



## How the Stimulus Defines the Dynamics of Vesicle Pool Recruitment, Fusion Mode and Vesicle Recycling in Neuroendocrine Cells

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3 **HOW THE STIMULUS DEFINES THE DYNAMICS OF VESICLE POOL**  
4 **RECRUITMENT, FUSION MODE AND VESICLE RECYCLING IN**  
5 **NEUROENDOCRINE CELLS**  
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40 Keywords: exocytosis, endocytosis, secretion, calcium, immediately releasable pool, kiss-and-  
41 run, vesicle recycling.  
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44 Abbreviations used: AP, action potential; BAPTA, 1,2-bis(o-aminophenoxy)ethane-N,N,N',N'-  
45 tetraacetic acid; IRP, immediately releasable pool; P/Q-KO,  $\alpha$ 1A deficient mice; **PACAP**,  
46 **pituitary adenylate cyclase-activating polypeptide**; RRP, ready releasable pool; SNARE, SNAP  
47 (Soluble NSF Attachment Protein) Receptor; synprint, synaptic protein interaction site; **VIP**,  
48 **vasoactive intestinal polypeptide**; VDCC, voltage dependent calcium channels; WT, wild type.  
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**Abstract**

The pattern of stimulation defines important characteristics of the secretory process in neurons and neuroendocrine cells, including the pool of secretory vesicles being recruited, the type and amount of transmitters released, the mode of membrane retrieval and the mechanisms associated with vesicle replenishment. This review analyzes the mechanisms that regulate these processes in chromaffin cells, as well as in other neuroendocrine and neuronal models. A common factor in these mechanisms is the spatial and temporal distribution of the  $\text{Ca}^{2+}$  signal generated during cell stimulation. For instance, neurosecretory cells and neurons have pools of vesicles with different locations with respect to  $\text{Ca}^{2+}$  channels, and those pools are therefore differentially recruited following different patterns of stimulation. In this regard, a brief stimulus will induce the exocytosis of a small pool of vesicles that is highly coupled to voltage-dependent  $\text{Ca}^{2+}$  channels, whereas longer or more intense stimulation will provoke a global  $\text{Ca}^{2+}$  increase, promoting exocytosis irrespective of vesicle location. The pattern of stimulation, and therefore the characteristics of the  $\text{Ca}^{2+}$  signal generated by the stimulus, also influences the mode of exocytosis and the type of endocytosis. Indeed, low frequency stimulation favors kiss-and-run exocytosis and clathrin-independent fast endocytosis, whereas higher frequencies promote full fusion and clathrin-dependent endocytosis. This latter type of endocytosis is accelerated at high frequency stimulation. Synaptotagmins, calcineurin, dynamin, complexin, and actin remodeling, appear to be involved in the mechanisms that determine the response of these processes to  $\text{Ca}^{2+}$ .

## Introduction

The release of hormones is a highly regulated process that requires to be adjusted to maintain the body's internal balance and its response to the environment. This regulation is particularly required for the release of catecholamines and neuropeptides from the adrenal chromaffin cells. These neuroendocrine cells are innervated by cholinergic terminals of the splanchnic nerve, which release acetylcholine and peptides such as the vasoactive intestinal polypeptide (VIP) and pituitary adenylate cyclase-activating polypeptide (PACAP), activating ionotropic and metabotropic receptors present in the plasma membrane of the chromaffin cells (Chowdhury et al., 1994). The activation of the ionotropic nicotinic receptor deals to a series of regulated events that occur in a perfect sequence: opening of voltage-dependent  $\text{Na}^+$  channels and membrane depolarization, opening of voltage-dependent  $\text{Ca}^{2+}$  channels (VDCCs), and cytosolic  $\text{Ca}^{2+}$  signals that trigger the exocytotic release of the transmitters stored in the chromaffin granules (Weiss and Zamponi, 2012). On the other hand, activation of the metabotropic receptors, such as muscarinic, VIP and PACAP receptors, activates signaling pathways that regulate the exocytosis (Chowdhury et al., 1994). Interestingly, the firing frequency of the sympathetic nerves defines the characteristics of the secretory process, the pool of vesicles being recruited and the types and amount of transmitters released from the chromaffin cells (Elhamdani et al., 2001; Fulop et al., 2005; Voets et al., 1999). This is critical to keep the internal homeostasis under a resting condition, or for the fight-or-flight response during a stressful situation.

Under basal conditions the action potential (AP) firing rate of chromaffin cells is low, approximately 0.2-0.5 Hz, while under stress the system approaches 10-20 Hz (Brandt et al., 1976; Fulop et al., 2005; Holman et al., 1994). The intense stimulation of chromaffin cells provokes an important global  $\text{Ca}^{2+}$  increase (Fulop and Smith, 2006; Klingauf and Neher, 1997; Marengo and Monck, 2003), promoting exocytosis irrespective of the secretory vesicle location, mobilizing vesicles from upstream to downstream pools (Marengo, 2005; Voets et al., 1999) and triggering the release of the totality of the transmitters stored in the chromaffin granules (Elhamdani et al., 2001; Fulop et al., 2005). On the other hand, in rest conditions the firing frequency is low,  $\text{Ca}^{2+}$  does not accumulate markedly (Fulop and Smith, 2006), and therefore exocytosis would be limited to a group of vesicles that is closely coupled to VDCCs (Álvarez et al., 2008; Marengo, 2005; Oré and Artalejo, 2005; Voets et al., 1999). This group of

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3 vesicles, that has also been described in other types of endocrine cells, such as  
4 pancreatic  $\beta$  and  $\alpha$  cells (Barg et al., 2002; Barg et al., 2000; Ge et al., 2006), is  
5 generally known as the immediately releasable pool (IRP) (Horrigan and Bookman,  
6 1994). Further, at low physiological frequencies chromaffin cells only release low-  
7 molecular-weight neurotransmitters through  $\Omega$ -shape kiss-and-run fusion events  
8 (Elhamdani et al., 2001; Fulop et al., 2005; Fulop and Smith, 2006).

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13 The maintenance of secretion at any range of frequencies requires the continuous  
14 refilling of releasable pools of vesicles at rates that match the exocytotic activity (Smith  
15 et al., 1998; Sorensen, 2004). As it was mentioned above, the global  $\text{Ca}^{2+}$  increase  
16 reached at high frequency stimulation promotes vesicle mobilization from upstream to  
17 downstream pools and, the consequent vesicle pool refilling (Voets et al., 1999). On the  
18 other hand, low physiological frequencies favors kiss-and-run fusion events (Fulop et  
19 al., 2005), suggesting that the replenishment of vesicles might be associated with a short  
20 local cycling mechanism. This review analyzes the mechanisms by which the  
21 stimulation pattern defines the mode of exocytosis, retrieval and replenishment of  
22 secretory vesicles in chromaffin and other neurosecretory cells.  
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### 32 **Brief depolarization pulses promote the synchronic release of a small pool of** 33 **vesicles** 34 35

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37 Different pools of vesicles have been described in neurons and neuroendocrine cells.  
38 They include the readily releasable pool (RRP), the slowly releasable pool (SRP) and  
39 the reserve pool (RP). These different pools are recruited with different stimulus  
40 patterns. While low to middle stimulation recruits vesicles from RRP, which is  
41 composed by fully primed vesicles, stronger stimulation might additionally recruit  
42 vesicles from the SRP and even from the RP, which is composed by **unprimed** vesicles  
43 (Ashery et al., 2000; Richards et al., 2000; Rizzoli and Betz, 2005; Voets et al., 1999).  
44 Furthermore, a fraction of vesicles is released during the stimuli (synchronous  
45 exocytosis), whereas another fraction is released between stimuli (asynchronous  
46 exocytosis). Brief single or low frequency stimulation favors the synchronous release,  
47 while an important asynchronous release is observed during prolonged single or high  
48 frequency stimulation (Marengo, 2005; Seward and Nowycky, 1996; Voets et al.,  
49 1999).  
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3 Synchronous synaptic transmission and neurosecretion is generally explained by the  
4 presence of a tight coupling between synaptic/secretory vesicles and VDCCs, which  
5 serves to tune the precise timing of  $\text{Ca}^{2+}$ -triggered fast release (Neher, 1998; Wadel et  
6 al., 2007). In neuroendocrine cells, as chromaffin cells, fast synchronous secretion is  
7 usually associated with the presence of the so called immediately releasable pool (IRP).  
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11 *The Immediately Releasable Pool:* **Horrigan and Bookman (Horrigan and Bookman,**  
12 **1994), working in isolated rat chromaffin cells, demonstrated for the first time the**  
13 **presence of IRP in neuroendocrine cells.** Briefly, the application of single brief  
14 depolarization pulses, which activate VDCCs during a short period, revealed the  
15 existence of a small group of vesicles that are highly coupled to the stimulus. The  
16 exocytosis of IRP is basically synchronous with the stimulus and progressed with a first  
17 order kinetic behavior; according to the work of Horrigan and Bookman (1994), it has  
18 an initial rate of 680 fF/s and a time constant of 50 ms. These authors proposed two  
19 alternative hypotheses about the nature of IRP vesicles: (1) The IRP reflects a  
20 population of vesicles (**maybe** small synaptic-like vesicles) that are functionally  
21 **different** from the secretory vesicles that make up the RRP; (2) **IRP is a subpopulation**  
22 **of RRP vesicles, but located close to  $\text{Ca}^{2+}$  channels** (Horrigan and Bookman, 1994).  
23 Subsequent work favored the second hypothesis. First, **in conventional flash photolysis**  
24 **experiments,** the IRP was **not detected** as a different kinetic component (Ashery et al.,  
25 2000; Voets et al., 1999). **Therefore,** IRP **seems to not be part of** a pool of vesicles  
26 intrinsically faster than the RRP. Second, the application of brief depolarization pulses  
27 to deplete the IRP immediately before the flash **provoked** a **decrease** in the fast  
28 component of the exocytotic burst associated with the RRP. **Such decrease in RRP** was  
29 similar to the IRP **absolute** size (Voets et al., 1999). Third, BAPTA, in comparison to  
30 EGTA, reduced markedly the efficiency of  $\text{Ca}^{2+}$  entry to induce IRP exocytosis  
31 (**Álvarez et al., 2013**). Therefore, the IRP is commonly defined as a small group of  
32 readily releasable vesicles that are located in close proximity to VDCCs (Voets et al.,  
33 1999).  
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51 Estimations of the IRP size fluctuate between different chromaffin cell preparations and  
52 between different types of neurosecretory cells, ranging from less than 10 to almost 50  
53 vesicles (**Álvarez et al., 2008; Barg et al., 2002; Barg et al., 2001; Ge et al., 2006;**  
54 **Horrigan and Bookman, 1994; Marengo, 2005; Merrins and Stuenkel, 2008; Voets et**  
55 **al., 1999**). Chromaffin cells in slices presented a more prominent exocytosis in response  
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3 to short depolarizations than isolated chromaffin cells in culture (Moser and Neher,  
4 1997). Consistently, the co-localization between  $\text{Ca}^{2+}$  channels and vesicles was higher  
5 in slices in comparison to isolated cells (Lopez et al., 2007). Regarding the rate at which  
6 the IRP releases their vesicles, Horrigan and Bookman (1994) and Marengo (2005) have  
7 reported a value for cultured rat or bovine chromaffin cells of approximately  $20 \text{ s}^{-1}$ ,  
8 whereas Voets et al. (1999) estimated a value of  $150 \text{ s}^{-1}$  in mouse adrenal slices. Finally,  
9 for mice isolated chromaffin cells in culture, Álvarez and collaborators estimated an  
10 intermediate value of  $64 \text{ s}^{-1}$  (Álvarez et al., 2013).  
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17 *Ca<sup>2+</sup> Channel Subtypes Coupled to IRP Exocytosis:* How a discrete number of readily  
18 releasable vesicles are positioned close to VDCCs, forming the IRP? One possibility is  
19 that RRP vesicles and VDCCs are randomly distributed throughout the plasma  
20 membrane, and therefore some portion of vesicles would lie close to  $\text{Ca}^{2+}$  channels by  
21 chance. Alternatively, it is also possible that one or more particular types of  $\text{Ca}^{2+}$   
22 channel are specifically coupled to IRP vesicles. The first scheme is obviously the  
23 simplest one, because it does not presume any specific interaction. This possibility was  
24 considered by several authors (Chow et al., 1994; Klingauf and Neher, 1997; Voets et  
25 al., 1999). In this scenario, all VDCC subtypes of chromaffin cells are expected to  
26 participate in the IRP release in proportion to their contribution to the whole voltage-  
27 dependent  $\text{Ca}^{2+}$  current (Engisch and Nowycky, 1996). However, there is evidence  
28 suggesting that the different VDCC subtypes expressed in chromaffin cells are not  
29 equally efficient in triggering exocytosis (Elhamdani et al., 1998; Lara et al., 1998;  
30 Wykes et al., 2007). Moreover, Segura et al. (Segura et al., 2000), using Montecarlo  
31 simulations, demonstrated that a random distribution of vesicles and channels does not  
32 explain the biphasic capacitance time course provoked by a train of short  
33 depolarizations (Horrigan and Bookman, 1994; Marengo, 2005; Voets et al., 1999). On  
34 the other hand, these authors found that this characteristic biphasic behavior can be  
35 modeled by assuming a non-uniform distribution of vesicles and channels, where some  
36 vesicles are forced to be attached to the channels, while the others lie far from them  
37 (Segura et al., 2000).  
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52 It was demonstrated that chromaffin cells present a heterogeneous population of  
53 VDCCs, including L, P/Q, N, R and T-type, that varies in their contribution depending  
54 on the biological preparation (cell culture or slices), experimental conditions and species  
55 (Albillos et al., 2000; Aldea et al., 2002; Artalejo et al., 1994; Hernandez-Guijo et al.,  
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3 1998; Lomax et al., 1997; Novara et al., 2004; Santana et al., 1999). Evidence on the  
4 differential efficiency of particular VDCC subtypes for triggering secretion was  
5 reported in different preparations (Albillos et al., 2000; Artalejo et al., 1994; Elhmdani  
6 et al., 1998; Wykes et al., 2007). A major efficiency of P/Q-type channels to trigger  
7 exocytosis was supported by many groups (Aldea et al., 2002; Chan et al., 2005b; Lara  
8 et al., 1998; Polo-Parada et al., 2006; Wykes et al., 2007). Using patch-clamp  
9 capacitance measurements and a **paired** pulse stimulation protocol (see Fig. 1A legend  
10 for details), Álvarez and colleagues (Álvarez et al., 2013; Álvarez et al., 2008) **showed**  
11 **that IRP exocytosis in mouse chromaffin cells mostly depends on P/Q-type Ca<sup>2+</sup>**  
12 **channels.** This **finding** was supported on: (i) the suppression of IRP release **by**  $\omega$ -  
13 agatoxin IVA (Fig. 1A); (ii) the almost complete abolishment of IRP in chromaffin cells  
14 from  $\alpha$ 1A deficient (P/Q-KO) mice (Fig. 1A); (iii) P/Q-KO cells completely lack the  
15 fast synchronous exocytosis **usually** observed at the beginning of a train of stimuli in  
16 wild type cells, but **keep** the delayed asynchronous exocytosis (Fig. 1B); and (iv) the  
17 Ca<sup>2+</sup> current entry through P/Q-type VDCC resulted 8 times more efficient than L-type  
18 VDCC to release the equivalent of 50% of IRP (Álvarez et al., 2013; Álvarez et al.,  
19 2008). This scenario suggests the existence of a specific physical interaction between  
20 IRP vesicles and P/Q-type channels (Fig. 1D).

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34 **The** putative coupling between **P/Q-type** Ca<sup>2+</sup> channels and IRP vesicles may be  
35 explained by the existence of a molecular interaction **between these channels and the**  
36 **proteins of the** exocytotic machinery. **Indeed,** the **P/Q-type** Ca<sup>2+</sup> channel contains a  
37 synaptic protein interaction (synprint) site in the intracellular loop that connects the II  
38 and III domains of the  $\alpha_{1a}$  subunit (Mochida et al., 2003; Zamponi, 2003). **This** synprint  
39 site interacts with SNAP-25, syntaxin, synaptotagmin and the cysteine string protein  
40 (Mochida et al., 2003; Rettig et al., 1996; Yokoyama et al., 2005; Zamponi, 2003). **It**  
41 **was postulated that** this interaction **is critical** for fast and highly synchronized  
42 exocytosis **at** the presynapse (Rettig et al., 1997; Zamponi, 2003). **Hence,** a similar type  
43 of interaction between the **P/Q-type** channels and IRP vesicles **might** also occur in  
44 neuroendocrine cells. **The following findings support this idea:** (i) the synprint site **is**  
45 **present** in different splice variants of the P/Q  $\alpha_{1a}$  subunit in bovine chromaffin cells, (ii)  
46 **P/Q-type** Ca<sup>2+</sup> channels and the SNARE complex co-immunoprecipitate with a  
47 monoclonal antibody against SNAP-25, and (iii)  $\alpha_{1a}$  and SNAP-25 co-localize at the  
48 **plasma** membrane of chromaffin cells (Andres-Mateos et al., 2005). Recently, to study  
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3 the molecular basis of the functional coupling observed between the IRP and P/Q-type  
4  $\text{Ca}^{2+}$  channels in mouse chromaffin cells, Álvarez and collaborators (2013) transfected  
5 mice chromaffin cells in culture with a plasmid containing the synprint sequence. In  
6 such condition, the efficiency of the  $\text{Ca}^{2+}$  current to promote exocytosis was reduced to  
7 a similar level as that obtained when P/Q-type channels were blocked with  $\omega$ -agatoxin  
8 IVA. More importantly, the size of IRP exocytosis was markedly reduced in cells  
9 expressing the synprint in comparison with control cells (Fig. 1C). Therefore, the  
10 authors concluded that the synprint site of  $\alpha_{1A}$  subunit is an important factor for the  
11 establishment of the functional coupling between the IRP and P/Q-type  $\text{Ca}^{2+}$  channels  
12 (Álvarez et al., 2013) (see Fig. 1D and E).

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20 It is worth to mention that the synprint sequence is also present in N-type  $\text{Ca}^{2+}$  channels  
21 (Mochida et al., 1996). Therefore, it is possible that chromaffin cells **expressing** this  
22 type of  $\text{Ca}^{2+}$  channels can also **have a contribution of N-type  $\text{Ca}^{2+}$  current in the**  
23 **triggering of the** exocytosis component highly coupled to VDCC, as it was shown in  
24 other preparations like synaptic terminals and the pheochromocytoma cell line MPC  
25 9/3L (Harkins et al., 2004; Mochida et al., 1996). Moreover, other types of VDCC,  
26 lacking the synprint sequence, also contribute to the rapid exocytosis evoked by short  
27 depolarizing pulses in chromaffin cells. In this regard, Albillos and collaborators found  
28 in perforated patch experiments a  $\text{Ca}^{2+}$  current, apparently mediated by R-type channels,  
29 which was highly efficient in triggering exocytosis (Albillos et al., 2000). On the other  
30 hand, the C-termini of P/Q- and N-type  $\text{Ca}^{2+}$ -channels have also been implicated in  
31 targeting  $\text{Ca}^{2+}$ -channels to the presynaptic active zone (Catterall et al., 2005). Maximov  
32 and collaborators demonstrated by *in vitro* and *in vivo* assays a specific association of  
33 the **synaptic modular adaptor proteins Mint1-1 and CASK with the cytosolic carboxyl**  
34 **terminus of the long splice variants of  $\alpha_{1B}$  and  $\alpha_{1A}$  subunits of the N- and Q- type  $\text{Ca}^{2+}$**   
35 **channels** (Maximov et al., 1999; Maximov and Bezprozvanny, 2002). This molecular  
36 association **probably** recruits these **types of VDCCs** to a macromolecular signaling  
37 complex assembled at **the presynapse**. **Additionally**, using yeast two-hybrid screens,  
38 **Kaeser and collaborators** identified a direct interaction **between** the central PDZ-domain  
39 of the active-zone protein Rim **and** the C-termini of N- and P/Q-type  $\text{Ca}^{2+}$  channels  
40 (Kaeser et al., 2011). **Moreover, the knockout of Rim decreased the presynaptic**  
41 **localization of VDCCs, inhibited neurotransmitter release, and reduced the size of the**  
42 **RRP** (Han et al., 2011; Kaeser et al., 2011; Kaeser et al., 2012). **Therefore**, Rim **appear**  
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3 to regulate fast transmitter release by organizing high presynaptic density of VDCCs  
4 with docked vesicles at active zones (Han et al., 2011). The addition of both full-length  
5 or N-terminal Rim1 to permeabilized or intact chromaffin cells enhanced secretion,  
6 apparently through a mechanism involving the binding to a 14-3-3 protein (Sun et al.,  
7 2002b, 2003). There is also data suggesting that the disruption of Mint1-Munc18-1  
8 binding decreases secretion in chromaffin cells (Graham et al., 2011). In pancreatic islet  
9 beta cells, CASK knockdown reduced the anchoring of insulin vesicles to cell  
10 membranes and insulin release (Wang et al., 2015).  
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17 Finally, it was also postulated a role for complexins in the coupling between VDCCs  
18 and secretory or synaptic vesicles. Besides the classical role of complexins in  
19 “clamping” the SNARE complex and inhibiting spontaneous membrane fusion (Giraudo  
20 et al., 2006; Huntwork and Littleton, 2007; Rizo and Xu, 2015; Schaub et al., 2006),  
21 recent work suggests that these proteins also have a positive regulatory role on  
22 exocytosis (Cai et al., 2008; Dhara et al., 2014; Rizo and Xu, 2015; Xue et al., 2008).  
23 Robert Chow and colleagues showed in mouse neuromuscular junctions that the lack of  
24 complexin 1 significantly reduces and desynchronizes  $Ca^{2+}$ -triggered synaptic  
25 transmission (Lin et al., 2013). The same authors also found that complexin 2-null  
26 adrenal chromaffin cells present a decreased and desynchronized evoked release in  
27 response to short depolarization. They also identified a significant reduction in the  
28 vesicle pool close to the VDCCs, which was associated with the IRP. They proposed  
29 that complexin is involved in coupling the vesicle-associated SNARE complex with  
30 VDCCs, which serves to fine-tune the precise timing of  $Ca^{2+}$ -triggered fast release.  
31 These authors related this effect of complexin with the previously proposed role of  
32 synaptotagmin in coupling the vesicle-associated SNARE complex with VDCCs  
33 (Young and Neher, 2009). They proposed that complexin stabilizes the binding of  
34 synaptotagmin to the SNARE complex, which in turn promotes the coupling of vesicles  
35 to VDCCs.  
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### 52 **The stimulus pattern influences the mode of exocytosis**

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54 The first evidences that the frequency of the stimulus does not only determine the  
55 number of exocytotic events, but also the amount of transmitter molecules released from  
56 a single vesicle (quantal size) came from the experiments of Elhamdani et al. (2001). By  
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3 monitoring single exocytotic events in chromaffin cells using amperometry, these  
4 authors found that the frequency of APs, determines the amount of catecholamine  
5 released per individual fusion events. Thus, at low frequencies (0.25 Hz) the quantal  
6 size was more than 2 fold smaller than that observed at high frequency (10 Hz). The  
7 authors ruled out that the effects on the quantal size were due to the recruitment of  
8 different sized vesicles, since the quantal size increased continuously and not abruptly  
9 (Elhamdani et al., 2001). Similar results, also in chromaffin cells, were later observed  
10 by Fulop et al. (2005). They reported that the quantal size of amperometric spikes  
11 induced by APs applied at 0.5 Hz was more than 2-fold smaller than the one obtained at  
12 15 Hz stimulation. They also noted that the area of the amperometric spikes at 0.5 Hz  
13 was very close to the value of the area of the pre-spike current (usually called foot) of  
14 the spikes recorded at 15 Hz. The foot current reflects the slow release of catecholamine  
15 through the fusion pore (Chow et al., 1992), a narrow channel formed during the fusion  
16 of the vesicle with the plasma membrane (Lindau and Alvarez de Toledo, 2003). This  
17 fusion pore can either close back or expand to a larger pore (Alés et al., 1999). Its  
18 premature closure gives rise to exocytotic events with an incomplete release, whereas its  
19 full expansion allows the complete release of the vesicle content (Albillos et al., 1997).  
20 Hence, Fulop and collaborators (2005) proposed that at low firing rates (0.5 Hz),  
21 corresponding to the sympathetic tone, the catecholamines are partially released through  
22 a restricted fusion pore that closes back. Whereas under high firing stimulation (15 Hz),  
23 that mimics an acute stress condition, the fusion pore totally expands leading to the  
24 complete release of the vesicular catecholamines. These two mechanisms of exocytosis  
25 are usually named “kiss-and-run” and “full fusion”.

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42 *The mode of exocytosis defines the type and amount of transmitter being released:* The  
43 kiss-and-run and full fusion mechanisms were proposed for the first time in 1973 by  
44 two different groups, Ceccarelli and colleagues, and Heuser and Reese. Both groups  
45 stimulated frog neuromuscular junctions in the presence horseradish peroxidase for  
46 labeling recycled synaptic vesicles, and analyzed the nerve terminal ultrastructure using  
47 electron microscopy. However, they applied different stimulation protocols. After  
48 stimulating the motor nerve at 10 Hz, Heuser and Reese (Heuser and Reese, 1973)  
49 observed a depletion of synaptic vesicles accompanied first by an increased in the  
50 plasma membrane surface and the amount of coated vesicles, and later by the  
51 appearance of irregular membrane-walled cisternae. Several minutes after stimulation,  
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3 the latter structures disappeared for being replaced by new synaptic vesicles. On the  
4 other hand, when Ceccarelli and colleagues (Ceccarelli et al., 1973) stimulated the  
5 terminal nerve at 2 Hz, observed many synaptic vesicles labeled with horseradish  
6 peroxidase, but they did not find evidences of vesicle depletion, or an increase of coated  
7 vesicles and large organelles. Hence, the latter authors proposed that after fusion the  
8 synaptic vesicles rapidly reform from the plasma membrane, and that the reformed  
9 synaptic vesicles are able of storing and releasing transmitters again. They called this  
10 mechanism kiss-and-run. On the other hand, Heuser and Reese suggested that during  
11 exocytosis the synaptic vesicles merge with the plasma membrane, and then are  
12 recovered as coated vesicles that, forming first intermediate cisternae, recycled into new  
13 synaptic vesicles. Today it is well-known that after full fusion the secretory vesicle  
14 membrane is retrieved by clathrin-mediated endocytosis (McMahon and Boucrot,  
15 2011). In this mechanism the GTPase dynamin catalyzes the separation of the clathrin-  
16 coated vesicle from the plasma membrane (Gonzalez-Jamett et al., 2014), then the  
17 vesicle is decoated and fuses with endosomes (Cardenas and Marengo, 2010).

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29 The kiss-and-run was later demonstrated in neuroendocrine cells using a technique  
30 called patch-amperometry, which was developed by Alvarez de Toledo and Lindau,  
31 and that combines the measurements of the plasma membrane capacitance changes and  
32 the catecholamine release (Dernick et al., 2005). By using this technique in bovine  
33 chromaffin cells, Albillos et al. (1997) found that some vesicles release a small amount  
34 of catecholamines through a transient fusion pore that does not expand. Later, also using  
35 patch-amperometry in rat chromaffin cells, Ales and collaborators (Ales et al., 1999)  
36 observed another type of transient fusion event, in which the fusion pore conductance  
37 increases before reclosing and thus entirely releasing the intravesicular catecholamines.  
38 By using evanescent field microscopy and intravesicular peptides labeled with  
39 fluorescent proteins, Almers and collaborators also described two types of transient  
40 fusion events. One of the transient fusion events allows the release of only small  
41 molecules, but retains the bigger ones, such as neuropeptide Y and tissue plasminogen  
42 activator; the other one allows the release of intermediate size molecules, such as  
43 neuropeptide Y, but retains the biggest, the tissue plasminogen activator (Perrais et al.,  
44 2004). The latter mode of exocytosis was called “cavicapture”, since the cavity of the  
45 vesicle is recovered intact (Taraska et al., 2003). Interestingly, the selective release of  
46 transmitters according their molecular size is determined by the frequency of the  
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3 stimulus. Thus, low frequency stimulation (0.5 Hz) allows the release of  
4 catecholamines, but retains higher molecular-weight peptides, such as chromogranins,  
5 whereas at high frequencies (15 Hz) all the transmitters are released (Fulop et al., 2005).  
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9 *Mechanisms that determine the mode of exocytosis:* As aforementioned, kiss-and-run is  
10 the dominant exocytosis mechanism under low frequency stimulation, whereas full-  
11 fusion events predominate during high frequency firings (Elhamdani et al., 2001; Fulop  
12 et al., 2005), hence suggesting that cytosolic  $\text{Ca}^{2+}$  concentrations determine the behavior  
13 of the fusion pore, and then the mode of exocytosis. The following findings support this  
14 idea: First the  $\text{Ca}^{2+}$  concentration in the extracellular solution determines the quantal  
15 size (Elhamdani et al., 2001) and the mode of exocytosis (Alés et al., 1999); second,  
16 manipulations of cytosolic  $\text{Ca}^{2+}$  levels also determine the mode of exocytosis, thus high  
17 cytosolic  $\text{Ca}^{2+}$  levels promote full fusion events (Elhamdani et al., 2006) and increase  
18 the quantal size (Wang et al., 2006); and third, high cytosolic  $\text{Ca}^{2+}$  concentrations  
19 promote the expansion of the fusion pore (Scepek et al., 1998), whereas in low  $\text{Ca}^{2+}$   
20 levels, the fusion pore seems unable to expand giving rise to incomplete release events  
21 (Wang et al., 2006).  
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31 It is widely accepted that synaptotagmin is a fundamental  $\text{Ca}^{2+}$  sensor during exocytosis.  
32 Synaptotagmins are vesicular membrane proteins with two C-terminal C2 domains,  
33 C2A and C2B, that bind  $\text{Ca}^{2+}$  with different affinities and appear to play different roles  
34 during exocytosis (Segovia et al., 2010). It has been described at least 17 synaptotagmin  
35 isoforms, which exhibit different tissue expression and affinity for  $\text{Ca}^{2+}$  and  
36 phospholipids (Moghadam and Jackson, 2013). Reportedly, synaptotagmins bind to  
37 SNARE proteins and phospholipids in a  $\text{Ca}^{2+}$ -dependent way (Chapman, 2008), but the  
38 different synaptotagmin isoforms appear to contribute differently to the fusion pore  
39 expansion and mode of exocytosis. For instance, Zhang and collaborators reported that  
40 the expression of synaptotagmin I in PC12 promotes kiss-and-run exocytosis, whereas  
41 the expression of synaptotagmin VII favors full fusion (Zhang et al., 2011).  
42 Accordingly, chromaffin cells from a mouse expressing a mutant synaptotagmin VII  
43 with point mutations that abolish  $\text{Ca}^{2+}$  binding to its C2B domain display an increased  
44 proportion of kiss-and-run events (Segovia et al., 2010). These different types of  
45 synaptotagmins display different activation kinetics and affinity for  $\text{Ca}^{2+}$ , having  
46 synaptotagmin I fast activation and low affinity for  $\text{Ca}^{2+}$ ; conversely synaptotagmin VII  
47 displays a lower kinetics and higher affinity (Bhalla et al., 2005; Xu et al., 2007). In  
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3 neurons, synaptotagmin I is essential for synchronous release, whereas synaptotagmin  
4 VII operates during delayed asynchronous release (Bacaj et al., 2013). In adrenal  
5 chromaffin cells, synaptotagmin I and VII have overlapping role in the  $\text{Ca}^{2+}$ -triggered  
6 exocytosis (Schonn et al., 2008). However, synaptotagmin I mediates the exocytosis  
7 induced by short depolarizations (Voets et al., 2001), whereas the contribution of  
8 synaptotagmin VII to mild stimulation appears to be insignificant (Schonn et al., 2008).  
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10 In addition, in PC12 cells synaptotagmin I localizes in vesicles with an average size of  
11 108 nm, whereas synaptotagmin VII localizes in vesicles that are significantly larger,  
12 with average size of 148 nm (Zhang et al., 2011). This fact, together with the role of  
13 synaptotagmins in determining the mode of exocytosis, could explain why the  
14 frequency of the stimulus determines the quantal size in chromaffin cells.  
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18 In addition to activate synaptotagmins,  $\text{Ca}^{2+}$  also controls fusion pore dynamics through  
19 other mechanisms, among them the cortical actin meshwork. Indeed,  $\text{Ca}^{2+}$   
20 concentrations that trigger exocytosis promote both the formation of new actin filaments  
21 and disruption of the preexisting cortical actin network (Gasman et al., 2004; Olivares et  
22 al., 2014; Trifaro et al., 2000). This actin remodeling facilitates different steps of the  
23 secretory process, including the motion of the vesicles to exocytotic sites (Giner et al.,  
24 2005) and the formation of active exocytotic sites (Gabel et al., 2015). Moreover, the  
25 actin remodeling also controls the expansion of the fusion pore (Berberian et al., 2009;  
26 Olivares et al., 2014) by a mechanism that include the participation of the motor protein  
27 myosin II (Berberian et al., 2009; Doreian et al., 2008; Neco et al., 2008) and the  
28 mechano-GTPase dynamin (Gonzalez-Jamett et al., 2010; Jackson et al., 2015;  
29 Samasilp et al., 2012). They, together, provide the membrane tension that controls the  
30 fusion pore dynamics (Bretou et al., 2014).  $\text{Ca}^{2+}$  regulates actin remodeling in  
31 chromaffin cells via diverse types of  $\text{Ca}^{2+}$ -regulated proteins, such as Src kinases and  
32 annexin 2, which promote actin assembly (Olivares et al., 2014; Gabel et al., 2015), and  
33 the actin severing protein scinderin and the phospholipase  $\text{C}\eta 2$  that promote F-actin  
34 disassembly (Lejen et al., 2001; Yamaga et al., 2015). Interestingly, the formation of  
35 new actin filaments and the actin meshwork disruption appear to display different  
36 sensitivity to  $\text{Ca}^{2+}$  (see Fig. 2). Indeed, a moderate  $\text{Ca}^{2+}$  concentration promotes actin  
37 polymerization, whereas a higher  $\text{Ca}^{2+}$  level is required to disrupt the cortical actin  
38 meshwork (Olivares et al., 2014). Thus, the F-actin formation induced by a moderate  
39 stimulus would favor fusion pore expansion, but the vesicle would not collapse in the  
40 plasma membrane, whereas disruption of the actin meshwork induced by a strong  
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3 stimulus would favor the full fusion of the vesicle with the plasma membrane (Doreian  
4 et al., 2008). This model is depicted in Figure 2.  
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7 Besides to act in concert with F-actin, expanding the fusion pore, it has been proposed  
8 that the GTPase dynamin promotes the closure of an already expanded fusion pore. This  
9 idea is supported by the fact that the disruption of dynamin GTPase activity increases  
10 the quantal size (Elhamdani et al., 2001; Gonzalez-Jamett et al., 2010; Gonzalez-Jamett  
11 et al., 2013; Graham et al., 2002) and hinders the rapid reuptake (cavicapture) of  
12 secretory vesicles (Holroyd et al., 2002; Tsuboi et al., 2004). Elhamdani et al. (2001;  
13 2006) propose that this mechanism of exo/endocytosis is promoted by intermediate  
14 stimulation frequencies. However, additional evidences are required to demonstrate this  
15 role of dynamin.  
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### 25 **The stimulus pattern also influences the form of compensatory endocytosis**

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27 In order to ensure the membrane homeostasis, vesicle recycling and transmitter release  
28 reliability, the cells retrieve the vesicle membrane after exocytosis through endocytosis.  
29 Electrophysiological measurements of membrane capacitance in chromaffin cells have  
30 shown that the mechanism of compensatory endocytosis is determined by the frequency  
31 of APs. In this regard, stimulation of adrenal tissue slices with an individual AP or at  
32 the sympathetic basal firing rate (0.5 Hz) promotes a rapid endocytosis that is  
33 independent of clathrin and calcineurin, a  $\text{Ca}^{2+}$ -dependent phosphatase that activates  
34 clathrin-dependent endocytosis (Chan et al., 2003; Chan and Smith, 2001, 2003). These  
35 authors reported that this form of endocytosis is inhibited at intermediate frequencies  
36 (2-6 Hz). However, high frequency stimulation (15 Hz) induces a different form of  
37 compensatory endocytosis that depends on calcineurin (Chan et al., 2003; Chan and  
38 Smith, 2001). Two different mechanisms of endocytosis were also reported by Artalejo  
39 and collaborators in cultured calf chromaffin cells (Artalejo et al., 2002). When they  
40 applied a train of 10 depolarizations of 50 ms at 2 Hz observed a rapid endocytosis that  
41 depends on **calmodulin and** dynamin-1, but it is independent of clathrin (Artalejo et al.,  
42 2002). Whereas, a more sustained stimulus composed of 29 depolarizations of 75 ms  
43 applied at 0.25 Hz resulted in a slow endocytosis that depends on dynamin-2 and  
44 clathrin (Artalejo et al., 2002). Both groups of authors indicate that these two forms of  
45 endocytosis are activated by different ranges of cytosolic  $\text{Ca}^{2+}$  (Chan et al., 2003;  
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3 Elhamdani et al., 2006). Indeed, when Elhamdani et al. (2006) increased the  $\text{Ca}^{2+}$   
4 concentration from 10 to 210  $\mu\text{M}$  in the patch pipette, observed a reduction in the  
5 kinetics of endocytosis. On the other hand, Chan and collaborators estimated that the  
6 fast endocytosis induced by basal frequencies is inhibited by cytosolic  $\text{Ca}^{2+}$  with a  $K_{\text{inh}}$   
7 of 605 nM, while the endocytosis induced by high frequencies is activated by  $\text{Ca}^{2+}$  with  
8 a  $K_{\text{act}}$  of 1.46  $\mu\text{M}$  (Chan et al., 2003).  
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14 In neurons, the kinetics of the endocytosis is also determined by the stimulation pattern,  
15 although with some differences respect to chromaffin cells. For instance, at the calyx of  
16 Held a single AP or APs applied at frequencies  $\leq 2$  Hz, promotes a very fast  
17 endocytosis, which is dramatically slowed down at higher AP frequencies (Sun et al.,  
18 2002a). Likewise, the increase of single stimulus duration from 2 to 50 ms slowed down  
19 endocytosis (Wu and Wu, 2014). On the other hand, 10 pulses of 20 ms depolarization  
20 at 1 - 10 Hz, or single depolarization prolonged to 200 ms, promotes a new rapid  
21 endocytotic component (Wu and Wu, 2014). These authors proposed that the pattern of  
22 the cytosolic  $\text{Ca}^{2+}$  signal defines the kinetics of endocytosis. Thus, the endocytosis is  
23 triggered and facilitated by a large, transient  $\text{Ca}^{2+}$  increase localized at a micro/nano  
24 domain, but hindered by a prolonged, small and global  $\text{Ca}^{2+}$  signals (Wu et al., 2014;  
25 Wu and Wu, 2014).  
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35 Different authors have proposed that rapid and slow endocytosis correlate with the  
36 mode of exocytosis, being rapid endocytosis associated with the kiss-and-run  
37 exocytosis, whereas slow endocytosis with full fusion (Elhamdani et al., 2006; Wu et  
38 al., 2014). These two mechanisms would impact the kinetics of vesicle recycling, as  
39 well as the economy of the cell, since a slow recycling process implies the synthesis and  
40 refilling of new vesicles.  
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#### 48 **The stimulus pattern also influences the replenishment of vesicles after depletion**

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50 The maintenance of secretion under AP firing requires the continuous refilling of  
51 releasable pools of vesicles at rates that match the exocytotic activity (Smith et al.,  
52 1998; Sorensen, 2004). In this regard, high frequency stimulation of chromaffin cells  
53 provokes an important global  $\text{Ca}^{2+}$  increase (Fulop and Smith, 2006; Klingauf and  
54 Neher, 1997; Marengo and Monck, 2003), that triggers exocytosis of secretory vesicles  
55 irrespectively of their location, and mobilizes vesicles from upstream to downstream  
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3 pools (Marengo, 2005; Voets et al., 1999). On the other hand, in rest conditions the  
4 firing frequency is low,  $\text{Ca}^{2+}$  does not accumulate markedly (Fulop and Smith, 2006),  
5 and exocytosis would be limited to a group of vesicles that are closely coupled to  
6 VDCC, i.e. the IRP (Álvarez et al., 2008; Horrigan and Bookman, 1994; Marengo,  
7 2005; Oré and Artalejo, 2005; Voets et al., 1999).

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11 How the IRP is refilled in order to maintain exocytosis during repetitive stimulation? In  
12 mouse chromaffin cells, it has been proposed that IRP is refilled directly from upstream  
13 vesicle pools in a sequential scheme (Chan et al., 2005a). Different factors may regulate  
14 this process, as cytosolic  $\text{Ca}^{2+}$  (Marengo, 2005; Voets et al., 1999), neural cell adhesion  
15 molecule (Chan et al., 2005a) and protein kinase C (Voets et al., 1999). A second  
16 possibility is that a fast endocytotic process, which is directly coupled to the exocytosis  
17 induced by APs at low frequencies, might be the first step of a short cycle of vesicle  
18 replenishment (Chan and Smith, 2001, 2003). Indeed, at low physiological frequencies,  
19 chromaffin cells release catecholamines through  $\Omega$ -shape kiss-and-run fusion events  
20 (Fulop et al., 2005; Fulop and Smith, 2006), suggesting that the replenishment of  
21 vesicles could be associated with a short local cycling mechanism. Additionally, in  
22 bovine chromaffin cells, it was reported that kiss-and-run is directly associated with fast  
23 endocytosis (Elhamdani et al., 2006). Therefore, it is possible that application of  $\text{AP}_{\text{Is}}$   
24 at low frequencies promotes a kiss-and-run like process, which might results in rapid  
25 replenishment of releasable vesicles. Fast endocytosis and/or fast recycling processes  
26 were also documented in other systems as cultured hippocampal neurons (Deak et al.,  
27 2004; Klingauf et al., 1998), calyx of Held (Wu and Wu, 2009), auditory hair cells (Cho  
28 et al., 2011), and synaptic terminals of retinal bipolar neurons (von Gersdorff and  
29 Matthews, 1994). However, other studies performed in neurons argue against a major  
30 contribution of kiss-and-run in overall endocytosis (Balaji and Ryan, 2007; Fernandez-  
31 Alfonso and Ryan, 2004; Granseth et al., 2009). Consistently, Ling-Gang Wu and  
32 collaborators (Wu et al., 2014; Wu and Wu, 2009), working in the calyx of Held,  
33 reported that rapid endocytosis does not recycle vesicles within the RRP. Based on that  
34 finding, they proposed an alternative explanation about the importance of fast  
35 endocytosis on rapid vesicle recycling. Rapid endocytosis may rapidly restore the  
36 structure of release sites after exocytosis. In other words, the clearance of the release  
37 sites by endocytosis, by removing exocytosed vesicle membranes and proteins, would  
38 facilitate the vesicle replenishment. In addition, rapid endocytosis would recycle  
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3 vesicles in a recycling pool beyond the RRP to prevent vesicle exhaustion (Wu and Wu,  
4 2009).  
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### 8 **Final Remarks**

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11 Accumulated data from different laboratories indicate that the pattern of stimulation  
12 defines the pools of vesicles being recruited, the mode of exocytosis and the type of  
13 endocytosis in neuroendocrine cells. The two latter determine, respectively, the types  
14 and amount of transmitters released, and the mechanisms associated with vesicle  
15 replenishment. In this regard, high frequency stimulation promotes the massive full  
16 fusion of vesicles, irrespectively of their location, followed by clathrin-dependent  
17 endocytosis and vesicle replenishment through vesicle mobilization from upstream to  
18 downstream pools. On the other hand, low frequency stimulation with action potentials  
19 or very brief stimuli triggers the secretion of vesicles that are highly coupled to  $\text{Ca}^{2+}$   
20 channels, apparently through a kiss-and-run mechanism of fusion, which is followed by  
21 a clathrin-independent fast endocytosis process. This fast endocytosis would facilitate  
22 the rapid replenishment of releasable vesicles. This tight stimulus-secretion coupling  
23 and fast recycling could help chromaffin cells to maintain a basal secretory tone with  
24 little metabolic cost (Voets et al. 1999; Oré and Artalejo 2005).  
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For Peer Review

### Figure Legends:

**Figure 1:** *Highly synchronous exocytosis in chromaffin cells is explained by the interaction between vesicles and channels at the molecular level.* **A.** Typical recordings of the membrane capacitance change in response to a dual 10 ms pulse protocol in chromaffin cells from a wild type (WT) mouse in control conditions (left) or in the presence of 200 nM  $\omega$ -Agatoxin IVA (AGA; middle), or from P/Q-type channel knock-out (P/Q-KO) animals (right). The two pulses (p1 and p2, from -80 to 0 mV) were given 300 ms apart and induced identical  $\text{Ca}^{2+}$  currents (see Álvarez et al, 2008). Upper ( $B_{\max}$ ) and lower ( $B_{\min}$ ) bounds for IRP size can be calculated according to the equations (Voets et al, 1999):  $B_{\min} = \Delta C_{m1} + \Delta C_{m2}$ ;  $B_{\max} = \frac{\Delta C_{m1} + \Delta C_{m2}}{1 - (\Delta C_{m2} / \Delta C_{m1})^2}$ ; where  $\Delta C_{m1}$  and  $\Delta C_{m2}$  represent the capacitance responses to the first and second depolarization, respectively. The  $B_{\min}$  and  $B_{\max}$  values for the individuals experiments represented in the figure are below the records. Note that the P/Q-KO or the pharmacological blocking of P/Q-type  $\text{Ca}^{2+}$  channels practically abolishes IRP exocytosis (averages values of  $B_{\min}$  and  $B_{\max}$  were  $21 \pm 2$  and  $31 \pm 3$ ;  $4 \pm 1$  and  $6 \pm 1$ ; and  $5 \pm 1$  and  $6 \pm 1$ , for control, P/Q-KO and AGA respectively, see Álvarez et al, 2008). **B.** Average exocytotic response of WT ( $n=15$ , black) and P/Q-KO ( $n=7$ , gray) chromaffin cells in response to trains of ten 50 ms square depolarizing pulses (2 Hz). Notice that the P/Q-KO showed a clear reduction of exocytosis associated with the first pulses; but, on the other hand, the delayed capacitance increase, showing an important asynchronous component, was still prominent (Álvarez et al., 2008). **C.** Typical recordings of the membrane capacitance change in response to a dual 10 ms pulse protocol at control conditions ( $\text{Syn}^-$ ), and in cells expressing a free synprint peptide ( $\text{Syn}^+$ ). The stimulation protocol and the formula for the calculation of  $B_{\min}$  and  $B_{\max}$  (both are represented below the records) were identical than those described in panel A. The averages values of  $B_{\min}$  and  $B_{\max}$  were  $17 \pm 2$  and  $22 \pm 2$ ; and  $7 \pm 2$  and  $9 \pm 1$  fF, for  $\text{Syn}^-$  and  $\text{Syn}^+$  respectively (see Álvarez et al., 2013). **D.** This cartoon represents an IRP vesicle (orange sphere on the left), which is located in close apposition to a P/Q-type  $\text{Ca}^{2+}$  channel, and therefore exposed to a narrow  $\text{Ca}^{2+}$  gradient (dark gray) generated when the cell is stimulated with a brief depolarization. This vesicle is physically associated with a hypothetical interaction site (light green bar) in the P/Q-type  $\text{Ca}^{2+}$  channel

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3 molecule. Another vesicle, which is located distant from  $\text{Ca}^{2+}$  channels, is only exposed  
4 to a larger  $\text{Ca}^{2+}$  gradient (light gray) provoked by a longer depolarization or a train of  
5 depolarizations. E. This cartoon summarizes the interaction between synprint and the t-  
6 SNARE proteins syntaxin and SNAP-25. The synprint, which is located in the cytosolic  
7 loop between the II and the III domains of  $\alpha_{1A}$  subunit of the P/Q-type calcium channel,  
8 is represented in light green. Records in panels A and B were extracted from Álvarez et  
9 al, 2008; and records in panel C were extracted from Álvarez et al, 2013. The cartoon in  
10 D was modified from Álvarez and Marengo (Álvarez and Marengo, 2011).  
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**Figure 2:** *Actin remodeling controls fusion pore dynamics and the mode of exocytosis.*

20 (A) Actin polymerization and F-actin disruption have different  $\text{Ca}^{2+}$  sensitivity. At a  
21 free  $\text{Ca}^{2+}$  concentration of 0.1  $\mu\text{M}$ , the actin network is not disrupted (red) and few new  
22 actin filaments (green) are formed. At 1  $\mu\text{M}$  free  $\text{Ca}^{2+}$ , new actin filaments are observed,  
23 and the actin network is still undisturbed. At 10  $\mu\text{M}$  free  $\text{Ca}^{2+}$ , new actin filaments are  
24 also observed, but the actin network is disrupted. For measuring the formation of new  
25 actin filaments, the experiments were performed in permeabilized chromaffin cells  
26 incubated in 0.1, 1 or 10  $\mu\text{M}$  free  $\text{Ca}^{2+}$  and Alexa Fluor 488 G-actin. For analyzing the  
27 integrity of the cortical actin network, the cells were kept in the aforementioned  $\text{Ca}^{2+}$   
28 concentrations and then stained with phalloidin-rhodamine B. The left panel shows  
29 representative confocal images. Scale bar = 10  $\mu\text{m}$ . The right panel shows the  
30 quantification of the new (green) and total (red) cortical actin fluorescence intensity.  
31 Data are means  $\pm$  SEM. \* $p < 0.05$ . This figure was adapted from Olivares et al., 2014.  
32 (B) The model show actin remodeling and catecholamine release through the fusion  
33 pore during different types of cell stimulation. (i) Docked vesicles are surrounded by a  
34 meshwork of filamentous actin (Gabel et al., 2015). A mild stimulus that slightly  
35 increases the cytosolic  $\text{Ca}^{2+}$  concentration does not disrupt the preexistent actin  
36 meshwork (red) and does not promote a significant actin polymerization. In this  
37 condition the fusion pore does not expand and closes back, giving rise to small  
38 amperometric spikes (see the red spike). These events are observed with the application  
39 of low-frequency stimulation of 0.5 Hz (Doreian et al., 2008). (ii) A middle stimulus  
40 induces a  $\text{Ca}^{2+}$  rise that promotes the formation of new actin filaments (green), but is not  
41 enough to significantly disrupt the preexistent actin meshwork (Olivares et al., 2014).  
42 The  $\text{Ca}^{2+}$ -induced actin polymerization promotes expansion of the fusion pore  
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3 (Berberian et al., 2009; Olivares et al., 2014), but the integrity of the preexisting actin  
4 meshwork prevent the collapse of the vesicle in the plasma membrane (Doreian et al.,  
5 2008). The green spike is an example of amperometric spikes with partial release of  
6 catecholamines. These types of events are observed under middle stimulation of 7 Hz  
7 (Elhamdani et al, 2001). (iii) A robust  $\text{Ca}^{2+}$  rise disrupts the actin meshwork, allowing  
8 the vesicle to collapse in the plasma membrane, and giving rise full fusion exocytosis  
9 (Doreian et al., 2008; Olivares et al., 2014). The purple spike shows an amperometric  
10 event with a large quantal size. These types of events are observed in chromaffin cells  
11 under high frequency stimulation of 15 Hz or treated with the actin disrupting agent  
12 cytochalasin-D (Doreian et al., 2008; Olivares et al., 2014).  
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Figure 1

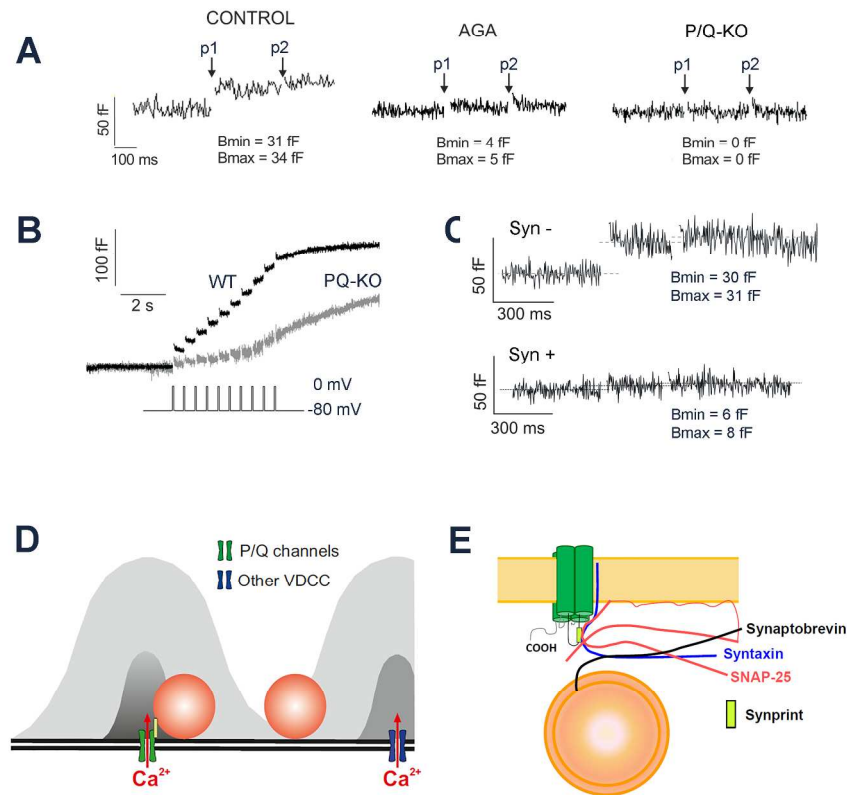


Figure 1: Highly synchronous exocytosis in chromaffin cells is explained by the interaction between vesicles and channels at the molecular level. A. Typical recordings of the membrane capacitance change in response to a dual 10 ms pulse protocol in chromaffin cells from a wild type (WT) mouse in control conditions (left) or in the presence of 200 nM  $\omega$ -Agatoxin IVA (AGA; middle), or from P/Q-type channel knock-out (P/Q-KO) animals (right). The two pulses (p1 and p2, from -80 to 0 mV) were given 300 ms apart and induced identical Ca<sup>2+</sup> currents (see Álvarez et al, 2008). Upper (Bmax) and lower (Bmin) bounds for IRP size can be calculated according to the equations (Voets et al, 1999):  $B_{min} = \Delta C_{m1} + \Delta C_{m2}$ ; where  $\Delta C_{m1}$  and  $\Delta C_{m2}$  represent the capacitance responses to the first and second depolarization, respectively. The Bmin and Bmax values for the individuals experiments represented in the figure are below the records. Note that the P/Q-KO or the pharmacological blocking of P/Q-type Ca<sup>2+</sup> channels practically abolishes IRP exocytosis (averages values of Bmin and Bmax were  $21 \pm 2$  and  $31 \pm 3$ ;  $4 \pm 1$  and  $6 \pm 1$ ; and  $5 \pm 1$  and  $6 \pm 1$ , for control, P/Q-KO and AGA respectively, see Álvarez et al, 2008). B. Average exocytotic response of WT (n=15, black) and P/Q-KO (n=7, gray) chromaffin cells in response to trains of ten 50 ms square depolarizing pulses (2

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3 Hz). Notice that the P/Q-KO showed a clear reduction of exocytosis associated with the first pulses; but, on  
4 the other hand, the delayed capacitance increase, showing an important asynchronous component, was still  
5 prominent (Álvarez et al., 2008). C. Typical recordings of the membrane capacitance change in response to  
6 a dual 10 ms pulse protocol at control conditions (Syn-), and in cells expressing a free synprint peptide  
7 (Syn+). The stimulation protocol and the formula for the calculation of  $B_{min}$  and  $B_{max}$  (both are  
8 represented below the records) were identical than those described in panel A. The averages values of  $B_{min}$   
9 and  $B_{max}$  were  $17 \pm 2$  and  $22 \pm 2$ ; and  $7 \pm 2$  and  $9 \pm 1$  fF, for Syn- and Syn+ respectively (see Álvarez et al.,  
10 2013). D. This cartoon represents an IRP vesicle (orange sphere on the left), which is located in close  
11 apposition to a P/Q-type  $Ca^{2+}$  channel, and therefore exposed to a narrow  $Ca^{2+}$  gradient (dark gray)  
12 generated when the cell is stimulated with a brief depolarization. This vesicle is physically associated with a  
13 hypothetical interaction site (light green bar) in the P/Q-type  $Ca^{2+}$  channel molecule. Another vesicle, which  
14 is located distant from  $Ca^{2+}$  channels, is only exposed to a larger  $Ca^{2+}$  gradient (light gray) provoked by a  
15 longer depolarization or a train of depolarizations. E. This cartoon summarizes the interaction between  
16 synprint and the t-SNARE proteins syntaxin and SNAP-25. The synprint, which is located in the cytosolic loop  
17 between the II and the III domains of  $\alpha 1A$  subunit of the P/Q-type calcium channel, is represented in light  
18 green. Records in panels A and B were extracted from Álvarez et al, 2008; and records in panel C were  
19 extracted from  
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For Peer Review

Figure 2

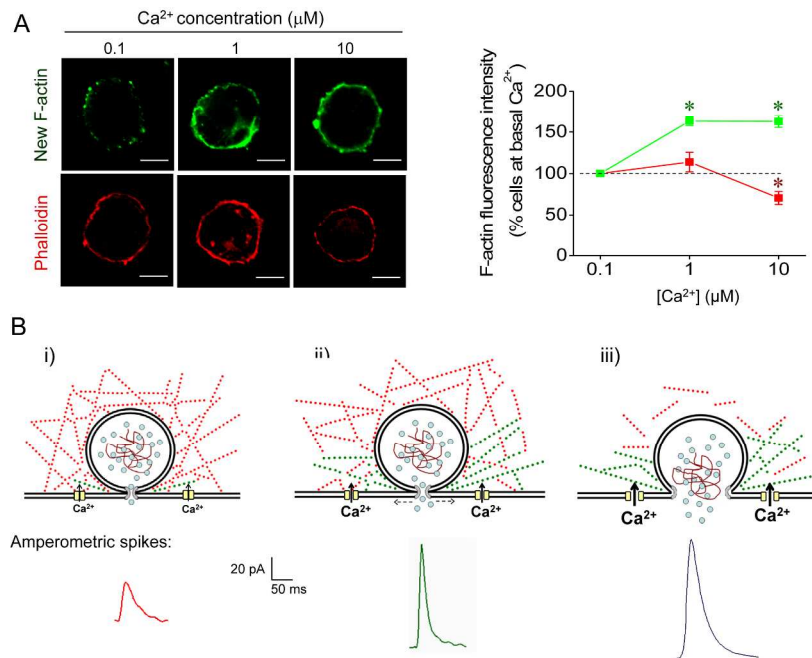


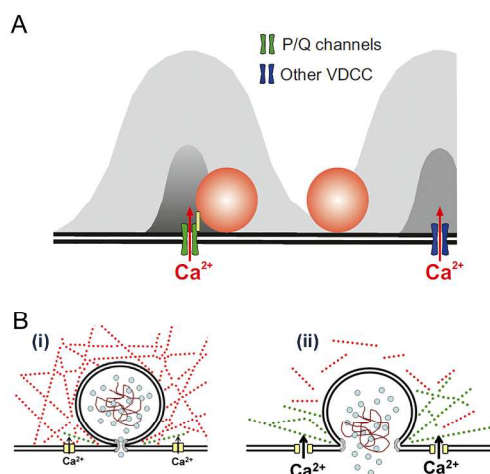
Figure 2: Actin remodeling controls fusion pore dynamics and the mode of exocytosis. (A) Actin polymerization and F-actin disruption have different Ca<sup>2+</sup> sensitivity. At a free Ca<sup>2+</sup> concentration of 0.1  $\mu\text{M}$ , the actin network is not disrupted (red) and few new actin filaments (green) are formed. At 1  $\mu\text{M}$  free Ca<sup>2+</sup>, new actin filaments are observed, and the actin network is still undisturbed. At 10  $\mu\text{M}$  free Ca<sup>2+</sup>, new actin filaments are also observed, but the actin network is disrupted. For measuring the formation of new actin filaments, the experiments were performed in permeabilized chromaffin cells incubated in 0.1, 1 or 10  $\mu\text{M}$  free Ca<sup>2+</sup> and Alexa Fluor 488 G-actin. For analyzing the integrity of the cortical actin network, the cells were kept in the aforementioned Ca<sup>2+</sup> concentrations and then stained with phalloidin-rhodamine B. The left panel shows representative confocal images. Scale bar = 10  $\mu\text{m}$ . The right panel shows the quantification of the new (green) and total (red) cortical actin fluorescence intensity. Data are means  $\pm$  SEM. \* $p < 0.05$ . This figure was adapted from Olivares et al., 2014. (B) The model shows actin remodeling and catecholamine release through the fusion pore during different types of cell stimulation. (i) Docked vesicles are surrounded by a meshwork of filamentous actin (Gabel et al., 2015). A mild stimulus that

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3 slightly increases the cytosolic Ca<sup>2+</sup> concentration does not disrupt the preexistent actin meshwork (red)  
4 and does not promote a significant actin polymerization. In this condition the fusion pore does not expand  
5 and closes back, giving rise to small amperometric spikes (see the red spike). These events are observed  
6 with the application of low-frequency stimulation of 0.5 Hz (Doreian et al., 2008). (ii) A middle stimulus  
7 induces a Ca<sup>2+</sup> rise that promotes the formation of new actin filaments (green), but is not enough to  
8 significantly disrupt the preexistent actin meshwork (Olivares et al., 2014). The Ca<sup>2+</sup>-induced actin  
9 polymerization promotes expansion of the fusion pore (Berberian et al., 2009; Olivares et al., 2014), but the  
10 integrity of the preexisting actin meshwork prevent the collapse of the vesicle in the plasma membrane  
11 (Doreian et al., 2008). The green spike is an example of amperometric spikes with partial release of  
12 catecholamines. These types of events are observed under middle stimulation of 7 Hz (Elhmdani et al,  
13 2001). (iii) A robust Ca<sup>2+</sup> rise disrupts the actin meshwork, allowing the vesicle to collapse in the plasma  
14 membrane, and giving rise full fusion exocytosis (Doreian et al., 2008; Olivares et al., 2014). The purple  
15 spike shows an amperometric event with a large quantal size. These types of events are observed in  
16 chromaffin cells under high frequency stimulation of 15 Hz or treated with the actin disrupting agent  
17 cytochalasin-D (Doreian et al., 2008; Olivares et al., 2014).

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**A.** In chromaffin cells some secretory vesicles (orange sphere) are physically associated to the synprint site (yellow) in the P/Q-type  $\text{Ca}^{2+}$  channel molecule (green), and hence they are exposed to high  $\text{Ca}^{2+}$  levels (dark gray). These vesicles are immediately released upon brief stimulation. On the other hand, vesicles located distant from  $\text{Ca}^{2+}$  channels are exposed to smaller  $\text{Ca}^{2+}$  levels (light gray), and they undergo exocytosis only when the global cytosolic  $\text{Ca}^{2+}$  increased upon long-lasting stimulation. **B.** Docked vesicles are surrounded by an F-actin meshwork, which is remodeling by stimuli that induce exocytosis. **(i)** A small cytosolic  $\text{Ca}^{2+}$  signal slightly remodels the F-actin meshwork. In this condition the fusion pore does not expand and closes back, allowing the slow release of only small transmitters. **(ii)** Conversely, a robust  $\text{Ca}^{2+}$  signal disrupts the preexistent actin meshwork (red), but also promotes the formation of new actin filaments (green). This F-actin remodeling favors fusion pore expansion and release of all intravesicular content.

215x279mm (300 x 300 DPI)