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# Autochthonous starter culture selection to keep traditions in the manufacture of dry sausages alive

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**Abstract** Lactic acid bacteria (LAB) and non-pathogenic staphylococci from naturally fermented sausages manufactured in northeastern Argentina were isolated and selected on the basis of physiological, technological, and safety properties. Eighty-seven isolates recovered from four small-scale facilities were studied to evaluate growth and acidification kinetics, nitrate-reductase, proteolytic, lipolytic, decarboxylase, and antagonistic activities, as well as growth ability at different temperatures, pH, and NaCl concentrations. Based on these characteristics as well as antibiotic resistance for CNC isolates, a selection and identification by sequencing the 16S rRNA gene was carried out. As a result, LAB isolates were identified as *Lactobacillus sakei* (seven isolates) and *Lactobacillus farciminis* (one isolate), while CNC revealed isolates as being *Staphylococcus xylosus* (two isolates), *Staphylococcus vitulinus* (one isolate), and *Staphylococcus hominis* (one isolate). Properties exhibited by selected isolates would make them eligible as starter cultures to enhance both sensorial and safety qualities of artisanal fermented sausages while keeping manufacturing traditions.

**Keywords** Dry fermented sausages · Lactic acid bacteria · Coagulase-negative cocci · Starter cultures · Chaco Argentina · Traditional food

## Introduction

Fermentation and drying are some of the oldest technologies used to preserve food (e.g., meat) for long periods. The knowledge of preserving meat was inherited by Romans, and from then on, these products spread to central, eastern, and northern European countries, as well as to America and Australia (Fadda and Vignolo 2007). After both world wars, Argentina became the shelter for a number of European immigrants who brought their lifestyle and cooking habits to the country; particularly in the northeastern region, many of the typical fermented meat products are still manufactured in their traditional style. As outlined by recent abundant literature, there is an increased interest in traditional naturally fermented sausages. The fermentation of these products is known to rely on natural contamination by environmental microbiota occurring during slaughtering and manufacturing, the specific composition of the “house microbiota” being responsible for the distinctive qualities of artisanal products from small-scale facilities (Ammor et al. 2005; Lebert et al. 2007). Although this autochthonous microbiota plays a major role on flavor, texture, quality, and safety of the final product, the high variability in bacterial amount and species may induce quality problems due to lack of normalization and/or homogenization.

The most promising microorganisms for starter cultures are those selected from indigenous microbiota, which are competitive enough to dominate during fermentation, well adapted to the particular product and to the specific production technology, and with high

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metabolic capacities which can beneficially affect product quality and safety, preserving their typicality (Leroy et al. 2006). In fermented sausages, starter cultures consist of lactic acid bacteria (LAB), coagulase-negative cocci (CNC), and yeasts and molds, depending on the sausage type (Drosinos et al. 2007). In recent years, the use of molecular methods has allowed establishing the picture of fermented sausage microbiota. Among LAB, the predominance of *Lactobacillus sakei*, *L. curvatus*, and to a lesser extent *L. plantarum*, has been described. In addition, *Staphylococcus xylosus* and *S. saprophyticus* emerged as the most commonly isolated CNC, independently of the country and the technology used (Vignolo et al. 2010a). The role of the dominant microbiota was studied to identify enzymatic activities such as proteolysis and lipolysis whose end-products directly or indirectly are responsible for the sensory attributes of fermented sausages (Casaburi et al. 2005, 2008; Ravyts et al. 2010). LAB play a major role during fermentation affecting both the technological properties and the microbial stability of the final product through acid production and the consequent pH decrease. The production of antimicrobial substances by LAB isolated from fermented sausages has been reported (Vignolo et al. 2010b), which can be used either directly as starter cultures, as adjunct or co-cultures to enhance hygienic quality. On the other hand, the main role of CNC during sausage fermentation is their ability to reduce nitrate to nitrite, which is important for nitrosylmyoglobin formation, the compound responsible for the red color characteristic of fermented meats (Gøtterup et al. 2008; Hammes 2012). Regarding safety concerns, dry fermented sausages could be a natural reservoir of biogenic amines due to their high content of proteins and the proteolytic activity displayed by starter cultures and wild microflora, providing the precursors for decarboxylase activity (Suzzi and Gardini 2003). Hence, increasing attention is given to biogenic amines production. Fermented meat products may also act as a vehicle for high amounts of living bacteria into the human body, carrying transferable antibiotic resistance which may be transferred to commensal or pathogenic bacteria. Therefore, the presence of transmissible antibiotic resistance genes in starter culture isolates constitutes other important safety criterion. Nevertheless, the main challenge in developing starter cultures is to improve safety, but also to preserve the typical sensory quality of traditional sausages. The aim of this study was to characterize LAB and CNC isolated from traditional dry sausages manufactured in northeastern Argentina (Chaco province) on the basis of their biochemical, physicochemical, and technological properties relevant to sausage manufacture in view to select potential autochthonous starter culture.

## Materials and methods

### Production technology and sampling

Fermented dry sausages were prepared in four different small-scale factories (SSF) from northeastern Argentina (Chaco province) using traditional techniques without the use of starter cultures. Sausages were all alike in their formulations: pork, beef, and bacon in an average proportion of 60:30:10 thoroughly mixed together with salt (~2 %), wheat starch or milk powder (~1 %), sucrose (~2 %), spices (~2 %), and nitrite/nitrate salt (0.03 %). The meat dough obtained after mixing was used to fill natural casings (sheep gut). Sausages were fermented and ripened under non-standardized environmental conditions. From each of the four SSF (identified as A, B, C, and D), three samples were collected on three different instances in order to have samples from three different batches; they were transported to the laboratory in portable, insulated cold-boxes and stored at 4 °C until they were analyzed (usually, between 1 and 2 days after collection).

### Physicochemical and microbiological analyses

Potentiometric measurements of pH were made by inserting a digital pH meter (Oakton®, Eutech Instruments, Singapore) in a diluted and homogenized sample containing 10 g of sausage and 90 ml of distilled water (Gounadaki et al. 2008). Moisture, ash, NaCl, nitrite, and nitrate determinations were performed according to AOAC procedures (AOAC 1995).

For microbiological determinations, sausage casing was aseptically removed, and 10 g of each sample derived as cross sections were homogenized with 90 ml of sterile solution containing 0.1 % (w/v) peptone (Oxoid, UK) and 0.85 % (w/v) NaCl (Anedra, Argentina) using a domestic blender. Decimal dilutions of the samples were prepared using the same diluent and plated in duplicate on different growth media for enumeration of lactic acid bacteria on de Man, Rogosa, Sharpe Agar (MRS, Biokar Diagnostics, France), incubated at 30 °C for 72 h; coagulase-negative cocci (CNC) and staphylococci on mannitol salt agar (MSA, Biokar Diagnostics), incubated at 37 °C for 72 h; total mesophilic aerobes on Plate Count Agar (PCA, Oxoid), incubated at 32 °C for 72 h; yeasts and molds on Sabouraud agar supplemented with 0.1 g L<sup>-1</sup> of chloramphenicol (Oxoid), incubated at 25 °C for 5 days; *Enterobacteriaceae* on crystal Violet Red Bile Glucose Agar (VRBG, Oxoid) incubated at 37 °C for 24 h; and *Staphylococcus aureus* on Baird–Parker agar (BPA; Oxoid) supplemented with Tellurite Egg Yolk, incubated at 37 °C for 48 h. Sulphur-reducing clostridia were determined by pouring 10-ml aliquots from the first dilution (equal to 1 g sausage) in 20 ml of molten SPS agar (Sulphite Polymyxin Sulfadiazine agar; Merck, Germany); after solidification, the agar was overlaid with 5 ml of sterile paraffin (Merck) and



incubated at 35 °C for 24 h. Results were expressed as log<sub>10</sub> number of colony forming units per gram (log<sub>10</sub> CFU g<sup>-1</sup>). Qualitative determination of *Salmonella* was assessed by the BAM-FDA method (Andrews et al. 2007) and absence of *Listeria monocytogenes* was checked according to BAM-FDA method (Hitchins and Jinneman 2011).

#### Preliminary characterization of LAB and CNC

For each plated sample, colonies were selected according to their morphological characteristics, Gram staining, and catalase test. Isolates were purified by successive subculturing on MRS and MSA for presumptive LAB and CNC, respectively. Colonies showing lecithinase activity on BPA (presumptive staphylococci) were tested for coagulase activity using rabbit plasma with EDTA (Beckton, Dickinson & Co., USA). Gas production from glucose was determined as described by Sperber and Swan (1976). The isolates were then maintained at -20 °C in MRS or Tryptic Soy Broth (TSB, Biokar Diagnostics) added with 20 % (v/v) glycerol (Merck) as a cryoprotective agent.

#### Effect of temperature, pH, and NaCl on the growth of presumptive LAB and CNC. Acidification kinetics of LAB

LAB growth was evaluated at 10, 15, 20, and 45 °C during 3 days, and at 4 °C during 5 days in MRS medium. As described by Ammor et al. (2005), growth at different pH values was investigated after 3 days of incubation at 30 °C in MRS agar with the addition of HCl (1 N) or NaOH (1 N) to reach pH 3.5, 4.5, 5.5, and 9.0. The effect of salt concentration was evaluated after 3 days of incubation at 30 °C in MRS agar added with 4.0, 6.5, or 10 % NaCl; after incubation, the presence of colonies on the plates was registered as a positive result. On the other hand, CNC growth was evaluated at 10, 15, and 20 °C in Yeast Triptone agar (YTA), a medium containing (per liter) triptone (Oxoid), 10 g; yeast extract (Merck), 5 g; NaCl, 4 g; agar (Britania, Argentina), 15 g (pH 7.0). The effect of NaCl was determined in YTA supplemented with 4.0, 6.5, and 8.0 % (w/v) NaCl. The effect of pH on bacterial growth was performed in YTA adjusted to pH 4.5, 5.0, and 5.5 by addition of HCl (0.1 M). Ten microliters of an overnight culture of each isolate were inoculated into the different described media and after incubation (3 days at 30 °C), the presence of colonies on the plates was registered as a positive result (Babić et al. 2011).

A culture medium designed for simulating technological conditions of sausage manufacturing, named after SB by Ammor et al. (2005), was used to evaluate acidification kinetics of presumptive LAB at 15 °C. The optical density (OD<sub>600</sub>) and pH values of each culture were monitored at 0, 8, 11, 14, 17, 20, 24, 32, and 48 h of incubation. Experiments were performed in duplicate and the obtained data were used to

estimate the following kinetic parameters: growth lag phase (GL) and acidification lag phase (AL), growth rate (GK) and acidification rate (AK), OD<sub>600</sub>, and pH at 48 h and ΔpH (AD) defined as the difference between initial and estimated final pH. Results were expressed as the estimated value ± standard deviation.

#### Nitrate-reductase assay

Nitrate broth containing meat extract 0.3 % (Biokar Diagnostics), peptone 0.5 %, and KNO<sub>3</sub> 0.1 % was used to determine nitrate reduction ability of isolates. After incubation for 24 h, drops of Griess A reagent (sulphanilic acid 0.6 % in acetic acid 5 N) and Griess B reagent (α-naphthylamine 0.5 % in acetic acid 5 N) were added for nitrite detection. Incubation was carried out at 30 and 37 °C for presumptive LAB and CNC, respectively. A red color in the broth indicated the presence of nitrate-reductase activity. Chemical substances not previously specified were from Merck.

#### Screening for proteolytic and lipolytic activity

Proteolytic activity on sarcoplasmic protein fractions was evaluated as described by Drosinos et al. (2007). The presence of clear zones around the wells indicated proteolytic activity. Lipolytic activity was assayed by inoculation of overnight bacterial cultures in nutrient broth (Britania) supplemented with 15 g l<sup>-1</sup> agar and 10 g l<sup>-1</sup> triolein (Sigma-Aldrich, Germany) and incubated for 5 days at 30 °C (LAB) and 37 °C (CNC). The appearance of transparent zone around the colonies was considered as an indicator for lipolysis.

#### Screening and characterization of antagonistic activity

Antagonistic activity was screened by means of an agar well diffusion assay (AWDA) as described by Castro et al. (2011). The following bacteria were used as indicators: *Listeria innocua* 7 (from Unité de Recherches Laitières et Genetique Appliqué, INRA, France), *Staphylococcus aureus* ATCC 6538, *Pseudomonas aeruginosa* FBUNT, *Staphylococcus aureus* FBUNT (clinical isolates from Departamento de Microbiología, Facultad de Bioquímica, Química y Farmacia, Universidad Nacional de Tucumán, Argentina). Isolates exhibiting antagonistic activities against indicator microorganisms were further investigated for the nature of the produced antibacterial compounds, using *Listeria innocua* 7 and *S. aureus* ATCC 6538 as indicator microorganisms. After growth overnight in MRS at 30 °C (LAB) or TSB at 37 °C (CNC), bacterial cultures were harvested by centrifugation (4000 × g, 10 min at 4 °C) to obtain cell-free supernatants (CFS) and filtered through a 0.22-μm pore-size cellulose acetate filter (Sartorius, Germany).

Samples were adjusted to pH 6.5 with 1 N of NaOH and catalase (300 IU ml<sup>-1</sup>) (Sigma-Aldrich) was added to rule out acid and H<sub>2</sub>O<sub>2</sub> inhibition. Sensitivity of the antimicrobial compounds to proteolytic enzymes was investigated by the addition of trypsin (Sigma-Aldrich) and proteinase K (Sigma-Aldrich) at a final concentration of 1 mg ml<sup>-1</sup> to the culture supernatants. The samples were incubated for 3 h at 37 °C and immediately after, the residual activity was determined by the AWDA.

#### Biogenic amine production

Production of biogenic amines was assessed by using the medium previously described by Bover-Cid and Holzapfel (1999). All isolates were streaked in duplicate onto the decarboxylation medium plates with and without amino acids (as control) and incubated for 3 days at 30 °C (LAB) or 37 °C (CNC). Growth of decarboxylating isolates was easily recognizable because of their purple halo in the yellow medium.

#### Antibiotic susceptibility

Petri dishes containing 25 ml of MRS or MHA (Mueller Hinton Agar, Biokar Diagnostics) were used for LAB and CNC, respectively. Cellular suspensions of DO<sub>625</sub>=0.08–0.1 were streaked onto the agar plates, and antibiotic discs (Oxoid) were placed on the agar which were incubated for 20–24 h at 30 °C (LAB) or 37 °C (CNC). LAB isolates were screened for their susceptibility to ampicillin (10 µg), chloramphenicol (30 µg), ciprofloxacin (5 µg), gentamicin (10 µg), erythromycin (15 µg), linezolid (30 µg), nitrofurantoin (300 µg), penicillin G (10 units), rifampicin (5 µg), tetracycline (30 µg), and vancomycin (30 µg), according to Charteris et al. (1998). For CNC isolates, the aforementioned antibiotics were assayed and the following were also included: amoxicillin/clavulanic 2:1 (30 µg), cefotaxime (30 µg), clindamycin (2 µg), imipenem (10 µg), quinupristin/dalfopristin (15 µg), and sulphametoxazole/trimethoprim 19:1 (cotrimoxazole, 25 µg) (Martín et al. 2006). Results were analyzed using the breakpoints recommended by the Clinical and Laboratory Standards Institute (CLSI 2010). *Staphylococcus aureus* ATCC 25923 was used as control bacterium for monitoring the performance of study conditions.

#### PCR detection of genes coding for staphylococcal enterotoxins

Genes for “classical” Staphylococcal enterotoxins (SE) (sea, seb, sec, sed, and see) were detected by a modified multiplex PCR method described by Løvseth et al. (2004). PCR was performed in a final volume of 50 µl containing 5 µl of PCR

Buffer, 400 µM of each dNPT, 0.3 µM of each primer, 0.04 U µl<sup>-1</sup> of TAQ polymerase. The amplification program consisted of an initial denaturation at 95 °C for 5 min, 14 cycles of denaturation at 95 °C for 30 s, annealing at 68 °C for 30 s, and extension at 72 °C for 30 s, 19 cycles of denaturation at 95 °C for 30 s, annealing at 60 °C for 30 s, and extension at 72 °C for 30 s, and a final extension at 72 °C for 2 min.

#### Molecular identification of isolates

Genomic DNA was isolated from pure cultures according to Pospiech and Neumann (1995). Oligonucleotide primers (PLB16, 50-AGAGTTTGATCCTGGCTCAG-30; and MLB16, 50-GGCTGCTGGCACGTAGTTAG-30) were used to amplify the variable (V1) region of the 16S ribosomal RNA gene (Kullen et al. 1999). PCR was accomplished as described by Drake et al. (1996). PCR was carried out in a DNA Thermal cycler 480 (Perkin-Elmer Co., USA) and the reaction started by denaturation for 5 min at 94 °C followed by 30 cycles consisting of 1 min at 94 °C, 30 s at 48 °C, and 30 s at 72 °C for 30 s, and then a final extension at 72 °C for 10 min. PCR products were electrophoresed in 1.2 % agarose gels, stained with ethidium bromide, and photographed. Amplicons were excised from the gel and purified using a Prep A Gene DNA Purification Kit (Bio-Rad, USA). Purified PCR products were sequenced at the BioResource Center of Cornell University (USA). DNA homology searches were performed on line with the BLAST program (Altschul et al. 1997). The sequence of the partial 16S rRNA of *Lactobacillus* and *Staphylococcus* were submitted to the GenBank database (accession numbers AF429523, AY865606, AF429523, AY357581, AY341562, HQ315860, AM882700, EU580467, and Z26905).

#### Statistical analysis

Microbiological analyses were performed in duplicate while physicochemical determinations were performed in quadruplicate. In order to evaluate the homogeneity of the production within each facility, data were compared statistically using one-way analysis of variance (ANOVA). When the F-test was significant, the comparison of means was assessed by the Tukey test at a significance level of 5 %. Statgraphics Plus for Windows, Version 4.0 (Manugistics Inc., USA) was used for statistical analysis. A principal component analysis (PCA) was applied to growth and acidification data from LAB isolates. The computer software used was INFOSAT 2009 (Córdoba, Argentina).

**Results**

Physicochemical and microbiological characteristics of sausages

Traditional dry fermented sausages manufactured without the addition of starter cultures in four SSF from northeastern Argentina were investigated. Three batches from each processing plant were analyzed. The results obtained from physicochemical and microbiological analyses are reported in Table 1. Nitrate and nitrite concentrations for all samples were lower than 300 and 150 mg kg<sup>-1</sup>, respectively, these values being within the acceptable limits imposed by the legislation (data not shown). As a whole, the results showed physicochemical parameters to be significantly different between batches of the same SSF. Concerning microbiological analysis, despite their different origins, a predominance of LAB was detected in all analyzed samples, while CNC was the second largest microbiota. Regarding the hygienic status of sausages, *Enterobacteriaceae* counts were lower than 2 log CFU g<sup>-1</sup>, and no *Staphylococcus aureus*, *Salmonella* sp., *Listeria* sp., or sulfite-reducing clostridium were detected in any of the analyzed batches (data not shown).

Isolation of LAB and CNC. Effect of temperature, pH, and NaCl concentration on isolates

Ninety-three colonies were recovered from MRS and MSA enumeration plates, and the average number of LAB and CNC

isolates from each SSF was similar. Among these colonies, 63 were considered presumptive LAB, being Gram-positive and catalase-negative, while 30 colonies from MSA were characterized as catalase-positive and coagulase-negative cocci. Six LAB isolates were discarded because of their heterofermentative profile, i.e., not suitable for sausage fermentation. The growth of LAB and CNC isolates under different temperature, pH, and NaCl conditions were evaluated and the results are presented in Table 2. All LAB isolates were able to grow at 10, 15, and 20 °C while only 20 isolates registered growth at 45 °C and nine isolates grew at 4 °C. Concerning the influence of pH, all LAB isolates grew at pH 4.5, 5.5, and 9.0 while only eight of them were able to grow at pH 3.5. In addition, LAB isolates showed growth in the presence of 4.0 and 6.5 % (w/v) NaCl, but only ten of them grew when salt concentration was 10 %. Among the 30 presumptive CNC, although all isolates grew at pH 5.0 and 5.5, only 12 showed growth at pH 4.5. Nevertheless, all CNC isolates grew in the presence of 4.0, 6.0, and 8.0 % (w/v) NaCl and temperatures of 10, 15, and 20 °C.

Technological and safety properties of the isolates

When the technological characterization of isolates was performed, seven out of 57 LAB and 20 out of 30 CNC isolates exhibited nitrate-reductase activity, while 35 LAB and three CNC isolates displayed proteolytic activity under the assayed conditions (Table 2). In addition, ten CNC isolates showed lipolytic ability when triolein was used as substrate, but none

**Table 1** Physicochemical and microbiological characterization of dry fermented sausages manufactured in four small-scale facilities (SSF) from northeastern Argentina

| SSF | Batch | Physicochemical analysis <sup>†</sup> |                          |                         |                         | Microbiological analysis <sup>‡</sup> |                         |                         |                         |
|-----|-------|---------------------------------------|--------------------------|-------------------------|-------------------------|---------------------------------------|-------------------------|-------------------------|-------------------------|
|     |       | pH                                    | Moisture                 | Ash                     | NaCl                    | LAB                                   | CNC                     | Total viables           | Molds and Yeasts        |
| A   | I     | 5.52 <sup>a</sup> ±0.20               | 37.7 <sup>a</sup> ±2.10  | 4.96 <sup>a</sup> ±0.45 | 3.80 <sup>a</sup> ±0.04 | 7.13 <sup>a</sup> ±0.03               | 4.41 <sup>a</sup> ±0.02 | 7.01 <sup>a</sup> ±0.03 | 2.48 <sup>a</sup> ±0.02 |
|     | II    | 5.28 <sup>a</sup> ±0.10               | 46.39 <sup>b</sup> ±0.63 | 7.71 <sup>b</sup> ±0.29 | 4.39 <sup>b</sup> ±0.10 | 8.12 <sup>b</sup> ±0.02               | 7.23 <sup>b</sup> ±0.03 | 8.24 <sup>b</sup> ±0.03 | 4.92 <sup>b</sup> ±0.03 |
|     | III   | 5.22 <sup>a</sup> ±0.30               | 42.97 <sup>c</sup> ±0.61 | 7.33 <sup>b</sup> ±0.26 | 5.31 <sup>c</sup> ±0.12 | 8.54 <sup>b</sup> ±0.62               | 7.52 <sup>c</sup> ±0.01 | 8.28 <sup>b</sup> ±0.01 | 4.89 <sup>b</sup> ±0.01 |
| B   | I     | 5.09 <sup>a</sup> ±0.10               | 41.2 <sup>a</sup> ±0.35  | 5.25 <sup>a</sup> ±0.29 | 3.88 <sup>a</sup> ±0.05 | 8.40 <sup>a</sup> ±0.02               | 6.25 <sup>a</sup> ±0.02 | 8.38 <sup>a</sup> ±0.01 | 4.71 <sup>a</sup> ±0.02 |
|     | II    | 4.99 <sup>a</sup> ±0.30               | 23.45 <sup>b</sup> ±0.56 | 7.53 <sup>b</sup> ±0.24 | 5.13 <sup>b</sup> ±0.05 | 7.93 <sup>b</sup> ±0.01               | 6.34 <sup>b</sup> ±0.01 | 7.95 <sup>b</sup> ±0.02 | 3.94 <sup>b</sup> ±0.04 |
|     | III   | 4.81 <sup>a</sup> ±0.20               | 37.62 <sup>c</sup> ±0.58 | 6.14 <sup>c</sup> ±0.28 | 4.17 <sup>c</sup> ±0.08 | 8.27 <sup>c</sup> ±0.02               | 5.12 <sup>c</sup> ±0.01 | 8.41 <sup>a</sup> ±0.10 | 4.67 <sup>a</sup> ±0.01 |
| C   | I     | 5.90 <sup>a</sup> ±0.10               | 46.03 <sup>a</sup> ±0.56 | 4.86 <sup>a</sup> ±0.24 | 3.27 <sup>a</sup> ±0.35 | 8.09 <sup>a</sup> ±0.01               | 7.22 <sup>a</sup> ±0.05 | 8.14 <sup>a</sup> ±0.02 | 5.69 <sup>a</sup> ±0.10 |
|     | II    | 5.22 <sup>b</sup> ±0.10               | 35.65 <sup>b</sup> ±1.73 | 5.44 <sup>b</sup> ±0.38 | 3.67 <sup>b</sup> ±0.20 | 7.57 <sup>b</sup> ±0.05               | 6.87 <sup>b</sup> ±0.04 | 7.61 <sup>b</sup> ±0.01 | 5.48 <sup>a</sup> ±0.02 |
|     | III   | 5.11 <sup>b</sup> ±0.20               | 33.58 <sup>b</sup> ±0.63 | 5.7 <sup>b</sup> ±0.31  | 3.99 <sup>b</sup> ±0.13 | 8.38 <sup>c</sup> ±0.08               | 6.27 <sup>c</sup> ±0.09 | 8.41 <sup>c</sup> ±0.01 | 2.42 <sup>b</sup> ±0.60 |
| D   | I     | 5.65 <sup>a</sup> ±0.30               | 41.7 <sup>a</sup> ±0.81  | 5.82 <sup>a</sup> ±0.76 | 6.14 <sup>a</sup> ±0.56 | 8.08 <sup>a</sup> ±0.01               | 7.00 <sup>a</sup> ±0.01 | 8.13 <sup>a</sup> ±0.02 | 5.91 <sup>a</sup> ±0.01 |
|     | II    | 5.03 <sup>a</sup> ±0.40               | 40.77 <sup>a</sup> ±0.51 | 9.35 <sup>b</sup> ±0.97 | 4.97 <sup>b</sup> ±0.36 | 8.35 <sup>a</sup> ±0.41               | 5.38 <sup>b</sup> ±0.18 | 8.25 <sup>b</sup> ±0.01 | 5.71 <sup>a</sup> ±0.11 |
|     | III   | 5.24 <sup>a</sup> ±0.50               | 44.95 <sup>b</sup> ±1.39 | 7.57 <sup>a</sup> ±0.85 | 5.08 <sup>b</sup> ±0.10 | 8.27 <sup>a</sup> ±0.01               | 4.04 <sup>c</sup> ±0.01 | 8.29 <sup>c</sup> ±0.01 | 4.30 <sup>b</sup> ±0.14 |

<sup>†</sup> Values represent the mean ± standard deviation of four measurements

<sup>‡</sup> Values represent the mean ± standard deviation of two measurements

For each SSF, and within each column, mean values with different superscript letters are different (*p*<0.05, Tukey test)

Moisture, ash, and NaCl are expressed in % (w/w); microbiological counts are expressed as log<sub>10</sub> CFU g<sup>-1</sup>

**Table 2** Physiological, technological and safety properties of LAB and CNC isolates

|                                |  | LAB   | CNC   |
|--------------------------------|--|-------|-------|
| Growth condition               |  |       |       |
| Temperature                    | 4 °C                                   | 9/57  | NT    |
|                                | 10 °C                                  | 57/57 | 30/30 |
|                                | 15 °C                                  | 57/57 | 30/30 |
|                                | 20 °C                                  | 57/57 | 30/30 |
|                                | 45 °C                                  | 20/57 | NT    |
| pH                             | 3.5                                    | 8/57  | NT    |
|                                | 4.5                                    | 57/57 | 12/30 |
|                                | 5.0                                    | NT    | 30/30 |
|                                | 5.5                                    | 57/57 | 30/30 |
|                                | 9.0                                    | 57/57 | NT    |
| NaCl                           | 4.0 %                                  | 57/57 | 30/30 |
|                                | 6.5 %                                  | 57/57 | 30/30 |
|                                | 8.0 %                                  | NT    | 30/30 |
|                                | 10 %                                   | 10/57 | NT    |
| Nitrate-reductase activity     |  | 7/57  | 20/30 |
| Proteolytic activity           |  | 35/57 | 3/30  |
| Lipolytic activity             |  | NT    | 10/30 |
| Antagonistic activity against: |  |       |       |
|                                | <i>Staphylococcus aureus</i> ATCC 6538 | 52/57 | 2/30  |
|                                | <i>Staphylococcus aureus</i> FBUNT     | 38/57 | 2/30  |
|                                | <i>Listeria innocua</i> 7              | 5/57  | 4/30  |
|                                | <i>Pseudomonas aeruginosa</i>          | NT    | 5/30  |
| Biogenic amine production      |  |       |       |
|                                | Tyramine                               | –     | 25/30 |
|                                | Putrescine                             | –     | 11/30 |
|                                | Cadaverine                             | –     | 16/30 |
| Antibiotic resistance          |  |       |       |
|                                | Ampicillin                             | –     | –     |
|                                | Chloramphenicol                        | –     | –     |
|                                | Ciprofloxacin                          | 8/8   | –     |
|                                | Erythromycin                           | –     | –     |
|                                | Gentamicin                             | 8/8   | –     |
|                                | Linezolid                              | –     | –     |
|                                | Nitrofurantoin                         | –     | –     |
|                                | Penicillin G                           | –     | –     |
|                                | Rifampicin                             | –     | –     |
|                                | Tetracycline                           | –     | 1/5   |
|                                | Vancomycin                             | 8/8   | –     |

NT, Not tested

of the LAB isolates were able to hydrolyze this triglyceride. On the other hand, among the safety traits evaluated, cell-free supernatants from 52 LAB isolates were shown to exert antagonistic activity against *S. aureus* ATCC 6538; 38 of them were also effective in inhibiting *S. aureus* FBUNT, and only five isolates exhibited antilisterial activity. Among CNC, two

isolates showed antagonistic activity against tested *S. aureus* strains while four and five isolates inhibited *Listeria innocua* and *P. aeruginosa*, respectively. When the proteinaceous nature of the inhibitory compounds produced by LAB and CNC isolates was investigated, resistance to the proteolytic enzymes (trypsin and proteinase K) was observed indicating inhibition was due to non-protein compounds. When biogenic amine production was evaluated, 25 out of 30 CNC isolates exhibited decarboxylase activity producing tyramine (11), histamine (13), putrescine (16), and cadaverine (12). Based on acidification kinetics data of presumptive LAB, ability to produce antagonistic substances and lack of decarboxylating activity of presumptive CNC, eight LAB and five CNC isolates were selected for antibiotic resistance and enterotoxin production investigation (Table 2). LAB isolates were found to be resistant to ciprofloxacin, gentamicin, and vancomycin, and one out of five CNC isolates exhibited tetracycline resistance. In addition, no enterotoxigenic genes were detected for any of the five CNC isolates (data not shown).

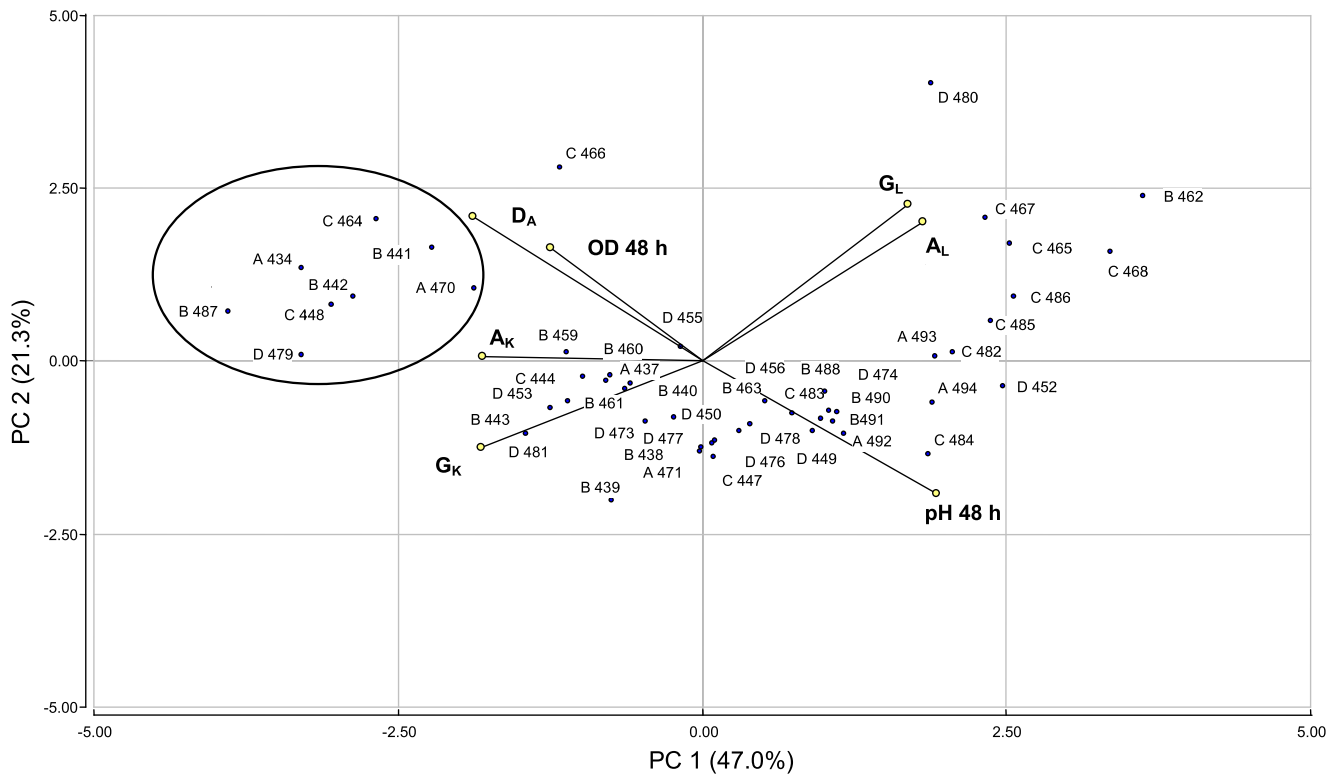
#### Growth and acidification kinetics

Principal component analysis (PCA) based on growth and acidification data obtained for all LAB isolates was performed in order to find the isolates with the best acidification kinetics. Data and LAB isolates represented on two axes (shown in Fig. 1) showed a cophenetic correlation coefficient of 0.925, indicating that the standardized data matrix adequately represented the original data. The estimated kinetic parameters analyzed by means of PCA showed the first discriminant function (PC 1) as the most important, accounting for 47 % of the explained variance, while 21.3 % was explained by the second function. However, kinetic parameters exhibited a wide variability evidencing the heterogeneity of LAB population associated with the studied fermented sausages. The biplot graph led to the identification of a well-defined group involving eight LAB isolates from the four analyzed SSF (A, B, C and D) presenting the best kinetic properties. The estimated parameters of LAB isolates selected from the PCA were summarized in Table 3.

#### Genetic identification

Taxonomical identification was performed by comparing the 16S rRNA gene sequences of isolates with sequences present in the GenBank database. Selected LAB isolates 434, 441, 442, 448, 470, 479, 487 were identified as *Lactobacillus sakei*, while isolate 464 was identified as *Lactobacillus farciminis*. In addition, CNC isolates were assigned to *Staphylococcus vitulinus* (one isolate), *Staphylococcus xylosus* (two isolates), and *Staphylococcus hominis* (one isolate).





**Fig. 1** Biplot graph of principal component analysis performed with kinetic growth parameters of LAB isolates from the four small-scale facilities. The eight isolates showing the best kinetic parameters are enclosed in the circle

**Discussion**

The physicochemical characterization of naturally fermented sausages from northeastern Argentina revealed a great variability among batches from the same SSF. There appeared to be no correlation between pH, moisture, and NaCl values within these products as expected for dry- or semi-dry fermented sausages. Since final NaCl and moisture levels in sausages are highly dependent on the conditions and extent of the ripening period, the differences found in batches from the same SSF highlight the lack of standardization of fermentation and ripening processes; conditions are highly variable in

artisanal plants where ripening rooms with controlled temperature, relative humidity, and air speed are not common. According to Vignolo et al. (2010a) and based on final pH (>5.0) and moisture (>35 %) found in this study, most of the analyzed sausages may be described as belonging to semi-dry products. Semi-dry fermented sausages are typical from central and northern European countries, which coincides with the origin of immigrated people established in northeast Argentina.

Despite the different sausage provenances, LAB became the dominant population in all samples owing to the good adaptation of LAB to the meat environment as well as the fast

**Table 3** Growth and acidification kinetic parameters of selected LAB isolates

| SSF/Isolate | $G_L$ (h) | $G_K$ (gen h <sup>-1</sup> ) | OD <sub>600</sub> 48 h | $A_L$ (h) | $A_K$ (pH h <sup>-1</sup> ) | pH 48 h   | AD        |
|-------------|-----------|------------------------------|------------------------|-----------|-----------------------------|-----------|-----------|
| A/434       | 3.56±0.36 | 0.13±0.01                    | 0.58±0.02              | 6.42±0.48 | 0.10±0.01                   | 4.39±0.03 | 1.72±0.03 |
| A/470       | 3.50±0.74 | 0.11±0.01                    | 0.42±0.04              | 7.50±1.00 | 0.07±0.11                   | 4.40±0.07 | 1.65±0.03 |
| B/441       | 2.44±0.70 | 0.20±0.02                    | 0.35±0.04              | 5.40±0.84 | 0.07±0.01                   | 4.28±0.06 | 1.73±0.01 |
| B/442       | 5.06±0.07 | 0.15±0.02                    | 0.36±0.04              | 4.69±0.95 | 0.08±0.01                   | 4.28±0.06 | 1.82±0.02 |
| B/487       | 1.91±0.70 | 0.18±0.02                    | 0.37±0.04              | 4.04±0.72 | 0.07±0.00                   | 4.02±0.05 | 1.96±0.02 |
| C/448       | 1.99±0.68 | 0.13±0.01                    | 0.58±0.03              | 2.33±0.90 | 0.06±0.01                   | 4.31±0.09 | 1.75±0.02 |
| C/464       | 10.3±0.92 | 0.17±0.03                    | 0.10±0.07              | 3.40±0.95 | 0.05±0.01                   | 3.79±0.46 | 2.33±0.02 |
| D/479       | 4.23±0.06 | 0.11±0.01                    | 0.60±0.04              | 9.59±0.42 | 0.09±0.01                   | 4.48±0.03 | 1.57±0.03 |

$G_L$  (Growth lag phase);  $G_K$  (growth rate); OD 48 h (optical density reached at 48 h);  $A_L$  (acidification lag phase);  $A_K$  (acidification rate); pH 48 h (pH reached at 48 h); AD ( $\Delta$ pH). Values are expressed as the mean ± standard deviation from two independent experiments

growth rate displayed during fermentation and ripening of sausages. This is in agreement with data reported for other fermented sausages (Fontana et al. 2005; Silvestri et al. 2007; Cocolin et al. 2009; Federici et al. 2014; Ducic et al. 2014). Concerning the CNC counts, they were found to be variable, in some batches being higher than those found in other fermented sausages in which numbers were lower than  $10^6$  CFU  $g^{-1}$  (Fontana et al. 2005; Kozačinski et al. 2008), while in other batches they were similar to those reported by Polka et al. (2015), García Fontán et al. (2007), and Comi et al. (2005). The lower counts for CNC in fermented sausages reflect their poor competitiveness in the presence of actively growing acidogenic LAB (Leroy et al. 2006). Yeast and mold numbers showed to be in the range of those found at the end of ripening in other naturally fermented Argentinian sausages (Fontana et al. 2005), though counts were variable depending on the moisture content of samples. On the other hand, the presence of low *Enterobacteriaceae* counts and the absence of sulfite-reducing bacteria, *Staphylococcus aureus*, *Salmonella* sp., and *Listeria* sp. confirm the strong competitive effect of LAB on the rest of the endogenous microbiota as is observed in other traditional fermentations (Aymerich et al. 2003; Comi et al. 2005; Drosinos et al. 2007; Polka et al. 2015). These results underline the good hygienic quality of the meat, spices, and natural casings used for sausage production, as well as the appropriate manufacturing practices applied in the different SSF as no pathogens were detected.

In view of selecting LAB and CNC with optimal characteristics to be used as starter culture, presumptive LAB (57) and CNC (30) isolates were subjected to physiological, technological, and safety characterization (Table 2). LAB and CNC isolates exhibited physiological traits characteristic for each bacterial group; however, differences for several physiological properties such as growth at 45 °C, pH 3.5 and in the presence of 10 % NaCl for LAB and growth at pH 4.5 for CNC isolates were found, these traits being considered strain dependent (Sanchez et al. 2000). Nevertheless, LAB and CNC isolates grew at temperatures usually used for meat fermentation (15 and 20 °C), from pH 4.5 to 5.5 and in the presence of 4.0 to 8.0 % NaCl, in agreement to those reported for isolates from naturally fermented Greek and Italian sausages (Papamanoli et al. 2003; Casaburi et al. 2005).

The growth and acidification rate under conditions prevailing during sausage fermentation are limiting factors affecting the persistence and competitiveness of the starter culture over the entire process. In this study, although kinetic parameters associated with BAL showed a great variability, eight LAB isolates presenting the best kinetic characteristics from the four SSF were discriminated by applying PCA (Fig. 1). Similar growth and acidification parameters were reported for *L. sakei* isolates from different stages of dry sausages fermentation (Ammor et al. 2005).

Enzyme profiling is an important factor for the selection of isolates as starter cultures. It was observed in this study that CNC and, to a lesser extent, LAB isolates displayed the ability to reduce nitrate. Nitrate-reductase activity is a widespread feature among CNC; it has been detected in staphylococci isolates including *Staphylococcus equorum*, *S. xylosus*, and *S. carnosus* (Gøtterup et al. 2008; Cachaldora et al. 2013). *Staphylococcus vitulinis* and *S. hominis* isolated from Spanish dry cured meat products also showed nitrate-reductase activity (Landeta et al. 2013a).

Proteolytic and lipolytic activities are important technological properties of LAB and CNC in fermented meat products because of their influence on texture and flavor development (Drosinos et al. 2007). The degradation of sarcoplasmic proteins by 35 presumptive LAB in this study is in agreement with the role of meat-borne LAB exo-peptidases previously described (Sanz et al. 2002). As regards CNC, only 10 % of these isolates showed proteolytic activity. Landeta et al. (2013a) also found a low percentage of CNC isolates having proteolytic activity (15 %). On the contrary, Cachaldora et al. (2013) reported that 89.5 % of CNC isolates were able to hydrolyze sarcoplasmic proteins. These differences could be attributed to the strain-specific character of this property and the methodology used to evaluate it. Among the LAB and CNC isolates evaluated for lipolytic activity, only ten presumptive CNC were able to degrade triolein, underlining the relative abundance of lipolytic enzymes amongst staphylococci as well as the weak lipolytic system of LAB as reported by Drosinos et al. (2007). Results found in this study are not easily comparable against results from other authors working with fermented meat products since substrates used to evaluate proteolytic and lipolytic properties differ from each other. To overcome this drawback, and consequently harmonize data to be comparable, Landeta et al. (2013a) suggested that meat substrates (muscle proteins, sarcoplasm, or pork fat) could be more suitable for the detection of these activities on potential meat starters than other substrates currently used (powdered milk, gelatin, tributyrin, or Tween 80 and Tween 20).

Concerning safety features, antimicrobial activity against *Staphylococcus aureus* and *Listeria* was detected for both LAB and CNC presumptive isolates while a compound anti-*Pseudomonas* was only produced by several CNC isolates. Although LAB are well known as bacteriocin producers, the non-protein nature of the produced antagonistic substances leads to suggest lactic acid as responsible for the antimicrobial effect, which correlates with the high sensitivity of *S. aureus* to acid environment. On the other hand, no staphylococci isolated from fermented sausages have been described as bacteriocinogenic despite the fact that a few species from other sources have already been described (Nascimento et al. 2005).

The presence of biogenic amines is a relevant food issue in meat products. Therefore, a screening for amino acid

decarboxylase activity is recommended before selecting LAB and CNC as appropriate starter cultures for this food industry (Landeta et al. 2013a, 2013b). None of the LAB isolates examined in this study possessed decarboxylase activity. These results are in agreement with those reported by Landeta et al. (2013b) for non-enterococcal LAB. Twenty-five presumptive CNC isolates were found as amine positive; available data are consistent with the fact that biogenic amine production is more common amongst staphylococci than LAB isolates (Ansorena et al. 2002; Drosinos et al. 2007). The biogenic amines produced by CNC isolates in this study are in coincidence with those reported for different traditional fermented sausages (Cachaldora et al. 2013; Landeta et al. 2013a).

The high prevalence of antibioresistance in commercial starter cultures (Kastner et al. 2006) raised the demand for new starters lacking antibiotic resistance genes. Results from this study showed that from five CNC isolates only one exhibited tetracycline resistance while the eight selected LAB isolates displayed resistance to at least three antibiotics (ciprofloxacin, gentamicin and vancomycin). As reported by Talon and Leroy (2011), although being variable between isolates, the most frequent resistances found in CNC of food origin were those to ampicillin, erythromycin, penicillin, lincomycin and tetracycline. Concerning LAB isolates, results are in agreement with the high natural intrinsic resistance to ciprofloxacin, gentamicin and streptomycin reported (Talon and Leroy 2011; van Reenen and Dicks 2011). Particularly, *Lactobacillus sakei* and *L. curvatus* from slightly fermented sausages were reported to be resistant to vancomycin and gentamicin (Aymerich et al. 2006). However and, as adopted by EFSA (2005), intrinsic resistance and resistance due to mutation of chromosomal genes present low risk of horizontal dissemination and such isolates should be acceptable for consumption.

On the basis of physiological and technological characterization as well as safety considerations, selected LAB (eight) and CNC (four) isolates were identified by sequencing the 16S rRNA gene revealing LAB isolates 434, 441, 442, 448, 470, 479, and 487 as belonging to *Lactobacillus sakei* and isolate 464 as *L. farciminis* species. On the other hand, two CNC isolates were identified as *Staphylococcus xylosus* while the remaining selected isolates corresponded to *S. vitulinus* and *S. hominis*. These results are in agreement with those reported for other traditional fermented sausages such as southern European and Argentinian products, in which *L. sakei* and *L. curvatus* were shown to be the main LAB species strongly present, while *S. xylosus* was found representing CNC (Vignolo et al. 2010a). Since the main bacterial species were almost the same among the different products, the great adaptation of these microorganisms to the stringent environment of fermented meat ecological niches must be highlighted. These well-adapted biotypes are

promising isolates for the development of autochthonous starter cultures that will allow sausages to be produced with both high hygienic and sensory quality (Casaburi et al. 2007; Talon et al. 2008).

## Conclusions

Physicochemical and microbiological parameters found for naturally fermented sausages from northeastern Argentina were within the range of those observed for other traditional fermented products from several countries; however, a great variability among batches from the same small-scale facility was found. Whilst the hygienic quality of these products was acceptable, the heterogeneity shown by technological features lead to lack of uniformity of the final products. The selection and identification of eight LAB isolates, seven *Lactobacillus sakei* and one *L. farciminis*, as well as four CNC isolates, *Staphylococcus xylosus* (two isolates) and *S. vitulinus* and *S. hominis*, constitutes the first stage in the designing process of starter culture endogenous to small-scale facilities. The use of autochthonous starter cultures is an effective tool for limiting the formation of unsafe compounds in traditional sausage while preserving their typical sensory properties and keeping traditions alive.

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