was detected in only one isolate.

As mentioned earlier, sequential isolates that differed in their antibiotic resistance profile were detected in 11 patients, changing the overall resistance to all the tested antimicrobial agents, except for vancomycin and teicoplanin.

MDR-MRSA was detected in 37/57 (65%) isolates. A statistically significant association was observed between the isolation of MDR-MRSA and chronically infected patients (Fig. 1).

MDR was not significantly associated with SCV, 9/10 SCV versus 29/47 isolates with the normal morphotype ($p=0.140$). Table 3 compares the rates of resistance to different antimicrobials for SCV and normal morphotypes.

Genotypic characterization

All isolates were *mecA* positive. SCCmec type analysis revealed 41/57 (71.9%) isolates carrying SCCmec IV, 5/57 (8.8%) carrying SCCmec I, and 2/57 (3.5%) carrying SCCmec III. The SCCmec type could not be determined in 9/57 (15.8%) isolates (non-typeable, NT).

Among NT isolates, two strains harbored *mec* complex type C, indicating that these isolates carried SCCmec V or VII. Further, one isolate presented recombinase A3B3, which, in the context of its antibiotic resistance profile, strongly suggests that it carried SCCmec III. The remaining NT isolates presented recombinase A1B1 ($n=2$) and A2B2 ($n=4$).

The *lukS/F-PV* genes were detected in 18 isolates that were recovered from 15 patients, and 11/15 were chronically infected with MRSA ($p=0.046$). Seventeen out of 18 PVL-positive isolates harbored SCCmec IV.

High clone diversity was observed by PFGE analysis, recognizing more than 15 different pulsotypes (Fig. 2). However, 52.6% (30/57) of MRSA isolates exhibited band patterns closely related to the main CA-MRSA clones described in Argentina: pulsotype A (ST5-IV) and pulsotype C (ST30-IV), 22 and 8 isolates, respectively. Five isolates belonged to ST100-IV, which is related to the Argentinean pediatric clone.¹⁵

TABLE 2. ANTIMICROBIAL RESISTANCE RATES OF METHICILLIN-RESISTANT *STAPHYLOCOCCUS AUREUS* ISOLATES AND DISTRIBUTION ACCORDING TO SCCMEC TYPES

Antimicrobial agent	Total MRSA, n=57 (%)	SCCmec IV, n=41	SCCmec I, n=5	SCCmec III, n=2	NT, n=9
Ciprofloxacin	28 (49.1)	17	5	2	4
Clindamycin	23 (40.4)	11	5	2	5
Erythromycin	30 (52.6)	18	5	2	5
Gentamycin	38 (66.7)	26	5	2	5
Rifampicin	16 (28.1)	11	1	2	2
Trimethoprim/ Sulfamethoxazole	8 (14.0)	2	2	2	2
Tetracycline	5 (8.8)	1	1	2	1
Linezolid	1 (1.8)	1	0	0	0
Vancomycin	0	0	0	0	0
Teicoplanin	0	0	0	0	0

MRSA, methicillin-resistant *Staphylococcus aureus*.

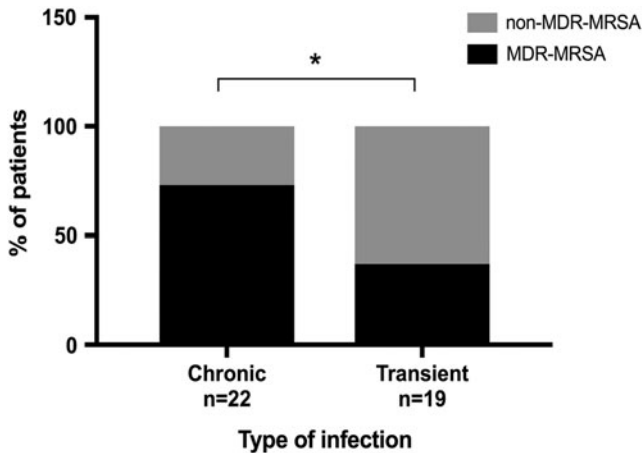


FIG. 1. Association between MDR-MRSA isolation and type of infection. The isolation of MDR-MRSA was significantly associated with chronic infection in CF patients ($p=0.0296$) compared with the isolation of these isolates from transient infected patients. $*p<0.05$, Fisher's exact test. Chronic infection was defined as ≥ 3 positive consecutive cultures in 6 months; transient infection includes patients with <3 positive consecutive cultures in 6 months or a first-time isolate of MRSA.

All patients from whom more than one isolate was recovered presented the same MRSA clone. In five cases, there are differences in the band patterns between the isolates but they still share more than 75% of identity (Fig. 2).

Different *spa* types were recognized, as expected by the PFGE results. The most common *spa* types were t002, t311, and t019, detected in 15, 10, and 7 isolates, respectively. For those isolates related to pulsotype A, *spa* types t002 and t311 represented each 45.5% (10/22) of the isolates. Among the strains clustered in pulsotype C, 75% belonged to *spa* type t019 (6/8). The remaining isolates corresponded to more than 15 additional *spa* types, each of which represented 2–7% of the 57 isolates. Table 4 summarizes the characteristics of MRSA strains detected in CF patients according to SCCmec type, PFGE, MLST, *spa* typing, *agr* group, and antimicrobial resistance.

TABLE 3. ANTIBIOTIC RESISTANCE RATES FOR SMALL COLONY VARIANT AND NORMAL MORPHOTYPE METHICILLIN-RESISTANT *STAPHYLOCOCCUS AUREUS* ISOLATES

Antibiotic	% resistant isolates		p^a
	SCV phenotype, n = 10	Normal morphotype, n = 47	
Ciprofloxacin	90	40.4	0.005
Clindamycin	60	40.4	0.308
Erythromycin	80	51.1	0.160
Gentamycin	90	61.7	0.140
Rifampicin	20	29.8	0.709
Trimethoprim/ Sulfamethoxazole	50	6.4	0.003

^a p -Value for Fisher's exact test.

Regarding antibiotic resistance among isolates that harbored SCCmec IV, the most frequent SCCmec type found in this study, 9/41 (22%) were resistant only to β -lactams, 7/41 (17%) showed resistance to two families of antibiotics, and 25/41 (61%) were MDR isolates, defined as resistant to three or more antibiotic families. Eleven isolates in the latter group showed resistance to β -lactams, gentamicin, erythromycin, and clindamycin.

Considering the two prevalent CA-MRSA clones in Argentina, ST5-IV and ST30-IV, MDR was detected in 18/30 (60%) isolates. Fifteen out of 18 MDR isolates were recovered from chronically infected patients ($p=0.0086$).

Discussion

For the first time, this study provides information about the prevalence and genetic background of MRSA isolates recovered from CF patients attending a pediatric hospital of Buenos Aires, Argentina, during 1 year. The prevalence of MRSA in the center has climbed from 23% in 1995 (Galantnik, personal communication) up to 34.2% in the study period. This observation is consistent with the increasing trend observed worldwide.^{3,23} The prevalence of MRSA in CF patients varies according to the region and the center where it is studied. The rate reported herein is higher to that one reported by other studies. The Cystic Fibrosis Foundation Patient Registry reported 25.8% in 2010 and 2014 in the United States.³ In Canada and Europe, the prevalence of MRSA in the CF population is even lower, 3–15%.^{23–26}

The median age of our study population at the time of the first MRSA isolate included in the study was 7.0 years (29 days–18.3 years). Importantly, the number of patients included in the study who were hospitalized at least once in a year (25/41, 61%, Table 1) was higher than the mean expected for the general CF population in our center (39% of all the patients attending the center are hospitalized at least once during a year) (Lubovich, personal communication).

Most CF MRSA described herein carried SCCmec IV, consistent with what was found by Lima *et al.* in a hospital in Brazil,²⁷ but it differs with what was reported between 2004 and 2011 in other regions where SCCmec II or I were the most frequently SCCmec types associated with CF MRSA isolates.^{25,28,29} Nonetheless, a shift from SCCmec II to predominance of SCCmec IV type was recently reported in the United States, with USA300 being the predominant clone.³⁰

In this study, 52.6% of MRSA isolates analyzed exhibited band patterns related to the main CA-MRSA clones circulating in Argentina: ST30-IV and ST5-IV,¹⁰ showing that, in agreement with our hypothesis, these lineages are also present in the CF population. The majority of the isolates presented *spa* types related to those of the two prevalent clones: t002, t311, and t019. Other genotypes were also found, showing that in addition to ST30 and ST5 multiple MRSA lineages were present in the CF population.

Regarding antibiotic susceptibility, high resistance rates were detected for gentamicin, erythromycin, clindamycin, ciprofloxacin, and rifampicin among MRSA isolates. Increasing resistance to multiple antibiotics among different CF respiratory bacteria has been previously described.³¹ In this study, MDR-MRSA accounted for 65% of the isolates recovered.

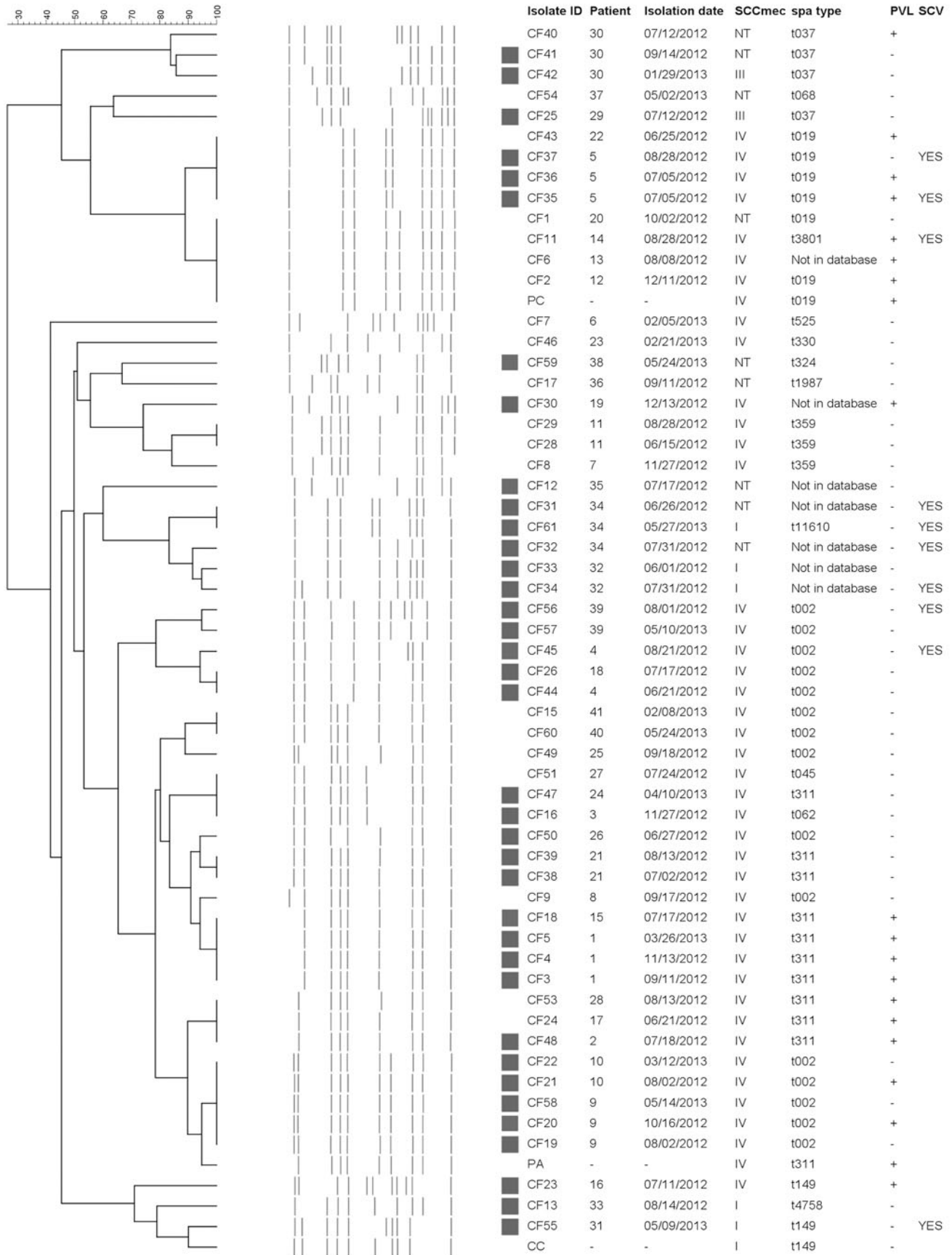


FIG. 2. Dendrogram of MRSA isolates recovered from CF patients. PFGE pattern analysis for 57 MRSA isolates recovered from respiratory samples from pediatric CF patients from June 2012 to May 2013. Squares represent multidrug resistant isolates, defined as resistant to three or more antibiotic families. CC, cordobes clone (ST5-I-t149); PA, pulsotype A (ST5-IV-t311); PC, pulsotype C (ST30-IV-t019).

TABLE 4. MOLECULAR TYPING AND ANTIMICROBIAL RESISTANCE OF CYSTIC FIBROSIS METHICILLIN-RESISTANT *STAPHYLOCOCCUS AUREUS* STRAINS

SCCmec	MRSA isolates (n)	PFGE pulsotypes	MLST (ST/CC)	spa types (n) ^a	agr group (n) ^a	Drug resistance to non-β-lactams, n (%) ^b
IV	22	A	5/5	t311 (10), t002 (10), t045, t062	II (22)	GEN 12 (54.5); ERY 12 (54.5); CIP 7 (31.8); CLI 10 (45.5); RIF 6 (27.3)
	8	C	30/30	t019 (6), t3801, not described spa type	III (8)	GEN 4 (50); ERY 3 (37.5); CIP 4 (50); CLI 1 (12.5); STX 1 (12.5)
	5	D	100/5	t002 (5)	II (5)	GEN 5; ERY 2; CIP 4; RIF 4; STX 1
	7	Others	ND	t149, t330, t359 (3), t525, not described spa type	I (5); II; III	GEN 3; ERY 4; CLI 2; RIF 1; LNZ 1
III	2	Others	ND	t037 (2)	I (2)	GEN 2; ERY 2; CIP 2; CLI 2; RIF 2; STX 2
I	5	Others	ND	t149, t4758, t11610, not described spa types (2)	II (5)	GEN 5; ERY 5; CIP 5; CLI 5; RIF 1; STX 2
NT	1	C	30	t019	III	
	8	Others	ND	t037 (2), t068, t324, t1987, not described spa types (3)	I (6); II (2)	GEN 5; ERY 5; CIP 4; CLI 5; RIF 2; STX 2

^aN is not expressed when there is only one isolate with that characteristic.

^b% of resistance to non-β-lactams expressed only for strains related to the two main CA-MRSA clones in Argentina.

CC, clonal complex; ND, not determined; NT, non-typeable; MLST, multilocus sequence typing; PFGE, pulsed-field gel electrophoresis; ST, sequence type.

Of note, 61% of the isolates harboring SCCmec IV, the most frequent SCCmec recovered in this study, were MDR. These high rates of resistance to non-β-lactam antibiotics agree with those reported by Cocchi *et al.* for CF MRSA isolates harboring SCCmec IV.²⁵

Of great concern is that multi-resistance was detected in 60% of the isolates that were related to the prevalent CA-MRSA clones in our country. These results demonstrate a key difference compared with reports from non-CF patients in Argentina where these CA-MRSA clones were not associated with MDR.^{10,16}

Moreover, isolation of MDR-MRSA was significantly associated with chronic infection. *S. aureus* has a spectacular capacity to adapt to its host during chronic infection. Specifically, in CF airways, *S. aureus* is subjected to numerous selective pressures resulting from antibiotic interventions, the host immune system, and coinfection of the airways with other microorganisms.³² To survive in this hostile niche, *S. aureus* has developed several adaptive mechanisms to cope with changing selective pressures: the emergence of SCV,⁶ changes in the protein A gene repeat region,³³ biofilm formation,³⁴ immune evasion,³⁵ and changes in antibiotic resistance.³⁶ The high rate of multi-resistance observed herein could be related to the frequent and complex antibiotic therapy to which chronic CF patients are exposed to and to other selective pressures present in the CF airways that promote *S. aureus* adaptation.

Even though we did not find an association between MDR and SCV, this phenotype was significantly associated with higher rates of resistance to ciprofloxacin and trimethoprim/sulfamethoxazole. Trimethoprim/sulfamethoxazole-resistant SCV have been isolated from the airways of CF patients and

persist for extended periods.³⁷ Eight out of 10 SCV isolates were recovered from chronically infected patients, and they did not belong to a specific SCCmec type nor to a defined pulsotype. Their appearance in chronically infected patients is consistent with the idea that the change in morphology may be related to *S. aureus*'s adaptation to CF patients' airways and to the persistence phenomena.⁵

Persistence of the initial strain was demonstrated in those patients from whom sequential MRSA isolates were recovered, as described by Al-Zubeidi *et al.*²⁸ In some cases, PFGE band pattern differences were detected among the persistent strains within the same patient but they still belonged to the same PFGE type. As previously mentioned, these genetic changes might be related to microevolutionary events occurring in this particular ecological niche.

Furthermore, PVL-positive isolates also appear to be associated with chronically infected patients. Seventeen out of 18 PVL-positive isolates harbored SCCmec IV. This differs with what was previously described in an Italian study in which CF MRSA isolates harboring SCCmec IV did not express PVL.²⁵ Nonetheless, PVL-positive isolates have been described in CF and are associated with the development of invasive lung infections, including lung abscesses.³⁸ The finding of MRSA-ST5-IV and MRSA-ST30-IV clones harboring PVL coding genes in CF patients is of great concern because these clones have been previously described in our country and have been causing invasive infections.^{20,39,40}

As a limitation of this study, it should be mentioned that isolates belonged to one center and they were recovered only from children, noting that the current median predicted survival age for individuals with CF is 41.6 years.

To conclude, MRSA prevalence has increased in our hospital and most isolates carried SCC mec IV. Strains related to the main CA-MRSA clones circulating in Argentina were also recovered from CF patients, but the rates of antibiotic resistance were higher than those reported for non-CF patients. This difference was associated with chronic infection and may be related to complex antimicrobial therapies received by CF patients. These strains could represent an emerging health threat not only for CF patients but also for the general community, as they seem to have originated from CA-MRSA lineages, which are highly transmissible. Further studies should be done to elucidate the mechanisms involved in the evolution of antibiotic resistance during antibiotic treatment in CF.

This study provides an overview of the epidemiology of MRSA in CF disease in our country. The development of a prospective multicenter national study would be relevant to thoroughly describe the implications of MRSA in the CF pathology.

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Disclosure Statement

No competing financial interests exist.

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Address correspondence to:
 Marta Mollerach, PhD
 Departamento de Microbiología,
 Inmunología y Biotecnología
 Facultad de Farmacia y Bioquímica
 Universidad de Buenos Aires
 Junin 956 8th Floor
 Buenos Aires 1113
 Argentina

E-mail: mmollera@ffyba.uba.ar