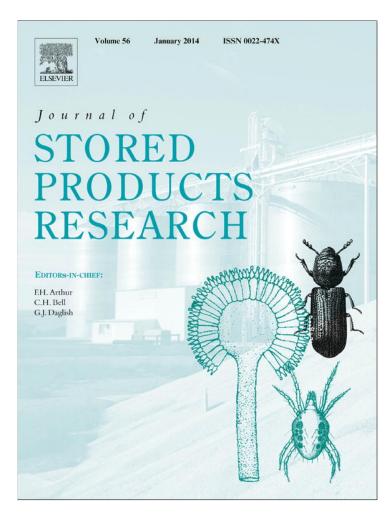
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# Incidence of lactic acid bacteria and *Aspergillus flavus* in brewer's grains and evaluation of potential antifungal activity of these bacteria



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#### ABSTRACT

Feed destined for animal production as brewer's grains can be contaminated by *Aspergillus* section *Flavi* species. Lactic acid bacteria (LAB) play a defining role in the preservation and microbial safety of fermented foods. The objective of this study was to study the incidence of lactic acid bacteria, *Aspergillus* section *Flavi* and AFB<sub>1</sub> in brewer's grains and the preliminary antifungal activity of native LAB *in vitro*. LAB and aflatoxigenic *Aspergillus* were found in high counts in brewer's grains used as raw material for pig feedstuff. However, AFB<sub>1</sub> had low AFB<sub>1</sub> natural incidence in samples. *In vitro* antifungal activity of LAB isolated showed that all bacteria tested inhibited two *Aspergillus flavus* strains assayed. The high incidence of LAB could be inhibiting the AFB<sub>1</sub> production in by-products obtained from the beer industry. LAB strains with excellent antimicrobial activity were also found in this substrate.

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#### 1. Introduction

Lactic acid bacteria (LAB) are commonly isolated from fermented feed. They play a key role in the preservation and microbial safety of fermented foods. LAB are Gram-positive, nonmotile, nonsporeforming, rod- and coccus-shaped organisms that can ferment carbohydrates and produce, mainly, lactic acid (Singh and Prakash, 2009). They compete with pathogenic microorganisms for nutrients and are potential producers of antimicrobial metabolites such as organic acids, hydrogen peroxide, bacteriocins and antifungal compounds, including fatty acids and phenyllactic acid (Pascual et al., 2008a, b; Ruiz et al., 2009; Dalié et al., 2010).

Since feed represents the major cost in swine production, there is an increasing interest in finding alternative raw materials to those commonly used to develop rations for pigs. By-products from the brewery industry are available in large quantities and have a considerable nutritional potential and a low cost (Mussatto et al., 2006; Gupta et al., 2010). Brewer's grains are the wet materials that remain after the fermentation of barley, during the production of beer. This product contains high protein levels, crude fiber, vitamins and minerals (Mirzaei-Aghsaghali and Maheri-Sis, 2008; Aliyu and Bala, 2011). Nevertheless, the high moisture and content of nutrients in wet by-products lead to a fast decomposition and to a reduction of storage life by bacterial and fungal development (Marston et al., 2009). Among the filamentous fungi, Aspergillus section Flavi are important spoilage microorganisms of food destined for production as animal feed. These fungi grow on food under favorable conditions of temperature and humidity and some species such as Aspergillus flavus, Aspergillus parasiticus, Aspergillus nomius and Aspergillus pseudotamarii may produce aflatoxins (AFs) (Kurtzman et al., 1987; Horn et al., 1996; Samson et al., 2000; Ito et al., 2001; Hedayati et al., 2007). Aflatoxins (AFs) are secondary metabolites that have adverse effects on human and animal health. They are considered as carcinogenic, mutagenic, teratogenic, hepatotoxic and immunosuppressive substances (Robens and Richard, 1992; Eaton and Gallagher, 1994; Pitt, 2000; Sahoo and Mukherjee, 2001). Aflatoxin  $B_1$  (AFB<sub>1</sub>) was classified as a human carcinogen by the International Agency for Research on Cancer (IARC, 1993).

There is a growing interest in methods that reduce fungal growth in food. Biological control has focused increasing attention because it is an ecologically friendly alternative to chemical fungicides (El-Kassas and Khairy, 2009; Tsitsigiannis et al., 2012). Several researches have reported on the inhibitory properties of LAB on fungal growth. In a related study, Chang and Kim (2007) showed inhibition of mycelial growth of *A. flavus* by *Lactobacillus casei* KC-324. The inhibitory activity was due to extracellular metabolites as evidenced by the use of cell-free supernatants. Other published studies also demonstrated that three lactobacilli species

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(*Lactobacillus delbrueckii, Lactobacillus fermentum* and *Lactobacillus plantarum*) were able to reduce aspergilli fungal growth (Aryantha and Lunggani, 2007). Previous work carried out by our group has shown that two probiotic bacteria (*L. fermentum* and *Lactobacillus rhamnosus*) have great potential for controlling *Aspergillus* (Gerbaldo et al., 2012). However, the information of aspergilla and lactic acid bacteria incidence in stored brewer's grains and the interaction between them is still limited. Accordingly, this brewery by-product represents an optimal substrate for aspergilla and lactic acid bacteria growth, thus the aim of the present work was to study the incidence of lactic acid bacteria, *Aspergillus* section *Flavi* and AFB<sub>1</sub> in brewer's grains and the preliminary antifungal activity of native LAB *in vitro*.

#### 2. Materials and methods

#### 2.1. Sampling

Samples of brewer's grains were collected in a brewery factory from Villa General Belgrano, Córdoba, Argentina. The substrate was stored in plastic bags and the storage conditions were not controlled. Thirty two samples (3 kg each) were collected at 2-month intervals from July 2010 to June 2012. Primary samples were homogenized, and quartered to get 1 kg samples for laboratory analysis. All samples were immediately tested for LAB and *Aspergillus* count. Physical properties determination (pH and a<sub>W</sub>) were carried out according to the methodology described by Asurmendi et al., (2013). Then, they were dried and stored for up to 7 days at 4 °C for aflatoxin analyses.

#### 2.2. Isolation and identification of lactic acid bacteria

Assays were performed following the methodology proposed by The International Commission on Microbiological Specification for Foods (ICMSF, 1996). Ten grams of each sample were homogenized in 90 mL of 0.1% sterile peptone water. After homogenization, serial dilutions  $(10^{-4}-10^{-6})$  were carried out in 1% peptone solution and plated on Man Rogosa and Sharpe agar media (MRS) (bioMérieux<sup>®</sup>, France), in triplicate. Plates were incubated under a 5% CO<sub>2</sub> atmosphere condition for 48 h at 37 °C, at which time LAB were counted. Plates containing 30-300 colonies were used for counts, and results were expressed as CFU  $g^{-1}$ . Different types of colonies were sub-cultured in MRS broth and incubated in micro-aerobiosis for 48 h at 37 °C. LAB isolates were identified using the following tests: Gram stain, production of catalase and cytochrome oxidase, CO<sub>2</sub> production from glucose, growth at different temperatures (10 and 45 °C), growth at different pH values (4.4 and 9.6), growth at different NaCl concentrations (6.5 and 18%) and acid production with different carbon sources (glycerol, erythritol, D-arabinose, Larabinose, D-xylose, D-adonitol, D-galactose, D-glucose, D-fructose, D-mannose, L-rhamnose, dulcitol, inositol, D-mannitol, D-celobiose, D-maltose, D-lactose, D-melibiose, D-saccharose, D-trehalose, Draffinose and starch.) (Holt et al., 1994). LAB strains were stored at  $-80 \degree C$  in 30% glycerol (v/v).

#### 2.3. Survey of Aspergillus species

Quantitative enumeration of *Aspergillus* section *Flavi* was carried out using the surface-spread method. Ten grams of each brewer's grains sample was homogenized in 90 mL sterile peptone water (0.1%) to obtain a  $10^{-1}$  dilution. Serial dilutions up to  $10^{-3}$  were made with the same diluents. Aliquots of 0.1 mL were inoculated in triplicate onto the following media: dichloran rose bengal chloramphenicol agar (DRBC) and dichloran 18% glycerol agar (DG18) (Pitt and Hocking, 1997). Plates were incubated for 7 days at 25 °C and the results were expressed as CFU  $g^{-1}$  of sample. Taxonomic identification of *Aspergillus* species was done according to Pitt and Hocking (1997) and Klich (2002).

#### 2.4. Aflatoxin $B_1$ analyses

Production of AFs by *Aspergillus* strains isolated from brewer's grains was performed following the methodology proposed by Geisen (1996), with some modifications. Determination of AFB<sub>1</sub> in brewer's grains was carried out using MultiSep<sup>®</sup> clean-up column (Romer, USA.). The aflatoxin analytical quantification was determined by high performance liquid chromatography (HPLC), following the method proposed by Trucksess et al. (1994). The detailed methodology was described in a previous work (Asurmendi et al., 2013).

#### 2.5. In vitro antifungal activity of isolated LAB

LAB strains were streaked in one third of plates containing MRS broth with 1.2% of agar. A well was done at the opposite side of the plate and 100  $\mu$ l of a 10<sup>2</sup> conidia mL<sup>-1</sup> suspension of each strain were inoculated. Plates were incubated for 7 days at 25 °C. Plates with an aflatoxigenic fungus on one side that were not inoculated with bacterial isolates served as controls. The aspergilli suspensions were obtained from 7 day-old-cultures of actively growing *Aspergillus* strains in malt extract agar. Conidial suspensions were homogenized in PBS solution added with 0.1% of Tween 80. The mixture was centrifuged 15 min at 3000 rpm. The conidia counts were made in a Neubauer chamber and the conidial suspensions were adjusted with dilutions in PBS added with 0.1% of Tween 80. The inhibition areas were examined after the incubation time.

#### 2.6. Statistical analyses

Data analyses were performed by analysis of variance. Fungal and bacterial counts were transformed to  $\log_{10} (x + 1)$  to obtain the homogeneity of variance. pH,  $a_W$  and microorganisms counts means were compared using Fisher's protected Least Significant Difference (LSD) test. The analysis was conducted using the GLM Procedure of the Statistical Analysis System (version 9.2) (Quinn and Keough, 2002).

#### 3. Results

#### 3.1. Physical properties characterization

The mean values of pH and  $a_W$  of brewer's grain samples at different sampling periods are shown in Table 1. The pH mean values ranged between 3.94 and 4.55. The highest pH level was found in January–February 2011 sampling period (P < 0.05). The moisture content ( $a_W$ ) in brewer's grains samples ranged from 0.99

Table 1	
Values of pH and $a_W$ from brewer's grain at different sampling period	s.

Periods	рН	a <sub>W</sub>	Periods	pН	a <sub>W</sub>
Jul-Aug 2010 Sep-Oct 2010 Nov-Dec 2010 Jan-Feb 2011 Mar-Apr 2011 May-Jun 2011	$\begin{array}{r} 4.03^{ab*} \\ 4.01^{ab} \\ 3.94^{a} \\ 4.55^{b} \\ 4.35^{ab} \\ 4.00^{ab} \end{array}$	$\begin{array}{c} 0.993^{ab^{**}}\\ 0.990^{a}\\ 0.995^{b}\\ 0.993^{ab}\\ 0.992^{ab}\\ 0.992^{ab}\\ 0.991^{ab}\end{array}$	Jul-Aug 2011 Sep-Oct 2011 Nov-Dec 2011 Jan-Feb 2012 Mar-Apr 2012 May-Jun 2012	4.32 <sup>ab</sup> 4.07 <sup>ab</sup> 4.31 <sup>ab</sup> 4.33 <sup>ab</sup> 4.25 <sup>ab</sup> 4.32 <sup>ab</sup>	$\begin{array}{c} 0.994^{\rm ab} \\ 0.992^{\rm ab} \\ 0.996^{\rm b} \\ 0.994^{\rm ab} \\ 0.995^{\rm b} \\ 0.996^{\rm b} \end{array}$

\* The mean of pH values with different letters indicate significant difference according to LSD test (P < 0.05).

\*\* The mean of  $a_W$  levels with different letters indicate significant difference according to LSD test (P < 0.05).

to 0.996. November–December 2010, November–December 2011, March–April 2012, May–June 2012 showed the highest  $a_W$  levels (P < 0.05).

#### 3.2. Lactic acid bacteria determination

Figure 1 shows the mean counts of LAB obtained from brewer's grains at different sampling periods. LAB were isolated from all samples, most of the LAB counts were in the order of 10<sup>8</sup> UFC g<sup>-1</sup>. The LSD test showed statistically significant differences among sampling periods. The highest count was observed in a sample obtained in November-December 2011 with a value of  $1.4 \times 10^9$  CFU g<sup>-1</sup> and the lowest in November–December 2010 and May–June 2012 with levels of 1.5  $\times$  10<sup>8</sup> and 4.8  $\times$  10<sup>7</sup> CFU g<sup>-1</sup>, respectively. No relation was found between these sampling periods and aw variation; however, the November-December 2010 period which had a low LAB count also showed the lowest pH value. A total of 178 LAB strains were isolated from brewer's grains samples. All of the strains were Gram positive and catalase and oxidase negative. The frequency of isolated LAB showed that 60.7% (n = 108) were rod-shaped bacteria and 39.7% (n = 70) cocci bacteria.

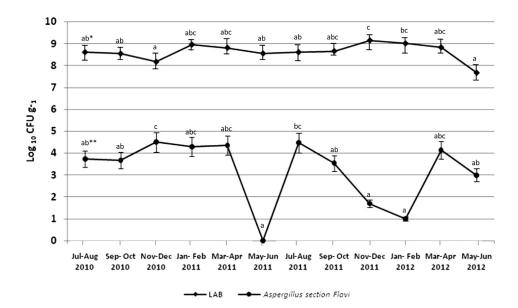
#### 3.3. Isolation of Aspergillus section Flavi and determination of AFB<sub>1</sub>

Aspergillus section Flavi counts (CFU g<sup>-1</sup>) at different sampling periods are shown in Fig. 1. Aspergillus genus was present in 84.4% of brewer's grains samples. Aspergillus section Flavi was isolated from 71.9% samples. No section Flavi species were observed from the samples obtained during the May–June 2011 sampling period. The statistical analyses showed that there were significant differences among mean counts of Aspergillus section Flavi. The November–December 2010 period had the highest mean counts of Aspergillus section Flavi species. Also, this sampling period showed the lowest pH and the highest a<sub>W</sub> values. Whereas, May–June 2011, November–December 2011 and January–February 2012 had the lowest counts (P < 0.05). A total of 82 strains of Aspergillus section Flavi species were isolated from brewer's grains samples and they were identified as A. flavus (n = 70) and A. parasiticus (n = 12). The TLC screening showed that 41.4% of the *A. flavus* strains were able to produce AFB<sub>1</sub> and that all of the *A. parasiticus* strains produced AFB<sub>1</sub> and AFG<sub>1</sub>. The average level of AFB<sub>1</sub> within the producing isolates was 2105.2 ng g<sup>-1</sup> and 2217.4 ng g<sup>-1</sup> for the *A. flavus* and the *A. parasiticus* strains, respectively. The highest level of AFB<sub>1</sub> observed was 11,458.2 ng g<sup>-1</sup> and it was produced by an *A. flavus* strain isolated during March–April 2011 (Table 2). Analysis of AFB<sub>1</sub> in brewer's grains revealed a low contamination with this mycotoxin. Five (15.6%) of the 32 samples analyzed were positive for AFB<sub>1</sub>, with mean levels ranging between 2.5 and 50.35 ng g<sup>-1</sup>. Two samples showed AFB<sub>1</sub> levels exceeding the maximum allowed for pig feedstuffs (20 ng g<sup>-1</sup>). These samples were obtained during November–December 2010 and January–February 2011 (data not shown). The a<sub>W</sub> levels corresponding to sampling period mentioned above were of 0.995 and 0.993, respectively.

#### 3.4. Antimicrobial activity of lactic acid bacteria

Fourteen LAB isolated from brewer's grains and identified as described above (*Lactobacillus brevis* B20, *L. plantarum* B29, *Lactobacillus paracasei* B38, *L. plantarum* B54, *L. plantarum* B57, *Pediococcus pentosaceus* B65, *L. brevis* B72, *Pediococcus acidilactici* B82, *P. acidilactici* B83, *P. pentosaceus* B86, *Lactobacillus* sp. B144, *L. brevis* B131, *L. brevis* B133, *Lactobacillus* sp. B144, *L. brevis* B146, *Lactobacillus cellobiosus* B149) were screened for antifungal activity using two fungal strains, *A. flavus* 21 (AF21) and *A. flavus* 54 (AF54). The aspergilli (AF21 and AF54) were selected for producing high concentrations of AFB<sub>1</sub> in previous tests, 2467.6 ng g<sup>-1</sup> and 11,458.2 ng g<sup>-1</sup>, respectively.

The obtained results demonstrated that all of the tested LAB strains inhibited the development of the *Aspergillus* strains studied, as compared to controls (Table 3). When fungal and LAB strains were tested on the same plate, the fungal growth decreased compared with the fungal control. This qualitatively assay indicated the synthesis of compounds with antimicrobial activity by all of the tested LAB strains. It was also observed that, in the presence of the antagonistic strains, the macroscopic appearance of the fungal colonies changed. The colonies were floccose and showed a



**Fig. 1.** Lactic acid bacteria and *Aspergillus* section *Flavi* mean counts (CFU  $g^{-1}$ ) at different sampling periods. \*The mean LAB counts with common letters indicate no significant difference according to LSD test ( $P \ge 0.05$ ). \*\*The mean *Aspergillus* section *Flavi* counts with common letters indicate no significant difference according to LSD test ( $P \ge 0.05$ ).

#### Table 2

Aflatoxin  $B_1$  in vitro production by Aspergillus section Flavi strains isolated from brewer's grains.

	Proportion of positive strains	%	Range AFB <sub>1</sub> (ng g <sup>-1</sup> of media) <sup>a</sup>	$\begin{array}{l} \mbox{Media concentration} \\ \mbox{of AFB}_1 \pm \mbox{SD} \\ \mbox{(ng g}^{-1} \mbox{ of media})^b \end{array}$
A. flavus	29/70	41.4%	5.6–11,458.2	$\begin{array}{c} 2105.2 \pm 2398.9 \\ 2217.4 \pm 2601.5 \end{array}$
A. parasiticus	12/12	100%	11.6–6521.5	

<sup>a</sup> Minimum and maximum value of AFB<sub>1</sub> production.

 $^{b}\,$  Media concentration of  $AFB_{1}\pm$  standard deviation.

decreased conidiogenic activity. In addition, conidia were usually more distant to the bacterial growth.

#### 4. Discussion

The present study shows that LAB, aflatoxigenic *Aspergillus*, and AFB<sub>1</sub> are present in brewer's grains used as raw material for pig feedstuff. LAB isolation from fermented feed is possible because of their ability to produce high levels of lactic acid as well as being able to survive under highly acidic conditions. The highest LAB counts were found in samples from November–December 2011. However, the LAB counts proved to be high (around  $10^8$  CFU g<sup>-1</sup>) during all of the sampling periods. Our results partially agree with those of Wang and Nishino (2008), who reported LAB counts in the order of  $10^7$  CFU g<sup>-1</sup> when studying wet brewer's grains in Japan.

The presence of *Aspergillus* section *Flavi* species in brewer's grains was evaluated. The samples showed a high prevalence of species of this section. These microorganisms are a major problem in stored feed due to their production of toxins, mostly during inadequate storage conditions. By comparison, Medina et al. (2006) obtained a lower percentage of samples with *A. flavus* and *A. parasiticus* (64%) in malting barley, the main raw material in brewery industry. In addition, Fraga et al. (2007) and González Pereyra et al. (2008) found a lower contamination of samples by *Aspergillus* section *Flavi* when analyzing feeds intended for poultry and pigs, respectively.

In this work, a high number of *A. flavus* strains from brewer's grains and all of the *A. parasiticus* strains were able to produce  $AFB_1$  *in vitro*. These results do not agree with those reported by Campos et al. (2008), who isolated more aflatoxigenic strains (57%–77%) and no *A. parasiticus* strains from pet food. The production of  $AFB_1$  *in vitro* indicates that the strains have active metabolic pathways to synthesize this mycotoxin. However, the production of AFS may

Table 3

Inhibitory activity of lactic acid bacteria isolated from brewer's grains on Aspergillus flavus.

LAB strain	A. flavus AF21	A. flavus AF54	
B20	++	++	
B29	+	+	
B38	+	+	
B54	+	+	
B57	+	+	
B65	++	+	
B72	+	+	
B82	++	+	
B83	++	+	
B86	++	++	
B87	++	++	
B131	++	++	
B133	++	+	
B144	+	++	

(+) Inhibition zone  $\leq$  5 mm.

(++) Inhibition zone > 5 mm.

change under in situ conditions because it depends on physical (temperature and feed moisture), biological, biochemical and environmental factors. The low natural incidence of AFB1 in brewer's grains samples reveals that some of the factors mentioned above are interfering with production of this mycotoxin. Moreover, two of the samples exceeded the limit of  $AFB_1$  (20 ng g<sup>-1</sup>) proposed by the Good Manufacturing Practices for any material intended to be used directly or as an ingredient in feed for pigs. Indeed, one of these samples corresponded to one of the sampling periods that showed low counts of LAB. Research reports indicate that biological factors such as the presence of LAB inhibit aspergilli growth and aflatoxin production. During the November-December 2011 sampling period, the highest LAB count as well as the lowest Aspergillus section *Flavi* count (P < 0.05) were observed. On the contrary, November-December 2010 period showed a low count of LAB and a high count of *Aspergillus*. This fact might suggest some interaction between both microorganisms under the substrate's conditions. LAB could have inhibited the development of Aspergillus. Several authors proposed some inhibitory mechanisms used by LAB strains, including: production of antimicrobial substances such as bacteriocins, phenylacetic acid, 4-hydroxyphenylacetic acid, short chain fatty acids and low molecular weight compounds such as benzoic acid, methylhydantoin, mevalonolactone and dipeptides, other mechanisms such as competition for nutrients, lowering of pH or a combination of mechanisms (Ghonaimy et al., 2007; Muñóz et al., 2010).

This work on *in vitro* antifungal activity of LAB isolated from brewer's grains showed that all of the tested bacteria inhibited two *A. flavus* strains. Similar results were reported by Onilude et al. (2005), who isolated LAB strains from fermented cereal and reported that all of the strains inhibited the growth of at least one strain of aflatoxigenic *Aspergillus in vitro*. Other authors showed results that differ from those found in our work. For instance, Muhialdin and Hassan (2011) showed that only 45% of the screened LAB strains inhibited fungal growth when evaluated against a single strain of *Aspergillus* section *Flavi*. Also, Hassan and Bullerman (2008) showed that two strains of *L. paracasei* did not inhibit the development of *A. flavus* and *A. parasiticus*.

In conclusion, this study demonstrated the presence of LAB and aflatoxigenic *Aspergillus* in this alternative feedstuff for swine production. The high incidence of LAB could be inhibiting the production of AFB<sub>1</sub> due to the prevalence of these bacteria in by-products obtained from the beer industry. Also, LAB strains with excellent antimicrobial activity on the growth of two aflatoxigenic *A. flavus* strains were isolated. Further studies on the beneficial properties of these LAB, such as the production of secondary metabolites, will contribute to the selection of strains which could be used as biological control agents against pathogenic fungi in feeds intended for swine production.

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