



# Inclusion complexes of chloramphenicol with $\beta$ -cyclodextrin and aminoacids as a way to increase drug solubility and modulate ROS production



Virginia Aiassa<sup>a,b</sup>, Ariana Zoppi<sup>a,b</sup>, Inés Albesa<sup>a</sup>, Marcela R. Longhi<sup>a,b,\*</sup>

<sup>a</sup> Departamento de Farmacia, Facultad de Ciencias Químicas, Universidad Nacional de Córdoba, Córdoba, Argentina

<sup>b</sup> Unidad de Investigación y Desarrollo en Tecnología Farmacéutica (UNITEFA), CONICET, Universidad Nacional de Córdoba, Córdoba, Argentina

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## ABSTRACT

The aim of this study was to improve the solubility of chloramphenicol and reduce the production of reactive oxygen species (ROS) in leucocytes induced by this drug, using complexation. Multicomponent complexes were prepared by the addition of  $\beta$ -cyclodextrin with glycine or cysteine. Nuclear magnetic resonance and phase solubility studies provided information at the molecular level on the structure of the complexes and their association binding constants, respectively. In the solid state, all systems were extensively characterized by Fourier-transform infrared spectroscopy, scanning electron microscopy, thermal analysis and X-ray powder diffraction. Antimicrobial activity of inclusion complexes was investigated by agar diffusion methods. Finally ROS determination by chemiluminescence was used to investigate the effect of complex formation on the potential toxicity in human leucocytes. These studies revealed that multicomponent complexes can increase the aqueous solubility of chloramphenicol as well as reducing the stress by ROS production in leucocytes and maintaining its microbiological activity.

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## 1. Introduction

Chloramphenicol (CP, Fig. 1A) is an antibacterial drug having a wide spectrum of activity against Gram positive and Gram negative cocci and bacilli, including anaerobes (Clinical Pharmacology Online, 2009; Sweetman, 2009). An idiosyncratic reaction resulting in aplastic anaemia can occur in predisposed patients that are unpredictable, irreversible, and frequently fatal, with an incidence of one case in 24,000 to 40,000 courses of therapy. This is thought to be due to the production by the gut flora of a nitro-reduction derivative of CP that can induce DNA damage in replicating

haematopoietic stem cells, resulting in marrow hypocellularity and progressive pancytopenia (Laporte, Vidal, Ballarin, & Ibanez, 1998). However, the most common presentation is a predictable dose-dependent toxicity resulting in an anaemia that is reversible upon drug withdrawal, which usually occurs when serum CP levels exceed 25 mg l<sup>-1</sup> for prolonged periods of time. This is associated with the inhibition of mitochondrial protein synthesis, and is characterized by mild marrow hypocellularity, anaemia, neutropenia and thrombocytopenia (Walker et al., 1998). In addition as non-idiosyncratic aplastic anaemia and grey baby syndrome are dose-dependent complications of CP usage, these are non-haematopoietic toxicities of CP that, if left unrecognized and untreated, often result in cardiovascular collapse and death (Lam et al., 2002; Wiest, Cochran, & Tecklenburg, 2012).

These serious side effects and even fatal consequences limit the successful use of this drug. Several *in vitro* and *in vivo* results indicate that the toxicity of diverse chemotherapeutic drugs involves an increased production of reactive oxygen species (ROS) and oxidative stress (Butterfield, 2005). Research into the toxicology of CP indicates that its propensity can cause damage to blood-forming organs which might be related to its potential for nitro-reduction and subsequent production of nitric oxide. These observations suggest that the para-nitro group of CP could be the cause of haematotoxicity in susceptible people (Holt & Bajoria, 1999).

**Abbreviations:** ROS, reactive oxygen species; CP, chloramphenicol; CPMC, chloramphenicol multicomponent complexes; Cys, cysteine; Gly, glycine; CD, cyclodextrins; CL, chemiluminescence; PM, physical mixture; FD, freeze-drying; FT-IR, Fourier-transform infrared spectroscopy; SEM, scanning electron microscopy; DSC, differential scanning calorimetry; TG, thermogravimetric analysis; PXRD, powder X-ray diffraction; AA, amino acid.

\* Corresponding author at: Departamento de Farmacia, Facultad de Ciencias Químicas, Universidad Nacional de Córdoba, Ciudad Universitaria, 5000 Córdoba, Argentina. Tel.: +54 0351 5353865; fax: +54 0351 5353865x53364.

E-mail addresses: [aiassa@fcq.unc.edu.ar](mailto:aiassa@fcq.unc.edu.ar) (V. Aiassa), [ariana@fcq.unc.edu.ar](mailto:ariana@fcq.unc.edu.ar) (A. Zoppi), [inesalbesa@fcq.unc.edu.ar](mailto:inesalbesa@fcq.unc.edu.ar) (I. Albesa), [mrlcor@fcq.unc.edu.ar](mailto:mrlcor@fcq.unc.edu.ar), [mrlonghi@gmail.com](mailto:mrlonghi@gmail.com) (M.R. Longhi).

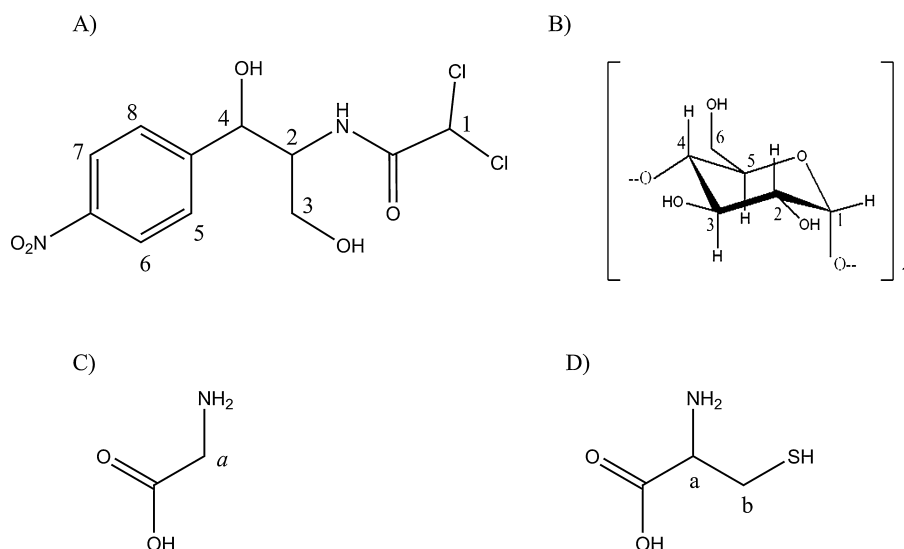


Fig. 1. Chemical structure and proton atom numbering scheme of: (A) CP, (B)  $\beta$ CD, (C) Gly and (D) Cys.

In addition, CP is slightly soluble in water and has a bitter taste, Shi and Zhou (2011) demonstrated that CP complexation with cyclodextrins (CD) enhances its solubility and covers up its bitter taste. CD are in fact water-soluble cyclic oligosaccharides composed of 6 ( $\alpha$ -CD), 7 ( $\beta$ -CD, Fig. 1B) or 8 ( $\gamma$ -CD) D-(+)-glucopyranose units arranged in a truncated cone-shaped structure. Different molecules can penetrate into the relatively hydrophobic cavity and form non-covalent inclusion complexes, thus modifying their physical, chemical and biological properties (Loftsson & Brewster, 2010, 2012).

Different researchers have reported the preparation and characterization of CP complexes with cyclodextrins (Hirayama, Usami, Kimura, & Uekama, 1997; Mashhood Ali, Asmat, & Maheshwari, 2004; Li, Luo, & Liu, 2005; Fatiha, Leila, Eddine, & Leila, 2013; Ramos et al., 2013) and demonstrated that the inclusion complexes are an effective way to increase the solubility of CP (Zuorro, Fidaleo, & Lavecchia, 2010; Shi & Zhou, 2011).

In addition, in recent years the use of the formation of multicomponent complexes with cyclodextrin and a third auxiliary substance has become more frequent in order to facilitate the therapeutic application of different drugs (Palma et al., 2009; Mora, Longhi, & Granero, 2010; Garnero & Longhi, 2010; De Melo et al., 2013; Taupitz, Dressman, Buchanan, & Klein, 2013; Wang et al., 2013; Chadha et al., 2014). This approach permits a lower dose of cyclodextrins to be used and increases the complexation efficiency. Moreover, by specifically selecting of the auxiliary substance added to the multicomponent complex, it is possible to reduce other problematic behaviours of the drugs such as their toxicological properties.

It is known that thiol compounds such as cysteine (Cys, Fig. 1C) and reduced glutathione (GSH) play an important role in human aging and age related diseases. In fact, Cys supplementation has been shown by antioxidant actions to ameliorate several parameters which are known to degenerate during human aging. The decline in Cys efflux during aging observed in erythrocytes is an important factor in the development of oxidative stress (Kumar & Maurya, 2013). Also, a protective role has been suggested for glycine (Gly, Fig. 1D) action against the anoxic and oxidative stress produced by toxic agents (Qu, Ikejima, Zhong, Waalkes, & Thurman, 2002).

The present work was carried out with the purpose of evaluating the effect of CP- $\beta$ CD-antioxidant complexation on CP aqueous solubility, antimicrobial activity and oxidative stress production

in human leucocytes. CP multicomponent complexes with  $\beta$ CD and antioxidants (Cys or Gly) were prepared in solution and in solid state with the effects of complexation on drug solubility, affinity constant ( $K_C$ ) and stoichiometry for the complexes being determined in aqueous solution, by means of phase-solubility studies and by <sup>1</sup>H NMR and 2D NMR spectroscopy. In the solid state, the multicomponent systems, prepared by means of a simple physical mixture (PM) or by freeze-drying (FD) methods, were studied by Fourier-transform infrared spectroscopy (FT-IR), scanning electron microscopy (SEM), thermogravimetric analysis (TG) and powder X-ray diffraction (PXRD). The antimicrobial activity of inclusion complexes was investigated by the agar diffusion methods against the Gram-positive species *Staphylococcus aureus* and the Gram-negative species *Escherichia coli* and *Pseudomonas aeruginosa*. Finally, the potential toxic effects on human leucocytes were evaluated by using assays of ROS determination by chemiluminescence (CL).

## 2. Materials and methods

### 2.1. Chemicals and reagents

CP base and Gly were obtained from Parafarm (Argentina).  $\beta$ CD (MW = 1135) was kindly supplied by Roquette (France). Cys, Ficoll-Hypaque (Histopaque-1077), dextran, luminol (4-amino-2,3-dihydro-1,4-phthalazine-dione) and the D<sub>2</sub>O 99.9 atom % D used in spectroscopic studies were purchased from Sigma<sup>®</sup>. All other materials and solvents were of analytical reagent grade. A Milli-Q Water Purification System (Millipore, USA) generated the water used in these studies.

### 2.2. Phase solubility analysis

Experiments were carried out at 25 °C in stoppered glass tubes containing an excess amount of CP (100 mg) with Cys or Gly 10 mM, and 5 ml of  $\beta$ CD with increasing concentrations (0–13.2 mM), according to the method reported by Higuchi and Connors (1965). The tubes were placed in a 25.0 ( $\pm$ 0.1) °C thermostated water bath (Circulators HAAKE F3-K, Germany) for 72 h, and the resulting suspensions were vortexed 15 s twice a day to achieve equilibrium. Each sample suspension was filtered through a 0.45  $\mu$ m membrane, and the filtrate was appropriately diluted for quantitative analysis of CP in each multicomponent complex by the HPLC method.

The HPLC equipment consisted of an Agilent S1100 system with UV detection at 278 nm, using a Luna C8 (4.6 × 150 mm, 5 μm, Phenomenex, USA) reversed-phase column with pre-column. The mobile phase was acetonitrile used with a pH 3.0 potassium phosphate buffer (10 mM) at a 50:50 mixture, and a flow rate of 1.0 ml min<sup>-1</sup>. Assays were performed at 25 °C, by injecting 10 μl of solution in each chromatographic run. Under these conditions, the retention time for CP was 4.4 min. Each experiment was repeated at least three times, and the results reported are the mean values. The stability constant values for the corresponding complexes were calculated from the slope of the phase-solubility diagrams and  $S_0$ , according to the following equation:

$$K_C = \frac{\text{slope}}{S_0(1 - \text{slope})} \quad (1)$$

The stability of the drug was determined in water at 25 °C, with no drug degradation being found after 72 h of incubation.

### 2.3. NMR studies

The NMR spectra of multicomponent systems were recorded on a Bruker Avance II high resolution spectrometer equipped with a broad band inverse probe (BBI) and a variable temperature unit (VTU). The spectra were measured at 298 K. D<sub>2</sub>O was used as solvent and the resonance at 4.8 ppm due to the residual solvent (HDO) was used as the internal reference. Induced changes in the <sup>1</sup>H chemical shifts for CP, βCD, Gly and Cys ( $\Delta\delta$ ), which originated due to their complexations, were calculated using the following equation:

$$\Delta\delta = \delta_{\text{complex}} - \delta_{\text{free}} \quad (2)$$

The 2D-ROESY spectra of the multicomponent systems were recorded on the same spectrometer, with a relaxation delay of 2 s and 32 scans.

### 2.4. Preparation of complexes in solid state

The preparation of solid CP multicomponent systems with a 1:1:1 molar ratio was carried out using the freeze-drying (FD) method. Solutions of CP with βCD and Cys or Gly were prepared in water, frozen at -40 °C and then freeze dried (Freeze Dri 4.5 Labconco Corp., Kansas City, MI). Physical mixtures (PM) were prepared by mixing CP with βCD and Cys or Gly powders, uniformly in a mortar at a 1:1:1 molar ratio.

### 2.5. Fourier-transform infrared spectroscopy (FT-IR)

FT-IR spectra of CP, βCD, Cys, Gly and their complexes (KBr disks) were recorded on a Nicolet Avatar 360 FT-IR spectrometer. The spectra of the complexes were compared with those of the corresponding 1:1:1 molar ratio physical mixture and also with the pure CP, βCD, Cys and Gly. All spectra were obtained and processed using EZ OMNIC E.S.P v.5.1 software.

### 2.6. Differential scanning calorimetry (DSC) and thermogravimetric analysis (TG)

The DSC curves of the CP, βCD, Cys, Gly and their complexes were produced using a DSC TA 2920, and the TG curves were recorded on a TG TA 2920 (TA Instruments, Inc., New Castle, DE). The samples were placed in aluminium hermetic pans, with the experiments being carried out under a nitrogen gas flow, at a heating rate of 10 °C min<sup>-1</sup>, and over a temperature range of 25–300 °C and 25–350 °C for the DSC and TG studies, respectively. In both cases, data were obtained and processed using TA Instruments Universal Analysis 2000 software.

### 2.7. Powder X-ray diffraction studies

The powder X-ray diffraction patterns were obtained with a Philips X'Pert PRO PAN analytical powder diffractometer (Philips®, The Netherlands), using Ni-filtered Cu K $\alpha$  radiation at 45 kW and 30 mA. The diffractograms were recorded from 2° to 40° (2 $\theta$ ), with a step size of 0.02° and a scan step time of 2 s.

### 2.8. Scanning electron microscopy studies (SEM)

Microscopic morphological structures of the solid samples were investigated and photographed using a Carl Zeiss Sigma scanning electron microscope, at the Laboratorio de Microscopía y Análisis por Rayos X (LAMARX) of the National University of Córdoba. The samples were fixed on a brass stub using double-sided aluminium tape, and to improve the conductivity, they were gold/palladium-coated under vacuum employing a sputter coater Quorum 150. The magnification selected was sufficient to appreciate in detail the general morphology of the samples under study.

### 2.9. Antimicrobial activity assay

Antimicrobial susceptibility tests were performed by the agar diffusion method with some modifications (Zuorro et al., 2010). Briefly, American Type Culture Collection (ATCC®) bacterial cells of *S. aureus* ATCC® 25923, *E. coli* ATCC® 25922 or *P. aeruginosa* ATCC® 27853 from an exponential-phase culture obtained from a single colony were spread on the surface of agar plates using a sterile swab soaked in the bacterial suspension diluted to 10<sup>6</sup> colony forming units per millilitres (CFU)ml<sup>-1</sup>. A disk of 6 mm of sterile Whatman N° 1 membrane filters resting on an agar culture medium was inoculated with 10 μl of a solution containing the free or complexed CP (30 μg). Aqueous solutions of pure βCD, Cys and Gly were used as a placebo control. After overnight incubation was performed at 37 °C, the plates were examined and the diameters of the inhibition zones measured. Measurements were made in triplicate and the results were averaged.

### 2.10. Leukocyte preparation from human blood

Leucocytes were isolated by a combined dextran (Sigma, average  $M_w = 78,000$ )/Ficoll-Hypaque (Histopaque-1077, Sigma) sedimentation procedure. Sedimentation in 6% dextran solution was performed before carrying out gradient centrifugation. A mixture of Ficoll-Hypaque was then used to isolate the mononuclear cells from the remaining haematic cells. After sedimentation, hypotonic lyses of the erythrocytes were performed. The leukocyte layer was washed twice and suspended in Hanks' balanced salt solution. Cell preparation was adjusted to 10<sup>6</sup> ml<sup>-1</sup> leucocytes for the assay.

### 2.11. ROS determination by the chemiluminescence (CL) assay

CL was measured at room temperature using a luminometer (Bio-Orbit 1253, Turku, Finland) with disposable polypropylene tubes. The basal value of the leucocytes CL was measured in the presence of luminol (4-amino-2,3-dihydro-1,4-phthalazine-dione, Sigma). A volume of 0.2 ml of 10<sup>6</sup> ml<sup>-1</sup> leucocytes was incubated with 0.2 ml of 3.4 μM luminol and: (1) 0.2 ml of CP (0.3 mM), (2) 0.2 ml of βCD (0.3 mM), (3) 0.2 ml of CP:βCD (0.3 mM of CP, 0.3 mM of βCD), (4) 0.2 ml of CP:βCD:Gly (0.3 mM of CP, 0.3 mM of βCD, 10 mM of Gly) or (5) 0.2 ml of CP:βCD:Cys (0.3 mM of CP, 0.3 mM of βCD, 10 mM of Cys).

The CL background of each vial was checked before being used and the light emission was measured for 105 s, at 5 s intervals. Results were expressed in relative light units (RLU) at different

times, with the background value being subtracted (Caldefie-Chezet et al., 2002).

### 2.12. Statistical analysis

Data from the ROS determination were statistically assessed by a one-way ANOVA. Differences were considered to be significant at  $P < 0.05$ .

## 3. Results and discussion

### 3.1. Behaviour of the multicomponent systems in aqueous solution

#### 3.1.1. Phase solubility analysis

The phase solubility profiles of CP with  $\beta$ CD and Gly or Cys (data not shown) can be classified as  $A_L$  being of the type according to Higuchi and Connors (1965), and showed a linear increase of drug solubility, which is indicative of the formation of soluble complexes.

The corresponding stability constant values calculated from each phase-solubility diagram were  $107 \pm 4$  and  $101 \pm 8 \text{ M}^{-1}$  for the systems with Gly and Cys, respectively. In both cases, the increase in drug solubility was 1.5 fold. From these values, it can be deduced that these were similar interactions between the drug and the  $\beta$ CD with each amino acid. The stability constant of the binary complex CP: $\beta$ CD was also calculated for comparison, obtaining a value of  $180 \pm 12 \text{ M}^{-1}$ , which is comparable to that found for this system for Hirayama et al. (1997). So, it is possible to suggest that the differences found for the stability constants of the multicomponent complexes regarding with the binary one may be due to the amino acid that competes with the drug on the formation of hydrogen bonds with the macromolecule.

#### 3.1.2. NMR studies

Table 1 presents the assignments of the CP,  $\beta$ CD, Gly and Cys peaks and the chemical shift deviations due to complexation (proton numbering in Fig. 1). By comparing the chemical shifts of the CP: $\beta$ CD:AA (AA = amino acid) systems with those of the pure components, it is possible to observe significant changes that are indicative of the complex formation between CP and  $\beta$ CD in the presence of each AA.

First, the CP signals show a considerable deshielding as a result of the interaction with  $\beta$ CD and/or each amino acid. Second, the  $\beta$ CD signals are also affected, revealing in this case a marked

shielding of the signals corresponding to the  $H_3$  and  $H_5$  protons, thus suggesting the insertion of the aromatic ring of the drug into the inside the macromolecule.

In order to confirm the interaction mode of these systems, the ROESY spectra (Fig. 2) were examined, with intermolecular cross-peaks being observed in these assays between the aromatic protons of CP ( $H_5$ – $H_8$  and  $H_7$ – $H_6$ ) and the protons located inside the  $\beta$ CD cavity ( $H_3$  and  $H_5$ ). From these results, we can confirm the formation of inclusion complexes for the two systems studied, which had similar conformations in aqueous solution, characterized by a deep insertion of the aromatic ring of CP into the hydrophobic cavity of  $\beta$ CD. Finally, the results obtained for the binary system CP: $\beta$ CD (Table 1) were compared with those of the ternary ones, with differences being observed in the displacement of the chemical shifts in the presence of the third component. Additionally, is important to note that the protons of both amino acids also experienced shifts in the CP: $\beta$ CD:AA complexes. All these observation, allows us to hypothesize that Gly and Cys are interacting with the inclusion complex, but without substantially modifying the CP insertion mode.

### 3.2. Behaviour of the multicomponent systems in solid state

A comprehensive multicomponent system characterization, in solid state, was performed by applying different analytical techniques, including: FT-IR (Fig. 3), DSC and TG (Fig. 4), PXRD (Fig. 5) and SEM (Fig. 6). In addition, the behavior of the pure components was compared with the multicomponent systems obtained by using the PM or FD methods. Below, we sum up the most relevant results obtained by this characterization.

Notably, for all of the analytical techniques used, it can be concluded that in the PM systems the natural structure of each pure component remained revealing that no interactions took place among them. In contrast, the first evidence of complex formations in the FD systems prepared with Gly or Cys was obtained by the FT-IR studies, with the most interesting feature being the modification of the CP bands at  $1686 \text{ cm}^{-1}$  (assigned to C=O vibration) and  $1559 \text{ cm}^{-1}$  (corresponding to  $\text{NO}_2$  group). In the CP: $\beta$ CD:Gly system, the band at  $1686 \text{ cm}^{-1}$  was shifted to  $1689 \text{ cm}^{-1}$ , while in the CP: $\beta$ CD:Cys system the bands at  $1686$  and  $1559 \text{ cm}^{-1}$  decreased notably. The modification of these bands may suggest the establishment of intermolecular interactions involving these groups, thus indicating the formation of a multicomponent complex.

Fig. 4 shows the TG and DSC curves of the pure components and multicomponent systems. The TG results for the FD systems, in both

**Table 1**  
Chemical shifts displacements for the protons CP,  $\beta$ CD, Gly and Cys in complex forms.

System	CP protons	$\Delta\delta$ (ppm)	AA protons	$\Delta\delta$ (ppm)	$\beta$ CD protons	$\Delta\delta$ (ppm)
CP: $\beta$ CD	$H_1$	–0.0361	–	–	$H_1$	–0.0508
	$H_2$	0.1023			$H_2$	–0.0366
	$H_3$	Overlapped			$H_3$	–0.1068
	$H_4$	0.0962			$H_4$	–0.0419
	$H_5$ – $H_8$	0.0891			$H_5$	–0.184
	$H_7$ – $H_6$	–0.0489			$H_6$	–0.0429
CP: $\beta$ CD:Gly	$H_1$	0.0098	$H_a$	0.0097	$H_1$	0.3831
	$H_2$	0.1325			$H_2$	0.0052
	$H_3$	Overlapped			$H_3$	–0.077
	$H_4$	0.1272			$H_4$	–0.0006
	$H_5$ – $H_8$	0.1270			$H_5$	–0.1196
	$H_7$ – $H_6$	–0.0019			$H_6$	0.0009
CP: $\beta$ CD:Cys	$H_1$	0.0149	$H_a$	0.0176	$H_1$	–0.0067
	$H_2$	0.1094	$H_b$	–0.1297	$H_2$	0.0031
	$H_3$	Overlapped			$H_3$	–0.0612
	$H_4$	0.1055			$H_4$	–0.0016
	$H_5$ – $H_8$	0.1060			$H_5$	–0.1010
	$H_7$ – $H_6$	0.0061			$H_6$	0.0023



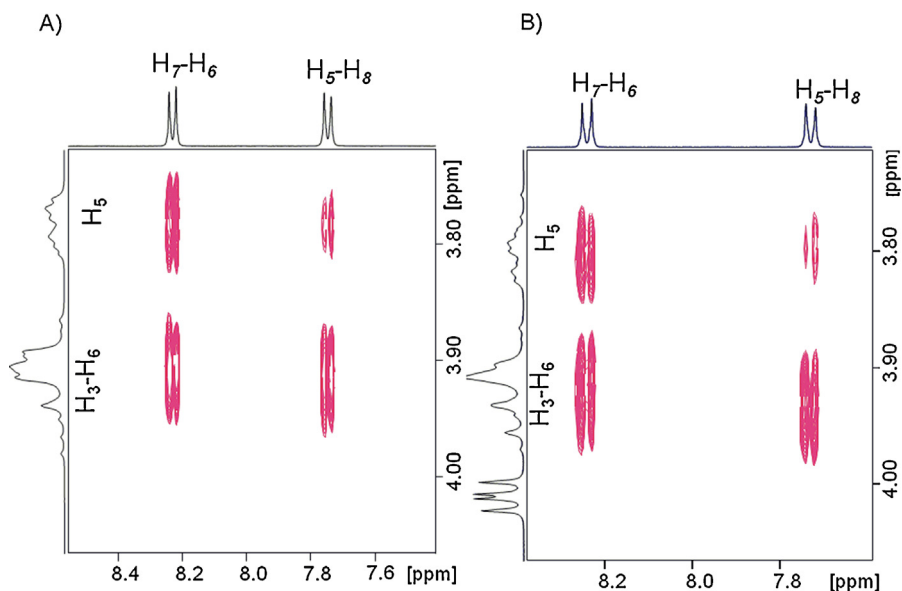


Fig. 2. Partial contour plot of the 2D ROESY spectrum of: (A) CP:βCD:Gly system and (B) CP:βCD:Cys system.

cases, showed that the onset temperature for thermal decomposition of CP shifted to a lower temperature, probably due to complex formation. In addition, the DSC curves of pure CP presented a characteristic melting endothermic peak at 152 °C, whereas the FD

systems did not show any endothermic peak at this temperature, indicating that amorphous solids were obtained in both these cases.

These thermal analysis results are supported by findings from the PXRD measurements (Fig. 5), since the extremely low

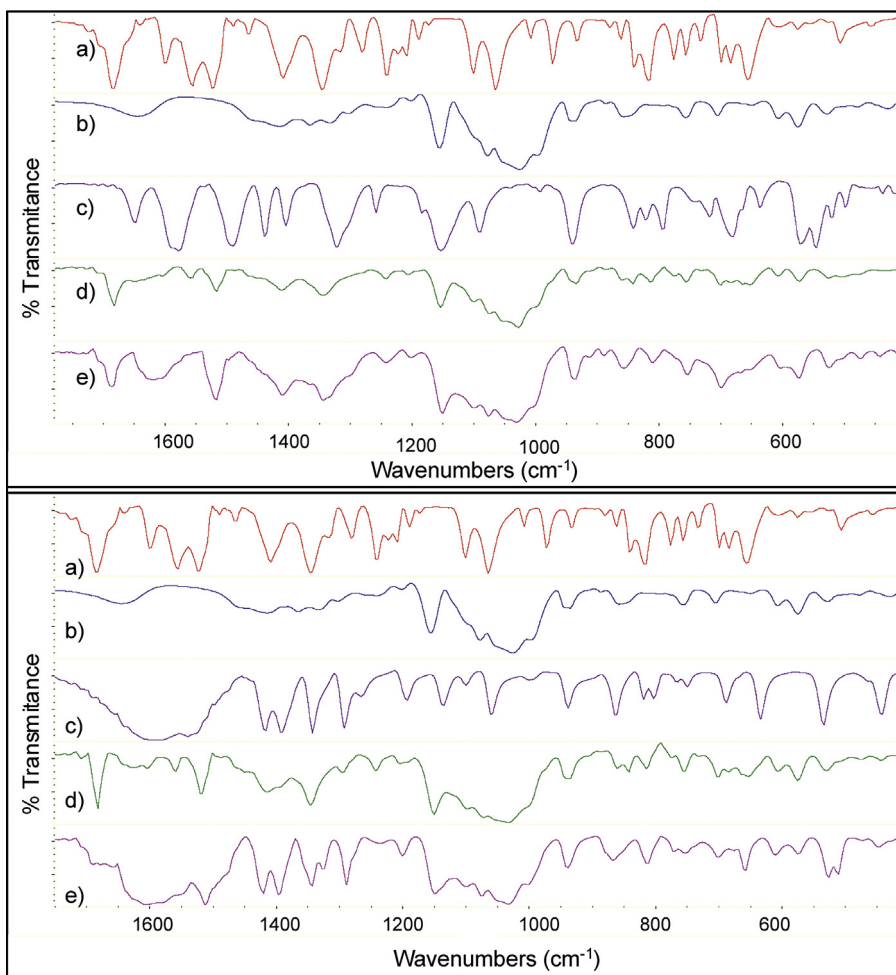
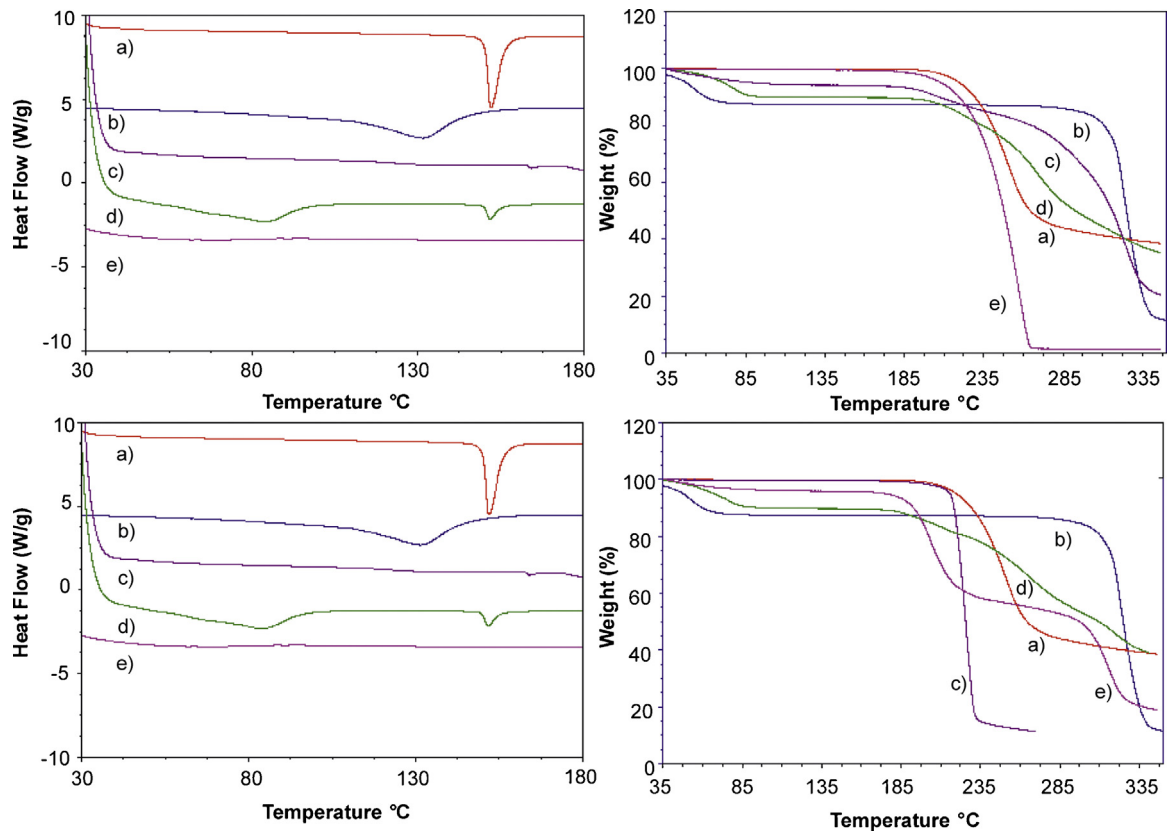
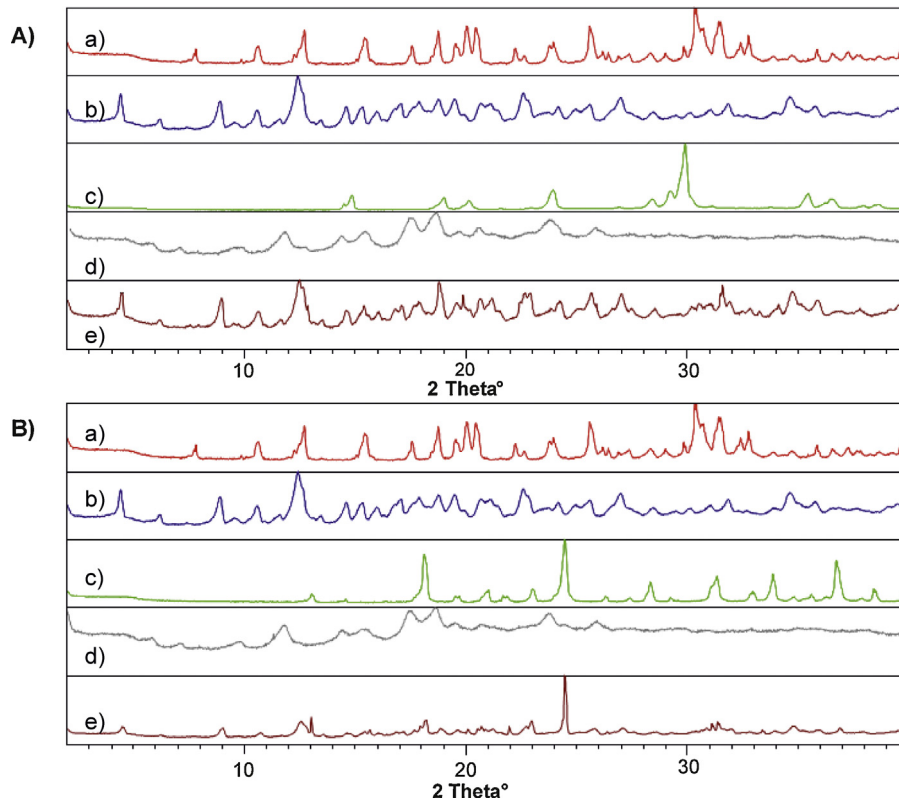


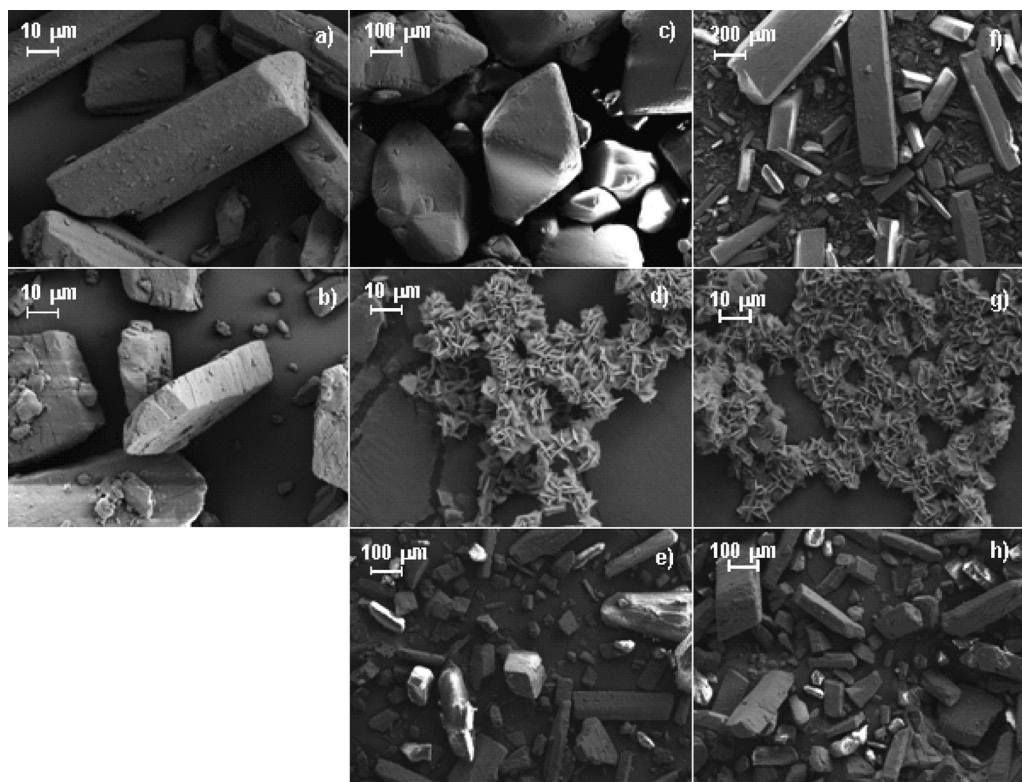
Fig. 3. IR spectra of: (A) (a) CP, (b) βCD, (c) Gly, (d) CP:βCD:Gly PM system and (e) CP:βCD:Gly FD system, (B) (a) CP, (b) βCD, (c) Cys, (d) CP:βCD:Cys PM system and (e) CP:βCD:Cys FD system.



**Fig. 4.** TG and DSC curves of: (A) (a) CP, (b)  $\beta$ CD, (c) Gly, (d) CP: $\beta$ CD:Gly PM system and (e) CP: $\beta$ CD:Gly FD system, (B) (a) CP, (b)  $\beta$ CD, (c) Cys, (d) CP: $\beta$ CD:Cys PM systems and (e) CP: $\beta$ CD:Cys FD system.



**Fig. 5.** X-ray diffractograms of: (A) (a) CP, (b)  $\beta$ CD, (c) Gly, (d) CP: $\beta$ CD:Gly FD system and (e) CP: $\beta$ CD:Gly PM system, (B) (a) CP, (b)  $\beta$ CD, (c) Cys, (d) CP: $\beta$ CD:Cys FD systems and (e) CP: $\beta$ CD:Cys PM system.



**Fig. 6.** Scanning electron microphotographs of: (a) CP, (b)  $\beta$ CD, (c) Gly, (d) CP: $\beta$ CD:Gly FD system, (e) CP: $\beta$ CD:Gly PM system, (f) Cys, (g) CP: $\beta$ CD:Cys FD system, (h) CP: $\beta$ CD:Cys PM system.

crystallinity of the FD multicomponent systems suggests the complete amorphization of CP.

Finally, the SEM images of the FD samples (Fig. 6) showed similar morphologies, which were completely different to those of the pure components. Taken together, all these experiments confirm the formation of amorphous multicomponent complexes between CP and  $\beta$ CD, when using Gly or Cys as a third component, for systems prepared by the FD method.

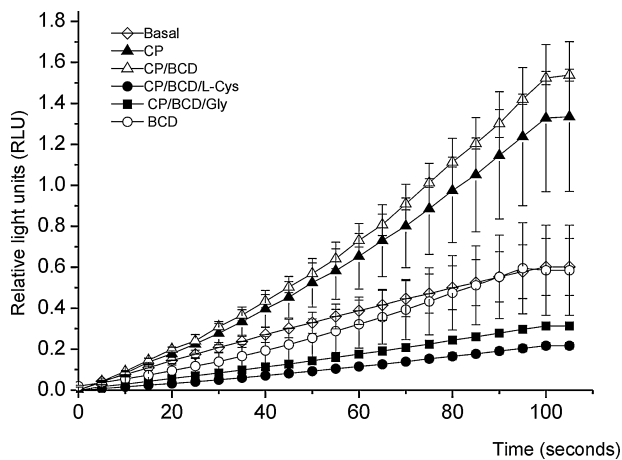
### 3.3. Antimicrobial activity

The antimicrobial activity of the multicomponent systems was studied in order to assess the ability of  $\beta$ CD to release the drug from the inclusion complex, taking into account that a decrease in the drug release capability would in turn cause a reduction in the antimicrobial potency of the CP present in a given pharmaceutical formulation. The antimicrobial activity of CP multicomponent complex against *S. aureus*, *E. coli* and *P. aeruginosa* was investigated by the agar diffusion methods and compared with that of pure CP. These assays showed that there were no significant differences between the pure and complexed inhibition zones of CP, for the three species under study. The inhibition zones were  $24.5 \pm 0.7$  mm,  $25 \pm 1$  mm,  $24.5 \pm 0.7$  mm,  $25.5 \pm 0.5$  mm for CP, CP: $\beta$ CD, CP: $\beta$ CD:Cys and CP: $\beta$ CD:Gly respectively in *S. aureus*,  $25 \pm 1$  mm for CP, CP: $\beta$ CD and both multicomponent complexes in *E. coli* and  $25.6 \pm 0.6$  mm,  $26 \pm 1$  mm,  $26 \pm 1$  mm and  $28 \pm 1$  mm for CP, CP: $\beta$ CD, CP: $\beta$ CD:Cys and CP: $\beta$ CD:Gly respectively in *P. aeruginosa*. These results are indicating that drug complexation did not interfere with the microbiological activity of CP and allow us to postulate that the interactions between the components in the complex were sufficient to improve the solubility of the drug though not so strong as to reduce its microbiological activity. Furthermore, in the same test, the use of  $\beta$ CD, Cys and Gly alone did not present any antimicrobial activity against the species under study.

### 3.4. ROS determination

Determining the capacity of CP to generate aplastic anaemia requires evaluation of the metabolic alterations that precede this severe affection. Thus, the development of toxicity assays could be useful in ameliorating this severe risk. Previous studies have demonstrated that ROS and nitrite production, together with the alteration of antioxidant enzymes, may explain the leukotoxicity of CP in neutrophils (Páez, Becerra, & Albesa, 2008). In fact, it is known that cells contain some antioxidant systems in order to protect themselves from the injury induced by increased intracellular ROS. Several investigations have reported that the levels of GSH are modified in response to anaesthetics and other drugs (Wong et al., 2006; Fernández et al., 2004). Consequently, it could be interesting to determine the effect of exogenous antioxidants on oxidative stress caused by CP, especially as the effect of CP combined with antioxidants has not yet been investigated.

Therefore, in the present study the amino acids Gly and Cys were used as a third component in the multicomponent complexes, taking into consideration that these two amino acids have been previously proposed as antioxidants and cytoprotectors (Deters, Strubelt, & Younes, 1997; Kumar & Maurya, 2013). Now, recalling that the haematological alteration after therapy with CP seemed to be a consequence of oxidative damage, the results effectively confirm the presence of oxidative stress of leukocytes produced by CP, since ROS production measured by CL (Fig. 7) was significantly greater in leucocytes treated with CP (100  $\mu$ g/ml) in comparison with the untreated ones ( $P < 0.05$ ).  $\beta$ CD alone did not produce an increase in ROS, while the CP: $\beta$ CD complex behaved as pure CP and showed a rise in ROS. Finally when the multicomponent systems were assayed, the production of ROS was significantly lower than in the untreated samples, suggesting that Gly and Cys acted as potent ROS inhibitor/scavengers, thereby indicating the advantages of these multicomponent formulations containing AA in order



**Fig. 7.** Reactive oxygen species induced by Chloramphenicol quantification in human leucocytes by chemiluminescence assay. The graph shows the treatment for 105 s with CP (▲), BCD (○), CP:BCD (△), CP:BCD:Gly (■) and CP:BCD:Cys (●). For both ternary systems,  $P < 0.05$ , compared to the untreated sample (◇).

to reduce the harmful effects of CP without affecting its therapeutic activity.

#### 4. Conclusions

This study has shown that the solubility of CP can be improved by inclusion complexation with CD and AA, with the complexation of this antimicrobial drug not interfering with its microbiological activity. Moreover, the antioxidants Gly and Cys when used as a third component were able to produce a protective effect against the increase of ROS induced by CP in leucocytes. Based on this behaviour of the multicomponent complexes, it can be concluded that they are potentially useful application in the future formulation of dosage forms of chemotherapeutic drugs that produce ROS and oxidative stress.

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