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Dear Miss María Vélez:

Manuscript ID: JDS-14-8906.R1


Title: A new minicurd model system for hard cooked cheeses

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Sincerely,
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Section Editor, Journal of Dairy Science

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A new minicurd model system for hard cooked cheeses

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Key Words:	minicurd model, hard cheese, cheese making technology

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Innovation in cheese models.
Vélez.

Hard cheeses need long ripening periods to reach appropriate quality standards, which means expensive production costs. The view of the present work was to find a new hard cooked cheese model, with cost-effectiveness and simplified experimental manipulation.

SHORT COMMUNICATION: CHEESE MODEL SYSTEM
A new minicurd model system for hard cooked cheeses.
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33 **ABSTRACT**

34 A new minicurd model of hard cheese was proposed and validated. For that, curd
35 particles and whey obtained from conventional cheese-making of Reggianito Argentino
36 were separated and frozen. After that, both fractions were thawed and the mixture
37 whey-curds was reconstituted, from which minicurds were made at laboratory scale.
38 Repeatability, and the effect of freezing on the minicurd composition were investigated
39 by assessing pH, proteins, moisture content, sodium chloride and total thermophilic
40 lactic flora counts. Good repeatability was achieved, and no significant differences were
41 found between minicurds made from fresh and frozen materials. Composition of the
42 minicurd was appropriate to model Reggianito Argentino cheese.

43 *Keywords:* cheese making technology, minicurd model, hard cheese

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45 Cheese making experiments aimed at assessing technological innovation or new
46 additives or ingredients are both expensive and time-consuming. That is why a number
47 of cheese models have been developed, in which variations in biochemistry of ripening
48 or cheese ecosystem can be assessed rapidly and without the complexity of real-scale
49 cheese matrix. Scientific research focused on technological changes in food industry
50 needs to be validated at pilot scale, as in vitro assays usually are not enough to inspire
51 confidence and promote changes (Hunter et al., 1997). However, cheese model systems
52 have been quite useful for many applications. Available cheese models include
53 miniature semi-hard or Cheddar cheeses, cheese slurries, Ch-easy (Farkye et al., 1995;
54 Smit et al., 1995; Shakeel-Ur-Rehman et al., 1998; Muehlenkamp-Ulate and Warthesen,
55 1999; Hynes et al., 2000; Jeanson et al., 2011; Leclercq-Perlat et al., 2004; Milesi et al.,
56 2011). Reggianito Argentino and Parmigiano Reggiano extracts were also developed as
57 a model of the aqueous phase of this type of cheese (Gatti et al., 2008; Bergamini et al.,
58 2013).

59 Examples of applications of some of these models are: comparison of *Lactobacillus*
60 strains, with or without GDH activity, according to their ability to produce aroma

61 compounds (Kieronczyk et al., 2004); assessing lactic acid bacteria aminopeptidase
62 activities (Gatti et al., 2008), culturing long ripened cheese microflora (Neviani et al.,
63 2009), evaluation of proteolysis induced by different strains (Milesi et al., 2011).

64 The objective of the present work was to lay out and validate a new cheese model for
65 hard cooked cheeses, consisting of a reconstituted minicurd. We intended that its
66 composition were appropriate to model Reggianito cheese; other requirements for the
67 model were cost-effectiveness and simplified experimental manipulation. For that
68 purpose, we ideated a layout that included one standard cheese-making using 100 L of
69 milk, which we stopped before whey-curd final cooking. Curds and whey were
70 separated at this point and became the raw materials for multiple minicurds
71 elaborations. Freezing of raw materials was also proposed.

72 ***Raw materials: Reggianito cheese-making***

73 Raw bulk milk (100 L), pH 6.65 ± 0.05 , Dornic acidity 18 ± 1 °D (1D = 100 mg lactic
74 acid L⁻¹) was supplied by a nearby dairy plant (Milkaut Coop. Ltda, Franck, Santa Fe)
75 and standardized to 2.8% fat. Milk was batch pasteurized at 63°C for 30 min and cooled
76 to 33°C for cheese making. After that, CaCl₂ was added to a final concentration of
77 0.014% w/v; pH was adjusted to 6.40 with lactic acid (1.5% w/v) as some acidification
78 of cheesemilk is required before coagulation for this type of cheeses. Then, a mixed
79 commercial starter of *Lactobacillus helveticus* and *Lactobacillus bulgaricus* (Chr.
80 Hansen Argentina, Quilmes, Argentina) was added in a concentration of 10⁶ UFC mL⁻¹
81 of milk. After 10 min of mechanical stirring, MAXIREN™ 150 (100% chymosin, Gist-
82 Brocades, France) was added at a final concentration of 0.012 g L⁻¹ for milk
83 coagulation. After 18–20 min, the curd was cut to the required grain size (approximately
84 half the size of a rice grain) by successive cuts under manual agitation. The mixture of
85 curd particles and whey was continuously stirred, at coagulation temperature (33°C). In

that moment, approximately 15 kg of the mixture curd particles-whey were taken from the vat and separated in a sieve (10 ASTM mesh size). Curd particles were quite wet and undergoing syneresis, so the operation was performed as quickly as possible in order to avoid heterogeneity in moisture content, acidification or the formation of a continuous coagulum. Curd particles and whey were packed separately in tight plastic bags (2 L) and frozen at -18°C in three different freezers for their subsequent use. The proportion of curd and whey in the original mixture was assessed by mass balance: an aliquot of the thoroughly homogeneous mixture and its separate fractions were weighted. The proportion was 1:4 curd-to-whey.

Minicurds preparation

A day before the minicurd preparations, the raw materials – whey and curds - were thawed at 4°C. Curd particles were disaggregated and mixed with a spatula in order take representative samples from the curd contained in the plastic bags. Curd and whey were tempered at 33°C during 20 min in a bath to simulate the conditions in the vat, and pH was measured by immersing a pH electrode (Titriskop E516, Suiza). Then, mixtures of ~ 500 g of whey and curds were prepared, in the same proportion found in the vat (1:4). The mixtures were then incubated at 37°C until they reached a pH of 5.6; this intermediate pH value was chosen in order to approach the standard value commonly found in cheeses (5.4), avoiding the risk of over acidification. After that, cooking step was performed: curds and whey were gently stirred while heating in a bath at 1°C min⁻¹ up to 45°C. After reaching 45°C, the mixtures were more rapidly heated (> 1 °C min⁻¹) up to 50 °C. When the mixtures reached the desired curd scalding temperature the stirring was stopped. The curds were separated from the whey by centrifugation (Multi RF ThermoScientific, USA) at 2750 g and 37°C for 20 min in 250 mL-tubes using a swinging bucket rotor to obtain cylindrical shaped minicurds. Minicurds were

111 refrigerated for 5 min and brined in 20% (w/v) brine at 12 °C for 20 min. Four
112 replicates were obtained from each batch of curd particles and whey. In each replicate,
113 two minicurds of approximately 25 g were made in parallel; one was sampled
114 immediately and the other was vacuum packed in plastic film and stored 7 days at 12°C.
115 A minicurd photograph is shown as an example in Figure 1.

116 ***Repeatability***

117 As mentioned above, the repeatability of the model was checked for raw materials
118 coming from different Reggiano cheese-making vats, made on different days and with
119 different milk. Temperature and pH curves were monitored in the curd-whey mixtures
120 during minicurds preparation. Minicurds were analyzed in duplicate at day 1
121 (preparation) and day 7, as follows: pH, measured by APHA method (Bradley et al.,
122 1992); proteins by the Kjeldahl method (IDF, 1993: 20B), moisture content was
123 determined by oven drying to a constant weight at 102 ±1 °C according to IDF (IDF,
124 1982), sodium chloride by atomic absorption spectrophotometry (AOAC, 1990).
125 Thermophilic lactic bacteria were assessed before storage by plating sample dilutions
126 on skim milk agar (SMA) and counting plate colonies after 48 h of incubation at 37°C
127 (Candioti et al. 2002).

128 ***Freezing and thawing effect***

129 The effect of freezing and thawing of whey and curd particles on the minicurd
130 composition was also checked. Whey curds mixtures were prepared with fresh materials
131 from different Reggiano cheese vats and employed to obtain 3 minicurds replicates.
132 They were compared with minicurds made with frozen materials. As described above,
133 two minicurds were made in parallel, one for sampling the same day of curd making
134 and the other to store for 7 days at 12 °C.

135

136 *Evaluation of the model*

137 During minicurd making employing frozen materials, no significant differences were
138 found in the pH and temperature curve (Figures 2 and 3). Comparison was established
139 between two groups of four replicate minicurds, coming from frozen raw materials
140 provided by two cheese vats obtained in different days. Data for pH curves was
141 recorded during the steps of curd maintaining at 37 °C after thawing, and cooking.
142 Temperature monitoring was started when the mixture curd-whey ended the incubation
143 step at 37°C.

144 The same samples were analyzed for microbial counts, and showed that total
145 thermophilic lactic flora exceeded 10^8 CFU at beginning of ripening in all curds (data
146 not shown), which correlated with the similarities found for pH evolution.

147 For the different cheese makings, also mean values of pH, moisture, sodium chloride
148 and protein content of minicurds did not show significant differences when a t-test was
149 applied for each variable at the two times studied (Table 1). Good repeatability was
150 verified, as the coefficient of variation did not exceed 3%.

151 In the present work, minicurds were stored during 7 days, a short period aimed at
152 representing the first stage of cheese ripening. It was noticed that pH decrease during
153 storage was not significant probably because of the small curd size and consequent
154 rapid temperature decrease. Moisture content was slightly higher than the one
155 commonly found in mature cooked cheeses (Candioti et al., 2002; Sihufe et al., 2007),
156 but it was inferior to those obtained by Vélez et al. (2011), when the milk was
157 coagulated directly in falcon tubes. As for sodium chloride content, the values obtained
158 were acceptable for young Reggianito cheeses (Shiufe et al., 2007; Wolf et al., 2010;
159 Ceruti et al., 2012).

160 It is of common knowledge that simplifying cheese matrix brings about the resignation
161 of some aspect: texture, chemical or physical (Shakeel-Ur-Rehman et al., 1998). In
162 recent years there have been several attempts in order to find an ideal cheese model, but
163 the quality of a model is always related to the objectives of each investigation. In
164 general, the composition of model acid curds and slurries greatly differ from a real
165 cheese (Farkye and Fox, 1990; Farkye et al., 1995; Muehlenkamp-Ulate and Warthesen,
166 1999; Choi et al., 2006; Yu et al., 2012). Choi et al. (2006) obtained curds with 90 %
167 moisture and 3% proteins. Farkye et al. (1995) obtained slurries of Cheddar cheeses
168 with 57.70% moisture and 23.18% proteins; the model proposed by Milesi et al. (2008)
169 contained ~61 % moisture, and 18% proteins. A synthetic model easy to prepare was
170 developed by Salles et al. (1995), made with caseins, low heat milk powder, deodorized
171 milk fat, NaCl and rennet. The model had lower dry matter and higher moisture than a
172 normal hard cheese, but its way of preparation allowed incorporation of not only some
173 lipophilic substances such as aromas but also some water-soluble substances in order to
174 study flavour. Smit et al. prepared a cheese model “Chea-sy” heating a slurry at 80°C,
175 giving composition and texture similar to natural cheese, but heat treatment changed
176 chemical natural conditions. Boisard et al. (2013) utilized model cheeses with different
177 lipid/protein ratios, made by mixing rennet casein, acid casein, commercial melting
178 salts, anhydrous milk fat, deionized water, NaCl and citric acid; the models allowed the
179 authors to study mobility and release of sodium ions, but they did not reflect the actual
180 environment present in cheeses.

181 On the other hand, in the present work the experiment aimed at comparing minicurds
182 obtained from either frozen or fresh raw materials showed that no differences existed in
183 the acidification curves. For minicurds obtained from fresh materials, the step of
184 incubation at 37°C was not performed, as it was not needed to restart acidification. In

185 this curds, draining pH and temperature ramps follow the same temporal steps that
186 Reggiano cheese-making (Zalazar et al. 1999; Vélez et al. 2010). Composition of
187 minicurds made with frozen and fresh raw materials was similar, as pH, moisture,
188 sodium chloride and protein content did not show significant differences. Microbiology
189 counts exceeded 10^8 CFU (Table 2). As far as we know, there is no information
190 reported about the effect of freezing bovine curd grains, but some similar results were
191 found by Picon et al. (2010) and Campos et al. (2011), who studied cheeses made with
192 frozen ewe and goat curds respectively, as follows: curds were pressed, frozen, thawed,
193 cut and mixed with fresh cow milk in order to manufacture cheeses. Authors did not
194 found differences in dry matter, pH and microbiology counts between experimental and
195 control cheeses. Freezing of curd from bovine milk, aimed at producing low moisture
196 Mozzarella is a usual practice in Argentina and other countries in South America, mainly
197 carried out in small dairies and farm factories. Curds are drained, frozen and sold to
198 Mozzarella factories that thaw them, ripen them to get the correct pH and stretch them
199 continuing with the usual cheese-making process (Anuario de la Lechería, 2013).

200 In this work, we proposed a cheese model based on a minicurd reconstituted from
201 frozen curd grains and whey obtained from standard Reggiano cheesemaking. We
202 were able to conclude that composition and acidification curves during minicurd
203 making were not biased by either minicurds replicate or cheese batch elaboration, and
204 consequently, the model had good repeatability. We also found that composition of
205 minicurds made from curds grains and whey that had been previously frozen did not
206 differ from those made with fresh raw materials.

207 The model proposed has advantages with respect of previous experimental models; the
208 fact that raw materials were obtained after starter addition and that the curd was cut in
209 the original vat at pilot plant scale, probably improved the simulation of a real cheese

210 curd. Also comparatively with other cheese models, minicurds were easier, quicker to
211 obtain and less expensive.

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Table 1. Moisture, protein content and pH of minicurd made with frozen raw material. (Global mean and standard deviation of 4 replicates are shown)

^a Values in the same row with different superscripts differ significantly ($p < 0.05$).

Ripening time		1 day			
Cheese making day		1		2	
		Mean \pm sd ¹	cv ²	Mean \pm sd ¹	cv ²
Moisture (%)		37.07 ^a \pm 0.64	1.54	37.48 ^a \pm 0.99	1.95
Proteins (%)		30.03 ^a \pm 0.58	1.74	29.73 ^a \pm 0.54	2.66
NaCl (S/M) ³		2.00 ^a \pm 0.06	3.00	2.07 ^a \pm 0.04	1.93
pH		5.56 ^a \pm 0.09	1.93	5.59 ^a \pm 0.10	1.80
Ripening time		7 days			
Cheese making day		1		2	
Moisture (%)		37.75 ^a \pm 0.64	1.15	38.2 ^a \pm 1.17	1.58
Proteins (%)		29.96 ^a \pm 0.4	1.68	30.48 ^a \pm 0.70	3.05
NaCl (S/M) ³		1.95 ^a \pm 0.04	2.05	2.11 ^a \pm 0.02	1.42
pH		5.46 ^a \pm 0.06	1.34	5.55 ^a \pm 0.09	2.30

¹sd: standard deviation

²cv: coefficient of variation

³Salt in Moisture

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Table 2. Moisture, proteins, pH and microbial counts of minicurds made with frozen and fresh materials. (Global mean and standard deviation of 3 replicates are shown.)

Ripening Time	1 day	
	Frozen Materials	No Frozen Materials
Moisture	37.20 ^a ± 0.55	38.00 ^a ± 1.5
Proteins	30.00 ^a ± 1.00	31.5 ^a ± 0.70
pH	5.55 ^a ± 0.15	5.40 ^a ± 0.20
Total thermophilic lactic flora counts (CFU ml ⁻¹)	6 10 ⁸	7.5 10 ⁸
Ripening Time	7 days	
	Frozen Materials	No Frozen Materials
Moisture	37.50 ^a ± 0.70	36.20 ^a ± 1.0
Proteins	31.50 ^a ± 1.30	32.00 ^a ± 0.8
pH	5.45 ^a ± 0.11	5.50 ^a ± 0.15

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^a Values in the same row with different superscripts differ significantly (p < 0.05).

Vélez- Figure 1

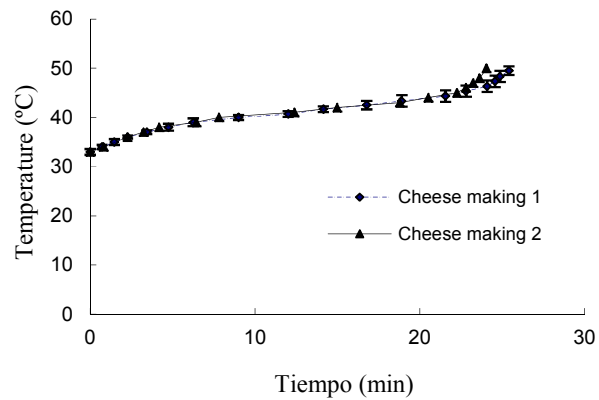


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Figure 1. Minicurd photograph (a) Horizontal view (b) Top view.

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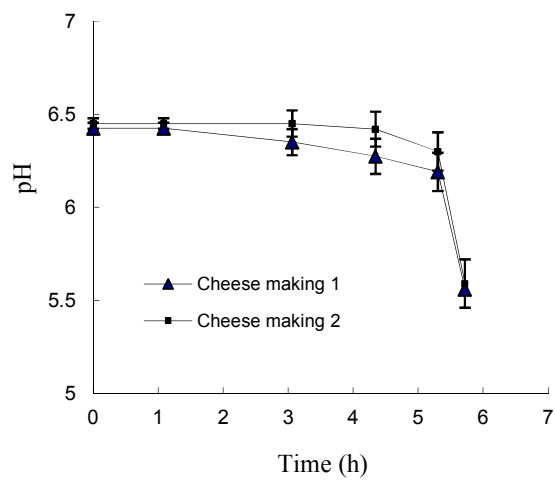
Vélez-Figure 2



460 **Figure 2** - Temperature curves during elaboration of minicurds. Each curve
461 corresponds to average values of four replicate minicurds by cheese-making day.
462 Recording started when the mixture curd-whey ended the incubation at 37°C.
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Vélez - Figure 3

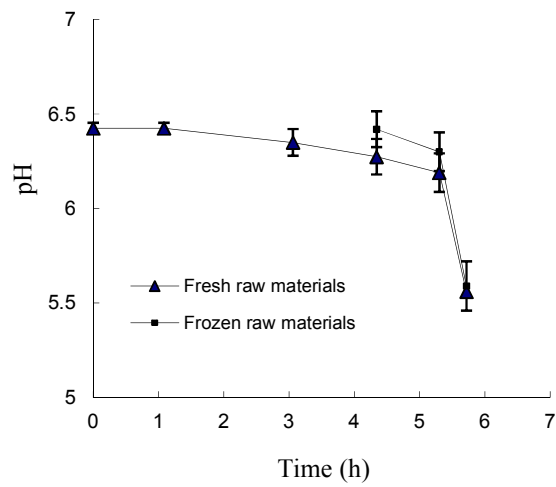


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546 **Figure 3.** Acidification curves during elaboration process of minicurds made with
547 frozen raw materials. Recording started when the mixture curd-whey attempted the
548 incubation temperature (37°C) up to the end of manufacture.(—▲— ■—) Corresponds
549 to average values of four replicate minicurds for each cheese-making day.
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Vélez – Figure 4



Time (h)

Peer Review

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Figure 4. Acidification curves during elaboration process of minicurds made with frozen and fresh materials.

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