

#### **REVIEW ARTICLE**

# NEW INSIGHTS OF BRAIN RENIN-ANGIOTENSIN SYSTEM FAR BEYOND BLOOD PRESSURE: CENTRAL ANGIOTENSIN II AS A KEY MODULATOR IN THE STRESS RESPONSE AND AMPHETAMINE INDUCED-NEUROADAPTATIONS

(Nuevas perspectivas en la función del sistema renina angiotensina cerebral fuera del control de la presión arterial: Angiotensina II central como modulador clave en la respuesta de estrés y las neuroadaptaciones inducidas por anfetamina)

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#### **ABSTRACT**

Angiotensin II is known as a peripheral hormone involved in the control of blood pressure and fluids homeostasis. The study and characterization of angiotensin II and its receptors at the brain has opened a new vision of its physiological role and also offers a variety of research fields. Brain angiotensin II is a well-documented neuromodulator of multiple brain circuits. In this sense, angiotensin II is involved in the stress response and both, the brain and the peripheral (hormonal), angiotensin II systems are stimulated during stress. Activation of brain angiotensin II  $AT_1$  receptors is required for the stress-induced hormone secretion, including corticotropin-releasing hormone, adrenocorticotropic hormone, corticoids and vasopressin and for stimulation of the central sympathetic activity. The blockade of peripheral but also brain  $AT_1$  receptors prevents the hormonal and sympathoadrenal response to stress. Moreover,  $AT_1$  receptors activation is involved in natural reward responses and in the regulation of some responses induced by drugs of abuse such as cocaine, amphetamine, alcohol, among others. Exposure to amphetamine induces neuroadaptations that modify behavioral responses to future pharmacological or environmental challenges.

It is important to consider that studies on the physiological role of brain Ang II offer new pharmacological tools for the treatment of stress and psychostimulants' related disorders.

**Keywords:** Angiotensin II, AT<sub>1</sub> receptors, Stress, Amphetamine, sensitization.

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#### 1) INTRODUCTION

Angiotensin II (Ang II) was first discovered in 1940 and described as a hormone of peripheral origin (Braun-Menéndez et al. 1940). The complete system, known as renin-angiotensin system (RAS), was then characterized; synthesis and metabolism enzymes were identified at peripheral level. The precursor molecule is angiotensinogen which originates in the liver and is cleaved by renin, a renal aspartyl protease, resulting in an (precursor) inactive decapeptide angiotensin I. The latter is converted into the octapeptide Ang II by the action of angiotensin converting enzyme (ACE), a dipeptidyl

carboxypeptidase circulating or integral membrane protein that also cleaves and inactivates bradykinin.

The main actions of Ang II include vasoconstriction; stimulation of aldosterone release, sodium and water reabsorption and it also has a key role in regulating blood pressure and fluid homeostasis.

All components of RAS were found in the brain tissue, including Ang II receptors, indicating that they have different roles as a hormone or neuromodulator in the central nervous system.

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Also local RAS has been found in other tissues or organs such as vessel walls, adrenal gland, heart, gonads, adipose tissue, pituitary gland, lung, stomach, pancreas and skeletal muscle (Lavoie & Sigmund 2003, Danser 2003). The role of Ang II at the periphery and in the central nervous system is vast and complex; for this reason, this review will be focused in the role of brain RAS in stress responses and psychostimulant abuse as a related disorder from many other important aspects of Ang II research.

#### 2) ANGIOTENSIN II RECEPTORS

Pharmacological studies have described two major subtypes of Ang II receptors in mammal's cells named  $AT_1$  and  $AT_2$  receptors, both with seven-transmembrane domains. They were first characterized by their affinity to specific ligands and then by molecular cloning (Iwai & Inagami 1992). Most species expressed single  $AT_1$  receptors, but later two subtypes designated  $AT_{1A}$  and  $AT_{1B}$  receptors were discovered, which have been cloned in rats (Iwai & Inagami 1992, Kakar *et al.* 1992), mice (Sadamura *et al.* 1992) and humans (Konoshi *et al.* 1994).  $AT_{1A}$  isoform is responsible for the functions associated with the brain Ang II system (Saavedra 1999, Thomas & Mendelsohn 2003), so we refer to it as  $AT_1$  receptor.

AT<sub>1</sub> receptors are coupled to G protein producing MAPKinases activation and they mediate the major physiological and pathophysiological actions known of Ang II (Hunyady & Catt 2006). Also, the AT<sub>1</sub> receptor activation can stimulate signaling pathways independent of G protein, such as arrestins and tyrosine kinases (Claing *et al.* 2002, Gaborik & Hunyady 2004, Luttrell & Lefkowitz 2002, Prossnitz 2004, Thomas & Quian 2003). When activated by agonists, the arrestin binds to G protein coupled receptors and causes desensitization of these receptors by uncoupling the binding to the G protein. From there, the AT<sub>1</sub> receptor binds to ß arrestin with clathrin producing receptor endocytosis and internalization.

On the contrary,  $AT_2$  receptors do not exhibit the same characteristics and act mainly through Gi and tyrosine phosphatases (Bottari *et al.* 1991, De Gasparo & Siragy 1999, Kambayashi *et al.* 1993, Mukoyama *et al.* 1993) to exert inhibitory action predominantly upon cellular responses mediated by  $AT_1$  receptors and growth factor receptors (De Gasparo & Siragy 1999, Speth *et al.* 1995).

# 3) NON-PEPTIDE ANTAGONISTS OF ANGIOTENSIN II RECEPTORS

In 1995, the United States Food and Drug Administration approved losartan for clinical use. Since then, five new AT<sub>1</sub> receptor antagonists have been approved (Jackson 2002). These antagonists are diphenylmethylic or acid diphenylmethyl tienylmetilacrylic derivatives. These drugs

bind to the receptor with high affinity and show high selectivity for the AT<sub>1</sub> receptor 10,000 times higher than for the AT2. The ranges of affinity for the receptor are candesartan (CV)> irbesartan> valsartan = telmisartan = EXP 3147 (active metabolite of losartan)> losartan (Los). Clinical studies using both ACE inhibitors and AT<sub>1</sub> receptor blockers have shown that RAS functions extend far beyond the control of blood pressure (Ferrario et al. 2004). These agents have a beneficial effect on the deleterious actions of Ang II on local cardiovascular and renal function in patients with hypertension, left ventricular hypertrophy, heart failure and diabetic nephropathy. In addition, the use of AT<sub>1</sub> blockers produces a decrease in the number of AT<sub>1</sub> receptors and stimulates the Ang II and AT2 receptor synthesis (Seltzer et al. 2004). The increased Ang II exerts its actions primarily on the AT<sub>2</sub> receptor, but it is unclear whether the stimulation of  $AT_2$  receptors contributes to the therapeutic effect of AT<sub>1</sub> antagonists.

#### 4) BRAIN ANGIOTENSIN II

Ang II produced at the peripheral level does not cross the blood-brain barrier (BBB) but stimulates AT<sub>1</sub> receptors in circumventricular organs located outside the BBB (Saavedra 1992). However, a novel Ang II-mediated feedforward mechanism during hypertension, has been recently revealed by which circulating Ang II evokes increased BBB permeability facilitating, in turn, its access to critical brain regions known to participate in blood pressure regulation (Biancardi et al. 2014). The central RAS is capable to produce Ang II and to stimulate receptors in brain areas inside the BBB (Mendelsohn et al. 1984). There are detailed neuroanatomical descriptions of the localization of AT<sub>1</sub> and AT<sub>2</sub> receptors. Both Ang II and its receptors have been found located on neurons (Saavedra 1992). The presence of both subtypes of Ang II receptors in astrocytes and oligodendrocytes in the cerebral white matter has also been demonstrated. This last, suggests that glial cells may play a more important role in the brain RAS than it was initially assumed (Fogarty & Matute 2001).

Both receptor subtypes are present in all mammalian species including humans with a similar distribution, although not identical. While  $AT_1$  receptors predominate in adulthood,  $AT_2$  receptors are expressed in the developing brain (Saavedra 1992).  $AT_1$  receptors are found in brain areas related to the control of neuroendocrine function and autonomic regulation of cardiovascular function and the limbic system while  $AT_2$  receptors in the brain seem to have a role in organogenesis and function of sensory and motor systems (Phillips & Sumners 1998). The role of Ang II in the brain is complex, ranging from control of the autonomic system, hormonal system, sensory processes and cognition to the regulation of cerebrovascular flow (Saavedra 1992).



#### 5) ROLE OF ANGIOTENSIN II IN THE STRESS RESPONSE

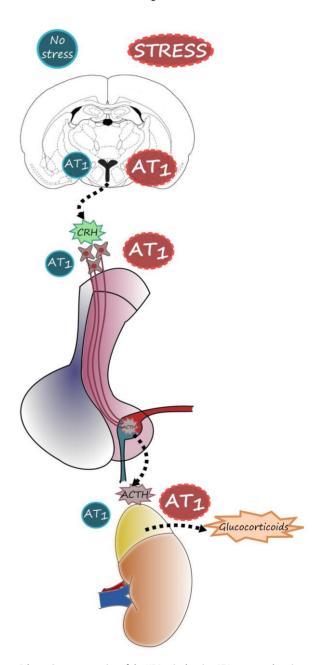
There is pharmacological, neuroanatomical and physiological evidence showing a key role of Ang II in brain responses to stress, which also includes the regulation of neuroendocrine and sympathetic nervous system (Aguilera et al. 1995b, Armando et al. 2001, Baiardi et al. 2004). The presence of  $AT_1$  receptors has been established at all levels of the hypothalamic-pituitary-adrenal (HPA) axis, being more focused on key areas in the control of the stress response such as the paraventricular nucleus (PVN) (Armando et al. 2007), the median eminence, anterior pituitary, zona glomerulosa of the adrenal gland and the adrenal medulla (Tsutsumi & Saavedra 1991a) (Fig. 1).

Exposure to stress causes an increase in circulating and brain levels of Ang II (Xang et al. 1993, Yang et al. 1996). The Ang II stimulates receptors located outside the BBB whereas the peptide produced in the brain acts on central receptors such as those in PVN and locus coeruleus (LC). Subfornical AT<sub>1</sub> receptors are stimulated by circulating Ang II; this nucleus, in turn, has innervation to the PVN (Shigematsu et al. 1986, Tsutsumi & Saavedra 1991a). Chronic exposure to stress increases AT<sub>1</sub> receptor density in PVN (Castrén & Saavedra 1988), where the cell bodies synthesize corticotropin-releasing hormone (Shigematsu et al. 1986, Tsutsumi & Saavedra 1991a). It has been shown that stimulation of AT<sub>1</sub> receptors by Ang II increases the production of CRH (Aguilera et al. 1995a, Jezova et al. 1998). The latter, once released into the circulation, increases the secretion of adrenocorticotropic hormone (ACTH) by the pituitary. In addition, elevated levels of adrenal glucocorticoids- as a result of stressincrease AT<sub>1</sub> receptor expression in PVN (Aguilera et al. 1995a) (Fig. 1). In the same way, acute stress increases the density of AT<sub>1</sub> receptors in the anterior pituitary. There is a local production of Ang II at the level of the anterior pituitary gland which, together with circulating Ang II, increases the secretion of ACTH (Ganong & Murakami 1987).

The PVN nucleus is important in the processing and integration of a variety of stress signals (Makara *et al.* 1984). It receives noradrenergic input from the LC and serotonergic from the dorsal raphe nucleus and there are reciprocal connections between the two regions and PVN (Cedarbaum & Aghajanian 1978, Thiboliet & Dreifuss 1981). In addition, there are reciprocal neural connections between PVN CRH neurons and LC noradrenergic neurons. Synaptic contacts were observed between CRH terminals and LC dendrites. It was also found that both adrenergic receptors regulate the secretion of ACTH and, on the other hand, it has been shown that CRH regulates the activity of central noradrenergic system. This and other evidence show that the brain noradrenergic system is the main alarm system that leads to a decrease in autonomic

neurovegetatives functions such as food intake and sleep. Much of the evidence available suggests that CRH acts as a neurotransmitter in the LC mediating the noradrenergic activation by various stress conditions (Koob 1999).

Figure 1.



Schematic representation of the HPA axis showing AT1 receptors location and expression under non stress and stress conditions.



With respect to Ang II, the presence of AT<sub>2</sub> receptors has been established in LC (Tsutsumi & Saavedra 1991b). The exposure of animals to stress by social isolation (Saavedra et al. 2006) or cold stress (Peng & Phillips 2001) produces a decrease in the AT2 receptor density in LC (increase in brain AT<sub>1</sub>) while social isolation stress (for 24 hours) produces an increase in the enzyme tyrosine hydroxylase (TH) mRNA in the LC. The previous blockade of the AT<sub>1</sub> receptor with a specific antagonist prevents this increase (Saavedra et al. 2006) suggesting that these receptors are involved in the control of central sympathetic activity through transcriptional regulation of TH. Besides, this effect can be influenced by the activation of locus coeruleus AT2 receptors. This is based on results showing dual control by AT<sub>1</sub> and AT<sub>2</sub> receptors in TH transcription and in the synthesis of catecholamines at the adrenal medulla (Jezova et al. 2003).

### 6) AT<sub>1</sub> ANTAGONISTS ATTENUATE CENTRAL RESPONSES INVOLVED IN BEHAVIORAL STRESS EFFECTS

Although the stress response of the HPA axis mediated by CRH is important in the regulation of physiological responses to stress, a behavioral response to stress mediated by CRH also occurs independently from the HPA axis activation. The existence of a central site of action responsible for the coordination of stress-related behaviors has been postulated (Valdez & Koob 2004). As previously described, there is a reciprocal relationship between noradrenergic and CRH brain systems: CRH stimulates the activation of the LC during stress (Berridge & Waterhouse 2003) while exposure to stress leads to increased concentrations of CRH in LC producing behavioral activation (Chappell et al. 1986). Intracerebral administration of a CRH antagonist prevents the increase in extracellular noradrenaline in prefrontal cortex by stress (Shimizu et al. 1994). It was found that pretreatment of animals with candesartan, an AT<sub>1</sub> antagonist that cross effectively the BBB, prevents the decrease of cerebral cortex CRH<sub>1</sub> receptor density produced by social isolation stress (Saavedra et al. 2006). Therefore, cortical release of CRH by stress may be positively regulated by cortical AT<sub>1</sub> receptor stimulation, similar to actions at the hypothalamic level.

The presence of  $AT_1$  receptors has been found in piriform and entorhinal cortex but not in the neocortex (Tsutsumi & Saavedra 1991b), although the mRNA expression of  $AT_1$  receptor was detectable by in situ hybridization (Lenkei et al. 1998). Thus,  $AT_1$  receptor blockade may reduce the release of CRH directly and may also prevent the decrease in the CRH1 receptor density. It is also possible that  $AT_1$  receptor antagonism could prevent the stress-induced decrease on cortical CRH $_1$  receptors by decreasing TH transcription in the LC (Saavedra et al. 2006).

#### 7) STRESS & DRUGS OF ABUSE

The hormonal changes, involving increased peripheral glucocorticoid levels and CRH release in different brain sites, initiate a cascade of biological responses to counteract the altered homeostatic balance of the organism in response to stress. The modification in the brain physiology induced by stress triggers the release of neuroactive hormones such as biogenic amines and adrenal steroids which activate the same neuronal circuit as the psychostimulant drugs like cocaine or amphetamine (Amph).

Many years ago, clinical studies on methadone-treated heroin addicts showed atypical stress response in both active and long-term abstinent heroin addicts, similar to the atypical stress response of the HPA axis that has been found in abstinent cocaine addicts (Dole & Nyswander 1966, Kreek 1992). Thus, it has been hypothesized that an atypical response to stressors may contribute to compulsive drug use (Kreek & Koob 1998). Moreover, it has been demonstrated in a series of studies that rats with higher levels of behavioral and neuroendocrine response to stress develop psychostimulant drug self-administration more rapidly than low responders (Piazza et al. 1993, Piazza & Le Moal 1998). Together with other evidence, this supports a major role for stress in individual vulnerability to self-administer drugs of abuse. In addition, corticosterone, the major glucocorticoid end-product of HPA axis activation in rodents was shown to be selfadministered in rats and pharmacological manipulation of the circulating corticosterone levels altered cocaine selfadministration behavior (Goeders 1998, Piazza et al. 1993). These results and many others suggest that the activity of the HPA axis may play a role in different phases of drug addiction.

Amph actions include HPA axis activation and central endogenous CRH actions. After acute administration of Amph, plasma levels of ACTH and corticosterone are increased in a monotonic dose-response function. Under same conditions, reduced levels of immunoreactivity were found in the median eminence, suggesting CRH release from this region (Swerdlow et al. 1993). Adrenalectomy, on the other hand, reduces locomotor activity elicited by acute Amph and the values can be restored and even augmented if the animal receives exogenous corticosterone (Cador et al. 1993b). Moreover, cross-sensitization between stress and psychostimulants, and between central CRH and Amph have been described in rodents (Ahmed et al. 1995, Cador et al. 1993a). Stress exposure induces relapse in drug abuse and promotes acquisition or reinstatement of ethanol self-administration. The evidence available supports a role for stress as a factor involved in the vulnerability to drug abuse.



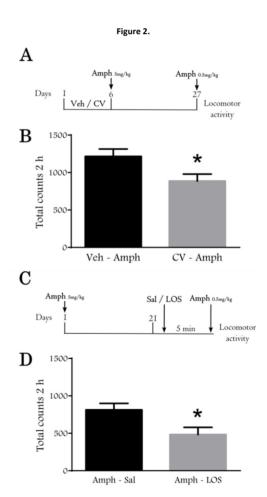
## 8) ANGIOTENSIN II $AT_1$ -RECEPTORS AND AMPH SENSITIZATION

The mesolimbic dopaminergic circuitry is one of the systems strongly involved in drug abuse (Vanderschuren et al. 1999a). Ang II belongs to the group of peptides known to stimulate dopamine (DA) release (Brown et al. 1996, Tchekalarova & Georgiev 2005). Furthermore Ang II receptors are in brain areas rich in DA, such as the nucleus accumbens (Nacc) and caudate putamen (Cpu) which are heavily involved in the self-administration of drugs of abuse (White & Kalivas 1998). The mesolimbic dopaminergic system is a critical component in the reward circuitry of the central nervous system (White & Kalivas 1998).

Brain Ang II was found to regulate some responses induced by drugs of abuse such as psychostimulants, among others (Hosseini et al. 2007, Watanabe et al. 2010, Paz et al. 2011, Paz et al. 2013, Paz et al. 2014). The presence of Ang II AT<sub>1</sub> receptors has been described in pre- and postsynaptic CPu dopaminergic neurons (Brown et al. 1996), which are involved in the motor and behavioral responses induced by psychostimulants as well as their modulatory action on noradrenergic (Gelband et al. 1998), serotoninergic (Nahmod et al. 1978), glutamatergic and gabaergic neurotransmission (Barnes et al. 2003, Oz et al. 2005). It has been described that Ang II modulates the neuronal response to glutamate via both AT<sub>1</sub> and AT<sub>2</sub> receptors possibly at postsynaptic level in the superior colliculus, locus coerulus and dorsal lateral nucleus among other areas (Albrecht et al. 1997, Mooney et al. 1994, Xiong & Marshall 1990).

Sensitization is an extensively described phenomenon for several drugs of abuse, including psychostimulants where repeated exposure to the drug promotes long term changes in the neuronal circuits involved in reward responses. In this way, they become sensitized to a challenging event such as re-exposure to the drug, stress and even directly by DA agonists (Ahmed et al. 1995, Robinson & Kolb 2004, Stewart & Badiani 1993). Two stages have been identified for this process: induction and expression (Robinson & Berridge 2008). The first one is responsible for the long term changes that take place and it can be achieved by single or repeated administration of the drug. It requires DA release in Cpu and Nacc and Ventral Tegmental Area activation (Robinson & Berridge 2008, Vanderschuren et al. 1999a, Kalivas et al. 1998). Expression reveals these changes after a re- exposure to the drug and it can be measured as augmented DA release, electrical activity, neuronal activation and locomotor activity (Valjent et al. 2010, Vanderschuren et al. 1999b, Vanderschuren et al. 1999c).

Considering the dopaminergic neurotransmission as a common target for Amph and brain Ang II actions, the results obtained in our laboratory indicate that Ang II AT<sub>1</sub> receptors are involved in long-lasting behavioral sensitization associated with neurochemical adaptations induced by a single exposure to Amph. The AT<sub>1</sub> receptor blockade attenuated the behavioral sensitization and blunted the dopamine hyper-reactivity and neuronal activation in a two injection protocol (Paz et al. 2011, Paz et al. 2013) (Fig. 2A-B). Moreover, it did not interfere with changes in the sensitivity of dopamine postsynaptic receptors involved in the neuroadaptive changes induced by Amph (Paz et al. 2011). The effects of AT<sub>1</sub> receptor blockade became evident 3 weeks after pretreatment with a single exposure to Amph when the adaptive changes in behavioral response have been described to be more pronounced (Vanderschuren et al. 1999b).

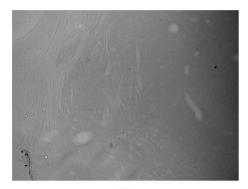


Total counts of locomotor activity in animals receiving AT1 receptor blocker in the development (A-B) and in the expression (C-D) of locomotor sensitization to a single injection of Amph (5 mg/kg) \*p<0.05.

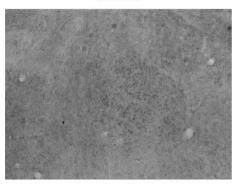


On the other hand, there are long-term changes in brain RAS components after a single exposure to Amph. In this way, while Angiotensinogen RNAm was decreased in CPu only 21 days after Amph injection, AT1 RNAm and receptor density were augmented in CPu and NAcc 7 and 21 days after (Paz et al. 2014), the elevated AT1 receptor immunostaining was also observed in Central Amygdala (Fig. 3).

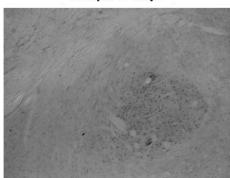
Figure 3.



Saline



Amph 7 days



Amph 21 days

Microphotographs (200X magnification) showing AT1 receptor immunostaining in central Amygdala in basal condition and 7 or 21 days after a single Amph administration (5 mg/kg).

Moreover, a key role for the AT1 receptors was found in CPu, in the expression of behavioral sensitization to Amph since the AT1 receptor blockade in CPu blunted the augmented locomotor activity observed after an Amph challenge (Paz et al. 2014) (Fig. 2C-D.)

#### 9) CONCLUDING REMARKS

The role of brain RAS extends beyond the control of blood pressure and fluid homeostasis as evidenced by its involvement in the stress response. The studies to elucidate the physiological role of brain RAS will provide new pharmacological tools for tackling diseases of high incidence in our society such as disorders associated with stress and drug abuse.

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#### **RESUMEN**

Angiotensina II es conocida como una hormona periférica involucrada en el control de la presión arterial y la homeostasis de fluidos. El estudio y la caracterización de angiotensina II y sus receptores en el cerebro han abierto nuevos campos de investigación para el abordaje de sus nuevos roles fisiológicos. En este sentido, angiotensina II cerebral ha sido caracterizado como neuromodulador en múltiples circuitos cerebrales de neurotransmisión. Es así, como se ha descripto la participación de angiotensina II cerebral y periférica (hormonal) en la respuesta de estrés. Las evidencias muestran que es necesaria la activación de los receptores AT1 de angiotensina II para la liberación de hormonas inducida por estrés, incluyendo las hormonas liberadora de corticotrofina, adenocorticotrófica, corticosterona y vasopresina, así como también, para la estimulación del sistema adrenérgico central. En este sentido, se ha encontrado que el bloqueo de los receptores AT1 periféricos y centrales previenen la respuesta hormonal y simpato-adrenal al estrés. Además, los receptores AT1 están involucrados en las respuestas de recompensa a reforzadores naturales, así como también en la regulación de algunas respuestas a drogas de abuso como cocaína, anfetamina y alcohol, entre otras. La exposición a anfetamina induce neuroadaptaciones que modifican las respuestas conductuales frente a nuevas desafíos farmacológicos y ambientales.

Es importante considerar que el estudio del rol fisiológico de angiotensina II cerebral aporta información que contribuye al abordaje farmacológico en el tratamiento de desórdenes inducidos por estrés y drogas psicoestimulantes.

Palabras Claves: Angiotensina II, receptores AT1, Estrés, anfetamina, sensibilización.

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