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## TXRF Analysis of Metals in Oral Fluids of Patients with Dental Implants

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Review

## TXRF Analysis of Metals in Oral Fluids of Patients with Dental Implants

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### Abstract

Corrosion of metals in implanted biomaterials lifetime is expected to occur. Nowadays medical implants have good biocompatibility, present proper mechanical properties, and promote tissue regeneration; nevertheless, corrosion will eventually happen. Biological fluids are rich in chemically active ions, hence, electrochemical processes appear on the surface of the metal immediately after implantation. In order to evaluate corrosion resistance of metal implants, several studies have been carried out in artificial environments but their results have not been always directly correlated to living systems.

This work presents an indirect study of corrosion of dental implants by analyzing changes of elemental concentration of metals in oral fluids. It will also contribute to the knowledge of implant corrosion in relation to its biological environment. Degradation of the implant surface releases material to the medium, which depending on the concentrations can represent toxic risk, organic malfunction, pain, rejection, etc. In order to evaluate this process, the concentrations of representative metals such as Ti, Al, and V in saliva and gingival fluids were analyzed by means of total reflection of x-rays fluorescence analysis using synchrotron radiation.

The results obtained here show that Ti-ions present a different behavior in the oral fluids, revealing higher concentrations in gingival crevice fluid than in saliva. On the other hand, V and Al have not shown significant differences from normal levels in the oral fluids. Metal release is discussed under mechanical and chemical considerations, taking into account the oral environment of the implant.

### Introduction

Materials used in osseous implants have a significant relevance. The implant material must be inert in the living medium and must not suffer any kind of deterioration by chemical or biological agents. There are several materials that fulfill these requirements; gold and silver are good examples of that, but they are too expensive. Titanium (and/or Ti-alloys) represents a proper alternative. Nowadays the use of this metal as dental implant material is a common solution for dental restitution. Titanium has good mechanical properties and low density; it is also abundant and not expensive. Titanium implants accomplish the

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3 requirements of biocompatibility and present good conditions to promote the growing of new  
4 tissue on its surface.  
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6 Some characteristics of the implant surface can improve the adaptation to the bone.  
7 For instance, the formation of titanium dioxide on the surface of a dental implant favors hard  
8 tissue adhesion to the implant [1] and prevents chemical attack by external reagents. This  
9  $\text{TiO}_2$  layer is called a “passive layer”. Surface morphology is also important to improve the  
10 adsorption of plasma proteins; for instance, albumin and IgB develop preferably on rough  
11 surfaces of titanium [2]. In addition, free ions in body fluids are involved in electrochemical  
12 processes producing corrosion, and gradual degradation of metallic constituents.  
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16 Body fluids (especially the oral ones) are sensitive to hormonal and inorganic  
17 alterations [3], making this kind of sample very suitable for systemic diagnosis. From the  
18 medical point of view, saliva and gingival fluids have advantageous characteristics: the  
19 extraction methodology is neither invasive nor painful, the procedure is not expensive, and it  
20 presents a low probability of infection. Because of these properties, it is possible to  
21 implement analytical tests on medical laboratories for evaluating metal contamination [4,5] or  
22 corrosion of implanted material.  
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26 After implantation, titanium implants are exposed to the periodontal physiology  
27 allowing new bone formation. Immediately after implantation, electrochemical activities of  
28 free ions and bacteria bioactivity on the interface metal-fluid begin. Nevertheless corrosion  
29 takes place after a long period of time, maybe years, because of the titanium passive barrier  
30 on the surface. After this latency period, and under certain chemical (pH, electrolyte  
31 concentrations, etc.) and mechanical conditions (wear, stress, etc), the passive layer  
32 deteriorates and corrosion begins, varying the normal concentrations of this metal in different  
33 organs and fluids. The influence and extent of this contamination is not well-know yet.  
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37 The variations of metallic-ion levels can be studied in the mineral and the organic  
38 components. The release of metals due to corrosion has a direct impact on the mineral  
39 contents of systemic fluids i.e. saliva, gingival crevice fluid and blood. Systemic changes can  
40 be studied through these changes [6]. Abnormal metal concentrations can also be perceived  
41 by organic changes at levels of proteins and enzymes. For example, hexavalent chromium  
42 ions are released from implant materials causing lipid peroxidation [7]. Ni and Cr [8] induce  
43 Type-IV hypersensitivity reactions in the body and act as haptens, mutagens, and  
44 carcinogens. They produce cytotoxic responses including a decrease of some enzyme  
45 activities, interference with biochemical pathways, mutagenicity, and carcinogenicity.  
46 Manganese contained in alloys can also be detected in saliva. Manganese toxicity produces  
47 skeletal and nervous system disorders. Titanium ions have not shown evidence of causing  
48 toxicity in tissue, but they can initiate other unwanted processes related to loss bone and  
49 osteolysis. Osseointegration is especially affected by corrosion and its waste products such as  
50 Al and V. According to Roynesdal, et al. [9], marginal-bone loss around implants produces  
51 osseointegration failure with titanium-sprayed implants. Olmedo, et al. [10] reported that the  
52 presence of macrophages in peri-implant soft tissue induced by a corrosion process plays a  
53 central role in implant failure. Free titanium ions inhibit growth of hydroxyapatite crystals on  
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3 surface implants. These processes end up in local osteolysis and loss of clinical stability of  
4 the implant.  
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6 To summarize, metal ion release from implants is known to occur, but most data  
7 reported in the literature are mainly related to *in vitro* studies, which have not always a direct  
8 implication on living systems. Measurements in real systems are scarcely reported despite of  
9 toxic risk of some metals in body fluids at abnormal levels. Metal degradation in oral fluids is  
10 expected because saliva is a chemically aggressive environment. In general, the study of  
11 corrosion in living system will provide useful information for physician to make a suitable  
12 choice, and for manufacturers to improve their products.  
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16 The aim of this work is to determine the Ti, V and Al concentration in saliva and  
17 gingival crevice fluid of patients with dental implants by total-reflection x-ray fluorescence  
18 (TXRF) analysis using synchrotron radiation. The measurements were carried out for pure  
19 titanium and for a Ti-Al6-V4 alloy. These results will contribute to evaluate the procedure as  
20 a means of determining corrosion in progress, and to assess if the level of these metals in  
21 fluids are high enough to consider risk of toxicity. To our better knowledge, these results  
22 have not been reported before.  
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## 25 26 27 28 **Experimental** 29

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31 The samples were extracted from 49 patients who required attention at the dental care  
32 center and agreed to participate in the investigation. They were divided in two groups, 23  
33 subjects with dental implants (the experimental group) and 26 subjects without dental  
34 implants (the control group). In both cases, the subjects were selected according to the  
35 following criteria:  
36

### 37 38 *Inclusion criteria* 39

- 40 • Adults of both sexes.
- 41 • Two or more functional dental areas.
- 42 • Have not used toothpaste for oral hygiene since two days before sampling.
- 43 • Dental implant two years old or more.
- 44 • Underwent periodontal treatment within last year.

### 45 46 47 *Exclusion criteria* 48

- 49 • Systematic pathologies.
- 50 • Receiving regular medication or treatment.
- 51 • Smokers.
- 52 • Have extra-oral metallic implant in the body.

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55 Samples of saliva were taken from the mouth floor and gingival fluid samples were  
56 extracted from the gingival area of lower incisors; they were collected by using calibrated  
57 microcapillaries. These calibrated microcapillaries are commercially available, they are 5 cm  
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3 long, the internal diameter is 10 microns and the external diameter is 500 microns. The  
4 amount of liquid collected is obtained by measuring the length of the liquid inside the  
5 capillary. Using micropipettes, the samples were deposited on flat-polished acrylic  
6 supports, and allowed to dry in air; the sample volume ranged between 1  $\mu\text{l}$  and 5  $\mu\text{l}$ . An  
7 internal standard was used for quantification, which consisted of a solution of 998 ppm of  
8 gallium diluted in 3 ml of tri-distilled water, 1  $\mu\text{l}$  droplet was spilled on the reflectors.  
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11 Usually, the internal standard is mixed with the sample before it is dropped on the  
12 reflector. In this case the amount of collected samples is so small that mixing is not possible.  
13 An observation under the microscope shows a good homogenization. Even so, the size of the  
14 irradiation beam was adjusted in order to cover the whole area of the sample on the reflector.  
15 Regarding the internal standard (gallium), it is a typical element added for TXRF  
16 quantification because it does not interfere with other elements of usual interest and cover a  
17 wide range of elements to be quantified.  
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21 Commercially, several materials are used for medical implants. They are based on  
22 steels, platinum or titanium alloys. Titanium based alloys are widely used in dental implants.  
23 Patients participating in this work had a dental implant based on a Ti–Al6–V4 alloy, which is  
24 a widely-used commercial alloy composed of titanium, 6% of aluminum, and 4% of  
25 vanadium. All the implantations dated more than two years old and were implanted at the  
26 same dental office following the same procedure.  
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29 The measurements were carried out in the TXRF station of the D09B beamline at the  
30 LNLS (Campinas, Brazil) [11]. The measurements were performed using synchrotron white  
31 beam in order to irradiate the element of interest (Ti) and the standard (Ga) efficiently, but  
32 also other elements of interest such as Ca, V, Cr, Mn, Al, S, P. The detection system  
33 consisted of a Si(Li) solid-state detector with a Be window of 25  $\mu\text{m}$  located at 5 mm from  
34 the sample holder with an energy resolution of 148 eV at 5.9 keV, the data acquisition system  
35 consisted of a fast amplifier and a multichannel analyzer with an ADC of 25  $\mu\text{sec}$  of  
36 conversion time. In order to keep the detection limits under reasonable values (less than 10  
37 %), a collimator of 1 mm in diameter was located in front of the detector window. The  
38 experiments were carried out in air atmosphere and the measuring time was of 300 s (live  
39 time) for each sample. A scheme of the experimental setup is shown in Figure 1.  
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45 Experimental evaluations of the minimum detection levels for these samples in  
46 these experimental conditions indicate that MDL are 0.5  $\mu\text{g/ml}$  for Al, 0.1  $\mu\text{g/ml}$  for Ti, and  
47 0.04  $\mu\text{g/ml}$  for V,  
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## 51 52 **Data Analysis and Results**

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54 Figure 2a-b show typical spectra of gingival crevice fluid and saliva, indicating the  
55 peaks of the elements of interest i.e., Ti, V and Al. The measured spectra were analyzed with  
56 the AXIL software package [12] taking into account escape peaks, sum peaks and  
57 representing the background by a linear function. The reduced- $\chi^2$  of the fittings was  $1.2 \pm 0.2$   
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3 and the statistical errors of the calculated intensities were less than 2 % for the strongest lines.  
4 Concentrations were estimated by using sensitivities applying the standard procedure [13].  
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6 Titanium concentrations in each sample were determined with an error lesser than 7%  
7 calculated by propagation. Average values of titanium concentrations for saliva and gingival  
8 crevice fluid are shown in Figure 3 and the concentrations for all the elements are compiled  
9 in Table I. Uncertainties represent the statistical deviation of the average values. These values  
10 show statistically significant differences,  $P < 0.05$ , in titanium concentrations for gingival  
11 crevice fluid in the experimental group ( $22 \pm 7$ )  $\mu\text{g/ml}$  with respect to the control group  
12 ( $1.3 \pm 0.4$ )  $\mu\text{g/ml}$ . On the other hand, there were not statistical differences of titanium  
13 concentration levels in saliva when both groups were compared. The obtained Ti contents  
14 were ( $2.5 \pm 0.5$ )  $\mu\text{g/ml}$  and ( $2.8 \pm 0.5$ )  $\mu\text{g/ml}$  for control and experimental group respectively,  
15 which were not statistically different at  $P > 0.05$ . All the statistical calculations were carried  
16 out according to the one-way ANOVA analysis [14]. According to this analysis, the  
17 significant difference between the mean elemental concentrations of titanium in gingival fluid  
18 for the experimental group vs. the control group is due to the presence of the implant.  
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24 In addition, the contents of vanadium and aluminum in saliva and gingival fluid were  
25 analyzed in order to verify if these elements were also released from the implant alloy. In  
26 order to study aluminum levels, smoker patients were rejected because the concentration  
27 level for this metal is high in saliva as it was recently reported by Kim et al.[15]. The Al  
28 concentrations measured in saliva were ( $6 \pm 5$ )  $\mu\text{g/ml}$  and ( $4 \pm 3$ )  $\mu\text{g/ml}$  for control and  
29 experimental group respectively. In gingival fluid samples the Al concentrations measured  
30 were ( $5 \pm 4$ )  $\mu\text{g/ml}$  and ( $3 \pm 2$ )  $\mu\text{g/ml}$  for control and experimental group respectively.  
31 Concentration levels of vanadium in saliva were ( $0.5 \pm 0.4$ )  $\mu\text{g/ml}$  and ( $0.07 \pm 0.06$ )  $\mu\text{g/ml}$  for  
32 the control and the experimental group respectively. In gingival fluid samples the results were  
33 ( $0.1 \pm 0.1$ )  $\mu\text{g/ml}$  and ( $0.08 \pm 0.07$ )  $\mu\text{g/ml}$  for the control and the experimental group  
34 respectively. For all the pairs of measurements, the mean values were not significantly  
35 different, with  $P > 0.05$ .  
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## 44 Discussion

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46 Studying implants corrosion is important in order to understand the chemical and  
47 physical interaction between implants and the biological surroundings as well as the  
48 necessary conditions for this to happen. Experiments in simulated environment with artificial  
49 body fluids are not always applicable to real cases. The clue is to analyze biological samples  
50 which have been in contact with substances in corrosion process.  
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53 The mechanism of corrosion in biological surroundings can be initiated or propitiated  
54 by several reasons, which leads to pitting, crevice, and fretting corrosion, among others  
55 processes. Depending on the implantation position, one of these mechanisms will take place  
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3 preferentially; for example, fretting corrosion is a problem in hip, knee and shoulders  
4 prostheses because mobile parts are in constant friction due to the articulation.  
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6 Dental implants allow investigating the release of metals in vivo by taking samples  
7 directly from mouth. No conclusive results about concentrations of released metal have been  
8 obtained in serum [15], blood [16] and urine [17], possibly due to the different mechanisms  
9 of absorbing and metabolizing metals like Ti, Co, V etc. Taking saliva or gingival fluid  
10 samples represent an alternative way to quantify metal release since these metals are not  
11 involved in the bioorganic processes of the mouth.  
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15 Ti-based alloys have good anti-corrosive properties in several environments due to  
16 their velocity to form passive layers. Nevertheless, in some conditions they have shown  
17 crevice corrosion. For example, cemented (Ti–Al6–V4)-hip implants present corrosion  
18 caused by the hydrolysis of dissolved metal ions in the crevice region between the metal and  
19 bone [15]. The results presented in this work indicate that a similar effect is taking place in  
20 dental implants. Titanium concentrations in gingival fluids of patients with implants have  
21 shown very high values ( $22\pm 7$ )  $\mu\text{g/ml}$  with respect to control subjects ( $1.3\pm 0.4$ )  $\mu\text{g/ml}$ . The  
22 increased concentrations of Ti come, undoubtedly, from the implants because there is no  
23 other source of Ti-ions, according the exclusion criteria mentioned previously. On the other  
24 hand, no statistically significant differences were observed for the concentration of Ti in  
25 saliva between the experimental group ( $2.8\pm 0.5$   $\mu\text{g/ml}$ ) and the control group ( $2.5\pm 0.5$   
26  $\mu\text{g/ml}$ ). This fact indicates that the ions released by the implants are incorporated to the  
27 organism via the gingival crevice fluid and metabolized in the organs not reaching the  
28 salivary glands.  
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34 Several sources of corrosion have been suggested, all of them lead to dissolution of  
35 the tiny surface layer of  $\text{TiO}_2$ . In the oral environment, saliva with native salts operates as  
36 weak electrolyte; its action on the  $\text{TiO}_2$  layer is enhanced by ions concentrations, pH,  
37 buffering capacity and surface tension [16]. Dental implants are included in this scenario  
38 because gingival crevice fluids fill the interstitial space between implant and bone. These  
39 fluids contain  $\text{F}^-$  and  $\text{Cl}^-$  ions, radicals and related acids, which eventually may reach critical  
40 values to start corrosion [17].  
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44 Aluminum and vanadium have no major relevance because they are minor  
45 components in implants. In addition, some authors have reported that the release rate of V  
46 and Al are one order of magnitude lower than Ti release rate [18]. Hence, it can be assumed  
47 that the released amount of these metals makes no substantial contribution to the normal  
48 levels. The results obtained in this work for V and Al in the implanted group are in agreement  
49 with this assumption, since they are not statistically different from normal values.  
50 Nevertheless statistical variations are observed due to dietary sources (i.e., vegetables have  
51 large concentrations of V [19]) and environmental sources such water and air quality. It  
52 should be noted that typical V and Al concentrations in oral fluids are very low. Such  
53 detections limits can only be reached with TXRF using synchrotron radiation (like in this  
54 work), inductively coupled plasma (ICP) [20] (100 ng/L of Al in saliva), and electrothermal  
55 atomic absorption spectrometry technique (ETAAS) [21] (1ng/L of V in saliva).  
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## Conclusions

There are many studies about Ti corrosion *in-vitro* or in artificial environments, nevertheless very few results were accomplished in real environments. This work presents new and interesting results obtained directly from the biological samples in real environment.

These results indicate that, even when dental implants are made of a Ti alloy or commercially pure titanium of grade 2, the material suffers some kind of corrosion or degradation, delivering Ti-ions to the sulcus. This is concluded by observing that Ti content in saliva remained close to normal values ( $1.3\pm 0.5$ )  $\mu\text{g/ml}$  while Ti concentrations in gingival fluids increased up to ( $22\pm 7$ )  $\mu\text{g/ml}$ , showing a very contrasting feature.

This work shows that synchrotron radiation induced TXRF can be employed to analyze saliva and gingival fluids. TXRF with synchrotron radiation proved to be a precise and reliable method of analysis of this kind of samples, with high sensitivity and low detection limits. This technique can contribute greatly to identify or to predict several oral or systemic severe illnesses. Moreover, standard TXRF is also adequate because the detected levels of Ti can also be reached with conventional x-ray sources.

## Acknowledgement

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### Figure Captions

**Table I.** Average titanium, vanadium and aluminum concentrations (in  $\mu\text{g/ml}$ ) for saliva and gingival crevice fluid of the group of patients with dental implants (23) and the control group (26).

**Figure 1.** A schematic view of the TXRF setup mounted in the D09B beamline of the LNLS.

**Figure 2a.** Typical x-ray fluorescence spectra of saliva from control and implanted groups. If not specified, all the indicated analytical lines correspond to the  $K\alpha$  ones.

**Figure 2b.** Typical x-ray fluorescence spectra of gingival fluid from control and implanted groups. Note the different intensity (more than one order of magnitude) of the Ti  $K\alpha$  lines.

**Figure 3.** Bar graph of average titanium concentrations for saliva and gingival crevice fluid of the group of patients with dental implants and the control group.

Table I

Sample Type	Saliva			Gingival Crevice Fluid		
	Ti	V	Al	Ti	V	Al
No-Implant	$2.5 \pm 0.5$	$0.5 \pm 0.4$	$6 \pm 5$	$1.3 \pm 0.4$	$0.1 \pm 0.1$	$5 \pm 4$
Implant	$2.8 \pm 0.4$	$0.07 \pm 0.06$	$4 \pm 3$	$22 \pm 7$	$0.08 \pm 0.07$	$3 \pm 2$

Average titanium, vanadium and aluminum concentrations (in  $\mu\text{g/ml}$ ) for saliva and gingival crevice fluid of the group of patients with dental implants (23) and the control group (26).

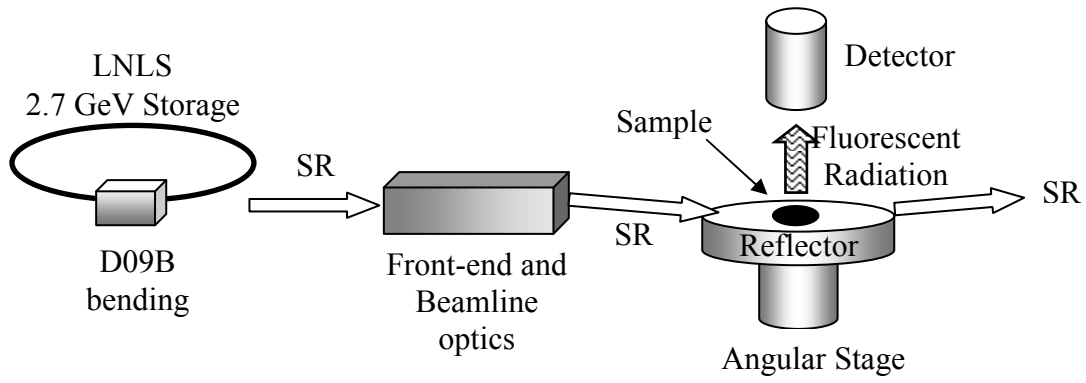


Figure 1. A schematic view of the TXRF setup mounted in the D09B beamline of the LNL.

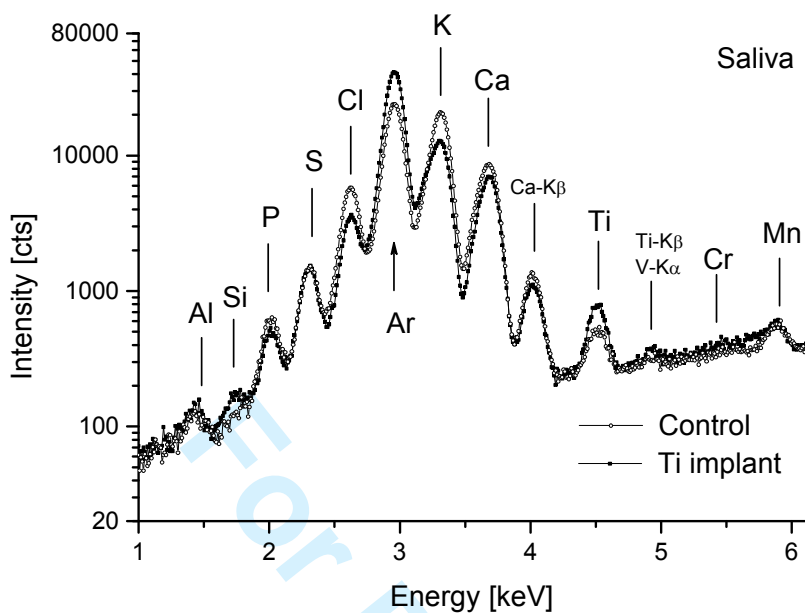


Figure 2a. Typical x-ray fluorescence spectra of saliva from control and implanted groups. If not specified, all the indicated analytical lines correspond to the  $K\alpha$  ones.

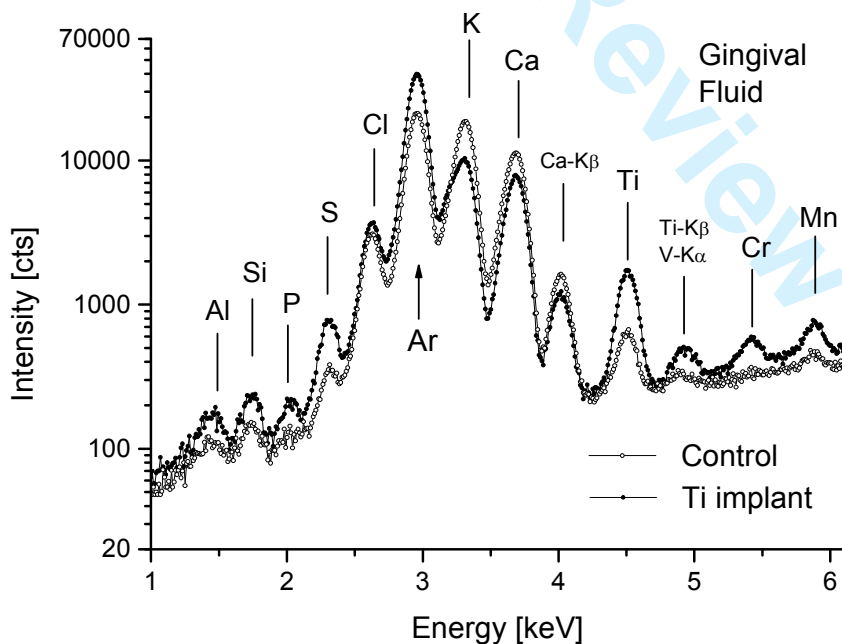


Figure 2b. Typical x-ray fluorescence spectra of gingival fluid from control and implanted groups. Note the different intensity (more than one order of magnitude) of the Ti  $K\alpha$  lines.

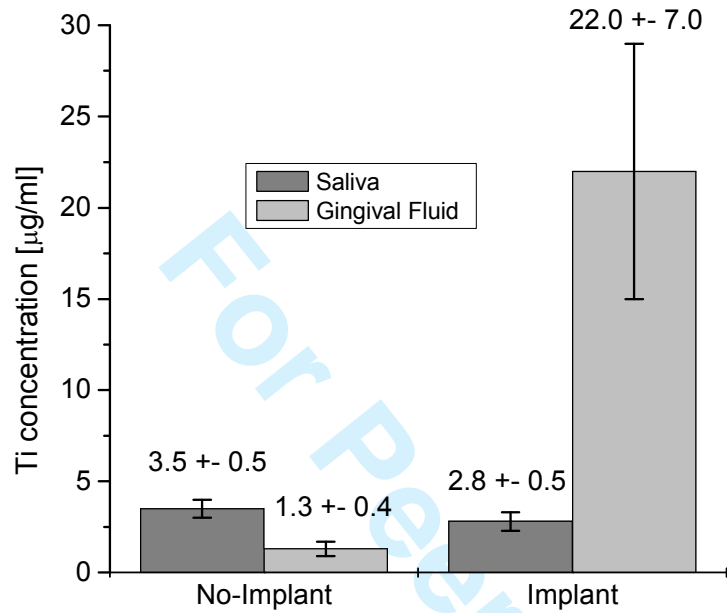


Figure 3. Bar graph of average titanium concentrations for saliva and gingival crevice fluid of the group of patients with dental implants and the control group.